



Sp88

**Looking for something special this spring?
Check out these classes & activities...**

- | | | |
|------------------|-----------------|------------------|
| Art Series | Chinese | Camping Cookery |
| Hot Air Balloons | Voice | Acrylic Painting |
| Canoe Racing | Wine Tasting | Konza Prairie |
| Sri Lanka | Oil Painting | Broken Rainbow |
| Date with Data | Photography | Assertion Skills |
| History Series | Paper Airplanes | Landscaping |

REGISTER NOW

U F M

SPRING 1988

FREE CATALOG

Classes begin February 2, 1988

Dear Friends:

One of the exciting things about being appointed interim director of UFM is the opportunity to meet many of the people who have been part of the impressive 20 year history of UFM. I am continually learning from others how UFM has made it possible for people to get together to learn from each other and to work together to make a difference in the community and world.

During the next several months, the staff and I will be working with the UFM Board of Directors to take a good look at UFM. You are important in that process. UFM would not exist without your participation. Your feedback and suggestions are especially important to us now as we look to the next 20 years.

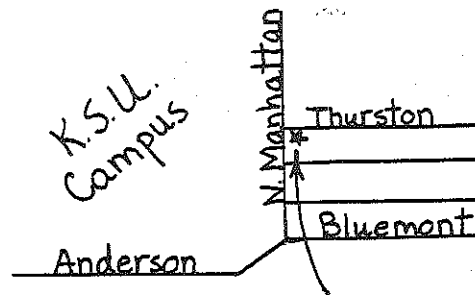
What are your thoughts and suggestions? What has been important to you about UFM in the past? What would you like UFM to be in the future?

I would like to share your thoughts with the Board of Directors. Please jot down your ideas on the small questionnaire and/or join us for a brainstorming session at one of the times listed below.

As a small way of saying "thanks" for your effort, UFM will send you a two-for-one class coupon.

Sincerely,

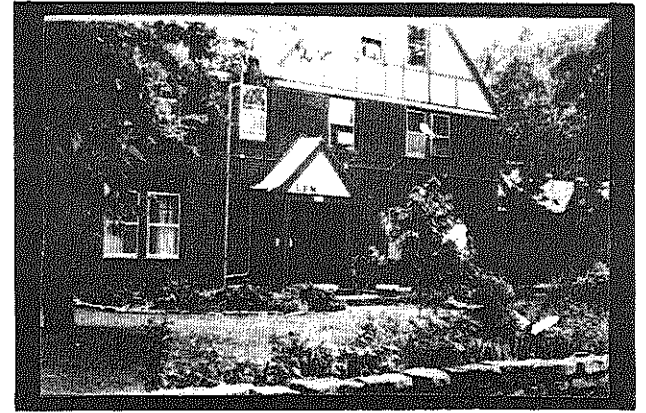
Richard Friesen
Richard Friesen



539-8763

1221 Thurston

UFM is located on the east side of campus.



SEE BACK FOR REGISTRATION DETAILS

Your ideas are IMPORTANT to UFM. Please jot down your thoughts below or on a separate piece of paper and send it to UFM, 1221 Thurston, Manhattan, KS 66502. Or better yet, bring it by in person.

UFM is

UFM should

2

Class locations will be noted on your receipt.

I plan to participate in one of the following brainstorming sessions at UFM to look at ideas for classes and other new program directions for the future:

_____ Sunday, February 7, 2-4pm

_____ Monday, February 8, 7-9pm

_____ Monday, February 15, 10am-12noon

_____ I would like to participate in a brainstorming session, but am unable to attend on any of the above dates. (You will be contacted.)

Name: _____

Address: _____

Phone: _____

As a small way of saying "thanks" UFM will send each person who sends a response, or participates in a brainstorming session, a two for one class coupon. (Second [free] class is limited to any class without a maximum limit.)



STARTING YOUR OWN BUSINESS C-11
 Bernie Butler, Bill Edison 537-1234

Do you dream of being your own boss? Are you really ready to start your own business? Lots of people think so. In fact, thousands of new businesses are started every year, and most of them fail within the first year. The problem is that most folks don't stop to consider what is involved before they get started. Learn the strategies and plans for a successful business, employee/employer relations, customer/owner relations, and community relations. We will also discuss how to finance your new business through loans or other capital. Time will be allowed for questions.

Tuesday, March 29, 7pm
 Class Fee: \$5, pay at registration
 Materials Fee: \$10 for book (optional)
 Limits: Min. 6 / Max. None

BUYING A NEW OR USED CAR C-8
 Jim Gaidos 776-4004

Buying a car is a major investment and should be an enjoyable experience. However, many people feel they have little or no control over the process and are at the mercy of the salesperson. Knowing about financing, rebates, warranties, and what questions to ask before you even start looking for a car will assist you in making the right choice in an increasingly competitive and complex market. Everyone is welcome, male and female. Two books will be available at no charge: Car and Truck Buying Made Easy and Financing Matters. Whether you are buying your first or your twenty-first car, you can benefit from this class. (Jim has twelve years automotive experience as a salesperson, finance manager, and a new and used car sales manager.)

Tuesday, February 9, 7pm
 Class Fee: \$3, pay at registration
 Materials Fee: None
 Limits: Min. 6 / Max. None

THE ENVIRONMENT and YOU E-16
 Bill Fateley 532-6298

We read and hear many discussions on the effects of air and water pollution upon our nation and the world, but how do those issues relate to Kansas? We will discuss the affect of pollution on our local environment, including such questions as: Is our water safe from chemicals? What is in the atmosphere that might affect us? What is the 'Greenhouse effect' and why is that of concern to us locally?

Monday, March 14, 7pm
 Location: UFM, 1221 Thurston
 Fee: \$2, pay at door
 Materials Fee: None
 Limits: Min. 6 / Max. 40

BOOK SHOP

Books Magazines
 Pipes & Tobacco

Village Plaza Shopping Center
 537-8025

If you need it, we'll try to get it for you.

Class locations will be noted on your receipt.

This & That

BEGINNING GENEALOGY C-9
 J. Harvey Littrell 539-2646

Where are the roots of your family tree? Do you know anything about your ancestors before your grandparents were born? Learn the tricks of the trade as we find out where and how to research the elusive past. This class is for beginners who want the basic knowledge needed to make a genealogical study of their families. We will go beyond just names and dates. Bring the names and dates of ancestors you already possess. (Harvey is a retired KSU professor. He is currently the editor of the Riley County Genealogical Society quarterly, Kansas Kin.)

Mon & Tues, February 8 & 9, 7-9pm
 (meets 2 times)
 Class Fee: \$5, pay at registration
 Materials Fee: \$1, pay at first class
 Limits: Min. 5 / Max. 12

ADVANCED GENEALOGY C-10
 J. Harvey Littrell 539-2646

This class is designed for students who have had Beginning Genealogy or who have had practical experience. We will be concerned with sources for differing kinds of information, special techniques for making genealogical decisions, and organizing and publishing your genealogical data. (Harvey is a retired KSU professor. He is currently editor of the Riley County Genealogical Society quarterly, Kansas Kin.)

Mon & Tues, February 15 & 16, 7-9pm
 (meets 2 times)
 Class Fee: \$5, pay at registration.
 Materials Fee: \$1, pay at first class
 Limits: Min. 5 / Max. 15

TEAM BUILDING C-15
 Joe Younger 532-6277

Human beings have engaged in team building since the beginning of time. As a result, most people possess a fairly effective, common-sense understanding of how to create a climate in which persons come to work well with each other. Yet, the fact is that many often ignore the common-sense, basic methods for team building. This videotape/narrative presentation, in omnibus-style format, looks at the various components of working together. (Joe is the Manager of Staff Training and Development at Kansas State University).

Thursday, February 18, 7-8:30pm
 Class Fee: \$5, pay at registration
 Materials Fee: None
 Limits: Min. 8 / Max. 16

RESUME PREPARATION C-12
 Bruce Laughlin 532-6506

We will cover the fundamentals of resume development for both the experienced and inexperienced, the novice and the career changer, and the college and lesser educated job seekers. We will also discuss how to identify and express career objectives, and how to present skills information meaningful to employers in various formats and content. (Bruce has been placement director at K-State since 1966. Bruce has degrees in personnel management, education administration, and law. He has received personnel training and experience in the Navy; has taught business subjects; and has had both blue and white collar experience with major corporations.)

Monday, Feb 8, 7-9pm
 Class Fee: \$5, pay at registration
 Materials Fee: None
 Limits: Min. 6 / Max. 12

PROOFREADING C-13
 Kay Burger

Students! typists! - proofing what you have written is important. Handing your professor or boss a perfectly typed paper or letter can make a great deal of difference. If proofreading your work is a hassle, perhaps you should join this class. We will cover proofreading marks, type styles, sizes and leadings, hyphenation, line breaks, and other tips for making proofing easier. (Kay has been a proofreader for the K-State Printing Service since March, 1986. Reading is also one of her hobbies.)

Monday, February 22, 7-9pm
 Class Fee: \$5, pay at registration
 Materials Fee: \$.50, pay at class
 Limits: Min. 6 / Max. 10

PUBLISHING YOUR OWN BROCHURE C-14
 Stephen Hoffman

A brochure should make you want to pick it up and read it. How can you make sure your message has a chance of being noticed among the hundreds of messages the public is bombarded with (in print and otherwise) every day? This class will cover the basics--design and layout (though it is not an art class), how to get by without an artist, and how to work with printers. Bring your own projects for individual attention. (Stephen is an editor for Kansas Farm Bureau.)

Saturday, April 9, 10am
 Class Fee: \$4, pay at registration
 Materials Fee: None
 Limits: Min. 10 / Max. 25

The Wall Street Connection

THE STOCK MARKET CRASH OF 1987 C-1

Greg Barron

776-1066

The crash of October 19, 1987 can be seen as either a crisis or an opportunity. We will look at what happened and where we go from here. Options used to hedge portfolios, increase income in stocks held, or speculate on price swings will be discussed in-depth. If you have questions about your own holdings or need investment ideas -- come join us.
(Greg has a masters degree in economics and is an investment advisor for Stifel Nicolaus & Co.).

Wednesday, February 10 & 17, 7-8:30pm
(meets 2 times)

Class Fee: \$6, pay at registration
Materials Fee: None
Limits: Min. 5 / Max. None

MONEY MANAGEMENT WORKSHOP

C-3

Fred Freeby

537-4505

The time has gone when providing for tomorrow's needs meant simply working hard and putting a little bit away each month. Taxes, inflation, interest rates, and confusion about savings and investment options require closer attention be given to planning how you manage your financial resources. Exploring the options and planning for the future is a step in the right direction. This workshop is designed to provide you with the basics on where, when, and how to get started. Among the subjects to be covered will be setting financial goals, tax strategies, retirement planning, mutual fund investments, dollar cost averaging, insurance planning, and alternatives to C.D.'s.

Sect. I: Tuesday, Feb.23, 7:30-9pm
Sect.II: Tuesday, Mar.15, 7:30-9pm
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

Getting Into Family

YOUR WEDDING - ENJOY!

C-27

Christie Irish

776-7387

From the most lavish wedding to an informal ceremony, your wedding must be organized. We will go step-by-step through a six-month calendar and will also discuss tuxedos, invitations, accessories, as well as expenses. A mini-fashion show will reveal the newest styles in bridal gowns, headpieces and bridesmaid gowns.
(Christie has worked in the bridal industry for six years doing wedding planning and consulting.)

Wednesday, February 17, 7-9pm
Class Fee: \$4, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 10 / Max. 25

Save-A-Life

CPR FOR ADULTS

C-30

Red Cross Instructors

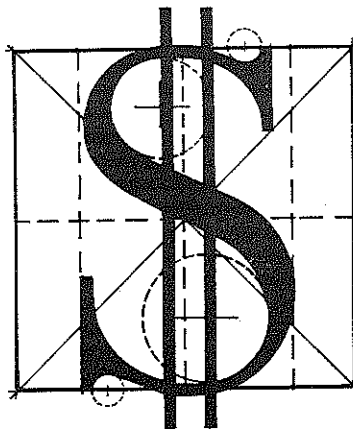
537-2180

This is the "top of the line" Red Cross CPR training. Learn one-person CPR and choking. LEARN VALUABLE LIFE SAVING SKILLS -- you never know when you may have to use them.

Tues. & Thurs, May 10 & 12, 6-10pm
(meets 2 times)
Class Fee: \$2, Pay at registration
Materials Fee: \$12, pay at first class
Limits: Min. 6 / Max. 12

4

Class locations will be noted on your receipt.



BASICS OF INVESTING

C-4

Rene J. Radil

537-4505

This is a three-part workshop to help individuals learn how to become financially independent. This workshop will start with the basic concepts of when and how to start an accumulation program. The topics to be covered are risk management, cash reserves, and income and growth investments. We will study how personal preferences and attitudes, as well as inflation and taxes, have an impact on investments. At the conclusion of this workshop each participant will have their own personalized, completed financial plan.
(Rene is a Registered Representative of Waddell & Reed, one of the largest financial and planning organizations in the United States with over \$7 billion under management.)

Tuesdays, March 8, 15 & 22, 7:30-9pm.
(meets 3 times)

Class Fee: \$6, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 15

THURSDAY MORNING PLAY GROUP

C-28

Diana Hatch

776-9921

This is an ongoing "Support Group" for at-home mothers and their pre-school age children. A "Mother's Morning In" with children playing and moms visiting with other adults. Mothers are responsible for their own children, no separation necessary. During nice weather we will be meeting outside and during colder months we will be meeting in homes of participants. This group has been in existence for about ten years.

Register and you will be contacted for first meeting.
Class Fee: \$2, pay at registration
Materials Fee: None
Limits: Min. None / Max. None

MULTIMEDIA FIRST AID

C-29

Red Cross Instructors

537-2180

Learn the basic facts of first aid, the skills and information needed in daily life, as well as those critical to saving lives and minimizing injuries. General first aid and accident prevention are stressed. You will learn how to restore breathing, care for fractures, and how to treat poison, shock, and burn victims. You pace yourself through a separate workbook for each topic. When you are ready, you will be individually evaluated by a Red Cross instructor. You will earn a Standard First Aid Certificate.

Tuesday & Thursday, April 19 & 21, 6-10pm
(meets 2 times)
Class Fee: \$2, pay at registration
Materials Fee: \$12, pay at first class
Limits: Min. 6 / Max. 12

FOR WOMEN ONLY -- MONEY MANAGEMENT

C-2

Rene J. Radil

537-4505

More and more women are or will be in a position of taking an active role in their family finances, either through their career, a divorce, or loss of their spouse. Therefore, it is essential that women understand the importance and the basics of money management. Through discussion and slides, we will learn about investments, insurance, retirement programs, and wills.
(Rene is a Registered Representative of Waddell & Reed.)

Sect. I: Saturday, Feb.27, 9:30-11:30am
Sect.II: Saturday, May 7, 9:30-11:30am
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

TAX REFORM: 1987 - A YEAR OF TRANSITION

C-5

James Gordon

537-0190

In this class we will discuss the 1986 Tax Reform Act and how it affects your 1987 tax return. Topics to be covered will include itemized deductions, filing status, exemptions, and business expenses. A question and answer period will follow the presentation.
(Jim, a certified public accountant, prepares tax returns on a daily basis, and is a frequent speaker on taxes and tax planning.)

Tuesday, February 9, 7pm
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. None

Boot-Up Time

A DATE WITH DATA

C-6

(INTRODUCTION TO MICRO-COMPUTERS)

Mathew Doe

537-4522

This class is designed for those who know little or nothing about computers. Through lecture, demonstration, and some hands-on experience, you will find out what computers are capable of, and what all those strange words mean. But beware, computers can be addictive. There will be three parts to this class:

1. What is a computer and what are its parts?
2. Computer operation. An introduction to DOS* commands.
3. Advanced DOS* commands.

* Disk Operating System
(Mathew has five years experience as an independent software developer for IBM and Apple computers.)

Thurs/Tues/Thurs, March 24-31, 7pm
(meets 3 times)

Class Fee: \$6, pay at registration
Materials Fee: \$2, pay at first class
Limits: Min. 6 / Max. 30

INTRODUCTION TO DBASE

C-7

Mathew Doe

537-4522

This course is designed to introduce you to DBase III plus. If you already have a computer, or are thinking of buying one, you owe it to yourself to find out about DBase capabilities. This course will be in three segments:

1. Data Base recipe. Learn what DBase is, its uses, and its parts.
2. Learn to use the assistant. How to create databases, formats, indexes, and views using the DBase III plus assistant.
3. How to make a DBase program and about compilers for faster execution.

(Mathew has five years experience as a software developer for IBM and Apple computers.)

Tues/Thurs/Tues, April 12-19, 7pm
(meets 3 times)

Class Fee: \$6, pay at registration
Materials Fee: \$2, pay at first class
Limits: Min. 6 / Max. 30

Constructive Advice

BUILDING YOUR OWN HOUSE

C-16

Dean Denner

776-5589

Dean will share his experiences of designing and constructing his own home. He will talk about planning, the construction process, framing, wiring, plumbing, selecting materials, and the labor and materials cost per task. You will also be given a tour of his house. Several homebuilders may be on hand to share their experiences also.
(Dean has designed and built his own passive solar house.)

Monday, February 8, 7pm
Class Fee: \$4/person, \$6/couple
Pay at registration
Materials Fee: None
Limits: Min. 1 / Max. 25

SUNROOMS

C-19

Dean Denner
Bill Dorsett

776-5589
539-1956

Does your family want additional space for family activities or a place where you could grow plants or food in winter? Maybe a solar sunroom or greenhouse which utilizes supplemental solar heat can fill these needs. Numerous examples will be used to explain the different designs possible to meet the individual as well as energy needs.
(Bill and Dean have been designing and building solar collector systems and sunrooms in Manhattan for the past eight years.)

Tuesday, February 9, 7pm
Class Fee: \$4/person, \$6/couple
Pay at registration
Materials Fee: None
Limits: Min. 1 / Max. 25

RETRIEVING THE PAST

J.C. OPERA HOUSE STUDY GROUP

C-21

John LaShelle

1-238-2887

Junction City's Opera House has community significance because of its prominent place in the heart of downtown, unique structural beauty, and varied uses since it was built in 1898. We will focus on its present status as a public building and the role of city agencies and the community in preserving and restoring it for the benefit of all.
(John has a life-long interest in historic buildings and their restoration, and has worked as a museum curator and historical consultant.)

Tuesdays, Begins March 1, 6pm
(Ongoing)
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. None / Max. None

PHOTOVOLTAICS

C-17

Bill Dorsett

539-1956

Usually overlooked in the search for new energy, these space technology chips have no moving parts, consume no fuel, produce no pollution, and can be fashioned from the second most abundant element in the earth's crust. Plan to be your own utility in 1988.
(Bill has researched P/V's for 2 years as an alternative to nuclear power.)

Tuesday, February 16, 7pm
Class Fee: \$4/person, \$6/couple
Pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

SOLAR SPACE HEATING COLLECTOR

C-18

Bill Dorsett
Dean Denner

539-1956
776-5589

Do you want to decrease utility bills and use a renewable energy resource? Maybe a solar space-heating air collector is your answer. Discussion will cover design, construction, and operation using site-built collectors.
(Bill and Dean have been designing and building solar collector systems in Manhattan for the past eight years.)

Thursday, February 11, 7pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 1 / Max. 25

PROGRAMMING YOUR NEW CHURCH FACILITY

C-20

Gene Ernst

532-5953

The first session centers on self-examination and Church needs, committees to investigate needs and future growth, if your regional-national office can help you, where and when your architect should have input, looking at similar Church facilities, and drafting the PROGRAM FOR CHURCH DEVELOPMENT.
The second session examines "the chicken or the egg" (i.e. what to do first), developing a "critical path", what goes into the PROGRAM, what professional architectural consultation costs, how to accommodate your theology into the worship space and come away with a spiritual experience, what happens after the PROGRAM, and phased development. Handouts will be provided.
(Gene is a Professor of Architecture at KSU and a local practicing architect with 35 years of experience in planning architectural projects. He will conduct this discussion so that church building committees, pastors, clergy, laymen, and other interested members can obtain insights into how an architect might help get your Church expansion off dead-center and on toward your improved House of God.)

Tuesdays, February 9 & 16, 7-9pm
(meets 2 times)
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. None / Max. None

International Journeys

NORTH AMERICAN INDIANS

C-23

Darrel G. Wilson

This class will provide a basic understanding of the American Indian. Prehistoric to historic time period will be studied, as well as the similarities and differences between cultures.
(Darrel has been interested in the American Indian for over 30 years and has studied their culture both formally and informally.)

Wednesday, March 9, 16, & 23, 7-8pm
(meets 3 times)
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 5 / Max. 12

HISTORIC BATTLES

C-22

Major changes in nations are often brought about by battles. This series, through lecture, slides, and discussion, will bring alive four of the turning points in our nation's history.

SECTION I -- GETTYSBURG

Thomas Kirker

Find out how Robert E. Lee's Army of North Virginia was stopped by the Army of the Potomac at Gettysburg, Pennsylvania in July, 1863.

SECTION II -- BATTLE OF THE LITTLE BIG HORN

Joyce Thierer

On a treeless Montana ridge, June 25, 1876, Custer and five of his companies met a large Sioux and Cheyenne warrior force for control of the Northern Plains land base. Myths and realities shroud this clash of cultures in the Battle of the Greasy Grass.

SECTION III -- MIDWAY

Thomas Van Sandt

From June 4 to June 6, 1942, the most significant naval action of WWII was fought off the coast of the tiny atoll of Midway. The battle pitted a small American fleet of three aircraft carriers and an odd number of auxiliary units against a huge Japanese armada. Through brilliant intelligence, skillful leadership, and luck, the outnumbered US Navy decisively defeated the Japanese for the first time.

SECTION IV -- MUESSE ARGONNE

Jim Victory

A brief review of how America prepared for and participated in the final Allied Offensive of World War I.

This series will be taught by four KSU graduate students: three specializing in military history, and one in Western history.

SECT. I: Thursday, Feb 4, 7pm
SECT. II: Thursday, Feb 25, 7pm
SECT. III: Monday, March 7, 7pm
SECT. IV: Monday, March 21, 7pm
Class Fee: \$3/Section or \$10 for all four
Pay class fee at registration
Materials Fee: None
Limits: Min. 6 / Max. None

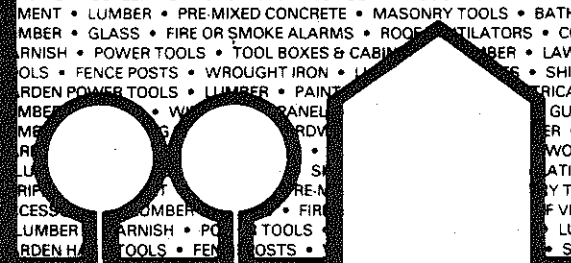
★ FOR FURTHER HISTORY CLASSES
SEE PAGE 7

Continued...

Class locations will be
noted on your receipt.

5

NO TOOLS • FENCE POSTS • WROUGHT IRON • LUMBER • SPINDLES
GARDEN POWER TOOLS • LUMBER • PAINT • HAND TOOLS • ELECTRICAL
DOORS • WINDOWS • PANELING • LUMBER • SIDING • GUTTERS • M
LUMBER SUPPLIES • HARDWARE • FASTNERS • LUMBER • SHELVE
CORATOR PRODUCTS • LUMBER • CABINETS • PLYWOOD • PAINTING
NCING • SCREENING • SHUTTERS • LUMBER • INSULATION • WEATH
MENT • LUMBER • PRE-MIXED CONCRETE • MASONRY TOOLS • BATH
MBER • GLASS • FIRE OR SMOKE ALARMS • ROOF VENTILATORS • CO
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Kansas Lumber Company
HOMESTORE
776-4811 Seth Childs Road



Seniors' Service Center

412 Leavenworth*****Phone: 537-4040

CLASSES - MEALS
SUPPORT GROUPS - H.E.L.P.
INFORMATION & REFERRAL
NEW FRIENDS

JOIN US MONDAY thru FRIDAY, 9 a.m. to 5 p.m.

International Journeys (Continued)

SRI LANKA: A LOOK AT HER CULTURE

Amanda Robinson C-24
776-3648

Sri Lanka is a nation that has been torn by ethnic violence, especially in the last five years. Examination of the country's culture is interesting because of its diversity. This class will look at the geography, economy, and politics of the society, while allowing time for informal discussion. (Amanda spent one year in Sri Lanka as an exchange student. She has also written a distinction paper on the ethnic conflict of this nation.)

Tuesdays, Feb 9 and 16, 7:30-9:30 pm
(meets 2 times)
Class Fee: \$4, pay at registration
Materials fee: None
Limits: Min. 4 / Max. None

★ IF YOU WANT TO LEARN ABOUT CHINA'S CULTURE, SEE PG 10

TRAVELING INEXPENSIVELY HOW WE DO IT

Felix and Uteva Powers C-25
539-8416

Traveling is a dream for many people, but we have turned it into a reality and have found ways to take trips without breaking the bank. We will talk about trips we have taken in our trailer and pick-up, how we save money on food, find cheap or free places to park, and other 'secrets' for inexpensive vacations. Felix and Uteva were on the road from January to December 1982 at an average cost of \$25.82 per day. Last summer, a fifteen week trip to Alaska averaged \$36.16 per day, including 12,000 miles by road, cruising the Inside Passage, and a trip to Queen Charlotte Islands. Imagination, creativity, and sharing experiences with others may turn your dreams into a reality.

Friday, April 15, 7-9pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. None

LAUNCHING A NEW ERA GLOBAL SATELITE TELECONFERENCE

Edith Stunkel C-26

The End of Hunger: A New Era, an opening for action and power, transforming the possibility into an opportunity. On November 14, 1987, 42,000 people throughout the world participated in the Global Sateelite Teleconference. We now have the complete, unedited videotape of this event. This will be a powerful and moving experience. This video addresses the technology needed for solving major chronic issues in communities and societies throughout the world. This is not just about solving the horrendous problem of world hunger: these technologies and strategies can be used for any of the major problems facing the world today.

Monday, March 21, 6:30pm
Location: UFM Fireplace Room,
1221 Thurston
Fee: \$2, pay at door
Materials Fee: None
Limits: Min. 4 / Max. 60



From the Stars to the Earth

BEGINNING ASTRONOMY

E-1

Larry Paris 537-3221

Ever wonder about the universe? What is a galaxy? Where are we? How can I learn the constellations? Come spend an evening learning about the universe and the constellations. Please bring a small flashlight. (Larry has taught this class several times and always enjoys it!)

Thursday, February 18, 7pm
Class Fee: \$5, pay at registration
Materials Fee: \$.50, pay at class
Limits: Min. 4 / Max. None

PRAIRIE WILDFLOWERS

E-7

Gene Towne 539-0353

This area of Kansas has many wildflowers. We will take a short hike through the prairie and learn the identifying characteristics and some interesting tidbit information about our local wildflowers.

Saturday, May 7, 10am-noon
(Rain date May 14)
Class Fee: \$1, pay at registration
Materials Fee: None
Limits: Min. 10 / Max. None

KONZA PRAIRIE TRAIL

E-3

Dave Sampson

Konza has a new hiking trail! Now you can follow the ridge south of town from Kings Creek to Shane Creek. You can follow the prairie succession from Gallery Forest into prairie uplands. We will stop along the way to see and feel how the prairie was, what it is today, and how it may be in the future. The hike is approximately 2.5 miles. A 30 minute slide show will also be presented. (Dave is foreman of the Konza Prairie.)

Saturday, May 7, 9am-noon
Class Fee: \$4, pay at registration
(Children under 13, may accompany parents free of charge.)
Materials Fee: None
Limits: Min. 6 / Max. None

GET TO KNOW MILFORD LAKE

E-4

Gregory Wurst

Let an experienced ranger show you Milford's popular fishing holes, camp sites and attractions, including the new fish hatchery. The tour will be adapted to meet the interests of the participants. (Greg has been a ranger at Milford for ten years and knows the lake inside and out.)

Sunday, May 22, 12:30-4:30pm
Class Fee: \$3, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 3 / Max. 5

GLACIAL REGION FIELD TRIP

E-2

F. C. Lanning 537-7599

How do we know that glaciers visited Kansas? By the rocks from Minnesota they left behind! We will visit northern Pottawatomie County to collect glacial materials: agate, jasper, quartz, quartzite, petrified wood and others, some of which may be of gem quality. Bring a sack lunch, drink and a container for rocks, so you can be a rockhound for the day. (Dr. Lanning is a long-time member of the Manhattan Mineral, Gem and Fossil Club which is sponsoring this class.)

Saturday, April 9, 9am-1pm
(Rain Date: Sat. April 23)
Class Fee: \$3, pay at registration
(Children under 13, may accompany parents free of charge.)
Materials Fee: None
Limits: Min. 4 / Max. None

KANSAS LANDSCAPE ARBORETUM FIELD TRIP

E-5

Gregory Wurst

The Kansas Landscape Arboretum near Wakefield is a wonderful place to hike, picnic, fish, enjoy nature, study trees and shrubs, see antique farm equipment, and much more. Sign up early for this trip, it will fill up quickly. (Greg is a lifetime member of the arboretum and a ranger for the Milford Lake Corps of Engineers.)

Sunday, May 22, 8am-noon
Class Fee: \$3, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 3 / Max. 5

NATURE TRAIL WALK

E-6

Tim Rues 784-5535

Do you enjoy exploring native Kansas woodlands, but hate fighting dense undergrowth? If you do, then come and enjoy a guided tour along the newly established Kaw Valley River Nature and History Trail. Over 50 native plants are identified on this mile-long cleared trail located in the Kansas River bottoms behind the old historic First Territorial Capitol building. After the walk a guided tour of the museum will be given. (Tim has been the curator of the First Territorial Capitol for the past two years. He has an interest in Kansas history as well as in its native plants.)

Saturday, April 30, 10am-1pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 10

6

Class locations will be noted on your receipt.

Survival

GRANDCHILDREN OF THE PIONEERS E-15

Owen Jones 537-7976
Do you remember the stories your grandparents told you about the early days of Kansas. If you remember the "dirty thirties" and the Second World War, this class is for you. The first twenty years of Kansas will be covered during the first evening to set the stage for shared memories on family history during the second evening. The following week we will first discuss farming in the 1920's and 1930's, and then during the last class we will again share memories, this time about World Wars I and II and the dust storms of the 1930's.
(Owen is a history enthusiast who was born in a stone house in 1912. He says "it is time to get my act together and to share local history with other grandchildren of the midwestern pioneers.")

Tuesdays and Thursdays, March 1-10,
7:30-9pm (Meets four times)
Class Fee: \$3, pay at registration
Materials Fee: \$1, pay at first class
Limits: Min. 5 / Max. 15

★OTHER HISTORY CLASSES CAN
BE FOUND ON PAGE 5

THE ENVIRONMENT and YOU E-16

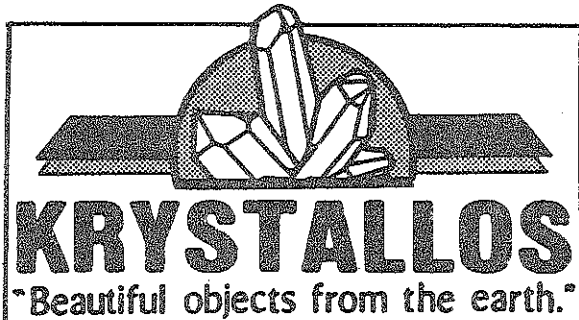
Bill Fateley 532-6298
We read and hear many discussions on the effects of air and water pollution upon our nation and the world, but how do those issues relate to Kansas? We will discuss the affect of pollution on our local environment, including such questions as: Is our water safe from chemicals? What is in the atmosphere that might affect us? What is the 'Greenhouse effect' and why is that of concern to us locally?

Monday, March 14, 7pm
Location: UFM, 1221 Thurston
Fee: \$2, pay at door
Materials Fee: None
Limits: Min. 6 / Max. 40

SURVIVAL SKILLS E-17

Art Clack 539-4121
Confidence born of knowledge will help you survive whether you are broke in the big city, hurt and alone in your home, stranded beside the road, lost on vacation, or separated from your unit in the field. Whether you are 13 or 63, having survival skills can be a vital tool. Skills taught on request include matchless fires, foraging, tool making, pottery, tanning, orienteering, shelter making, cooking, first aid, rope making, knot tying, and telling time. Just to make this really fun, we will camp out overnight.
(Art is a veteran of South East Asia and Boulder Outdoor Survival School, and has spent 8 summers as a camp counselor.)

Saturday/Sunday, May 28 & 29
10am Sat - Noon Sun
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 10



1124 MORO

AGGIEVILLE

Playing in the Dirt

HOUSEPLANTS

E-10

Sue Reynolds

How green is your thumb? Do your plants look full of life and vitality, or do they have a tendency to droop or even die? Maybe the color of your thumb is not as important as knowledge. In this class we will cover topics involved in houseplant selection, care, and maintenance, with emphasis on green foliage plants. We will be playing in the soil, so dress appropriately.
(Sue is a senior in Horticulture at KSU and has worked extensively with houseplants, interior landscape companies, and has led workshops on houseplants.)

Sect. I: Saturday, Mar. 5, 9-11am
Sect. II: Saturday, Mar. 26, 9-11am
Class Fee: \$4/Section, pay at registration
Materials Fee: \$5, pay at class
Limits: Min. 4 / Max. 10

* DID YOU KNOW.... *
* 127 people gardened in the *
* Manhattan Community Gardens *
* in 1987? *

Free as a...

GEARY COUNTY BIRDS

E-12

Ted Cable

539-6119

The Junction City/Milford Reservoir area of Geary County harbors bird species each year that are rarely seen around Manhattan. We will be looking for rarities, but we will also pause to observe the more common species. Bring your binoculars and some munchies for the trail. This class is for beginners and experts alike.
(Ted is one of the top birders in the Manhattan area.)

Saturday, February 6, 8am-1pm
Class Fee: \$3, pay at registration
(Children under 13, may accompany parents free of charge.)
Materials Fee: None
Limits: Min. 4 / Max. None

PET BIRD HEALTH

E-13

Terry Campbell, DVM, PhD,

532-5690

We will discuss the common diseases and health problems associated with the common species of pet birds. The discussion will include: recognizing signs of illness, disease prevention, consideration for the purchase of a new bird, daily care, and diseases transmissible to bird owners. Case examples will be presented.

Thursday, March 10, 7-9pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. None

RAPTOR REHABILITATION

E-14

Terry W. Campbell, DVM, Ph.D

532-5690

Eagles, hawks, owls and falcons are raptors. Find out about how these birds are cared for when they are sick or injured. The raptor rehabilitation program at the KSU Veterinary School cares for approximately 200 raptors each year. Free flying birds for exercise or short-term convalescence using a creance will be demonstrated.
(Terry is a veterinarian specializing in avian medicine and surgery, and has been involved with raptor rehabilitation for ten years.)

Saturday, March 5, 2-4pm
Class Fee: \$3, pay at registration
(Children under 13, may accompany parents free of charge.)
Materials Fee: None
Limits: Min. 2 / Max. None

PLANNING YOUR GARDEN FOR DRIED FLOWERS

E-8

Nikki Elkins-Bence

1-494-2806

This class will teach you the basics of planning a successful flower garden. Emphasis will be on the kinds of flowers that can be grown for drying, and we will also discuss techniques for drying your flowers. Participants will plan a garden in time for spring planting.
(Nikki is a senior in horticulture, horticulture therapy, and retail floriculture. She also enjoys gardening in her spare time.)

Saturday, Feb 27, 10am-noon
Class Fee: \$4, pay at registration
Materials Fee: \$3, pay at class
Limits: Min. 3 / Max. 8

LANDSCAPING FOR THE HOMEOWNER

E-9

Kimberly D. Howell

776-9072

A properly landscaped garden will provide pleasure for many years and need not cost a small fortune. Whether you want a formal or informal garden, flowers, vegetables, shrubs, trees, or a bit of everything, the secret is in the planning. In this class we will establish your needs analyze your garden site, and design a plan. We will also discuss selecting, buying, planting, and maintaining your garden.
(Kimberly is a senior in Landscape Horticulture, and has worked as a caretaker for a private residence.)

Mondays, Feb 29 & Mar 7, 6:30pm
Class Fee: \$5, pay at registration
Materials Fee: \$1, pay at first class
Limits: Min. 5 / Max. 15

START YOUR OWN HERB GARDEN

E-11

Jayne Link

539-7605

Think Spring! Now is the time to start your own seedlings. In this class you will learn how to use a soil block maker and get a chance to start ten of your own plants. The soil block maker is used to minimize transplant shock. Other tips will also be given on how to give your seedlings a healthy start.
(Jayne has been an organic gardener and lover of herbs and flowers for many years.)

Monday, March 14, 6:30-8pm
Class Fee: \$4, pay at registration
Materials Fee: \$5, pay at class
Limits: Min. 6 / Max. 12

POTPOURRI

FA-32

Jayne Link

539-7605

Learn a little folklore, how to make two potpourri blends, and then take home one ounce of each blend. You will also take home recipes to make your own blends for holiday gift giving.
(Jayne has a small herb business called Fragrant Memories and has enjoyed playing with herbs & flowers for years.)

Monday, March 7, 6:30-8pm
Class Fee: \$4, pay at registration
Materials Fee: \$4.50, pay at class
Limits: Min. 5 / Max. 12

* DID YOU KNOW.... *
* We can end hunger throughout *
* the world by 2000 A.D. *
* for an annual expenditure *
* of what the nations of the *
* world now spend in one week *
* on their military? *

Class locations will be
noted on your receipt.

7



Don Gibson

Do you love the outdoors, but don't know how to survive without a kitchen? Then come join Don's classes and discover how good food can taste cooked in the open air. The first class will demonstrate different methods of preparing food over an open fire and techniques for using foil. Samples will be available for tasting. The second class will teach dutch oven cooking with a complete meal being cooked and served. (Don has been cooking outdoors for years and is looking forward to sharing his "secrets" with you.)

Class I: Tuesday, April 26, 6-8pm
Class II: Thursday, April 28, 6-8pm
Class Fees: \$3/sect, pay at registration
Materials Fee: \$1/person for class 1
\$5/person for class 2
(Children under 12 years, \$3)
Limits: Min. 5 / Max. 10

BEGINNING CANDY MAKING

F-9

Debra Rosproy

1-239-3026

Would you like to make candies for family and friends that now cost you at least \$5 for just 10 lbs? Come learn about the variety of things you can make which cost much less money and are more attractive than store-bought candy. We will make candy by dipping and by using molds. We will stress Valentine candy ideas in the February class and Easter candy in the March class. Once you learn the basics, you will be amazed at the variety of things you can do. Come and have a great time and take home some goodies too. (Debra took a basic candy decorating class from Mrs. Mayo's Cake and Candy Store in Denver in 1982, and has had fun making candy every since.)

Sect. I: Tuesday, February 2, 6:30-9pm
Sect. II: Tuesday, March 22, 6:30-9pm
Class Fee: \$5/section, or \$8 for both, pay at registration
Materials Fee: \$3/sect. Pay at class
Limits: Min. 5 / Max. 15

MEDITERRANEAN FOODS

F-5

Ahmed Hudhud

537-7533

Most people like home-baked pastries, but believe they are difficult to make. You will learn to make Baklava in various shapes and kinds. You will also learn how to make some mediterranean side dishes such as tabulee, salad, and more. (Ahmed has a degree in restaurant management, is Assistant Manager at the University Inn, and manager of Al-Basha Restaurant.)

Saturdays, Feb 20 - Mar 26, 3-5pm
(meets 6 times)
Class Fee: \$8, pay at registration
Materials Fee: \$2/class, pay at each class
Limits: Min. 5 / Max. 10

FALSETTO'S ITALIAN PIZZA WORKSHOP

F-6

Steven Steinhouse

537-3830

Come watch the experts spin-out a pizza crust. Learn to make a true Italian Pizza by hand from the crust to the toppings. You will actually create your own master pizza and then devour it. (Steve is the manager of Falsetto's Pizza.)

Wednesday, Feb 10, 7pm
Class Fee: \$4, pay at registration
Materials Fee: \$5, pay at class
Limits: Min. 4 / Max. 8

INTRODUCTION TO WINE

FA-33

Lloyd W. Davenport

539-1823

The study of wine from vine to glass including the chemistry, geography, history and viticulture will be covered in this class, accompanied by the tasting of foreign and domestic wines. The first meeting will be organizational with class structure and dates to be decided upon as well as materials fees collected. YOU MUST BE 21 YEARS OF AGE OR OLDER TO ATTEND THIS CLASS. (Mr. Davenport is retired from KSU, a member of the Society of Wine Educators, a wine maker, tender of a small experimental vineyard, and has been teaching wine for many years.)

Organizational Meeting: Feb. 5, 7-9:30pm
(Meets 4 times, every other Friday.)
Class Fee: \$8, pay at registration
Materials Fee: \$25, pay at first class.
Limits: Min. 8 / Max. 14

CHINESE COOKING

F-4

Li Huang

539-2482

During this series of eight classes, Chinese cooking will be demonstrated step-by-step. Each week a different dish will be prepared, including Pot Sticker, Lemon Chicken, Moo Choo Pork, Almond Chicken, Kung Pau Chicken, Sweet and Sour Pork, and many other popular dishes. Recipes will be handed out after each class. (Li has cooked chinese food for more than 30 years and is a Registered Dietitian.)

Wednesdays, Feb 3 - Mar 30, 6-7:30pm
(Please note - no class March 16)
Class Fees: 8 classes - \$12
6 classes - \$9
4 classes - \$7
1 class - \$3
Please pay class fees at registration
Materials Fee: \$5/class, pay at each class
Limits: Min. 6 / Max. 8

HOW TO HAVE YOUR CAKE AND DECORATE IT TOO

F-7

Jo Rodriguez

537-8817

Have you always wanted to be able to decorate your own cakes? In this class you will learn how to decorate a cake from a professional. Bring a pre-frosted cake to class (white frosting please). At registration you will be given a list of materials needed to decorate your cake. If you do not wish to decorate your own cake, you may sign up for a demonstration only. (Jo studied cake decorating in Chicago and has taught cake decorating for years. She also does wedding cakes by order.)

Tuesday, February 9, 6:30-8:30pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 5 / Max. 10

VEGETARIAN INDIAN COOKING

F-3

Neelam Jain

776-8305

There are people who think vegetarian cooking is boring and tasteless, but this class, combining the exotic cuisine of India with the basic elements of a vegetarian diet, will prove them very wrong. You will be introduced to the versatility of cooking with readily available ingredients for balanced vegetarian meals like: Poori or Batura (fried balloon bread) or Kaurita (vegetable balls made out of cauliflower, zucchini, or cabbage), or Biryani (fried rice with homemade cheese and vegetables), and Barfi of Halva (fudge made out of milk, nuts and other healthful foods). A different menu is planned for each section. This class is designed for both beginners and experts with hands-on experience. Enjoy learning and eating traditional Indian foods and recipes! (Neelam has been sharing her native cooking for the last six years.)

Sect. I: Thursday, March 3, 6-8pm
Sect. II: Thursday, April 7, 6-8pm
Class Fee: \$5/sect. Pay at registration or \$8 for both sections
Materials Fee: \$10/sect, pay at class
Limits: Min. 3 / Max. 5

ROAST A SPRING LAMB

F-2

Gene Ernst

Learn how to plan and carry out a traditional spit-roast spring lamb (an Easter traditional feast around the Mediterranean). Discover sources for lambs in the Manhattan area; what weight lamb for your party; how to make spit equipment; how much charcoal is required to cook an 80 pound lamb; how to set up for the six hour cooking operation; and how to estimate your own lamb roast costs. The class will spend Monday evening learning and planning the Sunday lamb roast. Then the following Sunday, mid-morning, we will start the fire; season the lamb and prep it for the spit; have it on the fire by 10am, and take turns at the spit handle until it is done (around 4pm). We will have a pot luck, late afternoon feast of lamb and shared dishes. (Gene is an experienced hog and lamb chef by traditional methods, and is happy to share his skill with others. Class fee covers the class, handout plans for your own spit, and your share of the lamb and supplies.)

Monday, April 4, 7-9pm
Sunday, April 10. Start 9am, eat at 4pm
Class Fee: \$10/person, pay at registration (children under 12 - \$5)
Materials Fee: None
Limits: Min. 20 / Max. 40

8

Class locations will be noted on your receipt.



Nearby Kansas stone buildings and landscapes will be photographed during the first Saturday session, with subject selection and composition emphasized. Students will obtain color prints of their photos and bring them to the first Thursday studio painting session. The studio sessions will select the painting subjects from color prints, make sketch compositions, value studies, and lay down the initial watercolor washes. Two complete watercolor paintings are expected including instructions on matts. Students must have a 35mm camera, a 24 exposure roll of color film, watercolor paints, brushes, and paper. The purpose of this class is to develop a photo method of subject selection and transpose that into the studio setting for the watercolor painting. (Ernie has taught photography frequently and is an accomplished painter. Ernie and Gene have co-taught watercolor classes for several years.)

Through the Eye of...

BEGINNING PHOTOGRAPHY FA-11
 Ernie Peck 537-9883

Four evenings and one full day of instruction on how to operate and care for a 35mm camera. Bring your own camera if you have one. If not, one will be furnished along with film, processing and handouts. The camera must be returned but the rest is yours to keep. (Ernie has taught this class before with great success.)

Classroom: Tues./Wed./Thurs./Tues.
 May 17,18,19,24, 7-9pm
 Field Trip: Sat. May 21, 8:30-4pm
 Class Fee: \$10, pay at registration
 Materials Fee: \$30, pay at first class
 Limits: Min. 4 / Max. 12

INTERMEDIATE PHOTOGRAPHY FA-14
 Barbara Rutherford

Photography beyond the snapshot will be the emphasis of this class. Composition above the basics and mixed lighting for portraits will be discussed, as well as more contemporary artistic approaches to producing photographs. This more advanced class will help creative persons to find new ways to express themselves through photography. (Barbara is a professional photographer with a wide variety of experience.)

Thursdays, Feb 4-25, 7-9pm
 (meets 4 times)
 Class Fee: \$10, pay at registration
 Materials Fee: \$1, pay at first class
 Limits: Min. 5 / Max. 12

UFM PHOTO CLUB

UFM is sponsoring a Photo Club. Members will meet on a regular basis to share photographs and experiences. There will also be opportunities for workshops with local professionals and experts sharing their expertise in various areas. Another possibility is for field trips to capture particular subjects on film.

A darkroom is also available at UFM for those who wish to develop their own photos or slides. The structure of the Photo Club will be determined by its members.

If you are interested, please call UFM 539-8763, or attend the organizational meeting on Monday, February 15, 6pm

BASIC 35mm CAMERA SKILLS FA-12
 Tony Ridder 1-456-9132

This class will cover the basic skills needed to take photographs that you will be pleased with. Understanding the camera and an introduction of what makes a photograph work will be emphasized. You will need a 35mm camera and a roll of 100 ASA color film.

Wednesday, February 3-17, 6-7pm
 (meets 3 times)
 Class Fee: \$8, pay at registration
 Materials Fee: None
 Limits: Min. 3 / Max. 6

BEGINNING DARKROOM TECHNIQUES FA-13
 Tony Ridder 1-456-9132

Learn to develop your own black and white photographs, understand composition and improve your camera skills. You will need a 35mm camera and black and white film. Completion of this course will certify you for the darkroom.

Wednesday, Feb 24-Mar 30, 6-7:30pm
 (meets 5 times)
 (NOTE: No class March 16)
 Class Fee: \$10, pay at registration
 Materials Fee: \$5, pay at first class
 Limit: Min. 1 / Max. 4

**UFM PHOTOGRAPHY DARKROOM COOPERATIVE
 BLACK & WHITE AND COLOR**

Tony Ridder 456-9132

Located just one block east of campus in UFM House, the UFM darkroom is available to anyone who needs access to a well equipped facility. The equipment is capable of handling up to 11x14 prints and 6cm x 6cm negatives as well as 35mm. The black and white fee includes everything but paper. The color fee includes everything except paper and chemicals. The color equipment enables you to develop film or slides and to make prints from negatives or from slides. For those who wish to use the darkroom, but do not wish to purchase a membership, space is available at the rate of \$5 per hour.

Organizational Meeting: 1st Monday of each month, starting Feb 8, 6-7pm
 Co-op Fees: pay at registration

Black & White Only:

8 weeks	\$20 new member,	\$15 renewal
1 semester	30 new member,	25 renewal
2 semesters	40 new member,	35 renewal
3 semesters	50 new member,	45 renewal

B & W and Color:

8 weeks	\$25 new member,	\$20 renewal
1 semester	35 new member,	30 renewal
2 semesters	45 new member,	40 renewal
3 semesters	55 new member,	50 renewal

Limit: None

Photo Session: Sat. April 23, 8:30-1pm
 Studio Painting Sessions:
 Thursday, Apr 28, 7-9pm
 Tuesday, May 3, 7-9pm
 Thursday, May 5, 7-9pm
 Tuesday, May 10, 7-9pm
 Class Fee: \$10, pay at registration
 Materials Fee: None
 Limits: Min. 4 / Max. 15

UFM PHOTO CONTEST

This contest is for black and white photographs only. First, second, and third place winners will be selected in the following categories: scenery, people, architecture, and animals. The winning photographs will be displayed in various locations in Manhattan. For further information call UFM, 539-8763

RULES

1. There is no entry fee
2. Minimum size is 5x7 inches, maximum size 11x14 inches
3. Entries should be mounted on matt board
4. Categories are scenery, people, architecture, and animals
5. Independent judges will select the first, second and third place winners in each category
6. On the back of the matt board, write name, phone number, category, and optional title.
7. Entries to be submitted to UFM, 1221 Thurston, by 4:30pm, Friday, April 15, 1988
8. Non-winning entries may be picked up at UFM after May 13, 1988
9. Winning entries may be picked up at UFM after June 27, 1988

Donated materials help UFM hold down its overhead costs. Can you help us with any of the following needs?

- * IBM-compatible computers
- * Folding tables and chairs for classrooms
- * Tools and building materials for HOME Program
- * Garden tools for Manhattan Community Gardens
- * Floor covering suitable for pottery studio
- * Paper cutter

Class locations will be noted on your receipt.

The Many Faces of Communication

SPANISH LANGUAGE

FA-1

Rene Suazo

776-1421

Learn Spanish in a relaxed atmosphere with no stress and no exams. This class will enable you to learn the basic language or to improve your Spanish skills, and also learn about the Latin American culture.
(Rene, whose native language is Spanish, comes from Honduras and is currently a student at KSU.)

Tuesdays, Feb 2 - Apr 12, 7pm
(meets 10 times)

Class Fee: \$10, pay at registration
Materials Fee: \$3, pay at first class
Limits: Min. 8 / Max. 16

CHINESE LANGUAGE AND CULTURE

FA-2

Wenzhi Xue

539-5196

What do you know about China? Kansas has many trade connections with this country, and the University has brought many Chinese students to Manhattan. If you would like to explore and learn more about China, sign up for this class. Basics of the Chinese language will be taught, along with information about the nation's people, culture, and customs. This course will be structured around the participants' interests, and guest speakers will present additional information.
(Wenzhi is from the northern part of China and was a teacher at the Shenyang Agricultural University. He has been in the United States for eighteen months and is now in the Graduate School of Laboratory Medicine at KSU.)

Mondays, Feb 8-Mar 28, 7:30-9pm
(meets seven times)

Note: Class does not meet Mar. 14
Class Fee: \$8, pay at registration
Materials Fee: \$2, pay at first class
Limits: Min. 5 / Max. 15

BEGINNING CONVERSATIONAL ENGLISH

FA-3

Anita Bond

This is a conversational English class for the beginning student. We will work on basic vocabulary, idioms, and everyday usage of the language. We will also discuss cultural differences and similarities.

Friday, February 5, 1:30-2:30pm
(ongoing)

Class Fee: \$8, pay at registration
Materials Fee: \$1, pay at first class
Limits: Min. 5 / Max. 20

VOICE CLASS

FA-4

Miki Thompson

537-8238

Always fancied yourself on stage? Get out of the shower and learn how to sing for your own pleasure, and perhaps you could even astound your friends at your next party. This class will feature individualized voice instruction and will cover the mechanics of voice such as breath control, acoustics, etc., and how to use them in whatever style of music you like to sing. If you have a particular song you enjoy singing, bring along the music and we will work with it.
(Miki is a senior at KSU, majoring in voice performance, and has been interested in music since she was a child, which is not surprising as she comes from a musical family.)

Tuesdays, Feb 2-Mar. 8, 7-8pm
(meets 6 times)

Class Fee: \$8, pay at registration
Materials Fee: None
Limits: Min. 1 / Max. 6

LET'S TALK ABOUT WRITING

FA-8

Lee Killough

776-6584

Do you like to write? You are not alone. Let us get together and talk about writing, how you build background and characters, and how you go about submitting your manuscript for publication. Bring all your questions about writing -- let's talk about it.
(Lee is the author of nine published novels and numerous short stories, and is currently the secretary of the Science Fiction Writers of America.)

Tuesday, February 23, 7-10pm

Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 20

BEGINNING CALLIGRAPHY

FA-9

Ernie Peck

537-9883

Calligraphy, the art of beautiful lettering, will be introduced. We will learn about lettering tools, materials, references, and one calligraphy alphabet. Felt-tipped calligraphy pens and necessary paper will be provided. Because the pens have a short shelf life and have to be ordered, it is necessary to sign up for this class as early as possible.
(Ernie has been lettering since he was 13 years old and has taught many others this skill.)

Mondays, Feb 1-22, 7-9pm
(meets 4 times)

Class Fee: \$6, pay at registration
Materials Fee: \$15, pay at first class
Limits: Min. 4 / Max. 15

BEGINNING CALLIGRAPHY FOR RIGHT-HANDERS

FA-10

Debra Rosproy

1-239-3026

Do you enjoy seeing the elegant script of calligraphy, but think you could never do anything so lovely? Well, you are wrong. Once you learn the steps for each letter, you will be amazed at how quickly you can pick it up with a little practice. There are a variety of styles to choose from. Once you learn the basics, you will be able to progress onto the most difficult styles with very little extra effort.
(Debra learned calligraphy in Denver in 1980 and has been using it ever since for cards, posters, and other personal items.)

Friday, February 5, 6:30-9pm

Class Fee: \$4, pay at registration
Materials Fee: \$2, pay at class
Limits: Min. 5 / Max. 10

* DID YOU KNOW.... *
* UFM consists of many *
* programs in addition to *
* the classes offered in the *
* catalog - HOME, CRA, *
* Community Gardens, *
* Lou Douglas Lectures? *

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913-539-9460 913-776-7532

STORY & NOVEL WRITING

FA-7

Leonard Bishop

1-258-2066

All levels of craft in fiction writing will be covered: dialogue, foreshadowing, characterization, major and minor relationships, story, plot-line, situations, dramatic events, 1st person, 3rd person, opening chapters, general devices, narration, introspection, continuity, motivation, sex situations, proper prose, cameo characters, complex characters, complicated scenes, details, etc.
(Leonard has taught writing for over 25 years, has published 9 novels, and has written a book on professional writing to be published by Readers Digest this spring.)

Thursdays, March 3-17, 7-9:30pm
(meets 3 times)

Class Fee: \$8, pay at registration
Materials Fee: \$2, pay at first class
Limits: Min. 8 / Max. None

AUTOHARP WORKSHOP

FA-5

Linda Teener

537-0508

Tuning, use of fingerpicks, rhythm backup and picking melody lines, are some of the topics to be covered in this class. A basic orientation to the autoharp will be given and information on diatonic tuning will be available.
(Linda has been playing the autoharp for years and has also taught others to play.)

Monday, February 29, 7-9pm

Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 5

BEGINNING MOUNTAIN DULCIMER WORKSHOP

FA-6

Linda Teener

537-0508

Ever wonder how people get started playing a mountain dulcimer? Come join this workshop and learn the art of playing this type of dulcimer. You will learn the basic skills of playing, which include tuning and strumming techniques, as well as learn a couple of tunes.
(Linda has been playing the mountain dulcimer for 10 years and enjoys sharing her music and skill with others.)

Saturday, February 6, 1-3pm

Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 5



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Eat in or Carry-Out

Open 10-3:00 p.m. Daily, Mon-Sat.

418 N. Manhattan

539-8033

10

Class locations will be
noted on your receipt.

ART SERIES FA-18

The care and feeding of art both for yourself and the community will be explored through this series of four lectures given by prominent art faculty from the Kansas State University Art Department. Whether you own art, enjoy visiting exhibitions, or are interested in an art gallery for your community, then this art series will be of interest to you.

1. "THE COURTAULD" FRENCH IMPRESSIONIST EXHIBIT

Monday, February 15, 7pm

Dr. Luann Culley will give a pre-trip lecture on the famous French Impressionist Exhibit, "The Courtauld," which has been traveling in the United States for about six months. Many artists are represented in the 48 piece exhibit including such artists as Cezanne, Renoir, Monet, and Van Gogh. The exhibit has never been shown outside of London, so seeing it at the Nelson Art Gallery in Kansas City will be a once in a lifetime experience. (Dr. Culley is art historian at KSU and is Chairperson of the Art History Department.)

* * * *

TRIP TO THE NELSON ART GALLERY TO SEE "THE COURTAULD" EXHIBIT.

Tuesday, February 23, 7am-7pm

Cost: \$25 - includes bus, breakfast, exhibit, choice of other exhibits or Plaza shopping time.

* * * *

2. ART EXHIBITIONS: BEHIND THE SCENES

Date to be announced

The extensive planning and work involved in presenting an exhibition will be discussed by Jessica Reichman who is curator of the KSU permanent art collection. (Ms. Reichman comes to the University with vast experience as a curator and has been responsible for planning and presenting many exhibitions both locally and nationally.)

* * * *

3. CONSERVATION AND PRESERVATION OF PRIVATE ART: HOW TO CARE FOR ART THAT YOU OWN AND TREASURE

Date to be announced

Do you have a painting that needs to be cleaned, repaired, or put in a new mat or frame? What works for oil paintings won't do for a watercolor. Professor Larmer has investigated the various choices for conserving art that is important to its owner. (Oscar Larmer is a highly regarded member of the painting faculty, and exhibits widely. He has done research in the conservation and preservation of art.)

* * * *

4. CREATING AN ART GALLERY FOR KSU AND MANHATTAN

Date to be announced

Professor Stroh will give an overview and update on the status of plans for a gallery in our community. He expects to see the art gallery from ideas to realization. (Professor Stroh is Chairperson of the KSU Art Department and has devoted considerable time and energy to working on plans for a quality gallery facility for the University.)

Cost: Lectures: \$3/session or \$10 for four lectures
 Trip: \$25 (see above for details)



BOOK SALE



SATURDAY, APRIL 9th, 1988 10a.m. - 4p.m.
UFM FIREPLACE ROOM

A first-rate selection of books on self-empowerment, spirituality, yoga, health, psychology, ecology, diet & nutrition, and crystals. Also audio and video tapes, magazines, cards, calendars, original art, meditation supplies, and crystals and crystal jewelry.

Sponsored by the Lamplighter Metaphysical Bookstore of Lawrence; Dave & Mary Dohrmann, owners. Dave & Mary are avid readers and collectors of books. They have studied and taught metaphysics and spiritual development for many years, and are teachers in the Sufi Order.

For more information, call Eunice at UFM (532-5866) or Mary Williams (776-4906).

Pick Up Your Palette

BEGINNING OIL PAINTING

FA-16

Clara Myers

Would you like to experience the joy of creating your own artistic style? In this class you will complete at least one painting from a still life set up and learn the magic of color by using primaries to mix other colors. If time allows you can begin another painting and/or learn to stretch canvas over a wooden frame. (Clara is a fine arts scholarship student at K-State and has taken 5 semesters of oil painting. She is looking forward to sharing her knowledge and skills.)

Thursdays, March 3-April 28, 7-9pm
 (meets 8 times)

(Note, no class March 17)
 Class Fee: \$20, includes materials fee.
 Pay at registration
 Materials Fee: See class fee.
 Limits: Min. 5 / Max. 10

ACRYLIC PAINTING

FA-17

Mary Hemphill

539-8763

Acrylics are permanent water-based paints which can be used in a variety of fine art applications. We will explore some of those exciting possibilities in this class for those who have little or no experience with acrylic painting. Different painting techniques, color mixing, and development of individual style will be emphasized. A supply list will be provided at registration. (Mary has a degree in art education and has been painting with a variety of media since childhood. She enjoys teaching all age groups.)

Wednesday, March 2 - April 27, 9-11:30am
 (meets 8 times)

(Note, no class on March 16)
 Class Fee: \$10, pay at registration
 Materials Fee: \$1, pay at class
 Limits: Min. 4 / Max. 12

Tempt Your Senses

INTRODUCTION TO WINE

FA-34

Lloyd W. Davenport

539-1823

The study of wine from vine to glass including the chemistry, geography, history and viticulture will be covered in this class, accompanied by the tasting of foreign and domestic wines. The first meeting will be organizational with class structure and dates to be decided upon as well as materials fees collected. YOU MUST BE 21 YEARS OF AGE OR OLDER TO ATTEND THIS CLASS.

(Mr. Davenport is retired from KSU, a member of the Society of Wine Educators, a wine maker, tender of a small experimental vineyard, and has been teaching wine for many years.)

Organizational Meeting: Feb. 5, 7-9:30pm
 (Meets 4 times, every other Friday.)
 Class Fee: \$8, pay at registration
 Materials Fee: \$25, pay at first class.
 Limits: Min. 8 / Max. 14

POTPOURRI

FA-33

Jayne Link

539-7605

Learn a little folklore, how to make two potpourri blends, and then take home one ounce of each blend. You will also take home recipes to make your own blends for holiday gift giving. (Jayne has a small herb business called Fragrant Memories and has enjoyed playing with herbs & flowers for years.)

Monday, March 7, 6:30-8pm
 Class Fee: \$4, pay at registration
 Materials Fee: \$4.50, pay at class
 Limits: Min. 5 / Max. 12

 * DID YOU KNOW... *
 * HOME provides snow shoveling *
 * for those who cannot afford *
 * to hire someone and are *
 * physically unable to shovel *
 * their own sidewalks? *

MAKE A NOTE!
 UFM'S NEW TELEPHONE NUMBER
 539-8763

Class locations will be noted on your receipt.

Personal Creations

SWING DANCE

FA-19

Art Clack & Kathy Colvig

539-4121

Hold yourself back when you hear that hot fiddle playing! Round up your friends to learn the sharp moves, dips, spins, turns and slides done in country western swing and "get down" to some hot tunes. Heavy emphasis on swing dance, less on two-step and cotton-eyed Joe.
(Art and Kathy have taught swing dance for many years.)

Wednesdays, Feb.24 - Mar.9, 7-8:30pm
(meets 3 times)

Class Fee: \$6, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. 20

CERAMIC DECORATION WORKSHOP

MAJOLICA

FA-20

Amy Carlson

The majolica technique refers to colorful decoration applied over an opaque white glaze and has been traditionally employed throughout Europe since the 7th Century. If you are a painter try this new medium. Potters who wish to learn this technique are particularly welcome. Everyone will be supplied with a ceramic piece ready for decoration. Those who wish may stay after 4pm and fire the kiln.
(Amy is one of the coordinators of the UFM pottery studio and is an experienced potter. She thinks that if you have never tried ceramics, majolica would be a fun place to start.)

Saturday, April 16, 2-4pm

(Last date to register - Apr 1)

Class Fee: \$5, pay at registration
Materials Fee: \$7, pay at workshop
Limits: Min. 2 / Max. 18

★ CERAMICS FOR CHILDREN, SEE
PAGE 18

HANDWOVEN DENIM BELT

FA-23

Susan Lala

537-9610

Learn the art of weaving without a loom and take home a beautiful handwoven belt. These belts take only a few hours to weave. Each participant must bring two or more pairs of jeans to cut up, plus matching thread, needles, and sharp scissors.
(Susan has been weaving for over twenty years and teaching for ten years. She is active in weaving groups at the local, state, and national levels.)

Thursday, February 11, 7-9pm

Class Fee: \$4, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 4 / Max. 12

TATting - THE ART OF MAKING LACE

FA-32

Jessie Fouveaux

776-6806

Tatting, or *frivolite* as the French call it, is a very old art. This process of making lace by looping and knotting a single strand of thread on a small shuttle originated in Europe. Years ago tatters used very fine thread and many long *picots* to create a lacy effect. Modern tatting has shorter and fewer picots, uses heavier thread, and will out-wear the cloth it is on. Please bring a plastic tatting shuttle, spool of tatting thread (#20 or 30), crochet hook or needle, and a basic tatting instruction booklet.
(Jessie has taught tatting for UFM for many years.)

Sect. I: Mondays, Mar 7-21, 7-9pm
Sect. II: Mondays, Apr 11-25, 7-9pm
(Each section meets 3 times)

Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 4

12

Class locations will be
noted on your receipt.

MAKING OF THE INDIAN SILVER RING

FA-25

Benjamin G. Mullinix, Sr.

539-3846

In this class we will cover the processes used in silversmithing the type of jewelry made by the American Indians in the south-western part of the country.
(This class is sponsored by the Manhattan Mineral, Gem and Fossil Club.)

Thursday, February 11, 7:30pm

Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 1 / Max. None

BASIC WOOD CARVING

FA-26

Larry Wisdom

539-2574

Introduction to basic wood carving will include "relief carving", "carving in the round", and sharpening and care of tools. The \$5 materials fee covers the cost of a manual and carving blanks which will be furnished at the first class.
(Larry has taught previous UFM wood carving classes. He is a member and Kansas Vice President of the National Woodcarving Museum.)

Tuesdays, Feb.16,23, Mar.1 & 8, 7-9pm
(meets 4 times)

Class Fee: \$6, pay at registration
Materials Fee: \$5, pay at class.
Limits: Min. 2 / Max. 15

GLASS ETCHING

FA-27

Steve Baldrige

539-4597

Glass etching is an easy way of enhancing glass, especially mirrors. It can turn a simple, inexpensive gift into something unique and personal. Even if you believe you do not have any artistic ability, you will be able to learn this skill.
(Steve is a KSU student and has been etching glass for seven years.)

Thursday, March 3, 7-10pm

Class Fee: \$5, pay at registration
Materials Fee: \$2.50, pay at class
Limits: Min. 3 / Max. 7

MAKING A HOUSE A HOME

FA-28

Kathy Colvig

539-4121

Color and placement are the keys to putting the finishing touches on any room--from the walls to the floors. Decorating "rules" and tips will be shared to help you do or redo your home.
(Kathy specializes in Accessory Design in the Manhattan area.)

Sect. I: Wednesday, Feb 10, 7-8:30pm

Sect. II: Monday, March 28, 7-8:30pm

Sect. III: Wednesday, May 11, 7-8:30pm

Class Fee: \$5/sect, pay at registration
Materials Fee: None
Limits: Min. 8 / Max. 15

CONTINENTAL KNITTING

FA-31

Angie Fletcher

776-2352

Continental knitting is faster and easier than any other method. In this course you will learn all the basic stitches necessary to complete a fashionable garment. During these eight sessions you will learn ribbing, cable, lace, and how to make buttonholes. At the first meeting, we will discuss your project, patterns, and supplies, and then at the end of the course, we will have a small graduation ceremony and a fashion show of your finished garments.
(Angie is from Germany and has 50 years experience in knitting, sewing, and spinning -- in fact, anything that has to do with fibers.)

Mondays, Feb.8 - Mar.28, 2-4pm

(meets 8 times)

Class Fee: \$8, pay at registration
Materials Fee: Depends on the project
Limits: Min. 10 / Max. 15

BEGINNING KNITTING

FA-29

Jean Johnston

776-3292

This is a class for all ages, male as well as female. The only items you need are knitting needles, size 10, and light colored 4 ply yarn. The rest is easy -- just knit one, pearl one.
(Jean has been knitting for over 20 years and has taught knitting for UFM several times.)

Tuesdays, Feb.9 - Mar.1, 7-9pm
(meets 4 times)

Class Fee: \$6, pay at registration
Materials Fee: none
Limits: Min. 3 / Max. 10

INTERMEDIATE KNITTING

FA-30

Jean Johnston

776-3292

We will learn how to do different fancy stitches like shaker knit, easy cables, two color knitting, and more. Just bring size 10 knitting needles, a cable needle, and light colored 4 ply yarn.
(Jean has been knitting for over 20 years and loves to try new knitting techniques.)

Tuesdays, Mar.8 - Apr.5, 7-9pm
(meets 4 times)

Class Fee: \$6, pay at registration
Materials Fee: none
Limits: Min. 4 / Max. 10

UFM POTTERY COOPERATIVE

The Pottery Studio is a facility available to anyone who feels confident working alone. No instruction is provided. The studio is a self-supported facility run by members for members with two coordinators to provide structure and to fire the kiln. Your membership entitles you to 12-1/2 lbs of clay every four months, all the recycled clay you can produce (to be used at this studio only), kiln space and glazes. In order to cover material and facility costs, the membership is based on a cash fee and in-kind contributions.

ANNUAL MEMBERSHIP

Cash Fee: -----\$45/annum
(May be paid at the rate of \$16 every 4 months.)

OTHER MEMBERSHIPS

4 MONTHS:
Cash Fee: -----\$25
8 MONTHS:
Cash Fee: -----\$35

(SHORTER PERIODS OR ONE TIME USAGE CAN BE ARRANGED)

IN-KIND CONTRIBUTIONS

- * UFM Coffee mugs for resale
- * Co-teach classes or workshops
- * Locate teachers for classes or workshops
- * Assist with other income producing projects

Any member signing up for a period of more than four months will be expected to sign up for one or more of the above in-kind contributions

ADVANTAGES

- **You will have the opportunity to meet and work with other area ceramicists
- **You can explore several areas of ceramics other than functional pottery
- **You can become involved in a studio operation
- **You may sell your pottery through pottery sales at the UFM House

FOR FURTHER INFORMATION
CALL UFM 539-8763

Continued...

Personal Creations (Continued)

PINECONE ART

FA-21

Debra Rosproy

1-239-3026

Do you like the 'back to nature' look in your decorating? If so, pinecone art can add a great new dimension. You can make wreaths, candle holders, crosses, hearts, or almost anything else you can design a base for. There will be a demonstration of some of the variety of ways to use pinecones in decorating as well as some hands-on experience. If you have a caulking gun, bring it with you and get a chance for some additional hands-on decorating. Bring a bag of 20-30 various size pinecones. If you are not able to find any, there will be some available. (Debra has taken classes on pinecone art, and has learned different techniques for attaching and cutting.)

Monday, March 21, 6:30-9pm
Class Fee: \$3, pay at registration
Materials Fee: \$3, pay at class
Limits: Min. 4 / Max. 10

DECORATING SUGAR EGGS

FA-22

Debra Rosproy

1-239-3026

Have you seen Sugar Eggs at Easter or other holidays and wished you could make them? Now is the time to learn. If you have "Great Expectations" egg forms by Wilton, bring them along; if not, fret not, they will be furnished. Although most often seen at Easter, the Sugar Egg can be used all year round depending on what you put in it and how you decorate the outside. We will be making the Easter Sugar Eggs, but will see a variety of samples and also receive tips on how to make them. (Debra started out taking a class on Sugar Eggs and has been making them ever since.)

Sect. I: Wednesday, February 3, 6:30-9pm
Sect. II: Wednesday, March 23, 6:30-9pm
Class Fee: \$4/sect, pay at registration
Materials Fee: \$3/sect, pay at class
Limits: Min. 5 / Max. 10

JEWELRY (WITHOUT SOLDERING)

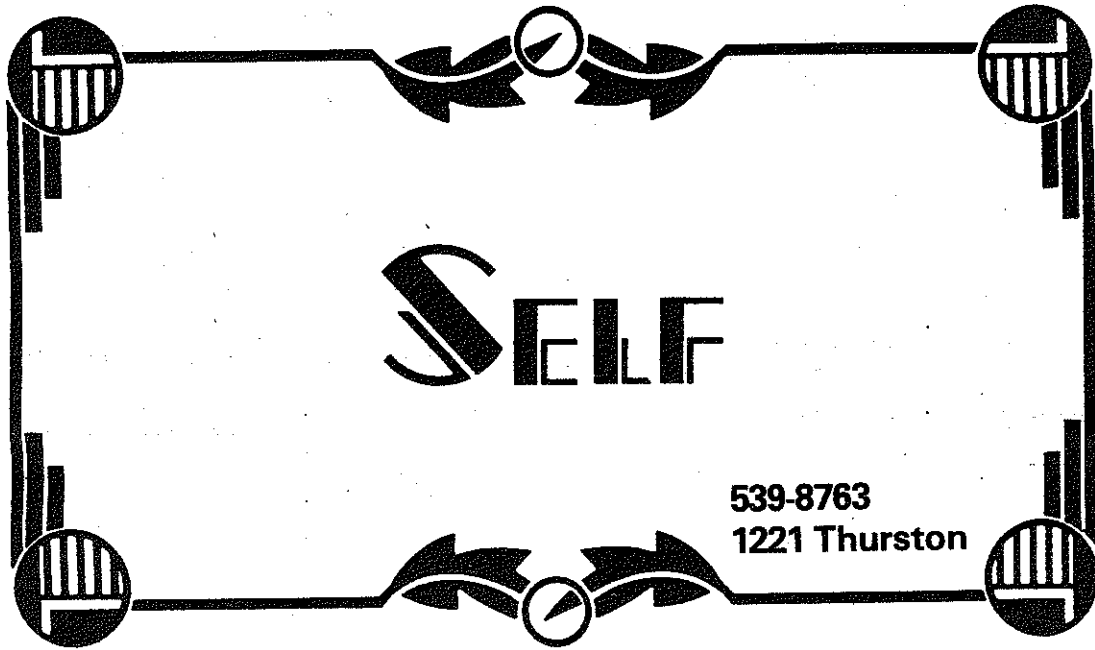
FA-24

Wendy Matthews

539-8809

How about making something special for Easter? With today's fashions we see jewelry made out of just about anything! Use your imagination and create some unique jewelry without soldering. The only prerequisite you need is patience and the ability to hold a pair of pliers. At the first meeting Wendy will give a demonstration, and you will then explore the concept of design and order the supplies for your chosen project. At the second meeting you will construct a piece of jewelry. (Wendy has a BA degree, owns her own jewelry business, and has been making and selling jewelry for twelve years.)

Tuesdays, March 8 & 22, 7-9pm
(meets 2 times)
Class Fee: \$4, pay at registration
Materials Fee: Will depend on project
Limits: Min. 5 / Max. None



Exploring Religions & Philosophies

INTRODUCTION TO ZEN

S-39

Al Potter & other members of the Manhattan Zen group

The origins and history of Zen philosophy and practice will be described. Emphasis is given to the Soto tradition of Zen meditation, including instruction and demonstration. Wear loose clothing and bring a cushion to sit on. (Al has been a student of Zen for many years.)

Wednesdays, Feb 24, Mar 2 & 9, 7:30-9pm
(meets 3 times)
Class Fee: \$6, pay at registration
Materials Fee: \$6, pay at first class
Limits: Min. 3 / Max. 9

PAGANISM

S-38

Flynt

What is Paganism? We will look at historical and contemporary attitudes and functions of the Pagan religion. Did you know Goddess worship is the oldest religion on earth? Come and explore an alternative religion that has grown up with mankind. (After exploring a number of religions, Flynt became a Pagan in 1981 and now leads a group in the Manhattan area.)

Monday, March 28, 8-10pm
Class Fee: \$2, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

**AMERICAN BAPTIST
CAMPUS MINISTRY**

BAPTIST CAMPUS CENTER
1801 ANDERSON
539-3051

*Theology Classes, Resources in Social
Issues, Sharing Groups, Personal
Consultations, UFM Classes*
Call for specific times and dates
CAMPUS MINISTER — DAVE STEWART

**UNITARIAN-UNIVERSALIST Fellowship
of MANHATTAN**

If you like to do your own
thinking about religion,
you may already be a Unitarian
without knowing it!

Located at Oak Grove Center
K-18 1/4 mile east of K-177
Meeting Sundays at 11:00 am
Phone 537-1817 or 537-2025

INTRODUCTION TO THE BOOK OF MORMON

S-33

Ben Mahaffey

539-6997

Introduction to the Book of Mormon -- a brief history of the archeological and historical basis for the book, including history and its impact as a major second witness for Jesus Christ. (Dr. Ben D. Mahaffey has 30 years experience teaching secular and religious topics.)

Sect. I: Tuesday, Feb. 2 & 9, 8-9pm
Sect. II: Tuesday, Mar. 22 & 29, 8-9pm
Sect. III: Tuesday, Apr. 12 & 19, 8-9pm
Class Fee: \$2/sect, pay at registration
Materials Fee: \$2, pay at class
Limits: Min. 3 / Max. 20

WHAT IS A MENNONITE?

S-34

Dorothy Nickel Friesen

539-4079

Explore a religion that is known for its pacifist teachings and community service. What are the roots of this faith? What are the basic beliefs? Is being a Mennonite common in the twentieth century? (Dorothy has been the Pastor of the Manhattan Mennonite Fellowship since 1984.)

Tuesday, March 1, 7-9pm
Class Fee: \$2, pay at registration
Materials Fee: None
Limits: Min. 3 / Max. None

INTRODUCTION TO UNITY OF MANHATTAN

S-35

To be announced

Unity is a practical application of Jesus' teachings. Unity concepts have been discussed and explored for nearly 100 years. This class will give the background of the movement and an introduction to the teachings. Unity study groups have been meeting in Manhattan for several years. Recently a church has been started. The teacher of this class will be a representative of the Unity School of Christianity in Kansas City, National headquarters of the Unity Movement.

Wednesday, April 6, 7:30-9pm
Class Fee: \$2, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. None

Continued...

Class locations will be
noted on your receipt.

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Exploring Religions & Philosophies (Continued)

SACK LUNCH THEOLOGY
"AND GOD CREATED LAUGHTER" S-36

Dr. David Stewart 539-3051

Too often religion becomes a deadly serious business with us. Yet, laughter and fun so often bring healing and energy to the human experience. How can anything that feels so good be so bad for us? In this class we will explore the role of laughter in religious faith. Our bias is that laughter is not only a healthy human experience, but also a central part of a healthy religious experience. (Dave, is a campus minister, who always values a good laugh.)

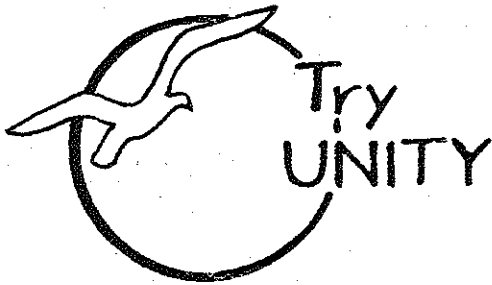
Mondays, Feb 1 - Apr 11, 11:30am-1pm
Class Fee: \$4, pay at registration
Materials Fee: \$10 for text, pay at class
Limits: Min. 1 / Max. None

ECKANKAR: KEY TO SECRET WORLDS S-37

James B. Sisson 532-7215

ECKANKAR, the ancient science of Soul Travel, is a system of spiritual exercises for developing one's ability to move the consciousness (Soul Travel) to any spiritual and/or material world desired. Most people require several years of steady effort to abandon the phobias and attachments ("little self") to reach the "self realized" state (Soul Plane). Usually, several more years are required to reach the ultimate goal of being a co-worker with God (God Consciousness). (Buck Sisson has been in ECKANKAR for several years and is a soil physicist in the Agronomy Department at KSU.)

Monday, March 7, 7pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None



THE UNITY CHURCH OF CHRISTIANITY

11am Sunday Worship Service

6:30pm Class - begins January 17:

Discover the Power Within You,

Based on the book by

Eric Butterworth

Facilitator: Sharon Powers

Nursery and children's classes

UFM

1221 Thurston

Manhattan, KS 66502

Unity helps individuals find their own way to spiritual awareness

14

Class locations will be noted on your receipt.

THE LOU DOUGLAS LECTURES 1988

The Lou Douglas Lecture Series honors the distinguished professor of political science who was instrumental in the development of UFM. Each year four prominent speakers are invited by the Lou Douglas Lecture Committee to address issues of current interest. The lectures provide thought-provoking perspectives on critical public issues and are attended by 200-400 faculty members, students, and citizens of Manhattan and the surrounding area.

1988 DOUGLAS LECTURE SERIES

U.S. POLITICAL CULTURE TODAY: A BICENTENNIAL REVIEW

RICHARD RHODES - THE ARMS RACE,
THE BACKGROUND OF HOPE

February 9, 1988, Forum Hall, 7:30pm

Author of The Making of the Atom Bomb, winner of the 1987 National Non-fiction Book Award.

MICHAEL PARENTI - MONOPOLY CULTURE
AND DEMOCRATIC STRUGGLE

March 8, 1988, Forum Hall, 7:30pm

Political theorist and author of Democracy for the Few

STANLEY COHEN - THE MARKETPLACE AS AN
ARBITER OF PUBLIC INTEREST

March 29, 1988, Forum Hall, 7:30pm

Retired Washington editor of Advertising Age

BARBARA EHRENREID

April 21, 1988, Forum Hall, 7:30pm

Board member of Ms. magazine and author of The Mean Streak: The Impact of the Reagan Administration on Social Welfare, and The Hearts of Men: American Dreams and the Flight from Commitment

Native American Culture

BROKEN RAINBOW

S-31

Pat Embers

539-2819

This is a video film about the Navaho/Hopi Indian relocation issue at the Four Corners area in Arizona. It portrays the history and present-day value of this land in sacred/spiritual terms to the Native Americans and in economic/energy resource terms to the investors. It reviews treaties and broken treaties. This film won the 1985 Academy Award for the best documentary. There will be a discussion following the showing as well as an update on the situation today. (Pat has been following this issue for the past two years and feels it needs attention on behalf of the traditional Native Americans.)

Tuesday, March 15, 7-9pm
Location: UFM, 1221 Thurston
Class Fee: \$2, pay at door
Materials Fee: None
Limits: Min. 4 / Max. 50

THE MEDICINE WHEEL

S-32

Pat Embers

539-2819

The medicine wheel is a circle used by Native Americans to relate to the universe and to life on earth. Stones are placed in formation to honor the Creator, the four directions, and various aspects of creation. We will learn how we can relate to the medicine wheel with our body, mind, heart, and spirit. We will participate (outdoors) in ceremony around the medicine wheel in drumming and chanting. Special objects may be brought to be "blessed" in the center during that time. (Pat is not Native American, but has learned to appreciate Native medicine ways.)

Saturday, May 21, 10am-noon
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

★FOR OTHER NATIVE AMERICAN CLASSES, SEE PAGES 5 & 19

The Spring Look

DRESSING TO WIN

S-40

Peggy Null-Stevenson

539-7838

Dressing to win or image is a vital part of the work force. Companies seek individuals who fit into their cultural environment. It is important for an individual to evaluate himself/herself in order to see where a "match" might occur. It is part of the American "success". (Peggy teaches employment interview at KSU Image or dress is an important part of this process.)

Wednesday, February 3, 7-8:30pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. None

HAIR, NAILS, MAKE-UP - YOUR OWN BEST ACCESSORIES

S-41

Pazazz Hair Designs

537-9825

Take advantage of the experienced staff at Pazazz - they will combine their expertise to show you how to make the most of your hair, your nails, and your best features through the illusion of make-up.

Monday, February 8, 7-9pm
Class Fee: \$5, pay at registration
Materials Fee: None
Limit: Min. 12 / Max. 12

HAIR STYLING

S-42

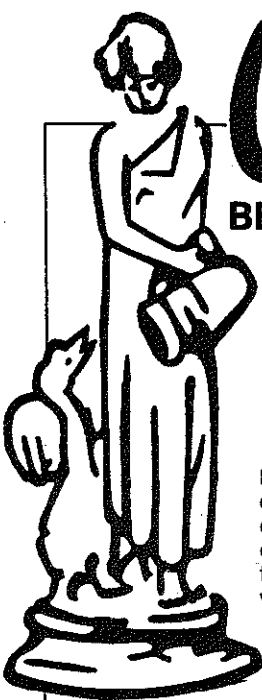
Mike Thompson

776-3600

This class will focus on hair care and styling for the individual in regard to their particular hair texture and face shape. You will be shown how you can create the illusion of the perfect face shape. Hair products and their uses will also be discussed.

(Mike has had 12 years experience as a hair stylist and attends seminars frequently. He is the owner of Aggie Hair Shapers.)

Sect. I: Monday, Feb 8, 7:15pm
Sect. II: Monday, Feb 29, 7:15pm
Sect. III: Tuesday, Mar 15, 7:15pm
Class Fee: \$5/sect. pay at class
Materials Fee: None
Limits: Min. 3 / Max. 10



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The New Age Connection

INNER GUIDANCE

S-23

Sharon Landrith

539-1546

Sharon began consciously receiving inner guidance in 1976. She acts as a bridge between the guidance and the individual she is working with. Information is provided about one's Life Path, blockages, and relationships, as well as suggestions for improving health and balance. Sharon would like to share her experience and help each individual become aware of their own sense of inner knowing and guidance.

(Sharon is a Professional Channeler, Re-birther and Regressor. She was a working partner in The Natural Healing Center near Billings and gained extensive experience in all areas of Holistic Healing and therapies.)

Tuesday, February 2, 7:30-9pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 5 / Max. 25

THE HUMAN AURA

S-27

Floyd (Jean) Dorsey

776-4479

The human body, the etheric body, and the astral body are energies that are part of every human being. These energies are commonly called the aura. Some people are blessed with the ability to see and interpret these energies. Jean has this gift and is happy to share his ability, knowledge, and experience with others. (Jean has been reading auras and teaching about these energies for several years.)

Wednesday, March 30, 7pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 40

MAKING CHANGES: A VISUALIZATION WORKSHOP

S-30

Eunice Dorst

539-8763

Each week we will work on a different aspect of our lives, including, but not limited to, areas such as self, relationships, spirituality, employment, and goals. We will examine our belief system, explore those beliefs that limit us, and work with visualization and affirmations to make positive changes in our lives. Those who are unfamiliar with visualization should first attend the introductory course on Feb. 30. (Eunice has practised visualization for many years, and has taught classes for UFM for three years.)

Wednesdays, Mar 9 - Apr 27, 7-9pm
(meets 7 times)
(Please note there will be no class on March 30)
Class Fee: \$10, pay at registration
Materials Fee: \$2, pay at first class
Limits: Min. 6 / Max. 20

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INTRODUCTION TO VISUALIZATION

S-29

Eunice Dorst

539-8763

This is an introductory course for those who wish to find out what visualization is, how it works, and how you can make changes in your life through using visualization techniques.

Wednesday, Feb 24, 7-9pm
Class Fee: \$4, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 4 / Max. None

INTRODUCTION TO A COURSE IN MIRACLES

S-28

Mary Williams

776-4906

Join us for an informational, introductory class on a personally transforming message that is being widely read and lauded around the world. The purpose of this message is to help you find your own internal teacher. (Mary is currently a student of the Course of Miracles.)

Thursday, April 7, 7:30-9pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 3 / Max. 25

CHANNELING

S-24

Steve & Erika Morgan

537-4747

Two channels will explain and demonstrate the increasingly popular process of channeling non-physical entities or guides. Bring your questions about channeling and also receive answers from a higher perspective. (Steve and Erika have taught several New Age and Channeling courses, and those who participated have rated them very highly.)

Section I: Thurs. Feb. 18, 7-9pm
Section II: Thurs. Mar. 17, 7-9pm
Section III: Thurs. Apr. 7, 7-9pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 30

TOUCH YOUR HEALING PLACE

S-25

Grace Reischman, D.C.

537-9330

Learn about healing yourself! This class is designed to assist you in getting in touch with your power and ability to heal yourself. We will use guided imagery, relaxation and breathing techniques, meditation, and more as a tool to take you to your healing place. (Grace is a chiropractor and has been practicing in Manhattan for nearly two years. In addition to studying how to help heal others, she has worked extensively in the self-healing field.)

Sunday, February 21, 2-4pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 5 / Max. 15

Continued...

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Class locations will be noted on your receipt.

15

The New Age Connection

(Continued)

INTERPRET YOUR DREAMS

S-26

Gary Plumberg

The interpretation of dreams is as old as the human race. Do you understand the meaning of your dreams as a way to discover your true self? The Eck-Ynari teaches this and more, as well as giving you proven techniques for remembering and recording your nightly adventures. Dreams are a reflection of intra-psychoic experiences which are recurrent in everyone. We will try to explain the inner workings of dreams. Please bring a notebook and pencil to class. (Gary has been a student of the Eck-Ynari for several years.)

Wednesdays, March 23 & 30, 7:30-9pm
(meets 2 times)

Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. None

Ways to Feel Good

YOGA

S-20

Rob Sheridan

776-6849

Yoga is an ancient self-discipline, the daily practice of which improves the quality of one's life by developing concentration and awareness. In this class we will practice basic yoga asanas (postures) and pranayama (breath-control techniques). Please wear comfortable clothing (shorts are best) and come with an empty stomach and an open mind. (Rob has studied with Dr. Albert Franklin since 1974. Dr. Franklin studied with Sri Krishnamacharya for 6 years in Madras, India.)

Mondays, Feb 15 - Mar 21, 5:30-6:30pm
(meets 6 times)

Class Fee: \$6, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 8 / Max. 12

BASIC MASSAGE

S-21

Bob Parr

1-762-5569

This class will introduce you to traditional Swedish massage for the purpose of increased/improved circulation and total relaxation. Please sign up with a partner. Lotions, oils, and handouts will be provided. Participants should wear shorts and T-shirts or other loose clothing. Bring towels and a pad of some type to lie on.

(Bob has been a professional masseur for nine years. After working in a health club for just over two years, he is now a freelance outcall masseur giving sessions or lessons by appointment only.)

Tuesday, April 5, 5:30-8:30pm

Class Fee: \$10/couple, pay at registration
Materials Fee: \$2/couple, pay at class
Limits: Min. 4 couples / Max. 7 couples

REFLEXOLOGY

S-22

Russell Gillespie

776-8768

Learn to relax, relieve tensions (stress) and improve your general health. It is easy to learn and to put into practice the very first time. Bring clean feet and hands. Good health awaits you. (Russell has used reflexology for over fifteen years and has taught many people how to benefit from its practice.)

Monday, May 23, 7pm

Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 8 / Max. 16

16

Class locations will be noted on your receipt.

Taking Care of Yourself & Others

WOMEN'S SELF DEFENSE

S-1

Stan Wilson

539-7723

This class teaches methods and attacks to prevent, avoid, and repel physical and verbal attacks. Both theory and method are covered. (Stan has been involved in martial arts for 18 years and specializes in practical methods and attacks.)

Begins Monday, February 8, 8-9:30pm
(meets 6-7 times)

Class Fee: \$10, pay at registration
Materials Fee: \$2, pay at class
Limits: Min. 5 / Max. 15

HANDWRITING ANALYSIS

S-2

Miriam Field

539-5586

This class offers an overview of the traits revealed in handwriting. This is a unique opportunity to learn more about yourself through analysis of your handwriting. (Miriam is a master certified grapho-analyst. She also teaches more in-depth introductory courses.)

Mondays, February 22 & 29, 7-9pm
(meets 2 times)

Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. None

HOW TO GAIN SELF-CONTROL

S-9

Greg Potter, PhD

537-0076

Do you greet each day with confidence and enthusiasm? Are you able to meet the challenges of life with a smile? If not, why? This seminar deals with the development of self-control by taking charge of your happiness and self-achievement. (Dr. Potter has been in private practice in Manhattan since 1981.)

Wednesday, February 3, 7pm

Class Fee: \$5, pay at registration
Materials Fee: \$7.50, for tape
Limits: Min. 3 / Max. 10

MAKE A NOTE!
UFM'S NEW TELEPHONE NUMBER
539-8763

TIME & STRESS MANAGEMENT

S-3

Virginia Moxley

532-5500

This workshop is for busy people who are seeking ways to become both more productive and less stressed. The workshop teaches time and stress management strategies useful in both employment and family contexts.

(Virginia Moxley is the associate dean for Academic Affairs in the KSU College of Human Ecology and a frequent speaker on topics related to the management of complicated and competing life roles.)

Wednesday, March 2, 6:30-8pm

Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 10 / Max. None

Continued...

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Taking Care of Yourself & Others (Continued)

WOMEN WHO FEEL GUILTY

S-6

Dianne Perrote

Women are socialized to accept the sole responsibility for the success of their relationships and the happiness of others. When a relationship fails, or if we are unable to 'fix' the unhappiness of another, we feel guilty -- somehow, somewhere we failed. Learn to free yourself from guilt by not accepting responsibility that is not yours. Through discussion and sharing experiences, we will find ways to let go of guilt. (Dianne has become very aware of the sociological pressure to accept misplaced responsibility and guilt.)

Tuesday, March 1, 7-9pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 3 / Max. None

ASSERTION SKILLS: HANDLING CRITICISM

S-4

Dori Lambert, Ph.D. 532-6927

After learning to accept your personal rights and responsibilities, you will learn ways to assertively respond to criticisms. This is a structured learning experience incorporating attention to individual examples and group practice through the use of role-play. (Dori is a psychologist at KSU.)

Mondays, Feb 1-22, 6-7:50pm
(meets 4 times)

NOTE: KSU Students contact Dori, non-students register through UFM
Class Fee: \$6, pay at registration
Materials Fee: \$3, pay at first class
Limits: Min. 4 / Max. None

KEEP REACHING -- MOTIVATION

S-16

Joe Younger 532-6277

What makes you do what you do? Everyone has a motivator within themselves that says "do it" for whatever reason. Explore the dynamics of motivation and de-motivation! Study why people keep reaching to satisfy needs. (Joe is manager of staff training and development programs at KSU.)

Thursday, February 4, 7-8:30pm
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 6 / Max. 12

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ASSERTION SKILLS: EXPRESSING ANGER

S-5

Dori Lambert, Ph.D. 532-6927

Learn and practice assertive ways to express your anger/irritation. This is a structured learning experience incorporating attention to individual examples and group practice through the use of role-play. (Dori is a psychologist at KSU)

Mondays, March 28- April 18, 6-7:50pm
(meets 4 times)

NOTE: KSU students contact Dori, non-students register at UFM
Class Fee: \$6, pay at registration
Materials Fee: \$3, pay at first class
Limits: Min. 4 / Max. None

SPOUSE ABUSE DISCUSSION

S-13

Dianne Perrote

Dianne, a former battered wife, will lead this discussion on spouse abuse. She will identify the myths and respond to questions such as why do women stay in abusive situations, what help is there for the abused spouse, and how can friends help? (Dianne was in a battering situation for many years: with the assistance of crisis centers has now made the transition to living on her own and is working on her Master's degree in Family Life Education.)

Tuesday, February 2, 7-9pm
Class Fee: \$2, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. None

FRIENDS INDEED: A COURSE IN HELPING

S-17

Jennifer White 532-6984

In times of need, a friend who listens and understands can make the difference. Sometimes, however, we don't know exactly what to say or how to handle the emotional intensity. In this course, we will learn and practice ways to be an effective listener and a compassionate friend. (Jennifer is a graduate student in Marriage and Family Therapy.)

Mondays, March 28 - May 2, 7-8pm
(meets 6 times)

Class Fee: \$6, pay at registration
Materials Fee: None
Limits: Min. 5 / Max. 15

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HOW TO GAIN SELF-ACCEPTANCE

S-8

Greg Potter, PhD

537-0076

Early in your childhood you learned that your personal worth was determined by your intelligence, actions, appearance, and ancestry. If you measured up, you were allowed high self-esteem. But most of us never live up to the expectations put on us by ourselves or others. This class explores how you can totally accept yourself, regardless of the expectations around you. (Dr. Potter has been in private practice in Manhattan since 1981.)

Wednesday, February 24, 7-9pm
Class Fee: \$5, pay at registration
Materials Fee: \$7.50, for tape
Limits: Min. 3 / Max. 10

DATING RELATIONSHIPS

S-10

David Wright, Ph.D.

532-5510

Dating relationships, which should be fun, can cause confusion and create problems which are difficult to handle. Uncomfortable situations can arise from too much intimacy too fast, possessiveness, jealousy, gender roles, and unfulfilled expectations. We will cover these and other problems through discussion and sharing of experiences. (Dr. Wright teaches Marriage and Family Therapy in the Department of Human Development and Family Studies at KSU.)

Wednesday, February 17, 7-9pm
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 15

SECOND STAGE -- FOR FORMERLY BATTERED WOMEN

S-14

Daasie Ward

537-3784

This is an informal discussion group intended for women who have escaped from abusive relationships and who are now striving to lead violence-free lives. Participants will share experiences and help each other learn to recognize abusive behavior. (Daasie is a formerly battered woman who has come a long way since she quit hiding under the kitchen table.)

Begins Thursday, Feb 4, 7-8:30pm
(ongoing)

Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

FOR PARENTS OF CHILDREN WHO HAVE WITNESSED ABUSE

S-15

Dianne Perrote

Children who have witnessed abuse can have many problems. In this class we will share our experiences of how our children coped with their problems, and discuss what strategies have helped us to help them. (Dianne has children who witnessed abuse and has had to deal with the resulting problems.)

Tuesday, February 23, 7pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 3 / Max. None

Continued...

MAKE A NOTE!
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Class locations will be noted on your receipt.

17

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Taking Care of Yourself & Others (Continued)

<u>MARRIAGE ENRICHMENT</u>	S-11	<u>DANCE OF ANGER</u>	S-7	<u>ADULT CHILDREN OF ALCOHOLICS</u>	S-19
Larry M. Peak, Ph.D.	537-4014	Jennifer White	532-6984	Marlin Wilson	776-7533
<p>A perfect marriage is sometimes considered to be an idealistic union that few people achieve. However, through this marriage enrichment class, Dr. Peak will explain how marital relationships, although not perfect, can be strengthened. He will look at the most frequent marital problems and discuss positive steps for enhancing your marriage. Time will be allowed for group discussion and individual questions. (Larry has a private mental health practice offering marital therapy.)</p> <p>Tuesday, February 9, 7-9pm Class Fee: \$5, pay at registration Materials Fee: None Limits: Min. 4 / Max. 10</p>		<p>Emotions get played out in our relationships in a number of different ways, sometimes to our advantage and sometimes to our disadvantage. One of the emotions that is especially difficult for most women in relationships is anger. In this class we will explore: a) typical ways of handling anger and other emotions in relationships; and b) how we can change these patterns to be more beneficial to ourselves and to others. (Jennifer is a graduate student in marriage and family therapy.)</p> <p>Mondays, Feb 8 - 29, 7-8:30pm (meets 4 times) Class Fee: \$6, pay at registration Materials Fee: \$1, pay at first class Limits: Min. 5 / Max. 8</p>		<p>There are predictable patterns of behavior within the alcoholic family. The children of alcoholics continue these patterns of behavior into other relationships creating problems and tensions which need not exist. Research is available showing that family members of alcoholics may have similar behavioral patterns. This class will look at the effects of alcoholism on family members through discussion and films. If your life is in any way affected by an alcoholic family member or friend, this class will help you to understand your own and other people's behavior. (Marlin is a counselor with St. John's Affiliated Assessment & Guidance Center.)</p> <p>Date to be announced at registration Class Fee: \$5, pay at registration Materials Fee: None Limit: Min. 4 / Max. 20</p>	
<u>DIVORCE: HOW TO STOP FEELING LIKE A VICTIM</u>	S-12	<u>TEAM BUILDING</u>	C-15	<u>HELPING ADULTS COPE WITH AGING PARENTS</u>	S-18
Michael Weinberg, PhD	539-7758	Joe Younger	532-6277	Kathryn Beckham, Ph.D	532-5780
<p>Divorce is often an emotionally devastating experience that reinforces the feeling of being victimized. We will discuss the options available that will diminish these painful feelings by substituting them with actions that build emotional strength. (Dr. Weinberg is a National Certified Counselor in private practice. His presentations are informative, entertaining, and non-threatening. Michael has taught this course several times over the past few years for UFM.)</p> <p>Mon & Wed, Feb 8 & 10, 7pm Class Fee: \$5, pay at registration Materials Fee: None Limits: Min. 4 / Max. 10</p>		<p>Human beings have engaged in team building since the beginning of time. As a result, most people possess a fairly effective, common-sense understanding of how to create a climate in which persons come to work well with each other. Yet, the fact is that many often ignore the common-sense, basic methods for team building. This videotape/narrative presentation, in omnibus-style format, looks at the various components of working together. (Joe is the Manager of Staff Training and Development at Kansas State University.)</p> <p>Thursday, February 18, 7-8:30pm Class Fee: \$5, pay at registration Materials Fee: None Limits: Min. 8 / Max. 16</p>		<p>A growing concern for younger generations, particularly middle-aged adults, is how to cope with aging parents. During this session, issues associated with caring for elderly relatives and specific methods of coping will be discussed. (Kathryn is an Associate Professor/Extension Specialist in Human Development and Family Studies at KSU. Her areas of expertise include adult development and aging and stress management.)</p> <p>Monday, May 2, 7-9pm Class Fee: \$4/person, \$6/couple. Pay at registration Materials Fee: \$1, pay at class Limits: Min. 5 / Max. 20</p>	



<u>CHILDREN'S SPRING GARDENING</u>	KS-12	<u>DECORATING EASTER EGGS</u>	KS-7	<u>BEGINNING CERAMICS FOR CHILDREN (AGE 6 AND UP)</u>	KS-6
Children from the ages of 5-12 will be assigned individual and group gardens. They will learn planting, soil preparation, weeding, harvesting, and other cultural practices throughout the gardening season.		Jadis Paul	776-0942	Diana Hatch	776-9921
<p>Saturday mornings, starting date and time to be announced. Class Fee: None Materials Fee: None Limits: Min. 1 / Max. None</p>		<p>Decorating Easter Eggs is always fun, but it is even more fun when you have little people to inspire you. Dye, crayons, glue, and other decorating materials will be provided, but you can bring more if you wish. Please bring your own eggs. All ages welcome and children may bring their parents at no extra charge. Parents: please give your name as well as your child's name and age at registration. (Jadis loves to help children decorate eggs.)</p> <p>Saturday, April 2, 2-3pm Class Fee: \$3/child, \$2/each additional sibling. Pay at registration Materials Fee: \$2, pay at class Limits: Min. 3 / Max. 10</p>		<p>Each child will complete 3 projects: a kitchen trivet, a mug, and another project chosen by the child. Basic techniques will be emphasized and original artwork on each project will encourage each child's creativity. No previous experience required. Children should dress in old clothes. (Diana, who is a mother, believes that everyone has creative talents that can be developed for his or her own enjoyment.)</p> <p>Saturdays, Feb.13-Mar 5, 10-11:30am (meets 4 times) NOTE: Registration deadline Jan.29 Class Fee: \$4, pay at registration Materials Fee: \$20, pay at class Limits: Min. 1 / Max. 8</p>	
		<u>STENCILING FOR KIDS</u>	KS-5		
		Dean Reed	539-8763		
		<p>Your children will learn the basic techniques of stenciling and bring home a stenciled shirt. A great idea for presents! Bring a T-shirt (old or new) to stencil on. Materials fee includes a brush and stencil to keep. Please give child's name and age at registration. (Dean has taught stenciling many times for UFM.)</p> <p>Saturday, Feb. 13, 1-2:30pm Class Fee: \$3/child, \$2/each additional sibling. Pay at registration Materials Fee: \$4/child. Pay at class Limits: Min. 3 / Max. 10</p>			

18

Class locations will be noted on your receipt.

INTRODUCTION TO DOG TRAINING FOR KIDS

Cheryl May KS-1
776-4326

Find out what you need to get started training your dog. Bring your dog, a 6-ft. leather or nylon leash, and a choke chain training collar. We'll cover the basics -- heeling, sitting, and the stay commands. Ages: children, 8-16; dogs, over 6 months.
(Cheryl teaches advanced obedience for the Riley County dog project.)

Thursday, March 31, 6-8pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 12

HORSES FOR KIDS OF ALL AGES KS-2

Linda Kleiner 537-0151

Learn about horses and equipment and how to care for them. You will get to feed, groom, and RIDE a horse. Learn to enjoy and have fun with a horse by learning a few games that can be played with horses. What does a horse need to become your best friend? What is horse safety? How much does a horse eat? All these questions and more will be answered and you will also get some hands-on experience. Parents are encouraged to attend. Don't miss this great opportunity.
(Linda grew up with horses and competed in horse shows throughout the State. She has won several honors and is a former 4-H horse member and is presently a 4-H horse leader.)

Saturday, May 28, 10-11am
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 20

REPTILE ROUNDUP KS-3

Matt Whiles 539-9540

Turning over rocks on a Flint Hills hillside is likely to uncover anything from a ring-necked snake or milk snake to a collared lizard or skink. We will search such an area and capture, discuss, and release whatever reptiles we find. Bring a pillowcase to hold your finds. This is an especially good field trip for kids. (Matt has 13 years experience in teaching about, collecting, and studying snakes.)

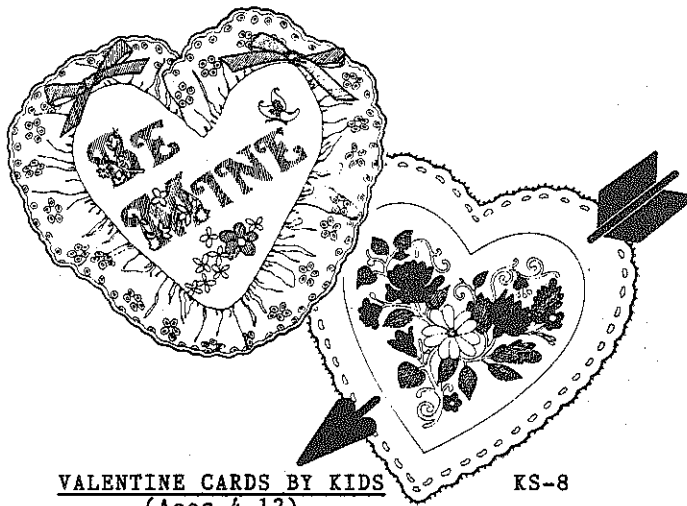
Saturday, April 16, 8am-noon
Class Fee: \$3 for one child, \$2 for each additional sibling. Pay at registration
(No charge for adults accompanying children.)
Materials Fee: None
Limits: Min. 4 / Max. None

DINOSAURS FOR KIDS (AND KIDS AT HEART)

Rich M. Busch KS-4
532-6724

Dinosaurs, or terrible lizards, ruled the Earth for about 165 million years during what is known as the Mesozoic Era of time. They were once regarded as cold-blooded, slow-moving, dumb beasts, but that image is changing. We will explore the new image of dinosaurs as warm-blooded, fast, intelligent creatures. We will also examine bones of dinosaurs and other Mesozoic creatures from Kansas. Find out what Kansas was like when dinosaurs stalked the Earth! All ages welcome.
(Rich is an Assistant Professor of Geology and Adjunct Professor of Science Education at KSU with teaching and research interests dealing with fossils, stratified rocks, and Earth history. He has been fossil collecting since he was 5 years old.)

Thursday, Feb 4, 6:45-8pm
Class Fee: \$3/child, or \$5/family
Pay at registration
Materials Fee: None
Limits: Min. 10 / Max. 40



VALENTINE CARDS BY KIDS KS-8
(Ages 4-12)

UFM Staff 539-8763

One of the great things about kids' creativity is that they enjoy putting their whole hearts into things they make for others. We will make valentines for parents and other special people. The materials fee will include all supplies and photographs used in creating personal valentines. Refreshments will be served.

Saturday, February 13, 1-2:30pm
Class Fee: \$3/child, \$2/each additional sibling. Pay at registration
Materials Fee: \$3, pay at class
Limits: Min. 5 / Max. 15

EXPERIMENTS YOU CAN EAT KS-9
(AGES 6 TO 11)

Cindy Klentz

Science is fun! Explore science through experiments you can create and eat in your own kitchen. This will be a hands-on class so come prepared for a science experiment and a snack!
(Cindy loves kids and loves to cook -- a perfect combination for this class.)

Sect. I: Saturday, April 30, 10-11:30am
Sect. II: Saturday, May, 7, 10-11:30am
Class Fee: \$3, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 4 / Max. 8

PAPER AIRPLANES (Ages 8-13 yrs) KS-13

Leo Schell 539-6540
Ralph Fontenot

Learn to fold and fly darts, canards, helicopters, spaceships, and more! You will make gliders, loopers, and curvers that will sail through the air. Many patterns are provided and contests will be weekly.
(Leo and Ralph, both elementary school teachers, have loved, folded and flown paper airplanes for years and years. They have compiled an extensive library which they will share.)

Saturdays, Mar 26, Apr 2 & 9, 11am-noon
(meets three times)
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 12

KUNG FU FOR YOUNG ADULTS KS-14

Stan Wilson 539-7723

Students will learn the modified basics of Pai Te Lung Kung Fu and some methods of self-defense for younger people aged 6-12. (Children over 12 should join the adult class.)
(Stan taught a children's class for two years at Fort Riley.)

Begins Saturday, Feb. 6, 2-3pm,
(class meets for 2 months)
Class Fee: \$8, pay at registration
Materials Fee: \$2, pay at class
Limits: Min. 6 / Max. 12

★ MARTIAL ARTS FOR ADULTS SEE
PAGE 20

NATIVE AMERICAN CHILDREN'S WORKSHOPS

Pat Embers 539-2819
Jayne Link 539-7605

FOR CHILDREN AGES 2-1/2 - 5 YEARS KS-10

Learning about nature the Indian way is easy for little ones. They are already in awe of butterflies and big trees, and they love to shake bells and rattles. We will be painting "butterflies" with beautiful colors of sand, hugging trees as friends, and drumming and dancing to Indian songs in a woody yard. The children will learn respect for Mother Earth in fun ways. Parents may attend if desired.

Saturday, April 30, 10am-noon
Class Fee: \$3/child, \$2/each additional sibling. Pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

FOR CHILDREN AGES 5 - 12 YEARS KS-11

The children will participate with nature in Native American ways. We will learn to honor the earth through ceremonial use of sage, corn, drumming, dancing, sand painting, and the medicine wheel. We will meet in a yard where we can play games in and around the cedars and oaks. We will learn to relate to our brother/sister, animal, and plant friends as the Indians did and still do.

Saturday, May 14, 10am-noon
Class Fee: \$3/child, \$2/each additional sibling. Pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

JAYNE AND PAT HAVE BEEN DOING THESE WORKSHOPS FOR SEVERAL SEMESTERS. THE CHILDREN RELATE WELL TO THESE ACTIVITIES. IT IS FUN AND INTERESTING FOR ALL.

★ FOR OTHER NATIVE AMERICAN CLASSES SEE PAGES 5 & 14

USED BOOK SALE

UFM is collecting used books for a book sale.

- * Hardbacks
- * Paperbacks
- * Comics
- * Texts
- * Magazines
(special interest only, e.g. National Geographic)

We will pick up if you have at least one carton full.

LOOK FOR INFORMATION IN JANUARY ON OTHER PICK-UP POINTS AND DATE OF SALE

or

CALL UFM FOR DETAILS
539-8763

Class locations will be noted on your receipt.



Martial Arts

BEGINNING KUNG FU (PAI TE LUNG STYLE)

R-2
Stan Wilson 539-7723

Pai Te Lung is a Kung Fu style combining hard, soft, and internal methods. Beginners will learn basic techniques, some self-defense, drills, one-step sparring, and if we have time, the three short forms. Wear comfortable clothing. (Stan has studied martial arts for 17 years, is a black belt, and is a member of the Pai family. He is the author of 40 Intermediate Techniques of the Yama Bushi Kai, a Kung Fu manual and video set.)

Tues & Thurs. Begins Feb.2, 7-8 pm (Ongoing)
Class Fee: \$12, pay at registration
Materials Fee: \$2, pay at first class.
Limits: Min. 3 / Max. None

ADVANCED KUNG FU (PAI TE LUNG STYLE)

This class is available for those who wish to learn kata, application of kata, self-defense, awareness drills, and sparring. Please contact Stan Wilson, 539-7723.

★ KUNG FU FOR YOUNG ADULTS, SEE PAGE 19

INTRODUCTION TO KARATE

R-4

Joel Cederberg 537-7090

This course will cover the basics and is for those who do not know anything about karate, but really want to learn. Karate is not easy and requires much hard work, practice, patience, and perseverance. Please wear loose clothing that you do not mind getting sweaty.

Mon/Wed/Fri. Feb 3 - Feb 29, 8-9:30pm (meets 12 times)
Class Fee: \$12, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

VOLKSMARCH

UFM is forming an IVV Sanctioned Volksmarch Club. This recreational activity is growing by leaps and bounds in the United States. If you are interested in assisting, or just wondering what it is all about, join us for an informational/organizational meeting on March 1, 7pm, UFM, 1221 Thurston.

20

Class locations will be noted on your receipt.

WHITE DRAGON TAI CHI

R-1

Stan Wilson 539-7723

This class will introduce the students to the White Dragon Kung Fu method of Tai Chi. We will study and practice the 138 move outer tiger form. This is not the usual version of Tai Chi. White Dragon Tai Chi is good for mental relaxation, meditation, and energy balancing. Other methods will be taught if students wish to continue this class. (Stan has a black belt in White Dragon Kung Fu.)

Wednesdays, Begins February 10, 8-9pm (meets 6 - 8 times)
Class Fee: \$10, pay at registration
Materials Fee: \$2, pay at first class
Limits: Min. 5 / Max. 15

JUJITSU FOR BEGINNERS

R-3

Stan Wilson 539-7723

Japanese in origin, jujitsu stresses hands-on combat featuring throwing, low kicks, and wrist and arm locking. This class will include the hakko ryu basic waza form and walking exercises. This class is self-defense oriented. Participants must be age 15 or over. (Stan has a black belt in jujitsu and has taught martial arts for 8 years.)

Sundays, Begins Feb.7, 7-8:30 pm (Ongoing)

Class Fee: \$12, pay at registration
Materials Fee: \$2, pay at first class.
Limits: Min. 3 / Max. None

ADVANCED JUJITSU

This class is a continuation of the beginning jujitsu class. Participants will further their knowledge of jujitsu including drills and self-defense techniques. For further information call Stan Wilson, 539-7723.

★ SELF-DEFENSE FOR WOMEN SEE PAGE 16

Charlson and Wilson

INSURANCE AGENCY
Charles Hostetler
Dan Messelt • Jeff Kruse

CU Insurance
For all your insurance needs.
111 North 4th 537-2900

Cross Blades

BEGINNING FENCING

R-17

James Eicher

239-3117

En Garde! Learn basic fencing skills with foil, epee, or sabre. Fencing is one of the oldest sports known to man. It began with the ancient Romans in preparing for battle. Now, it has come to Manhattan, Kansas. Modern fencing is an exhilarating and fast paced olympic sport. The materials fee pays for the rent of all needed equipment. Men and women of all ages are welcome. Come cross blades with us.

(James began fencing in the Philadelphia area with one of the top clubs in the nation, SALLE CSISZAR. He fenced last summer in the National Championships in Phoenix, Arizona and is currently a ranked Foilist.)

Wednesday, February 3, 7-10pm
Class Fee: \$10, pay at registration
Materials Fee: \$10, pay at class
Limits: Min. None / Max. 30

Floating Around

SPRINGBOARD DIVING

R-12

Brett Balkenhol 539-8455

Springboard diving can be fun for all ages. The simple basics of forward, back, and somersault dives will be taught. Brett promises nothing serious or dangerous. Please bring a short sleeved sweatshirt.

(Brett has worked with the UFM program before, and has enjoyed sharing his knowledge with young and old.)

Sundays, Jan 31-Mar 6, 10:30-12:30 (meets 6 times)

Class Fee: \$8, pay at registration
Materials Fee: None
Limits: Min. 1 / Max. 8

Continued...

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* HOME provided free labor for *
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Floating Around (Continued)

INDEPENDENCE DAY CANOE RACING R-13

Jefferson Brown 537-9403

Learn the basics of canoe racing and prepare yourself for fun. After you have learned the basics, and we have practiced for a while, we will be ready to travel to Lawrence to take part in a canoe race. Lawrence celebrates Independence Day with canoe races, crafts and music. Even if you have never paddled a canoe before, you will quickly learn, and who knows, you may paddle the winning canoe! (Jeff is an experienced paddler who enjoys the thrill of canoe racing.)

Organizational Meeting:

Thursday, March 31, 7:30-8:30pm
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 1 / Max. 8

PHILLIPS MANHATTAN MARLINS SWIM TEAM

If you are between 8 & 18, have finished Advanced Beginners and like to swim, we have a 3 or 5 day program to prepare you for team swim meets. Have Mom or Dad call for more information from: Mary Fenton - 539-7613 or Rollin Sears - 776-6603.

FRIENDLY KANSAS CANOEING R-14

Bob Poresky 539-2967

Basic canoeing techniques will be incorporated into trips to nearby lakes, streams and rivers. We will have a chance to learn/relearn canoeing techniques as we explore this spring. Participants will be responsible for providing canoes, paddles, life jackets, etc. The spring schedule will be set at the April meeting at which time partners and rental locations will be found. This class welcomes both families and individuals. (Bob has taught canoeing techniques many times for UFM.)

Organizational Meeting:

Wednesday, April 20, 7:30pm
Class Fee: \$6/person or \$10/couple, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 20

* DID YOU KNOW.... *
* Through the Community *
* Resource Act (CRA), the UFM *
* model has been extended to *
* 50 communities in Kansas? *

FUNDAMENTALS OF KAYAKING (AMERICAN RED CROSS) R-15

Experience the challenge of kayaking! Through video films, demonstrations, lectures, and lots of hands-on experience, we will study equipment, paddle techniques, fast water maneuvers, and practice American Red Cross safety techniques. The class meets at an indoor pool. All handouts, textbooks and equipment are provided.

Sundays, February 7-28, 9am-1pm (meets 4 times)

Class Fee: \$5, pay at registration
Materials Fee: \$45, pay at class
Limits: Min. 4 / Max. None

INTERMEDIATE KAYAKING WORKSHOP R-16

This workshop is for those kayakers with some experience who desire to improve their skills. Informal critiques will be provided on rolls, and strokes in indoor pools. Boats are available for rent at the pool, or you can bring your own.

Section I: Sunday, Jan 31, 9am-1pm
Section II: Sunday, Mar.6, 9am-1pm

Class Fee: None
Materials Fee: \$2.50, pay at class
Limits: Min. 4 / Max. None

Out & About

HIKING TRAILS IN KANSAS R-5

Jefferson Brown 537-9403

We will discuss eight or ten hiking trails in Kansas; and at the end of our meeting we will set the date and choose one of the trails for hiking later in the month. (Jeff is an avid hiker and has worked at Konza Prairie.)

Tuesday, March 1, 7:30-8:30pm
Class Fee: \$3, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. 20

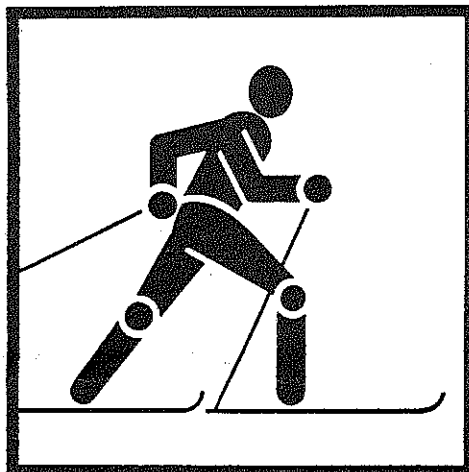
CROSS COUNTRY SKIING - BEGINNERS R-6

Sam James 776-0529

This class is intended for those with little or no cross-country skiing experience and those with serious doubts about their technique. We will cover the basic elements of cross-country skiing, see some of the recent advances in techniques, and discuss equipment. Bring your own skis.

(Sam has been skiing for 15 years and racing for 6 years. He has also conducted ski workshops in Michigan.)

Saturday, Jan.30, 10am-noon
(In case of no snow, the alternate date will be February 6.)
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 15



CROSS COUNTRY SKIING - INTERMEDIATE R-7

Sam James 776-0529

This class is for those persons who are comfortable skiing, but would like to improve their skills and add new techniques for forward motion, turning, and hill climbing. The skating techniques that have revolutionized ski racing will be included.

Saturday, Jan.30, 1-3pm
(In case of no snow, the alternate date will be February 6.)
Class Fee: \$5, pay at registration
Materials Fee: None
Limits: Min. 2 / Max. 15

GOLF FOR BEGINNERS R-8

Jim Gregory 539-1041

For those who have little or no experience, Jim will cover fundamentals of the full swing, short game-pitching, and chipping and putting. Bring a wood, 9 iron, and putter. If you don't have any clubs, they will be provided free of charge. Here's a chance to find out if golf is the sport for you.

(Jim is a PGA Golf Professional and is the golf professional at Stagg Hill Golf Course).

Thursdays, April 7,14,21, 6-7pm (meets 3 times)

Class Fee: \$6, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 4 / Max. 12

VOLLEYBALL FOR FUN (16 AND OVER) R-9

Lois Morales 539-8867

Indoor volleyball can provide low-key competition, exercise and a great time. It doesn't matter if you are an advanced player or a beginner. Nets and balls will be furnished. (Lois has played UFM volleyball for many years.)

Tues. & Thur. Begins Feb.2, 6:30-8:30pm (Ongoing)

Class Fee: \$3, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 1 / Max. None

Soaring High

LEARN TO FLY AT LOW RATES R-10

Hugh Irvin 532-6311

The class will be an informational session to overview what is involved in learning to fly in general, and the advantages of the K-State Flying Club in particular. Options available for ground school and for flight training in the Manhattan area will be discussed. Introductory flight lessons and/or short sight-seeing flights at minimum cost will also be scheduled at this meeting. (Hugh is an FAA Certified Flight Instructor and a member of the K-State Flying Club.)

Saturday, Jan 23, 9am
Class Fee: \$4, pay at registration
Materials Fee: None
Limits: Min. 4 / Max. None

UP UP AND AWAY! HOT AIR BALLOONING R-11

Dan and Patti Lawlor 539-3687

Explore the basics of hot air ballooning from inflation to chase and recovery. Learn about weather factors, pilot and crew responsibilities, and experience the thrill associated with hot air ballooning. Possible hands-on experience to be arranged at a later date. (Dan and Patti are members of the Great Plains Balloon Club in Topeka, and have been crewing for three years.)

Thursday, March 24, 7-9pm.
Class Fee: \$5, pay at registration
Materials Fee: \$1, pay at class
Limits: Min. 5 / Max. 25

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Hours: Mon.-Fri. 9-6;
Thurs. 9-8; Sat. 9-5

Class locations will be noted on your receipt.

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please send your contributions to
UFM, 1221 Thurston, Manhattan, KS 66502.

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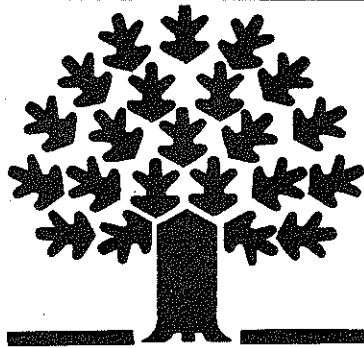
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Registration Form

539-8763

1221 Thurston Manhattan, KS



539-8763
1221 Thurston

REGISTRATION

PLEASE PRINT ★★ ONE FORM PER PERSON

Name _____
Street _____ Apt. # _____
City _____ Zip _____
Home Phone _____ Work Phone _____

SURVEY— Please check all that apply.
Have you taken a UFM class before? YES/NO
Students (___ credit hours this semester)

Freshman KSU Faculty/Staff
 Sophomore Under 13 years
 Junior 13-18 years
 Senior Senior Citizen
 Graduate Fort Riley Personnel
 Student Spouse Handicapped

Do you require class to meet in handicapped accessible place

I would like to volunteer my skills in exchange for registration discounts.

I am interested in teaching for UFM

Classes I would like to see offered next term _____

CLASS #	SEC. #	TITLE	CLASS FEE
1.			
2.			
3.			
4.			
5.			
6.			

PLUS \$2.00 REGISTRATION FEE (See Exemptions) **\$2.00**

TOTAL DUE

KSU Student ID No. _____
I hereby authorize the use of my Visa/Master Card Visa M/C
Card No. _____
Expiration Date _____
**UFM— 913-539-8763
1221 Thurston, Manhattan, KS 66502**

Four ways to register:

- A. WALK-IN:** Come to the UFM house, 1221 Thurston, during business hours (8 a.m. - 5 p.m. closed noon-1 p.m.).
- B. MAIL-IN:** Fill in your registration form and mail it with check, money order, or Visa/MasterCard number to: UFM, 1221 Thurston, Manhattan, KS 66502 (stamped, self-addressed envelope is appreciated).
- C. PHONE-IN:** With VISA or MasterCard only, you may call 913-539-8763 during business hours to register (minimum: \$5.00).
- D. SITES: See below.**

Wed.	Jan. 13	Manhattan Public Library	11am - 2pm 3pm - 7pm
Thurs.	Jan. 14	K-State Union	10am - 2pm
Sat.	Jan. 16	Dorothy Bramlage Library Junction City	2pm - 4pm
Sun.	Jan. 17	UFM House	2pm - 4pm
Tues.	Jan. 19	K-State Union	10am - 2pm
Wed.	Jan. 20	K-State Union	10am - 2pm
Thurs.	Jan. 21	Manhattan Public Library	11am - 2pm 3pm - 7pm
Sat.	Jan. 23	UFM House	2pm - 4pm
Sun.	Jan. 24	Dorothy Bramlage Library Junction City	2pm - 4pm
Tues.	Jan. 26	K-State Union	10am - 2pm
Thurs.	Jan. 28	K-State Union	10am - 2pm

PLEASE PRINT ONE FORM PER PERSON

Name _____
Street _____ Apt. # _____
City _____ Zip _____
Home Phone _____ Work Phone _____

SURVEY— Please check all that apply.
Have you taken a UFM class before? YES/NO
Students (___ credit hours this semester)

Freshman KSU Faculty/Staff
 Sophomore Under 13 years
 Junior 13-18 years
 Senior Senior Citizen
 Graduate Fort Riley Personnel
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CLASS #	SEC. #	TITLE	CLASS FEE
1.			
2.			
3.			
4.			
5.			
6.			

PLUS \$2.00 REGISTRATION FEE (See Exemptions) **\$2.00**

TOTAL DUE

KSU Student ID No. _____
I hereby authorize the use of my Visa/Master Card Visa M/C
Card No. _____
Expiration Date _____
**UFM— 913-539-8763
1221 Thurston, Manhattan, KS 66502**

UFM CLASS FEES:

All UFM classes are offered by volunteers. All fee income will be used to help meet UFM operating costs.

RECEIPTS:

After your registration form is processed, you will receive a receipt. This is your proof of payment. UFM will retain a copy.

CLASS LOCATIONS:

When you receive your receipt, the locations of your classes will be included.

REGISTRATION FEE EXEMPTIONS:

The following are exempt from the \$2.00 registration fee (but not class fees):

1. under 13 years of age
2. over 60 years of age
3. handicapped
4. full-time KSU students (an annual SGA allocation supports student participation)

REFUND POLICY:

UFM will only give a REFUND voucher (redeemable for cash) in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled or significantly changed
3. you have overpaid

UFM will only give a CREDIT voucher (redeemable for UFM classes) in these instances:

1. you are unable to attend a class and you have notified UFM, and the teacher a minimum of three days before the first meeting
2. you earn credit by teaching or volunteering for UFM

If you have problems with UFM, please call us at 913-539-8763.

TAKE TWO—GET ONE FREE

Register for two classes and select another class
FREE OF CHARGE!

This free class is restricted to classes without a maximum limit, or on a space available basis. (Call two days prior to the class date.)

24

Class locations will be noted on your receipt.

