

Hidden Places

Spring 1984

University For Man

A community learning center

University for Man
1221 Thurston
Manhattan, KS 66506

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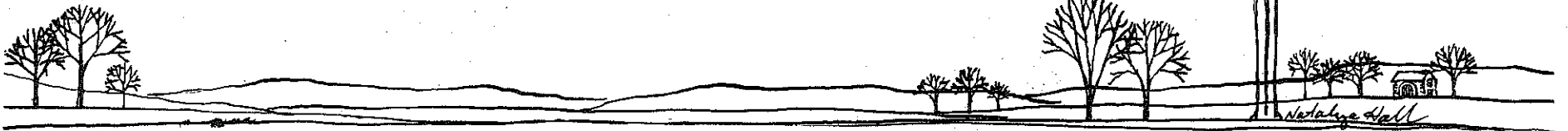
Volunteers:

Jean Gillespie
Nadia Chesla
Katherine Arndt
and over 600
UFM teachers

UFM is pleased in this catalog to celebrate the "Hidden Places" of Kansas, the often surprisingly little-known sites where the curious and the intrepid can still see and touch and even taste a part of history. Irrigation canals, battle sites, courthouses, tabernacles, and cemeteries. Hanging trees, railroad depots, art collections, livery stables, and dance halls. Homes of the famous and the infamous, Chatauqua pavilions, petroglyphs, bank buildings, and iron crosses. WPA murals, grand hotels, round barns, silica mines, and wind towers. Aircraft factories, ghost towns, trail ruts, trading posts, and band shells. Lime kilns, restaurants, natural springs, opera houses, and grain elevators. Libraries, mission buildings, jails, oil wells, and Old Settlers' Days. Stockades, city halls, drug stores, churches, and "Twin Mounds." Stone-arch bridges, newspaper offices, tobacco drying barns, pueblos, and corrals. College

halls, blacksmith shops, fiestas, military roads, and city treescapes. Abandoned steam shovels, serpent intaglios, schoolhouses, and mills. Poor houses, quarries, and pioneer tunnels. Kansas has a thousand such sites, and they are among the State's most important resources, a rich source of inspiration, education, and adventure.

Hidden Places



Special needs

The following topics have been requested for our next session, and we need teachers:

Cake Decorating	Auto Mechanics
Country Western Swing	Ballroom Dance
Tennis	Racquetball
Aerobics	Typing
Bicycle Maintenance	Computers
Swedish	Calligraphy
Home Repair	Carpentry
Upholstering	Swimming

If you would like to teach a topic other than those listed, we welcome you. Call Julie Coates at 532-5866

You can teach a UFM class

It's easy! If you have a special interest or hobby, think about facilitating a UFM class. It can be on almost any topic. The main qualification is that you have an earnest desire to introduce others to this topic or skill and help them in learning more about it. Facilitating UFM classes is a great way to get together with others with similar interests and abilities, and hopefully it can be a valuable learning experience for you as well as for the participants in your class.

If you'd like to lead a UFM class, give us a call. We would be happy to talk it over with you! The deadline for the Mid-Spring 1984 catalogue is February 27 and classes begin April 4.

Special notes

VOLUNTEERS, WE LOVE YOU! We couldn't do it without you. All UFM teachers are volunteers and we staff receive an incredible amount of support from you in the community. To all of you - T H A N K S!

REGISTRATION: Late registration for all classes is accepted on a first-come, first-serve basis. Call us at 532-5866 to find out about class openings.

PROBLEMS WITH YOUR UFM CLASS: Call Julie Coates at 532-5866. We'll make it right!

UFM on television

Learn about antiques, wildflowers, pocket billiards and other topics on Cable Channel 6 TV. "This is UFM" is a weekly television show featuring interviews with UFM teachers on their areas of expertise. It is aired every Tuesday at 6:30pm and Friday at 5pm on Cable Channel 6.

Parking

Parking is available after 5pm for classes scheduled at the UFM house. For classes scheduled on campus at KSU, parking is available in campus parking areas after 7pm. For classes that require you to park on campus before 7pm, visitors' permits are available from the information booth at the southwest entrance to the parking lot of KSU Union. Permits may be acquired until 4:30pm.

UFM refund policy

Please check your calendar before you register for a class. UFM will only give a refund in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.

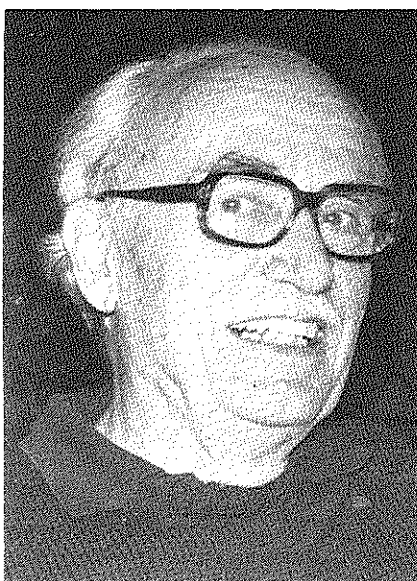
If you are not satisfied with a UFM teacher or class, please contact UFM at 532-5866.

Next session begins April 4, 1984

Photo Credits: Kansas State Historical Society, The Manhattan Mercury



UFM Staff: Rod Hoffman, Rebecca Brownson, Neil Schanker, Julie Coates, Pat Killian.



Teacher feature

Bert Franklin
Teacher since 1971
Member, UFM Board of Directors
1982 Recipient, Kansas Grassroots Education Award

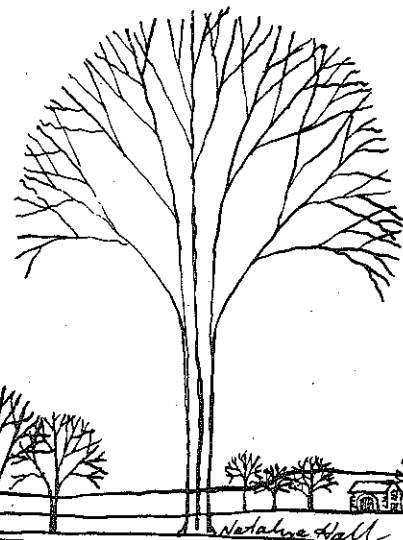
UFM has just completed its 15th year. At this point in our history we want to acknowledge the importance of those people who make UFM possible -- our teachers. Each year over 600 people in our community give their time to teach others. Beginning with this catalog we will feature an outstanding teacher in each of our three major sessions.

It is our pleasure to acknowledge Dr. Albert Franklin's contribution to UFM's program. For almost 13 years, he has taught Yoga through UFM. Young and old alike have taken his classes, some commuting from as far away as Topeka, Clay Center, and Council Grove.

"I have found a special reward for myself in teaching in that people are so grateful. There are many continuing relationships with people who come back year after year."

In addition to teaching for UFM, Dr. Franklin currently serves on the UFM Board of Directors. UFM wishes to express our thanks for his many contributions to our program and our community.

Community



Interest in Money . . .

IT'S YOUR MONEY: A FINANCIAL SERIES

Steve Harrison, Sherl Prawl 537-0594

Whether you want to know how stocks and bonds, mutual funds and money market funds work on Wall Street or how IRA's and Keogh's can supplement retirement income, chances are you will find your answer in this series of programs.

Location: Will be noted on your receipt
Class Fee: \$ 3.00/session (please indicate sessions you plan to attend)
10.00/series, pay with registration

Investment Basics C-1

One Time: Tuesday, 7:30-9:30pm, Feb 21

Back by popular demand, this is your opportunity to begin forming the foundation of investment fundamentals necessary for effective financial planning. Topics discussed will include money market funds, stocks, bonds, mutual funds and other investment opportunities.

Why Investors Fail C-2

One Time: Tuesday, 7:30-9:30pm, Feb 28

Once you have the basics, where do you go next? Questions addressed during this session will include: "What can I hope to get from investing?" "What risks can I afford to take?" and "How do I calculate investment risk?"

Investing for Income Today C-3

One Time: Tuesday, 7:30-9:30pm, March 6

"What will give me income now?" For those who ask this question we will discuss money market funds, bonds (corporate, government and municipal), income stocks, income-producing real estate and other alternatives.

Investing for Growth and/or Retirement C-4

One Time: Tuesday 7:30-9:30pm, March 13

Inflation and taxes - both are major considerations. Discussions will cover: investing for income tax reduction through real estate, oil and gas, as well as equipment leasing; retirement plans such as Keogh's and IRA's and growth through various investment vehicles. (Steve and Sherl are registered representatives of a New York Stock Exchange member firm with offices in Manhattan.)

MONEY MANAGEMENT SEMINAR C-5

Fred Freeby 537-4505

Section I: Monday, 7-9:30pm, Feb 13
Section II: Thursday, 7-9:30pm, Feb 16 (one time each section)
Section III: Monday, 7-9:30pm, Feb 20

Location: Will be noted on your receipt

The time is gone when providing for tomorrow's needs meant simply working hard and putting a little bit away each month. Financial planning is important for everyone, regardless of income. Subjects to be covered include: tax shelters, setting financial goals, investment opportunities, retirement planning, money market funds, IRA's and Keogh. (Fred is division manager of Wadell and Reed.)

ESTATE PLANNING C-6

Don Weiner 776-4206

One Time: Thursday, 6:45-8:15pm, March 22

Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

A discussion with emphasis on current IRS regulations, wills, trusts and other legal aspects of successful estate planning. (Don is an attorney with offices in Manhattan.)

STUDENT LOAN FINANCING C-23

Diane Durst 537-1234

One Time: Thursday, 7:30pm, Feb 23

Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Do you have the ability and desire to further your education but need a financial boost to do it? Through Guaranteed Student Loans and PLUS student plans, you can attend colleges and universities and meet your educational goals. This class will tell you everything you need to know about these loans -- what they are, how to apply for one and your responsibilities when it comes to repayment. (Diane has worked in the banking industry in all areas of finance and recently started a student loan department at a local bank. She is President of Credit Women International.)

HOMEBUYER'S SEMINAR C-7

Craig King 537-2151

One Time: Thursday, 7-8:30pm, March 15
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

A seminar designed for the first time homebuyer or homeowner wanting to make a change. Topics covered include: financing, tax implications, purchase contracts, rent vs buy decisions and making a realtor work for you. (Craig is general manager for Fireside Realty Better Homes and Gardens. Prior to joining the firm in 1983 he spent five years as a real estate consultant and Regional manager for the Better Homes and Gardens Real Estate Service, a national real estate marketing network.)

REAL ESTATE FOR INVESTORS C-8

Duane McKinney 539-2356

Wednesdays, 7-9pm, March 21 & 28 (2 times)

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration Limit: 15

Real estate can suit your investment needs, whether it is land for development, commercial property, or rental units. Duane will cover different types of investments, rules of thumb for profit/loss assessment, kinds of ownership, methods of financing, and ways to maximize your tax advantages. (Duane is a licensed broker at Century 21.)



Mexican Fiesta, 1975, Garden City

. . . and taxes

INDIVIDUAL INCOME TAX ASSISTANCE C-9

Elias Saig 539-9960

Wednesdays, 7pm First Meeting: Feb 22 Length: 8 times

Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

This class will provide assistance to enable you to accurately prepare your individual federal (forms 1040, 1040A and 1040EZ) and state income tax returns for 1983. It will point out what is new in the law this year and answer your questions. (Elias is certified by IRS to assist tax payers.)

Do-IT-YOURSELF TAX PREPARATION: THE BASICS C-24

Gil Gillespie 776-7531

One Time: Monday, 7-9pm, March 5

Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Don't wait any longer for the April 15th frenzies to strike! This course will cover the basics you need to know to organize your financial information so that you can easily do your tax return. Included will be how to deal with income averaging, dealing with the 1099's and W-2's and other important tricks of the trade. Bring last year's tax return to class with you or a copy of this year's tax form. (PLEASE NOTE: This will not be an opportunity to complete your tax return.) (Gil is owner of the local H & R Block and has 20 years experience in tax preparation.)

—People for peace—

MANHATTAN MOBILIZATION FOR SURVIVAL

C-30

Sponsors: Dave Stewart, Wayne Rohrer, Charles Perkins, Dr. Tom Ryan, Sue Maes, Lyman Baker, Neil & Jan Flora, Sam Lacy, Rev. Mike Klassen, Dave McFarland, Page & Nancy Twiss, Rev. Ron Roschke, Beau Vallance, Phil Royster, Dan Curtis, Karma Smith.

Tuesdays, 7:30pm First Meeting: Feb 14 Length: Ongoing
Location: Will be noted on your receipt

Thanks to "The Day After," the recent nuclear war movie on TV, some 100,000,000 Americans have had to think about the unthinkable. Unfortunately, the immediate response to the film by a great many viewers was a kind of depressed resignation to death or "survival" in an impossible world, or, worse, a denial of the awful truth like a cancer patient refusing to accept his terrifying diagnosis. Our national government goes on giving lip service to peace while inflaming the arms race with new missiles in Europe, avoiding a dialogue with the other superpower, offering us the deceptive nonsense that civil defense can save most of us, and in addition frightening all of us with the prospect of another Vietnam-type war in Lebanon or Central America. Even though reputable surveys of public opinion show a majority opposed to the terrible risky military stance, we tend to feel helpless to influence our own government.

NUCLEAR ARMS RACE

C-11

Dan Curtis

539-9208

One Time: You will be contacted for day, time and date
Class Fee: \$1.00, pay with registration

Discussion of the nuclear arms race and some of the proposals for dealing with it. We will discuss the nuclear freeze, the new build-down proposal, previous arms control treaties, etc. (Dan has been active in the nuclear freeze movement with the Manhattan Citizens for Peace (formerly O.M.P.))

HANDS IN PEACE PLANNING COMMITTEE

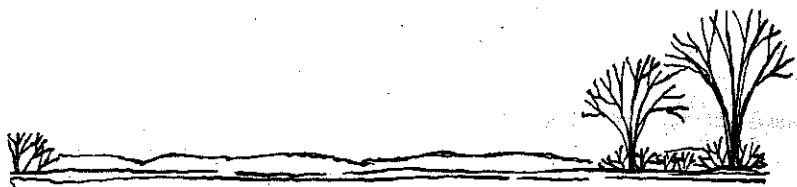
C-16

Dave Stewart, Joan Parker

539-3051 532-6448

One Time: Wednesday, 7pm, March 21
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

This group will engage in the planning, development and coordination of the second annual celebration of Hands In Peace. Hands In Peace is a nationwide observance scheduled for Sunday, October 28, 1984. Its purpose is to bring together people of all faiths and political persuasions to join together in their hope for peace. The first meeting will be for task group planning.



—Discovering new places—

FROM REMBRANDT TO RUBENS - AMSTERDAM TO BRUSSELS

C-10

May 19 - June 1, 1984

This tour is organized and run by Travelearn, an established international tour agency, and departs from New York City.

The mention of Belgium and The Netherlands brings to mind images of windmills, canals, dikes, and wooden shoes. This compact region, smaller than West Virginia, offers remarkable contrasts and variety exemplified by the contrasts between Rubens and Rembrandt. Just as these two artists were contemporaries, the two countries' histories are strongly linked. However, the divergencies in language, cuisine, art and culture make this a fascinating region to explore. The participant will become familiar with the historic locales and monuments which played such an important part in their histories, especially the 16-17th centuries. From Rembrandt's home to Rubens' Italianate villa, the canals of Amsterdam to medieval Bruges, the windmills of Kinderdijk to the battlefield of Waterloo, you will explore the cultural wealth and variety of these two countries.

COST: \$1,995

DEPOSIT AMOUNT: \$250, Balance due by March 16, 1984.

Call Julie Coates, 532-5866 for more information

TUTTLE CREEK TOUR

C-21

Paul Weidhaas

539-8511

One Time: Sunday, 9:30-11am, April 8
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Limit: 40

Discover how much Tuttle Creek Lake has to offer. A corps park ranger will present a slide show, answer your questions, and take you on a tour of the intake tower. (Tour not recommended for small children or those afraid of heights. (Paul has been a park ranger at Tuttle Creek Lake for four years.))

TOUR OF THE McCALL PATTERN COMPANY

C-25

Sherrri

Section I: Wednesday, 10-11am, Feb 15
Section II: Tuesday, 2-3pm, March 6
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

The McCall Pattern Company is one of Manhattan's largest businesses. You'll see the different departments and how each pattern is cut and folded. All participants will receive a free gift packet.

4/Community

—1984 Lou Douglas Series—

THE 1984 LOU DOUGLAS LECTURE SERIES 1984: THE AMERICAS IN CRISIS

The Lou Douglas Lectures on Public Affairs have emerged as a significant forum on such topics as human rights, arms control and economic crisis. Plans are now being made for the 1984 Lou Douglas Lectures to be held February through April.

The Lou Douglas Lecture Series is a tribute to the late Louis H. Douglas, whose life was devoted to serving others. Lou Douglas' wit, wisdom and kindness touched the lives of thousands of students in his distinguished career with KSU's Department of Political Science. Lou Douglas' contributions to the political and legislative processes in our state and community are still remembered today by those of all political persuasions.

If you would like more information contact Pat Killian, Series Coordinator at 532-5866.

—A caring community—

TUTORING CONVERSATIONAL ENGLISH

C-12

Donna Davis

532-6448

Section I: Tuesday, 7-8pm, Feb 7
Section II: Wednesday, 7-8pm, Feb 8

Location: Will be noted on your receipt

This will be an orientation for individuals interested in tutoring conversational English to international students at KSU and their spouses. No experience is necessary. (Donna has tutored Conversational English for 5 years.)

LITTLE APPLE/ENTERTAINMENT ALTERNATIVES

C-14

Elaine Spencer-Carver

532-6432

2nd & 4th Fridays of the month, 7:30pm First Meeting: Feb 10 (ongoing)
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Are you tired of the bar scene? Join together with others like yourself who would rather meet new people in a comfortable non-threatening setting while participating in fun activities. All ages welcome!

GREENHOUSE NOONERS

C-13

Elaine Spencer-Carver

532-6432

Tuesdays, 12noon First Meeting: Feb 7 Length: ongoing
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Greenhouse Nooners will be an on-going support group for individuals who are concerned about problems of substance abuse - either their own or someone else's. The group is an open group which will offer a good opportunity to make new friends, to discuss your feelings about these problems. Bring a sack lunch and join us on Tuesdays. (Elaine is a licensed Master Social Worker and is Director of the Alcohol and Other Drug Education Service at Kansas State.)

NA - NARCOTIC ANONYMOUS

C-15

Fridays, 8pm First Meeting: Feb 3 Length: ongoing
Location: St. Mary's Hospital

Support group based on the AA model that meets to discuss past or present problems with substance abuse and how group members are finding ways to get on with their lives. If you think you have a problem or would like to join us please stop by.

FLINT HILLS BREADBASKET

C-22

Tom Mulhern

Wednesday, 7pm, March 7 (One Time)
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Kansas is known as the "Breadbasket of the World" and now Manhattan has a breadbasket of its own - the Flint Hills Breadbasket. You're invited for a tour of the Manhattan area's food bank and to find out how you can be involved in solving the problem of hunger right in your own back yard. (Tom has been involved with the Flint Hills Breadbasket since it began several years ago.)

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Jim Rhine • Roberta Surs • Norma Nordgren



For women only

MOTHER'S SUPPORT GROUP

C-17

Caroline Milliron, Deggie Lundberg 537-7061 539-5716
2nd & 4th Tuesdays, 1:30-3:30pm First Meeting: Feb 14 Length: ongoing
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Get out of the house and join the support group for mothers of pre-schoolers. A chance for adult conversation while the children interact with one another. (Caroline and Debbie are mothers and have been in the group a year.)

WOMEN'S SUPPORT GROUPS

C-26

Sue Rieger

The Women's Resource Center is sponsoring several weekly, ongoing support groups. They are open for new members to join at any time. Scheduled for this spring are:

Women's Support Group - This group is for women dealing with decisions regarding education, careers, relationships and sexuality.

Rape Survivors' Support Group - All women who have experienced rape or attempted rape, regardless of the time elapsed, are encouraged to attend. Members share support and coping strategies.

Incest Survivors' Support Group - Incest is an unspoken secret that many women carry with them. This is an opportunity to talk about your situation in a confidential setting and gain strength from others.

Post-Abortion Group - This group was started by a couple of WRC volunteers who felt that women who experienced abortion needed a non-judgmental group atmosphere to discuss feelings. For more information call the Women's Resource Center, 532-6444.

FEMINIST WRITERS SUPPORT NETWORK

Natalya Hall, Rita Grover 537-8235

Organizational Meeting: Thursday, 7-9pm, Feb 2 Length: Ongoing
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

We are women who write journals, letters, poems, stories, plays ... who would like to know other women who write, to share readings and critiques and encouragement in a supportive atmosphere. We foresee dividing into small groups meeting bi-weekly, with some sort of communication between groups. (Natalya and Rita are writers who are tired of working in a vacuum.)

HARBORS: A WOMYNS' COFFEEHOUSE

C-18

Sue Rieger

532-5866

One Time: Friday, 8pm-12m, Feb 17
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

This event is for women to share music, poetry and art. It is also a chance for women to meet each other, socialize and learn what's happening in the women's community in Manhattan. (Sue is assistant director of the Women's Resource Center.)

SELF DEFENSE FOR WOMEN

C-19

Mary Holm, Christy Simpson, Sue Rieger

532-6444

Wednesdays, 7:30-9:30pm, Feb 29 & March 7 (2 times)
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration Limit: 20

Regardless of age, race, social class or lifestyle, all women are potential targets of violence. Women rarely receive any training for their own defense. This class will introduce simple but effective self-defense skills taught by women, for women. Be sure to wear loose, comfortable clothing. (Mary, Christy & Sue are members of Women Against Rape and have taught self-defense before.)

CONFRONTATION TRAINING

C-20

Mary Holm, Christy Simpson, Sue Rieger

532-6444

One Time: Thursday, 7:30-9:30pm, March 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 12

This class, especially for women, will help you learn how to deal with both verbal and physical sexual harassment. A feminist perspective on how confrontation can be a preventive measure for violence against women will be explained and discussed.

CREDIT WOMEN INTERNATIONAL SERIES

During Credit Week International, April 23-29, Credit Women International will be presenting a financial series which includes the following topics: Budgeting your money, Your Rights as a Consumer, Women and Credit, Applying for Credit, Car Financing. Look for times and descriptions in our Mid-Spring catalog out March 18 and plan to attend.

BOOKS BY AND ABOUT WOMEN

FA-49

Lorrie Cross

539-5337

Wednesdays, 7:30-9pm First Meeting: Feb 1 Length: Ongoing
(Once or twice per month, depending on members' choice)
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

We meet informally to discuss books that are serious, humorous, or satirical. We read both fiction and nonfiction. Choice of book depends upon the preference of the group. Books we have recently read include: Braided Lives by M. Piercy; From Housewife to Heretic by S. Johnson; Sister Carrie by T. Dreiser; One of Ours by W. Cather. (Lorrie has been a member of the group since 1978 and is interested in women's issues.)

CRACKPOTS: VISIONARY WORLDS IN WOMEN'S NOVELS

FA-51

Flossie Snyder

776-7608

Tuesdays, 7:30-9:30pm First Meeting: Feb 7 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration Limit: 12

What's wrong with the world? How have women writers used alternative (mad?) worlds to analyze society? Readings include Herland (Gilman), Women on the Edge of Time (Piercy), Memoirs of a Survivor (Lessing). Themes include madness, violence, technology, family and child-rearing. (Flossie teaches English and has a special interest in women's literature.)

For men and women

PREMARITAL AGREEMENTS, DIVORCE OR CUSTODY: FOR MEN

C-32

Susan Jacobson

762-2002

Tuesday, 7-9pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

A short survey of law regarding divorce, legal separation and custody. Premarital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on men's rights and responsibilities.

PREMARITAL AGREEMENTS, DIVORCE, OR CUSTODY: FOR WOMEN

C-31

Susan Jacobson

762-2002

One Time: Monday, 7-9pm, Feb 6
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

A short survey of law regarding divorce, legal separation and custody. The premarital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on women's rights and responsibilities. Students may wish to bring notebooks. (Susan practices law in Junction City where 75% of her work is in domestic relations.)

LEGAL SERIES

You have the opportunity to ask a trial lawyer about legal topics that affect your personal or business life. The attorneys are all members of the Board of Governors of the Kansas Trial Lawyers Association and members of the Association of Trial Lawyers of America.

Location: Will be noted on your receipt
Class Fee: \$3.00/session (please indicate sessions you plan to attend)
\$8.00/series, pay with registration

Battered Wives and Children

C-27

Larry Rute

One Time: Wednesday, 7pm, Feb 8

Employers vs Employees - Employment Discrimination Law

C-28

Gary McCallister

One Time: Wednesday, 7pm, Feb 22

Child Support and Custody

C-29

Robert Keeshan

One Time: Wednesday, 7pm, Feb 29

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Community bulletin board

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Automobile Recall information 1-800-424-9393
Child Abuse Hotline 1-800-332-6378
Consumer Assistance for the Aging 1-800-432-2703
Manhattan Area -- 776-9294
Consumer Produce Safety Commission Hotline 1-800-638-2772
Educational Grants Hotline 1-800-638-6700
For Educational grants application processing 1-800-553-6350
Fair Housing & Equal Opportunity Hotline 1-800-424-8590
Nat. Community Education Clearinghouse 1-800-424-8874
Federal Tax Information & Assistance 1-800-362-2190
Interstate Commerce Commission (Moving Hotline)(Reg. Office) 817-334-2794
Lawyer Referral Service 1-800-432-3593
Runaway Children
(If runaways want to contact their parents, a recorded message will be taken and relayed free of charge) 1-800-231-6946
Veterans Administration Benefits Information Assistance.. 1-800-362-2444

Used clothing

Used Clothing, Household Goods, etc.
Clothing Center, 10th & Pierre, Tues. & Fri. 2:30-4:30pm
Home & School Shop, 728 Colorado, Mon-Sat, 1-4pm 537-7425
Encore Shoppe, 611 Poyntz Ave. 776-9427
Salvation Army (Junction City - will pick up) 1-238-7875

Local recycling programs

Campbell Distributors, Inc. (collect aluminum) 776-2337
Junction City Distribution Company (collects aluminum cans in the Westloop parking lot on 1st, 2nd & 4th Wednesdays of each month from 3-5pm)
Refuse Control Company (provides deposit bins for newspapers in parking lots of Wal-Mart, Dutch Maid Stores, Mercury, Westloop Skelly Service Station)
Riley County 4-H Club (sponsors newspaper drives) 776-4781

New business:

Manhattan's business community is thriving. In 1983, we welcomed 44 new businesses to our town. They are:

Home Fire Detection Center, 2709 Amherst
National Video, 1130 Westloop Place
Rentaway, 200 N. 3rd (Humboldt Plaza)
Hop N' Skip, 1501 Yuma
Video Cassette Rentals, K-18, Frontage Road
Shalako's, 1800 Claflin, Suite 130
Charlie Browne's, 1203 Moro
Braun's, 120 S. 4th
O'Neill Liquors, 712 N. 3rd
Manhattan Motors, 1826 Tuttle Creed Blvd.
One-Hour Moto-Photo, 1134 Garden Way
First Bank, Denison and Claflin
The Answer, 1812 Claflin
TRW Division Headquarters, 1554 Hayes Drive
S & N Design, 319 North 5th
Trukmate-Fewco, 1820 Fair Lane
Country Ritz, 1217 Moro
Kimble Cliff, Route 1 (Keats)
Posters and Panes, 1112 Laramie
earthsign graphics, 1221 Thurston, South Wing (UFM)
Ice Cream Works, Denison & Claflin
Subs-N-Such, 211 S. Seth Childs Road
Glenn's Music, 413 Poyntz
The Phone Connection, 414 Poyntz
The Brass Buckle, 111 South 4th
Manhattan Oriental Foods, 714 N. 3rd
The Pizzeria, 716 N. 3rd
The Donut Hole, 11th & Moro
Showbiz Pizza Place, 519 Richards Drive
Thomas E. Klag, D.D.S., 210 Southwind
Robert Keith, MD, 217 Southwind
Hunam's Restaurant, 1304 Westloop
Malone and Associates, 2803 Claflin Road
Shop Quik, Denison and Claflin Roads
Oswego Herb Company, 104 South 4th
Matt Westfall-IDS, 601 Vattier
McPrint, 1211 Moro
Footlights, 1110 Laramie
Bushwackers, 531 N. Manhattan
Sunflower Sampler, 2030 Tuttle Creek Blvd.
Shop Quik, 2028 Tuttle Creek Blvd.
Pizza To Go, 2026 Tuttle Creek Blvd.
Bally's Lemans Family Fun Center, 1222 Moro
Manhattan Keyboard Center, 210 Poyntz

On Saturday, February 18, UFM will sponsor a tour of Manhattan's new business places with stops at selected sites. Tour begins at 1:00pm. Join us!

Old business:

Some of our businesses have grown, moved or expanded to keep up with changing times. These are:

Little Apple Body Shop, 415 Yuma
Kitchens Plus/"The Department Store," 208 N. 3rd
Maurice's, S. 4th
Jim's Engine Repair, 1816 Fair Lane
Russel Weisbender Electronics, Fair Lane
Riley Co. Health Homemaker Svcs., 2803 Claflin
Building D/Professional Center, 1133 College Avenue
(Drs. Hughes, Pettie, Lala, Graham, Fulton)
Building D/Professional Center, 1133 College Avenue
(Drs. Haun and Marshall)
Contemporary Interiors, 332 Poyntz (now with Strecker Gallery)
Jean Station, 1207 Moro
Ballard's Sporting Goods, 1218 Moro
Citizens Bank & Trust Co., 6th & Humboldt

6/Community

Special programs for special populations

Sponsored by Manhattan Parks and Recreation

Call 537-0056 ext. 265 for more information

Afterschool Program - This program is designed for disabled youth ages 18 years and younger. During the first session, we will be offering a new games class, bingo, and introduction to arts and crafts. The classes begin the week of January 23 and end in early March. Each class meets immediately following school. Contact Jayne Miller, 537-0056, ext. 265.

Higher Living Program - This program is a transitional living program for higher functioning adults who want to develop independent living skills. Among the classes being offered are shopping effectively and making housework easier. Both classes meet in the evening during January and February for six weeks. Contact Jayne Miller, 537-0056, ext. 265.

A Collection of Kansas Memories - A weekly get together of good ol' Kansas story trading in which a "Book of Memories" will be compiled.

Tuesdays, 10-11:30am, Jan 24-Feb 28
Location: Senior Center
Class Fee: \$9.00 (call 537-0056 ext 265 to register)

Creative Writing: Do you enjoy writing? Bring a homemade poem, short story, pun and share it with the group. Learn to perfect and expand your writing skills.

Thursdays, 9:30-11:30am, Jan 26-March 1
Location: Senior Center
Class Fee: \$10.00 (call 537-0056, ext 265 to register)

Special programs for older adults

Sponsored by Area Agency on Aging

Tax assistance for the elderly

This will be the third year of providing the Tax Counseling for the Elderly program. (TCE).

Training is provided free of charge to all volunteers, and out-of-pocket expenses related to training and tax assistance will be reimbursed by AARP through the Consumer Assistance program. Tax training includes basic forms and schedules (e.g., 1040, 1040A, 1040EZ), Homestead/Food Sales Tax Rebates, as well as more in-depth reporting including: Credit for the Elderly; Estimated Tax for Individuals; Pensions and Annuities; Capital Gains and Losses; Disability Income; Sale of a Residence.

A commitment of at least 3 hours per week from mid January to April is requested. Technical assistance, assistance sites, and forms will be provided by Consumer Assistance & Information.

An IRS certified pass/fail test will accompany the TCE program. The test will be held during the training sessions.

If you have questions or want to volunteer, contact: Consumer Assistance and Information, Elaine Johannes, 2601 Anderson, Manhattan, Ks. 66502. Phone: 1-800-432-2703.

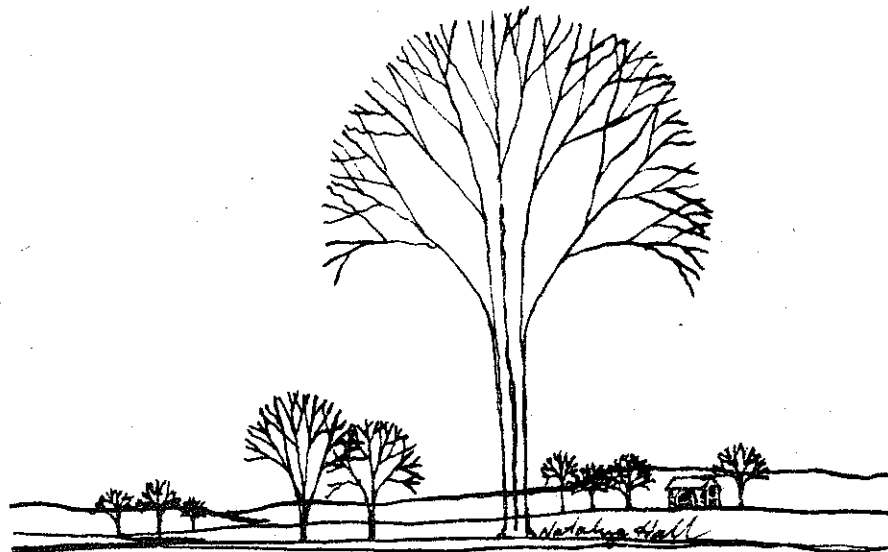
Tax assistance for senior citizens in Riley County will again be available free of charge in 1984, according to Elaine Johannes, who is in charge of the Consumer Assistance and Information program of the Area Agency on Aging.

Volunteers to help senior citizens with their tax returns and applications for rebates will be available at the Manhattan Senior Center until April 15, five days a week at a date in January which has not yet been announced. There also will be volunteers who will make house calls for persons unable to come to the Center.

Gay and Lesbian Resource Center

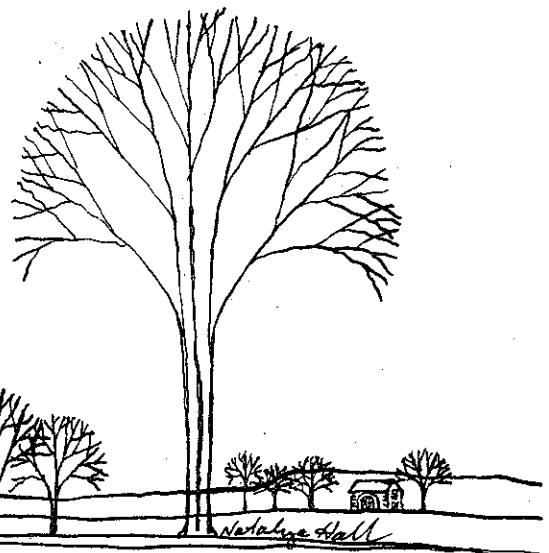
Leave message at 537-8235 or write to PO Box 291, Manhattan, Ks. 66502

We are a service-oriented organization providing peer counseling, educational presentations for groups and classes, support groups, information on a variety of issues and social activities in a supportive and confidential atmosphere. Gay men and women and others who are supportive of alternative lifestyles are welcome to join us occasionally or on a regular basis Mondays, 8-10pm. Call 537-8235 for information.



To list your program activity in the UFM Community Bulletin Board, call 532-5866. Deadline for mid spring catalog by March 1, 1984.

Earth



Where the wild things are

EAGLES IN KANSAS

E-1

Joe Schaefer 539-4911

Wednesday & Saturday (Wednesday, 7:30pm), Jan 18 & 21
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

The Manhattan area is blessed with over 60 over-wintering bald eagles, and everyone should take this chance to meet these majestic birds with the 6-foot wingspan. On Wednesday, Joe will present a slide show and bring a live golden eagle. On Saturday, Audubon members will lead field trips to Tuttle Lake to see the endangered bald eagles. Bring your family, binoculars if you have them and dress warmly. Hot chocolate and spotting scopes will be provided. Field trip times will be announced on Wednesday evening, the monthly meeting of the local Audubon Society. (Joe is a non-game biologist with Kansas Fish & Game.)

PATTERNS OF NATURE

E-2

Jim Reichman 539-4911

One Time: Tuesday, 7:30pm, Feb 14
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Why aren't rabbits the size of elephants? Why do only male deer have antlers? How can color patterns make an animal appear more threatening? Using a slide show that was part of a museum exhibit, Jim will discuss natural laws that control the patterns of nature. Come to this monthly meeting of the Northern Flint Hills Audubon Society. (Jim is an ecologist in the Biology Division at KSU.)

KANSAS WILDLIFE REHABILITATION

E-3

Mike Eubanks 539-9116

One Time: Thursday, 7-9pm, Feb 16
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Misguided gunfire of hunters and attempted pet-making of wildlife often result in injured and abused animals. As a wildlife rehabilitator, Mike nurses injured wild animals back to health so they can return to the wild. He will discuss how he provides proper diet and adequate exercise to wildlife and will present a slide show on animals he's worked with. (Mike has been rehabilitating wildlife for nine years and has worked with most animals native to Kansas.)

ATTRACTING WILD BIRDS TO YOUR BACKYARD

E-4

Mike Eubanks 539-9116

One Time: Saturday, 1-3pm, Feb 4
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Now's the time to attract those cardinals, chickadees, nuthatches and woodpeckers to your backyard. To accomplish this, you must be wise in what foods to offer and how to present them. Mike will discuss pros and cons of different bird foods, how to purchase quality seeds and how different feeders attract different kinds of birds. We'll also talk about the importance of water, cover and what to do about unwanted visitors (squirrels, etc.). Samples of food and feeders will be on hand.

HIKING TRAILS IN KANSAS

E-9

Jim Nighswonger 532-5752

One Time: Wednesday, 7:30pm, April 4
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

This spring, hike the beautiful hills and valleys of Kansas. We will discuss what Kansas has to offer in the way of hiking opportunities. Emphasis will be on trail locations and their unique features. Information and guides will be available for handout. Foot trails will be emphasized and canoe trails will be mentioned. (Jim is a member of the Kansas Trail Council and the Kansas Canoe Association.)

MAKE FRIENDS WITH THE EARTH -- CAMPOUT!

E-10

Dean Denner 776-5589

Saturday and Sunday, 2pm, April 28 & 29
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Come meet old and new friends as we hike the Flint Hills of Tuttle Reservoir. We'll spend the evening around the campfire discussing environmental concerns, sharing stories and keeping warm. Supper and breakfast will be cooked over the campfire. Return by mid-morning on Sunday. No previous camping experience is required. You'll be glad you took this opportunity to meet some friendly Friends Of The Earth. (Dean has maintained his friendship with the earth for many years.)

ATTRACTING WILDLIFE TO YOUR YARD

E-5

Ron Klatske 539-4911

One Time: Thursday, 7:30pm, Mar 8
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

"It's far more interesting to have diversity in your yard than to have a strictly manicured lawn," says Ron. Learn how to develop a naturalistic setting that is attractive to wildlife and people alike. Ideas on winter protection, living fences, water areas and choosing plants of wildlife value will be discussed. Now is the time to plant those shrubs, vines, trees and annuals, so don't miss this monthly meeting of the local Audubon Society. (Ron is the regional vice-president of the National Audubon Society. He is using natural plantings to turn his yard into a wildlife sanctuary.)

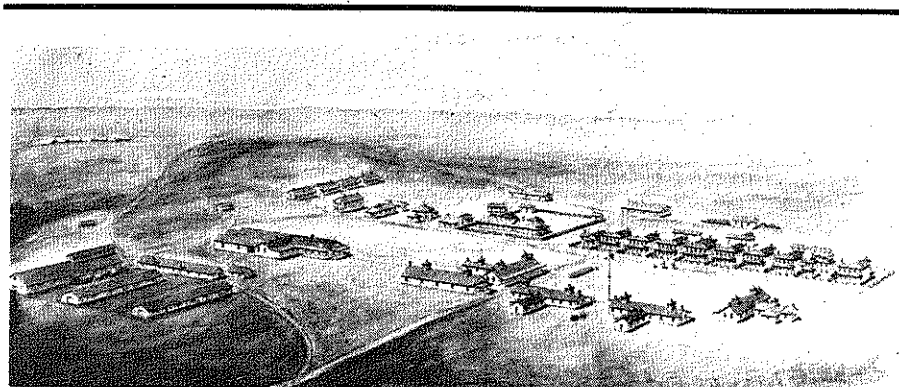
TAXIDERMMY: FROM FIELD TO TAXIDERMIST

E-6

Terry Callender 456-7924

One Time: Tuesday, 7:30-9:30pm, March 20
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Terry will cover field care of birds, fish, small mammals, big game, and will explain how to best prepare animals for the taxidermist. He'll give a slide presentation on all phases of taxidermy (birds, fish, small mammals, and big game) and will cover care of your trophy at home. Bring your questions about taxidermy to this class. (Terry has been a professional taxidermist for 14 years and is presently on the Board of Directors for the Kansas Association of Taxidermists.)



Fort Hays - buildings

GREAT BLUE HERON ROOKERY EXCURSIONS

E-7

Marie Dellen 537-4400

Section I: Saturday, 8am-1pm (Apr)
Section II: Saturday, 8am-1pm (June) Specific dates will be announced
Section III: Saturday, 8am-1pm (Aug)
Location: Will be noted on your receipt
Class Fee: \$3.00 per trip or \$8.00 for all three, pay with registration

See the giant nests that these huge crane-like birds come back to year after year. The nests are always built in the highest reaches of sycamore trees. Watch them in flight, feeding, and care of the young. See the nests at the start of the season, middle and check up on the young at the end of summer. There are at least three heron rookeries in Riley County located in the Stockdale, Deep Creek and Winkler areas. Marie will take you to a different rookery each trip. Bring binoculars, cameras, snacks and sack lunch and be prepared for a scenic, fun time. (Marie has been a 4-H project leader in Birds Around You, Wildlife Conservation and other various and assorted projects for at least 20 years. She loves birdwatching, hiking, and getting out in the Kansas "wild" with others that have the same interests.)

NATURE PHOTOGRAPHY

E-8

David Rintoul 776-0567

Saturdays, 10am-12noon, Apr 28, May 5 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 10

Learn how to capture on film the wondrous detail of a butterfly or the elegance of a dewy flower. This course will consist of description and practice of close-up nature photography. Emphasis will be on optics and close-up flash techniques. In the second class we will travel to nearby wild places for some practice in photographing nature. Rudimentary knowledge of operation of a 35mm SLR would be helpful. (David is an amateur photographer, specializing in close-up photography of flowers, insects, and other critters.)

— Keeping warm —

SOLAR GREENHOUSES AND SUNSPACES E-29

Dean Denner, Bill Dorsett 776-5589 539-1956

One Time: Monday, 7-9:30pm, Feb 20
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

If your family can use additional living space, the capability to grow food in winter, and/or supplemental solar heat, a solar greenhouse or sunspace may fill your needs. Numerous local examples will be used to explain how to design and build such a room to best meet individual as well as energy needs. (Custom-designing and constructing solar greenhouses is a major part of Dean & Bill's work as Sunwrights of Manhattan.)

SOLAR SPACE HEATING COLLECTORS E-30

Dean Denner, Bill Dorsett 776-5589 539-1956

One Time: Tuesday, 7-9:30pm, Feb 21
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Using a renewable energy resource, decreasing utility bills and a 70% tax credit are reasons for utilizing space-heating solar construction. Design and construction will be explained. Site-built and manufactured collectors will be shown.

PHOTOVOLTAICS E-31

Bill Dorsett 539-1956

One Time: Wednesday, 7pm, Feb 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Usually overlooked in the search for new energy, these space technology chips have no moving parts, consume no fuel, produce no pollution, and can be fashioned from the second most abundant element in the earth's crust. Plan to be your own utility in 1985. (Bill has researched P/V's for 2 years as an alternative to nuclear power.)

SOLAR HOMES TOUR E-32

Bill Dorsett, Dean Denner 539-1956 776-5589

One Time: Saturday, 1-4pm, March 3
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Increasing numbers of solar buildings in the Manhattan area are available for us to visit. This tour will feature solar homes, greenhouses, sunspaces and collectors with some owners and designer/builders available for discussion. (Bill and Dean have been designing and building solar collector systems in Manhattan for the past 4 years.)

WOODSTOVES, HOOK-UPS, CHIMNEYS, CHIMNEY CLEANING AND FIREWOOD E-33

Larry McBee 776-5118

One Time: Wednesday, 7pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Thinking about burning wood this winter? Come and learn about wood stoves, hook-ups, chimneys, chimney cleaning and firewood. We'll discuss safety and what to look for in purchasing a wood stove including the all important sizing. The new catalytic combustion add-on unit which reduces creosote by 90% will be examined. (Larry is the owner-operator of the Energy Center and has had extensive experience in the installation of wood burning stoves.)

ENERGY CONSERVING WINDOW TREATMENTS E-34

Kathy Burke 532-5780

One Time: Thursday, 6:30-8pm, Feb 23
Location: Will be noted on your receipt

Has your home been too cold this winter? Are your heating bills higher than you'd like to pay? A typical home can lose 15 to 50% of its heated air through the windows. Learn about the energy conserving value of various window treatments and how they can be incorporated into different homes and family situations. Special emphasis will be given to treatments that are especially effective for cold weather. (Kathy is the State Extension Interior Design Specialist and enjoys creative energy conservation.)

HARNESSING WIND POWER: A PRACTICAL DEMONSTRATION E-35

Dale Feldhausen 539-6811

One Time: Monday, 6:30-8:30pm, April 30
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 15

Using Dale's wind system as an example, this class will show home owners what is necessary to install and operate a wind generator system. We will discuss site location, towers, wiring, inverters, high wind protection, hooking up to the utility company and the all-important federal and state tax credits. (Since taking a UFM class on wind power 5 years ago, Dale has been completely hooked on wind power.)

COMMUNITY ENERGY PLANNING E-36

Jim Dubois

One Time: Saturday, 2pm, Mar 24
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

What is it? Why do it? How does one organize a community energy program? Did you know that for every \$100 spent on energy, \$87 leaves the community forever? What can be done about this tremendous economic drain that not only affects the individual's pocketbook, but also the community as a whole? Join us for a seminar, discussion and slide show including aspects of the Marysville, KS, energy study. (Jim participated in the Marysville community energy audit and is working toward a masters degree in community energy planning.)

8/Earth



— Pets and people —

INTRODUCTION TO GUARD DOG TRAINING FOR YOUR DOG E-11

Suzie Cook & Kelly Burke 539-7809 776-8785

One Time: Wednesday, 7:30pm, Feb 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

This class explains their objectives in behavior modification, obedience and personal protection training of your dog. Many breeds, too numerous to mention, will work in guard training. A very extensive, non-UFM guard dog training seminar will be given in March. This introduction class is a good chance to decide if guard dog training is for your dog. Handouts, a video presentation and a working exhibition will be included. Please call if you have questions on your breed. (Suzie and Kelly work on dog behavior problems, proper puppy training and train guard dogs. They are interested in education about guard dogs and in personal protection, especially for women.)

CATS ARE PEOPLE TOO: CARE AND APPRECIATION OF CATS E-12

Maxine Potter 776-4963

One Time: Monday, 7:30-9:30pm, March 19
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

We will discuss the history of domesticated cats, basic care and health problems, and a brief description of all breeds of pedigreed cats. Also, we'll cover show requirements, a demonstration of proper grooming of longhaired cats by H. Sicard, and a question and answer period. This class will help prepare you for the annual pedigreed and household cat show. 100-150 cats will be competing March 24-25 from 9am-5pm at Pottorf Hall in CiCo Park. (Maxine has been a cat breeder and exhibitor for 26 years. She has been a judge throughout the U.S., Canada and Japan.)

SMALL PET CARE E-13

Julie Peterson & Anna Marie Brown 532-3824

One Time: Saturday, 1:30pm, Feb 4
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: \$1.50, pay at class

This is an overview of the selection, care, and breeding of guinea pigs, hamsters, gerbils, rabbits, rats, mice, and parakeets. If you're interested in keeping pets in apartments or residence halls, this class will supply you with lots of pointers. Don't pass up this opportunity to hear it from experts! (Presently, Julie has seven pets in her dorm room. Anna Marie has two.)

STARTING YOUR STOCKDOG E-37

Rosalie Heid 539-0216

One Time: Saturday, 1-3pm, March 17
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

This class will demonstrate techniques in beginning to train your stockdog, including basic obedience and early livestock work. Emphasis will be on "gathering" dogs but driving dogs will be discussed too. Please note breed of interest on registration. (Rosalie raises Australian Kelpies and enjoys sharing training tips with others interested in stockdogs.)

DAIRY GOATS E-14

Ron Pauli 539-6569

One Time: Wednesday, 7-9pm, April 11
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Do you believe that goats really eat tin cans? Have you heard that goat milk tastes bad? Unfortunately goats have suffered an image problem for years. Maybe you would enjoy learning what these useful animals are really like. You can even sample some of their dairy products including milk and cottage cheese. (Ron has been raising goats for the past nine years.)

HORSEBACK RIDING FOR MENTALLY RETARDED YOUNG PEOPLE E-15

KSU Horsemen's Association

Saturday & Sunday (times to be announced) April 7 & 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Basic horseback riding will be taught and will include listening and coordination exercises. Grooming and horse diet will also be covered. At registration, please designate your age. Participants of past sessions have really enjoyed and benefitted from this class and some have gone on to advanced horseback riding and rodeo. (The KSU Horsemen's Association has held this class for the past three years.)

HOW THE BODY WORKS: TAKING THE MYSTERY OUT OF COMMON MEDICAL PROBLEMS

Lynn Schanker E-20 539-9150

Section I: Saturday, 1-3pm, Feb 4
Section II: Saturday, 1-3pm, Feb 11
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 15 each section

What is the cause of colds? How is nearsightedness related to eyeball structure? How does the integrity of blood vessels relate to a stroke? Which bones are most commonly broken? Lynn will answer these questions and dispel myths about appendicitis, slipped discs, ulcers, bronchitis, headaches, hernias and heart attacks using bones, models and organs. After this class, you will be able to talk intelligently to your physician and to others about medical concerns. All ages welcome. This is a good class for families to take. (Lynn is an anatomy and physiology lab instructor at KSU.)

-The greening of Manhattan-

DRYLAND PINEAPPLE PLANTATIONS IN KANSAS

E-27

Delbert Zook 776-3111

Sunday, 2-4pm, April 1
Location: Will be noted on your receipt Limit: 17

Kansas ranks 48th out of 50 in pineapple production. "But take heart pineapple-plantation-planners," says Delbert, "we outrank both Alaska and North Dakota." For those of you looking for a new career, a change of pace or just a part-time hobby, this class could change your life. Wheat and soybean farmers are especially encouraged to attend. (Before coming to Kansas, Delbert was instrumental in the coconut groves of West Virginia and the snake-oil industry in Idaho.)

RAISING SPRING FLOWERING BULBS

E-28

Tim Lindemuth 532-6415

One Time: Saturday, 1-3pm, April 14 (raindate April 21)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 30

Look over more than 1,000 flowering tulips, daffodils and hyacinths at the peak of the blooming season. Learn how to plant and care for spring bulbs in your yard. Numerous bulb varieties will be discussed. (Tim has done home gardening for a number of years and has received Manhattan's Yard-of-the-Week award twice.)

COLD FRAMES: GETTING A HEAD START

E-22

Ira Harritt 532-5866

One Time: Sunday, 3pm, Feb 12
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Cold frames, clouches, grow frames and other season extenders can be used to get an extra one, two or more months of fresh produce. Fresh lettuce, radishes and greens in March! Tomatoes, cukes and peppers weeks earlier than normal! And continued yields well beyond the first killing frost! We will discuss construction and operation of various cold frame designs. (Ira is an experienced gardener.)

EDIBLE LANDSCAPE: INTERNSHIPS AND VOLUNTEER PROGRAM

E-23

Edible Landscape Staff 532-5866

One Time: Monday, 6:30-7:30pm Feb 13
Location: UFM Greenhouse, 1221 Thurston

Would you really like to know the inner truths of Edible Landscaping; Solar Greenhouses and annual and perennial plant care? Here is your chance. We are looking for a few people to participate with us in learning and caring for our demonstration site. We require a commitment of time and interest. Come to our Intern and Volunteer meeting and find out what you can learn or how you can help.

EDIBLE LANDSCAPING

E-24

Ira Harritt 532-5866

One Time: Monday, 7:30pm, Feb 13
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Imagine your yard filled with dwarf fruit trees, strawberry ground covers, grape trellises, herbs and vegetables. These are only some of the plant materials you can use to create a beautiful and edible landscape. Find out how to use these in and around your landscape and your community for food production, energy conservation and beauty. "Edible Landscaping In Kansas," the new UFM slide/tape show will be presented.

ORGANIC AND FRENCH INTENSIVE GARDENING

E-25

Nabiuddin Nelson 468-3631

One Time: Tuesday, 7:30-9:30pm, Feb 28
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Organic gardening and the French Intensive method both emphasize healthy soil as the basis for healthy and healthful plants. We will discuss planning, planting, cultivating, controlling undesirable insects and weeds, and harvesting for maximum vegetable production in a small area. (Nabiuddin raises most of the vegetables for his 5-member family without chemicals.)

CARE OF FRUIT TREES

E-26

Steve Moore
One Time: Monday, 7-10pm, March 5
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 12

We will discuss the basics of pruning techniques, tools, theory and practice so that you can properly prune fruit trees. Learn how to plant fruit trees and how to provide year-round pest control. Also, fruit tree varieties grown in the Manhattan area will be discussed. (Steve is the owner of Spring Creek Nursery and has many years of horticultural experience.)

PLANNING YOUR SPRING GARDEN

E-21

Kate Bromley 457-2185
One Time: Saturday, 1:30pm, Feb 11
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 10

Where should you plant the potatoes? How much lettuce will you need? How can you get two crops from the same space? What's succession planting? Companion planting? How about flowers? By planning and mapping your garden you can have a more productive, healthy and beautiful garden. We will discuss the decision-making process and questions about basic gardening. (Kate has been gardening for many years and loves to share her knowledge.)



-From the earth to the stars-

KANSAS WATER RESOURCES: PRESENT AND FUTURE

E-19

League of Women Voters 776-4851

Tuesdays, 7pm, Feb 7, 14, 21, 28 (4 times)
Location: Manhattan Public Library

Feb 7: An overview of the proposed water plan for Kansas. Joe Harkins, Director of the Kansas Water Office which is directed to prepare the state water plan.

Feb 14: Kansas Water: Who has it? Who can get it? How much is it worth? Economic Implications of Kansas Water Law. Kansas operates under the appropriation doctrine. How well does it work? Edgar S. Bagley, Professor of Economics, KSU.

Feb 21: Who should pay for water for Kansas? In contrast to previous years, new sources of water will not be free or very cheap. A panel discussion will address the problem. Ron Fox, Kansas House of Representatives; Roberta Comstock, U.S. Corps of Engineers; Marian Warriner, League of Women Voters; State Finance Expert Representative to be announced, U.S. Bureau of Reclamation.

Feb 28: Taking care of what we have. An overview of water supply and quality. Allan Abramson, Director, Division of Environment, Kansas Department of Health and Environment. (The League of Women Voters has always believed in informed citizen participation in government. This symposium is part of a current study by the League of Women Voters of Kansas on water resources management.)

GEM STONES

E-16

F.C. Lanning 537-7599

Tuesdays, 7:30pm, Feb 7, 28 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

At the first meeting Dr. Lanning will discuss gem stones and share some of his work with you. Natural, synthetic, and fake stones will be discussed with an emphasis on such properties as color, hardness, and fire which make a good gem. The second class will take you over to Willard Hall, where Dr. Lanning will demonstrate equipment and procedures for cutting stones. (Professor Lanning is a retired chemistry instructor who has shared his knowledge and experience through UFM many times before.)

THE GREAT PHYSICS SHOW PART II: LIGHTNING, COMPASSES, GENERATORS AND RADIO

E-17

Larry Weaver 532-6786

One Time: Wednesday, 7-9pm, March 21
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Learn some of the principles of electricity and magnetism (and maybe rainbows and iridescent puddles) through a variety of interesting and/or amusing physics demonstrations. Larry will add commentary on the history of physical thought and on seeing the laws of nature at work in our lives. This is a great class for the whole family. Larry will explain the concepts of physics in everyday terms so that everyone can understand. (Larry is a physics professor at KSU.)

BASIC ASTRONOMY

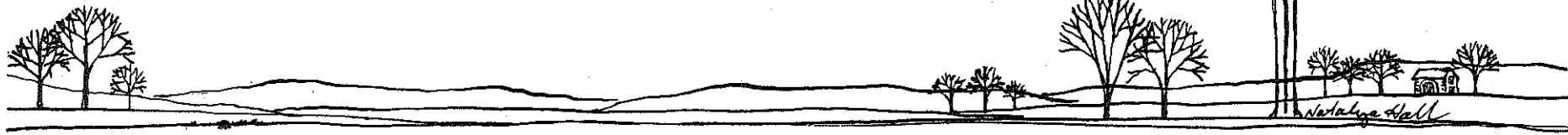
E-18

Larry Paris 776-5989

One Time in April (Day, date and location will be announced) 8:30pm
Class Fee: \$3.00, pay with registration
Materials Fee: 50¢, pay at class Limit: 15

Larry will first discuss the basic physical structure of the known universe. After dark, we'll look at planets, stars and constellations, including Hercules, Arcturus, Leo the lion, Cancer the crab, Draco the dragon, Cepheus and Cassiopeia. Please bring a flashlight. (Larry is an avid stargazer.)

Foods



— Tempting your tastebuds —

PUFF PASTRY

F-1

Russell Loub 537-9864

One Time: Tuesday, 7:30pm, March 13
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$2.00, pay at class Limit: 8

Flaky, tender puff pastries like napoleons, pastry fans, cream filled leaves are desserts you have admired on pastry carts but thought you could never make at home. Not so! Russell will demonstrate his successful method of creating these melt-in-your mouth delicacies. (Russell is the owner of Ric's Cafe and has promised to bring a second type of dessert for us to sample.)

FISH AND SEAFOOD BONANZA

F-2

Sharon Staples/Kathy Cook 537-1147

Section I: Monday, 7:30pm, Feb 6
 Section II: Monday, 7:30pm, Feb 13 One time each section
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$2.00, pay at class Limit: 8

We're lucky in Manhattan to be able to purchase fresh fish four days a week. We will discuss purchasing, preparation methods and spices that make simple dishes special. Our expert cooks will share the finished dishes and their recipes with you. (Kathy and Sharon enjoy preparing delicious fish recipes. Sharon is the owner of The Fish Shoppe.)

OVEN BARBEQUE

F-7

Wanetta Boyle 494-3585

Saturdays, 5:30-7:30pm, Feb 18 & 25 (2 times)
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$4.00, pay at class Limit: 8

Barbequed ribs, beef or chicken - you don't need to wait until summer to enjoy their spicy goodness. Make them at home in your oven. To get the fullest flavor, we will prepare the sauce at our first meeting and fix ribs at our second. (Wanetta is a chef at a local restaurant.)

TEMPURA

F-8

Julie Coates 532-5866

One Time: Wednesday, 7:30-9pm, Feb 15
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$1.00, pay at class

Tempura is a Japanese style of cooking vegetables. The vegies are first dipped in batter and then deep fried. The result is a light, crunchy, delicious treat! (Julie learned to make Tempura from a Japanese friend.)

SOUPS

F-13

Rebecca Brownson 532-5866

One Time: Saturday, 4-7pm, Feb 11
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$3.00, pay at class Limit: 8

These thick, beautiful soups are easy to make ahead, freeze or reheat. We will prepare and sample potato, cheese, vegetable beef and cheese sausage soups. Come prepared for a little work and a lot of good eating.

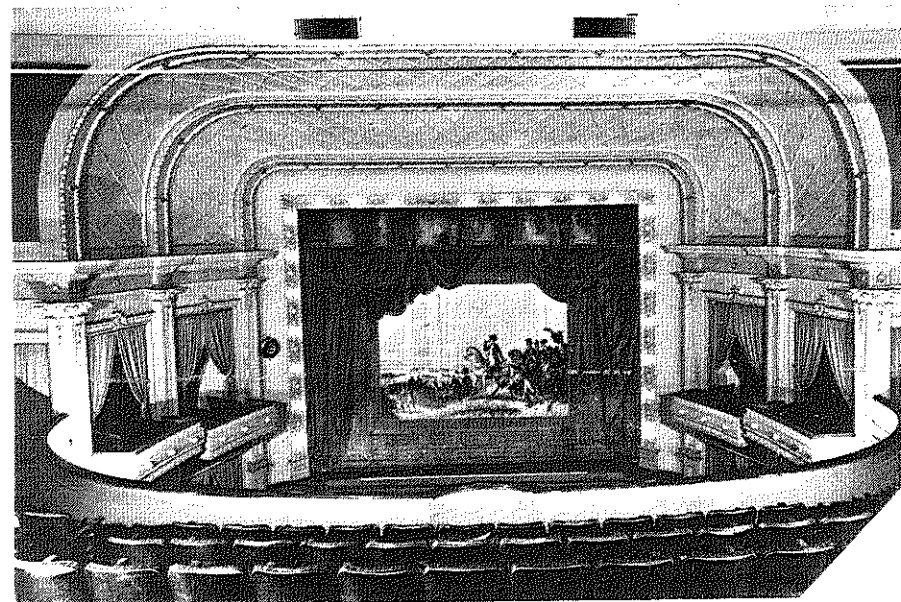
NEVER FAIL PIE CRUST

F-9

Meriam & Julie 532-5866

One Time: Saturday, 1pm, Feb 25
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$3.00, pay at class Limit: 4

Would you like to learn to make a pie crust that never fails? Using your food processor, you can do just that in less than 5 minutes. The recipe (which can also be made without the processor) produces a tender, flaky crust suitable for any yummy filling of your choice. Meriam will give you the recipe for her pecan pie and Julie will share her recipe for lemon-sour cream pie. (Meriam has been baking pies and other yummys for years and Julie loves to help out and lick the bowls.)



Brown-Grand Opera House, Concordia



Dance in old Brown-Grand Opera House, 1894, Concordia

APRES OPERA

FA-57-III

Adam Rome 539-2215

Thursday, 15 minutes after the performance, Feb 2
 Location: Will be noted on your receipt
 Class Fee: \$5.00, pay with registration (all three for \$8.00)

A bit of champagne, coffee, and dessert, to celebrate the evening's performance of La Boheme. Join us for puff pastries, cheesecake, chocolate mousse, poppyseed cake, and Italian cookies -- all prepared by UFM teachers and master chefs Russel Loub (of Ric's Cafe), Adam Rome and Rebecca Brownson.

CINNAMON ROLLS: YEAST BREAD BASICS

F-11

Rebecca Brownson 532-5866

One Time: Saturday, 1-5pm, March 10
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$3.00, pay at class Limit: 6

Warm and sticky from the oven, spiced with cinnamon and filled with raisins or nuts, cinnamon rolls are a family favorite. We will make a sweet yeast dough. While it rises, we will discuss other yeast breads. After adding the filling of our choice, we will wait eagerly for a sample.

Wise buys



Miller and Shoemaker Soda Fountain in Junction City, 1899

B(rew) Y.O.B.

BEERMAKING

F-3

Greg Love 537-2588

Tuesdays, 7-9pm First Meeting: Feb 7 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$7.00, pay with registration
Materials Fee: \$5.00, pay at class Limit: 8

Homemade beer is for discriminating palates. In this class you will learn the art of brewing beer. The class will make, bottle and taste different varieties of beer. (It is legal to make up to 200 gal for a two-adult family.) (Greg has taught this class before and finds brewing enjoyable and affordable.)

WINE MAKING IN THE HOME

F-4

C. L. Norton 537-7683

One Time: Thursday, 7-9pm, April 5
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Learn the popular art of home winemaking. Dr. Norton will provide information about equipment needed, methods and the how-to's to give new wine makers a start. (Dr. Norton is a professor of animal science whose many hobbies include wine making.)

INTRODUCTION TO WINE

F-5

Lloyd W. Davenport 539-1823

Alternate Fridays, 7-9:30pm Organizational Meeting: Feb 3 Length: 4 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration
Materials Fee: \$20.00, pay at class Limit: 12

A study of wine from vine to glass. Class will include history, geography, chemistry and viticulture accompanied by tasting of foreign and domestic wines. The short organizational meeting will allow us to discuss class structure and collect materials fees. Bring an all-purpose wine glass to all meetings. You must be over 21 to participate in this class. (Lloyd is Maintenance Superintendent for KSU's Department of Housing. He tends a small experimental vineyard, is a winemaker and a member of the Society of Wine Educators.)

SOFT PRETZELS AND ROOT BEER

F-6

Rebecca Brownson 532-5866

One Time: Saturday, 1-3pm, March 3
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class Limit: 8

Out of your kitchen - hot, soft pretzels to rival any big city vendor! Served with homemade (non-yeast) root beer, who could ask for more? (Rebecca enjoyed these treats during high school and is looking forward to teaching this class again.)

FOOD BUYING COOPERATIVE

F-10

Mary Kay Brinker

One Time: Saturday, 9:30am, Feb 11

Location: Will be noted on your receipt

Class Fee: \$1.00, pay with registration

Yes, there is an alternative! People's Grocery Cooperative Exchange, organized in 1976 as a storefront, is still thriving as a pre-order buying cooperative. Members combine their orders to purchase foods including cheeses, grains, nuts, herbs, spices . . . and much more! Food preparation and storage hints for natural, unprocessed foods will be shared. (Mary Kay has been preparing and enjoying natural foods for almost ten years and has been active with People's Grocery for some time.)

COUPONING AND REFUNDING

F-12

Deanna Pierson

One Time: Wednesday, 7-9pm, March 7

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration

Materials Fee: \$1.00, pay at class

You've heard about people who go to the grocery store and buy bags of groceries for pennies. You can become one of them! Deanna will share helpful tips on collecting coupons, money and freebies at the grocery store and through the mail. (Deanna considers couponing a hobby that is both fun and profitable.)

M-F Lunch
M-S Dinners 5-9:30

Ric's Cafe



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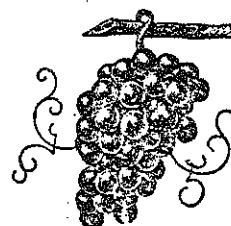
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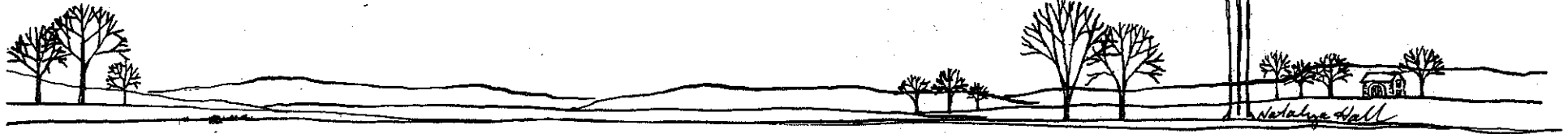
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Skills



Take care

BASIC AUTO MAINTENANCE

SK-1

Rod Hoffman

537-8236

Saturdays, 1:30-3pm, March 24, 31 Length: 2 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

Are you tired of someone else getting your hard earned money for car maintenance when you could pocket the money by doing it yourself? Then come observe demonstrations on changing: the oil and filters, spark plugs, and a flat tire. Also, checking fluid levels: battery, brakes, power steering, radiator and transmission. We will also discuss: flushing a radiator, changing a thermostat, checking hoses, tightening belts, bleeding the brakes, and some safety tips. (Rod learned some of these skills from his mother and is a certified instructor in the National Safety Council's Driver Improvement Program and has taught the Council's Defensive Driving Course.)

GUN MAINTENANCE

SK-7

Mike Weisbender

539-9815

One Time: Thursday, 6:30-8pm, Feb 2
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Guns are not toys. They require proper care for safety and efficiency. Come learn cleaning techniques and methods for general maintenance. We will also cover some basic safety do's and don't's. (Mike owns Ole Mike's Shooters Supply & Tackle.)

BICYCLE MAINTENANCE

SK-3

David Colburn

539-5639

Monday & Tuesday, 7-9pm, Jan 30 & 31 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class Limit: 10

We will identify all the parts of a bike, explain how those parts work together, and discuss how to keep them running smoothly. Age limit of 14. (Dave has been riding, racing and fixing bikes for years and years.)

BASIC HOUSEHOLD REPAIRS: PLUMBING

SK-2

Charles "Chuck" Smith

One Time: Thursday, 7-9pm, Feb 23
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 40

We will examine plumbing problems in the average house, with solutions offered to the person who is unfamiliar with plumbing. This will include faucets, sink traps, commodes, etc. Also, hot water heater safety tips will be covered. (Chuck has worked for 6 years at Manhattan Christian College in the repair and upkeep of buildings. He is currently the Supervisor in this area.)

CPR

SK-6

Joyce Halverson

532-6980

Monday, Wednesday, Thursday, 7-10pm, Feb 6, 8, 9 (3 times)
Location: Will be noted on your receipt
Materials Fee: \$8.00, pay at class Limit: 10

The CPR Modular course is designed to familiarize participants in mouth-to-mouth resuscitation, single-rescuer CPR, obstructed airway, and CPR on an infant. The final class session is used primarily for test-out purposes. A written test and a practical test will be administered in order to certify competence. (Joyce is Assistant Director of Recreational Services, KSU Recreation Complex.)

FIRST AID (RED CROSS MULTI-MEDIA)

SK-10

Neil Schanker

539-5766

One Time: Saturday, 8am-4pm, March 3
Location: Will be noted on your receipt
Materials Fee: \$10.00, pay at class Limit: 14

This is the American Red Cross Instructional System, featuring filmed demonstrations, guided practice sessions, and programmed workbooks. The student is certified as a standard first-aider upon successful completion of the course. There is a fee of \$10.00 which covers materials, workbooks and text. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be \$5.25. (Neil is a certified Red Cross First Aid Instructor.)

STANDARD FIRST AID MOD SYSTEM

SK-12

Darrell E. Marr

537-2180

Tuesday & Thursdays, 7-9pm First Meeting: April 3 Length: 8 times
Location: Will be noted on your receipt
Materials Fee: \$15.50, pay at class Limit: 15

This is an excellent way to learn first aid skills. After completing workbook sessions, individuals proceed to instructor-supervised practice sessions. The student requests skills check-out when they feel they are ready. 10 modules are required for certification in Standard First Aid. NOTE: This is a brand new Red Cross method of teaching this course - it allows much more flexibility; students progress at their own speed. (Darrell is currently Chapter Chairman and former head of the Emergency Services Unit. He has been instructor for the past two years.)

"SUPERSITTER" A RED CROSS COURSE

SK-14

Darrell Marr, Lynda Frey, Tim McHenry

537-2180

Saturdays, 9am-2pm, Feb 11 & 18 (2 times)
Location: Will be noted on your receipt
Materials Fee: \$1.00, pay at class Limit: 20

The Red Cross Babysitting course helps youth learn to use a job description, interview for a job, and develop job skills. Babysitting is a responsible job that involves handling emergencies, selecting safe toys and games, supervising children, feeding, and dressing infants. NOTE: Students must attend both sessions in order to receive a certification of completion. (Lynda is Executive Director of the Red Cross in Riley County, Darrell is a certified instructor in First Aid, Tim is staff person for Big Brothers/Big Sisters in Manhattan.)

Indepth: Images

IMAGE MANAGEMENT WORKSHOPS

UFM introduces an addition to our Manhattan program: Professional Seminars. We initiate this new program offering with two Personal Image management workshops. We hope that by broadening our program in this way, we are more completely serving the needs of our community.

WORKSHOP I: Personal Image: The Power of Color SK19

Sunday, 11am-2pm OR 3-6pm, Feb 5
Location: Will be noted on your receipt
Class Fee: \$25.00, pay with registration

What colors should you wear to make people say, "Wow, you look good today!"? You'll find out in this workshop that offers you a personalized in-depth analysis of the proper colors you should wear to maximize your natural coloring. This "Power of Color" workshop will show you how the colors you wear have an incredible effect upon your appearance and help you make the most of your best features, eye color, skin and hair color. Each participant will also receive a packet containing her best colors. This workshop will be conducted by Lin Broccolo and Debbie McWillough, trained beauty consultants.

WORKSHOP II: Your Professional Image SK20

Thursday, 7-10pm, Feb 9
Location: Will be noted on your receipt
Class Fee: \$25.00, pay with registration

This special workshop is designed to be an individual analysis of the best professional image for you. Your most authoritative look will be determined, including your two best basic colors, darkest and lightest, for job interviews, the best styles for your individual figure, correct makeup for your particular skin tone, and most flattering hairstyle and accessories. Instruction will be given in walking, standing, and sitting with grace and poise for a more professional image. The perfect outfit for your job interview will also be discussed. This workshop will be conducted by Bonnie Hansen, owner of Diet Center and a trained, certified color analyst with Beauty for All Seasons. She is an expert on personal image management.

—Buying and selling—

INTRODUCTION TO AUCTIONEERING

SK-8

Bob & Bill Wilson

776-9237

Wednesdays, 7-9pm First Meeting: Feb 8 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

In this class, Bill and Bob will cover the basics of auctioneering; how to book a sale, contracts, record-keeping, and the responsibilities of the auctioneer. Class members will attend and work a sale if one is available, and will learn the basics of chanting. Professional requirements, training opportunities, and the employment outlook will be discussed. (Bill and Bob own Wilson Realty and Auction in Manhattan.)

BIDDING AND BUYING AT AN AUCTION

SK-4

Pat Hamilton

539-1319

One Time: Wednesday, 7-8:30pm, March 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Come join in the fun as we learn about the world's oldest method of merchandising - Auction! There are still a lot of fabulous buys out there and you can learn a few tips to get the odds in your favor. (Pat is a graduate of the Missouri Auction School and is a member of the National and Kansas Auctioneers Association.)

—Planning ahead—

PLANNING YOUR WEDDING THE PROPER WAY (AND SAVE MONEY TOO!)

SK18

Dawn and Al Rookstool

539-3436

Section I: Tuesday & Thursday, 7pm, Feb 21 & 23
Section II: Tuesday & Thursday, 7pm, March 13 & 15
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 15 couples

Come and learn about different types of weddings: casual, informal and formal. We will cover in detail the proper procedures for writing announcements and invitations. Different styles of Tuxedos and Bridal Dresses will be shown. Also, we will cover choosing flowers, cake and a photographer, and other aspects of wedding planning. (Dawn and Al, after having a successful wedding, and cutting costs, would like to share these skills with others. Dawn manages Ruffles and Romance, a local bridal shop.)

SUCCESSFUL AIR TRAVEL

SK-13

Gary Coats

776-4196

Section I: Monday, 7-8:30pm, March 19
Section II: Thursday, 7-8:30pm, March 29
Location: Will be noted on your receipt
Class Fee: \$3.00/section, pay with registration

Planning an airline trip this summer? This class is a must! Gary will discuss your rights as a passenger, pitfalls that knowledgeable travelers avoid, travel for the handicapped, the art of making reservations, and finally, how to pack that suitcase. Bon voyage! (Gary is the Customer Service Agent for Republic Airlines.)

101 WAYS TO EARN CASH IN COLLEGE

SK-16

Rod Hoffman and Don Messerly

537-8236 776-3312

Tuesdays, 7:30-9:30pm First Meeting: Feb 21 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration
Materials Fee: \$1.00, pay at class

We will discuss possibilities for college work-study and off-campus jobs. However, suggestions for private entrepreneurship will be of more value to participants. Examples: selling dorm-imprint T-shirts, marketing a calligraphy skill, buying wholesale and selling retail, plus many more ideas. So, come learn 101 ways to earn cash in college. (Rod and Don are each private entrepreneurs and enjoy helping others diversify their income on a part-time or full-time basis.)

—Computer puttering—

INTRODUCTION TO MICROCOMPUTERS

SK-9

David R. Mitchell

776-0086

Tuesdays, 7-9pm, Feb 7 & 14 (2 times)
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

Limit: 10

75% of all new jobs between now and 1990 will relate to computers. Find out what they are, what they can do and how to pick one. (David was a programmer for several years and is the manager of a retail computer store.)

PERSONAL COMPUTERS

SK17

Bill Jahnke

539-8536

Wednesdays, 7-8:30pm, Feb 8, 15 & 22 (3 times)
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

Limit: 30

In the next few years small personal and business computers will become commonplace in many homes and offices. What can they do? Who can use them? Why do I need one? Come to this meeting and find out. (Bill is an avid Apple user and incorporates the Apple Computer in his home, school work and his consulting engineering work. He also teaches computer application in the College of Architecture.)

—Being constructive—

OLDER HOME RENOVATION

SK-11

T. Russell Reitz

539-4173

One Time: Wednesday, 7-9pm, Feb 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

If you're thinking of renovating an older home you'll need to know some of the problems and solutions involved. We'll discuss purchasing a home, usual work required in most renovations, answers to individual cases and give you some encouragement. (Russell has renovated 25 older homes or apartment buildings - purchased and sold or rented.)

CARPENTRY FOR WOMEN

SK-5

Brenda Buster

776-3530

One Time: Monday, 7-10pm, March 26
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

Are you all thumbs when you have to use a tool? Gain skill and confidence in wood tools and learn carpentry basics from Brenda, who will demonstrate how to use tools. Supervised hands-on instruction will be included. (Brenda has been remodeling for five years and is now on her second owner-built home.)

WOODSHOP CO-OP

SK-15

Alan Edgar

532-5866


Mandatory Organizational Meeting: Wednesday, 7-8pm, Feb 8
Location: Will be noted on your receipt
Membership Fee: \$20.00, 4 mos
35.00, 8 mos
50.00, 12 mos

Pay with registration

Located in the UFM Solar addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, lather, band saw, and most common woodworking tools. The membership fee is for equipment and facility use only. No materials are included. The mandatory organizational meeting will include instruction in safe equipment use and conduct in the woodshop. (Alan is the UFM woodshop coordinator.)

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Fine Arts



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6TH ANNUAL KANSAS FOLKLIFE FESTIVAL

FA-12

Jan Hurlley

532-5575

One Time: Thursday, 7-7:30pm, Feb 9
Location: 1623 Anderson

The 6th Annual Kansas Folklife Festival will be held Saturday and Sunday, May 5 and 6, 1984. Sponsored by the Division of Continuing Education at Kansas State University, the Festival is a celebration that brings together ethnic food groups, traditional musicians, artisans and crafts-people from all over the state representing a diversity of cultural backgrounds. Volunteers are important to many projects, but none more than the Folklife Festival. Each year many people are needed to volunteer to help with planning, publicizing, setting up and actually holding the Festival. Please come learn about the festival and volunteer your help. Call Jan if you'd like to volunteer but can't attend the meeting. (Jan is involved with the Folklife Festival.)

STENCILING

FA-13

Susan Kaylor

539-5400

Section I: Thursday, 7-9pm, Feb 16
Section II: Thursday, 7-9pm, March 22
Location: Will be noted on your receipt
Class Fee: \$3.00/section, pay with registration
Materials Fee: \$1.00/section, pay at class
Limit: 10/section

Create lovely designs by learning to stencil using the oil paintstick. It's fun, easy and you will be pleased with the results! Supplies needed are 1 paintstick and 1 stencil brush size #6. (Susan has been stenciling for 2 years and has taught many classes at Sunflower Sampler.)

STENCILING FOR KIDS

FA-14

Susan Toy

537-2084

Section I: Wednesday, 3:45-5:30pm, Feb 8
Section II: Saturday, 9:30-11:15am, Feb 11
Location: Will be noted on your receipt
Class Fee: \$3.00 per section, pay with registration
Materials Fee: \$2.50 per section, pay at class
Limit: 5

Stenciling is both fun and easy! We'll practice cutting out a stencil, and application on fabric and paper. Each child will complete a stenciled project that can be a wall hanging. All materials will be provided. Ages 8 or older. (Susan, owner of The Containery, has taught this popular craft at her shop.)

TINPUNCHING

FA-15

Nancy Dupler

539-5400

Section I: Thursday, 7-8:30pm, Feb 2
Section II: Saturday, 10-11:30am, March 10
Location: Will be noted on your receipt
Class Fee: \$3.00/section, pay with registration
Materials Fee: \$2.50/section, pay at class
Limit: 8/section

Tinpunching is an old art that has been brought back for us to enjoy. Come and learn this great craft while helping to preserve a tradition.

CHAIR CANING

FA-6

Barbara Poresky

539-2967

Tuesdays, 7:30-9:30pm First Meeting: Feb 7 Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration
Materials Fee: Cost of materials used, pay at class
Limit: 10

Do you have a chair that needs a new cane seat? Be innovative and try doing it yourself. Bring the chair to the first meeting and Barbara will get you started. She will specify materials needed and in the following sessions guide you through the steps necessary to repair your chair. (Barbara has taught this class several times before and is willing to share her skills and knowledge once again with those interested.)

INTRODUCTION TO STAINED GLASS

FA-8

Tom Ryan

776-1154

One Time: Wednesday, 7-10pm, Feb 1
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: 75¢, pay at class
Limit: 15

Tom will talk about and demonstrate the construction of a stained glass panel from design through soldering. All class participants will have an opportunity to practice cutting glass. Bring a glass cutter if you have one. (Tom has taught this class several times before for UFM.)

14/ Fine Arts

BEGINNING JEWELRY TECHNIQUES

FA-3

Michael Annis

537-1184

Tuesday & Wednesday, 6:30-9:30pm, Feb 21 & 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$12-15 depending on price of silver
Limit: 5

We will cover design layout, using a jeweler's saw, proper soldering techniques, and polishing. The finished piece will be a silver pendant suitable for wearing. This is a hands-on project with emphasis on how to do jewelry at home with a minimum investment. (Michael has been doing jewelry for 12 years and in his business, The Jeweler's Bench, makes custom jewelry and all types of repairs. He also has a degree in art education.)

CHINESE KNOTTING

FA-7

Y.L. Connie Wang

539-0560

Saturdays, 2-4pm First Meeting: Feb 4 Length: 9 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration
Limit: 10

Do you want to beautify yourself or your rooms? Chinese knotting can be a satisfying experience. By using one string you can knot any kind of design you wish for an accessory or home design. Hard string is recommended but any kind can be used. At the first class please bring a 2-yard length of string. (Connie is a housewife and has a year of knotting experience.)

A tiskit, a tasket . . .

PADDED BASKET

FA-9

Susan Toy

537-2084

Section I: Saturday, 9:30-12n, March 3
Section II: Wednesday, 9:30-12n, March 7
Location: Will be noted on your receipt
Class Fee: \$3.00/section, pay with registration
Materials Fee: \$7.00, pay at class
Limit: 5 each section

Country or Victorian padded baskets will be made by each one in the class and there will be a choice of several fabrics. A perfect spring decorative accessory or perhaps an Easter basket. All materials will be furnished.

RIBBON BASKETS

FA-11

Susan Toy

537-2084

Section I: Wednesday, 9:30am-12n, March 28
Section II: Saturday, 9:30am-12n, March 31
Location: Will be noted on your receipt
Class Fee: \$3.00/section, pay with registration
Materials Fee: \$5.00/section, pay at class
Limit: 5/section

Country baskets which are woven with ribbons make delightful Easter baskets or accessories for the home. They are not difficult to do, and each person in this class will make one. All materials will be provided.

STENCILING ON PADDED BASKETS

FA77

Susan Toy

537-2084

One Time: Tuesday, 1:30pm, March 20
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class
Limit: 5

Can you stencil on a padded surface? Yes, it can be done and we can show you how. Participants will finish a basket in one session. Come and learn how to produce a beautiful object to decorate your home or to give as a gift.

STENCILING ON WOOD BASKETS

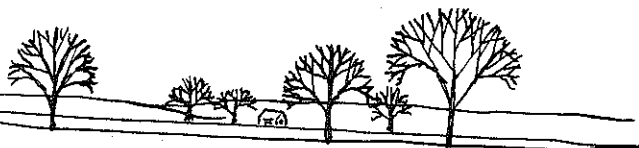
FA78

Susan Toy

537-2084

One Time: Monday, 1:30pm, March 26
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class
Limit: 5

Stenciling on wood is easy and fun. In one afternoon we will apply a pattern to a wooden basket and finish it. This technique was used frequently to produce decorative traditional motifs in early-America.



— Hooks and needles —

CROCHET PATTERN EXCHANGE

FA-17

Debra Staudte

539-7951

One Time: Monday, 7pm, Feb 6
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

The cost of crochet patterns keeps going up. Even members of Round Robins have lots of expenses. Debra has a lot of patterns and would like to trade with others. Everyone needs to bring their list for trading. (Debra learned to crochet through UFM and has learned how much fun collecting patterns can be.)

CROCHETING RAG RUGS

FA-18

Georgia Becker

537-1987

One Time: Sunday, 2-4pm, Feb 5
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 6

We will discuss different approaches to crocheted rag rug making and proceed according to your interests. Please bring scissors, needle, thread, a large crochet hook (mine is size J) and odds and ends of cloth. We will prepare and sew strips of cloth and get started on your rug. (Georgia learned to crochet rag rugs from her mother way back in the '30's. After many years, she took up this skill again this past year and has been busily making rugs for her family.)

CROCHETING WITH PLASTIC

FA-19

Cindy Bieler

539-6087

Tuesday & Thursday, 7-8pm, March 20 & 22 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 7

Recycling old bread wrappers and dry cleaning bags is fun and easy with crochet. Many beautiful and practical items can be made. Cindy will provide the patterns for rugs, chair covers, etc., and review the basic stitches required. (Cindy is a K-State graduate in art education, and has crocheted a wide variety of things.)

THE BASICS OF LACE MAKING: TATTED SNOWFLAKE MEDALLIONS

FA-31

Coni Jo Bates

537-0570

Section I: Monday, 1-3pm, Feb 20
Section II: Monday, 7-9pm, Feb 27
Location: Will be noted on your receipt
Class Fee: \$3.00/section, pay with registration
Materials Fee: \$2.00/section, pay at class

Limit: 6/section

Come learn the magic you can do with a piece of string. This ancient art of lace making was called Frivolite in France but when English women took it up their husbands rebelled in their engaging in Frivolite all day so it was renamed tatted. Today tatters often start on small projects such as medallions and snowflakes which make beautiful gifts and tree decorations. (Coni Jo learned this art from 92-year-old Effie Edwards who taught the first UFM tatted class. She has been tatted for 6 years.)

BEGINNERS KNITTING

FA-20

Fern Switzer

539-3486

Tuesdays, 1-3pm First Meeting: Feb 7 Length: Weekly
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Hopefully the students will learn to enjoy knitting. We will learn the basics and go on from there at the individual student's pace. Bring knitting worsted weight yarn and a pair of knitting needles size 5-8. 10" needles are easier to handle. (Fern has taught for the Recreation Department, Senior Center.)

KNITTING MADE SIMPLE

FA-21

Jackie Conklin

537-9175

Thursdays, 7-9pm First Meeting: March 1 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration
Materials Fee: 50¢, pay at class

Limit: 8

Knitting is a relaxing and enjoyable hobby that you can pick up and take anyplace with you. In this class all the basics which you need in order to make a project will be covered. Knit and purl stitch, increasing and decreasing, casting on and off. Each person will make a sampler of various stitch patterns and even begin a project. Please bring to class, pad and pencil, size 8 needles (long) and knitting worsted.

SOCK KNITTING

FA-22

Betty Banner

776-1887

Wednesdays, 7-9pm First Meeting: Feb 8 Length: as needed
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Sport socks, hunting socks, argyle socks. Have you ever wished you could make them? Betty will teach you to knit socks using 4 needles. You need only to know basic knitting - knit, purl, increase and decrease to learn to make socks. For the 1st class bring yarn and a set of double-pointed needles. If you have questions call me in the evening. (Betty has been knitting for at least 20 years. She has made at least 2 dozen pairs of socks.)

Warps and wefts

BEGINNING WEAVING

FA-32

Susan Lala

537-9610

Section I: Tuesdays 1-4pm First Meeting: Feb 7 Length: 4 times/section
Section II: Wednesdays, 6:30-7:30pm First Meeting: Feb 8

Location: Will be noted on your receipt

Class Fee: \$10.00, pay with registration

Materials Fee: \$18.00/section, pay at class

Limit: 4/section

Winter time is a great time to weave, and now's your chance to learn. Two classes will be offered, one daytime and one at night. Learn everything you need to know to weave on your own at home or else take more advanced classes through UFM. The \$18.00 fee is for your own shuttles, yarn and handouts.

BUGGY WHEEL RUG

FA-33

Donna Whitney

539-5778

One Time: Thursday, 7-9pm, Feb 9

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration

Lost art revived! Pioneers used buggy rims as looms. This art was lost years ago - revived and adapted to materials and products of today by Mrs. Whitney. Make rugs, placemats, chair cushions, doilies. Very unique! (Donna is the only known source of directions for buggy wheel rugs.)

HANDWOVEN JACKET

FA-34

Meredith Stroh, Susan Lala

776-0671 537-9610

Monday, Tuesday, Wednesday, 10am-3pm, Mar 26, 27 & 28 (3 times)

Location: Will be noted on your receipt

Class Fee: \$10.00, pay with registration

Materials Fee: \$1.00, pay at class

Limit: 3

Weave your own coat in this 3-day workshop for experienced weavers. Bring your own yarn. \$1.00 is for handouts. (Meredith and Susan learned about this jacket from the well-known weaver Barbara Whittenberg of Southfield, Mich.)

WEAVE ON YOUR OWN

FA-35

Susan Lala

537-9610

Need a loom? UFM will make their looms available to you the month of March. Plan your own projects, work at your convenience. If you haven't had any weaving experience, sign up for a basic weaving class Feb 7 or 8 and be ready for this opportunity. No instruction is provided. Fee for the use of UFM studio looms is \$10.00.

WEAVING TASTER

FA-36

Susan Lala, Kathy Laferre, Marsha Jensen

537-9610

One Time: Saturday, 10am-3pm, Feb 11

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration

Materials Fee: \$4.00, pay at class

Limit: 8

Curious about weaving? This class will introduce it through actual experience with various looms and with slides and by members of our local weaving guild sharing their weaving experience with you. This will be a chance to do, to see and to touch. Bring a sack lunch and come spend the day with us. You'll take home samples you've woven and we hope a new appreciation of weaving.

WHEAT WEAVING

FA-16

Paulette Schaller

776-7017

Monday & Tuesday, 7:30-9:30pm, March 26 & 27 (2 times)

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration

Materials Fee: 50¢ to \$3.00, pay at class

Limit: 8

The revival of this ancient craft has sparked a lot of interest in Kansas. This basic class will teach you how to select wheat and prepare it. Learn a variety of weaves while making hearts, flowers, candles and dolls. (Paulette has been wheat weaving for 3 years. She attends workshops annually to learn new weaves and techniques.)

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Pins and needles

SEWING AN ULTRA SUEDE SKIRT

FA-28

Jolana Montgomery

1-762-2746

One Time: Saturday, 1-4pm, Jan 28

Location: Will be noted on your receipt

Class Fee: \$5.00, pay with registration

Materials Fee: \$5.00, pay at class Limit: 15

Sewing on versatile ultra suede is easy once you know the basics. This class will cover all the details necessary to sew on Skinner ultra suede and a skirt will be cut out and sewn by the instructor. Plan to take notes. (Jolana has taught and sewn with ultra suede for several years.)

SOFT SCULPTURE

FA-30

Jan Zelch

539-5400

Section I: Saturday, 1:30-3:30pm, Feb 25

Section II: Thursday, 1:30-3:30pm, March 15

Location: Will be noted on your receipt

Class Fee: \$3.00/section, pay with registration

Materials Fee: \$1.50/section, pay at class Limit: 10/section

This is a fun class where we will take old nylons and make cute faces and pigs. The basics that you learn in this class will help you to make larger projects such as the "Cabbage Patch" dolls. Bring scissors to class. Hose, polyfil, thread, eyes and hair will be supplied.

CROSS STITCH

FA-26

Jan Zelch

539-5400

Section I: Monday, 1:30-3:30pm, Feb 13

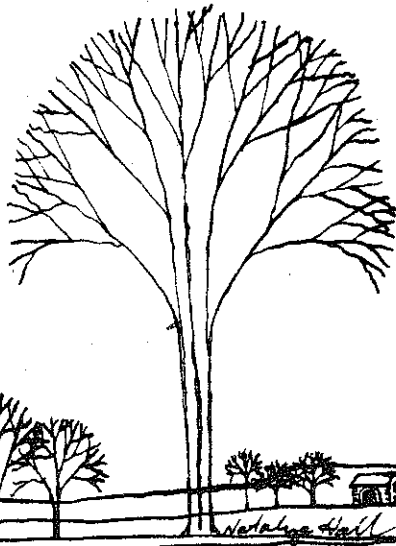
Section II: Thursday, 1:30-3:30pm, March 22 One time each section

Location: Will be noted on your receipt

Class Fee: \$3.00/section, pay with registration

Materials Fee: \$1.00/section pay at class Limit: 10/section

We will learn the basics of cross stitch - a popular craft. This can then be done on the baskets. In class we will be able to finish a small project. (Jan has been cross stitching for 5 years and has done many projects.)



With brush and pen

BEGINNING CALLIGRAPHY

FA-2

Ernie Peck

537-9883

Mondays, 7-9pm First Meeting: Feb 13 Length: 3 times

Location: Will be noted on your receipt

Class Fee: \$5.00, pay with registration

Materials Fee: \$5.00, pay at class Limit: 12

The class will learn about lettering tools, materials, references, and one calligraphy alphabet. Students will be encouraged to complete a project using this alphabet. (Ernie has been lettering since he was 13 years old and has taught many others the skill.)

CALLIGRAPHY: THE BASICS

FA-4

Janice Hooks

776-1529

Tuesdays, 7-9pm First Meeting: Feb 7 Length: 4 times

Location: Will be noted on your receipt

Class Fee: \$7.00, pay with registration

Materials Fee: \$11.00, pay at class Limit: 20

Students will be introduced to the Chancery "Italic" alphabet. We will be using a broad-edged dipper and will be making personalized stationery. Materials fee includes all necessary supplies. (Janice is a free lance calligrapher.)

BRUSH STROKES AND BAMBOO

FA-65

Sue W. Hu

539-6192

One Time: Saturday, 2-4pm, Feb 4

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration Limit: 10

Enjoy the tranquil motion of you, your brushes, the paper and ink while learning how to handle the bamboo tipped brushes on rice paper. You will be involved with practicing each stroke in painting bamboo and wild orchids. This method can be used with colors but they will not be used in class for they are too expensive to practice with. If you have any background in painting, please bring your work to the first meeting. (Sue is a self-taught painter with 40 years experience with brush strokes.)

16/Fine Arts

KONZA PRAIRIE QUILTERS' GUILD

FA-23

Coni Jo Bates

537-0570

2nd Monday of month, 9:30-11:30am Feb 13 Length: 12/year

Location: Will be noted on your receipt

Class Fee: \$1.00, pay with registration

Call Coni Jo to see what you should bring to the class

Each month the guild provides a workshop on a quilting technique or area, a lecture on some aspect of quilting or slide show/film. For a nominal fee each year, anyone - beginner or experienced or collector - may join. (This is the Guild's 6th year and has approximately 100 members.)

QUILTING

FA-24

Nancy Dupler

539-5400

Section I: Thursday, 7-9pm, March 1

Section II: Saturday, 1-3pm, April 7 One time each section

Location: Will be noted on your receipt

Class Fee: \$3.00/section, pay with registration

Materials Fee: \$3.00/section, pay at class

Learn to piece a pillow top and quilt it. It's easy and fun. (Nancy has been quilting for four years and been president of Konza Prairie Quilt Guild.)

DRAPERY CONSTRUCTION

FA-27

Nadine Innes

539-5221

Section I: Saturday, 10am-12noon, Feb 4 & 11

Section II: Thursday, 7-9pm, Feb 16 & 23 (2 times/section)

Location: Will be noted on your receipt

Class Fee: \$3.00/section, pay with registration

Materials Fee: 25¢/section, pay at class Limit: 12

What you always wanted to know about drapery-making, but were afraid to ask...from measuring the window to hanging the drape. Learn to measure, determine amount of fabric, and construct pinch pleat draperies (lined and unlined). Discussion on various types of headings. (Nadine has returned to Manhattan after spending several years in Denver, Colorado where she gave drapery-making demonstrations and had her own drapery business.)

ADVANCED CLOTHING OR TAILORING

FA-25

Fran Zerby

537-7660

Mondays, 7-9pm First Meeting: Feb 6

Length: Indefinite

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration Limit: 5

With all the beautiful fabrics on the market do you shy away from plaids and wool, or do you like the designer patterns, but are not ready to try one on your own? Now is the time to experience new areas of sewing. See how a jacket or blazer will add depth to your wardrobe. We will strive to complete a project during this class. Please bring your own sewing machine and have in mind a pattern you would like to make. (Fran is a Home Economist who does professional sewing and has taught sewing classes for several years.)

LEARN ENGLISH SMOCKING BY MAKING AN EASTER EGG

FA-29

Coni Jo Bates

537-0570

Section I: Monday, 1-3pm, March 5

Section II: Monday, 7-9pm, March 5

Section III: Tuesday, 1-3pm, March 20 One time each section

Section IV: Tuesday, 7-9pm, March 20

Location: Will be noted on your receipt

Class Fee: \$3.00/section, pay with registration

Materials Fee: \$1.50-2.00/section, pay at class Limit: 15/section

If you enjoy needlework, come learn the art of smocking - the easy way - on prepleated fabric! We'll make a smocked Easter egg, from start to finish, providing pleated beige fabric, egg and pattern. You furnish scissors, embroidery needle and several coordinated colors of embroidery floss. Discover this treasured needle art along with new friends. (Coni Jo recently acquired a pleating machine and has enthusiastically been smocking away.)

CANDLEWICKING

FA-5

Susan Kaylor

539-5400

Section I: Thursday, Feb 23, 7-9pm

Section II: Friday, March 16, 9:30-11:30am

Location: Will be noted on your receipt

Class Fee: \$3.00 per section, pay with registration

Materials Fee: \$1.25 per section, pay at class Limit: 10/section

Come and learn the beautiful art of candlewicking. Make a lovely wall decoration, pillow, or begin a quilt. Three knots will be taught. Supplies needed - 1 embroidery hoop from 6" up to 10" as needed.



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BEGINNING BLACK AND WHITE DARKROOM

FA-67

Randy R. Davis

539-5084

Mondays, 7-10pm First Meeting: Feb 6 Length: 4 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Limit: 6

This is an introductory class to familiarize you with the basic techniques of the darkroom. You will learn how to process your own black and white film and to make your own prints. We will provide everything but film and a camera (you must have a camera - preferably a 35mm SLR). There will be a materials fee for the paper depending upon how much you use. (Randy is a student at Manhattan Christian College and the darkroom manager there.)



Native American Petroglyphs

Marvelous mud

BEGINNING TO INTERMEDIATE CERAMICS

FA-72

Zoraida Rivera

776-3512

Thursdays, 7-9pm First Meeting: Feb 2 Length: 8 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration
Materials Fee: \$10.00, pay at class Limit: 8

Make your own original handbuilt and wheelthrown pottery. Whether you're interested in sculpting figurines, faces, slab or coil bowls and boxes or creating mugs, vases and plates on the pottery wheel, this class will cover it all; from raw clay to finished glazed ware. (Zoraida has 4 years experience with clay and enjoys throwing on the wheel. Her class is always popular and fills up quickly.)

INTERMEDIATE CERAMICS

FA-73

Amy Jo Gatschet

776-3135

Wednesdays, 6:30-8:30pm First Meeting: Feb 1 Length: 8 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration
Materials Fee: \$10.00, pay at class Limit: 8

This class will be for those who know basic throwing, handbuilding, drying and glazing processes in ceramics, but wish further instruction and helpful hints. Class projects will be decided upon by the student and instruction based upon individual needs. Former UFM beginning ceramic students are welcome. (Amy Jo has been making pottery for four years, and enjoys the endless possibilities available when working with clay.)

PLAY WITH CLAY (6-8 YEARS OLD)

FA-74

Ginger Branyon

537-0697

Thursdays, 4-5pm First Meeting: Feb 4 Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration
Materials Fee: \$5.00, pay at class Limit: 8

Have fun making coiled clay boxes, funny animal sculptures and clay windchimes. We will experiment with rubber stamps and sea shells pressed into the clay and maybe even decorate some with different colored feathers. Sign up with a friend and we'll play in the clay! (Ginger has taught kindergarten and is very involved with the UFM Pottery Studio.)

UFM POTTER'S GUILD

FA-75

Norm Lally

1-468-3696

The UFM Potter's Guild is made up of professional potters in the Manhattan area. They usually hold two annual sales, one in May and one in December. If you would like more information, sign up and Norm will contact you. (Norm is a professional potter in Olsburg and is a member of the Guild.)

UFM POTTER STUDIO CO-OP

FA-76

Vera Muller

537-3142

Monday, 7-8pm, Jan 30, Mandatory organizational meeting.
Location: UFM Pottery Studio
Membership in studio: \$20.00, 8 weeks
30.00, 16 weeks
40.00, 24 weeks

This is a cooperative studio-access class open to anyone with experience in pottery who feels confident working alone. There is no instruction provided. As a co-op member you will have access to the studio for four hours a week, 12½ pounds of clay plus all the recycled clay you produce, kiln space, and glazes. UFM has recently purchased a sophisticated slab roller for use in sculptural handbuilding, and electric wheel to augment its studio equipment. (Vera is the pottery studio coordinator for UFM.)

SAY IT WITH PICTURES: INTRODUCTION TO PHOTOGRAPHY

FA-68

Denis Hancock

776-3246

One Time: Tuesday, 7-10pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 18

Are your holiday photos of family and friends fuzzy? Do they turn out with half of dear auntie's head missing? Do you have a super camera but can't quite turn out super photos? Surprise yourself and others this year with your camera know-how by taking this basic class in photography. You'll learn how your camera works, how to handle it, how to use existing light, and how to compose interesting pictures. (Denis is a biologist and a photographer who has taught beginning photography to students in Sterling and Tonganoxie, Kansas.)

UFM PHOTOGRAPHY DARKROOM COOPERATIVE (BLACK & WHITE & COLOR)

FA-70

Neil Schanker

532-5866

Organizational Meeting: Monday, 5-5:30pm, Feb 6 (or by individual appointment)
Location will be noted on your receipt

Located just one block east of campus in the UFM House, the UFM darkroom is available to anyone who needs access to a well-equipped facility. Equipment is capable of handling up to 11x14 prints and 6cmx6cm negatives as well as 35mm. The fee includes everything but paper. For those who need instruction in darkroom techniques, UFM is offering a course "Beginning Darkroom" where you can have your questions answered.

Black & White Only:

Fees:	8 weeks,	\$10, new members	\$ 8, renewals
	1 semester	18, new members	15, renewals
	2 semesters	30, new members	25, renewals (pay with registration)
	3 semesters,	40, new members	35, renewals

You must provide your own chemicals if you wish to use our new color equipment.

Black & White and Color:

Fees:	8 weeks	\$14, new members	\$12, renewals
	1 semester	25, new members	22, renewals
	2 semesters	37, new members	32, renewals (pay with registration)
	3 semesters,	47, new members	42, renewals

The color equipment enables you to develop film or slides and to make prints from negatives or from slides (Cibachrome). There is no additional hourly use charge. For those who wish to use the darkroom but who do not wish to purchase a membership, space is available at the rate of \$2.00/hr. (Neil is coordinator of the UFM darkroom.)

THE SECOND ANNUAL UFM BLACK & WHITE PHOTO CONTEST - IMAGES OF KANSAS: HIDDEN PLACES CLOSE TO HOME

FA-69

The twelve winning black and white entries will be published in the summer 1984 UFM catalog. Prizes will be awarded. All entries will be exhibited at the Manhattan Public Library April 23-May 4. Judges are Sally Wampler, KSU Journalism Department; Dan Ray, Manhattan Camera Shop; Holly Miller, The Manhattan Mercury; and Adam Rome, UFM.

RULES:

1. There is no entry fee.
2. Minimum size is 5x7 inches, maximum size 11x14 inches.
3. Entries should be mounted on matt board.
4. The contest theme is Images of Kansas: Hidden Places Close to Home. Categories are scenery, people, architecture and animals.
5. Judges will select first, second and third-place winners in each of the four categories. Selection of honorable mention entries will be at the discretion of the judges.
6. On the back of matt board write name, phone number, category and optional title.
7. Submit entries to UFM, 1221 Thurston. Deadline is 4:30pm, Friday, April 13.
8. Non-winning entries may be picked up at UFM after May 7.

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WORD SLIDES

FA-71

Ernie Peck 537-9883

One Time: Monday, 7-10pm, Feb 6
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class

Limit: 15

Class will consider how to plan a successful word slide. We will then do the art, photograph it, process it, color it and project the finished slide that same evening. Previous classes have been surprised how simple the process is. (Ernie is an instructional media specialist and has been producing visual aids and teaching others how to make them for 25 years.)

BUILDING A LIBRARY

FA-50

James G. Van Buren 539-2476

One Time: Thursday, 7-9pm, Feb 23
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

How to build a library for use and delight without spending a fortune. A practical guide to happy hours for lovers of books in their quest, acquisition and enjoyment. (James has a library of many thousands of books on literature, history, religion and art.)

PRESERVING FAMILY PAPERS

FA-54

Anthony R. Crawford 532-6516

Tuesdays, 7-9:30pm, Feb 7 & 14
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 12

This is a class designed to inform the layperson how to preserve personal papers - letters, diaries, scrapbooks, photographs - in their home or small office. Practical conservation methods will be discussed and demonstrated. (Anthony is University Archivist at KSU and has been in the archival profession for over ten years.)

THE ROMANCE OF RARE BOOKS

FA-55

John Vander Velde 532-6516

One Time: Wednesday, 7:30-9:30pm, March 21
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 12

A chance to participate in an extended tour of the Rare Book Room of the Special Collections Department at Farrell Library on the K-State campus. Class members will see many old, rare, and some unusual books among the different collections. Learn how to determine value of these old books in your attic, closet, or basement. Bring a couple of old volumes to class to get pointers on preservation and conservation. (John is Special Collections Librarian at Farrell Library. He has been on staff there for 15 years and has worked in several departments of the library.)

— Collecting and keeping —

ANTIQUES AND COLLECTIBLES

FA-1

Sue Smies 539-2154

Wednesdays, 7:30-9:30pm First Meeting: Feb 15 Length: 4 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

We will discuss the value of and history behind oriental collectibles: soapstone, cloisonne, satsuma; jewelry: cameos, ivory, amber, pearls; pottery: Van Briggle, Roseville, China, hand painted and others. Detecting damage and repairs on glassware and pottery and how to assess them will be covered. (Sue is an active antique collector and dealer with over 10 years experience, UFM teacher and teaches an antique program for UFM on Cable Channel 6 TV.)

BARGAIN HUNTER'S GUIDE TO ART COLLECTING

FA-64

Julie Strecker, Kate Cashman 539-2139

One Time: Wednesday, 7:30-9pm, Feb 1
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

Learning how to collect art and NOT losing your shirt are the objectives of this class. We'll discuss, in great detail, different art forms and the processes involved, and most importantly, developing personal guidelines for investment. (Kate is the director of Strecker Gallery. Julie is an art collector and owns the gallery.)

PICTURE FRAMING AND MATTING BASICS

FA-10

Steve Hall 539-5228

Mondays, 7-9pm First Meeting: Feb 6 Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration
Materials Fee: \$8.00, pay at class

Limit: 10

Learn techniques necessary for assembling your own picture frames. Includes moulding selection, matting basics, hands-on practice for frame assembly. Unfinished moulding available for practice. Selection of mouldings and supplies available for purchase or bring your own mouldings. (Steve has participated in local craft shows, does custom picture framing, and has taught this picture framing class for 3 years.)

PRESERVATION OF ART WORKS ON PAPER

FA-66

Julie Strecker, Kate Cashman 539-2139

One Time: Wednesday, 7:30-9pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

This is a required course for all local artists and for anyone who wants their art to last a lifetime or longer! There will be a demonstration of making rice starch paste and hinging.

18/Fine Arts

— Words in action —

CHEERIOS AND DREAMS: CREATIVE DRAMA MORNING

FA-46

Cindy Klentz, Sandy Peck, Nancy Stover 776-7366 776-4347

One Time: Saturday, 10-11:30am, Jan 28
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 15

Families and friends are invited to join us for a Saturday morning of creative drama right out of your own kitchens, bookshelves and inner beings. Adults and children are welcome! (Nancy, Sandy and Cindy are founding participants of Lifesong Theatre because they love people and play.)

HOW TO SEE IN THE DARK

FA-56

Kent Donovan

Tuesday, 8pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

This group will examine popular big budget movies made for entertainment and what they tell us about society today. There will be a discussion on such movies as "The Big Chill," "Flashdance," "Staying Alive," "Ordinary People," and "Kramer vs Kramer." (Kent has published reviews of movies in *The Manhattan Mercury* for ten years and teaches a KSU course, "History through Film.")

A NIGHT AT THE OPERA

FA-57-I

Adam Rome

539-2215

One Time: Thursday, 7-9pm, Jan 19
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration (FA57-I; 57-II; 57-III-\$8.00)

A brief introduction to opera for those who want to increase their appreciation of this great but often misunderstood art form. The music (overtures, arias, ensembles, choruses), the history (why the Italians were the first to build opera houses, for example), the conventions (why the deep voices are almost always the bad guys, the characters (a lecherous barber, a hunchbacked jester, a star-crossed poet, a biblical king)... In short, everything you've always wanted to know about opera but were afraid to ask! (Adam is director of UFM's *Hidden Places* project, but he is often found on Manhattan's sidewalks with his monkey and barrel organ, grinding out Verdi's greatest hits.)

LA BOHEME

FA-57-II

Adam Rome

539-2215

One Time: Thursday, 7-9pm, Jan 26 (FA-57-I; 57-II; 57-III-\$8.00)
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

An introduction to the music and the story of Puccini's masterpiece, to be performed in Manhattan on February 2nd by the New York City Opera.

APRES OPERA

FA-57-III

Adam Rome

539-2215

Thursday, 15 minutes after the performance, Feb 2
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration (all three for \$8.00)

A bit of champagne, coffee, and dessert, to celebrate the evening's performance of *La Boheme*. Join us for puff pastries, cheesecake, chocolate mousse, poppyseed cake, and Italian cookies -- all prepared by UFM teachers and master chefs Russel Loub (of Ric's Cafe), Adam Rome and Rebecca Brownson.

SIGN LANGUAGE

FA-47

Natalie Smith

532-5478

Tuesdays, 7-9pm First Meeting: Feb 7 Length: All semester
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration
Materials Fee: 50¢, pay at class

Limit: 25

Say it in sign language. Experience the world of non-verbal communication in which the hearing-impaired live. This class will cover the basic sign alphabet and some conversational phraseology (with multiple signs). Come prepared to re-learn your own language. (Natalie learned sign language from her parents who are both deaf.)



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Open 10:00 to 5:30 Monday through Saturday Thursday till 8:30

Rhythm and motion

BALLROOM DANCE

FA37

Alex Ramm

532-6750

Sundays, 7-8:30pm, Feb 5 & 12 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00

People who already know how to dance waltz, tango and foxtrot are welcome to come with or without a partner. The class might become ongoing. (Alex has taught this class before.)

ISRAELI FOLK DANCING

FA-43

Paul Weidhaas

539-4805

One Time: Friday, 7:30-9:30pm, March 2
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Join the Flint Hills Folk Dancers at a special Israeli evening of horas, line and couple dances. No partners needed. Beginners always welcome! (Paul has particularly enjoyed Israeli folk dancing for ten years.)

SOCIAL DANCE (ADULTS)

FA-44

Randi Dale

539-5767

One Time: Monday, 8pm, Feb 6
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 6 women
6 men

Students in the social dance class will be introduced to the waltz, foxtrot and swing dance.

SOCIAL DANCE (AGE 13-18)

FA-45

Randi Dale

539-5767

One Time: Tuesday, 7:30pm, Feb 21
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 6 girls
6 boys

Students in the social dance class will be introduced to the waltz, foxtrot and swing dance. For ages 13-18. Please tell us your age when you register.

CONTRA DANCING

FA-39

Enid Cocke

539-6306

One Time: Friday, 7:30-9:30pm, Feb 17
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Contras are folk dances from Canada, the U.S. and the British Isles danced in longways (Virginia Reel) formation. Join us for an evening of great dancing and wonderful music. No experience necessary.

CLASSICAL INDIAN DANCE

FA-38

Nivedita P. Rangnekar

776-1172

Thursdays, 5:30-6:30pm First Meeting: Feb 2 Length: 4 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

The class offers a broad introduction to both the theory and practice of classical Indian Dance and to understand the hand gestures and techniques of classical Indian Dancing. (Nivedita is a professional Indian classical dancer with a B.F.A., specializing in "Bharata Natyam" style, from the University of Bombay, India.)

COUNTRY WESTERN SWING DANCING

FA-40

Dara Keener/Tony Cook

537-9568 532-3619

Mondays, 7-8:30pm, Feb 13, 20, 27 (3 times)
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration Limit: 20 couples

We plan to demonstrate and teach the basics and some advanced moves of country swing dancing. Also included will be two step, ten steps (2 kinds) cotton-eyed joe and polka. (Tony has taught this class at KS Discovery Days once before and Dara just really enjoys dancing.)

FLINT HILLS FOLK DANCERS

FA-41

Enid Cocke/Paul Weidhaas

539-6306 539-4805

Fridays, 7:30-9:30pm First Meeting: Feb 3 (first and third Fridays every month)
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration Length: ongoing

In its fourth year, the Flint Hills Folk Dancers are a small but active group of townspeople and students who hoof it to music from all over. If you can walk, you can dance. All are welcome, from beginners to advanced dancers.

FOLK DANCES OF THE BRITISH ISLES

FA-41

Enid Cocke

539-6306

One Time: Friday, 7:30-9:30pm, April 6
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

We'll do some English country dances, some Scottish couple dances and contras, and perhaps some Irish step dancing. Come for an evening of fun, fellowship, music and dance. Beginners welcome! (Enid has been folk dancing for over 20 years and has taught for about as long.)



Dance Classes



SUSAN WARDEN DANCERS

Come dance with the Susan Warden Dancers—"Manhattan's Only Professional Dance Company" and the only dance company in Kansas to be chosen by the Kansas Touring Arts Program.

For the past four years, our dance company has traveled across Kansas, offering a variety of community services, such as, concerts, workshops, and lecture/demonstrations for schools, nursing homes, mental health facilities, as well as the general public.

At our local Manhattan studio, our dance company members teach a variety of classes to help you:

- stay fit
- develop grace and coordination
- increase body awareness
- meet new friends
- have fun!

Our goal is to offer quality training dance for the casual or serious student—so enroll today!

CLASS SESSIONS:

All class sessions run for eight weeks.

Session III: January 16-March 10
Session IV: March 19-May 12

CHILDREN'S CLASSES

Creative Movement I: Ages 4-7

This class provides children with an opportunity to 1) discover personal creative sources, 2) develop coordination, 3) work in "play" environment with other children, and 4) release energy in a constructive way.

Saturday 9:00-9:45 a.m. FEE: \$30
Instructor: Linda Johnson

Creative Movement II:

An extension of creative movement I developed for older children ages 8-14.

Tuesday 4:00-5:00 p.m. FEE: \$30
Instructor: Scott Harlan Brownlee

Ballet I:

Ages 8-12
A basic class on ballet technique focusing on movement awareness, alignment, strength and stretch. Develops discipline and self-confidence. Clothing should be leotards, tights, ballet slippers.

Saturday 12:00-1:00 p.m. FEE: \$30
Instructor: Linda Johnson

Ballet II:

Ages 8-12
For those who have had Ballet I. This class focuses on further development of ballet technique. It deals with movement confidence, movement through space, control, strength, stretch, and ballet vocabulary. Leotard, tights and ballet slippers should be worn.

Saturday 10:00-11:00 a.m.
FEE: \$30 Instructor: Linda Johnson

Tap/Jazz:

Ages 8-12
A basic class that will include both jazz and tap technique. This class will focus on rhythm, isolations, and control and release of energy. Some dance training required. Tap shoes or hard-soled shoes should be worn for tap, and leotards and tights.

Saturday 11:00-12:00 FEE: \$30
Instructor: Linda Johnson

TEEN/ADULT CLASSES:

Adult/Teen Ballet:

A basic class for adults in ballet technique and style, focusing on movement and body awareness, alignment, muscle strength, stretch, and energy control and release.

Tuesday 6:30-7:30 p.m. FEE: \$30
Instructor: Linda Johnson

Modern/Jazz I and II:

Experience the excitement of combining two of America's only indigenous art forms—modern dance and jazz music! You will learn a series of modern dance and jazz dance warm-up exercises and routines, developing strength, flexibility and a basic understanding of movement awareness.

I—Monday 5:30-6:30 p.m.
II—Wednesday 5:30-6:30 p.m.
FEE: \$30 Instructor: Jean Dickinson

Dance Workshop:

Teens and Up
Come dance, Dance, DANCE! This class will have a minimal warm-up period and the rest of the class will be spent learning a complete dance by the end of the eight weeks. Previous class experience is required in either jazz, modern, or ballet.

Wednesdays 6:30-7:30 p.m.
FEE: \$30 Instructor: Jean Dickinson

Exercise:

Shape up and stay fit! This class will consist of vigorous warm-ups, strengthening exercises, stretching and routines to music. This class is four hours a week. Students may attend as many of the sessions as desired.

Monday & Wednesday
6:30-7:30 p.m.
Tuesday & Thursday 7:30-8:30 p.m.
FEE: \$40 Instructor: Jean Dickinson

Nagging Back Pain?

This class provides strengthening and stretching exercises specifically designed for the lower back. Personal attention will be given to help isolate back pain. Instruction will focus on applying techniques to everyday movement.

Thursday 6:30-7:30 p.m. FEE: \$30
Instructor: Scott Harlan Brownlee

Character Dance:

Learn to move like Curly from "Oklahoma," Anita from "West Side Story" and other favorite stage characters. This class will include excerpts from musicals and characterization exercises to help build stage confidence and increase range of movement. Useful to dancers and actors.

Thursday 4:00-5:00 p.m. FEE: \$30
Instructor: Scott Harlan Brownlee

Body Awareness:

Learn more about how you move drawing from the Alexander technique, massage and improvisation. This class is organized to provide the student with a relaxation technique. Your body will feel wonderful and rested after each session.

Monday & Wednesday
5:00-5:30 p.m. FEE: \$30
Instructor: Jean Dickinson

REGISTRATION FORM:

Name _____

Street _____

City _____

State _____

Zip _____

Work Phone _____

Home Phone _____

Class _____

Class _____

Amount Enclosed _____

Please bill to my MasterCard/VISA, (circle)

Card # _____

Expiration Date _____

Cardholder's Name _____

Parent's name if student is a child: _____

REGISTRATION INFORMATION:

All students are requested to give full payment upon enrollment for each session. Registration may be done by mail or over the phone with VISA or MasterCard.

To register by mail, send the attached form and a check payable to the "Susan Warden Dancers" to:

Susan Warden Dancers
P.O. Box 1013
Manhattan, KS 66502

For more information, call (913) 539-6336.

All classes begin Monday, January 16 and Monday, March 19.

Reading and writing

BOOKS BY AND ABOUT WOMEN

FA-49

Lorrie Cross 539-5337
 Wednesday, 7:30-9pm First Meeting: Feb 1 Length: Once or twice/month
 Location: Will be noted on your receipt depending on members choice
 Class Fee: \$1.00, pay with registration

This group meets informally to discuss books that are serious, humorous, or satirical. They read both fiction and nonfiction. Choice of book depends on the preference of the group. Books recently read include: Braided Lives by M. Piercy; From Housewife to Heretic by S. Johnson; Sister Carrie by T. Dreiser; One of Ours by W. Cather. (Lorrie has been a member of the group since 1978 and is interested in women's issues.)

FEMINIST WRITERS SUPPORT NETWORK

Natalya Hall, Rita Grover 537-8235
 Organizational Meeting: Thursday, 7-9pm, Feb 2 Length: Ongoing
 Location: Will be noted on your receipt
 Class Fee: \$1.00, pay with registration

We are women who write journals, letters, poems, stories, plays ... who would like to know other women who write, to share readings and critiques and encouragement in a supportive atmosphere. We foresee dividing into small groups meeting bi-weekly, with some sort of communication between groups. (Natalya and Rita are writers who are tired of working in a vacuum.)



Dancing fingers

BEGINNING GUITAR

FA-58

Chad Parlier, Nora Talavera 537-4167
 Wednesdays, 7:30-9pm First Meeting: Feb 8 Length: 6 times
 Location: Will be noted on your receipt
 Class Fee: \$10.00, pay with registration Limit: 15

If you have always wanted to learn to play guitar, but the cost of lessons were too expensive, now is your chance. We offer any beginning person an easy, step-by-step instruction to suit your own ability and level. (Chad has 4 1/2 years of playing experience, and can play folk style, rock and some classical. Nora has been playing 4 years. Her forte is Spanish style guitar.)

FLINT HILLS DULCIMER PLAYERS

FA-59

Linda Teener 537-0508
 Wednesdays (every other week) 7-8:30pm First Meeting: Feb 1
 Location: Will be noted on your receipt Length: Indefinite.
 Class Fee: \$1.00, pay with registration
 Materials Fee: \$3.00, pay at class

Flint Hills Dulcimer Players is a group of mountain dulcimer players who meet to play together, share tunes, and learn new techniques. We play primarily traditional American music. There are no skill requirements. Come join the fun! (Linda plays both mountain and hammered dulcimer and likes to play with other people.)

HAMMERED DULCIMER WORKSHOP

FA-61

Linda Teener 537-0508
 One Time: Saturday 1-3pm, Feb 11
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration Limit: 6

Find out what to do with all those strings! This workshop will cover the basics of playing the hammered dulcimer - tuning, hammers, music and technique. Tips on purchasing a dulcimer will also be available.

JAZZ IMPROVISATION

FA-62

Jackie Conklin 537-9175
 Mandatory organizational meeting: Thursday, 7pm, Feb 16 Length: ongoing
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: 50¢, pay at class Limit: 10

Once you are familiar with an instrument, it is not difficult to learn some basic jazz chord progressions and even begin to develop your own musical style. There is no need to be able to read music and any instrument is acceptable. You can also apply these chord progressions to Pop and Country Western. (Jackie is a professional musician, having played at J.D.'s restaurant for 8 years, taught piano theory and directed.)

MAINTENANCE OF MUSICAL INSTRUMENTS

FA-63

Christopher Banner 776-6562
 One Time: Saturday, 10am, Feb 18
 Location: Will be noted on your receipt
 Class Fee: \$1.00, pay with registration

Chris will demonstrate general preventive maintenance for your musical instrument. He will cover techniques for replacing strings, cleaning, and polishing, as well as special needs and peculiarities of each instrument. Please indicate on your registration card what musical instrument you need to maintain. (Chris has been an instrument repairman for seven years and repairs all KSU instruments.)

20/Fine Arts

ANOMALY: SCIENCE FICTION/FANTASY CLUB

FA-48

Maryse Schultz 537-8069
 Mondays, 7:30-8:30pm, Feb 6 & 20 Length: Ongoing
 Location: Will be noted on your receipt
 Class Fee: \$1.00, pay with registration

Have you been hiding out because your friends don't appreciate Tolkien and your mother thinks you're too old to watch Star Trek? If so, Anomaly could be the group for you. Anomaly is a social club whose members enjoy parties, conventions, making costumes, and keeping up on the latest books and movies. Remember: Reality is only a crutch for those persons unable to handle Science Fiction! (Maryse has been president of Anomaly for the past year and loves SciFi and Fantasy.)

INTRODUCTION TO SHAKESPEARE

FA-52

Brian K. Hare 539-4716
 Sundays, 7-9pm, Feb 26, Mar 4, 18, 25, Apr 1 (5 times)
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$1.50, pay at class Limit: 15

How to read Shakespeare, Shakespeare as Art, History, and Philosophy, and an introduction to basic dramatic theory will be covered. Plays discussed will be Henry IV, Part I, Twelfth Night, Othello, and The Tempest. If you do not have copies of these plays, call Brian before Jan 30 and paperback editions will be ordered for you. (Brian is a KSU student who has studied Shakespeare extensively.)

CRACKPOTS: VISIONARY WORLDS IN WOMEN'S NOVELS

FA-51

Flossie Snyder 776-7608
 Tuesdays, 7:30-9:30pm, Feb 7, 21, March 6 Length: 3 times
 Location: Will be noted on your receipt
 Class Fee: \$1.00, pay with registration Limit: 12

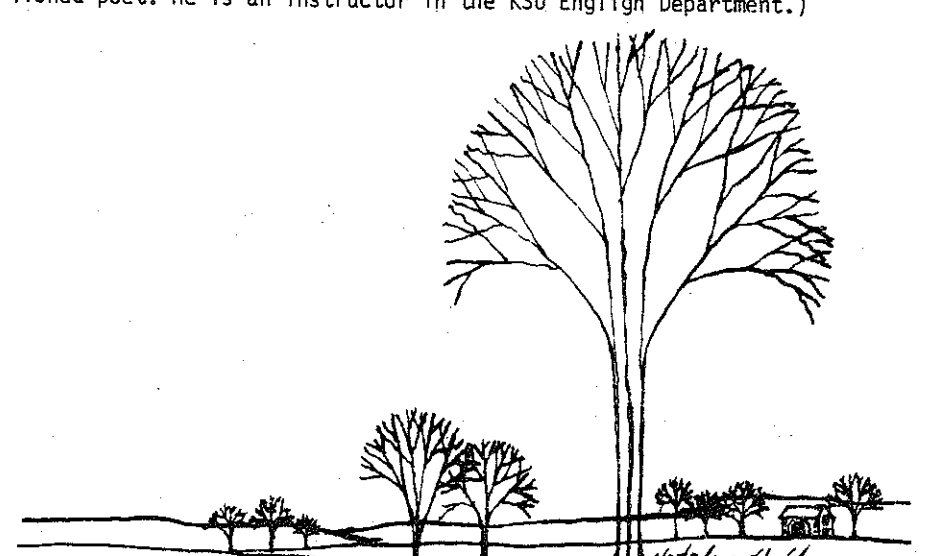
What's wrong with the world? How have women writers used alternative (mad?) worlds to analyze society? Readings include Herland (Gilman), Woman on the Edge of Time (Piercy), Memoirs of a Survivor (Lessing). Themes include madness, violence, technology, family and child rearing. (Flossie teaches English and has a special interest in women's literature.)

POETRY WORKSHOP

FA-53

Scott Cairns
 One Time: Saturday, 1-4pm, Feb 25
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration Limit: 10

This class is an introduction to the workshop process. Participants should bring 10 copies of an original poem to be critiqued by the group. The atmosphere will be very casual and, it is hoped, helpful to the novice poet. (Scott has an MFA in creative writing and is a widely published poet. He is an instructor in the KSU English Department.)



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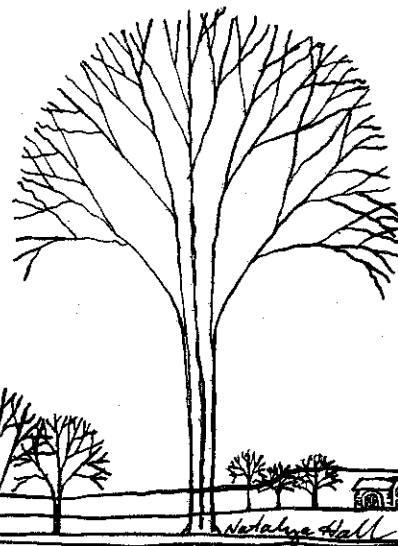
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Inner Self



Thinking things over

INTRODUCTION TO THE PHILOSOPHY OF GURDJIEFF AND OUSPENSKY

S-28

David Seamon

532-5953

Thursdays, 7:30-9pm First Meeting: Feb 2 Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

This class explores the psychological system of the two Russian philosophers and teachers, Gurdjieff and Ouspensky. Their philosophy seeks to join Eastern traditions with Western needs, emphasizing a system of self-development grounded in verification through personal experience. Classes will include psychological exercises, discussion, and reading aloud from Ouspensky's *A Psychology of Man's Possible Evolution*. (David has been active with Gurdjieff work for 10 years. He has studied with T.G. Bennett, a pupil of both Gurdjieff and Ouspensky.)

SACK LUNCH THEOLOGY

S-31

Dave Stewart

539-3051

Tuesdays, 11:30am-1:00pm First Meeting: Feb 7 Length: 8-9 weeks
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: \$7.50, (cost of book) pay at class Limit: 15

We will use Matthew Fox' Book, *A Spirituality Named Compassion*, as our learning guide. The book explores how compassion relates to science, economics, politics, psychology, in the healing of the global village. Class format will be one in which all participants are teachers and learners with each other. (Dave is a campus minister who enjoys theology and sack lunches.)

INTRODUCTION TO ZEN MEDITATION PRACTICE

S-29

Al Potter

532-5650 532-5634

Wednesdays, 8-10pm, Mar 7 & 14 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

The aim of this course is to have two meetings within which some preliminary discussion of Buddhist tradition will be held as well as instruction in the Soto way of Zen practice. It is recommended that the participants wear loose fitting clothing and please bring a cushion or medium sized pillow to sit on. Those who have a general interest or questions are welcome to participate. (Al has been studying with Zen master Katagiri of the Minneapolis Zen Center for a number of years.)

YOGA

S-35

Bert Franklin

539-0495

Tuesdays, 5:30-6:30pm First Meeting: Mar 6 Length: 8 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration
Materials Fee: \$5.00, pay at class Limit: 10

The principle classic asanas, breath control, introduction to meditation, as taught by T.K. Krishnamacharya of Madras. (Bert studied Yoga with Krishnamacharya continuously for over 5 years while stationed in Madras.)

YOGA

S-36

Rob Sheridan

776-6849

Mondays, 5-6pm First Meeting: Feb 6 Length: 8 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Limit: 8

In this class we will practice the basic yoga postures (asanas) and breathing techniques (pranayama). Please bring your own mat, wear comfortable clothing (shorts, leotards, etc.) and come on an empty stomach. (Rob has been studying Yoga with Dr. Albert Franklin since 1974.)

WHAT IS A LUTHERAN?

S-34

Pastor Ron Roschke

539-7371

One Time: Thursday, 7:30-9pm, Mar 1
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

An introduction to Lutheranism: What do Lutherans believe? What is Lutheran worship like? How do Lutherans relate to other religions? A brief sketch will be followed by question-and-answer, dialogue and refreshments, as we compare our journeys of faith. (Ron is Pastor of Peace Lutheran Church and serves as Chaplain to Memorial Hospital.)

THE MOVIEGOERS

S-32

Dave Stewart

539-3051

Fridays & Saturdays, 6:30pm, Feb 11, 17; Mar 2, 24; Apr 7, 21
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: Cost of movie tickets Limit: 20

We will view selected movies (let's hope for some good ones!) and then discuss their meaning with reference to our own experience.

CULTS AND THE OCCULT

S-26

Robert E. Mullin

537-8018

Tuesdays, 7-8:30pm First Meeting: Feb 7 Length: 8 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

An overview of such major cult movements as Mormonism, Jehovah's Witnesses, Christian Science, and request topics; also, an overview of the occult and related topics-witchcraft, Bermuda Triangle, UFO's. (Currently Robert is a graduate instructor in the KSU English Department, former associate professor of English and lay preacher at Manhattan Christian College, nine years' experience in researching and lecturing on cults, the occult, and creationism.)



Kansas State College, Girls Drilling, 1888

Living with kids

MONTESSORI IN THE HOME

S-23

Betty Aldridge

539-8014

Mondays, 7:30-9:30pm, Feb 6, 13 Length: 2 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

The Montessori philosophy of learning with pre-school children will be explained and there will be many learning materials displayed. Ways to make inexpensive learning aids for your child and how to use these at home will also be shown. (Betty has been the director of Manhattan Montessori since 1976. Quinn Schipper and Stephanie Anderson will also assist in this class.)

A RED CROSS COURSE: PARENTING FROM BIRTH TO 6 YEARS

S-24

Lynda Hershey Frey, Tim McHenry

537-2180

Mondays & Wednesdays, 7-9pm First Meeting: Jan 16 Length: 8 times
Location: Will be noted on your receipt
Materials Fee: \$3.00 (for student workbook), pay at class Limit: 20

This is a practical course designed to build positive relationships between parents and their children. Topics include: parental roles, health and safety, child development, discipline, television. Through discussion parents exchange information and opinions about popular parenting techniques, share resources...and build a support group. This is a course developed by the American Red Cross and is taught by certified instructors. Certificates will be issued to those completing the course. (Lynda is Executive Director of the Red Cross in Riley County, and a parent of two. Tim is staff person for Big Brothers/Big Sisters in Manhattan.)

PARENTS ANONYMOUS

S-25

Don and Irmie Fallon

539-4451 539-5582

Wednesdays, 7:00pm First Meeting: Feb 1 Length: Ongoing
Location: 1021 Denison Class Fee: \$1.00, pay with registration

Even good parents lose their temper with their children or sometimes set unusually high expectations. At times parents avoid disciplining their children for fear of losing control. Irritability can lead to physical or emotional hurt and abuse. This is a support group for parents who wish to cope with such feelings and prevent damaging relationships between themselves and their children. Skills will be shared that help express anger and love feelings, to reduce stress and to affirm a new sense of self-worth. Trust, confidentiality, anonymity, and caring will be emphasized. Register by first name only and phone number and you will be contacted. (Sponsored by Manhattan Family Council. Don and Irmie are parents. Don is a graduate of the Menninger Counseling Program and Irmie is a kindergarten teacher with experience and graduate work in parent-child relationships.)



—Healing bodies—

HEALTH AND SAFETY SEMINAR S-21

Lynda Frey (Coordinator) 537-2180

One Time: Monday, 7-10pm, Mar 5
Location: Will be noted on your receipt

This will be a joint presentation on various topics dealing with health and safety issues. Representatives from the local fire department, first aid instructors, and experts in storm safety and consumer awareness will discuss how to stay healthy and safe in varied situations.

FOOT CARE IN THE ELDERLY S-20

Joseph A. Svoboda, D.P.M. 539-7664 539-1863

One Time: Wednesday, 2:30pm, Feb 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 70

Joe will discuss foot care in the elderly. Prevention, treatment, self-care and what is/is not covered by Medicare/Blue-Cross/Blue-Shield, etc. (Joseph is a Manhattan podiatrist and consultant in all nursing care facilities in the Manhattan area.)

VISUAL AWARENESS S33

JoAnn Fremerman 776-1396

One Time: Tuesday, 7-10pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

We will work with the method of visual retraining designed by Dr. Bates for healing vision problems. This approach is Holistic - we will be discussing how nutrition, positive mental attitude and new visual habits can improve your vision on many levels. (JoAnn attended a workshop called "Eye Classes." She has been working with these techniques for over a year and knows they work.)

"OH! MY ACHING BACK" S-22

Dr. John M. Wertin 537-9330

One Time: Wednesday, 7-9pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

A self-help course giving instructions on proper posture techniques, exercises, lifting, do's and don'ts, and treatment of back and neck conditions.

ACUPUNCTURE - A LAYMAN'S OVERVIEW S-42

Dr. John M. Wertin 537-9330

One Time: Wednesday, 7-9pm, Feb 29
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

What is it, where did it come from, how do you use it, and why does it get such miraculous results? (John has been a chiropractor for eight years and is a member of the Fellowship of the International Association of Clinical Acupuncturists.)

REFLEXOLOGY S-30

Russell Gillespie 776-8768

One Time: Monday, 7:30-9:30pm, Feb 6
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 21

We will cover basic information on zone therapy (Reflexology). Information to help yourself and others to prevent and overcome tension, improve circulation and normalize body functions will be given. Personal hygiene is a necessity. (Russell is a Certified Registered Reflexologist and is concerned about people's health.)

QUICKIE-MINI STRESS MANAGEMENT STRATEGIES S-40

David Danskin 532-6927

One Time: Wednesday, 7:30-9pm, Feb 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 40

Come dressed comfortably as you will be practicing and learning some stress management strategies. You will also be learning how each of us over-stresses ourself 100 or more times each day; what your own unique stress pattern is; how to integrate mini-strategies for managing those stresses into daily activity; and have some fun doing it. (David works in the K-State Counseling Center doing stress management, biofeedback and wellness training for students, and for regional and national professional groups.)

STRESS MANAGEMENT S-41

Michael Weinberg, PhD 537-2244

Monday & Wednesday, 7-8:30pm, Feb 20 & 22
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 10

Ways to overcome the stresses that are put upon us by ourselves and others. We will explore the motivation for our behaviors when dealing with stress. Michael will also share with you alternative ways of thinking and behaving that can efficiently diminish stress in our lives.

22/ Inner Self

—Healing minds—

CREATIVE DIVORCE: PAIN AND GROWTH S-37

Don Fallon 539-4451

Thursdays, 7:30-9:30pm First Meeting: Feb 2 Length: semester
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

The purpose of the group is to be a supportive, caring community for those facing or working through divorce. The group will work toward understanding and coming to terms with the past and with the possibility of finding new opportunity for personal growth and a fuller life. We will attempt to recognize self-defeating behavior and to discover options in making change.

DIVORCE - HOW TO STOP FEELING LIKE A VICTIM S-38

Michael Weinberg, PhD 537-2244

Monday & Wednesday, 7-8:30pm, Feb 6 & 8 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 10

Divorce is often an emotionally devastating experience that reinforces the feeling of being victimized. We will discuss the options available that will diminish these painful feelings by substituting them with actions that build emotional strength. (Michael is a National Certified Counselor and has taught this course numerous times for UFM.)

HOMOSEXUALITY AND THE CHURCH: SUPPORT GROUP S-43

Don Fallon 539-4451

Thursdays, 4:30-6pm First Meeting: Feb 9 Length: indefinite
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration Limit: 12

This is a support group for gay and lesbian persons to consider Biblical and religious attitudes toward homosexuality, finding support in coping with family and community attitudes, personal relationships, and exploring acceptance and non-acceptance in faith and church communities. Emphasis will be given to exploring feelings of fear, anger, guilt, trust, love and intimacy. Confidentiality, trust, and caring will be stressed. Register by first name (if desired) and phone and you will be contacted for meeting place. (Don is a KSU campus minister with training in past oral counseling at the Menninger Foundation.)

PEER COUNSELING: HOW TO HELP A FRIEND! S-39

Lynette Olson 539-4844

One Time: Saturday, 9am-12noon Feb 11
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: 75¢, pay at class Limit: 30

Help! Everyone at some point needs someone to listen and care! We will consider characteristics and skills needed in friend-to-friend helping. We will practice some skills so come prepared to interact and learn. (For the past eight years Lynette has been teaching counseling courses as well as counseling students and others. She has led workshops around the state on this topic.)

USING THE JOURNAL: A WAY OF "GETTING IT TOGETHER" S-18

Liebe Pellerin 539-3104

Section I: Tuesday, 7-9pm, Feb 7
Section II: Thursday, 7-9pm, Feb 23
Section III: Tuesday, 7-9pm, Mar 20
Location: Will be noted on your receipt
Class Fee: \$3.00 per section, pay with registration

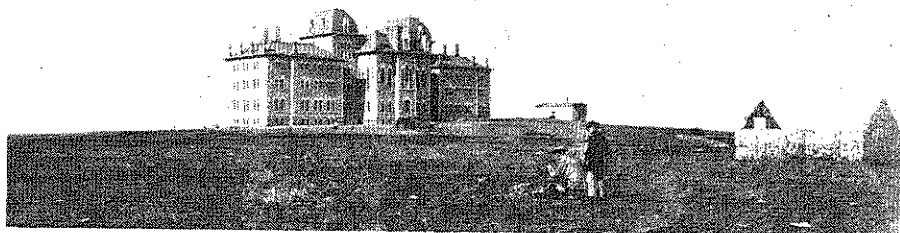
Do you often find yourself wondering "What's the next step for me?" or "Where is my life leading me?" In 1966 psychologist Ira Progoff developed a method especially designed for adults seeking personal growth based on a simple journal-keeping technique. This course will include basic exercises which explain Progoff's techniques. You don't have to be an expert in language arts. Bring a pen and notebook paper. (Liebe is an authorized leader of Progoff's Intensive Journal program.)

HYPNOSIS FOR THE SERIOUSLY CURIOUS S-27

Greg Potter 537-0076

One Time: Tuesday, 7pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

This class will examine the nature of hypnosis in the helping process. We will discuss the theory of how hypnosis works to help people change in positive ways and how it is being used today in practical application. The hypnosis process will be demonstrated. (Greg has a Masters degree in Psychology, PhD degree in Counseling. He trained in hypnosis at the Ethical Hypnosis Training Center, South Orange, N.J. and uses hypnosis regularly in private practice.)



Frazer Hall, Kansas University, Lawrence, 1870's

Finding a job

INFORMATION FOR ADULTS RETURNING TO SCHOOL

S-14

Margaret Nordin and Beverly Laskey 532-6432

First Monday of every month, First meeting: Feb 6, 7pm Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Thinking about starting or returning to college? So are many others. Join a group discussing whether returning to school is a wise move. (It is!) What needs to be done and what plans have to be made? (Sponsored by KSU Fenix Office. Margaret and Beverly both have worked with re-entry students for several years.)

WOMEN IN TRANSITION - CAREER/LIFE PLANNING GROUP

S-19

Susan Scott Angle 532-6927

Wednesdays, 3-4:30pm First Meeting: Feb 1 Length: Ongoing
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 8

The Women in Transition-Career/Life Planning Group is designed for women who wish to re-enter the job market or change from one career to another. In a group setting, you will examine vocational choices as a lifelong process in which all experiences are meaningful and changes may be expected. (Susan is a counselor at the KSU Counseling Center who has an interest in the special career development needs of women.)

CAREERS IN TRAVEL

S-10

Thea Garvin 539-0531

One Time: Tuesday, 7-9pm, Mar 6
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 15

In this class we will learn about a career as a travel agent, including skills assessment, means of acquiring training, career goals as owner or employee and what to expect in a typical day's work. (Thea and her husband own and operate a local travel agency.)

On the job

DEALING WITH DIFFICULT PEOPLE AND PROBLEM EMPLOYEES

S-11

Bernie Horak 776-2498

One Time: Wednesday, 7:30-9pm, Feb 1
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 15

This session offers strategies to deal with disagreeable attitudes, lack of motivation, and different personality types and conflicts found in social and work environments. (Bernie is a Captain, Medical Service Corps, Ft. Riley with specialties in organizational behavior and management consulting.)

HOW TO MANAGE YOUR BOSS

S-12

Bernie Horak 776-2498

One Time: Thursday, 7:30-9:30pm, Feb 2
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 15

This session covers the following aspects of boss management: identifying aids and barriers to good boss relationships, carrying out role/goal negotiations, giving feedback and resolving conflicts.

HOW TO OBTAIN FREE PUBLICITY

S13

Julie Coates 532-5866

One Time: Tuesday, 7:30-9:30pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

There is no such thing as a free lunch, but there is such a thing as free publicity. This 2-hour seminar will give you information on how to take advantage of no-cost (and low cost) publicity to improve the image and visibility of your program. (Julie has offered this workshop to adult educators from all parts of the country.)

JOB SEARCH WORKSHOPS

S-15

Beverly Laskey 532-6432

One Time: Tuesday, 8:30am-4:30pm, April 3
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

A series of workshops for the older adult students planning to enter or re-enter the job market have been scheduled from 8:30am to 4:30pm on Tuesday, April 3, 1984. All sessions will be held in the K-State Union. The sessions are being sponsored by the Kansas State University Fenix Office and the Career Planning and Placement Center. The topics to be covered in the workshops are resume writing; the job interview; a discussion of the job market locally, statewide, and nationally; professional dress; and the development of your personal data bank.

RESUME DEVELOPMENT

S-16

Steve Cunningham 776-1849

Saturdays, 9:30-11:30am, Feb 18, 25 Length: 2 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class Limit: 12

The importance of a skillfully developed resume cannot be minimized. This course was designed for people who want to learn how to analyze and develop the skills for successful personal resume development. Upon completion, each person will have the understanding of the principles of skillful resume development and will be able to complete a personal resume. (As a faculty member of KSU, Steve works with well over a hundred undergraduate and graduate students on resume development each year.)

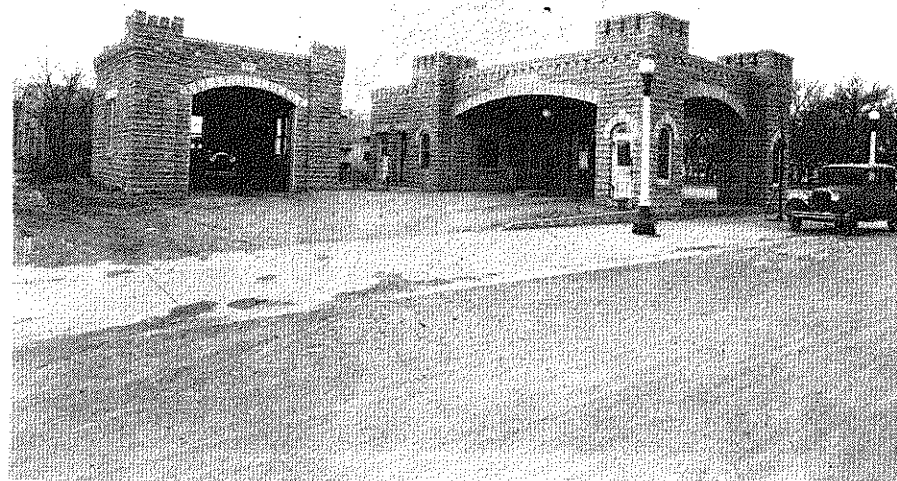
THE OPEN PROGRAM

S-17

Dr. E. L. Hausmann 532-5927

Wednesdays, 7-9pm, Feb 1, 8, 15 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: \$1.00, pay at class Limit: 20

The OPEN Program (Occupational and Personal Enrichment Network) will sponsor a three-part workshop on "Job Skills." Areas to be included are: Resumes and Cover Letters, Interviewing Skills, Career Planning, and Job Search Strategies. (Evelyn is a KSU associate professor of adult education.)



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Looking good

WOMEN'S DRESS FOR SUCCESS: AN INTRODUCTION

Bonnie Hansen

S-4

776-3438

One Time: Thursday, Mar 15, 7:30-9pm
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Limit: 15

A basic introduction to the beautiful world of color - how it affects you and those around you. Learn how correct color choice enhances your own natural skin, hair, and eye colors. Learn how to dress for success by using correct wardrobe and color combinations to send the proper messages to those you come in contact with in business as well as in your social life. (Bonnie is a trained certified Professional Color Analyst with Beauty for All Seasons.)

PROFESSIONAL MANICURES

S-9

Judy Goodson

776-5488

One Time: Monday, 7-8:30pm, Mar 12
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 8

Pamper yourself! Here's your chance to achieve the long, beautiful and healthy nails that you've always admired but didn't think possible for yourself. Well - it is. A professional manicurist will demonstrate and help you with actual hands-on experience. You'll discuss techniques used in giving a professional manicure, hand care problems, safety precautions and use of equipment. Treat yourself and feel great when you leave! (Judy owns Van's Hair Fashion and is both a trained manicurist and hairstylist.)



Dr. Arthur F. Hertzler

BASIC HAIRCARE AND MAKE-UP FOR BLACK WOMEN

Sharon Sunders

S44

539-7621

One Time: Wednesday, 7pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

The professional world of beauty can be very exciting and challenging. Learn how to enhance your features. This program will be demonstrating black hair care by a professional cosmetologist. She will teach professional techniques on black hair care, proper use of equipment and correct procedure for applying makeup. (Sharon is a highly skilled and trained cosmetologist)

STYLISH MAKEOVERS AND HAIRSTYLES

S-7

Lords 'n Ladys Stylists

776-5651

One Time: Wednesday, 7-9pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class

Limit: 15

Come join us for a fun evening of make-overs. The stylists will be discussing makeup, hairstyles, and how facial hair removal can benefit you. We will have a drawing at the end of the class for a brush iron or curling iron. Token gift favors for all in attendance. (Lords 'n Ladys is a styling center in Manhattan.)

HAIR AND MAKE-UP FOR THE '80's

S-5

Alicia and Company

537-9825

One Time: Tuesday, 7-9pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

Not sure what hairstyle or makeup technique is right for you? Let us help you make the most of your good looks and have fun at the same time! We'll do five "before and after" demonstrations and each participant will have time to ask questions concerning her own personal hairstyle and makeup. (Alicia and her staff are experienced professional cosmetologists who have enjoyed teaching this class before.)

SKIN CARE AND GLAMOUR

S-6

Anna Prockish

537-4246

Section I: Thursdays, 1-3pm, Feb 2 & 9
Section II: Thursdays, 7:30-9:30pm, Feb 2 & 9

Limit: 10/section

Class Fee: \$3.00 per section, pay with registration

Each person will receive a skin analysis with personalized step-by-step instruction in skin care and glamour. Advanced instruction available according to member interest. (Anna is a professional beauty consultant with Mary Kay Cosmetics.)

MAKE A FASHION STATEMENT

S-2

Deanna Pierson

One Time: Thursday, Mar 15, 7:30pm
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Limit: 15

Do you know the colors you wear say many things about you? Would you like to learn some of the basics in wardrobe planning? Want to appear taller, or smaller, and flatter your figure? Correct clothing styles for all figures will be discussed.

YOUR BEAUTIFUL FACE

S-8

Deanna Pierson

One Time: Thursday, 7:30pm, Mar 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class

Limit: 15

Basic makeup and skin care techniques will be covered and each participant will receive a make-up chart and handouts to help you select your correct makeup. We will also experiment with determining your undertone, the first step in being color analyzed.

Especially for men

COLOR ANALYSIS FOR MEN

S-1

Deanna Pierson

One Time: Thursday, Mar 22, 7:30pm
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 15

Color analysis is very popular and even men can benefit from it. Besides learning your best season, Deanna will give you pointers on dressing successfully. Four men will be selected randomly to demonstrate their proper season and colors. (Deanna is a professional color consultant trained by "Man for all Seasons.")

MEN'S DRESS FOR SUCCESS: AN INTRODUCTION

S-3

Bonnie Hansen

776-3438

One Time: Thursday, Mar 8, 7:30-9pm
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Limit: 15

People glance at us and in an instant, even without knowing it, make judgments about our dependability, friendliness, profession, mood, competence, intelligence, age, and health. Research has proven that our colors, our suits, ties, and accessories, communicate strong persuasive messages about us. Learn how to send the proper messages by wearing your best colors, your most authoritative suits and ties, and your best casual wear.

24/Inner Self



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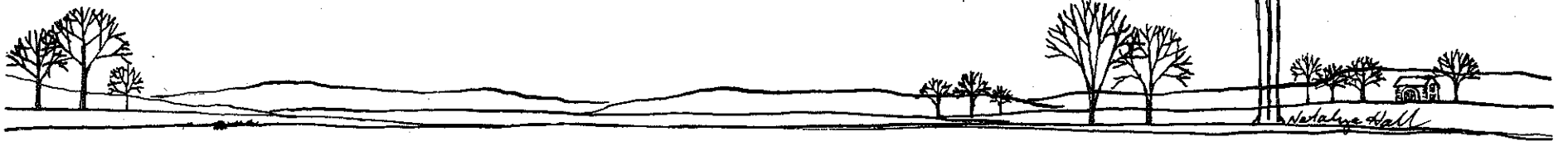
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Outer Self



Good reasons for cold weather

SKI KANSAS! CROSS COUNTRY SKIING P-1

Gregg Scircle

776-7693

Thursday, 7:30-9pm, Feb 2 & Saturday, 9am-12noon, Feb 4
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

Learn to ski with an expert! In the first meeting you will learn about equipment including skis, boots, bindings and poles for beginning, touring and racing. Also covered will be waxes, clothing, training and technique. Then in the second meeting it's off to a snow-covered location to practice single-striding and double-poling. Gregg will critique your style and then lead a short tour that will challenge you to use all that you have learned. Participants need to provide their own skis which can be rented from the Pathfinder in Aggieville. If snow conditions do not allow for skiing on Feb 4th, an alternate Saturday will be scheduled. (Gregg has led numerous cross country skiing trips in North Carolina, Indiana, Michigan and other areas.)

ICE SKATING P-3

Connie Meech

539-6400

Saturday, 10am-12noon - skating 2pm, Feb 4
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Weak ankles are no reason to miss out on the joys of ice skating. You won't even notice them after you learn how to "stroke" properly, forwards and backwards, glide like a swan, do a simple turn, and skate faster than a speeding bullet -- well, skate fast. Attend the morning session for discussion and then skate that afternoon. Bring your skates and think "beautiful ice." (Connie has been a competitive speed skater.)

CROSS COUNTRY SKI CAMPING P-2

Gregg Scircle

776-7693

Tuesday, 7:30-9:30pm, Feb 7 & Weekend, Feb 11-12
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

You will learn about planning, equipment, clothing, camping, cooking and skiing techniques, all which are needed for enjoyable ski camping. Experience is not required, just a desire to learn. If you want to go on the outing, some equipment will be needed. Skis can be rented from the Pathfinder in Aggieville. If snow conditions are poor, the outing will be rescheduled for Feb 18-19.

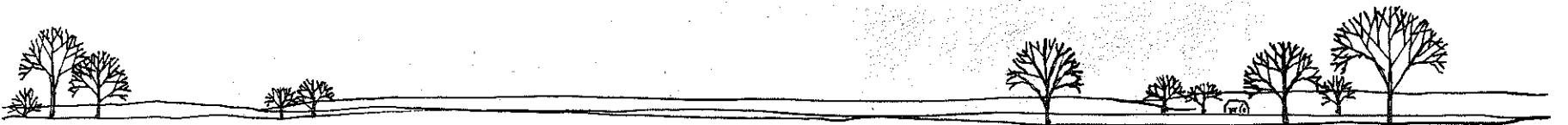
ICE HOCKEY FOR BEGINNERS AND EXPERIENCED P-4

Larry Seib

537-9671

2 weekend days, between Feb 4-26, 12noon-5pm, depending on ice conditions. Larry will contact you for definite date
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class Limit: 12

Participate in the thrilling game of ice hockey. Larry will provide instruction on technique, rules and regulations. It's helpful if you know how to ice skate, but not essential. Bring your ice skates, knee pads and taped hockey stick (cost about \$12.50). For ice skating lessons, take our UFM class on Feb 4 (Larry has been playing ice hockey in the Manhattan area for about four years.)



Keeping fit

PHYSICAL FITNESS ASSESSMENTS P-5

Tony Wilcox

532-6765

One Time: Tuesday, 7-9pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class Limit: 15

An essential aspect to starting a personal physical fitness program is knowing your initial level of fitness. This allows you to know what needs to be developed and what level of exercise you can tolerate. This class will assess the important aspects of physical fitness for each participant and briefly discuss the development of the appropriate fitness program. (Tony, a PhD in exercise physiology, is an experienced distance runner and teaches the KSU course which covers the lifetime fitness approach to physical education.)

GENERAL FITNESS EXERCISES TO MUSIC: AEROBIC EXERCISE FOR EVERYONE P-10

Susan Grecu

532-5731

Mondays, Tuesdays, Wednesdays, Thursdays, Fridays, 5-6pm First Meeting
Location: Will be noted on your receipt (Feb 1)
Class Fee: \$10.00, pay with registration Length: All semester

Exercises include jogging and steps to music to increase the heart rate, and limbering and firming exercises done singly and with partners. Continuous activity is stressed, and will increase progressively through the semester. (Susan learned this course in West Germany and taught it professionally at the Damascus, Syria Sheraton Hotel.)

THE WINNING EDGE!: SPORT PSYCHOLOGY FOR RUNNERS AND SPORTS BUFFS P-7

Dan Gould and Linda Petlichkoff

One Time: Monday, 7pm, Feb 13
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class Limit: 35

Do you have trouble motivating yourself to jog daily? Do you handle competition stress poorly? Are you a coach who wants to be more effective? Reach your full potential by training mentally as well as physically. Dan will show you how to use imagery, stress management and psychological skills. Linda will discuss motivation and goal setting. A slide show will be shown and handouts presented. (Dan is an ex-collegiate wrestler and currently director of Kansas ACEP - Kansas Coaching Effectiveness Program. Linda is a doctoral candidate in sport psychology.)

ADDING EXERCISE TO A BUSY (BUT SEDENTARY) LIFESTYLE P-9

Jackie Rawlings

776-3322

Wednesday, 7-9pm, April 4, plus a second session 2-3 weeks later
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 25

The first session will be a 2-hour classroom style presentation including lecture, film and slides. Topics covered will be the importance of exercise, what kind of exercise is best, how to get started on a personal fitness program and how to use a fitness trail. The second session will be at the Saint Mary Hospital's new Fitness Trail which is located north of the hospital. This session will be 2-3 weeks after the first session depending on the weather and when the trail is finished. This session will be actually using the fitness trail stations and helping individuals establish their own personal fitness goals and programs. (Jackie is a registered physical therapist and has been director of physical therapy at St. Mary Hospital since 1965. She has been running regularly for the past four years.)

JAZZERCISE P-11

Courtney Waide

539-1414

Tuesdays & Thursdays, 6-6:45pm First Meeting: Mar 20 Length: 12 times
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Limit: 16

If you hate to sweat but want to tone up - if the thought of situps makes you sick but music starts your feet tapping, then come join us. Do something nice for yourself and have fun. (Courtney has a jazz dance background. She combined her enjoyment of dance with physical fitness while she was the recreation director at the Topeka Girl's Club.)

COMMON ATHLETIC INJURIES (RUNNING, BASKETBALL, RACQUETBALL, TENNIS, ETC.)

Joe Svoboda, D.P.M., Guy Smith, M.D.

P-6 539-1863 539-7664

One Time: Saturday, 12 noon, Feb 11
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Common injuries that occur in running, basketball, racquetball, tennis and other sports will be discussed. Learn how to prevent, manage and self-treat sports injuries. Get to know when to seek professional help. Don't pass up this chance to hear it from experts! (Guy is team physician for Kansas State Sports Medicine. Joe is a sports podiatrist, runner and consultant to Kansas State.)

Combating cabin fever

BICYCLE TOURING IN THE FLINT HILLS

P-22

Steve Martini

532-6980 776-7098

One Time: Wednesday, 7-9pm, Mar 21
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

The Flint Hills are a perfect location for bicycle touring. Steve will discuss bicycle touring as an outdoor recreation pursuit, equipment presentation, slide show and discuss possible touring routes in our area. A discussion, and question/answer session will follow. (Steve has taught bicycle touring at KSU for 4 years and has toured the Flint Hills.)

RAPPELLING FOR BEGINNERS

P-23

Rick Johnson

537-4927

Saturdays, 2pm First Meeting: April 7 Length: 3-4 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration Limit: 12

Learn to descend cliffs by rappelling, a truly thrilling experience. This course is designed to familiarize the individual with the basic techniques of rappelling. Included are selection and safety inspection of equipment, basic knots used, and rappelling and belaying procedures. The class will meet initially at the instructor's home, and subsequent classes will be held at the rappelling facility. All equipment will be provided by the instructor. On belay! (Rick has extensive military and civilian rappelling experience including helicopter rappelling. He owns his own equipment and will have an assistant instructor who also has extensive experience.)



Sumner Elementary School, 1960's

OUTING CLUB

P-24

Mike Elledge

776-4043

First and Third Wednesday, 7:30pm First Meeting: Feb 1
Location: Will be noted on your receipt Length: All semester
Class Fee: \$2.00, pay with registration

If you are interested in going camping, canoeing, bike touring, rock climbing, backpacking, sky diving, sailing, rappelling, kite-flying, spelunking or any of the above, this is the club for you. Each meeting, a variety of trips are planned for the next two weeks. You must only pay the fee once per year. (Mike enjoys many outdoor activities.)

RUNNING THE BACK ROADS

P-8

Richard Johnson

485-2628

Wednesdays, 7:30pm, First Meeting: April 4 Length: Indefinite
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Are you a runner who takes the same route week after week? Are you an outdoors enthusiast who finds jogging too monotonous? The goal of this class is to associate an appreciation for both running and nature. The solitude of back roads running can stimulate a sense of closeness to the environment. Trails and back roads in the Manhattan area will be explored as possible places to run. Organized weekend runs will be attempted. (Rich has been observing wildlife and landscape by running in the Stockdale area for a number of years.)

LINDSBORG MESSIAH FESTIVAL TOUR

P-37

Judy Portuese

537-1318

Sunday, 12:30-10pm, April 15
Location: Will be noted on your receipt
Class Fee: \$35.00, pay with registration Limit: 46

Join us as we depart at 12:30pm for Lindsborg, the "Little Sweden" of Kansas. We'll enjoy the performance of Handel's "Messiah" by the Bethany Oratorio Society. This marks the 103rd year of this nationally acclaimed concert. We'll be joining others in this annual "Holy Week" presentation as a 400-voice choir and 75-piece orchestra host us in this celebration. (It's suggested to wear light-weight clothing as the auditorium may become fairly warm.) After the concert, we'll board the motor coach and journey north to the famous "Brookville Hotel" in Brookville, Ks., where we'll relax over a fried chicken dinner served family style. The dinner hour will provide a time of getting acquainted with our fellow travelers. The fee includes your Abbott Coach fare, Messiah tickets and Brookville Hotel dinner. (Judy is UFM's favorite bus tour leader. This will be her tenth UFM bus trip.)

TOPEKA SPRING TOUR

P-38

Judy Portuese

537-1318

Wednesday, 8am-5pm, March 28
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Limit: 46

Warmer weather finds us going to Topeka. We'll depart at 8am and go directly to the Goodyear Tire & Rubber Co. for a tour and learn about the manufacturing of tires. We'll go to White Lakes Shopping Center for lunch (on your own) and shopping. The afternoon will find us on a guided tour of the historic Ward Meade Home which was built in 1870. A replica of the 1854 Ward cabin and 2.5 acres of botanical gardens are included. Transportation by Abbott Coach Tours.

CLAY CENTER TOUR

P-39

Judy Portuese

537-1318

Tuesday, 9:30am-4pm, Feb 28
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Limit: 46

Got cabin fever? Come join me for a little outing to our neighboring city of Clay Center. After departure at 9:30am, our first stop will be Wardcraft Homes. We'll tour a model home that these builders have constructed. Lunch time will find us at the Elks Club going through their buffet line (on your own). We will be down town on the square, so there will be time for shopping and browsing. In the afternoon, we will visit the Clay County Museum. Transportation by Abbott Coach Tours.

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SWIMMING LESSONS

All Classes:

Location: Will be noted on your receipt
 Class Fee: \$8.00, pay with registration
 Teachers are Red Cross Certified Water Safety Instructors
 Length: 8 hours No class on March 10

Children's Beginning Swimming (age 6-10) P-12

Mark Gallagher 539-7313
 Saturdays, 12n-1pm First Meeting: Feb 4 Length: 8 times (1 hour each)
 Limit: 10

Adult Beginning Swimming P-13

Neil Schanker 532-5866
 Saturdays, 10am-12n First Meeting: Feb 4 Length: 4 times (2 hrs each)
 Limit: 10

Adult Beginning Swimming P-14

Sherri Keller 776-1388
 Saturdays, 10:30am-12n First Meeting: Feb 4 Length: 6 times (1.5hrs ea)
 Limit: 10

Adult Advanced Beginning Swimming P-15

Barb Stork 539-1379
 Saturdays, 11am-12n First Meeting: Feb 4 Length: 8 times (1 hr each)
 Limit: 10

BASIC RESCUE AND WATER SAFETY (AGE 11-14) P-16

Tom Deaver, Brad Knoernschild 537-2962 537-2345

Saturdays, 8-10am First Meeting: Feb 4 Length: 6 or more (no class March 10)
 Location: Will be noted on your receipt
 Class Fee: \$5.00, pay with registration Limit: 10

If you are a strong swimmer and age 11-14, this class could save your life. This American Red Cross class, formerly called Junior Lifesaving, will teach you water safety such as assists, boating safety and artificial respiration. Basic rescue techniques will include specific emergencies, search and rescue, survival floating, recovery of submerged victims, and more. (Tom and Brad are American Red Cross certified water safety instructors.)

TAKE THE PLUNGE: SPRINGBOARD DIVING FOR ALL AGES P-17

Brett Balkenhol, Jay Pitzer 776-6495

Sundays, 10:30am-12noon First Meeting: Feb 5 Length: 5 times
 Location: Will be noted on your receipt
 Class Fee: \$5.00, pay with registration Limit: 12

Do you find yourself feeling jealous of those who perform graceful dives, back flips and twists at the ol' swimming pool? Wish you could show off at the diving board but afraid of belly flopping? Brett will teach you basic diving skills including forward, reverse, flips and twists. He promises nothing serious or dangerous. Please bring a short-sleeve sweat shirt. (Brett and Jay are avid divers at KSU.)

SAILING BASICS P-18

Jay Kim 537-8431

One Time: Saturday, 9am-12n, Mar 24 and a second date to be agreed upon
 Location: Will be noted on your receipt Length: 2 times
 Class Fee: \$3.00, pay with registration

The opposite of "running with the wind" is: a) coming about; b) hard-a-lee; c) tacking; d) walking with the calm. Even if you answered c) tacking, you'll learn much from this introduction to sailing including terminology, how to sail, selecting a boat and how to get started. At a second session to be agreed upon, each participant will have a chance to sail. (Jay has been sailing for over two years and owns a Laser.)

INTERMEDIATE KAYAKING WORKSHOPS P-20

T.J. Hittle 539-7772

Sundays, 9am-12n, Jan 22, 29; April 1, 8 Length: 4 times
 Location: Will be noted on your receipt
 Materials Fee: \$2.50, each Sunday, pay at class

These workshops are for those kayakers with some experience who desire to improve their skills. Informal critiques will be provided on rolls and strokes in indoor pools. Boats are available for rent at the pool or you can bring your own. Come as many times as you want and pay \$2.50 per Sunday at the class. (Instruction will be provided by members of the Kayak chapter of the Kansas Canoe Association.)

CANOE/KAYAK POOL SLALOM RACE P-21

T.J. Hittle 539-7772

One Time: Sunday, 8am-4pm, Feb 5
 Location: Will be noted on your receipt
 Materials Fee: \$5.00, pay at class

The pool slalom race offers both novice and advanced paddlers an opportunity to test their skills. All interested canoeists and kayakers are invited to compete. Events include races for ages 12 years and over. Awards will be given by the Kansas Canoe Association. Come and join the fun!



"Creek with Trees" B. Sandzen litho

CANOEING KANSAS WATERS P-19

Bob Poresky 539-2967

Organizational Meeting: Thursday, 7:30-9pm, March 1
 Sundays, 1-5pm - dates to be announced at organizational meeting
 Location: Will be noted on your receipt Length: 4-6 times
 Class Fee: \$3.00, pay with registration Limit: 20

Basic canoeing techniques will be incorporated into trips to nearby lakes, streams and rivers. We will have a chance to learn/relearn canoeing techniques as we explore this spring. Participants will be responsible for providing canoes, paddles, life jackets, etc. The spring schedule will be set at the March meeting at which time partners and rental locations will be found. This class welcomes both individuals and families. (Bob is a certified Red Cross canoeing instructor.)

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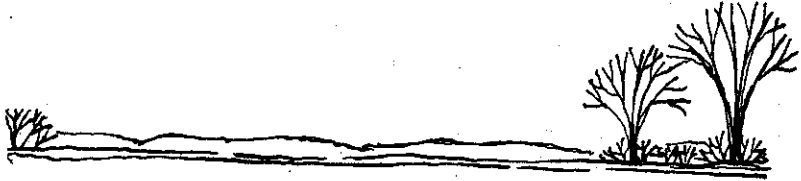
P-34

Millend Gupta

776-1543

Sunday, 2pm, April 1 (rain date April 8)
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: \$2.00, pay at class

Cricket originated in England and has some similarities with baseball. Both are played using a bat and ball, and the object is to score runs, but cricket techniques are very different. The game of cricket is as popular as baseball is in America, maybe more. Nine countries, including Australia, India and the West Indies, play cricket at the international level. Come to this introductory class. If you like cricket, you may want to join a group of interested cricket players who play at least once a week. (Millend, a graduate student from India, has played cricket for many years.)



Smooth moves

TANG SOO DO KARATE

P-28

Joel Cederberg

537-7090

Mondays, Wednesdays, Fridays, 7-9:30pm First Meeting: Feb 1
Location: Will be noted on your receipt Length: All semester
Class Fee: \$10.00, pay with registration Limit: 25

This course will cover the basics and is for those who don't know anything about Karate but really want to learn. Karate is not easy and requires much hard work, practice, patience, and perseverance. If you stay with it you will test for your first belt rank at the end of the course. Come wearing loose clothing that you don't mind getting sweaty. You are encouraged to consider buying a uniform, which will be available from the instructor. (Joel is a second degree black belt with eight years experience and has been teaching for four years locally.)

JUJITSU FOR BEGINNERS

P-29

Stan Wilson

539-7723

Mondays, 7-8:30pm First Meeting: Feb 6 Length: Indefinite
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Limit: 30

Jujitsu is the parent art of Judo. Japanese in origin, Jujitsu stresses hand-to-hand combat featuring throwing, sweep kicks and wrist and arm locking. The class will include the Hakko Ryu Basic Waza form which is self-defense oriented, not exercise oriented. Participants must be age 15 or over. (Stan has a black belt in Jujitsu and has taught martial arts for six years.)

TAI CHI EXERCISE

P-30

Tom Graham

776-0780

Saturdays, 8:30-10:30am, Tuesdays, 7-9pm First Meeting: Feb 4
Location: Will be noted on your receipt Length: All semester
Class Fee: \$10.00, pay with registration

Tai Chi is a Chinese exercise system involving both exercise and self-defense. Emphasis at the beginner level is placed on coordination, balance, breathing, and smooth flow of movement. (Tom has been leading this UFM class for over two years.)

TAI CHI CHUAN WORKSHOP

P-31

Mark Moser

316/269-4377

Saturday, 8:30-11:30am, 1-4pm; Sunday, 1-4pm, Feb 11 & 12
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration
Materials Fee: \$15.00, pay at class Limit: 12

Tai Chi Chuan, 1000 years into its development, is a well-tested form of exercise created by the Chinese people. As an exercise for great health it looks like a slow-motion dance or a meditation in motion. Through explicitly non-violent means, Tai Chi is also an art of self-defense, mostly because the art is usually practiced by the old people. The workshop will consist of:

1. Chinese exercises for health
2. Tai Chi solo form (Wu style)
3. Introduction to Pushing Hands Technique
4. History and philosophy of Tai Chi Chuan
5. Integration of Tai Chi Chuan into America

All styles welcome. (Mark, a native of Kansas, studied Tai Chi while in the Peace Corps in Malaysia and has been teaching in Wichita since 1976. He has done several workshops in Manhattan.)

MOVEMENT AND CONSCIOUSNESS

P-32

Bradley Arnall

One Time: Tuesday, 8pm, April 3
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration Limit: 30

In a lecture/demonstration format, we will discuss martial art forms, dance and physical activity from historical, philosophical and psycho-physical viewpoints. Various styles will be demonstrated by several local practitioners. Implications for mental and physical health and aging will be discussed. (Bradley has studied a variety of martial art forms, yogas, health and fitness approaches for over 11 years.)

28/Outer Self

VOLLEYBALL FOR FUN (16 AND OVER)

P-33

Lois Morales

539-8867

Tuesdays, Thursdays, 6:30-8:30pm First Meeting: Feb 2
Location: Will be noted on your receipt Length: All semester
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Volleyball can provide low-key competition, exercise and a great time for beginners to those advanced. Nets and balls will be furnished. (Lois has played UFM volleyball for years.)

BEGINNING TENNIS

P-25

Judy Sasse

Sundays, 8-10am First Meeting: March 25 Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration Limit: 20

Tennis lessons for the beginner will teach forehand, backhand, serves, court tactics, equipment selection and game rules. Bring a can of marked balls and a racquet. (Judy is an avid tennis player.)

RACQUETBALL FOR BEGINNERS

P-26

Bill Shafer

539-7195

Sundays, 8-10am First Meeting: March 25 Length: 5 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration Limit: 16

Join one of the most popular up and coming sports. Racquetball is good for developing cardiovascular fitness, muscular endurance, controlling weight and is a lifetime activity. This class will emphasize basic rules and fundamentals of the game including scoring, backhand, forehand and serving. Bring a racquet and two balls. (Bill has been playing racquetball for years.)

DIAL-A-PARTNER/TENNIS/RACQUETBALL/INDOOR GAMES

P-27

Neil Schanker

532-5866

Location: A list will be mailed to you
Class Fee: \$1.00, pay with registration

Want some new partners for sports? This is an opportunity for you to get some challenging experience and to meet new faces. At registration, indicate the game, your skill level (beginner, intermediate or advanced), days and times available, and UFM will compile a list which will be mailed to you by Feb 10. (Neil has coordinated this class for several years.)



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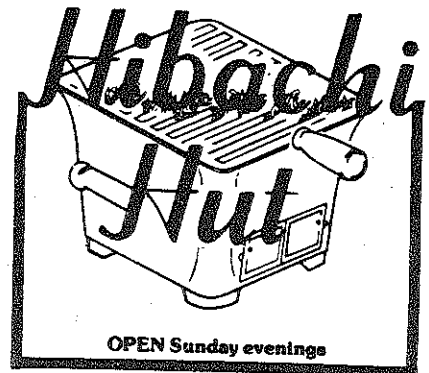
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JUGGLING

P-43

Charles Green

537-9630

Saturdays, 2pm, Feb 4, 11 (2 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 30

Juggling can be a relaxing art as well as a wonderful learning experience. The art of juggling develops a good feel for hand-eye coordination. The only requirement is that you must have three tennis balls. Some experience can be helpful but not required. Juggling is for the young and the old, so come join the fun! (Charles has been juggling for approximately four years as an amateur and eventually plans to turn professional and attend Barnum and Bailey's Clown College in Florida.)

LEARN TO BOWL BETTER

P-40

Jack Connaughton

532-6591

Saturdays, 8:30-10am, Feb 4, 11, 18 (3 times)
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: 85¢/game, rental shoes are free

Limit: 25

This class is designed for any bowler that desires to increase their overall knowledge of the game of bowling. A bowler should have the basic 4 or 5 step approach, but does not have to possess a high average. (Jack is a former member of the Professional Bowlers Association; 11 sanctioned 300 games and high series of 824.)

POCKET BILLIARDS FOR BEGINNERS

P-42

Jerry Riggs

776-6338

Saturdays, 10:30am First Meeting: Feb 4 Length: 6 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 12

This class will start with a brief history of the game. Included will be an introduction to playing equipment, basic stance, aiming, English, and control. The different games - 8-ball, 9-ball and snooker will be covered as well as the theory and mental game. Also, we will watch a video-tape trick shot demonstration and championship match. (Jerry has played in several World Pocket Billiard Championships in New York City, finishing 33rd in 1979, 16th in 1980 and 20th in 1981.)

CHESS: FROM OPENINGS TO CHECKMATE

P-44

James Blood

539-4870

Fridays, 7:30pm First Meeting: Feb 3 Length: ongoing
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 20

"Chess is no mere game," once explained a past world champion. This class will explain the reasons why. Learn the rules and fundamentals and enter the fascinating world of the sixty-four squares. After the basics, the class will proceed to planning and theory. Openings to endings will be discussed, as well as perceiving and analyzing moves correctly. Any level of expertise, including beginners are welcome. (James is a former Manhattan city champion with 38 years experience in playing, teaching and participating in regional and national tournaments.)

STUDENT PILOT GROUND SCHOOL

P-35

J. Van Swaay

537-0132

Two Times: Days, times and dates to be announced
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 17

If you have ever thought about learning to fly then this class is for you. We will cover basic aircraft systems and aerodynamics, airport operations and communications, and basic licensing requirements. Although the class will not cover everything required for the F.A.A. written exam, it will provide a solid background for the potential student pilot. Call the instructor for more information (J. is a commercial pilot and certified flight instructor. He also owns his own aircraft.)

CLOWNING WORKSHOP

P-36

Dave Baldwin

539-7535

Organizational Meeting: Wednesday, 7-pm, Feb 1 Length: 4-5 times
Dates for further meetings will be decided at this meeting

Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$5.00, pay at class

An introduction to the basics of clowning: make-up, costume, character, etc. Some practical experience in public will be included. No experience necessary, only a willingness to be foolish. (Dave has been clowning since 1978.)

PLAY GROUP

P-48

Barb Stork, Kay Ring

539-1379 539-2468

Wednesdays, 10am First Meeting: Feb 8 Length: Ongoing
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

This is a chance for children to play with other kids while their moms make new friends and get a chance to visit with other mothers. Play Group has been in Manhattan about 8 years. (Barb and Kay have been involved in Play Group for several years.)

COIN COLLECTING

P-45

Manhattan Coin Club

539-6082

Second Wednesday of the month, 7-9pm First Meeting: Feb 8 Length: (4 times)
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: \$2.00, pay at class

Class members will have the opportunity to learn the skills of grading and appraising U.S. and foreign coins. Members will be introduced to hobby literature that is necessary for coin collecting. Coin investment basics will be covered. (Various members of the Manhattan Coin Club will be involved with the instruction.)

STAMP COLLECTING EXTRAVAGANZA!

P-46

Tim Lindemuth

532-6415

Mondays, 7:30pm, First Meeting: Feb 6 Length: 3 times
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Stamp collecting can be a valuable, educational and fun hobby. Tim will cover the basics of how to collect stamps including buying, trading and cataloging. Come to a philatelic slide show and learn the finer points of collecting. A field trip is planned. (Tim is a long-time member of the American Philatelic Society and a collector for 27 years.)

UFM LUNCHTIME CARD PLAYERS

P-47

Ira Harritt, Neil Schanker

532-5866

Wednesdays, 12noon-1pm, First Meeting: Feb 1 Length: indefinite
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration

Don't be left out in the cold this winter. Join a fun-loving, card-playing group over lunch on Wednesdays. We'll sit around the wood stove and soak up the UFM solar addition sunshine as we play our favorite card games. Find new partners and learn new games. It's just for fun; no gambling with money and overly serious players need not apply. Bring a deck of cards. (Ira and Neil especially like hearts, spades, blackjack and various types of poker.)

INTERMEDIATE BRIDGE

P-41

Pat Cashin

776-3020

Tuesdays, 7:30pm First Meeting: Feb 7 Length: 5 times
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

Limit: 25

Past the beginning steps, but needing a firmer grip on declarer play, partnership defense, bidding styles? This class will cover counting out hands, accurately playing cards, end plays, slam bidding, defensive signalling and other skills. Bring some cards. Tournament and social players welcome. (Pat has been teaching bridge through UFM for two years.)

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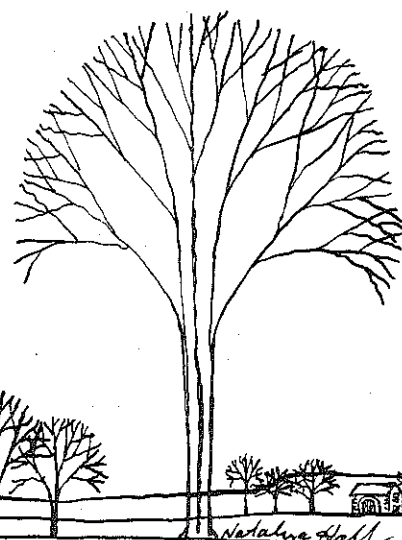
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The Junction City Connection

UFM is happy to bring classes for the first time, to Junction City. Over the years, we have had many requests from residents of the area for classes and programs in Junction City. In response to this we have set up classes that your friends and neighbors have volunteered to teach right here in your community. We hope you will enjoy the program. . . And let us know what you think about it. Call Julie Coates at 532-5866 with comments, suggestions or questions.



Natalya Hall

COOKING WITH WINE

JC-1

Curt Baird

762-2178

One Time: Thursday, 6:45-8:45pm, Feb 16
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.50, pay at class

Limit: 10

This class is directed toward the novice who has an interest in the basic concepts used in cooking with wine. We shall discuss the different types of wine, and their uses in preparing meat dishes, vegetable dishes, sauces, marinades, and desserts. We shall also demonstrate various methods of cooking with wine, and be able to sample several different examples. Participants must be 21 years of age. (Curt is president of State Distributors, Inc., and a local distributor for liquors and wines, with 17 years experience in the field of wine marketing.)

CANDY DELIGHT

JC-2

One Time: Thursday, 7-9pm, Feb 2

Linda Johnson

238-2282

One Time: Thursday, 7-9pm, Feb 2
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

Delight yourself, family, and friends with candy delights. We will learn how to make turtles, chocolate covered cherries, clusters, suckers, and many more. Your imagination is the only limit of delights! (Linda is the owner of Candy Junction, a candy and cake store.)

BASIC AUTO MAINTENANCE FOR WOMEN

JC-3

Steve Hoppas

238-1331

One Time: Thursday, 7:30-9pm, March 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

In these days of mini and self-service, sometimes the very basics of auto upkeep are overlooked. Come learn how to keep your auto in good shape, what should be checked every time you buy gas; when to have tuneups and change filters. We'll change a tire, identify what's under the hood and how things operate as a unit. And we'll learn what you can do yourself and what are the symptoms of serious problems to hire repaired. There will be time for lots of questions, too. (Steve has been the owner of the 18th Street Service Station for 13 years. He is a nationally certified mechanic who has taught this class before.)

PREMARITAL AGREEMENTS, DIVORCE OR CUSTODY: FOR WOMEN

JC-4

Susan Jacobson

762-2002

One Time: Thursday, 7-9pm, Feb 9
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

A short survey of law regarding divorce, legal separation and custody. Pre-marital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on women's rights and responsibilities. Students may wish to bring notebook. (Susan practices law in Junction City where 75% of her work is in domestic relations.)

PREMARITAL AGREEMENTS, DIVORCE OR CUSTODY: FOR MEN

JC-5

Susan Jacobson

762-2002

Wednesday, 7-9pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

A short survey of law regarding divorce, legal separation and custody. Premarital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on men's rights and responsibilities.

THREE STEPS TO BEAUTY

JC-7

Shelby Rothfoss & Gayle Summers

238-1285

One Time: Tuesday, 7-9pm, Feb 7
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration

Limit: 10

Looking beautiful is easy - just let us show you how! In one evening you will receive individual instruction in the care of your complexion, application of a cleansing mask, moisturizer, and foundation. The new methods of applying subtle eye and cheek colors will be demonstrated and you will get hands-on experience doing your own makeup. (Shelby is a cosmetologist for Merle Norman and Gayle owns the Klothes Kloset.)

MANAGEMENT OF COMMON EMERGENCIES

JC-6

Sue Hindsley, R.N.

One Time: Tuesday, 7-9pm, March 27
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Someone is ill or injured. What should you do? Try a home remedy? Call a doctor? Administer medication? Go to the emergency room? The purpose of this two-hour class is to inform you which choice to make. We will learn to identify such things as heart attack symptoms, and how to manage broken bones, bleeding, burns, eye injuries, elevated temperature, and poisonings, among others. This is NOT a first aid class, but a course to inform you how to keep calm while coping with common emergencies. (Sue is a staff nurse in the emergency room at St. Mary's Hospital in Manhattan. She has been involved in nursing education for several years.)

BASIC PHOTOGRAPHY

JC-8

Jane More

776-2931

Thursdays, 7-9pm, Feb 2 & 9 (2 times)
Location: Will be noted on your receipt
Class Fee: \$5.00, pay with registration

Limit: 8

How can you take better pictures if you are a beginner? Learn the basic elements of good photo composition from an expert and then apply them to your own picture-taking experiences. Please bring your own camera and film. Class will conclude with a photo assignment and a productive critique session. (Jane has taught basic and advanced photography and is a professional photographer who owns Studio Prints.)

QUILTING

JC-9

Joenne Stanesic

238-2709

One Time: Wednesday, 1-3:30pm, Feb 8
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$4.50, pay at class

Limit: 6

The basic steps in quilting will be demonstrated, various methods for transferring patterns to the material, and assembling for a completed project. Bring scissors and thimble. (Joenne enjoys sharing her knowledge of quilting and is the owner of the Serendipity Shop.)

CANDLEWICKING

JC-10

Joenne Stanesic

238-2709

One Time: Wednesday, 1-3pm, Feb 1
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class

Limit: 6

Candlewicking is a delightful way to pass a cold winter afternoon. Every participant will be provided with enough material for a candlewick pillow sham. We will transfer a pattern to the material and learn to make a colonial knot. Directions for construction of the pillow sham will be a handout. Please bring scissors.

SEWING AN ULTRA SUEDE SKIRT

JC-11

Jolana Montgomery

762-2746

Sunday, 1-4pm, Feb 4
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$5.00, pay at class

Limit: 15

Sewing on versatile ultra suede is easy once you know the basics. This class will cover all the details necessary to sew on Skinner ultra suede and a skirt will be cut out and sewn by the instructor. Plan to take notes. (Jolana has taught and sewn with ultra suede for several years.)

CROSS STITCH

JC-12

Jannie Johnson

238-4550

Wednesday, 1pm First Meeting: March 14 Length: One time
Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Basic cross stitch for the beginner will be shown and we will complete one project - a miniature cross stitched owl that can be framed. All materials will be provided. (Jannie enjoys all kinds of needlework and has taught this craft before.)

Contributors

CONTRIBUTIONS: UFM ANNUAL FUND, 1983

In 1983, UFM undertook its first annual fundraising drive. This effort became necessary as other sources of funds became less available. Because of the support of members of our community, UFM has been able to retain the breadth and quality of the Manhattan program. Below is a list of those who supported UFM in the 1983 annual fund drive.

UFM Donors:

Georgia and John Becker
Mrs. Eloise Bourque
Kathy Carlin
Charlie Clack
Mary Clarke
Carolyn Coates
Harold and Elsie Colbert
Thomas J. Frith
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John and Barbara Rees
Sue Rieger
Aaron Spilka
Nancy Stover
Nancy and Page Twiss
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Gail Zeller

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Bert R. Biles and Victoria L. Clegg
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Doris and Gene Grosh
Dennis Hemmendinger
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J.C. Penney Company, Inc.
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Ward A. Keller
Kershaw Ready-Mix Concrete and Sand Companies, Inc.
Dorothy Koepsel
Dennis Lofgren
Manhattan Friends Meeting
Abe and Beryl Miller
Harold L. Orbach
Mike and Karen Rogers
Wayne and Rea Lou Rohrer
Susan Warden

UFM Educator:

H. Alan Bell
Helen L. Brockman
First National Bank
KMAN-KMKF
Kansas Farm Bureau and Affiliated Companies
Kansas Lumber Homestore
Kretschmer Products, Division of International Multifoods
Bertha and Jack Maes
Richard H. Mattson
Parker Hannifin Corporation Rubber Hose Facility
Pizza Huts of Manhattan
Caroline Peine
Charles and Nancy Perkins
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Steel and Pipe Supply Company, Inc.
Union National Bank and Trust Company
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Barbara K. Wilson
Dean Zollman and Jacqueline Spears

UFM Benefactor:

Sam and Yvonne Lacy

Life-Long Learner:

Exxon
McCall Employee Committee For Civic Action
Edward and Karen Seaton
Norton Simon, Inc.

Registration

Mail-In Registration Form

ONE PERSON PER FORM • Priority Mail-In Registration Period, Jan 9-27
(LATE REGISTRATIONS ACCEPTED ON SPACE-AVAILABLE BASIS)

All UFM classes are offered by volunteers.
All fee income will be used to help meet UFM operating costs.

PLEASE PRINT

Name _____
Street _____ Apt. # _____
City _____ Zip _____
Home Phone _____ Work Phone _____

SURVEY—Please check all that apply.
I am a:
 KSU Student (_____ credit hours this semester)
 Student Spouse Fort Riley Personnel
 KSU Faculty/Staff Townsperson (non-KSU)
 Faculty/Staff Spouse Rural Riley County
 Public School Age Handicapped
 Senior Citizen Other _____

Check here if you require class to meet in handicapped-accessible space.

I would like to volunteer my skills in exchange for registration discounts.

I am interested in teaching for UFM.

I would like to see offered next term: _____

UFM—532-5866

CLASS #	* SEC. #	TITLE	CLASS FEE
1.			
2.			
3.			
4.			
5.			
6.			

Total class fee (see costs) _____
Plus registration fee (see costs) Individual—\$2.00 _____
If KSU student, list ID# here _____
Total Due _____

Please indicate where you obtained catalog _____

IMPORTANT! Please read the refund policy.
*e.g., Sec. I or II, etc., if indicated in description.

Priority Mail-In Registration Period, Jan 9-27

Walk in:

Wednesday, Jan 11	UFM House	7am-8am
	KSU Union	9am-2pm
Thursday, Jan 12	Public Library	5pm-7pm
Monday, Jan 16	UFM House	7am-8am
	KSU Union	9am-2pm
Tuesday, Jan 17	KSU Union	9am-2pm
Saturday, Jan 21	Wal-Mart	10am-12n
Tuesday, Jan 24	KSU Union	9am-2pm
Thursday, Jan 26	Public Library	11am-2pm
		5pm-7pm

Late Registration: Accepted on a space-available basis.

TO REGISTER BY MAIL:

Fill out the form at left. One form per person.
Total up the class fees as listed in the catalogue. Material fee, if listed, is paid at class. Add the registration fee as it applies (see costs).
Mail your form(s) with your check to: University for Man
1221 Thurston
Manhattan, KS 66506

Receipts and locations will be mailed to you immediately. If the class is full see refund policy. (A stamped, self-addressed envelope would be appreciated.)

COSTS:

Registration fee is \$2.00 per person. If you are under 13 and your parent(s) are taking a UFM class, do not pay registration fee.
Those teaching or doing volunteer work receive fee discounts.
If you are over 60 or disabled, you are exempt from the registration fee.
If you are a full-time KSU student you are exempt from the registration fee. (An annual SGA allocation supports student participation.)

In the brochure when a fee is listed, this is the "class fee" and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

SPECIAL CHILDREN'S DISCOUNT FOR FAMILY PARTICIPATION:

If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

UFM REFUND POLICY:

Please check your calendar before you register for a class. UFM will only give a refund in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.

If you are not satisfied with a UFM teacher or class, please contact UFM at 532-5866.

DISCOUNTS FOR VOLUNTEERS:

You may work for UFM in exchange for registration discounts. Arrangements will be made on an individual basis. Call UFM at 532-5866.

UFM TEACHER CREDIT:

All current UFM teachers are entitled to fee reductions when enrolling in UFM classes in either this catalogue or in the future. UFM teacher credit can be saved up, but cannot be redeemed for cash or transferred to others. UFM teacher credit will be mailed to our current instructors. This is one way for us to say "thank you" for being a part of UFM.

RECEIPTS:

After the registration form is processed, you will receive a receipt. This is your proof of payment. UFM will retain a copy.

CLASS LOCATIONS:

When you receive your receipt, the location(s) of your class(es) will be included.

UFM Teacher Potluck Gathering:
Sunday, Jan 29, 5:30pm at UFM House, 1221 Thurston

PLEASE PRINT

Name _____
Street _____ Apt. # _____
City _____ Zip _____
Home Phone _____ Work Phone _____

SURVEY—Please check all that apply.
I am a:
 KSU Student (_____ credit hours this semester)
 Student Spouse Fort Riley Personnel
 KSU Faculty/Staff Townsperson (non-KSU)
 Faculty/Staff Spouse Rural Riley County
 Public School Age Handicapped
 Senior Citizen Other _____

Check here if you require class to meet in handicapped-accessible space.

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UFM—532-5866

CLASS #	* SEC. #	TITLE	CLASS FEE
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6.			

Total class fee (see costs) _____
Plus registration fee (see costs) Individual—\$2.00 _____
If KSU student, list ID# here _____
Total Due _____

Please indicate where you obtained catalog _____

IMPORTANT! Please read the refund policy.
*e.g., Sec. I or II, etc., if indicated in description.



UNIVERSITY FOR MAN Annual Fund

Yes! I want to support UFM!

\$25 (UFM Friend) \$50 (UFM Learner) \$100 (UFM Educator)
 \$250 (UFM Benefactor) \$500 (Life- Long Learner) \$ _____

Name _____
Address _____

Clip and return to: **University for Man**
1221 Thurston
Manhattan, KS 66502

University For Man

mid-spring special

a community learning center

—silver and gold—

EFFECTIVE TIME & MEETING MANAGEMENT

MS-89

Bernie Horak

776-2498

One Time: Wednesday, 7:30-9pm, April 18
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

Limit: 15

Identify common timewasters in home and at work. We will discuss how to handle conflicting demands, and present proven time-saving techniques. Additionally, skills in planning and conducting effective meetings will be covered. (Bernie is a Captain, Medical Service Corps, Ft. Riley with specialties in organizational behavior and management consulting.)

CREDIT WOMEN INTERNATIONAL FINANCIAL SERIES

April 23-29 is Credit Week International. Local members of Credit Women International present this series of classes to increase consumer knowledge of credit -- how it is obtained and how to use it wisely. The class fee is \$4.00/class or \$15.00/series.

HOW TO WIN AT THE CREDIT GAME

MS-77

Karen Sawyer

762-3535

One Time: Monday, 7-9pm, April 23
Location: Will be noted on your receipt

Credit problems -- how to work them out instead of them working you over. We will discuss and have explanations of credit facts and fallacies; establishing and maintaining credit; how to apply for credit, consumer lending; home financing, financial do's and don'ts. (Karen is currently a loan officer at Citizens Savings Association in Junction City in consumer and mortgage lending. She has 10 years of banking experience.)

APPLYING FOR A CONSUMER LOAN

MS-78

Barbara J. Morehead

537-1234

One Time: Tuesday, 7-8pm, April 24
Location: Will be noted on your receipt

What sections of a loan application are most important? What should you bring with you when applying for a loan? This class will be a discussion of how to fill out an application for a successful consumer loan. (Barbara is a consumer loan officer at Union National Bank with nine years of banking experience.)

HOW TO FINANCE YOUR NEW OR USED CAR PURCHASE

MS-79

Sharon Sherley & Jon Murdock

776-1950

One Time: Wednesday, 7-8pm, April 25
Location: Will be noted on your receipt

Few people have enough cash on hand to walk into a car dealer and buy the car they want. We will cover the various types of financing available including banks and loan companies, the rate fluctuations, truth in lending law, and show you how to choose the most appropriate program to fit your needs. (Jon is the owner of Murdock Chevrolet-Cadillac Company and Sharon is the office manager.)

FINANCING YOUR HOME

MS-80

Diane Durst

776-5602

One Time: Thursday, 7:30-9pm, April 26
Location: Will be noted on your receipt

Buying a home is one of the most important purchases you may ever make. Why not make it as easy as possible? This class will introduce you to the different types of real estate financing and will take you through a sample application and closing. (Diane is President of Credit Women International. She has worked in all phases of the banking industry for 7 years, the last 3 in the real estate department of a local bank.)

INDIVIDUAL INCOME TAX ASSISTANCE

MS-57

Elias Saig

539-9960

Section I: Wednesdays, 7-8:30pm, March 21 & 28
Section II: Wednesdays, 7-8:30pm, April 4 & 11
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

April 15 is less than a month away! Do you have your taxes done yet? If not, let our instructor answer your questions, point out what is new in the law this year and assist you in the accurate preparation of your individual federal (forms 1040, 1040A and 1040EZ) and state income tax returns for 1983. (Elias is certified by the IRS to assist tax payers.)

JOB SEARCH WORKSHOPS

MS-60

Beverly Laskey

532-6432

One Time: Tuesday, 8:30am-4:30pm, April 3
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

A series of workshops for the older adult students planning to enter or re-enter the job market have been scheduled from 8:30am to 4:30pm on Tuesday, April 3, 1984. All sessions will be held in the K-State Union. The sessions are being sponsored by the Kansas State University Fenix Office and the Career Planning and Placement Center. The topics to be covered in the workshops are resume writing; the job interview; a discussion of the job market locally, statewide, and nationally; professional dress; and the development of your personal data bank. (Beverly works in the KSU Fenix Office.)

JOB HUNTING - ANOTHER APPROACH

MS-61

Robert Felde

One Time: Thursday, 7-9pm, April 5
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

Limit: 20

There are more places to find job possibilities than in the nightly want ads. Discussion will center around non-traditional job searches. Interviewing, resumes and job applications are some of the topics we will cover. (Robert is Assistant Director of Housing at KSU, with broad experience in hiring, recruiting and helping friends find jobs.)

STOP, LOOK AND CHECK BEFORE BUYING A HOME

MS-86

Grace Schroer

539-2348

One Time: Wednesday, 7:30-8:30pm, April 4
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

A review of terms in real estate contracts; points to consider when buying your home, from a legal standpoint; and class discussion of possible legal problems in a real estate transaction. (Grace is a Manhattan attorney in general practice of law.)

STATE-WIDE LAWYERS REFERRAL SERVICE

MS-87

Art Thompson

One Time: Wednesday, 7:30-8:30pm, April 18
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

The Kansas Bar Association is exploring alternative delivery methods to supply legal services to people with low incomes especially farmers, the elderly and victims of domestic abuse. One method being explored is a statewide toll free number to connect eligible people throughout the state with appropriate no cost/low cost legal services. This class will explore this method and available services. (Art is the legal services coordinator for the KBA and worked previously for four years with Kansas Legal Services.)

MONEY MANAGEMENT SEMINAR

MS-71

Fred Freeby

537-4505

Section I: Monday, 7-9:30pm, April 9
Section II: Monday, 7-9:30pm, April 16
Location: Will be noted on your receipt

One time each section

People do not get rich making money, but by managing the money they make. This seminar takes you up the 15 steps to financial security. Plain everyday language plus extensive use of visual aids helps assure a better understanding of what could be highly technical information. Couples are encouraged to participate together. (Fred is a division manager for Waddell and Reed, a national financial services organization specializing in financial planning.)

WHAT IS PROBATE?

MS-88

Jim Morrison

776-9208

One Time: Wednesday, 7:30pm, April 11
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

Webster defines probate as the judicial determination of the validity of a will. To increase your understanding and aid you in getting through the process, we will discuss estate planning, wills, ownership and the passing of property, payment of debts and management of assets. (Jim has 13 years legal experience and is part of a general law practice firm in Manhattan.)

—grow yourself...

QUICKIE-MINI STRESS MANAGEMENT STRATEGIES

MS-59

David Danskin, Mary Jones

532-6927

One Time: Wednesday, 7:30-9pm, April 11
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

Limit: 40

Each of us over-stresses ourselves 100 or more times each day. Discover your unique stress pattern and how to integrate mini-strategies for managing those stresses into your daily activities. Dress comfortably - we will be practicing some of the stress management strategies. (David, who has recently appeared on network television, conducts stress management, bio-feedback and wellness training for students, and regional and national professional groups. Mary, a nurse, is involved in the same activities. Both work for the K-State Counseling Center.)

DYING TO BE THIN: ANOREXIA NERVOSA/BULIMIA

MS-104

Rosa Olson, R.N.

765-2391

Thursdays, 7-9pm, April 26 & May 3 (2 times)
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

Anorexia nervosa and Bulimia are serious psychosomatic disorders. Both are life-threatening and it is essential to get help as soon as possible! Many young adults today are on a collision course with a very fatal disease. If you are a friend, parent, or victim come to these 2 sessions and find out what can be done to HELP! (Rosa is a registered nurse who has been both anorexic (75#) and bulimic.)

GROWING OLD TOGETHER

MS-100

Owen and Faye Jones

537-7976

One Time: Saturday, 1:30-4pm, May 19
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration
Materials Fee: \$1.50, pay at class

Limit: 15

What treasures are hiding in your attic that your children might not recognize? Are the people in your photographs identified? If not, who will know them 50 years from now? Your family history, photos, heirlooms and memories are important to record now for future generations. We will help you to begin organizing and cataloging items in your home. (Owen and Faye are enjoying their retirement years remembering and writing down their 'Growing Old Together'.)

TAI CHI EXERCISE

MS-32

Tom Graham

776-0780

Saturdays, 8:30-10:30am, Tuesdays, 7-9pm
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration

First Meeting: April 7
Length: All semester

Tai Chi is a Chinese exercise system involving both exercise and self-defense. Emphasis at the beginner level is placed on coordination, balance, breathing, and smooth flow of movement. (Tom has been leading this UFM class for over two years.)

CONSCIOUSNESS RAISING FOR WOMEN

MS-94

Martha McCoy

539-5043

Organizational Meeting: Monday, 7:30pm, April 23
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

"How do you feel about your mother?" What role does politics play in your life? Learn about consciousness raising discussion groups that can be held over 10 evenings or a weekend. Six to 15 participants are all that is required to get a group started. (Martha is the president of the Manhattan, Kansas chapter of the National Organization For Women-NOW.)

WOMEN AND WORK: COPING WITH TWO CAREERS

MS-62

Dr. Frank SaaI

532-6850

One Time: Wednesday, 12n-1pm, April 4
Location: K-State Union
Class Fee: \$3.00, pay with registration

Do you work and maintain a home? What kind of stress does this place on you, your children, your marriage? How does it affect your work performance, your family income and standard of living? What can employers do to help? Join us as we explore the answers to these and other questions affecting your everyday life and well being. (Frank is a KSU psychology professor.)

CPR

MS-74

Douglas Brown

532-6067

One Time: Saturday, 8am-4pm, April 14
Materials Fee: \$8.00, pay at class

Limit: 15

CPR is a combination of artificial respiration and artificial circulation. It can save many lives (for instance, if started within 1 minute, it can save 92% of heart attack victims) However, it can cause serious harm if administered improperly. Learn the right way and earn a Red Cross Certification. The fee will cover book costs. (Doug is an experienced CPR instructor.)

HORSEBACK RIDING FOR MENTALLY RETARDED YOUNG PEOPLE

MS-10

KSU Horsemen's Association

Saturday & Sunday (times to be announced) April 7 & 8
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

SUFI DANCING

MS-102

Shankar Harritt & Nabiuddin Nelson

539-2717

One Time: Thursday, 7:30-9:30pm, April 19
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

...growing green

ACCESSIBLE GARDENING PROGRAM FOR PHYSICALLY LIMITED

MF-14

Lynn Doxon

537-0056
ext.265

Section I: 2-3pm, March 26-May 19
Section II: 2-3pm, May 20-July 31 Each section meets bi-monthly
Section III: 2-3pm, Aug 1-Oct frost
Location: Will be noted on your receipt
Class Fees: \$7.00, Sec I; \$10.00, Sec II; \$10.00, Sec III OR
\$20.00 for all three sections

This program is designed strictly for people who want to garden but are unable to use conventional gardens due to physical limitations. You will plan, plant, cultivate and harvest your own garden bed with all the produce being your own. Each participant will have an individualized gardening program to meet their own needs and preferences. Trained personnel are available for assistance and demonstration of organic gardening techniques. An instructional class will be offered once every two weeks with instruction in such areas as: GARDEN PLANNING, COMPANION PLANTS, SUCCESSION PLANTING, ORGANIC FERTILIZING, CANNING AND FREEZING and COMPOSTING. Seeds, bedding plants and tools will be provided. The program begins March 26 and continues through the entire planting season until the frost in October. Transportation will be provided to bi-monthly classes. CO-SPONSORED BY MANHATTAN PARKS & RECREATION AND UNIVERSITY FOR MAN. (Lynn is a masters degree student in horticulture therapy at K-State.)

RAISING SPRING FLOWERING BULBS

MS-12

Tim Lindemuth

532-6415

One Time: Saturday, 1-3pm, April 14 (raindate April 21)
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

Limit: 30

Look over more than 1,000 flowering tulips, daffodils and hyacinths at the peak of the blooming season. Learn how to plant and care for spring bulbs in your yard. Numerous bulb varieties will be discussed. (Tim has done home gardening for a number of years and has received Manhattan's Yard-of-the-Week award twice.)

CHILDREN'S 4-H GARDENING CLUB

MS-13

Kay Sylvester

532-5866

Register and you will be contacted for time and date
The instructor will call you for location

As a member, children between the ages of 6 and 12 will be able to have their own garden. They will learn to grow and prepare vegetables and flowers. The club will meet once a week as a group. (Kay is coordinator of the Manhattan Community Gardens and a junior in Horticulture Therapy at K-State.)

—reach out together—

CENTRAL AMERICA: A DISCUSSION

MS-103

Douglas Benson, Jan Flora

532-6760 532-5984

One Time: Thursday, 7-8:15pm, April 19
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

An opportunity for further discussion on Central America following the Lou Douglas Series and for general questions regarding the area and our involvement in it. Coalition For Human Rights and Citizens In Solidarity With Central America (CISCA) have a rice and beans fundraising dinner. Proceeds to Central American Relief. (\$2.00/person.) (Dr. Flora (Sociology, K-State) has been in Central America many times with different groups; Dr. Benson teaches Spanish and Hispanic cultures at K-State.)

PEACE: AN INTERNATIONAL IMPULSE

MS-101

Ira Harritt

539-2717

One Time: Thursday, 7:30-9pm, April 5
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

A 50-minute video tape will be shown documenting a satellite link between participants in cultural events in Russia and the United States. The festivals combined popular music and a dialogue including political leaders, astro/cosmonauts, academicians and average citizens and their feelings and hopes for peace. An opportunity for discussion will follow the video showing.

PRAIRIE HERITAGE: A BIOREGIONAL GATHERING

MS-37

Ira Harritt

532-5866

Friday evening - Sunday (all weekend) April 27-29
Location: Will be noted on your receipt
Class Fee: \$1.00, pay with registration
Materials Fee: \$5.00-\$10.00, pay at class

We in the Manhattan area live in the plains bioregion and specifically in the Kansas River watershed. This fact influences our lives in diverse ways and presents us with special resources and a special heritage. Join us and celebrate this heritage in a weekend campout. Activities include: workshops on traditional crafts, foods, games, healing methods, songs, stories and poetry. Learn about appropriate technologies for our region and join in an old fashioned barn dance. This is the Kansas Area Watershed Council's third spring gathering. For more information and directions, contact Ira Harritt. (Ira is a member of the KAW Council.)

PRAIRIE FESTIVAL AT THE LAND INSTITUTE

MS-8

Wes and Dana Jackson

Saturday & Sunday (all weekend) May 26 & 27
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

—sew much for spring

SOFT SCULPTURE

MS-76

Jan Zelch 539-5400
 One Time: Friday, 1:30-3:30pm, April 20
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration
 Materials Fee: \$1.50, pay at class Limit: 10

We will make small faces first, then on to pigs in a crate with the baby pigs. The techniques learned in this class will help you go on to bigger projects such as the "Cabbage Patch" dolls. (Jan has been teaching soft sculpture for 1 year.)

COUNTED CROSS STITCH

MS-99

Melissa Donovan 776-2057
 Tuesdays, 7-9pm, April 24, May 1 (2 times)
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration
 Materials Fee: \$3.50, pay at class Limit: 5

Counted cross stitch is a needlework technique that creates designs on an even weave fabric using embroidery floss in easy cross stitches. We will complete one project in class and start on one of your own selection. (Melissa has been executing and designing counted cross-stitch projects for 5 years.)

PAINT YOUR T-SHIRT (AGE 7 AND UP)

MS-55

Susan Toy 537-2084
 Section I: Friday, 3:45pm, April 6
 Section II: Monday, 3:45pm, April 16
 Location: Will be noted on your receipt
 Class Fee: \$4.00, per section Limit: 5
 Materials Fee: \$3.00, pay at class

Have a message you want to tell the world? Susan can help you express yourself! Bring your own T-shirt and decorate it with a rainbow, your name, hearts or your special design using permanent glass, glitter and puffy paints.

FITTING & TAILORING HELP SESSION

MS-51

Fran Zerby 537-7660
 Mondays, 7:30-9pm, April 16, 23, 30 (3 times)
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration Limit: 10

Take advantage of the beautiful spring fabrics and enjoy the cost savings of home sewing. Why not strive for the handmade, not the homemade look by learning tips to make your wardrobe look and fit better. (Fran is a Home Economist who does professional sewing and has taught sewing classes for several years.)

SEWING SWIMSUITS

MS-92

Marie Jackson 776-6738
 Section I: Tuesday, 10am-12n, April 10
 Section II: Saturday, 10am-12n, May 5
 Location: Will be noted on your receipt
 Class Fee: \$4.00/section Limit: 10
 Materials Fee: \$4.00, pay at class

Start working on your tan now and be ready to get into the swim of things this summer with a swimsuit you made yourself. See, discuss and ask questions at this demonstration of sewing techniques using the stretchy swimwear fabrics.

SEWING LINGERIE

MS-91

Marie Jackson 776-6738
 One Time: Tuesday, 10am-12n, April 24
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration
 Materials Fee: \$4.00, pay at class Limit: 10

Sensuous and sexy or prim and proper -- lingerie is once more an important part of a woman's wardrobe. For a fraction of the retail cost, you can sew lingerie with luxurious fabrics and high fashion detailing. This class will demonstrate construction and give tips for good fit. (Marie has years of sewing experience and enjoys sharing her knowledge with others.)

FINISHING YOUR NEEDLECRAFT

MS-41

Diana Gauntt, Jean Parker 238-1301
 Section I: Thursday, 7:30pm, April 26, Junction City
 Section II: Tuesday, 7:30pm, May 1, Manhattan
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration

Use your needlecraft in inventive ways. Learn to prepare, mount and display your needlecraft projects. Cleaning, stretching, matting and assembly techniques will be demonstrated. If you have a project that needs that 'finishing touch,' bring it along. (Diana, a leader with Creative Circle Needlecraft Company and Jean, a long-time Home Economics Agent and teacher are both lifelong needlecrafters, who, currently operate Sunrise Hill, a matting and finishing business.)

BEGINNING KNITTING

MS-38

Fern Switzer 539-3486
 Section I: Tuesdays, 7-9pm, First Meeting: April 3
 Section II: Wednesdays, 1-3pm, First Meeting: April 4 Length: Ongoing
 Location: Will be noted on your receipt
 Class Fee: \$5.00/section, pay with registration
 Class Fee: 50¢, pay at class

KNIT. PURL. KNIT. PURL. Learn these two basic stitches and you can, by varying their order, be on your way to a lifetime of scarves, hats, afghans and sweaters. After the first few classes you will begin individual projects and can proceed at your own pace. Bring worsted weight knitting yarn and 10" long, size 5-8 knitting needles. (Fern has taught knitting for UFM, the Recreation Department and the Senior Center.)

CROCHETING RAG RUGS

MS-39

Georgia Becker 537-1987
 One Time: Sunday, 2-4pm, April 1
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration Limit: 6

We will discuss different approaches to crocheted rag rug making and proceed according to your interests. Please bring scissors, needle, thread, a large crochet hook (mine is size J) and odds and ends of cloth. We will prepare and sew strips of cloth and get started on your rug. This is a class for beginners. (Georgia learned to crochet rag rugs from her mother way back in the '30's. After many years, she took up this skill again this past year and has been busily making rugs for her family.)

—edible arts

CHINESE COOKING

MS-67

Janice Denning 537-2588
 Mondays, 7-9:30pm, April 30, May 7 (2 times)
 Location: Will be noted on your receipt
 Class Fee: \$5.00, pay with registration
 Materials Fee: \$12.00, pay at class Limit: 5

Learn to cook interesting dishes from all regions of China. Several main courses, soup, appetizers, and desserts will be prepared each class. Be prepared to sample throughout the evening. Recipes furnished. (Janice has been cooking Chinese food for 4 years and has cooked for dinner parties serving from 4 to 25 guests.)

BEER MAKING

MS-68

Greg Love 537-2588
 Tuesdays, 7-9pm, April 10, 17, 24 (3 times)
 Location: Will be noted on your receipt
 Class Fee: \$7.00, pay with registration
 Materials Fee: \$5.00, pay at class Limit: 8

Homemade beer is for discriminating palates. In this class you will learn the art of brewing beer. The class will make, bottle and taste different varieties of beer. (It is legal to make up to 200 gallons per year at home for a two-adult family.) (Greg has taught this class before and finds brewing enjoyable and affordable.)

COOKING FOR KIDS (AGES 4-10)

MS-69

Pam Barba 539-7114
 One Time: Saturday, 10-11:30am, April 14
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration
 Materials Fee: \$1.00, pay at class Limit: 6

Are your kids harbouring the hidden talents of a culinary genius? We will be creating and eating our own lunch in this class which emphasizes nutrition, kitchen safety and sanitation. (Pam is a registered dietitian and the mother of a pre-schooler who loves to cook.)

MAKE THE MOST OF YOUR MICROWAVE

MS-72

Judy Willingham 539-0508
 One Time: Tuesday, 7pm, April 10
 Location: Will be noted on your receipt
 Class Fee: \$3.00, pay with registration
 Materials Fee: Contact the instructor for specific item Limit: 8

Your microwave oven has many uses - not the least of which is food preparation. Find out how to dry herbs and flowers, learn cooking short cuts and other household hints which take advantage of the unique characteristics of microwaves. Each participant will be asked to bring necessary ingredients for a recipe in lieu of a materials fee. We will sample the results and take the remainder home. (Judy has owned and "operated" a microwave oven for over 7 years and uses it for every meal and for other things in between.)

CAKE DECORATING

MS-73

Tak Dalluge 776-3266
 Wednesdays, 7-9pm, April 4, 11, 18 (3 times)
 Location: Will be noted on your receipt
 Class Fee: \$7.00, pay with registration
 Materials Fee: \$5.00, pay at class Limit: 12

Ever wonder how to make icing flowers - roses, carnations, daisies, etc? Got a great idea or have a picture of decorated cake but don't know how to turn them into edible works of art? This class will show you how. The materials fee covers decorating tubes, flower nails and icing. (Tak has twenty-seven years of cake decorating experience.)

EDIBLE LANDSCAPE: INTERNSHIPS AND VOLUNTEER PROGRAM

MS-15

Edible Landscape Staff 532-5866
 One Time: Day, time and date to be announced

—sew much for spring

SOFT SCULPTURE

MS-76

Jan Zelch 539-5400

One Time: Friday, 1:30-3:30pm, April 20
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration
Materials Fee: \$1.50, pay at class

Limit: 10

We will make small faces first, then on to pigs in a crate with the baby pigs. The techniques learned in this class will help you go on to bigger projects such as the "Cabbage Patch" dolls. (Jan has been teaching soft sculpture for 1 year.)

COUNTED CROSS STITCH

MS-99

Melissa Donovan 776-2057

Tuesdays, 7-9pm, April 24, May 1 (2 times)
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration
Materials Fee: \$3.50, pay at class

Limit: 5

Counted cross stitch is a needlework technique that creates designs on an even weave fabric using embroidery floss in easy cross stitches. We will complete one project in class and start on one of your own selection. (Melissa has been executing and designing counted cross-stitch projects for 5 years.)

PAINT YOUR T-SHIRT (AGE 7 AND UP)

MS-55

Susan Toy 537-2084

Section I: Friday, 3:45pm, April 6
Section II: Monday, 3:45pm, April 16
Location: Will be noted on your receipt
Class Fee: \$4.00, per section
Materials Fee: \$3.00, pay at class

Limit: 5

Have a message you want to tell the world? Susan can help you express yourself! Bring your own T-shirt and decorate it with a rainbow, your name, hearts or your special design using permanent glass, glitter and puffy paints.

FITTING & TAILORING HELP SESSION

MS-51

Fran Zerby 537-7660

Mondays, 7:30-9pm, April 16, 23, 30 (3 times)
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

Limit: 10

Take advantage of the beautiful spring fabrics and enjoy the cost savings of home sewing. Why not strive for the handmade, not the homemade look by learning tips to make your wardrobe look and fit better. (Fran is a Home Economist who does professional sewing and has taught sewing classes for several years.)

SEWING SWIMSUITS

MS-92

Marie Jackson 776-6738

Section I: Tuesday, 10am-12n, April 10
Section II: Saturday, 10am-12n, May 5
Location: Will be noted on your receipt
Class Fee: \$4.00/section
Materials Fee: \$4.00, pay at class

Limit: 10

Start working on your tan now and be ready to get into the swim of things this summer with a swimsuit you made yourself. See, discuss and ask questions at this demonstration of sewing techniques using the stretchy swimwear fabrics.

SEWING LINGERIE

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Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration
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Limit: 10

Sensuous and sexy or prim and proper -- lingerie is once more an important part of a woman's wardrobe. For a fraction of the retail cost, you can sew lingerie with luxurious fabrics and high fashion detailing. This class will demonstrate construction and give tips for good fit. (Marie has years of sewing experience and enjoys sharing her knowledge with others.)

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Section II: Wednesdays, 1-3pm, First Meeting: April 4 Length: Ongoing
Location: Will be noted on your receipt
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Class Fee: 50¢, pay at class

KNIT. PURL. KNIT. PURL. Learn these two basic stitches and you can, by varying their order, be on your way to a lifetime of scarves, hats, afghans and sweaters. After the first few classes you will begin individual projects and can proceed at your own pace. Bring worsted weight knitting yarn and 10" long, size 5-8 knitting needles. (Fern has taught knitting for UFM, the Recreation Department and the Senior Center.)

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—edible arts

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Class Fee: \$5.00, pay with registration
Materials Fee: \$12.00, pay at class

Limit: 5

Learn to cook interesting dishes from all regions of China. Several main courses, soup, appetizers, and desserts will be prepared each class. Be prepared to sample throughout the evening. Recipes furnished. (Janice has been cooking Chinese food for 4 years and has cooked for dinner parties serving from 4 to 25 guests.)

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One Time: Saturday, 10-11:30am, April 14
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Class Fee: \$4.00, pay with registration
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Location: Will be noted on your receipt
Class Fee: \$3.00, pay with registration
Materials Fee: Contact the instructor for specific item

Limit: 8

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CAKE DECORATING

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Wednesdays, 7-9pm, April 4, 11, 18 (3 times)
Location: Will be noted on your receipt
Class Fee: \$7.00, pay with registration
Materials Fee: \$5.00, pay at class

Limit: 12

Ever wonder how to make icing flowers - roses, carnations, daisies, etc? Got a great idea or have a picture of decorated cake but don't know how to turn them into edible works of art? This class will show you how. The materials fee covers decorating tubes, flower nails and icing. (Tak has twenty-seven years of cake decorating experience.)

EDIBLE LANDSCAPE: INTERNSHIPS AND VOLUNTEER PROGRAM

MS-15

Edible Landscape Staff 532-5866

One Time: Day, time and date to be announced

—picture this!

THE SECOND ANNUAL UFM BLACK & WHITE PHOTO CONTEST - MS-43
IMAGES OF KANSAS: HIDDEN PLACES CLOSE TO HOME

Prizes will be awarded. The twelve winning black and white entries will be published in the summer 1984 UFM catalog. They will also be displayed in the K-State Union second floor showcase June 4-15. All entries will be exhibited at the Manhattan Public Library April 23-May 4. Judges are Sally Wampler, KSU Journalism Department; Dan Ray, Manhattan Camera Shop; Holly Miller, The Manhattan Mercury; and Adam Rome, UFM.

RULES:

1. There is no entry fee.
2. Minimum size is 5x7 inches, maximum size 11x14 inches.
3. Entries should be mounted on matt board.
4. The contest theme is Images of Kansas: Hidden Places Close to Home. Categories are scenery, people, architecture and animals.
5. Judges will select first, second and third-place winners in each of the four categories. Selection of honorable mention entries will be at the discretion of the judges.
6. On the back of matt board write name, phone number, category and optional title.
7. Submit entries to UFM, 1221 Thurston. Deadline is 4:30pm, Friday, April 13.
8. Non-winning entries may be picked up at UFM after May 7.

UFM PHOTOGRAPHY DARKROOM COOPERATIVE (BLACK & WHITE & COLOR) MS-44

Neil Schanker 532-5866

Organizational Meeting: Monday, 5-5:30pm, April 2 (or by individual appointment)
 Location will be noted on your receipt

Located just one block east of campus in the UFM House, the UFM darkroom is available to anyone who needs access to a well-equipped facility. Equipment is capable of handling up to 11x14 prints and 6cmx6cm negatives as well as 35mm. The fee includes everything but paper. For those who need instruction in darkroom techniques, UFM is offering a course "Beginning Darkroom" where you can have your questions answered.

Black & White Only:

Fees:	8 weeks	\$10, new members	\$ 8, renewals	(pay with
	1 semester	18, new members	15, renewals	registra-
	2 semesters	30, new members	25, renewals	tion)
	3 semesters	40, new members	35, renewals	

You must provide your own chemicals if you wish to use our new color equipment.

Black & White and Color:

Fees:	8 weeks	\$14, new members	\$12, renewals	(pay with
	1 semester	25, new members	22, renewals	registra-
	2 semesters	37, new members	32, renewals	tion)
	3 semesters	47, new members	42, renewals	

The color equipment enables you to develop film or slides and to make prints from negatives or from slides (Cibachrome). There is no additional hourly use charge. For those who wish to use the darkroom but who do not wish to purchase a membership, space is available at the rate of \$2.00/hr. (Neil is coordinator of the UFM darkroom.)

BEGINNING PHOTOGRAPHY MS-45

Ernie Peck 537-9883

Section I; Tuesday, Wednesday, Thursday, 7pm, April 3, 4, 5
 Saturday, 8:30am-4:30pm, April 7
 Tuesday, 7pm, April 10, critique

Section II: Tuesday, Wednesday, Thursday, 7pm, May 22, 23, 24
 Saturday, 8:30am-4:30pm, May 26
 Tuesday, May 29, 7pm, critique

Location: Will be noted on your receipt
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$25.00, pay at class Limit: 12

Four evenings and a full day of instruction on how to operate and care for a 35mm camera. Film, processing, handouts, and a camera are furnished. The camera must be returned but the rest is yours to keep. (Ernie has taught this many times with great success.)

PRINTING COLOR NEGATIVES MS-46

Richard Kupferer 539-5112

Wednesdays, 7-9:30pm, April 11 & 18 (2 times)
 Location: Will be noted on your receipt
 Class Fee: \$5.00, pay with registration Limit: 4
 Materials Fee: To be discussed in class

Make your own color prints from color negatives - save money, time and increase your chances of getting accurate color reproduction. Basic darkroom techniques will be reviewed and color theory discussed. Bring several printable color negatives to each class. Each participant will make prints using the daylight drum process. (Rich has been working with all aspects of color darkroom photography for the past 5 years.)

—out of the woods

WOODSHOP CO-OP MS-50

Dan Brabec 537-0459

Wednesday, 7-8pm, April 25, Mandatory organizational meeting
 Location: Will be noted on your receipt
 Membership Fee: \$20.00, 4 mos
 35.00, 8 mos Pay with registration
 50.00, 12 mos

Located in the UFM Solar addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, lather, band saw, and most common woodworking tools. The membership fee is for equipment and facility use only. No materials are included. The mandatory organizational meeting will include instruction in safe equipment use and conduct in the woodshop. (Dan is the UFM Woodshop coordinator.)

folk arts

SHARING TRADITIONS: A SERIES OF FOLK ART WORKSHOPS

(A special thanks to the Kansas Arts Commission and The Kansas State Historical Society.)

APPLE HEAD DOLLS MS-95

Fran Fox

One Time: Saturday, 1-3pm, April 21
 Location: Will be noted on your receipt
 Class Fee: \$10.00, pay with registration Limit: 15

Participants in this workshop will learn how to make a 12" apple head doll. Fran will introduce the class to the basic techniques involved in carving a face and creating a doll body. She will share her experience with creating figures of different types such as the traditional "granny." All materials will be provided. (Fran is the president of Topeka's Treasured Doll Club and a member of the United Federation of Doll Clubs. She has been carving faces on peeled apples for over 25 years.)

CHEROKEE BASKET WEAVING MS-96

Margaret "Redfern" Pitzer

One Time: Saturday, 10am-4pm, May 12
 Location: Will be noted on your receipt
 Class Fee: \$10.00, pay with registration Limit: 10

Participants in this workshop will learn how to use the single and double weave wicker techniques to complete an 8" basket. Redfern, half Cherokee herself, will emphasize traditional Cherokee design. All materials will be provided. Participants are requested to bring a towel. (For years, Redfern has gathered knowledge on the art of basket weaving, perfecting the styles of several tribes, but devoted especially to preserving those of her Cherokee ancestors. She has demonstrated her craft extensively and her baskets are in collections throughout the United States.)

CORN DOLLY MAKING: "WHEAT WEAVING" MS-97

Doris Johnson

Saturday & Sunday, 9am-4pm, June 2 & 3
 Location: Will be noted on your receipt
 Class Fee: \$10.00, pay with registration Limit: 15

Corn dolly making is the ancient English custom of plaiting or weaving grain stalks into small figures in which the corn idol was believed to be preserved for winter. In the spring, the figure was crumbled and the seeds were planted with the new crop. In England, "corn" refers to all types of grain, including wheat. In Kansas, this craft is commonly referred to as wheat weaving. Participants will learn basic techniques in corn dolly making. All materials are included. (Doris introduced the art of corn dolly making to Kansas in 1973 at the Hillsboro Craft Show. Since that time, she has led workshops throughout the country. She has recently co-authored a book on straw craft with her English mentor, Alec Coker.)

HERB LORE MS-98

Ivy Peterson

One Time: Saturday, 1-3pm, June 23
 Location: Will be noted on your receipt
 Class Fee: \$5.00, pay with registration

In the early 1900's, Ivy Wheeler Peterson's grandparents practiced herbal medicine in Larned. Today, Ivy keeps a large garden of herbs near her home in Wichita. For this class, Ivy will bring examples of various herbs and discuss the folk beliefs and customs that surround them as well as their medicinal qualities. (Ivy was born on the family homestead near Larned. Her knowledge of herb lore has been passed down through her family. She has given workshops on herb lore throughout the state.)



—please note

PIPING MS-85

Neil Jackson

537-1013

Wednesdays, 7:30-8:30pm, April 4, 11, 18 (3 times)
 Location: Will be noted on your receipt
 Class Fee: \$4.00, pay with registration Limit: 6

An introduction to the Scottish bagpipes. Bring a practice chanter (if you have one) or a twelve-inch ruler and learn basic finger movements needed to move on to playing the bagpipes. (Neil learned piping while attending High School in Scotland. He played in the school band for three years.)

BARN DANCE MS-63

Enid Cocke

539-6306

One Time: Friday, 7:30-9:30pm, April 6
 Location: Will be noted on your receipt
 Class Fee: \$2.00, pay with registration

Join the Flint Hills Folkdancers for a joyous evening of traditional American dance: contras, mixers, Appalachian big sets, and traditional square dances. All are welcome; no partners needed. (Enid has been enjoying barn dancing for ages!)

LINDSBORG MESSIAH FESTIVAL TOUR MS-35

Judy Portuese

537-1318

Sunday, 12:30-10pm, April 15
 Location: Will be noted on your receipt
 Class Fee: \$35.00, pay with registration

—ins and outs—

BASIC WEAVING

MS-81

Susan Lala 537-9610

Mondays, 1-4pm, April 2, 9, 16, 23 (4 times)

Location: Will be noted on your receipt

Class Fee: \$10.00, pay with registration

Materials Fee: \$18.00, pay at class

Limit: 4

Now is the time to begin weaving your own clothes, rugs and decorative pieces. You will learn everything you need to know to weave on your own at home or to take more advanced classes through UFM.

WINE AND WEAVING

MS-82

Susan Lala 537-9610

One Time: Tuesday, 7pm, April 10

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$1.00, pay at class

Limit: 15

Spend the evening with weaver Susan Lala. See her weaving studio and many looms. Also view a large collection of weaving from many different areas of the world as well as her own weaving.

WOVEN SHIRT

MS-83

Susan Lala 537-9610

Wednesdays, 1-3:30pm, April 25, May 2 & 9

Location: Will be noted on your receipt

Class Fee: \$7.00, pay with registration

Materials Fee: \$18.00 (small and medium sizes) Limit: 4
\$24.00 (large size) pay at class

Weave a woman's natural cotton shirt, just right for spring and summer. We will meet for 1 hour each week; however each participant will need to set aside 3 to 4 hours to weave at UFM each week.

WEAVING STUDIO TIME

MS-84

Susan Lala 537-9610

Organizational Meeting: Thursday, 6:30pm, May 10 Length: Open

Location: Will be noted on your receipt

Class Fee: \$10.00, pay with registration

Limit: 4

Choose your own time to weave on your own. Plan your own projects using the looms in the UFM weaving studio. We will meet one time to assign looms and discuss your weaving plans. Susan will help you plan projects if desired. Previous experience is necessary.

WHEAT WEAVING

MS-42

Jan Zelch 539-5400

One Time: Thursday, 1:30-3:30pm, April 26

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$4.50, pay at class

Limit: 10

Originally used to preserve the best wheat from the harvest, this craft has long been a favorite in Kansas. This basic class will show you how to prepare the wheat and several weaves and plaits that will allow you to produce many traditional, decorative pieces. Please bring scissors. (Jan has been wheat weaving for 4 years, she has taught this class for 2 years.)

RIBBON BASKETS

MS-52

Susan Toy 537-2084

One Time: Monday, 9:30am-12n, April 9

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$5.00, pay at class

Limit: 5

Country baskets woven with ribbons make charming, individualized Easter baskets or accessories for your home. Best of all, they are not difficult to make. Delight your child (or yourself) this spring with the decorated basket you take home. (Susan, the owner of The Containery, teaches this and other exciting crafts in her store.)

STENCILING ON WOOD BASKETS

MS-53

Susan Toy 537-2084

One Time: Monday, 1:30pm, March 26

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$3.00, pay at class

Limit: 4

Traditional motif or bunnies and Easter eggs -- both can be used to make decorative functional baskets. The technique is old, yet, suddenly new again, easy to learn, and the basics can be transferred to work on other objects. Each class member will decorate a basket.

MAY BASKETS

MS-40

Marge Davidson

One Time: Tuesday, 7:30pm, April 24

Location: Will be noted on your receipt

Class Fee: \$3.00, pay with registration

Materials Fee: \$1.00, pay at class

Limit: 10

Remember the tradition when you were young to hang a May basket on a special friend's door, ring the bell and run? Marge has fun each spring making baskets for her neighbors. Learn how to make "air castles" of tissue paper and a basket of woven construction paper and surprise a friend on May Day! Bring a sharp pair of scissors. (Marge learned to make these baskets from her mother and is now real popular with the neighborhood kids!)

—mud stuff—

UFM POTTERY STUDIO CO-OP

MS-47

Vera Muller 537-3142

Monday, 7-8pm, April 9, Mandatory organizational meeting

Location: UFM Pottery Studio

Membership in studio: \$20.00, 8 weeks

30.00, 16 weeks

40.00, 24 weeks

This is a cooperative studio-access class open to anyone with experience in pottery who feels confident working alone. There is no instruction provided. As a co-op member you will have access to the studio for four hours a week, 12½ pounds of clay plus all the recycled clay you produce, kiln space, and glazes. UFM has recently purchased a sophisticated slab roller for use in sculptural handbuilding, and electric wheel to augment its studio equipment. (Vera is the pottery studio coordinator for UFM.)

UFM POTTER'S GUILD

MS-48

Norm Lally 1-468-3696

The UFM Potter's Guild is made up of professional potters in the Manhattan area. They usually hold two annual sales, one in May and one in December. If you would like more information, sign up and Norm will contact you. (Norm is a professional potter in Olsburg and is a member of the Guild.)

BEGINNING TO INTERMEDIATE CERAMICS

MS-49

Zoraida Rivera 776-3512

Tuesdays, 7-9pm First Meeting: April 10

Length: 8 times

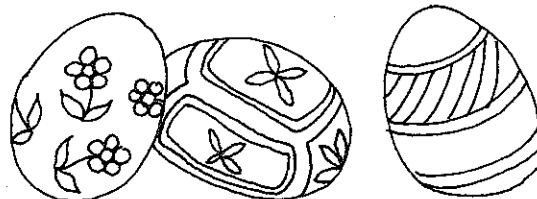
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Materials Fee: \$10.00, pay at class

Limit: 8

Make your own original handbuilt and wheelthrown pottery. Whether you're interested in sculpting figurines, faces, slab or coil bowls and boxes or creating mugs, vases and plates on the pottery wheel, this class will cover it all; from raw clay to finished glazed ware. (Zoraida has 4 years experience with clay and enjoys throwing on the wheel. Her class is always popular and fills up quickly.)



—eggs and others—

CERAMIC EASTER EGGS

MS-70

Amy Jo Gatschet 776-3135

Wednesdays, 6:30-8:30pm, April 4, 11, 18 (3 times)

Location: Will be noted on your receipt

Class Fee: \$5.00, pay with registration

Materials Fee: \$5.00, pay at class

Limit: 8

This year's Easter Eggs can become family heirlooms. Create, decorate and glaze 3 to 5 ceramic eggs that you will want to leave out year 'round. This class is for all skill levels. (Amy Jo has been making pottery for four years, and enjoys the endless possibilities available when working with clay.)

KRASLICE-CZECH EGG DECORATING

MS-75

Georgia E. Nonte

One Time: Sunday, 1-4pm, April 15

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$5.00, pay at class

Limit: 15

Learn basic Czech egg decorating strokes. Everyone will receive a home-made wax melting stand, several dyes, beeswax, candle, tool for decorating eggs, instruction sheets and the eggs. Student should bring a pencil. (Georgia has been interested in decorating eggs all her life. She recently learned Kraslice and finds it easier than the Ukrainian method.)

STENCILING FOR KIDS (AGE 8 OR OLDER)

MS-54

Susan Toy 537-2084

One Time: Wednesday, 3:45-5:30pm, April 4

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$2.50, pay at class

Limit: 5

Stenciling is both fun and easy! We will cut out a stencil, and use it to print on fabric and paper. Get ready to clear a space on your wall for your completed project - or better yet think about decorating your room with a stenciled border.

SILK SCREEN PRINTING

MS-56

Henry King 765-3625

Tuesdays, 5:30-7pm First Meeting: April 3

Length: 4-6 times

Location: Will be noted on your receipt

Class Fee: \$10.00, pay with registration

Materials Fee: \$10.00, pay at class

Limit: 5

Silk screening, an ancient printing technique, with a wide variety of applications: from T-shirts to High Art. Imagine what you can create with color, your design idea and squeegees, ink and screen. Each student will complete two projects. Please wear old clothes to class. (Henry has been screen printing for 10 years.)

—spring into action—

LAND-OF-AHS BEGINNER CANOE CLINIC

MS-18

T.J. Hittle 539-7772

One Time: Saturday, 3-5pm, June 9
Location: Will be noted on your receipt
Class Fee: \$5.00, per person, pay with registration

If you've never been in a canoe or do not consider yourself proficient in turns or steering, this class will give you lots of practice. Instruction will be given in basic steering and paddling skills. Information will be given about canoeing equipment and local places to canoe. A limited number of canoes, paddles and life-jackets will be available, but if you have access, please bring your own. When you arrive, please check in at the Land-Of-Ahs booth. (Instruction will be provided by expert canoeists in the Kansas Canoe Association.)

LAND-OF-AHS SLALOM AND DOWNRIVER CANOE/KAYAK RACE

MS-19

T.J. Hittle 539-7772

Saturday and Sunday, Sat, 1pm, Sun, 9am, June 9 & 10
Location: Will be noted on your receipt Materials Fee: \$6.00, pay at cl.
The Land-Of-Ahs Slalom and Downriver Canoe/Kayak Race offers both novice and advanced paddlers an opportunity to test their skills. All interested canoeists and kayakers are invited to scenic Pillsbury Crossing, four miles from Manhattan, where events include races for young and old. Awards will be given by the Kansas Canoe Association. Come and join the fun! (Both Kansas Fish & Game and the Kansas Canoe Association are sponsoring this event.)

INTERMEDIATE KAYAKING WORKSHOPS

MS-20

T.J. Hittle 539-7772

Sundays, 9am-12n, April 1, 8 Length: 2 times
Location: Will be noted on your receipt
Materials Fee: \$2.50, each Sunday, pay at class

These workshops are for those kayakers with some experience who desire to improve their skills. Informal critiques will be provided on rolls and strokes in indoor pools. Boats are available for rent at the pool or you can bring your own. Come as many times as you want and pay \$2.50 per Sunday at the class. (Instruction will be provided by members of the Kayak chapter of the Kansas Canoe Association.)

RAPPELLING FOR BEGINNERS

MS-21

Rick Johnson 537-4927

Saturdays, 2pm First Meeting: April 7 Length: 3-4 times
Location: Will be noted on your receipt
Class Fee: \$7.00, pay with registration Limit: 7

Learn to descend cliffs by rappelling, a truly thrilling experience. This course is designed to familiarize the individual with the basic techniques of rappelling. Included are selection and safety inspection of equipment, basic knots used, and rappelling and belaying procedures. The class will meet initially at the instructor's home, and subsequent classes will be held at the rappelling facility. All equipment will be provided by the instructor. On belay! (Rick has extensive military and civilian rappelling experience including helicopter rappelling. He owns his own equipment and will have an assistant instructor who also has extensive experience.)

OUTING CLUB

MS-22

Mike Elledge 776-4043

First and Third Wednesdays, 7:30pm First Meeting: April 4
Location: Will be noted on your receipt Length: All semester
Class Fee: \$3.00, pay with registration

If you are interested in going camping, canoeing, bike touring, rock climbing, backpacking, sky diving, sailing, rappelling, kite-flying, spelunking or any of the above, this is the club for you. Each meeting, a variety of trips are planned for the next two weeks. You must only pay the fee once per year. (Mike enjoys many outdoor activities.)

BIRDWATCHING FOR BEGINNERS: FROM HOUSE WRENS TO BALD EAGLES

MS-5

Northern Flinthills Audubon Society

Wednesday 7-9pm, April 4; Saturday, 7:30-11am, April 7
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

Quick! Is that a bluebird or bluejay? How do you tell a mockingbird from a shrike? Golden eagle from turkey vulture? Thursday evening we'll show you how to use binoculars, the different field guides, and give you pointers on bird identification. Then on Saturday morning we'll take you out "in the field." We'll try to have one expert birdwatcher for every four beginners. Birdwatching is an enjoyable hobby, which you are certain to enjoy. Bring binoculars, camera, bird guides and tape recorders if you have them. If you think catbirds have whiskers, this class is for you. (Todd Navashofski, who took the Eagle Watching Class last year, said, "I used to think birdwatchers sat on a stump in the woods and nobody could say a word -- I was wrong.")

STARGAZING

MS-6

Chris Sorensen 776-3462

One Time: Friday, 7:30-10:30pm, April 20 (raindate Saturday, April 21)
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration Limit: 15

We'll look at planets, stars and constellations including Hercules, Arcturus, Leo the lion, Cancer the crab, Draco the dragon, Cepheus, Cassiopeia and more. Emphasis will be on stars you can observe with the naked eye or binoculars. Telescopes will also be available. Dress warmly and bring binoculars if you have them. Hot refreshments will be served by the Northern Flint Hills Audubon Society. Suggested reading: SKY & TELESCOPE MAGAZINE or ASTRONOMY MAGAZINE. These both have monthly sky maps. (Chris is a physics professor at KSU.)

VOLLEYBALL FOR FUN (16 AND OVER)

MS-30

Lois Morales 539-8867

Tuesdays, Thursdays, 6:30-8:30pm First Meeting: April 5
Location: Will be noted on your receipt Length: All semester
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Volleyball can provide low-key competition, exercise and a great time for beginners to those advanced. Nets and balls will be furnished. (Lois has played UFM volleyball for years.)

K.C. ROYALS VS NEW YORK YANKEES (INCLUDING STADIUM TOUR AND DINNER)

Judy Portuese MS-36 537-1318

Friday, 8am, June 29
Location: Will be noted on your receipt
Class Fee: \$32.00, pay with registration Limit: 46

Let us take you to the ball park where you will become part of the excitement when the Kansas City Royals play the New York Yankees! The day will start with a tour of the stadium which includes perspectives of the entire stadium from the press area, dugouts, playing field and a panoramic view of the scoreboard and water spectacular. There will be time for a leisurely lunch (on your own) in the afternoon in the air-conditioned comfort of Blue Ridge Mall. The evening will bring a memorable experience as we enjoy food and beverage at the Royals Stadium Club. The buffet menu will include Braasted Chicken Strips, Braised Swiss Steak, 8 different Salads, Au Gratin Potatoes, Seasoned String Beans, Chocolate Mousse, Assorted Cookie Tray, Rolls, Butter, Coffee and Tea. After the dinner, we'll join the rest of the Royals fans for an exciting game. We'll depart for home after the last out. Cost is \$32 per person which includes the stadium tour, buffet dinner, reserved seat ticket and motorcoach transportation by Abbott Coach.

PRAIRIE CHICKEN BOOM AT KONZA PRAIRIE

MS-4

Northern Flint Hills Audubon Society 539-4911

Section I: Sunday, 4:30-7:30am, April 1
Section II: Sunday, 4:45-7:45am, May 13
Location: Will be noted on your receipt
Class Fee: \$4.00 per section, pay with registration Limit: 6/section

The world of nature has literally hundreds of different courtships, and that of the prairie chicken is one of the most fascinating. We will observe the fascinating mating ritual of these native birds and see how the females determine which of the males are best suited for mating. Bring cameras, binoculars, a jug of hot coffee, wear your warmest clothes and be prepared for a surprising morning.

CRAPPIE FISHING: THE HOW-TO'S

MS-1

Paul Miller 539-7154

One Time: Wednesday, 7-9pm, Apr 25
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

One nice thing about crappie is if you catch one, there's usually more around. This is especially true during the crappie spawn or "run" which occurs in early May. Although it may be true that "the harder you fish, the luckier you get," a few hints from Paul will considerably improve your chances to bring home those good-tasting panfish. (Paul is a dedicated crappie fisherman who will share some important facts about the sport with you.)

HIKING TRAILS IN KANSAS

MS-2

Jim Nighswonger 532-5752

One Time: Wednesday, 7:30pm, April 4
Location: Will be noted on your receipt
Class Fee: \$4.00, pay with registration

This spring, hike the beautiful hills and valleys of Kansas. We will discuss what Kansas has to offer in the way of hiking opportunities. Emphasis will be on trail locations and their unique features. Information and guides will be available for handout. Foot trails will be emphasized and canoe trails will be mentioned. (Jim is a member of the Kansas Trail Council and the Kansas Canoe Association.)

RUNNING THE BACK ROADS

MS-26

Richard Johnson 485-2628

Wednesdays, 7:30pm First Meeting: April 4 Length: Indefinite
Location: Will be noted on your receipt
Class Fee: \$2.00, pay with registration

Are you a runner who takes the same route week after week? Are you an outdoors enthusiast who finds jogging too monotonous? The goal of this class is to associate an appreciation for both running and nature. The solitude of back roads running can stimulate a sense of closeness to the environment. Trails and back roads in the Manhattan area will be explored as possible places to run. Organized weekend runs will be attempted. (Rich has been observing wildlife and landscape by running in the Stockdale area for a number of years.)

GENERAL FITNESS EXERCISES TO MUSIC: AEROBIC EXERCISE FOR EVERYONE

MS-25

Susan Greco 532-5731

Mondays, Tuesdays, Wednesdays, Thursdays, Fridays, 5-6pm First Meeting: April 2
Location: Will be noted on your receipt
Class Fee: \$10.00, pay with registration Length: All semester

Exercises include jogging and steps to music to increase the heart rate, and limbering and firming exercises done singly and with partners. Continuous activity is stressed, and will increase progressively through the semester. (Susan learned this course in West Germany and taught it professionally at the Damascus, Syria Sheraton Hotel.)

—special skills—

THE BASICS OF CLEAR, CONCISE WRITING

MS-66

776-1618

Mike Dorcey

Tuesdays, 7-9pm, April 24, May 1, 8, 15 (4 times)

Location: Will be noted on your receipt

Class Fee: \$10.00, pay with registration

Limit: 10

A review of the basics of writing - the function of words, parts of speech, sentence structure and paragraphs; the study of concepts like unity and coherence; and the practice of outlining. Learning to write effectively is done by writing, and this course will entail written assignments both in and out of class. Each piece will be critiqued for its application of the basic rules reviewed. This will not be a class in creative writing, but rather in expository writing, the logical development and clear expression of an idea. (Mike has been an editor for two magazines and is now the area reporter for The Manhattan Mercury.)

CLOSET O'NEILLS

MS-93

539-7190

Ramona Lucius

Saturdays, 2-4pm First Meeting: April 7

Length: indefinite

Location: Will be noted on your receipt

Class Fee: \$5.00, pay with registration

Limit: 10

For all those people who have been writing plays in the closet, now is the time to come out and share them. People interested in the process of playwriting should also attend. We will discuss dramatic techniques, write some plays of our own and possibly look at some professional plays. (Ramona is working on a masters degree in playwriting and has had her play "Flying" produced at KSU.)

INSTALLING YOUR DEADBOLT

MS-64

776-9765

Papa Bear

One Time: Monday, 7-9pm, April 9.

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$1.00, pay at class

Want to deadbolt your doors and windows but can't afford it? Do it yourself! Learn how by attending this demonstration by Papa Bear himself. Register and you will be notified of a meeting place. (Papa Bear is a homeowner, father and do-it-yourselfer who has installed deadbolts for family and friends.)

BASIC HOME CRIME PREVENTION

MS-65

537-9600

Charles E. Champion

One Time: Thursday, 7:30-9:30pm, May 17

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Materials Fee: \$2.00, pay at class

Basic home and individual crime prevention techniques, tips, and preventive measures to aid the average person in reducing their chances of being a victim of a crime. The class will include information on local crime prevention tips for neighborhoods. (Charles has 21 years of experience in law enforcement, law enforcement administration, community crime prevention and community security in both the USA and Europe.)

COMMUNITY ENERGY PLANNING

MS-11

Jim Dubois

One Time: Saturday, 2pm, Mar 24

Location: Will be noted on your receipt

Class Fee: \$2.00, pay with registration

STUDENT PILOT GROUND SCHOOL

MS-23

537-0132

J. Van Swaay

Two Times: Days, times and dates to be announced

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Limit: 17

If you have ever thought about learning to fly then this class is for you. We will cover basic aircraft systems and aerodynamics, airport operations and communications, and basic licensing requirements. Although the class will not cover everything required for the F.A.A. written exam, it will provide a solid background for the potential student pilot. Call the instructor for more information. (J. is a commercial pilot and certified flight instructor. He also owns his own aircraft.)

LEARN TO FLY AT LOW RATES

MS-24

Hugh Irvin

532-6311 539-3128

Saturdays, 9-10:30am Length: Indefinite

First Meeting: April 7

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

The first meeting will be an information session to overview what's involved in learning to fly in general and the advantages of the K-State Flying Club in particular. Options available for ground school and for flight training in the Manhattan area will be discussed. If there is enough interest, 6 to 8 free group tutoring sessions may be scheduled to help those who decide to study for the FAA written examination using self-instructional courses. Introductory flight lessons and/or short sight-seeing flights at minimum cost will also be scheduled at the first meeting. (Hugh is a FAA Certified Flight Instructor and a member of the K-State Flying Club.)

BASIC AUTO MAINTENANCE

MS-90

John Edmonds

Saturdays, 1-4pm, April 28, May 6 (2 times)

Location: Will be noted on your receipt

Class Fee: \$5.00, pay with registration

Limit: 10

Want to save money and be sure the job is done right? Do it yourself! John will discuss the basics of auto maintenance. The first class, John will demonstrate how to change the oil and oil filter. The following session, bring your car, oil and oil filter and you will get a chance to do your own. (When his water pump went out, John was able to purchase the needed tools with the money he saved by doing the job himself.)

HAIR AND MAKE-UP FOR THE 80'S

MS-58

537-9825

Alicia and Company

Tuesday, 7pm, April 3

Location: Will be noted on your receipt

Class Fee: \$4.00, pay with registration

Limit: 10

Not sure what hairstyle or make-up technique is right for you? Let us help you make the most of your good looks and have fun at the same time! We'll do five "before and after" demonstrations and each participant will have time to ask questions concerning her own personal hairstyle and makeup. (Alicia and her staff are experienced professional cosmetologists who have enjoyed teaching this class before.)

SAILING BASICS

MS-16

Jay Kim

537-8431

One Time: Saturday, 9am-12n, Mar 24 and a second date to be agreed upon

Location: Will be noted on your receipt

Length: 2 times

Class Fee: \$5.00, pay with registration

—your attention, please—

ANNOUNCEMENTS:

Roots Of Insurgency In Central America: Human Rights In El Salvador and Nicaragua. Jan Flora, Thursday, March 29, 7pm, KSU Union Cafeteria. Co-sponsored by Sociology Club, Coalition For Human Rights and UFM.

Feminist Writers Support Group.

Organizational Meeting: Thursday, April 5, 7-9pm. Call Natalya Hall or Rita Grover at 537-8235 for more information.

Women's Support/Social Group.

Alternate Fridays starting March 16, 8-10pm, UFM Fireplace Room. Call Natalya Hall at 537-8235 for more information.

The Equal Rights Amendment and Current Issues Facing Women.

Phyllis Schlafly, Monday, April 9, 7pm, KSU Union Forum Hall.

Gay and Lesbian Resource Center.

Leave message at 537-8235 or write to: P.O. Box 291, Manhattan, Kansas 66502.

Non Partisan Voter Registration.

Organizational Meeting: Wednesday, April 11, 7:30-9:30pm, UFM Conference Room. Call Ron Pavelka at 539-6235 for more information.

Tuttle Creek Cleanup Campaign.

Saturday, April 28, all day, meet at the Tuttle Creek Corps of Engineers Office. Call Paul Weidhaas at 539-8511 for more information.

Wanted: Appropriate Technology Tour Guides

Are you interested in Appropriate Technologies, Solar Energy or Edible Landscaping? UFM is looking for people to serve as A.T. tour guides for groups visiting our solar energy and landscape demonstrations. Prospective guides, after receiving information and orientation, will lead pre-scheduled tours and receive a minimum of \$4.00 per hour. Interest and enthusiasm are the only requirements. Call Ira Harritt at 532-5866 for more information.

The 6th Annual Kansas Folklife Festival will be held Saturday and Sunday, May 5 and 6. Sponsored by the Division of Continuing Education at Kansas State University, the Festival is a celebration that brings together food groups, traditional musicians, artisans and craftspeople from over the state representing a diversity of cultural backgrounds.

Little Apple Entertainment Alternatives

Are you tired of the bar scene? Join together with others like you who would rather meet new people in a comfortable nonthreatening setting while participating in fun activities. This is an ongoing group. All ages welcome! Call Rebecca Brownson at 532-5866 for more information.

Hidden Places, a series of radio programs and newspaper articles about exciting yet little-known historic sites in Kansas -- the Ladies Lounge in Hope, the Stone Man in Penokee, the Cimarron Grasslands in Elkhart, the Brown Grand Opera House in Concordia, the Crow's Nest in Halstead, the Mexican Fiesta in Chanute, and the Summer School in Topeka. The programs will be broadcast in Manhattan by KSAC on Fridays at 1:30, beginning April 20; and by KMAN on Saturdays at 9:30, beginning April 21. The articles will be published in most area newspapers. Hidden Places is sponsored by UFM, the Kansas Committee for the Humanities, and KSAC Extension Radio.

Manhattan Community Gardens

Do you like to garden, but don't have the space? Get a Manhattan Community Garden 20' X 20' plot for \$10-\$20 (sliding scale). Garden applications are available at the Manhattan Public Library, Douglass Community Center or UFM. Call Kay Sylvester, coordinator at 532-5866 for more information.

"Foreclosure" This film is dedicated to rural people everywhere who are in danger of losing their land, communities and way of life. Wednesday, April 4 7:30pm. Call UFM at 532-5866 for more information.

Registration

Mail-In Registration Form

ONE PERSON PER FORM • Priority Mail-In Registration Period, March 19-30
(LATE REGISTRATIONS ACCEPTED ON SPACE-AVAILABLE BASIS)

All UFM classes are offered by volunteers.

All fee income will be used to help meet UFM operating costs.

Priority Mail-In Registration Period, March 19-30

REGISTRATIONS AFTER MARCH 30 ACCEPTED ON A SPACE AVAILABLE BASIS

<p>PLEASE PRINT</p> <p>Name _____</p> <p>Street _____ Apt. # _____</p> <p>City _____ Zip _____</p> <p>Home Phone _____ Work Phone _____</p> <p>SURVEY—Please check all that apply.</p> <p>I am a:</p> <p><input type="checkbox"/> KSU Student (_____ credit hours this semester)</p> <p><input type="checkbox"/> Student Spouse <input type="checkbox"/> Fort Riley Personnel</p> <p><input type="checkbox"/> KSU Faculty/Staff <input type="checkbox"/> Townsperson (non-KSU)</p> <p><input type="checkbox"/> Faculty/Staff Spouse <input type="checkbox"/> Rural Riley County</p> <p><input type="checkbox"/> Public School Age <input type="checkbox"/> Handicapped</p> <p><input type="checkbox"/> Senior Citizen <input type="checkbox"/> Other _____</p> <p>Check here if you require class to meet in handicapped-accessible space. <input type="checkbox"/></p> <p>I would like to volunteer my skills in exchange for registration discounts. <input type="checkbox"/></p> <p>I am interested in teaching for UFM. <input type="checkbox"/></p> <p>I would like to see offered next term: _____</p> <p style="text-align: center;">UFM—532-5866</p>	<table border="1" style="width: 100%;"> <thead> <tr> <th>CLASS #</th> <th>* SEC. #</th> <th>TITLE</th> <th>CLASS FEE</th> </tr> </thead> <tbody> <tr><td>1.</td><td></td><td></td><td></td></tr> <tr><td>2.</td><td></td><td></td><td></td></tr> <tr><td>3.</td><td></td><td></td><td></td></tr> <tr><td>4.</td><td></td><td></td><td></td></tr> <tr><td>5.</td><td></td><td></td><td></td></tr> <tr><td>6.</td><td></td><td></td><td></td></tr> </tbody> </table> <p>Total class fee (see costs) _____</p> <p>Plus registration fee (see costs) Individual—\$2.00 _____</p> <p>If KSU student, list ID# here _____</p> <p>Total Due _____</p> <p>Please indicate where you obtained catalog _____</p> <p>IMPORTANT! Please read the refund policy. *e.g., Sec. I or II, etc., if indicated in description.</p>	CLASS #	* SEC. #	TITLE	CLASS FEE	1.				2.				3.				4.				5.				6.			
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Walk in:

Monday, March 19	UFM House	5pm-7pm
Tuesday, March 20	Public Library	11am-2pm
		5pm-7pm
Thursday, March 22	UFM House	7am-8am
	KSU Union	9am-2pm
Tuesday, March 27	KSU Union	9am-2pm
Wednesday, March 28	KSU Union	9am-2pm
Thursday, March 29	Public Library	11am-2pm
		5pm-7pm
Saturday, March 31	Wal-Mart	10am-12n

Late Registration: Accepted on a space-available basis.

TO REGISTER BY MAIL:

Fill out the form at left. One form per person.

Total up the class fees as listed in the catalogue. Material fee, if listed, is paid at class. Add the registration fee as it applies (see costs).

Mail your form(s) with your check to: University for Man
1221 Thurston
Manhattan, KS 66506

Receipts and locations will be mailed to you immediately. If the class is full see refund policy. (A stamped, self-addressed envelope would be appreciated.)

COSTS:

Registration fee is \$2.00 per person. If you are under 13 and your parent(s) are taking a UFM class, do not pay registration fee.

Those teaching or doing volunteer work receive fee discounts.

If you are over 60 or disabled, you are exempt from the registration fee.

If you are a full-time KSU student you are exempt from the registration fee. (An annual SGA allocation supports student participation.)

In the brochure when a fee is listed, this is the "class fee" and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

SPECIAL CHILDREN'S DISCOUNT FOR FAMILY PARTICIPATION:

If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

UFM REFUND POLICY:

Please check your calendar before you register for a class. UFM will only give a refund in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.

If you are not satisfied with a UFM teacher or class, please contact UFM at 532-5866.

DISCOUNTS FOR VOLUNTEERS:

You may work for UFM in exchange for registration discounts. Arrangements will be made on an individual basis. Call UFM at 532-5866.

UFM TEACHER CREDIT:

All current UFM teachers are entitled to fee reductions when enrolling in UFM classes in either this catalogue or in the future. UFM teacher credit can be saved up, but cannot be redeemed for cash or transferred to others. UFM teacher credit will be mailed to our current instructors. This is one way for us to say "thank you" for being a part of UFM.

RECEIPTS:

After the registration form is processed, you will receive a receipt. This is your proof of payment. UFM will retain a copy.

CLASS LOCATIONS:

When you receive your receipt, the location(s) of your class(es) will be included.

<p>PLEASE PRINT</p> <p>Name _____</p> <p>Street _____ Apt. # _____</p> <p>City _____ Zip _____</p> <p>Home Phone _____ Work Phone _____</p> <p>SURVEY—Please check all that apply.</p> <p>I am a:</p> <p><input type="checkbox"/> KSU Student (_____ credit hours this semester)</p> <p><input type="checkbox"/> Student Spouse <input type="checkbox"/> Fort Riley Personnel</p> <p><input type="checkbox"/> KSU Faculty/Staff <input type="checkbox"/> Townsperson (non-KSU)</p> <p><input type="checkbox"/> Faculty/Staff Spouse <input type="checkbox"/> Rural Riley County</p> <p><input type="checkbox"/> Public School Age <input type="checkbox"/> Handicapped</p> <p><input type="checkbox"/> Senior Citizen <input type="checkbox"/> Other _____</p> <p>Check here if you require class to meet in handicapped-accessible space. <input type="checkbox"/></p> <p>I would like to volunteer my skills in exchange for registration discounts. <input type="checkbox"/></p> <p>I am interested in teaching for UFM. <input type="checkbox"/></p> <p>I would like to see offered next term: _____</p> <p style="text-align: center;">UFM—532-5866</p>	<table border="1" style="width: 100%;"> <thead> <tr> <th>CLASS #</th> <th>* SEC. #</th> <th>TITLE</th> <th>CLASS FEE</th> </tr> </thead> <tbody> <tr><td>1.</td><td></td><td></td><td></td></tr> <tr><td>2.</td><td></td><td></td><td></td></tr> <tr><td>3.</td><td></td><td></td><td></td></tr> <tr><td>4.</td><td></td><td></td><td></td></tr> <tr><td>5.</td><td></td><td></td><td></td></tr> <tr><td>6.</td><td></td><td></td><td></td></tr> </tbody> </table> <p>Total class fee (see costs) _____</p> <p>Plus registration fee (see costs) Individual—\$2.00 _____</p> <p>If KSU student, list ID# here _____</p> <p>Total Due _____</p> <p>Please indicate where you obtained catalog _____</p> <p>IMPORTANT! Please read the refund policy. *e.g., Sec. I or II, etc., if indicated in description.</p>	CLASS #	* SEC. #	TITLE	CLASS FEE	1.				2.				3.				4.				5.				6.			
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1.																													
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NEW! UFM PHONE REGISTRATION

1. Select any UFM class/es (minimum: \$5.00)
2. Have your MasterCard or Visa number ready.
3. Call 532-5866, 8am-5pm, Monday through Friday, March 19-23 or March 26-30.

