

fall
1981

University for Man

University for Man
1221 Thurston
Manhattan, KS 66506

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Pamela Tate
State University of N.Y.
99 Washington Ave.
Albany, N.Y. 12210

Recycle this brochure . . . share it with a friend!

"Shared Knowledge. What else is there?"

If you have ever taken a UFM course you probably already know about them. They're your neighbors, your friends, the people you work with...

They are those special people who are at the center of UFM's 13-year success story - the course leaders who volunteer their time and energy to share their interests, skills and concerns with the people of the Manhattan area - with people like you.

Why do busy people volunteer to teach UFM courses? We were wondering too -- so we asked some of them:

"I remember how I felt when I first learned to climb - the thrill of it," said Alan Sink a KSU student who leads the UFM "Rock Climbing" course. "I enjoy having others experience this same feeling," Sink said.

"I have been tatting since I was nine," said Jessie Fouveau who learned to tat from her grandmother and teaches "Tatting" through UFM. "People should keep doing this skill if they enjoy it," Fouveau said. "Tatting makes a pretty addition to a home."

"I see myself as helping people get started into a new activity - one which they might eventually share with others," said Pat Dreese who learned his canoeing skills from friends and now teaches UFM's canoeing course. "It gives me a good feeling to think that I know something other folks want to know," Dreese said.

"I volunteered to teach a UFM course to share my knowledge of braiding," said Kim Kvasnicka, a teacher of UFM's popular "Hair Braiding" course. "I think UFM is a real good way for working people with careers or the housewife who stays home with the family to share things, teach and make new friends," said Kvasnicka who was at first unsure if members of her class would go home and try out what they'd learned. (They did!)

"If I can reach just one person out of a group...if I can touch one person's life, then its worth it to me," said Jerry Dishman whose "Fishing and Fabulous Fish Fry" courses have brought together people from 15 to 73. "The only thing that makes life valuable is knowledge shared. What else is there?"

These responses characterize the people leading the more than 250 courses listed in this catalog. We are proud so many generous and dedicated people within our community have chosen to be associated with the University for Man over the past thirteen years.

This fall's UFM catalog is dedicated to all those people, past and present, whose contributions of time, energy and moral support have meant so much to UFM's program and to the Kansas State - Manhattan community.

We hope the next time you see your favorite UFM teacher, you'll say "thanks" and we hope you'll enjoy the photographs from past UFM courses included in this catalog. Perhaps they will even stimulate you to consider what skills and knowledge you can share with others through UFM.

Changes

For over thirteen years University for Man has offered a tuition free program to the KSU-Manhattan community. In the past, we have been successful in generating grant money to help cover our costs, but severe cuts in federal funds in the areas of human services and educational programs and greatly increased costs resulting from inflation, have placed our financial survival in jeopardy. At the meeting of our Board of Directors last April, it was decided that we should begin the summer with a modest fee system. This does not mean that we are going to become a profit-making business. We are still a non-profit organization and as such are constrained by law from making a profit. This means that income we generate will go toward helping meet our operating costs.

Our philosophy of free classes has been maintained over the years to encourage people to interact with each other - to discover life outside of the television world - to reacquaint themselves with the joy of learning - to involve themselves with social concerns. In no way have our views changed. In many cases classes raising social concerns and encouraging community involvement have remained without a fee. We hope that the new fee system will not discourage you from remaining active in UFM and sharing our interest in providing a low-cost network of community learning.

If you are financially limited and would still like to participate in classes, please let us know. Arrangements will be made to accommodate you.

We are grateful for the support you have given us in the past, and hope that you will continue to support us.

We welcome your response to our plans and look forward to learning and working with you through the 80's.

UFM On The Air

Hear the highlights of UFM activities on "The UFM Report," a public service of radio KMKF (FM 101.7) at 6:15pm every Monday and catch "This is UFM" a weekly television show which airs every Tuesday at 6:30pm and every Friday at 5pm on Cable Channel 6.

UNIVERSITY FOR MAN EXTENDS A SPECIAL INVITATION TO HANDICAPPED INDIVIDUALS IN OUR COMMUNITY WHO WISH TO ATTEND UFM CLASSES. ARRANGEMENTS WILL BE MADE TO ACCOMMODATE INDIVIDUALS WHO HAVE VISUAL OR HEARING IMPAIRMENTS, MOBILITY HANDICAPS OR OTHER DISABILITIES. YOU CAN ASSIST BY INDICATING SPECIAL NEEDS WHEN YOU REGISTER OR BY CALLING UFM AT 532-5866.

Writings

WHO WE ARE

The free university movement began in 1964, at the University of California at Berkeley, as an outgrowth of the Free Speech Movement. Many other free u's sprang up on college campuses across the nation. In response to a need to discuss and learn about social issues, a sense that education should be community-oriented, a belief that education is inherently democratic and the idea that students should have input into their education.

Although free u's began on college campuses, they now serve as bridges between the campus and surrounding community. Free u's attempt to serve all the people in the community--workers, homemakers, farmers, the elderly and children.

The story of University for Man (UFM) is similar. In the fall of 1966, a Kansas State University instructor gathered together some friends to create drama happenings each week. At the same time, a group was meeting in a student's home, exchanging views on society in the year 2000. Together they approached the Kansas State student government and in 1968, printed a brochure, offered seven courses and enrolled about 150 people.

Today UFM is a free university-community education organization which serves Kansas State University, Manhattan, Riley county, and numerous other areas of the state of Kansas. We create and develop all types of educational opportunities which are free of grades, credits, costs and prerequisites. Each spring, summer and fall, UFM prints a catalog, annually offering over 600 courses with about 15,000 enrollments in the Manhattan area. All courses are led by volunteers and are held in informal settings.

UFM has also been instrumental in the establishment of drug education center, a telephone crisis intervention center, a community food coop, programs for handicapped and elderly citizens, an alternative elementary/junior high school, an appropriate technology center, a community gardens program, and other innovative programs.

National Free U. Conference

Nationally known speakers will headline the "Learning for the Community" conference at the Broadview Hotel in Wichita, Kansas October 22-24, 1981. All UFM participants, teachers and interested people are invited to attend.

Joan Flanagan, Chicago author of the GrassRoots Fundraising Book, has a new book on managing organizations to be released this fall. She will talk on "Self Sufficiency for the 80's" And management expert Gerald Graham, who gives workshops around the country, will conduct several sessions on management in the learning organization.

Saturday, October 24, will be "Kansas Day" with a special one day fee.

Participants from a variety of institutions, including colleges, schools, and universities will come from all over the country, from New England to California. Conference coordinator Julie Govert Walter says that prospective participants may register up to the last minute. "Just call us at 913-532-5866," she notes.

The conference is being sponsored by the Free University Network, a national organization headquartered at UFM. Conference chairperson Chris Troxel says that more than 30 other workshops at the three day meeting will include fee management, grants, burnout, teacher recruitment, marketing, course evaluations and many more.

For more information, write or call Julie Govert Walter, Free University Network, Box 1425, 1221 Thurston, Manhattan, Kansas 66502. Phone 532-5866.

Funding Sources for Local Programs

UFM Local Programs are supported by: KSU Division of Continuing Education, KSU Student Governing Association, United Way of Riley County, Kansas Farmer's Union, Green Thumb, City of Manhattan, Kansas Department of Education, Office of Adult Education.

Redecorating the UFM House

We're trying to lift our face a little and upgrade the interior furnishings of our public meeting rooms. Keep us in mind if you have carpets, chairs, couches or tables you'd like to give away. Thank you.

Folk Festival

The Third Annual Kansas Folklife Festival, celebrating the traditional arts of Kansas will be held in Topeka on September 26 and 27. Featured will be workshops and demonstrations of such activities as quilting, wood-carving, fiddling, and dulcimer playing. This year, the festival will feature a country store where handmade items will be on sale. Ethnic food and games for all will round out the weekend. For a weekend of old fashioned, family fun, come to the Festival.

Dates: Sept 26 & 27, 10am-10pm

Location: Take I-70 to South Wanamaker Exit to 10th St.

Then West to Urish Road and North over the Interstate to Festival Grounds

Admission: \$4 & \$6 at the Gate (\$3 & \$5 advance sale-Advance tickets available in Manhattan at Westron Wind)

Children under 12: FREE

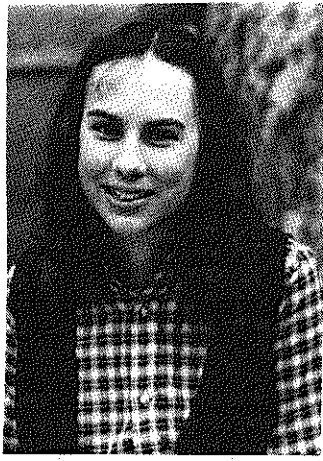
Thanks to the Manhattan Mercury and Manhattan Camera Shop for assistance in publishing this brochure.

Our thanks and best wishes to Rosemary DukeLow and Kevin Patterson who have left the UFM staff.

Photo Credit

Photographs: Rick Toyne, File

Community



For more information
about Community,
call Julie Govert Walter
at 532-5866

REDISCOVER "MAIN STREET" C02

Tom Keohan 537-9683

One Time: Saturday, 10am-12noon, Oct 3
Location: Register and you will be contacted

Manhattan's downtown plays a major part in the social, political, historical and economic welfare of our city. In this class we will examine how all these have come together to create our "mainstreet." The purpose of "mainstreet," it's growth and meaning to our community will be topics of discussion. Also, we will view and discuss the movie "Mainstreet" from the National Trust for Historic Preservation. Families are especially encouraged to attend. (Tom is coordinator of the Downtown Design Project.)

GEARY COUNTY HISTORICAL SOCIETY'S OLD HOME TOUR C03

Cheryl Troup 238-6708

One Time: Sunday, 1-4:30pm, Sept 27 Limit: 300
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration Materials Fee: \$5., pay at class

On Sunday, Sept 27 the Geary County Historical Society will hold it's 3rd annual Old Home Tour. Costumed guides will take participants through an 1870's stone farm house, an 1893 Queen Anne, recently restored, a 1920's Kansas Colonial, and a new home based upon the plans of an 18th Century Tidewater, Virginia home. Also included will be a business - J. Bishop Clothiers in a newly restored limestone building. Refreshments will be served. When you sign up, you will be sent information on how to obtain tickets. (Cheryl is Vice-President of the Geary County Historical Society.)

MANHATTAN: THE LITTLE APPLE C01

Tuesdays, Oct 6-Nov 10

Whether you're new in town or have enjoyed Manhattan life for years, there must be something you'd like to know about our town. This information-packed series of programs will focus on the facts, issues, ideas and the people which make Manhattan special. The Manhattan Chamber of Commerce and The University for Man invite you to join us. Families and children welcome!

"Our Government"

Tuesday, Oct 6, K-State Bank, 1010 Westloop 7:30-9:30pm
How do things get done in the Manhattan area and who are the decision makers? Representative of the City, County and School District will discuss the local government and answer your questions.

"Commerce and Industry"

Tuesday, Oct 13, Location: You will be contacted. 7:30-9:30pm
Manhattan is a thriving business and industrial community yet is without many of the problems which plague other cities. Jim Rothschild of the Manhattan Area Chamber of Commerce will provide you with some reasons behind Manhattan's success and a rundown of the major employers of the area. Major issues which will affect Manhattan's commerce and industry in the future will be addressed.

Meeting Your Needs: Area Agencies and Services

Tuesday, Oct 20, K-State Bank, 1010 Westloop, 7:30-9:30pm
What are some of the educational, recreational, social and personal services available to residents of this area? Representatives from several local agencies will be available to explain their role in the community and to answer your questions.

Major Issues in Our Community

Tuesday, Oct 27, K-State Bank, 1010 Westloop, 7:30-9:30pm
What are the major issues which face Manhattan? Mike Houser of the Manhattan Chamber of Commerce will outline the major issue areas and describe the pros and cons of such issues as "Manhattan's Downtown," "Manhattan's Hospitals," and the "Growth - No-Growth" issue. There will be plenty of time for questions.

Manhattan in The Year 2000 - A Forecast

Tuesday, Nov 10, Chamber of Commerce, 511 Poyntz, 7:30-9:30pm
What will Manhattan be like in the year 2000? Where will we work and play? Where will our children and grandchildren go to school? Join us for this look ahead made possible by area schemers and dreamers. Example: Will it be solid houses between Junction City and Manhattan?

FOR YOUR COMPLETE PRINTING NEEDS...

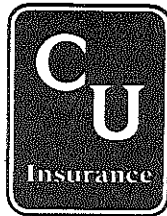
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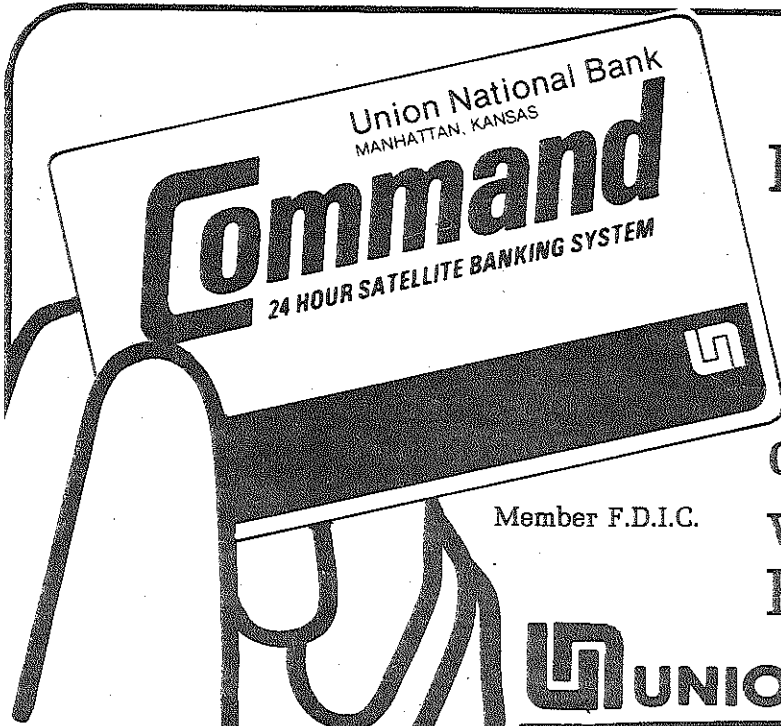
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TOUR OF THE McCALL PATTERN CO.

C04

776-4041

Norman E. Winter

Section I: Tuesday, Oct 6, 9-10am
Section II: Tuesday, Oct 27, 1-2pm Limit: 25 each section
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

The McCall Pattern Company is one of Manhattan's largest businesses. You'll see the different departments and how each pattern is cut and folded. And all participants will receive a free gift packet.

HISTORY OF FARM MOVEMENTS IN THE U.S.

C05

Jim Peterson

One Time: Monday, 7:30pm, Oct 19 Limit: 25
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

We'll discuss agrarian political organizations from Shay's rebellion in Massachusetts to the New Deal. We will hit the high spots with special attention to the anti-rent movement in New York, the Farmer's Alliance, Populism and North Dakota's non-Partisan League. (Jim is a Research Associate at the Land Institute, has farmed in Ohio and West Virginia and is a graduate student in History at KSU.)

WHO ARE NATIVE AMERICANS?

C06

532-6871

Robert B. Taylor

One Time: Tuesday, 7:30pm, Oct 6
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Movies and television have given us some distorted ideas about lifeways and personalities of Native North Americans. We will explore the popular conceptions about Native Americans and how they differ from apparent realities. (Robert is a cultural anthropologist and teaches Indians of North America at KSU.)

ROYAL LIECHTENSTEIN CIRCUS

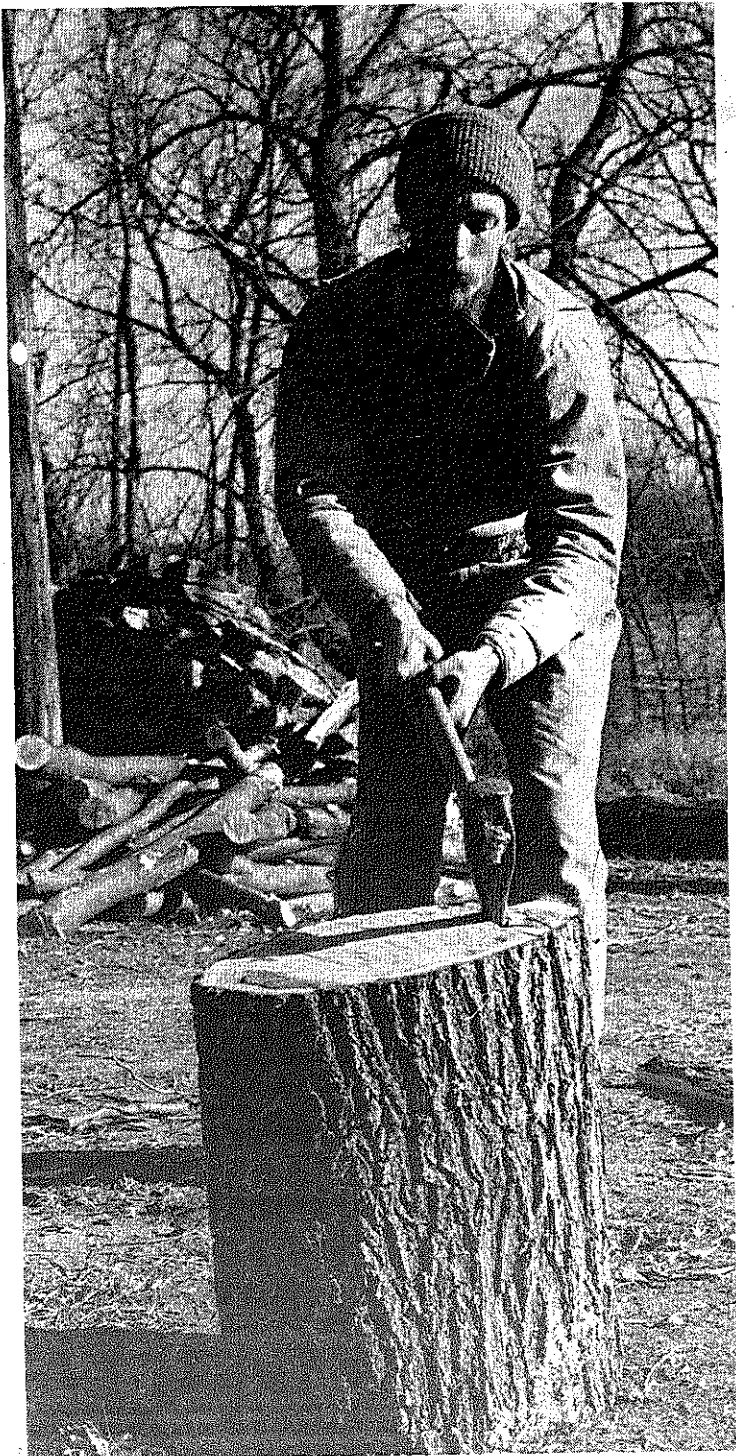
C11

539-3051

A. David Stewart

One Time: Wednesday, 12n-1pm, Oct 7
Location: Seaton Hall and K-State Union

Come one, come all . . . The circus that has become a favorite fall festivity will return this year, to invite us to pause from the routine and celebrate life. This is the same group that has delighted and endeared K-State audiences for the past three years. (Nick Weber, circus-master.)



INTERNATIONAL BOOK PROJECT

C08

Doris Grosh

Tuesdays, 7:30-9pm First Meeting: Oct 20 Length: Indefinite
Location: Register and you will be contacted

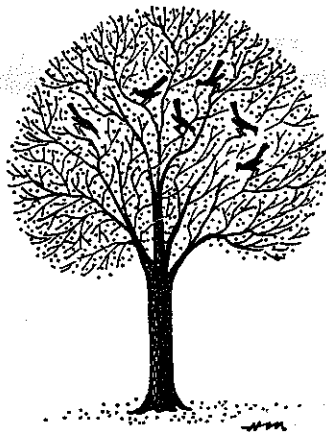
International Book Project is a national non-profit organization which aids developing nations by providing them with "outdated" technical journals, text books and other books which are sent to schools and libraries that welcome these materials as treasures. Individuals and groups are needed to collect books, process books for shipping, and solicit money for postage. (Doris is interested in meeting others who would like to organize a group of the International Book Project.)

THE HUMAN IMPLICATIONS OF BUDGET CUTS: A SERIES

C09

Mondays, 11:30am-1pm Length: 7 times
Location: Register and you will be contacted
Class Fee: \$5.00, series, \$1.00, session, pay with registration

- Oct 5 I: Triage Revisited:
Meeting the needs of some while choosing to refuse to meet the needs of others was a theory strongly rejected a few years ago. Are we, in fact, practicing the theory today?
Resource Person: Jim Lackey, John Exdell, Wayne Nafziger
- Oct 12 II: The Poor:
What will happen to persons in federal programs such as food stamps, aid to dependent children, child nutrition?
Resource Person: Florde Pettis, Director of Area Office for Social and Rehabilitation Services.
- Oct 19 III: The Aging:
What are the effects on persons in programs such as Social Security, Medicare/Aid, Nursing Homes?
Resource Person: George Peters
- Oct 26 IV: Education:
How will students be affected by budget cuts in education and student financing?
Resource Person: Bob Evans
- Nov 2 V: Environment:
How will cuts in monitoring environmental protection and safety standards among laborers affect human life?
Resource Person: To be announced
- Nov 9 VI: International Human Rights:
What are the implications of budget cuts for persons in other countries?
Resource Person: Bill Richter
- Nov 16 VII: Strategies for The Future:
How do we respond/act in light of cuts in human services?
Resource Persons: Tom Mulhern, Dave Stewart



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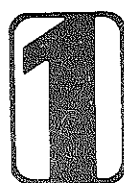
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AN INDONESIAN ADVENTURE

C07

Kathryn Hund & Donna Davis

532-6448 539-3606

One Time: Monday, 7-8:30pm, Oct 5
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Travel to exotic Indonesia. The evening will be filled with pictures, stories, music and friendship - delightful experiences of life "Indonesian style." (Donna and Kathy spent four months traveling very, very slowly across the Indonesian islands of Bali and Java.)

LANDLORD/TENANT RELATIONS

C12-A

Paul McKenna, Kathy Lundgren

532-6453

Section I: Wednesday, 7:30-9:30pm, Sept 23
Section II: Wednesday, 7:30-9:30pm, Sept 30
Section III: Monday, 7:30-9:30pm, Oct 5
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

One of our basic needs is shelter. But in communities with a dense population and limited supply of housing - such as Manhattan - it can become a major social issue. This session will discuss how to survive in the often dog-eat-dog world of landlord/tenant relations and will cover these issues from the perspective of both the landlord and the tenant: How and why to use contracts and check-in sheets; how to handle landlord/tenant problems; the landlord/tenant law; security deposits; services available to tenants and landlords. (Kathy is KSU's student attorney; Paul is an expert on housing matters.)

U.S. MILITARY CONSCRIPTION: WHAT YOU SHOULD KNOW C10

Dean Denner

One Time, Wednesday, 7-9pm, Nov 18
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

On June 17, 1981, 150 suspected non-registrants received warning letters from the Selective Service. On June 25, male-only draft registration is deemed constitutional by the Supreme Court. What do these events mean? What are the chances of another military draft being re-instituted and what are the choices? (Dean is armed with facts and information in this controversial area.)

WAR TAX RESISTANCE

C14.

Dean Denner

776-5589

One Time: Wednesday, 7-9pm, Oct 14
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Refusing to pay 50% of federal income taxes "in resistance to nuclear murder and suicide" has been called a "definite step toward total disarmament" by Archbishop Raymond Hunthausen of Seattle. If you, like Hunthausen, are more than merely "concerned" about our government's increased expenditures for plans, deployment and production of weapons which spell planetary annihilation there is a peaceful way to register your opposition in a way which may impact public policy. To find out more, join us. (Dean sends the military portion of his taxes to the World Peace Tax Fund.)

SUCCESSFUL MONEY MANAGEMENT

C15

Fred Freeby

537-4505

Section I: Thursday, 7-9:30pm, Sept 17
Section II: Monday, 7-9:30pm, Sept 21
Section III: Thursday, 7-9:30pm, Sept 24
Location: Register and you will be contacted

People do not get rich making money, but by managing the money they make. This seminar takes you up the 15 steps on the stairway to financial security. Plain everyday language plus extensive use of visual aids helps assure a better understanding of what could be highly technical information. (Fred is a financial planner affiliated with Waddell and Reed, the organization sponsoring this course.)

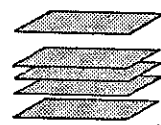
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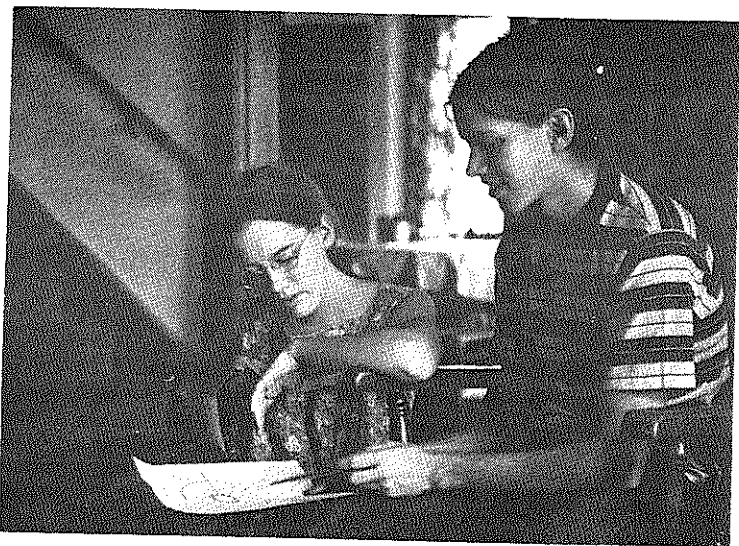
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IN THE KNOW: A SERIES FOR OLDER CITIZENS C12

Mondays, 2:30-4:30pm, Manhattan Public Library

Thanks to the cooperation of the Area Agency on Aging, Retired Senior Volunteer Program, The Riley County Council on Aging and other agencies and groups concerned with the needs of older citizens in Manhattan and Riley County, the University for Man is pleased to offer the following sessions. Join your friends and be "in the know" this fall.

"Your Hearing", Sept 28, Charlie Gillum 456-2277

Find out how you hear and why hearing ability is lost as one gets older. Also considered will be how hearing aids compensate for hearing loss and what to know to get the most for your money in hearing aid purchases. (Charlie is a certified hearing audiologist with 15 years experience.)

"Free Tax Assistance", Oct 5, Patti Root 776-9294

Volunteer Income Tax Assistance (VITA) volunteers can help you with the paperwork necessary to receive your Homestead and Food Sales Tax Refund as well as your Federal and State Income Tax Forms. (Patti is the Assistant Director of Consumer Assistance and Information for the Area Agency on Aging.)

"What You Should Know About Drugs", Oct 12 Barry Sarvis 776-8833

The drugs that you take may be helpful, or they may be creating problems for you. Barry will discuss what older people should know about the drugs they take and will answer your questions. (Barry is a local pharmacist who enjoys talking with older people.)

"Sorting Through the Medicare Muddle", Oct 19 Cindy Davis 776-9294

Has today's Medicare system got you confused? You're not alone. This class will help you understand the paperwork involved and the other ins-and-outs of Medicare. (Cindy is an Assistant Director of Consumer Assistance and Information of the Area Agency on Aging.)

"Health Insurance for Those Older than 65", Oct 26, Cindy Davis

Is there such a thing as good health insurance for older people? If so, who do you need to talk to and what do you need to know? Cindy will provide you the information you need to know in order to fill in the coverage which Medicare does not provide. You are urged to attend the "Medicare Muddle" course if you are to get the greatest benefit from this session.

"What About the Senior Center", Nov 9, Frank Bieberly 539-6525

What would you like to know about the plans for Manhattan's Senior Center? Learn the latest from Frank and others involved with this exciting project. Bring your questions. (Frank is the chairman of the Riley County Council on Aging.)

"Reagan's Budget Cuts and You", Nov 16, Patti Root

How will President Reagan's budget affect you as an older citizen. What benefits that you now receive will be continued and what will be discontinued? Patti will take a close look at the budget and present an informed analysis. (Patti, a consumer expert, is especially excited about presenting this session.)

IT'S YOUR MONEY: A FINANCIAL SERIES C18

Whether you want to know how stocks and bonds, mutual funds and money market funds work on Wall Street or want to know how IRA's and Keogh's can supplement retirement income, chances are you'll find an answer in this series of programs. These courses are led by Steve Harrison and Sherl Prawl who are registered representatives of a New York Stock Exchange member firm with offices in Manhattan.

Register for all sessions of the series for \$10.00 or register for one or more sessions for \$3.00 per session. (Please indicate session you desire to attend.) Pay with registration.

"Investment Basics" C18-A

Thursday, 7:30-9:30pm, Sept 24

Back by popular demand, this is an opportunity to begin forming the foundation of investment fundamentals necessary for effective financial planning. Topics discussed will include money market funds, stocks, bonds mutual funds and other investment opportunities.

"Why Investors Fail" C18-B

Thursday, 7:30-9:30pm, Oct 1

Once you have the basics where do you go next? During this session questions addressed will include: "What can I hope to get from investing?" "What risks can I afford to take?" "How do I calculate investment risk?"

"Investing for Income Today" C18-C

Thursday, 7:30-9:30pm, Oct 8

"What will give me income now?" For those who ask this question we will discuss money market funds, bonds (corporate, government and municipal), income stocks, income-producing real estate and other alternatives.

"Investing for Growth and/or Retirement" C18-D

Thursday, 7:30-9:30pm, Oct 15

Inflation and taxes. Both are major considerations. Discussions will cover: investing for income tax reduction through real estate, oil and gas, as well as equipment leasing; retirement plans such as Keogh's and IRA's and growth through various investment vehicles.

FINANCIAL AID: WHAT IT MAY MEAN TO YOU C19

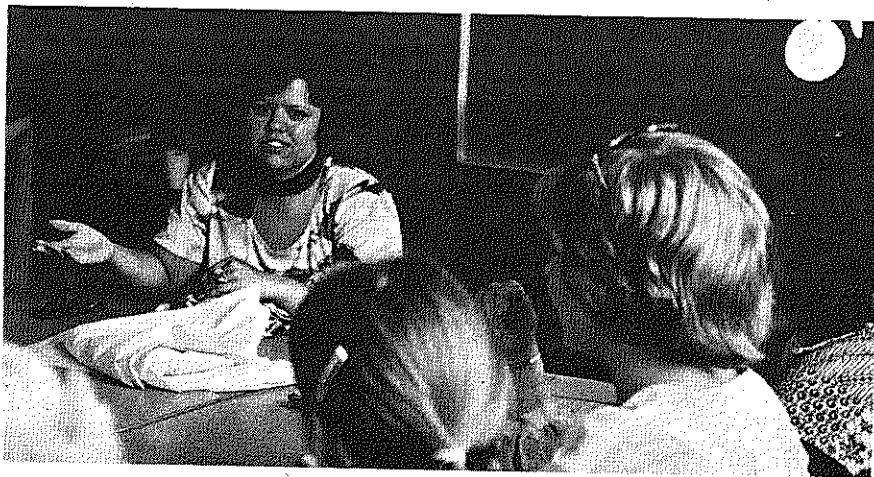
Robert Evans, Susie Walters

532-6420

One Time: Thursday, 7:30-8:30pm, Nov 12

Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Will there be money for your college education next semester? How will Reaganomics affect your grant or loan? These questions and others will be answered in this course. Special emphasis will be placed on the application process and important deadlines. (Robert Evans is director of Student Financial Assistance; Susie is an assistant director of Student Financial Assistance.)



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GIVE YOURSELF SOME CREDIT

C20

Sarah Carlson

537-4400

One Time: Tuesday, 7:30-9pm, Sept 29
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Establishing a credit history is useful if not necessary for getting loans, credit cards, mortgages and conducting other financial transactions. Find out when to establish credit, how to establish credit, and what the Equal Credit Opportunity and the Fair Credit Reporting Acts are. Open to men and women, with an emphasis on the woman's need for individual credit, especially when experiencing lifestyle changes. (Sarah, a staff member of a local financial institution, presents this class as a special community service.)

UNDERSTANDING COMMODITY FUTURES MARKETS

C21

Jim Buchanan and Terry Henry

776-1313

One Time: Thursday, 7:30-10pm, Oct 22
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

The commodity futures market is the fastest growing area on the stock exchanges. Wheat, orange juice, cotton, silver - you'll be shown what the Commodity Futures Market is and the factors which affect it. Investment opportunities will be discussed. (Jim and Terry are registered commodity brokers who have researched, taught and written about the Commodity Futures Market.)

WHAT'S IMPORTANT?

C22

Wayne Brooks

537-4401

One Time: Thursday, 7:30-9:30pm, Oct 29
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

What's important? When a family crisis occurs, will you be prepared to handle all the personal business and financial affairs? If you are in doubt - this workshop is for you. We will discuss the importance of gathering and documenting information for easy reference now and in times of crisis. (Wayne is financial advisor who works with a local financial institution.)

REAGANOMICS

C13

Dr. E. S. Bagley

532-6702

One Time: Wednesday, 7:30-9:30pm, Oct 28
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

You've heard about it in the news; here's your chance to discuss national economics. This class will take a look at "stagflation" and some causes of this economic malady (a high rate of inflation coupled with high unemployment.) Proposals to deal with this economic problem including the plans of the Reagan administration will be discussed. (Dr. Bagley is a professor of Economics at KSU.)

INVESTMENT FOR FINANCIAL GROWTH AND INCOME

C16

Dr. Albert L. Winkler

776-4329

Wednesdays, 7:30-9:30pm First Meeting: Sept 16 Length: 6 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration

The class will study the functions and usefulness of financial markets, including "Wall Street," in utilizing financial assets. After considering common investment terms, information and the national market system, specific attention will be given to security analysis, investment timing and portfolio management. In this class we will use the text Investment Analysis and Portfolio Management, (Cohen), which will be available at Varney's Bookstore for about \$20. (The instructor is a stock broker and an economist, with a PhD in economics and experience in university teaching and a broad range of financial markets.)

OCTOBERFEST

Rosalys Rieger

539-5293

Saturday, 9am-4pm, Oct 10
Location: Manhattan City Auditorium

You are invited to celebrate the talents, skills and achievements of the disabled or handicapped citizens in our community. The Octoberfest celebration, the Manhattan area's way of observing the International Year of Disabled Persons, will display the talents of disabled people in our community and will also recognize businesses, groups and organizations which serve these special people. Come and join the fun!

1982 INCOME TAXES AND YOU

C13B

Gil Gillispie

776-7531

One Time: Wednesday, 7pm, Oct 14
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

The new "economy recovery act" of the Reagan administration brings with it new tax legislation. The new legislation will be covered along with the following issues: What records to keep and receipts to save, what to do if audited, what happens if you make a mistake and what you can do now in the last 3 months of the year to fully benefit. (Gil is the owner of the Manhattan franchise of H & R Block and has been processing income tax forms for 20 years.)

WHAT ABOUT COMPUTERS?

C23

Two Times: Saturdays, Oct 3 and 10
Location: Register and you will be contacted
Class Fee: \$8.00 for series; \$5.00 for one session, pay with registration

They work in your bank, they enroll your children in school; they're everywhere! Computers are here to stay, in fact, experts project that some day soon every American home will have a computer ... if you don't have one already. Find out more about the computer invasion through these computer seminars.

Introduction to Computers

Saturday, 9am-2pm, Oct 3, Clarence Reynolds, Robert Bireta

This seminar will provide you with a general overview of the history of computing as well as the basics of how computers work. The computer's role in business will also be discussed. (Clarence and Robert are specialists in large-scale commercial computers.)

Microcomputers for Your Business and Home

Saturday, 9am-12noon, Oct 10, Noel Hebert, Mark Gorman 537-1075

What is a microcomputer and how do they relate to large computers? What can they do, what can't they do? These questions and others will be answered. Different microcomputer systems such as the Atari and the Apple will be demonstrated and computer software will be considered. (Noel is a local computer consultant and software specialist; Mark is the owner of a local computer store.)

NOW ACCOUNTS AND OTHER PLACES FOR YOUR MONEY

C17

Richard Morse

532-5515

One Time: Thursday, 7:30-9:30pm, Sept 17
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class

Your interest on savings can be tripled without inconvenience or loss of security. N.O.W. accounts, money market funds, and other alternative savings plans can get more from your money. Learn about these plans, minimum amounts needed, and where to participate. (Richard is the Chairman of the KSU Department of Family Economics.)

SOCIAL SECURITY AND CURRENT INCOME: A SEMINAR

C13

One Time: Thursday, Nov 5, 7:30-9:30pm
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration (those over 60 exempt)

Recent changes in Social Security laws are causing those in all income levels to ask searching questions of the future of the U.S. Social Security System. This seminar will address these changes and what they mean to you. Officials knowledgeable in the areas of Social Security benefits and supplemental retirement programs will answer your questions. For more information about this special program contact UFM at 532-5866.

FILM: WE WILL NOT BE BEATEN

C45

C. Stackpole, Sandy Sanders-Ware, Judy Davis

539-3736

Wed, Sept 23, 7-9pm or Tue, Sept 29, 7:30-9:30pm (indicate day)
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration
Materials Fee: 50¢, pay at class

The film "We Will Not Be Beaten" discusses the trauma of spouse abuse. Women who have been abused discuss their reasons for staying, for leaving, the effects on their children, the effects on themselves. The film, which is used by the Regional Crisis Center in their training sessions, was created by women who work in a battered women's shelter. A discussion will follow the film for all those who would like to participate. (Sandy and Cathy have worked with Regional Crisis Center. Judy is a staff member there.)

Women

WOMEN USA HOTLINE

C36

1-800-221-4945

Every week, an issue of importance to women and current national policies affecting them can be heard via HOTLINE, along with a legislative update. Information on legislators to contact to express your opinion is also given. Make your voice count. Call HOTLINE and write your Congressman.

FEMINIST THERAPY

C42

Ann Bristow

537-0858

Thursdays, 7-9pm, Oct 1, 22, Nov 23
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: 50¢, pay at class

The following classes are offered through the Feminist Therapy Collective:

Oct 1 Therapy: Rights and options. We will discuss traditional therapy, client rights, use of contracts, sex, medication and alternatives to traditional therapy.

Oct 22 Divorce: Be your own advocate. We will become familiar with divorce laws and the divorce process. We will discuss how to choose legal services and how to know if your attorney is your advocate. An attorney will be present to provide information and answer questions.

Nov 23 Alternatives to Traditional Obstretical and Gynecological Services: We will focus on self-help and alternatives outside Manhattan. (Ann teaches psychology at KSU.)

WHAT IS "SOMETHING ABOUT THE WOMEN?"

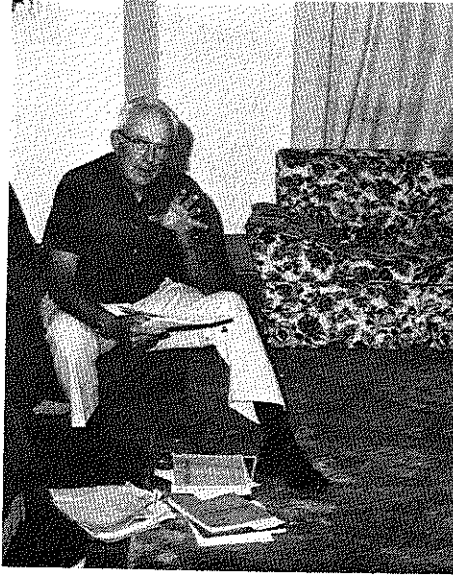
C44

SATW Collective

537-0329

One Time: Wednesday, 7-9pm, Oct 14
Location: Register and you will be contacted

A women's newspaper in Manhattan, Kansas? Find out how seven women pooled their talents to produce a monthly newspaper dedicated to promoting equality for women. Topics to be discussed include: layout, photography, writing news, including culture, feminist politics and advertising, (an unhappy marriage!) working collectively and more. Members of SATW collective are: Deb Boehme, Ann Bristow, Karen Cook, Kate Jacques, Sandy Sanders-Ware, Cathy Stackpole.



FEMINIST MEN'S STUDY AND SUPPORT GROUP

C43

Jared Namenson

Thursdays, 7:30-10pm First Meeting: Sept 24
Location: Register and you will be contacted

Last spring several men convened in group to study feminism and actively support social change. This fall, we hope to devise numerous local activities and to extend our inquiries into issues of violence, child-rearing and changing sex roles. New members welcome. (Jared is a practicing feminist man.)

THE ABORTION ISSUE

C30

Bonnie Funk

Section I: Thursday, 7-8pm, Sept 24
Section II: Wednesday, 7-8pm, Oct 14
Location: Register and you will be contacted

The issue we will discuss are legal and medically safe abortions. The so-called "moral majority" want to deny women the right to choose. Separation of church and state must be maintained. What are we going to do to protect our rights? (Bonnie is a student in Elementary Education and a humanist.)

WOMEN AND HEALTH

C40

Judy Schrock

539-9464

Wednesdays, 7-9pm First Meeting: Oct 14 Length: 3 times
Location: Register and you will be contacted Limit: 12

Mobilizing the power to take primary responsibility for our own health is a continuous learning process. In this class, we will diagram individual patterns of health care use, including lifestyle orientations; identify areas of desired change; and learn strategies for reaching self-determined goals. (Judy is a community health nurse who has previously led women's health groups through UFM.)

TOTAL BODY CONDITIONING FOR WOMEN

C41

Becki Nelson

776-1654

Wednesdays, 10-11am First Meeting: Sept 23 Length: 4 times
Location: Register and you will be contacted Limit: 10

Becki will demonstrate exercises on the Nautilus machines including upper torso pullover, hip and back, and leg extension among others. Come dressed for exercise because then you'll get to work out on them. Diet and training principles will also be covered. (Becki is manager of Nautilus Fitness Center.)

RILEY COUNTY WOMEN'S POLITICAL CAUCUS

C35

Diane Acker, Susan Scott Angle

776-9046

One Time: Monday, 7:30-9pm, Sept 28
Location: Register and you will be contacted

After a successful wine and cheese introductory party the next order of business for the Riley County Women's Political Caucus is a reorganizational meeting. We will set priorities, establish committees, elect officers. Anyone interested in promoting women's issues through the political process is encouraged to attend (even if you are unable to take an active role in the Caucus.) (Diane and Susan have a commitment to action on women's issues.)

WOMEN AND ENERGY

C37

Mary Neel

776-8893

One Time: Tuesday, 7:30pm, Sept 29
Location: Register and you will be contacted

As energy shortages become more serious, the implications for the general public and women in particular become more apparent. This class will, through a slide presentation, provide information about everyday energy needs and resources. Emphasis will be placed upon encouraging citizen participation in setting energy policy. (Mary is an energy consultant with KP&L.)

WHAT IS FEMINISM? HISTORICAL AND CONTEMPORARY PERSPECTIVES

C38

Sandra Coyner

776-3761

One Time: Monday, 7pm, Oct 5
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

American feminism is at least 150 years old, but many people are still confused about it, or want to know more. In this class some general point about the movement, stressing its historical context up to now will be presented. Hopefully there will be lots of questions for discussion. (Sandy studies, teaches about, and participates in feminism.)

WOMEN'S HEALTH CARE IN MANHATTAN

C39

C. Stackpole

539-3736

One Time: Wednesday, 7-9pm, Oct 7
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

A few years ago there was interest in Manhattan in exploring alternative birthing methods and traditional health care. Now, new impetus has arisen concerning all areas of women's health care. Self-help clinics and a national women's health network have helped to create energy for local groups. Come, find out more about how women can be not only better consumers of traditional health care, but how we can take control of and care for our own bodies.

CONFRONTATION TRAINING: SELF-DEFENSE FOR WOMEN

C31

Sandy Sanders-Ware, Christie Simpson

776-6498 776-7573

Thursdays, 7-9pm, Oct 22, 29 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

This class, for women, will help them learn how to deal with both verbal and physical sexual harassment. Class leaders will also present a feminist perspective on how confrontation can be a preventative measure for violence against women. (Sandy is a member of the Women Against Rape Collective.)

WOMEN OF THE HEARTLANDS: SINGING OUR LIVES

C32

Christy Simpson

776-7573

Monday, 7pm, Sept 21 - organizational meeting
Location: Register and you will be contacted

Women of the Heartlands is a feminist chorus. Our primary goal is the establishment of a sense of community through music. Exclusively a women's chorus, we sing music by, for and about women. (Christy has been directing Manhattan's feminist chorus since January.)

BOOKS BY AND ABOUT WOMEN

C33

Lorrie Cross

776-7178

Tuesdays, 7:30pm First Meeting: Sept 22 Length: Ongoing
Location: Register and you will be contacted

Women writers say special things. Women readers often hear them. This class provides time for women to talk with each other about novels, non-fictional works, humor and satire. Dimensions of self-image shaped by literary models are examined by participants as we discuss books selected by group members. Recent meetings have focused on *Tess*, plays by and about women, *Against Our Will* and *Mother's Helper*. Please bring suggestions for books readily available in bookstores and libraries. New members welcome. (Lorrie has a strong interest in women's literature.)

REGIONAL CRISIS CENTER TRAINING

C34

Judy Davis

539-3736

Saturday, 9am-5pm, Sept 19
Sunday, 7-9pm, Sept 21
Location: Register and you will be contacted

The Regional Crisis Center needs volunteers! A training for interested persons will include such topics as crisis intervention, legal alternatives for victims of abuse and/or rape, counseling skills and the use of community resources. Domestic violence has its impact on the future of the family as a unit, the effect of violence on future generations and the freedom of individuals to develop to their full potential. Rape does serious psychological and physical damage to victims and often their families. No one should have to fear either of these crimes. (Judy has been director of the Regional Crisis Center since it began two years ago. The crisis center has helped over 1200 families since that time.)

Earth

For more information
about Earth,
call Neil Schanker
at 532-5866



ENVIRONMENTAL ETHICS: HOW TO BE A FRIEND OF THE EARTH E01

Neil Schanker 539-5766

One Time: Thursday, Oct 29, 7:30pm
Location: Register and you will be contacted
Class Fee: \$1.00, pay at registration

Whatever happened to the environmental concerns of the 60's and 70's; pollution, recycling, endangered species, solar energy, etc? After focusing on the positive and negative aspects, we'll discuss current environmental problems and how people can affect them. A tour of UFM's environmental library will be included. (Neil has been an environmentalist for years and is an organizer of the Kansas chapter of Friends of the Earth.)

NATURE PHOTOGRAPHY - A CLOSE-UP VIEW E02

Ed Pemberton 537-4385

One Time: Tues, Sept 29, 7:30pm
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration

The techniques of nature photography will be explained during a close-up look at flowers, mushrooms and wildlife. Come celebrate the beauty of nature. (Ed is the West Central Regional Representative of the National Audubon Society.)

FULL MOON WALKS E04

Neil Schanker 539-5766

Section I: Tues, Oct 13, 9pm (rain date, Oct 14)
Section II: Weds, Nov 11, 9pm (rain date, Nov 12)
Section III: Fri, Dec 11, 9pm (rain date, Dec 12)
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration Limit: 15 each section

Listen to the night sounds of the Kansas prairie on a full-moon autumn night. The Flint Hills natural history comes alive after dark with its plantlife, nocturnal birds and mammals. Emphasis will be on listening and experiencing. (Neil enjoys a good full moon in any season.)

A DAY DOWN ON THE FARM E05

Lark Meyer
One Time: Sun, Oct 18, 1pm (rain date Oct 25)
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration
Materials Fee: 75¢, pay at class Limit: 25

You will see close up many farm animals practical for the small home-stead including goats, chickens, horses, calves and rabbits. Learn how a little cash, ingenuity and a lot of hard work let beginning home-steaders enjoy farming on a small scale, as well as supply useful products for the home and kitchen. Goat products will be available for sampling - goat pizza and barbecue. Many animals are gentle enough for children to pet. (Lark is a graduate of the KSU Dept of Animal Sciences. Her husband Ed is a sophomore in the KSU Veterinary School.)

BEEKEEPING

Jim Johnson E06 532-6154

Mondays, 7:30-10pm, First Meeting: Sept 21 Length: 3 times
Location: Register and you will be contacted

Honey is that wonderful natural sweetener that bees make - but few people know how they do it. The sessions will cover many aspects of hobby beekeeping; from obtaining the bees and needed equipment, to managing the hive for your first and future honey crops. (Jim is an Extension Entomologist at KSU, and a local beekeeper.)

BIRD WATCHING E07

Monty Hinten 776-8830

One Time: Sat, Oct 3, 7:30am (rain date Oct 10)
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration Limit: 15

Everybody at one time or another has watched birds. On this trip our efforts will be geared to finding out exactly what we are watching, by means of field points, calls, flight patterns, field guides, etc. Bring binoculars if you have them. (Monty has taught this class before.)

HALLOWEEN OWL CALLING E08

Monty Hinten 776-8830

One Time: Sat, Oct 31, 9pm-12 midnight
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration Limit: 15

Halloween brings to mind things that inhabit the night. On this trip we will endeavor to seek out and "talk" to a group of nocturnal birds - the owls. (Monty is vice president of the Northern Flint Hills Audubon Society and enjoys activities related to wildlife.)

PUPPY CARE AND SELECTION E09

Lillis Peck 532-5854
Kathy Garvin 539-9350
Vel Kramer 537-7022

One Time: Thurs, Sept 17, 7-9pm
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration

Bringing a puppy into your life can be a positive experience or a traumatic one, depending upon how well you are prepared. We'll discuss things to consider when selecting a puppy, and how to help puppies grow into healthy, happy companions. (Kathy teaches the puppy training class for the Manhattan Kansas Kennel Club, and owns Golden Retrievers. Vel manages the Kennel Club's public information and referral service and owns Schipperkes and Malteses. Lillis is a kennel club member who owns and shows Boxers.)

THE SPORT OF DOG SHOWING E10

Elvinia Heldenbrand - Lillis Peck 539-4232 532-5854

One Time: Thurs, Sept 24, 7-9pm
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration

Dog showing is an art, science and exercise for people of all ages. Find out where the dog shows are and how to understand the proceedings. We'll explain the various aspects of obedience and conformation competition, and how to enter a dog show. Perhaps a trip to see a dog show will be organized. (Elvinia has achieved 7 AKC obedience degrees and 2 Championships with her dogs in 10 years of showing.)

ARABIAN HORSES E11

Duane Daily 537-7823

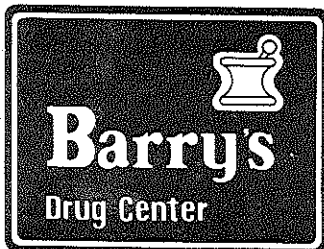
One Time: Sat, Nov 7, 10am
Location: Register and you will be contacted
Class Fee: \$3.00, pay at registration

The Arabian horse has had an influence on all "light" breeds, but is often misunderstood because of a lack of knowledge. Come and meet some Arabian horses on their own turf. (Duane's interest in Arabians evolved from a 4-H experience in Egypt, and he's been breeding, raising and training horses for years.)

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LAND INSTITUTE VISITOR'S DAY

E13

Sunday, 1:30-5pm (carpool at UFM at 11:30am)
 Location: Register and you will be contacted (maps will be provided)
 Class Fee: \$1.00, pay with registration

The Land Institute is a place where students receive college credit for participating in alternative projects with windmills, solar collectors, earth houses, and composting toilets. After an introduction to the history and philosophy of The Land Institute, participants will take a tour, then meet in small groups to discuss particular problems in the search for sustainable alternatives in agriculture, energy, shelter and waste management. Everyone will get back together for concluding lecture and discussion. (Each fall, The Land Institute schedules a Visitor's Day as a substantive program with challenging intellectual involvement for visitors.)

HUMAN ANATOMY

E12

Lynn Schanker

Saturdays, Oct 31, Nov 7, 1-3pm (2 times)
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay at registration Limit: 10

Ever want to study a human skeleton but were always afraid to? No bones about it, this class provides you with the opportunity to view and HANDLE human bones, preserved human organs, x-rays, models, dissect rats and sheep eyes. Find out about yourself! (Lynn, a human body herself, is a biology instructor and currently a graduate student in physiology and education.)

GEM STONES

E14

F. C. Lanning 537-7599

Tuesdays, 7:30pm First Meeting: Oct 20 Length: 2 times
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay at registration Limit: 20

At the first meeting Dr. Lanning will discuss gem stones and share some of his work with you. Natural, synthetic, and fake stones will be discussed with an emphasis on such properties as color, hardness, and fire which make a good gem. The second class will take you over to Willard Hall, where Dr. Lanning will demonstrate equipment and procedures for cutting stones. (Professor Lanning is a retired chemistry instructor who has shared his knowledge and experience through UFM many times before.)

MILFORD LAKE SLIDE SHOW

E16

Greg Wurst 776-3073

One Time: Tues, Sept 22, 7:30pm
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay at registration

Milford Lake, a reservoir comparable to Tuttle is minutes away, yet how many Manhattanites use it? This slide show will highlight a general view of what Milford Lake has to offer including fishing, hunting, boating, water skiing and facilities. Pamphlets and maps will be distributed. (Greg is in his fourth year as a Milford Lake ranger.)

WILDERNESS CANOEING (FROM THE RIO GRANDE TO NORTHERN CANADA)

E18

Michael J. Elledge 539-3683

One Time: Thurs, Oct 15, 7:30pm
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay at registration

Broaden your knowledge of wilderness canoeing with this evening of slides and discussion. Bring those mosquito stories from the Boundary Waters, those maps from Maine, and those slides from the Buffalo River. Equipment and techniques will be discussed. (Michael has paddled many miles.)

KAYAKING DEMONSTRATION

E20

Jeni Kardinal

One Time: Sun, Sept 20, 9-11am
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay at registration

This light weight boat, invented by Eskimos, has become very popular. Come see how an expert handles a kayak. During this demonstration session Jeni promises to make rolls, paddle racing techniques, and getting in and out of a kayak look easy. (Jeni, from white-water country in Missouri, wants to strike up interest in kayaking here in Kansas.)

KAYAKING EVERY WEEK

E21

Jeni Kardinal

Section I: Sundays, 9-11am, First Meeting: Sept 20 Length: 4 times
 Section II: Sundays, 9-11am, First Meeting: Oct 18 Length: 4 times
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$6.00, pay at class Limit: 8 each section

Want to learn to kayak? You'll get a lot of practice learning the basics of kayaking in this class. Kayaks will be available for all class participants. A white-water river trip to Missouri will be planned.

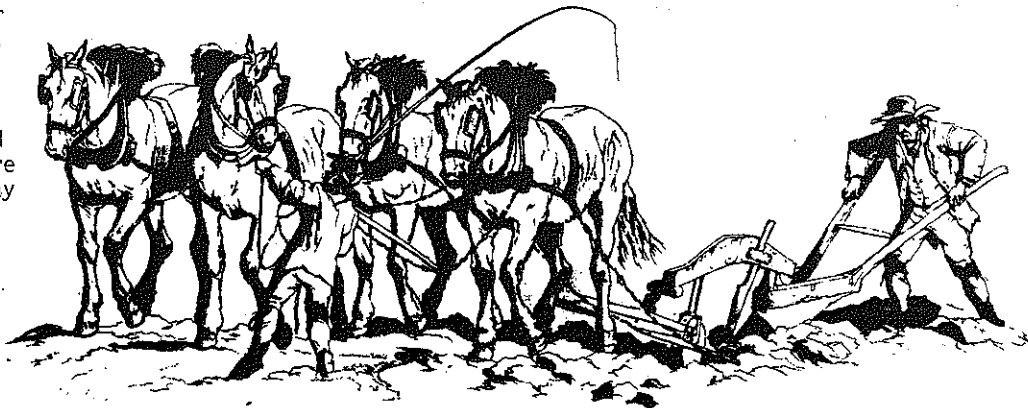
BUFFALO RIVER WHITE WATER CANOE TRIP

E19

Nancy Weidhaas & Robert Deemie 776-0271 537-9406

One Time: Wednesday, 7:30pm, Oct 7
 Location: Register and you will be contacted

The Outing Club is planning a canoe trip to the Buffalo River in Northern Arkansas the weekend of October 17 and 18. We will be leaving some time Friday and getting back late Sunday. (Nancy and Robert are Outing Club members.)



CANOEING

E17

539-9150

Pat Dreese

Saturdays, 1pm, Sept 26 & Oct 3 (2 times)
 Location: Register and you will be contacted
 Class Fee: \$5.00, pay with registration Limit: 15

We will meet for a short talk about canoeing, and then will carpool to the State lake for the real thing. Instruction will be given in basic paddling and steering. Equipment and local places to canoe will be covered. The second class will canoe Deep Creek. (Pat likes to canoe in Kansas.)

HIKING TRAILS IN KANSAS

E22

532-5752

Jim Nighswonger

One Time: Wednesday, 7:30pm, Sept 30
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

This fall, hike the beautiful hills and valleys of Kansas. We will discuss what Kansas has to offer in the way of hiking opportunities. Emphasis will be in trail locations and their unique features. Information and guides will be available for handout. Foot trails will be emphasized and canoe trails will be mentioned. (Jim is a member of the Kansas Trail Council and the Kansas Canoe Association.)

TALL GRASS ORIENTEERERS

E23

776-0067

Dale Bryant

Mondays, 7:30-9:30pm, First Meeting, Sept 21 Length: Ongoing
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration
 Materials Fee: \$1.00, pay at class

The Tall Grass Orienteerers are a group of people of all ages who participate in the sport of orienteering. Orienteering is a cross country running sport where the runners navigate over unfamiliar terrain using map and compass. The club will both teach beginners how to do it and will attend several weekend competitions in Kansas and Missouri. (Dale is the faculty advisor for the club and an orienteerer with about 10 years experience.)

INTRODUCTORY BACKPACKING

E24

539-5857

Bob Klaphor

Wednesdays, 7:30-10:00pm, Sept 30 and Oct 14 (2 times)
 Location: Register and you will be contacted
 Class Fee: \$5.00, pay with registration Limit: 30

This course will introduce the beginning or prospective backpacker to the basic equipment, clothing and supplies needed; and the basic techniques needed to be a safe, conservation-minded backpacker. There will be ample opportunity to practice through trips available via the Outing Club. (Bob has backpacked, hiked and climbed from Indiana on west to Colorado.)

ADVANCED BACKPACKING

E25

539-5857

Bob Klaphor

One Time: Wed, 7-10pm, Oct 28
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 20

Topics of interest to the experienced backpacker and hiker such as trip planning and logistics, dealing with emergencies, soloing and dayhiking will be discussed.

BACKPACKING: FOOD AND STOVES

E26

776-0271 539-9238

Nancy Weidhaas & Mike Braunstein

One Time: Wednesday, 5:30-7:30pm, Oct 7
 Location: Register and you will be contacted
 Class Fee: \$2.00, pay with registration
 Materials Fee: \$3.00, pay at class

We will discuss and demonstrate several light-weight stoves available for camping. We will then cook dinner on them sampling freeze-dried, super-market, and homemade recipes for the trail. This is for beginners or advanced packers! Bring bowl, spoon and come hungry! (Nancy and Mike like to backpack and eat well on the trail!)



RELATING TO NATURE FOR YOUNG PEOPLE E03

JoAnn Fremerman
 One Time: Saturday, 2-3:30pm, Sept 19 (rain date, Sept 26)
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 10

This workshop will use an outdoor setting to allow children to experience for themselves the niche they occupy in our ecosystem and how they can be responsible participants in our world. For 9-12-year-olds. Parents are welcome too. The wide variety of plants and animals will be explored. (JoAnn has been with the Outdoor Education Laboratory in Kansas City for 2 years.)

BASIC PLANT IDENTIFICATION E29

Ted Barkley
 One Time: Wednesday, 7:30-10pm, Oct 14
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 15

Do you have mystery plants in your yard? Solve the mystery through the use of botanical keys. In this class the use of botanical keys for plant identification and practical field guides are discussed. No special knowledge of botany is needed. (Ted is Curator of the Herbarium in the Division of Biology, KSU.)

KONZA PRAIRIE: FLINT HILLS FALL PAGEANTRY E30

Craig Freeman
 Section I: Saturday, 9am-11am, Sept 19 (rain date, Sept 26)
 Section II: Saturday, 6-8pm, Sept 19 (rain date, Sept 26)
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration Limit 20 each section

Are you inspired by Mother Nature's fall floral pageantry, and perhaps curious about some of the participants? If so, take a walk on the Konza Prairie with Craig and learn the identity and natural history of some of the Flint Hills' autumnal wildflowers. (Craig is a KSU graduate student in botany and has actively participated in compiling the Konza Prairie flora.)

PRAIRIE GRASSES E31

Gene Towne
 One Time: Saturday, 10:00am, Sept 19 (rain date, Weds 6pm, Sept 21)
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration

All grasses are not alike! Learn identifying characteristics that distinguish one grass species from another. The prairie tour will also focus on importance and interesting information on grass species common to the Flint Hills. (Gene is a research assistant in range management.)

PRAIRIE WILDFLOWERS E32

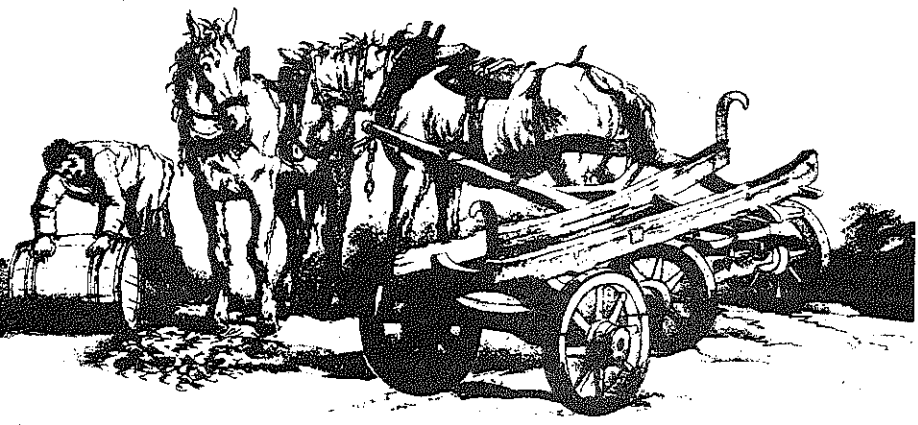
Gene Towne
 One Time: Saturday, 10:00 am, Sept 26 (rain date, Weds, 6pm, Sept 30)
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration

In this class you will not only enjoy the beauty of the Flint Hills, you will also learn the identifying characteristics of both flowering and vegetative plants. Lots of tidbit information will also be obtained.

MUSHROOM IDENTIFICATION E33

Elizabeth Moses
 One Time: Monday, 7:30-9pm, Oct 5
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

Learn what's good and bad, edible and not, about these fascinating fungi. Enter the world of the Shaggy Mane, the Stinkhorn, and the Destroying Angel. Emphasis will be placed on mushroom varieties in Kansas and neighboring farmlands. (Elizabeth learned through home study, field experience and recently, attending National Forays.)



OUTING CLUB E28

Nancy Weidhaas & Mike Braunstein
 Wednesdays, 1st & 3rd of each month, 7:30pm, First Meeting: Sept 16
 Location: Register and you will be contacted Length: Continuing
 Class Fee: \$1.00, pay with registration

Known to be the outing and eating club, we enjoy getting out and hiking, biking, rock climbing, rappelling, spelunking, canoeing, skiing if we ever get snow, backpacking, kite flying, potlucking and just having fun together. (Nancy and Mike have been having fun with the club for a year.)

STARS AND CONSTELLATIONS E15

Tim Coughenour
 One Time: Tuesday, 8:30-10pm, Sept 22 (if cloudy, Sept 29)
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 15

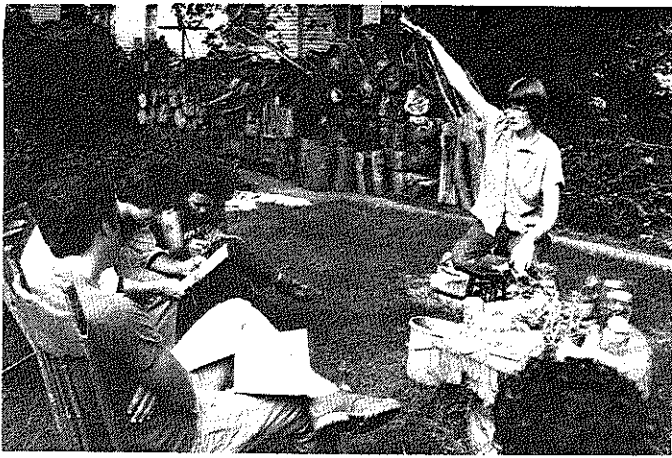
Learn how to recognize the autumn stars and constellations. We will discuss how the stars and planets move through the sky, how to use star maps, how to tell time by the stars, and more. (Tim has been a student of the stars for about ten years.)

ROCK CLIMBING E27

Alan Sink and Dan Ankenbrandt
 Wednesdays, 1-4pm, First Meeting: Sept 20 Length: 3-5 sessions
 Location: Register and you will be contacted
 Class Fee: \$5.00, pay with registration
 Materials Fee: \$15.00, pay at class

Ever dream of climbing walls and cliffs? Students will learn rappelling, belaying, tying basic knots, and climbing techniques. Classes will be held in the local area, with a trip to Fall River, Kansas. (Alan has climbed extensively in Canada, the U.S. and Mexico for the past six years. He is also an avid climber.)





COMPOSTING

E34

Gary Radke 468-3566

One Time: Saturday, 1-3pm, Nov 14
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 6

Get the most out of your yard, garden and garbage by composting. We will talk about and demonstrate this "textbook" method of composting as well as variations, and get to see the finished product. (Gary has been active in composting for two years.)

EXOTIC PLANT CONSERVATORY TOUR

E35

Richard Mattson 532-6170

One Time: Monday, 6pm, Sept 21
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration

Plant lovers, this is the tour for you! The conservatory is a showcase of over 300 tropical plant species. The west section is filled with cacti and succulents, the east has semi-tropical plants and the central section is like taking a walk in the jungle. This class will introduce you to some of the more interesting members of the plant world, as well as discuss their culture and environmental requirements. (Dick is a horticultural therapy professor at KSU.)

ORCHIDS

E36

Jim Legg 539-6554

Wednesdays, 7:30-9pm, Oct 7 and 14 (2 times)
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

The aim of this class is to acquaint the participant with some of the variety of orchids commonly grown and some of the basic rudiments of their culture. Sources of further information, plants, and supplies will be given. (Jim has gone from an interest in growing orchids as a challenge, to being hooked on them for about 5 years with over a hundred different kinds in his basement.)

CARE OF HOLIDAY BLOOMING PLANTS

E37

Larry Lee 776-7989

One Time: Monday, 7:30-8:30pm, Nov 30
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 20

Don't throw away that poinsettia after Christmas! Learn how to care for it along with other seasonal blooming plants such as ornamental peppers, Christmas cactus, cinerarias, and chrysanthemums. A slide show will go along with the discussion. (Larry is the greenhouse manager and grower at Kistners.)

THE GROWING AND USING OF HERBS

E38

Barbara Byergo 494-8418

One Time: Wednesday, 7:30-10pm, Sept 23
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 10

Spice up your food as well as your health through the use of herbs. This class will cover the cultural aspects of growing common culinary herbs as well as their use in cooking and curing health problems. (Barbara is a senior in horticulture at KSU with experience growing and selling herbs.)

CARE OF ROSES

E41

Bill Hoyt 776-7426

One Time: Wednesday 7:30pm, Oct 14
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

The care of roses should not be taken lightly - learn how to get the best performance out of your roses by proper pest and disease management, fertilizers, cutting spent blooms, and mulching for the winter. (Bill has maintained the rose gardens on campus.)

PRESERVING FRESH FLOWERS

E39

Karen Medlin 537-2846

One Time: Tuesday, 7:30-9pm, Oct 6
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$2.00, pay at class Limit: 10

Enjoy the beauty of fresh flowers longer than you ever expected by learning how to preserve them. The silica gel method will be covered along with how to extend the vase life of your cut flowers. Call Karen to find out what flowers to bring. (Karen owns and operates Westloop Floral.)

BASIC FLORAL ARRANGING

E40

Karen Medlin 537-2846

One Time: Tuesday, 7:30-9pm, Oct 20
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$5.00, pay at class Limit: 10

Instead of just sticking flowers into a vase, learn the art of flower arranging. In this class basic arrangements will be taught along with what flowers to use and where. Bring a small 4-6" diameter container and try your luck at arranging.

HARVEST AND STORAGE OF VEGETABLES

E42

Chuck Marr, Jim Lindquist 532-6170

One Time: Tuesday, 7:30pm, Oct 13
 Location: Register and you will be contacted

Would you like to have fresh tomatoes for Thanksgiving dinner, squash for Easter, and potatoes, onions and other vegetables all winter long? Home storage, outdoor storage, and tips for handling vegetables will be discussed. (Chuck is an Extension vegetable specialist at KSU. Jim is a Riley County Extension agent.)

NATURE TRAILS

E43

Kate Van Zandt 537-4610

One Time: Monday 7-9pm, Oct 12
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration Limit: 10

At this informal gathering we will look at specific considerations to be made for each population for whom a nature trail is designed. Considerations such as types of path coverings, seating, identification of plant materials and communication. You will have the opportunity to walk our trail at Meadowlark Hills. (Kate is the horticultural therapist at Meadowlark Hills.)

Energy

HOW TO TELL AN APPROPRIATE TECHNOLOGY WHEN YOU SEE ONE

AT1

John Selfridge 537-7411

One Time: Wednesday, 7:30pm, Oct 28
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

What is an appropriate technology? When, where and why is a technology appropriate? Are the same technologies that are appropriate for the U.S. appropriate for other under-developed countries? The use of smaller, more efficient machines, indigenous materials, shifts in the economy and efficient use of human labor are important issues. We will attempt to answer these questions and others and discuss some of the objects, issues, and ideas involved. (John has toured appropriate technology centers in this country and Europe and has a continuing interest in the development of appropriate technologies.)

BUYER'S GUIDE TO INSULATION

AT10

Owen R. Jones 537-7976

Section I: Tuesday, 7-8:30pm, Sept 22
 Section II: Thursday, 7-8:30pm, Sept 24
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$1.00, pay at class Limit: 12 each section

The right insulating materials in the right places can pay for itself several times over in fuel savings. This class will cover the different types of insulation available, what types to use and where, hazards associated with certain types and how to determine cost-effectiveness. (Owen has installed insulation since 1946.)

ENERGY AND DESIGN CONSULTING

AT11

Rick Toyne, Kevin Patterson, Bill Dorsett, Dean Denner 532-5866

One Time: Thursday, 7pm, Oct 1
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

This will be an organizational meeting for people interested in designing or building a flat plate collector, solar greenhouse, insulating window treatments or other energy saving projects for their home. We will have a general discussion and set up times for private consulting of individual projects.

EARTH/AIR COOLING TUBES

AT5

Bruce Snead 532-5866

One Time: Thursday, 7-9pm, Nov 12
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 15

Interested in a natural way to cool a new home or addition? We will review up-to-date information on earth/air systems like the one at UFM's Solar Addition. Costs, materials, performance and design concepts will be covered. There are a number of operating earth/air cooling systems in the Manhattan area. (Bruce is UFM's Appropriate Technology coordinator and lectures in architecture at KSU.)

WIND GENERATORS

AT6

Tom Shrimplin 776-5904

One Time: Saturday, 1-4pm, Oct 31
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$2.00, pay at class

This course is an introduction to using the wind for home power generation. We'll discuss wind power basics, specifics about using wind power in the Manhattan area, advantages and disadvantages of wind power, and low-cost approaches. We'll also look at updated laws, tax credits, and discuss the economics of wind power. (Tom has been involved in wind energy for five years and uses a wind generator to power his home.)

WOOD STOVES - HEATING AND BUYING

AT7

Dave O'Neal 539-4597

Mondays, 7-9pm First Meeting: Sept 28 Length: 2 times
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

More and more homes are turning to wood for heating these days. Dave will cover the designing of wood stoves, chimney safety, and national safety codes. He can show you how to design your house to accommodate a stove and cover some basics on firewood. (Dave is a local stove retailer and has designed woodburning stoves and furnaces.)

FLAT PLATE SOLAR COLLECTORS

AT8

Dean Denner, Bill Dorsett 776-9711

One Time: Saturday, 1pm, Oct 17
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

Flat plate solar collectors can be mounted on a roof or wall where they collect solar heat which can be used to heat a room or a whole house. These simple, low-cost collectors are adaptable to almost any situation, and are eligible for a 70% tax credit. This class will cover the basics of collector design and how to plan and build a low-cost system for your home. (Bill and Dean are local carpenters and featured two of their collector designs on the solar homes tour last summer.)

ATTACHED SOLAR GREENHOUSES

AT9

Rick Toyne, Kevin Patterson 532-5866

Saturdays, 10am-12noon, Oct 24 & 31
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

Attached greenhouses can provide food, heat and additional living space for your family. We will discuss basics of passive solar energy, greenhouse design, and low-cost approaches. We will also show examples of attached greenhouses in the area. Specific design questions are welcome. (Rick and Kevin are architecture students at KSU, have worked with the appropriate technology staff, and designed a number of greenhouses in the area.)

TAX INCENTIVES FOR SOLAR AND ENERGY CONSERVATION

AT2

Doug Walter 537-8634

One Time: Wednesday, 7-9pm, Sept 23
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

Many Kansans took advantage of the generous combination of State and Federal energy tax incentives on their 1980 tax returns. Not only did they save taxes, they're now saving money each month on their utility bills. In this class we'll discuss how you can receive tax benefits for a wide variety of energy conservation and renewable energy measures. (Doug is extension specialist for residential energy with the Energy Extension Office.)

RECYCLING AND YOU

AT3

Dean Campbell 537-8130

Section I: Tuesday, 7-9pm, Sept 22
 Section II: Tuesday, 7-9pm, Oct 20
 Section III: Tuesday, 7-9pm, Nov 17
 Location: Register and you will be contacted
 Class Fee: \$1.00, pay with registration Limit: 30 per session

Recycling is a fast growing business in the Manhattan area, with opportunities for making money while helping to keep our city clean. This class will include discussions involving the growth, responsibilities, and future of recycling with special emphasis on individual roles that are available. We will cover aluminum, paper, bottles and other recycleable containers. Also included will be a tour and demonstration of the local recycling facilities. Refreshments will be served. (Dean is a pioneer in the recycling business.)

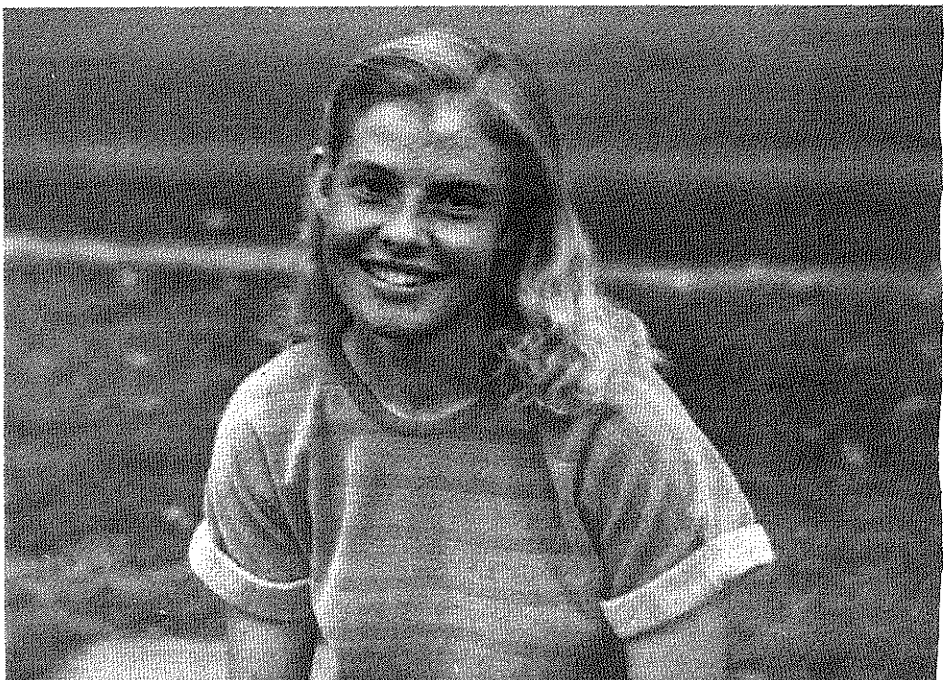
EARTH SHELTERED HOUSING DESIGN

AT4

Keith Christenson 537-1589

Wednesdays, 7-8pm, Sept 23 & 30
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

The first part of this class will cover basic design concepts for earth sheltered homes including site planning, building design, natural ventilation and utilization of passive solar energy. The second part will include discussion of design and construction details of wall and roof sections, and a question and answer session. (Keith has taught in the KSU Dept of Architecture for 15 years and spent last summer doing earth shelter and passive solar design for an architecture firm in Dodge City, Kansas.)



Ginny Patterson, Greenhouse Manager

RAMEY LUMBER

307 N. 3rd 776-9264

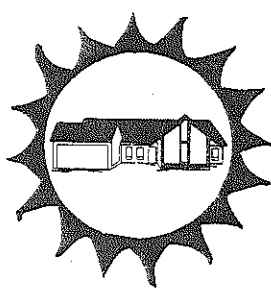
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Foods



For more information about Foods, call Julie Covert Walter at 532-5866

MIDDLE EASTERN COOKING

F01

Manijeh Saeidi

Saturdays, 10am-noon, First Meeting: Sept 26 Length: Indefinite
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration (food expenses will be shared at class)

The foods of the Middle East are full of variety and surprises. Learn how such spices as dill weed, tumeric and cinnamon blend together to form delicious soups, stews and rice dishes. (Manijeh is studying architecture at KSU and is a native of Iran.)

CHINESE COOKING WITHOUT SWEAT

F02

Daniel Y.C. Fung

532-5654

Thursdays, 7-10pm First Meeting: Oct 8 Length: 6 times
Location: Register and you will be contacted Limit: 20
Class Fee: \$10.00, pay with registration
Materials Fee: \$24.00, pay at class

In 5 sessions we will present 20 Chinese dishes designed for busy people. We will use authentic ingredients in the Southern Chinese tradition with a dash of Chinese culture and philosophy thrown in. We will prepare, cook and eat. A 10-dish graduation banquet will complete the course. (Dan ate his way through Southern China and 25 countries and has been the Manhattan Mercury cook of the week - a whiz with the wok.)

YOU, TOO, CAN DEHYDRATE FOOD

F05

Eric Linn

One Time: Tuesday, 7:30-9:30pm, Sept 22
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Beef jerky, banana chips and zucchini will be prepared for drying. The class will sample these, dried fruit and other dried foods. Discussion will center around recipes for using dried food and the variety of dehydrators available. (Eric has been drying food for 15 years for his backpacking and camping adventures.)

VEGETARIAN NUTRITION AND COOKING

F06

Rhonda Horsch

537-0372

Tuesdays, 7:30-9pm, Nov 10 & 17
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 15

With the rising cost of meat, concern about world hunger, and for many other reasons more and more people are becoming interested in meatless diets. The first class session will discuss types of vegetarianism, the principles of complementary proteins, and some practical tips for vegetarian cooking. The second session will be a vegetarian potluck. (Rhonda is a graduate student in Foods & Nutrition, with a personal interest in low-meat and meatless diets.)

HOMEMADE YOGURT

F04

Anthony Horsch

537-0372

One Time: Tuesday, 7:30-8:30pm, Sept 29
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 20

You will learn the quick and easy steps to consistent low-cost yogurt. We will explore cooking uses and exchange flavorful ideas. We will sample some frozen yogurt, and consider it as a substitute for cream cheese, sour cream, cottage cheese and more. (Anthony is interested in letting people in on economic alternatives to high food costs.)

CHRISTMAS PANORAMA

F08

Kayann Heinly

776-4781

One Time: Monday, 7:30-9pm, Nov 2
Location: Register and you will be contacted

Join us for a look toward the Holiday Season. Three, 30-minute presentations will focus on ideas that will make a special one. Kayann will present "Food for a White Christmas." Linda Pettijohn will discuss "Christmas Plants" and Donna Martinson will cover "Family Christmas Traditions." You won't want to miss this one-of-a kind evening. (Kayann, Linda and Donna are Extension Home Economists.)

BABY FOOD CLASS

F08B

Barb Bowers, Helen Johnson

537-8277

One Time: Tuesday, 7:30-8:30pm, Oct 6
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Feeding your child commercial baby foods is like feeding your husband a TV dinner every night. Introduce your baby to a whole new and nutritious world of eating. (Barb and Helen are LaLeche League Leaders who have made their own baby food for their children.)

THE JOY OF BREAD

F09

Leslie Black

537-8893

One Time: Wednesday, 7-9:30pm, Sept 23 Limit: 15
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Learning through doing, we will experience the satisfaction of making a loaf of bread. We will explore the role of each ingredient, savor the aroma, and ultimately sample several variations of homemade bread, including special tips on rye and whole wheat breads. (Leslie is a graduate of American Institute of Baking and studied grain science at KSU.)

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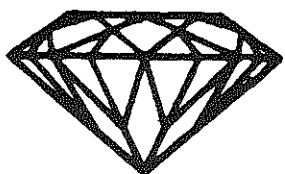
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NATURAL FOODS POTLUCK SUPPERS: F03

Neil Schanker 539-5766
 Sundays, 6-7pm, Sept 20, Oct 18, Nov 15, Dec 13
 Location: Register and you will be contacted

Whatever your definition of natural foods, this class is a fine opportunity to sample various wholesome and nutritious food. Any dish, be it the familiar rice and beans or a gourmet quiche is welcome. Beginners and families are invited. Come hungry! (Neil is a member of The People's Grocery Co-op and is sometimes known as the Potluck-King.)

ROOT BEER F13

Jennie Unterberger 776-5714
 One Time: Saturday, 2-4pm, Oct 3
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 10

Have you always wondered how root beer is made? Jennie will demonstrate her special knack for root-beer making and show you the ins and outs of the process. Then she'll let you sample some of her homemade brew. (Jennie has made root beer for years and doesn't even remember why she began making it in the first place!)

BAGELS AREN'T THAT HARD! F10

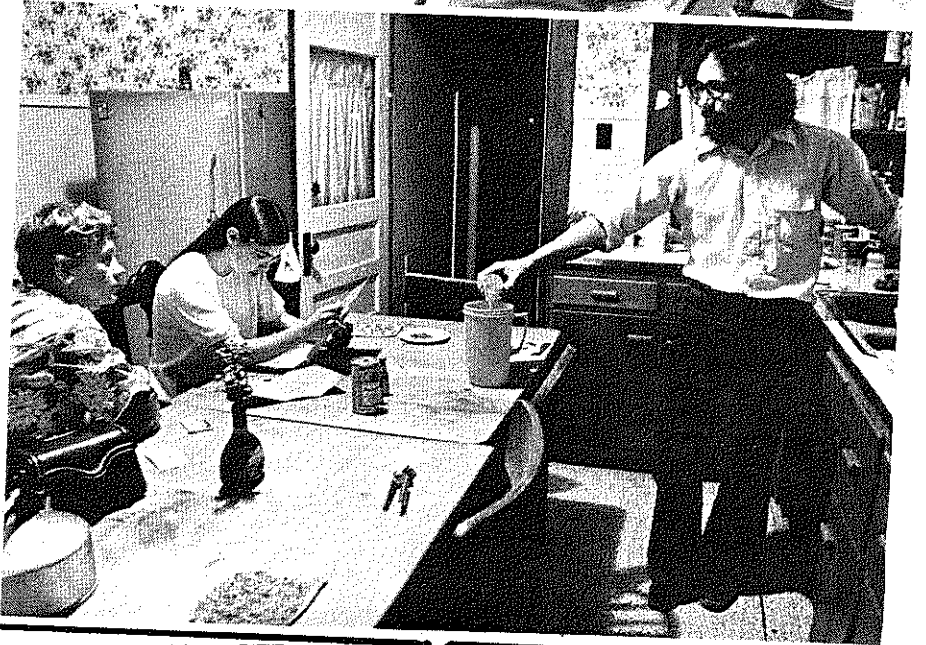
Nancy Weidlaas 776-0271
 One Time: Thursday, 7:30-9:30pm, Nov 19
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration
 Materials Fee: \$2.00, pay at class

Bagels are not hard to make, there's just an extra step or two in the process. The results are a beauty to behold and to eat! Eat your heart out, NYC. (Egg breads are Nancy's favorite and she loves the smell of bread in the oven.)

BAKING FOR CHRISTMAS F11

Carol Norris 537-8973
 Mondays, 1:30-3pm First Meeting: Sept 21 Length: 8 times
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$10.00, pay at class

Bake your own gifts for those special friends and family this Christmas. From banana nut bread and cookies to fancy yeast breads and braids - this class will be a great chance to get a head start on Christmas giving and have fun too. (Carol is a former 4-H'er whose creations are blue-ribbon quality.)



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BASIC CAKE DECORATING F12

Mrs. Hoke
Sundays, 6:30-8pm First Meeting: Oct 4 Length: 6 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration Limit: 15

You'll learn the basic form of cake decorating including borders, flowers (at least ten designs) and letter writing. We'll also cover coloring techniques and specialties such as sugar bells, Christmas balls and sugar Easter eggs. After registering for this course you'll have the option of ordering cake decorating equipment through the instructor - approximate cost is \$10. (Mrs. Hoke has had 10 years experience decorating cakes and is a seasoned teacher on this subject.)

UNCOCKTAIL PARTY F14

Laura King 532-6434
One Time: Thursday, 7:30-9:30pm, Oct 22
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay with registration

Titillate your tastebuds and join us in exploring party drinks that taste and look good but offer an alternative to drinks containing alcohol. We'll sample drinks using juices and carbonated beverages in various combinations. We'll also have snack ideas to try. Come thirsty and hungry! (Laura is the fun-loving director of KSU's Alcohol Abuse Prevention Program.)

WINE APPRECIATION: AN INTRODUCTION TO OENOLOGY F15

Lloyd W. Davenport 539-1823
Wednesdays, 7-9:30pm, every other week beginning Oct 7 Length: 4 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration
Materials Fee: \$14.50, pay with registration Limit: 12

Aspects of wine from the vine to the glass will be the scope of this course. We'll taste and discuss about 20 different wines both still and sparkling from Europe and from America although emphasis will be on domestic wines. Join us! (Lloyd maintains a small vineyard, makes some of his own wine and is a member of the Society of Wine Educators.)

TASTY BEEF FOR YOUR MONEY F17

Larry Schalles 776-6004
Mondays, 7-9pm, First Meeting: Nov 30 Length: 2 times
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration Limit: 13

Do you find your trips to your supermarket's meat department confusing and more than a little depressing? This class promises to do away with some of the confusion. You'll learn how to identify and select beef cuts which can provide you and your family more taste for your money. Money-saving ways of preparing beef cuts will also be discussed. (Larry is a KSU senior in Animal Science and is a member of KSU's award-winning meats judging team.)

GOOD NEIGHBOR MILK RUN F18

Dee Locker 537-0854
One Time: Monday 7:30pm, Oct 5
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Near Keats is a dairy where you can buy raw milk (and that's including the cream.) To save gas and for convenience, Manhattanites have grouped together to form several "milk runs." The whole milk is \$1.35 a gallon and is from a certified dairy herd. Come and find out how you can be in on this good idea. (Dee enjoys the many benefits of the milk-run tradition.)

SCANDINAVIAN DELIGHTS F07

A. Lois Redman 532-5800

One Time: Friday, 7:30-9:30pm, Oct 16
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class

You've heard about wonderful Scandinavian food - here's your chance to try some favorite Scandinavian cookies just in time for Christmas. We'll make Kromkaka, Stuvor and Mandelformar as well as Lesse, a Scandinavian snack food. (Lois has lived in Scandinavia and these recipes are among her favorites.)

THE "BEST CHILI IN THESE HERE PARTS" CONTEST F16

One Time: Friday, 7-9:30pm, Dec 4
Location: Register and you will be contacted
Entry Fee: \$2.00, pay with registration

Is your homemade chili something your family and friends rave about? Does your chili make every meal an occasion? If so, register to bring your chili (and your recipe) for the "Best Chili in These Here Parts" contest. Our panel of distinguished judges will determine who really does make the best chili in these here parts. Prizes will be awarded in the "hot" and "not-so-hot" categories.

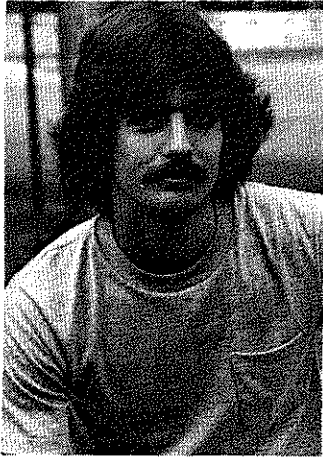
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Skills

For more information
about Skills
call Rick Toyne
at 532-5866



AUDIO BASICS

S06

John Heritage

537-4708

One Time: Tuesday, 7:30pm, Sept 29

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 30

We will attempt to cover all aspects of home audio equipment including basic functions of individual components (turntables, receivers, tape decks, speakers, equalizers, etc.), speaker placement, troubleshooting, and tips on selecting and matching equipment. (John has been involved with audio equipment for 17 years.)

CUSTOM WELDING

S09

Morris L. Holloway, Jr.

776-9620

Tuesdays, 7-8pm First Meeting: Sept 22

Length: 4 times

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 10

This course will cover arc welding, acetylene welding, types of welding rods, mig & tig welding, cast iron welding, changing gauges on bottles and types of metals. If you are working on a home project or just interested in welding, this class is for you. (Morris has done custom welding for five years.)

BUILDING A KANSAS CRUISER

S10

Jim Cramer

537-8616

One Time: Monday, 7pm, Oct 12

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Remember that giant heavyweight bicycle of your youth; the one with curved frame bars, chrome fenders, and big spring on the fork? It may live today in California or Florida as a "Beach Cruiser." The "Cruisers" are coming to Kansas. Learn how you can own a "Custom Kansas Cruiser" without spending \$200 plus on a re-manufactured "oldie" or a glorified BMX bike. (Jim has built and reconditioned dozens of bikes and is a member of the Bluemont Bike Club.)

PRINTING FOR CONSUMERS

S16

DeWayne Marcellus

776-6259

One Time: Wednesday, 7-8:30pm, Sept 30

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Knowing how to get what you want is not easy. This is especially true when it comes to getting a poster, flyer or other printed publication to turn out "just right." We will begin with some history of the printing trade and then concentrate on what you should be able to tell a printer so that you'll get what you want. (DeWayne has been involved in the printing trade for 10 years.)

CHAIN SAW SAFETY & MAINTENANCE

S08

Bob Atland

776-6656

One Time: Saturday, 7-8pm, Oct 24

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 12

Topics covered will be: a brief history of the development of the modern chain saw, proper maintenance and care of the equipment, chain saw accessories, chain saw safety and proper procedures when operating the equipment will be emphasized. (Bob owns and operates a small engine repair service.)

FIREWOOD PROCESSING

S07

Len Gould, Fred Atchison, Ray Aslin

532-5752

One Time: Tuesday, 6:30pm, Sept 29

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

A field trip will be taken to cover processing of trees, BTU ratings, timber management, timber stand improvement, and chain saw safety. Literature will be handed out. (Len, Fred and Ray are extension foresters.)

BICYCLE MAINTENANCE

S11

Dave Colburn

539-5639

Section I: Monday, 7-9:30pm, Oct 5 & 12

Limit: 10 each section

Section II: Monday, 7-9:30pm, Oct 26 & Nov 2

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Materials Fee: \$1.00, pay at class

In this class we will identify all the parts of a bike, explain how those parts work together, and discuss how to keep them running smoothly. (Dave has been riding, racing and fixing bikes for years and years.)

MODULAR RAILROAD DEMONSTRATION

S15

Richard Napper

539-3837

One Time: Tuesday, 7-8pm, Nov 3

Location: Register and you will be contacted

The modules for this modular railroad system are built to specifications by different people, each module with its own theme. The modules are then brought together and connected. This demonstration has been set up in Kansas City, Topeka, and Omaha. Come see the demonstration and find out how and why it was built. (Richard is president of the Manhattan area rail joiners, a local railroad club.)

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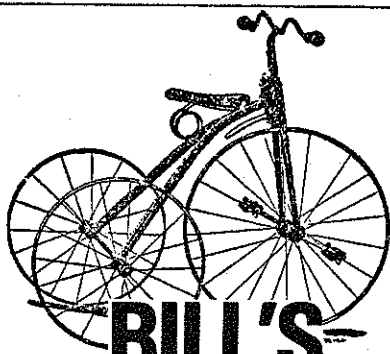
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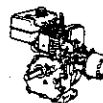
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BASIC AUTO MECHANICS

S12

Jerome Martin

532-6382

Saturdays, 1pm, you will be contacted for dates
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 15

Why pay \$25 an hour for something you can do yourself? This class will teach you some very simple car repair procedures which can save you lots of money. Beginners only, please. (Jerome, an auto vo-tech graduate, was a basic course instructor in the Air Force.)

BASIC AUTO BODY REPAIR

S13

Alan Clark

776-5333

One Time: Tuesday, 7-9pm, Nov 17
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

This session is on the basic mechanics of repairing minor auto body problems. A discussion and hands-on session covering techniques of repairing dents, rust damage and paint loss will be included. (Alan has owned and operated Alan Clark Body Shop, Inc. for 15 years.)

CARE AND FEEDING OF YOUR VW

S14

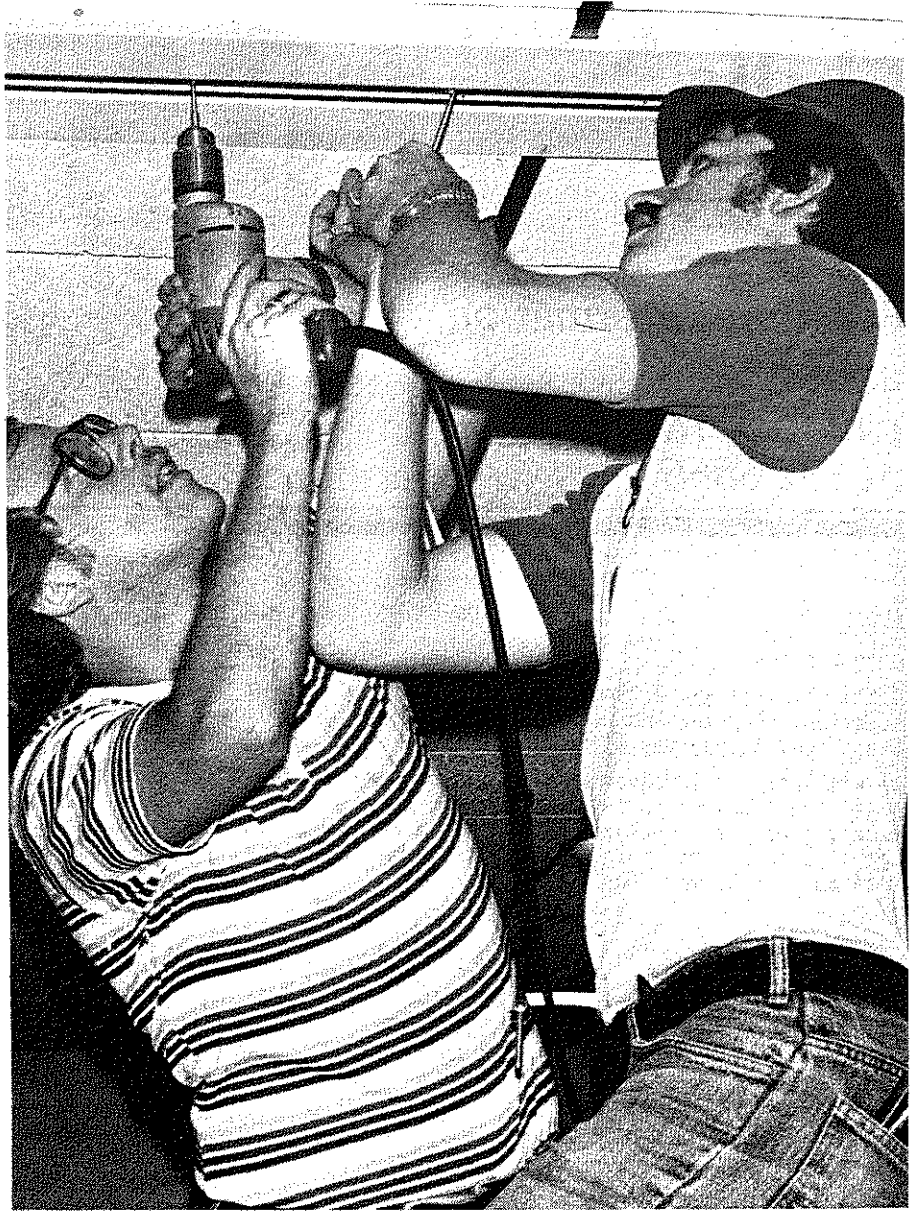
Terri Mangiaracino

494-2388

Saturdays, 1-3pm, Sept 26, Oct 10
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Limit: 10

This class will cover maintaining your VW with lots of tips from on-the-job experience in keeping VW's in top shape. Bring your questions concerning your bug, bus, Ghia, or type 3. (Terri and her husband have run J & L Bug Service in St. George for 8 years.)



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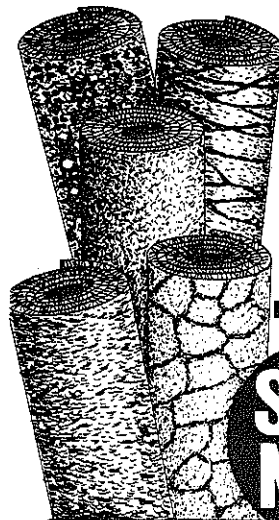
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Woodworking

WOODSHOP CO-OP

W01

Dick Stater

539-9312

Wednesday, 7:30-10pm, Sept 16 (organizational meeting)
Location: Register and you will be contacted
Fees: \$20, semester; \$45/year, payable at registration

Limit: 30

Located in the UFM Solar addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, lathe, band saw, and most common woodworking tools. The membership fee is for equipment and facility use only. No materials are included. The mandatory organizational meeting will include instruction in safe equipment use and basic first aid. See inside back cover of brochure for further details. (Dick is the UFM workshop coordinator and a professional woodworker.)

SPINDLE TURNING

W10

Dick Stater

539-9312

One Time: Tuesday, 7:30-10pm, Nov 17
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 6

Turning spindles on the lathe is both fun and easy. The spindles can be used in furniture building and repair, crafts projects, toys, and decorative accents. Basic procedures and lathe safety will be stressed.

WOOD FINISHING

W09

Dick Stater

539-9312

One Time: Tuesday, 7:30-10pm, Nov 10
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 12

This class will cover the various kinds of wood finishes available: oils, stains, paints, varnishes and lacquers. Samples will be used to discuss their advantages and disadvantages, when and how to use them.

JOINERY

W08

Alan Edgar

539-6531

Tuesday & Thursday, 7:30-10pm, Nov 3 & 5
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration

Limit: 8

The art of joinery has long been a valued skill among artisans wishing to produce high quality, well crafted wood work. Alan will bridge the gap between reading about and making strong, attractive woodworking joints. The beautiful dovetail and finger joints of fine cabinetry as well as functional joints for low-cost construction with plywood and composition board will be demonstrated. (Alan is a woodworker with a flair.)

BUILDING YOUR OWN WATERBED

W02

Bob Knapp

537-8837

One Time: Thursday, 7pm, Sept 17
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 30-40

Considering building your own waterbed? This class will cover basic construction procedures for the three basic types of waterbed frames, including pedestal and deck construction. A brief discussion of mattress types and heating systems will also be included. Sets of instructions will be available. (Bob has been selling and installing waterbeds for 12 years.)

THE BASICS OF STRIPPING FURNITURE

W03

Kevin & Ginny Patterson

532-5866

One Time: Saturday, 1-3pm, Oct 3
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 20

This class will include general knowledge on stripping and refinishing furniture including the process of stripping, cleaning, staining, sanding and varnishing. Kevin and Ginny will show you their projects and the materials they use. You are welcome to bring a project you have done or wish to do. (Kevin and Ginny have been refinishing furniture for several years.)

BOWL TURNING

W04

Loyal "Yo" Garrels

537-2229

One Time: Tuesday, 7-9pm, Oct 6
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 6

An introduction to the wood lathe will be presented. Bowl turning, what-not shelving, serving trays will be demonstrated. Participants will have an opportunity to learn the safe operation of equipment and complete a small project. (Over the past 10 years Yo has created a fulfilling hobby of woodworking for himself.)

WOODWORKING FOR BEGINNERS

W05

Dick Stater

532-5866

Tuesday, Thursday, 7:30-10pm, Oct 13 & 15
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration

Limit: 8

This course is for those with little or no experience with tools. The proper use of hand tools, and tool safety will be stressed. Some power tools will be included. The goal will be to make a straight, square cut, drill a perpendicular hole and hammer a nail (instead of a thumb). If you decide after this class to tackle a woodworking project, you may join the woodshop co-op.

WHITTILING

W06

Wilbur Coffee, Jr.

776-4156

One Time: Thursday, 7-9pm, Oct 22
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 12

Inside every block of wood is an animate being, struggling to get out. This class will demonstrate the general procedures of whittling in the round, including layout, blocking out, proper care of tools and safe techniques. If class members are interested, a hands-on class may be offered in the spring. (Wilbur first learned how to whittle at a UFM course and now exhibits his work at craft sales in the area.)

LAMINATES AND VENEERING

W07

Dick Stater

532-5866

One Time: Tuesday, 7:30-10pm, Oct 27
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 8

Thin wood veneers and plastic laminates, such as Formica, are relatively easy, inexpensive ways of refinishing, beautifying or protecting table tops, counters, etc. Covered in the course will be the process of applying, trimming, and finishing.

HOMES

EVERYTHING YOU NEED TO KNOW ABOUT BUYING A HOME

S01

Sharon O'Neal

776-4733

One Time: Thursday 7-8:30pm, Sept 17
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 30

This class will cover what you need to know to finance a home, what to look for, different types of mortgages available, how to deal with a lender and what to consider when deciding whether to rent or buy. (Sharon is a loan officer at a local savings and loan company.)

SEMINAR ON INTERIOR DECORATING

S02

Evelyn Everett Knowles

776-7299

Section I: Tuesday, 6:30-8:30pm, Sept 22
Section II: Wednesday, 6:30-8:30pm, Sept 23
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 20

Need some new decorating ideas for your home or apartment? In this class we will discuss decorating trends and look at some examples of different materials and products. Please bring questions, decorating problems, or ideas to talk about. (Evelyn is an interior designer in Manhattan and has taught interior design courses at KSU.)

CREATIVE HOME LIGHTING

S03

Jeff Endacott

776-1832

Wednesdays, 7-9pm, Oct 14 & 21
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 15

There are many ways lighting can be used to brighten up your home. This class will include a general discussion of residential lighting concepts including the types of lighting fixtures available, the mechanics of lighting systems, and what types of lights to use in different situations. Two films on residential lighting will be shown as well as a large variety of different fixtures commercially available. (Jeff has been in the residential lighting business for ten years.)

BASIC HOUSE WIRING

S04

Richard Napper

539-3837

Tuesdays, 7pm First Meeting: Sept 22
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration
Materials Fee: \$5.00, pay at class

Length: 5 times

This course will cover the tools and test equipment needed for a homeowner to service and repair house wiring. Richard will teach folks the proper way to add additional wiring to their houses including basic theory, specifying wire sizes, switches and receptacles, electric codes, and wiring circuits. An 80-page home manual on house wiring will also be distributed. Women are encouraged to attend. (Richard is an electrical engineer and a master electrician who owns his own electrical contracting business.)

HOUSE RENOVATION: ULRICH HOUSE TOUR

S05

Gary Sweet

539-3365

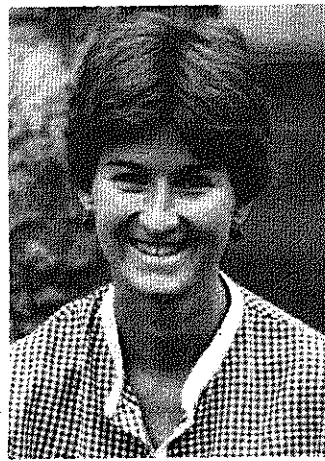
One Time: Friday, 6:30-7:30pm, Oct 2
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 24

This tour will include a slide show depicting the restoration of the Ulrich house. The structure was built with locally manufactured brick and is listed on the National Register of historic places. It was recently renovated for use as an architects office. (Gary is a Manhattan architect and was general contractor for the restoration of the Ulrich house.)

Fine Arts & Crafts

For more information about Arts and Crafts, call Janet Holcomb at 532-5866



UFM WINTER CRAFTS FESTIVAL A49

Irene Levy 539-5119
Friday and Saturday, 11am-5:30pm, Dec 4 and 5
Location: UFM House, 1221 Thurston

Sell your handmade goods at the UFM Winter Crafts Festival! Participate in the festive atmosphere of pre-Christmas excitement. Please sign up - include your address, and you will be sent a registration form with information as to time and area assignment for the sale. It will be held the first weekend of December. (Irene is a professional area potter and has organized the previous Christmas crafts sales for UFM.)

QUILTING A02

Mildred Nelson 776-5208
Mondays, 7pm First Meeting: Sept 21 Length: Ongoing
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 10

Quilting has evolved through the years from a "necessary task" to a new decorative art form. Come watch the basics as Mildred works on one of her quilts and offers some helpful hints to start your own. (Mildred has been quilting for many years.)

CROCHETED RAG RUGS A05

Rosemary Dukelow 776-1644
One Time: Monday, 7:30pm, Oct 26
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 10

Rosemary can show you how to crochet old scraps of material into lovely, useful rugs. Every rug will be unique and have the hand-made touch. This inexpensive craft adds your personal taste to a room. (Rosemary likes to share her skills with others.)

WEAVING FOR KIDS A12

Cathy Collins 537-0964
Wednesdays, 7pm First Meeting: Sept 16 Length: Ongoing
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 10

Have fun making your very own loom and learning basic weaves to be used in card weaving, wall hangings and even clothes! (Cathy teaches at the Living-Learning school.)

SWEDISH WEAVING A13

Fran Zerby 537-7660
Wednesdays, 1:30-2:30pm First Meeting: Sept 16 Length: 4 times
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 6

Sometimes called Swedish Embroidery, this Scandanavian art of embroidery is worked on huck toweling. You can make a special set of guest towels or beautiful Christmas gifts. (Fran enjoys teaching this little known technique to others.)

TATTING - THE ART OF MAKING LACE A01

Jessie Foveaux 776-6806

Wednesdays, 7pm First Meeting: Oct 21 Length: Ongoing
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration Limit: 12

The art of lace making is a traditional skill that has been handed down from mothers to daughters. This course will cover the basics of this delicate art. Participants will learn to follow written tatting instructions. Please bring a tatting shuttle, a spool of tatting thread and a crochet hook or needle. (Jessie has been tatting since she was eleven. Her grandmother taught her.)

SHINGLE ART A06

Shirley York 776-5930

Wednesdays, 7-9pm, First Meeting: Sept 16 Length: 5 times
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration
Materials Fee: \$4-5.00, pay at class Limit: 10

Use wood shingles or old barn siding to construct unusual and attractive projects. Miniatures of wood houses, saloons or windmills can be made. Bring your own small saw and pocket knife. (Shirley has sold her items at various craft sales and owns "Paints and Pots Antiques" store.)

LET'S MAKE A T-SHIRT A19

Elizabeth Ann Pratt 537-9849

Section I: Monday, 7-9pm, Sept 21
Section II: Wednesday, 7-9pm, Sept 23
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Learn how to make a T-shirt to fit you! In one evening we will learn to sew on rib trim, match stripes and make ruffly finishes on a T-shirt designed for you. (Elizabeth is a certified stretch and sew instructor with many years experience in sewing with knits.)

BOOK DISCUSSION GROUP A51

Mike Braunstein 539-9238

First and Third Tuesdays/month First Meeting: Oct 6 7-8:45pm
Length: 5 times
Location: Register and you will be contacted

Novels, non-fiction, short stories ... join with some fellow literary buffs in informal discussions of your favorite book(s). Class members will choose the books to be discussed at the first meeting. The more people - the more diversity. (Mike enjoys a good literary discussion.)



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POTPOURRI MAKING

A39

Dale Anderson

494-2540

Section I: Wednesday, 7-9pm, Oct 7
Section II: Wednesday, 7-9pm, Oct 14 Limit: 10 each section
Section III: Wednesday, 7-9pm, Oct 21
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$10.00 and up depending upon individual selection

Class starts with the history and some of the many uses of potpourri other than room fresheners. We will smell samples, study recipes and actually make a potpourri. Properly prepared potpourri will last for generations and make excellent Christmas gifts. Bring a large bowl or large plastic bag to mix in and enjoy an evening in a turn-of-the-century store. (Dale has given this class for five years and imports items from all over the world.)

INTERMEDIATE WATER COLOR PAINTING

A37

F. Gene Ernst

776-3622

Tuesdays & Thursdays, 7pm First Meeting: Sept 29 Length: 5 times
Saturday, 1pm, Oct 10 (outing)
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration Limit: 20

Develop a variety of techniques in water color. Emphasis is on the elements of form, composition and color. Students will receive individual guidance in the use of brush and other methods to encourage personal expression. Some topics to be covered are: sketches from landscape or still life, skies and buildings, contrast, shading, washes and dry brush techniques. The class will practice methods, sharpen skills and focus on the Saturday afternoon outing. Please bring any equipment you have to the first meeting and Gene will hand out a suggestion list for materials to buy. (Gene is a member of the Kansas Watercolor Society, and has had recent exhibits in Manhattan, Wichita and Crested Butte. He has offered this class on several occasions previously.)

THE MYTH TOOL

A36

Anita L. Gordon

532-6516

Tuesdays, 7-9pm, First Meeting: Oct 20 Length: 3 times
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration Limit: 12

Neptune, Minerva, Venus and Mars are alive today. The U.S. Marines use the fork of Neptune, an insurance company uses the shield of Minerva, Mars is used for military advertising and the dove of Venus is used in sexy perfume packaging. Greek, Roman and Norse mythology permeate our current culture. (Anita has access to some special mythology material, as she is a librarian at Farrell library, and will show you how mythology has been used in art, literature and advertising.)

BEGINNING MACRAME

A39

Mildred Buzenberg

539-5494

Thursdays, 7-9pm, Sept 17 and 24 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Turn jute, shells and beads into plant holders, wall hangings, door wreaths and purses. Learn the basic knots and patterns to make these and other useful items. If you can tie a knot, you can learn macrame. (Mildred is a retired professor from KSU and has been making macrame items for years to sell and give as gifts.)

STAIN GLASS DEMONSTRATION

A14

Bob Lindsay

776-5446

Section I: Monday, 7pm, Dec 7
Section II: Monday, 7pm, Dec 14
Section III: Monday, 7pm, Dec 21
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

See a demonstration of the colorful and time-honored craft of stained glass cutting and fitting. Bob will show you the basics and help you get started.



BEGINNING GUITAR

A15

Greg Bryant

539-3051

Wednesdays, 7-8:30pm First Meeting: Sept 16 Length: 8 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration Limit: 12

Bob Dylan, Joni Mitchell and Bruce Springsteen were all beginners once! You can begin by learning basic, useful chords - including some bar chords, flatpicking and fingerpicking patterns. Practice tuning your guitar and playing by ear with help from Greg. (Greg has taught beginning guitar for an area Junior College and has played in semi-professional groups for ten years.)

BEGINNING DULCIMER

A07

Linda Teener

537-0508

Wednesdays, 7pm First Meeting: Sept 23 Length: indefinite
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Dulcimers make nice wall decorations, but they're also fun to play. Come learn to play, share a new technique or bring a tune to play. The first class will review basic techniques and then we'll learn new tunes and try different playing styles. Beginners and more advanced players are welcome. (Linda plays mountain dulcimer, hammered dulcimer and auto-harp.)

WOODWIND ENSEMBLE

A08

Jim Shanteau & Carol Harris

532-6850

Mondays, 7:30pm First Meeting: Sept 21 Length: ongoing
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Enthusiasm and desire to play are more important than polished musical skills as we play and discuss chamber music for winds. Styles will range from baroque to modern. While we meet mainly for our own enjoyment, we may occasionally perform in public. (Jim and Carol have over 20 years experience on wind instruments.)

HISTORAMA

A33

Geary County Historical Society and
Junction City Arts Council

238-1666

One Time: Sunday, 1-4pm, Oct 11
Location: 100 block of W 7th St., Junction City, Ks

Historama is a return to the good ol' days. Craftsmen will give free demonstrations of pottery, shingle making, butter making, spinning, wood carving, story telling, whistling, dulcimer playing, hat making and square dancing. Enjoy popcorn, cider, homemade ice cream and take part in the ol'timey cake walk. Old-time fire engines will be displayed. The museum at 117 W. 7th will be open with a new display of quilts from the area.

SCIENCE FICTION/FANTASY GROUP

A35

Nancy J. Pettit

776-4275

Mondays, 8-10pm, Sept 21 & Oct 5 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Science Fiction is the reality of tomorrow. Be introduced to anomaly, a science fiction/fantasy club based in Manhattan. Members of anomaly attend science fiction conventions, discuss current trends in the genre, and are working on a convention in Manhattan within 2 years. Participants may be invited to join the club. (Nancy has been interested in science fiction/fantasy for several years and has attended many types of conventions. She is currently the president of ANOMALY.)



ORIGAMI

A03

Georgia Nonte 532-6583

One Time: Saturday, 9-11am, Sept 26
 Location: Register and you will be contacted
 Class Fee: \$2.00, pay with registration
 Materials Fee: 50¢, pay at class Limit: 10

Origami is the Japanese art of folding colored paper into animals and other objects. It is a very old craft passed down traditionally to younger children to increase their creativity and imagination. Come and learn this beautiful oriental skill for yourself. (Georgia has taught this class before.)

CHAIR CANING

A04

Barbara Poresky 539-2967

Tuesdays, 7:30-9pm First Meeting: Sept 22 Length: 6 times
 Location: Register and you will be contacted
 Class Fee: \$5.00, pay with registration Limit: 10

Do you have a chair that needs a new cane seat? Be innovative and try doing it yourself. Bring the chair to the first meeting and Barbara will get you started. She will specify materials needed and in the following sessions guide you through the steps necessary to repair your chair. (Barbara has taught this class several times before and is willing to share her skills and knowledge once again with those interested.)

SILK FLOWER ARRANGING

A50

Karen Medlin 537-2846

One Time: Tuesday, 7:30-9pm, Nov 10
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 10

Silk flowers capture the beauty of fresh flowers permanently. Learn how to arrange the silk flowers into wall hangings. Call Karen to find out what materials you need to bring. (Karen likes to share her skills.)

ALTERATIONS

A17

Karen Servis 776-5338

Monday, 7-9pm, Sept 28, Oct 5 (2 times)
 Location: Register and you will be contacted
 Class Fee: \$5.00, pay with registration Limit: 5

A lot of alterations to clothing that can save money are easy to do, but most people don't know how to do them. This class will demonstrate how to hem, take up waists, shorten collars, take the flare out of pants and alter men's suits. (Karen has been altering clothes professionally for 12 years.)



COUNTED CROSS-STITCH

A18

Kim Schumm 539-3641

Tuesdays, 7:30pm First Meeting: Sept 22 Length: 3 times
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 8

Counted cross-stitch is a type of needlework using even weave fabric. Patterns and designs are created by doing a basic cross-stitch within the weave of the fabric. Class will be organized at the first meeting. This is a good chance to broaden your needlework skills. (Kim is very adept at many forms of needlework.)

BEGINNING CERAMICS - SECTION I

A43

Steve & Kate Maxham 776-0133

Mondays, 7-9pm, First Meeting: Sept 21 Length: 8 weeks
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$10.00, pay at class Limit: 8

This class will explore the possibilities for creating unique and original pieces of stoneware pottery. As beginners, you will learn the many techniques for hand building clay with such exotic tools as rolling pins and balloons. You will also learn to use a potter's wheel to produce vessels of many kinds. (Steve has taught beginning ceramics before and enjoys working with clay for recreation. Kate coordinates the pottery studio.)

BEGINNING CERAMICS - SECTION II

A44

John Holcomb, Leslie Black 485-2410 537-8893

Tuesdays, 7-9pm, First Meeting: Sept 22 Length: 8 weeks
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$10.00, pay at class Limit: 8

This class will also explore the possibilities for creating unique and original pieces of stoneware pottery. As beginners, you will learn the many techniques for hand building clay with such exotic tools as rolling pins and balloons. You will also learn to use a potter's wheel to produce vessels of many kinds. (John has taught UFM ceramic classes before and is especially interested in hand-building. Leslie has taken numerous classes in the Ceramic Department at KSU and is very adept on the potter's wheel.)

BEGINNING CERAMICS - SECTION III

A45

Kim Kepler 539-8791

Wednesdays, 7-9pm First Meeting Sept 23 Length: 8 weeks
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$10.00, pay at class Limit: 8

This class will explore the possibilities for creating unique and original pieces of stoneware pottery. As beginners, you will learn the many techniques for hand building clay with such exotic tools as rolling pins and balloons. You will also learn to use a potter's wheel to produce vessels of many kinds. (Kim enjoys working with clay and looks forward to sharing the fun with her class.)

RAKU POTTERY

A46

Kate Maxham, Janet Holcomb 776-0133 485-2410

Saturdays, 11am, First Meeting: Sept 19 Length: 8 weeks
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$10.00, pay at class Limit: 8

Raku, originating with the ancient Japanese Tea Ceremony, is a very spontaneous and exciting experience. The class will form, glaze and fire their own pieces. UFM has a very nice gas kiln for use by this class. You will learn how to set it up and fire it when you load your own pieces. This Raku technique of reduction firing is unique in that each piece only takes about 20 to 30 minutes to completion so that you are able to see the finished results without waiting - unlike an oxidation firing. The first meeting will cover Raku background, techniques and UFM studio policy. (Both Kate and Janet enjoy the unique process of Raku.)

UFM POTTERY STUDIO CO-OP

A47

Kate Maxham 776-0133

Saturdays, 12 noon, First Meeting: Sept 12 (organizational) Length: 8 weeks
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration
 Materials Fee: \$10.00, pay at class Limit: 8
 Renewal in studio co-op class - \$18.00
 Annual membership in studio co-op - \$50.00 (3 semesters)
 - \$30.00 (2 semesters)

This is a co-operative studio-access class open to anyone with experience who feels confident working alone. As a co-op member you will have access to the studio for four hours a week, 12-1/2 pounds of clay plus all the recycled clay you produce, kiln space, and glazes.

UFM POTTERS GUILD

A48

Harold Moore 776-6904

The UFM Potters Guild is made up of professional potters in the Manhattan area. They usually hold two annual sales: one in the spring and one in the fall. If you would like more information, sign up and you'll be contacted. (Harold is a professional potter in Manhattan and is a member of the Guild.)



THE PLASTER CAST DEMONSTRATION

A51

776-4843

Marjorie Berry

One Time: Saturday, 2-4pm, Nov 14
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

There are so many ways to decorate plaster molds to make fun and original gifts. Marjorie will demonstrate a few methods she uses such as painting, staining, chalking, decoupage and different types of material patchwork. (Marjorie has been involved in many craft shows and fairs with her plaster cast art.)

BASIC KNOTS & BRAIDING A22

Cyd Mendenhall, Cynthia Drapeau, Julie Booth

776-5222

One Time: Monday, 1pm, Sept 21
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 20

There are lots of different, fun ways to wear your "golden locks." Hair stylists will demonstrate three to eight strand braiding, weaving and cornrowing. Someone with long hair can call before 1pm on class day and have them demonstrate the different techniques as an example for the rest of the class. (Cyd, Cynthia and Julie are professional hair stylists.)

BRAIDING FOR FUN

A24

Kim Kvasnicka

539-7621

Section I: Tuesday, 7-9pm, First Meeting: Sept 22
Section II: Tuesday, 7-9pm, First Meeting: Oct 13 Length: 3 times each section
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration
Materials Fee: \$5.00, pay at class

Limit: 26 each section

Braiding is an easy and stylish way to wear your hair this fall. We will cover 3, 4, 5 and 6 strand braids, French braiding, fish tailing and 4-strand rope braiding. (Kim is a professional hair stylist and has taught this class before.)

CANDLEMAKING

A25

Neil Schanker

539-5766

Section I: Wednesday, 7:30-9:30pm, Nov 4
Section II: Thursday, 7:30-9:30pm, Nov 5
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.50, pay at class

Make candles for gifts this holiday season. After we discuss candle types, waxes, wicks, molds, colors, scents, safety and tricks of the trade, everyone can create a personalized candle. (Neil enjoys making candles on long winter nights and has taught this class before.)

BASIC SEWING

A16

Helga Stoneking

784-4517

Thursdays, 7pm First Meeting: Sept 17 Length: Ongoing
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$8-\$10.00, depending on cost of materials

Limit: 10

You love the new fall fashions but just can't afford that new skirt or blouse - right? Pick out a special project to sew and Helga will give you personalized instruction - from choosing a pattern to the actual construction of it. (Helga is an excellent seamstress who wants to share her skills.)

BASIC EMBROIDERY

A20

Carol Ann Norris

537-8973

Wednesdays, 1:30-3pm First Meeting: Sept 23 Length: 6 times
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 4

You will have some beautiful handmade embroidered gifts for the holidays when you finish this class. Learn basic cross stitch, outline, satin stitch, french knots and chain stitches with personalized attention from Carol. She will share different ideas for projects which you may choose to work on. (Carol learned this art form from her mother and would like to share her skill with others.)

SELF-IMPROVEMENT: A PRETTIER YOU!

A23

Nancy Bowen

776-5257

Section I: Saturday, 1-3pm, Sept 19
Section II: Saturday, 1-3pm, Sept 26
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Limit: 10

Is your skin as smooth as you'd like it to be? Are you as attractive as you wish? Learn how to care for your skin, apply makeup as naturally or glamorously as you prefer, and how to coordinate colors in this fun and informative class! Personal consultation also available at no charge for contouring problems. (Nancy is a graduate home economist who has enjoyed helping people improve their skin and personal appearance for the past 16 years.)

CALLIGRAPHY I

A10

Jean Hensen

537-4671

One Time: Wednesday, 7:30pm, Oct 7
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Calligraphy is the art of fine handwriting. Jean will demonstrate writing the alphabet in three different scripts, using special pens and points. (Jean enjoys the art of fine hand lettering.)

CALLIGRAPHY II

A11

Carol Ann Norris

537-8973

Section I: Tuesday, 7:30-9pm, Sept 22 Length: 12 times
Section II: Thursday, 7:30-9pm, Sept 24
Section III: Friday, 1:30-3pm, Sept 25 Limit: 5 each section
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration

This is an on-hand experience class in learning lettering of the Roman, Old English and script forms of calligraphy. This printing skill will permit you to produce unique, attractive greeting cards, letters that grab peoples' attention and signs that stop people in their tracks. Please bring these materials: 1 bottle black India ink; regular pen point holder; 1 quill holder and point; 2 sizes C points (C-3 and C-0); 1 B-1 point and 787 oval point; 1 ruler, 1 pencil. (Carol has been practicing calligraphy for 14 years for both fun and profit.)

BEGINNING CHINESE

A41

Junming Li

Thursdays, 7:30-9:30pm, First Meeting: Sept 24 Length: Ongoing
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration

Limit: 3

The emphasis of this class is on spoken Chinese and its use in daily life. The class is also for people who are interested in Chinese culture or wish to make a tour of China. (Li is a native standard Mandarin speaker from Peking and has taught Chinese for half a year.)

BEGINNING FRENCH

A42

Ali Moussavi

539-0360

Mondays & Thursdays, 10am-noon First Meeting: Sept 17 Length: 10 weeks
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration

Voulez-vous parler francais? This course will teach words and phrases used in everyday conversation. We'll learn to read simple narratives and give written and verbal response. We will also take a look at the French culture. (Ali is a reader of French classics, especially of Hugo & Racine.)

SIGN LANGUAGE: TO HEAR A HAND

A21

Dan McAnarney

537-4270

Tuesdays, 3pm First Meeting: Sept 22 Length: 6 times
Location: Register and you will be contacted
Class Fee: \$8.00, pay with registration
Materials Fee: \$6.00, pay at class

Limit: 25

"Your lightest word in hand lifts like a butterfly, or folds in liquid motion..." (Dorothy Miles.) For most deaf people in the United States, American Sign Language, created by the deaf for themselves - is the natural, most expressive, and most comfortable form of communication. Linguists' studies over the past two decades have shown that ASL is a true and separate language, not modeled on any spoken language, fully capable of communicating complex ideas and information. But ASL "speaks" to the eyes, not the ears. Students will learn the basics of American Sign Language. We will concentrate on the manual alphabet, numbers, simple sentences and conversation, plus having some fun. There is an optional but highly recommended text available for about \$6. (Dan has taught sign language several times before.)

TUTORING CONVERSATIONAL ENGLISH

A40

Donna Davis

532-6448

Section I: Thursday, 7-8pm, Sept 17
Section II: Monday, 7-8pm, Sept 21 1 class per session
Location: Register and you will be contacted

Are you interested in tutoring international students or their spouses in conversational English? No special training is required, only that you are sensitive to people from other cultures. Volunteers will be given a description of the Conversational English Program and plenty of ideas for each tutoring session. (Donna is Assistant Foreign Student Advisor and coordinates the Conversational English Program at the K-State International Student Center.)

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DARKROOM 1

Tim McReynolds
Cort Anderson

776-4240

Section I: Monday, Sept 14; Wednesday, Sept 16, Thursday, Sept 17
Section II: Monday, Oct 19; Wednesday, Oct 21, Thursday, Oct 23
Location: Register and you will be contacted Time: 7-9:30pm
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class Limit: 10 per section

We'll learn how to properly handle and develop negatives. We will use different developers and learn what makes a good negative. We will also make black and white prints up to 16"x20". You will need a pack of 8"x10" graded paper, your favorite black and white negatives, and a smiling face. If you don't have the paper, you can buy it as we use it.

DARKROOM 2

Tim McReynolds, Cort Anderson

776-4240

Section I: Tuesday, Oct 27; Thursday, Oct 29
Section II: Tuesday, Nov 3; Thursday, Nov 5
Location: Register and you will be contacted Time: 7-9:30pm
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class Limit: 10 per section

We will work on spotting and retouching, salvaging under and over exposed negatives, and printing color negatives and slides. We will learn to process Ilford's new black and white film (XP-1). Also, we'll learn Solarization and Posterization. (As you can see, you need some background for this one.)

DEVELOPING COLOR SLIDES

Eric Peck

776-4240

One Time: Wednesday, 7:30pm, Sept 30
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.50, pay at class Limit: 6

Bring a roll of Ektachrome slide film to this class, and I'll show you how easy it is to process it yourself. It will be a fun evening, and you'll leave with a lot of new ideas. (Eric is chief slide technician for Baugh Photo.)

TALKING SLIDES

Ernie Peck, Dan Ray

776-4240

Section I: Wednesday, 7-9:30pm, Oct 28
Section II: Wednesday, 7-9:30pm, Nov 4 (only if needed)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$3.00, pay at class

Learn how to make title slides and word slides for your own presentations, color slides from black and white film in less than an hour. (Ernie and Dan have had great success with this class each semester.)

COPY WORK PHOTOGRAPHY

Clark Peters

776-4240

Monday, 7-9:30pm, Sept 28
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.50, pay at class

Learn the secrets of copy photography! Discover the special photographic techniques and materials needed by architectural students and others who want photographs of drawings, paintings, old photographs, and other flat objects! Be amazed as the mysteries of lighting, film selection, and exposure are revealed for the first time! (Well, almost the first time.) (Clark is a photographer with a degree in Architecture.)

BEGINNING PHOTOGRAPHY

Ernie Peck

776-4240

Section I: Tuesday, Wednesday, Thursday, 7pm, Sept 22, 23, 24
Saturday, 9am (all day), Sept 26
Tuesday, 7pm, Sept 29
Section II: Tuesday, Wednesday, Thursday, 7pm, Oct 6, 7, 8
Saturday, 9am (all day), Oct 10
Tuesday, 7pm, Oct 13

Section III: Will be offered in November if needed
Location: Register and you will be contacted
Class Fee: \$5.00, pay at registration
Materials Fee: \$25.00, pay at class Limit: 10 each Section

Four evenings and a full day of instruction on how to operate and care for a 35mm camera. Film, processing, handouts, and a camera are furnished. The camera must be returned but the rest is yours to keep. (Ernie has taught this many times with great success.)

PHOTO SEMINARS WITH WALT CROXTON

776-4240

Monday, 7:30-9:30pm, Sept 21 - 40 Creative Picture Taking Ideas
Tuesday, 7:30-9:30pm, Oct 20 - Flash Photography
Tuesday, 7:30-9:30pm, Nov 17 - Composition
Location: Register and you will be contacted
Class Fee: \$1.00 per session, pay with registration

Walt Croxton, past president of the Kansas City Camera Club and instructor for the Winona Professional School of Photography, has been involved in photography for many years. These informative seminars will be held at a nice location and give you a great deal of information in a short time. Come and join us!

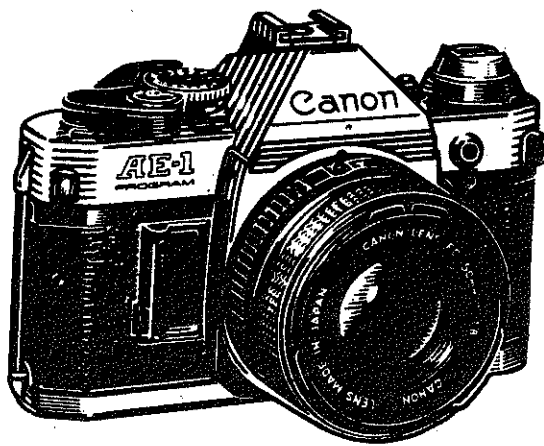
MANHATTAN CAMERA RENTAL DARKROOM COOPERATIVE

Manhattan Camera

776-4240

Hours: 9:30am-10pm, Monday thru Friday, 9:30am-5pm, Saturday
Location: Manhattan Camera, 228 Poyntz
Fee:
1-year membership \$20.00
Individual Lifetime Membership \$50.00
Family Lifetime Membership \$75.00
Plus - Black and White Space \$ 2.00 per hr.
Color Space \$ 4.00 per hr.

Rental darkrooms for color and black and white film processing and printing. Memberships available now. If you've always wanted to make your own color or black and white photo's, but didn't have a darkroom or the knowledge, now we can solve your problem. All chemistry is furnished and the equipment is new. We will have someone on hand at all times to help you and classes will be available on a frequent basis. You really need to see our facilities to realize how nice they are!



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Your friends in photography..



UKRAINIAN EGG DECORATING

A26

Orysia Dawydiak, Elaine Cole 539-2148

Section I: Thursday, 7pm, Oct 29
 Section II: Monday, 7pm, Nov 9
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

Ukrainian eggs are a traditional, centuries-old folk art which originated in the Ukrainian area of the USSR. Chicken eggs are covered with intricate, brilliantly colored, symbolic designs by means of a wax resistant process. Bring at least one fresh egg (at room temperature), a candle, candle holder and pencil. (This will be a farewell class for Orysia. She has been sharing this special interest with many, many people in her 3 years of UFM classes. She learned the art from her Ukrainian mother. Elaine has been decorating eggs for 6 years - an elderly Czech woman taught her.)

BELLY DANCING FOR THE BEGINNER

A27

Marisha 776-5476

Wednesdays, 7-9pm, First Meeting: Oct 7 Length: 8 times
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration Limit: 15

Try an exercise that benefits yourself and pleases others! Emphasis will be on shaping up, learning basic steps and playing zills, (finger cymbals). We will touch on the Dance of the Seven Veils, Sword Dance and Sultan's Dance plus how to perform for an audience. (Marisha has danced professionally and taught belly dancing for several years in the San Francisco area. She has also designed and made costumes for both students and professionals.)

INTERMEDIATE BELLY DANCE

A28

Rasha 776-1644

Mondays, 7-9pm, First Meeting: Oct 5 Length: 8 times
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration Limit: 10

Get a taste of the Near East and learn the Candle Dance and the dances of the Ghawazee. You will use zills and veils and eventually create your own dance routine.

THE MAKING OF A BELLY DANCE COSTUME

A29

Marisha 776-5476

Saturdays, 1-3pm, First Meeting: Sept 19 Length: 4 times
 Location: Register and you will be contacted
 Class Fee: \$5.00, pay with registration
 Materials Fee: \$3.00, pay at class Limit: 10

A series of 4 seminars on making belly dance costumes with the goal of everyone - student or professional - making their own costume.

Saturday, Sept 19 One hour on the history and types of costumes. One hour in local fabric stores choosing suitable fabric and trims.

Saturday, Oct 3 Making harem pants, 2 styles of skirts and veils
 Saturday, Oct 10 Beadwork, both beaded fringe and appliques, some work with coins

Saturday, Oct 17 Construction of the bra top and belt

FLINT HILLS FOLKDANCE FELLOWSHIP

A31

Kathy Miller 539-1660
 Enid Cocks 539-6306

2nd & 4th Sundays, 7:30-9:30pm First Meeting: Sept 13
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration

Several local dancers will present a wide variety of dances from all over the world. Every session will include instruction and review. No prior experience is necessary, and all ages are welcome. (The presenters have danced with college, recreational and exhibition groups and have taught for clubs, recreational dance camps, and university workshops.)

COUNTRY WESTERN SWING DANCE

A32

Section I: Mon, Tues, Weds, Thurs, Oct 5, 6, 7, 8 - 7pm, 12 couples
 Rosemary Dukelow, Pat Dreese, 776-1644
 Section II: Wednesdays, Sept 16 thru 30, 7:30pm 10 couples
 Steve Lindly, Vicki Hebert 776-6876
 Section III: Mondays, Oct 5 thru 25 7pm 10 couples
 Art Clack
 Section IV: Tuesdays, Oct 6 thru 27 7pm 10 couples
 Art Clack
 Section V: Tuesday, Oct 6 thru Nov 3 8:30pm 10 couples
 Section VI: Tuesday, Nov 10 thru Dec 8 8:30pm 10 couples
 Phil Rarick 776-1074

Location: Register and you will be contacted
 Class Fee: \$7.00, pay with registration (per person)

Hey - cowboys and cowgirls - round your friends up to learn the sharp moves, spins, dips, turns, and slides done in country western swing. A fun evening out dancing will give us a chance to romp and stomp to some great music.

DANCES OF THE COUNTRY PEOPLE

A09

Sue Astley 539-9312

Fridays, 7:30-9:30pm First Meeting: Oct 2 Length: 4 times
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay with registration Limit: 30

Come with your dancing shoes on! Bring any knowledge you can share to participate in some reels, squares and other country dances. (Sue is looking forward to learning more about country dances.)

DANCE SAMPLER

A30

Jodie Demere 776-4004

Tuesdays, 7:30-8:30pm, First Meeting: Sept 22 Length: 8 times
 Location: Register and you will be contacted
 Class Fee: \$10.00, pay with registration Limit: 30

Come and learn different forms of dance all in one class. You will get a sample of 2 weeks ballet, 2 weeks dancercise, 2 weeks jazz and modern and 2 weeks of rhythmic aerobics. We will be flexible to change and concentrate on the interests of the students. Leotards and tights are the preferred wear but if unavailable, please wear shorts and T-shirts. (Jodie has taught ballet, jazz, tap, aerobics and other dance forms in Boston, Mass., Emporia and Manhattan.)

Photography

UFM DARKROOM COOPERATIVE

A51A

532-5866

Located just one block east of campus in the UFM House, the UFM darkroom is available to anyone who needs access to a well-equipped facility. Equipment is capable of handling up to 11x14 prints and 6cmx6cm negatives as well as 35mm. The fee includes everything but paper. For those who need instruction in darkroom techniques, from basic to advanced, UFM is offering a weekly course "Photography for Anyone" where you can have your questions answered.

Fees: 1 semester, \$18, new members \$15, renewals
 2 semesters, \$30, new members \$25, renewals
 3 semesters, \$40 new members \$35, renewals

This fee covers use of space, equipment and all necessary chemicals for black and white film processing. There is no additional hourly use charge. For those who wish to use the darkroom but who do not wish to purchase a membership, space is available at the rate of \$2.00/hr.

BEGINNING DARKROOM

A51B

Dale Bryant

Register and you will be contacted
 Fee: \$22, pay with registration (chemicals furnished)

Discover the fun and excitement of developing and printing your own black and white film. This class includes an introduction to darkroom processes, an actual demonstration in the UFM darkroom, all necessary texts, and membership in the UFM Darkroom Cooperative.

BEGINNING PHOTOGRAPHY

A51C

Staff

532-5866

Register and you will be contacted
 Fee: \$3.00, pay with registration

It's simple. You'll be shown the basics of camera operation, basic picture taking techniques, and photographic composition guidelines.

NATURE PHOTOGRAPHY - A CLOSE-UP VIEW

A51D

Ed Pembleton

537-4385

One Time: Tuesday, Sept 29, 7:30pm
 Location: Register and you will be contacted
 Class Fee: \$3.00, pay at registration

The techniques of nature photography will be explained during a close-up look at flowers, mushrooms and wildlife. Come celebrate the beauty of nature. (Ed is the West Central Regional Representative of the National Audubon Society.)

PHOTOGRAPHY FOR ANYONE

A52

Ron Hoffman

532-5893

Wednesdays, 7-9pm, First Meeting: Sept 16 Length: Ongoing
 Location: Register and you will be contacted
 Class Fee: \$7.00, pay with registration Limit: 10

A course designed to meet the desires of the participants. From basic "how-to's" to advanced techniques. Learn what you want to know about picture taking, developing and printing. Amount of materials will depend on how extensive the individual project is. (Ron is the Director of the Media Center at KSU College of Education.)

Inner Self

For more information
about Inner Self,
call Julie Coates
at 532-5866



BI/POLAR PERSONAL GROWTH SEMINAR

R03

Rod Saunders

539-4281

Time & Location: Contact Rod directly before Sept 14 for instructions
Class Fee: \$27, non-student; \$21, student - pay at class

Bi/Polar uses a psychological inventory process to help discover your basic strengths. It is simple and clear so that you do not need to be an expert in the field of psychology to understand and benefit from it. The inventory leads to: better understanding of your strengths and potential and more confidence in your relationships with others, insights into how to communicate more effectively with other people, and a practical plan of action for your own personal growth. While these are big claims, the personal experiences of those who have gone through the seminar demonstrate that they can be delivered.

INTRODUCE YOUR RELATIONSHIP TO TRANSACTIONAL ANALYSIS R04

Don & Irmie Fallon

539-4451

Thursdays, 7:30pm First Meeting: Sept 24 Length: Indefinite
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 4 couples

This is an enrichment group supporting couples in building communication skills, self-understanding of parent-adult-child ego state interactions and family life script or role expectations. Emphasis will be given to developing skills in handling conflict, developing a healthy fight style and coping with feelings of anger, sex or love. Trust, caring, confidentiality and options will be stressed. (Don is Lutheran Campus Pastor and also works with the KSU Center for Student Development. Irmie often co-leads with Don in workshops for couples.)

PARENT EFFECTIVENESS TRAINING R07

Don & Irmie Fallon

539-4451

Wednesdays, 7pm First Meeting: Sept 30 Length: 8 times
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 16
Materials Fee: \$25.00, pay at class (National registration fee and books)

This workshop will train parents in the communication skills and philosophies of Thomas Gordon in his Parent Effectiveness Training program. Parents will form a support group to better understand their child's behavior, roadblocks to communication and to practice skills of listening. Emphasis will be given to parent-child problem solving with a no win-lose method. (Don and Irmie are certified instructors of P.E.T.)

WELL, WELL, WELLNESS

R01

David G. Danskin

Wednesdays, 7:30-9pm First Meeting: Sept 16 Length: 5 times
Location: Register and you will be contacted
Class Fee: \$10.00 series or \$2.00/session Limit: 40 each/session

Sept 16 "What Is Wellness?"

We'll watch a video tape by one of the leading national proponents of wellness - Bill Hettler, MD, followed by a discussion among those attending. Bill makes wellness come alive in what has proven to be one of my most popular videos.

Sept 23 "An Introduction to Stress Management Strategies"

A workshop in which I'll introduce you to strategies for more creatively directing the normal stresses of your daily life. Come dressed comfortably as we'll be learning stretches, sitting on the floor as well as practicing some relaxation techniques.

Sept 30 "Fitness as a Part of Weight Reduction"

We'll watch an exceptional video tape of Charles Kuntzleman, EdD, national consultant on fitness and weight regulation, followed by a discussion among those attending. Then, each person will pick one change to make towards wellness.

Oct 7 "Nutrition for the 80's"

This is a dynamite video tape by Vicky Newman, RD, MS, Dietician/researcher at the University of California, San Diego Hospital. We'll follow it with a discussion and each person picking one nutritional change towards increasing wellness.

Oct 14 "Longevity"

This talk inspired me as much as any I've heard in a long time. Ken Pelletier, PhD, author (*Mind as Healer, Mind as Slayer*) lecturer, researcher, talks about his studies of those cultures in which significant percentages of the people live to be well over 100 years old. We're learning a lot from them about how to enjoy life and live longer. And, this video presents it in such a personal and useful way. It should stimulate each of us to make another choice towards wellness.

(Dave is a counseling psychologist in the Counseling Center at K-State University who is interested in helping persons (including himself) learn healthier lifestyles. He's had over a dozen years experience in offering programs in relaxation, biofeedback, stress management and personal enhancement.)

I'M OK - YOU'RE OK WEEKEND

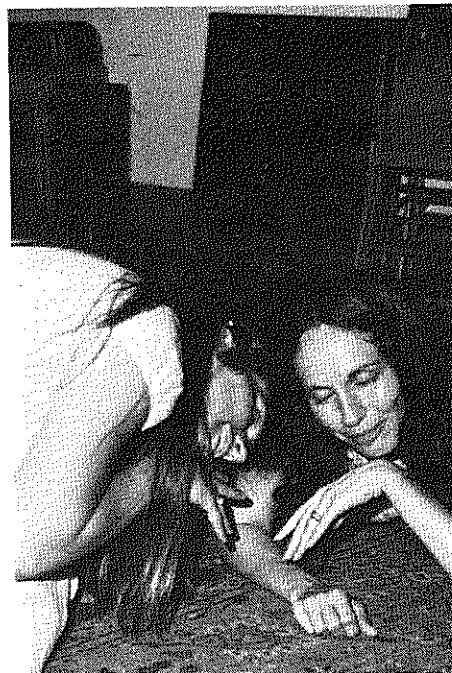
R02

Don Fallon

539-4451

Friday, 7:30-10pm, Sept 18 & Saturday, 9:30am-4pm, Sept 19
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 15

This weekend is an introduction to Transactional Analysis and the use of TA tools for growth and awareness, self-understanding, ability to relate to other persons in creative ways. It will also provide help in undoing the programmed responses and patterns of the past, and liberating the self for creative and open living in the present.



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Campus Minister

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Inner Self

STRESS ILLS AND STRESS SKILLS R05

on Fallon 539-4451
One Time: Saturday, 9:30am-5pm, Oct 10
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Stress is a fact of life: studies, exams, relationships, jobs, finances, fear of failure, loss of the future, illness and depression. Our whole person is affected physically, emotionally intellectually, socially, spiritually. We will focus on evaluating our lifestyle and shaping a practical strategy for coping with stress.

DEATH & DYING R06

Rod Saunders Length: 8 times
Wednesdays, 7:30pm First Meeting: Sept 23
Location: Register and you will be contacted
This workshop is designed to expose participants to feelings, reactions, thoughts, and ideas concerning the different aspects of death and dying. This will be accomplished through discussion and by written exercises that enable each person to discover his/her own feelings, reactions, etc. (Rod led a workshop on Death and Dying for 10 consecutive semesters and taught the class at SUNY at Buffalo.)

TRACE MINERALS & TOXIC METALS

Dr. J. R. Cortner 539-3975
One Time: Monday, 7-9pm, Oct 26
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
One of the most important discoveries to your health in the past 10 years has been trace minerals and other rations. Also toxic metals can cause serious health problems and go undiagnosed. Dr. Cortner will discuss the importance of nutritional balance in healing. (Dr. Cortner practices chiropractor, acupuncture and nutritional counseling in Manhattan.)

GOING BACK TO SCHOOL SUPPORT GROUP R08

Dee Locker 537-0854
Wednesdays, 7:30pm First Meeting: Sept 16 Length: Ongoing
Location: Register and you will be contacted
Non-traditional students currently enrolled who would like to share their experiences about their return to the classroom are encouraged to participate in this informal discussion group. You will also receive information about the fenix Organization which is an on-campus support group. (Dee is the president of the fenix Organization on campus.)

RETURNING TO SCHOOL R09

Margaret Nordin, Buzz Muir
One Time: Thursday, 7:30-8:45pm, Oct 22
Location: Register and you will be contacted
Are you thinking about going back to school after being out for four to forty years? Are you wondering just how to get started or whether it is worth the time, money and energy? Come to share your hopes and fears and to find answers to your questions. (Margaret and Buzz are KSU faculty whose work involves adult students new to K-State.)

ASSERTIVENESS R10

Linda Teener
Tuesdays, 7-8:30pm, Oct 1 & 8 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$5.00, pay at class
Learning to communicate more effectively is a major goal of assertiveness training. We will examine individual communication patterns, explore alternate ways of handling problem situations and practice more assertive responses. (Linda has been facilitating assertiveness training and other small group workshops for six years.)

APPROPRIATE ASSERTION R11

Virginia Acheson, Susan Scott Angle, Sylvia Workman 532-6927
Thursdays, 3:30-5pm First Meeting: Nov 5 Length: 3 times
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 25
A workshop designed to introduce and develop skills, words, phrases, behaviors, and ideas that make individuals more capable of relating to others in ways that meet their own needs. Participants are expected to attend all sessions. (Virginia, Susan and Sylvia are all staff members at the KSU Counseling Center and are interested in their own and others continuing growth in assertion.)

CAREER EXPLORATION GROUP R12

Steve Deters 532-6927
Section I: Saturday, 8:30am-4:30pm, Oct 10
Section II: Saturday, 8:30am-4:30pm, Nov 21 Limit: 25 each section
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$4.00, pay at class
The workshop is designed to assist participants in acquiring skills and information necessary for appropriate career decision-making. The Strong Campbell Interest Inventory helps individuals look at their personal interests in relation to a variety of career opportunities. The Inventory must be scheduled with Marianne, in the Counseling Center, KSU, two weeks prior to the workshop. Students costs are covered through KSU fees. (Steve is a counselor with the KSU Counseling Center.)

JOB SEARCH WORKSHOP R13

Steve Deters 532-6927
One Time: Saturday, 8:30am-4:30pm, Dec 5
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class Limit: 20
Plan your job search now. The workshop is designed to help participants develop skills important in locating and acquiring a job. Where and how to look, resume writing and interviewing are discussed and practices in a supportive group environment. Student's costs are covered through KSU fees.

LIFE PLANNING WORKSHOP R14

Steve Deters 532-6927
Section I: Saturday, 8:30am-4pm, Sept 19
Section II: Saturday, 8:30am-4pm, Nov 14 Limit: 25 each section
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration
Materials Fee: \$2.00, pay at class
The workshop is designed to involve participants in the deliberate process of influencing the direction of their lives. Each participant is encouraged to consider the idea that s/he is the one responsible for his/her life, and, consequently is capable of creating the future s/he wants. Skills of values clarification, goal setting and realistic planning are developed through practice. Student costs are covered through KSU fees.

FREEDOM FROM SMOKING IN 20 DAYS R15


Louise Barnow 1-800-432-3927
Tuesdays, 7:30-8:30pm, Nov 17, Dec 8 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$5.50, pay at class Limit: 30
"Freedom" is an innovative, self-help smoking cessation program designed to help those smokers who want to quit "on their own." The program will be introduced by a short slide/tape presentation followed by group participation exercises and distribution of materials. (Louise is an experienced group facilitator in smoking cessation programming.)



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WHAT IS LA LECHE LEAGUE?

R16

Kay Ring

539-2468

One Time: Saturday, 10am-12noon, Sept 26
Location: Register and you will be contacted

Bring your questions about breast feeding, mothering and La Leche League. Babies and fathers are welcome. Learn of the nutritious benefits and personal satisfaction that comes with breast feeding. (Kay is a certified La Leche League Leader and has breast fed her children.)

CAESAREAN BIRTH CLASS

R17

Sue Zschoche

537-0851

Sign up and you will be contacted Length: 2 times
Materials Fee: \$5.00, pay at class

This course will cover reasons for, procedures involved, recovery suggestions, emotional involvement, father's feelings, group support and discussions with caesarean parents. (Sue is a caesarean birth mother.)

EARLY PREGNANCY

R18

Rita Raaf

776-5574

Time and Location: Register and you will be contacted

Start early in your pregnancy to learn about proper maternal nutrition, body conditioning and preventable birth defects. You and your child will be glad you did. Discussions also include birth planning and relaxation techniques. Slides will be shown on fetal development and nutrition. (Rita is a member of the Childbirth Education Association of Manhattan.)

LAMAZE CHILDBIRTH CLASSES

R19

Cindy Meyer

Eight Week Sessions will Start on each of the Following Dates:
September 17, 30, October 19, November 3, 19
Register and you will be contacted for time and location
Materials Fee: \$25.00, pay at class
Limit: 7 Couples

Be prepared for a positive childbirth experience. Classes explain labor and birth, breathing and relaxation, rights and responsibilities, infant and mother care. We take a hospital tour and watch films. Classes are small and informal. (Cindy is a trained childbirth educator.)

GROWING UP WITH PRE-SCHOOL CHILDREN

R20

Sharon McCaffrey

776-5666

Thursdays, 9:15-11:15am, except Oct mtg
Location: Register and you will be contacted

If you have an interest in pre-school children, please join us for our informal monthly meetings. We attempt to share all that we can about the needs of children under 6 years of age. Our meetings include a speaker, followed by discussion. A nursery is provided.

- Sept 10 "Services provided by Riley County Health Department"
- Oct 8 Special night meeting, 7:15-9:15pm: Regular location, "Parents Rights in School and Hospital Situation"
- Nov 12 "Learning Disabilities and other physical problems interfering with learning"
- Dec 10 Toy exchange

YOUR CHILD'S FEET

R22

Joseph A. Svoboda D.P.

539-7664

One Time: Tuesday, 7pm, Sept 29
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Normal and abnormalities of the child's foot ranging from birth to adolescence will be covered. The session will also try to clear up some questions of "corrective shoes." (Dr. Svoboda is a practicing Podiatrist in Manhattan.)



RACE FOR LIFE - CPR

R22A

Enell Foerster

537-0977

Wednesdays, 1:30-5pm, Sept 30 & Oct 1 (2 times)
Location: Register and you will be contacted
Materials Fee: \$2.00, pay at class

Limit: 12

CPR is a combination of artificial respiration and artificial circulation. It can save many lives (for instance, if started within 1 minute, it can save 92% of heart attack victims). However, it can cause serious harm if administered improperly. Learn the right way and earn a Red Cross Certification. The fee will cover book costs. (Enell is a certified Red Cross First Aid Instructor.)

FIRST AID AND MULTI MEDIA

R23

Enell Foerster

537-0977

One Time: Saturday, 8am-5pm, Oct 17
Location: Register and you will be contacted
Materials Fee: \$6.00, pay at class

Limit: 12

This is the American Red Cross Instructional System, featuring filmed demonstrations, guided practice sessions, and programmed workbooks. The student is certified as a standard first-aider upon successful completion of the course. There is a fee of \$6, which covers materials, workbooks and texts. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be \$4.00.

FIRST AID MULTI-MEDIA INSTRUCTOR'S COURSE

R24

Enell Foerster

537-0977

One Time: Saturday, 8am-5pm, Oct 24
Location: Register and you will be contacted
Materials Fee: \$1.00, pay at class

Limit: 6

This course is for those people who hold a current standard First Aid Personal Safety Certificate, or multi-media certification and who wish to become certified instructors of Standard First Aid multi-media. Participants must be at least 17 years of age.

CPR INSTRUCTOR'S COURSE

R25

Enell Foerster

537-0977

One Time: Saturday, 8am-5pm, Oct 3
Location: Register and you will be contacted
Materials Fee: \$1.00, pay at class

Limit: 6

This class will prepare you to become a CPR instructor. You must be at least 17 years of age and hold a current certificate in Modular CPR. This will be a 7-9 hour class.

THE SHORTER WORKS OF TILLICH

R26

A. David Stewart

539-3051

Thursdays, 11:30am-1pm, First Meeting: Oct 15 Length: 5 times
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Limit: 10-12

Over our lunch sacks, we will read and discuss selections from some of the shorter works of theologian Paul Tillich, such as The Courage To Be, The Eternal Now and Love, Power and Justice. The primary focus will be whether/how Tillich's works relate to our own experience. (Dave is a campus minister who has been sorting through Tillich for several years.)

ECKANKAR: DISCUSSION OF BOOK: YOUR RIGHT TO KNOW

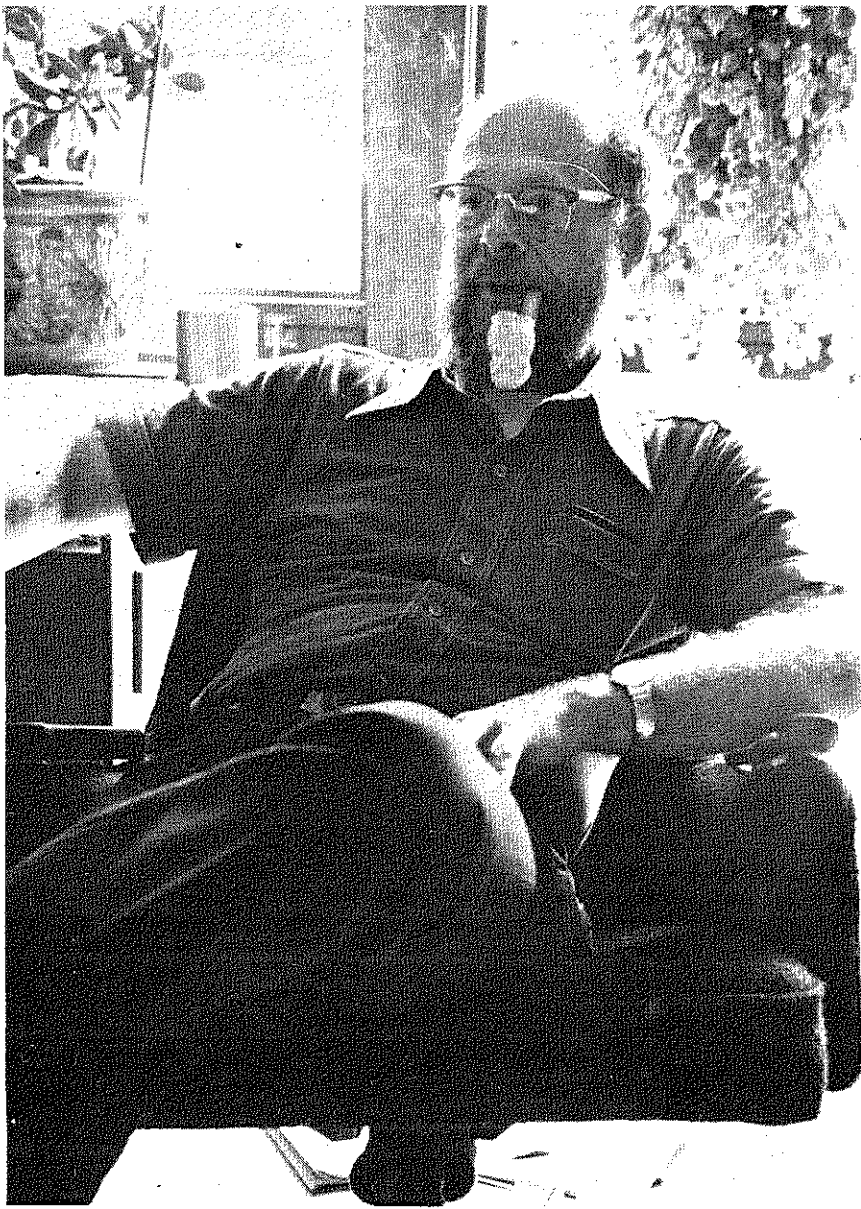
R27

Susan Ginsberg

Alternate Mondays, 7-8:30pm First Meeting: Sept 28 Length: 5 times
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Now in its eighth printing, Your Right to Know by the present living Eck master, Darwin Cross, tells you that heaven is here right now. The book covers such topics as the spiritual body of man, abortion, the illusions of death, man's image of God and the awakened consciousness. With Eck you learn to live in harmony with life and handle your day-to-day situations from a higher viewpoint. (Susan is an Eckist who has studied for six years.)





YOGA OVER 40

R32

Bert Franklin

539-0495

Tuesdays, 5:30-6:30 First Meeting: Sept 22

Length: 8 times

Location: Register and you will be contacted

Class Fee: \$10.00, pay with registration

Limit: 8

An introduction to yogic breathing (pranayama) and some yogic asanas which, though not strenuous, will reduce the mental and physical distress associated with middle age and the advancing years. There is no upper age limit. Recommended dress: men, running shorts; women, leotards. Please bring your own mat.

YOGA

R33

Bert Franklin

539-0495

Thursdays, 5:30-6:30pm First Meeting: Sept 17

Length: 8 times

Location: Register and you will be contacted

Class Fee: \$10.00, pay with registration

Limit: 8

Regular yogic practice can bring greater self-knowledge and enjoyment of the body and mind. It can help foster a feeling of vitality, and physical and mental well-being. In this class we will learn the basic asanas and pranayamas. Please bring your own mat and dress comfortably. (In February 1981, Dr. Franklin was invited to present the invitational inaugural class in the Samata International Center at Marinadel Rey, California.)

SIDDHA YOGA

R34

Steve Parrott

Thursdays, 7:30pm First Meeting: Sept 17

Length: 4 times

Location: Register and you will be contacted

Class Fee: \$10.00, pay with registration

Meditation brings balance to the mind. It allows us to experience our fullest potential in all areas of life. In this 4-week course we will practice and discuss all aspects of Siddha Meditation, which is both simple and effective. (Steve is a certified teacher in Siddha yoga meditation.)

INTRODUCTION TO ZEN

R35

Leon Rappoport

Register for this class and you will be contacted for time and place.

Zen is not theology. It is a way of being in the world which embodies certain qualities of consciousness and awareness. Zen meditation is called Zazen. Za means sitting. Zen means that concentration in which you are one with everything. Zen Mind Beginner's Mind by Shunryu Suzuki Roshi will serve as the basis for class discussion. The class will also include taped lectures and zazen instruction. (Leon is a psychology professor.)

RADICAL JESUS

R28

Mike Klassen

539-4079

Wednesdays, 7pm First Meeting: Sept 23

Length: 5 times

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 12

This class will explore the teachings of Jesus contained in the Sermon on the Mount (Matthew 5-7.) These teachings primarily address issues of lifestyle: simple economics, marriage and divorce, peace and pacifism, prayer and fasting, etc. A reading list and handouts will be provided prior to each meeting. Bring a New Testament and a healthy imagination. (Mike has taught this class before with good results.)

NATURE OF PERSONAL REALITY

R29

Gary Rhodes

776-5003

Mondays, 8pm First Meeting: Sept 21

Length: Ongoing

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Does positive thinking leave you negative? Does life seem hard to understand? In this class we will use Jane Roberts Seth books to explore our personal reality, to learn how to solve everyday problems and accept ourselves as individuals. These concepts have wide ranging applications from self-fulfillment to earning money. (Gary always thinks "positive.")

COLOR AWARENESS IN HEALING

R30

Tess Keenan, Pat Embers

468-3627

Wednesdays, 7:30pm, Sept 23 & 30 (2 times)

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Limit: 15

Color, as a vibrational energy, is constantly in our surroundings and a part of us. We can learn to use color as a resource for helping us change our moods and/or the state of ill-health. The recommended book on color is Power of the Rays, by S. G. Ouseley, obtainable at the Manhattan Health Food Store. (Pat & Tess are enthused about offering this course again after the good response and interesting discussions last semester.)

AN OVERVIEW OF ASTROLOGY

R31

Doris Grosh, Kiva Ryan

539-7864

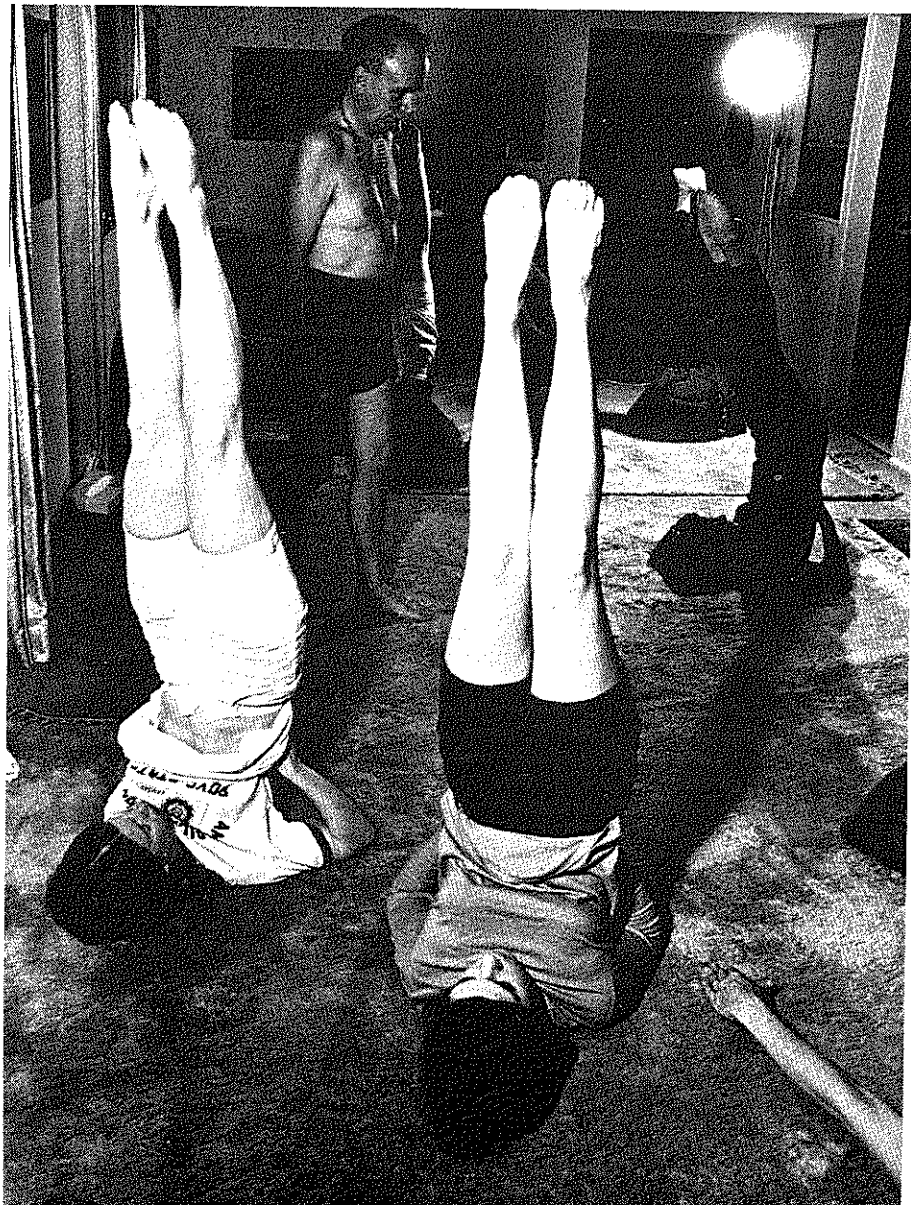
Wednesdays, 7:30-9:30pm, Oct 28, Nov 4

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Materials Fee: 50¢, pay at first class

The first class will be concerned with the astronomy of astrology, i.e., with the construction of the birthchart. (Taught by Doris, who has an academic background in science and mathematics.) The second class will be a demonstration of techniques of interpretation using an actual chart as model. (Taught by Kiva, an astrological consultant who has been a student of astrology for eight years.)



Outer Self

For more information about Outer Self, call Neil Schanker at 532-5866



AN OVERVIEW OF THE MARTIAL ARTS

P01

Bradley Arnall & Ron Anderson

539-8119

One Time: Tuesday, 7:30-9:30pm, Sept 22
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

The course will cover history, philosophy, and principles of the martial arts. We will be lecturing and demonstrating several styles of movement. Our main emphasis will be on Chinese internal Health Kung-fu, however, Karate (Japan), Tae kwon Do (Korea), Aikido (Japan), Tai Chi Chuan (China) and Kempo (Okinawa) will be covered. (Ron and Brad have studied most major systems taught in the west, and currently practice a Taoist Kung-Fu System.)

TANG SOO DO KARATE

P02

Joel Cederberg

537-7090

Tuesdays and Fridays, 7-9pm, First Meeting: Sept 18 Length: 20 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration Limit: 20

Tang Soo Do is a traditional form of Karate requiring discipline, practice and hard work. Progress is up to the individual. The goal of the class will be to teach beginners the basics and bring them to fighting level. (Joel is a first degree black belt with five years experience in the martial arts.)

TAI CHI CH'UAN WORKSHOP/WEEKEND

P03

Mark Moser

Saturday, 8-11am and 1-4:30pm, Sept 26
Sunday, 1-4:30pm, Sept 27

Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration
Materials Fee: \$5.00, pay at class Limit: 10

Tai Chi Ch'uan is a Chinese exercise system involving both exercise and self-defense. Emphasis at the beginner level is placed on coordination, balance, breathing, and smooth flow of movement. Students will learn the first part of the long Solo Form of the Wu style as interpreted by the instructor. In addition, students will learn related exercises for health. (Mark studied Tai Chi in Ipoh, Malaysia and Vancouver, Canada.)

CHINESE EXERCISE FOR THOSE OVER 40

P04

Bradley Arnall

539-8119

Wednesdays, 7:30-8:30pm, First Meeting: Sept 23 Length: 8 times
Location: Register and you will be contacted
Class Fee: \$8.00, pay with registration Limit: 10

Based on various health, yoga, and martial art systems, we will do gentle stretching and movement for stimulation of the circulatory, respiratory, and nervous systems (as well as general health.)

RHYTHMIC AEROBICS

P05

Ruby Füssell

532-5150

Mondays, Tuesdays, Thursdays, 6:30-7:30pm First Meeting: Sept 21
Length: 5 weeks

Location: Register and you will be contacted
Class Fee: \$15.00, pay with registration
Materials Fee: \$1.00, pay at class Limit: 40

The program, Rhythmic Aerobics, with fitness at heart, was invented by Nancy Kabriel as a means of experiencing how exercise does not have to be drudgery. Routines are choreographed to include a sufficient workout for all body muscles, especially the heart. Participants monitor their heart rate to prevent overworking; in the meantime they are improving coordination, reaction time, muscular endurance, flexibility and cardiovascular fitness. Discover how getting fit can be fun! (For the past 5 years, Ruby has taught Rhythmic Aerobics by incorporating it into her physical education classes at school.)

SWIMMING

P09

All Classes: Length: 8 times

Location: Register and you will be contacted
Fee: \$8.00, pay with registration

All teachers are Red Cross certified Water Safety Instructors

A. Beginners For Kids

Julie Swanson Limit: 10

Saturdays, 8-9am, First Meeting: Sept 19

539-4885

B. Beginners For Kids

Mary Verscheiden Limit: 10

Saturdays, 12-1pm, First Meeting: Sept 19

537-8193

C. Intermediates For Kids, and Adults

Joan Robinson Limit: 8

Saturdays, 8-9am, First Meeting: Sept 19

776-1731

D. Beginners For Adults

Frances Brennan Limit: 10

Saturdays, 12-1pm, First Meeting: Sept 19

539-7627

E. Beginners For Adults

Donna Fager-Schneider Limit: 10

Sundays, 12-1pm, First Meeting: Sept 20

776-0935

F. Beginners For Adults

Anne Backstrom Limit: 10

Sundays, 8-9am, First Meeting: Sept 20

776-3889

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VOLLEYBALL FOR FUN

P06

Lois Morales

539-8867

Tuesdays & Thursdays, 6:30-8:30pm First Meeting: Sept 22
Location: Register and you will be contacted Length: Continuing
Class Fee: \$3.00, pay with registration
Materials Fee: \$1.00, pay at class

Volleyball can provide low-key competition, exercise and a great time for beginners to those advanced. Nets and balls will be furnished. (Lois has played UFM volleyball for years.)

BEGINNING TENNIS

P07

Kevin Bailey

776-3002

Sundays, 8-10am, First Meeting: Sept 20 Length: 6 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration Limit: 20

Tennis lessons will cover forehand, backhand, serves, court tactics, equipment selection and the rules of the game. Bring a can of marked balls and a racquet. (Kevin has played tennis for seven years including competition in high school.)

DIAL-A-PARTNER/TENNIS/RACQUETBALL/INDOOR GAMES

P08

Neil Schanker

539-5766

Wednesday, 5pm, Sept 30
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

This is an opportunity for you to get some challenging experience and to meet new faces. At registration, indicate the game, your skill level, days and times available, and UFM will compile a list for you. (Neil coordinated this class last year.)

ADVANCED LIFESAVING

P10

Tom Deaver & Joan Robinson

537-2962 776-1731

Saturdays, 12-1pm First Meeting: Sept 19 Length: 10 times
Location: Register and you will be contacted
Class Fee: \$8.00, pay with registration
Materials Fee: \$2.25, pay at class

Want to be a lifeguard? Safety in and on the water and the ability to assist or rescue a person in danger of drowning are what this class is about. Some topics to be covered include: personal safety, equipment rescues, water rescues, defenses, lifeguarding, survival swimming and respiratory emergencies. You must be age 15 or over to register for this class. (Tom and Joan are certified water safety instructors by the Red Cross.)

MAKING TRACKS (FUN RUNNING)

P11

Leon Newbanks

532-6754

Mondays, 7-9pm First Meeting: Sept 21 Length: 3 times
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Getting started in the great sport of fun running will include precautions for beginners, getting started, warming up, progressive conditioning, and "Making Tracks" log book. Only three class periods are scheduled, however, awards will be made during the semester as participants achieve designated mile objectives. (Leon has three years experience of fun runs as participant and organizer.)

COMMON RUNNING INJURIES

P12

Joseph A. Svoboda, D.P.M.

539-7664

One Time: Tuesday, 7pm, Sept 22
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

We will cover common running injuries of the lower extremity occurring in the beginner and the serious runner. Self-treatment and professional management will be discussed. Bring your running shoes and your questions. (Joe, himself an avid runner for four years, is a sports podiatrist and consultant to the Department of Intercollegiate Athletics at KSU.)

BICYCLE TO BREAKFAST

P13

Cathy & Jim Cramer

537-8616

Saturdays, 8am First Meeting: Sept 26 Length: 3 times
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Safe, local routes are chosen to be suitable for any type of bicycle and rider. The ride will end at a local breakfast spot - suggestions welcome. Families, children and individuals are all encouraged to come along. (Cathy & Jim are old hands at a casual ride before breakfast.)

EVENING BIKE RIDE

P14

Mike Braunstein

539-9238

Mondays & Thursdays, 6-8:30pm First Meeting: Sept 28
Location: Register and you will be contacted Length: Indefinite
Class Fee: \$3.00, pay with registration

This class will participate in evening bicycle rides in and around the Manhattan area. Rides of 10 to 20 miles are planned at a moderate pace as long as the fall weather permits. (Mike enjoys a good bike ride.)

INTRODUCTION TO SKYDIVING

P15

Mark Young, Ron Wilms, Greg Retter

539-3655

One Time: Monday, 7:30-9pm, Sept 28

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

This class will serve as an introduction to Skydiving. Several movies will be shown and also a demonstration of equipment. A comprehensive book will be available for purchase. (All the instructors are members of the K-State Parachute Club. Information on training to jump will be given.)

HANG GLIDING

P16

Dan Patterson

776-5372

Section I: Saturday, 9-11am First Meeting: Oct 3 Length: 2 times

Section II: Saturday, 1-3pm First Meeting: Oct 3 Length: 2 times

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 20 each section

The first session will include a basic overview, beginner flight information on winds, take-offs and landings, selecting equipment, and the set-up of hang gliders. The second session will travel to Keats to watch Dan demonstrate while in mid-air! (Trained by the Golden Sky Sails in Golden, Colorado, Dan has logged over 90 flights.)

PREPARATORY DOWN-HILL SKIING FOR BEGINNERS

P17

Rob Slusher

One Time: Thursday, 7-10pm, Nov 12

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

A preliminary course designed to warm up those "cold feet" and give you the initiative to get your skiing career moving forward. It is the intent of the instructor to abolish all those dirty misconceptions and fears about skiing and guide you on track to more clean, white thoughts. You'll be given warm-up exercises to help you ski like a snow bunny instead of a snow donkey, and a brief knowledge of equipment to keep you from getting a "snow-job" from some slick sales person. Information on the closest and best slopes will be available to keep you from feeling left out in the cold. (Rob is a connoisseur of the "finer things in life," and thinks skiing the funnest sport available.)

FENCING WORKSHOP

P18

Robert Deemie

537-9406

Monday, 7-9pm First Meeting: Sept 21

Length: 4 times

Location: Register and you will be contacted

Class Fee: \$5.00, pay with registration Limit: 20

This class will be for the person who wants to improve his fencing skills. We will concentrate on practicing for competition in foil and sabre tournaments. We plan to compete in the Kansas Division of the Amateur Fencing League of America. (Robert placed 5th in sabre - Kansas Division in 1980-1981.)

BEGINNING ARCHERY

P19

Bill Shipman

537-1663

Wednesday, 7:30-9:30pm, Sept 23

Saturday, 2-4pm, Sept 26

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Materials Fee: \$2.00, pay at class Limit: 17

Learn about archery equipment, shooting technique and safety, via lecture. Then it's out to the target shooting course which includes a tree stand and natural conditions. Members of the Blue River Bowhunters will demonstrate their skills. (Bill is president of the Blue River Bowhunters.)

FRISBEE

P20

Kathy Saunders

776-1702

Sundays, 2pm, First Meeting: Sept 19

Length: continuing

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

We'll cover the origin and history of Frisbee, learn and practice the basic throws and the unlimited variations of each. We'll also cover the rules and strategies of the seven established games/events and take in a tournament or two. Everyone who can pick up a Frisbee has filled the prerequisites for this course. We'll focus on the fun rather than excellence of play. (Kathy has led this class before.)



HACKY SACK FOOTBAG GAME

P21

Dave Sampson

1-499-5311

Wednesdays, 7-8pm First Meeting: Sept 16

Length: continuing

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 20

Hacky Sack is a noncompetitive agility sport that involves eye/foot coordination, balance, and speed. The object of the sport is to keep a small, leather bag aloft by kicking it with the feet using a certain technique that will be demonstrated at the class. A few Hacky Sacks will be available for purchase after the class. (Dave is a rabid Hacky Sack fan and has played and taught for about a year.)

THE LITTLE APPLE JUGGLERS

P22

Steve Parrott

Sundays, 1:30pm First Meeting: Sept 20

Length: Continuing

Location: Register and you will be contacted

Class Fee: \$1.00, pay with registration

The Little Apple Jugglers exist to teach and share their joyous art. We encourage everyone to join our weekly celebrations of energy, motion and beauty as we juggle to our heart's delight. It's so simple, so satisfying, so why not give it a try? (Steve has been teaching juggling for several years.)

CAPTURE THE FLAG

P23

Jim Eyestone

539-7388

Saturdays, 1-4pm, Oct 3, Oct 10 (2 times)

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Capture the flag is an outside running game played day or night. Each team has a defense and an offense. A team defends its territory, its flag and a prison while attempting to capture the other team's flag. All ages are welcome. (Jim has organized many games of capture the flag.)

RADIO-CONTROL AVIATION

P24

Kirby Wenger

539-7712

Saturdays, 2-3pm, First Meeting: Sept 19

Length: Indefinite

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration Limit: 20

At the first meeting, Kirby will describe and demonstrate different models, radio types and functions, model building and construction, preparation and testing before the first flight, and alternative models including boats, cars and sail planes. A later class will be held at the flying field. (Kirby is president of the Riley County Flyers.)

POCKET BILLIARDS FOR BEGINNERS

P25

Jerry Riggs

776-6338

Section I: Saturdays, 10-11am, First Meeting: Sept 19

Length: 6 times

Section II: Saturdays, 11:15-12:15pm, First Meeting Sept 19

6 times

Location: Register and you will be contacted

Class Fee: \$5.00, pay with registration Limit: 12 each section

The class will start with a brief history of the game. Included will be an introduction to playing equipment, basic stance, aiming, English, and control. The different games - 8-ball, 9-ball and snooker will be covered as well as the theory and mental game. Also, we will watch a video-tape trick shot demonstration and championship match. (Jerry has played in two World Pocket Billiard Championships in New York City, finishing 33rd in 1979 and 16th in 1980.)

ROLLER SKATING

P26

Everett Stilley

776-6175

Sundays, 1-2pm, First Meeting: Oct 11

Length: 3 times

Location: Register and you will be contacted

Class Fee: \$3.00, pay with registration

Materials Fee: \$3.00, pay at class

We will cover forward skating, backward skating and turns from forward to backward and visa versa. We'll also cover basic spins, jumps and dance if time permits. (Everett has been teaching skating for 17 years.)



STAMP COLLECTING

P32

532-6415

Tim Lindemuth

Thursdays, 7:30-9pm First Meeting: Oct 8 Length: Indefinite
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Beginners will learn the right way to collect, buy, trade and sell. Monthly programs feature auctions, speakers and slide shows. Field trips to stamp shows are planned. This class is held in conjunction with the Flint Hills Stamp Club of Manhattan. (Tim is vice-president of the local stamp club and has been a collector for 25 years.)

COMPUTER GAME NIGHT

P33

776-7744

Anker Lerret

Section I: Friday, 7-10pm, Sept 18
Section II: Friday, 7-10pm, Oct 9 Limit: 8 each section
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

Welcome to Computer Game Night, where others have found fortunes in treasure and gold, though it is rumored that some who enter are never seen again. Class members may play Adventure, Startrek, Wumpus, and many other computerized diversions. (Anker is a K-State Computing Center systems programmer.)

RACQUETBALL FOR BEGINNERS

P34

537-9693

Scott Harold

Sundays, 8-10am First Meeting: Sept 20 Length: 5 times
Location: Register and you will be contacted
Class Fee: \$10.00, pay with registration Limit: 16

This class will emphasize basic rules and fundamentals of the game including scoring, backhand, forehand and serving. Bring a racquet and two balls. (Scott enjoys racquetball.)

PUTT-PUTT GOLF CLINIC

P27

539-9022

Veryle Snyder

One Time: Monday, 7pm, Sept 21 (rain date Sept 23)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: \$2.00, pay at class

Here's your chance to learn how to make those elusive holes-in-one from a real pro. If you haven't tried miniature golf, or if you'd like to improve your game, this class is for you. (Veryle has been a professional putter for 18 years and owns Putt-Putt Golf.)

PINOCHLE: A UNIQUE CARD GAME

P28

776-2077

Mark Vishnefske

Tuesdays, 7:30-9pm, Oct 6 & 13 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 20

The game of pinochle is played with 48 cards consisting of the nine through ace of two decks. Fundamentals such as auction bidding, meld variations, playing and counting points will be taught. Bring a normal deck of playing cards. (Mark has enjoyed playing and teaching pinochle for 10 years.)

POKER FOR THE UNINITIATED

P29

776-7615

Helen B. Safford

Tuesdays, 7:30-9pm, Nov 3 & 10 (2 times)
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration Limit: 14

You don't have to be tough to play and enjoy poker. Helen will teach the following games: 5 and 7 card stud, 5 card draw, follow the queen, high or low Chicago and gut. Bring your own versions. Cards and poker chips are provided. (Helen has enjoyed poker for eight years and can maintain a poker-face for hours.)

DUNGEONS AND DRAGONS

P30

537-2471

Ron Knight

Thursdays, 7:30pm First Meeting: Sept 17 Length: Indefinite
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration
Materials Fee: 50¢, pay at class Limit: 10

Harken! Dost thou dare enter the deep, dank dungeon of Modar's World? Thrill to the unexpected as you learn the basics of dungeoning. This class is designed for beginning or experienced dungeoners. Dungeons and Dragons is a game in which the imagination is the limit. (Ron has dungeoned (both played and ran) for nine years.)

DUNGEON-MASTERS RETREAT

P31

539-4868

Jim Parrish & Bruce Sebree

Sundays, 7:30pm First Meeting: Sept 20 Length: Indefinite
Location: Register and you will be contacted
Class Fee: \$3.00, pay with registration

So you've been a D.M. for a while or would like to learn the fine art of Dungeon-Mastering and would like to meet other D.M.'s and their Dungeons. Well, this is it! We'll try to let playing, discussing and showing off get in the way of serious work! Other games welcome. (Bruce and Jim have been D.M.ing for over 4 years and are considered mean and tricky.)

MILITARY INSIGNIA COLLECTING

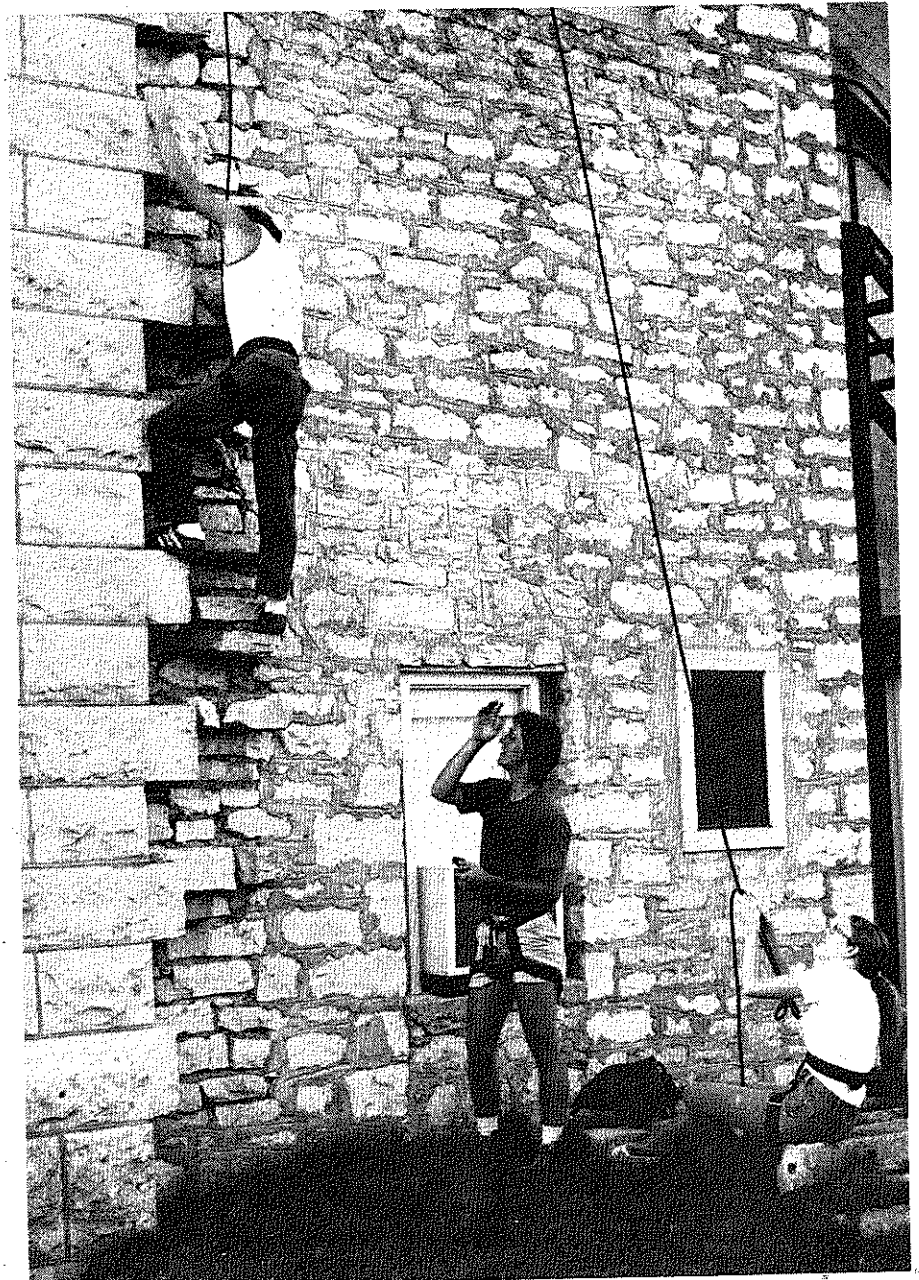
P35

537-0508

Douglas R. Teener

Tuesdays, 7-9pm First Meeting: Sept 24 Length: 4 times
Location: Register and you will be contacted
Class Fee: \$5.00, pay with registration

Collecting of military insignia, particularly American, for both beginners and experts. Introduction to basic references, national organization and ethics of the collector. (Douglas has been collecting for more than twenty years.)



Know-How Network

The Know-How Network is now a permanent part of UFM. We will continue to organize classes geared to help adult learners improve their job skills and develop what we call "modern survival skills." Classes for the Know-How Network are scheduled in the Northview area, the area south of Poyntz, and at Flint Hills Place. If you want to offer a class or have any suggestions or questions, give us a call. --Julie Govert Walter 532-5866
--Larry Nicholson 537-0056

BASIC TYPING SKILLS

K01

Claire Waffle, Larry Nicholson 537-0056

Tuesdays & Thursdays, 7-8:15pm First Meeting: Sept 17
Length: 10 weeks, twice a week Limit: 25
Location: KSU, 217 Calvin Hall
Class Fee: \$5.00, pay with registration

This class will teach basic typing skills and an understanding of the typewriter. We will concentrate on speed and accuracy. If you need transportation call Larry Nicholson at Douglass Center, 537-0056. (Claire is an experienced professional secretary who looks forward to teaching this course.)

GET TO KNOW VO-TECH

K02

Bill Berry 539-7431

One Time: Wednesday, 7-9pm, Nov 11
Location: Register and you will be contacted

The Vo-Tech school in Manhattan may hold the key to your employment future. Come to a slide presentation that will show you the training opportunities available to you. Learn how you can develop skills that can open new doors for you in the Job Market. Office education, nursing, drafting, auto mechanics, welding and data processing are some of the areas that will be covered. (Mr. Berry is the Director of the Manhattan Area Vocational-Technical School.)

LANDLORD/TENANT RELATIONSHIPS

K03

Paul McKenna, Kathy Lundgren 532-6483

Section I: Wednesday, 7:30-9:30pm, Sept 23, K-State Union, Rm 209
Section II: Wednesday, 7:30-9:30pm, Sept 30, K-State Bank, 1010 Westloop
Section III: Monday, 7:30-9:30pm, Oct 5, Adult Learning Center
Casement and Allen Rd

Class Fee: \$1.00, pay with registration

One of our basic needs is shelter. But in communities with a dense population and limited supply of housing - such as Manhattan - it can become a major social issue. This session will discuss how to survive in the often dog-eat-dog world of landlord/tenant relations and will cover these issues from the perspective of both the landlord and the tenant: How and why to use contracts and check-in sheets; how to handle landlord/tenant problems; the landlord/tenant law; security deposits; services available to tenants and landlords. (Kathy is KSU's student attorney; Paul is an expert on housing matters.)

SAVING ENERGY IN YOUR MOBILE HOME

K04

Doug Walter 532-6026

One Time: Monday, 7:30-9:30pm, Sept 21
Location: Register and you will be contacted
Class Fee: \$1.00, pay with registration

Are you looking for ways to save energy dollars in your mobile home this winter? Now is the time to make those improvements that could save you money in big ways. We'll focus on simple, low-cost techniques which will help you get the most for your money. (Doug is an energy specialist for K-State University's Extension program.)

SOLAR AND ENERGY CONSERVATION PROJECT

K05

Bruce Snead 532-5866

Times and Locations: Register and you will be contacted

This fall UFM will be holding a series of energy conservation and solar retrofit workshops in Manhattan and Junction City. This program, funded by the State Economic Opportunity Office, will be providing energy information and doing actual solar construction on 4 existing homes (sites are yet to be determined). A variety of solar devices will be used and designs will be developed for each demonstration site and built during weekend workshops with local people participating.

UFM will be making contacts with neighborhood groups and agencies in a search for qualifying sites and interested individuals. If you are interested in the solar and energy conservation potential of your home or mobile home and may qualify for the program, we would like to hear from you. More information and announcements on the program will follow in September. For further information contact Bruce Snead or Alan Edgar at UFM, 532-5866.

INCOME, OUTGO, WHERE DOES MY MONEY GO?

K06

Madaline Sullinger 537-7721

Section I: Thursday, 7:30pm, Sept 24 First Baptist Church
2121 Blue Hills Road
Section II: Thursday, 7:30pm, Oct 22, Douglass Center Annex, 901 Yuma

Are you having a problem with home budgets? If so, Madaline's class on budgets may help. A budget is a plan or guide so you can spend your money the way you want or need to. (Madaline has 7 years experience with Riley County Extension and has helped many people with budgets.)

CENTS AND NON-CENTS: GETTING YOUR MONEY'S WORTH

K07

Sandra Vannatta

Tuesdays, 7:30-9:30pm, First Meeting: Oct 6 Length: 3 times
Location: First Baptist Church, 2121 Blue Hills Road
Materials Fee: \$1.00, pay at class

Are you still looking for ways to beat inflation in your household? If so, this could be your course. We'll discuss the basics including how to organize and use a household budget, shopping hints, tips, and money-saving alternatives. We'll take a trip to a local grocery store to do some comparison shopping and you'll be armed with recipes and meal planning ideas to give your food budget a fighting chance. (Sandra is an experienced mother and homemaker, who, after 22 years and three children, knows what she's talking about.)

UNDERSTANDING CASH REGISTER RECEIPTS

K08

Georgia Nonte 776-4283

One Time: Monday, 7:30-9:30pm, Oct 5
Location: Adult Learning Center, Casement and Allen Rds.

Have you ever wondered what all those numbers on your cash register receipts mean? Have you ever walked away from a check-out counter wondering if you had been overcharged? Receipts from various local businesses will be discussed in such a way that you can see how much change you should receive. We'll also talk about the importance of keeping your receipts. Bring to class any receipts you have questions about. (Georgia has been a cashier for 12 years.)

DIRECT BUYING CAN SAVE YOU MONEY

K09

Lin Rose, Ken Embers 468-3678 468-3627

One Time: Tuesday, 7:30pm, Oct 13
Location: Douglass Community Center Annex, 901 Yuma

Food prices keep rising; farmers are going broke. Lower your food prices by pooling your food needs and buying direct from farmers and wholesalers, omitting packing and retailing costs. Come to this meeting and find out how much money you can save by buying direct. (Lin and Ken are looking for more folks interested in saving money through direct buying.)

TROUBLESHOOTING PARENT-ADOLESCENT PROBLEMS: AN EVENING WITH A FAMILY COUNSELOR

K10

Tony Jurich

Mondays, 7pm, Sept 28 & Oct 5 (2 times)
Location: First Baptist Church, 2121 Blue Hills Road Limit: 12

This is your chance to get a free crack at a \$50 an hour family counselor. Tony will attempt to answer your questions and give some practical hints on dealing with parent/adolescent problems. Open to parents and adolescents. (Tony has helped many Manhattan parents and adolescents.)

KNITTING

K11

Betty Zoll 776-7958

Wednesdays, 7-9pm First Meeting: Sept 30 Length: 4 times
Location: Adult Learning Center, Casement and Allen Rds
Materials Fee: \$3.00, pay at class Limit: 10

This class will cover basic knitting skills for the beginner. We will knit one small piece together (ie, potholder) then we'll choose a final project in the class. The materials for the potholder will be supplied. (Betty has been knitting for most of her life and has made sweaters and afghans for her family and home.)

WEIGHT CONTROL WORKSHOP

K12

Pat Tubach 776-4781

Tuesdays, 7:30-9:30pm, Oct 20 & 27
Location: Douglass Community Center Annex, 901 Yuma

You don't have to spend big money in order to lose weight. This class will discuss the importance of basic nutrition and how to choose a weight reduction diet. We'll also talk about the facts behind the fad diets that are so popular these days. (Pat worked with Riley County Extension for 12 years.)

A FUN FILM SERIES

K13

Bill Dorsett

Mondays, 7-9pm First Meeting: Oct 19 Length: 3 times
Location: Douglass Center Annex, 901 Yuma

Climb Mt. Everest, travel to the far corners of the earth and chuckle with some of America's greatest comics. These will be films the whole family will enjoy. Join us! (Bill has coordinated several film series and has enjoyed them all.)

Use this calendar to remind yourself of your schedule of classes

SEPTEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Use this calendar to remind yourself of your schedule of classes

NOVEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Calendar: From the 1981 Underground Calendar by Natalya Hall

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COOPS

Pottery Darkroom Woodshop



POTTERY STUDIO AND CO-OP

The UFM Pottery Studio is equipped with a new portable gas kiln, an electric kiln, work tables, two pottery wheels and shelves for individual storage space along with prepared glazes. These facilities are available for use for 4 hours/week to individuals or groups for a very reasonable fee. Additional use is possible on a space-available basis.

UFM also has a Pottery Studio Co-op for those who feel able to work on their own on a regular basis and who need access to studio space.

The above mentioned equipment is available for use at the following rates:

Pottery Studio Coordinator: Kate Maxham 532-5866 (UFM) 776-0133 (Home)

1 semester:	\$20.00
2 semesters	\$30.00
Full Year (12 months)	\$50.00

See the Arts & Crafts Section of this brochure for details about pottery instruction. Hours: 9am-10pm daily (except during pottery instruction)

UFM DARKROOM COOPERATIVE

The UFM Darkroom is located in the UFM house, one block east of KSU campus. For those who need access to a well-equipped facility the darkroom is available from 9am-10pm daily on a reservation basis.

The darkroom fee covers all necessary equipment and chemicals necessary for processing black and white film. Everything is provided except paper.

Darkroom equipment is capable of handling 6cmx6cm negatives as well as 35mm and can provide photographic enlargements up to 11x14.

UFM offers a variety of photography classes for those who need instruction in darkroom techniques or photography. See the Arts & Crafts Section of the brochure for a listing of classes.

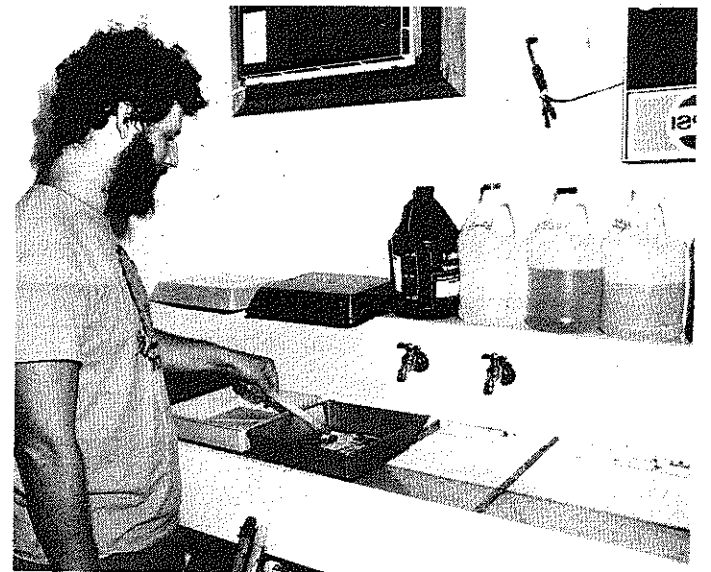
Darkroom Coordinator: Neil Schanker

532-5866 539-5766

	New Members	Renewals
Membership Fees: 1 semester,	\$18.00	\$15.00
2 semesters,	\$30.00	\$25.00
3 semesters,	\$40.00	\$35.00

This fee covers use of space, equipment, and all necessary chemicals. There is no additional hourly use charge.

For those who wish to use the darkroom, but who do not wish to purchase a membership, space is available at the rate of \$2.00 per hour.



WOOD SHOP CO-OP

Located in the University for Man Solar addition, the UFM Woodshop offers a fully equipped work space for those with an interest in woodworking. This facility enables co-op members to work on their own woodworking projects, from simple furniture repair to custom designed coffee tables. The shop, although compact, offers room enough for two people to work simultaneously on their projects, which have included stereo cabinets, end tables, bowls and shelving units.

The shop is fully equipped for the woodworking hobbyist or do-it-yourselfer. Stationary power equipment includes a table saw, radial arm saw, jointer, lathe, and bandsaw. A router, drills, belt sander, skill saw and saber saw form a complement of portable power tools. Of course, a full array of hand tools, as well as a sturdy workbench, is also included. The basic stock of tools was provided by a grant from the Clearinghouse for Community Based Free Standing Educational Institutions. While this grant has been exhausted, the stock of tools in the shop is being constantly upgraded and expanded through Co-op member's fees.

The fees for members are \$20.00 per semester, or \$45.00 per year (12 months). The yearly fee is a great savings over the semester fee and enables co-op members to work on their projects uninterrupted.

Because of safety considerations, the Woodshop is available for use by Woodshop Co-op members only. No one-time use is allowed. Hours when the shop is open to members are from 1pm to 10pm weekdays and 9am to 9pm Saturday and Sunday. Members may reserve 4 hours weekly in the shop. Additional shop time is available on a first-come, first-serve basis.

In addition to individual use, the shop is also used for a wide variety of woodworking classes. (See the Skills Section of the brochure.) If you are interested in offering a woodworking class or demonstration in the Spring or would like to take a course not offered this fall, please contact the Woodshop Coordinator.

The Woodshop Coordinator, in addition to teaching woodworking classes and arranging others, is also available to Co-op members for consultation and help on their projects.

Woodshop Coordinator: Dick Stater

UFM 532-5866 Home 539-9312

Membership Fees: 1 semester	\$20.00
12 months	\$45.00

Hours: 1pm-10-pm, weekdays; 9am-9pm, Saturday and Sunday



Mail In Registration Form

Be sure to register early because limited classes often fill quickly.

(One form per person) Mail-in registrations due Sept 1-12.

Registration

All UFM classes are offered by volunteers. All fee income will be used to help meet UFM operating costs.

(Please Print)		Class #	Sec#	Title	Class Fee
Name _____	Apt.# _____				
Street _____	City _____	1.			
Home Phone _____	Zip _____	2.			
Work Phone _____		3.			
Survey-Please check all that apply		4.			
I am a:		5.			
KSU Student (___ credit hours)		6.			
Student Spouse ___ Ft Riley Personnel		Total class fee*(see costs) _____			
KSU Faculty/Staff ___ Townsperson(nonKSU)		Plus Registration Fee			
Fac/Staff Spouse ___ Rural Riley Co.		Individual - \$2.00			
School Age ___ Handicapped		(see costs)			
Senior Citizen		Check here if senior citizen or disabled _____			
Where did you pick up your catalogue? _____		If KSU student list ID# here _____			
I would like to volunteer my skills in exchange for registration discounts _____		Total Due _____			
I am interested in teaching for UFM _____		IMPORTANT! Please read the refund policy			
I would like to see offered next term _____		*e.g., Sec I or II, etc. if indicated in description.			
UFM - 532-5866					

REGISTRATION DATES

Mail in: Sept 1-12

Walk in: KSU Union--Sept 9-10, 9am-2pm

Public Library--Sept 11, 9am-2pm

Late Registration: Accepted on a Space Available Basis

For More Information: UFM, 532-5866, 1221 Thurston, Manhattan KS

(Additional registration forms are available at the UFM House.)

TO REGISTER BY MAIL:

Fill out the form at right. One form per person.

Total up the class fees as listed in the catalogue. (Material fee, if listed, is paid at class.) Add the registration fee as it applies. (See costs)

Mail your form(s) with your check to: University for Man
1221 Thurston
Manhattan, KS 66506

Receipts and locations will be mailed to you immediately. If the class is full see refund policy. (A stamped, self-addressed envelope would be appreciated)

COSTS:

Registration fee is \$2.00 per person. If you are under 13 and your parent(s) are taking a UFM class, do not pay registration fee. Those teaching or doing volunteer work receive fee discounts.

If you are over 60 or disabled, you are exempt from the registration fee.

If you are a full-time KSU student you are exempt from the registration fee. (An annual SGA allocation supports student participation.)

If you are registering only for Know-How Network classes, you are exempt from the registration fee.

In the brochure when a fee is listed, this is the Class Fee and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

UFM REFUND POLICY:

Please check your calendar before you register for a class. UFM will only give a refund in these instances:

1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.

If you are not satisfied with a UFM teacher or class, please contact the UFM at 532-5866.

DISCOUNTS FOR VOLUNTEERS:

You may work for UFM in exchange for registration discounts. Arrangements will be made on an individual basis. Call UFM, at 532-5866.

Special Children's Discount For Family Participation:

If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

UFM TEACHER CREDIT:

All UFM teachers and volunteers are entitled to fee reductions. If teachers or volunteers desire to register for classes, register through the normal process. Teacher/volunteer credit vouchers will be distributed at the Potluck Gathering or by mail. These can be used for future fee reductions.

RECEIPTS:

After the registration form is processed, you will receive a receipt. This is your proof of payment. UFM will retain a copy.

CLASS LOCATIONS:

When you receive your receipt, the location/s of your class/es will be included.

LIABILITY FORMS:

Participants enrolled in classes with potential safety risks must fill out a UFM liability form at the first class meeting. Class teachers must return them to UFM before the second class meeting.

CLASS TEACHER POTLUCK GATHERING:

Sunday, Sept 13, at 5:30pm at the UFM House, 1221 Thurston. This is a chance for class leaders to receive their enrollment lists, liability forms, and teacher credit discounts, meet other leaders, and hear tips on teaching. Families and friends are welcome.

(Please Print)		Class #	Sec#	Title	Class Fee
Name _____	Apt.# _____				
Street _____	City _____	1.			
Home Phone _____	Zip _____	2.			
Work Phone _____		3.			
Survey-Please check all that apply		4.			
I am a:		5.			
KSU Student (___ credit hours)		6.			
Student Spouse ___ Ft Riley Personnel		Total class fee*(see costs) _____			
KSU Faculty/Staff ___ Townsperson(nonKSU)		Plus Registration Fee			
Fac/Staff Spouse ___ Rural Riley Co.		Individual - \$2.00			
School Age ___ Handicapped		(see costs)			
Senior Citizen		Check here if senior citizen or disabled _____			
Where did you pick up your catalogue? _____		If KSU student list ID# here _____			
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