

# UFM 1994 Summer Classes (June-August)

Nonprofit Organization U.S. POSTAGE PAID Permit No. 134 Manhattan, Kan. 66502

OR CURRENT RESIDENT

H IVI is the oldest "free university" in the nation. Organized in 1968 as an experiment to provide an atmosphere for discovery with no grades or credits, UFM has evolved as a non-profit community-based education program. A central premise of the UFM philosophy is that within any community there are resources, including community agencies, residents, and facilities, which may be used to integrate education with living in both practice and concept.

Each year UFM brings together hundreds of volunteer teachers with thousands of learners. UFM helps connect the university and the community, young and old, poor and rich, old and new residents with each other.

The connections that have happened through classes have led UFM to become involved in other concerns and projects. If you would like to learn more about these projects, call UFM and ask for additional information.

Executive Director - Linda Inlow Teener Educational Coordinator - Tresa Weaver State Outreach Coordinator - Anita Madison Lou Douglas Lecture Coordinator - Gloria Rumsey Family Literacy Coordinator - Michael Cody Office Coordinator - Bonnie Wellmeier

In all these ways UFM helps make connections, bringing university and community resources together. It is the goal of UFM to continue to bring together people to identify other needs in the community and work to meet those needs. With the help of volunteers and student interns, UFM has often become an umbrella organization for new projects. Let us hear your ideas.

### AT CONTTENITE

TABLE OF CONTER	NIS
Inclement Weather	Registration Forms
*Red Cross Learn to Swim &	*Cake Decorating *Thai Cooking *Spice For Life and more  Languages
UFM provides a neutral site to discuss community needs. The views expressed by	UFM is committed to a policy of nondiscrimination on the basis of race, sex, national origin, handicap, religion, age, sexual prefer-

our meeting space are not necessarily those ence, or other non-merit reasons, in relaiton held by UFM programs, Board members, or to admissions, educational programs or staff.

activities, and employment, all as required by applicable laws and regulations.

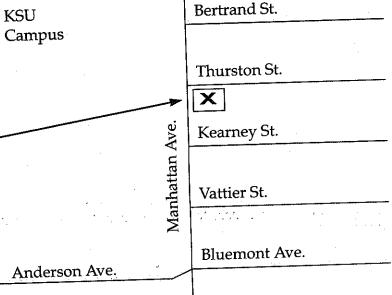
Scholarships for youth classes are available. Call UFM, 539-8763

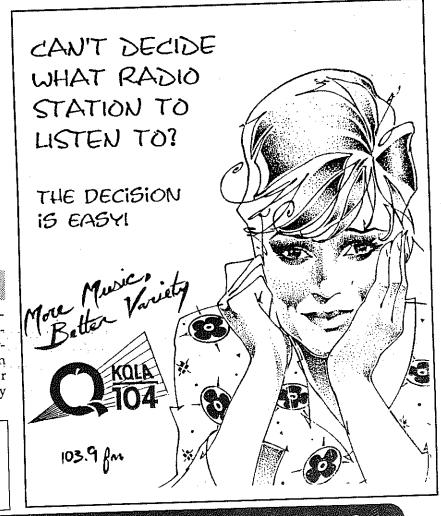
ANSWERING MACHINE You can now leave a message or receive current UFM information, between 5:00 pm and 8:30 am, by

calling 539-8763.

### WHERE WE'RE LOCATED







### **UFM INSTRUCTORS**

**Guy Almeling** Michael Bennett Mrs. S. Beese Dan Brown Mark Brown James Craeton Lorrie Cross Randi Dale Bill Dorsett Yorgos Filiopoulos Sharolyn Flaming **Enell Foerster** Jim Gregory

Colleen Hampton **Bridget Hargett** LaShawna Harrison Val Hilbun Jean Bigbee Hill James F. Hill T.J. Hittle Espir Kahatt Dr. F.C. Lanning Thanomsri Leeling Maria DeFaina Maciel Tom Mahoney

Why Be A Volunteer? It's not for money, it's not for fame,

It's not for any personal gain, It's just for love of fellow man. It's just to give a helping hand. It's just to give a little of oneself; It's something you can't buy with wealth. It's not medals worn with pride, It's not for that feeling deep inside, It's that reward down in your heart. It's feeling that you've been a part Of helping others far and near That makes one want to be a volunteer!

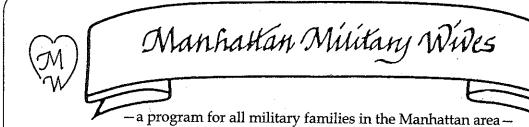
Tracy Mahoney Manhattan Gymnastics Center Dr. Richard Mattson

Dr. Keith Miller Mike Milleson Phil Morgan Al Potter

Jim Miley

Leon Rappoport Tammy Sinn Portia Sisco Natalie Smith

Dean Stramel Sun Yi Academy Diana Tarver Dean Taylor Linda Inlow Teener Mark Tessendorf Michele Thun Jan Verbrugge Nelli Weathers Ping Wei Jeff Werner Jeff Wilson Stan Wilson



MILITARY WIVES programs facilitate new friendships and mutual support, emotional and intellectual growth, and lots of group fun. Summer meetings are held every Wednesday morning from 10-12 noon. Parents and children of all ages are invited. Summer meetings are held in area parks, Sunset Zoo, Children's Discovery World, and other places of interest and fun for families. Calendars for June, July and August events are available at ACS, Manhattan Public Library and First Presbyterian Church. Weekly activities are published in the Manhattan Mercury, COPE calendar and Ft. Riley Post. No reservations are needed. Dress is casual and newcomers are always welcome!

During the school months, weekly MILITARY WIVES topics include information about Manhattan and Ft. Riley, home management, cooking, parenting, self-improvement, communication, career planning, educational opportunities, potluck luncheons, crafts and more. Meetings are held at the First Presbyterian Church, 3th and Leavenworth, Manhattan. Free childcare for infants, toddlers and kindergarteners is provided.

BABYSITTING CO-OP

Women who attend MILITARY WIVES meetings on Wednesdays are eligible for membership in the Manhattan Military Wives Babysitting Co-op.
PARENTING CLASSES & DISCUSSION GROUPS

Childcare for infants, toddlers & kindergartners is provided.

TRANSPORTATION

Transportation to Wednesday meetings, parenting classes, and to medical, mental health and social services on post and in Manhattan can be arranged for Manhattan military families. COMMUNITY NETWORKING

The MILITARY WIVES program brings together the needs of military families with resources available in the civilian and military communities.

For more information, please call Angie Fryer — 537-7146

# **COMMUNITY**

For your convenience the following dates and locations have been scheduled for on-site registrations.

DATE TIME LOCATION TH 4pm - 6pm East Dillons May 19, May 24, T 4pm - 6pm Public Library M 10am - 2pm KSU Union Registration continues throughout the semester:

> **UFM House** 1221 Thurston 8:30 am - 5 pm closed 12 Noon - 1 pm

### MAILING YOUR REGISTRATION?

Mailing your class registration? Class confirmations will not be sent unless otherwise requested. Consider yourself registered unless you hear from us that the class is full. Feel free to call us to inquire about our receipt of your registration.

A special thanks to the businesses and organizations who show support to UFM through their advertisements. We hope that the community of Manhattan will reinforce our thanks through the patronage of our advertisers!

To advertise your business or organization in the next UFM catalog, contact the UFM Office (539-8763) by July 1.

### **BOARD OF DIRECTORS**

Paula Walawender Co-Chairperson Joleen Hill Co-Chairperson Carla Robker Vice-Chairperson Heather Riley Secretary Linda Inlow Teener **Executive Director UFM** Ian B. Bautista Deloss Jahnke Richard Johnson Sue Maes Kim Morgan Majorie Morse Trisha Nolfi Garry Patterson Gabrielle Thompson

### HANDICAPPED ACCESSIBLE



Any class can be placed in a handicapped accessible room. Please let us know at the time of registration.

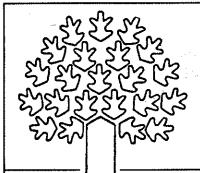
# **GRE Preparation Course**

**Early Fall Class** 

Be confident and prepared to take the GRE!

- Review and practice the three GRE subject areas of Math, Logic and Verbal Skills
- Leam strategies for successful test taking
- Analyze the reasons for correct responses

For more information, call UFM 539-8763



# Aquatics

1221 THURSTON

539-8763

### **UFM Swim Classes**

UFM and the Division of Continuing Education are pleased to present the revised American Red Cross Learn to Swim program. This newly developed swimming program has been designed to better meet the needs of all participants. New techniques and strokes add challenges even for advanced swimmers. Use the chart below to place your student in the appropriate updated Red Cross Swimming classes.

Parents are allowed on deck only on Parents Day. Dates: June 10, 24, July 8 & 22

Location: All swim classes are held in the KSU Natatorium.

Lockers are available for use during class. Participants must supply towels and swimsuits. Showers are required before entering the water.

### Parent/Infant and Parent/Tot

This water orientation program is designed to teach you how to work safely and effectively with your child and to teach basic water safety and self-help skills. The program emphasizes water adjustment, preparatory activities for swimming and water enjoyment for you and your child. Parent-Infant and Parent-Tot class fees include the ARC Aquatic Program Parent's Guide. Small children should wear snug-fitting lightweight pants covered by rubber pants. To participate, infants must have the ability to voluntarily raise their heads 90 degrees when lying flat on their stomachs. Parent must accompany child.

C	3.6. (557. 3/63.4
Session I:	Mon/Wed/Fri
AQ-08	10:00 - 10:30
AÕ-09	10:45 - 11:15
AQ-10	4:15 - 4:45
AQ-11	5:25 - 5:55
Session II:	Mon/Wed/Fri
AQ-49	10:00 - 10:30
AÕ-50	10.45 - 11:15
AQ-51	4:15 - 4:45
AQ-52	5:25 - 5:55
Session III:	Mon/Wed/Fri
AQ-89	10:00 - 10:30
AÕ-90	10:45 - 11:15
AQ-91	4:15 - 4:45
AQ-92	5:25 - 5:55
Session IV:	Mon/Wed/Fri
AQ-128	10:00 - 10:30
AQ-129	10:45 - 11:15
AQ-130	4:15 - 4:55
AQ-131	5:25 - 5:55
Fee:	\$15 per session

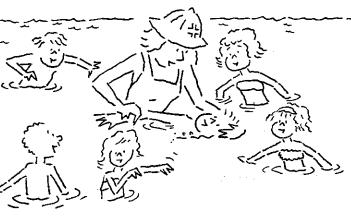
### Level I: Water Exploration

The objective of Level I is to help students feel comfortable in water and to enjoy the water safely. Students will be introduced to elementary aquatic skills which will be built on as they progress through the Learn to Swim program. There are no prerequisites for this course.

Session 1:	Monday - Friday
AQ-12	10:00 - 10:40
AQ-13	10:45 - 11:25
AÕ-14	4.15 - 4.55
AQ-15	6:00 - 6:40
Session II:	Monday - Friday
AO-53	10.00 10.40
AO-54	10:45 - 11:25
AÕ-55	4:15 - 4:55
AO-56	6:00 - 6:40
Session III:	Monday - Friday
AQ-93	10:00 - 10:40
ÃÕ-94	10:45 - 11:25
AO-95	4:15 - 4:55
AÖ-96	6:00 - 6:40
Session IV:	Monday - Friday
AQ-132	10:00 - 10:40
AÕ-133	10:45 - 11:25
AQ-133 AQ-134	4:15 - 4:55
AQ-135	6:00 - 6:40
Fee:	\$35 per session
Lee.	per session

Note: Minimum enrollment for all classes is 5. If less than 5 enroll, classes of the same level may be combined or canceled.

No Classes:	Monday July 4
Session I:	Mon - Fri June 6 - June, 17
Session II:	Mon - Fri June 20 - July 1
Session III:	Mon - Fri July 5 - July 15
Session IV:	Mon - Fri July 18 - July 29



### Level II: Primary Skills

The objective of Level II is to give students success with fundamental skills. Students learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills and adds to the self-help and basic rescue skills begun in Level I. Students entering this course must have a Level I certificate or must be able to demonstrate all the completion requirements in Level I.

-	_
Session I:	Monday - Friday
AQ-16	10:00 - 10:40
AÕ-17	10:45 - 11:25
ÃÕ-18	4:15 - 4:55
ÃÕ-19	6:00 - 6:40
Session II:	Monday - Friday
AQ-57	10:00 - 10:40
$A\overline{O}$ -58	10:45 - 11:25
AÕ-59	4:15 - 4:55
$\widetilde{AO}$ -60	6:00 - 6:40
Session III:	Monday - Friday
AQ-97	10:00 - 10:40
AQ-98	10:45 - 11:25
AO-99	4:15 - 4:55
ÃQ̃-100	6:00 - 6:40
Session IV:	Monday - Friday
AO-136	10:00 - 10:40
AÖ-137	10:45 - 11:25
AQ-138	4:15 - 4:55
AQ-139	6:00 - 6:40
Fee:	
rcc.	\$35 per session

### **Private Lessons**

These lessons provide one on one instruction for any level or age of swimmer. Participants will be contacted

level or age of swimmer. Participants will be contacted to schedule 6 classes of 30 minutes each.

Date/Time By appointment Fee: \$38.00 per session

COMMUNITY FIRST AID AND SAFETY classes that teach CPR can be found in the RECREATION AND HEALTH section of the catalog.

### Level III: Stroke Readiness

The objective of Level III is to build on the skills in Level II by providing additional guided practice. Students will learn to coordinate the front and back crawl. They will be introduced to the elementary back stroke and to the fundamentals of treading water. Students will also learn rules for safe diving and begin to learn to dive from the side of the pool. Students entering this course must have a Level II certificate or must be able to demonstrate all the completion requirements in Level II.

Session 1:	Monday - Friday
AQ-20	10:00 - 10:40
AŌ-21	10:45 - 11:25 ·
AQ-22	4:15 - 4:55
AQ-23	6:00 - 6:40
Session II:	Monday - Friday
AQ-61	10:00 - 10:40
$A\widetilde{Q}$ -62	10:45 - 11:25
AÕ-63	4:15 - 4:55
AÕ-64	6:00 - 6:40
Session III:	Monday - Friday
AO-101	10:00 - 10:40
AÕ-102	10:45 - 11:25
AÕ-103	4:15 - 4:55
AÕ-104	6:00 - 6:40
Session IV:	Monday - Friday
AQ-140	10:00 - 10:40
AQ-141	10:45 - 11:25
AQ-142	4:15 - 4:55
AQ-143	6:00 - 6:40
Fee:	\$35 per session

# Level IV: Stroke Development

The objective of Level IV is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will increase their endurance by swimming familiar strokes (elementary backstroke, front crawl, and back crawl) for greater distances. Students will be introduced to the breaststroke and sidestroke and the basics of turning at a wall. Students entering this course must have a Level III certificate or must be able to demonstrate all the completion requirements in Level III.

Session I:	Monday - Friday
AQ-24	10:00 - 10:40
AÕ-25	10:45 - 11:25
AÕ-26	4:15 - 4:55
$A\widetilde{Q}$ -27	6:00 - 6:40
Session II:	Monday - Friday
AQ-65	10:00 - 10:40
ÃÕ-66	10:45 - 11:25
AÕ-67	4:15 - 4:55
AQ-68	6:00 - 6:40
Session III:	Monday - Friday
AO-105	10:00 - 10:40
AÕ-106	10:45 - 11:25
AÕ-107	4:15 - 4:55
AQ-108	6:00 - 6:40
Session IV:	Monday - Friday
AQ-144	10:00 - 10:40
ÃÕ-145	10:45 - 11:25
AQ-146	4:15 - 4:55
AQ-147	6:00 - 6:40
Fee:	\$35 per session
	*

### Level V: Stroke Refinement

The objective of Level V is coordination and refinement of key strokes. Students will be introduced to the butterfly, open turns, the feet-first surface dive and springboard diving. Participants learn to perform the front crawl and back crawl for increased distances and to perform the sidestroke and breaststroke. Students entering this course must have a Level IV certificate or must be able to demonstrate all the course requirements in Level IV.

Session I:	Monday - Friday
AQ-28	10:00 - 10:40
AQ-29	10:45 - 11:25
AQ-30	4:15 - 4:55
AQ-31	6:00 - 6:40
Session II:	Monday - Friday
AQ-69	10:00 - 10:40
AQ-70	10:45 - 11:25
$A\overline{Q}$ -71	4:15 - 4:55
AQ-72	6:00 - 6:40
Session III:	Monday - Friday
AQ-109	10:00 - 10:40
AÕ-110	10:45 - 11:25
AŌ-111	4:15 - 4:55
AÕ-112	6:00 - 6:40
Session IV:	Monday - Friday
AQ-148	10:00 - 10:40
AÕ-149	10:45 - 11:25
AQ-150	4:15 - 4:55
AÕ-151	6:00 - 6:40
Fee:	\$35 per session
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### Level VI: Skill Proficiency

The objective of Level VI is to polish strokes so students swim them with more ease, efficiency, power, and smoothness over greater distances. Students develop considerable endurance by the end of this course. Participants will be introduced to additional turns as well as the pike and tuck surface dives. Students entering this course must have a Level V certificate or must be able to demonstrate all the skills required to complete Level V.

	brann radamed
Session I:	Monday - Friday
AQ-32	10:00 - 10:40
AQ-33	10:45 - 11:25
AQ-34	4:15 - 4:55
$A\overline{Q}$ -35	6:00 - 6:40
Session II:	Monday - Friday
AQ-73	10:00 - 10:40
AQ-74	10:45 - 11:25
AQ-75	4:15 - 4:55
AQ-76	6:00 - 6:40
Session III:	Monday - Friday
AQ-113	10:00 - 10:40
AQ-114	10:45 - 11:25
AQ-115	<i>4:15 - 4:55</i>
AQ-116	6:00 - 6:40
Session IV:	Monday - Friday
AQ-152	10:00 - 10:40
AQ-153	10:45 - 11:25
AQ-154	4:15 - 4:55
AQ-155	6:00 - 6:40
Fee:	\$35 per session

### Level VII: Advanced Skills

The objective of Level VII is to perfect strokes and to develop good fitness habits. Participants are urged to use aquatic activities throughout life to maintain their physical condition. They will be taught springboard diving and advanced rescue skills. They will be introduced to other aquatic activities such as water polo, synchronized swimming, skin diving and competition. Participants entering this course must have a Level VI certificate or must be able to demonstrate all the completion requirements in Level VI. Session I:

•
Monday - Friday
10:00 - 10:40
10:45 - 11:25
4:15 - 4:55
6:00 - 6:40
Monday - Friday
10:00 - 10:40
10:45 - 11:25
4:15 - 4:55
6:00 - 6:40
Monday - Friday
10:00 - 10:40
10:45 - 11:25
4:15 - 4:55
6:00 - 6:40
Monday - Friday
10:00 - 10:40
10:45 - 11:25
4:15 - 4:55
6:00 - 6:40
\$35 per session

### **Private Lessons for Special** AQ-01 **Populations**

For people with special physical or mental needs. Arrangements will be considered for private swimming lessons. The Swim Coordinator will contact individuals during the second week of each session to arrange 6 classes of 30 minutes each, if conditions can be met. The facility is equipped with a lift and a set of stairs leading into the pool.

Date/Time: By appointment Fee: \$38 per session of 6 lessons

### JOIN US Sundays at 10:45

- Stimulating programs
  - Liberal religious education classes for children
    - Childcare for those too young for classes
      - Refreshments after programs





Unitarian-Universalist Fellowship 481 Zeandale Rd.

537-2349 Just 1/2 mile east of viaduct on K-18



### Adult Swim Lessons

Are you tired of sitting on the sidelines watching everyone else swim? Well, you don't need to anymore. Now's your chance to learn how to swim. This class is for adults who want to become comfortable in the water, add to their knowledge of personal safety, and increase enjoyment of their leisure time. No prerequisites. If enrollment is low, this class will be moved to private or semi-private lessons.

Session I: Monday - Friday 6:00 - 6:40 Session III: Monday - Friday 6:00 - 6:40 <u>AQ</u>-127 \$35 per session

### Swim and Stay Fit Ages 13 plus

Swim and Stay Fit is a planned activity to encourage adults and advanced swimmers to swim regularly and frequently. Participants receive individual work-outs planned and supervised by instructor daily. You may choose your 40 Minute block of time during the below scheduled times

Session I: Monday - Friday 10:00 - 11:25 4:15 - 4:55 AQ-40 AQ-41 AQ-42 6:00 - 6:40 Session II: AQ-81 AQ-82 Monday - Friday 10:00 - 11:25 4:15 - 4:55 AQ-83 6:00 - 6:40 Session III: Monday - Friday 10:00 - 11:25 4:15 - 4:55 AQ-121 AQ-122 AQ-123 6:00 - 6:40 Session IV: Monday - Friday 10:00 - 11:25 4:15 - 4:55 AQ-161 6:00 - 6:40 \$20 per session

### Swim and Stay Fit for Parents

Are you tired of being just an observer at your child's swimming lessons? If so, then take advantage of the time you spend watching and enroll in our Parent's Swim and Stay Fit Class for a special parent's rate of \$15. You will meet everyday your child is enrolled in swimming lessons. In this class you will set your own goals and the instructor will help monitor your groups. instructor will help monitor your program.

Session I: Monday - Friday 10:00 - 11:25 4:15 - 4:55 6:00 - 6:40 Monday - Friday 10:00 - 11:25 4:15 - 4:55 ÃQ-44 AQ-45 Session II: AQ-84 AQ-85 AQ-86 6:00 - 6:40 Session III: Monday - Friday 10:00 - 11:25 4:15 - 4:55 AQ-124 AQ-125 AQ-126 6:00 - 6:40 Monday - Friday 10:00 - 11:25 4:15 - 4:55 Session IV: AQ-163 AQ-164 AQ-165 Fee: 6:00 - 6:40 \$15 per session

### **Hydroaerobics** Ages 16 plus

This class is designed to use water exercises for the development of physical fitness, muscle tone, flexibility, and cardiovascular endurance. Open to non-swimmers and swimmers alike.

Mon/Wed June 6 - June 29 6:00 - 6:55 Tues/Thurs June 7 - June 30 Session I: AQ-47 AQ-48 6:00 - 6:55 Session II: Mon/Wed July 6 - July 27 AQ-87 6:00 - 6:55 Tues/Thurs July 5 - July 28 AQ-88 \$15 per session.

### Scuba Diving

AQ-05

This class will prepare students for Open Water One This class will prepare students for Open Water One certification. The certificate is included in the class fee, however neither UFM nor KSU is responsible for this certification. Travel and lodging are at the student's expense. The certification dates will be explained at the first class meeting. Students must provide their own mask, fins, and snorkel. The class fee includes instruction, the dive manual and equipment rental during class. Students will practice with air tanks rental during class. Students will practice with air tanks a minimum of five classes. (Estimated cost for mask, \$60-\$90; snorkel, \$30-\$35; fins, \$40-\$70). Limit: 10 students. MINIMUM AGE: 12. Parents of 12-15 year olds must accompany children poolside. A complete physical is required for participants aged 45 and up.

FREE SCUBA DEMONSTRATION will be held in the KSU Natatorium on Wednesday, June 15 at 5 pm. This session will acquaint participants with the skills and techniques of safe underwater diving. Bring swimsuits and be prepared to enter the water.

Jeff Wilson, has been diving for 22 years and instructing scuba for 12 years.

Date: June 15,22,29 & July 6,13,20 5 - 9 pm (Wednesday) \$195 Time: Fee: KSU Natatorium Location:

### I Tried Scuba

AQ-06

The class is designed to introduce swimmers to the fundamentals of skin and Scuba diving, and emphasize the necessity for proper and safe Scuba training. Students will receive hands on instruction with the equipment in the pool as well as a brief orientation from the instructor. All equipment will be furnished by the instructor, the students need only bring a swimming suit and towel. Minimum Age: 12. All students under the age of 18 will need to have parents sign a waiver release statement.

Jeff Wilson, has been a scuba diver for 23 years and has been a scuba instructor for 13 years.

Date: June 25 Time: 9 - 11 am (Saturday) Fee: KSU Natatorium Location:

### I Tried Scuba

AQ-07

Jeff Wilson

Date: 9 - 11 am (Saturday) \$19 Time: Fee: Location: KSU Natatorium



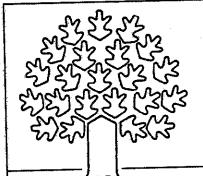
TANDY® Microcomputers

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HOURS: 10 a.m. to 6 p.m. Mon.-Sat. 1/4 mile south of viaduct on 177



# Money **Matters**

1221 THURSTON

BP-01

539-8763

BP-03

### Investment Workshop for the 90's

Have you ever wondered what a bond, or stock, or mutual fund actually is? Where should you invest your money to live comfortably in retirement? If you share these same questions, then this class is for you. This three part series is designed to help both the beginning and more experienced investor better understand just what expectly on investment can do. Some of the torics.

exactly an investment can do. Some of the topics covered will be common stocks, tax free bonds, certificates of deposit, corporate bonds and mutual funds. We will discuss how to set up and monitor your portfolio.

Jeff Werner (539-6777) is an investment representative with Edward D. Jones & Co.

Time:

June 21,28 & July 5 7 - 8:30 (Tuesday)

\$10 107 Bluemont Hall, KSU Location:

Want to buy a car but don't know where to start? See class on page 7.

### Financial Strategies for a Successful Retirement

Are you comfortable with your financial future? This 6 hour seminar is designed to help you prepare financially for your retirement. You will learn how to generate a steady income, protect your assets from erosion, minimize taxes, and provide a secure retirement. Each participant will receive a 155 page workbook, a dataform, and a non-sales oriented counseling session. This seminar will help alleviate your financial anxieties.

Guy Alemling

Date: Time: Fee:

July 13, 20 & 27 7 - 9:30 pm (Wednesday) \$35 individual

Location:

\$45 Couples 107 Bluemont Hall, KSU

Learn How to Buy a Diamond class is on Page 7.

### Can your Child Win the **College Debt Game?**

The idea of this game is to graduate from college with as little debt as possible. You are probably aware of the costs of a college education today. However, do you know about the various programs available which can help pay those costs? Are you aware of the strategies to minimize how much will have to come from your pocket? We will cover:

\*Projecting the college costs where your child will be

\*Strategies for investing college funds and getting the

most from your college savings.

\*The seven major federal aid programs.

\*The financial aid qualifying formula and strategies to improve you chances of qualifying or increasing aid.

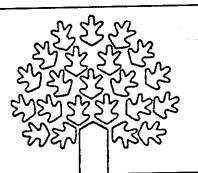
Guy Almeling (266-8333), is in a private financial planning practice and conducts individual consultation and seminars.

Date: Time: July 13,20 & 27 6 - 7 pm (Wednesday)

Fee: Location: 107 Bluemont Hall, KSU

I would like to thank each and every volunteer instructor. It is their continued support that allows UFM to be successful.

Thank you, Tresa Weaver



# Computer

1221 THURSTON

CP-03

539**-**8763

CP-04

### Advanced WordPerfect

Use WordPerfect to become more productive and improve the appearance of your documents. Try your hand at designing a newsletter. Learn how to create tables, program macros and run mail merge. Create an attractive table of contents. Hands-on computer time is

provided. Linda Teener (539-8763), takes a practical and easy to understand approach to learning how to make your computer work for you.

Date: Time: June 16,23 & 30 -5 pm (Thursday)

Fee: Location: UFM Computer Lab

Manhattan

**Toastmasters** 

Club

A public speaking club

Visitors welcome

Call 776-3332

### WordPerfect 6.0 Overview

This class covers the new features included in WordPerfect 6.0. Look at the view mode options, learn about the button bar, new font options and other time savers. Print envelopes, run grammar checker and review other improvements in this powerful program.

Linda Teener (539-8763) takes a practical and easy to understand approach to learning how to make your computer work for you.

Date:

3 - 5 pm (Tuesday)

Time: Fee:

Location:

UFM Computer Lab

## ENCE POSTS . WROUGHT IRON . LL · POWER TOOLS · LIGHTING HES **FURNITUR** Kansas Lumber Company 776-4811 111 Seth Childs Road

### **WordPerfect Basics**

CP-01

CP-02

**BP-02** 

Master the basics of WordPerfect. Create documents, set up margins and other page formatting, print and save documents. learn features such as copy, move and using two documents at once. Reveal Codes, Spell Check, Repeat and other special features will be included. Hands-on computer time is

Linda Teener (539-8763), takes a practical and easy to understand approach to learning how to make your computer work for you.

Date: Time: 3 - 5 pm (Tuesday)

Fee: UFM Computer Lab

### **WordPerfect Basics**

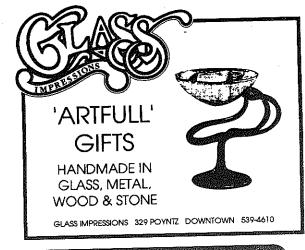
Linda Teener

Date: Time: Fee:

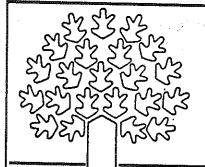
July 13 & 20 3 - 5 pm (Wednesday)

UFM Computer Lab

This catalog printed on recycled paper



Special THANKS TO THE UFM INSTRUCTORS who volunteer their time.



# Creative FreeTime

1221 THURSTON

539-8763

### **Books By and About** Women

CF-01

CF-02

CF-09

We will discuss thoughts, ideas and issues expressed by women authors through fiction and non-fiction books. Through this informal class we will exchange different Past book selections include: Growing up Fernale:
Stories by Women Writers from the America Mosaic edited by Susan Cahill; Your Blues Ain't Like Mine by Bebe Moore Campbell and Written by Herself:
Autobiographies of American Women, An Anthology edited by Iill Ker Conyay. edited by Jill Ker Conway.

Lorrie Cross (587-4300), enjoys reading and discussing books by and about women. She has provided facilitation for this group since 1978.

Date: Time:

7:30 - 9 pm (Wednesday)

Fee: Location: Call for location

### Introduction to Mountain Dulcimer

Come learn to play this very easy musical instrument! This class will cover the basics of playing and enjoying the mountain dulcimer. You will learn the skills of tuning, playing a melody line and strumming. Some chording will also be included as the class advances. A mountain dulcimer and a flat pick for strumming are

Jim Miley (532-4963), has been playing the mountain dulcimer for a number of years and enjoys teaching others. He is a KSU professor.

Date: Time: June 7,14,21,28, July 5 & 12

Fee:

7 - 9 pm (Tuesday)

Location:

UFM Conference Room

### **Collecting Antique** Glassware

For antique lovers! We will focus on Victorian, Depression, and patterned glassware. Learn more about what you have or want to buy.

Jean Bigbee-Hill (537-4884), an antique and collectible lover, manages Tuttle's Antique Market, in Manhattan. Jean also has a furniture stripping and refinishing business called Busy Bee Stripping and Refinishing. She is anxious to share her knowledge with others.

Date: Time: Fee:

June 28

7 - 8:30 pm (Tuesday) \$5 for one class

\$8 for both CF-03 and CF-09 Location:

Tuttle's Antique Market

2010 Tuttle Creek Bivd.

Nothing sews like Bernina. Nothing.

### 

Judy F. Unruh Owner

Bernina Sewing & Quilting Center 330 N. 4th St., Manhattan, KS 66502 913-537-8919

### **Collecting and Restoring** Antique Furniture

Interested in collecting and using antique furniture? Learn about styles and what to look for in antique furniture. This class will touch on furniture restoration and the condition of wood finishes. We will learn when it is appropriate to strip the old finish or leave it as is.

Jean Bigbee-Hill (537-4884), an antique and collectible lover, manages Tuttle's Antique Market, in Manhattan. Jean also has a furniture stripping and refinishing business called Busy Bee Stripping and Refinishing. She is anxious to share her knowledge with others.

Date: Time:

- 8:30 pm (Tuesday) \$5 one class \$8 for both CF-03 & CF-09

Location:

Tuttle's Antique Market 2010 Tuttle Creek Blvd.

### How To Buy A Car

CF-06

Want to buy a car but don't know where to start? First you must determine whether you want a new or used car, and this course will help you make that decision. We'll discuss the advantages and disadvantages of both new and used cars, help you get a good deal, and insure that you don't get stuck with a lemon. For those choosing to go the "new car" route, we'll discuss new car financing, buying versus leasing, dealer incentives and strategies, which options to buy and which to avoid, and how to beat the persuasive salesman at his own game. We'll discuss some compelling reasons to opt for a used-but-not-abused car. Discover where to find reliable secondhand automobiles, how to get them tested for performance before the purchase, and where to look for a bargain. Finally, we'll touch on choosing a reliable mechanic and getting the most out of your warranty.

Jan Verbrugge (776-4875), is sales manager at Goetsch-Irvine. He has many years of experience in auto sales and is sensitive to the stress involved in a car purchase.

Date: Time: June 22 7 pm (Wednesday)

Location:

UFM Multipurpose Room

Don't miss the BEER MAKING class in the FOODS AND FUN section of this catalog.

\*GOLF \*GOLF \*GOLF Listed in the RECREATION AND HEALTH section of the catalog

### Love to Drink It?

Why not experience the joy of making it also?

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704 N. MANHATTAN - IN AGGIEVILLE - 539-7654 54-F 8:30 a.m. 8:30 p.m. • Sat. 8:30 a.m. 5:30 p.m. • Sun. 12:00-5:00 p.m.

### Let's Play Cards

If you have avoided joining the fun or dreaded learning a new card game because everyone at the table knew how to play but you, this class is for you. Card games are a great leisure activity. Don't miss this opportunity to learn to play pitch, spades, and hearts. Bring a deck of cards.

Natalie Smith, learned to play cards when she was in college. She has received a lot of enjoyment from this

Date: Time: Fee: Location:

July 1 - July 22

7 pm (Fridays) \$12 UFM Conference Room

### Autoharp Fun

CF-05

Pull that autoharp out of the closet and spend an evening learning how to play it. We will look at tuning, chording, strumming and how to find music to play. Bring your autoharp and fingerpicks that fit your thumb and first two or three fingers.

Linda Teener (539-8763), has been playing and teaching the autoharp for several years.

June 15 7 - 9 pm

How to Buy a Diamond

Time: Fee:

Location:

UFM Multipurpose Room

CF-07

CF-08

Learn how to arm yourself with enough knowledge to shop for and buy a diamond with confidence. This class will explain the 4 C's of diamond quality; cut, color, clarity and carat weight. We will also develop the 5th C, 'confidence'. Learn confidence in yourself to shop and compare diamond qualities. After this session, you will (almost) have as much knowledge as a New York diamond dealer.

Mike Danenberg (776-7821) has been in the jewelry business for twenty years. He is a Graduate Gemologist of the Gemological Institute of America and a Certified Gemologist with the American Gem Society.

Date: Time: June 16

7 pm (Thursday)

Location: UFM Conference Room

### How to Buy a Diamond

Mike Danenberg

Date: Time:

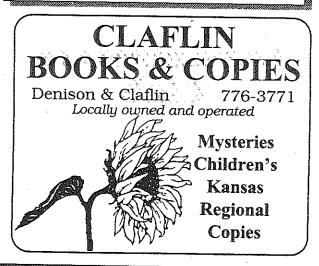
7 pm (Monday)

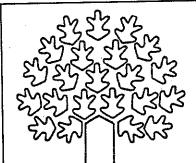
Fee: Location: UFM Conference Room

You are registered unless you are otherwise notified.

If you like to Garden in your Free time check the EARTH AND NATURE section of the catalog

A guided tour of the TUTTLE CREEK SPILLWAY "CANYON" is offered in the EARTH AND NATURE section of this catalog.





# Earth, Nature & Environment

1221 THURSTON

EN-01

EN-02

EN-07

539-8763

EN-04

### The Spillway "Canyon": A Field Trip Through Time

Imagine yourself walking an ancient seafloor or an ancient landscape! On a three hour field trip we will explore the spillway together. You will be introduced to some of the methods and principles used by geologists to reconstruct Earth history. We will walk through geologic time and see what events and environments are recorded in the rocks. This will be a great time to identify fossils found at the spillway. We will also discuss the processes that eroded the spillway "canyon" during the flood of

Keith Miller is a paleontologist and sedimentologist doing postdoctoral research with the geology department at K-State. His interest is in using information recorded in the rocks to reconstruct ancient environments and understand how they changed with time. He is fascinated by the dynamic history of the Earth, and enjoys telling the stories written in its rocks. He also enjoys observing and learning from the natural world around us.

Date: Time: Fee:

call for time (Saturday) \$5 individuals

Location:

\$8 couple call for location

The Spillway "Canyon": A Field Trip Through Time

Keith Miller

Date: Time:

Location:

call for time (Saturday) \$5 individual \$8 couple call for location

Field Trip: Wabaunsee **County Glacial Area** 

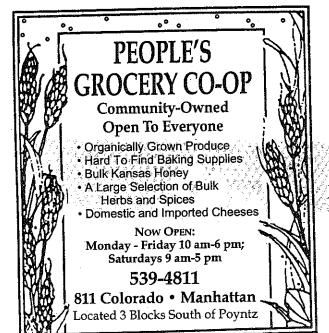
Come venture to the glacial area of northwestern Wabaunsee County. We'll search for materials such as agates and quartzite, left behind by the glaciers, and for fossils. Become a rockhound for a day. Bring a beverage and a container for your treasures. Raindate: July 16

Dr. F.C. Lanning (537-7599), Professor Emeritus of Chemistry at Kansas State, is a long-time member of the Manhattan Mineral, Gem and Fossil Club.

Date: Time: July 9 8:30 am - noon (Saturday) \$5 individual

Fee: Location:

\$8 couple Meet at UFM Fireplace Room



### Solar Cells for Camping, **Boating or RV'S**

Recharge your RV or boat batteries with no noxious fumes, messy fuels or moving parts! Solar electric panels slowly charge your battery for longer life and frees your camp sites from extension cords, hookup fees and generator noise. And the fuel is free - sunlight! In the first class we will talk about solar electric (photovoltaic or PV) modules, in the second class, batteries, and in the final class, we'll talk about controls and putting the system together. There's no cleaner way to make electricity.

Bill Dorsett (539-1956), has been teaching and working with photovoltaics since the early 1980's. He has taken advanced PV's in Colorado, worked with pumping systems and is particularly interested in renewable energy for developing countries.

Time: Fee: Location: August 8,15 & 22 9 pm (Monday) 1715 Leavenworth



We're lucky to live in an area where dark skies can still be found! Join us to look at the beautiful night sky. We'll learn to identify the constallations and observe whatever planets are up. We should be able to catch the Perseid Meteor Shower, too. Bring a jacket, binoculars if you have them, and a small flashlight. If you have star-finders or many bring them, although many will be available at or maps, bring them, although maps will be available at class. We'll stay out as long as there is interest.

Dean Stramel (539-1931), teaches astronomy at Manhattan High School.

Date: Time: Fee:

August 12 7:30 pm (Friday) \$5 individual

Location:

\$12 Family Meet at UFM parking lot to car pool to

Children's Morning Playgroups are available in the YOUTH section of the catalog.

Gardening for Kids is a class in the YOUTH section of the catalog.

### THE AUDUBON SOCIETY

(Northern Flint Hills Chapter, P.O. Box 1932, Manhattan, KS 66502-0022) invites you to join us in the following activities: BEGINNING BIRD WALKS: Monthly, 2nd Saturday. For novices and experts; children especially welcome. For time and location, call Dave Rintoul, 537-0781. EDUCATIONAL PROGRAMS: Monthly, 3rd Wed., 7:30 p.m., Rm. 221, Ackert Hall, KSU Campus. Upcoming topics

include spiritual ecology, songbirds, wetlands and ecological economics. For more information, call Jan Garton, 539-3004. FIELD TRIPS: For information on exciting outings, contact Duane Kerr, 1-456-2771.

BIRDSEED SALE: To order seed, call Mike Rhodes, 539-

For more information on any Audubon activity, call Carla Bishop, 539-5129.

### Solving Landscape Problems EN-03

From your design "on-the board" to the installation of the project "in-the-ground", each landscape project involves several installation techniques. Each project must solve unique problems. Each project uses unique solutions. umque problems. Each project uses unique solutions. However, with some tips on how the experts do it, your next landscape project should go smoother and appear more professional. Bring your landscape problems to the

Tom J. Hittle, ASLA (539-7772), has been a licensed Landscape Architect for 12 years. His professional experience as a former landscape contractor coupled with his education in both Horticulture and Landscape Architecture has led to over ten Regional awards as designed. His form is called Hittle Engineering Design designer. His firm is called Hittle Environmental Design.

Time:

June 15 7 pm (Wednesday) \$5 individual \$8 couple

UFM Conference Room Location:



### **Fall Gardening**

EN-06

Get more milage out of your garden space by planting a fall garden this year. Many vegetables actually produce and taste better when grown in the cool days of fall. Find out what, when, and how to plant for a successful fall garden that you'll enjoy come September, October and beyond.

Colleen Hampton (539-5934), is a 1994 Master Gardener and a member of the Manthattan Community Gardens. She enjoys sharing what she has learned with all interested members of the community and looks forward to class interaction.

Date: Time: Fee:

Location:

7 - 9 pm (Wednesday)

UFM Greenhouse

### Perennial Flower Gardening

Are you tired of buying and planting new flowers year after you area of buying and planting new howers year after year? Why not invest in some perennial flowering plants that will return each spring? We'll discuss how to get started, including what and how to plant, and some planting tips to make your perennial flower garden bloom full of color all summer!

Colleen Hampton

Fee:

Location:

Date: 7 - 9 pm (Wednesday) Time:

HANSEN NUTRITION CENTER

UFM Greenhouse

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 HERBS AND SPICES WHOLE GRAIN CEREALS

REGENERATION PRODUCTS

NUTRITIONIST ON STAFF

MON.-SAT. 9:30 TO 6

3112 ANDERSON AVE. (ACROSS FROM VILLAGE PLAZA)

Listen to KQLA for UFM calendar update Monday through Thursday.

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# SUMMER CLASSES

# AT THE ARTS CENTER OF MANHATTAN



There are many arts related classes being developed for the community this summer at the new Arts Center of Manhattan. However, as this UFM catalogue goes to press, only Clay Coalition classes, sponsored by the Manhattan Arts Council, are fully positioned for registration through UFM. The summer issue of *City Arts Magazine* will carry a complete listing of classes offered at the Arts Center by The Wonder Workshop Children's Museum, Arts Council, and Manhattan Civic Theatre. For additional information on these classes, please contact the Arts Council at 539-3276, The Wonder Workshop at 587-2020 (Amanda Arnold School), or Civic Theatre at 776-8591.

### MANHATTAN CLAY COALITION MOTTO

"United, to Accomplish Excellence Through Discovery, in the Arts and Crafts"

# MANHATTAN CLAY COALITION MISSION STATEMENT

The Manhattan Clay Coalition is committed to promoting a quality clay experience for Manhattan and surrounding communities and to supporting the Arts Center of Manhattan, Inc. The goals of the Coalition will be achieved through studio and outreach efforts including:

- + classes for all skill levels
- open studio
- ◆ "clay in action" projects
- ♦ workshops and professional development seminars
- exhibitions, shows, and sales

The Clay Coalition is a group of local, professional potters and other interested individuals who have come together to create the Arts Annex Pottery Studio at the Arts Center of Manhattan, Inc., (ACMI), 1508 Poyntz Ave. This professionally run studio is sponsored at the Arts Center by the Manhattan Arts Council, with program support from University For Man. Other supporting organizations are Manhattan Civic Theatre, Manhattan Town Center Mall, Flint Hills Breadbasket, Big Lakes Developmental Center, and USD 383.

### CLAY COALITION SUMMER '94 COURSE OFFERINGS

Clay in the Morning
Introduction to Clay: Wheel and Hand Built
Clay Discovery for Children and Youth
Masks from Around the World
The Joy of Hand Building
Clay for Special Needs Populations
Functional Pottery
Intermediate to Advanced Pottery
Figures in Clay
Intermediate to Advanced Clay/Wheel and Hand Built Pottery
Southwestern Pottery Adventure
Raku: Wheel and Hand Built
Teapots, Casseroles and Functional Stuff
Open Studio Labs

### MEET THE PROFESSIONAL INSTRUCTORS

JOYCE FURNEY: Joyce has a BFA degree in sculpture from KSU, and has done undergraduate and post-graduate work in sculpture and clay in Colorado, Utah, and Kansas. Since 1982, her clay sculptures and pottery have taken first awards in juried shows all over the country. Work from her studio, The Clay Cellar, is shown in galleries as far away as Japan.

RONNA TYSON: Ronna has had her hands in clay since her student days at Manhattan High School. Since 1970, she has maintained her own studio in far away places such as Edmonton, Alberta; Whitehorse, Yukon Territory; and British Columbia, Canada. She has her BFA in Ceramics and a BS in Art Education from KSU. Ronna has now come full circle, and is a teacher at Manhattan High School.

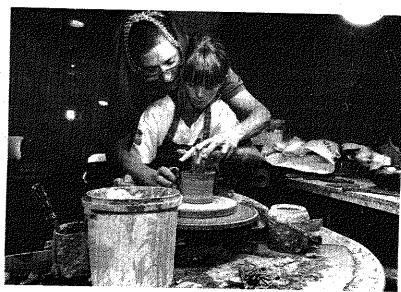
**GARYTYSON:** A retired naval officer with degrees in both Business Administration and Health Care Administration, Gary has been a full time, studio potter since earning his BFA degree in Ceramics at KSU in 1989. He is the owner of Wild Cat Village Pottery.

**GENE SEIVERS:** A one time finish carpenter, Gene has his MFA in Ceramics from KSU. He has taught classes in design, drawing, and ceramics at KSU. He has exhibited in regional and national juried competitions, and won many cash and purchase patron awards. He is now a full time studio potter at Gene Seivers Pottery.

**DAVID RANDALL:** David has a BFA in Ceramics from KSU. He was a graduate teaching assistant at the University of California at Santa Barbara. He has worked in clay and shown professionally for the past five years.

**BEE DUNN:** Bee began her life-long love affair with clay by designing her own fireplace tiles. She learned wheel throwing in Illinois, and perfected it at the University of South Carolina. She attended the Folk Arts Craft Studio at Penland, North Carolina. She comes to the Clay Coalition from Myrtle Beach, South Carolina, where she owned a knitting shop and worked in clay as a lucrative avocation.

**STACY WRIGHT:** Stacy recently graduated from KSU with a BFA in Ceramics. She has had experience teaching ceramics to young adults at camps in Colorado. She now works as a studio assistant at The Clay Cellar, and is planning to continue her education in graduate school.



### **HOW TO REGISTER FOR CLASSES:**

UFM will handle registration for all classes. To register you may

1. Use the registration form on the very last page of this UFM catalogue;

2. Walk in and register at 1221 Thurston;

3. Call UFM at 539-8763 and register with a credit card

### SUMMER CLASSES

Session 1 - - - June 5th / July 2nd Session 2 - - - July 5th / Aug. 6th Session 3 - - - Aug. 6th / Sept. 3rd



### CLAY IN THE MORNING

Instructor: David Randall

Introduction to the fun and joy of making clay pots. Come see what your hands

can do.			
Session 1: CC 301	MOITOURE O, TO, 20, W =	9-12 noon	Fee: \$39
CC 302	Wed.June 8, 15, 22, 29	9-12 noon	Fee: \$39
<b>Session 2:</b> CC 320 CC 321	Mon.July 11, 18, 25, Aug. 1 Wed.July 6, 13, 20, 27	9-12 noon 9-12 noon	Fee: \$39 Fee: \$39
Session 3: CC 340 CC 341	Mon. Aug. 8, 15, 22, 29 Wed. Aug. 10, 17, 24, 31	9-12 noon 9-12 noon	Fee: \$39 Fee: \$39

### INTRODUCTION TO CLAY: WHEEL AND HAND BUILT

Instructor: Gene Sievers

Never made clay pots before but thought it looked like fun? Come and introduce your hands and your mind to the joy of discovery in clay. No experience Those wanting to hone their skills are welcome to enroll also.

Session 1:	on 1:
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necessary. Those wanting to notice them		and the state of the state of	- 7
Materials (25 lbs. clay) included.	•		
<b>Session 1:</b> CC 303 T & Th June 7/9, 14/16, 21/23, 28/30	9-12 noon	Fee: \$78	
Consist 9:			

CC 322 T & Th July 5/7, 12/14, 19/21, 26/28

Session 3: CC 342 T & Th. Aug. 9/11, 16/18, 23/25, 30/Sept.1 9-12 noon Fee: \$78

### CLAY DISCOVERY FOR CHILDREN & YOUTH

Instructor:Joyce Furney

Discover the fun and the joy of your hands making clay pots. Slab construction techniques will be used to build projects from boxes to impressed design vases. Demonstration of wheel thrown pottery will be given, with each student trying it once. All ages welcome. All materials included, no additional tools needed.

Session 1: CC 304.

Sat. June 11, 18, 25

9 -11:30 am

Fee: \$25

### MASKS FROM AROUND THE WORLD

Instructor: Ronna Tyson

An introduction to the history of masks from around the world. Construction methods of slab, pinch, and coil will be used to create your mask. All ages welcome. All materials included, no additional tools needed.

Session 2:

CC 323

Sat. July 9, 16, 23, 30

9-12 noon

9-12 noon

Fee: \$39

Fee: \$78

Session 3: CC 343

Sat. Aug. 13, 20, 27 & Sept.3

9-12 noon

Fee: \$39

### THE JOY OF HAND BUILDING

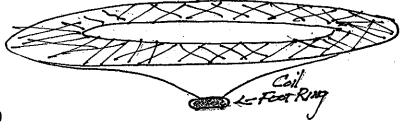
Instructor: Bee Dunn

We will work with slabs, coils, and pinch pots. We will build a slab bird house, a coil house, a decorated bowl, and a pressed tray.

CC 305 M & Tu Jun. 6,7 / 13,14 / 20,21 / 27,28 1 - 3 pm Fee: \$52

CC 324 M & Tu Jul.11,12/18,19/25,26/ Aug.1,2 1 3 pm Fee: \$52 Session 2:

的现在分词形式的现在分词 Session 3: CC 344 M & Tu Aug. 8,9 / 15,16 / 22,23 / 29,30 1 - 3 pm



### CLAY FOR SPECIAL NEEDS POPULATIONS

Instructor: Sessions 1,3, Joyce Furney; Instructor: Session 2, Ronna Tyson Beginning class to introduce the fun and joy of discovery of your hands making clay pots. Class designed to meet the needs of persons with developmental or physical challenges.

Session 1: CC 306

Wed. June 8, 15, 22, 29

1 - 3 pm

Fee:\$26

CC 325 Session 3: CC 345

Session 2:

Wed. July 6, 13, 20, 27

1 - 3 pm 1 - 3 pm Fee: \$26 Fee: \$26

### INTRODUCTION TO CLAY: WHEEL AND HAND BUILT

Wed . Aug. 10, 17, 24, 31

Instructor: David Randall

This class will focus on teaching the beginner the basic skills and techniques of wheel throwing and hand building in clay. Projects will be developed with feedback from the class.

Session 1:

CC 307

Sat. June 11, 18, 25, July 2

1 - 3 pm

Fee: \$31

### **FUNCTIONAL POTTERY**

Instructor: Ronna Tyson

Focus will be on creating utilitarian, household objects. No previous experience necessary. Materials (25 lbs. of clay) included; bring your own tools.

Session 2:

Sat. July 9, 16, 23, 30

1 - 3 pm

Fee: \$31

CC 326 Session 3: CC 346

Sat. Aug. 6, 13, 20, 27

1 - 3 pm

Fee: \$31

**OPEN STUDIO LAB** 

Session 1: Noon - 3 pm Fee: \$25 Sun.June 5, 12, 19, 26

**CC 313** 

Sun. July 10, 17, 24, 31

Fee: \$25 Noon - 3 pm

(Facility use only, No Instruction)

Session 2: CC 330

Session 3:

Sun. Aug. 7, 14, 21, 28 CC 354

Fee: \$25 Noon - 3 pm

### INTRODUCTION TO CLAY: WHEEL AND HAND BUILT

Instructor: Sessions 1&3, David Randall; Instructor: Session 2, Ronna Tyson Basic skills and techniques of wheel throwing and hand building in clay will be taught. No previous experience necessary.

Session 1:

3:15 - 6 pm CC 308 M & Tu Jun. 6/7, 13/14, 20/21, 27/28 Session 2: CC 327 M & Tu Jul. 11/12, 18/19, 25/26, Aug. 1/2 3:15 - 6 pm

Fee: \$75

Fee: \$75

Session 3:

CC 347 M & Tu Aug. 8/9, 15/16, 22/23, 29/30

3:15 - 6 pm Fee: \$75

### INTERMEDIATE TO ADVANCED POTTERY

instructor: Joyce Furney

Interact with clay at your own skill level and pace. All class members will have the opportunity to explore and complete projects in both wheel thrown and hand built pottery construction techniques. Please come to the first class with a written assessment of your experience level and a personal goals statement. With these assessments each person will contract specific production goals with the instructor. class will meet on the June 29th, to critique and pick up work. (No Class on June 30th.)

Session 1:

CC 309 W & Th June 8/9,15/16, 22/23, 29

3 - 6 pm

Fee: \$65

### FIGURES IN CLAY

Instructor: David Randall

This is a class for anyone interested in incorporating the human form into their work. This is not a modelling class with a live model, but a chance for each individual to work in their own direction and style in relation to the figure. Everyone will be encouraged to develop their own ideas and to have fun. Beginners through advanced.

Session 2:

Wed. July. 6, 13, 20, 27 CC 328 Th. July. 7, 14, 21, 28 CC 329

3 - 6 pm Fee: \$38 3 - 6 pm

Session 3: CC 348 CC 349

Wed. Aug. 10, 17, 24, 31 Th. Aug. 11, 18, 25, Sept 1

3 - 6 pm 3 - 6 pm Fee: \$38 Fee: \$38

Fee: \$38

10

OPEN STUD	IO LAB (Facility u	(Facility use only, No Instruction)									
Session 1: CC 314	Sat. June 11, 18, 25, July 2	3 - 6 pm	Fee: \$25.								
CC 315	Sun. June 5, 12, 19, 26	3 - 6 pm	Fee: \$25								
Session 2:											
CC 331	Sat. July 9, 16, 23, 30	3 - 6 pm	Fee: \$25								
CC 332	Sun. July 10, 17, 24, 31	3 - 6 pm	Fee: \$25								
Session 3:			4.								
CC 355	Sat. Aug. 6, 13, 20, 27	3 - 6 pm	Fee: \$25								
CC 356	Sun. Aug. 7, 14, 21, 28	3 - 6 pm	Fee: \$25								

### INTERMEDIATE TO ADVANCED CLAY/WHEEL AND HAND BUILT

Instructor: David Randall

Advanced techniques and ideas in clay. Focus will be on individual expression and personal direction. Previous clay experience necessary.

and personal direction.

Session 1:	Browning water to the contract of the contract of	The state of the s	
CC 310	M June 6, 13, 20, 27	6:30 - 9 pm	Fee: \$38
CC 311	Tu June 7, 14, 21, 28	6:30 - 9 pm	Fee: \$38
Session 3:		•	
CC 350	M Aug. 8, 15, 22, 29	6:30 - 9 pm	Fee: \$38
CC 351	Tu Aug. 9, 16, 23, 30	6:30 - 9 pm	Fee: \$38

### SOUTHWESTERN POTTERY ADVENTURE

Instructor: Ronna Tyson

Hand construction methods and primitive firing techniques in the Southwestern tradition of the black and red ware, will be explored. No previous experience necessary.

Session 2:

	· ·		_
CC 333	M July 11, 18, 25, Aug.1	6:30 - 9 pm	Fee: \$38
CC 334	Tu July 12, 19, 26, Aug. 2	6:30 - 9 pm	Fee: \$38

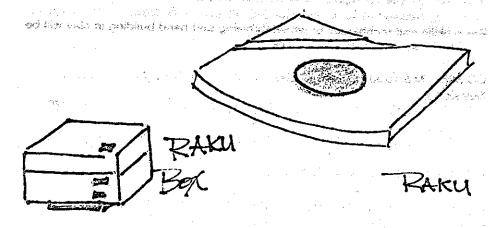
### **RAKU: WHEEL AND HAND BUILT**

Instructor: Joyce Furney

The accent Art of Raku will be the departure point for discovery in this class. No previous experience necessary.

Session 1:

CC 312 W&Th June 8,9 / 15,16 / 22,23 6 - 9 pm Fee: \$72 Raku Firing at The Clay Cellar, June 25th



### TEA POTS, CASSEROLES & FUNCTIONAL STUFF

W July 6, 13, 20, 27

Sun. Aug. 7, 14, 21, 28

Instructor: Gary Tyson

Do you like to make things you can use? Then this is the class for you. Previous experience helpful.

6:30 - 9 pm

6 - 9 pm

Fee: \$38

Fee: \$25

Session 2:

CC 335

CC 358

	** Odly 0, 10, 20, 27	0.00 0 p	
CC 336	Th July 7, 14, 21, 28	6:30 - 9 pm	Fee: \$38
Session 3:	•		• .
CC 352	W Aug. 10, 17, 24, 31	6:30 - 9 pm	Fee: \$38
CC 353	Th Aug. 11, 18, 25, Sept. 1	6:30 - 9 pm	Fee: \$38
OPEN STUD	DIO LAB (Facility use only, No	Instruction)	คราม โดยได้เทย
Session 1:			المراحلية وبولوماتين
CC 316	Sat. June 11, 18, 25,July 2	6 - 9 pm	Fee: \$25
CC 317	Sun. June 5, 12, 19, 26	6 - 9 pm	Fee: \$25
Session 2:	•	9.0	
CC 337	Sat. July 9, 16, 23, 30	6 - 9 pm	Fee: \$25
CC 338	Sun. July 10, 17, 24, 31	6 - 9 pm	Fee: \$25
Session 3:	•		
CC 357	Sat. Aug. 6, 13, 20, 27	6 - 9 pm	Fee: \$25

### MANHATTAN CLAY COALITION MEMBERSHIP

Membership shall be open to all individuals and families who have an interest in pottery. Annual dues are \$15 for Individual Memberships and \$25 for Family Memberships. The Clay Coalition shall not discriminate against any person or group based on race, creed, religion, gender, national origin, disability, or economic status.

Is Clay Coalition Membership required to take classes at the Arts Center Pottery Studio? No, not to take classes, but Membership is required to enroll in Open Studio times.

### WORK STUDY SCHOLARSHIPS

Because we know the value of the arts and crafts in the life of a community, we affirm that ANYONE who desires to, should have knowledge of and access to the arts and crafts. To insure this, the Clay Coalition is introducing a new concept, Work Study Scholarships. Everyone is eligible for a Work Study Scholarship, however certain priorities will be given. To maintain the fiscal integrity of the project and its growth, scholarships will be limited to no more than twenty (20) at any given time. One may apply for a scholarship by filling out an application at the Arts Center Studio.

### BASIC THINGS TO KNOW ABOUT CLASSES

◆ All classes and labs will be conducted at

Arts Center Annex Pottery Studio, 1508 Poyntz, Manhattan, KS 66502

◆ A beginning pottery tool kit may be purchased for \$12.95 at class. (Kit includes wire cutter, needle, 2 ribs, 2 trimming tools, molding tool, & sponge.)

◆ Please bring to and from each class the following:

A water container, an old hand towel, sponge, and your favorite tools.

◆ Please wear old clothes and count on getting dirty.

◆ Red Stoneware clay body will be the primary clay used.

◆ Glaze firing will be to Cone 6 in an electric kiln, oxidation atmosphere.

Exception to above:

Raku classes will use Raku clay body.

Raku construction classes will meet at the Arts Center Annex Pottery Studio: Raku firings will be done at :

The Clay Cellar, 572 Pillsbury Dr., Manhattan, KS 539-4064.

CLASSES AND MATERIALS FEES: Fee structure is based on \$3.25 per contact hour. Class fee includes a \$5 materials cost which pays for the student's first 25 lbs. of clay and firing. Additional clay may be purchased for \$6.50 per 25 lb. bag. Enrollment in a second session of the same instructional course is possible.

(A \$5 reduction in enrollment fee for second session applies.)

**OPEN LAB:** Fridays are Open Lab days and are designated for persons enrolled in one of the classes to use as *extra time* for additional production. Instruction will not be available, but a Lab Technician will be present at all times for supervision and material purchase and/or check out. Individuals taking classes are encouraged to make use of this extra production time and sign up for a time that best fits their schedule.

**OPEN STUDIO LABS:** Each person enrolling in Open Studio Labs is *required* to become a Clay Coalition Member and *must* be checked out on the equipment and studio procedures with the Studio Manager prior to use. Open Studio time is set aside for enrollment by those persons who need no instruction but want a well equipped place to work, access to glazes, and knowledge that their work will be fired with professional care and attention.

The Open Studio Lab blocks are 3 hrs. in length, Saturdays from 3-6 pm or 6-9 pm; and Sundays from Noon-3 pm, 3-6 pm or 6-9 pm. Lab blocks cost \$25 per 3 hr. session. Additional blocks may be contracted for in the same session at \$15/block. Individuals are responsible for purchasing his/her own clay and using the Coalition glazes, unless other arrangements are made with the Studio Manager.

### CAUSE FOR TERMINATION OF MEMBERSHIP OR CLASS PARTICIPATION

All participants in classes and/or Coalition activities agree to abide by Clay Coalition rules. If any member or student acts in a way that endangers the health and safety of self or others, causes damage to the studio or its equipment, or creates a nuisance at the studio, his/her membership may be terminated by the Board of Directors. Such removal shall be without prejudice to the contract rights, if any, of the person so removed. In this case, the member shall not have the right of refund of his/her membership or enrollment fees.



The Wonder Workshop Museum will offer youth, adolescents, and families an exciting summer program at the new Arts Center of Manhattan, including classes celebrating cultural diversity. science, and the arts. A Summer School will be offered June 13-July 8; and the Museum "Discovery Areas" will be open for families each weekend. The Wonder Workshop is co-sponsored by USD 383; the Manhattan Arts Council; the Kansas Arts Commission, a state agency; and the National Endowment for the Arts, a federal agency.



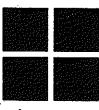
photo by Candi Cumble

NATIONAL **ENDOWMENT** 



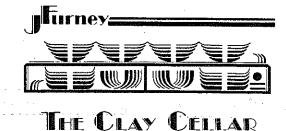




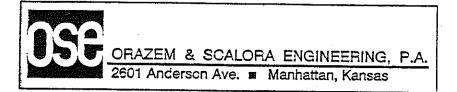


The Ken Ebert Design Group Architects and Planning Consultants





572 Pillsbury Dr., Manhattan, KS 66502 (913) 539-4064



### Thank You

The Clay Coalition Arts Center Annex Pottery Studio will be a reality, open for classes and open studio by June 5th. Much work has been accomplished and much remains to be done. It takes many volunteers to build something of value. Below is a list of many individuals, businesses, and organizations who believe in the vision and mission of the Arts Center and have donated their time, talents, and materials to help build the Arts Center Pottery Studio. Thank you all for your generosity. If we've forgotten your name, please forgive the oversight and let us know. If you desire to help and have not yet been asked, please consider this an open invitation to come help in whatever ways your time, talent and resources allow. If you wish to help with construction or to donate materials, call David Randall, 539-4064 (w) or 776-3194 (h); if you wish to help underwrite the project, call John Biggs at the Manhattan Arts Council, 539-3276.

### Clay Coalition (CC) Members, Project Developers

Ronna Tyson, CC President, Instructor, demolition and reconstruction help Gary Tyson, Instructor, demolition and reconstruction help

Joyce Furney, CC Treasurer, Instructor, lent 2 kilns, pugmill, donated clay, glazes Dean Zollman, CC Secretary, demolition and reconstruction help

David Randall, Construction Co-Manager, Instructor, demolition and reconstruction help Stacy Wright, Construction Co-Manager, Instructor, demolition and reconstruction help

Ruth & Jeff Harris, Data Base, demolition and reconstruction help

Sean & Any Harris, demolition and reconstruction help

Bee Dunn, Instructor, lent a wheel

Edith Hinrichs, PR Consultant

Gene Seivers, Instructor, demolition and reconstruction help

Claudia Lawrence, Educational Consultant

Susan Oviatt, donated a wheel'

Marilyn Tilghman, donated a wheel

Rosie Rieger, lent a kiln

Jiri Longshy, demolition and reconstruction help

Ralph Najarian, demolition and reconstruction help

David Norton, demolition and reconstruction help

Steve Kaufman, demolition and reconstruction help

Vickie Grochowski, demolition and reconstruction help

Manhattan Arts Council (MAC), CC Sponsor to the Arts Center Of Manhattan, Inc.

John Biggs, Ex. Dir., MAC Administration & PR Advisor

Marsha Jensen, Graphic Designer

University For Man, CC Partner, Lent 3 wheels, slab roller, extruder, misc materials

Linda Teener, UFM Ex Dir., Educational Advisor

UFM Staff, Class Registration

Manhattan Civic Theatre, Supporting Organization

Dixie King, Supports Services Dir., Big Lakes Dev. Center: Educational Advisor

Shirley Bramhall, Breadbasket Ex. Dir., Program Advisor

USD 383, Laura Clark, Educational Advisor

Chris Heavey, Mgr. Town Center Mall, Advisor

Robert Littrell, Attorney, Legal Advisor

Jim Morrison, Attorney, Legal Advisor

Angelo Garzio, Advisor Yoshiro Ikeda, Advisor

Sponsor of the Clay Coalition Arts Center Pottery Studio

Manhattan Arts Council

Patron of the Clay Coalition Arts Center Pottery Studio

Arts Center of Manhattan, Inc

Partner of the Clay Coalition Arts Center Pottery Studio

University For Man

The following people and/or companies have donated their talents and materials to help build the Clay Coalition Arts Center Pottery Studio:

Arts Annex Space Utilization Study

Barbara Cannon, Assistant Professor Interior Design Dept. KSU

Students in IDH 445 Interior Design Contract Documents Studio (Fall '93 sem.) Julia Dalia, Krys Fanagin, Maria Jiminez, Maria Parra, Heather Reece, Roger Reen, Katherine Rezza, Kristi I. Smith, Kristie E. Smith, Keri Victor

Handicapped Accessible Bathroom Construction Drawings

Michael Mayo, AIA, The Ken Ebert Design Group

**Electrical and Plumbing Engineering Drawings** 

Jim Scalora, Orazem and Scalora Engineering

Skilled Electrician Reconstruction Help

Bud Valerius, Economy Electric, Inc.

Mechanical Inspection

Bob Bramhall, Thermo Comfort Air

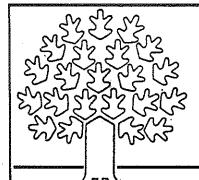
Construction Materials

Terry Glasscock, Kansas Lumber Homestore

**Skilled Carpenter Reconstruction Help** 

Gene Hinsley, Gene Hinsley Millwork

Underwriting Postage Cost for "Invitation to Help Letters" Doris Grosh



# Food for Fun

1221 THURSTON

539-8763

### **Beginning Cake Decorating**

Even a pretty border will enhance a cake. Learn to add an icing decoration and impress all of your family and friends. Icing will be provided for practice in class. You will bring your own cake to a later class and take home a masterpiece. Supply list available at registration.

Tammy Sinn began decorating cakes several years ago as a hobby. Her first lessons were a UFM cake decorating class. Currently she decorates cakes for Dillons.

Date: Time: June 7,9,14 & 16

Fee:

7 - 8:30 pm (Tues. & Thurs.)

144 Justin Hall, KSU

**Beer Making** 

FF-05

Homebrewed Beer - the beer for discriminating palates. Come learn the brewer's art. We will make and bottle beer. Participants must be 21 years of age.

Dean Taylor (539-7654), has many years experience in making beer and sells supplies for making beer and wine at The Palace in Aggieville.

Date:

Time: Fee:

June 8 & 15 7 - 8 pm (Wednesday)

Location:

UFM Fireplace Room

### Vegetarian Potluck

FF-06

Whether you are a vegetarian for ethical, environmental, or health reasons or just someone interested in finding out more about meatless cuisine, the Vegetarian Potluck Club is for you. Come share your favorite meat-free recipes and try some new dishes to add to your collection. The potluck is a great way to meet others who share your love of good food and the healthy vegetarian lifestyle. Please bring a dish to share and a place-setting.

Bridget Murphy and Dean Hargett (776-3193) Coordinators

Date: Time:

6 pm (Sunday)

Location:

City Park Pavilion

Spice for Life

FF-07

Trick your tastebuds by replacing the flavor of unhealthy ingredients with creative spicing. As we lower fat and sodium contents in our diets we take away some of the familiar flavor. Learn how to use spices to enhance the flavor as you cook. Gain an understanding of the flavor of a variety of spices and how to use them for healthier cooking. Sampling of foods prepared will provide each student with a lite meal.

Sharolyn Flaming (537-6350), is a Riley County Extension Agent.

Date:

Time: Fee:

6:30 pm (Tuesday)

\$10 includes recipes and samples Location: Riley Co Extension Office - 2nd floor

110 Courthouse Plaza

### Thai Cooking

Eating "Thai" can be great fun and if you're willing to experiment, you'll be richly rewarded. Contrary to popular myth not all Thai food is fiery hot. There are plenty of tasty dishes that are suited to western taste

Lek Leeling (776-9667), is a native of Bangkok, Thailand and has been in the USA since 1976.

### Chicken Phanaeng Curry

Chicken Phanaeng Curry, accompanied with Jasmine rice and a side dish of cucumber salad.

Time:

4 - 6 pm (Saturday)

\$11 single class

Location:

\$30 for series 144 Justin Hall, KSU

### **Roast Red Pork**

FF-03

FF-02

Roast Red Pork and tasty sauce, accompanied with Jasmine rice and a side dish of cucumber and scallion

Date: Time:

Fee:

Fee:

Location:

July 23

4 - 6 pm (Saturday) \$11 single class

144 Justin Hall

### Kaoniew Sangkhaya

Kaoniew Sangkhaya (sweet rice and custard). This dish is a favorite for snacking and a not so sweet dessert.

Date: Time:

August 20 11 am - 1 pm (Saturday) \$11 single class

\$30 for series

144 Justin Hall

Location:



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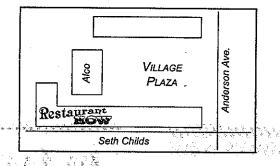
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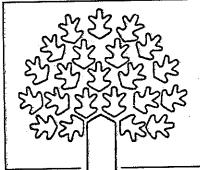
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# Languages

1221 THURSTON

539-8763

LA-04

### **Beginning Sign Language**

LA-03

LA-06

LA-07

This class is designed for individuals who are interested in learning the basic skills of American Sign Language. Students will be instructed in the Manual Alphabet and a vocabulary of about 200 functional signs. Fee includes book Gallaudet's Survival Guide to Signing.

Natalie Smith has taught sign language for 6 years and has been a professional interpreter for 7 1/2 years. She grew up with two deaf parents.

Time: Fee:

Location:

June 15 - July 27 7 - 8 pm (Wednesday)

149 Justin Hall, KSU July 27 - UFM Conference Room

### Introduction to Portuguese

Join us to know a beautiful language. You will be introduced to Portuguese, learning the alphabet, numbers, colors, greetings, family, useful expressions, and more. The emphasis will be on proper pronunciation and meaning.

Maria de Fatima Maciel, is a native from Brazil and is a graduate in Portuguese Language and specialized in Methodology of teaching at the University of Pernambuco, Brazil.

June 6 - 29 6:30 - 7:30 pm (Mon & Wed) Time:

UFM Multipurpose Room Location:

### Conversational Portuguese

This class will build on the basic skills learned in Introduction to Portuguese or the equivalent. We will develop vocabulary useful in dialogue necessary for different situations which might arise in travel.

Maria de Fatima Maciel

Date: Time: July 6 - August 15 6:30 - 7:30 (Mon & Wed)

Location:

UFM Multipurpose Room

### Survival English English as a 2nd Language

Survival English is designed for those whose native language is not English. It will help the student survive in an English speaking world. The student will learn 'survival skills." Conversational skills, pronunciation, spelling, and grammar will be used to help the student speak with confidence. Textbooks and handouts will be used. Class participation is recommended. Certificates of completion will be awarded.

James F. Hill completed his Bachelor of Science degree in American History at the College of the Ozarks, Point Lookout, MO. in 1977. He holds a Missouri State Teaching Certificate. In addition to teaching high school social studies in the Missouri public system he has taught English at English Language Institutions in Seoul, Korea. Jim is a graduate student at KSU.

Time:

June 7 - July 14 7 - 8:30 pm (Tues & Thurs)

Location: •

108 Bluemont Hall, KSU

### LA-05 English as a 2nd Language

This class is for students who already speak and read basic English, as their second language. The class will be structured to meet the needs of students on an intermediate to advanced level. We will concentrate on conversation, reading and vocabulary building. Textbooks and handouts will be used. Class participation is recommended. Certificates of completion will be

James F. Hill

Date: Time: Fee:

July 19 - August 25 7 - 8:30 pm (Tues & Thurs) \$70

108 Bluemont Hall, KSU Location:





### Beginning German for Children Ages 7 - 10

LA-01

This class is for children who want an introduction to the German Language. Students will learn basic language skills, such as alphabet, numbers, etc., and will also learn songs. Students will begin learning how to converse about various topics. No previous German knowledge is required.

Michele Thun, is a graduate of Washburn University with a degree in German. She received the Fulbright Fellowship to study in Austria where she lived for 2 years. She is currently a graduate student of German and is also a Graduate Teaching Assistant, having taught since the Fall of 92.

Time:

Location:

June 7 - July 21

7 - 7:30 pm (Tues. & Thurs.) \$18 UFM Multipurpose Room

Beginning German for

LA-02

Children Ages 11 - 15

A class designed for teens who are interested in learning the German language. Students will learn basic language skills and will begin learning how to converse about various topics. No previous German knowledge is required.

Michele Thun

June 7 - July 21 7:45 - 8:15 pm (Tues. & Thurs.)

Time: Fee: Location:

Date:

UFM Multipurpose Room

### It's Not as Difficult as Aristotle (Greek I)

LA-08

Greek is an ancient and rich language. Approximately 17% of the Oxford dictionary consists of words that are Greek or have Greek roots. The class will give students the opportunity to learn basic conversational skills, and at the same time, gain insight into modern Greek culture and way of life.

Yorgos Filiopoulos, is a K-State student in Advertising. Being raised in a family of teachers of the Greek language, he loves the language and the culture of modern Greece and looks forward to teaching it.

Time:

June 1 - 13 7:30 - 8:30 pm (Mon, Wed, & Thurs)

Fee: Location:

UFM Greenhouse

### Greek Experience (Greek II)

This class is a continuation of Greek I. It is appropriate for those who have some basic skills in Greek. Emphasis will be given to conversational skill and also "slang words and expressions that you cannot find in textbooks but are necessary for everyday communication in modern

Yorgos Filiopoulos

Date: Time:

June 15 - 23 7:30 - 8:30 pm (Mon, Wed, & Thurs)

UFM Greenhouse Location:

### HANDICAPPED ACCESSIBLE

Any class can be placed in a handicapped accessible room. Please let us know at the time of registration.



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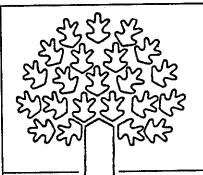
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# Martial Arts

1221 THURSTON

539-8763

### Tae Kwon Do Karate I

MA-01

Tae Kwon Do is a traditional martial art designed to provide the ultimate in unarmed self-defense. Blocking, punching, and kicking develop balance, flexibility, and agility while improving cardiovascular fitness and self-confidence. Teaching methods include class demonstration and practice without physical contact. Each student will be given an opportunity to purchase a uniform and belt at the first class. After two months of class an optional testing to advance in the Tae Kwon Do degree ranking is held in Topeka. The cost is not included in the class fee and a uniform is required for testing. Age 7+

\*\* June 7, 6:30 - 7:30 -- Public Demonstration and formal introduction of instructors in Ahearn Fieldhouse Gym, Dance 301.



Grandmaster Chae Sun Yi (266-8662), is an 8th degree black belt with over 38 years experience in Tae Kwon Do. Former Captain and Chief instructor of Tae Kwon Do for the ROK Army during Vietnam, he has held classes at KSU since 1975. Master James Craeton (537-4986), holds a 5th degree black belt with 18 years experience in Tae Kwon Do., Winner of several National titles in Tae Kwon Do Competition, he has assisted at KSU since 1979.

Date: Time:

June 7 - July 28 6:30 - 7:30 pm (Tues & Thurs)

Ahearn Fieldhouse Gym, Dance 301, KSU

### Tae Kwon Do Karate II Advanced

Grandmaster Chae Sun Yi & Master James Craeton

June 7 - July 28 Date:

7:30 - 8:30 pm (Tues & Thurs) Time:

Fee: Location:

Ahearn Fieldhouse Gym, Dance 301, KSU

### Introduction to Jujitsu

Hakko Ryu is a self-defense-oriented grappling type of martial art. It is not an exercise form of martial arts. Students will concentrate on 2 person waza, solo walking exercises, and self defense theory and techniques. Hakko Ryu is related to aikido, yet stresses a less active style, and more subtle, gentle techniques acceptable for use in modern society. 16 years of age and older.

Stan Wilson (539-7723), has studied martial arts for 23 years and has taught for 15 years. He holds a 3rd degree black belt in Kung Fu, a 2nd degree belt in Hakko Ryu Iujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied judo, aikido, four styles of karate, six styles of kung fu and various other martial arts. He has also written 19 manuals on martial arts.

Date: Time: June 7,14,21,& 28 - 8 pm (Tuesday)

Ahearn Fieldhouse, KSU

This catalog printed on recycled paper

SELF DEFENSE FOR WOMEN —SHARP—is offered in the PERSONAL DEVELOPMENT Section of this Catalog.

SELF DEFENSE and MARTIAL ARTS classes for YOUTH & PRETEENS are listed in the YOUTH section of this catalog.

### Introduction to Kung Fu

MA-04

This Kung Fu style combines hard, soft and internal methods of martial arts. Beginners will learn basic techniques, self defense, drills, and one-step sparring. Wear comfortable clothing. 16 years of age and older.

Stan Wilson (539-7723), has studied martial arts for 23 years and taught for 15 years. He holds a 3rd degree black belt in Kung Fu, a second degree black belt in Hakko Ryu Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied judo, aikido, four styles of karate, six styles of kung fu, and various other martial arts. He has also written 19 manuals on martial arts.

Date: Time: June 5,12,19 & 26 4 - 5 pm (Sunday) \$17

Fee: Location:

Ahearn Fieldhouse, KSU

### Bruce Lee and Jeet Kung Do MA-05

A lecture and demonstration on Jeet Kung Do related to traditional, modern traditional and modern eclectic martial arts with reference to the book Tao of Jeet Kung Do.

Stan Wilson, (539-7723), has studied martial arts for 23 years and has taught for 15 years. He holds a 3rd degree black belt in Kung Fu, a second degree black belt in Hakko Ryu Juijitsu, and is a member of the Shadows of Iga Ninja Society. He has studied judo, aikido, four styles of karate, six styles of kung fu, and various other martial arts. He has also written 19 manuals on martial arts.

Date: Time: July 5 7 pm (Tuesday)

Location:

UFM Fireplace Room

### Nippon Kempo Karate

MA-07

Nippon Kempo's inheritance is deeply rooted in the traditional martial arts (Judo, Karate, Aikido, and Kendo). It is an empty handed, full contact style of Karate. Kempo teaches self discipline, self confidence, self kempo teacnes seir discipline, seir confiderace, seir defense and is also a very good aerobic exercise. Students will learn basic moves, including breakfall and throwing techniques without actual contact. Full contact sparing will only begin after basic moves are learned. Protective gear will be provided for sparing. After 3 months of class an optional test to advance Kempo ranking is held.

Espir Kahatt (539-3794), has a 1st degree black belt in Nippon Kempo and a 1st degree black belt in Shotokan Karate. He studied martial arts for 12 years and is co-founder of the Nippon Kempo Federation of America.

Date: Time:

June 1 - July 29 No Classes July 4, 11, & 13 6:30 - 7:30 pm (Mon, Wed & Fri)

Location:

Ahearn Fieldhouse, KSU

You are registered unless you are otherwise notified.



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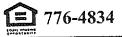
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### Fencing

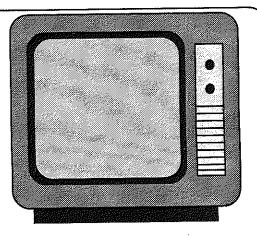
Fencing is the ancient art of sword play. D'Artagnan, soldiers, and noblemen were all once required to know the way of the sword. Now a modern Olympic sport, fencing builds lightning fast reaction, speed and agility. Classes will include introduction to foil, epee, and saber for recreation and competition. Minimum age: 12

Mike Milleson (238-7696) has been fencing since 1989. Mike Milleson (235-7090) has been rending since 1989. He has been competing and coaching for 2 years. He is a competitive member of the United States Fencing Association. Mike attended the USFA Coaches College at the University of North Carolina in the summer of 1991. He is an "E" rated epecist and took 2nd place in both the Jayhawk Open and the Little Apple Open. Mike and the other club members compete in a 5 state area. other club members compete in a 5 state area.

Date: Time: June 7,14,21,28,July 5,12, & 19 7:30 - 9:30 pm (Tuesday)

Fee: Location:

\$40 Luckey High School Gym 220 S Juliette



Catherine L. Fung, PH.D. Candidate, hosts

## UFM

on 19, ME/U Tuesdays at 5:00 p.m. and Wednesdays at 4:30 p.m.

June 7 & 8: Mountain Dulcimer (re-run)

14 & 15: Nippon Kempo Karate

21 & 22: Metaphysics

28 & 28: Greek I

July 5 & 6: Ethiopian Cooking

12 & 13: Farmer's Market

19 & 20: Dialogue (Visitor)

26 & 27: Dialogue (Visitor)

Aug. 2 & 3: Golf

9 & 10: Star Gazing

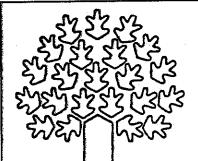
16 & 17: Baseball



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# Recreation & Health

1221 THURSTON

RH-01

RH-02

RH-03

RH-04

539-8763

RH-05

RH-06

RH-07

### Introduction to Golf

A short course geared for beginning and intermediate players. The fundamentals of the full swing, short game-pitching, chipping, and putting will be covered. Get some fresh air and find out if golf is the sport for you. Some class time will be devoted to equipment used to play golf, rules, etiquette, courtesy, conduct on the course, registering to play, use of scorecard and

Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date:

June 2,9,16 & 23

Time:

6:30 - 7:30 pm (Thursday) \$27

Location:

Stagg Hill Golf Club 4441 Ft. Riley Blvd.

Introduction to Golf

Jim Gregory

Date: Time:

June 30, July 7,14 & 21 6:30 - 7:30 pm (Thursday)

Fee: Location:

Stagg Hill Golf Club 444Ĭ Ft. Riley Blvd.

Introduction to Golf

Date: Time:

Fee:

Location:

Stagg Hill Golf Club 444Ĭ Ft. Riley Blvd.

Golf

\*One hour optional KSU credit available.
This course emphasizes fundamentals of the full golf swing, short game techniques of chipping, pitching, putting and sand shots. Rules of play, course etiquette, and selection of equipment will also be covered. Clubs, balls and tees are provided. You may bring your own

July 28, August 4, 11, & 18

6:30 - 7:30 pm (Thursday)

clubs if you prefer. Limit 15. Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date: Time:

June 7 - July 26 6 - 8 pm (Tuesday)

Fee: Location:

\$80 Noncredit \$100 for credit-Kin 140A

Stagg Hill Golf Club 4441 Ft. Riley Blvd.

\* One (1) hour credit classes require additional charges to cover KSU administrative costs. Students enrolled in less than 6 hours, may also be assessed for student activity and health fees.



### **STAGG HILL GOLF CLUB**

K-18 West

For all your golfing needs Fully equipped pro shop Professional golf instruction available (individual & group)

Club regripping & repair

539-1041



### **Ballroom Dance**

Ballroom dancing is back! Time, Newsweek and Sailroom dancing is back! Itme, trewsweek and Smithsonian report that ballroom dancing is popular throughout the U.S. Manhattan is no exception. Join the hundreds of people who have learned to dance through UFM. You will learn to Foxtrot, Waltz, Swing and more. You will be dancing around the expansive floor. So, sign up with a friend, or two, and learn how to dance with someone in your arms. Classes fill rapidly. It is advisable to register early.

Michael Bennett (776-7557), has trained in Ballroom Dance at U.C. Berkley; Mandola Ballroom, San Francisco; AliBaba Ballroom, Oakland CA; Chicago Dance Studio, Chicago, IL; and Avenue Ballroom, San Francisco. He was the 1986 San Francisco Avenue Ballroom Jitterbug Champion. Nelli Weathers has been helping Michael teach dance for 4 years and dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.

Date: Time:

Fee:

June 6 - August 1 7 - 8 pm (Monday) No class July 4

Location:

Lucky High School Gym 220 S Juliette

### Waltz

For Waltzers Only: This class will cover the waltz. A brief overview of the box step will be provided. We will also do some Viennese steps; however, the emphasis will be on enhancing existing waltzers dancing. Advanced steps will be taught and style will be stressed. The goal will be to create a smooth and rhythmic step.

### Michael Bennett

Date: Time:

June 6 - August I No class July 4 8 - 9 pm (Monday) \$27

Location:

Luckey High Gym 220 S Juliette

### Community First Aid & Safety

This course teaches fundamental principles and skills of first aid, correct CPR techniques for adult and infant victims of cardiac arrest and other respiratory emergencies. Red Cross Certification is given on successful completion of the course. Textbooks may be purchased at the Red Cross Office and are not included in the class fee.

Enell Foerster (537-2180).

Date: Time: June 14, 21 & 28 6:30 - 10:30 pm (Tuesday) \$60 plus books

Fee: Location:

Riley County American Red Cross 1014 Poyntz

### **IATHFINDER** OUTDOOR EQUIPMENT SPECIALISTS

Headquarters for Bicycle Repair

Bicycles \*Backpacks \*Sunglasses \*Boots \*Tents \*Knives \*Sleeping Bags \*Canoes \*Climbing Equipment \*Camping Equipment





304 Poyntz 539-5639 owntown - Manhattar Hours: Mon.-Sat . 9-6 Thurs. 9-8

### Tennis: Junior Beginners Ages 7 - 16

RH-08

Join us for fun and skill development in this great sport! This class is designed for beginning players and will provide instruction in fundamentals of strokes, basic rules of play and beginning competition. We provide balls.

Students provide their own rackets. If you don't have a racket, give us a call and we may be able to help you

Mark Tessendorf, M.S. Kinesiology, has played tennis for over 20 years, including N.C.A.A. III experience. He was a tennis instructor at Manitou-Wabing Sports and Arts Center in Ontario, Canada in 1992.

Time:

June 7 - June 28 6:30 - 7:30 pm (Tuesday)

L.P. Washburn Complex, KSU

RH-09

### Tennis: Beginners Age 17

This class will focus on fundamentals of strokes, basic rules of play and beginning competition.

Mark Tessendorf

Date: June 7 - June 28 7:30 - 8:30 pm (Tuesday) Time: L.P. Washburn Complex, KSU Location:

### School of Hard Knocks: **Baseball Seminar**



Here is your opportunity to develop the skills and confidence necessary to enjoy America's favorite sport. Both The Preview Meeting and The Baseball/Softball Workshop will concentrate on improving the basic skills of the game to better your ball playing skills or learn more about effective coaching techniques.

Phil Morgan (776-0727), has been coaching baseball for 25 years. As a high school coach he was twice named Coach of the Year. He was coaching for the University of Missouri when they finished with a 5th place National ranking and for Kansas State University when they finished 2nd in the Big 8. His experience with baseball includes American League coaching and scouting for professional baseball teams, the Kansas City Royals and the Pittsburg Pirates. Phil knows and loves the sport and is eager to share his experience.

### The Preview Meeting

RH-10

The preview meeting is an introduction to the baseball/softball workshop. It will provide an opportunity to meet the coach and hear his philosophy on coaching techniques. Bring your questions. May 31

Date: Time:

7 pm (Tuesday)

\$5. (may be used toward price of workshop) Fee: Location:

UFM Fireplace Room

### The Baseball/Softball Workshop

RH-11

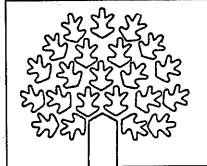
The baseball/softball workshop is a hands-on clinic with an intense focus on the development of proper techniques for hitting and pitching in particular, but fielding and catching will be taught as well. A better understanding of playing the game and the mental approach needed for success will be emphasized. June 4

Date: Time:

10 am - noon (Saturday) \$30 both classes: RH-10 & RH-11 Player and Parent

608 Pottawatomie Street Location:

> Scuba Diving classes are offered the AQUATICS section of the catalog.



# Personal Development

**1221 THURSTON** 

539-8763

### SHARP-Self Defense for

SP-01

SP-02

This is a nationally designed self defense program to specifically meet the needs of women. By empowering women to better protect themselves they gain confidence in social and professional environments. There will be discussions, demonstrations and practice dealing with a wide range of situations, for example: sexual harassment, date rape and violent assault. This class provides self defense techniques without the use of weapons or extensive martial arts training. Ages 13+

Diana Tarver, has been teaching Women's Self Defense classes for 10 years throughout Colorado and Kansas. She is a 3rd degree Black Belt in Tae Kwon Do and has taught police defensive tactics, but for this class she takes a very practical approach.

Date: Time: June 11

8 am - 12 noon (Saturday)

Fee: Location: \$15 First Luthern Church 930 Poyntz

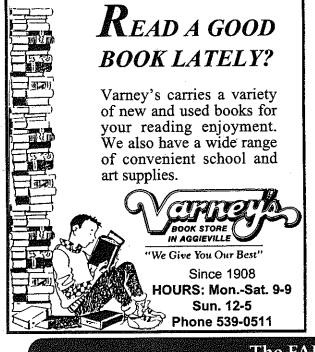
### Introduction to Zen **Buddhist Philosophy and Practice**

Zen Buddhist philosophy aims for enlightenment by direct intuition through meditation. Join us for discussion and practice of Zen meditation (Zazen) with a major focus on the soto tradition or "school." Other traditions will also be discussed. Please bring a cushion to sit on in

Leon Rappoport (532-6850), a professor with the KSU Psychology Department, and Al Potter, a medical technician in the veterinary school, have studied Zen for several years and are affiliated with the Minneapolis Zen Center and the Manhattan Zen Group.

Date: Time: Fee: Location: June 29, July 6 & 13 7:30 - 9 pm (Wednesday) UFM Conference Room

This catalog printed on recycled paper



### Chinese Tai Chi I

Tai Chi, known as Joy through Movement, is a popular Chinese tradition. The purpose of Tai Chi is to circulate the vital force and balance the Yin-Yang of this Intrinsic Energy. It is relaxing and energizing in a gentle manner. This class is designed for beginners. Students will learn basic movements through demonstration and practice. You'll like Tai Chi and enjoy practicing it.

Ping Wei (539-4147), is a graduate student in Biochemistry at KSU. He has studied and practiced Tai Chi for more then 10 years. He's been teaching Tai Chi at UFM since Fall 1992.

Date:

June 13 - July 27 No Class July 4

Time: Fee: Location:

- 8 pm (Mon & Wed) Seven Dolors Grade School Gym

306 S Juliette

### Tai Chi II

SP-04

This class is designed for those who already know Tai Chi and want to improve. Emphasis will be on improvement of their "24-movement" Tai Chi, in addition they will learn a new "48-movement" Tai Chi.

Ping Wei Date:

June 14 - July 28 - 8 pm (Tues & Thurs)

Time: Fee: Location:

\$45 Seven Dolors Grade School Gym

306 S Juliette

### SP-05 Metaphysics Discussion

This discussion group is meant for those beginning to explore, and for those that have been around the metaphysical block. A variety of topics will be included. The evenings will either begin or end with a group meditation. The group shall evolve according to its member's needs. The intention of the group will be to provide a fellowship and a learning experience for those on the path. New members are welcome to join the group at any time. Bring a mat or cushion to sit on.

Tracy Mahoney, facilitator

Date: Time: June 7 - August 16 8 - 9:30 pm (Tuesdays)

Location:

UFM Banquet Room

### **HEALTH & HARMONY PATHWAYS**

Release your stress and tension with one of our Complementary Therapies

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513 Leavenworth, Suite C Manhattan, Kansas

### **Parables of Jesus**

SP-06

Parables are stories that teach. Jesus used parables often in his teaching. We will explore one parable each week to discover what Jesus is teaching us. Weekly video from the Holy Land will add to the fun. Bring a bible.

Mrs. S.Beese hold a BA in education and a BS in Bible-Missions and is currently a seminary student working on a Masters in Christian Education.

June 30 - July 28 Date: Time: Fee:

10 - 11 am (Thursday) UFM Conference Room

### Parables of Jesus

SP-07

Mrs. S.Beese

Location:

June 30 - July 28 Date: Time: Fee:

8 - 9 pm (Thursday) \$14 UFM Conference Room

### **Discover Your Spiritual**

The Bible speaks of 19 special abilities God gives to his people. What are they? Why have these spiritual gifts been neglected over the centuries? Why does God give them? You will complete a questionnaire to discover what your own spiritual gifts are. This class will guide Christians to serve God more effectively and more

Mrs. S.Beese

joyfully.

Date: June 30 - July 28 9 - 10 am (Thursday) Time: UFM Conference room Location:

### **Discover Your Spiritual** Gifts

SP-09

Mrs. S.Beese

Location:

Date: June 30 - July 28 7 - 8 pm (Thursday) Time: Fee:

UFM Conference Room

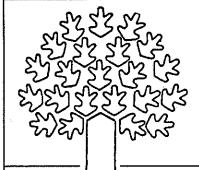
### ANSWERING MACHINE You can now leave a message or

receive current UFM information. between 5:00 pm and 8:30 am, by calling 539-8763.

How to Watch a Good Program Die Nothing kills a UFM class faster than participants who wait until the last minute to enroll. Classes will be canceled if there is a low enrollment.

PLEASE REGISTER EARLY!





# Youth

1221 THURSTON

539-8763

### SHARP for Teen Girls

This self defense class is adapted from a national program designed specifically for females and will be presented to meet the needs of maturing young women. Discussion and practice will center on awareness and prevention of social harassment and violent physical assault. All material is practiced in a non-threatening environment and focuses on practical techniques without the use of weapons or extensive martial arts. This class is designed for young women 13-18 years of age.

Mark Brown is an instructor for the Kansas State Tae Kwon Do Club and is a 2nd degree black belt. He has been in the instructor training program with the American Tae Kwon Do Association for 2 years. He also has experience in Hapkido and Tai Chi.

Date: Time: July 18 - 22

Fee:

12N - 1 pm (Monday - Friday) \$20

Location:

Manhattan Middle School (Transportation provided from summer

school)

### Introduction to Beginning **Ballet**

Do you dream of becoming a dancer? This very basic introduction to ballet can be that first step. Children ages 3-6 years will learn basics of dance movement and practice some simple ballet-type steps. The discipline of ballet transcends to other forms of dance including jazz, tap and modern dance.

Portia Sisco (537-7253), is 17 years old, and currently she is attending Manhattan High School. She has been dancing for 14 years and she is considering a career in

Date: Time: June 7,9,14,16,21 & 23

Fee: Location: 6:00 - 6:30 pm (Tues & Thurs)

\$16 UFM Fireplace Room

Fourteenth Annual National Rural Families Conference

### The Health and Well-Being of Our Families

September 21–23, 1994

K-State Union Kansas State University Manhattan, Kansas

A conference for professionals working with and helping families

University Credit and Continuing Education Units are available.

For more information call the KSU Division of Continuing Education at 1-800-432-8222.



### Introduction to Beginning **Ballet**

Ages: 6-12

Portia Sisco

Date: Time:

June 7,9,14,16,21,& 23

6:30 - 7:00 pm (Tues & Thurs)

Fee:

UFM Fireplace Room Location:

### Preschool Dance

**YO-10** 

YO-09

This is a fun pre-ballet class for children aged 3 to 5. The class meets once a week for 45 minutes.

LaShawna Harrison (539-3613), has been involved in dance for 14 years. She has two years experience as a teaching assistant and two years as a dance instructor.

Time:

June 7 - July 12 6 - 6:45 pm (Tuesday)

Fee: Location:

Manhattan Gymnastics Center

2305 SkyVue Lane

### Youth Dance

Beginning dancers will learn a combination of ballet and jazz dance while they improve their coordination and balance. The class will meet for 45 minutes once a week.

LaShawna Harrison

Date: Time: June 8 - July 13 5 - 5:45 pm (Wednesday) \$31

Fee:

Location:

Manhattan Gymnastics Center 2305 SkyVue Lane

### **Tumbling Tots**

This class is for children aged 3 to 5. It teaches strength, flexibility, and coordination in a fun atmosphere. The class meets once a week for 45 minutes.

Dan Brown (539-3613), has had 8 years of gymnastics coaching experience, is Safety certified by USA Gymnastics, and is a certified instructor of USA Gymnastics Professional Development Program.

Date: Time: June 7 - July 12 6 - 6:45 pm (Tuesday)

Fee: Location:

Manhattan Gymnastics Center

### 2305 SkyVue Lane **Beginning Tumbling**

YO-13

Children aged 6 years and up will learn basic tumbling skills in this class. The class meets once a week for 45 minutes.

Dan Brown

Date: Time: Fee:

June 8 - July 13 6 - 6:45 pm (Wednesday)

Location:

Manhattan Gymnastics Center 2305 SkyVue Lane

### Family Vision Care

DR. DOUGLAS STIGGE DR. NORBERT STIGGE Optometrists

(913) 539-6051

1202 Moro

Manhattan, Kansas 66502

### Petite Swan Lake Dancers

YO-19

A beginning ballet class for children 4-7 years old with no dance experience. Emphasis will be on beginning ballet technique while dancing to Swan Lake. Formal dance attire is not necessary.

Randi Dale has taught dance for over 28 years. Her dance choir toured the midwest and Europe in 1968. She is a certified teacher with a Masters degree in Education.

Date: Time:

June 8, 15 & 22

5:30 - 6 pm (Wednesday)

Fee: 2416 Rogers Blvd. Location:

### YO-20 Grand Swan Lake Dancers

This ballet class is geared for children 8 and up. Teens are welcome. Students will be placed in the appropriate level depending upon experience. Emphasis will be on classic ballet techniques while dancing to Swan Lake.

Randi Dale

Date: Time:

Fee:

Location:

June 8, 15, & 22

6 - 6:40 pm (Wednesday)

2416 Rogers Blvd

YO-15

### Return of the Video Game Wizards

Are you a video game guru or a wanna be? Do you have secret codes for some games and wish you had some for others? Now is your chance to do nothing else but talk about video games. Talk about your favorite games, what's hot and what's not. You can even bring your favorite cartridge or play what's on hand. NES, Super NES, Sega Genesis, Turbo-Graphx, Neo-Geo, Sega-CD, Game Gear, whatever. We'll also talk about new systems coming out, like 3DO and Jaguar. Sign up for just one or for all of classes. for all of classes.

Tom D Mahoney is a game player from way back. He is the former video game buyer for Blockbuster Video, Inc. He managed Software Etc., and is now the owner of Game Guy, a used video game store.

Date: Time: Fee:

Location:

June 29 7 - 8:30 pm (Wednesday)

\$5 initial \$3 each additional class

Game Guy 709 N 12th

YO-16 Return of the Video Game Wizards

Tom Mahoney

Date:

7 - 8:30 pm (Wednesday) Time: \$5 initial Fee:

\$3 each additional class 'Location:

Game Guy 709 N 12th

**YO-17** Return of the Video Game Wizards

Tom Mahoney

Date:

August 31 Time:

Fee: Location: 7 - 8:30 pm (Wednesday) \$5 initial \$3 each additional class

Game Guy 709 N 12th

# WESTSIDE

EASTSIDE SHOE DROP Dillon's

Super Store 776-9285

Customer

Service

7:00-10:00

Daily

MAIN STORE 315-B Poyntz

3 doors up the alley

**Burger King** 

776-1193

SHOE DROP Wash Palace in Candlewood 537-9833 Customer

Service 7am-11 pm Daily



### Tae Kwon Do for Guys

The class will provide an introduction to the world of Martial Arts. Basic Tae Kwon Do techniques and moves, as well as general self-defense procedures are taught in a safe, controlled manner. A special focus will be placed on the fun, enjoyment and exercise that Tae Kwon Do can provide. This class is designed for young men 13-18 years of age.

Mark Brown

Date: Time: Fee: Location: July 11 - 15 12N - 1 pm (Monday - Friday) \$20

Manhattan Middle School

(Transportation provided from summer school)

YO-03

YO-04

### Tae Kwon Do for Youth Preschool - 3rd grade

This class is designed to introduce young children ages 4-8 to the fun and excitement of Martial Arts while they begin learning the basics of hand-eye coordination, balance and self discipline. Beginning Tae Kwon Do self defense techniques will be taught in a safe, fun, and age appropriate atmosphere by an experienced instructor.

Mark Brown is an instructor for the Kansas State Tae Kwon Do Club and is a 2nd degree black belt. He has been in the instructor training program with the American Tae Kwon Do Association for 2 years. He also has experience in Hapkido and Tai Chi.

Time:

June 20 - 24 12N - 12:45 pm (Mon - Fri)

Location:

Manhattan Middle School (Transportation provided from summer school)

### Tae Kwon Do for Youth Preschool - 3rd grade

Mark Brown

Date: Time: Fee:

June 2I - July 8 7 - 7:45 pm (Tues. & Fri.) \$25

Senior Center, 412 Leavenworth Location:

### Family Tae Kwon Do

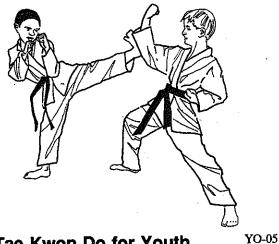
Come as a family and enjoy learning basic Tae Kwon Do while you improve your hand-eye coordination, balance and self discipline. Techniques from Tae Kwon Do are taught wih a focus on the enjoyment and exercise they give.

Mark Brown

Date: Time: Fee.

July 12 - 29 7 - 8 pm (Tues. & Fri) \$60 Family of three \$15 for each additional child

Senior Center, 412 Leavenworth Location:



### Tae Kwon Do for Youth 4th - 6th Grade

This class is designed to introduce children ages 9 - 13 to the fun and excitement of the Martial Arts while they improve their hand-eye coordination, balance and selfdiscipline. Basic Tae Kwon Do self defense techniques will be taught in a safe, fun and age appropriate atmosphere by an experienced Tae Kwon Do instructor.

Mark Brown is an instructor for the Kansas State Tae Kwon Do Club and is a 2nd degree black belt. He has been in the instructor training program with the American Tae Kwon Do Association for 2 years. He also has experience in Hapikido and Tai Chi.

Date: Time: June 27 - July 8 12N - 12:45 pm (Mon.,Wed.& Fri.)

Fee: Location:

\$20 Manhattan Middle School

(Transportation provided from summer

YO-06

### Tae Kwon Do for Youth 4th - 6th grade

Mark Brown

Date: Time: Fee:

Location:

June 21 - July 8 8 - 8:45 pm (Tues. & Fri.) Senior Center, 412 Leavenworth

For Adult Martial Arts. see MARTIAL ARTS SECTION of the catalog

### Children's Morning Playgroup

Join us for an ongoing support group for at-home parents. Pre-school age children will play while parents visit with other adults. Parents are responsible for their own children, so no separation is necessary. During nice weather we will meet outside, and during inclement weather we will meet in the homes of participants. These groups have been in existence for 17 years.

Val Hilbun (776-0832), is interested in getting children together for play as well as giving at-home parents an opportunity to share and interact.

Date: Time: June 9 - August 25 10 - 12 noon (Thursday)

Location:

Coordinator will contact with location

### Childrens Gardening

YO-14

Children, do you love digging in the soil? Put this interest to work and learn about planting a garden, soil preparation, weeding, harvesting, and garden maintenance throughout the growing season. Children (ages 5-12 years) will be assigned individual and group gardens. No registration necessary. Join us at the garden on Saturday mornings.

Dr. Richard Mattson, Coordinator

Date: Time: Location:

April - October 10 am - noon (Saturday) No Charge Manhattan Children's Garden 8th and Riley Lane



**RED CROSS LEARN TO SWIM** PROGRAM in the AQUATICS section of the catalog.

### **INCLEMENT WEATHER POLICY**

UFM courses held on campus follow the inclement weather policy of Kansas State University. Courses will be conducted unless all University courses are canceled. If the instructor informs his/her students personally that he or she will not be present at a given class meeting, the instructor is then responsible for arranging a make-up lesson. Weather sensitive courses will use the scheduled rain date. If a rain date is not scheduled, instructor will be responsible for rescheduling.

### **UFM CANCELLATION POLICY**

When we cancel or reschedule a class, you will be notified, therefore, it is extremely important that we have a daytime and an evening phone number where we may reach you or leave a message. We reserve the right to cancel any class.

### **REFUND POLICY**

We will give a full refund if a class is canceled by UFM. If a student decides to withdraw before the class begins, and gives 48 hours notice before the starting date, we will refund all but a \$2 processing fee. NO REFUND AFTER THE CLASS BEGINS.

### **REGISTRATION IS REQUIRED**

All participants must be registered before attending a his allows for adequate handouts and materials. A class may be canceled due to insufficient pre-registration.

### SPECIAL POLICIES FOR CREDIT **OPTIONAL CLASSES**

Credit Registration Refunds: After the second credit optional class meeting, but before onethird of the scheduled class sessions have met, fifty percent of the fee may be refunded if requested in writing. No refund is issued if it is requested after one-third of the class meetings have ended.

Credit Enrollment Fees: Courses taken for credit carry additional fees required for University administration of the credit program. A \$15.00 late fee will be charged for enrollments taken after the second class meeting. A \$35.00 late fee will be charged for enrollments taken after one-third of the class meetings. Additional student activity and health fees may be assessed for students enrolled in 6 or fewer KSU credit hours.

Withdrawals: A student may withdraw from a credit option class by written request prior to the completion of one-third of the scheduled class meetings without a grade being recorded on the student's transcript. If a student withdraws after one-third, but before two-thirds of the scheduled class meetings, a grade of W (withdrawn) will be issued. No withdrawals will be accepted after twothirds of the scheduled classes have been completed.

### LIABILITY STATEMENT

Individual participants should be aware of the risks and hazards involved in recreational sports and fitness activities. They should voluntarily elect to utilize KSU and UFM facilities and participate in programs recognizing present conditions and further agree to voluntarily assume all is full. Feel free to call us to inquire about our receipt of risks of loss, damage, or injury that may be sustained

while using KSU or UFM facilities or participating in pro-

KSU Continuing Education/UFM assumes no responsibility for costs involved with individual injury or property loss incurred in connection with the use of University or UFM facilities. Individuals are reminded that they should review their own personal circumstances to determine if they have adequate insurance or protection in case of injury resulting from the use of University facilities or participation in programs. It is recommended that all participants have a complete physical before engaging in any physical recreation program.

### COMMUNITY REGISTRATIONS

For your convenience the following dates and locations have been scheduled for on-site registrations.

TIME LOCATION DATE May 19, TH 4 pm - 6 pm East Dillons May 24, T., 4 pm. 6 pm. Public Library June 6, M 10 am - 2-pm KSU Union Registration continues throughout the semester:

UFM House 1221 Thurston 8:30 am- 5 pm closed 12 Noon - 1 pm MAILED REGISTRATION

Mailing your class registration? Class confirmations will not be sent unless otherwise requested. Consider yourself registered unless you near from us that the your registration.

THANK YOU ADVERTISERS for your loyal support

# REGISTRATION INFORMATION 3 WAYS TO REGISTER



### Registration by Mail

Complete the registration form and mail the form with your check, money order, or credit card number to:

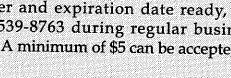
> **UFM Class Registrations** 1221 Thurston

Manhattan, Kansas 66502-5299 You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.



### Registration by Phone

With your VISA, Discover or MasterCard Stop by the UFM House, 1221 Thurston number and expiration date ready, call (913) 539-8763 during regular business hours. A minimum of \$5 can be accepted.





### **Registration in Person**

HOURS: 8:30 am - 12 Noon

1:00 pm - 5:00 pm Monday through Friday

Scholarships for youth classes are available. Call UFM, 539-8763.









FOR YOU...

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