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# University for Man

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Spring 1982



# WRITINGS

UNIVERSITY FOR MAN EXTENDS A SPECIAL INVITATION TO HANDICAPPED INDIVIDUALS IN OUR COMMUNITY WHO WISH TO ATTEND UFM CLASSES. ARRANGEMENTS WILL BE MADE TO ACCOMMODATE INDIVIDUALS WHO HAVE VISUAL OR HEARING IMPAIRMENTS, MOBILITY HANDICAPS OR OTHER DISABILITIES. YOU CAN ASSIST BY INDICATING SPECIAL NEEDS WHEN YOU REGISTER OR BY CALLING UFM AT 532-5866.

Thanks to the Manhattan Mercury and Manhattan Camera Shop for assistance in publishing this brochure.

## WHO WE ARE

The free university movement began in 1964, at the University of California at Berkeley, as an outgrowth of the Free Speech Movement. Many other free u's sprang up on college campuses across the nation. In response to a need to discuss and learn about social issues, a sense that education should be community-oriented, a belief that education is inherently democratic and the idea that students should have input into their education.

Although free u's began on college campuses, they now serve as bridges between the campus and surrounding community. Free u's attempt to serve all the people in the community - workers, homemakers, farmers, the elderly and children.

The story of University for Man (UFM) is similar. In the fall of 1966, a Kansas State University instructor gathered together some friends to create drama happenings each week. At the same time, a group was meeting in a student's home, exchanging views on society in the year 2000. Together they approached the Kansas State student government and in 1968, printed a brochure, offered seven courses and enrolled about 150 people.

Today UFM is a free university-community education organization which serves Kansas State University, Manhattan, Riley county, and numerous other areas of the State of Kansas. We create and develop all types of educational opportunities which are free of grades, credits, costs and prerequisites. Each spring, summer and fall, UFM prints a catalog, annually offering over 600 courses with about 15,000 enrollments in the Manhattan area. All courses are led by volunteers and are held in informal settings.

UFM has also been instrumental in the establishment of a drug education center, a telephone crisis intervention center, a community food co-op, programs for handicapped and elderly citizens, an alternative elementary/junior high school, an appropriate technology center, a community gardens program, and other innovative programs.

We welcome new staff members: Sandy Sandersware, Roxanne Lambert, Genevieve Remus and Mary Priest.

## Funding Sources for Local Programs

UFM Local Programs are supported by: KSU Division of Continuing Education, KSU Student Governing Association, United Way of Riley County, Kansas Farmer's Union-Green Thumb, City of Manhattan, Kansas Department of Education, Office of Adult Education, and the U.S. Office of Education, Vocational Rehabilitation.

## APPROPRIATE TECHNOLOGY

The Appropriate Technology program will be expanding its activities in 1982. Our Solar Remodeling Program will be holding 4 weekend construction workshops in March and April with two in Manhattan and two in Junction City. These "hands-on" events will be publicized and be open to those who are interested. Designs and plans will also be available.

With the hiring of an Edible Landscape Horticulturalist in January, we will begin the creation of an energy conserving, food producing landscape at 1221 Thurston. A number of classes in this catalog will be part of the program and provide people with the opportunity to learn skills and techniques that will help them be more self-reliant in food and energy. Look for lots of activity and change in the next six months as we build and plant with the funds from our Department of Energy grant. Appropriate Technology will continue to hold monthly plant sales in the Solar Addition with clients from Big Lakes Developmental Center and the Horticultural Therapy Department, so watch for ads in the local papers. Our Solar Addition has new monitoring equipment so please schedule a tour for your group or drop by during the day and see how simple and effective passive solar really is. Our woodworking co-op has added new equipment and will have a tool kit to lend out for home repairs sometime this spring. So - we look forward to a busy year with you in AT and Energy. If you have any questions, please call Bruce Snead or Alan Edgar at 532-5866.

## OUTREACH PROGRAM

UFM Outreach Program began in 1975 with the idea that the successful Manhattan program could also serve small rural communities in Kansas where educational opportunities for adults were limited.

In the intervening years, more than 40 programs have been set up in communities as large as Abilene, population 8,000, and as small as Olsburg, population 170; from Iola in the southeast to Norton in the northwest of Kansas. The programs offer noncredit classes to the general public in which citizens share their ideas, skills and knowledge among themselves.

Anyone interested in receiving further information about the UFM Outreach Program should contact Outreach Staff at 913/532-5866.

## UFM On Television And Radio

"This is UFM" is a weekly television show featuring interviews with UFM leaders on their areas of expertise. It is aired every Tuesday at 6:30pm and Friday at 5pm on Cable Channel 6. Hear the highlights of UFM activities on "The UFM Report," a public service of radio. KMKF (FM101.7) every Monday at 6:15pm.

## UFM COMMUNITY GARDENS

Wishing for a nice bunch of greens, a truly ripe tomato (one that tastes like a tomato?); trying to remember the smell of sun on a fresh-turned earth? Though the view is wintry, it isn't too soon to begin thinking about your plot in the MANHATTAN COMMUNITY GARDENS.

The average plot size is 400 square feet of space. A sliding scale fee (\$10-\$20) generates income to support the gardens. Land, water, mulch, safe pesticides, tools and horticultural advice are provided by the fee.

Pick up your garden application January 15 on at the UFM House, Douglass Community Center, Manhattan Public Library, Riley County Extension Service, or Social and Rehabilitation Services.

Community Gardens Coordinator: Bill Hoyt, 532-5866.

## THERE'S AN INVASION HAPPENING

Right now. Right here in Manhattan, Kansas.

They are friends who are here in the Manhattan area to study, to learn and to challenge many of our assumptions. These are our international friends whose presence here is one of the unique features of our community.

We were wondering how the international community sees us - how we, as a community and as a nation appear in their eyes. What are some of their most striking observations?

"People (here) are friendly," observes Betsye Villasante, who has journeyed here from her native Peru with her husband Ronald.

The Villasantes made another interesting observation about Americans in the United States. "There is a need to know about different cultures and the U.S. political system. People here don't care about politics or difficult social problems. People seem to care more in Peru because the problems directly affect so many people."

"The American public needs to be more aware as to what's happening around the world," said Santiago Emmanuel, a Ph.D candidate in Economics at KSU and president of the Phillipino Student Association.

Ghadir Razuki, a KSU sophomore in Business and past president of the Arab Student Association agreed with Emmanuel. "There is a horrendous amount of ignorance apparent as to what is happening beyond Manhattan and in the State of Kansas," said Razuki. "They (Americans) think American life is the standard all the world enjoys... that is just not the case. Sometime that is going to hit you hard in the face."

Razuki also had praise for some aspects he has observed. "American society is by far one of the hardest working. America is very efficiently business oriented...the rest of the world is foolishly jealous."

Dave Sachadeva, KSU Senior in Mechanical Engineering from New Delhi, India also lauds U.S. society on this point. "The United States is unique because of private enterprise. There are more opportunities and opportunities are very important. Government control is a feature of business in India."

But Sachadeva believes that some things have gone "too far." "Materialism is strikingly visible. American society has habits that aren't good for human society." Among the specifics Sachadeva noted are relationships based on material gains and the feat which Americans approach establishing inter-personal relationships because of the shallow bonds of personal concern.

"It's normal to think in terms of your own corn or wheat," said Abdel Abdelrahman, a graduate student in the Grain Science from El Depa Sudan in Northwestern Africa.

"In today's world with our means of communication people are interacting very widely. Things are not separated; things are connected. People complain about the price of corn, the rate of inflation...the price of oil. You can't separate culture, economic and political things from each other."

But thanks to these visitors, the world is not beyond our reach. And we do not even have to travel half-way around the world to discover the what is happening in the international realm, nor need we wait for the critical issues - the arms race, food shortages and political oppression to reach crisis levels. Many courses in this catalog will provide a forum to ask questions and to meet others knowledgeable and those seeking knowledge.

We challenge you to discover points beyond the United States this Spring.

## IT'S F.U.N. to L.E.R.N.

The Free University Network, a national organization for non-credit programs, has changed its name to the Learning Resources Network, or LERN. Working originally with free universities, the Network has expanded its activities in the past few years to reach a variety of educators in both traditional and nontraditional institutions.

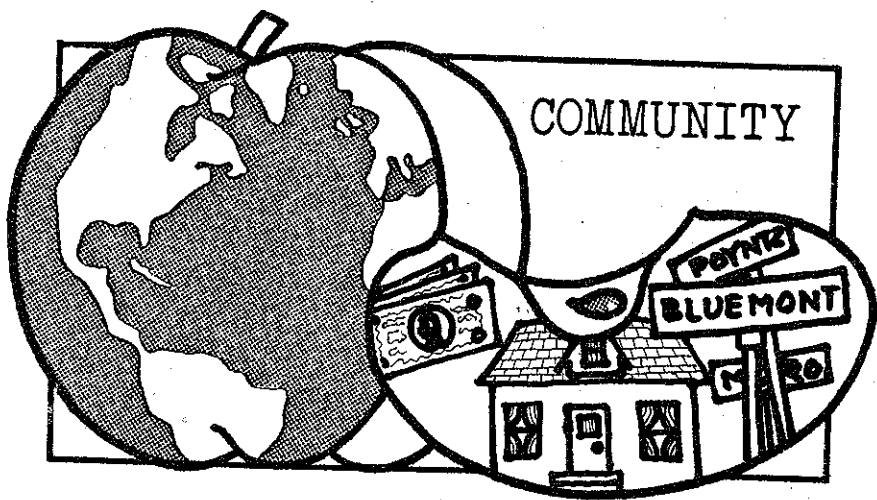
For more information contact: William A. Draves, National Coordinator, Learning Resources Network (LERN), Box 1425, 1221 Thurston, Manhattan, Kansas 66502. Phone: 913/532-5866.

## JOB OPEN AT NETWORK

ASSISTANT TO THE DIRECTOR for LERN, a national organization in adult learning. Full time position includes office managerial, secretarial and promotional duties, \$8,000-\$10,000. Deadline January 15. Write: Learning Resources Network, 1221 Thurston, Manhattan, Kansas 66502.

## VOLUNTEER POSITION OPEN

The Learning Resources Network is looking for a volunteer to work three hours a week for a minimum of five months as a Publications Analyst. The job involves analyzing publications sales, keeping records, and preparing maps on who buys our publications and from what region of the country. No experience necessary, just some enthusiasm and ability to count. For information, contact William A. Draves, Learning Resources Network, 532-5866.



For more information  
about Community,  
call Julie Govert Walter  
at 532-5866

## Lou Douglas LECTURE SERIES

Programs of The Lou Douglas Lecture Series are being planned for Tuesday evenings through February, March and April. All programs will take place in Forum Hall of the K-State Union.

If you'd like more information about these special programs focusing on the most critical issue of our time, sign up at registration - or call us. Volunteers to provide help with speaker arrangements, publicity and receptions are also needed. If you'd like to help call us at 532-5866.

THE 1982 LOU DOUGLAS LECTURE SERIES "ARMS CONTROL: SECURITY & SURVIVAL"

We will ask some hard questions:

Are the Russians real threats or objects we create to fear? Could a nuclear war really be won? Is arms reduction unreasonable or is the idea a figment of the idealist's imagination?

And what of our moral responsibilities in the expanding arms race? Are we, as U.S. citizens being asked to place national security above our ethical standards?

These will be only some of the issues explored. Plan now to join us and our invited line-up of nationally known speakers including:

Walter J. Stoessel, Jr., Under-Secretary of the State for Political Affairs, Washington, D.C.

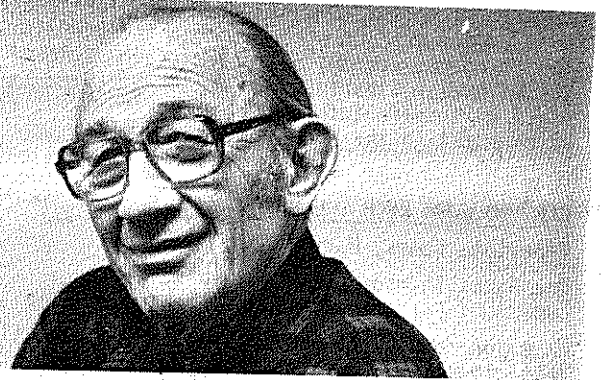
Dr. Helen Caldicott, President of Physicians for Social Responsibility, a 2,500-member national organization

Daniel Berrigan, S.J., Roman Catholic priest and peace activist

Retired Admiral Gene R. LaRocque, Director of the Center for Defense Information, Washington, D.C.

Daniel Ellsberg, anti-war activist and disarmament movement leader who released The Pentagon Papers. Contributor to *Protest and Survive*, a collection of essays analyzing the arms race.

Dr. Herbert Scoville, former deputy-director of Research at the CIA and current director of the Arms Control Association, Washington, D.C.



LOU DOUGLAS

Lou Douglas' entire life of 72 years was devoted to serving people. For over 30 years, thousands of students were touched by the wisdom, wit and kindness of this distinguished professor of political science. Lou Douglas' contributions to the political and legislative processes in Kansas are legion. While most of his work was with the Democratic Party, Lou was widely respected and admired by those of all political persuasions.

Lou Douglas was a founding member of the University for Man's Board of Directors, a position he held until his death in 1979. He spent much of his retirement time with the UFM program and provided needed counsel and support which was crucial to the development of UFM's program.

To honor Lou Douglas, the teacher, the leader, the friend, and the democratic spirit Lou inspired in those who knew him, the University for Man inaugurated the Lou Douglas Series last year. The Lou Douglas Series is an annual event which focuses on those issues and concerns to which Lou devoted his life.

## Film Series

Questions Concerning Survival: A Film Series

All films will be shown in Room 213 of the K-State Union beginning at 11:30am. Discussion of the film will follow. Bring your lunch and your friends.

Monday, January 25

"Day After Trinity" - What motivated the scientists who created the first atomic bomb? Why did J. Robert Oppenheimer advocate ending atomic weapons research? This 1-1/2 hour film will provide insight and answers through interviews with scientists who worked on the first atomic weapons research. (This film is sponsored by St. Isidore's Social Issues Group.)

Monday, February 1

"War Without Winners" - This film produced for the Center for Defense Information, Washington, D.C. analyzes the danger of nuclear war from a variety of viewpoints. Interviews with American and Russian leaders and military specialists are highlighted. (This film is sponsored by American Baptist Campus Ministries.)

Monday, February 8

"Between Men" - Is there any relationship between military "machism" and attitudes in American society? This film poses some important questions. (Sponsored by The American Baptist Campus Ministries.)

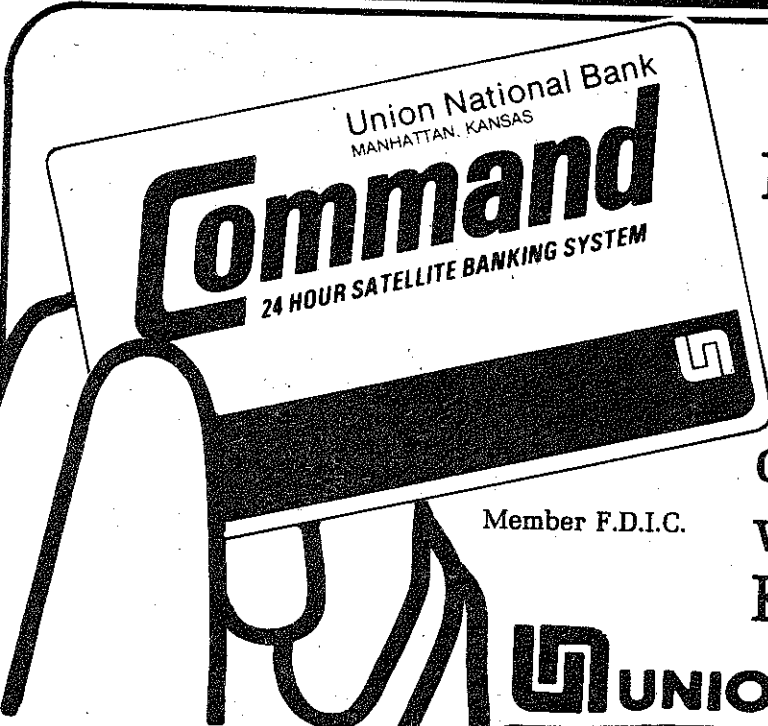
Monday, February 15

"Eight Minutes to Midnight" - Dr. Helen Caldicott believes that the world will indeed be lucky if it can avoid nuclear destruction within the next four years. This film is the story of Caldicott's struggle to inform and arouse the public of the reality of nuclear war. (Sponsored by the American Baptist Campus Ministries.)

Monday, February 22

"Survival...or Suicide" - This documentary deals with the strategic military forces of the United States and the U.S.S.R. Arms control and SALT will be topics discussed. (Sponsored by the American Baptist Campus Ministries.)

For more information contact Dave Stewart, 539-3051.



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C21

Norman E. Winter

776-4041

Section I: Tuesday, March 9, 9-10am  
Section II: Tuesday, March 30, 1-2pm  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

The McCall Pattern Company is one of Manhattan's largest businesses. You'll see the different departments and how each pattern is cut and folded. All participants will receive a free gift packet.

HOLIDOME TOUR C22

Nancy Denning

One Time: Wednesday, 10am, March 31  
Class Fee: \$1.00, pay with registration

The Holidome is here! Find out first-hand about what's inside including the indoor recreation center, meeting rooms and Burgundy Restaurant.

FLINT HILLS BREADBASKET C14

Nancy Kaiser, Marcia Schuley

776-9294 776-9157

One Time: Thursday, 7-8pm, Feb 25  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

Kansas is known as the "Breadbasket of the World" and now Manhattan has a breadbasket of its own - the Flint Hills Breadbasket. You're invited to find out about the Manhattan area's food bank and how you can be involved in this positive approach to the community's and the world's hunger problem. (Nancy and Marcia have been actively involved in the organization of the Flint Hills Breadbasket.)

VOLUNTEERISM IN MANHATTAN C15

Charlie Griffin, Volunteer Clearinghouse

Joe de la Torre, Retired Senior Volunteer Program (RSVP)

One Time: Wednesday, 7:30-9:30pm, Feb 24  
Location: Register and you will be contacted

Volunteerism offers possibilities for social action, social change, job experience, and self-renewal through the sharing of one's own time, energy and caring. The group will explore the role filled by volunteers in our community, the rewards for individuals who give of their skills and their compassion, and the changing role of volunteers in our society. The Volunteer Clearinghouse and the Retired Senior Volunteer Program staff will share information about volunteer possibilities and needs which exist in the Manhattan community.

WANT TO WORK WITH THE HANDICAPPED? C16

Genevieve Remus, Mary Priest

532-5866

One Time: Thursday, 7-8pm, Feb 4  
Location: Register and you will be contacted

Have you considered sharing your time and skills with the handicapped? This class will explain UFM's "Let's ReCreate" project which is designed to provide the handicapped individual special learning experiences in horticulture, photography, ceramics, woodworking, aerobics, dance and dramatics. Find out how you can help - you're needed! (Genevieve and Mary are co-directors of the Let's ReCreate project.)

UFM VOLUNTEER CORPS

C 41

Julie Govert Walter

532-5866

One Time: Thursday, 7:30-9:30pm, Jan 28, UFM Fireplace Rm

Want to meet people, go places, have fun and do something to help UFM too? Then you might be just who we're looking for. UFM is organizing a Volunteer Corps which will plan future UFM events, help provide us with course ideas and improve our organization and tell others about UFM. Come and learn more at this organizational meeting.

LIVING-LEARNING SCHOOL, AN ALTERNATIVE

C23

Cathy Collins & Mary Williams

776-7350

One Time: Friday, 7-8:30pm, Feb 12  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

You're invited to an informal get-together to discuss Manhattan's only alternative school for children. Find out what The Living-Learning School is - and what it is not; why it was started and why it thrives. Also find out how you can become involved. (Cathy & Mary are both teachers at the Living-Learning School and are parents of elementary school-age children.)

EDUCATIONAL ALTERNATIVES FOR CHILDREN

C17

Cathy Collins

537-0964

Mondays, 7pm, Feb 8 and 15 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

As a parent, have you ever wondered about alternatives to public schools? Home schooling, private alternative schools and cooperatives, correspondence schools and Christian schools offer alternatives. We'll talk about the alternatives at the first meeting. The second meeting will be a help-session on how to take your children out of the public school legally, where to find curriculum materials and other resources. We'll also discuss setting up a support system for those ready to take the step. (Cathy is an active member of John Holt's "Growing without schooling" network and has spoken on a panel with Holt on the topic "Home Schooling - Single Parents and Minority Groups" at Northern Illinois University. She is a teacher and a mother.)

PIECE OF MIND DISCUSSIONS

C18

Charlie Perkins

537-7699

Thursdays, 7:30-9pm First Meeting: Feb 4 Length: Ongoing  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Do you enjoy the challenge of a stimulating "intellectual" discussion? If you enjoy a vigorous exchange of ideas on topics ranging from "What's Wrong with Our Education System" to "The Cost and Benefits of a Competitive Society" join us. The direction and duration of this class will depend on decisions made at the first class. (Charlie enjoys the excitement of exchanges of intellect and is an experimental psychologist at KSU.)

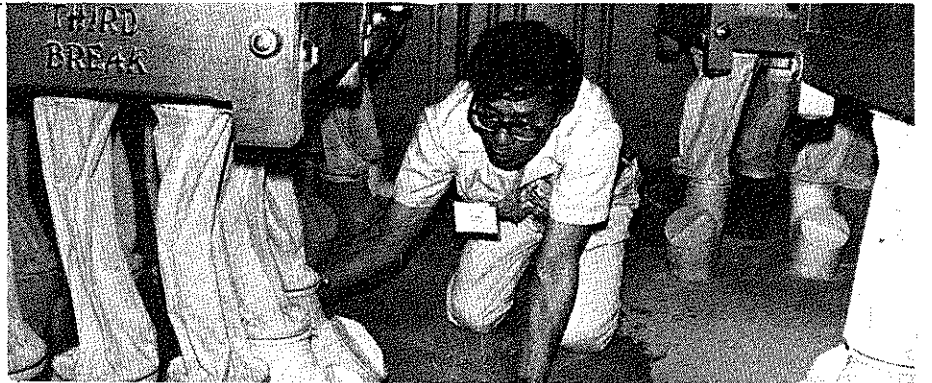
WHAT IS IT TO BE A KANSAN?

C9

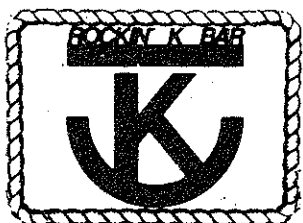
Mark Moser

One Time, Sunday 6pm, Feb 7  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

What do "Home on the Range," The Honeybee, the Meadowlark and the Cottonwood have in common? They're all official symbols of Kansas. If your ancestors have lived in the Sunflower State, you're invited to this potluck dinner where we'll enjoy good food and what makes Kansas special - people. Bring a potluck dish to share and your own table service. (Mark is a sixth generation Jayhawker from Bern, a Swiss settlement in northeastern Kansas.)



**WELCOME TO . . .**



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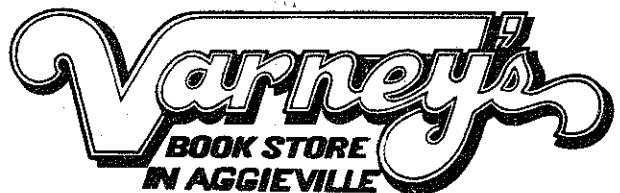
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# Money

## NOW ACCOUNTS AND OTHER PLACES FOR YOUR MONEY C24

Richard Morse

532-5515

One Time: Thursday, 7:30-9:30pm, March 25  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.00, pay at class

Your interest on savings can be tripled without inconvenience or loss of security. N.O.W. accounts, money market funds, all-saver certificates, and other alternative savings plans can get more from your money. Learn about these plans, minimum amounts needed, and where to participate. (Richard is the Chairman of the KSU Department of Family Economics.)

## SUCCESSFUL MONEY MANAGEMENT C26

Fred Freeby

537-4505

Section I: Monday, 7-9:30pm, Feb 8  
Section II: Monday, 7-9:30pm, Feb 15  
Section III: Monday, 7-9:30pm, Feb 22  
Location: Register and you will be contacted

People do not get rich making money, but by managing the money they make. This seminar takes you up the 15 steps on the stairway to financial security. Plain everyday language plus extensive use of visual aids helps assure a better understanding of what could be highly technical information. (Fred is a financial planner affiliated with Waddell and Reed, the organization sponsoring this course.)

## EVERYTHING YOU NEED TO KNOW ABOUT FINANCING A HOME C28a

Sharon O'Neal

776-4733

One Time: Wednesday, 7pm, Feb 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 30

This class will cover what you need to know to finance a home, what to look for, different types of mortgages available, how to deal with a lender and what to consider when deciding whether to rent or buy. (Sharon is a loan officer at a local savings and loan company.)

## IT'S YOUR MONEY: A FINANCIAL SERIES C27

Whether you want to know how stocks and bonds, mutual funds and money market funds work on Wall Street or want to know how IRA's and Keogh's can supplement retirement income, chances are you'll find an answer in this series of programs. These courses are led by Steve Harrison and Sherl Prawl who are registered representatives of a New York Stock Exchange member firm with offices in Manhattan.

Register for all sessions of the series for \$10.00 or register for one or more sessions for \$3.00 per session. (Please indicate session you desire to attend.) Pay with registration.

### "Investment Basics" C27-A

Thursday, 7:30-9:30pm, Feb 4

Back by popular demand, this is an opportunity to begin forming the foundation of investment fundamentals necessary for effective financial planning. Topics discussed will include money market funds, stocks, bonds mutual funds and other investment opportunities.

### "Why Investors Fail" C27-B

Thursday, 7:30-9:30pm, Feb 11

Once you have the basics where do you go next? During this session questions addressed will include: "What can I hope to get from investing?" "What risks can I afford to take?" "How do I calculate investment risk?"

### "Investing for Income Today" C27-C

Thursday, 7:30-9:30pm, Feb 18

"What will give me income now?" For those who ask this question we will discuss money market funds, bonds (corporate, government and municipal), income stocks, income-producing real estate and other alternatives.

### "Investing for Growth and/or Retirement" C27-D

Thursday, 7:30-9:30pm, Feb 25

Inflation and taxes. Both are major considerations. Discussions will cover: investing for income tax reduction through real estate, oil and gas as well as equipment leasing; retirement plans such as Keoghs and IRAs and growth through various investment vehicles.

## ECONOMIC RECOVERY TAX ACT OF 1981 C28

Kim Driesbach

532-6136

One Time: Wednesday, 7-9pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 25

How will changes in our tax laws due to the Economic Recovery Act of 1981 affect your financial picture? A general overview will be presented with particular focus on changes in the taxation of individuals and small businesses. Some familiarity with current tax laws is necessary. (Kim is a CPA with five years public accounting experience, presently an instructor in Accounting at KSU.)

## WAR TAX RESISTANCE C25

Dean Denner

776-5589

One Time: Wednesday, 7-10pm, March 3  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

Refusing to pay 50% of federal income taxes (the per cent of our tax dollar that goes toward defense) "in resistance to nuclear murder and suicide" has been called a definite step toward total disarmament by Archbishop Raymond Hunthausen of Seattle. If you, like Hunthausen, are more than merely "concerned" about our government's increased expenditures for plans, deployment and production of weapons which spell planetary annihilation, there is a peaceful way to register your opposition in a way which may impact public policy. To find out more, join us. (Dean sends the military portion of his taxes to the World Peace Tax Fund.)

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# International Interest

## HUMAN RIGHTS - YOU CAN MAKE A DIFFERENCE

C1

Jan Flora

532-5984

Thursdays, Feb 18 & March 4, (2 times) 7:30-9:30pm  
Location: Register and you will be contacted

Are you concerned about what is happening in the world today but wonder "what in the world to do?" The objective of this course is to organize a Manhattan chapter of Amnesty International and devise strategies for lobbying Kansas legislators for a pro-human rights foreign policy. Information on the situation in Central and Latin America will be contributed by the instructor. Those interested in other world regions are welcome. (Jan recently lived in Latin America and continues to travel there. He teaches rural sociology of the U.S. and developing countries.)

## INTERNATIONAL BOOK PROJECT

C5

Doris Grosh

Mondays, 7:30pm First Meeting: March 8 Length: Indefinite  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

International Book Project is a national non-profit organization which aids developing nations by providing them with "outdated" technical journals, text books and other books which are sent to schools and libraries that welcome these materials as treasures. Last fall we discovered the wealth of material waiting to be sent. This spring we will discuss ways to raise the funds to meet overseas shipping expenses. Needed: Your ideas and energy. Join us! (Doris dreams of getting those needed books and materials on their way to those who need them.)

## AN ANTIDOTE FOR NUCLEAR MADNESS

C 43

Contact UFM for more information

532-5866

Monday, 7:30-9:30pm, January 25

Are you concerned about the escalation of nuclear weapons here in the U.S. and around the world? There is something we can do. The National Nuclear Freeze Campaign combines the efforts of concerned and informed citizens with legislative action. You can make a difference. Join other concerned people at this organizational meeting and bring a friend.

## INTERNATIONAL INSIGHT

C 44

The following series of International Programs is sponsored by KSU International Student Club and UFM. All programs of this series are free and will take place at 7:30pm at the International Student Center on the K-State Campus.

"Indian Customs and Society" - Wednesday, Feb 10

Ivy Rao will describe the customs and family relationships that are part of Indian culture and society. (Ivy is a native of Southeastern India.)

"The Land Down Under" - Wednesday, Feb 24

Donna Davis will share slides and insights about the people and places of Australia. (Donna traveled to Australia in 1979.)

"Honduras" - Wednesday, March 10

Sagrario and Jorge Reyes will explain the history and geography of Honduras and Honduras' relationships with other countries of Central America. (The Reyes are KSU students from Honduras.)

"Turkey" - Wednesday, March 24

Mehmet Keskin will provide insights and information into the history and culture of Turkey. (Mehmet is a native of Turkey.)

"Peru" - Wednesday, April 14

Betsy and Ronald Villasante will discuss the economic and social problem of this mountain-high Latin American nation. (Betsy and Ronald call Peru their home.)

## DOING IT THE DUTCH WAY

C4

Christine and Maarten Van Swaay

Thursdays, 7:30-9:30pm First Meeting: March 25 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Do it the Dutch way when you travel to the Netherlands. This course will look at the history, language and customs of the Netherlands with a particular emphasis on the interests of course participants. We'll discuss some of the unique features of this country, especially Friesland which has been called "the pre-Dutch, un-Dutch province that out-dutched the Dutch in its dutchness." (Christine and Maarten still have the dutchness flowing in their veins even though they've lived in Manhattan 19 years.)

## LIBERATION THEOLOGY

C2

Arleen Cook

537-7571

Mondays, 7:30pm, First Meeting: Feb 8 Length: 4 times  
Location: Register and you will be contacted Limit: 10-12

Liberation Theology has been called a "theology for the poor and the oppressed." In this course we will study the historical development of the theology and the social and political implications in Latin America and the third world. Those interested in reading/discussion group - "tertulia" - may continue indefinitely. (Arleen graduated from KU in 1975 with a BA in Spanish and Latin American Studies and has lived in several Central American countries.)

## GREAT GETAWAYS! - A TRAVEL SERIES

C3

Time: 7:30pm

Sign up and you will be contacted for location

Avoid the mid-winter blaahs and travel with us around the world to medieval European castles, an Australian town called Alice, Peking, Shanghai and points beyond. Discover some exciting and practical travel adventures right in your own back yard. These courses are led by local travel experts who will provide you a wealth of information and travel insight.

Register for all sessions of the Series for \$10.00 or register for one or more sessions for \$3.00 per session (please indicate session(s) you desire to attend). Pay with registration.

### Europe - Thursday, Feb 4

C3A

Dreaming about Europe? Learn the least expensive way to get there, where to stay, how to get around and exciting places to visit, see and savor. You'll enjoy the slides and films.

### In Your Own Back Yard - Thursday, Feb 11

C3B

You don't have to be "stuck" in Kansas. Discover adventures waiting for you. Fun get-away trips abound in this part of the state. Join us. You're sure to find surprises right in your own back yard.

### Australia - Thursday, Feb 18

C3C

Adventure to the land down under. Discover the sophistication of Sydney, the tranquility of the Great Barrier Reef the mystery of Ayres Rock near Alice Springs (a town called Alice), Perth and more. Everything you want to know about Australian travel will be here for you.

### China: The New Travel Frontier - Thursday, Feb 25

C3D

Travel to Peking and Shanghai then on to Laoyang for a visit to Long Man Caves of a hundred thousand buddahas. Our visit will end in Zhanhengzhou. The ancient grace and modern energy of China will beckon you to the mysterious East.

### Photography Tips for Travelers - Thursday, March 4

C3E

Whether your adventures take you around the world or to the areas around Manhattan, they can always be yours in beautiful pictures. This informative session will provide you with everything you should know to take fantastic pictures when traveling.

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UNDERSTANDING NATIVE NORTH AMERICAN CULTURES

C7

Robert B. Taylor

532-6871

One Time: Tuesday, 7:30-9:30pm, April 20  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class seeks to correct some of the main misunderstandings about the lifeways of native North Americans from aboriginal times to the present and to inform the class members of some of the significant but not widely known features of their lives and cultures. The perspectives are those gained from anthropological studies. Questions and contributions from class members will be invited. (Robert is a cultural anthropologist who has taught "Indians of North America" at K-State for many years and has done research among the Zapotec of Mexico and Umatilla of Oregon.)

WHAT YOU SHOULD KNOW ABOUT REGISTRATION AND THE DRAFT

C8

Jeni Hiett

One Time: Wednesday, 7:30-9:30pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Will your moral, ethical or spiritual beliefs allow you to participate in a war which many believe is imminent? This class will help you explore your options under current laws. Those considering conscientious objection should begin documenting that claim now - you'll find out how at this class. Bring your questions and we'll discuss. (Jeni is a trained draft counselor and has many resources to share.)

HISTORY OF FARM MOVEMENTS IN THE U.S.

C10

Jim Peterson

One Time: Wednesday, 7:30pm, March 24 Limit: 25  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

"Raise less corn and more hell," was populist leader Mary Elizabeth Lease's advice to farmers in the late 1890's. We'll discuss the history and character of the populist movements in the United States and the impact they had on American agriculture past and present. (Jim is a research associate at the Land Institute - has farmed in Ohio and West Virginia and is a graduate student in History at KSU.)

FINDING A PLACE TO LIVE - OFF-CAMPUS

C29

Paul McKenna, Sally Schorey, Holly Grey

Section I: Wednesday, 7:30pm, Feb 3  
Section II: Wednesday, 7:30pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Concerned about finding an apartment for next semester? Do you know where to look; how to look? This seminar is designed to assist students planning to live off-campus next year. We'll discuss 1) the steps to follow in finding a suitable apartment, what to look for and what to look out for; 2) leases and contracts; 3) security deposits; 4) tenant's rights and responsibilities; and 5) landlord's responsibilities. (Paul McKenna is Director of Off-Campus Housing, Sally Schorey, Housing Inspector for the City of Manhattan, Holly Grey, Student Senator, KSU College of Education.)

HOME SECURITY

C30

Harold D. Sylvis

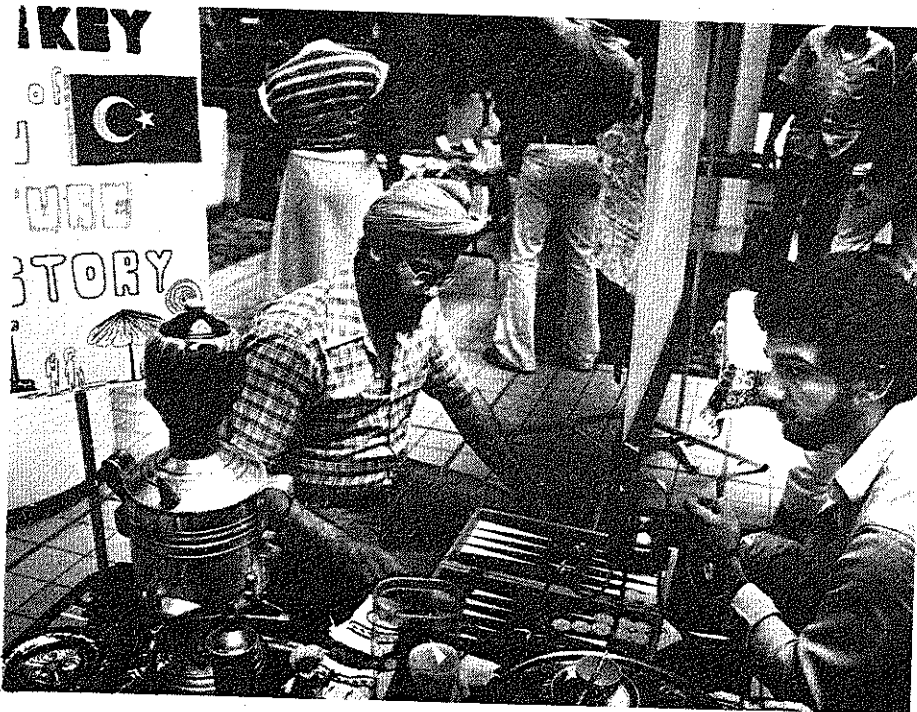
537-2112

One Time: Tuesday, 7:30-9pm, Feb 16  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 20

This program is designed to help citizens reduce the opportunity for crime. It is not about better locks, it is about locking the ones we have. About using our heads. Carelessness is often the principle cause of crimes against persons and property. This program will show how carelessness can cost the community and how the police can help the citizen in preventing crime.

KEY



ESTATE PLANNING

C 40

no number

Jim Morrison, Mike Rogers

One Time: Wednesday, 7-9:30pm, March 3  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

What's the state of your estate? This class will provide you with the essential information you need to assess your estate needs and to do a financial evaluation for estate planning purposes. Power of attorney, taxes, wills, trusts and conservatorships will be covered. (Jim, a local attorney and Mike, a local CPA are estate planning experts.)

THE TUTTLE CREEK STORY: A MOVIE AND DISCUSSION

C13

Neil Schanker

539-5766

One Time: Monday, 7:30pm, April 5  
Location: Register and you will be contacted  
Class Fee: \$2.00, pay with registration

In 1953, residents of Blue Valley produced a film in opposition to the construction of Tuttle Creek Dam by the Corps of Engineers. The film depicts how the people of Randolph, Stockdale and other affected towns worked together to oppose the project which would destroy one of the most productive and beautiful valleys in Kansas. The issues that are brought up by the film are still relevant, especially in the current discussion about the proposed Onaga Dam in Pottawatomie County. (Neil, an eight-year resident of the Manhattan area, is concerned about how we treat the environment.)

SENIOR CITIZEN DAY ON CAMPUS

C20

Kristine Young

532-5945

Senior Citizen Day on Campus is sponsored by the KSU Center for Aging and the local RSVP Chapter to make senior citizens aware of the resources available to them through Kansas State University. We will tour various parts of the campus, meet with students, faculty and staff, have a casual lunch, and sit in on one of several regular classes. If you have ideas or special interests, contact us so we can be sure to meet your wishes! After registration you will be contacted with the date and time.

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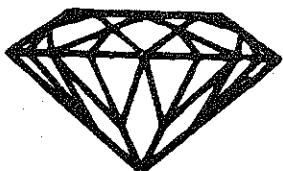
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# Women

## GET TO KNOW THE LEAGUE

C11

Nancy Knopp (and other League members)

776-0683

Section I: Thursday, 7:30pm, Feb 18

Section II: Friday, 10am, Feb 19

Location: Register and you will be contacted

Political responsibility through informed and active participation in government is what the League of Women Voters is all about. Join members of the League of Women Voters - Manhattan - Riley County for an informative session on how this nationally recognized non-partisan group works in our area. Membership information will be available at each meeting. (Nancy is membership chair of the local League.)

## THE POLITICS OF RAPE

C38

Sandy, Pat, Christie, Mary

One Time: Wednesday, 7-9pm, March 24

Location: Register and you will be contacted

On a national level, two out of every 1,000 rapists are convicted of the crime called rape. What is rape and what conditions in our society allow it to happen in our community? These questions will be addressed and we will discuss what action you can take to stop this crime from occurring. (Sandy, Pat, Christie and Mary are members of the Women Against Rape collective.)



## CLERICAL WOMEN AND WORK: OUR ROLES, OUR RIGHTS, AND OUR HISTORY C12

Are you employed as a secretary, clerk or typist? If you presently work in a clerical/office position, the following series of programs were designed with you in mind. Sponsored by Chapter 34 of the Kansas Association of Public Employees (KAPE), with the support of the Women's Studies Department at KSU, this program was made possible by a grant from the Kansas Committee for the Humanities, an affiliate of the National Endowment for the Humanities. Each presentation in this series will provide you with an opportunity to acquire a better understanding of your roles, rights and history as a working woman of today.

### "How Working Women of Today Got Where They Are"\* C12-A

Dr. M. Buddy Gray, Department of History, KSU, Keynote Speaker  
Thursday, 12noon-1:30pm, Feb 25, K-State Union, Rm 213

How does the work you perform now compare to that of women in pre-industrial times? Why does being female traditionally find you in "women's professions" - nursing, teaching, secretarial/clerical work and retail sales?

### "Secretaries, Clerks and Typists: The Evolution of Women's Jobs in the Office"\* C12-B

Dr. Sandra Coyner, Director of Women's Studies, KSU, Keynote Speaker  
Wednesday, 12noon-1:30pm, March 10, K-State Union, Rm 213

Whatever happened to the prestige connected with secretarial and clerical positions which were once primarily held by men? Why are women still viewed as "temporary" members of the workforce who provide only a "second" income? What does "equal pay for comparable worth" mean and what effect could it have on your job?

### "Unions and Our Troubled Economy: Are They a Cause or a Cure?\*" C12-C

Dr. John Exdell, Department of Philosophy, KSU, Keynote Speaker  
Dr. Roger Trenary, Department of Economics, KSU, Keynote Speaker  
Wednesday, 12noon-1:30pm, March 24, K-State Union, Rm 206

Have unions contributed to the current economic crisis through unreasonable demands? Can unions provide alternative solutions for an economic recovery? Will the bargaining demands of women have a novel impact on our economic and social life? Where does the union movement stand in the current political climate?

### "Against Their True Nature: A Historical Evaluation of the Problems American Women Have Faced Joining Unions"\*\*\* C12-D

Dr. Judy Sealander, Department of History, Wright State University, Dayton, Ohio, Keynote Speaker  
Ms. Carol Knepper, KAPE Chapter 34, KSU, Keynote Speaker  
Wednesday, 12noon-1:30pm & 7:30-9:30pm, April 21, K-State Union, Rm 213

Does joining a union mean you are shedding a traditionally passive role? What problems have confronted women when they joined unions dominated by men? What has created the recent trend for clerical workers to form unions? Do they encounter special difficulties in participating in unions by the nature of their work? What do women want from unions...money or respect? This two-part presentation will be continued in the evening.

### "Women and Work: Coping With Two Careers" \* C12-E

Dr. Frank (Skip) Saal, Department of Psychology, KSU  
Wednesday, 12noon-1:30pm, May 5, K-State Union, Rm 213

Do you work and maintain a home? What kind of stress does this place on you, your children, your marriage? How does it affect your work performance, your family income and standard of living? What can employers do to help?

### "Understanding Your Rights: The Collective Bargaining and Right-To-Work Laws" \*\* C12-F

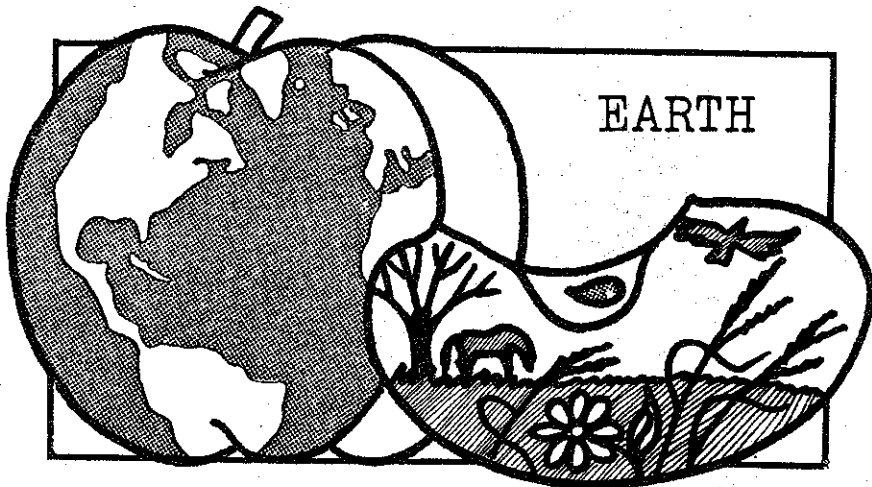
Dr. John Exdell, Department of Philosophy, KSU  
Mr. Jerry Powell, Executive Director, Public Employee Relations Board, Topeka  
Wednesday, 7:30-9:30pm, May 19, K-State Union, Rm 213

Is collective bargaining something to fear? What freedoms does the right-to-work law provide for you? What protection do you have in forming and joining unions? What conditions of employment can be negotiated?

\* KSU is extending the lunch hour by 30 minutes for those employees who wish to attend the noon hour presentations.

\*\* Free child care will be provided during the two evening presentations.

WOMEN continued on next page--



*For more information  
about Earth,  
call Neil Schanker  
at 532-5866*

**FULL MOON WALK ON THE STOCKDALE PRAIRIE (AND OPTIONAL CAMP-OUT) E1**

Neil Schanker 539-5766

One Time: Friday, 9pm, April 23 (raindate April 24)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 30

Listen to the night sounds of the Kansas prairie on a full-moon spring night. The Flint Hills natural history comes alive after dark with its plant life, nocturnal birds and mammals. Emphasis will be on listening and experiencing. Bring along a sleeping bag for the optional camp-out. (Neil enjoys a good full moon in any season.)

**HIKING TRAILS IN KANSAS E2**

Jim Nighswonger 532-5752

One Time: Wednesday, 7:30pm, Feb 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This spring, hike the beautiful hills and valleys of Kansas. We will discuss what Kansas has to offer in the way of hiking opportunities. Emphasis will be in trail locations and their unique features. Information and guides will be available for handout. Foot trails will be emphasized and canoe trails will be mentioned. (Jim is a member of the Kansas Trail Council and the Kansas Canoe Association.)

**BACKWOODS COLORADO E3**

Richard Harris 537-1383

One Time: Tuesday, 7:30pm, April 6  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Do you want to drive, hike, and camp in Colorado this summer but don't know where to go to beat the crowds? Come and get ideas (or share your own) on beautiful, yet largely undiscovered places in Colorado. (Dick has gone to Colorado once or twice a year for many years and has discovered many out-of-the-way places.)

**BACKPACKING FOR THE BEGINNER E4**

Paul R. Mathewson 539-4176

One Time: Tuesday, 7-10pm, Feb 9  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 15

We will discuss the basics of backpacking equipment to include the pack itself, frame, clothing, tents, food and cooking equipment; how to pack gear, how to fit the pack properly and how to get started in planning a backpacking trip. Participants may bring their own gear and questions about it. (Paul has backpacked in the Sierra Nevada, in Utah and in Colorado for about 5 years.)

**BACKPACKING: FOOD AND STOVES E5**

Nancy Weidhaas & Mike Braunstein 539-8505 539-9238

One Time: Wednesday, 5:30-7:30pm, Feb 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.00, pay at class

We will discuss and demonstrate several light-weight stoves available for camping. We will then cook dinner on them, sampling freeze-dried, super-market, and homemade recipes for the trail. This is for beginners or advanced packers! Bring bowl, spoon and come hungry! (Nancy and Mike like to backpack and eat well on the trail!)

**OUTING CLUB E6**

Nancy Weidhaas & Mike Braunstein 539-8505 539-9238

Wednesdays, 1st and 3rd of each month, 7:30pm, First Meeting: Feb 3  
Location: Register and you will be contacted Length: Continuing  
Class Fee: \$2.00, pay with registration

Rumored to be the outing and eating club, we enjoy getting out and hiking, biking, rock climbing, rappelling, spelunking, canoeing, skiing, back-packing, kite flying, potlucking and just having fun together.

**TALL GRASS ORIENTEERERS E7**

Dale Bryant 532-5953

Alternate Mondays, 7:30-9pm First Meeting: Feb 1 Length: Continuing  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

The Tall Grass Orienteerers are a group of people of all ages who participate in the sport of orienteering. Orienteering is a cross country running sport where the runners navigate over unfamiliar terrain using map and compass. The club will both teach beginners how to do it and will attend several weekend competitions in Kansas and Missouri. (Dale is the faculty advisor for the club and an orienteerer with about 10 years experience.)

**MEET A BALD EAGLE - RENDEZVOUS AT EAGLE ISLAND E8**

Monty Hinten 537-8871

One Time: Saturday, 8am-12noon, Feb 6  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 15

The bald eagle is more than just the symbol of the United States. It is a fascinating bird that, unfortunately, many people never have a chance to see in its natural habitat. The eagle island, a roosting site in the Kansas River south of Manhattan and Tuttle Creek reservoir affords residents of Manhattan and surrounding areas an opportunity to observe the second largest raptor in North America. (Eagle watching is one of Monty's activities and he's been at it for about 4 years.)

**PRAIRIE CHICKEN BOOM AT KONZA E9**

Monty Hinton 537-8871

One Time: Sunday, 4:30-7am, April 18  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10

The world of nature has literally hundreds of different courtships, and that of the prairie chicken is one of the most fascinating. We will observe the fascinating mating ritual of these native birds and see how the females determine which of the males are best suited for mating. Bring cameras, binoculars and jug of hot coffee, and be prepared for a surprising morning.

**BACKYARD POULTRY KEEPING E10**

A. W. Adams 532-5654

One Time: Tuesday, 7:30-9pm, March 2  
Location: Register and you will be contacted

The class will cover the selection of proper types of poultry, brooding and rearing, feeding, and marketing of eggs and poultry meat. The class content will be directed toward the small flock. (Al is an Extension Specialist in Poultry Science with 30 years experience in the poultry industry.)



**RABBIT RAISING: BUNNIES FOR ALL E38**

Suzy Klinker 539-4543

One Time: Saturday, 1-2pm, March 20  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10

Learn to raise rabbits for pets, show, meat, and your own supply of organic fertilizer. We will discuss breeds, hutches, and sanitation. (Suzy has been raising rabbits for 5 years. Her rabbits have won purple ribbons at the State Fair.)

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METAL DETECTOR OPERATION AND USES

Howard Roberts

E11

539-2423

One Time: Friday, 7:30-9pm, Feb 19  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 15

Howard will cover how to select a detector for your use. He will describe the BFO, TR and VLF machines. Included will be the procedure to follow in adjusting the detector and pinpointing the find. Tools to use and ways of extracting objects after pinpointing with the detector will be discussed. (Howard has done a great deal of metal detecting for coins, and small relics in and around the Manhattan area.)

GEOLOGY FIELD TRIP FOR BEGINNERS

Ted Geisert

E12

532-6822

One Time: Saturday, 12noon-3pm, April 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

We tend to take the ground we walk on for granted - but have you ever thought that your backyard was once at the bottom of a great ocean? In this class, which will feature a field trip to nearby locations, we will learn more about the land we live on. We'll examine rocks, minerals and fossils. This should provide a basis for participants to plan their own field trips for fun. You will need to furnish your own transportation, but carpooling is encouraged. (Ted is Laboratory Education Tech for the Department of Physics and an active astronomer and geologist.)

GEM STONES

F. C. Lanning

E39

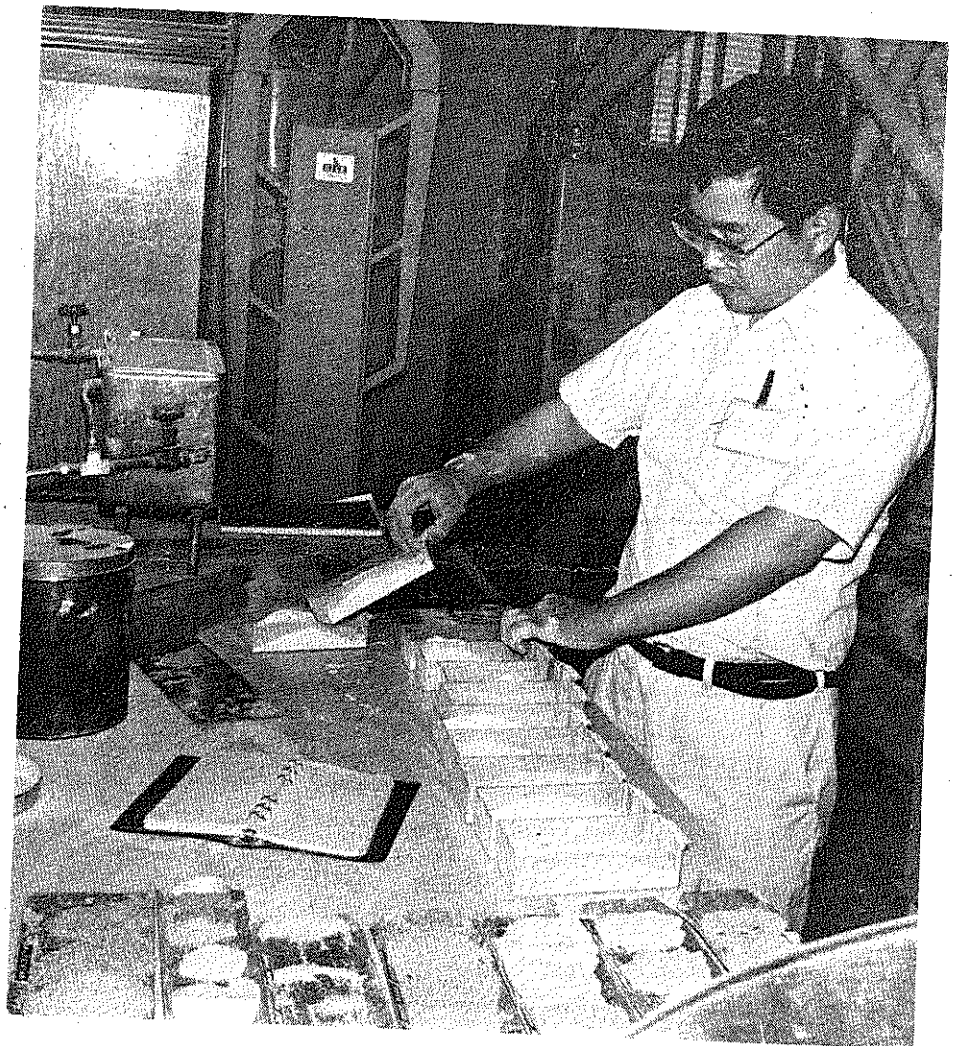
537-7599

Tuesdays, 7:30pm First Meeting: April 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay at registration

(2 times)

Limit: 20

At the first meeting Dr. Lanning will discuss gem stones and share some of his work with you. Natural, synthetic, and fake stones will be discussed with an emphasis on such properties as color, hardness, and fire which make a good gem. The second class will take you over to Willard Hall, where Dr. Lanning will demonstrate equipment and procedures for cutting stones. (Professor Lanning is a retired chemistry instructor who has shared his knowledge and experience through UFM many times before.)



STARS AND CONSTELLATIONS

E13

Tim Coughenour

776-9151

One Time: Thursday, 8-10pm, April 15 (if cloudy, April 20 or 22)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

Set your sights on the stars! Learn to recognize the spring stars and constellations. We will discuss how to keep track of the stars and planets as they move during the night and through the seasons. Among the sky objects we will observe are three planets: Mars, Jupiter and Saturn. (Tim has been a student of the stars for about ten years.)

OBSERVING DEEP SKY OBJECTS

E14

Ted Geisert

532-6822

One Time: Tuesday, 6-9pm, April 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 20

Using KSU's mobil observatory, we will spend an evening under the dark skies outside the city limits and observe a variety of galaxies, nebulae, and other wonders of the night sky.

BASIC FLY TYING TECHNIQUES

E15

Jonathan Haliscak

776-0605

Tuesdays, 7-8:30pm First Meeting: Feb 9  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Length: 3 times

Going trout fishing in Colorado this summer? This class can serve as an introduction to fly tying, covering such things as: how to tie hackles, wings, and bodies of a fly, and how to tie deer hair for "bugs" and flies. All these techniques will be demonstrated. Also to be covered will be some of the basic knots a fly tyer uses. The course will not cover pattern tying, just the basic techniques used. (Jonathan is a self-taught fly tyer and ties everything from nymphs to dry flies, streamers, and deer hair bugs.)

HORSEBACK RIDING FOR MENTALLY RETARDED YOUNG PEOPLE

E16

Suzy Sims, Lynetta Janne

539-3575

Saturdays, 9am-12noon, Feb 27, March 6 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Basic horseback riding will be taught and will include listening and coordination exercises. Grooming and horse diet will also be covered. At registration, please designate your age. (Suzy and Lynetta are members of the KSU's Horseman's Association.)

FRIENDS OF THE EARTH

E17

Neil Schanker

539-5766

One Time: Saturday, 8am, Feb 6  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

FOE, a national environmental organization promotes clean energy, clean air, wildlands and wildlife. The Kansas Chapter of FOE will hold a meeting in Lawrence to coordinate efforts to influence the state legislature. In particular, the meeting will focus on legislation affecting ground water pollution, the Kansas Energy Office and the Kansas Corporation Commission. (Neil has been an environmentalist for years.)





PLANNING YOUR SPRING GARDEN

E24

Bill Hoyt

776-7426

One Time: Monday, 7:30pm, Feb 15  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Learn how to plan now for your spring garden rather than wait until the last minute! Bill will talk about how to plan out your garden, where to order your seeds, what varieties are recommended for this area, having a productive garden from spring to fall, and many other helpful ideas. (Bill is currently coordinator of the Community Gardens.)

BARRIER FREE GARDENS

E25

Debi Hogan and Pat Camp

539-9150

One Time: Wednesday, 7-9pm, March 10  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

Through slides, handouts and discussion, we will learn methods for safer and less strenuous gardening. Container gardens, raised-bed gardens, and other adaptive techniques will be presented. Special emphasis will be placed on gardening for the elderly and disabled. (Debi and Pat are Instructors in Horticultural Therapy at KSU.)

RAISING SPRING FLOWERING BULBS

E26

Tim Lindemuth

532-6415

One Time: Saturday, 1-3pm, April 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 30

Look over more than 1,000 flowering tulips, daffodils and hyacinths at the peak of the blooming season. Learn how to plant and care for spring bulbs in your yard. Numerous bulb varieties will be discussed. (Tim has done home gardening for a number of years and has received Manhattan's Yard-of-the-Week award twice.)

PERENNIAL FLOWERS, SMALL FRUITS, AND HOW TO GET THEM

E27

Bill Hoyt

776-7426

One Time: Saturday 10-11am, May 1 (May Day)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Perennials are staging a comeback in popularity according to national garden magazines. But it's been such a long time since the last perennial boom that there's much to be relearned. Join us on May Day for a discussion and tour of a local perennial nursery. Learn about strawberries, raspberries, blackberries as well as columbines, chrysanthemums and black-eyed susans. (Bill has a M.S. in horticulture from KSU.)



## Edible Landscape Series

EDIBLE LANDSCAPE SERIES

This spring, UFM is beginning a two-year Edible Landscaping program featuring plants and planting schemes which demonstrate ways that home landscaping plans can produce more of the food for our daily diet; yet at the same time, use less energy, less water, and less labor than is typical now.

As always, we want this project to become an opportunity for people in the Manhattan area to learn some useful new skills, and discuss new ideas. Toward these ends, the Edible Landscape Series has been created and appears for the first time in this brochure. We invite you to become involved. Take some classes, and experiment around your own home with the things you learn.

PLANTING AND CARE OF DWARF FRUIT TREES AND BERRIES E19

Appropriate Technology Staff

532-5866

One Time: Saturday, 1pm, Feb 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Two dwarf fruit trees can provide more than the annual hard fruit consumption of an average American. Learn how fruit trees and berries can be incorporated into the home landscape and how to care for back yard fruit trees.

FRENCH INTENSIVE/BIODYNAMIC BEDS E20

Appropriate Technology Staff

532-5866

One Time: Saturday, 1pm, March 6  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

French intensive/biodynamic gardening began in Europe during the late 1800's. This method of vegetable production has been shown to be able to produce a year's supply of vegetables on as little as 100 sq ft of land. Discussion and hands-on experience with this method will be part of the UFM edible landscape project.

COLD FRAMES AND MINI GREENHOUSES E21

Alan Edgar

532-5866

Section I: Saturday, 9am-2pm, March 27  
Section II: Saturday, 9am-2pm, April 3 Limit: 10 each section  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Cold frames and mini greenhouses can extend the growing season from 6 to 12 months and nearly double the productivity of your garden. Class members will use recycled and new materials to build one cold frame and one mini greenhouse at the UFM House. We will provide copies of plans, materials lists and a resource list for supplies. (Alan was one of the builders on the UFM Solar Addition and will be the construction supervisor for the edible landscapes project.)

CISTERN AND DRIP IRRIGATION SYSTEMS E22

Appropriate Technology Staff

532-5866

One Time: Saturday, 1pm, April 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

With water becoming a limited resource, we must be conservative of its use in all aspects of our lives, including gardening. Cistern and drip irrigation systems conserve precious water resources and reduce time and labor demands. These systems, which will be part of the UFM edible landscape, will be discussed at length and hands-on construction of them will take place.

COMPOSTING E23

Appropriate Technology Staff

532-5866

One Time: Saturday, 1pm, April 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Compost bins are the key to conserving energy and other resources while converting a waste problem into a low-cost, effective way to restore and maintain productive soil. This class will discuss the hows and whys of composting and then construct compost bins using low-cost and recycled materials at the UFM House.



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## PRAIRIE WILDFLOWERS

E29

Gene Towne

539-0353

One Time: Saturday, 10am, May 1

Location: Register and you will be contacted

Class Fee: \$1.00, pay with registration

In this class you will not only enjoy the beauty of the Flint Hills, but will also learn the identifying characteristics of both flowering and vegetative plants. Lots of tidbit information will also be obtained. (Gene is a research assistant in Range Management and has been teaching how to identify plants for six years.)

## PRAIRIE GRASSES

E30

Gene Towne

539-0353

One Time: Saturday, 10am, May 8

Location: Register and you will be contacted

Class Fee: \$1.00, pay with registration

All grasses are not alike! Learn identifying characteristics that distinguish one grass species from another. The prairie tour will also focus on importance and interesting information on grass species common to the Flint Hills.

## FLINT HILLS WILDFLOWERS OF KONZA PRAIRIE

E31

Craig Freeman

776-1678

Section I: Saturday, 9am-11:30am, May 22 (rain date May 29)

Section II: Saturday, 1:30-4:00pm, May 22 (rain date May 29)

Location: Register and you will be contacted Limit: 20 each section

Class Fee: \$1.00, pay with registration

Ever wonder about the identity of some of those beautiful wildflowers that adorn the Kansas/Flint Hills each spring. If so, take a walk on the Konza Prairie and learn something of the identity, classification, and natural history of some of these vernal gems. (Craig is a graduate student in plant taxonomy at K-State.)

## EDIBLE WILD PLANTS

E32

Sue Maes, Max Miller

539-6609 539-3488

One Time: Tuesday, 6pm, May 11

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Before you pull or spray that weed why not find out whether it can be enjoyed in a cuisinaire style. Hundreds of unwanted or overlooked plants give excellent food value. Twenty to fifty local plants will be reviewed and displayed for the class. Next thing you know, you'll be serving stinging nettle quiche to your next dinner guest, and munching on day lily buds. Class will be re-scheduled in case of rain. (Max and Sue are a team with years of professional and amateur experience.)



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The Land Institute

Saturday & Sunday, May 29 & 30 (all day)  
 Location: Register and you will be contacted  
 Class Fee: \$1.00, pay with registration  
 Materials Fee: \$5.00, person - \$10.00, family

Combining discussion, music and new ideas, The Land Institute in Salina will sponsor a celebration of the prairie for the fourth consecutive year. This year's theme, Resettling America, will include David Ehrenfeld, author of The Arrogance of Humanism, Joan Ehrenfeld, plant ecologist, Wendell Berry, author of The Unsettling of America and Donald Worster, author of Dust Bowl and Nature's Economy. (The Land Institute is devoted to the search for sustainable alternatives in agriculture, energy, shelter and waste management.)

HOW TO PLANT A TREE

E28

Kevin Siek 537-8601

One Time: Saturday, 1:30-3pm, (date to be announced, please register)  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

We will discuss some things to consider before planting a tree. This will be followed with a tree planting demonstration and an explanation of further care the tree will require after planting. (Kevin has worked for the City of Manhattan Forestry Division for 3 years and is currently a Natural Resource Management major at KSU.)

NATURE TRAILS

E33

Kate Van Zandt 537-4610

One Time: Monday, 7pm, April 19  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

At this informal gathering we will look at specific considerations to be made for each population for whom a nature trail is designed. Considerations such as types of path coverings, seating, identification of plant materials and communication will be covered. You will have an opportunity to walk our trail at Meadowlark Hills. (Kate is the horticultural therapist at Meadowlark Hills.)

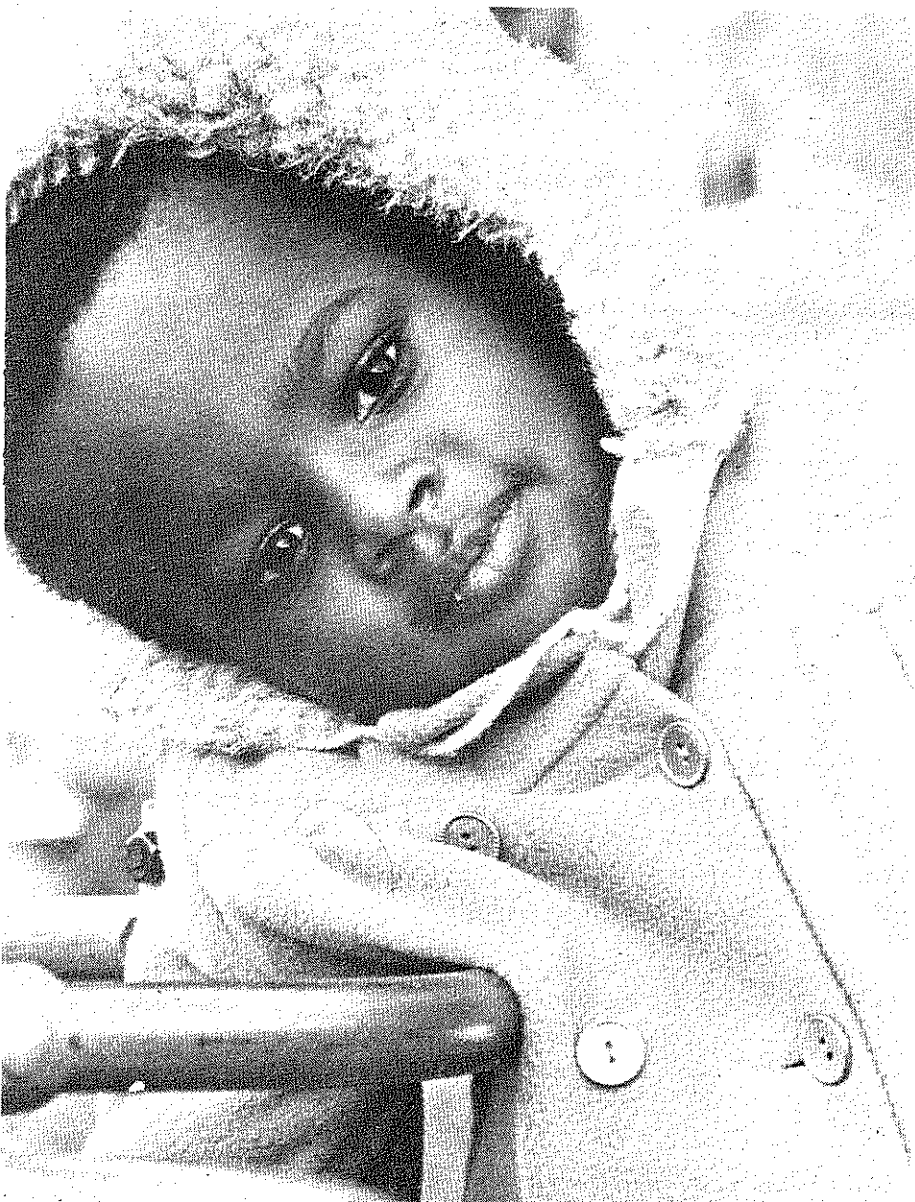
CUTTING AND PLANT EXCHANGE

E34

Ginny Patterson 293-5804

One Time: Monday, 7:30pm, April 19  
 Location: Register and you will be contacted  
 Class Fee: \$1.00, pay with registration

Have you ever wished you could trade in some of your over-abundant Swedish Ivy for a few African Violets? Well, this night is for those of you wishing to exchange the plant of which you have too many for some new ones. Bring healthy plants and cuttings in a container you don't need to have returned. (Ginny has been the UFM Solar greenhouse coordinator.)



INDOOR PLANTS

E35

Mary Priest 532-5866

One Time: Thursday, 7pm, April 1  
 Location: Register and you will be contacted Limit: 20  
 Class Fee: \$3.00, pay with registration

Are you tired of torturing your house plants? This class is designed to make your thumb turn green. We will cover basic light, temperature and growing procedures for foliage plants. Other subjects covered will be water, fertilizer, growing media, acclimation and plant shines. (Mary graduated from Mississippi State with a B.S. in Horticulture and is a graduate student in Horticultural Therapy.)

BASIC FLORAL ARRANGING

E36

Karen Medlin 537-2846

One Time: Tuesday, 7:30pm, March 16  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 10  
 Materials Fee: \$5.00, pay at class

Instead of just sticking flowers into a vase, learn the art of flower arranging. In this class, basic arrangements will be taught along with what flowers to use and where. Bring a small container and try your luck at arranging. (Karen owns and operates Westloop Floral.)

AFRICAN VIOLETS AND THEIR COUSINS

E37

Erica Clayberg 537-1796

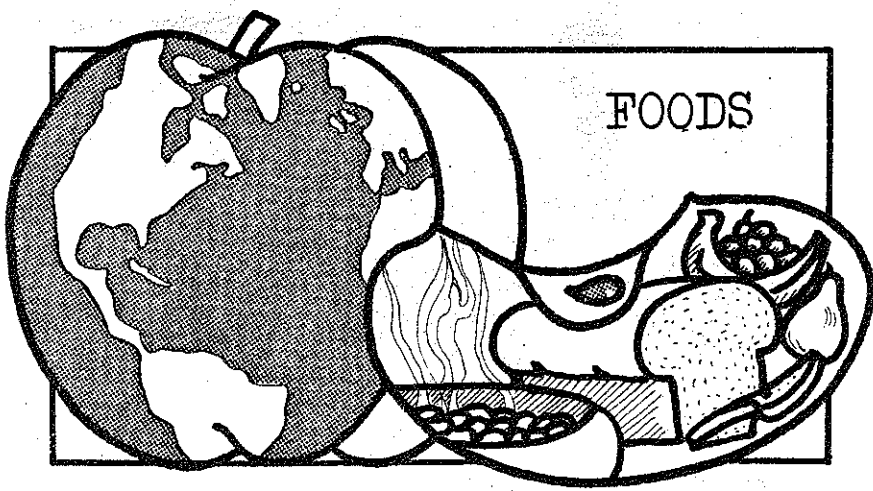
One Time: Thursday, 7:30pm, April 22  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: 50¢, pay at class

This class will introduce you to the group of many interesting and lovely violets as well as the exciting plants of the rest of the Gesneriad Family - including Columneas, Nematanthus, Aeschynanthus and Gloxinias. Slides will be shown. Some plants will be available for sale, grown in our home greenhouse. (Erica was a judge for the African Violet Society and the American Gloxinia and Gesneriad Society.)



# Energy

- ATTACHED SOLAR GREENHOUSES** AT1  
 Bill Dorsett & Dean Denner 539-1956  
 One Time: Tuesday, 7:30pm, March 2  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 15  
 Attached greenhouses can provide food, heat and additional living space for your family. We will discuss basics of passive solar energy, greenhouse design, and low-cost approaches. We will also show examples of attached greenhouses in the area. Specific design questions are welcome. (Bill and Dean have designed a number of greenhouses in the area.)
- MOBIL HOME ENERGY CONSERVATION AND SOLAR APPLICATIONS** AT2  
 Doug Walter 532-6026  
 One Time: Tuesday, 7:30pm, Feb 16  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Mobil homes are notorious for being energy inefficient. Doug is an energy expert and can tell you how to conserve your expensive energy. He will also inform you on how to use solar energy in your mobile home. (Doug is an energy extension agent at KSU.)
- PHOTOVOLTAICS** AT3  
 Bill Dorsett and Dean Denner 539-1956  
 One Time: Tuesday, 7:30pm, March 9 Limit: 20  
 Location: Register and you will be contacted Fee: \$3, pay at regis.  
 Usually overlooked in the search for new energy, these space technology chips have no moving parts, consume no fuel, produce no pollution, and can be fashioned from the second most abundant element in the earth's crust. Plan to be your own utility in 1985. (Bill has researched P/V's for 2 years as an alternative to nuclear power.)
- CAR POOL SIGN UP LIST** AT4  
 Register and you will be contacted for time and place  
 Class Fee: \$1.00, pay with registration  
 Living out of town is great but the trade-off is a large gas bill. Save money and meet new people by car pooling. Sign up at registration and specify if you come to Manhattan (or other destinations) from the north, south, east or west. We'll send you a list of people with phone numbers who come from the same direction. (Gas isn't going to get any cheaper.)
- FLAT PLATE COLLECTORS** AT5  
 Dean Denner, Bill Dorsett 539-1956  
 One Time: Tuesday, 7:30pm, March 2  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Flat plate solar collectors can be mounted on a roof or wall where they collect solar heat which can be used to heat a room or a whole house. These simple, low-cost collectors are adaptable to almost any situation, and are eligible for a 70% tax credit. This class will cover the basics of collector design and how to plan and build a low-cost system for your home. (Bill and Dean are local carpenters and featured two of their collector designs on the solar homes tour last summer.)
- RECYCLING AND YOU** AT6  
 Dean Campbell 776-2337  
 One Time: Wednesday, 7-9pm, March 3  
 Location: Register and you will be contacted  
 Class Fee: \$1.00, pay with registration Limit: 20  
 Recycling is a fast growing business in the Manhattan area, with opportunities for making money while helping to keep our city clean. This class will include discussions involving the growth, responsibilities, and future of recycling with special emphasis on individual roles that are available. We will cover aluminum, paper, bottles and other recyclable containers. Also included will be a tour and demonstration of the local recycling facilities. Refreshments will be served. (Dean is a pioneer in the recycling business.)
- HOME ENERGY AUDIT** AT7  
 Mary Neal 776-8893  
 One Time: Wednesday, 7pm, March 10 Fee: \$3.00, pay at registration  
 Location: Register and you will be contacted Limit: 30  
 Everyone would like to save money on energy bills, but where to start? Mary can show you what the important steps are in analyzing your home for energy efficiency. After you've conducted your own home energy audit you'll be able to set priorities and form an objective energy saving plan for your home. (Mary is an energy expert at KPL.)
- WOOD STOVES - HEATING AND BUYING** AT8  
 Larry Price 539-3864  
 One Time: Tuesday, 7:30pm, March 9  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 20  
 More and more homes are turning to wood for heating these days. Larry will cover the designing of wood stoves, chimney safety, and national safety codes. He can show you how to design your house to accommodate a stove and cover some basics on firewood. (Larry is a local stove retailer.)
- ENERGY TAX INCENTIVES** AT9  
 Doug Walter 537-8634  
 One Time: Monday, 7pm, Feb 22  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 20  
 Many Kansans took advantage of the generous combination of State and Federal energy tax incentives on their 1980 tax returns. Not only did they save on taxes, they're now saving money each month on their utility bills. In this class we'll discuss how you can receive tax benefits for a wide variety of energy conservation and renewable energy measures. (Doug is extension specialist for residential energy with the Energy Extension Office.)
- BE AN ENERGY-WISE HOMEBUYER** AT10  
 Alan Edgar - Bruce Snead 532-5866  
 Tuesdays and Thursdays, 7:30-9:30pm First Meeting: March 4  
 Location: Register and you will be contacted Length: 4 times  
 Class Fee: \$5.00, pay with registration  
 Materials Fee: \$3.00, pay at class  
 Before you buy or build a house you should know that just the location and orientation of your home could increase your yearly home energy consumption by 50%. Add 50% to your escalating fuel bills and multiply that by 30 years; it is easy to see why this class series is important to you. We'll cover site selection, new homes, existing homes, and a walk through evaluation of a home on the market. (Bruce and Alan don't like to pay utility bills or chop firewood and have designed solar and energy conserving homes.)
- BUS TRIP TO JEFFREY ENERGY CENTER** AT11  
 Ann Feyerharm 539-0483  
 One Time: Wednesday, 9am-2pm, April 7  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$3.25, pay at class Limit: 43  
 How do we get our power? Is it ecologically safe? Come and see for yourself. The tour of the energy center itself takes 1-1/2 hours and includes visits to the turbine room, coal storage pile, cooling towers and cooling pool. Please bring along lots of questions and your own lunch snacks. (Ann won't be teaching, but organizing. She is 1st vice president of Manhattan-Riley County League of Women Voters - also holds National Resources chair.)
- \$10 CLOCK THERMOSTAT & LOW-COST ENERGY SAVERS YOU CAN BUILD** AT12  
 Bruce Snead 537-7260  
 One Time: Thursday, 7:30-9pm, Feb 18 Fee: \$3.00 pay at registration  
 Location: Register and you will be contacted  
 Low-cost do-it-yourself energy savers will be described and plans/lists will be distributed. We will have displays on hand and show you how to save summer and winter energy dollars. (Bruce is not known for having a lack of energy.)
- EARTH/AIR COOLING TUBES** AT13  
 Bruce Snead 537-7260  
 One Time: Thursday, 7-9pm, March 25  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 15  
 Interested in a natural way to cool a new home or addition? We will review up-to-date information on earth/air systems like the one at UFM's Solar Addition. Costs, materials, performance and design concepts will be covered. There are a number of operating earth/air cooling systems in the Manhattan area. (Bruce is UFM's Appropriate Technology coordinator and lectures in architecture at KSU.)
- WINDOWS WORKSHOP** AT14  
 Kevin Patterson 1-293-5804  
 One Time: Saturday, 10am-12noon, April 10  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 20  
 Windows can account for one-third of your home's heating and air-conditioning costs. A slide show presentation on a variety of window treatments that have been installed on the UFM House will be shown as well as a general overview of the role that windows can take in your home energy savings. Bring your own ideas.



*For more information  
about Foods,  
call Kate Maxham  
at 532-5866*

**VEGETARIANISM**

F8

Tom Schultes

Tuesday, 7:30-9pm, Feb 2; & Monday, 7:30-9pm, Feb 8  
Location: Register and you will be contacted Length: 2 times  
Class Fee: \$3.00, pay with registration

Tired of feeling like an American Werewolf in London? Does the idea of a Macribb sandwich make you want to McGag? The answer - vegetables. Yes, Virginia, there are alternatives to meat protein. Do your cholesterol ridden metabolism a favor - eat something green, or yellow, orange, red - even purple!! We'll take a look at the health (not to mention economic) advantages of a vegetarian diet. (Tom enjoys vegetarian dishes and has eight years' experience in grocery business.)

**YOU, TOO, CAN DEHYDRATE FOOD**

F9

Eric Linn

537-1143

First Meeting: Wednesday, 7:30-9:30pm, Feb 24 and Monday, March 8  
Location: Register and you will be contacted Length: 2 times  
Class Fee: \$5.00, pay with registration  
Materials Fee: \$1.00, pay at class

Food drying is an ecological alternative to canning and freezing for food preservation. This method preserves more of the food's nutrients, is frequently less labor intensive and is simple to do. Beef jerky, banana chips, and zucchini will be prepared for drying. The class will sample these, as well as dried fruits and other foods. Discussion will center around recipes for using dried foods and the variety of dehydrating methods available. (Eric has dried foods for 15 years and looks forward to sharing his knowledge with the class.)

**BASICS OF BREAD**

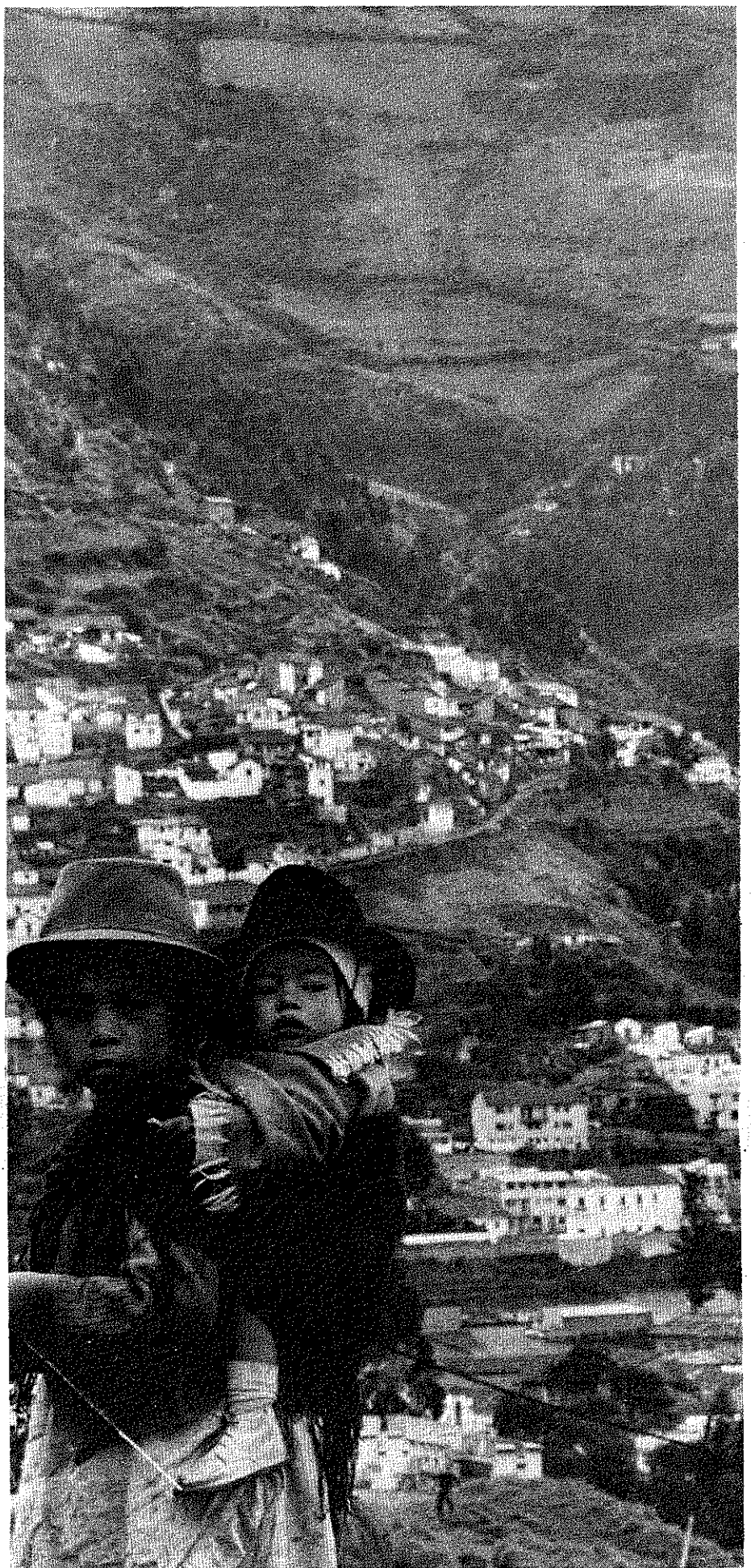
F10

Jean Johnston

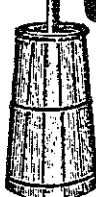


776-3292

Tuesdays, 7:30-9:30pm First Meeting: Feb 9 Length: 5 times  
Location: Register and you will be contacted  
Class Fee: \$7.00, pay at registration  
Materials Fee: \$4.00, pay at class Limit: 10

Basic bread is a class for newcomers and not-so-new newcomers who like homemade bread. Each week we will have a different type of bread demonstrated. We will start from scratch and learn the very basics of good bread and how to bake it. (Jean learned to bake bread in 4-H and has kept baking it for years.)



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COTTAGE CHEESE

F13

Ron Pauli 539-6569

One Time: 7-9pm, Feb 1, Monday  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10

Homemade cottage cheese tastes different from commercial cottage cheese, and some folks like it better. This delicious product can be made with either cow or goat milk. The class will include a demonstration of how to perform the alchemy of cheese making and then the students can sample their work. (Ron has raised dairy goats for several years and started making cottage cheese to use up surplus milk.)

BARTENDING WITHOUT ALCOHOL

F14

Laura King 532-6432

One Time: Thursday, 7:30-9pm, Feb 25  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.50, pay at class

Appealing drinks that offer an alternative to alcoholic beverages will be sampled using juices, carbonated beverages, ice cream, fruit, etc. A wide variety of non-alcoholic drink recipes and ingredients will be available for you to do your own "bartending." Bring your own recipe thoughts, a bit of imagination - and an appetite! Snacks will be provided. (Laura is interested in encouraging personal choice in individuals' drinking practices and is looking forward to sharing new and old recipe ideas.)

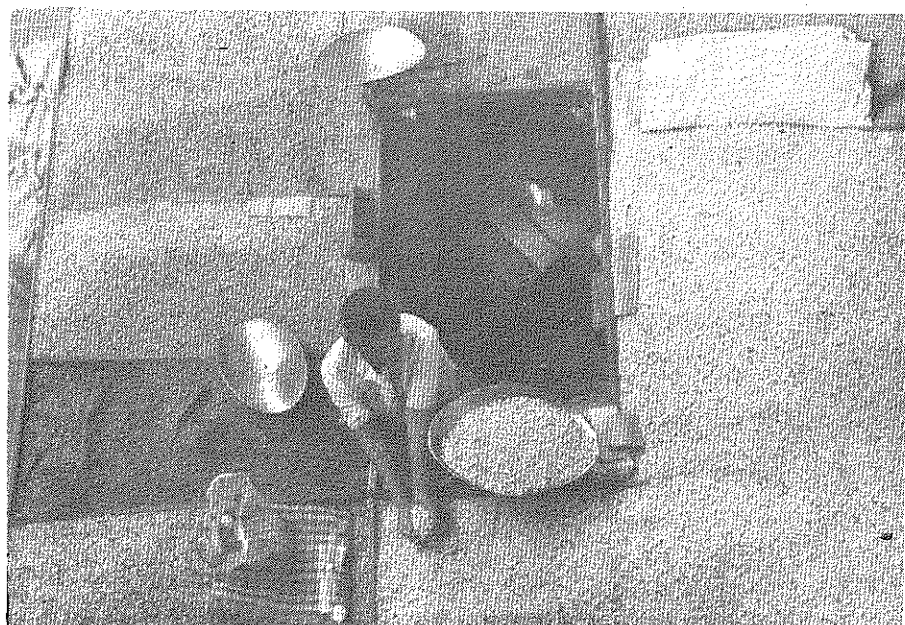
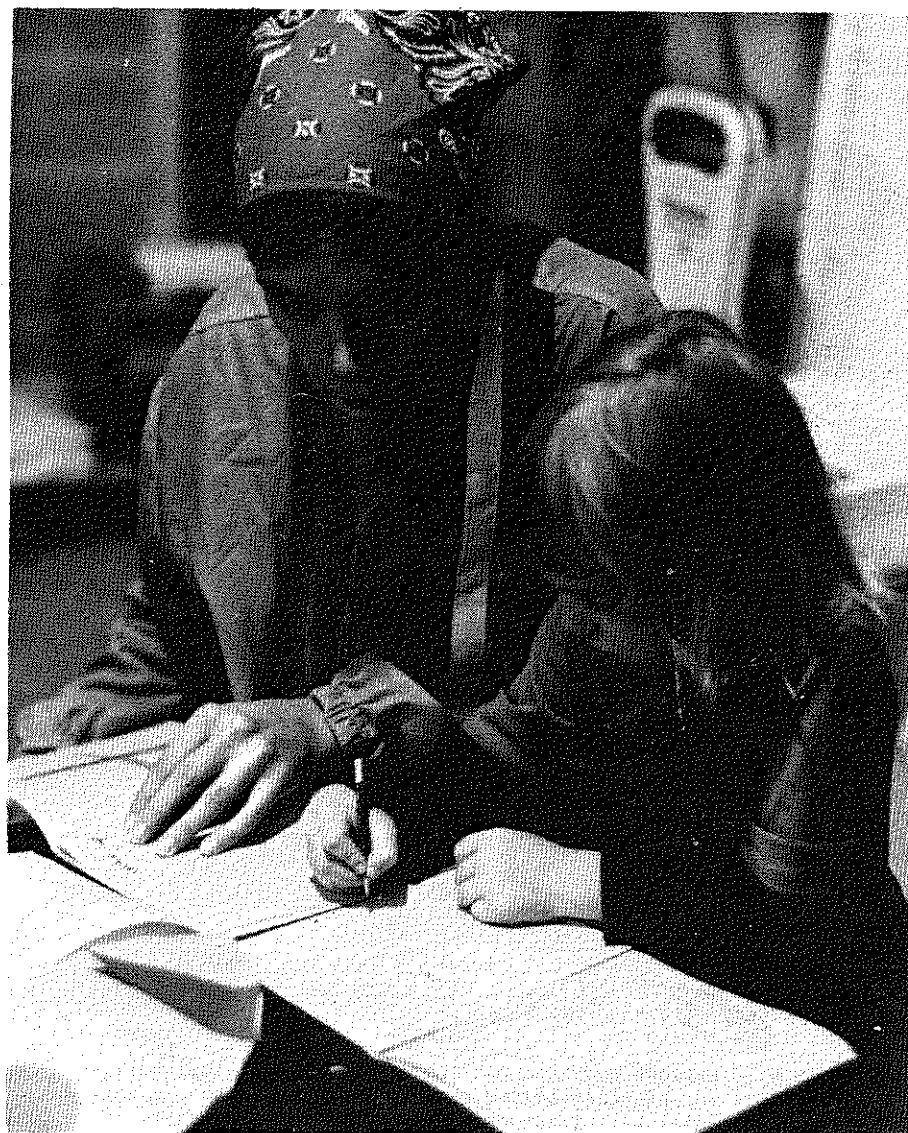
WINE APPRECIATION

F15

L. W. Davenport 539-1823

Fridays, 7-9:30pm First Meeting Feb 5 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration  
Materials Fee: \$20.00, pay at class Limit: 12

If your personal wine consultant is Aldo Cella--this class is for you! This is an unpretentious approach to wines from vine to glass (and beyond. . .). The emphasis will be on the four classes of wine; foreigns and domestics; when to serve them; and how to pick them. (Mr. Davenport tends a small vineyard, is a winemaker and a member of the Society of Wine Educators.)



CAKE DECORATING DEMONSTRATION

F21

Betty Sewell 539-2107

Mondays, 7:30-9:30pm, Feb 1 & 8 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class Limit: 8

This demonstration will cover cake decorating for weddings, Valentine's Day, Easter and birthday ideas. We will learn to make lillies, daisies, rose buds, and pansies. Then we'll enjoy cake and coffee while we exchange ideas. (Betty made her first cake when she was 5 years old.)

THE WORLD'S BEST CHEESECAKE

F22

Kate Maxham 776-0133

One Time: Thursday, 7pm, March 11  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class Limit: 8

This is it! The best taste sensation to hit the cheesecake world. Cheese lovers unite - sign up and enjoy an evening learning the knack and tasting the results. (Kate can make calories irrelevant with her taste-tempting cheesecake.)



PIE MAKING

F20

Mary K. Lickey

539-5071

Section I: Thursday, Feb 11 F20A  
Section II: Thursday, March 11 F20B  
Section III: Thursday, April 14 F20C Time: 7-9pm all sections  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class Limit: 10

This will be a basic class on the making of pie crust using the "hot water method," plus some instruction in decorative crusts and some favorite fillings. Everyone is invited to bring a copy of his/her favorite pie recipe to be traded during class. (Mary learned to make pie crust using the "hot water method" from a high school Home Economics teacher and has had great results ever since.)

NUTRITIONAL AND ECONOMICAL ASPECTS OF EATING OUT

F16

Debbie Canter

532-5521

One Time: Wednesday, 7-9pm, April 21  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

At least one, and increasingly, two meals out of three are eaten out - these are the latest statistics on the average American family. Two-career families and busy lifestyles have led to a real increase in eating away from home. In this class, we will examine the nutritional and economic effects of this phenomenon. We will look at hidden costs, influences on our taste, choice of eating places and times and will examine some local "eating-out" options. (Debbie has a PhD in Food Service Management and is a registered Dietician.)

EATING ENJOYABLY FOR LATER YEARS

F17

Daisy Atkinson

532-5773

One Time: Monday, 7:30-9:30pm, May 3  
Location: Register and you will be contacted

This class will explain body changes that affect nutritional well-being and suggestions for adapting eating patterns to meet these changes. Daisy's approach will be intragenerational (applicable from age 18 to 80). The session will be relevant for the older person, family members, and those who work with the elderly. (Daisy works in the Department of Foods and Nutrition at KSU.)

MAKING YOUR OWN BABY FOOD

F18

Helen Johnson, Barb Bowers

776-8948

One Time: Tuesday, 7-8pm, Feb 9  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Why spend your hard-earned money on all those little jars of over-processed, over-priced food for your baby. Learn simple ways to make quality nutritional foods for your baby at a fraction of the cost. (Helen has made baby food for her own daughter and has helped teach this class before.)

CHILDREN'S COOKIE CLASS (8-16 YEARS)

F19

Betty Sewell

539-2107

Mondays, 7:15-8:30pm, Feb 22 and March 1 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: 50¢, pay at class Limit: 8

We will begin with a dough making demonstration and discuss methods for brownies, sugar cookies, molasses and date nut delights. We will take home copies of the recipes and cookie samples. This class will be geared toward children's participation. (Betty is a close friend of the "Cookie Monster.")



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# Foods from around the world

## KOREAN COOKING

F1

Sunghi Brown

776-1429

Wednesdays, 10-11:30am First Meeting: April 7 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 5  
Materials Fee: \$10.00, pay at class

All oriental cooking is not the same. This class will explore the Korean style. We will present several dishes and recipes that use beef, chicken, and vegetables and look at sauces and spices used with each. Each meeting we will prepare a different dish and conclude with the pleasure of enjoying it for lunch. (Sunghi grew up in Korea and is an excellent cook.)

## SWEDISH SAUSAGE

F2

Bonnie Berggren

One Time: Wednesday, 7-9pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 6  
Materials Fee: \$3.00, pay at class

Bonnie will supervise this class as participants make Swedish sausage, called PÖTISKORV, the way her grandmother taught her. For this delicious spicy sausage, bring one pound mild, ground sausage and one pound ground beef, the rest will be furnished. (Bonnie learned to make PÖTISKORV from her Swedish grandmother.)

## CHINESE COOKING WITHOUT SWEAT

F3

Daniel Y.C. Fung

532-5654

Thursdays, 7-10pm First Meeting: Feb 11 Length: 6 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 20  
Materials Fee: \$27.00, pay at class

In 5 sessions we will learn to cook 20 Chinese dishes designed for busy people. We will use authentic ingredients in the Southern Chinese tradition with a dash of Chinese culture and philosophy thrown in. We will prepare, cook and eat. A 10-dish graduation banquet will complete the course. (Dan ate his way through Southern China and 25 countries and has been the Manhattan Mercury cook of the week - a whiz with the wok.)

## MEXICAN-STYLE COOKING

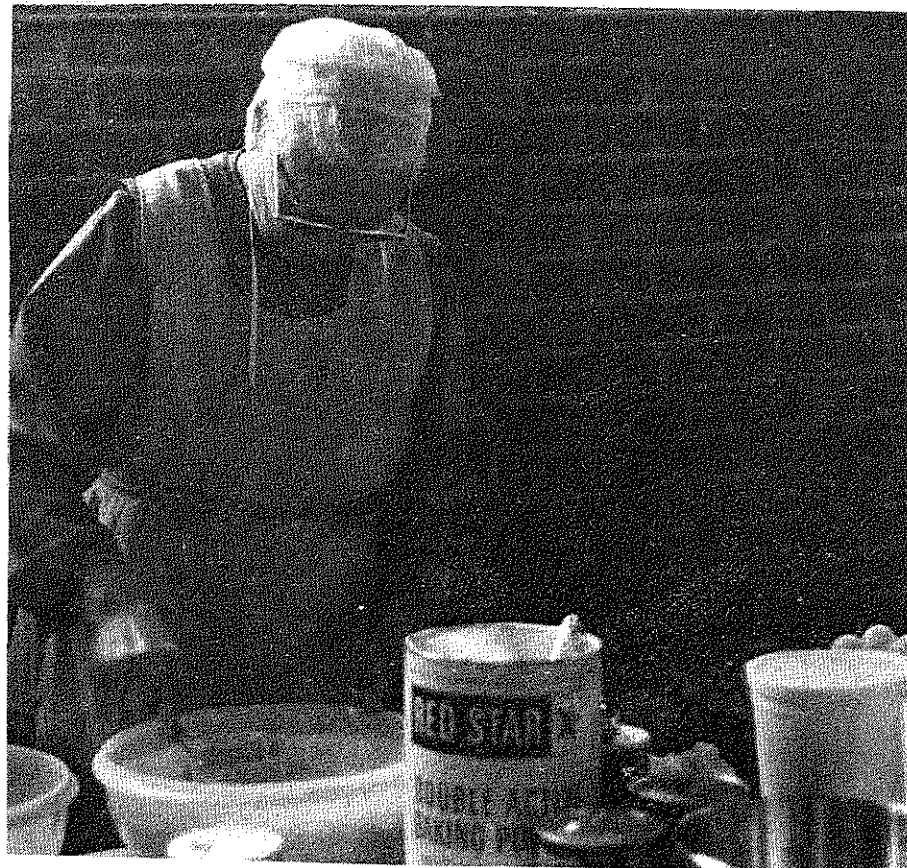
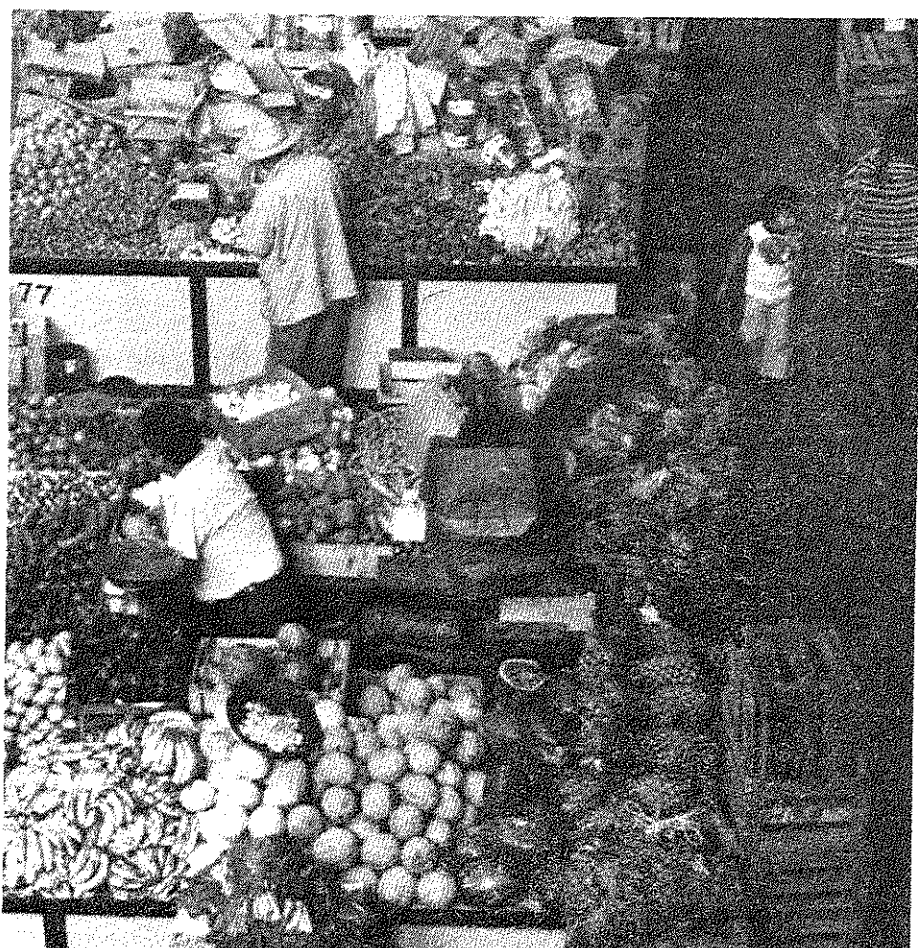
F4

Beverly J. Miller

539-2406

Wednesdays, 7:30-9:30pm, March 17, 31 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 15  
Materials Fee: \$5.00, pay at class

Spend some time enjoying Merican-style cooking; watching, working, sampling and discussing. The recipes for two complete dinners (one each meeting) will be available with the more difficult recipes and dishes being carefully demonstrated. (Having acquired a taste for Mexican food while living in Tucson, Beverly has attempted to provide her family and friends a reasonable facsimile while in Manhattan.)



## SCANDINAVIAN DELIGHTS

F5

A. Lois Redman

532-5800

One Time: Friday, 7:30-9:30pm, March 5  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 15  
Materials Fee: \$2.00, pay at class

This class has nothing to do with Liv Ullman, Britt Ekland, or Volvo - the real Scandinavian delights are Struvor, a unique, light batter cookie created with hot irons shaped like roses and butterflies; Mandelformar, a ground almond refrigerated dough pressed into molds to await a favorite filling; a Lefse, (are you ready for this) a cold, mashed potato based pastry, just this side of a pancake - and more! (Lois has lived in Scandinavia and these recipes are among her favorites.)

## WON TON

F6

Kate Maxham

776-0133

One Time: Wednesday, 7-9pm, April 21  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 8  
Materials Fee: \$1.00, pay at class

Are you looking for an interesting alternative to appetizers? This is the class for you! Excellent as an Hors D'oeuvre, side dish, or just by the plateful! Learn to make these exotic snacks in a flash - sauces to accompany them will also be discussed. (Kate enjoys the fun in making Won Tons and finds them a delicious alternative to store bought appetizers.)

## SAUERKRAUT

F7

Charles Marr

One Time: Saturday, 10-11:30am, April 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Ever want to boil cabbage, make it sour; and put it on a shelf for months - to eat in the middle of winter? Right! We all want to! Especially the next time we boil a hot dog, or whip up a quick Pastrami on rye. Why not jazz up your tastes with some homemade sauerkraut? A simple process just right for canning or freezing. (Chuck grew up on a farm where sauerkraut was made every year for 10 years.)

## BAGELS

F11

Nancy Weidhaas

539-8505

Thursday, Feb 18; Wednesday, March 10, 7:30-9:30pm (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 8  
Materials Fee: \$2.00, pay at class

This class will introduce you to the art of bagel-making. Not quite a roll, not quite a doughnut - they're a wonderful alternative that's as much fun to make as they are to eat! (Egg breads are Nancy's favorite and she loves the smell of bread in the oven.)

## TOFU MAKING

F12

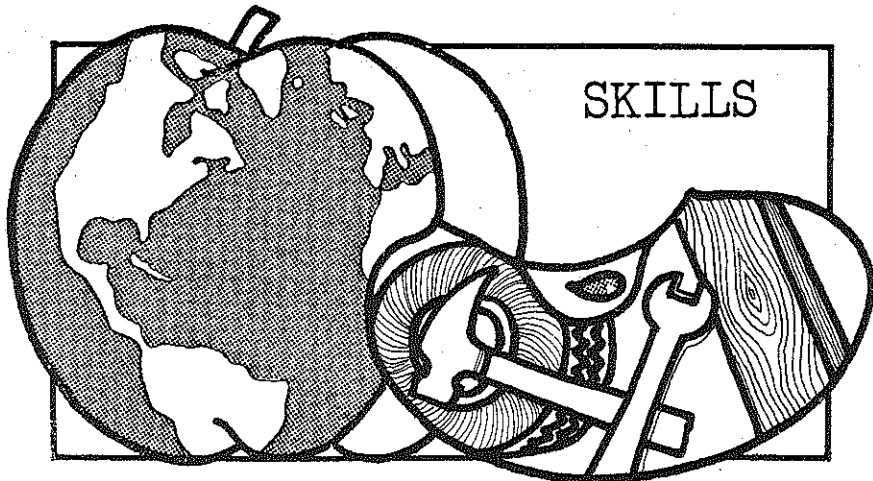
Nessa Wong

539-1888

One Time: Saturday, 1-3pm, March 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10

Learn the art of Tofu! Tofu is a high protein oriental staple made from soybeans. A demonstration of the technique of making tofu, from processing the fresh soybean and boiling, to solidifying and mold pressing for refrigeration. Nessa will offer many serving suggestions and recipes, and discuss The Book of Tofu for further reference. (Nessa grew up enjoying this Oriental staple.)





For more information  
about Skills  
call Julie Coates  
at 532-5866

SETTING UP AND MAINTAINING A FRESH WATER AQUARIUM

SK4

Jody Hackerott

One Time: Wednesday, 6-7pm, Feb 3  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

We'll discuss the method for setting up a fresh water aquarium, the different sizes of aquariums, types of filtration and the importance of beginning with quality equipment. We will also discuss the nutritional needs of fish and some basic care information. (Jody's the manager of Fountain Hills Tropical Fish Shop and has had fresh water as well as salt water aquariums of her own.)

YOU AND THE COMPUTER

SK5

Jay Elewitz

539-5216

One Time: Tuesday, 7pm, Feb 2  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 15

Computers and the need to understand them are becoming more important every day. Jay will attempt to lift the mystique from the computer by exposing the basic terms, capacities, limitations, sizes and other qualities of the various machines. With the age of home computers upon us this class will also make you a more intelligent buyer.

COMPUTER AWARENESS

SK6

Jay Elewitz

539-5216

Tuesdays, 7-9pm First Meeting: Feb 2 Length: 8 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration  
Materials Fee: \$60.00, pay at class Limit: 12

The computer will be an integral part of the future. If you'd like to become educated in the use of a computer this in-depth class can help you. This series is designed to provide a basic foundation in computer architecture, jargon, operation, and programming. Students will learn to use the basic programming language in practical hands-on exercises. Get a jump on the future. (Jay is an experienced computer programmer and applications designer, with 8 years in the field and 1 year teaching.)

HOW TO BUY A USED CAR

SK1

Ralph Currie

539-0574

Section I: Wednesday, 7-9:30pm, March 3  
Section II: Wednesday, 7-9:30pm, March 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 20 each section

Learn about important things to check for before you buy a used car. Help improve your choices of getting a good deal by knowing what to look for when you shop. (Ralph buys and sells used cars for a living.)

THINGS TO CHECK WHEN BUYING A USED MOTORCYCLE

SK2

Ralph Brooks

776-6371

One Time: Wednesday, 7:30pm, Feb 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

When spring arrives so does the irresistible urge to buy a motorcycle. Be sure you know what to look for when you buy a used bike. Ralph buys and sells used motorcycles and can show you specific things to check that will help you avoid buying a lemon. (Ralph owns a local motorcycle dealership and buys and sells them for a living.)

UP TO YOUR NECK IN HOT WATER: PLANNING AND ENJOYING A HOT TUB

SK3

David Hacker

776-1562

One Time: Sunday, 6-9pm, April 11  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10

Bring your swimming suit and towel and enjoy David's hot tub while you learn about it. The evening will include discussions on the cost of equipment and maintenance; varieties; indoor-outdoor; brochures and presentation by local hot tub dealership; medical benefits and dangers; tax benefits. A great way to discover what hot tubs are all about. (David is editor of the Manhattan Mercury and is accustomed to being up to his neck in hot water.)

BASIC AUTO BODY REPAIR

SK7

Joe Klinkner

537-9639

One Time: Wednesday, 7pm, March 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 15

This session is on the basic mechanics of repairing minor auto body problems. A discussion and hands-on session covering techniques of repairing dents, rust damage and paint loss will be included. (Joe owns a local auto body shop.)

BICYCLE MAINTENANCE

SK8

Dave Colburn

539-5639

Section I: Tuesday & Wednesday, 7-9:30pm, Feb 2 & 3  
Section II: Tuesday & Wednesday, 7-9:30pm, Feb 16 & 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class Limit: 10

In this class we will identify all the parts of a bike, explain how those parts work together, and discuss how to keep them running smoothly. (Dave has been riding, racing and fixing bikes for years and years.)



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**VIDEOTAPE BASICS**

SK12

Jerry Tatum

539-4636

One Time: Sunday, 3pm, April 11  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Home video recorders are the newest and most important innovation in home entertainment in years. If you would like to know more about them let Jerry show you the characteristics, various functions and price ranges of the different brands and models. (Jerry is manager of a local electronics dealership and a video cassette recorder expert.)

**HOME VIDEO CASSETTE EXCHANGE CLUB**

SK13

John Holcomb

532-5866

Register and you will be contacted for time, date and location  
Class Fee: \$3.00, pay with registration

Want some variety in your home videotape viewing? Taped movies and TV events are expensive so join the exchange club and swap your tapes with others on a temporary basis. Include with your registration, a list of tapes you will exchange and we'll send you a compiled list of all registrants and their tapes. Give them a call and work out your swap. (John gets tired of watching the same tapes over and over and wants some variety in his life.)

**WHY! BUILDING PERMITS**

SK14

Owen R. Jones

537-7976

Register and you will be contacted for dates, times and location

Building codes are complex and can be confusing. You'll need a permit for some projects and not others. We'll discuss when you need a permit, why you need it, how it will be inspected and how to get a permit. (Owen has worked with builders in Manhattan, remodeled houses and secured several permits from the city in the past.)

**RENOVATING OF OLDER HOMES**

SK15

T. Russell Reitz

539-4173

Register and you will be contacted for date and location

Monday, 7pm  
Class Fee: \$3.00, pay with registration

If you're thinking of renovating an older home you'll need to know some of the problems and solutions involved. We'll discuss purchasing a home, usual work required in most renovations, answers to individual cases and give you some encouragement. (Russell has renovated 25 older homes or apartment buildings - purchased and sold or rented.)



**BASIC AUTO MECHANICS**

SK10

Greg Tilley

776-4849

Tuesday & Thursday, 7:30pm, Feb 9 & 11  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Limit: 15

Why pay \$25 an hour for something you can do yourself? This class will teach you some very simple car repair procedures which can save you lots of money. Beginners only, please. (Greg is the manager at Firestone in Manhattan.)

**CHIMNEY SWEEPING**

SK17

Wilburn Coffee

776-9544

One Time: Monday, 7:30pm, April 12  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

As more people begin to heat with wood, it becomes ever more important to know the basics of cleaning a chimney. Wilbur is a professional chimney sweep and he'll show you how to check your chimney, what to look for, and the basics of how to clean it. (Wilbur owns and operates a chimney sweep business.)

**BARTENDING BASICS**

SK18

Holiday Inn

Register and you will be contacted for dates, times and location  
Class Fee: \$3.00, pay with registration

Learn the bartending basics from an expert. Be a more knowledgeable host at your next party. Bartending can be fun and this class will help you with the basics.

**STONE BUILDING**

SK19

Earl Robinson

Register and you will be contacted for dates and location  
Class Fee: \$3.00, pay with registration

Limit: 12

Stone is one of the most versatile and everlasting building materials. Building with stone is an exacting art that requires a good basic knowledge of the methods involved. Earl can give you ideas for projects once you know the basics. (Earl has years of experience and can show you how to build solidly and beautifully with stone.)

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# Woodworking

## WOODWORKING FOR BEGINNERS

W1

Dick Stater

539-9312

Tuesday & Thursday, 7:30pm Feb 16 & 18  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$2.00, pay at class

Limit: 8

This course is for those with little or no experience with tools. The proper use of hand tools, and tool safety will be stressed. Some power tools will be included. The goal will be to make a straight, square cut, drill a perpendicular hole and hammer a nail (instead of a thumb). If you decide after this class to tackle a woodworking project, you may join the woodshop co-op.

## STRIPPING FOR FUN & PROFIT

W2

Kevin & Ginny Patterson

1-293-5804

One Time: Saturday 12noon-3pm, April 10  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Limit: 15

This class will include general knowledge on stripping and refinishing furniture. Kevin and Ginny will show you their projects and the materials they use. You are welcome to bring a project you have done or wish to do. (Kevin and Ginny have done this for 2 years.)

## WOODSHOP CO-OP

W7

Dick Stater

539-9312

Tuesday, 7:30pm, Jan 26 Organizational meeting)

Location: Register and you will be contacted

Fees: \$20, semester; \$45/year, payable at registration

Limit: 30

Located in the UFM Solar addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, lathe, band saw, and most common woodworking tools. The membership fee is for equipment and facility use only. No materials are included. The mandatory organizational meeting will include instruction in safe equipment use and basic first aid. See inside back cover of brochure for further details. (Dick is the UFM workshop coordinator and professional woodworker.)



## CHAIN SAW BOWL CARVING

W3

Dick Stater

539-9312

One Time: Saturday, 1-4pm, April 24

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Watch the chips fly as you see a chain saw do the impossible: carve a finely lined bowl from a piece of firewood. Included in the demonstration will be final carving and finishing of a bowl. (Dick is a professional wood-worker and is UFM's Woodworking Co-op Coordinator.)

## LATHE WORK: BOWL TURNING

W4

Loyal "Yo" Garrels

537-2229

Register and you will be contacted for day, time and location

Class Fee: \$3.00, pay with registration

Limit: 6

An introduction to the wood lathe will be presented. Bowl turning, what-not shelving, serving trays will be demonstrated. Participants will have an opportunity to learn the safe operation of equipment and complete a small project. (Over the past 10 years Yo has created a fulfilling hobby of woodworking for himself.)

## KITCHEN CABINET DOORS

W5

Marlin Wilson

776-7949

Register and you will be contacted for day, time and location

Class Fee: \$3.00, pay with registration

Limit: 15

Using tools available in the UFM woodshop, Marlin will demonstrate for you the steps in making one beautiful kitchen cabinet door. (Marlin owns and operates a local cabinet shop.)

## SPINDLE TURNING ON A WOOD LATHE

W6

Wayne Wilson

776 -7949

Register and you will be contacted for day, time and location

Class Fee: \$3.00, pay with registration

Limit: 15

Wayne has been turning wood for many years and will demonstrate how to make beautiful, turned pieces for chair legs, candle holders and other uses. (Wayne has owned and operated a local cabinet shop in the past and is still very active in wood work.)

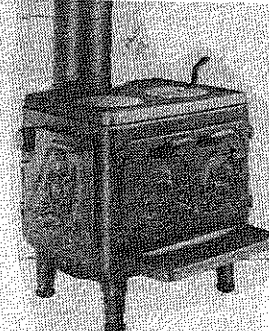


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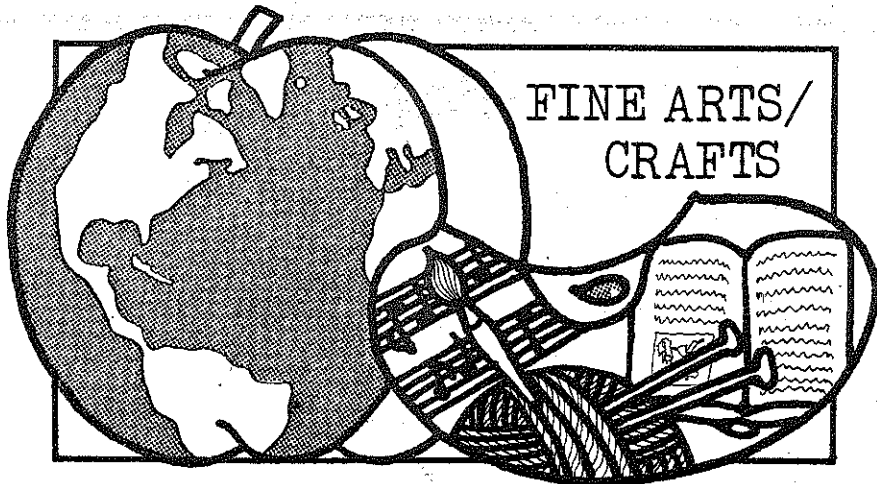
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FA 36

776-0133

Kate Maxham

One time: Monday 7-9pm, March 22  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.00, pay at class

Limit: 8

Take the only UFM class rated 4-F! In this class you will fabricate a fantastic 5"x7" rectangular frame, covered with fabric, and an oval portrait-center. We will go through the process step-by-step, from sizing and cutting the frame to stitching and gluing the fabric. All you need to bring is your favorite foto! (Kate sells many of her frames in the Manhattan area.)

**BASIC SEWING**

FA37

537-9849

Elizabeth Ann Pratt

Tuesdays, 7-9pm, Feb 2 and 9 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

Liven up your spring wardrobe with a personal touch. A simple garment will be demonstrated in class using a variety of basic sewing techniques. Members will then sew their own garment during the week and receive additional steps in simple clothing construction during the second session. (Elizabeth has been teaching sewing classes for years.)

**COUNTED CROSS STITCH**

FA38

539-3641

Kim Schumm

Tuesdays, 7:30pm, First Meeting Feb 9  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Length: 3 times

Limit: 8

Counted cross-stitch is a type of needlework using even weave fabric. Patterns and designs are created by doing a basic cross-stitch within the weave of the fabric. Class will be organized at the first meeting. This is a good chance to broaden your needlework skills. (Kim is very adept at many forms of needlework.)

**UP-DATE YOUR CLOSET**

FA39

537-7660

Fran Zerby

Tuesdays, 7:30-9:00pm, Feb 9 and 23 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 15

Do you find your closet full of clothes, but nothing to wear? Recycle those clothes by learning how to shorten, take up or alter your favorite garments so you can wear them and still be in style. Bring one garment to use as a project. (Fran is a home economist who taught clothing (sewing) and now does professional sewing for other people.)

**LET'S MAKE A T-SHIRT**

FA41

537-9849

Elizabeth Ann Pratt

One Time, Thursday, 7-9pm, Feb 4  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

Learn how to make a T-shirt to fit you! In one evening we will learn to sew on rib trim, match stripes and make ruffly finishes on a T-shirt designed for you. (Elizabeth is a certified "Stretch and Sew" instructor with many years experience in sewing with knits.)

**VARIATIONS ON LET'S MAKE A T-SHIRT**

FA42

537-9849

Elizabeth Ann Pratt

One Time: Thursday, 7-9pm, Feb 11  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

In one evening we will discuss and demonstrate many variations in T-shirt styles which are possible to achieve with the minimum amount of expense. Get all the hints on how to personalize your T-shirts. This class is for those who have taken the basic "Let's Make A T-shirt" class or who are adept at sewing T-shirts. Please bring one you have made to class.



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SUGAR EASTER EGGS

FA33

539-2697

Mrs. Hoke

Tuesdays, 6:30pm, March 23 and 30 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

With Easter coming up now's the perfect time to make a lasting gift for this special holiday. Sugar Easter eggs are beautiful and fun to make and involve molding an egg with sugar, hollowing it out when dry, putting together a scene for the inside and decorating it all with royal icing which hardens and lasts for years. Please bring these decorating tubes to the first class: tube 104; writing tube 3 & 2; leaf tube #70; star tube #16 and 19 or 20. (Mrs. Hoke taught 8 years for adult evening school at Manhattan High School and has taught UFM cake decorating in the past.)

WEAVING FOR YOUNG FOLKS

FA35

537-0964

Cathy Collins

Tuesdays and Thursdays, 6:30-8:30pm, First Meeting, Jan 12 Length: 14  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration  
Materials Fee: \$2.00, pay at class

Limit: 10

Use Cathy's looms or learn how to make your own. This class is for any young people who enjoy weaving or who would like to learn some of the basic weaves. We will make wall hangings, belts, pillows and clothes (and anything else that you would like to create.) (Cathy has been a weaver for 25 years and has been teaching weaving to children for five years. She also teaches at The Living-Learning School.)

BASIC KNITTING

FA40

776-3292

Jean Johnston

Thursdays, 7:30-9:30pm First Meeting: Feb 11 Length: 5 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Limit: 10

Do you have a special problem with your knitting or need to confer with someone who has some expertise? Perhaps you just need some individual attention in getting started. Jean can help. Jean is willing to work on a one-to-one basis with you. (Jean has 16 years of knitting experience.)

WHEAT WEAVING

FA78

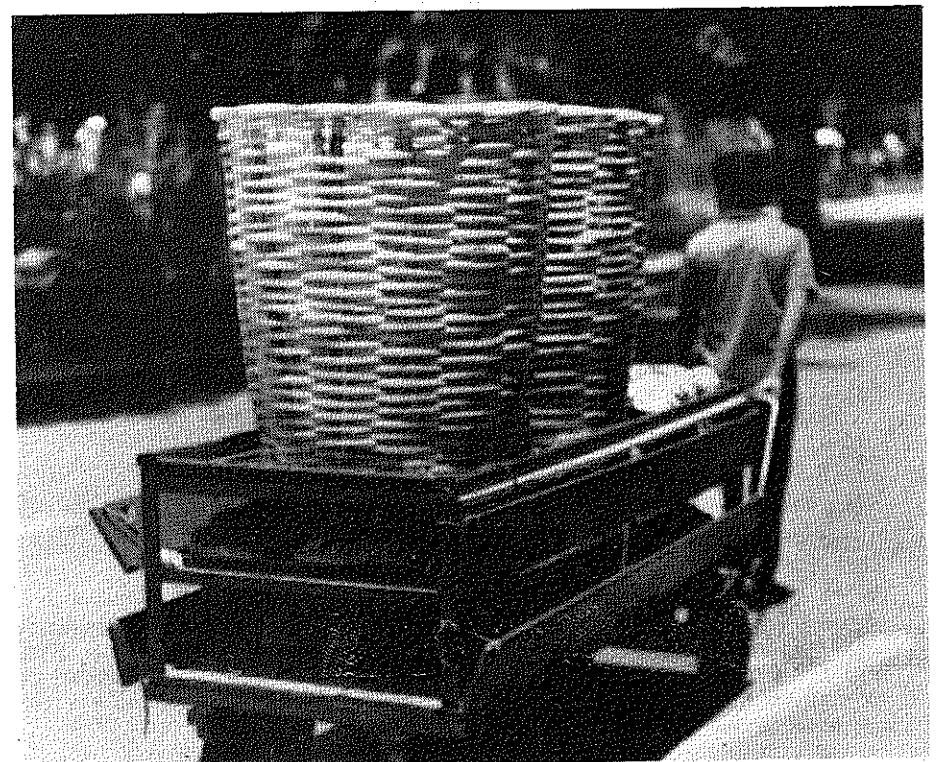
532-6583

Georgia Nonte

One Time: Saturday, 9am, Feb 13  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.00, pay at class

Limit: 10

This class will learn one weave and see several patterns demonstrated such as the house blessing, Welsh fan and others. Traditional designs and their uses through the years will be discussed. If you know an interesting design, bring it along. (Georgia has been weaving wheat for 6 years and has given demonstrations to various local groups.)



SELF-IMPROVEMENT: A PRETTIER YOU

FA 81

Nancy Bowen

Section I: Saturday, 1-4pm, Feb 6 Class fee: \$3.00 pay at regis.  
Section II: Tuesday, 7-10pm, Feb 16  
Location: Register and you will be contacted

Limit: 5

Is your skin as smooth as you'd like it to be? Are you as attractive as you wish? Learn how to care for your skin, apply makeup as naturally or as glamorously as you prefer, and how to coordinate colors in this fun and informative class! Personal consultation also available at no charge for contouring problems. (Nancy is a graduate home economist who has enjoyed helping people improve their skin and personal appearance for the past 16 years.)

PROFESSIONAL MANICURES

FA29

Judy Goodson

776-5488

One Time: Monday 7-8:30pm, Feb 15  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 8

Here's your chance to achieve the long, beautiful and healthy nails that you've always admired on everyone else but didn't think possible for yourself. Well - it is! A professional manicurist will demonstrate and help you with actual hands-on experience. You'll discuss technique used in giving a professional manicure, hand care problems, safety precautions and use of the equipment. Pamper yourself and feel great when you leave. (Judy has been a hairdresser for 10 years and is a trained manicurist.)

CREATIVE HAIR BRAIDING

FA 80

Lin Broccolo

776-4455

Section I: Monday, 7:30pm, Feb 1  
Section II: Wednesday, 7:30pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

Braiding is an easy and stylish way to wear your hair this spring. Hair stylists will demonstrate different types of braiding and knotting on each of the participants. Come enjoy yourself and learn the newest techniques so that you can do them on yourself. (Lin owns her own salon in Manhattan.)

FINE ARTS and CRAFTS

# Fine Arts Series

## CERAMIC SCULPTURE

FA11

Hope McGuire

537-4379

One Time: Saturday, 11am, Feb 13  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

We will look at slides and talk about the progression of my ceramics, dealing primarily with the sculptural aspects and various techniques and philosophies that I have experimented with in the working process. (Hope is completing a BFA in Art and has taught UFM ceramics classes in the past.)

## MATTING OF ARTWORKS ON PAPER

FA12

Roger Routson

776-0389

One Time: Saturday, 11am-1pm, Feb 20  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with regis. Limit: 12

Don't pay outrageous prices to have your favorite poster or artwork matted. You can get professional results and 10 times the satisfaction doing it yourself. The class will be a hands-on matting workshop. Each student is encouraged to bring a drawing, watercolor, poster or other work on paper that can be matted and covered with acetate during the workshop. It is the students responsibility to bring the necessary materials listed: 1) Drawing or artwork on paper; 2) 2 pieces white mat board at least 6 inches greater in length and width than image to be matted; 3) one piece .003 (or equivalent) acetate at least 12 inches greater in length and width than image to be matted; 4) masking tape; 5) mat knife (utility knife) with sharp blade; 6) metal straight edge. (Roger is Assistant Professor, Kansas State University Art Department, and teaches courses in painting and drawing.)

## APPROACHES TO FUNCTIONAL POTTERY

FA13

Gene Sievers

539-8926

One Time: Saturday 11am, March 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay at registration

This class will cover various approaches to making functional pottery - using wheelthrown and handbuilt and/or altered methods of construction. Included in the session will be demonstrations and slides of my past work along with a look at other artists' works. (Gene is currently an M.F.A. student in ceramics at K.S.U.)

## RUBBER MOLD MAKING/SCULPTURE CASTING

FA14

Bob Clore

456-2739

One Time: Saturday, 11am, April 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 12

Learn the process of making rubber molds to mass produce any type of sculptural form. It is possible with this method to make copies of any ceramics, metalsmithing or sculpture in plaster, wax, polyester resin and metal. Slides of students' work will be shown. (Bob is assistant professor, KSU Art Department and teaches Design I, II, III.)



## UFM SPRING CRAFTS FAIR

FA21

Janet S. Holcomb

532-5866

UFM holds a spring crafts fair around the beginning of May each year. It is open to any arts or crafts person wishing to participate - as space allows. Please sign up now - including your address and you will be sent a registration form and information as to time and area assignment.

## CHAIR CANING

FA30

Barbara Poresky

539-2967

Tuesdays, 7:30-9pm, First Meeting: Feb 2 Length: 6 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration  
Materials Fee: Cost of materials used Limit: 10

Do you have a chair that needs a new cane seat? Be innovative and try doing it yourself. Bring the chair to the first meeting and Barbara will get you started. She will specify materials needed and in the following sessions guide you through the steps necessary to repair your chair. (Barbara has taught this class several times before and is willing to share her skills and knowledge once again with those interested.)

## CALLIGRAPHY

Carol Ann Norris

537-8973

Section I: Mondays, 1:30-3:00pm First Meeting: Feb 8 Length: 6 times  
Section II: Mondays, 1:30-3:00pm First Meeting: April 5 (6 times)  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration  
Materials Fee: \$5.00, pay at class Limit: 4 per section

This is an on-hand experience class in learning lettering of the Roman, Old English and script forms of calligraphy. This printing skill will permit you to produce unique, attractive greeting cards, letters that grab peoples' attention and signs that stop people in their tracks. The last 3 lessons will deal with applying your new skill in the making of a 1983 calendar and greeting cards. Please bring these materials: C-0 and C-3 style Speedball point, pen holder and black India Ink. (Carol has been doing this for 15 years and designs her own cards and calendars.)

University for Man

UFM is a free university-community education organization which serves Kansas State University, Manhattan Riley county, and numerous other areas of the state of Kansas. UFM creates and develops all types of educational opportunities which are free of grades, credits and prerequisites. All courses are held in informal settings.



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# Ceramics

## INTERMEDIATE CERAMICS

FA18

Janet S. Holcomb 532-5866  
 Saturdays, 11am First Meeting: Feb 6 Length: 8 times  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$10.00, pay at class Limit: 8

We will concentrate on polishing your wheel throwing and hand building techniques while learning to make a wider variety of forms including plates, lidded containers, pulled handles. Emphasis will be placed on visual aesthetics of each piece. There will be guest artists invited, bringing slides and examples of their work. Persons should already know how to throw a basic cylinder on the wheel. (Janet has studied as a ceramics major and has taught many classes for UFM and elsewhere.)

## UFM POTTERY STUDIO CO-OP

FA19

Janet Holcomb 532-5866  
 Saturday, 1pm, First Meeting: Feb 6 (organizational)  
 Location: Register and you will be contacted Length: 8 weeks  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$10.00, pay at class Limit: 8  
 Renewal in studio co-op class - \$18.00  
 Annual membership in studio co-op - \$50.00 (3 semesters)  
 - \$30.00 (2 semesters)

This is a co-operative studio-access class open to anyone with experience who feels confident working alone. As a co-op member you will have access to the studio for four hours a week, 12-1/2 pounds of clay plus all the recycled clay you produce, kiln space, and glazes. (Janet is the pottery studio coordinator for UFM.)

## UFM POTTERS GUILD

FA20

Norm Lally 468-3696  
 The UFM Potters Guild is made up of professional potters in the Manhattan area. They usually hold two annual sales; one in the spring and one in the fall. If you would like more information, sign up and you'll be contacted. (Norm is a professional potter in Olsburg and is a member of the Guild.)

## BEGINNING CERAMICS I

FA15

Leslie Black 537-8893  
 Mondays, 7-9pm, First Meeting: Feb 1

## BEGINNING CERAMICS II

FA16

Bonnie Hamilton 539-1319  
 Tuesdays, 7:30-9:30pm, First Meeting: Feb 2

## BEGINNING CERAMICS III

FA17

Kim Kepler 532-3774  
 Wednesdays, 7-9pm, First Meeting: Feb 3

For All Classes: Length: 8 times  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$10.00, pay at class Limit: 8

These classes will explore the possibilities for creating unique and original pieces of stoneware pottery. As beginners, you will learn the many techniques for hand building clay with such exotic tools as rolling pins and balloons. You will also learn to use the potter's wheel to produce vessels of many kinds. (Leslie has taken numerous classes in the ceramic department at KSU and is very adept on the potter's wheel. Bonnie enjoys working with clay for recreation; and Kim enjoys working with clay and looks forward to sharing the fun with her class.)



## STAINED GLASS DEMONSTRATION

FA34

Bob Lindsay 776-5446  
 Section I: Monday, 7-10pm, March 29  
 Section II: Monday, 7-10pm, April 5  
 Location: Register and you will be contacted  
 Class Fee: \$1.00, pay with registration

See a demonstration of the colorful and time-honored craft of stained glass. Bob will show you the basics in constructing a window with the copperfoil and leaded techniques; cutting each pattern out of glass and fitting them together with lead or copper to make the finished project. Color your life with some beautiful stained glass that you can make yourself. (Bob is in the business of restoring old leaded stained glass windows and has been doing this for 36 years.)

## ORIGAMI - JAPANESE PAPER FOLDING

FA79

Georgia Nonte 532-6583  
 One Time: Saturday, 9:00-11:00am, Feb 27  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: 50¢, pay at class Limit: 8

Origami is the Japanese art of folding colored paper into animals and other objects. It is a very old craft passed down traditionally to younger children to increase their creativity and imagination. Come and learn this beautiful oriental skill for yourself. (Georgia has taught this class before and has been interested in all arts since she was very young.)

## CANDLEMAKING

FA52

Neil Schanker 539-5766

Section I: Wednesday 7:30-9:30pm, April 7  
 Section II: Thursday, 7:30-9:30pm, April 8  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$1.50, pay at class

After we discuss candle types, waxes, wicks, molds, colors, scents, safety and tricks of the trade, everyone can create a personalized candle. (Neil enjoys making candles and has taught this class before.)

## CREATIVE CLOCKMAKING

FA53

Steve Hall 539-5228

Section I: Tuesdays, 7-9pm, Feb 2 & 16  
 Section II: Tuesdays, 7-9pm, March 2 & 30  
 Section III: Tuesdays, 7-9pm, April 6 & 20  
 Location: Register and you will be contacted  
 Class Fee: \$5.00, pay with registration  
 Materials Fee: \$15.00, pay at class Limit: 20 each section

Clocks can have personality! Materials will be on hand for each participant to create a unique clock face of his/her own design to be incorporated into a simple box frame. Several examples and idea suggestions will be discussed. Additional quartz movements and supplies will be available. (Steve is a participant in local craft shows and enjoys creating craft items.)

## THEATRE MAKEUP

FA54

Leora R. Forstein 539-8211

One Time: Saturday 1-4pm, Feb 20  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$2.00, pay at class Limit: 15

Learn the technique of complex make-up application that can turn a beautiful face into an ogre or witch or a few simple hints of transforming small eyes into Bette Davis eyes. Wear some old clothes so we can experiment with different types of make-up on each other. (Leora is in theatre at KSU.)

## PAPER BAG COSTUMING

FA55

Leora R. Forstein 539-8211

One Time: Saturday, 1-4pm, March 27  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$1.00, pay at class Limit: 10

We will explore costumes you can create out of things you find around the house. Please bring your imagination and some old pieces of clothing that can be cut up. This is a great class to get ideas for making inexpensive and original costumes for kids.

## WATER COLOR PAINTING

FA32

Gene Ernst 776-3622

Saturday, 9:30am-8pm, March 27, First Meeting (see description)  
 Thursdays, 7:30-9:30pm, First Meeting, April 1 Length: 5 times  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$10.00, pay at class Limit: 15

The group will visit the Kansas Watercolor Society exhibit at Wichita Art Museum Saturday, March 27 as a kick-off. Then, in four regular classes on Thursday evenings, we will cover washes, composition, tools and paper, wet and dry techniques, matting and framing. We prefer intermediate and advanced watercolorists. Furnish your own brushes, paint and paper. This group will paint with guidance and demonstrations by Ernst. (Gene is a member of the Kansas Watercolor Society and has had recent exhibits in Manhattan, Wichita, and Crested Butte.)

# Dance

## FLINT HILLS FOLKDANCE FELLOWSHIP FA60

Kathy Miller, Enid Cocker 539-1650 539-6306  
 2nd & 4th Sundays, 7:30-9:30pm First Meeting: Feb 14 Length: Ongoing  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Several local dancers will present a wide variety of dances from all over the world. Every session will include instruction and review. No prior experience is necessary, and all ages are welcome. (The presenters have danced with college, recreational and exhibition groups and have taught for clubs, recreational dance camps, and university workshops.)

## COUNTRY WESTERN SWING DANCE FA61

Charlie Clack Length: One time  
 Section I: Tuesday, 7pm, Feb 2  
 Section II: Tuesday, 7pm, Feb 9  
 Section III: Tuesday, 7pm, Feb 16  
 Location: Register and you will be contacted Limit: 10 couples  
 Class Fee: \$3.00 per person, pay with registration

Hey - cowboys and cowgirls - round your friends up to learn the sharp moves, spins, dips, turns, and slides done in country western swing. A fun evening out dancing will give us a chance to romp and stomp to some great music.

## COUNTRY WESTERN SWING DANCE FA62

Ellen Johnson 539-5483  
 Tuesdays, 7pm First Meeting: Feb 23 Length: 3 times  
 Location: Register and you will be contacted Limit: 10 couples  
 Class Fee: \$7.00 per person, pay with registration

Hey - cowboys and cowgirls - round your friends up to learn the sharp moves, spins, dips, turns, and slides done in country western swing. A fun evening out dancing will give us a chance to romp and stomp to some great music. (Ellen is a member of K-Laires at KSU and has taught swing classes for UFM in the past.)

## INTERMEDIATE BELLY-DANCE FA63

Rasha 776-1644  
 Mondays, 7-9pm First Meeting: Feb 8 Length: 8 times  
 Location: Register and you will be contacted Limit: 10  
 Class Fee: \$10.00, pay with registration

Get a taste of the Near East and learn the Candle Dance and the dances of the Ghawazee. You will use zills (finger cymbals) and veils and eventually create your own dance routine learning to refine your movements and flow with the music. (Rasha has been dancing professionally for four years.)

## DANCE SAMPLER FA64

Sidney Pudwill  
 Thursdays, 6:30pm First Meeting: Feb 4 Length: 8 times  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration Limit: 20

Come and learn different forms of dance all in one class. You will get a sample of 2 weeks ballet, 2 weeks tap, 2 weeks modern and 2 weeks of jazz. Leotards and tights are the preferred wear but if unavailable, please wear shorts and T-shirts. Please bring hard soled shoes to class. (Sidney dances and tours with a dance company from Manhattan.)

## DANCING FOOLS FA 76

Linda Gross 1-494-2812  
 One Time: Saturday, 7pm, Feb 6 (organizational)  
 Location: Register and you will be contacted  
 Class Fee: \$1.00, pay with registration

Have you been swing dancing for a year or more? Would you like to take your dancing seriously but can't find a serious partner or partners? Help form a new group, Dancing Fools, interested in getting together often and practicing. **THIS IS NOT A CLASS**, just for people interested in being better dancers. (Linda teaches swing dance in Manhattan and dances for the fun of it.)

## MOVEMENT AWARENESS FA 77

Susan Warden  
 Wednesdays, 7:30-8:30pm, Feb 3 & 10  
 Location: Register and you will be contacted  
 Class Fee: \$5.00, pay with registration

A firm background in dance technique is not important. You need only an interest in spontaneity and exploration of communicating through movement. This will be a non-inhibiting approach to movement. (Susan has taught this class before for UFM and is professor of dance at K-State.)

## SOCIAL

### COUNTRY SWING

Sec. I: Fri. 5:30-6:30 p.m., 8 weeks, \$28.  
 Sec. II: Fri. 8:30-9:30 p.m., 4 weeks, \$14.  
 For all ages, couples and singles. Have fun and learn this year's most popular dance steps. Country Swing, Cotton-eyed Joe, and Polka are included in this course.  
 Rosalie Landoll is a certificated ballroom instructor.

### SLOW DANCIN' (BALLROOM)

Sec. I: Fri. 7:30-8:30 p.m., Sec. II: Sun. 5-6 p.m.  
 8 weeks, \$28/person  
 For all ages, couples and singles. Learn all of these steps: East Coast Swing; West Coast Swing; Tango; Waltz; Rumba; Cha-Cha; Jitterbug; Foxtrot; and more.  
 Rosalie Landoll has years of ballroom teaching experience.

### Junior High - Country Swing & Ballroom

Fri. 4-5 p.m., 8 weeks, Cost: \$28.

### High School - Country Swing & Ballroom

Sun. 4-5 p.m., 8 weeks, Cost: \$28.  
 Bring a friend or come by yourself, have some fun, and learn dance steps that everyone is dancing these days. Learn these popular steps: East Coast Swing; West Coast Swing; Cotton-eyed Joe; Country Swing; Slow Dancing; Jitterbug, and much more.  
 Rosalie Landoll is a certified ballroom instructor.

## EXERCISE

### "BUMPS & GRINDS"

Mon. & Wed. 6:30-7:30 p.m., 8 weeks, \$40.  
 Shape up, stay fit and have fun at the same time! You'll enjoy this twice weekly class and look forward to coming each time. Warm up, do exercises for strengthening flexibility, and do routines to music.  
 Janice Kessler is a Dance graduate and needs this class to stay fit too.

## JAZZ

### Jazz for Adults

Tues.: 5:30-6:30 p.m., 8 weeks, Cost: \$28.  
 Let go, feel good and learn "all that jazz" with this beginning class in jazz techniques. Learn body isolation, rhythmic movement sequences to jazz music, and much more. You'll walk out of this class feeling jazzy.  
 Phyllis Andrews is a KSU dance graduate and loves to move.

### Jazz for Teens

Thurs.: 4:00-5:00 p.m. 8 weeks. Cost \$28.

## TAP

### Tap for Adults & Teens

Thurs. 5:30-6:30 p.m. 8 weeks. Cost \$28.

## Susan Warden Dancers DANCE CLASSES

## BALLET

### Ballet for Adults

Tues. & Thurs. 6:30-7:30 p.m., 8 weeks, \$28  
 For those who have never had ballet before, or did and forgot most of it. Experience the challenge and exhilaration of this classical form of dance. Beginning technical skills and short combinations of ballet steps.  
 Jean Dickinson is a Mt. Holyoke dance graduate.

### Ballet for Teens

Mon. 4-5 p.m., 8 weeks, \$28  
 Your body can move with grace and style when you learn these easy exercises. A technique class with beginning skills and steps.  
 Jean Dickinson is a Mt. Holyoke dance graduate.

### Intermediate Ballet

Mon. & Wed. 5-6:30 p.m., 4 weeks, \$36  
 A technique class for adults and teenagers who have already had at least one year of ballet training. Point work for more advanced students.  
 Janice Kessler is a Temple University (Philadelphia) dance graduate.

## MODERN

### Modern for Adults and Teens

Fri. 6:30-7:30 p.m., 8 weeks, \$28.  
 Tap a well of creativity you have left unexplored and experience the excitement of modern dance. A technique class emphasizing body awareness and using different styles to music.  
 Susan Warden is a KSU professor of dance.

**ALL CLASSES START THE WEEK OF JANUARY 18 AND TAKE PLACE AT OUR DANCE STUDIO AT 210A HUMBOLDT (ABOVE LORDS AND LADIES, HUMBOLDT SQ., 3rd & HUMBOLDT).**

Registration is easy. BY PHONE: Call 539-6336. BY MAIL: Mail the form below to: Susan Warden Dancers, 719 Osage, Manhattan, KS 66502. WALK IN: Saturday and Sunday, Jan. 16 & 17, 12-4 p.m., at Susan Warden Dancers Studio, 3rd & Humboldt, Humboldt Square, above Lords & Ladies.

Bring a friend and register now!

Questions? Call 539-6336.

Late Registration Fee: \$2.

## CHILDREN'S CLASSES

### CREATIVE MOVEMENT/ PRE-BALLET

Pre-School (4 & 5 yr. olds) Sat. 9-10 a.m., 8 weeks, \$28.  
 Elementary (6 & 7 yr. olds) Sat. 10-11 a.m., 8 weeks, \$28.

Let your child experience the joys of spontaneous movement and learn the basics of ballet. Provides fundamentals for future dance classes as well as basic coordination and grace.  
 Sidney White Pudwill is a KSU Dance Graduate.



### CHILDREN'S BALLET I

For ages 8-10 Sat. 11-12 a.m., 8 weeks, \$28.  
 Give your child the opportunity to experience the joy and physical discipline of classical ballet. Emphasis on correct body training and alignment useful in gymnastics as well as future dance classes.  
 Sidney White Pudwill is an experienced children's ballet teacher.

### CHILDREN'S BALLET II

For ages 10-13 Wed. 4-5 p.m., 8 weeks, \$28.  
 For children who have already acquired some basic ballet fundamentals. Continuation of ballet basics in preparation for pointe work.  
 Molly Magee is a KSU Dance Graduate.

## Registration Form

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Classes: \_\_\_\_\_

Total Amount Enclosed: \_\_\_\_\_



TUTORING CONVERSATIONAL ENGLISH

FA56

Donna Davis

532-6448

Section I: Tuesdays, 7-8pm, one time Feb 2  
Section II: Thursday, 7-8pm, one time Feb 4  
Location: Register and you will be contacted

Are you interested in tutoring international students or their spouses in conversational English? No special training is required, only that you are sensitive to people from other cultures. Volunteers will be given a description of the Conversational English Program and plenty of ideas for each tutoring session. (Donna is Assistant Foreign Student Advisor and coordinates the Conversational English Program at the K-State International Student Center.)

PRINCIPLES OF ARABIC LANGUAGE

FA57

Hassan Almana

537-2376

Thursdays, 7-8pm First Meeting: Feb 4 Length: 3 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 8

For Americans, the Arabic language is very important because there are many American companies in Saudi Arabia who prefer to employ people knowing the language. It will be important to know in the next decade because of the economic and political situations occurring between our 2 countries. (Hassan is a masters degree candidate in Food Science and a native Arabic speaker.)

BEGINNING FRENCH

FA58

Ali Moussavi

539-0360

Monday, Wednesday, Friday, 7-8pm First Meeting: Feb 1 Length: 18 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 10

Voulez-vous parler francais? This course will teach words and phrases used in everyday conversation. We'll learn to read simple narratives and give written and verbal response. We will also take a look at the French culture. (Ali is a reader of French classics, especially of Hugo & Racine.)

SIGN LANGUAGE : TO HEAR A HAND

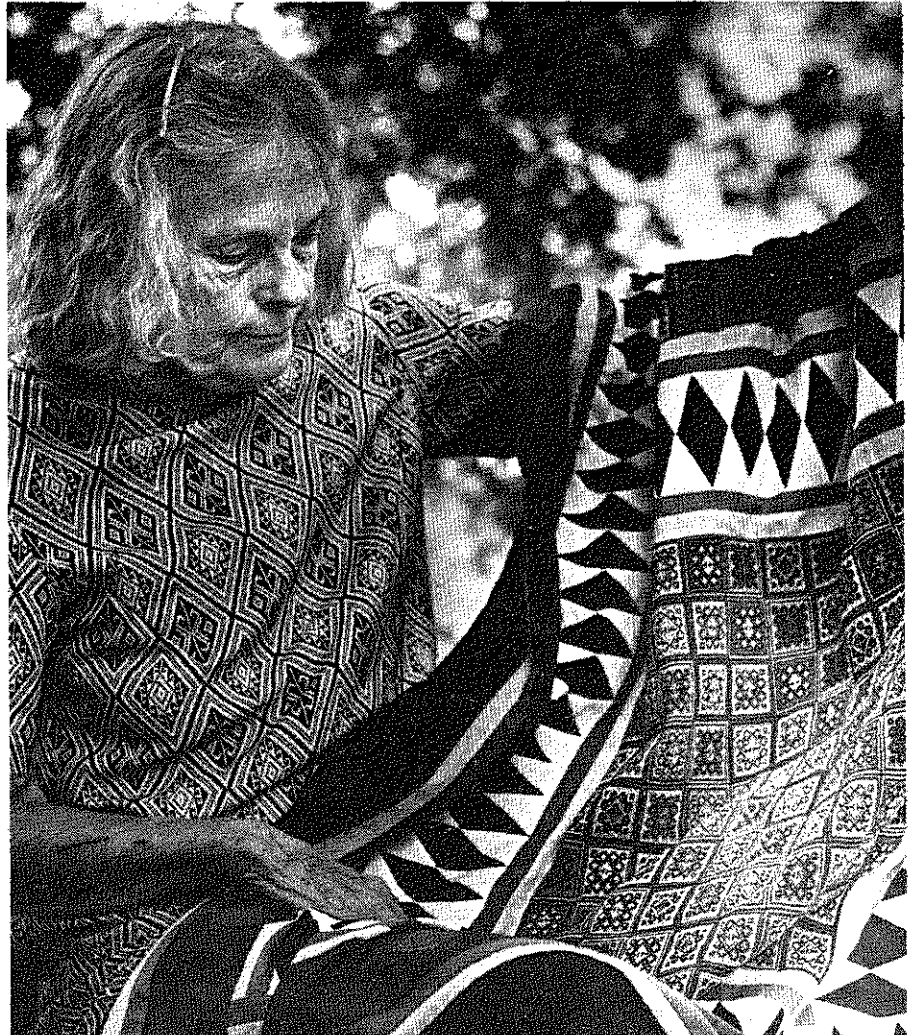
FA 31

Dan McAnarney

537-4270

Tuesdays & Thursdays, 2:30-3:30pm, First Meeting: Feb 2 Length: 20 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration  
Materials Fee: \$6.00, pay at class Limit: 25

"Your lightest word in hand lifts like a butterfly, or folds in liquid motion..." (Dorothy Miles.) For most deaf people in the United States, American Sign Language, created by the deaf for themselves - is the natural, most expressive, and most comfortable form of communication. Linguists' studies over the past two decades have shown that ASL is a true and separate language, not modeled on any spoken language, fully capable of communicating complex ideas and information. But ASL "speaks" to the eyes, not the ears. Students will learn the basics of American Sign Language. We will concentrate on the manual alphabet, numbers, simple sentences and conversation, plus having some fun. There is an optional but highly recommended text available for about \$6. (Dan has taught sign language several times before.)



PARLIAMENTARY PROCEDURE IN ACTION

FA49

R. J. Dickens

539-7050

One Time: Monday, 7-8:30pm, March 22  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

How many times have you been involved in a meeting that went on aimlessly without a set order? Are you (or are you about to become) a presiding officer of an organization and not sure what to do? This class, based on Robert's rules of order, can help.

SPEECHCRAFT

FA44

Manhattan Toastmasters

539-7050

2nd & 4th Tuesdays, 6:30-8:30pm First Meeting: Feb 9 Length: 8 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 20  
Materials Fee: \$5.00, plus meals, pay at class

Effective communication is becoming increasingly important in our modern society - in our homes, offices and classrooms. This class offers basic instruction in giving presentations, discussions, and listening -- all in an atmosphere of effective evaluation through constructive criticism and enjoyment. The class meets at the Wareham Hotel for dinner and discussion. (Toastmasters International is a non-profit educational organization offering its members an opportunity to improve speaking, listening and leadership skills.)

FLINT HILLS TOASTMISTRESS CLUB

FA43

Dixie Roberts

776-6348

Mondays (2nd & 4th), 7:30-9:30pm, First Meeting, Jan 11 Length: 9 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration

Toastmistress is interested in one of life's most exhilarating challenges ...the improvement of the individual: develop leadership skills; increase communicative abilities as listener and speaker; learn efficient organization techniques-parliamentary procedures. (Toastmistress training has helped Dixie to step into new vistas with confidence.)

HARLEQUIN BOOK EXCHANGE

FA59

One Time: Tuesday, 7:30pm, Feb 2  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Most everyone has a few paperback books lying around collecting dust. Here's a chance to put them to good use. This will be a great way to exchange a book you've already read with someone who has one you want to read. A list of names and phone numbers will be exchanged (along with a few books) at this informational meeting. (Jean loves to read Harlequin books and has collected a lot over the years.)

BOOK DISCUSSION GROUP

FA 82

Mike Braunstein

539-9238

1st & 3rd Tuesdays/month, 7:30-9:30pm First Meeting: Feb 2  
Location: Register and you will be contacted Length: 5 times

Novels, non-fiction, short stories...join with some fellow literary buffs in informal discussions of your favorite book(s). Class members will choose the books to be discussed at the first meeting. The more people - the more diversity. (Mike enjoys a good literary discussion.)



# Folk Roots

## KANSAS FOLKLIFE FESTIVAL

FA1

Joan Pease

532-5575

Register and you will be contacted regarding time and location

In 1982 the Kansas Folklife Festival is moving to Manhattan. The event, which celebrates the traditional arts of Kansas, has been held in Topeka the last three years. This year the festival will take place on May 1 and 2 at CiCo park. Many volunteers are needed to help put together this statewide event. If you would like to work around traditional crafts-people, and musicians and can help with publicity, sales, food, sound, grounds, hospitality, or other needed areas please sign up and you will be contacted. Working on the festival is a unique and rewarding experience. (Joan is the director of the Kansas Folklife Festival.)

## KANSAS FOLK ROOTS

FA 2

FOLK ROOTS is a project funded by the National Endowment for the Arts and the Kansas Arts Commission, which helps to promote a better understanding and appreciation of the traditional arts in Kansas. The following courses are offered as an introduction to the subject. The introductory class will explore the work of Folk Artists found throughout the state. The other classes listed offer the student a chance to directly interact with local folk artists and learn their skills.

## KANSAS FOLK ROOTS: AN INTRODUCTION

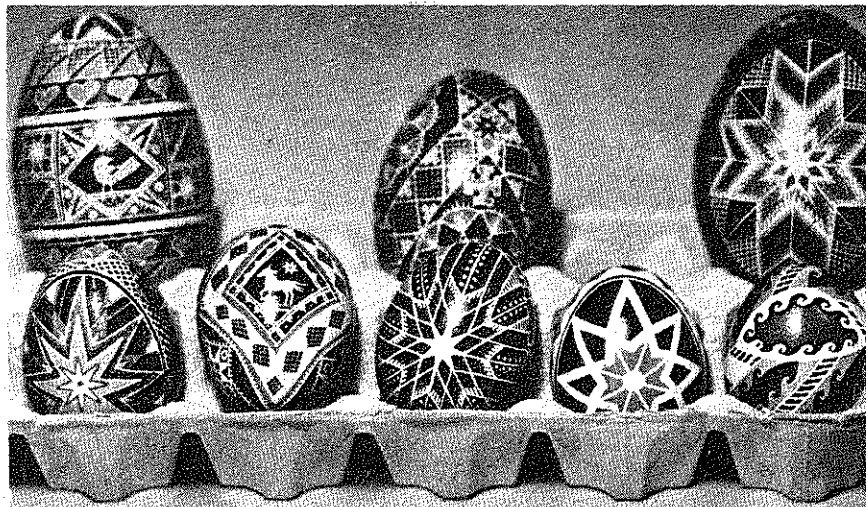
FA3

Jennie Chinn

532-5866

One Time, Tuesday, 7:30-9:30pm, March 30  
Location: Register and you will be contacted

For the past year and a half the University for Man has conducted a statewide survey of Kansas Folk Arts. Through the use of slides and audio tapes the results of this survey will be presented. The work of some of Kansas' best traditional artists will be viewed and discussed. Come share information about quilters, woodcarvers, post rock cutters, folk musicians and much more. (Jennie is the staff folklorist at University for Man and is directing the Folk Roots program.)



## UKRAINIAN EGG DECORATING

FA5

Elaine Cole, Kate Maxham

539-2148 776-0133

Section I: Wednesday, March 3, 7pm  
Section II: Tuesday, April 6, 7pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class

Ukrainian eggs are a traditional centuries-old folk art which originated in the Ukrainian region of the USSR. Chicken eggs are covered with intricate, brilliantly colored, symbolic designs by means of a waxing and dyeing process. Ukrainian eggs are traditionally made for Easter and according to various folk beliefs possess magic powers. We'll start the class with a slide show explaining the history and tradition of this folk art, then each person will decorate his/her own Ukrainian egg. Bring at least one fresh egg (at room temperature), a candle, candleholder and pencil. (This class is dedicated to Orysia Dawydiak who taught Ukrainian egg decorating for UFM for 3 years and has now moved out of state. Orysia brought this tradition to Kansas from Canada where her Ukrainian mother taught her the art. She and Elaine who learned her art from an 80-year old Czech woman, teamed up several years ago to teach this UFM class and now Elaine carries on the tradition.)

## QUILTING

FA10

Mildred Nelson

776-5208

Tuesdays, 7pm, April 13 & 20 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

The production of handcrafted items for use in the home often combined beauty with purpose. Mildred is an expert quilter and does all her piecing by hand. She will help you begin your own quilt by cutting patterns from scraps and hand piecing them into blocks to quilt. Bring fabric, scraps, scissors, needle and thread, pencils and paper to class. (Mildred has made beautiful quilts for many years.)

## WOODCARVING

FA7

Harold Classon

One Time: Wednesday, 7-8:30pm, April 7  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 5

Woodcarving is one of the more popular traditional crafts found in Kansas today. Using a few basic tools and his knowledge of farm animals, Harold carves beautiful animals out of scrap wood. He is happy to share his knowledge about this traditional art by not only discussing his own work but also sharing his experience with others so they can begin their own woodcarving project. (Harold is a folk artist who has been woodcarving for years.)

## TATTING - THE ART OF MAKING LACE

FA8

Jessie Lee Foveaux

Wednesdays, 7pm, April 14, April 21 (2 times)  
Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 6

Tatting, or "Frivolite" as the French call it, is a very old art. This process of making lace by looping and knotting a single strand of thread on a small shuttle seems to have originated in Europe. Years ago tatters used very fine thread and many long "picots," to create a lacy effect. Modern tatting has shorter and fewer picots, uses heavier thread, and will outwear the cloth it is on. Please bring a plastic tatting shuttle, spool of tatting thread, crochet hook or needle and a basic tatting instruction booklet. (Jessie was 11 years old when she learned this art from her grandmother and has continued tatting to the present day.)

## MAKE A PALM EASTER STICK, FOR CHILDREN: AGE 6-10

FA6

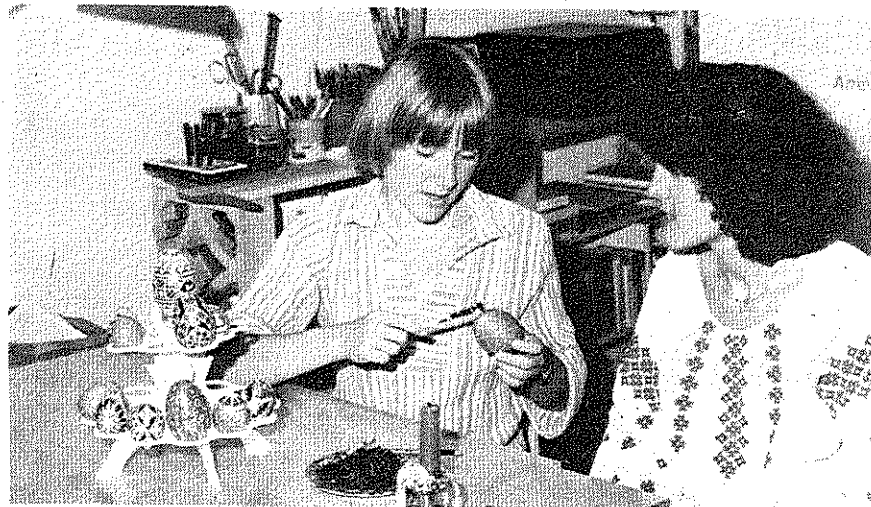
Christina van Swaay

539-5439

One Time: Saturday, 9:30am, April 3  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.50, pay at class

Limit: 12

On Palm Sunday Palm-Easter sticks are/were made by Dutch children, especially in the villages. The stick is in the form of a cross and is decorated with a bread dough swan and a bread dough wreath. Garlands of string candy, fruits and greenery are also used for decorations. A Palm-Easter song is sung while the children show their sticks to family and friends. (Christina is a native from Holland and enjoys making the Palm-Easter sticks with children in the community. She taught 1st her own children and later various groups to make this Palm-Easter decoration.)



## LOG HOMES IN KANSAS

FA4

Bill Koch

539-7138

One Time: Monday, 7-9pm, March 1  
Location: Register and you will be contacted

Limit: 30

"Log Homes of Pioneer Kansas" - This course will explain details of tools needed, types of wood utilized, traditional dimensions, types of corner timbering, fireplaces, and the settler's choice of "setting." Kansas has five log homes on the National Register of Historic Buildings. Slides of about 50 existing structures will be shown, all of which were constructed 100 years or more ago; some of these have been moved to city parks and are furnished with traditional furnishings of the period. Some of the songs and poetry concerning the sentimental attachment the settler had for his "cabin home" will be considered. There were many more log homes built in Kansas than the much written about "soddys." (Bill has been gathering material on this subject for ten years - photographing and getting the history behind each log home, etc.)

## GOSPEL SINGING - NEW LIGHT BAPTIST CHURCH CHOIR

FA9

Jennie Chinn

532-5866

One Time: Friday, 8-10pm, April 23  
Location: Douglass Center, 901 Yuma

One of the highlights of the 1981 Kansas Folklife Festival was the Sunday morning appearance of the New Light Baptist Church Choir from Bonner Springs, Kansas. The choir was organized in 1950 with only six members. Today the group is made up basically from three families and claims thirty members. They have appeared throughout the Kansas City area and have been special guests on WDAF television's "Your Church and Mine" and on KCNU radio. They have also traveled to Jacksonville, Illinois; St. Joseph and Carrolton, Missouri; Dallas, DesMoines, and cities in Oklahoma. This fine vocal group will not only perform but also participate in workshops with the help of Kansas State University faculty.



# Photography



## BEGINNING PHOTOGRAPHY

FA65

Dale Bryant

532-5953

Mondays, 7:30-9:30pm Register and you will be contacted for dates  
 Location: Register and you will be contacted  
 Class Fee: \$5.00, pay with registration

You just got a camera for Christmas and don't know how to work the "new fangled" thing? This is a beginners description of how a camera works and what it can do. We'll discuss film, types of processing and exposure as well as the do's and don'ts of composition and photography criticism. I'll show you my pictures at the first class, you show me yours at the second! (Dale is an associate professor of Architecture. He has taught architectural photography at KSU and has a special interest in nature photography.)

## UFM BEGINNING DARKROOM

FA66

John H. Holcomb

485-2410

One Time: Monday, 6:30pm, Feb 1  
 Location: Register and you will be contacted Limit: 12  
 Class Fee: \$22, pay with registration (chemicals furnished)

Discover the fun and excitement of developing and printing your own black and white film. This class includes an introduction to darkroom processes, an actual demonstration in the UFM darkroom, all necessary texts, and membership in the UFM Darkroom Cooperative.)

## UFM DARKROOM COOPERATIVE

FA67

Neil Schanker

532-5866

Organizational Meeting: Monday, 7-8pm, Feb 8

Located just one block east of campus in the UFM House, the UFM darkroom is available to anyone who needs access to a well-equipped facility. Equipment is capable of handling up to 11x14 prints and 6cmx6cm negatives as well as 35mm. The fee includes everything but paper. For those who need instruction in darkroom techniques, UFM is offering a course "Beginning Darkroom" where you can have your questions answered.

Fees: 1 semester, \$18, new members	\$15, renewals	(pay with
2 semesters, \$30, new members	\$25, renewals	registration)
3 semesters, \$40, new members	\$35, renewals	

This fee covers use of space, equipment and all necessary chemicals for black and white film processing. There is no additional hourly use charge. For those who wish to use the darkroom but who do not wish to purchase a membership, space is available at the rate of \$2,00/hr.

## PHOTOGRAPHIC PRINTING & DARKROOM TECHNIQUE

FA 66A

Sally Wampler

776-2222

Mondays, 7pm First Meeting: Feb 8 Length: 6 times

Location: UFM Darkroom

Class Fee: \$10.00, pay with registration  
 \$ 5.00 for those who take UFM Beginning Darkroom Limit: 8

This class will introduce the magic of the darkroom. You will learn the basics of good photo printing as well as some of the fine points. Each student will shoot a minimum of two rolls of film per week, develop proof sheets and print the best photographs. We may also learn how to dry mount photos for display. (Sally teaches photography at KSU.)

**BEGINNING PHOTOGRAPHY**

FA 71

Ernie Peck

776-4240

Section I: Tuesday, Wednesday, Thursday, Saturday, Tuesday  
April 6, 7, 8, 10, 13, 7pm except Saturday 9am (all day)  
Section II: Tuesday, Wednesday, Thursday, Saturday, Tuesday  
May 11, 12, 13, 14, 18, 7pm except Saturday 9am (all day)  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 10 each section  
Materials Fee: \$25.00, pay at class

Four evenings and a full day of instruction on how to operate and care for a 35mm camera. Film, processing, handouts, and a camera are furnished. The cameras must be returned but the rest is yours to keep. (Ernie has taught this many times with great success.)

**TALKING SLIDES**

FA 74

Ernie Peck, Dan Ray

776-4240

One Time: Wednesday, 7pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$3.00, pay at class

Learn how to make title slides and word slides for your own presentations and color slides from black and white film in less than an hour. (Ernie and Dan have had great success with this class each semester.)

**COLOR SLIDE PROCESSING**

FA 75

Eric Peck

776-4240

One Time: Tuesday, 7:30pm, March 9  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.50, pay at class Limit: 6

Bring a roll of Ektachrome slide film to this class, and I'll show you how easy it is to process it yourself. It will be a fun evening, and you'll leave with a lot of new ideas.

**MANHATTAN CAMERA RENTAL DARKROOM COOPERATIVE**

FA 70

Manhattan Camera

776-4240

Hours: 9:30am-10pm, Monday thru Friday, 9:30am-5pm, Saturday  
Location: Manhattan Camera, 228 Poyntz  
Fee: 1-year membership \$20.00  
Individual Lifetime Membership \$50.00  
Family Lifetime Membership \$75.00  
Plus - Black and White Space \$ 2.00 per hr.  
Color Space \$ 4.00 per hr.

Rental darkrooms for color and black and white film processing and printing. Memberships available now. If you've always wanted to make your own color or black and white photos, but didn't have a darkroom or the knowledge, now we can solve your problem. All chemistry is furnished and the equipment is new. We will have someone on hand at all times to help you and classes will be available on a frequent basis. You really need to see our facilities to realize how nice they are!

**DARKROOM I**

FA 72

Tim McReynolds, Cort Anderson

776-4240

Monday, Wednesday, Thursday, 7-9:30pm, March 22, 24, 25  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10  
Materials Fee: \$3.00, pay at class

We'll learn how to properly handle and develop negatives. We will use different developers and learn what makes a good negative. We will also make black and white prints up to 16"x20". You will need a pack of 8"x10" graded paper, your favorite black and white negatives, and a smiling face. If you don't have the paper, you can buy it as we use it.

**DARKROOM II**

FA 73

Tim McReynolds, Cort Anderson

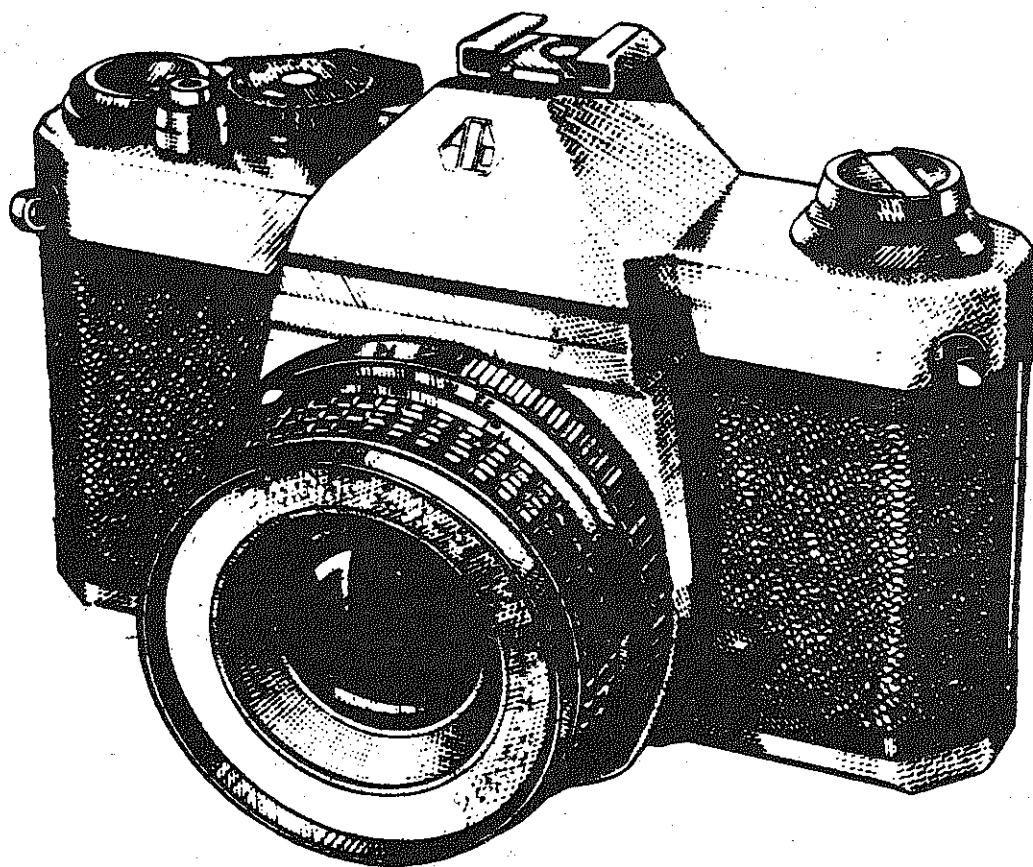
776-4240

Tuesdays and Thursdays, 7pm, April 20, 22, 27 & 29 (4 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$3.00, pay at class Limit: 10

We will work on spotting and retouching, salvaging under and over exposed negatives, and printing color negatives and slides. We will learn to process Ilford's new black and white film (XP-1). Also, we'll learn Solarization and Posterization. (As you can see, you need some background for this one.)

# manhattan CAMERA

228 Poyntz Manhattan 776-4240



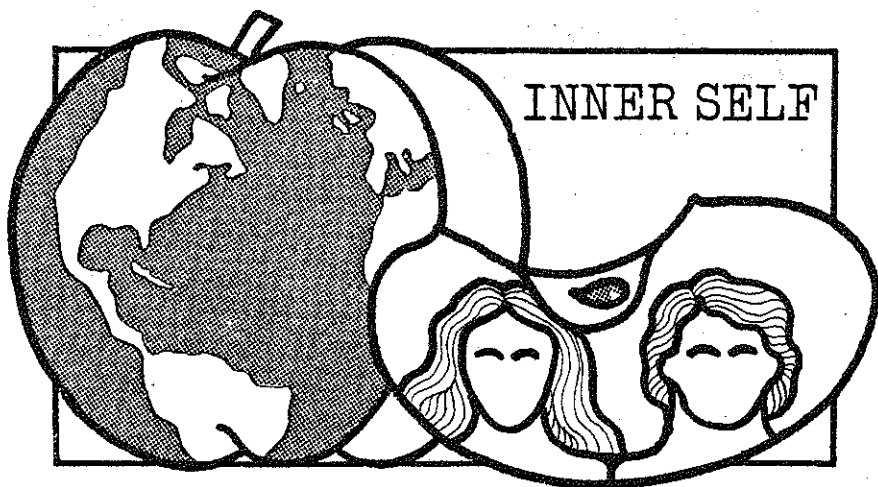
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at 532-5866*

### On Philosophy & Religion

#### INTRODUCTION TO ZEN - PRACTICE AND PHILOSOPHY

S1

Al Potter, Mary Williams 539-3310

Thursdays, 8:30-10pm First Meeting: Feb 4 Length: 3 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Zen is not theology. It is a way of being in the world which embodies certain qualities of consciousness and awareness. Zen meditation is called Zazen. Za means sitting. Zen means that concentration in which you are one with everything. *Zen Mind Beginner's Mind* by Shunryu Suzuki Roshi will serve as the basis for class discussion. The class will also include taped lectures and zazen instruction. (Both Al and Mary are Zen students under instruction from Katagari Roshi the Minneapolis Zen Center.)

#### THE SHORTER WORKS OF TILlich

S2

Dave Stewart 539-3051

Thursdays, 11:30am-1pm First Meeting: Feb 4 Length: 8 times  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration Limit: 12

By popular request, this weekly sack luncheon with Tillich's works will continue. We will begin with *Love, Power and Justice*. Group will then select other considerations of Tillich's work. The primary focus will be whether/how Tillich's works relate to our own experience. (Dave is the American Baptist campus minister who has been dialoguing with Tillich's works for years.)

#### ORIENTALISM AND THE BIBLE

S-2A

Ivy Rao

Mondays, Feb 15, 22 & March 1 7:30-8:30pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Many of the parables and events of the Bible are more easily understood if approached from an Eastern point of view. This class will provide participants with biblical interpretation that merges East with West. (Ivy was brought up in a Christian family in India and has noted the different ways Eastern and Western culture interpret the Bible.)

#### THEOLOGY OF MOVIES

S3

Dave Stewart

539-3051

Saturdays, 6:30pm First Meeting: Feb 6 Length: 5 times  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration Limit: 15  
Materials Fee: Cost of movies

We will view selected movies at local theaters and then discuss their meaning in relationship to life and faith issues.

#### FUNERALS - CONSUMER'S LAST RITES

S4

Patti Root

776-9294

One Time; Thursday, 9:30-11am, Mar 25  
Location: Register and you will be contacted

This class will be a discussion of alternatives to conventional funerals, how to save money on conventional services, and tips on helping consumers protect themselves in a time of personal crisis. (Patti is director of the Consumer Assistance and Information for the Aging Program.)

#### A LOOK AT "DYING"

S5

Mary Herrmann

776-3322

One Time: Tuesday, 7-8:30pm, Feb 2  
Location: Register and you will be contacted

At a time characterized by grief, there are many other issues and emotions that must be dealt with before, and at the time of death. These factors vary when the death is a friend, family, or your own. This class will look at the implications surrounding death, and examine the roles and responsibilities of the people it touches. (Mary is Chaplain, The St. Mary Hospital.)

### On Health

#### SELFHEALING

S6

Jean Burnham

539-1546

Wednesdays, 7:30-9pm, First Meeting: Feb 3 Length: Ongoing  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Within all our minds is a guiding and healing force which directs us toward fulfilling our highest potential. The class will focus on contacting this inner force and recognizing and working with its manifestations in our daily lives, including dreams, events, changes, relationships, feelings and illnesses. (Jean does a lot of personal counseling directed toward inner growth and healing.)

#### COLOR AWARENESS IN HEALING

S7

Pat Embers, Tess Keenan

468-3627 539-6697

One Time: Wednesday, 7:30-9:30pm, Feb 10  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class will be an introduction to the use of color rays in healing. The information presented is from ancient and contemporary resources as well as practical experience. Participants will have the opportunity to join the ongoing group of the previous two semesters. (Pat and Tess continue to explore alternative ways of healing.)

#### AN INTRODUCTION TO BIOFEEDBACK

S8

David G. Danskin

532-6927

One Time: Thursday, 7-9pm, Feb 25 Limit: 15  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration (non-KSU students only)

How well do you know your body? Sure, it has its subtle ways of telling you when to bathe, get out of the sun, and even breathe! But what is it telling you chemically? Electrically? This class will explore and analyze the available methods and machines that monitor and calibrate our biological signals through judging temperature feedback, muscle tension, and GSR (Galvanic Skin Response, the basis of the polygraph, or lie detector test). (KSU students' class fees are covered by KSU tuition.) (Dave has been offering biofeedback training for over 12 years.)



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**HYPNOSIS FOR THE SERIOUSLY CURIOUS** S9

Gregory W. Potter

537-0076

One Time: Monday, 6-9pm, March 8  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class offers information about and an explanation of how hypnosis is used in goal achievement. Hypnosis will be presented from a cognitive behavioral viewpoint. Books and tapes will be available for purchase but are not required. Questions are invited. (With a MS in psychology and PhD in counseling, Greg has trained in hypnosis at the Institute to Advance Ethical Hypnosis in Newark, N.J. and owns and directs Personal Achievement Systems in Manhattan.)

**YOGA I** S11

Bert Franklin

539-0495

Tuesdays, 5:30-6:30pm First Meeting: March 2 Length: 8 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 10  
Materials Fee: \$1.50, pay at class

This will be an introductory course providing a basis for continued practice and advancement in yoga asana (postures), pranayama (breath control), kriya (cleansing), and dhyana (meditation). Recommended dress: men, running or swimming shorts; women, leotards or light, loose clothing. Please bring your own mat. It can be stored at the classroom during the course. (In 1982 Dr. Franklin will attend a symposium of about thirty internationally-known Yoga teachers from Asia, Europe and America.)

**YOGA II "YOGA OVER 40"** S12

Bert Franklin

539-0495

Thursdays, 5:30-6:30pm First Meeting: March 4 Length: 8 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 10  
Materials Fee: \$1.50, pay at class

This will be an introductory course to yogic breathing (pranayama) and some yogic asanas which, though not strenuous, will reduce the mental and physical distress associated with middle age and the advancing years. There is no upper age limit. Recommended dress: men, running shorts; women, leotards. Please bring your own mat.

**YOGA** S10

Rob Sheridan

Register and you will be contacted for time and location  
Length: 8 times Limit: 8  
Class Fee: \$10.00, pay with registration

We will study the basic asanas, pranayama, and bandhas so that the student may continue the practice of yoga on his or her own. (Rob has been studying yoga with Dr. Franklin off and on for several years.)

**MEDICARE MUDDLE** S23

Cindy M. Davis

776-9294

One Time, Thursday, 9:30am-11am, March 4  
Location: Register and you will be contacted

The Medicare Muddle is an attempt to decipher the workings of the federal insurance program. The class will cover eligibility, benefits (what is and is not covered by Medicare), filing claims and appeals. (Cindy is the Assistant Director of Consumer Assistance and Information for the Aging.)



**MEDIGAP HEALTH INSURANCE FOR PEOPLE WITH MEDICARE** S22

Cindy M. Davis

776-9294

One Time: Thursday, 9:30-11am, March 18  
Location: Register and you will be contacted

The Medigap Health Insurance program is an exploration of the insurance needs of persons with Medicare and the types of insurance available to them. The discussion will include in-hospital policies, nursing home policies and dread disease policies.

**MASSAGE** S13

Bob Parr

Tuesdays, 7-9pm First Meeting: Feb 23 Length: 3 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration  
Materials Fee: 50¢, pay at class Limit: 10

This class will introduce you to traditional Swedish massage. This emphasizes the whole body methods with particular attention to facial and foot techniques. The aim will be to improve circulation, and promote relaxation. (Bob worked as a masseur for two years in a health club, putting himself through school.)

**REFLEXOLOGY** S14

Russell Gillespie

776-8768

One Time: Monday, 7pm, Feb 1  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 21

The feet have startling stories to tell! Nerve endings to all parts of the body end in the feet. By learning the basics of reflexology (zone therapy) you can help yourself prevent and overcome tension, improve circulation and normalize body functions. Come and learn the wonders of this technique to improve your health and your family's too. (Russell is a Certified Registered Reflexologist who is concerned about people's health.)

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WHAT IS A LA LECHE LEAGUE?

S18

Kay Ring

539-2468

One Time: Saturday, 10am-12noon, Feb 20  
Location: Register and you will be contacted

Bring your questions about breast feeding, mothering and La Leche League. Babies and fathers are welcome. Learn of the nutritious benefits and personal satisfaction that comes with breast feeding. (Kay is a certified La Leche League Leader and has breast fed her children.)

PLAY THERAPY

S19

Rick Kleindienst

539-0892

Saturdays, 1-3pm, Feb 20 and 27 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

This course will provide information on the topic of play therapy for children. It will cover the different theories of play therapy and various techniques that can be used in a professional and para-professional setting. After completion of this course, the student will have an understanding of the techniques of play therapy for children. (Rick has been a family and individual counselor at a child abuse agency for 3 years, and is presently enrolled in the doctorate program of Education at K-State.)

CHILD ABUSE: DETECTION AND INTERVENTION

S20

Rick Kleindienst

539-0892

Saturdays, 1-3pm, Feb 6 and 13 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 10

The goal of this class is to provide information to community service students (teachers, nurses, counselors, etc.), on the following topics: causes of abuse, recognition of child abuse, wound identification, intervention, and parenting education. The objective is for the student to recognize behavior patterns and physical injuries which would indicate child abuse. The student will learn methods of appropriate intervention. (Rick has done training seminars for students from psychology, sociology, and nursing in the area of child abuse for four years.)

CHILD ABUSE AND NEGLECT

S21

Nancy Westling

776-4011

One Time: Wednesday, 7-8:30pm, Feb 3  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Limit: 20

We will discuss general information about child abuse and neglect. Topics to be included will be characteristics of parents and children, statistics in Kansas as well as locally, and the procedure for reporting suspected cases. This will be an informal discussion. (Nancy has worked in the area of child welfare for Social & Rehabilitation Services for 8½ years.)



PARENT EFFECTIVENESS TRAINING

S-35

Don and Irmie Fallon

539-4451

Wednesdays, 7pm First Meeting: Feb 10 Length: 8 times

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 16

Materials Fee: \$25.00, (National Registration fee and books), pay at class

This workshop will train parents in the communication skills and philosophies of Thomas Gordon in his Parent Effectiveness Training program. Parents will form a support group to better understand their child's behavior, roadblocks to communication and to practice skills of listening. Emphasis will be given to parent-child problem solving with a no-win-lose method. (Don and Irmie are certified instructors of P.E.T.)

MY MOTHER/MYSELF WORKSHOP

S-36

Leigh M. Liggett and Susan Angle

532-5510

Tuesdays, 3:30-5pm First Meeting: Feb 9 Length: 3 times

Location: Register and you will be contacted Limit: 12

Class Fee: \$5.00, pay with registration (non-KSU students only)

This workshop is designed to explore mother-daughter relationships for the purpose of promoting a better understanding of ourselves and our interpersonal relationships, based on the book *My Mother/Myself*, by Nancy Friday. (KSU students' class fees are covered by KSU tuition.) (Leigh is Director of Sexuality Education and Counseling Services and Susan is a staff counselor at the Counseling Center with the Center of Student Development.)

INTRODUCTION TO FOSTER PARENTING

S-37

Connie Morehead and SRS licensing staff

776-4011

One Time: Tuesday, 7:30-9:00pm, April 20

Location: Register and you will be contacted

Are you a family with the desire, love, time and space to open your home to a child who needs one? The Department of Social and Rehabilitation Services is seeking foster homes. This class will give general information about foster parenting. (Connie was a licensing worker for three years and feels that Riley County is in need of more foster homes.)

CHILD CUSTODY AND THE LAW

S38-A

Robert Littrell

776-1000

One Time: Wednesday, 7:30pm, March 31

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Recent changes in the Kansas statutes mean changes in child custody matters. This session will focus on the basics involved in child-custody decisions with a special emphasis on explaining recent changes in the law. (Robert is a Manhattan lawyer.)



## On Personal Growth

### FACILITATING STRESS MANAGEMENT SKILLS WITH YOUNG CHILDREN (A WORKSHOP FOR PARENTS, TEACHERS, AND CHILDCARE WORKERS)

S-34

Karen Seay

776-4958

One Time: Monday, 7-9pm, April 19      Limit: 26  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Class Fee: 50¢, pay at class

Since stress is a part of life, why not teach young children coping skills! This mini-workshop will introduce basic skills adults can practice themselves and relay to children. This presentation will be highly experimental. (Karen is a pre-school Administrator for the Conscious Living Foundation and past-president of the Riley County Pre-School Association.)

### LITTLE APPLE SINGLES

S-39

R. J. Dickens

539-7050

Mondays, 7pm First Meeting: Feb 8      Length: Ongoing  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

We are a group of single adults - widowed, divorced, never-married -- who are tired of the traditional methods of social interaction - and tired of sitting at home. Our alternative is an organization based on self-improvement in a social atmosphere. (On a recent trip to Phoenix, R.J. was exposed to a unique singles organization that is spreading throughout the southwestern U.S. and is committed to starting a group here.)

### PRE-MARRIAGE T.A. WORKSHOP

S-40

Don Fallon

539-4451

One Time: Saturday, 9:30am-4:30pm, March 27      Limit: 6 couples  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Introduce your relationship to transactional analysis: an enrichment group supporting couples in building communication skills, self-understanding of parent-adult-child ego state interactions and family life script or role expectations. Emphasis will be given to developing skills in handling conflict, developing a healthy fight style and coping with feelings of anger, sex or love. Trust, caring, confidentiality and options will be stressed. (Don is Lutheran Campus Pastor and also works with the KSU Center for Development.)

### CREATIVE DIVORCE: PAIN AND GROWTH

S-41

Don Fallon

539-4451

Tuesdays, 7:30-9:30pm First Meeting: Feb 9      Length: semester  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration      Limit: 12

The purpose of the group will be to form a supportive, caring community for those facing or working through divorce. The group will work toward understanding and coming to terms with the past and with the possibility of finding new opportunity for personal growth and a fuller life. We will attempt to recognize self-defeating behavior and to discover options in making change. (Don is a graduate of the Menninger Marriage Counseling and Pastoral Care program.)

### DIVORCED SUPPORT GROUP

S-42

Jean Chappell

537-1096

Tuesday, 7-9pm, Feb 2 - First Meeting (subsequent meeting dates to be decided as a group) Meet weekly for 3 months.  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration      Limit: 12

The Divorced Support group will be offered as a means of allowing those persons contemplating, going through, or coming out of a divorce a base of support and a safe place to explore feelings and problems. (Jean is a divorced woman who has been on her own for the past 12 years, who has raised 3 children by herself, and who has made what she feels is an effective adjustment to all of the above.)



### THE DIABETIC FOOT

S15

Joseph A. Svoboda, D.P.M.

539-7664

One Time: Saturday, 1pm, Feb 20  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class will examine some of the more common foot ailments that are seen, particularly in the diabetic patient. Prevention and self-care will be discussed in an effort to understand how these problems can be controlled. (Joseph A. Svoboda, D.P.M., is a practicing Podiatrist in Manhattan.)

### FIRST AID MULTI MEDIA

S16

Enell Foerster

537-0977

One Time: Saturday, 8am-5pm, Feb 13  
Location: Register and you will be contacted  
Materials Fee: \$6.00, pay at class      Limit: 12

This is the American Red Cross Instructional System, featuring filmed demonstrations, guided practice sessions, and programmed workbooks. The student is certified as a standard first-aider upon successful completion of the course. There is a fee of \$6, which covers materials, workbooks and texts. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be \$4.00. (Enell has taught this class many times before and is a Certified Red Cross instructor.)

### CAESAREAN BIRTH CLASS

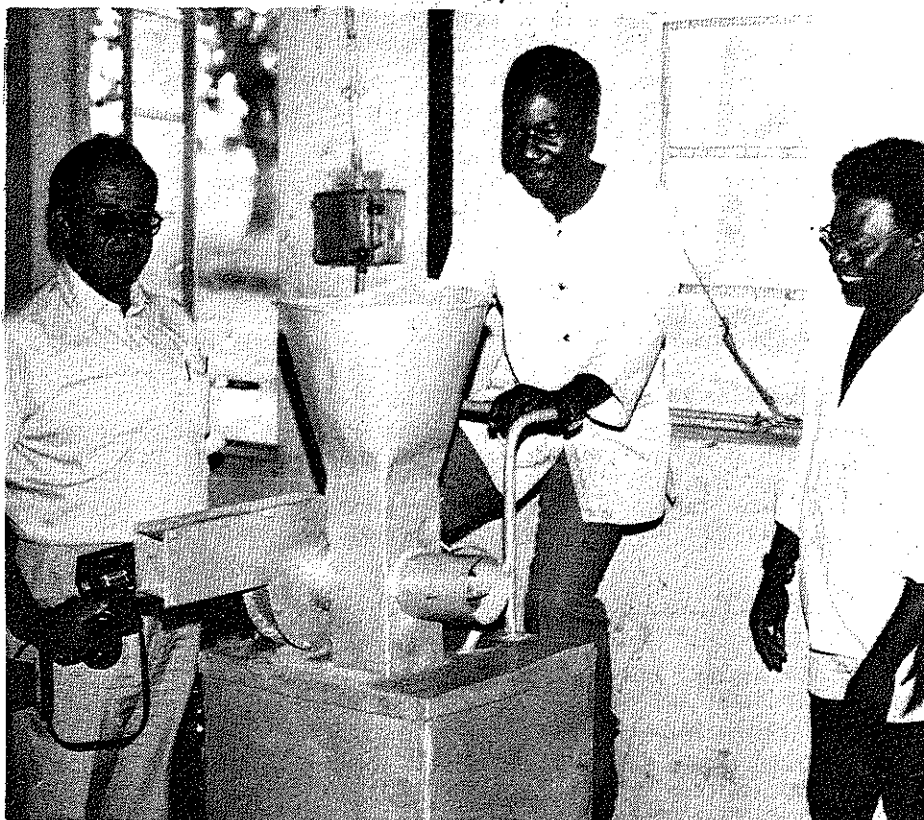
S17

Sue Zschoche

537-0851

Register and you will be contacted  
Materials Fee: \$5.00, pay at class

There is no more glorious moment in human experience than the moment of giving birth. Caesarian birth can be as overwhelmingly beautiful and spiritual as a vaginal birth. It needn't be frightening nor diminish the joy of bringing new life into the world. This course will cover reasons for, procedures involved, recovery suggestions, emotional involvement, father's feelings, group support and discussions with caesarian parents. (Sue is a caesarian birth mother.)



### University for Man

UFM has been instrumental in the establishment of drug education center, a telephone crisis intervention center, a community food coop, programs for handicapped and elderly citizens, an alternative elementary / junior high school, an appropriate technology center, a community gardens program and other innovative programs.



University for Man  
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Manhattan, Kansas 66502

American Baptist  
Campus Ministry

**Baptist Campus Center**  
**1801 Anderson**  
**539-3051**

**Dave Stewart**  
**Campus Minister**



LIFE PLANNING

S24

Susan Scott Angle 532-6927

One Time: Saturday, 8:30am-4:30pm, Feb 13 Limit: 20  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration (non-KSU students only)  
Materials Fee: \$2.00, pay at class (non-KSU students only)

The workshop is designed to involve participants in the deliberate process of influencing the direction of their lives. Each participant is encouraged to consider the idea that s/he is the one responsible for his/her life, and, consequently is capable of creating the future s/he wants. Skills of values clarification, goal setting and realistic planning are developed through practice. Student costs are covered through KSU fees. (Susan is a counselor at the counseling center at KSU.)

CAREER EXPLORATION

S25A & S25B

Steve Deters 532-6927

Section I: Saturday, 8:30am-4:30pm, March 6 Limit: 25  
Section II: Saturday, 8:30am-4:30pm, March 27 Limit: 25  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration (non-KSU students only)  
Materials Fee: \$4.00, pay at class (non-KSU students only)

The workshop is designed to assist participants in acquiring skills and information necessary for appropriate career decision-making. The Strong Campbell Interest Inventory helps individuals look at their personal interests in relation to a variety of career opportunities. The Inventory must be scheduled with Marianne, in the Counseling Center, KSU, two weeks prior to the workshop. Students costs are covered through KSU fees. (Steve is a staff counselor at the KSU Counseling Center.)

RETURNING TO SCHOOL?

S26

Margaret Nordin, Buzz Muir 532-6434 532-5686

One Time: Monday, 7:15-8:30pm, April 5  
Location: Register and you will be contacted

Are you thinking about going back to school after being out for four to forty years? Are you wondering just how to get started or whether it is worth the time, money and energy? Come to share your hopes and fears and to find answers to your questions. This class will be very helpful to anybody thinking about school for the summer or fall. (Margaret and Buzz are KSU faculty whose work involves adult students new to K-State.)

GOING BACK TO SCHOOL SUPPORT GROUP

S27

Dee Locker 537-0854

Wednesdays, 7:30pm First Meeting: Feb 3 Length: Ongoing  
Location: Register and you will be contacted

Non-traditional students currently enrolled who would like to share their experiences about their return to the classroom are encouraged to participate in this informal discussion group. You will also receive information about the fenix Organization which is an on-campus support group. (Dee is the president of the fenix Organization on campus.)

JOB SEARCH

S-28

Susan Scott Angle 532-6927

One Time: Saturday, 8:30am-4:30pm, April 17 Limit: 20  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration (non-KSU students only)  
Materials Fee: \$2.00, pay at class (non-KSU students only)

Plan your job search now. The workshop is designed to help participants develop skills important in locating and acquiring a job. Where and how to look, resume writing and interviewing are discussed and practiced in a supportive group environment. Student's costs are covered through KSU fees. (Susan is a counselor with the KSU Counseling Center.)



APPROPRIATE ASSERTION

S-29

Dr. Virginia Acheson, Susan Angle, Sylvia Workman 532-6927

Tuesdays, 3:30-5:00pm First Meeting: March 23 Length: 3 times  
Location: Register and you will be contacted Limit: 25  
Class Fee: \$3.00, pay with registration (non-KSU students only)

Did you ever feel like no one was listening to you? And, if they were, they weren't hearing you? Many people feel the need to have a positive effect on the people they deal with, and be assertive at necessary times. This class will examine behaviors, and develop an understanding of skills, phrases, and ideas to help you to relate to people (and yourself) in ways that meet your personal needs. (Virginia, Susan and Sylvia are all staff members at the KSU Counseling Center.)

WORKING WITH DREAMS

S-30

Jean Burnham 539-1546

Tuesday and Thursday, 7:30pm, Feb 2, and 11 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Dreams give us a wealth of information. They are helpful in solving problems and working through relationships in daily life. In this class, we will learn to decipher our personal dream language, and analyze what we may learn about it. (Jean has worked with her own dreams and has found them a great source of information in problem solving.)

STRESS ILLS AND STRESS SKILLS

S-31

Don Fallon 539-4451

One Time: Saturday, 9:30am-5pm, Feb 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Stress is a fact of life: studies, exams, relationships, jobs, finances, fear of failure, loss of the future, illness and depression. Our whole person is affected physically, emotionally, intellectually, socially, spiritually. We will focus on evaluating our lifestyle and shaping a practical strategy for coping with stress.

STRESS MANAGEMENT STRATEGIES

David G. Danskin 532-6927

Section I: Wednesday, 7:30-9pm, Feb 3 S-32  
Section II: Tuesday, 7:30-9pm, March 23 S-33  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 30 each section

A one-time workshop in which you'll learn some strategies for more creatively directing the normal stresses of your daily life. Come dressed comfortably as we'll be learning some stretches, sitting on the floor, as well as practicing some relaxation techniques, all designed to help eliminate stress and promote general well-being. (Dave has been offering stress management for over 10 years as part of his activities in K-State's Counseling Center.)

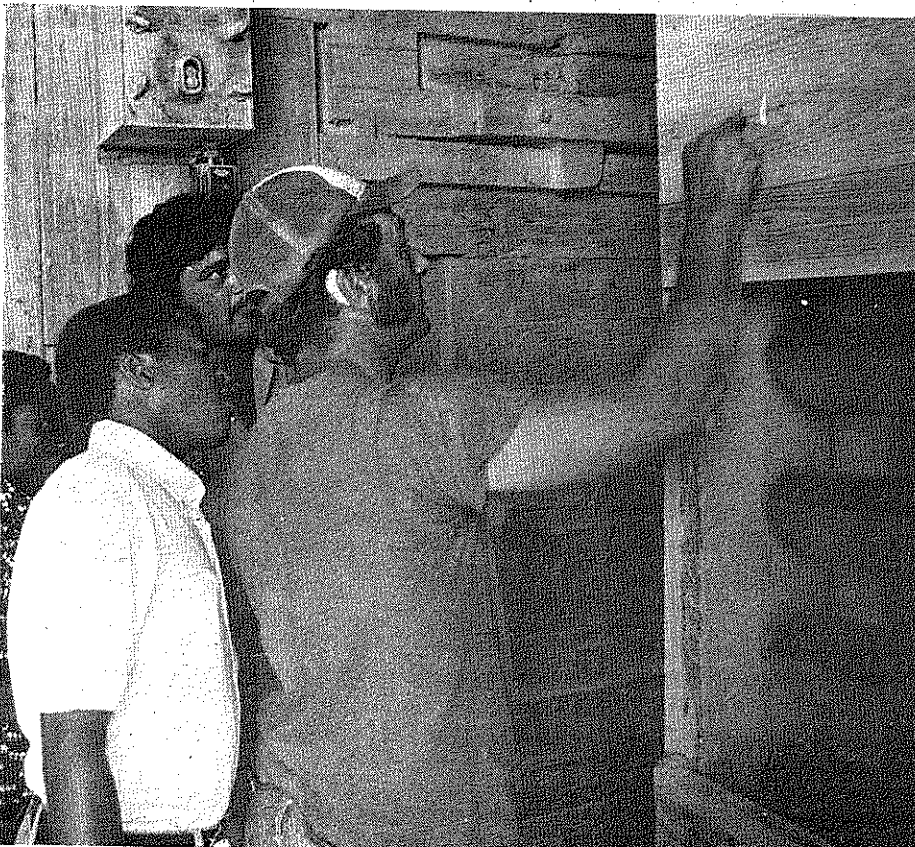
ADULT DAY CARE

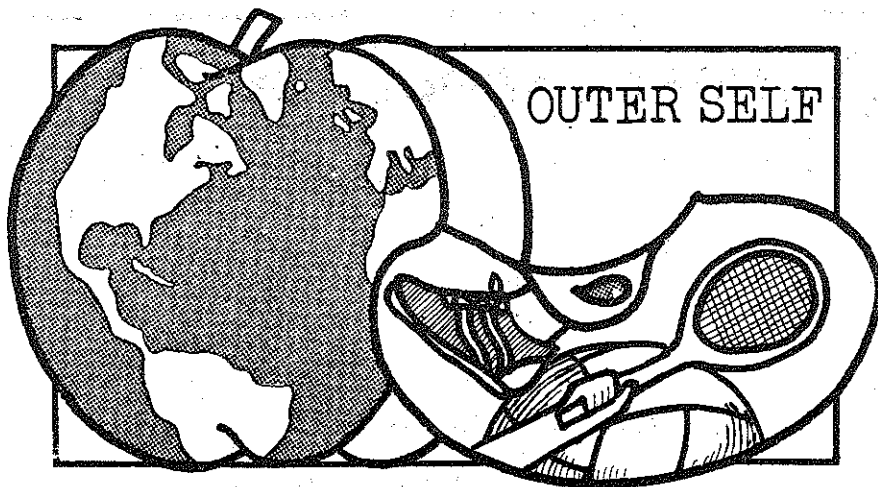
S-38

Susan Davis 537-4610

One Time: Monday, 7-8pm, Feb 22  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Need a day off from caring for a loved one? Meadowlark Hills' innovative Respite Program was developed in response to a need expressed by the St. Mary's Stroke Group. Services offered include Nursing Care, Meals, Exercise, Activities and Socialization. Explanation of the program, it's philosophy, days and hours of services, and a tour of the facility will be offered. (Susan is the Coordinator of the Adult Day Care Program at Meadowlark Hills, which is one of only a few offered in Kansas.)





*For more information  
about Outer Self,  
call Neil Schanker  
at 532-5866*

**ICE SKATING** P1  
Steve Ernst & Jamie Shields 776-3622 539-6034  
Sundays, 10am First meeting, Feb 7 Length: ongoing  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Grab your skates and/or hockey stick and join us for some fun at the local frozen ponds. Broomball, a form of hockey using brooms, a ball and using shoes instead of skates, will also be played. All ages and experience levels welcome. (Jamie was a national competitor in figures, free style, dance and pairs. Steve has skated on local area ponds for many years.)

**SKI KANSAS! CROSS-COUNTRY SKIING** P2  
Pete Dascoulias 784-2363  
Thursday, 7-9pm, Feb 4 and Saturday, 1-4pm, Feb 6 Length: 2 times  
Location: Register and you will be contacted Limit: 20  
Class Fee: \$5.00, pay with registration

In the first meeting you will learn about equipment including skis, boots, bindings and poles for beginning, touring and racing. Also covered will be waxes, clothing, training and technique. Then in the second meeting its off to a snow-covered location to practice single-striding and double-poling. Pete will critique your style and then lead a short tour that will challenge you to use all that you have learned. (Pete is a former member of the Eastern ski team, US Biathlon Team (x-c w/shooting) and U.S. Olympic team. He has competed in international competition in many European countries including Norway, Sweden, France, Italy, and USSR. Winner 1976 national 20k Biathlon championship.)

**BEGINNING CONTRACT BRIDGE** P3  
Dave Young 776-3433  
Mondays, 7-9:30pm First Meeting: Feb 8 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 20

Don't trump your partner's ace! Learn basic bidding and play from an expert. A brief introduction to defense will be included. This is the place to make mistakes, so that in four weeks, you'll be ready to play with friends and strangers. No previous bridge experience is required. (Dave, a bridge player for six years, is a Life Master and experienced tournament player.)

**POKER FOR THE UNINITIATED AND UNSURE** P4  
Helen B. Safford 776-7615

Thursdays, 7:30-9pm, Feb 4 & 11 (2 times)  
Location: Register and you will be contacted Limit: 14  
Class Fee: \$3.00, pay with registration

If you've ever been invited to play poker but declined because you're just not confident enough to really enjoy the game, then come and build your poker skills in this class. We cover basic games, philosophies of betting and bluffing, and we have a good time. Confidence is all you need to be a successful poker player. (Helen taught this class last semester and has enjoyed poker games for several years.)

**POCKET BILLIARDS FOR BEGINNERS** P5  
Jerry Riggs 776-6338

Section I: Saturdays, 10-11am, First Meeting: Feb 6 Length: 6 times  
Section II: Saturdays, 11:15-12:15pm, First Meeting: Feb 6, 6 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 12 each section

The class will start with a brief history of the game. Included will be an introduction to playing equipment, basic stance, aiming, English, and control. The different games - 8-ball, 9-ball and snooker will be covered as well as the theory and mental game. Also, we will watch a video-tape trick shot demonstration and championship match. (Jerry has played in two World Pocket Billiard Championships in New York City, finishing 33rd in 1979 and 16th in 1980.)

**STAMP COLLECTING** P6  
Tim Lindemuth 532-6415

Thursdays, 7:30-9:30pm, every 2nd and 4th Thurs of the month  
First Meeting: Feb 11 Length: Ongoing  
Location: Register and you will be contacted

This class is for beginning, intermediate and advanced stamp collectors. You will learn the basics and finer points of collecting. Programs include slide shows, movies and guest speakers. Two field trips are planned to area stamp shows. (Tim is a long-time member of the American Philatelic Society and a collector for 27 years.)

**MILITARY INSIGNIA COLLECTING** P7  
Douglas R. Teener 537-0508

Tuesdays, 7-9pm, First Meeting: Feb 2 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

With Ft. Riley so close and Farrell Library as an available resource, the Manhattan area provides an ideal spot for collecting military insignia, particularly American. Many collectors start out as children with relatives in the service, adults actually in the military or retired veterans. Doug will introduce you to the national organization ASMIC (American Society of Military Insignia Collectors), basic references and ethics of the collector. The only real usage of heraldry in the U.S. is in military insignia. (Doug has been collecting for more than twenty years.)

**CHESS: FROM OPENINGS TO CHECKMATE** P8  
James A. Blood 539-4870

Thursdays, 7:30-10pm First Meeting: March 4 Length: ongoing  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 20

"Chess is no mere game," once explained a past world champion. This class will explain the reasons why. Learn the rules and fundamentals and enter the fascinating world of the sixty-four squares. After the basics, the class will proceed to planning and theory. Openings to endings will be discussed, as well as perceiving and analyzing moves correctly. Any level of expertise, including beginners are welcome. (James is a former Manhattan city champion with 37 years experience in playing, teaching and participating in regional and national tournaments.)

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# **The Sound Shop**

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**DISTANCE RUNNING**

P9

Tony Wilcox

532-6765

One Time: Monday, 7-9pm, Feb 22  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

The class will cover the training principles that should guide both the beginner and the experienced runner. Topics will also include shoe selection, weight reduction, race preparation, and marathoning. Some benefits of running include better health, self-satisfaction, competition, lowering of heart rate and loss of body fat. Tony will talk about commitment. He says, "anyone can get into running and achieve a level of success." (Tony is an exercise physiologist at KSU and an experienced distance runner, competing at distances of 10 kilometer to the marathon.)

**RUNNING AND YOUR HEALTH: A SEMINAR**

P10

Thomas Ryan, Guy Smith, Joe Svoboda

539-7664

One Time: Saturday, 1pm, Feb 27  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Two running medical Doctors and a running Podiatrist will address running as it concerns your entire body. Their personal and professional experience will cover everything from basic foot anatomy to how the entire body reacts to jogging, running and racing. Bring your running shoes and your questions. (Thomas Ryan, M.D. - runner, physician at KSU; Guy Smith, M.D. - runner, team physician for KSU; Joe Svoboda, D.P.M. - runner, podiatrist.)

**ADULT FITNESS**

P11

Janis Rupe

532-6980

One Time: Monday, 7:30-9:30pm, March 1  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

While our ancestors worked long, hard hours, Americans have more leisure time than ever before. We're using an ever increasing chunk of that time in keeping physically fit. Janis will cover the following topics: How to start your own fitness program; what exercise does to your body, and why your body adapts; how to adapt fitness to your lifestyle. (Janis is working on a Masters in Exercise Physiology and teaches an adult fitness class in the summer.)

**RHYTHMIC AEROBICS**

P39

Cindy Tanner

537-0353

Mondays, Tuesdays, Thursdays, 7:30-8:30pm First Meeting: Feb 1  
Length: 12 weeks  
Location: Register and you will be contacted  
Class Fee: \$15.00, pay with registration  
Materials Fee: \$1.00, pay at class

Limit: 40

The program, Rhythmic Aerobics, with fitness at heart, was invented as a means of experiencing how exercise does not have to be drudgery. Routines are choreographed to include a sufficient workout for all body muscles, especially the heart. Participants monitor their heart rate to prevent overworking; in the meantime they are improving coordination, reaction time, muscular endurance, flexibility and cardiovascular fitness. Discover how getting fit can be fun! (Cindy enjoys keeping fit with Rhythmic Aerobics.)

**PHYSICAL FITNESS THROUGH WALKING: GETTING STARTED ON A DAILY EXERCISE PROGRAM**

P40

Dr. Earl Nolting

532-6432

One Time: Saturday, 9:30-11am, April 3  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

The purpose of this class is to help adults who are interested in starting a regular exercise program. Walking is fun and an ideal exercise alternative for many reasons - special equipment or facilities are minimal and it can be done near home or work. The discussion will include getting started, exercise programs now available, when to walk, special problems, and how to stay with it when tempted to quit. (Earl has been walking for exercise for over 9 years.)

**BEGINNING TENNIS**

P12

Kevin Bailey

776-3002

Sundays, 8-10am, First Meeting: March 28  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration

Length: 6 times

Limit: 20

Tennis lessons will cover forehand, backhand, serves, court tactics, equipment selection and the rules of the game. Bring a can of marked balls and a racquet. (Kevin has played tennis for seven years including competition in high school.)

RACQUETBALL FOR BEGINNERS

P13

Mike Fitzgerald

539-5571

Sundays, 8-10am, First Meeting: March 28 Length: 5 times  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration Limit: 16

Join one of the most popular of up and coming sports. Racquetball is good at developing cardiovascular fitness, muscular endurance, controlling fatness and is a lifetime activity. This class will emphasize basic rules and fundamentals of the game including scoring, backhand, forehand and serving. Bring a racquet and two balls. (Mike enjoys racquetball.)

DIAL-A-PARTNER/TENNIS/RACQUETBALL/INDOOR GAMES

P14

Neil Schanker

539-5766

Thursday, 5pm, Feb 18  
 Location: Register and you will be contacted  
 Class Fee: \$1.00, pay with registration

This is an opportunity for you to get some challenging experience and to meet new faces. At registration, indicate the game, your skill level, days and times available, and UFM will compile a list for you. (Neil coordinated this class last year.)

SPECIAL OLYMPICS

P18

Kim Patten

776-7012

Register and you will be contacted for day of week, times and number of classes.

Manhattan has recently begun organizing a local Special Olympic program in hopes of cutting the costs of traveling and to give more possible Special Olympians from Manhattan a chance to participate. We need the interest and support of the community. If you would like to become involved, please contact Kim. (Kim has been working with Kansas Special Olympics through Big Lakes Developmental Center for over 3 years.)

VOLLEYBALL FOR FUN

P15

Lois Morales

539-8867

Tuesdays & Thursdays, 6:30-8:30pm First Meeting: Feb 2  
 Location: Register and you will be contacted Length: Continuing  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$1.00, pay at class

Volleyball can provide low-key competition, exercise and a great time for beginners to those advanced. Nets and balls will be furnished. (Lois has played UFM volleyball for years.)

HACKY SACK FOOTBAG GAME

P17

Dave Sampson

1-499-5311

Section I: Wednesdays, 7-8pm First Meeting, March 24  
 Section II: Saturdays, 10-11am First Meeting, March 27 Length: Ongoing  
 Location: Register and you will be contacted Limit: 15 each section  
 Class Fee: \$1.00, pay with registration

Hacky Sack is a self-competitive agility sport that involves eye/foot coordination, balance, and speed. The object of the sport is to keep a small, leather bag aloft by kicking it with the feet using a technique that will be demonstrated at the class. A few Hacky Sacks will be available for purchase after the class. (Dave is a rabid Hacky Sack fan and has played and taught for more than a year.)

BEGINNING FENCING

P16

David F. Aldis

539-5165

Wednesdays, 8-10pm First Meeting: Feb 3 Length: Ongoing  
 Location: Register and you will be contacted Limit: 10  
 Class Fee: \$5.00, pay with registration

Learn to fence with a foil! Footwork, conditioning, and blade play will be emphasized in the first few weeks followed by practice bouts. The class will end with a class practice tournament in preparation for the Kansas beginners tournament. Fencing is an exciting intercollegiate sport. Five colleges in Kansas regularly sponsor events in Wichita, Lawrence and Kansas City. (David has taught fencing for two years and has had several students participate in the beginners tournaments.)

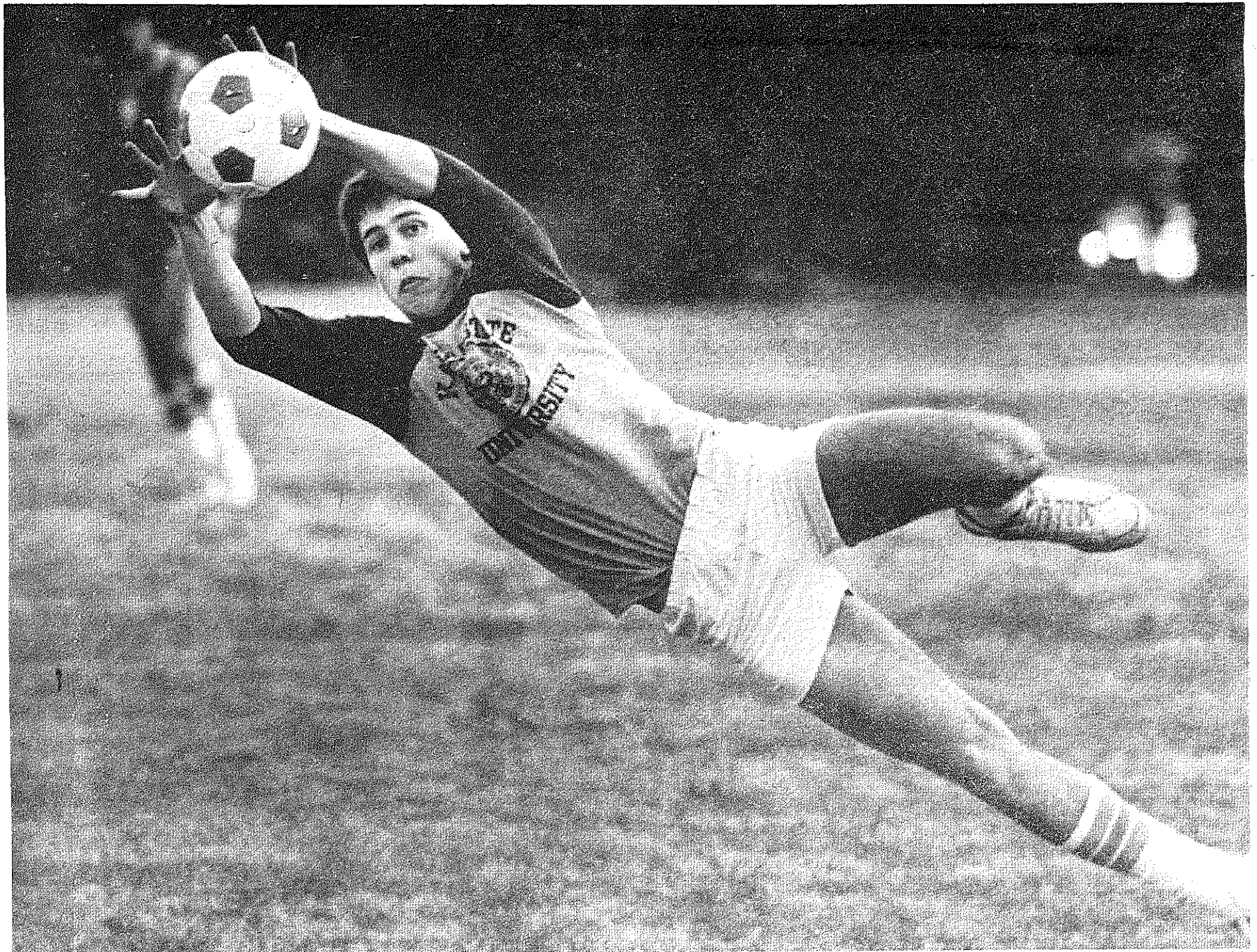
TAI CHI CH'UAN WORKSHOP

P19

Mark Moser

One Time: Saturday, 8-11am and 1-4:30pm, Feb 6  
 Location: Register and you will be contacted Limit: 15  
 Class Fee: \$5.00, pay with registration  
 Materials Fee: \$5.00, pay at class

Tai Chi Ch'uan is a Chinese exercise system involving both exercise and self-defense. Emphasis at the beginner level is placed on coordination, balance, breathing, and smooth flow of movement. Students will learn the first part of the long Solo Form of the Wu style as interpreted by the instructor. In addition, students will learn related exercises for health. (Mark studied Tai Chi in Ipoh, Malaysia and Vancouver, Canada.)





**MOTORCYCLE TOURING**

P24

Gregg Matthews

539-8072

Thursdays, 7-9pm, Feb 18 and March 4  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

This is a class for motorcycle nuts! We will discuss bikes, touring equipment, and life on the road. The class goal will be aimed at making a tour during spring break, March 13-21. The tour route will be determined by the class. Expenses will be controlled by staying out of motels. Motorcycle camping is the only way to go! (Gregg is an avid motorcycle enthusiast and manages to take a tour at least once or twice a year.)

**HANG GLIDING INTRODUCTION**

P21

Don Ingalls

532-4836

Saturdays, 7-8:30pm, Feb 13 and 20 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

The first class will present at least one hang glider, fully assembled for examination. Don will cover equipment, learning how to fly, a short slide show and a film strip on powered hang gliders. The second class will meet out in the Flint Hills to observe hang gliding in action. (Don, a hang glider for five years, is hopelessly hooked on flying.)

**INTRODUCTION TO SKYDIVING**

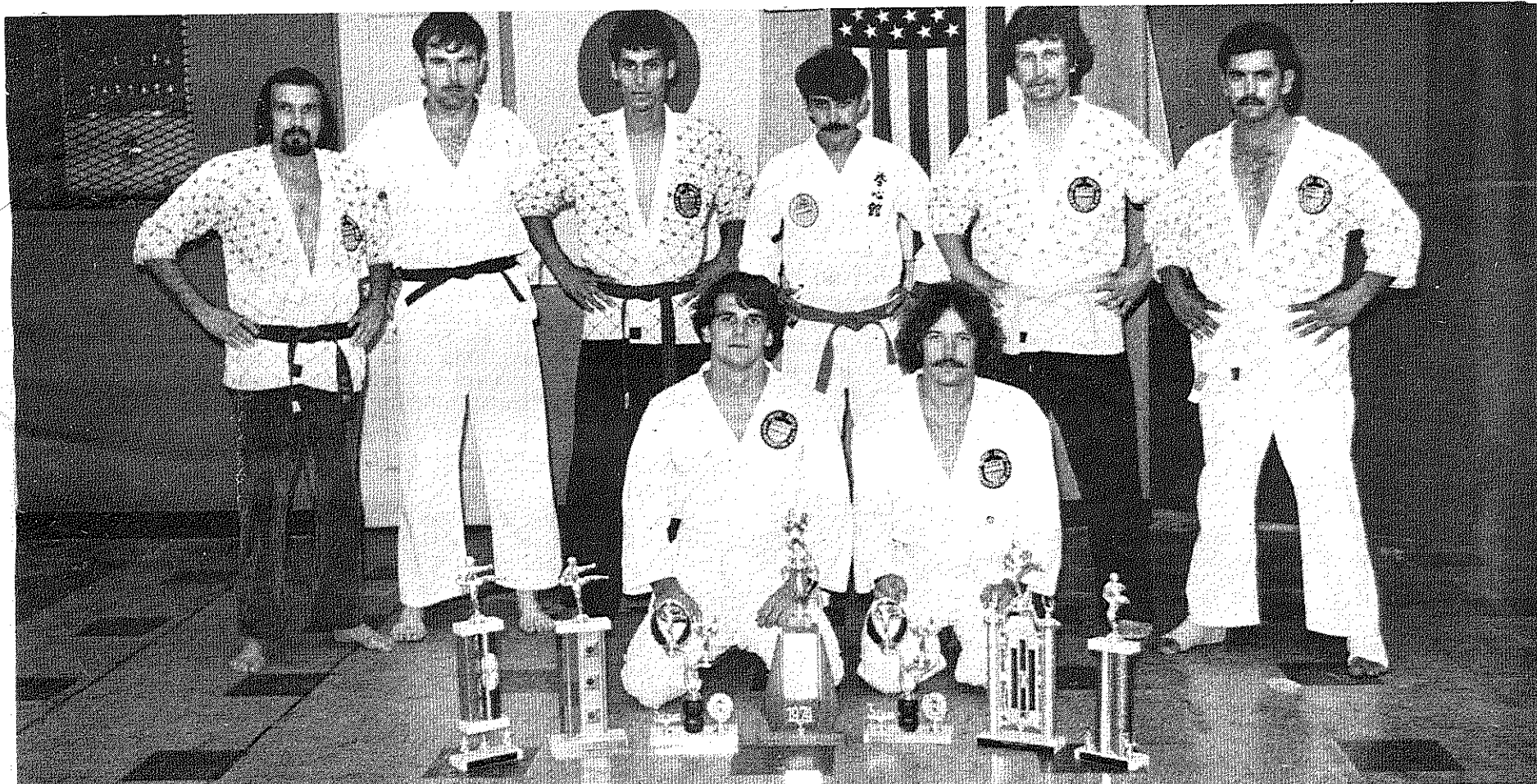
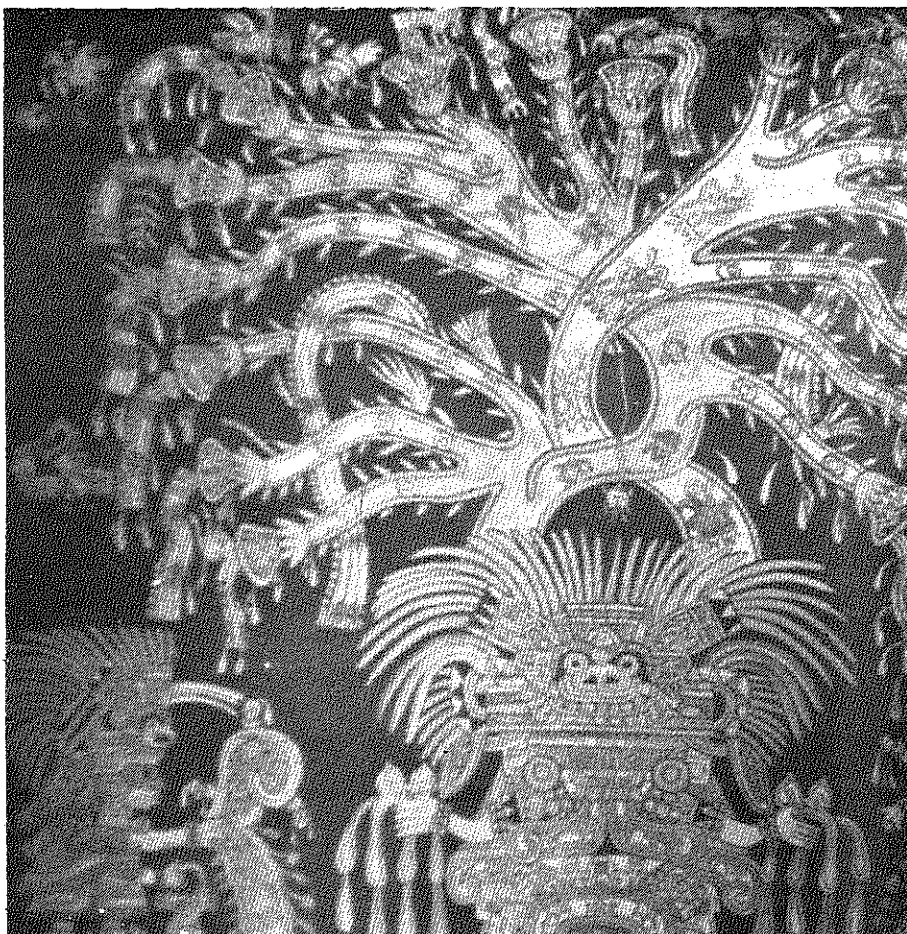
P22

Mark Young, Jim Brown, Greg Retter

539-3655

One Time: Monday, 7:30-9pm, Feb 22  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class will serve as an introduction to Skydiving. Several movies will be shown and there will be a demonstration of equipment. A comprehensive book will be available for purchase. (All the instructors are members of the K-State Parachute Club. Information on training to jump will be given.)



**TAI CHI EXERCISE**

P20

Tom Graham

532-6322 776-0780

Wednesdays, 7-9:30pm and Saturdays, 8:30-11:30am  
First Meeting: Feb 3  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration  
Materials Fee: \$5.00, pay at class

Length: Ongoing  
Limit: 20

This class is a continuation of the Tai Chi workshops given by Mark Moser. Beginners are welcome, however. Participants take turns at leading exercises and critiquing other participants. We study the daily exercises and First Solo Form of the Wu Tai Chi style. We would be interested in exchanging our knowledge with that of practitioners of other Tai Chi styles. (Tom, like most of the current members, began Tai Chi this fall. He has been involved in martial arts for five years.)

**FLYING CLUB**

P23

Mark E. Wuertz

776-9813  
776-9124

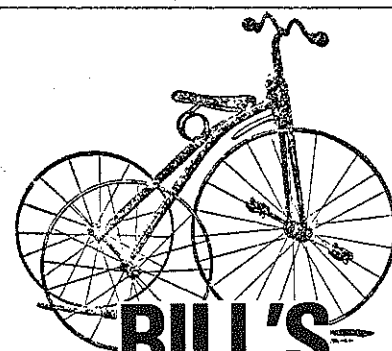
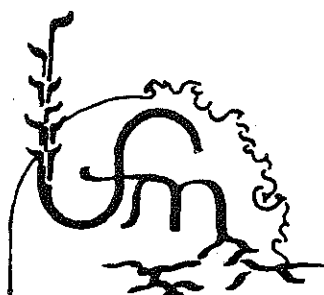
Thursday, 7-9pm, March 25, Saturday, 10am-noon, March 27 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

The purpose of the K-State Flying Club is to promote interest in aviation. The first class, which includes a slide presentation, is designed to familiarize people with the K-State Flying Club and requirements for obtaining a pilot's license. The second session will be to familiarize people with the Flight Service Station and to show the club aircraft. (The teachers are private pilots and officers of the K-State Flying Club.)

UFM SPRING POTTERS GUILD  
SALE

1ST Week in May at  
Kansas State University  
Union Courtyard  
9AM - 5PM

LOOK FOR OUR ADS!



**BILL'S  
BIKE  
SHOP**

**1207-A MORO  
537-1510**

**BICYCLING FOR EVERYONE**

P25

Register and you will be contacted for time and location.  
Class Fee: \$1.00, pay with registration

Whether you tour, race, or just cruise around, you should know that the Bluemont Bicycle Club is reorganizing this spring and is reintroducing itself to the community with an exciting new schedule of activities. It is obvious that there are a lot more riders in town than there are members of the club; and we would like to turn that around. In order for the club to serve, promote, and support all types of bicycle riding, we need your input. Get excited! Get involved! For more information, call Tom Muenzenberger, club president, or call Alan Edgar at the UFM house, 532-5866.

**BICYCLE TO BREAKFAST**

P41

Cathy & Jim Cramer 537-8616

Saturdays, 8am, First Meeting: April 3 Length: 3 times  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

Safe, local routes are chosen to be suitable for any type of bicycle and rider. The ride will end at a local breakfast spot - suggestions welcome. Families, children and individuals are all encouraged to come along. (Cathy and Jim are old hands at a casual ride before breakfast.)

**SWIMMING:**

P26

All Classes:

Location: Register and you will be contacted  
Fee: \$8.00, pay with registration  
Teachers are Red Cross certified Water Safety Instructors

- A. Beginners for 3-5 year olds (1 parent must accompany each child in the pool) P27 776-1731  
Joan Robinson  
Saturdays, 10-11am, First Meeting: Feb 6 Limit: 6 children  
Length: 10 times
- B. Beginners for 6-8 year olds P28 776-1731  
Joan Robinson  
Saturdays, 11-12noon, First Meeting: Feb 6 Length: 10 times  
Limit: 8
- C. Beginners for children P29 537-0353  
Cindy Tanner  
Sundays, 12-1pm, First Meeting: Feb 7, Length: 10 times  
Limit: 8
- D. Beginners for Adults P30 537-2962  
Tom Deaver  
Saturdays, 10-12n, First Meeting: Feb 6 Length: 8 times  
Limit: 15
- E. Beginners for Adults P31 776-0935  
Donna Fager-Schneiter  
Sundays, 12-1pm, First Meeting: Feb 7, Length: 8 times  
Limit: 10

**ADVANCED LIFESAVING**

P32

Tom Deaver, Joan Robinson 537-2962 776-1731

Saturdays, 8-10am First Meeting: Feb 6 Length: 10-12  
Location: Register and you will be contacted  
Class Fee: \$8.00, pay with registration  
Materials Fee: \$2.25, pay at class

Advanced Lifesaving is required before you can work as a lifeguard or take the Water Safety Instructor (WSI) class in order to teach swimming. This is also a valuable safety class for anyone who will be around pools or lakes. Safety in and on the water and the ability to assist or rescue a person in danger of drowning are what this class is about. You must be age 15 or over. (Tom and Joan are Red Cross certified water safety instructors.)

**ADAPTED AQUATICS**

P33

Patti Johnson 539-4693

Section I: Sundays, 11-11:20am First Meeting: Feb 7 Length: 10  
Section II: Sundays, 11:20-11:40am, First Meeting: Feb 7 Length: 10  
Section III: Sundays, 11:40-12noon, First Meeting: Feb 7 Length: 10  
Location: Register and you will be contacted  
Class Fee: \$8.00, pay with registration Limit: 1 each section

Adapted aquatics is an individualized swimming program for the handicapped. There will be three separate one-on-one sessions. (Patti is certified as an adapted aquatics instructor by the Red Cross. She has taught this class before.)

**COMPETITIVE DIVING**

P34

John Proffitt 776-3570

Saturdays, 12-1pm First Meeting: Feb 6 Length: 4 - 6 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 10

Want to impress your friends with jackknives, front somersaults, and back dives? This is a class to refine existing skills and hopefully to add new skills and more difficult dives. Minimum age is 10 years with at least some experience diving, at least the ability to do a front dive is required. (John has been diving for approximately 20 years. He has dived competitively in K.C. and has placed in several meets.)

**SAILING BASICS**

P35

Maurice Stark 539-1781

Saturday, 10am-12noon, April 17 and one other session to be announced  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 10

Sail-a: to travel on water by the action of wind upon sails  
b: to move without visible effort or in a stately manner.  
An introduction to sailing, including terminology, boat nomenclature, how to sail, selecting a boat, and how to get started. Several types of boats will be shown at the second session. (Maurice is Rear Commodore of the Blue Valley Yacht Club but new enough to the sport that he can relate to the problems of beginners.)

**CANOEING KANSAS WATERS**

P36

Bob Poresky 539-2967

Organizational meeting, Thurs Feb 11, 7:30-9:30pm  
Sundays, 1-6pm - dates to be announced at organizational meeting  
Location: Register and you will be contacted Length: 4 - 6 times  
Class Fee: \$3.00, pay with registration Limit: 20  
Materials Fee: 50¢, pay at class

Basic canoeing techniques will be incorporated into trips to nearby lakes, streams and rivers. We will have a chance to learn/relearn canoeing techniques as we explore this spring. Participants will be responsible for providing canoes, paddles, life jackets, etc. The spring schedule will be set at the Feb. meeting at which time partners and rental locations will be found. This class welcomes both individuals and families. (Bob has led similar classes and enjoys this opportunity to get out in the spring. Have canoe, will paddle.)

**CANOEING WITH THE KANSAS CANOE ASSOCIATION**

P37

T. J. Hittle 539-7772

One time: Sunday, 7-8:30pm, Feb 7  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

The Kansas Canoe Association is an organization of individuals and families who enjoy the recreational sport of canoeing. The Manhattan chapter is quite active with a dynamic membership of both non-experienced and experienced canoeists. The class will see a multi-media show and will be provided with brochures and river guides. (T.J. is an active white-water canoeist and kayaker. As the K.C.A. Regional Director, he oversees the Manhattan area activities.)

**KAYAKING!**

P38

Jeni Kardinal 532-5469

Section I: Sundays, 9-12noon, First Meeting: Feb 21 Length: 4 times  
Section II: Sundays, 9-12noon, First Meeting: April 4 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 15 each section  
Materials Fee: \$25.00, pay at class

Kayak (kī'ak): the Eskimo seal-skin canoe, long, narrow and covered over. Learn how to handle and enjoy the new lightweight plastic kayaks that are fast becoming so popular. Three sessions in an indoor swimming pool will prepare you for a trip to Missouri's thrilling white water. Kayaks and equipment are provided. Catch some wave action! (Jeni has been kayaking 3 years and has raced and taught for over a year.)

**CANOEING WHITE WATER CLINIC**

P42

T. J. Hittle, Rich Williams, Glen Lojka 539-7772 776-9637 539-2919

Sundays, 9am-12noon, March 14 & 21  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 30

Learn white water canoeing techniques like draw strokes, sideways ferries, eddy turns and peel-outs (coming out of an eddy turn). Red Cross films and demonstrations by experts will enable you to negotiate riffles, rapids and large rocks. Practice in the pool and at Rocky Ford Dam with these safety-conscious instructors. The trick is to miss the rocks, have fun and stay afloat. Water rescue techniques and how to unswamp a canoe will be covered as well. (T.J. and Rich are KCA members. Glen is a Red Cross canoe instructor.)

Outer Self



# Know-How Network

The Know-How Network is now a permanent part of UFM. We will continue to organize classes geared to help adult learners improve their job skills and develop what we call "modern survival skills." Classes for the Know-How Network are scheduled in the Northview area and the area south of Poyntz. If you want to offer a class or have any suggestions or questions, give us a call. Sandy Sandersware, 532-5866; Roxanne Lambert, 532-5866.

## GENERAL OFFICE PROCEDURES

K2

Mary Bohnenblust, Anne Peterson

Tuesdays, 7-9pm First Meeting: Feb 2 Length: 13 weeks  
Location: KSU, 217 Calvin Hall Limit: 25

This class is for folks who want to learn office skills or brush-up on skills you already have. The 13-week class will cover basics in record keeping, filing, how to operate a calculating machine, mailing, business grammar, telephone etiquette, and the different ways to write and type a business letter. If you need transportation call Sandy Sandersware at 532-5866. (Mary and Anne are KSU students in Business Education.)

## KNITTING

K3

Fern Switzer

539-3486

One Time: Wednesday, 7-9pm, Feb 10  
Location: Douglass Center Annex, 901 Yuma

Bring size 8 knitting needles and yarn. We will learn the basics of knitting and how to read patterns. Fern will help everyone get started on a project of their choice. (Fern has taught knitting for the Manhattan Recreation Commission and is a member of the Douglass Arts & Crafts Club.)

## KNOW HOW TO GET THE JOB

K4

Marcie Schuley

776-7178

Mondays, 7-8:30pm First Meeting: Feb 15 Length: 2 times  
Location: Adult Learning Center, 2031 Casement Rd

Recognizing what we can do well and what we enjoy doing is the first step in getting a job. Knowing our skills tends to help us feel better about ourselves, and more able to answer the question: "Why should I hire you?" We'll be looking at practical ways to prepare for the job-hunt and to answer interview questions in the two class meetings. (Marcia is a former homemaker and single parent who did her own skills assessment and entered the job market.) If needed, childcare will be provided. Please contact Sandy at 532-5866.

## BASIC CAR CARE

K5

Larry Nicholson

537-0056

Wednesdays, 7-9pm First Meeting: March 24 Length: 2 times  
Location: Douglass Center, 901 Yuma - Butler Building

Learn more about how a car operates and how you can prevent costly repairs by doing simple maintenance yourself. Larry will cover tasks like changing the oil, spark plugs, winterizing, and simple car repair. (Larry has worked on cars for years.)

## SOLAR REMODELING WORKSHOPS

K6

Bruce Snead

532-5866

Dates & Time: Sign up and you will be contacted  
Location: Douglass Center Annex, 901 Yuma

UFM's solar remodeling project will be developing low-cost solar designs for existing homes and two or more of these designs will be built on local homes in weekend construction workshops early in 1982. If you are interested in learning do-it-yourself solar remodeling skills please sign up and we will contact you when the workshop dates have been scheduled. (UFM's Appropriate Technology Program will lead the workshop.)

## TAX WORKSHOP

K1

Cindy Davis

776-9294

Section I: Tuesday, 7-9pm, Feb 2  
Location: Douglass Center annex, 901 Yuma

Section II: Wednesday, 7-9pm, Feb 10  
Location: Adult Learning Center, 2031 Casement Rd

April 15th is just around the corner. This class will teach you how to prepare your Federal and State Income Tax Return. It will help you understand all the exemptions and how they benefit you when filing your return. (Cindy works with the Area Agency on Aging.)

## SELF-DEFENSE FOR WOMEN

K12

Christie, Mary, Pat, Sandy

776-6498

Wednesdays, 7:30-9:30pm First Meeting: March 3 Length: 2 times  
Location: Douglass Center Annex, 901 Yuma

Regardless of age, race, social class or lifestyle - all women are potential targets of violence. However, women rarely receive any training for their own defense. This class will introduce simple but effective self-defense skills, taught by women for women. Be sure to wear loose, comfortable clothes. (Christie, Mary, Pat & Sandy have taught self-defense for women for the past 1½ years.)

## GOSPEL SINGING - NEW LIGHT BAPTIST CHURCH CHOIR

FA9

Jennie Chinn

532-5866

One Time: Friday, 8-10pm, April 23  
Location: Douglass Center, 901 Yuma

One of the highlights of the 1981 Kansas Folklife Festival was the Sunday morning appearance of the New Light Baptist Church Choir from Bonner Springs, Kansas. The choir was organized in 1950 with only six members. Today the group is made up basically from three families and claims thirty members.

## LEGAL AND ILLEGAL JOB INTERVIEW QUESTIONS

K7

Murt Hanks

One Time: Friday, 7-8pm, Feb 19  
Location: Douglass Center Annex, 901 Yuma

Black? Female? Divorced? If any one of those questions describes you, you may be interested in this class. We will address what is legal for an employer to ask you and what is illegal - and how to answer (or not answer) those questions which are illegal. (Murt is the Equal Employment Opportunity officer at Ft. Riley.)

## RETURNING TO SCHOOL

K8

Margaret Nordin

532-6434

One Time: Tuesday, 7:30-9pm, Feb 16  
Location: Douglass Center Annex, 901 Yuma

Are you thinking about going back to school after being out for four to forty years? Are you wondering just how to get started or whether it is worth the time, money and energy? Come to share your hopes and fears and to find answers to your questions. (Margaret works with adult students new to K-State.)

## PARENTS & ADOLESCENTS - HOW CAN WE BOTH SURVIVE?

K9

Michael Weinburg

537-2344

Tuesdays, 7-8:30pm First Meeting: Feb 23 Length: 2 times  
Location: 404 Humboldt, Suite C

Mike will discuss ways of building mental strength that will help deal with everyday problems. We will learn specifically about a method called reality therapy and how it can help parents of teenagers. These classes are an educational experience for parents who would like to better understand their teenage children. (Mike is the director of Manhattan Youth Care and a practiced reality therapist.)

## VOLLEYBALL FOR FUN

P15

Lois Morales

539-8867

Tuesdays & Thursdays, 6:30-8:30pm First Meeting: Feb 2  
Location: Register and you will be contacted Length: continuing  
Materials Fee: \$1.00, pay at class

Volleyball can provide low-key competition, exercise and a great time for beginners to those advanced. Nets and balls will be furnished. (Lois has played UFM volleyball for years.)

## BASIC TYPING SKILLS

K11

Debbie French

532-3739

Mondays & Wednesdays, 7-8:15pm First Meeting: Feb 1 Length: 24 times  
Location: KSU, 217 Calvin Hall Limit: 25

This class will teach basic typing skills and an understanding of the typewriter. We will concentrate on speed and accuracy. Please bring your own typing paper. If you need transportation call 532-5866.

## YOUNG BLACK WOMEN UNITED - AGES 13-18

K13

Roxanne Lambert, Vester Davis

One Time: Sunday, 7-8:30pm, Feb 21  
Location: 1315 Colorado

Are you sitting around with nothing to do - bored? Together we can make things happen - take trips, plan social events, learn more about ourselves. This class will be an informal meeting to find out your interests and plan some activities. (Roxanne and Vester were members of Sisters of Soul (S.O.S.) and would like to see a group like this start up again.)

## DRAWING\*

K14

Natalya Hall

Tuesdays, 7-9pm First Meeting: March 16 Length: 2 times  
Location: Douglass Center Annex, 901 Yuma Limit: 10

Anyone can draw and enjoy doing it. The classes will be informal drawing/sketching sessions and will focus on each individual's interest. Bring whatever drawing materials you have and any drawings you would like to share. (Natalya is a self-taught artist.)

## BEGINNING PHOTOGRAPHY

K15

John Holcomb

485-2410

One Time: Wednesday, 7-9pm, Feb 3  
Location: Douglass Center Annex, 901 Yuma Limit: 12

Bring your camera - simple or complex - and we will discuss basics of good picture taking. We will also talk about basic equipment and give information about cameras, lens, and other gadgets. (John is a photographer and is coordinator of the UFM Darkroom Cooperative.)

# COOPS

## Pottery Darkroom Woodshop



### POTTERY STUDIO AND CO-OP

The UFM Pottery Studio is equipped with a new portable gas kiln, an electric kiln, work tables, two pottery wheels and shelves for individual storage space along with prepared glazes. These facilities are available for use for 4 hours/week to individuals or groups for a very reasonable fee. Additional use is possible on a space-available basis.

UFM also has a Pottery Studio Co-op for those who feel able to work on their own on a regular basis and who need access to studio space.

The above mentioned equipment is available for use at the following rates:

Pottery Studio Coordinator: Janet Holcomb

532-5866

1 semester:	\$20.00
2 semesters	\$30.00
Full Year (12 months)	\$50.00

See the Arts & Crafts Section of this brochure for details about pottery instruction.  
Hours: 9am-10pm daily (except during pottery instruction)

### UFM DARKROOM COOPERATIVE

The UFM Darkroom is located in the UFM house, one block east of KSU campus. For those who need access to a well-equipped facility the darkroom is available from 9am-10pm daily on a reservation basis.

The darkroom fee covers all necessary equipment and chemicals necessary for processing black and white film. Everything is provided except paper.

Darkroom equipment is capable of handling 6cmx6cm negatives as well as 35mm and can provide photographic enlargements up to 11x14.

UFM offers a variety of photography classes for those who need instruction in darkroom techniques or photography. See the Arts & Crafts Section of the brochure for a listing of classes.

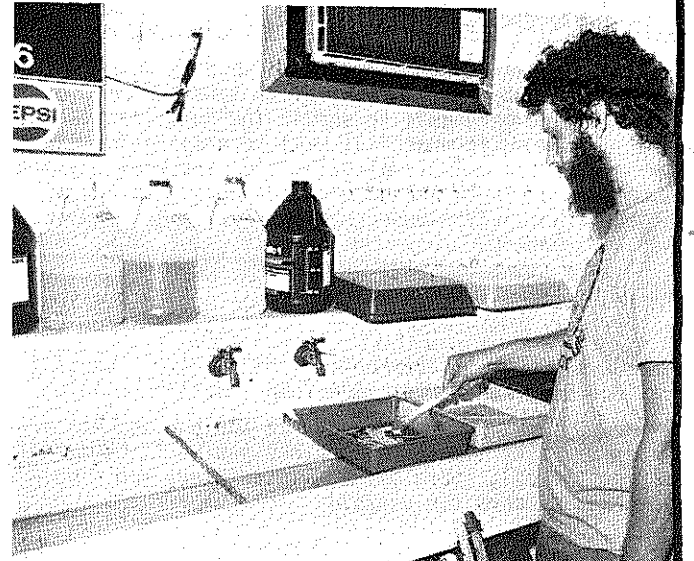
Darkroom Coordinator: Neil Schanker

532-5866 539-5766

	New Members	Renewals
Membership Fees: 1 semester,	\$18.00	\$15.00
2 semesters,	\$30.00	\$25.00
3 semesters,	\$40.00	\$35.00

This fee covers use of space, equipment, and all necessary chemicals. There is no additional hourly use charge.

For those who wish to use the darkroom, but who do not wish to purchase a membership, space is available at the rate of \$2.00 per hour.



### WOOD SHOP CO-OP

Located in the University for Man Solar addition, the UFM Woodshop offers a fully equipped work space for those with an interest in woodworking. This facility enables co-op members to work on their own woodworking projects, from simple furniture repair to custom designed coffee tables. The shop, although compact, offers room enough for two people to work simultaneously on their projects, which have included stereo cabinets, end tables, bowls and shelving units.

The shop is fully equipped for the woodworking hobbyist or do-it-yourselfer. Stationary power equipment includes a table saw, radial arm saw, jointer, lathe, and bandsaw. A router, drills, belt sander, skill saw and saber saw form a complement of portable power tools. Of course, a full array of hand tools, as well as a sturdy workbench, is also included. The basic stock of tools was provided by a grant from the Clearinghouse for Community Based Free Standing Educational Institutions. While this grant has been exhausted, the stock of tools in the shop is being constantly upgraded and expanded through Co-op member's fees.

The fees for members are \$20.00 per semester, or \$45.00 per year (12 months). The yearly fee is a great savings over the semester fee and enables co-op members to work on their projects uninterrupted.

Because of safety considerations, the Woodshop is available for use by Woodshop Co-op members only. No one-time use is allowed. Hours when the shop is open to members are from 1pm to 10pm weekdays and 9am to 9pm Saturday and Sunday. Members may reserve 4 hours weekly in the shop. Additional shop time is available on a first-come, first-serve basis.

In addition to individual use, the shop is also used for a wide variety of woodworking classes. (See the Skills Section of the brochure.) If you are interested in offering a woodworking class or demonstration in the Spring or would like to take a course not offered this fall, please contact the Woodshop Coordinator.

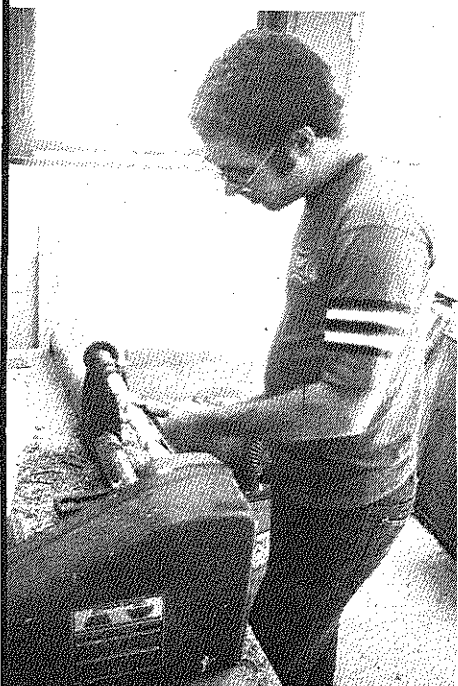
The Woodshop Coordinator, in addition to teaching woodworking classes and arranging others, is also available to Co-op members for consultation and help on their projects.

Woodshop Coordinator: Dick Stater

UFM 532-5866 Home 539-9312

Membership Fees: 1 semester	\$20.00
12 months	\$45.00

Hours: 1pm-10-pm, weekdays; 9am-9pm, Saturday and Sunday





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Let's Recreate Project Staff—Genevieve Remus and Mary Priest



UFM Campus-Community Staff—Pictured left to right: Kate Maxham, Julie Govert Walter, Julie Coates, Janet S. Holcomb, Neil Schanker, Sandy Sandersware, Roaxanne Lambert.

## solutions

ideas and information . . . for when you're not sure what you need . . .  
 design, layout and editing . . . for when you have to look professional . . .  
 paste up and complete printing liason . . . for when you need it today—or maybe yesterday . . .  
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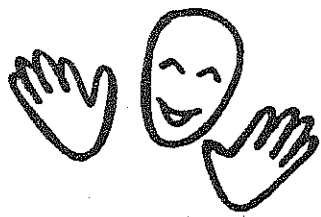
A program of recreation  
designed for the handicapped adult population  
in the Manhattan/Riley County area.

# Let's Recreate!

The main goal is to provide participants with education and socialization in a recreational area so that an avocation can be continued independently on a lifetime basis. Participants will be encouraged to experience all of the areas before selecting a specialty area. Classes will then be provided for participants to reach an advanced level of skill in his/her specialty area. Skills and knowledge will be taught through varied methods including hands-on experience and field trips.

Funded through grants from the U.S. Department of Education, Rehabilitative Services Administration.

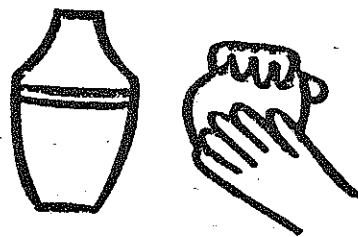
## Dramatics



- Trips to theatre productions

- Movement and body awareness
- Games — sound, imagination, concentration, group and individual awareness
- Improvisations
- Structured Drama

## Pottery

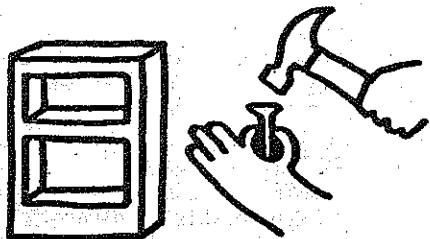


- Produce objects for display or sale

- Working with clay
- Sculptural handbuilding
- Wheel throwing
- Types of clay
- Glazes
- Kilns
- Trips to local production studios

## Woodworking

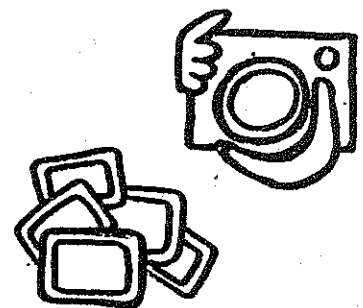
- Safety
- Tools
- Materials
- Construction techniques
- Planning
- Finishing and refinishing
- Plan and build selected project



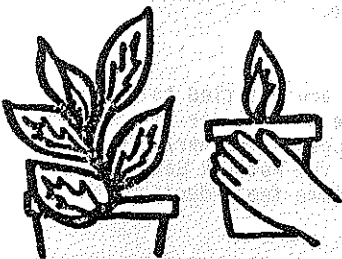
- Group project
- Trips to local shops

## Photography

- Good picture taking
- Film development
- Picture taking expeditions
- Exploration of other media, i.e. video tape
- Trips to exhibitions



## Horticulture



- Plants and their care
- Gardening outdoors
- Gardening indoors
- Horticultural crafts
- Trips to local facilities
- Individual projects

## Other Activities

- Aerobics or Dance — to provide opportunity for regular exercise
- Transportation — provided for those who need it
- Group trips — to expand opportunities to travel

For information  
and registration, contact:

Genevieve Remus or  
Mary Priest  
University for Man (UFM)  
1221 Thurston  
Manhattan, Kansas 66502  
532-5866

# Mail In Registration Form

Be sure to register early because limited classes often fill quickly.

(One form per person) Mail-in registration due Jan 11-22.

(Please Print)

Name \_\_\_\_\_  
 Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Survey-Please check all that apply  
 I am a:  
 KSU Student ( \_\_\_ credit hours)  
 Student Spouse  Ft Riley Personnel  
 KSU Faculty/Staff  Townsperson(nonKSU)  
 Fac/Staff Spouse  Rural Riley Co.  
 School Age  Handicapped  
 Senior Citizen

Where did you pick up your catalogue? \_\_\_\_\_

I would like to volunteer my skills in exchange for registration discounts \_\_\_\_\_

I am interested in teaching for UFM \_\_\_\_\_

I would like to see offered next term \_\_\_\_\_

UFM - 532-5866

Class #	Sec#	Title	Class Fee
1.			
2.			
3.			
4.			
5.			
6.			

Total class fee\*(see costs) \_\_\_\_\_  
 Plus Registration Fee Individual - \$2.00 \_\_\_\_\_  
 (see costs)  
 Check here if senior citizen or disabled \_\_\_\_\_  
 If KSU student list ID# here \_\_\_\_\_  
 Total Due \_\_\_\_\_

IMPORTANT! Please read the refund policy \*e.g., Sec I or II, etc. if indicated in description.

# Registration

All UFM classes are offered by volunteers. All fee income will be used to help meet UFM operating costs.

## REGISTRATION DATES

Mail in: Jan 11-22

Walk in:

Jan 12, UFM House 7-9am  
 Public Library 5-7pm  
 Jan 13, KSU Union 9am-2pm  
 Ft. Riley 10am-4pm  
 Jan 14, KSU Union 9am-2pm  
 Jan 16, WalMart 10am-1pm  
 Food-4-Less 1-4pm  
 Jan 19, Public Library  
 9am-2pm; 5-7pm  
 Jan 20, KSU Union 9am-2pm  
 Ft. Riley 10am-4pm  
 Jan 21, KSU Union 9am-2pm

Late Registration: Accepted on a Space Available Basis

For More Information: UFM, 532-5866, 1221 Thurston, Manhattan KS

(Additional registration forms are available at the UFM House.)

## TO REGISTER BY MAIL:

Fill out the form at left. One form per person.

Total up the class fees as listed in the catalog. (Material fee, if listed, is paid at class.) Add the registration fee as it applies. (See costs)

Mail your form(s) with your check to: University for Man  
 1221 Thurston  
 Manhattan, KS 66502

Receipts and locations will be mailed to you immediately. If the class is full see refund policy. (A stamped, self-addressed envelope would be appreciated)

## COSTS:

Registration fee is \$2.00 per person. If you are under 13 and your parent(s) are taking a UFM class, do not pay registraion fee.

Those teaching or doing volunteer work receive fee discounts.

If you are over 60 or disabled, you are exempt from the registration fee.

If you are a full-time KSU student you are exempt from the registration fee. (An annual SGA allocation supports student participation.)

If you are registering only for Know-How Network classes, you are exempt from the registration fee.

In the brochure when a fee is listed, this is the Class Fee and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

## UFM REFUND POLICY:

Please check your calendar before you register for a class. UFM will only give a refund in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.

If you are not satisfied with a UFM teacher or class, please contact the UFM at 532-5866.

## DISCOUNTS FOR VOLUNTEERS:

You may work for UFM in exchange for registration discounts. Arrangements will be made on an individual basis. Call UFM, at 532-5866.

## Special Children's Discount For Family Participation:

If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

## UFM TEACHER CREDIT:

All UFM teachers and volunteers are entitled to fee reductions. If teachers or volunteers desire to register for classes, register through the normal process. Teacher/volunteer credit vouchers will be distributed at the Potluck Gathering or by mail. These can be used for future fee reductions.

## RECEIPTS:

After the registration form is processed, you will receive a receipt. This is your proof of payment. UFM will retain a copy.

## CLASS LOCATIONS:

When you receive your receipt, the location/s of your class/es will be included.

## LIABILITY FORMS:

Participants enrolled in classes with potential safety risks must fill out a UFM liability form at the first class meeting. Class teachers must return them to UFM before the second class meeting.

(Please Print)

Name \_\_\_\_\_  
 Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Survey-Please check all that apply  
 I am a:  
 KSU Student ( \_\_\_ credit hours)  
 Student Spouse  Ft Riley Personnel  
 KSU Faculty/Staff  Townsperson(nonKSU)  
 Fac/Staff Spouse  Rural Riley Co.  
 School Age  Handicapped  
 Senior Citizen

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I would like to see offered next term \_\_\_\_\_

UFM - 532-5866

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 Check here if senior citizen or disabled \_\_\_\_\_  
 If KSU student list ID# here \_\_\_\_\_  
 Total Due \_\_\_\_\_

IMPORTANT! Please read the refund policy \*e.g., Sec I or II, etc. if indicated in description.

(Please Print)

Name \_\_\_\_\_  
 Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
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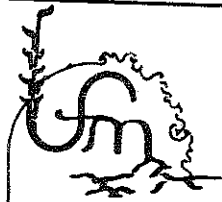
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1221 Thurston  
Manhattan, KS 66502

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# THE MONEY MAN EXTRA

## Money

### MAKING MONEY WORK

#### MONEY MANAGEMENT

MS64

Patty Streeter

537-2244

One Time: Wednesday, 7-8:30pm, June 9

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Materials Fee: \$3.00, pay at class

Limit: 10-15

There's nothing more important than having a clear idea of just what your financial situation is. In this class you will work on: balancing your checkbook, calculating a budget, income, fixed expenses, weekly out-of-pocket expenses and your financial net-worth. (Patty is a small business owner and a money management specialist.)

#### INVESTMENT BASICS FOR 1982

MS65

Steve Harrison - Sheryl Prawl

One Time: Thursday, 7:30-9:30pm, April 22

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Materials Fee: \$3.00, pay at class

Back by popular demand, this is an opportunity to begin forming the foundation of investment fundamentals necessary for effective financial planning. Topics discussed will include money market funds, stocks, bonds, mutual funds and other investment opportunities. (Steve and Sheryl are registered representatives of a New York Stock Exchange member firm with offices here in Manhattan.)

#### MONEY FOR MORTGAGES: YOUR HOME

MS66

Margaret Pickett, Ken Elder

537-0200

One Time: Thursday, 7-9pm, May 13

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Buying a home is a big step. Find out what types of financing are available for your home purchase. Also covered will be precautions to take if buying your home direct from the seller. (Ken has been in real estate lending for 14 years. Margaret has been with a local bank for 18 years and in real estate lending for 3 years.)

#### TIPS ON HOME BUYING

MS67

Bill Frakes

539-0507

One Time: Wednesday, 6-8pm, May 19

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Thinking about buying a home? What should you look for inside, outside and all around a potential home? This course will provide you with a complete home buying checklist and will discuss such important elements as home-finance, professional inspection and planning for the future. (Bill is a broker-owner of a local real estate agency, the current president of the Manhattan Board of Realtors, and 1981 Realtor of the Year.)

#### OBTAINING AN AUTO LOAN

MS 68

Karen Egts

537-1234

One Time: Thursday, 7-9pm, April 15

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

So you want to buy a new car. Great. Now - how to get the money. This course will cover the basics of how to apply for and qualify for an auto loan. Included will be a review of a contract for a purchase of an automobile. (Karen is an installment loan officer with a local financial institution.)

#### WAR TAX RESISTANCE

MS76

Dean Denner

776-5589

One Time: Thursday, 7:30-9:30pm, April 15

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

On April 15th we vote with our federal income tax dollars. The winners under the Reagan budget are determined: military - 56%; human resources - 23%, physical resources - 9%, all other costs - 12%. Join with the Lutheran Peace Council, Roman Catholic Jesuit priest Daniel Berrigan, Roman Catholic Archbishop Raymond Hunthausen and an increasing number of groups and individuals to use your tax money for life-affirming causes rather than supporting preparation for a "winnable" nuclear war. (Dean has sent the military portion of his federal income tax to the World Peace Tax Fund.)

## CREDIT

#### WHAT IS THE CREDIT BUREAU?

MS72

B. Dale Thierolf

776-9434

One Time: Wednesday, 7:30-9:30pm, April 28

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 10

Have you ever wondered what a credit bureau is or what your credit bureau does? This is your chance to come and take a look. You'll be provided with interesting explanations. Bring your questions. (Dale owns and operates a local credit bureau.)

#### ARE YOU AN "INVISIBLE" WOMAN?

MS74

Sarah Carlson

537-4400

One Time: Tuesday, 7-9pm, May 4

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 10

Are you "invisible" in the credit world? Unfortunately, many women have no credit histories and some have been denied credit because of their sex. Others have not applied for credit relying on credit carried in their husband's name. Learn why your individual credit rating is a necessity, how to obtain a credit rating and what laws protect you as a woman. (Sarah is a loan officer with a local financial institution.)

#### ESTABLISHING A CREDIT RATING

MS73

B. Dale Thierolf

776-9434

One Time: Thursday, 7:30-9:30pm, April 29

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 10

Need to establish a credit file but wondering how to go about it? The essentials of building your credit file will be explained and you will be provided with suggestions on how to build and maintain yours no matter what your age or income.

#### HOW TO USE CONSUMER CREDIT WISELY

MS75

Patty Streeter, Sharon O'Neal

537-2244 776-4733

One Time: Wednesday, 7-8:30pm, May 5

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 30

The different types of consumer credit, how to establish and maintain credit and the expenses and the advantages of credit will be covered. A special emphasis will be given to ways women can make credit work for them. (Patty and Sharon are officers of the Manhattan Chapter of Credit Women-International.)



## MORE ON MONEY

### TAKING CARE OF BUSINESS

#### BUSINESS CREDIT AND COLLECTIONS

MS69

Liz Coltharp 537-1889  
 One Time: Tuesday, 7-8pm, May 25  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration Limit: 15

Credit and collections are an important part of any successful business. This course will discuss the various tools available to businesses designed to aid their collection efforts. The importance of the telephone in credit and collection and the effect of prompt follow-up contacts will be emphasized. (Liz is a senior credit representative for a large local company and has worked in the field for 7 years.)

#### WOMEN ALONG BUSINESS LINES

MS70

Vanessa Klein 316/269-6571  
 One Time: Wednesday, 7-8:30pm, April 21  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Are you a woman with business on your mind? This course will focus on personal factors women often consider before taking their place in the business world. Such questions as "what type of business is right for me?" and "how will I finance my business venture?" will be discussed. (Vanessa, a loan officer has been with the Small Business Administration for 5-1/2 years.)

#### SPECIAL ORGANIZATIONAL SERVICES (SOS)

MS71

Connie Strickland 537-4400

One Time: Thursday, 7-9pm, May 6  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

When a business crisis occurs, will you be prepared to handle all the personal family and financial affairs? If you are in doubt, this two-hour workshop is for you. Learn how to gather and document information for easy reference now and in times of crisis. (Connie has been in the banking industry for 3 years.)

### SOCIAL SECURITY

#### SOCIAL SECURITY INCOME SERIES

MS77

James Alsup 539-4681  
 Tuesdays, 7-9pm First Meeting, May 4  
 Location: Register and you will be contacted  
 Class Fee: \$10.00 for series; \$3.00 individual classes, pay with registration

Stay informed about today's Social Security System and the benefits it provides. The following series of courses is designed to thoroughly inform participants of the four major types of Social Security benefits. James Alsup, a field representative for the Manhattan Social Security Office will answer your questions about today's Social Security system and benefits. Bring your questions.

Tuesday, May 4 - Retirement

"Will I ever see any of the tax money I pay to Social Security after I retire?" is a common question. This session will cover who is eligible for retirement benefits, how benefits are determined and recent legislation and proposals affecting this part of the Social Security program.

Tuesday, May 11 - Survivor's Benefits

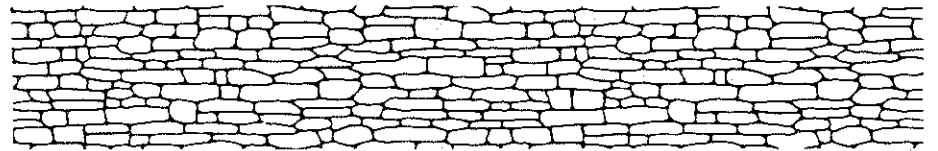
This session will focus on benefits provided to survivors as part of today's Social Security system. Who is eligible, continuing eligibility requirements, how benefits are determined and new legislation affecting survivors will be discussed.

Tuesday, May 18 - Disability

Who is eligible for Social Security disability benefits and how are such benefits determined? These questions and others will be discussed in this session.

Tuesday, May 25 - Medicare

Find out what you need to know about today's Medicare benefits: How does the Medicare system work, who's eligible, what are the benefits.



### HUMAN CONCERNS

#### AMNESTY INTERNATIONAL

MS78

Jan Flora, Dean Denner 539-3082 776-5589  
 1st Tuesday of month, 7-9pm First Meeting: May 4 Length: Ongoing  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Amnesty International is a worldwide organization that works directly as an advocate for individuals who are imprisoned around the world for their religious and political dissent. A local chapter is in the process of formation. All are welcome. (Jan has experience working with human rights groups in Latin America.)



#### UNDERSTANDING NATIVE NORTH AMERICAN CULTURES

MS94

Robert B. Taylor 532-6871  
 One Time: Tuesday, 7:30-9:30pm, April 20  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

This class seeks to correct some of the main misunderstandings about the lifeways of native North Americans from aboriginal times to the present, and to inform the class members of some of the significant but not widely known features of their lives and cultures. The perspectives are those gained from anthropological studies. Questions and contributions from class members will be invited. (Robert is a cultural anthropologist who has taught "Indians of North America" at K-State for many years and has done research among the Zapotec of Mexico and Umatilla of Oregon.)

## Speaking Out

#### SPEECHCRAFT

MS41

R. J. Dickens 539-7050

Section I: 2nd & 4th Tuesdays, 6:30pm First Meeting: April 27  
 Section II: 1st & 3rd Thursdays, 7:30pm First Meeting: April 15  
 Section III: Wednesdays, 7:30pm First Meeting: April 21  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

When you are called upon to speak in a meeting - what do you do? Do you rise to your feet confidently and then respond with appropriate remarks, or do you refuse with apologies? Would the ability to present your ideas in clear, brief and convincing style be welcome? If your answer to that last question is "yes," then this class may help.

Section I is open to the public  
 Section II is open to Ft. Riley personnel and spouses  
 Section III is open to international students, spouses and faculty members.

#### HOW TO CONDUCT PRODUCTIVE MEETINGS

MS43

R. J. Dickens 539-7050

2nd & 4th Tuesdays, 6:30pm First Meeting: April 27  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Take the number of meetings you attended last year, multiply by the number of hours for each meeting, multiply that times the average number of people at each meeting times the cost of time spent by people at meetings, multiply that by 12 and you have some idea of what unproductive meetings may be costing you. This class will show you how to make your meetings more productive by use of laboratory sessions and workbook handouts.

#### YOUTH SPEECHCRAFT

MS42

R. J. Dickens 539-7050

Register and you will be contacted for time and location  
 Class Fee: \$3.00, pay with registration

Do you have trouble speaking in class? Are you president or another officer of a school or other youth organization and not sure what to do? This class can help. This class will fulfill all requirements for Boy Scouts Public Speaking and Communications merit badges.

#### HOW TO LISTEN EFFECTIVELY

MS44

R. J. Dickens 539-7050

Register and you will be contacted for time and location  
 Class Fee: \$3.00, pay with registration

Estimates indicate that some people retain as little as 12 per cent of the information they hear. Are you one of them? This class will present, and give the opportunity to practice, techniques that will give greater comprehension and clarity to what is said to you.

#### PARLIAMENTARY PROCEDURE IN ACTION

MS40

R. J. Dickens 539-7050

1st & 3rd Thursdays, 7:30pm First Meeting: April 22  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

How many times have you been involved in a meeting that went on aimlessly without a set order? Are you (or are you about to become) a presiding officer of an organization and not sure what to do? This class, based on Robert's rules of order, can help.

# Practical Skills

## SELF-IMPROVEMENT - A PRETTIER YOU

MS31

Nancy Bower

776-5257

One Time: Saturday, 2-5pm, May 8  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Limit: 5

Is your skin as smooth as you'd like it to be? Are you as attractive as you wish? Learn how to care for your skin, apply makeup as naturally or as glamorously as you prefer, and how to coordinate colors in this fun and informative class! Personal consultation also available at no charge for contouring problems. (Nancy is a graduate home economist who has enjoyed helping people improve their skin and personal appearance for the past 16 years.)

## SPRING FASHION PREVIEW

MS82

Nancy Blach

537-0876

One Time: Wednesday, April 28 7-8pm  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Re-energize your spring wardrobe with tips from fashion consultants of Scot's Ltd. in Aggieville. Learn how to coordinate the new spring colors and fashions on a limited budget by making different outfits from a few basic items. Discuss how to make your wardrobe work for you! (Nancy is the manager of Scot's Ltd. in Aggieville.)

## CHILDREN'S COOKIE CLASS (8-16 YEARS)

Kim Schumm

MS85

539-3641

Tuesdays, 7:30-8:30pm, April 20 and 27 (2 times)  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration  
 Materials Fee: \$1.00, pay at class

Limit: 5

We will begin with a dough making demonstration and discuss methods for brownies, oatmeal cookies, and peanut butter cookies. We will take home copies of the recipes and cookie samples. This class will be geared toward children's participation and will also cover the basic rules of kitchen safety. (Kim is a close friend of the "Cookie Monster.")

## INTRODUCTION TO BABYSITTING

MS84

Kim Schumm

539-3641

Karen Proctor

Register and you will be contacted for dates and location  
 Class Fee: \$2.00, pay with registration

This is an introduction for those aged 12 and older who have never babysat or who have done it infrequently and would desire more information. We will cover the things that you, as a sitter, should know such as basic first aid and safety. We will also talk about some tips for working with children that will make childcare a little easier for you. (Kim is a mother and a former elementary school teacher. Karen is a registered pediatric nurse.)

## HOW TO BUY A USED CAR

MS 96

Leo H. Converse

For Time and Date you will be contacted.  
 Location: You will be contacted  
 Class Fee: \$3.00

Learn about important things to check for before you buy a used car. Help improve your choices of getting a good deal by knowing what to look for when you shop. (Leo has 20 years experience in auto sales and management.)

## PROBLEM PESTS?

### RESIDENTIAL PEST CONTROL - TERMITES

MS58

Matt Dost

776-6063

One Time: Tuesday, 7-8:30pm, April 20  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Limit: 30

Class will cover identification of the eastern subterranean termite and its colonies, damage caused, and control of. Slides and actual damage will be reviewed. Question and answer period will be included.

### RESIDENTIAL PEST CONTROL - RODENTS

MS50

Matt Dost

776-6063

One Time: Tuesday, 7-8:30pm, May 4  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Limit: 30

Identification of rats and mice and the damage caused by each. Life cycles and habits will be discussed as well as control measures.

### RESIDENTIAL PEST CONTROL - GENERAL PESTS

MS51

Matt Dost

776-6063

One Time: Tuesday, 7-8:30pm, April 27  
 Location: Register and you will be contacted  
 Class Fee: \$3.00, pay with registration

Limit: 30

Identification and control measures for commonly encountered insect pests. Slides and actual specimens will be shown. Question and answer period included.

## GET WITH THE PROGRAM!

### INTRODUCTORY COBOL

MS47

Jay Elewitz

539-5216

Tuesdays, 7-9:30pm First Meeting: April 20  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$250.00, pay at class

Length: 10 times

Limit: 12

Cobol is the most commonly used business programming language in the world. This class is for students already familiar with the fundamentals of programming who want a first experience.

Tour of Throckmorton Hall greenhouse facilities. Throckmorton Hall is the new plant sciences building on the Kansas State campus. The building houses the Departments of Agronomy and Plant Pathology and provides classroom space also for the Department of Horticulture. The attached greenhouse complex is used by the Departments of Agronomy, Plant Pathology, Horticulture and Entomology for both the teaching and research programs within the departments.

### EATING OUT (OF YOUR SPRING GARDEN)

MS22

Kate Bromley

532-5866

One Time: Wednesday, 7pm, May 26

### BEGINNING BASIC PROGRAMMING

MS49

Jay Elewitz

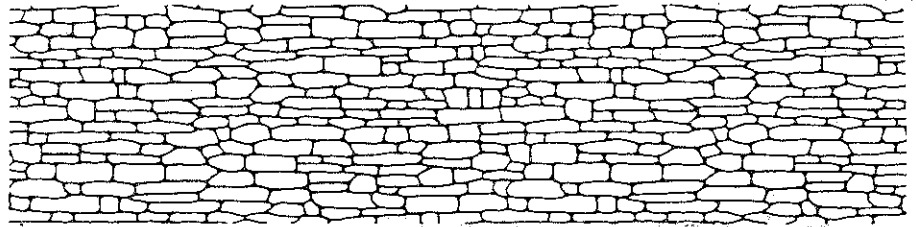
539-5216

Mondays, 7-9pm First Meeting: April 19  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$85.00, pay at class

Length: 8 times

Limit: 14

An introduction to computer terms, capabilities, limitations, and functions to help the student gain a first-hand understanding of computer concepts. The basic programming language will be taught, then used by students.



## Co-ops

### WOODSHOP CO-OP

MS46

Alan Edgar

532-5866

Monday, 7:30pm, April 19 - organizational meeting  
 Location: Register and you will be contacted  
 Fees: \$20, 4 months; \$45/year, payable at registration

Limit: 30

Located in the UFM Solar addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, lathe, band saw, and most common woodworking tools. The membership fee is for equipment and facility use only. No materials are included. The mandatory organizational meeting will include instruction in safe equipment use and basic first aid. (Alan is the UFM woodshop coordinator.)

### UFM POTTERY STUDIO CO-OP

MS35

Janet Holcomb

532-5866

Friday, April 23, 5:30pm - organizational meeting  
 Location: Register and you will be contacted  
 Class Fee: \$10.00, pay with registration  
 Materials Fee: \$10.00, pay at class  
 Membership in studio co-op - \$50.00, 24 weeks  
 - \$30.00, 16 weeks

Limit: 10

This is a co-operative studio-access class open to anyone with experience who feels confident working alone. As a co-op member you will have access to the studio for four hours a week, 12½ pounds of clay plus all the recycled clay you produce, kiln space, and glazes. (Janet is the pottery studio coordinator for UFM.)

### UFM DARKROOM COOPERATIVE

MS36

Neil Schanker

532-5866

Organizational Meeting: Monday, 6:30pm April 19

Located just one block east of campus in the UFM House, the UFM darkroom is available to anyone who needs access to a well-equipped facility. Equipment is capable of handling up to 11x14 prints and 6cmx6cm negatives as well as 35mm. The fee includes everything but paper.

Fees:

8 weeks/extra spring session - \$10.00	
15 weeks, \$18, new members	\$15, renewals
30 weeks, \$30, new members	\$25, renewals (pay with
45 weeks, \$40, new members	\$35, renewals registration)

This fee covers use of space, equipment and all necessary chemicals for black and white film processing. There is no additional hourly use charge. For those who wish to use the darkroom but who do not wish to purchase a membership, space is available at the rate of \$2.00/hour.



# Fun & Games

**POCKET BILLIARDS** MS7 776-6338  
Jerry Riggs

Saturdays, 10:30am First Meeting: April 24 Length: 6 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 20

The class will start with a brief history of the game. Included will be an introduction to playing equipment, basic stance, aiming, English, and control. The different games - 8-ball, 9-ball and snooker will be covered as well as the theory and mental game. Also, we will watch a video-tape trick shot demonstration and championship match. (Jerry has played in two World Pocket Billiard Championships in New York City, finishing 33rd in 1979 and 16th in 1980.)

local company and has worked in the field for 7 years.)

**WOMEN ALONG BUSINESS LINES** MS70 316/269-6571  
Vanessa Klein

One Time: Wednesday, 7-8:30pm, April 21  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Are you a woman with business on your mind? This course will focus on personal factors women often consider before taking their place in the business world. Such questions as "what type of business is right for me?" and "how will I find

**CANOE EXPERIENCE FOR BEGINNERS** MS9 539-9150  
Pat Dreese

Saturdays, 1pm, April 24, May 1 (2 times)  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 15

We will meet for a short talk about canoeing, and then will carpool to the State lake for the real thing. Instruction will be given in basic paddling and steering. Equipment and local places to canoe will be covered. The second class will canoe Deep Creek. (Pat likes to canoe in Kansas.)

**BEER BALL** MS17 532-5866  
Brian Mulch

Saturday, 3-7pm, May 15  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Beer ball is a not so regular baseball game. Its intention is to enjoy the sport of baseball and the spirit of beer drinking. Rules will be explained at game time. (Brian is an expert at beer ball.)

**BACKWOODS COLORADO** MS90 537-1383  
Richard Harris

One Time: Monday, May 3, 7:30pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Do you want to drive, hike, and camp in Colorado this summer but don't know where to go to beat the crowds? Come and get ideas (or share your own) on beautiful, yet largely undiscovered places in Colorado. (Dick has gone to Colorado once or twice a year for many years and has discovered many out-of-the-way places.)

**JOGGING, RUNNING AND RACING: HOW TO BEGIN AND IMPROVE** MS91 532-6765  
Tony Wilcox

One Time, Tuesday, May 4 7-9pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

The class will cover the training principles that should guide both the beginner and the experienced runner. Topics will also include shoe selection, weight reduction, race preparation, and marathoning. Some benefits of running include better health, self-satisfaction, competition, lowering of heart rate and loss of body fat. Tony will talk about commitment. He says, "anyone can get into running and achieve a level of success." (Tony is an exercise physiologist at KSU and an experienced distance runner.)

**BASIC FISHING TECHNIQUES** MS52 539-8258  
Robi Mills

Register and you will be contacted for time and location  
Class Fee: \$3.00, pay with registration Limit: 10  
Materials Fee: to be determined by bait cost

The basics of fishing for common Kansas fishes, (large mouth bass, wall-eye, crappie, catfish, white bass, carp) will be discussed. Organization of a fishing trip will be determined according to class desire. (Robi has fished for most of his life and works at a local reservoir.)

**SAILING BASICS** MS10 539-1781  
Maurice Stark

Saturday, 10am-12noon, April 17 (one other session to be announced)  
Location: Register and you will be contacted Length: 2 times  
Class Fee: \$5.00, pay with registration Limit: 10

An introduction to sailing, including terminology, boat nomenclature, how to sail, selecting a boat, and how to get started. Several types of boats will be shown at the second session. (Maurice is Rear Commodore of the Blue Valley Yacht Club but new enough to the sport that he can relate to the problems of beginners.)

# The Great Outdoors

**NATURE PHOTOGRAPHY SHOOTING SESSION** MS11 1-494-2419  
Dru Clarke

One Time: Saturday, 7-9am, May 15  
Location: Register and you will be contacted Limit: 15  
Class Fee: \$3.00, pay with registration

Be prepared to lie on your belly or climb a tree as we photograph spring flowers, woods and prairie in a natural area. Bring a camera, film and a sensitive eye. (Dru is a high school biology teacher who is an experienced nature photographer.)

**EDIBLE WILD PLANTS** MS15 539-6609 539-3488  
Sue Maes, Max Miller

One Time: Tuesday, 6pm, May 11  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Before you pull or spray that weed why not find out whether it can be enjoyed in a cuisinaire style. Hundreds of unwanted or overlooked plants give excellent food value. Twenty to fifty local plants will be reviewed and displayed for the class. Next thing you know, you'll be serving stinging nettle quiche to your next dinner guest, and munching on day lily buds. Class will be re-scheduled in case of rain. (Max and Sue are a team with years of professional and amateur experience.)

**WARBLER MIGRATIONS** MS25 537-8871  
Monty Hinton

One Time: Saturday, 7am-noon, May 15  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Warbler Migration will be in full swing. This area is a good place to observe them. Learn how to identify them. Be sure to bring binoculars and camera and food if you want. (Monty has done classes before for UFM. He is vice president of Flint Hills Audubon Society.)

**BACKYARD BIRD FEEDING** MS26 532-5866  
Gary Schiltz

One Time: Friday, 7pm, April 23  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Basic discussion of backyard bird feeding strategies. Emphasis on class participation on ideas for feeders, feeding, etc. (Gary is an avid bird watcher.)

**WOMEN AND THE EARTH** MS23 532-5866  
Ann Bristow, K. Bromley

One Time: Friday, 6:30pm, April 30  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Women, come join us in celebration of ourselves and our connectedness to Mother Earth. May Eve is the mid-point between the Spring Equinox and Summer Solstice and is a reflection on the earth's rebirth (Spring). Help us create a May Eve by bringing your ideas, sharing a meal (potluck), sharing in song, and exploring our spiritual selves. We will contact you about location and the possibility of childcare and/or children's participation.

**GEOLOGY FIELD TRIP FOR BEGINNERS** MS12 532-6822  
Ted Geisert

One Time: Saturday, 12noon-3pm, April 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

We tend to take the ground we walk on for granted - but have you ever thought that your backyard was once at the bottom of a great ocean? In this class, which will feature a field trip to nearby locations, we will learn more about the land we live on. We'll examine rocks, minerals and fossils. This should provide a basis for participants to plan their own field trips for fun. You will need to furnish your own transportation, but carpooling is encouraged. (Ted is Laboratory Education Tech for the Department of Physics and an active astronomer and geologist.)

**PRAIRIE FESTIVAL 1982** MS95

The Land Institute  
Saturday & Sunday, May 29 & 30 (all day)  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration  
Materials Fee: \$5.00/person, \$10.00/family pay at event

Combining discussion, music and new ideas, the Land Institute in Salina will sponsor a celebration of the prairie for the fourth consecutive year. This year's theme, Resettling America, will include David Ehrenfeld, author of *The Arrogance of Humanism*, Joan Ehrenfeld, plant ecologist, Wendell Berry, author of *The Unsettling of America*, and Donald Worster, author of *Dust Bowl* and *Nature's Economy*. (The Land Institute is devoted to the search for sustainable alternatives in agriculture, energy shelter and waste management.)

SPRING TREE & SHRUB WALK MS18  
D. J. Haverkamp 532-6170

One Time: Saturday, 2pm, April 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class will briefly introduce participants to the world of flowering shrubs and trees in Kansas. A brief class to show some new varieties will precede a walk around campus. Come and enjoy a spring walk. (DJ is a graduate student in the horticulture department. He teaches woody plant materials.)

THE FIRST GREAT EUCELL GIBBONS FORAGE, COOK AND EAT EXTRAVAGANZA MS16  
Sue Maes, Kate Bromley, Neil Schanker 532-5866

One Time: Saturday, 3-8pm, June 5  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$2.00, pay at class

Identify, pick, prepare and devour wild edible plants with three fun-loving experts. We'll have nettle quiche, wild sorrel salad, lamb's quarter lasagna, native berry pie and more. (Sue, Kate and Neil are connoisseurs of the countryside.)



PLANTING AND CARE OF YOUR LANDSCAPE MS21  
Lea Minton 1-468-3669

One Time: Saturday, 9:30am, April 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 10-15

If you're planning your own landscape, learn how to plant the materials you choose and how to care for them during the first year. Bring any questions you have about care of your outdoor plants. (Lea is a horticulturist with a specialty in landscaping.)

DAIRY GOATS MS24  
Ron Pauli 539-6569

One Time: Wednesday, 7pm, May 12  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Topics such as breeds of dairy goats, selection, housing, feeding, breeding, diseases and management of dairy goats can be discussed. Anyone interested in dairy goats, experienced or not, is welcome to attend. (Ron raised goats for 7 years and is interested in milk products.)

COMPOSTING MS88  
A.T. Staff, UFM 532-5866

One Time, Saturday April 24, 1pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Compost bins are the key to conserving energy and other resources while converting a waste problem into a low-cost, effective way to restore and maintain productive soil. This class will discuss the hows and whys of composting and then construct compost bins using low-cost and recycled materials at the UFM House.

DRIP IRRIGATION MS89  
Alan Edgar 532-5866

One Time, Saturday, April 17, 1pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

With water becoming a limited resource, we must be conservative of its use in all aspects of our lives, including gardening. Drip irrigation systems conserve precious water resources and reduce time and labor demands. Hands-on construction of the system for the UFM edible landscape will take place. (Alan was one of the builders of the UFM Solar Addition and is the construction supervisor for the edible landscape project.)

GARDENING FOR APARTMENT DWELLERS MS19  
Pat Camp 532-5944

One Time: Saturday, 1-3pm, April 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class

Not enough space for a garden? You can garden too by using containers. Learn what kind of plants do well in containers, care for container plants, how to choose containers and transplant your plants. (Pat is coordinator of the Raised Bed Gardens and an instructor in Horticulture Therapy at KSU.)

TOUR OF THROCKMORTON HALL GREENHOUSES MS20  
Dr. Mary Lewnes Albrecht 532-6170

One Time, Wednesday, 3:30-4:30pm, April 28  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration Limit: 30

Tour of Throckmorton Hall greenhouse facilities. Throckmorton Hall is the new plant sciences building on the Kansas State campus. The building houses the Departments of Agronomy and Plant Pathology and provides classroom space also for the Department of Horticulture. The attached greenhouse complex is used by the Departments of Agronomy, Plant Pathology, Horticulture and Entomology for both the teaching and research programs within the departments.

EATING OUT (OF YOUR SPRING GARDEN) MS22  
Kate Bromley 532-5866

One Time: Wednesday, 7pm, May 26  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class

Share recipes and hints for using and growing your favorite spring vegetables. Bring a sample of your favorite recipe and we can feast together. Materials fee will cover cost of xeroxing recipes so bring a self-addressed stamped envelope along. (Canning, freezing, drying, too.) (Kate is the horticulturist for the Edible Landscape project and an avid home gardener.)

PERENNIAL FLOWERS, SMALL FRUITS, AND HOW TO GET THEM MS13  
Bill Hoyt 776-7426

One Time: Saturday, 10am, May 1 (May Day)  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Perennials are staging a comeback in popularity according to national garden magazines. But it's been such a long time since the past perennial boom that there's much to be relearned. Join us on May Day for a discussion and tour of a local perennial nursery. Learn about strawberries, raspberries, blackberries as well as columbines, chrysanthemums and black-eyed susans. (Bill has a M.S. in horticulture from KSU.)

FLINT HILLS WILDFLOWERS OF KONZA PRAIRIE MS14  
Craig Freeman 776-1678

Section I: Saturday, 9am-11:30am, May 22 (rain date May 29)  
Section II: Saturday, 1:30-4:00pm, May 22 (rain date May 29)  
Location: Register and you will be contacted Limit: 10 each section  
Class Fee: \$1.00, pay with registration

Ever wonder about the identity of some of those beautiful wildflowers that adorn the Kansas Flint Hills each spring. If so, take a walk on the Konza Prairie and learn something of the identity, classification, and natural history of some of these vernal gems. (Craig is a graduate student in plant taxonomy at K-State.)

# Energy

SOLAR ATTACHED GREENHOUSES MS54  
Bill Dorsett-Dean Denner 539-1956 776-5589

One Time: Saturday, 7:30-9:30pm, April 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Attached solar greenhouses offer supplemental space heat, additional living space and food production. Design considerations, construction details and numerous examples will be offered. Specific design questions are welcome. (Bill and Dean design and build attached solar greenhouses in the area.)

BE AN ENERGY-WISE HOMEBUYER MS80  
Alan Edgar, Bruce Snead 532-5866

Tuesdays and Thursdays, 7:30-9pm May 18, 20, 22  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration  
Materials Fee: \$3.00, pay at class

Before you buy or build a house, you should know that just the location and orientation of your home could increase your yearly home energy consumption by 50%. Add 50% to your escalating fuel bills and multiply that by 30 years. It is easy to see why this class series is important to you. We'll cover site selection, new homes, existing homes, and a walk-through evaluation of a home on the market. This class will cover what you need to know about energy and planning, building or buying your home.

SOLAR FLAT PLATE COLLECTORS MS55  
Bill Dorsett, Dean Denner 539-1956 776-5589

One Time: Saturday, 1-3pm, April 24  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Flat plate solar collectors can be built on the ground, wall or roof to provide supplemental daytime heat. The class will cover design, construction, tax credits (up to 70%) and show examples. Our goal is to give you the information so that you can build a collector for yourself if you wish.

EARTH SHELTERED HOUSING DESIGN MS45  
Keith Christensen 537-1581

One Time: Wednesday, 7:30-9pm, April 28  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration Limit: 15

The first part of this class will cover basic design concepts for earth sheltered homes including site planning, building design, natural ventilation and utilization of passive solar energy. The second part will include discussion of design and construction details of wall and roof sections, and a question and answer session. (Keith has taught in the KSU Dept of Architecture for 15 years and spent last summer doing earth shelter and passive solar design for an architecture firm in Dodge City, Kansas.)



# Health & Personal Growth

## INTRODUCTION TO FOSTER PARENTING MS1

Connie Morehead and SRS licensing staff 776-4011

One Time: Tuesday, 7:30-9:00pm, April 20  
Location: Register and you will be contacted  
Class Fee: \$1.00, pay with registration

Are you a family with the desire, love, time and space to open your home to a child who needs one? The Department of Social and Rehabilitation Services is seeking foster homes. This class will give general information about foster parenting. (Connie was a licensing worker for three years and feels that Riley County is in need of more foster homes.)

## FACILITATING STRESS MANAGEMENT SKILLS WITH YOUNG CHILDREN (A WORKSHOP FOR PARENTS, TEACHERS, AND CHILDCARE WORKERS)

Karen Seay MS4 776-4958

One Time: Monday, 7-9pm, April 19 Limit: 18  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Class Fee: 50¢, pay at class

Since stress is a part of life, why not teach young children coping skills! This mini-workshop will introduce basic skills adults can practice themselves and relay to children. This presentation will be highly experimental. (Karen is a pre-school Administrator for the Conscious Living Foundation and past-president of the Riley County Pre-School Association.)

## HYPNOSIS FOR THE SERIOUSLY CURIOUS MS5

Gregory W. Potter 537-0076

One Time: Thursday, 7-10pm, April 29  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class offers information about an explanation of how hypnosis is used in goal achievement. Hypnosis will be presented from a cognitive behavioral viewpoint. Books and tapes will be available for purchase but are not required. Questions are invited. (With a MS in psychology and PhD in counseling, Greg has trained in hypnosis at the Institute to Advance Ethical Hypnosis in Newark, N.J. and owns and directs Personal Achievement Systems in Manhattan.)

## QUICKIE-MINI STRATEGIES FOR MASTERING STRESS MS6

Dave Danskin

One Time: Thursday, 7:30-9pm, April 29  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

This class will give you some quick and useful strategies for managing the stresses in your life. For those with final exam pressures coming up, this class could be a life saver (and a GPA saver, too.) (Dave is a counseling psychologist at KSU.)

## JOB SEARCH MS2

Susan Scott Angle 532-6927

One Time: Saturday, 8:30am-4:30pm, April 17  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration (non-KSU students only)  
Materials Fee: \$2.00, pay at class (non-KSU students only)

Plan your job search now. The workshop is designed to help participants develop skills important in locating and acquiring a job. Where and how to look, resume writing and interviewing are discussed and practiced in a supportive group environment. Student's costs are covered through KSU fees. (Susan is a counselor with the KSU Counseling Center.)

## LITTLE APPLE SINGLES MS3

R. J. Dickens 539-7050

1st & 3rd Mondays, 6:30pm First Meeting: April 19 Length: Ongoing  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

We are a group of single adults - widowed, divorced, never-married -- who are tired of the traditional methods of social interaction - and tired of sitting at home. Our alternative is an organization based on self-improvement in a social atmosphere. (On a recent trip to Phoenix, R.J. was exposed to a unique singles organization that is spreading throughout the southwestern U.S. and is committed to starting a group here.)

## RETURNING TO SCHOOL? MS83

Margaret Nordin, Buzz Muir 532-6434, 532-5686

One Time: Monday, 7:15-8:30, April 5  
Location: Register and you will be contacted

Are you thinking about going back to school after being out for four to forty years? Are you wondering just how to get started or whether it is worth the time, money and energy? Come to share your hopes and fears and to find answers to your questions. This class will be very helpful to anybody thinking about school for the summer or fall. (Margaret and Buzz are KSU faculty whose work involves adult students new to K-State.)

## INTRODUCTION TO ZEN - PRACTICE AND PHILOSOPHY MS86

Al Potter, Mary Williams 539-3310

Thursdays, 8:30-10pm First Meeting April 15  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Zen is not theology. It is a way of being in the world which embodies certain qualities of consciousness and awareness. Zen meditation is called Zazen. Za means sitting. Zen means that concentration in which you are one with everything. Zen Mind Beginner's Mind by Shunryu Suzuki Roshi will serve as the basis for class discussion. The class will also include taped lectures and azaen instruction. (Both Al and Mary are Zen students under instruction from Katagari Roshi of the Minneapolis Zen Center.)

# Know-How Network

## LOW-COST DECORATING MS60

Colleen Burnett 532-5866

One Time: Sunday, 5-6pm, May 2  
Location: Douglass Center, 900 Yuma

This class will teach you how to make decorative things for your home at a very low cost. We will use materials normally found around the house. Bring to the class 2 towels, colored contact paper, scraps of material, a knitting needle and an awl.

## CONTAINER GARDENING MS61

Kate Bromley - Brian Mulch 532-5866

One Time: Saturday, 10:30am, May 15  
Location: Douglass Center Limit: 10

The time for fresh vegetables is just around the corner. No problem if you haven't a big plot for a garden. You can grow food in small spaces. We will teach you how to care for plants in containers, what vegetables and herbs grow well and how to plant them. Enjoy fresh vegetables from your window or patio. (Kate and Brian both work with the Edible Landscape project at UFM.)

## LADIES & TEEN EXERCISE CLASS MS62

Camille Givens 537-0064  
ext 274

Tuesdays & Thursdays, 8-9pm First Meeting: April 1st  
Location: Douglass Center, 900 Yuma Length: Ongoing Limit: 20

This class is strictly for the person who needs someone to exercise with to music. The music is very up-to-date to spark interest in those teenagers who are interested in exercising. The exercises are not difficult to learn. (Ms. Givens has been working as Program Coordinator for the Douglass Center since 1980.)

## MAKING UP - CAREERS IN COSMETOLOGY MS63

Nancy Martin 776-0467

Fridays, 7-9pm, April 16 & 23 (2 times) Limit: 15  
Location: Douglass Center, 901 Yuma

This class is generally geared toward the young adult who has not had much experience in wearing or applying makeup. We will cover the basic steps of skin care, followed by the basics of applying makeup for that soft, natural look. We will also talk about possible careers in cosmetology. (Nancy enjoys the art of applying makeup and has had past experience as a beauty consultant through Mary Kay Cosmetics.)

## LITTLE WOMEN MS59

Colleen Burnett 532-5866

Sundays, 2:30-4pm First Meeting: April 18 Length: Ongoing  
Location: Douglass Center, 900 Yuma

Little Women is a club now forming for girls aged 6-13. Have fun learning to cook, going on trips, and making friends. (Colleen works at UFM, is a mother of two girls and hopes this club will give young girls the chance to explore and learn more about the world.)

## YOUNG BLACK WOMEN UNITED - AGES 13-18 MS93

Roxanne Lambert, Vester Davis

Sign up and you will be contacted

Get Involved! Are you sitting around with nothing to do? Bored? Together we can make things happen - take trips, plan social events, learn more about ourselves. This group is sponsoring an Ebony Dance, Friday nite movies & plans to do many more exciting projects and programs.

(Roxanne and Vester were members of Sisters of Soul (S.O.S.) and would like to see a group like this start again.)

## RECYCLABLE SHELF BUILDING MS87

Brian Mulch, Sandy Sandersware 532-5866

One Time: Saturday, April 17, 10am-12noon  
Location: Register and you will be contacted

We will learn how to design and build shelves from recycled materials. The shelves we build in this class will be donated to the Manhattan Breadbasket program. If you have a hammer and saw, bring these with you. (Brian and Sandy work at UFM and are involved with the Manhattan Breadbasket program.)

## SUMMERTIME COOLING: HOW TO BEAT THE HEAT MS92

Bruce Snead 532-5866

One Time: Thursday, 7:30-9pm, April 29  
Location: Douglass Center Annex, 901 Yuma

Summertime cooling can be very expensive. We will talk about ways to stay cool without busting your energy budget. Examples will be discussed with lots of time for questions and answers. (Bruce coordinates the UFM Appropriate Technology Program.)

# Fine Arts

## SPRING SEWING

MS28

Sybilla Klaus

539-6267

Wednesdays, 6:30-8:30pm First Meeting: April 21 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Liven up your spring wardrobe with a personal touch and save money in the process. You will learn which are the easiest patterns to sew, how to cut them out and sew your project together with lots of professional hints from Sybilla. (Sybilla has enjoyed sewing everything from her family's clothes to doll clothes since she was little.)

## TATTING - THE ART OF MAKING LACE

MS29

Grace Goff

539-1989

Saturdays, 2pm First Meeting: April 17 Length: 3 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration

Tatting, or "Frivolite" as the French call it, is a very old art. This process of making lace by looping and knotting a single strand of thread on a small shuttle seems to have originated in Europe. Don't forget Mother's Day is on May 9! Please bring a metal tatting shuttle, spool of tatting thread and a crochet hook or needle. (Grace learned this art from her mother and has been actively making lace for about 65 years.)

## GLASS ILLUSTRATION

MS30

Deb Smith

776-6559

Wednesdays, 7-9pm First Meeting: May 19 Length: 3 times  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$15.00, pay at class Limit: 12

This is a simple method of making stained glass without the cutting and piecing together of small glass pieces. Deb will show you how to use her oil paint method to design a piece of glass to hang in the window. You can even bring some favorite pictures or photographs to work from. (Deb is the owner of the Starving Artist.)

## UFM BEGINNING DARKROOM

MS81

John H. Holcomb

485-2410

One Time: Thursday, April 15, 6:30-10pm  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Discover the fun and excitement of developing and printing your own black and white film. This class includes an introduction to darkroom processes, an actual demonstration in the UFM darkroom and all necessary texts.

## BALLROOM DANCE

MS34

A. G. Ramm

539-0959

Sundays, 7-9pm First Meeting: April 18 Length: 4 times  
Location: Register and you will be contacted  
Class Fee: \$5.00, pay with registration Limit: 20

Learn the exciting, beautiful dances of the Big Band era...waltzes, fox trots and tangos. Bring some of your favorite tape cassettes to try in class. (Professor Ramm is anxious to dance and share his expertise with an interested group.)

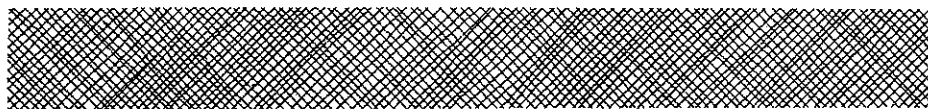
## MAY BASKETS

MS27

Marge Davidson

One Time: Monday, 7-9pm, April 26  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration  
Materials Fee: \$1.00, pay at class Limit: 10

Remember the tradition when you were young to hang a May basket on a special friend's door, ring the bell and run? Marge has fun each spring making baskets for her neighbors. Learn how to make "air castles" of tissue paper and a basket of woven construction paper and surprise a friend on May Day! Bring a sharp pair of scissors. (Marge learned to make these baskets from her mother and is now real popular with the neighborhood kids!)



## NEW WAVE DANCE

MS32

Rich Kitos

539-0942

One Time: Tuesday, 7-9pm, April 20  
Location: Register and you will be contacted  
Class Fee: \$3.00, pay with registration

Shake off the winter blahs, take a study break and get a little crazy with the New Wave dance group, Tiny Rabbit. They will introduce you to New Wave music with a special D.J. at a local tavern. Whether you're a "New Waver" yourself or want to know just what that is, come on over and have a good time. (Rich says the group is excited to offer a class and wants everyone to enjoy themselves - they always do!)

## TRADITIONAL MOUNTAIN CLOGGING WORKSHOP

MS33

Pam Liptich

1-273-7109

One Time: Saturday, 10am-4pm, May 22  
Location: Register and you will be contacted  
Class Fee: \$7.00, pay with registration

This will be an all-day dance workshop given by the Sunflower State Cloggers of Topeka where they will perform and teach the participants up to 16 different traditional steps and the stories connected to each of them. Clogging is related to and descended from the folkdance of the Irish Settlers of the southern Appalachian mountains. Please bring hard soled shoes and a sack lunch. (There will be an hour lunch break.) (Pam is a member of the Sunflower State Cloggers.)

## STAINED GLASS

MS53

Boda Klenke

539-3914

Mondays, 7-10pm, First Meeting: May 3 Length: 5 times  
Location: Register and you will be contacted  
Class Fee: \$10.00, pay with registration Limit: 10

This demonstration will show you the techniques of both copper foil and leaded glass. You will be shown how a window goes from a design to a finished project and what materials and tools are used. The first meeting will be a demonstration of techniques. The following meetings will be hands-on sessions for those interested in learning. (These sessions will require investing in your own tools and glass if you want to do a project.) (Boda has been designing and making stained glass for 3 years.)

# Items of Interest

## GOSPEL SINGING - NEW LIGHT BAPTIST CHURCH CHOIR

MS37

Jennie Chinn

532-5866

Friday, 8-10pm, April 23  
Location: Douglass Center, 901 Yuma

The New Light Baptist Church Choir is from Bonner Springs, Kansas and participated in the 1981 Kansas Folklife Festival. It is made up basically from three families and claims thirty members that have appeared on television and radio. They will perform and participate in workshops with help from KSU faculty. Don't miss it!

## KANSAS FOLKLIFE FESTIVAL

MS38

Joan Pease

532-5575

Register and you will be contacted.

The 1982 Kansas Folklife Festival is going to be held in Manhattan's Cico Park on May 1 and 2. If you would like to volunteer to work around crafts people and musicians or can help with publicity, please sign up and you will be contacted. This should prove to be a unique and rewarding experience! (Joan is the director of the Kansas Folklife Festival.)

## UFM SPRING CRAFT FAIR

MS39

Janet Holcomb

532-5866

Friday and Saturday, 11:30-5:30pm, April 2 and 3  
Location: UFM Fireplace Room

This is a perfect opportunity to visit with various crafts people and buy an Easter present or Mother's day gift. Tour UFM's new solar greenhouse while you're there. Featured will be stained glass, fabric frames, paper crafts, hand stuffed toys and pillows, knitted and crocheted items.

## ANNOUNCEMENT

MS56

Monday, 3:30pm, April 5

John Todd - Former director of the New Alchemy Institute will be speaking Monday, April 5 at 3:30pm at K-State Forum Hall. Topic for the talk will be self-reliance, sustainable eco-systems, and the work of the New Alchemists in Woods Hole, Massachusetts. (New Alchemy Institute is a pioneering group in meeting the needs of the 21st century.)

## ANNOUNCEMENTS

Put some fun and new friends in your spring. Join UFM's Volunteer Corps, a group which provides ideas and assistance for UFM's programs on the KSU campus and in the Manhattan community. For more information call UFM at 532-5866.

Don't forget! Daniel Ellsberg will present the last address of the 1982 Lou Douglas Lecture Series at 7:30pm, Tuesday, March 30 in Forum Hall of the K-State Union. All are invited! A reception will follow at the UFM House, 1221 Thurston.

Ground Zero Week, April 18-25 will be a week of learning about the nuclear weapons race and what we can do about it. The week's events will be sponsored by the Other Manhattan Project and other community organizations and groups. Watch the Manhattan Mercury and The Collegian for details. If you'd like to help call UFM at 532-5866.

UFM staff members who made the UFM EXTRA possible are: Julie Coates, Director, UFM Campus/Community Program; Kate Bromley, Edee Dalke, Janet Holcomb, Brian Mulch, Sandy Sandersware, Neil Schanker and Julie Govert Walter. Special thanks to Patty Streeter who volunteered time and energy toward the UFM EXTRA effort.



# Registration

For More Information: UFM, 532-5866, 1221 Thurston, Manhattan KS  
 (One person per form) Mail-in registration due March 29-April 9.

**REGISTRATION DATES**

Mail in: March 29-April 9

(Please Print)

Name \_\_\_\_\_  
 Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Survey-Please check all that apply  
 I am a:  
 KSU Student ( \_\_\_ credit hours)  
 Student Spouse  Ft Riley Personnel  
 KSU Faculty/Staff  Townsperson(nonKSU)  
 Fac/Staff Spouse  Rural Riley Co.  
 School Age  Handicapped  
 Senior Citizen

Where did you pick up your catalogue? \_\_\_\_\_  
 I would like to volunteer my skills in exchange for registration discounts \_\_\_\_\_  
 I am interested in teaching for UFM \_\_\_\_\_  
 I would like to see offered next term \_\_\_\_\_

UFM - 532-5866

Class #	Sec#*	Title	Class Fee
1.			
2.			
3.			
4.			
5.			
6.			

Total class fee\*(see costs) \_\_\_\_\_  
 Plus Registration Fee Individual - \$2.00 \_\_\_\_\_  
 (see costs)  
 Check here if senior citizen or disabled \_\_\_\_\_  
 If KSU student list ID# here \_\_\_\_\_  
 Total Due \_\_\_\_\_

IMPORTANT! Please read the refund policy  
 \*e.g., Sec I or II, etc. if indicated in description.

Walk-in:  
 Tuesday, March 30 UFM House 6:30-8:30am  
 Wednesday, March 31 KSU Union 9am-2pm  
 Thursday, April 1 Public Library 5-7pm  
 Friday, April 2 UFM House  
 Saturday, April 3 UFM House) in conjunction with UFM Spring  
 Tuesday, April 6 KSU Union, 9am-2pm Crafts Fair 11am-5pm  
 Thursday, April 8 Public Library 9am-2pm; 5-7pm

Parking:  
 The UFM parking lot is usually full during the day, but is available in the evening.

Late Registration: Accepted on a Space Available Basis

For More Information: UFM, 532-5866, 1221 Thurston, Manhattan KS  
 (Additional registration forms are available at the UFM House.)

**TO REGISTER BY MAIL:**

Fill out the form at left. One form per person.  
 Total up the class fees as listed in the catalog. (Material fee, if listed, is paid at class.) Add the registration fee as it applies. (See costs)

Mail your form(s) with your check to: University for Man  
 1221 Thurston  
 Manhattan, KS 66502

Receipts and locations will be mailed to you immediately. If the class is full see refund policy. (A stamped, self-addressed envelope would be appreciated)

**COSTS:**

Registration fee is \$2.00 per person. If you are under 13 and your parent(s) are taking a UFM class, do not pay registraion fee. Those teaching or doing volunteer work receive fee discounts.

If you are over 60 or disabled, you are exempt from the registration fee.

If you are a full-time KSU student you are exempt from the registration fee. (An annual SGA allocation supports student participation.)

If you are registering only for Know-How Network classes, you are exempt from the registration fee.

In the brochure when a fee is listed, this is the Class Fee and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

**UFM REFUND POLICY:**

Please check your calendar before you register for a class. UFM will only give a refund in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.

If you are not satisfied with a UFM teacher or class, please contact the UFM at 532-5866.

**DISCOUNTS FOR VOLUNTEERS:**

You may work for UFM in exchange for registration discounts. Arrangements will be made on an individual basis. Call UFM, at 532-5866.

**Special Children's Discount For Family Participation:**

If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

**UFM TEACHER CREDIT:**

All UFM teachers and volunteers are entitled to fee reductions. If teachers or volunteers desire to register for classes, register through the normal process. Teacher/volunteer credit vouchers will be distributed at the Potluck Gathering or by mail. These can be used for future fee reductions.

**RECEIPTS:**

After the registration form is processed, you will receive a receipt. This is your proof of payment. UFM will retain a copy.

**CLASS LOCATIONS:**

When you receive your receipt, the location/s of your class/es will be included.

**LIABILITY FORMS:**

Participants enrolled in classes with potential safety risks must fill out a UFM liability form at the first class meeting. Class teachers must return them to UFM before the second class meeting.

(Please Print)

Name \_\_\_\_\_  
 Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Survey-Please check all that apply  
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 KSU Faculty/Staff  Townsperson(nonKSU)  
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 Street \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

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