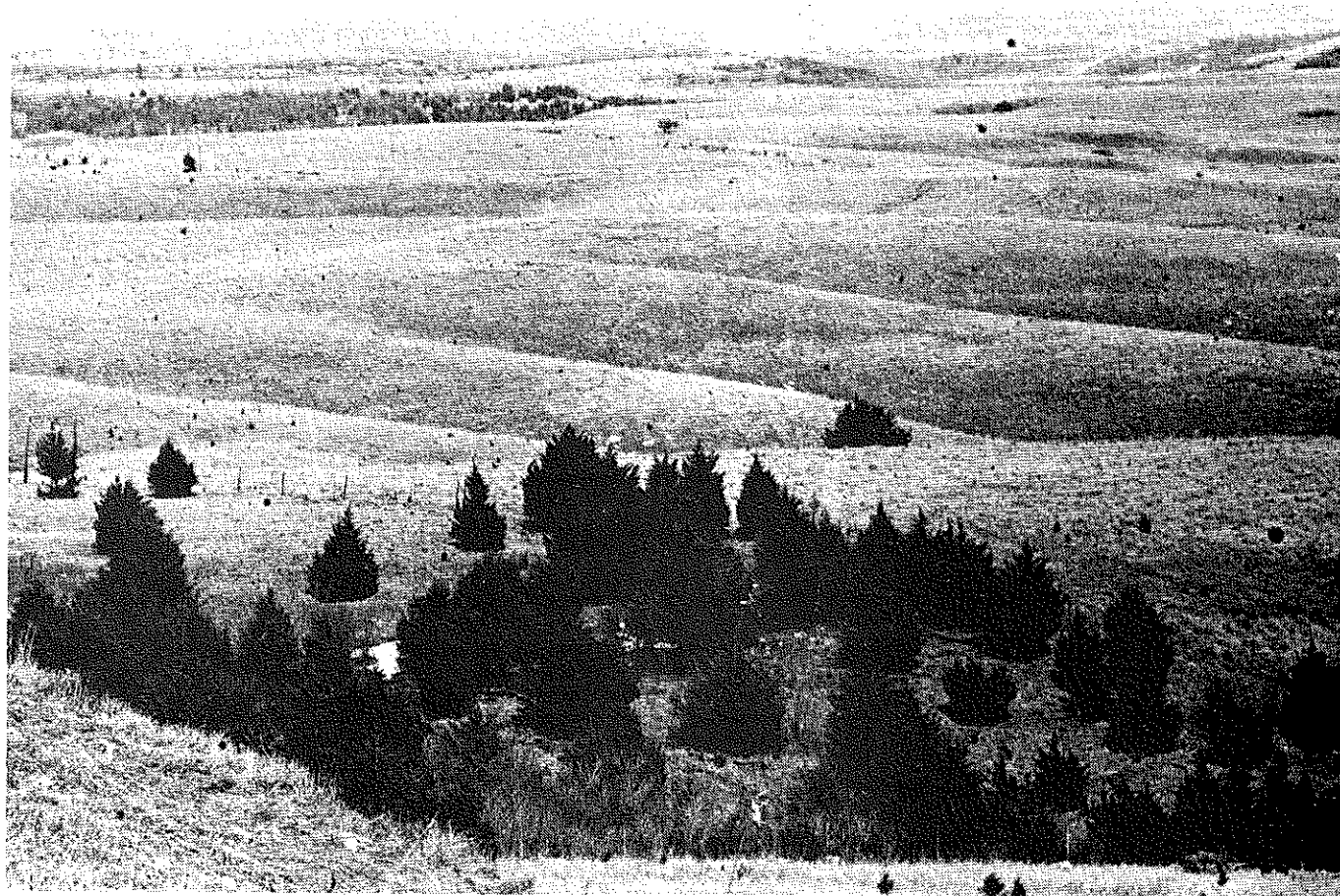


**UNIVERSITY FOR MAN
SUMMER 1979**

SUMMERTIME IN THE FLINTHILLS



With the coming of summer in the Flint Hills, we leave behind cold Kansas winds and icicles, and look forward to a vast array of activities in which we as Flint Hills residents can participate over the coming months. Some are organized, some are self-inspired, but whatever the climate summertime in the Flint Hills can be an enjoyable time. Kansas, in particular the Flint Hills area, can be regarded as a place with something for everyone, and we at UFM feel that with the energy shortage here to stay, we will put our collective energies together to make a summer in the Flint Hills a more pleasant experience than ever before for both us as individuals and for the environment in which we live. The Flint Hills, with their rolling plains, blue skies, and sometimes gentle breezes, offer us Pillsbury Crossing, the May Day Springs, numerous rivers and ponds, and of course Tuttle Creek Reservoir. Sailing, fishing, swimming, or just a relaxing picnic in one of its many coves, Tuttle Creek can in itself be a summer's worth of activities and memories. And nothing can be more pleasant than a canoe ride across the lake to watch the sun set over the hills.

If the history of the Flint Hills and the people who put their energy into the settlement of this area are of interest to you, a list of places to visit is available at the Manhattan Chamber of Commerce in the publication "A Guide to Manhattan," which was a supplement to the Manhattan Mercury last fall.

And while you're traveling around admiring the limestone buildings of the Flint Hills, travel slowly so you don't miss the wildflowers in the prairie, the cows in the pasture, wheat fields in the waving, and the windmills turning. They in themselves will make a short trip from Manhattan most memorable. As for activities within Manhattan, there is a host of organizations planning summer activities in which anyone can get involved. OMNA, the League of Women Voters, FUN Runs, the NAACP, and the Farmer's Market (originally a UFM class) are but a few of the organizations that will be in full swing this summer. And of course the Manhattan Public Library will have its doors open for people to enjoy self-directed learning on any topic imaginable.

UFM, too, will offer about 200 classes for the Flint Hills community this summer. All are free of tuition and grades. Whether it's a camping trip, a tennis lesson, an edible plants class, outdoor cooking, or a new and inexpensive way to cut down on energy costs this summer and next winter, UFM, through the cooperation of so many volunteer teachers, again welcomes you to a summer of learning and fun. Take a few minutes and thumb through the brochure. We're sure you'll find something to make your summer in the Flint Hills a little more enjoyable.

SUMMER 1979

Welcome to UFM's array of summer classes! There are both old favorites and exciting new offerings, and hopefully, among the variety of classes reflecting the broad scope of UFM, there is something just right for you. Of course, we must thank the people in our community who volunteer their time, energy, and sometimes dollars to help keep UFM going. Without these generous friends, we probably wouldn't be here. UFM receives funding from the KSU Division of Continuing Education, the KSU Student Governing Association, the United Way of Riley County, the Department of Human Resources--CETA, the Fund for the Improvement of Postsecondary Education, the National Science Foundation, the Clearinghouse for Community Based Free Standing Educational Institutions, the Kansas Office of Social and Rehabilitation Services, the Kansas Committee for the Humanities, and the Kansas Arts Commission (a state agency) and the National Endowment for the Arts (a federal agency).

During our recent fundraising drive, we published lists of "Financial Friends" who helped support our building fund. Starting this fall, we will begin a once-yearly listing of our major financial supporters who have made contributions since the last listing. Thanks to the above groups and all who contribute to UFM as a non-profit, tax-exempt organization, we are thriving. But our new building is not complete. We still have needs and we can still use your help. Many thanks for your continued support.

UFM Staff



UFM STAFF...Back Row: Jim Killacky, Alan Edgar, Debbie King, Joe Rippetoe, Dave Ayers, Melody Williams; Middle Row: Jane Barnes, Marty Hartford, Susan Gunnill, Sue Maes, Julie and Jason Coates; Front Row: Pam Warren, Julie Govert, Britt Axelson, Tom Hollinberger, Chris Gegan.
Those not present: Bill Draves, Doug Walter, Doug Selby

Lori Carlson Memorial Fund

Lori Carlson was a KSU student and one of UFM's pottery teachers. This spring she was killed in an automobile accident. Her family, knowing how many hours of enjoyment UFM had given her, decided to establish a memorial fund through UFM. All of us at UFM sincerely thank the Carlsons for thinking of UFM at such a difficult time. We want not only the Carlson family, but also all the friends of UFM to know that the Lori Carlson Memorial will have a tremendous impact upon improving the UFM Pottery Studio.

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MORE THAN JUST CLASSES

Appropriate Technology

The UFM Appropriate Technology Program, in association with the KSU Department of Architecture, is an information access and technical assistance resource program. We maintain a resource library containing often hard to find literature on solar, wind, and water energy unitization; composting toilets, wood-burning stoves, energy conservation and other liberating alternatives to present technologies. Our staff is interested in helping persons locate resources and develop their ideas about using sustainable, human scale and understandable technologies in their own lives. Contact: Alan Edgar or Doug Walter at 532-5866.

Evening Childcare

UFM Evening Childcare is open Monday through Friday to serve children ages 2½ to 12. To supplement summer school hours and provide childcare services to working parents during the summer, the center will open at 1pm daily beginning June 4 and remain open until 11:30pm. The center, housed in the Blue Valley Methodist Church education building, 835 Church Ave., has received SRS certification and is staffed by experienced, caring adults. The program includes snacks, opportunity for outdoor play, child-directed activities, sleeping facilities, and planned group activities. The center charges an hourly fee based on the number of children per family. Enrollment information may be obtained at the center or at UFM, 532-5866.

Free University Network

VOLUNTEER PUBLICATIONS COORDINATOR NEEDED. Along side UFM's efforts to work throughout the state of Kansas has been the establishment of a national association for free universities and learning networks, The Free University Network, which has been headquartered at UFM for three years.

For the past year, Karen Mehl has served the Free U. Network well as volunteer publications coordinator, and also was instrumental as a volunteer for UFM's World Hunger Conference. Karen will be going to law school this fall, and we thank her for her many contributions.

Applications are now being accepted for the position of volunteer publications coordinator. The work involves five hours a week of work, processing orders and promoting our publications through mass mailings. Applications due June 20, 1979. Call Julie Govert or Bill Draves if you have questions about this valuable opportunity to work with the national association of free universities and learning networks.

Rural Women

This spring and summer UFM is conducting a project in Cherryvale, Iola, Pawnee Rock, Stockton/Plainville, Olsburg, Concordia and Lecompton entitled "Rural Women: Their History, Their Future." Funded by KSU and the Kansas Committee for the Humanities, the project includes a film, a panel of historians, and group discussion on the heritage, roles and values of rural women.

Community Gardens

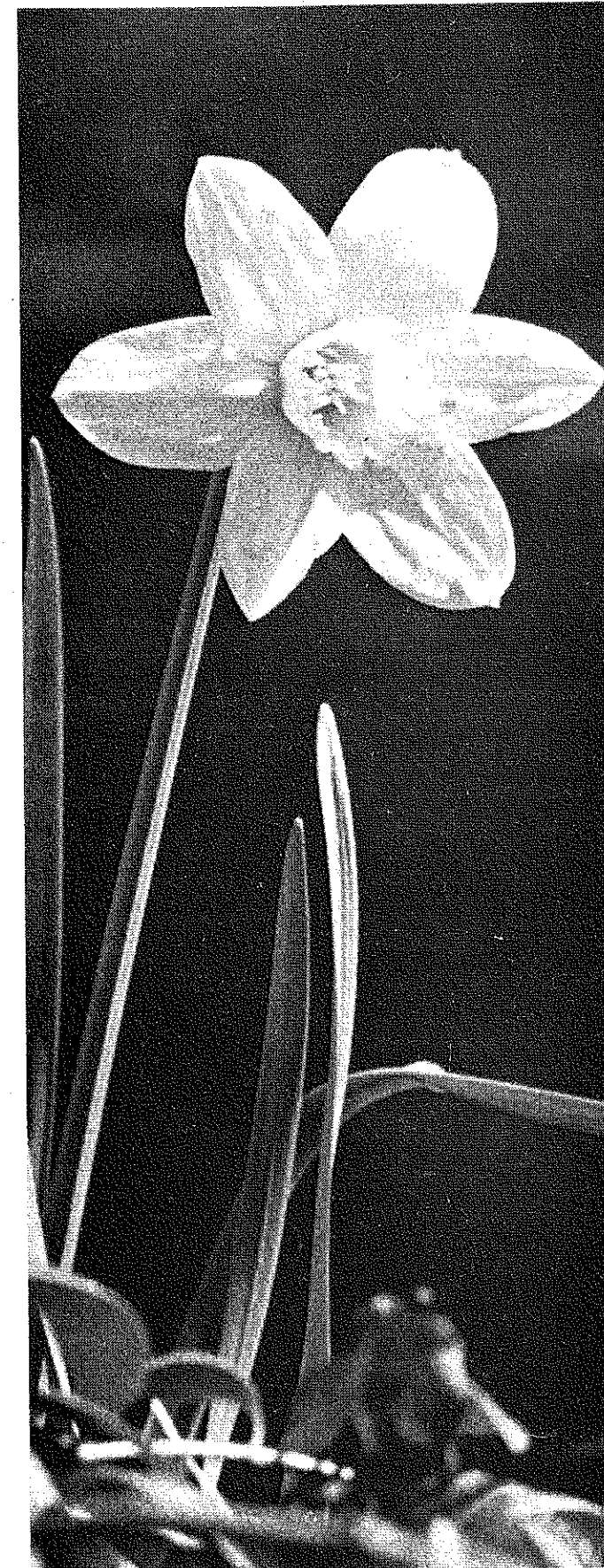
Manhattan Community Gardens, located at 800 Riley Ln, may have plots available from time to time. Fall gardens planted at the end of July or in August do very well, so even if you start late, you can save significantly on your food budget. Water, tools, a lawn mower, and a rototiller are available to assist you, as is the advice of the coordinators and the KSU Horticulture Department.

Informal instruction in gardening, construction and use of an adobe stove as a community cook-out, social events, and an opportunity to can your garden produce are all offered to Community Gardeners. The Community Gardens are made possible by the City of Manhattan, UFM, and the KSU Horticulture Department. Joan Shoemaker, and Bill Hoyt are graduate students in Horticulture at KSU and have worked with cooperative food buying clubs. For more information call: days 532-5866, nights 539-4747 or 776-7426.

State Outreach

The Outreach Program of University for Man will complete its second phase at the end of July. In addition to having a hand in starting over 30 rural free university-community education projects all over the state, we have produced two manuals, many articles and several other publications. We've given a large number of presentations around the state and nation (and two beyond the continent). Perhaps the highlight of this whole adventure to date was the passage of legislation and appropriation of funds by the Kansas Legislature, during the 1979 session, for a bill known as the Community Resource Act. This will enable communities all over Kansas to seek grants for start-up funds for local community resource projects. The passage of the Act is a significant step by the legislature in recognizing the potential of rural free university-community education programs.

In the fall brochure, we will have several new exciting projects and programs to share with you. Meanwhile, do enjoy SUMMERTIME IN THE FLINT HILLS and the offerings contained in this brochure.



Volunteers

Over the years, our gratitude for our volunteer teachers has continued to grow. UFM is, to a great extent, made up of volunteers. Paid staff provide administrative continuity, but most of UFM's activities could not happen without the many volunteer hours that go into them.

As we have grown during the past eleven years, so have our needs for volunteer participation. We particularly need volunteer help for class registration, and we also need, over a longer period, clerical help, help with the lawn maintenance, carpentry, and other jobs requiring skilled workers. If you would like to volunteer for any of the above needs, or something else, call 532-5866. We will talk with you and help match you with a needed job. And again, thank you, everyone, for your many gifts of time.

We are increasing our efforts to develop play areas and outdoor activities at UFM. We now have volleyball poles and a net, but could use horseshoes, croquet and miscellaneous game balls. If you have any outdoor equipment (or outdoor furniture for those who participate by watching) that you'd like to contribute for community use, drop it by the UFM House, 1221 Thurston, or call us and we'll pick it up.

Old Staff, New Staff

As UFM's programs and offerings change so do the faces that bring them together. It's time to welcome new people to UFM and say so long to those who have given so much to UFM while they were on staff.

Two KSU students, Deb King, a social work intern, and Nate Wilkins, a recreation intern, spent their spring placements with us. Deb helped us expand our programs at Manhattan High School. She also did a feasibility study investigating the potential for a daycare center within the high school for young parents wishing to finish school. Nate Wilkins brought Manhattan a Winter Festival in the park and, even though the snow wouldn't pack together for the "best snowperson in town" contest, a fun time was enjoyed by all. The best of luck to you both and thanks for your help.

Crystal O'Briant joined our staff two years ago while still in high school. She did many behind the scenes tasks like develop a master community resource file system so the staff could locate past and potential class leaders. She has left us to begin a family, and, while pasting this brochure together, we learned that Candy Lynn was born. Our congratulations to Joe and Crystal Sapp!

A grant from the Kansas Committee for the Humanities made possible the project "Rural Women: Their History, Their Future." It also enabled Sherri Grimm to join the staff.

Bringing organizing tales from Peace Corps days in the Solomon Islands, Susan Gunnill is on board along with Pam Warren, a KSU student with special interest in student programming.

A special hello goes to Jason Coates, the newest and youngest member of UFM. Jason is the new born son of Julie and Gary Coates. Jason is assured of a new and fascinating life around UFM.



COMMUNITY for questions about Community, call Susan Gunnill at 532-5866.

WHAT DO YOU DO WITH A SLIGHTLY USED CASTLE ANYWAY?

Tom Hollinberger 776-1505
Lori Bergen

Tuesday, 7:30pm
One time, June 26
Location: Front of Nichols Gym (inside Calvin Hall, Rm 102, if weather's bad)

Nichols Gym has been in the news a lot lately. If you missed the action in late April, it is not too late. This introductory meeting will update the class about activities surrounding the attempt to save "the Castle." Interested individuals will continue to meet throughout the summer. (Tom and Lori are leaders of the CASTLE CRUSADE, the committee to save Nichols Gym.)

WHEELS FOR MANHATTAN?

City Planning Office 537-0056

One time, to be announced
Location: City Hall
Limit: 50

The City Planning Office will sponsor a Cable Televised Mass Transit Update this summer. The city of Manhattan is currently engaged in a study of the transportation needs of our community. The consulting firm of Wilbur, Smith and Associates from Denver, Colorado, charged with examining this question, will explain the transportation topics they are studying and will receive citizen input on the transportation needs of Manhattan community members. For those unable to attend, phone-in comments and questions will be accepted.

OLDER MANHATTAN NEIGHBORHOODS ASSOCIATION (OMNA)

Richard Leiker 537-2217

Sign up at registration and you will be contacted.
Length: Continuing

OMNA is dedicated to the preservation and enhancement of the older areas of the city as a sound residential and commercial community. The group has been a strong supporter of downtown redevelopment and will follow that issue closely this summer. We are also developing programs to encourage beautification and rehabilitation of older homes, both owner-occupied and rentals. (Richard is the President of OMNA.)

HOSPICE CARE

Barbara Carakostas and friends 539-5341

Tuesday, 7pm
One time, July 17
Location: Manhattan Public Library
Juliette & Poyntz

Historically, a Hospice was a place where travelers or pilgrims in the Middle Ages could receive hospitality and care as they journeyed. Today, Hospice has come to mean a place dedicated to providing comfort, support, and dignity for those who are dying. This class will consider the history of Hospice movement today, a progress report of the Manhattan, Kansas Hospice, and a report by Pastor David Nelson on his recent visit to the Hospice, Inc. in New Haven, Conn. (Dr. George Bascom, Joyce Delehanty, Pastor David Nelson, and Barbara Carakostas are steering committee members for the Manhattan Hospice.)

Legal Series

Thanks to the cooperation of several local attorneys, UFM is once again able to offer sessions on important legal questions. All classes will be held Mondays at 7:30pm at the UFM Conference Rm, unless specified otherwise. Room size allows only 25 participants so please register for each session you plan to attend.

June 18 Estate Planning 537-9194
Kent Oleen

The estate laws of Kansas are complicated, but a great deal of advantages can be gained by individuals who allow the estate laws to work for them. We will explore estate planning in regard to the distribution of assets, gifts, preparation of a will, trusts, and "dying without a will."

June 25 Divorce 776-9222
Rodney Olsen

This class will discuss the Kansas laws regarding divorce, child custody, support, alimony, and related topics. We will focus upon recent changes in the law, and discuss how these changes may affect the rights of individuals involved in divorce litigation. We will also discuss the rights and obligations of the parties following a divorce decree.

July 9 Legal Research 776-9222
Rodney Olsen

This class will investigate local resources and methods available for doing your own legal investigation and research. We will discuss some advantages and pitfalls in completing your own research. Suggestions regarding independent research methods may help class participants decide what is or is not a "legal problem."

RILEY COUNTY HISTORICAL MUSEUM

Jean Dallas 537-2210

Saturdays, 2pm
First meeting: June 16
Length: 4 times
Location: Riley County Historical Museum
2309 Claflin Rd

The Museum's summer series will be a follow-up to the lecture with slides given in the spring concerning the history of Manhattan. More slides will be presented with special emphasis on viewer feedback to help Museum staff confirm identification of the slides, with less in-depth history. All sessions are free and open to anyone with a special invitation to persons who could help identify slides.

June 16 Early Manhattan with Jean Dallas
June 30 More of Early Manhattan with Jean Dallas
July 14 Early Northern Riley County with Kevin Larson
July 21 Existing buildings in the older area of Manhattan with Linda Glasgow (including discussion of their relation to the Manhattan Historical Survey)

(Jean Dallas is the Director/Curator of the Riley County Historical Museum; Kevin Larson is the President of the Riley County Historical Society; and Linda Glasgow is the Researcher for the Manhattan Historical Survey.)

MIGRANT AND RESIDENT KANSAS FARMWORKERS: WHO AND HOW MANY?

Jim Converse 776-1413

Thursday, 7:30pm
One time, July 26
Location: UFM Conference Room

Who are the Kansas farm workers? How many are migrant or resident? What issues do they face and where are they located? This class will feature Un Pueblo Invisible (An Invisible People), filmed in Southwest Kansas. A summary of available information will be included. We will also correct some misconceptions about Spanish speaking people in Kansas and look into new programs. Bring information or questions you may have. (Jim will be doing research on Western Kansas agricultural and farmworker issues this summer.)

INTRODUCTION TO GENEALOGY

Elaine Olney 539-4512

Tuesday, Thursday, 7pm
Length: 2 times
First meeting: June 19, June 21
Location: KSU, Eisenhower Hall, Rm 225

This class will be a beginner's course in family history. It will include basic procedures for collecting and recording family records, and the importance and availability of public records, including census, vital statistics, probate, land and military records. There will be genealogy sheets for sale at the class. (Elaine is the past president of the Riley County Genealogical Society.)

NAACP CELEBRATES!

James Butler 537-2237

This year marks two important anniversaries and the NAACP invites everyone to participate in the observance of each: the 100th Anniversary of the arrival of the first freed Blacks in Manhattan and the 25th Anniversary of the landmark desegregation case of Brown vs. the Topeka Board of Education. Events will be organized for all. If you are interested in helping plan activities or would like further information, please call James Butler at 537-2237.

DRAFT WATCH (OR HELL NO, WE WON'T GO!)

Phil Althoff 776-1722
Dave Ayers

Monday, 7:30pm
One time, July 9
Location: 1620 Leavenworth

The House Armed Forces Committee on 11 May 1979 approved renewal of Draft Registration by a vote of 30 to 4. Will Congress go along? Will the Draft be reinstated as the next step? Phil and Dave will discuss the history of the draft and its effect during Vietnam. The class will look at how the strategies used to stop the draft can be used now to curb any future reinstatement. Letters to Congressmen, letters to the Editor, and other forms of action will be discussed and pursued. (Phil and Dave didn't go and they don't want YOU to have to go either!)

WHAT IS LA LECHE LEAGUE?

Kay Ring 539-2468
Tracy Hudson 776-7613

Saturday, 10am
One time, June 30
Location: UFM Conference Room

Wondering about breastfeeding or if you should attend a La Leche League series? Come and find out what we're all about. Fathers are welcome at the session, as are, of course, babies. (Kay and Tracy have breastfed their children and have become certified La Leche leaders.)

A HEALTHY ALTERNATIVE TO HIGH-PRICED FOOD

Robin Bauer 1-456-7504

Monday, 7pm
One time, June 18
Location: People's Grocery
811 Colorado

An introduction to the philosophy and structure of the People's Grocery, how and why we participate. For people who know nothing about us and for those who have heard of our existence, but desire more knowledge in cooperative efforts to decrease grocery bills. We will have a tour through the store looking at products, comparing prices, and exchanging ideas. (Robin is a working member of the People's Grocery.)

BOYCOTTS 1979

Phil Althoff 532-6834

Monday, 7:30pm
One time, June 25
Location: 1515 Highland Drive

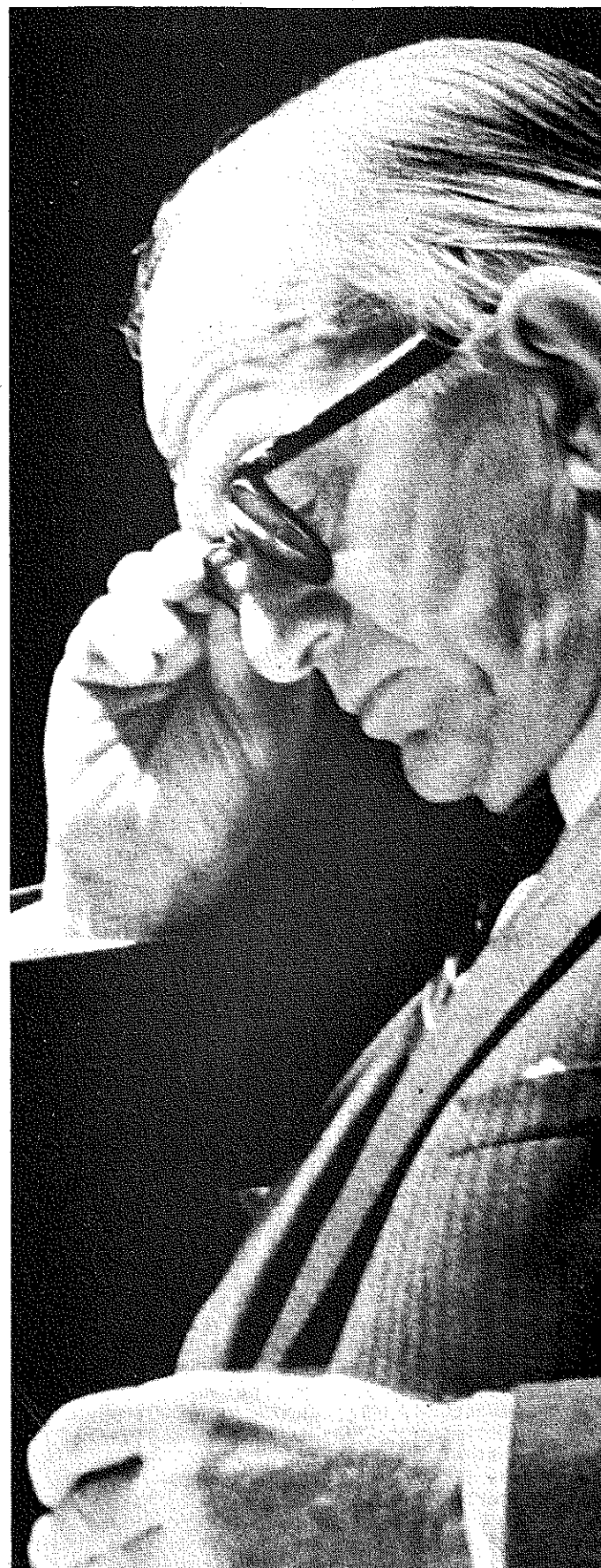
This session will concentrate on the current consumers' boycotts of United Brands (as originated by the United Farm Workers--UFW), Nestle (as originated by the Infant Formula Action Coalition--INFACT), J.P. Stevens (as originated by the Amalgamated Clothing and Textile Workers' Union--ACTWU), Coors (as originated by the AFL-CIO Union Label & Service Trades Department), emphasizing the historical and present role of consumer participation in boycotts in the U.S. If there is group interest, the sessions will continue. (Phil is a Political Science Professor at KSU and has been an activist in many boycotts.)

LEGAL AID COMES TO RILEY/GEARY COUNTY

Val Wachtel 1-233-2068

Tuesday, 7:30pm
One time, June 19
Location: KSU, Union, Rm 206

Having legal problems, but unable to afford lawyer fees? Now legal services will be offered to individuals in the county who might otherwise be denied justice because of inability to have private counsel. Come to this session to find out about Kansas Legal Services, which has recently arrived to offer legal assistance to area people with low incomes. (Val, a Junction City native, is Area Director for Kansas Legal Services. Before working with KLS, Val practiced law in Topeka.)



Aging Series

Please register for each class you plan to attend. We will then be able to contact you for further information if necessary.

STAYING AT HOME - WITH CARE

Nancy Marks 539-1304

Tuesday, 10am-12noon
One time, June 19
Location: Manhattan Public Library
Juliette & Poyntz

Health and social services available in Riley County which allow the older citizen to remain in his/her own home, as long as possible, will be discussed, as well as eligibility and methods of payment for these services. (Nancy is the Director of Riley County Health-Home-maker Services, Inc.)

HEALTH INSURANCE AND THOSE OVER 65

Cathy Butts 776-9294

Thursday, 12:45pm
One time, June 21
Location: Douglass Community Center Annex
901 Yuma

Results of a six month study of the health insurance industry conducted by the House Select Committee on Aging, concluded that many senior citizens are sold worthless or overlapping health insurance policies because they don't understand the kind of coverage they need. The Area Agency on Aging has arranged for representatives from the State Insurance Commissioner's Department to visit Manhattan and explain the type of health insurance senior citizens need, how health insurance should work with Medicare and some of the common pitfalls. For more information on meals and transportation for this day, call Susan Gunnill at UFM. (Cathy is with the Area Agency on Aging.)

DEPARTMENT ON AGING--WHO? WHAT? WHY?

Barbara Sabol

Friday, 2pm
One time, July 27
Location: Douglass Community Center Annex
901 Yuma

We are pleased to announce that Barbara Sabol, Secretary of the Department of Aging, will be coming from Topeka to discuss the functions of this newly formed office. There will be sufficient time for question-answer period, so bring your questions and concerns. Those who need transportation may call ATA Bus to make reservations, the RSVP Bus will be helping out. If you have any questions about transportation, please call Susan Gunnill at UFM.

FREE TAX ASSISTANCE FOR THE ELDERLY

Rhoda Cavett 776-9294

Wednesday, 7pm
One time, July 18
Location: Apartment Towers
300 N 5th
Limit: 20

Come and find out how our VITA volunteers can help you with your Homestead and Food Sales Tax Refund. (Rhoda is the Assistant Director of the Consumer Assistance and Information for the Aging and this is the second year she has been Volunteer Income Tax Assistance Coordinator for the Manhattan Area.)

SORTING THROUGH THE MEDICARE MUDDLE

Marie Deelan 539-4861
Perry Seaton 539-4681

Wednesday, 7pm
One time, June 20
Location: Apartment Towers
300 N 5th
Limit 20

This class will explore the Medicare System in order to help the participants understand the paperwork involved in using the system. The leaders will provide medicare forms for participants to fill out as a practical learning experience. (Marie, of Blue Cross/Blue Shield, and Perry, of the Social Security Administration, are both experienced with helping people work through and solve Medicare problems.)

SING ALONG WITH FRANK

Frank Anneberg 537-9564

Section I: Thursday 12:30pm July 12
Location: Douglass Community Center Annex
901 Yuma

Section II: Wednesday 7pm July 18
Location: Carlson Plaza
425 Pierre

Section III: Friday 7pm July 20
Location: Apartment Towers
300 N 5th

This will be fun! Frank is enthusiastic about leading the sing-a-long. A good voice is not a prerequisite, just bring along your good spirits. (Frank was the Manhattan Recreation Director before retirement.)

SOUTH PACIFIC SLIDE SHOW

Ron Campbell 539-3325
Susan Gunnill

Monday, 7pm
One time, June 25
Location: KSU, International Student Center

"Guadalcanal" have a familiar ring? A battle scene of World War II revisited, 35 years later finds the Solomon Islands a lush, dense, peaceful island country. Ron and Susan will present a slide show and artifacts of the Solomon Islands. They will share anecdotes and traditional stories to give the viewers a feel for the people and places of this newly independent Melanesian country. (Ron and Susan spent two years working in the rural areas of the Solomons as Peace Corp Volunteers and have just recently moved to Manhattan.)

NOW THAT YOU'VE SEEN ONE RURAL VILLAGE...

Jim Converse 776-1413
Jim Killacky 539-9544

Tuesday, 7pm
One time, July 10
Location: UFM Fireplace Room

A lot more is happening in the rural communities of Kansas than people harvesting their milo. A "Rural Renaissance" is occurring in the sunflower state, and we'll take a look at some of the developing communities. Anecdotes, new agricultural programs, educational opportunities, and a glimpse at the future of our state's rural communities will be included in the evening's program. (Jim and Jim will attend the Fourth National Rural America Conference in Washington, D.C. in late June and will report some of the outcomes in this meeting.)

ENERGY SOURCES FOR THE FUTURE

Neil Climenhaga 776-0081
Bill Craig

Wednesday, 7pm
One time, June 27
Location: UFM Fireplace Room
1221 Thurston

What are the alternatives to nuclear power? How will we fuel our civilization? This session will include information and discussion on the following: economics of nuclear systems and economics of alternative systems; nuclear safety; moral implications of using nuclear systems; and a look at alternative energy sources. Bring your thoughts and questions. Sessions will continue if there is enough interest. (Neil and Bill are concerned about the nuclear systems in the U.S. and share an interest in alternative energy sources. They are looking forward to sharing their concerns and information with you.)

SHARING EXPERIENCES-BIG BROTHERS/BIG SISTERS

Tom Hoskins 1-485-2878
Virginia Burcher 776-9575

Tuesday, 7:30pm
One time, July 10
Location: UFM Conference Room
1221 Thurston

Limit: 20

An adventure in...loving, learning, caring, sharing. Join Tom and his wife Janet with their Little Brother and Little Sister on this evening, as they explain the Big Brother/Big Sister Program of Manhattan. Information to prospective Big Brothers and Sisters and interested parents will be provided. (Virginia Burcher is the Director of Big Brothers/Big Sisters. Tom has helped revitalize the program and is interested in sharing his experience with you.)

LIVING-LEARNING SCHOOL 776-7350

The Living-Learning School is an elementary through junior high school which uses an open classroom, non-graded and individualized learning approach with their students. The teaching staff would like to invite you to join in one or more of the following events, located at 1011 Osage.

- June 18 How to include field trips in the curriculum (K-8): With emphasis on environmental studies, we'll discuss where to go, what to do, and how to bring that excitement back to the classroom. Monday, 7:30pm
- June 24 Open House: This will be a time to tour the school and ask questions about the curriculum and discuss your child's needs. Sunday, 2-5pm.
- Volunteer to Actually Work in the Classroom: This is a chance to share your interests and talents with children in the curriculum of the school. Call 776-7350 for more information.

WHAT IS MONTESSORI?

Kathleen Hursh 776-4116, 539-1677

Wednesday, 7:30pm
One time, June 27
Location: Sunwheel Children's Center
503 N 6th

Limit: 20

I would like to share the joys and the magic I feel while working with young children, using some ideas and methods devised by Maria Montessori. We will meet in a pre-school equipped with Montessori materials and talk of the early history of the Montessori approach and its growth, the different areas of the classroom environment, and the purpose of the equipment in the development of the whole child. Slides showing children working in the classroom with Montessori equipment will be shown. (Kathleen has taught children 2½-5 years of age in a Montessori environment for 5 years.)

WORKING AT WORKING-IN THE MANHATTAN AREA

Sharon Wolf Mariampolski 532-6287
Caroline Peine 532-6440

Tuesday, 7-10pm
One time, July 3
Location: 1627 Anderson Ave
Limit: 10

The vast number of highly qualified people and the scarcity of jobs in Manhattan can make a local job search a frustrating and demoralizing experience. At this session we will offer support, brainstorm for solutions, and explore job search methods. (After a years job search, Sharon now works at KSU. Caroline is the Assistant Dean at the Center for Student Development, KSU.)

TEENAGERS--FINDING EMPLOYMENT IN MANHATTAN

Marvin Colbert
Martha Ann Atkins 537-4563
Wednesday, 7pm
One time, July 11
Location: UFM Conference Room

Topics to be covered:

Part I: How to fill out an application, What are Resumes?, Attitude, Appearance, Body Language, Self-Confidence, Manhattan Job Opportunities.

Part II: Communication Skills for a Job Interview-- How to present yourself in a favorable light, Appropriate questions to ask and to be prepared to answer, Review of information about yourself and about the job that is needed to make the best decision for you.

(Marvin has been Work-Study Coordinator at Manhattan High School for 4 years. Martha, a KSU Faculty member in the Speech Department, has taught an interviewing class for 5 years.)

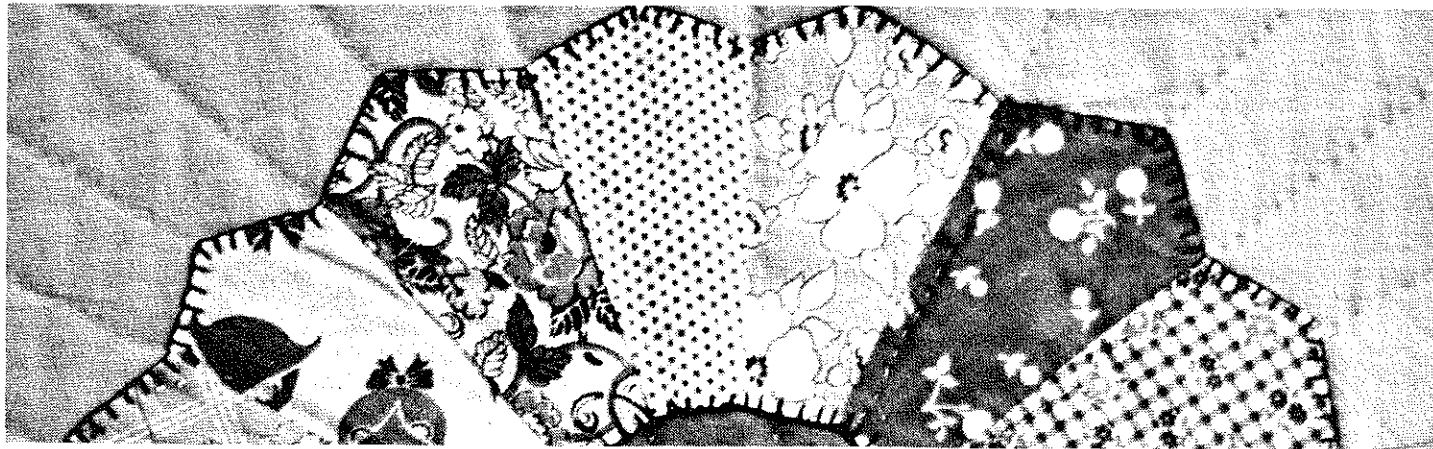
TEENAGE HIDEAWAY

Judy G. Davis 539-6173
JoAnn Shakelford 537-8923

Tuesday, 7:30pm
First meeting: June 19
Length: Continuing
Location: UFM Fireplace Room

This year has seen much discussion about the lack of a gathering place for Manhattan Teenagers. We would like to know how widespread the interest is in this problem, and if there are any answers. Won't you get together with us and share your opinions? (JoAnn is a Counselor at the High School and Judy is the Outreach Worker at the Manhattan Drug Center. Both are parents.)





CRAFTS for questions about Crafts, call Julie Coates at 532-5866.

QUILTING

Rhea Normington
Mildred Nelson

Sign up at registration and you will be contacted

Learn the ancient art of quilting. Rhea and Mildred will have a quilt top stretched on a frame and you are welcome to come and observe or participate in the quilting process. You can then move on to quilting your own pillow tops or bed quilts. If you are interested, sign up at registration and you will be contacted.

(Rhea and Mildred are local quilters who have taught UFM classes before.)

KONZA PRAIRIE QUILTERS GUILD

Gloria Keeton 776-0924

Mondays, 9:30-11:30am

First meeting: June 25

Length: Continuing

Location: First Baptist Church

Membership fee: \$7.50 per year

We meet with the common interest of quilting, sharing ideas, patterns and quilts. Some programs have workshops and guest speakers. Kansas has a rich quilting heritage and we'd like to help preserve it and keep it active. It is not necessary to know how to quilt to belong. Our age span in membership varies from college level to over 80 years.

(Gloria is co-founder and president of the Konza Prairie Quilters' Guild.)

ADVANCED MACRAME

Jan O'Briant 537-9660

Thursdays, 7-9pm

First meeting: June 28

Length: Indefinite

Location: UFM Kitchen

Materials fee: \$2.50, pay at class

This class is for students who already know the basic knots. Each student will pick a project of his/her choice. The class will focus on more difficult projects and learn some of the more advanced knots. Each student should be able to complete at least one advanced project during this class.

(Jan has eight years of macrame experience.)

THE GREAT KITE FESTIVAL

A windy day in summer, a grassy slope, you, and multicolored kites!! Who would like to have a kite festival? If you'd like to help people fabricate kites (all kinds - even ones that have never been seen before), if you know how to get kites off the ground, please let us know so we can have this event.

Sign up at registration and you will be contacted for an organizational meeting.

ROSEMALING (NORWEGIAN PAINTING ON WOOD)

Dorothy Barfoot 539-4064

Tuesdays, 3-5pm

First meeting: June 19

Length: 10 times

Location: Wharton Manor

2101 Claflin Rd

Limit: 6

During part of the first meeting we will discuss what we need to do for our paintings and look at rosemaled objects. I have been to Norway and seen the homes covered with designs from wall to ceiling! Everything got painted to fill those long cold winter evenings. The art came to America with the Scandinavian settlers. Please bring to class oil paints, one wide and one small brush, a rag and a fiber board, 12"x24" painted a dark bright color (navy blue or dark green.)

(Dorothy has studied rosemaled in Norway and plans to have a show of her work.)

CREATIVE WEAVING

Linda Teener 537-0508

Tuesdays, 7pm

First meeting: June 19

Length: 4 times

Location: 1900 Judson

Limit: 6

Come explore handweaving using cardboard, driftwood, hoops, and other nontraditional looms. We'll look at the basic principles of weaving and special techniques for different effects. You will be contacted about materials to bring to the first class.

(Linda has been weaving on nontraditional looms for 6 years.)

SOCK DARNING

Verda Clagett 776-8594

Tuesday, Thursday, 2:30pm

First meeting: June 19, June 21

Length: 2 times

Location: Apartment Towers

300 N 5th

Limit: 10

Socks today are both beautiful and expensive, but even beautiful things become worn. Verda will show you the age-old art of darning those holes in your wool hiking socks or those argyles! Bring a darning needle, a sock with holes, and matching darning cotton or wool. By using the same technique you can mend holes in slacks and sweaters.

(Verda has been darning for 61 years, since she was a young girl.)

CANDLE MAKING

Neil Schanker 539-5766

Gary Busset 776-1470

Monday, 7pm

One time, July 23

Location: UFM Kitchen

Limit: 10

Materials fee: \$1, pay at registration

First we'll discuss the basics of candle making: candle types, waxes, wicks, molds, colors, scents, safety, troubleshooting, and various "tricks of the trade." Then everyone can make their own personalized candles. Bring questions, problems and neat ideas.

(Neil started out making sand candles on beaches and Gary enjoys making whipped-wax candles.)

NATURAL DYES WORKSHOP AND WEAVER'S FANCY

The Manhattan Weavers Guild 537-9610

Susan Lala

Sign up at registration and you will be contacted

Limit: 8

Materials fee: \$4, pay at registration

This is a "Weaver's Fancy" workshop. In a previous meeting yarn will have been 'mordanted' for you. At this meeting you will soak the yarn in tubs of dye, each dye having been made from a native plant. At the end of the day you will have seen what colors come from each plant, and will have a yarn sample of each to take home.

(Weaver's Fancy is a group of weavers who have been getting together to exchange ideas. They welcome new members.)

CRAFTS FROM CZECHOSLOVAKIA

Rose Wahl 1-457-3578

Friday, 7:30pm

One time, June 22

Location: UFM Fireplace Rm

Materials fee: 50¢, pay at registration

This class will consist of a slide presentation of handi-crafts from Czechoslovakia along with examples Rose brought back from her recent trip.

(Rose has taught many Czechoslovakian crafts for the Westmoreland Free University.)

SAND-DRYING FLOWERS

Georgia Becker 537-1987

Sign up at registration and you will be contacted

Length: 2 times

Location: 1331 Pierre

Limit: 10

We will choose flowers from my yard, put them in sand and discuss some of the finer points of flower drying at the first session. At the second session we will remove the sand, view the results and discuss ways of displaying them. Bring a small carton, can or box.

(Georgia has been enjoying her method of preserving flowers in sand for several years.)

UKRAINIAN EGG DECORATION

Elaine Cole 539-2148

Orysia Dawydiak 537-4221

Section I: Tuesday 7:30pm June 26

Section II: Monday 7:30pm July 2

Length: One time, each section

Location: UFM Kitchen

Materials fee: \$1, pay at class

Ukrainian egg decoration, a folk art which developed in eastern Europe, is experiencing a revival in this century as an art form and enjoyable leisure time activity. Intricate, symbolic designs are drawn on eggs with hot wax. When immersed in dye, the waxed areas resist the color. It's fun and the process is simple. Please bring several smooth raw eggs, a candle and candle holder.

(Orysia, of Ukrainian descent, learned the art from her mother. An elderly Czech friend taught Elaine.)

WHITTLING

Ray Ward 537-8472

Tuesday, 7pm

One time, June 19

Location: 3417 Chimney Rock

Limit: 12

Beginners and intermediate welcome. Will cover tools, woods, and methods of carving. Students should bring what knives or sharpening stones they have.

(Ray is a licensed gunsmith with a lot of experience in wood and metal work.)

PACKING CRATE FURNITURE

Dick Stater 539-9312

Wednesdays, 7:30-9:30pm

First meeting: June 27

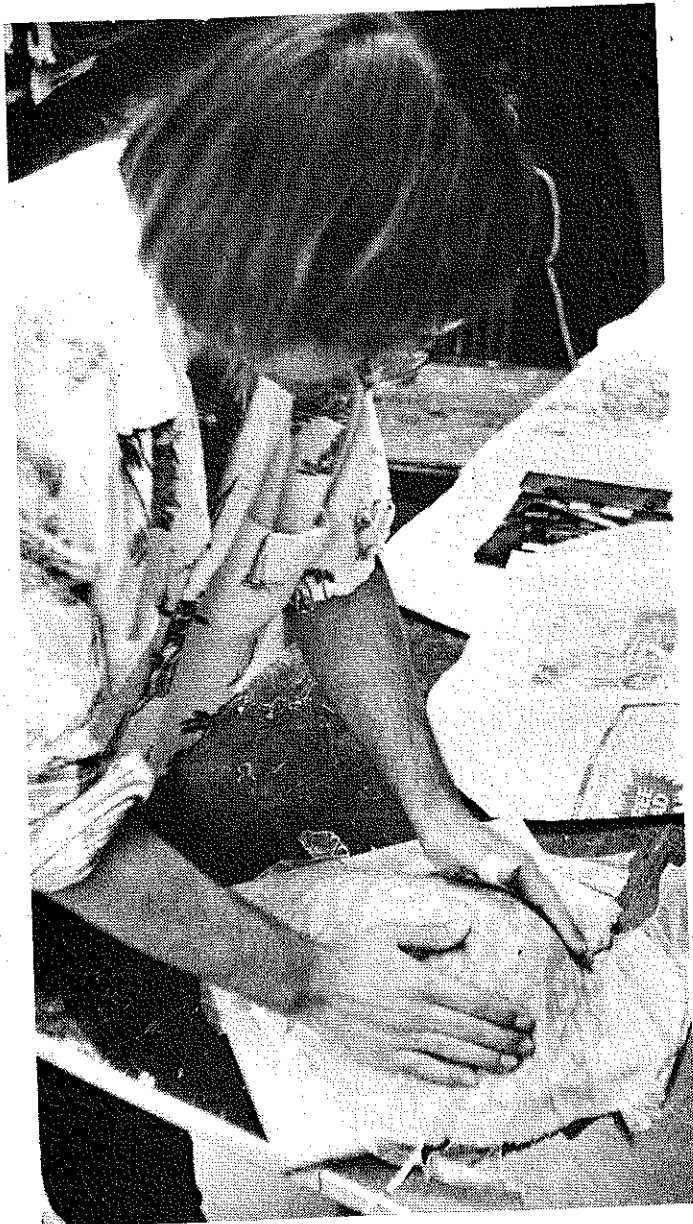
Length: 8 times

Location: RR2, Box 167 (call for directions)

Limit: 4

Participants will design, build and finish a small piece of furniture from scrap wood they will scrounge up. The class will learn general principles of wood-working and the use of basic tools. This class is intended for people with no woodworking experience.

(Dick has been a professional woodworker for 2 years.)



UFM Pottery Studio

Julie Coates

532-5866

Saturday, 10am
 One time, June 16 (Organizational)
 Location: UFM Pottery Studio
 Materials fee: \$15, pay at registration

The UFM Pottery Studio, 1221 Thurston, Basement, is available for people who would like to handbuild or use the wheel on their own. Charges for use of the facilities for four hours a week are \$15 per semester. This fee includes some kiln space but not your clay. Our pottery studio is a cooperative. Members help do the work to keep it clean and running smoothly. If you would like to use the studio please attend the meeting Saturday, June 16 at 10am. I will show you the facilities and the studio guidelines. At this meeting you can sign up for your studio time.

BEGINNING CERAMICS TWO

Mary Scheer

Saturdays, 10:30am
 First meeting: June 23
 Length: Indefinite
 Location: UFM Pottery Studio
 Limit: 6
 Materials fee: \$15, pay at registration

The class will concentrate on the basics of wheel throwing. The class will also emphasize handbuilding techniques. Fee includes 25 lbs. of clay, glaze and kiln firing.
 (Mary is a student and has been working with clay for over a year.)

BEGINNING CERAMICS THREE

Rhonda Pfeifer

776-3445
 776-6323

Tuesdays, 7:30pm
 First meeting: June 19
 Length: Indefinite
 Location: UFM Pottery Studio
 Limit: 8
 Materials fee: \$15, pay at registration

The class will cover the basic techniques of handbuilding and wheel throwing. Rhonda will also give slide presentations and cover glaze application. Fee includes 25 lbs. of clay, glaze and kiln firing.
 (Rhonda is currently a senior working towards her B.F.A. in ceramics.)

CERAMICS: WHEEL THROWING

Rex Carder

537-7007

Wednesdays, 7pm
 First meeting: June 20
 Length: Indefinite
 Location: UFM Pottery Studio
 Limit: 8
 Materials fee: \$15, pay at registration

The class will concentrate on the basics of throwing on the wheel. Individuals interested in ceramics and/or have some experience working with clay are urged to enroll. Fee includes 25 lbs. of clay, glaze and kiln firing.
 (Rex received his B.F.A. in ceramics from KSU. He also was a resident artist in Utah.)

BEGINNING CERAMICS ONE

Miriam Shaheed
 Holly Brickel

537-8576

Mondays, 8pm
 First meeting: June 18
 Length: Indefinite
 Location: UFM Pottery Studio
 Limit: 8
 Materials fee: \$15, pay at registration

We will cover the four basic methods of making pots: pinch, coil, slab and wheel-throwing at the first meeting. The second and third meetings will cover working on a project through one of the previously learned pottery methods. The fourth meeting will center around glazing and completing your project. After completing your project, they will help you with any other projects you would like to work on. Fee includes 25 lbs. of clay, glaze and kiln firing.
 (Holly and Miriam enjoy working with clay and have been doing so for quite a few years.)

FINE ARTS

for questions about Fine arts, call
 Melody Williams at 532-5866.



WATERCOLOR OR OIL PAINTING

Dorothy Barfoot

539-4064

Thursdays, 3-5pm
 First meeting: June 21
 Length: 10 times
 Location: Wharton Manor
 2101 Claflin

Limit: 6

This class is for the beginning and intermediate painter. Participants will have an opportunity to share in the appreciation and enjoyment of painting as a means of self-expression.
 (Dorothy was head of the Art Department at KSU for many years.)

BLACK/WHITE PHOTOGRAPHY

Howard Killough

776-6584

Tuesdays, 7-9pm
 First meeting: June 19
 Length: 4 times
 Location: 234 Ridge Dr
 Limit: 6

This course will include such topics as how the camera works, getting the picture, film developing, and printing. The course may be extended for those wanting work and information in special areas such as the use of filters, compositions, etc. Students will need a camera and film.
 (Howard has worked as a free-lance photographer and has taught a number of UFM courses.)

DEVELOP YOURSELF!

Dan Ray

776-6434

Thursday, 7-10pm
 One time, June 21
 Location: Baugh Photo
 2028½ Tuttle Creek Blvd
 Limit: 10

Participants will be "exposed" to all the information they need to set up their own darkroom for black and white prints. Just think, from film to print in one evening.
 (Dan has been a practicing professional photographer for ten years; he is currently employed at a local photography lab.)

WHAT AN EYE!

Rick McCauley

776-6434

Section I: Wednesday, Friday 7-9pm June 20 & 22
 Section II: Wednesday, Friday 7-9pm July 18 & 20
 Location: Baugh Photo
 2028½ Tuttle Creek Blvd
 Limit: 10 each section

Rick will help new photographers begin to acquire an eye for good pictures, as well as the technical know-how to record them on film.
 (Rick is also employed at a local photography lab and has been a practicing professional photographer for 6 years.)

LET'S DO A PLAY

Samara Adrian 776-6606
 Saturdays, 7pm
 First meeting: June 16
 Length: 6 times
 Location: UFM Fireplace Rm

Frustrated due to lack of theatrical opportunities, experience or even the faintest knowledge of what goes on in producing a play? Consider this a learning experience, or just a great way to make friends and expand your community. We'll start with play selection, costume and set design, auditions, castings and end with an actual production before a real audience. Everyone will do as much as they are able. The whole production should take 6 weeks, with schedules being fit around yours after the first meeting. Please list your age and gender when registering.

DISCO DANCE

Chuck Stratman
 Section I: Saturdays 6-8pm June 23 & 30
 Section II: Saturdays 6-8pm July 7 & 14
 Section III: Saturdays 6-8pm July 21 & 28
 Location: Mother's Worry
 1216 Laramie
 Limit: 30 each section

Tired of sitting? Well shake your groove thing--get up and dance. Learn hustles, linedances and swing dances. No partners are necessary.
 (Chuck learned how to dance at Pogo's in Kansas City.)

STAR TREK

Nancy Gill 539-1262
 Mondays, 7:30pm
 First meeting: June 18
 Length: 3 times
 Location: KSU, Eisenhower Hall, Rm 112

Star Trek will be a discussion class, with topics such as the new movie, recent books, fanzines and, of course, the T.V. show. Of particular interest are the many "themes" expressed in Star Trek. Some science fiction may also be discussed.
 (Nancy belongs to a Manhattan Star Trek group and has been a fan of Star Trek since it first hit T.V.)

ACTING FOR THE NON-ACTOR

Samara Adrian 776-6606
 Wednesday, 7-9:30pm
 One time, June 20
 Location: KSU, Union, Rm 204

Ever wondered if you could act? Do you feel intimidated by auditions, don't know how to get scripts and don't know if you could handle making a fool of yourself? Then this is your class. We'll answer questions, discuss everything from auditions and casting to working with directions, do some pantomime and stage fighting and generally have some fun.
 (Samara has done a little bit of everything related to drama for ten years.)

INTERMEDIATE MIDDLE EASTERN DANCE

JoAnne Dudley (Nahid) 539-5645
 Mondays, 7-8:30pm
 First meeting: June 18
 Length: 10 times
 Location: KSU, Justin Hall, Rm 251
 Limit: 20
 Materials fee: \$1, pay at class

This class is for students with previous belly dance instruction. More time will be devoted to floor work, veil work, zils (finger cymbles) and combinations of steps. We will work on a group dance and students will be given the opportunity to perform if they wish.
 (Nahid is an experienced performer as well as teacher.)

BEGINNING BELLY DANCE

Barbara Smith (Mirhimah) 539-4021
 Wednesdays, 7-8:30pm 539-8162
 First meeting: June 20
 Length: 7 times
 Location: KSU, Justin Hall, Rm 251
 Limit: 20
 Materials fee: \$1, pay at class

Belly dance is excellent exercise and develops one's poise and self-concept. Sources of supplies, costumes, jewelry, records and books will be discussed. Fees cover some beginning supplies for general use.
 (Barbara has performed and taught belly dance for UFM for several years.)

BEGINNING GUITAR

Mike Quinn 537-2617
 Thursdays, 7pm
 First meeting: June 21
 Length: 2 times
 Location: UFM Conference Rm
 Limit: 6

We will learn a few chords, practice them in popular songs, and then advance on to scales. We will play as we learn! After the second session, we'll decide whether and when to continue.
 (Mike has played in rock, folk, jazz and vocal jazz bands.)

INTERMEDIATE GUITAR

Marlesa Roney 539-3575
 Tuesdays, 6-7:30pm
 First meeting: June 19
 Length: 5 times
 Location: Baptist Campus Center
 1801 Anderson
 Limit: 15

This class is for those who know the basic chords and are ready to smooth out their playing. We'll work with different strums, a few picks, and a fancy chord now and then. This will mostly involve learning from each other's experience, so polish up your favorite song, grab your guitar and let's smooth out those rough edges.
 (Marlesa has been playing the guitar for 15 years.)



MUSIC APPRECIATION

Ron Miller 537-7258
 Mondays, 4-5:30pm
 First meeting: June 18
 Length: Indefinite
 Location: UFM Conference Rm

This class is an introduction to the fundamentals of music. Class members will learn not only the basics of note reading, simple theory, and the keyboard for piano (and/or organ), but also will have an opportunity to learn about various types of music and time periods by taking trips and attending concerts of various types. Books may be purchased if desired. Please note on your registration card your preferred day to meet.
 (Ron is a music major at KSU and has been a church organist and choir director.)

MUSICAL INSTRUMENT MAINTENANCE

Chris Banner 776-6562
 Saturday, 10am-12noon
 One time, July 7
 Location: 514 N Juliette

Chris will demonstrate general preventive maintenance for your musical instrument. He will cover techniques for replacing strings, cleaning, and polishing, as well as special needs and peculiarities of each instrument. Please indicate on your registration card what musical instrument you need to maintain.
 (Chris has been an instrument repairman for four years and repairs all University instruments.)

CARE OF KEEPSAKE CLOTHING

Margaret Ordonez 532-6993
 Tuesday, Thursday, 7-9pm
 First meeting: June 26 & 28
 Length: 2 times
 Location: KSU, Justin Hall, Rm 347
 Limit: 20

This class is for people who are concerned about keeping old clothes, table linens, laces, etc., from past generations. Topics include conditions for proper storage, cleaning, repair, and display. Examples from historic costume and textiles collection will be shown.
 (Margaret has a background in historic textiles, historic costume, chemistry and textiles, and has developed an interest in the conservation of old clothing and textiles.)

WOODWIND ENSEMBLE

Jim Shanteau 532-6850
 Wednesdays, 7:30pm
 First meeting: June 20
 Length: Indefinite
 Location: 1516 Wreath

All wind musicians who enjoy ensemble playing are welcome. We play music from baroque to modern. Some music is available, but participants are asked to share any music they may have. We occasionally perform in public.
 (Jim has played for 20 years and has been involved for four years in this group.)



EARTH

for questions about Earth,
call Sue Maes at 532-5866.

FARMERS' MARKET WORK GROUP

Joan Shoemaker
Gary Foster

Saturdays, 11am-1pm
First meeting: June 30
Length: All summer
Location: 3rd & Humboldt (Farmers' Market Site)

A Manhattan Farmers' Market is becoming a reality, and should be in full swing by July. If you are interested in how it and other such markets work, or have ideas to share, join the Manhattan Farmers' Market Commission on Saturdays from 11am-1pm at the Market. Classes will be a combined work party and discussion group. Help decentralize the food system as your part in both alleviating hunger and energy shortages by supporting the market. Information on other aspects of local food self-sufficiency, such as direct marketing, biological farming, crop rotation and diversification, and local people already doing it will also be available. (Joan is in Horticulture Therapy and helped organize the Farmers' Market Study Group. Gary has worked with Farmers' Markets and regional self-sufficiency in Kentucky.)

PLANTS OF KONZA PRAIRIE RESEARCH AREA

Craig Freeman 532-6619
776-1678
Wednesday, 6pm
One time, June 20
Location: KSU, Parking lot south of Ackert Hall
Limit: 20

This class will be a field introduction to some of the plants indigenous to a native tall grass prairie. The classification and natural history of plants as observed in their native habitats will be covered. Wildflower keys are welcome and may prove helpful. (Craig's a KSU graduate student in botany who has actively participated in compiling a species list for the Konza Research Area.)

WILDFLOWERS

Gene Towne 539-0353
Sign up for the section you wish to attend
Section I: Monday 5:30pm June 18
Section II: Monday 5:30pm July 16
Raindates: June 19 & July 17
Location: UFM Parking Lot

Do you love to see the prairie in full bloom and hike among its beauties? Join Gene in a wildflower stroll during which you will witness and learn to identify the natural garden in our prairie. The first hike will view early summer flowering, while the second will see mid-summer flowering. Indicate which hike you will join! (Gene is a research assistant in Range Management and an inquisitive wildflower admirer.)

POTPOURRI AND SACHETS

Dale Anderson 1-494-2540
Wednesday, 7pm
One time, July 18
Location: Herb Patch
6 miles east on Hwy 24

This class will cover the art of drying flowers and the varieties to collect over the summer while flowers are at their peak, for example, roses, zinnias, and marigolds. Sample recipes will be given for bringing new life to your closets and dresser drawers this winter. (Dale grows herbs locally.)

FALL VEGETABLE GARDENING

Bill Hoyt 532-6170
Chuck Marr
Monday, 7pm
One time, July 9
Location: Community Gardens
800 Riley Ln
Rain location: First Presbyterian Church
801 Leavenworth

Yes, vegetables can be grown for fall use and for freezing/canning. Join us in reviewing what to plant and when, and in sharing experiences of fall vegetable gardening. Also, bring your extra seeds for a seed exchange. Literature on fall gardening will be available. (Chuck is a Horticultural Extension Specialist and Bill is a graduate student in the field.)

GARDEN CRITIQUE

Frank Keller 539-8844
Wednesday, 7pm
One time, July 11
(raindate, July 12)
Location: Community Gardens
800 Riley Ln

Have you ever followed the instructions on the seed packet and still found your neighbor's garden looks like the Garden of Eden compared to yours? This class will critique a variety of gardens, giving the participants a chance to observe both good and bad gardening techniques. (Frank is a long-time gardener and a member of the Manhattan Garden Club.)

EDIBLE PLANTS

Spencer Tomb 532-6640
Monday, 5:30pm
One time, July 2
Location: 815 Moro
(rain location, UFM Fireplace Rm)

While there may not be "gold in Kansas hills" there is a vast quantity of food. Come stalk the wilds and learn about the vast variety of meals which can be prepared from a summer harvest in the wilds. Abandoned farmsteads, old fields, stream beds, swampy areas and even vacant lots are the finest foraging sites. Bring wild plants you've collected or any about which you have questions. A hike and short talk will be arranged. (Spencer is a KSU biologist.)

PLANT CUTTING EXCHANGE

Mary Lou Durham 776-0238
Monday, 7pm
One time, July 9
Location: UFM Conference Rm

Have you ever wished you could trade in some of your over-abundant Swedish Ivy for a few African Violets, or for some attractive ground cover? Well, this event is for those of you wishing to exchange the plant of which you have too many for some new ones. Bring healthy plants and cuttings in a container you don't need to have returned. Please label the plants with their botanical names. (Enjoying plants as a hobby, Mary Lou is also president of the African Violet Society in Manhattan.)

ORGANIC PEST CONTROL

Jim Johnson 532-5891
Tuesdays, Thursday, 7:30-9:30pm
First meeting: July 10, 12, 17
Length: 3 times
Location: UFM Banquet Rm

Will garlic really keep the bugs away and will basil deter the tomato horn worms? Want to find out how to reduce your garden pests without persistent chemicals? The sessions will survey the current knowledge of natural or 'organic' pest control, with discussions of folk methods as well as more modern techniques. (Jim is an avid gardener, and has done extensive reading on 'organic' pest control, as well as being an Extension Entomologist at KSU.)

A SELF-SUFFICIENT BACKYARD

Randy Kidd 1-494-2796
Monday, 7:30pm
One time, June 25
Location: Manhattan Public Library
Juliette & Poyntz

You don't need ten acres of land to begin to be self-sufficient. Here's a chance to learn methods to change your urban backyard into a workable, integrated, food producing system. The Farallones Institute Model, which combines rabbits, fruit trees, berry patches, gardens, animal feed crops, chickens, composting toilets, etc. will also be discussed. (Randy is a veterinarian, writes the Manhattan Mercury column, "On the Outside," and has written for Mother Earth News.)

HOW GREEN DOES YOUR GRASS GROW?

Bob Boufford 537-8374
Tuesday, 7pm
One time, June 19
(raindate, June 21)
Location: UFM Outdoor Area

What you've always wanted to know (in a nutshell) about your lawn, but didn't know where to ask! This class will cover mowing, fertilizing, and general lawn maintenance. It provides a good opportunity for the lawn caretaker of your household to learn how to beautify your lawn. (Bob has a degree in Turfgrass Management and has taught Turf Management at Dodge City Community College.)

KANSAS ARCHEOLOGY

Patricia J. O'Brien
Wednesday, 7pm
One time, June 27
Location: Manhattan Public Library
Juliette & Poyntz

This class will discuss the archeological research done by KSU in north-central Kansas, stressing the important sites known of and worked in around Manhattan. A little history of archeology in Kansas will be given too.
(Dr. O'Brien is a professor of Archeology at KSU.)

THE FLINT HILLS REDISCOVERED

Dr. C.P. Walters 532-6724
Thursday, 7pm
One time, July 5
Location: Manhattan Public Library
Juliette & Poyntz

If only these hills could talk...they would tell us, firsthand, of their days beneath the seas, the ice age, and of the Indians who lived in the valley. Did you ever question what caused sink holes, whether diamonds exist north of Tuttle Creek, or pondered the potential for an earthquake in Kansas? Bring your questions about the land where we live.
(A member of the local Audubon Society says, "I learned more about how the Flint Hills area developed from one of Dr. Walter's talks than I did in a whole semester.")

HIKING TRAILS IN KANSAS

Jim Nighswonger 532-5752/537-4763
Monday, 7pm
One time, July 9
Location: UFM Fireplace Rm

We will discuss hiking opportunities in Kansas with reference to developed trails. Topics such as where to hike, what trails exist and what they have to offer, and interpretive trails will be covered.
(Jim has helped design and lay out a number of trails in Kansas. He is a member of the Kansas Trails Council.)

SALT-WATER AQUARIUMS

Barb Parker 537-4157
Tuesdays, 7:30pm
First meeting: June 26
Length: 2-3 times
Location: Spectacular Eyes
411 N 3rd
Limit: 20

Salt-water aquariums are easy to set-up and maintain. We will cover the basic equipment, set-up, water chemistry and nitrogen cycle in the first session, and tank inhabitants, aquascaping and maintenance in the second. Additional sessions will be offered if there is sufficient interest.
(Barb has set-up and maintained several salt water aquariums and presently owns a 30-gallon marine invertebrae tank.)

MANHATTAN SMALL FARM PROJECT

Jim Converse 776-1413
Felix Powers

Wednesdays, 4-6pm
First meeting: June 20
Location: Powers Farm (Green Valley Trailer Ct) go east 2 mi on US 24 then left at Collector's Antiques)

Starting in late February a group was formed to reclaim and develop organically, 10 acres of overused farm land. In just a few short months organic farm experiments with sweet corn, tomatoes, pickles and beans have been started which will produce cash crops. A variety of individual garden plots all also started. In return for helping restore this land to productivity, the group members have worked out a contract to share in the profits gained. Join us.
(Felix has been an organic farmer for some time; Jim is outgrowing 20 years of inorganic farming.)

FRENCH INTENSIVE GARDENING

Bill Hoyt 776-7426
Monday, 7pm
One time, June 18
(raindate, June 19)
Location: Community Gardens
800 Riley Ln

A demonstration will be given on "French Intensive Gardening," a European method used to intensify small garden production. The method stresses organic materials and deeply cultivated soil. Instead of expanding the size of your garden to accommodate more vegetables, this system assigns the allocation of labor into the space you have. The goal is to increase the yield per unit of area in contrast to the American agricultural system which increases production per unit of energy.
(Bill's masters study in horticulture is based on the "French Intensive Gardening Method.")

WOODLOTS: FINDING THEM & WORKING OUT CUTTING/SHARING AGREEMENTS

Duane Gill 539-1262
Jim Converse 776-1413
Wednesday, 7:30pm
One time, July 18
Location: UFM Conference Rm
Materials fee: \$2 handbook, pay at class

Some farmers and rural landowners would, if contacted, be glad to have dead wood removed at no cost. Others want a share in the harvest. The class will cover locating wood, arranging for sharing arrangements, and ongoing maintenance plans. Fall work and cutting for winter means having an early start on planning. Even though its too hot now come and avoid backpacking 3 logs at a time in the deep snow. A woodcutting tool inventory and rent/share arrangements will also be discussed.
(Duane grew up in Iowa and has worked this spring on a woodlot inventory around Manhattan as part of the Farmers' Market study group. Jim builds woodburning adobe stoves.)

WOODSTOVES

David O'Neal 539-3864
Tuesdays, 7pm
First meeting: July 10
Length: 2 times
Location: KSU, Union, Rm 208

In the first meeting, David will help with selection of a wood stove, considering design efficiency, price, cast iron vs. steel, and size of the stove. The second night David will discuss installation of both the stove and the flue-pipe and/or chimney in accordance with fire safety and building code regulations.
(David is owner of a local woodstove store.)

BIRD AND NATURE HIKE

Neil Schanker 539-5766
Saturday, 8am
One time, July 14 (raindate, July 21)
Location: UFM Parking Lot

We'll drive to Pottowatamie County Lake #2, for a leisurely walk. Bird life of the prairie, forest, roadside, and marshy areas will be encountered. Besides identifying plants and animals, we'll observe the area from an ecological viewpoint. The 3-mile walk should take about 2 hours. Bring hiking clothes, binoculars, and your curiosity.
(Neil saw five deer and many bird species one time at Pottowatamie County Lake #2.)



STARS AND MYTHS

Kim Zollman 539-4547
Dean Zollman
Jackie Spears

Tuesdays, 7:30pm
First meeting: July 10
Length: 2 times
Location: KSU, Cardwell Hall, Planetarium
Limit: 40

We will discuss and practice locating constellations of the summer sky. Then, we will discuss some of the myths which are associated with the names of the stars. Included will be myths from other cultures as well as our own. This class is a family affair. Adults will not be admitted unless accompanied by a person under the age of 17.
(Dean and Jackie occasionally teach astronomy and related topics. Kim is an eleven-year-old who is very interested in Greek Mythology.)

HOLOGRAPHY

Suresh Chandra 776-4976

Tuesday, 7pm
One time, July 10
Location: KSU, Cardwell Hall, Rm 317
Limit: 25

Holograms are hard-to-believe, truly three dimensional pictures. The art and science of holography will be presented in a readily comprehensible manner. Holograms are easy to make but require laser light. Different types of holograms will be shown and the uses of holography described.
(Suresh teaches holography at KSU and has done a television program on the subject.)

STRUCTURE OF ATOMS, ATOMIC FISSION AND FUSSION

A.C. Andrews 537-7950

Tuesdays, Wednesdays, Thursdays, 2pm
First meeting: June 19
Length: Indefinite
Location: UFM Conference Rm

To know what went wrong at "3 Mile Island," you need a theoretical background. This class will study the inner particle differences in atoms, properties, particle arrangements and atomic bonding. A brief summary will cover atomic fission and atomic fusion. Instead of a strong mathematical background being required, come with questions to raise on the points presented.
(Dr. Andrews is retired from the Chemistry Department at KSU.)

RELATIVITY -- BEFORE AND AFTER EINSTEIN

Dean Zollman 539-4547

Tuesdays, 7:30pm
First meeting: June 26 & 28
Length: 2 times
Location: KSU, Cardwell Hall, Rm 216

The concepts of relativity is usually associated with Albert Einstein, but many of the ideas were known long before Einstein's work. In the first session we will perform some activities which describe the ideas of relativity prior to Einstein. The second session will involve a discussion of some of Einstein's contributions to the topic. No special knowledge of physics or mathematics is necessary.
(Dean teaches physics at KSU and is particularly interested in teaching physics to people with little math or science background.)

SUNDIALS -- HOW YOU BUILD THEM

Bill Fateley 532-6668

Sign up at registration and you will be contacted
One time
Location: 203 N 4th
Limit: 10

The simple design of a sundial is our topic. Instructions for building sundials on walls, in flower gardens and flag poles will be offered. Several sundials will be exhibited, including an antique sundial similar to the one at Mount Vernon and "The Sound of Noon" alarm sundial.
(Bill teaches chemistry at KSU and is a collector of sundials nationally.)

AMATEUR ASTRONOMY

Charles E. Hathaway 539-3301/532-6786

Thursdays, 8pm
First meeting: July 5
Length: Indefinite
Location: KSU, Cardwell Hall, Rm 143
Limit: 20

Astronomy is one area of science where amateurs historically have made worthwhile contributions. The purpose of this meeting is to locate the amateur astronomers in the Manhattan area, and to discuss what group activities might be mutually beneficial and possible in the future. A report on the summer meeting of the Astronomical Society of the Pacific will be given at this first meeting.
(C.E. Hathaway is head of the department of Physics and lectures astronomy classes.)

FOODS

for questions about Foods, call Julie Govert at 532-5866.



DUTCH OVEN OUTDOOR COOKING

John Selfridge 537-7411
Al Williams 532-5958

Friday, 5:30-6pm; Saturday, 2:30pm-?
First meeting: June 22, June 23
Length: 2 times
Location: UFM House, west porch & outdoor area
Materials fee: To be decided at class

There's nothing quite like cooking in the great outdoors--especially when outdoor menus can include: chicken curry, pineapple upside-down cake and other dishes that have traditionally been confined to the indoors. If you're tired of hamburgers and hot dogs, join us in creating an outdoor banquet using the dutch oven. We will explain the "how to's" and, as a group, plan a menu on Friday afternoon. Each participant with direction, will prepare a portion of the feast.
(Al is an experienced scout leader with outdoor cooking skills "par excellence." John enjoys dutch oven cooking.)

The Greatest Home-made Ice Cream in the World

Toni Mills 539-8736

Sunday, 2:30pm
One time, June 24
Location: City Park Pavilion

Picture the day, a sweltering 102 degrees in the shade, not even the faintest hope of a breeze, and your only refuge is the nearest ice cream vendor. Well, instead of purchasing that all-time favorite, why not crank out your own special ice cream or yogurt recipe and bring it down to enter in the Best Homemade Ice Cream in the World Contest? There will be prizes awarded for the best "scratch" recipe, for the best frozen yogurt and for the best sherbert, plus other activities are being planned that will make this Sunday a memorable one for kids of all ages. So bring yourself and your entry.
(Toni's favorite summer food is ice cream.)

OUT-OF-TOWN

COOKING MORE WITH LESS

Susan Shaw
Edith Funk
Nancy Ohlenbusch

537-2432

Monday, 6-9pm
One time, July 16
Location: UFM Kitchen
Materials fee: \$1, pay at class

Does your food budget money run out before the month does? Three demonstrations that will enable you not only to eat better but also actually consume less of the world's limited food resources will be presented. Our demonstrations are based on Doris Longacre's book *More With Less*, & will center on breads and cereals, vegetables, and how to use less meat by substituting other protein sources. (Susan, Edith and Nancy are homemakers interested in good nutrition and in cooking more with less.)

SMACZNEGO! COOKING POLISH & UKRANIAN

Constance Chickowski

776-8539

Saturdays, 2:30pm
First meeting: June 16
Length: Indefinite
Location: UFM Kitchen
Limit: 12

Class expenses to be divided by participants

Smaczne! means "good eating" in Polish. We will spend the first session discussing Polish and Ukrainian food and culture, and in succeeding classes we will prepare such traditional economical favorites as Borscht (a vegetable soup), Galompki (stuffed cabbage), and Perogi (stuffed boiled dumplings). Smaczengo!

CHINESE COOKING

Mei Lang Hwang

539-4470

Mondays, 8pm
First meeting: June 25
Length: Indefinite
Location: UFM Kitchen
Limit: 15

Have you always wanted to learn how to make delicious stir fried vegetables? Is the new wok that you got for Christmas last year gathering dust simply because you have no idea how to use it? Mei Lang will prepare an assortment of Chinese dishes and discuss ingredients and where to purchase them. Class participants will divide materials expenses between themselves and will decide on the topics and times of future class meetings. (Mei Lang, originally from Taiwan, enjoys cooking Chinese food for her family and friends.)

MILK RUN

Neil Schanker

539-5766

Near Keats is a dairy where you can buy raw milk (and that's including the cream). To save gas and for convenience, Manhattanites have grouped together to form several "milk runs," so that a member only drives once a month instead of every week. If you would like to be a member, call 539-5766. (Neil usually makes butter from his fresh cream, and has been a "milk runner" for over a year.)

HURRY-UP HOMEMADE YEAST BREADS

Cheryl Sales

539-3648

Tuesdays, 6:30pm
First meeting: June 19
Length: 4 times
Location: 1841 College Heights, Apt 10
Limit: 6
Materials fee: \$2, pay at registration

Learn how to make delicious yeast breads - fast! Making the yeast doughs, basic principles of bread-making, functions of ingredients, different ways to shape bread and rolls and use of flavol and other ingredients to hurry-up breadmaking will be discussed. (Cheryl is a foods and nutrition student who loves to bake bread for fun.)

FRUIT LEATHER

Faith S. Kossoy

532-5866

Saturday, 10:30am
One time, June 23
Location: UFM Kitchen
Limit: 15
Materials fee: 25¢, pay at class

Have you ever tasted fruit leather? Faith will demonstrate how to make this delicious, nutritious treat. It's a good snack to carry in your pocket for those unexpected times when hunger strikes. (Faith enjoys teaching her fruit leather classes so much that she can hardly wait to teach it again.)

PIES, PIES, PIES

Martha Cornwell

532-6260

Tuesday, 7-9pm
One time, June 19
Location: 3100 Heritage Ct #93
Limit: 6
Materials fee: \$1.50, pay at registration

Do you quiver at the thought of tackling a home-made pie shell? Be brave and learn some simple recipes and tips for a perfect pie crust every time. Martha will also share some family pie filling recipes plus a super meringue recipe. (Martha's been making pies since she was small under the guidance of her mother and grandmother.)

MEXICAN COOKING: BEYOND THE TACO

Cecilia and Sabino Martinez

537-2853

Monday, 6pm
One time, June 18
Location: UFM Kitchen
Limit: 10
Materials fee: \$2.50, pay at registration

Mole toblano, sopa de arroz y fedeo, tortillas de maiz--these are some of the zesty Mexican dishes that Cecilia and Sabino are anxious to demonstrate and share with those interested in Mexican cuisine. The Martinez' have planned an entire menu which will feature mole toblano (chicken and red gravy), sopa de arroz y fideo (rice and noodle soup), chicharos y zanahorias (peas and carrots), and the versatile tortilla made of corn and wheat flour. Come prepared to participate in "una comida excelente!" (Cecilia and Sabino love to cook traditional Mexican dishes and have enjoyed this activity all their lives.)



BARTENDING

Murray Rosebury

539-2786

Tuesdays, 8pm
First meeting: July 17
Length: 4 times
Location: UFM Kitchen
Limit: 15
Materials fee: \$12, pay at registration

Summer is a fine time for learning a new skill and what could hold more promise than learning the art of bartending? Class sessions will focus on making highballs, fruit drinks including Margaritas, daquiris, mai tai's, ice cream drinks including tumbledweeds, brandy alexanders and pink squirrels, and an introductory course on wines. (Murray's favorite summer drink is gin and tonic. He has tended bar in Denver, Pueblo, and Manhattan.)

THE UNCOCKTAIL PARTY

Linda Teener

532-6432

Thursday, 8pm
One time, June 21
Location: UFM Fireplace Rm
Materials fee: \$2, pay at registration

Having fun at a party doesn't always have to mean alcohol. Some people like to switch from alcohol as the evening wears on; others choose not to drink alcoholic beverages. But there are exciting choices. Come join us in exploring alternative party drinks that taste and look good. We'll sample drinks using ice cream, juices and soda pop. Bring your own favorite recipes and we'll trade.

(Linda is the director of the Alcohol Abuse Prevention Project.)

SWING INTO SUMMER WITH PORK

Charlene Patton
Mike Burns

1-296-3736

Wednesday, 6:30-9:30pm
One time, July 11
Location: UFM Kitchen
Limit: 20
Materials fee: \$2.00, pay at registration

A hog's not all chops, so Charlene and Mike from the State Department of Agriculture will offer some tips on the selection and use of economical, as well as elegant pork cuts. With an eye on nutrition, taste tempting recipes will be prepared, including a feature on microwave cookery. (Charlene and Mike are with the Marketing Division of the Kansas State Board of Agriculture, Topeka.)

Gastronomical Experiences

GASTRONOMICAL EXPERIENCES

The following series of classes covering the finer things in foods, have been organized by Ken Komisar and Dave VanCamp who are students in KSU's Department of Restaurant and Institutional Management. Please sign up for each individual class. If you'd like more information call Ken at 537-9177 or Dave at 776-1318.

ICE SCULPTURE

Saturday, 1pm
One time, June 23
Location: UFM Outdoor Area
Limit: 20
Materials fee: \$1-2, pay at class

Ice sculpture is a little-known chef's art practiced by few and enjoyed by many. We will demonstrate ice sculpture techniques using chisels and a chainsaw. Each participant will have a chance to try their skill on the ice. (Ken and Dave have been practicing this cold art for 3 years within the University and surrounding area.)

FLAMBÉ AND SERVICE SEMINAR

Monday, 7-9pm
One time, July 9
Location: UFM Kitchen
Limit: 20
Materials fee: \$1, pay at registration

Fine dessert flambé and dinner service techniques create the setting for a variety of unique gastronomic experiences. We will discuss how not to get burned with flambé and the essentials of service. Flambéed desserts will be demonstrated and enjoyed by all.

SUPER SALADS AND ALL THAT JAZZ

Monday, 7pm
One time, July 30
Location: UFM Kitchen
Limit: 20
Materials fee: \$1-2, pay at class

A super salad can be as close as your garden or supermarket. We will cover the basics of selection and storage of salad greens and demonstrate some quick and easy garnishing techniques that will jazz up any menu. We think you'll especially enjoy our ideas for relishes. We will end our class by sampling different types of salads.

GETTING TO KNOW HERBS -- AND HOW TO USE THEM

Erica Clayberg 537-1796
 Thursday, 7:30pm
 One time, August 16
 Location: UFM Kitchen
 Limit: 15

How do you make your salads zestier? Your chops tastier? Your meat loaf something to remember? Herbs are an answer and Erica not only will introduce the unenlightened to common herbs, but also will share her favorite herb recipes with the class. In addition, she'll bring different herbs along so that you'll have the chance to see, smell and touch them. If you have your own special herb recipe bring it along to the class.
 (Erica grows her own herbs and is a free-lance caterer.)

MAKING YOUR OWN BABYFOOD

Marty Hartford 532-5866
 Saturday, 1pm
 One time, June 23
 Location: UFM Kitchen
 Limit: 15

Offer your baby good nutrition and save money at the same time by making your own baby food. Come to our class for a discussion on basic nutrition and advantages of homemade baby food, as well as recipes and ideas for fixing nutritious meals for your young child. Bring ideas or recipes that have worked for you.
 (Marty has a 1 year old son and enjoys finding new ways to prepare his food.)

COOKING WITH CHILDREN

Martha Cornwell 532-6260
 Thursday, 7-9pm
 One time, June 21
 Location: 3100 Heritage Ct #93
 Limit: 7
 Materials fee: \$1.50, pay at registration

With your children home for the summer, do you need some new ideas for activities? Why not cook with them? Come learn about creative food experiences for children and resources for finding even more learning activities with food.
 (Martha has a master's in public health nutrition and has worked with day care centers in Wichita.)

CHOCOLATE MOUSSE

Dave Aldis 776-3100
 Saturday, 3pm
 One time, July 14
 Location: UFM Kitchen
 Limit: 20
 Materials fee: 50¢, pay at registration

Needing something for tonight's dessert that is beyond the ordinary? Chocolate Mousse is an exquisitely delicious and elegant dessert that is not difficult to make. Dave will demonstrate this art and the class will enjoy samples of chocolaty extravagance.
 (Dave is a connoisseur of Chocolate Mousse.)

THE JOY OF BREAD

Dana & Harvard Townsend 539-8838
 Saturday, 3:30pm
 One time, July 7
 Location: 3624 Anderson
 Limit: 10
 Materials fee: 50¢, pay at registration

"Bread makes itself, by your kindness, with your help, with imagination running through you, with dough under hand, you are breadmaking itself."
 -- from the Tassajara Bread Book

Sourdough, rye flour, grinding and sponge--we will explore the varied techniques, the role of each ingredient and the kinds of bread. Up to your elbows in a glutenous mass, you will feel the resiliency of bread dough that is alive. We will savor the aroma and ultimately we will sample many variations of homemade bread.
 (Dana and Harvard are bread lovers who have made their own bread for years and are looking forward to teaching this class.)

Food Preservation

The following series of classes will focus on various aspects of food preservation. Places and times are subject to change.

JAMS, JELLIES, PRESERVES AND PICKLES

Cheryl Sales 539-3648
 Karma Overmiller
 Monday, 7:30pm
 One time, July 9
 Location: Sign up at registration and you will be contacted

Cheryl and Karma will demonstrate delicious and inexpensive ways to savor the products from your summer garden or grocery bargains. The principles and techniques of making jams, jellies, pickles and relishes will be demonstrated and discussed.
 (Cheryl and Karma are award-winning food preservationists and are looking forward this class.)

PRESSURE CANNING

Susan Schoenweis 539-5923
 Tuesday, 9:30am
 One time, July 10
 Location: UFM Kitchen

Susan will demonstrate the techniques and methods of preserving non-acidic foods, such as green beans, mushrooms and carrots. Susan will also present how to make her award winning hamburger sauce that her family enjoys on spaghetti and pizza.
 (Susan is an enthusiastic 4-H'er who has won many state and county awards for her food preservation skills.)

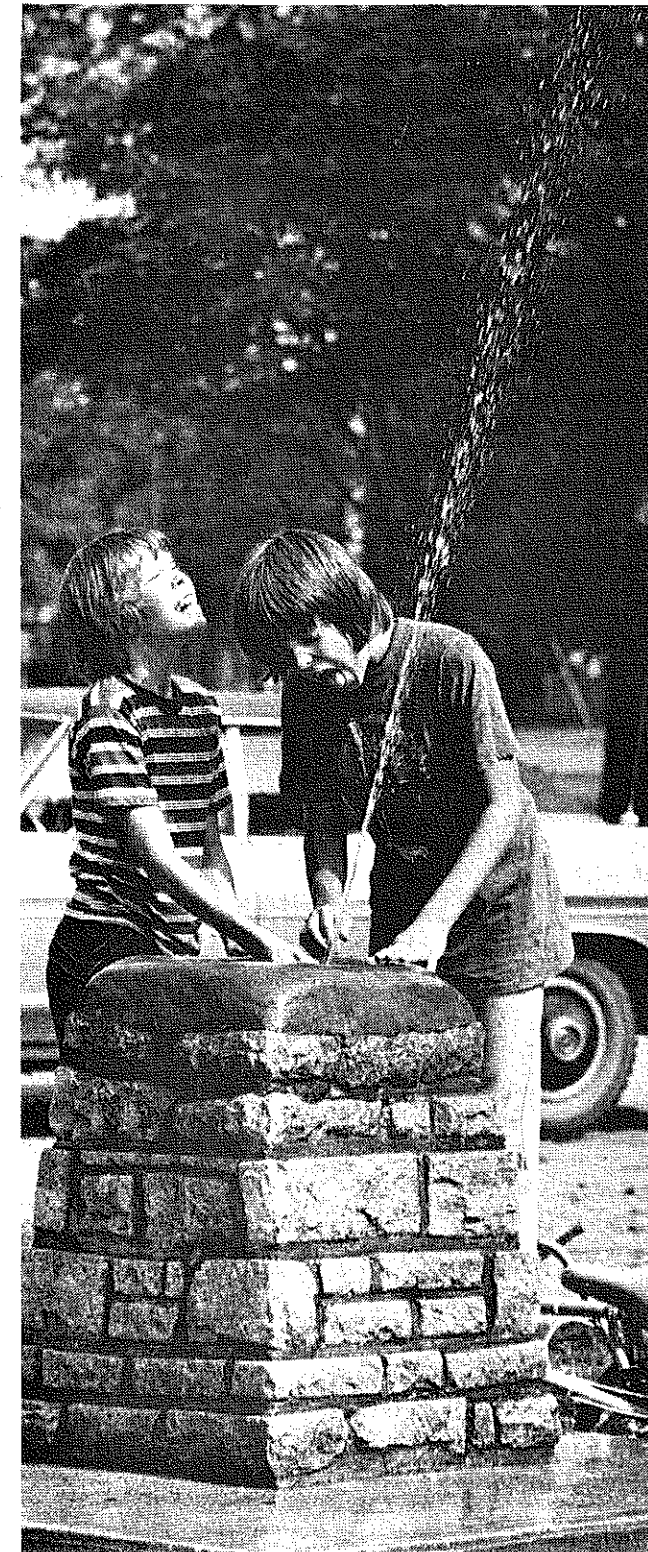
THE WATERBATH METHOD

Kayanne Heinley
 Thursday, 7:30pm
 One time, July 19
 Location: Sign up at registration and you will be contacted

Kayanne will present the basics of this important food preservation method that is used to can foods such as tomatoes and other acidic foods.
 (Kayanne is Riley County's Home Economic agent.)

KID STUFF

for questions about Kids,
 call Jane Barnes at 532-5866.



THE INTERNATIONAL YEAR OF THE CHILD

UFM celebrates with the rest of the world the International Year of the Child. We celebrate the joy, vitality, curiosity and thirst for life and learning children possess, and the hope for the future children represent. The following classes are offered for children to help them celebrate their lives and offer some guidance and direction to the children of Manhattan.

KIDS BEGINNING SWIMMING

Miriam Miller 539-2577
 Saturdays, 10am
 First meeting: June 23
 Length: 7 times
 Location: Douglass Community Center Pool
 901 Yuma
 Limit: 10, ages 5-10

The Douglass Community Center and UFM are offering a morning swim for small people 5-10 years of age. Water safety and basic swimming strokes will be included in the morning activities.
 (Miriam is a qualified Water Safety Instructor and loves working with small people.)

PLAY WITH CLAY

Camille Gontarek 537-9012
 Wednesdays, 4pm
 First meeting: June 27
 Length: 4 times
 Location: UFM Pottery Studio
 Limit: 8, ages 5-9

This class is not one where children will learn hand-building or throwing techniques. Rather, our time will be spent playing games with clay to explore the medium and to discover its many different and unusual properties. We will also use clay as a medium for exploring, discovering and relating to our environment.
 (Camille is a fiber artist who teaches at the Living/Learning School and Manhattan Recreation Commission.)

"LOOK MOM AND DAD, I CAN GROW PEANUTS" II

Dick Mattson 532-6170
 Saturdays, 10am
 First meeting: June 16
 Length: Continuing
 Location: Community Gardens
 9th & Riley Ln

Planting peanuts, watermelon, tomatoes... was begun earlier this spring. Come down and get involved with horticulture students and faculty in planting and caring for luffa sponges and a gourd garden, among other interesting plants. Gardening needs many willing hands, so join the group begun earlier.
 (Dick is a professor in the Horticulture Department at KSU.)

BASICS OF RADIO CONTROL AIRPLANES

Tom Wilkerson 776-5461
Saturdays, 4pm
First meeting: June 23
Length: Indefinite
Location: Tom's Hobbies & Crafts
716 N Manhattan

This class will be an introduction to building radio controlled aircraft plus installation of radio gear and engine mounting. Fathers and sons are welcome to participate in Sunday flying at the Riley County Flying Field.
(Tom is president of the local Radio Control Club and is interested in teaching this hobby to interested people.)

SUMMER TIME CRAFTS FOR KIDS

Rosann Wilkerson 776-5461
Wednesdays, 1pm
First meeting: June 27
Length: 8 times
Location: Tom's Hobbies & Crafts
716 N Manhattan
Limit: 8, ages 9-13

We'll do macrame projects and a big variety of fun crafts during our 8 week class, such as, quilling, stained glass and much more. A list of items needed will be available at the shop on Monday before class starts on Wednesday.
(Rosann has taught crafts classes for UFM before.)

The following classes are sponsored by UFM Evening Childcare and will be held at the center. It is located in the Blue Valley Methodist Church education building, 835 Church Ave., just east of Tuttle Creek Blvd. Children need not be enrolled in the center to participate in these classes.

CELEBRATE WITH SONG AND DANCE!

Nancy Hurd 539-4012
Mondays, 4:30pm
First meeting: June 18
Length: 6 times
Location: UFM Evening Childcare Center
Age 8-10
Materials fee: To be determined at first meeting

The children will be singing, learning some new songs, sharing some favorites, listening to music, learning folk dances from around the world, and playing singing games. Meeting times will vary.
(Nancy is a general music teacher in the Kansas public schools with 15 years of experience.)

CREATIVE DRAMA

Samara Adrian 776-6606
Mondays, 7pm
First meeting: June 18
Length: 3 times
Location: UFM Evening Childcare Center
Ages 2½-6

We will explore creative movement, body and facial expressions, and learn how to use our bodies to tell a story. Using what we learn, we will act out some stories and nursery rhymes.
(Samara, a mother of a pre-school child, is a senior in theatre at KSU and has taught "Acting for the Non-Actor" for UFM many times.)

ACTING OUT

Samara Adrian 776-6606
Mondays, 7pm
First meeting: July 9
Length: 3 times
Location: UFM Evening Childcare Center
Ages 7-12
Materials fee: \$2, pay at class

The 3 sessions will cover stage fighting, make-up and the basics of acting. We will also discuss what theatre is and components of the theatre.

GUIDED AFFECTIVE IMAGERY FOR AGES 5-12

Neil Schanker 539-5766
Thursday, 7pm
One time, June 21
Location: UFM Evening Childcare
Limit: 10, ages 5-12

Using our imaginations we'll take a fantasy voyage through space and time, perhaps to undiscovered dimensions and galaxies. Afterwards, we'll draw pictures of our experience. Bring a blanket and pillow.
(Neil has had many successful G.A.I. sessions with young people and is a teacher at the Living-Learning School.)

ART FOR CHILDREN

Patty Kyle 539-4089
Mondays, 2:30pm
First meeting: June 18
Length: 8 times
Location: UFM Evening Childcare Center
Limit: 10, ages 6-9
Materials fee: \$2, pay at registration

Drawing, painting, printing, sculpture - fun experiences that will enhance the cognitive, aesthetic, emotional and skill development of children ages 6 through 9. Art does do that heavy stuff for kids of all ages!
(Patty has a B.F.A. from KSU and is certified to teach art.)

PUPPET MAKING -- STORIES, TOO

Jane Barnes 537-2641
Barbara McCord 776-1705
Tuesdays, 3pm
First meeting: June 19
Length: 4 times
Location: UFM Evening Childcare Center
Limit: 10, ages 3-6
Materials fee: \$1, pay at registration

Hans the puppet, loves to tell stories and has many to share. He needs children to help him tell them well. The children will help him by making other puppets and using them to tell stories - some old favorites, some new.
(Jane, director of Evening Childcare, taught the class this spring with much help from Barbara, a social work student at KSU.)

CLOWNING AROUND

Susan Bell 776-4244
Margie Reese
Maggie Vining
Wednesdays, 6pm
First meeting: June 20
Length: 4 times
Location: UFM Evening Childcare Center
Limit: 20, age 7-12
Materials fee: \$1, pay at class

This class is for little people who like to be silly. We will learn about clown make-up, juggling, and clowning. And lots of silliness!
(Margie & Maggie are clowning on Cable 6 this summer. All three have been clowns for a long time and all know about silliness.)

These classes have been developed by the children at the Living-Learning School. Consistent with the UFM philosophy that anyone can learn and anyone can teach, the children themselves will teach the classes.

MAKING YARN DOLLS

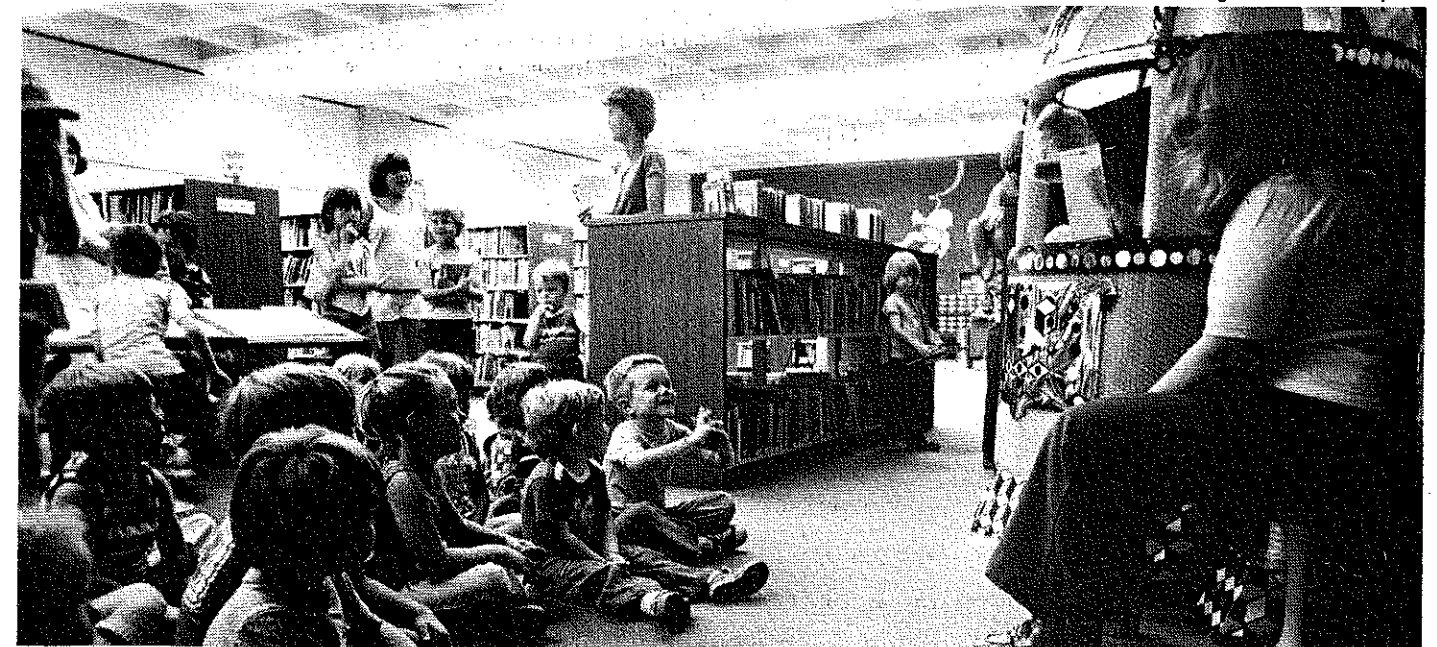
Shala Schremmer 776-7350
Monday, 7pm
One time, June 18
Location: UFM Evening Childcare Center
Limit: 6, ages 5-8
Bring a skein of yarn and we'll make dolls.
(Shala is 8 years old and knows about yarn dolls.)

MAKING FRENCH TOAST

John Grimm 776-7350
Wednesday, 1pm
One time, June 20
Location: UFM Kitchen
Limit: 6, ages 5-8
Come make, then eat, your own French toast.
(John is 7 years old and loves to make French toast.)

DOG CLASSES FOR CHILDREN

Jess Grosser 776-7350
Tuesdays, Thursdays, 7:30pm
First meeting: June 19
Length: 4 times
Location: UFM Outside Area
Limit: 6, under 9 years of age
Bring your dog (only one per child), a choke chain and a leash, and Jess will teach your dog to sit, heel, stay, down, come, and do some retrieving.
(Jess is 7 years old and a local dog enthusiast.)



PLAY for questions about Play, call Dave Ayers at 532-5866.



SAILING: WIND POWERED BOATING

Michael Chejlava 537-1408
Tuesday, 7pm
One time, July 10
Location: KSU, Union, Rm 205
Limit: 20

This class will provide an introduction to sailing, including how to get started in sailing. Private lessons will be provided for boat owners. Members of the Blue Valley Yacht Club will take interested class members on introductory cruises. (Michael has been sailing and racing for two years and is secretary of the Blue Valley Yacht Club.)

DOWN-RIVER CANOEING

Dean Wilson 539-8467/532-6281
Wednesday, 7:30pm
One time, June 27
Location: KSU, Union, Rm 206

Nothing quite compares to a leisurely trip down one of Kansas' many public rivers with only a canoe and paddle. We'll discuss some of the possible canoe trips available in our great state, the different types of canoes available, and the techniques needed to have an enjoyable yet safe time. If people are interested we will organize a canoe trip for members of the class. (Dean is a member of KCA and has taught for UFM in the past.)

BEGINNING GOLF

Brian Silcott 539-1041

Sign up for the session you wish to attend
Session I: Tuesdays 7pm June 19 & 26
Session II: Tuesdays 7pm July 10 & 17
Location: Stagg Hill Golf Course
West Hwy 18

Limit: 12

Through the cooperation of the Stagg Hill Golf Course a beginning golf class is being offered this summer by UFM. The basic fundamentals: grips, strokes, stance, driving, chipping and putting will be included in this golf clinic. Please bring your own clubs if possible, and a small fee will be charged for use of balls. (Brian is the golf instructor at the Stagg Hill Golf Course.)

AFTERNOON BASKETBALL

Howard Barnes 537-2641

Sign up at registration and you will be contacted.
Limit: 10

This class is designed for those who have a desire to play basketball without the fast pace. It is mainly for people who are out of shape and love basketball, low-key competition and a way to get some exercise while having fun. (Howard played this winter and is looking forward to playing outdoors this summer.)

SOCCER IN MANHATTAN

Charlie Hedgcoth 539-4760
Clay Ross 532-6162
Lyman Baker

Wednesdays, 7pm
First meeting: June 20
Length: 2 times
Location: KSU, Union, Rm 208

The world's most popular sport, soccer, is undergoing rapid growth in Manhattan, as well as in most of the U.S. There are now a number of local soccer teams that play competitively. This class will explain the popularity of soccer, the benefits to youths and adults, what the game is all about, and how you can get involved. The class is for all ages with an interest in soccer. (Clay and Lyman formed the youth league soccer team last fall and Charlie is a local referee.)

BEGINNING TENNIS

Dick Miller 539-2577
Marlesa Roney 539-3575

Sundays, 8am
First meeting: June 17
Length: 7 times
Location: KSU, Washburn Complex, Tennis Courts
Limit: 12
Rental fee: \$1, pay at registration

You have to start somewhere, so why not at the very beginning? Skills to be learned include the forehand, serve, volley, lob and smash. Also included in this class will be scoring, playing strategy, and fun. Bring your tennis rackets and a can of balls. (Dick has taught tennis before and wants to pass his skills on to others.)

DIAL-A-PARTNER

Monday, 5pm
One time, June 18
Location: UFM Front Porch

You may be all grown up, but do you still "never have anybody to play with?" Whether it's monopoly, poker, caroms, chess, crazy eights, bridge, or new games, it takes (at least) two to tango. We would like to do some "match-making" to help people with similar interests find each other. At registration, sign up for Dial-A-Partner and indicate the game you're interested in (not limited to those above), when you'd like to play it, and your playing ability. Also, if you're interested in organizing one of these play groups, please indicate. After registration, lists of possible playing partners will be distributed and you're on your own to set up playing times. Remember, the people that play together, stay together.

TENNIS FOR FUN

Dave Ayers 776-1722

Monday, 5pm
One time, June 18
Location: UFM Front Porch

This is an opportunity for you to get to know some new faces in the sport. Sign up and give your name, address, phone number, skill level (e.g., beginner, intermediate, advanced) and a time you'll be available to get in a few games. We'll compile this list and distribute it at the time given above. Be prepared to be on your own after the first meeting. (Dave is a member of the UFM staff.)

ADVANCED TENNIS

Dick Miller 539-2577
Mary McElroy 532-6765

Sundays, 9am
First meeting: June 17
Length: 7 times
Location: KSU, Washburn Complex, Tennis Courts
Limit: 12
Rental fee: \$1, pay at registration

If it seems like you've reached a limit on your ability to play tennis and would like to sharpen up your skills, join us on Sunday mornings and pick up a few pointers. Dick will work individually with each class participant to help them improve the areas of the tennis game with which they feel they need help.

RACKETBALL FOR FUN

Dave Ayers 776-1722

Monday, 5pm
One time, June 18
Location: UFM Front Porch

This is an opportunity for you to get some challenging experience, and to meet new faces in the sport. Sign up and give your name, address, phone number, skill level (e.g., beginner, intermediate, advanced) and a time you'd be available to get in a few games. We'll compile this list and distribute it at the time given above. (Dave enjoys a good game of racketball.)



VOLLEYBALL, PICNICS, FREE FILMS & FRUIT SALAD EXTRAVAGANZA

Lois, Bill, Dave, Susan and maybe Roy 539-1956/539-8867
 Fridays, 6:30pm
 First meeting: June 22
 Length: Indefinite
 Location: UFM Outdoor Area

Well folks, here's your chance to do almost anything your little heart desires. We'll play a little non-competitive volleyball, share some excellent homemade vittles, and play kids' games adults have always wanted to play. The only prerequisites are a good imagination and a need to wind down after a long week of work. Please bring a potluck dish if you plan to participate in the potluck dinner.

We'll also see some of the top box office attractions of this season which include:
 Time Warp, Old Africa, Dusty Egypt and Mysterious Stonehenge;
 Islands for the Landlocked, Samoa, Japan, Vancouver, Bali and the Caribbean; and
 Ripe Chuckles, Groucho Marx, Buster Keaton, Charlie Chaplin and W.C. Fields.

Films from each of these three areas will be shown around sunset. Bill suggests everyone bring fruit to be tossed together for fruit salad--film watching--munching. Bring your 'squitoe balm, blankets, and treats!
 (All the class leaders are a little crazy, and they are excited about having a good time on Friday evenings this summer.)

CO-REC VOLLEYBALL

Lois Morales 539-8867
 Doug Walter
 Tuesdays, 6:30pm
 First meeting: June 19
 Length: Indefinite
 Location: UFM Basketball Court
 Equipment fee: \$1, pay at registration

Low-key competition volleyball is a fantastic way to get some exercise while having a great time. Everyone is welcome, from four-foot beginners to nine-foot power players. If enough people are interested, we'll start a league.
 (Doug and Lois both had a good time playing volleyball last summer.)

OUTING CLUB

John Held 539-0216
 Wednesdays, 7:30pm
 First meeting: June 20
 Length: Indefinite
 Location: KSU, Union, Rm 205

This is a class for those who enjoy the outdoors or would like to learn new skills. Activities range from camping and hiking to parachuting and sailing. Everybody is welcome and especially people who already have some special skills. Please come and give us a few lessons.
 (John went through boy scouts as a kid and still enjoys the outdoors.)

UFM -- RUNNERS WORLD FUN RUNS

Randy and Sue Kidd 1-494-2796
 Sunday, 4pm
 One time, June 24
 Location: UFM Conference Rm

We would like to revive the UFM-Runners' World Fun Runs but need additional people to act as coordinators. If you are a jogger or fun runner (beginner or advanced) and would be willing to help organize, please come. We propose to revive the 2-5 mile runs on the first and third Saturdays of every month at 8:30am at the old KSU Stadium.
 (Sue and Randy are overworked runners.)

RUNNING

Guy Smith 776-5378
 Thursdays, 7-9pm
 Length: Indefinite
 First meeting: June 21
 Location: UFM Banquet Rm

This is a class to help people determine how fast, how far, and how often they should jog or run. For those who get "hooked," we will offer tips on how to graduate from jogging to running and racing. We'll also include information on buying shoes, warm up exercises and how to avoid injuries. This class will begin with one class session and then a series of track training sessions. Those over forty should be examined by a physician in order to participate in the track training session.
 (Guy is an M.D., has been running for three years, and is into using running as therapy.)

EFFECTIVE CYCLING

Rich Summerhill 539-6796
 Tom Muenzenberger
 Saturdays, 9am
 First meeting: June 16
 Length: Indefinite
 Location: UFM Front Porch

This course is intended for those who wish to develop their ability to cover distances rapidly on a bicycle, whether for high-speed touring or racing. The major activity will be group rides for training purposes, but several small racing events will be included. No special bicycle or equipment will be required.
 (Rick and Tom are active in bicycle racing and are members of the Bluemont Bicycle Club in Manhattan.)

HOOK, LINE & SINKER

Jerry Dishman 539-0211
 Paul Miller
 Tuesday, 7-10pm
 One time, June 26
 Location: KSU, Union, Rm 205

Whether it's bass, crappie, or catfish, the lakes, ponds, and streams of Kansas offer great amounts of fun and good eating to people who know what they're doing. Jerry will visit with us about where to fish, how to fish for different species of fish, and the use of different tackle. Paul will describe local fishing laws and boating regulations.
 (Jerry is an expert fisherman and has taught for UFM in past years. Paul is the local game protector.)

LUV THOSE ROYALS

Pam Warren 537-0851
 Cliff Schuette
 Monday, 7:30pm
 First meeting: June 18
 Length: One planning meeting & one game
 Location: UFM Fireplace Rm

For the first time, UFM is coordinating a trip to see the next world champions of baseball - the Kansas City Royals. Hopefully the cost of the trip, including tickets, dinner before the game, and transportation will be under \$10. At the planning meeting we'll discuss the details: what game to attend, where to go for dinner, and who will furnish the transportation. Attendance at the planning meeting is not required but is recommended.
 (Pam and Cliff are Royals fans and are looking forward to the game.)

TAKE ME OUT TO THE BALL GAME: BASEBALL SIMULATION GAME

Bill Felber 537-1302
 Wednesdays, 7:30pm
 First meeting: June 27
 Length: Indefinite
 Location: 725 Moro
 Limit: 8

Did you ever wonder what the results of a baseball game between the 1927 Yankees and the 1964 Cardinals would be? We'll get together at class participants' homes on a rotating basis and play simulation games throughout the summer, based on actual baseball teams of this century. Also, bring your stories about baseball history, some apple pie, your mother, some peanuts and crackerjacks, and we'll be off to the ballpark!
 (Bill is an expert on baseball simulation games, with over 150 simulation teams on hand, and he loves to share stories about baseball.)

BEGINNING SCUBA

George Halazon 532-5840
 Saturdays, 8:30am
 First meeting: June 23
 Length: 7 times
 Location: KSU, Natatorium
 Materials fee: \$21, pay at registration
 Limit: 20

Scuba diving can be one of the most fascinating sports you can ever become involved in. We will learn the basics at the Natatorium and take the skills we've learned to outdoor ponds in the area. This class is expensive! Not only are you required to pay \$20 at registration for diver's log, certificate, air, textbook, and handouts, but some equipment is necessary to participate in the class (mask, fins, snorkel). It will also be necessary to meet one day out of the water to talk about what will be practiced Saturday mornings. Time will be decided by the class participants.
 (George is a certified scuba diving instructor and has taught this class for UFM for 7 semesters.)

ULTIMATE DISC

Aerial Wizards
Gordon Plank 539-4903

Sundays, 4pm
First meeting: June 17
Length: Indefinite
Location: KSU, Band Practice Field

Bring your enthusiasm, a thermos of cold water, and a frisbee and we'll learn how to become expert players in the game of Ultimate. A cross between soccer and rugby, ultimate is becoming the most popular frisbee game in the country. Things such as accurate throwing, the bomb, and cooperative play will all be highlighted during this summer course. (The Manhattan Frisbee Club is the state champ of Ultimate frisbee and Gordon is their fearless leader.)

DUNGEONS & DRAGONS

Tom Twiss 539-6959
Mat Cox 776-1772

Monday, Tuesday & Thursday, 9am
First meeting: June 18, 19, & 21
Length: 3 times
Location: UFM Banquet Rm
Limit: 7

This is for all those who enjoy fantasy, or have active imaginations and would like to escape this humdrum existence. You will experience feats of great daring, explore new worlds, and perhaps pick up some treasure on the side. This will all be done in the safety of your own home. (Tom and Mat are enthusiastic Dungeons & Dragons players.)

FUNDAMENTAL FENCING

David Aldis 776-3100

Mondays, 7-8:30pm
First meeting: June 18
Length: 7 times
Location: Douglass Community Center Annex
901 Yuma
Limit: 20

Since the days of Robin Hood, the art of fencing has become a competitive sport admired for the agility and skill level required. This will be an introductory class for those interested in beginning fencing with an emphasis on physical conditioning, timing and coordination. (David has been fencing for several years and taught Sabre Fencing for UFM this past spring.)

KARATE

Don Goetz 539-8424

Tuesdays, 7pm
First meeting: June 19
Length: 7 times
Location: Douglass Community Center Annex
901 Yuma
Limit: 12

Tae-Kwon-Do is a style of Korean karate which is popular world-wide. The style is not an easy one to learn. Proficiency requires time, effort, and motivation. The rewards, though, are better physical fitness, improved ability to defend oneself, and increased self-confidence. Uniforms are not required for beginning students.

(Don holds a first degree black belt in Tae-Kwon-Do.)

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PHYSICAL FITNESS

Rose Hadle 776-5723
Sharon Campbell 539-3351
Susan Kajiwara 537-7507

Wednesdays, 5:30pm, Ecumenical Christian Ministries
1021 Denison

Mondays, 5:30pm, Manhattan City Hall Auditorium
First meeting: June 20

Length: 7 weeks, 14 times
Rental fee: \$2, pay at registration

This exercise class is designed to help us look and feel better. Attention will be given to firming up the abdomen, thighs, upper arms, etc. Each hour of exercise should serve as a good workout. Exercising can be both functional and fun. (Rose, Sharon and Susan all participated in this spring's Physical Fitness class.)

SAFE SKATEBOARDING

James Gaar 776-5090/539-2354

Saturdays, 1:30pm
First meeting: June 30
Length: 5 times
Location: UFM Basketball Court
Limit: 15

Skateboarding is experiencing a renewed interest in the United States. Let's face it, skateboarding can be fun, but compliance with safety precautions is necessary to make skateboarding as safe as it is fun. We'll learn how to ride confidently, with an emphasis on the participants' limitations as to skill and equipment available. James will also teach minor tricks for those people qualified and interested in them. (James has been riding the cement surf ever since it became popular in the 1960's.)

THE BOXING CLINIC

Tex Sawders
Saturdays, 10am-12noon
First meeting: June 16
Length: Indefinite
Location: Douglass Community Center
900 Yuma

Limit: Junior High & High School age people

The boxing clinic, co-sponsored by the Douglass Community Center and University for Man, is a program for young adults concerning the basic fundamentals of boxing. Nutrition programs and physical fitness training will be included in the clinic and hopefully, an ongoing boxing program can be established in the Manhattan area.

(Tex is a former golden gloves boxer and is committed to seeing a boxing program in Manhattan.)

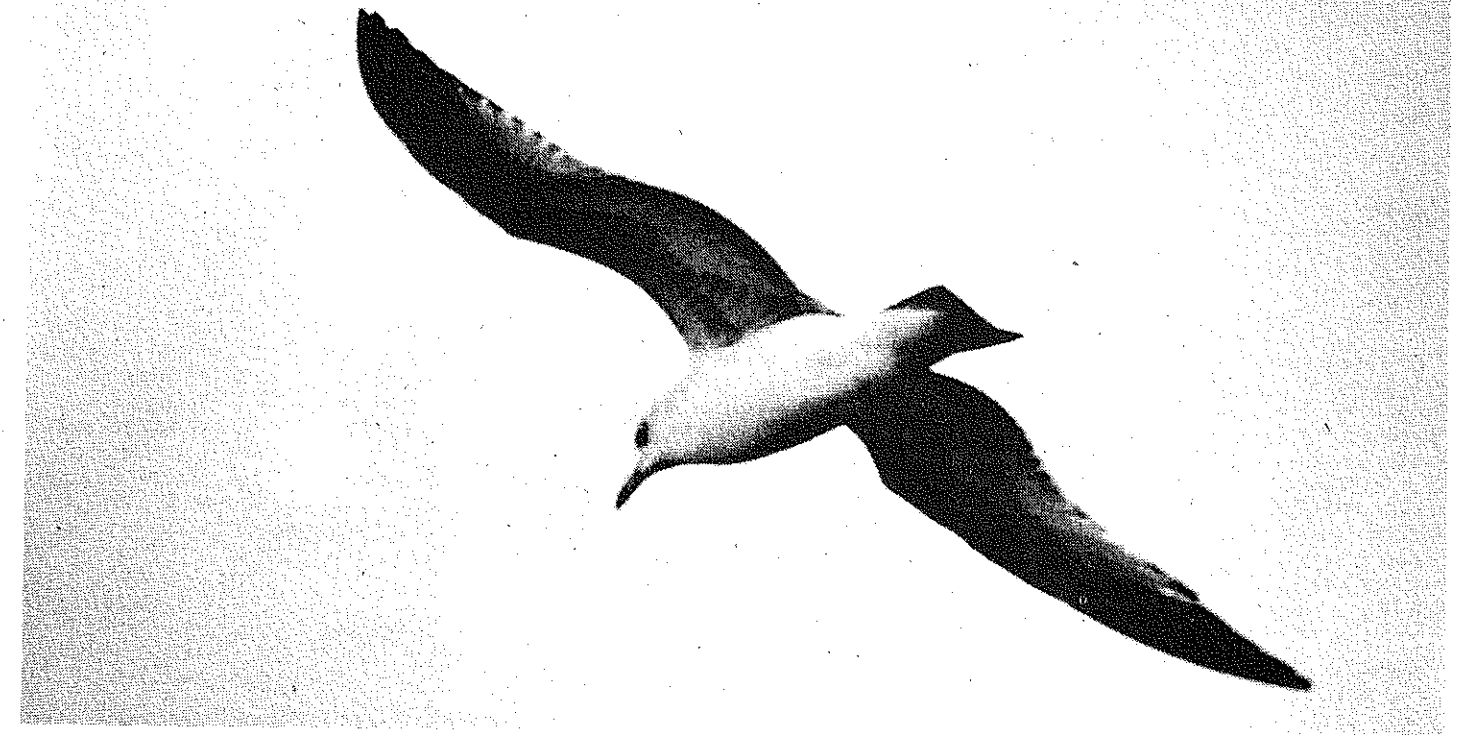
SELF DEFENSE FOR WOMEN

Don Goetz 539-8424

Tuesdays, 8pm
First meeting: June 19
Length: 7 times
Location: Douglass Community Center Annex
901 Yuma

Rather than stressing specific techniques for specific situations, this course will attempt to develop a woman's ability to assess each situation individually and react to that situation with whatever tools are handy.

(Don has taught a women's self defense course for UFM before.)



SELF for questions about Self, call Melody Williams at 532-5866.

WHAT THE PARENTING BOOKS DON'T TELL YOU

C. Herbert Crane 537-9030

Tuesdays, 7:30pm
First meeting: Aug 7
Length: 2 times
Location: Manhattan Public Library
Juliette & Poyntz
Limit: 25

Dr. Crane will cover medical, developmental, and emotional problems of normal childhood including: what doctors can't do (cure the common cold, etc.), the myths of medicine (handling fevers, head injury, antibiotics), poison and accident prevention, how to use the medical system most effectively, discipline, temper tantrums, and parents' confidence in their own judgement. (Dr. Crane is a local pediatrician.)

FIRST AID MULTIMEDIA

Enell Foerster 537-0977

Saturday, 8am-5pm
One time, July 7
Location: Red Cross, Classroom
206 Poyntz

Limit: 14
Materials fee: \$4-\$6, pay at class

This is the American Red Cross Instructional System, featuring filmed demonstrations, guided practice sessions, and programmed workbooks. The student is certified as a standard first-aider upon successful completion of the course. There is a fee of \$6, which covers materials, workbooks and texts. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be \$4. (Enell is a certified Red Cross First Aid Instructor and has taught many times for UFM.)

HATHA YOGA I

Bert Franklin 539-0495

Thursdays, 5:30pm
First meeting: June 21
Length: 6 times
Location: St. Paul's Episcopal Church
6th & Poyntz
Limit: 8

This class includes a thorough grounding in the essential classic asana, mudra, bandha and pranayama including the basics of meditation. The student will receive a good foundation for a lifetime of yoga practice, knowledge of the self, enjoyment of the mind and body. Please come on an empty stomach. (Bert has completed over 200 hours of individual study with his guru, Sri T.K. Krishnamacharya of Madras.)

YOGA FOR THOSE OVER 40

Bert Franklin 539-0495

Tuesdays, 5:30pm
First meeting: June 19
Length: 8 times
Location: St. Paul's Episcopal Church
6th & Poyntz
Limit: 8

See the above description. While yoga is not therapy as such, the practice of yoga reduces or eliminates the mental and physical distress associated with middle age and the advancing years. Special attention will be paid to this aspect of yoga. There is no upper age limit. Remember your mat! (Bert is gray haired, but supple. He knows firsthand the joys of youth throughout life.)

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RACE FOR LIFE CPR

Joyce Libra 532-6554
Sunday, 6-10pm
One time, June 24
Location: Red Cross, Classroom
206 Poyntz
Limit: 10
Materials fee: \$3, pay at class

CPR is a combination of artificial respiration and artificial circulation. It can save many lives (for instance, if started within 1 minute, it can save 92% of heart attack victims). However, it can cause serious harm if administered improperly. Learn the right way and earn a Red Cross Certification. The fee will cover book costs. Those desiring a full CPR certification may also attend Monday (June 25) and Tuesday (June 26) at the same time. (Joyce is the health educator at Lafene Health Center, KSU.)

STRESS ILLS AND STRESS SKILLS

Don Fallon 539-4451
Saturday, 9am-3pm
One time, June 16
Location: Ecumenical Christian Ministries Building
1021 Denison

Stress is a fact of life: studies, exams, relationships, jobs, finances, fear of failure, loss of the future, illness and depression. Our whole person is affected physically, emotionally, intellectually, socially, and spiritually. We will focus on evaluating our lifestyle and shaping a practical strategy for coping with stress. Emphasis will be placed on skills for managing stress. (Don is on the staff of the KSU Counseling Center and is the Lutheran campus pastor.)

Awareness

CREATING A HUMAN BEING

Jan Lowenstein 539-2449
Monday, 7-9pm
One time, July 2
Location: Manhattan Public Library
Juliette & Poyntz
Limit: 10 couples

Jan will conduct a Guided Affective Imagery session dealing with pregnancy, as well as facilitate interrelationship exercises and share discussion about the emotional aspects of pregnancy. This is for the pregnant woman and spouse or close friend. Wear comfortable clothes and bring a pillow and blanket. (Jan is Director of Education for the Conscious Living Foundation.)

BRING YOUR BABIES

Jan Lowenstein 539-2449
Monday, 7-8:30pm
One time, June 25
Location: First Congregational Church
700 Poyntz
Limit: 8 new families

Jan will facilitate a mini-workshop to provide some coping skills for new parents who are learning to live with lots of interruptions. She'll give hints about understanding infant behavior. Babies are welcome--they'll help us learn how to integrate these skills. BYOD (bring your own diapers)! (Jan is Director of Education for the Conscious Living Foundation, and has worked as a Family Life Education Consultant facilitating workshops in Kansas. Most important, she's a parent, too!)

TRANSITION TO PARENTHOOD

Marcia Schuley 776-7178
Thursdays, 7:30-9pm
First meeting: June 21
Length: 2 times
Location: Manhattan Public Library
Juliette & Poyntz

Becoming a parent, whether by natural birth, adoption or marriage requires adjustments on the part of new parents. Changes must be made in personal time, family budgets and marriage relationships. This group is open to individuals anticipating or just experiencing the role of parent. We will share some coping skills for dealing with the stress created by the transition. Helping with the class will be Judy Schrock, a community health nurse for seven years, now a mother of a three-month old boy; and Linda Herald, a licensed Social Worker in Kansas who has a nine-year old boy. (Marcia Schuley, Specialist in Consultation and Education Services at North Central Kansas Guidance Center, is the mother of two teenagers.)

SURVIVAL SKILLS FOR THE SINGLE PARENT

Marcia Schuley 776-7178
Tuesday, 7:30-9pm
First meeting: June 26
Length: 2 times
Location: Manhattan Public Library
Juliette & Poyntz

Wearing one hat, that of parent, is a big responsibility! Handling it alone and adding three or four more hats...worker, student, community member and individual can be overwhelming. How are others making it? Are there skills to rearing children, managing a household, pursuing a career and still surviving as "ME" that we can learn? What community resources exist for reeducating, retraining, finding employment, counseling and social activities? There are some questions whose answers we might explore. Future meetings and topics will be open to group interest and determination. (Marcia works as Specialist in Consultation and Education Services at North Central Kansas Guidance Center.)

SEXISM HURTS EVERYONE

Donna McCallum 539-1016
Monday, 7:30pm
One time, July 23
Location: UFM Fireplace Rm

Why are women's average salaries just over one-half of men's average salaries? Maybe this is due to women limiting themselves to "women's work." And why not? Women on T.V. are either secretaries, nurses or housewives. Men are never emotional, always successful. Our kids see this, and notice also that the scientific, complicated toys are directed toward boys. Donna will share information on sex stereotyping with discussion to follow. (Donna is a part-time housewife, part-time student; she has researched several aspects of the media as part of her coursework.)

PLAYING IT BY EAR--A WILLING EAR FOR PARENTS OF TEENAGERS

John Cook 539-5337
Sharon Brown 776-4305
Wednesday, 7pm
One time, June 27
Location: North Central Kansas Guidance Center
320 Sunset

This class will give parents of teens an open forum to discuss their concerns and the issues facing the families of young people today. We see this as an opportunity for developing an ongoing group for support and community action. (John works for the Guidance Center as a child and family therapist, and is interested in helping families work together before problems start. Sharon is the parent of two teenagers. She is concerned about the way we are currently raising teens.)

THE CHALLENGE OF BEING SINGLE

Joyce Libra 532-6554
539-5630
Please indicate a preference for Wednesdays or Thursdays, 7:30pm
One time, June 20 or 21
Location: 1614 Leavenworth
Limit: 40

Being single in a couples world is challenging, exasperating, and lonely at times. Topics of discussion will include: being single amongst couples, aloneness vs. loneliness, intimacy and friends. During this one-time session, we will talk about being single, our lifestyle, its issues, difficulties and rewards. An opportunity will be given for the group to organize itself, if desired, for ongoing support and recreation. (Joyce helped lead this class last semester and has been a member of singles networks and families.)

RETU...

Dick Owens 532-5712
Sandra Grey 539-5996
Monday, 7pm
One time, July 9
Location: KSU, Union, Rm 213

Have you thought about starting or returning to college after being out of school for several years? Are you wondering whether you have the time, money, ability or physical energy to do so? What will your family and friends think of you? Does the educational institution confuse you and do you really understand how to study for an examination? Come share your hopes (and doubts) with others, including several persons who have recently returned to KSU and have survived. (Dick and Sandra are KSU faculty members whose work involves new students at KSU.)

DEATH AND DYING SEMINAR

Chaplain Mary Herrmann 776-3322
Tuesday, 1:30-3:30pm
One time, June 19
Location: St. Mary's Hospital, Meeting Rm
1823 College Ave

This seminar is designed to help participants get in touch with their own dying as well as discover ways to make dying more meaningful for the terminal, i.e., ways of talking, responding, behaving toward them. The seminar will look also at the grieving process and how we can be helpful to each other during this time. (Mary is chaplain at St. Mary's Hospital and has led this class many times.)

ASSERTIVENESS TRAINING

Margaret Nordin 532-6432
Wednesdays, 7:30-9:30pm
First meeting: June 20
Length: 4-5 times
Location: Catholic Student Center
711 Denison
Limit: 6 men, 6 women
Materials fee: \$1.50, pay at class

Do other persons intimidate you? Do you hesitate to say no or feel guilty when you do? Do you hesitate to speak up or initiate conversations? If so, increase your personal effectiveness through appropriately assertive (not aggressive) behavior. The sessions will be pertinent to persons of all ages. Upon completion of a questionnaire, group members will be notified of their group assignment. (Margaret is Associate Dean of Students at KSU and has offered this class many times.)



Women's Concerns

WOMEN FOR RACIAL AND ECONOMIC EQUALITY (WREE)

Candace Althoff 539-8617

Monday, 7:30pm
One time, July 9
Location: 1515 Highland Dr

WREE, a national organization of women and men striving to end racism in all its forms and achieve economic security for women, is now recruiting members from the Manhattan area. We will discuss the programs and focus of WREE as well as WREE's history and formation. All interested people are invited to attend!

(Candace is the local organizer for WREE and has worked recently to have Manhattan and Riley County recognize June 1 as International Children's Day and June 1-8 as International Children's Week in this International Year of the Child.)

BOOKS BY AND ABOUT WOMEN

Joan Brashears 776-7897

Alternate Tuesdays, 7:30pm
First meeting: July 3
Length: Continuing
Location: UFM Conference Rm
Limit: 5

In the past we have read such books as, The Women's Room, My Mother, Myself, and Lifelines. New members are welcome as we begin to choose books for summer discussion.

(Joan is a member of the Women's Center of Manhattan and is enthusiastically concerned with women's issues.)

GAY AND BISEXUAL WOMEN

Teena Hosey 776-4980

Wednesdays, 7pm
First meeting: June 20
Length: Indefinite
Location: 315 Denison

Some type of support structure is needed for gay women new to this area or the lifestyle. Given feedback on needs, steps could be taken to form groups ranging from a softball team to a consciousness raised group. It is not necessary to sign up.

SHARING WOMEN'S POETRY

Marianne Adams 537-9650

Monday, 6:30-10:30pm
One time, July 2
Location: 1311 Houston

Bring poetry you like or have written to share with other women. Don't be shy. Marianne has written some pretty questionable poetry, but she's willing to share. No matter what level of artistry women poets are at, their feelings and ideas are important to other women.

(Marianne has been seriously writing poetry for three years.)

SEXUAL ASSAULT VICTIMS VINDICATE YOU

Caroline F. Peine 532-6432

1st & 3rd Mondays, 8pm
First meeting: July 2
Length: Indefinite
Location: UFM Conference Rm

This is a time for women who have been assaulted to come together for mutual support and understanding. Most women need to talk things out, and who has more SAVVY than victims themselves? (Caroline has met with victims individually for some time; she recognizes the need for group support as well.)

DIVORCE INFORMATION SESSION

Marianne Adams 537-9650

Thursday, 7-9:30pm
One time, July 5
Location: 1311 Houston

For anyone interested in the divorce process, information has been gleaned from four sessions of a previous class "Becoming Single Women." This class concerns divorce and children, emotions, social resources, legal problems, and sexual feelings. Men interested in the same issues are welcome too. (Marianne has been divorced for several years and has led this group four times.)

REAFFIRMING OR FINDING NEW DIRECTIONS IN LIFE

Dana Hughes 776-7178

Thursdays, 7-9:30pm
First meeting: June 21
Length: 7 times
Location: 320 Sunset Ave
Limit: 15
Materials fee: \$5, pay at class

This seven-week course is designed to help women aged 25 and over explore who they are and what they want from life. The focus is on identifying one's strengths and how to use them more effectively. Plans include the film "Sometimes I Wonder Who I Am," and the fee covers use of the book Shifting Gears by Nena and George O'Neill. (Books will be supplied). (Dana is Director of Consultation and Education Services at North Central Guidance Center and has conducted several groups on this topic and similar ones.)

MEET MANHATTAN'S WOMEN WRITERS

Joan Brashears 776-7897

Monday, 7:30pm, June 25 and
Sunday, 7:30pm, July 15
Length: 2 times
Location: UFM Banquet Rm

We have invited Lee Killough, Jani Sherrard and Uteva Powers (plus maybe a few surprise guests) to share with us how they prepared for their craft, how they proceed with their work today, and perhaps also read from some of their writings. On June 25, we will meet with Lee Killough, Science Fiction writer and Jani Sherrard, poetry and non-fiction writer. Uteva Powers will speak about writing in the field of journalism on July 15.



RENOVATING HOMES

Russell Reitz

Monday, 7pm
One time, June 25
Location: UFM Fireplace Rm

In this class you will learn how to choose a suitable older home for renovation. Topics discussed will include examining the building, finding out the original purchase price, furnace costs and improvements, and determining electrical capacity. Russell's main emphasis will be on what to look for before making a financial commitment.
(Russell has renovated 20 houses in the Manhattan area.)

BASIC HOUSE WIRING

Richard E. Napper

539-6973

Section I: Mondays 8pm June 18
Section II: Wednesdays 8pm June 20
Length: 4 times
Location: 811 Osage
Limit: 20 each section
Materials fee: \$5, pay at registration

This course will cover the tools and test equipment needed for a homeowner to service and repair house wiring. Richard will teach folks the proper way to add additional wiring to their houses. Students should bring their own chairs. Women are encouraged to attend.
(Richard is an electrical engineer and a master electrician who owns his own electrical contracting business.)

MANHATTAN APPROPRIATE TECHNOLOGY GROUP (M.A.T.G.)

Jim Converse

776-1413

Fridays, (The Alternative to Thank God It's Friday, A.T.G.I.F.), 4-5pm
First meeting: July 6
Length: Through July
Location: UFM Fireplace Rm

The M.A.T.G. is a band of university and community folks interested in exploring the new frontier of Appropriate Technology (AT). Areas of focus include renewable resources, small scale organic farming, third world approaches to technological development, local self-reliance, grant writing, a quarterly newsletter and international student relations.

HELP THE REFUGEES

Richard Harris

537-1383

Sign up at registration and you will be contacted

A family of "boat people" refugees from Vietnam will arrive in Manhattan to settle sometime in June. They will need help learning English from volunteer tutors and help finding unskilled jobs. If interested in helping, sign up and you will be contacted.
(Richard is on the local sponsoring committee and also helped some 1975 Vietnamese immigrants.)

ALTERNATIVE ENERGY AND WORLD HUNGER

Dwight Wiebe

532-5735

Tuesdays, 7:30pm
First meeting: June 19
Length: 4 times, every other week
Location: KSU, Union, Rm 204

The increasing cost of energy is an important factor in world food production at home and abroad. Topics to be covered are Ethanol, a gas substitute, fuel conservation, alternate energies for helping food production, and the combined impact of alternative energy on World Hunger.
(Dwight is head of the KSU Dual Degree Program and has been active in several hunger-related activities and organizations.)

BASIC CAMPING SKILLS

Walter Gatsche

Wednesdays, 7:30pm
First meeting: July 11
Length: 2-3 times
Location: First Presbyterian Church
801 Leavenworth

Limit: 15

Learn the basic camping skills and how to be prepared for emergencies. Topics to be covered are how and where to set up a tent, types of cooking fires, types of latrines, camp rules and courtesies, how to deal with wildlife, and survival emergencies.
(Walter is a prospective Eagle Scout.)

SOLO & WILDERNESS PACKING

Steven Guetterman

776-0827

Wednesday, 7:30pm
One time, June 27
Location: UFM Banquet Rm

To make a solo or small group wilderness backpacking experience a joy takes preparation much different than the common camping trip. This class will cover site selections, packing gear choices, map reading, personal physical preparation, economical self-prepared pack food, and what to do once you arrive.
(Come vacation time Steve is hard to find.)

BASIC SIGN LANGUAGE

Dan McAnarney

539-8169

Sign up at registration and you will be contacted as to time and location
Wednesdays & Fridays
First meeting: June 20
Length: Twice weekly, through summer
Limit: 25

The students will learn to communicate in sign language both by finger spelling and signs. Classroom experience will be supplemented by some real-life activities, which may include a field trip.
(Dan took an earlier UFM Sign Language Class.)

SKILLS for questions about Skills, call Pam Warren at 532-5866.

SWEDISH LANGUAGE CLASS

Lois Redman 532-5880
Sign up at registration and you will be contacted as to time and location
Tuesdays
First meeting: June 19, 26 & July 10
Length: 3 times
Limit: 12

Many of us have Swedish ancestors. This gathering will provide us with an opportunity to brush-up on our Swedish in a relaxed atmosphere. (Lois has spent considerable time in the Scandinavian countries.)

VW TUNE-UP AND SING ALONG

Jack Kiser 776-4980
Saturdays, 2-4pm
First meeting: June 23
Length: 2 times
Location: UFM Parking Lot
Limit: 10

Does your bug have the bug? Jack will teach the class how to administer first aid to your ailing auto and how to give a normal 3,000 mile check-up. The class members will have their cars hum in unison at the finale. (Jack has personally cared for his own V-dub for three years or 30,000 miles, whichever came first.)

INVESTMENT BASICS FOR 1979

Steve Harrison 537-0594
Sherl Prawl
Tuesdays, Thursdays, 7-9pm
First meeting: June 19
Length: 4 times
Location: KSU, Eisenhower Hall, Rm 121

Back by popular demand, this course will give you a basic but thorough survey of the securities industry: how it functions, and how you can get involved in it. They will discuss stocks, bonds and other investments necessary for effective financial planning. (Sherl and Steve are local brokers with an investment firm holding membership in the New York Stock Exchange, Inc.)

MONEY MANAGEMENT SEMINAR

Doug Smith 539-2071
Fred Freebe 537-4505
Tuesday, 7-10pm
One time, June 26
Location: Union National Bank, Tower Room

This seminar's objective is to equip you with information that will help you provide for your family's financial future. We'll talk about inflation guards, tax-reducing opportunities, insurance and annuities, Social Security benefits, money accumulation plans, individual retirement accounts, Keogh plans, estate planning, and other financial matters. Couples are encouraged to attend. (Mr. Smith and Mr. Freebe are both local financial planners certified and accredited by their investment firm.)

WHAT YOU SHOULD KNOW ABOUT FUNERALS

Tom Braddy 776-6720
Wednesday, 7:30pm
One time, June 27
Location: Cowan-Edwards-Yorgensen Funeral Home
1616 Poyntz
Limit: 15

"I'm not going in that place until I have to!" Unfortunately many people have this view about funerals and funeral homes. This meeting is to provide the healthy experience of visiting a mortuary. It is to provide general information for a comprehensive look at death and dying. (Tom is a licensed Embalmer and Assistant Funeral Director, who has been in this profession for five years.)

BLACK HAIR CARE

Carol, Jeannie, Gary 539-7621
Monday, 7:30-9pm
One time, June 18
Location: 613 N Manhattan
Limit: 20

These local stylists will answer your questions on re-conditioning, heat styling, care of afros and chemically relaxed hair. (Carol, Jeannie and Gary are local stylists.)

SKIN CARE AND MAKE-UP APPLICATION

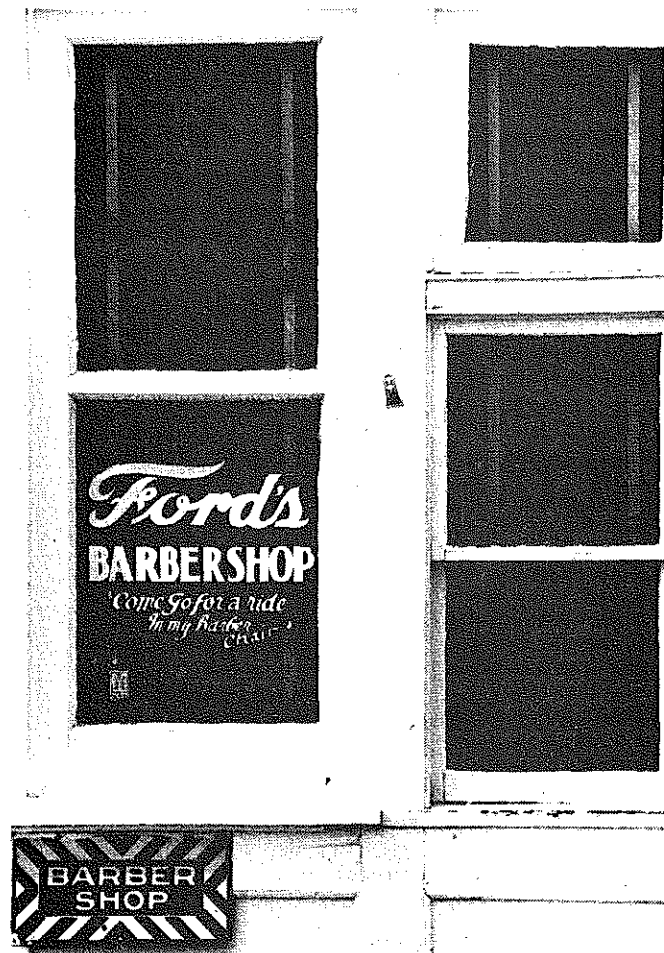
Lin, J.D., Susann, Angie 539-7621
Thursday, 7:30-9pm
First meeting: June 21
Length: 2 times
Location: 512 Poyntz
Limit: 12

Be nice to your skin. This course will help you create a long friendship with your skin. Make-up changes each season with fashion. You will learn the basic techniques for proper skin care and make-up applications for day and night. (Lin, J.D., Susann and Angie are all local stylists who have attended advanced seminars.)

HAIRCARE AND STYLING TECHNIQUES

Brenda, Kathy, Pam and Lea 539-7621
Monday, 7:30-9pm
One time, June 18
Location: 512 Poyntz
Limit: 25

Are you in the dark concerning what to do with your long hair? We will explore different techniques of styling all lengths of hair. (These stylists have a combined total of 17 years of education and experience in haircare.)



WINDOWS WORKSHOP

Tom Hollinberger 776-1505
Doug Selby
Saturday, 10am
One time, June 16
Location: UFM Fireplace Rm

Poorly placed and loose fitting or unprotected windows can account for one third of your home's heating and air conditioning costs. Many companies are starting to market energy saving window devices. This class will help you learn which are good and which are not, as well as how to make your own window energy savers from thermal curtains and roller shades to window-box solar collectors. (Tom and Doug are preparing a workbook on energy saving window treatments.)

SOLAR GREENHOUSES I HAVE KNOWN

Bruce Sneed 537-7260
Tuesday, 7:30pm
One time, June 26
Location: UFM Fireplace Rm

Solar greenhouses can provide not only warmth and humidity in the winter, but nutritious, fresh food, a warm sunny room, a hobby, or a money-making business. We'll look at and talk about solar greenhouses from around the area and from other parts of the country. (Bruce is an instructor at KSU and a partner in a firm which designs and builds greenhouses.)

TOUR OF SOLAR SWINE FARM

Dr. Charles Spillman 532-5580
Tuesday, 7:30pm
One time, June 19
Location: KSU Swine Farm

This should be an extremely interesting tour of a research project designed to test the applicability of using energy in well-ventilated structures for commercial farm animal production. The project, which has stirred interest throughout the state, should be of special interest to area swine producers. (Dr. Spillman has been involved in research with this project at KSU.)

SOLAR DOMESTIC WATER HEATING

Gary Bennington 776-9711
Tuesday, 7:30pm
One time, July 3
Location: UFM Fireplace Rm

Interested in heating your home's water with the sun? Whether you have serious intentions about solar hot water, like to tinker around or are just curious, this presentation will show you some installations in place, collections under construction, and give you a chance to ask those questions you've always wondered about. (Gary is a plumber in Manhattan who builds solar water heaters and heat exchangers.)

ENERGY SAVERS' COOP

Alan Edgar 539-6531
Tuesday, 7:30pm
One time, June 28
Location: UFM Fireplace Rm

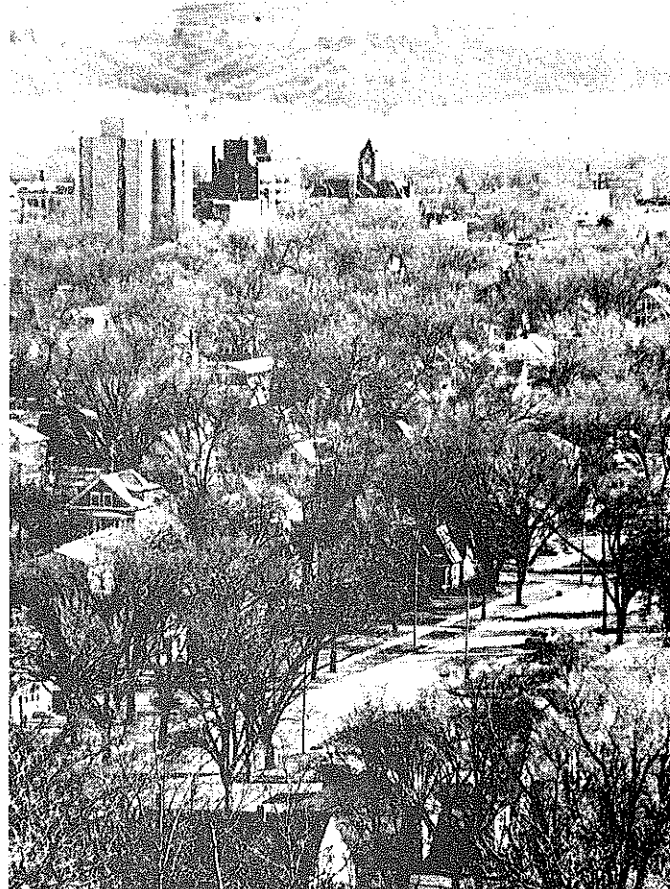
This is a call for persons interested in reorganizing the Energy Savers' Coop, which last year bought 10,000 sq. ft. of batt insulation at a 25% savings. This year there are chances for the cooperative buying of caulking, storm windows, blown-insulation, and insulating window shades. We'll meet once to talk about possibilities. Even if you can't come, call me and we'll count you in. (Alan is a staff member with UFM in the Appropriate Technology Program.)

THE 4th OF JULY SOLAR DERBY

Earl and Betty Kleiner 539-9675
Workshops: Saturdays, June 16 & 30
10am, UFM Banquet Rm
Derby Day: Wednesday, July 4
1pm, UFM Basketball Court

Materials fee: \$5, pay at class

Here's your chance to play around with solar powered model cars. The solar car workshops will deal with how to assemble the model car and fit it out to run on the sun. The 4th of July will be derby day and everyone who has built a model car will automatically be entered in the race. Materials fees include material for adapting the car for solar power. Cars are not supplied. All ages are welcome to participate. (Betty and Earl have built and raced solar model cars since 1975.)



Tours

The following tours have been arranged through the cooperation of various community people, groups and organizations.

AMERICAN INSTITUTE OF BAKING

Sharon Forst 537-4750

Tuesday, 1:30pm
One time, June 26
Location: American Institute of Baking
1213 Bakers Way

The American Institute of Baking is a nonprofit organization devoted to education, training and research for the baking, food processing industries, and the general public. A tour of the American Institute of Baking will give you a view of what the Institute is doing for the community and all people in general.

MANHATTAN MERCURY

Brown Hutchinson 776-1616

Thursday, 1:30pm
One time, June 28
Location: 318 N 5th

This will give you a chance to go behind the scenes at the Manhattan Mercury and find out how a story gets from the AP wire to the living room of your home. You'll look at the AP wire, the press, photo equipment, and the terminal systems.

MANHATTAN MILLING COMPANY

Mr. Lindquist 776-5271

Monday, 1:30pm
One time, July 23
Location: 130 Pierre St
Limit: 10

Manhattan Milling Company has been in operation since 1880. This tour will provide an opportunity to view storage bins and feed mill operations.

MASTER TEACHER, INC.

Janet Ayres 539-0555

Tuesday, 7:30pm
One time, July 10
Location: Master Teacher, Inc.
Leadership Ln
Limit: 15

Master Teacher is an educational publishing firm. In this tour you will be viewing administration facilities, offices and the distribution center.

MCCALL PATTERN COMPANY

Norman E. Winter 776-4171

Section I: Monday 9am July 16
Section II: Monday 11am July 16
Location: 615 McCall Rd.
Limit: 15 each section

This will be a perfect opportunity for you to view the production of dressmaking patterns from the printing to folding of them. Sign up at registration for the tour time you wish to attend.

MANHATTAN PUBLIC LIBRARY

Margaret Gates 776-4741

Thursday, 7-8pm
One time, June 21
Location: Juliette & Poyntz

Take a Van Gogh home, relive the "Good Old Days" of radio or teach yourself how to do almost anything by visiting your library. Tour the Manhattan Public Library and learn what we have for you.

KMAN/KMKF

Lowell Jack 776-4851

Wednesday, 2pm
One time, June 20
Location: 2414 Casement Rd

This will give us the opportunity to tour the KMAN/KMKF studio. The recording studios, news room, the record files, and the AP wire will be among the items seen on our visit.

UNIVERSITY FOR MAN

Joe Rippetoe 532-5866

Friday, 12noon
One time, June 15
Location: 1221 Thurston

We are sure you are all dying to see where this brochure comes from! Come over and see what we are all about. Tour the pottery studio, Appropriate Technology Center, and other additional facilities.

KANSAS ARTIFICIAL BREEDING SERVICES

Charles Michaels 539-3554

Thursday, 9:30am
One time, June 21
Location: 1401 College Ave.
Limit: 15

This tour will cover the history of the artificial insemination industry in the U.S., the function and purpose of the Kansas Artificial Breeding Service Unit (KABSU), a semen collection demonstration, and a brief outline of semen freezing procedures.

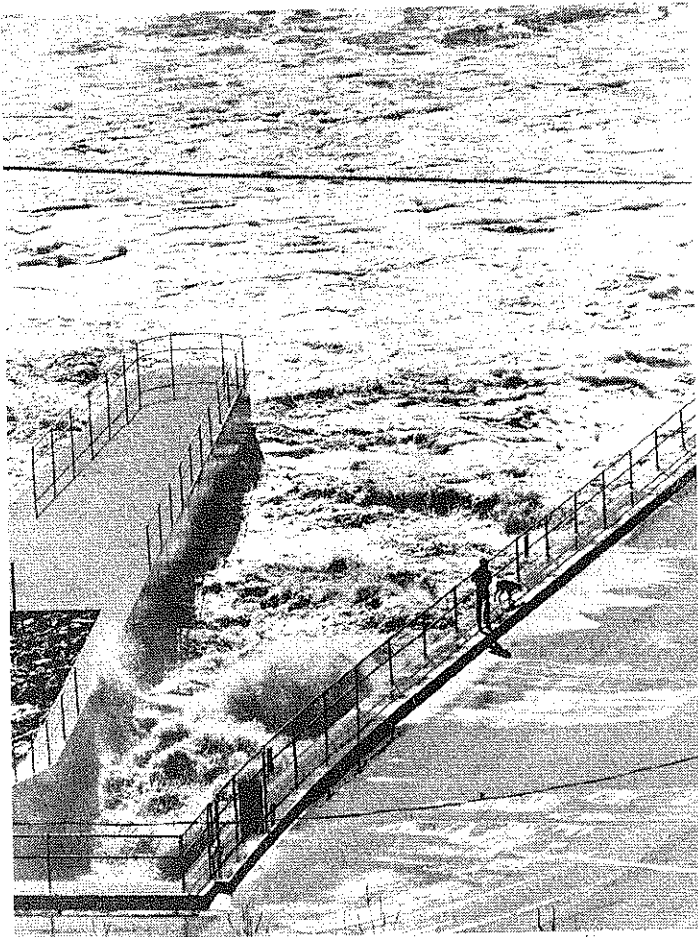


MILL CREEK HEREFORD RANCH

Tom Van Slyke 1-449-2841

Saturday, 5pm
One time, July 21
Location: UFM Parking Lot
Limit: 15

This is a tour of a registered hereford cow-calf operation located in the scenic Flint Hills. The visit will include a tour of the ranch, including its livestock and handling facilities, and a chance to talk with the ranch operators. We will meet in the UFM Parking Lot at 5pm to carpool to the ranch.



REGISTRATION JUNE 13 & 14

Registration is important. It allows leaders to prepare the proper number of handouts, order supplies, and contact you if there is a change in the class. If you register for a class with limited enrollment, it is crucial that you notify the leader if you cannot attend. Persons on the waiting list can then be allowed to join the group.

June 13,14 -- KSU, Union, 9am-4pm
June 13--Douglass Community Center, 7-8pm
June 13--Manhattan Public Library, 9am-7pm
June 13--UFM House, 1221 Thurston, 7am-5pm
June 14--Douglass Comm Ctr Annex, 7:30-9pm

If it is impossible for you to register at one of the above locations, you may call 532-5866 to register during the following hours ONLY: June 13, 7am-6pm and June 14, 9am-5pm. Please limit registration by phone to not more than four classes.

You can help speed up registration and reduce frustration if you register only for classes you are sure you can attend. Check your calendar before registration and record the dates of your classes; please register for no more than yourself and one friend. Any class fees must be paid by the end of the day on which you register in order to hold your space.

**UFM
1221 Thurston
Manhattan, Ks. 66502**

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