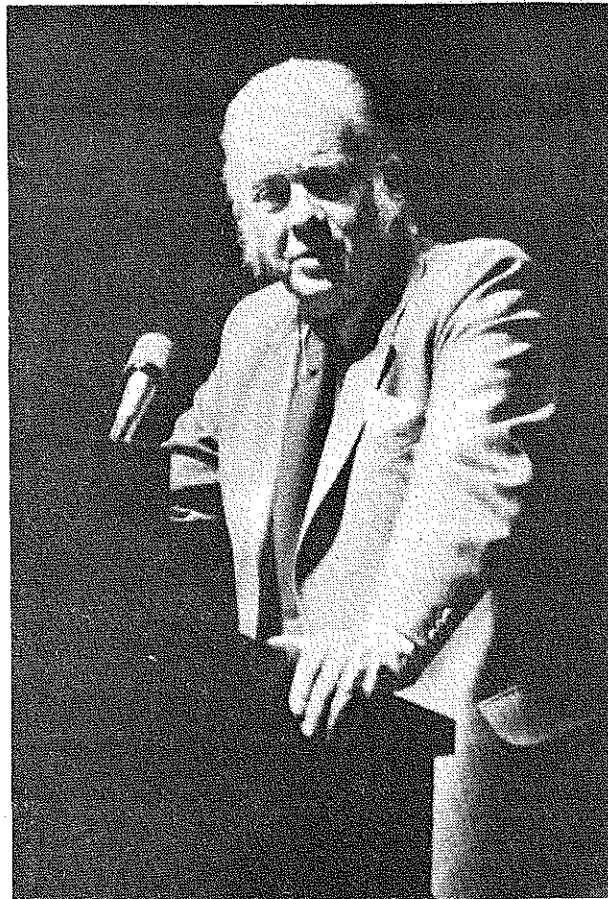




university
for man

summer '77



small is beautiful

Our theme for this summer, "small is beautiful" represents our concern and our attempt to highlight what many people are saying: We can't continue to use energy at our present rate of consumption. President Carter has already taken steps in the "small is beautiful" direction by proposing heavy taxes on gas guzzlers, tax incentives for using solar energy, as well as other conservation measures.

We still have a long way to go — but exciting things are happening, — even in Manhattan, Kansas. Several thousand people attended the recent energy fair; interest in energy and self-sufficient courses and projects is skyrocketing; and there are several energy-efficient houses in town — and many more projects are planned.

All this does not mean a return to pioneer days, with their long work days, accompanying diseases, death rates and hard times. There is little glory in drudgery. What this does mean is to try and become more aware of our own personal and local resources — and in many small ways do the things we can for greater conservation and self-sufficiency.

Here are some suggestions:

- Buy a sturdy shopping bag. Use it on shopping trips to avoid paper bags which end up being thrown away.
- Use other ways to cool down this summer other than turning on the air conditioner. Plant trees and trellises on the south side, use light colored shingles to reflect heat, slow down, close curtains and windows in the morning to trap evening's coolness...go swimming.
- Recycle, Your house, your clothes, your leaves, your car, your books, your washwater. Do this through auctions, garage sales, want ads, clothing distribution centers, and gardens. Avoid products you can't recycle.
- Support your local merchants. By keeping money in your town, you decrease your dependence on outside influences. This also cuts energy used to ship from distant places.
- Plant a garden. Use low energy technology (hand cultivators, solar dryers, elbow grease) to maintain and harvest it. Share surplus with friends and neighbors. Fall gardens can be planted until late July and August.
- De-gadgetize your home. Determine which appliances actually use less energy and which are energy wasters. Manufacturers will continue to make unnecessary gadgets as long as we continue to buy them.
- Take UFM courses. In each section of this and every brochure you will find courses and projects which will increase your self-reliance and conservation efforts.
- Hide your car keys in a hard-to-reach place and see how many days you can go without driving. In case you've forgotten, bicycles and walking are perfectly good means of transportation. If necessary, why not use carpools.
- Harness the sun. It's free. Use it to heat your home, dry your clothes, dehydrate your food, heat your water, and grow your garden.
- Read Schumacher's book Small is Beautiful
- Teach a UFM course. Share your skills and what you know directly with others without tuition, grades, or examinations.

"In the simple question of how we treat the land, next to people our most precious resource, our entire way of life is involved, and before our policies with regard to the land will really be changed, there will have to be a great deal of philosophical, not to say religious, change. It is not a question of what we can afford but of what we choose to spend our money on."

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OLDER MANHATTAN NEIGHBORHOOD ASSOCIATION

Sandy O'Neil
Bill Griffith

Tuesdays, 7:30pm monthly
Length: Indefinite

First meeting: June 7, July 19
Location: Congregational Church, Manhattan Public Library
700 Poyntz
June 7
Juliette & Poyntz
July 19

OMNA is a newly organized group that will seek to preserve and enhance the older residential and commercial areas of Manhattan. OMNA hopes to increase public awareness of the needs and virtues of the older neighborhoods, encourage public and private institutions to improve their services to area residents, and in general, recommend policies that will maintain the neighborhood housing, parks and public facilities. Possible activities for the organization include:

- keeping the community informed of zoning code violations or changes that may affect the older neighborhoods
- proposing an historic preservation code to the city commission
- assisting individuals who need information or help on home or yard improvement projects
- seeking local, state or federal programs that assist people in buying and improving older homes

Committees are now being formed in addition to these activities which include:

- transportation
- parks and recreational facilities
- city planning

The summer schedule includes at least two meetings, the first scheduled is at 7:30pm at the Manhattan Public Library. The June meeting agenda will include the election of officers, initiation of committee work, and a discussion on the Aggie merchants parking lot proposal.

WHEELS FOR MANHATTAN

Doris Hoerman

532-5866

Mondays, 7:30pm

Length: Indefinite

First meeting: June 27

Location: 521 Pottawatomie

It is hard to believe that a city the size of Manhattan has no regularly scheduled bus system. With the steadily rising cost of new cars and gasoline, the only sensible solution (after walking and riding a bicycle) is some form of public transportation. We plan to meet in conjunction with the transportation committee of the Older Manhattan Neighborhood Association to explore what the transportation needs of Manhattan are, what has been tried in the past and the different possible solutions. City officials will be invited to attend and explain their position regarding public transportation for Manhattan. (Doris has lived in several other cities with fine bus systems and would like to help establish one here.)

LET'S BEAUTIFY MANHATTAN

Bob Kirk

539-8484

Peggy Blackburn

537-1994

Vanessa Leach

539-7038

Helen Gross

539-5142

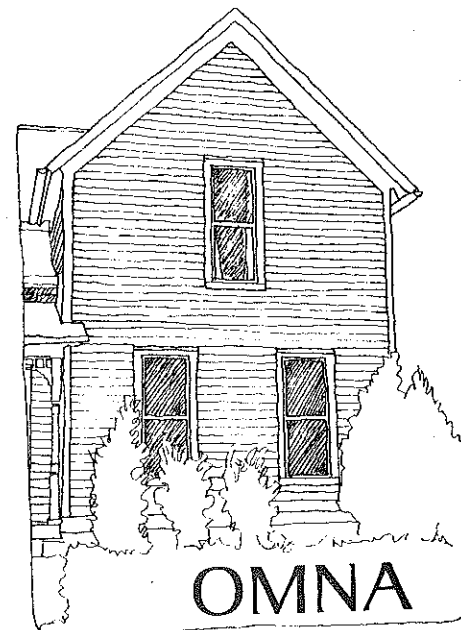
Sundays, 7:30pm

Length: Indefinite

First meeting: June 26

Location: 1600 Laramie
Manhattan

The primary purpose of this group is to create a working foundation with which concerned community members can take positive and creative action to promote horticultural highlights for our community. This class met last spring very successfully and is looking forward to projects and activities in Manhattan this summer. New ideas are welcome and we hope to become incorporated in the near future. (All four leaders are community members and are involved with people and the environment.)



THINKING SMALL

Scott Shelley

532-6830

Tuesday, 7:30pm

Length: One time, June 21

Location: Manhattan Public Library
Juliette & Poyntz

Scott is planning to do research on the subject of alternative modes of rural development in small Kansas communities. He is interested in talking with and listening to individuals interested in the subject. Volunteers interested in helping with field research in two or three rural Kansas villages would be appreciated, too. (Scott co-authored the book, "Community Staying Power," with Lou Douglas, former KSU political science professor, and will be doing follow-up research.)

WHERE DO WE GROW FROM HERE - MANHATTAN HUMAN VALUES IN CITY LIVING

Joan Cox

539-5209

Enell Foerster

537-0977

Saturday, 8:30am

Length: One time, June 28

Location: KSU Union, Big 8 Room
Limit: 125

The League of Women Voters in Manhattan has received funding for a one-day conference on growth in Manhattan from the Kansas Committee for the Humanities. There will be a panel in the morning with Dr. Homer Socolofsky, Dean Bernd Foerster and Dr. John Exdell as participants. Afterwards there will be discussion groups on various topics. A special speaker will be featured at the luncheon. In the afternoon, there will be more discussion groups. There is no cost for the conference, only for the luncheon. Reservations are a must.

LANDLORDS AND RENTERS

Carolyn Coates

539-3458

Don Whidden

776-8588

Tuesday, 7:30pm

Length: One time, June 28

Location: Manhattan Public Library Auditorium
Juliette & Poyntz

Donald Whidden, Housing Officer with the Manhattan Housing Authority, will discuss the Section Eight program of rent supplement for existing housing. If you are a landlord or plan to rent in Manhattan on a limited income, join us in exploring the possibilities and provisions of this new program. (Carolyn is an 11-year resident of Manhattan and is interested in low income housing. Don is the housing officer for the City of Manhattan.)

PICNICS IN THE PARK

Steve Ernst

539-4224

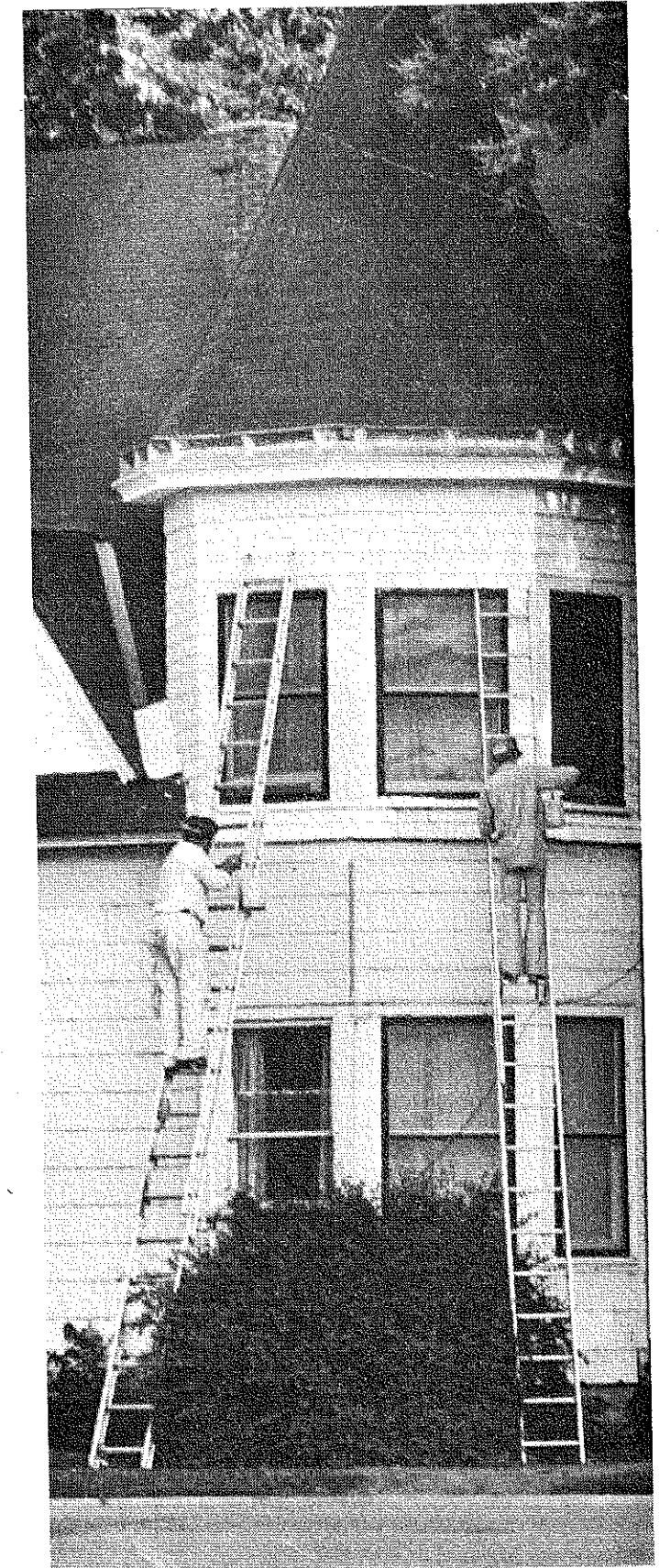
Thursdays, 6pm

Length: Indefinite

First meeting: June 23

Location: City Park, area east of pavilion

Meet with friends for food and fun in the park every Thursday evening. Bring a covered dish and table service for yourself to this weekly potluck. For those with excess energy, the UFM "New Games" and "Infinity Volleyball" classes will be meeting in conjunction with this group. Transportation for older persons can be made available by calling Nadine Burch a day in advance at 539-5559.



Home improvements in an older Manhattan neighborhood add to a sense of community as well as being a sound economic investment.

SMALL IS BEAUTIFUL

Sue Gross

539-5142

Wednesdays, 7:30pm
Length: Indefinite
First meeting: June 22
Location: 810 Moro
Manhattan

Schumacher suggests that the current economic system is based on 19th century notions which are no longer appropriate, that increasing corporation profits and Gross National Product do not result in maximum happiness for most of us. The alternative, according to Schumacher, is community self-sufficiency and public shares of corporations. If you read Schumacher or are interested in alternatives to the current economics, bring your ideas and we'll talk it over.
(Sue has read the book and would like to discuss it with other people.)

While people, with an easy-going kind of logic, believe that fast transport and instantaneous communications open up a new dimension of freedom, they overlook the fact that these achievements also tend to destroy freedom, by making everything extremely vulnerable and extremely insecure, unless conscious policies are developed and conscious action taken to mitigate the destructive effects of these technological developments.

LET'S TALK ABOUT NURSING HOMES

Caroline Peine
Barbara Eswine
Pat Van Atta
Freida Limper

Wednesday, 7:30pm
Length: One time, July 20
Location: Carlson Place
5th and Pierre

Nursing homes are the subject of controversy, fear and aversion for many older persons. This group will explore some of these feelings in open discussion. (Caroline works with the Center for Student Development at KSU. Freida is a former nursing home patient. Pat is Recreation Director at Wharton Manor and Barb is a social worker.)

SERVICES FOR AGING - PRIORITIES

Queen Madison
Shirley Rainsberger
Lesler Branson
Wallace Kidd

Tuesday, 7:30pm
Length: One time, July 26
Location: Douglass Center Annex
900 Yuma

The aging services in our community offer assistance in many areas, however, there are other services that perhaps need to be implemented. This class will revolve around a panel discussion of these questions with group members participating. The county mill levy will be in effect January 1, 1978. We need to start thinking about our priorities.
(The panelists are: Queen Madison, nutrition site manager and community leader; Shirley Rainsberger, outreach director for the Area Agency on Aging; Lester Branson, chairman of Riley County Council on Aging; and Wallace Kidd, Riley County Commissioner.)

"ALL WE NEED IS A LITTLE HELP FROM OUR FRIENDS"

Dana Hughes
Betty Foster
Hal Shaver
Nadine Burch

Monday, 7:30pm
Length: One time, June 20
Location: Apartment Towers
300 N. 5th, Manhattan

Sometimes we need a person to talk to. Perhaps we are lonely or our problems are just too much for us. To whom do we turn: friend, neighbor, relative, minister or no one? "Everybody needs somebody." Let's explore and discuss possibilities.
(Dana works with North Central Kansas Guidance Center, Betty is experienced in gerontology and counseling, Hal works with the Riley County Mental Health Association, and Nadine works on aging projects with UFM.)

HEALTH

Part of "Small is Beautiful" is to find ways to be less reliant on large systems that take away our control of our life situations. This series is inspired by this desire for appropriate self-reliance and by Ivan Illich's book Medical Nemesis. Illich says that medicine today puts us out of touch with ourselves, puts full power in the hands of those who don't know us, and is actually worsening our health and the quality of our lives. Knowing how and when to be medically self-reliant can counter these "unhealthy" trends.

MEDICAL SERVICES FOR THE OLDER PERSON

Thomas Kirk, M.D.
William Durkee, M.D.
Cathy Butts

Friday, 7:30pm
Length: One time, July 15
Location: Apartment Towers, 300 N. 5th

We will discuss medical services in our community and attitudes of the medical profession. The panel will explore questions such as: Do we bother doctors about trivial problems? If we need medical help quickly, is it available? What does Medicare really pay for?
(Tom is an ophthalmologist, Bill is a Riley County Health representative and Cathy works with the Consumer Assistance Center.)

IS MEDICINE WORKING OR IS THE PILL TOO BITTER?

Chaplain Mary Herrmann
Tom Ryan, M.D.
George Bascom, M.D.

Wednesday, 7-9pm
Length: One time, June 22
Location: Manhattan Public Library,
Juliette & Poyntz

We will open our healthy-body series with a discussion of the current health care delivery system - its pros and cons, its helps and hindrances, its growing number of problems and their effects on our health. An opportunity to discuss alternatives will be provided.
(Mary is chaplain at St. Mary's Hospital. George and Tom are local physicians.)

CULMINATION: A HEALTHY BODY WEEKEND

Melody Williams

532-5866

Saturday & Sunday, 10am
Length: 2 days, July 23 & 24
Location: Lake Perry Retreat Center
Materials Fee: \$2 - pay at registration

Camping together, we will share our various knowledge of health practices - yoga (and other exercises), nutrition, herbs, pressure-point massage, meditations and other disciplines. We will plan meals and schedules at 10am each day. Cost will be \$5 a day (collected at class) for facility use. Pay \$2 at registration to cover food (yogurt, granola, sprouts, fresh fruit and vegetables.) Bring your own bedding and camping supplies.
(Melody desires to further interest in alternative approaches to health and would like other bodies to join the a healthy weekend.)

INSIDE YOUR BODY

William Tiemann, M.D.

537-4940

Wednesday, 7-9pm
Length: One time, July 6
Location: Manhattan Public Library,
Juliette & Poyntz

We will cover simple anatomy and the functioning of the body systems. We will especially look at the more common health problems as well as symptoms to indicate professional medical attention.
(William recently established a family-oriented medical practice in Manhattan.)

OTHER APPROACHES TO HEALTH & HEALING

Melody Williams

532-5866

Wednesday, 7-9pm
Length: One time, July 13
Location: Manhattan Public Library,
Juliette & Poyntz

Health care isn't available only at your physician's office. We will explore several alternatives for both healing and staying healthy. Included will be herbs and nutrition, pressure-point massage, reflexology, spiritual and Indian healings, as well as exercise and others.
(Melody is a UFM staff member interested in examining alternative approaches to health.)

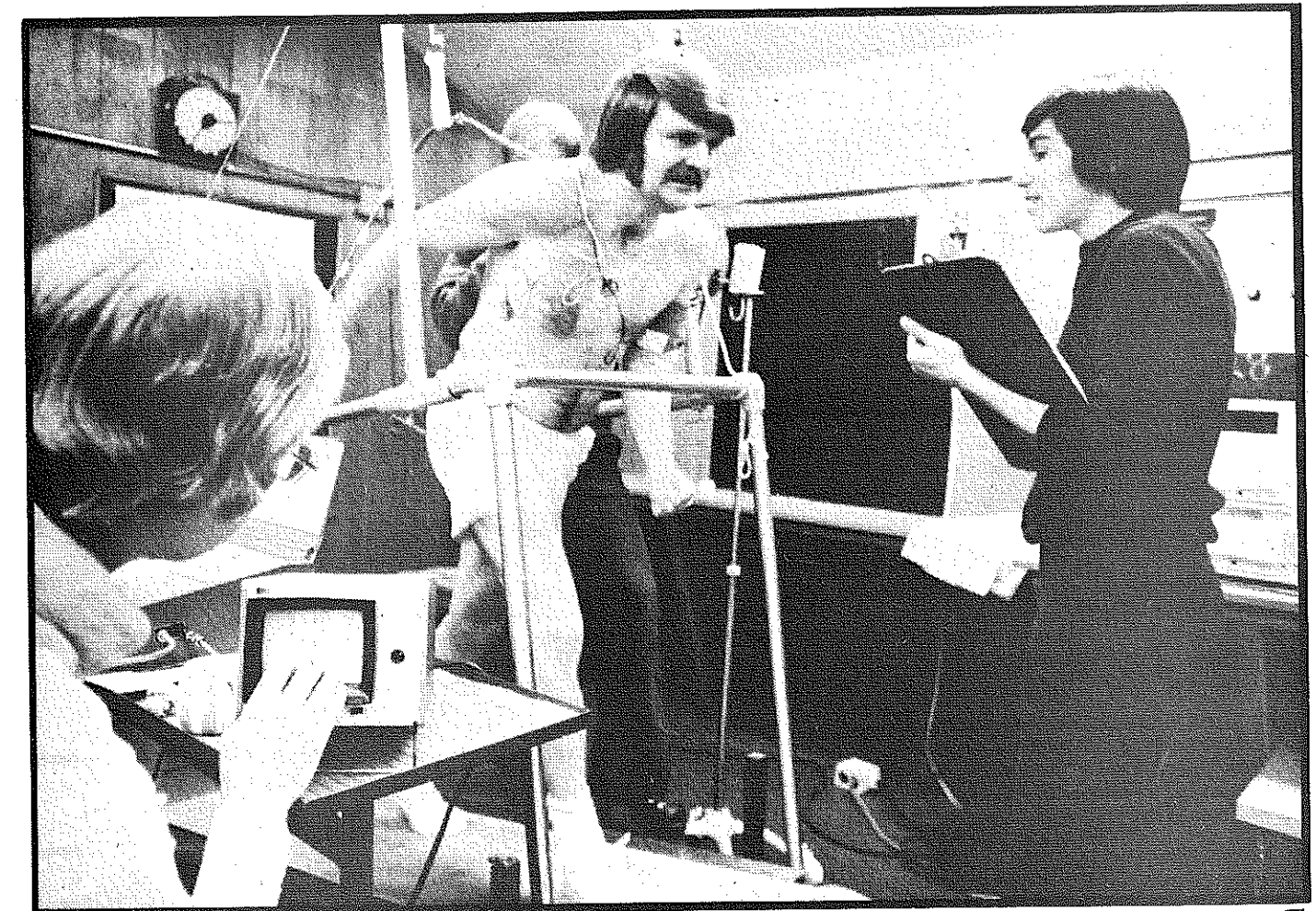
HOLISTIC APPROACHES TO HEALTH

Tom and Kiva Ryan

1-468-3634

Wednesday, 7-9pm
Length: One time, June 29
Location: Manhattan Public Library,
Juliette & Poyntz

Holistic health is an approach to well-being, stressing the importance of the whole individual - mind, body and spirit - in the maintenance of good health. It also encompasses a wide variety of alternative approaches to the treatment of disease and encourages the individual to take a greater share in the responsibility of his/her own health.
(Kiva is a registered nurse and Tom is an M.D. Both are interested in exploring the possibilities of the holistic approach to health.)



GETTING TO KNOW THE CITY-COUNTY HEALTH DEP'T

Judy Schrock 776-4779
 Tuesday, 7pm
 Length: One time, June 21
 Location: Riley County Health Department
 616 Poyntz

This will be an opportunity for persons to learn the services offered by the local health department staff and see where and how some of the services are offered.

(Judy is a nurse at the Riley County Health Department.)

CARDIO-PULMONARY RESUSCITATION (CPR)

Enell Foerster 537-0977
 Miriam Field
 Monday, Tuesday, Thursday, 6:30-10pm
 Length: 3 times
 First meeting: July 18, 19 & 21
 Location: Capitol Federal Building
 14th & Poyntz
 Limit: 12
 Materials Fee: \$1.50

CPR is a combination of artificial respiration and artificial circulation which should be started immediately as an emergency procedure when cardiac arrest occurs. This course will teach you the principles and techniques of CPR. Please purchase your CPR instructional booklets at the Red Cross prior to the class.
 (Both Enell and Miriam are Red Cross certified CPR instructors.)

FIRST AID MULTIMEDIA

Enell Foerster 537-0977
 Saturday, 8am-4:30pm
 Length: One time, June 25
 Location: UMHE Auditorium
 1021 Denison Ave
 Limit: 12
 Materials Fee: \$4-\$6 - pay at class

This is the American Red Cross Instructional System featuring filmed demonstrations, guided practice sessions, and programmed work books. The student is certified as a standard first-aider upon successful completion of the course. There is a fee of \$6, which covers materials, work books and texts. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be \$4.
 (Enell is a certified Red Cross First Aid instructor.)

SUMMER FIRST AID

Beth Ladwig 776-7961
 Monday, 7pm
 Length: One time, June 20
 Location: KSU Union, Rm 205a

Summer is a time of outdoor recreation. Many times we're involved in activities in which injury is possible. Beth will discuss the prevention and care of our summer's mishaps. Heat strokes, sprained ankles, snake bites, and water safety are a few of the topics to be discussed.
 (Beth is a CPR instructor and is trained in advanced first aid.)

CANCER EDUCATION WORKSHOP

Gloria Caffey 539-0297
 Friday, 1:30-3:30pm
 Length: One time, June 29
 Location: Memorial Hospital Cafeteria
 Sunset & Claflin

A look at the nature, treatment and experience of cancer from the points of view of two local physicians, a hospital chaplain and a patient. A panel discussion will be followed by a question-and-answer session with those attending.
 (Gloria is the social worker at Manhattan Memorial Hospital.)

THE FIVE-DAY STOP SMOKING PLAN

Duane Shaffer 776-5533
 Sunday - Thursday, 7pm
 Length: 5 times
 First meeting: July 10-14
 Location: Seventh Day Adventist Church
 600 Laramie
 Materials Fee: \$5 - pay at registration

So you want to kick the habit? The Seventh Day Adventist Church is providing a five-day stop-smoking clinic that has proved to be 60% effective in previous workshops. Some of the topics included in the clinic are examining the diet, exercise, rest and relaxation, and films to show the effects smoking has on your physical well-being. There will be a \$5 charge for materials.
 (Duane coordinated this workshop in Clay Center last year.)

SOCIAL DRINKING

Dennis Beitz 539-5337
 Tuesday, 7pm
 Length: One time, July 12
 Location: North Central Kansas Guidance Center
 320 Sunset Ave
 Limit: 30

"If you have to drink to be social, then that's not social drinking." We will explore alternatives to the five o'clock martini and the six-pack for lunch bunch. This class is for people who are concerned about alcohol usage and the effects it has on themselves, their families and their friends.
 (Dennis is the Director of Alcohol Services in the Manhattan area.)

YOU'RE HOME -- WHAT NOW?

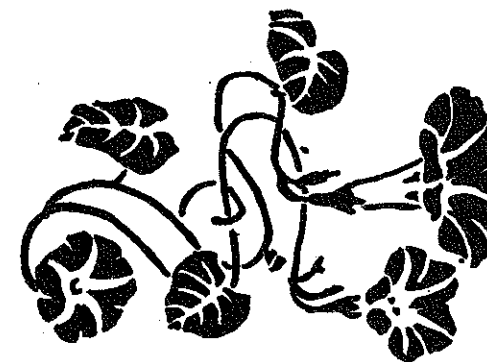
Kathy Wilson 776-4040
 Tuesday, 7:30pm
 Length: One time, June 28
 Location: UMHE Fireplace Room
 1021 Denison Ave

It always seems that there is a great deal of information about pre-natal care and the birth experience at the hospital, but information concerning home care of your newborn can be difficult to acquire. This class will deal with the experiences of a family between the first day home from the hospital to the first visit to the pediatrician. We'll discuss what parenting is about and share with other parents the joys and the frustrations of those first few days. Informational brochures will be available free of charge.
 (Kathy is a registered nurse working at St. Mary's Hospital.)

CHILD ABUSE AND NEGLECT

Mike Brenn 537-7314
 Graham Rose, M.D.
 Sharon Iandolo
 Thursdays, 7:30pm
 Length: 2 times
 First meeting: June 23
 Location: Manhattan Public Library
 Juliette & Poyntz

You can help our town be a better place for families and their children. Nobody wants to neglect or abuse children, but it does happen. For the first session a panel will present general information and the local situation. At the 2nd meeting we will discuss ways you can help develop resources to meet local needs. The Medical Auxiliary is providing funds which will be used for a two day conference in the Fall. Come and share your ideas this summer.
 (Mike works for Riley County Social Rehabilitation Services. Graham is a local pediatrician with knowledge in child abuse. Sharon is Director of Family and Social Services at St. Mary's Hospital.)



CHILDREN

TENNIS FOR KIDS

Lisa Barnes 537-9071
 Sundays, 9-10am
 Length: 6 times
 First meeting: June 20
 Location: KSU Washburn Complex
 Limit: 8
 Suggested Ages: 4-8

Interested in learning how to play tennis? This class will teach the very basics of tennis, how to hold a racket, where to hit the ball and, basically, how to enjoy learning this game.
 (Lisa enjoys playing tennis and wants to share the basics.)

CHILDREN'S GARDENING

Maureen McGowan 539-2019
 Wednesdays, 6:30pm
 Length: through July
 First meeting: June 29
 Location: Community Gardens

This will be a class designed to help children raise their own vegetables. Instruction and guidance will be offered for the planting and care of a garden. During the spring, a garden was begun which children may now share in the joy of caring for and harvesting the results. Perhaps we will plant a fall garden.
 (Maureen is a student in horticulture therapy.)

CHILDREN'S PLAY GROUP

Jan Galitzer 539-9292
 Kathy Olandese 776-5177

Indicate at registration which group you're interested in.

This is a parent participation play group for children which provides companionship for both child and parent. Jan is coordinating ages 2½ - 3½ on Wednesday and Kathy is convening a younger group ages 1-4 on Tuesday mornings.

2½ - 3½ Group Wed 8:30am 1504 Humboldt June 22
 1 - 4 Group Tues 9:30am 2416 Buttonwood June 21

(Jan is a mother and has led a play group for UFM several times.)

CAMPING FOR KIDS

Donna Casey 539-2381
 Saturdays, 2pm
 Length: 2 times
 First meeting: June 18
 Location: City Park Pavilion

This class will deal with techniques needed to rough it in the wilderness. Things included in the first meeting will be packing, first aid, fire building, food preparation, lashing and tent pitching. Hopefully we'll find a time to practice these skills around the Manhattan area this summer.
 (Donna has worked with camping and kids for four years at summer camps.)

HAND-BUILT POTTERY FOR KIDS (AGES 10-12)

Joan Falley 776-4267
 Thursdays, 9-10:30am
 Length: 6 times
 First meeting: June 16
 Location: UFM Basement
 615 Fairchild Terr
 Limit: 6
 Materials Fee: \$6 - pay at registration

We'll combine clay and water with the human imagination in this beginners' course. You'll learn to make pinch, coil and slab pots. Emphasis will be placed on ways to add texture and ways to create unique forms.
 (Joan enjoys watching the natural creativity of the younger set.)

ACROBATICS FOR KIDS

Terry Lawhorn 537-2017
 Saturdays, 10am
 Length: 6 times
 First meeting: June 18
 Location: Across from Building "S"
 Jardine Terrace, by
 basketball goals
 Suggested ages: 4-10

This class is open to kids between four and ten years. We'll be learning beginning acrobatic tumbling moves, including cartwheels, rolls, stretches and backbends. Please bring a rug like kindergartners use and wear shorts for free movement.
 (Terry has eight years teaching experience in tap, acrobatics and ballet in Wichita.)

NATURE EXPLORATION

Jim Myers 539-7165
 Maureen McGowan
 Saturdays, 8-11am
 Length: 4 times
 First meeting: June 18
 Location: Zoo Shelterhouse
 Limit: 15
 Suggested Ages: 10, 11 & 12

Fifth, sixth and seventh graders interested in increasing their awareness and knowledge of nature around Manhattan are invited to join us. We will be looking at natural habitats as well as those created by man.
 (Jim has previously taught nature studies to children in two outdoors schools near Kansas City. Maureen has worked at a camp in North Carolina teaching outdoor education.)

PLANT LIFE FOR CHILDREN

Tom Lane 537-7791
 Tuesdays, 6pm
 Length: 5 times
 First meeting: June 14
 Location: 503 N. 6th St.
 Limit: 9
 Suggested Ages: 7-10

Together we will discover some interesting facts about plants. We will look, feel, smell and talk about flowers, leaves, stems and roots. Through experimentation we will bring to life some of the things that we talk about. Models of leaves, stems, roots and flowers along with at least one field trip to Konza Prairie Research Natural Area will also help in this learning experience.
 (Tom is currently a graduate student in botany at KSU and wishes to share his enthusiasm of the plant world with young people.)

KREATIVE KOOKING FOR KIDS

Melinda Reed 1-374-4596
 Thursdays, 9-12 noon (with recess time)
 Length: 3 times
 First meeting: June 30
 Location: 357 North 14 St.
 Limit: 10
 Suggested Ages, 8-12

Discover the joy and fun in cooking. Learn how to combine different foods in delicious ways! We will also explore some basic economics of buying food with a trip to the grocery store.
 (Melinda is a student in elementary education with previous experiences in teaching cooking.)

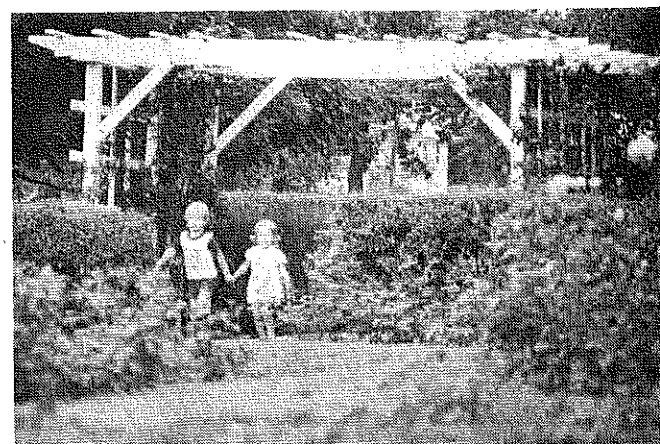
A CHILDREN'S TOUR OF THE LIVING/LEARNING SCHOOL

David Hursh 539-1677
 Sue Sandmeyer 776-5339
 Saturday, 1pm
 Length: One time, June 25
 Location: 1011 Osage

This one-hour tour will include a presentation of films made by children at the school. Examples and information about some of the school's activities and a typical school day.
 (Dave and Sue are directors of the Living/Learning School.)

GOING...GOING...GONE -- SAVE OUR WILDLIFE!

Lorraine Nesmith 776-6718
 Preschool and grade school children are invited to join Manhattan Public Library's 1977 Summer Reading Program. There will be stories, crafts, films and speakers to help us learn about our world's endangered wildlife. For more information, call Lorraine at 776-6718.
 (Lorraine is children's librarian at the Manhattan Public Library.)



OLIO

SMALL CLAIMS COURT

Nyles Davis 532-6541
 Thursday, 7pm
 Length: One time, July 7
 Location: K-State Union, 205
 Limit: 30

We will explore the practices and procedures involved in Small Claims Court actions: filing, defending, prosecuting, appealing, and collective judgments.
 (Nyles is the student attorney at KSU.)

THE GAME OF DIPLOMACY - SIMULATION STYLE

Bob Harris 539-3118
 Wednesdays, 7pm
 Length: 2 times
 First meeting: June 29
 Location: 745 Elling Drive

This class will simulate international relations among the great powers of Europe. Formation of alliances is the basic strategy of the simulation with the conquest of Europe as the primary direction of the game. The first meeting will be an introduction to the simulation game with playing times to be decided at this time.
 (Bob enjoys simulation games and wants to play a few rounds this summer.)

There is no such thing as viability of states or of nations, there is only a problem of viability of people: actual persons like you and me.

NATIVE AMERICAN AWARENESS SEMINAR

Marilyn Samore 539-2942
 Lee Flamick 539-3245
 Davis Colburn
 Thursdays, 7pm
 Length: 2 times
 First meeting: July 7
 Location: Peace Lutheran Church Basement
 2500 Kimball Ave

The purpose of this seminar is to bring the issue of Native American Sovereignty to the community. The cultural and political aspects of sovereignty will be examined. Topics to be discussed include treaty rights, forced sterilization of Native American women, and BIA practices regarding the dissolution of Native American families.
 (Marilyn, Lee and Davis are presently trying to organize a chapter of the Native American Solidarity Committee.)

WHAT IS MONTESSORI?

Kathleen Hursh 539-1677
 Sunday, 7pm
 Length: One time, June 26
 Location: 503 N. 6th
 Limit: 15

I would like to share the joys and the magic I feel while working with young children, using some ideas and methods devised by Maria Montessori. We will meet in a pre-school equipped with Montessori materials and talk of the early history of the Montessori approach and its growth; the different areas of the classroom environment and the purpose of the equipment in the development of the whole child.

WANT TO WORK WITH CHILDREN IN AN OPEN CLASSROOM? VOLUNTEER FOR THE LIVING/LEARNING SCHOOL!

Dave Hursh 539-1677
 Sue Sandmeyer 776-5339

Sign up at registration and you will be contacted.

We're looking for people who like to work with children! If you have some interests or talents you'd like to share with children or just want to share yourself, we'd like to meet with you about helping out in our program. Our curriculum includes the innovative teaching of science, math, reading, writing, social sciences, P.E., music, art, architecture, photography and film. We could do some exciting things together!
 (Dave and sue are the teachers at Manhattan's alternative elementary/junior high school.)

THE LIVING/LEARNING ELEMENTARY AND JUNIOR HIGH SCHOOL OPEN HOUSE

Dave Hursh 539-1677
 Sue Sandmeyer 776-5339
 Sunday, 2-5pm
 Length: One time, June 26
 Location: 1011 Osage

If you either have children, teach, plan to teach or are just interested in human growth and the development of children, you're invited to visit with us about our school which uses an open classroom, and an individualized approach to learning.

STUDIES IN MARXIST CLASSICS

Ivan Brown 537-2044
 Janeen Creamer
 Mondays, 7:30pm
 Length: Indefinite
 First meeting: June 20
 Location: UFM Living Room
 615 Fairchild Terr

To better understand the development of Marxist revolutionary thought in the 19th and 20th Centuries, we will read and discuss "The Communist Manifesto," Marx; "Socialism: Utopian and Scientific," Engels; and "Three Component Parts of Marxism," Lenin.
 (Ivan and Janeen have been active in a local Marxist study group for the past one-and-a-half years.)

BIG BROTHER/BIG SISTER

Dick Smith 776-9575
 Tuesdays, 6:30-9pm
 Length: Indefinite
 First meeting: July 12
 Location: KSU Union, Rm 205a

When raising a child alone -- from the divorce or separation which divides a family or the loss of a parent by death -- it is the child who suffers the most. Children in such circumstances require the utmost in love, understanding and sound guidance. If you are 18 years of age, mature, married or single, and able to give at least a one-year commitment to a child in such a situation, we would like to hear from you. Just attend the orientation meeting and it will give everyone a chance to get acquainted. The need is great. Helping a child along the road of life is a unique experience.
 (Dick has been involved with the program for 3 years.)

RETURNING TO COLLEGE

Margaret Nordin 532-6432
 Wednesday, 3:30pm
 Length: One time, July 13
 Location: K-State Union, Rm 205a

Have you thought about starting or returning to college after being out of school for several years? Are you wondering whether you have the time, money, ability or physical energy to do so? What will your family and friends think of you? Come share your hopes (and doubts) with others, including several persons who have returned recently to KSU and survived.
 (Margaret is involved with the Center for Student Development at KSU.)

COSMOPOLITANS CLUB

Fridays, 8pm
 Length: Indefinite
 First meeting: June 17
 Location: UMHE Center
 1021 Denison Ave

This is an international organization providing an opportunity for foreign students and Americans to meet each other and learn about the many different cultures and customs that are represented in the KSU/Manhattan community.

crafts

CONTEMPORARY BATIK

Kathleen Hursh 539-1677
Tuesday, 7pm
Length: One time
First meeting: June 21
Location: 1022 Kearney
Limit: 10

I would like to share what I've learned about this exciting craft. We will discuss the materials used to batik and see pieces in different stages of completion. We can talk about suitable design, techniques and processes. If you've tried this craft, bring some of your work.
(Kathleen has taught this class before and is experimenting with batik.)

CREATIVE CROCHET

Linda Teener 539-8057
532-6432

Wednesdays, 7pm
Length: 3-4 times
First meeting: June 22
Location: 1027 Ratone
Limit: 8

Fingers, snails and spirals. Learn to crochet in three dimensions. We'll learn some basic shaping techniques and how to put them together as sculpture, baskets, toys or whatever you think of. Some knowledge of crochet is helpful. Bring practice yarn and a hook.
(Linda has been crocheting for 7 years and has taught classes before.)

FUNDAMENTALS OF RUG WEAVING

Harold A. Noyce 537-0866
Tuesdays, 7:30pm
Length: Indefinite
First meeting: June 21
Location: 724 Moro
Limit: 3

The class will meet for a general discussion of materials, preparation of material, etc. As weaving is a personal art rather than a class art, time of weaving will be determined by the members themselves. We hope that each one can make a rug of their own design and weaving.
(Harold has been weaving rugs as a hobby for nearly 30 years. He tries to keep a few rugs for display and sale, made from various types of material and different patterns of weaving.)

WEAVE A HAMMOCK

Joan Werner 537-7902
Wednesday, 7:30pm
Thursday, 7:30pm
Length: 2 times
First meeting: June 22, Section I
June 23, Section II
Location: 1605 Browning Ave
Limit: 12 each section

View a woven hammock during the first class "get-together" and discuss ideas and materials needed. The second class will be a time for learning how to weave and beginning your own hammock.
(Joan has previous experience making hammocks.)

WEAVER'S FANCY

Patty Mueller 1-485-2777
Susan Lala 537-9610
Meetings: June 18, July 16, Aug 20
Location: Call for information

For the summer this will be a continuing discussion on weaving and other fiber techniques. Beginners are welcome but formal instruction is not available.
(This is an on-going group.)

BEGINNING KNITTING

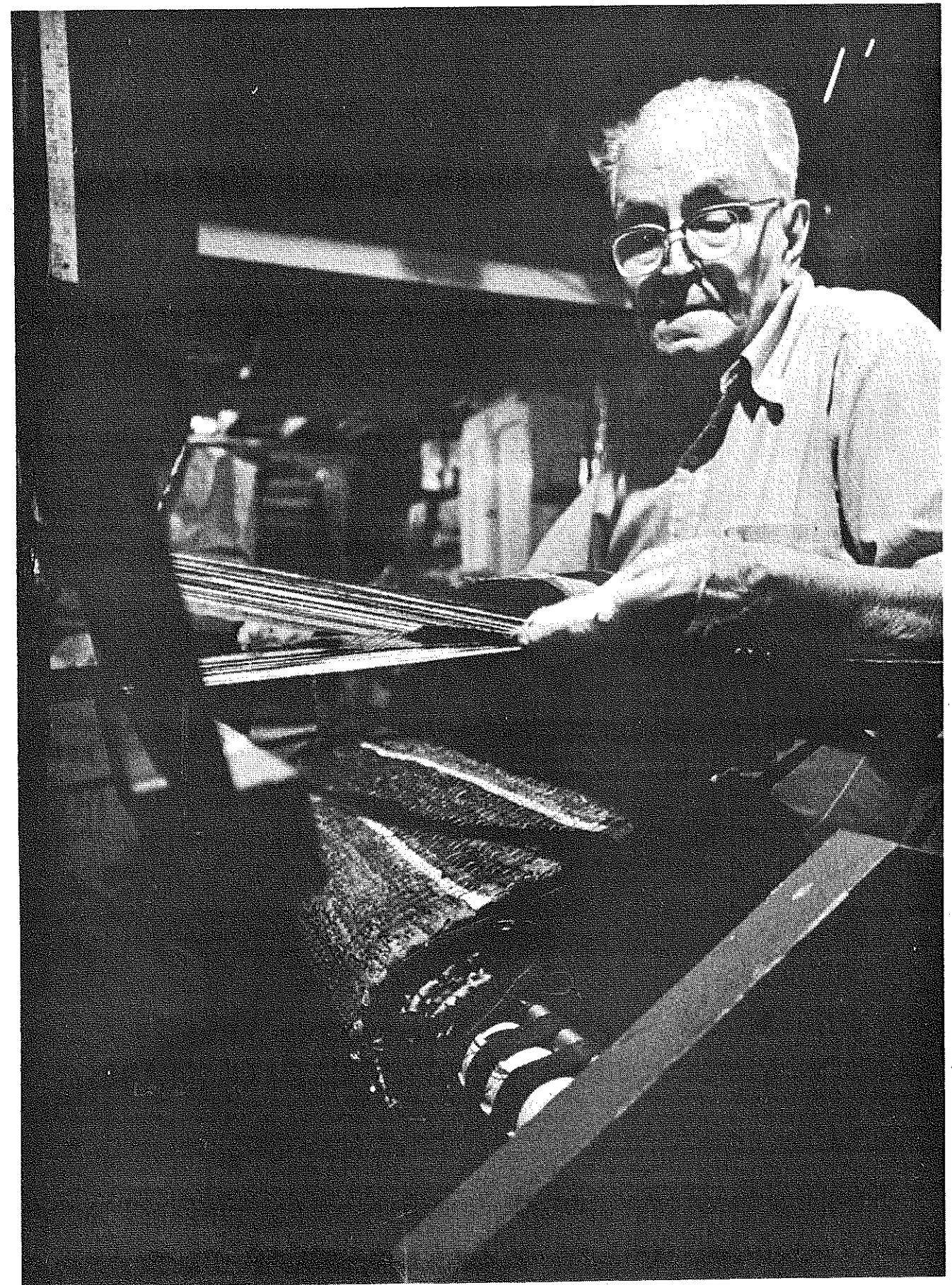
Mardona D'Arcangelis 776-3626
Mondays, 7pm
Length: 3 times
First meeting: June 20
Location: 1st Baptist Church, 2121 Blue Hills Rd
Rm 14 - Lower Level
Limit: 10

What you've always wanted to knit but were afraid to without instruction. Bring size 8 needles and one skein of knitting worsted yarn of cloth Sayelle. Learn to fulfill your knitting fantasies.
(Mardona has been knitting for many years.)

TATTING

Mildred Ray 537-7545
Thursdays, 7-9:30pm
Length: 6 times
First meeting: July 14
Location: UMHE Parents Room
1021 Denison Ave

Tatting is a technique of lace-making using a shuttle. You can make anything from trim to tablecloths. Bring a shuttle and scissors. Mrs. Ray will bring the right thread for beginners to try.
(Mildred has been tatting since she was 12 and loves to get others started.)



Faded blue jeans, out of style prints, even bread wrappers are reborn under the hands of Harold Noyce - weaver. From his looms come sturdy rugs, placemats and wall hangings. He is a patient and gentle teacher to those learning this craft from him.

BEGINNING MACRAME

Carrie Coonrod 776-6404
 Thursdays, 1:30pm
 Length: Indefinite
 First meeting: June 16
 Location: Apartment Towers, Community Room
 300 N. 5th
 Limit: 6

The first class will be a discussion of designs and ideas. Bring a pattern or pick from ones that will be there. We will discuss what to do and what materials will be needed and start work the second session. (Carrie has taught this class several times and is involved in many kinds of arts and crafts.)

MACRAME

Jennifer Sheets 537-0186
 Wednesdays, 10am
 Length: 4 times
 First meeting: July 6
 Location: 1100 Garden Way, Apt C (top floor)
 Limit: 10

In my macrame pieces, I use bones, antlers, pieces of wood, anything I can find. I also use twine. Bring anything. Odds and ends can always be fit into a macrame. Come and experiment with a variety of materials and ideas. We'll collage a macrame project. (Jennifer has done macrame for herself and also to sell to others.)

INTRODUCTION TO BASIC LEATHERCRAFT

Kathy Henry 539-5270
 Saturdays, 1 - 3:30pm
 Length: 8 times
 First meeting: June 18
 Location: KSU, Art Bldg, Rm 207
 (old Chem. Engg. Bldg.)

For persons interested in the basics of leathercrafting belts, purses and other projects. Information we will cover: preparing leather, using tools and some dyeing. The course will try to be flexible according to interest and knowledge. (Kathy began leathercrafting of western style belts eight years ago, but has since expanded to other projects.)

INTRODUCTION TO STAINED GLASS

Tom Ryan 1-468-3634
 Mondays, 7pm
 Length: One time
 First meeting: June 20, Section I
 June 27, Section II
 July 11, Section III
 Location: KSU, Art Bldg, Rm 101
 (Old Chem Eng. Bldg)
 Limit: 20 each section

We'll try to cover the basics of design, glass, cutting, leading, soldering and finishing of stained glass projects. Hopefully, I'll be able to pass on the information you need to design and complete your own projects at home. Please indicate at registration which date you wish to attend. (Tom worked with stained glass for several years off and on.)

PRESSED FLOWER CRAFTS

Mildred Swingle 776-5487
 Wednesday, 10am
 Length: One time
 First meeting: June 29
 Location: 431 Humbolt
 Limit: 12

With a little instruction and imagination, you can design your own original stationery using dried flowers and leaves. Also included will be how to use the dried plants for plaques and pictures. (Pressing flowers, baking delicious bread and growing vegetables on concrete are just a few of Mildred's skills.)

TIN CAN CRAFT

Fred Ernst 539-2788
 Wednesdays, 7pm
 Length: 6 times
 First meeting: June 22
 Location: KSU, Art Bldg, Rm 5B
 (Old Chem Engg Bldg)
 Limit: 6

This is an early American craft that is very much in time with today. It involves salvaging old cans and converting them into miniature toys and sculptures. Bring tin snips. (Fred has taught this before and enjoys sharing his knowledge.)

ROSEMALING (NORWEGIAN PAINTING ON WOOD)

Dorothy Barfoot 539-3990
 Wednesday, 7-9pm
 Length: 8 times
 First meeting: June 22
 Location: 815 Sunset
 Limit: 12

The first meeting will be a discussion of what we will need to do for our paintings in the following sessions, and to look at rosemaled objects. I have been to Norway and seen the homes covered with designs from wall to ceiling! Everything got painted to fill those cold long winter evenings!! The art came to America with the Scandinavian settlers. In those days the roads weren't good and so each valley developed its own traditional designs. (Dorothy has studied rosemaling in Norway and in Illinois where she takes a class every summer.)

SILKSCREEN DEMONSTRATION

Carole Hahn 539-8154
 Thursday, 7:30-9:30 pm
 Length: Demonstration June 23, interested people may continue for an additional 5 weeks.
 First meeting: June 23
 Location: KSU, Art Bldg, Prints Rm 1 (Basement)
 (Old Chem Eng. Bldg)
 Limit: 25

I will print a small edition of stationery and explain and demonstrate how the printing is done. You will see examples of different kinds of silkscreen work and learn about different stencils. Anyone who is interested in forming a small group to continue and print, can meet with me after the demonstration. (Carol will be receiving an art degree in August. Her main area of interest has been printing.)

BASIC SEWING

Ruth Wells 539-0264
 Tuesdays, Thursdays, 7-9pm
 Length: 3 weeks
 First meeting: July 12
 Location: Douglass Center Annex
 901 Yuma, Frederick Douglass Room
 Limit: 6

The first session will be a discussion of what kind of pattern and material to buy. The objective of our course will be to complete a simple garment and also to learn how to read the direction sheet that comes with the pattern. (Ruth has taught high school clothing classes.)

ORIGAMI (JAPANESE PAPER-FOLDING)

Etsuko Miyamoto 537-9161
 Monday, 7:30pm
 Length: One time
 First meeting: July 11
 Location: 922 Garden Way, Apt 6
 Limit: 10

We will do the bird, crane, sheep and balloon. I have brought paper from Japan we can use. Parents could bring a child along. (Etsuko learned this art in Japan.)

UFM POTTERY ROOM

The Pottery Room in the UFM House, containing two wheels and a kiln, is available for people to use. \$15 a semester allows you to work there up to 5 hours a week, use 35 pounds (wet) of clay, and have your work fired. Depending on how many pieces you have, glaze-firing may be extra. Our pottery room is unusual in that it is a co-operative. People who work there, either with a class or studio time, are asked to help maintain it as a pleasant environment for the other people who share it. This will mean cleaning tools, tables and floors before you leave each time.

You can sign up for studio time at registration or at the UFM House anytime. Please leave your phone number so that you can be contacted. We'd like to show you where things are around the pottery room and explain about the glazes, etc.

POTS - INDIAN METHOD

Jean Goldman 532-5866
 Tuesday, 10am-12:30pm
 Length: 4 times
 First meeting: June 21
 Location: UFM Pottery Room
 615 Fairchild Terr
 Limit: 8
 Material Fee: \$10 - pay at registration

We will hand-build pots and sculptures out of local clays. Then we can burnish them, much as the Indians did years ago and still do today. When the pots are dry we will low fire them in a sawdust firing, and see if we can preserve the polished sheen. Students will need to be able to devote some extra time outside of class if you want to burnish. (Jean has fired a lot of sculptures in an electric kiln, and has always wanted to try other methods.)

THROWING ON THE WHEEL FOR BEGINNERS

Sue Poe 539-7688
 Mondays & Wednesdays, 7-9pm
 Length: Indefinite
 First meeting: June 20
 Location: UFM Pottery Room
 615 Fairchild Terr
 Limit: 6
 Materials Fee: \$15 - pay at registration

This course will include the making of cylinders, closed forms, bowls, and lidded forms. Students should allow time during their week for practice. (Sue has been studying ceramics at KSU.)

THROWING ON THE POTTERY WHEEL

Reza Vazirian 539-1760
 Tuesdays, 6:30pm
 Length: 4 weeks
 First meeting: June 21
 Location: UFM Pottery Room
 615 Fairchild Terr
 Limit: 8
 Materials Fee: \$10 - pay at registration

This course will include getting to know the clay, throwing, and some handbuilding. Students will have the opportunity to practice during their free time. (Reza is an architecture student getting a degree in ceramics. He has studied 2 years under Angelo Garzio at KSU.)

CERAMICS A

Miriam Shaheed 537-8576
 Mardi Ashcraft 539-3037
 Tuesdays, 7pm
 Length: 5 times
 First meeting: July 26
 Location: UFM Basement
 615 Fairchild Terr
 Limit: 6
 Materials Fee: \$10 - pay at registration

We will cover the four methods of handling clay: pinch, coil, slab and wheel. We'll teach one method per meeting and after that you can work on your own. Basics in glazing will also be taught. (Miriam and Mardi have several years of experience in ceramics.)

CERAMICS B

Lori Carlson 539-8094
 Greg Siek 537-1678
 Thursdays, 7-9:30pm
 Length: 6 times
 First meeting: June 23
 Location: UFM Pottery Room
 615 Fairchild Terr
 Limit: 6
 Materials Fee: \$10 - pay at registration

This class will cover all methods of hand-building ceramics. Each student will have individual instruction and an opportunity to work on the wheel. Students will be able to glaze and fire. Make sure you wear old clothes. (Lori and Greg both have had several semesters of ceramics.)

earth

INDEPENDENCE WITH THE LAND

Harold Klaassen 539-2575
John Abell 532-5800

Monday, 7:30pm
Length: One time, June 27
Location: First Congregational Church
700 Poyntz

In our present day society there is no way to be completely self-reliant, but we can work toward independence. This group will discuss how to develop a small piece of land to meet a diversity of needs. Topics included will be: pond ecology for raising fish, small animal production, wood lot management for fuel, and orchards and vegetable gardens. (Harold is a wildlife and fisheries professor and John is with KSU Extension, outdoor education.)

O GIVE ME A HOME IN THE FLINT HILLS

Jim Goss 537-7005

Friday, 7:30pm
Length: One time, July 8
Location: First National Bank basement
701 Poyntz

This course is designed to help the person who wants to buy property in the country, determine why s/he wants to buy and what can be bought, whether it be for investment, country living, recreation, aesthetic or other reasons. (Jim is an author who has traveled extensively, and for the past 1½ years has been a real estate salesman selling land, farms and ranches.)

SOLAR HOUSES AND ENERGY-EFFICIENT HOMES

Randy Pierce 537-0421
Bruce Snead 537-7260

Thursday, 7pm
Length: One time, July 28
Location: St. Paul's Episcopal Church bsmt
6th and Poyntz

This slide show presentation and discussion will focus on the design, construction and performance of several local solar houses and energy-efficient homes. Attention will be given to physical and environmental concerns as well as lifestyle considerations. (Randy and Bruce are involved with many energy related activities and are coordinating the design and construction of several new solar homes in the Manhattan area.)

SOLAR GREENHOUSES

Steve Ernst 539-4224

Tuesdays, 7:30pm
Length: Indefinite
First meeting: June 28
Location: 357 N. 14th St
Limit: 25

Winter vegetables and supplemental heat are just two of the benefits of a solar greenhouse. You don't have to be a plant wizard or an engineer to build and operate your own. We will look at books, articles and visit one. If you have one it would be greatly appreciated if you would sign up or at least give me a ring. (Steve graduated in horticulture, and is very interested in the possibilities of solar greenhouses.)

WE PROMISE YOU A ROSE GARDEN

Gus vanDer Hoeven 532-6173

Tuesday, 7:30pm
Length: One time, June 21
Location: First National Bank bsmt
701 Poyntz

Adding a patio to your yard? Hoping to make your backyard an extension of your home? With proper use of your land the yard can become a versatile indoor/outdoor room. At the same time we will discuss how to conserve energy and insulate your home with proper use of plant materials. Come and learn how to plant materials in a variety of ways. (Gus is a professor in horticulture and is interested in how not to see the neighbors garbage can.)

INDOOR FOLIAGE PLANTS

Tom Slagle 776-5764

Tuesdays, 7:30pm
Length: 4 times
First meeting: June 21
Location: KSU, Horticulture Teaching Greenhouse

The following topics will be discussed: house plant identification, plant propagation, plant pest identification and control, plant nutrition, media and lighting. (Tom is a foreman of the Horticulture Greenhouses and owner of a local greenhouse.)

SAND DRYING FLOWERS

Georgia Becker 537-1987

Tuesdays, 1pm
Length: 2 times
First meeting: June 21
Location: 1331 Pierre backyard
Limit: 12

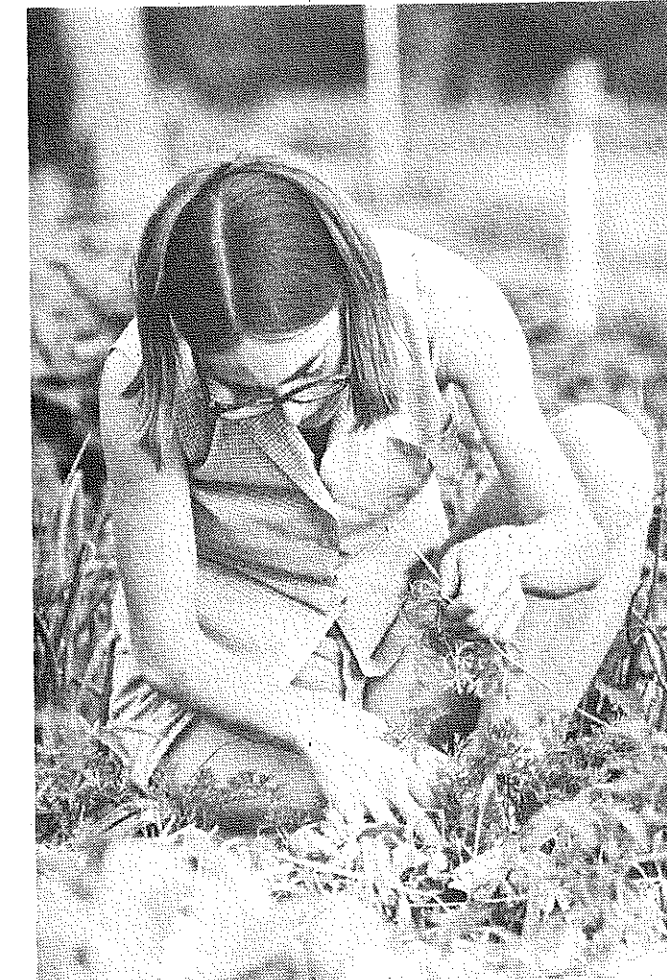
Come and learn with us how to preserve the natural beauty of flowers in sand. Bring an empty can, cheese carton or small box. We will learn the techniques of sanding the first session. Second session we will view our results. In case of rain you will be contacted about an alternate date. (Georgia enjoys preserving the beauty of the outdoors.)

OPEN HOUSE AT HORTICULTURE RESEARCH FARMS

Extension-Horticulture Department 532-5820

Tuesday & Wednesday, 6pm
Length: 2 days, July 19 & 20
Location: Research Farm, Ashland Bottoms

Welcome to the Horticulture Research Farms Open House. Learn what new varieties are being developed. See various growing methods. The Horticulture Research Farm is located at Ashland Bottoms.



For a small investment in time and money, families renting a plot at the Community Gardens can grow enough vegetables to supply themselves year round. By growing their own, they help save energy that would otherwise be used for shipping from distant places.

WILD FLOWERS

Ray Keen 532-6170
Ted Barkley 532-6619

Fridays, 7:30pm
Length: 2 times
First meeting: June 17
Location: Manhattan Public Library Auditorium
Juliette and Poyntz

Do you love to see the prairie in full bloom and hike among its beauties? Join two of the best local experts as they guide you to the flowering plants of Kansas. The first evening we'll have a slide show and talk, while the next week the class will walk the prairie. (Ted is curator of the herbarium for KSU. Ray is a professor of horticulture.)

FALL VEGETABLE GARDENING

Chuck Marr 532-6173

Thursday, 7:30pm
Length: One time, July 7
Location: Community Gardens, 800 block of Riley Lane
In case of rain: Douglass Community Center
801 Yuma

By the time this course meets, much of the gardening season will be over, save for harvesting the fruits of our spring labor. But don't forget you can have a fall garden -- and that's what we'll be talking about. Come join us and find out about the joys of fall harvesting. (Chuck is in Extension Horticulture and is known around the state for his superb gardening courses.)

*Modern man does not experience
himself as a part of nature
but as an outside force
destined to dominate and conquer it.
He even talks of a battle with nature
forgetting that, if he won the battle,
he would find himself on the losing side.*

ORGANIC GARDENING

Mildred & Charlie Swingle 776-5487

Thursday, 7:30pm
Length: One time, June 30
Location: 120 N. 5th St
Limit: 15

For the backyard gardener: organic gardening experiences on insect control without insecticides, composting and sheet composting, and companion planting will be shown. The garden itself will be the classroom. (The Swingles have had successful gardens over the years including one on concrete.)

HERBS

Dale Anderson 1-494-2540
 Thursday, 7pm
 Length: One time, June 16
 Location: 6 miles east on U.S. Highway 24 south side of road

A virtual rainbow of herbs growing in rock gardens, in the vegetable garden, the greenhouse, and throughout the backyard will be shown. Topics covered will be: how to grow and dry herbs for use in cooking, around the house for potpourri, healing and easing pain, and repelling pests and attracting allies. (Dale is an amateur herb-grower.)

DISCOVER THE TALLGRASS PRAIRIE

Perry Conway 776-6548
 Friday & Saturday, 6:30pm
 Length: One time, 2 sections, June 24 & 25
 June 24 - Section I
 June 25 - Section II
 Location: Konza Prairie/Dewey Ranch
 Limit: 20 per session

Come, explore and discover the ecology and natural history of the tall grass prairie's flora and fauna. Interested expeditioners should meet in the parking lot south of Ackert Hall. KSU campus at 6:30 a.m. Sign up for either June 24 or June 25. (Perry has and is a local leader in The National Audubon Society.)

EDIBLE PLANTS

Max Miller 539-3488
 Sue Maes 532-5866
 Thursday, 6pm
 Length: One time, June 23
 Location: 3117 Bermuda Lane

While there may not be "gold in Kansas hills" there is a vast quantity of food. Come stalk the wilds with us as we learn about the vast variety of meals which can be prepared from a fall harvest of the wilds. Abandoned farmsteads, old fields, stream banks, swampy areas and even vacant lots are the finest foraging sites. Bring wild plants you've collected or any that you are in question about. If it rains, class will not be held. We will talk and then hike. (Max and Sue have been collecting and sharing their edible finds through UFM for years.)



PACKING IN THE GRAND CANYON

Charlie Griffin 485-2762
 Ken Benedick
 Thursday, 7:30pm
 Length: One time, July 7
 Location: UMHE, 1021 Denison Ave
 Limit: 30

Exploring the living canyon past 20 million years of geological strata--this will be slide show-introduction to backpacking in the canyon. We'll discuss planning, equipment, and setting your limits while hopefully emphasizing the wondrous side trips along the way. "He who hears the rippling of rivers in these degenerate days will not utterly despair."

--Thoreau

(Charlie and Ken make yearly pilgrimages to the Grand Canyon.)

VISIT THE STARS AND PLAY WITH PHYSICS

Bill Paske 532-6798
 Wednesday, 7:30pm
 Length: One time, June 22
 Location: KSU, Cardwell Hall, Rm 216

Visit the stars through a telescope. See the arrangements and movements of the galaxies in the planetarium. Experience rotating toys, vibrations from your voice and heart beat, and take a polygraph test. Learn how physics is very much a part of our lives. Young and old alike are welcome. (Bill is in charge of the physics playroom)

ENVIRONMENTAL AWARENESS CENTER

Becky O'Donnell & Margaret Rance 532-6541
 Wednesdays, 7:30pm
 Length: Indefinite
 First meeting: June 15
 Location: KSU Union, Rm 207

The Environmental Awareness Center is a service organization which maintains a resource center on environmental issues. The first meeting we will discuss our present white bond recycling program, our area clean-up programs, and plan upcoming environmental education programs. (Becky and Margaret have been actively involved in EAC all year and are interested in getting others involved.)

SUNDIALS

William Fateley 532-6668
 Monday, 7pm
 Length: One time, June 20
 Location: UMHE Center, 1021 Denison Ave

Have you ever wanted to build a sundial or to understand how one works? Working with sundials can be simple enough to match the budding talents of a twelve-year old; yet we know that sundials attracted the interests of such prodigies as Sir Issac Newton and Thomas Jefferson. Build a sundial to grace your garden and to find time in other cities or by moonlight. This class will cover the theory and construction of sundials. (Bill is head of Chemistry at KSU and has led this class many times.)

WORM ECOLOGY

George Halazon 532-5784
 Monday, 7:30pm
 Length: One time, June 20
 Location: KSU, Ackert Hall, Rm 120

Do you want to wiggle your way to profit, improve your soil fertility and raise your own bait? Worms are being raised and used for these purposes as well as food and consumption of wastes. Join us and learn about vermiculture (worm-raising) as well as the many other benefits of worms. (George is a professor in Wildlife Extension and has taught many other UFM courses.)

DAIRY GOATS

Mary Martin 485-2742
 Thursday, 7pm
 Length: One time, June 30
 Location: Stone farm, 9 miles west of Manhattan on County 412 (Anderson Ave)

A management clinic will be conducted for persons interested in keeping dairy goats. The clinic will cover the breeding, feeding and management of dairy goats. (Mary has been raising goats for over 2 years.)

FERGINGS FOR FUN AND FROLIC

Fanny Farkle 337-4464
 Tuesdays, 7:30pm
 Length: Indefinite (length of ferging season)
 First meeting: June 30
 Location: Ferging Field (6 miles west on Highway 24)
 Limit: 23½

Join in the fun and delight of picking the first fergings of the season. Veteran ferging pickers will be on hand to give you pointers on locating, defuzzing and pickling the little devils. If there is interest, we may form a Fergings United Chapter in Kansas. (Fanny frequently finds fergings for faithful friends.)

BEEKEEPING

Dell Gates 532-5891
 Tuesdays, 7pm
 Length: 2 times
 First meeting: June 28
 Location: KSU, Waters Hall, Rm 127

The fundamentals of what is needed to start an apiary will be demonstrated by showing equipment and a slide show on local hives. Outings might be possible. (Dell is an Entomology Extension agent.)

DOG OBEDIENCE

Alan Goldstein 532-3136
 Wednesdays, 7pm
 Length: 4 times
 First meeting: June 22
 Location: City Park Pavilion

"Learn to work with your dog on and off the lead without resentment on any side." This learning philosophy entails adapting animal psychology and can be applied to practically any animal. This course will be an introduction to the basics of training and grooming your dog. Bring your dog with leashes and choke collars to the first meeting. (Alan has previously worked as a dog trainer in Washington, D.C.)

GREYHOUND RACING AND INDUSTRY

Brad Hanson 776-5569
 Saturdays, 11am
 Length: 2 times
 First meeting: June 18
 Location: UFM House patio,
 This course will cover breeding, raising, training, and racing of dogs, training alternatives, and problems with legalization. (Brad has trained greyhounds for racing for over two years.)



fine arts

BALLROOM DANCING

Rosalie Landoll
Wednesdays, 8pm
Length: 7 times
First meeting: June 15
Location: UMHE - Large Room
1021 Denison Ave
Limit: 10 couples

The ballroom dances to be taught in this course are fox trot, swing, cha-cha and waltz. Learn the art of graceful dance and nostalgic romantic movement. Ballet slippers or soft-soled shoes must be worn. Light clothing allowing freedom of movement is advised.
(Rosalie is a certified teacher for modern, Latin American and international dancing. Member USDTA.)

BELLY-DANCING (BEGINNING)

Barbara Smith 539-4021
Thursdays, 6:15pm
Length: 6 times
First meeting: June 16
Location: To Be Announced
Limit: 30

Belly dance is excellent exercise with benefits of gaining poise and confidence. We will learn six positions each meeting. Instructions for several costume styles will be given. Books, record and jewelry sources are available. Out-of-town workshops are announced for those who may want additional instruction.
(Barbara has taught belly-dancing since 1975 and has enjoyed helping others learn about themselves through dance.)

BELLY-DANCING (ADVANCED)

Barbara Smith 539-4021
Thursdays, 7:30pm
Length: 6 times
First meeting: June 16
Location: To Be Announced
Limit: 30

This class is for those who have some belly dance experience and want to prepare dance routines or polish up performances. Several of us have traveled to out-of-town workshops and performances and come back with many new things to share. Belly-dancing gets more exciting all the time.
(Barbara has taught belly-dancing since 1975 and has enjoyed helping others learn about themselves through dance.)

WEST COAST SWING

Ginny McGrew 537-4692
Wednesdays, 7:30pm
Length: 9 times
First meeting: June 22
Location: KSU, Fairchild Hall, Rm 202
Limit: 8 couples
Material Fees: \$5 a couple for tapes for music - pay at registration.

This is an updated version of the jitterbug set to the latest rock music. It is also referred to as the Dallas Push. This is not "disco-dancing," but is considered a part of ballroom dance. People should dress casually, no jeans, and hard leather-soled shoes are a must.
(Ginny is a former Arthur Murray teacher.)

CALLIGRAPHY

Merit Sarah Ramzy 1-272-3983
Stephanie Rolley
Friday, 7pm
Length: One time, July 8
Location: KSU, Justin Hall, Rm 343
Limit: 25

Learn the art of beautiful writing. That classy looking printing that you see on invitations, diplomas, announcements, etc., is not hard to learn. Students should obtain an italic script pen to bring to class. (Ask for ozmoroid or platinum)
(Merit and Stephanie have both teaching and commercial experience in scripting.)

HAIKU FOR HIGH SCHOOL STUDENTS

Paul Hart
Saturday, 10am-1pm
Length: One time, June 18
Location: UFM Living Room
615 Fairchild Terr
Limit: 12

The haiku is a short poem (3 lines) which can be written in one sitting. We will spend the day discussing various "poetic techniques" and how they can be applied to the haiku. No background in poetry writing is required. Please bring paper and pen.
(Paul has conducted many workshops on poetry and is working on an M.A. in creating writing at KSU.)

CREATIVE WRITING WORKSHOP

Ed Moses 537-2163
Wednesdays, 7:30pm
Length: Indefinite
First meeting: June 22
Location: KSU, Denison Hall, Rm 120

The workshop is for poets and fiction writers, beginning and experienced. We read each other's manuscripts and offer constructive criticism.
(Ed has taught the UFM Creative Writing Workshop during the last 2 semesters.)

*It is rather more difficult to recapture
directness and simplicity than to
advance in the direction of ever more
sophistication and complexity.*

RELIGIOUS POETRY

Effie Edwards 776-8653
Wednesdays, 2pm
Length: Indefinite
First meeting: June 22
Location: 425 Pierre, Apt. 5K
Limit: 6

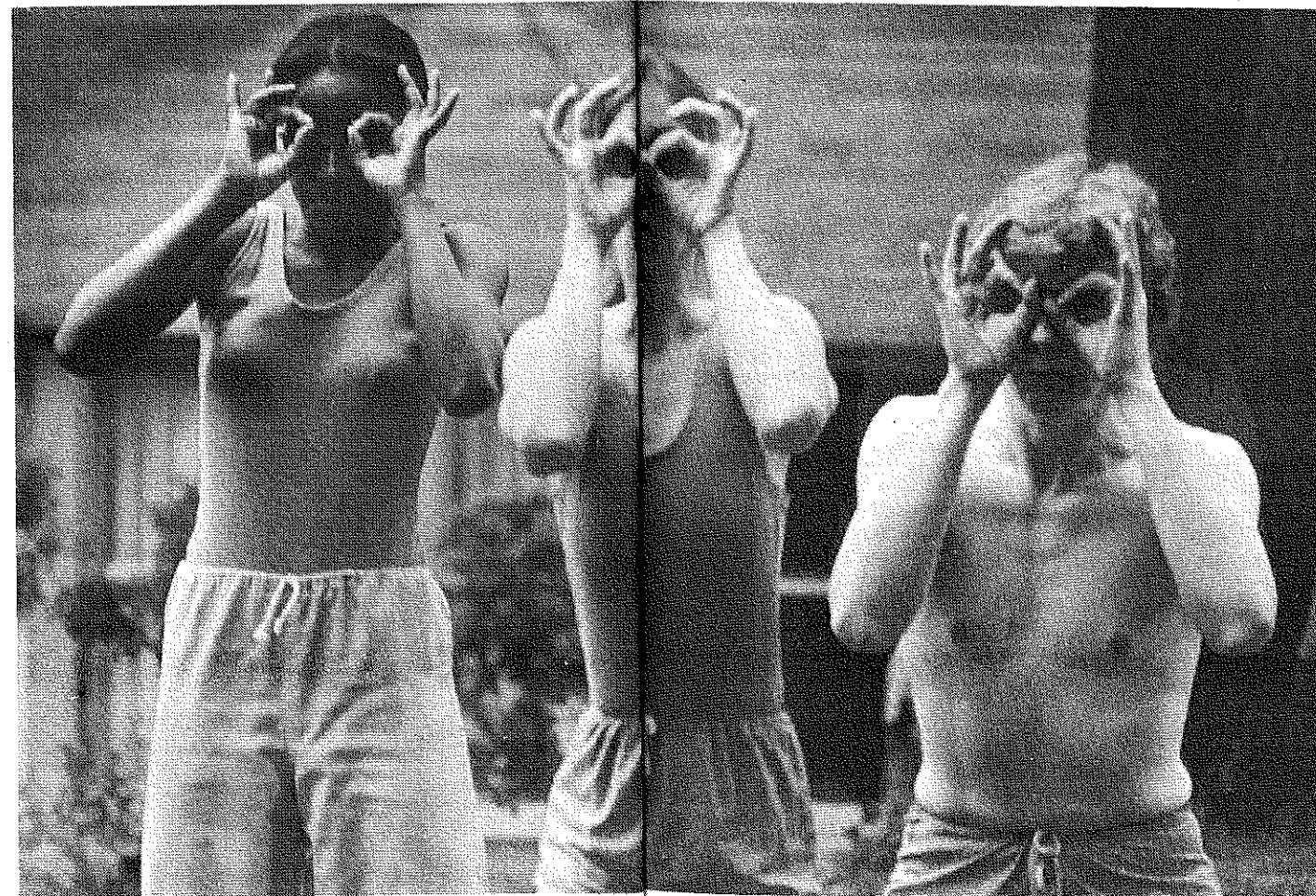
We will share our efforts in writing religious poetry and talk about motivations, inspirations and why we express our religious feelings through poetry. For the past thirteen years an original Effie Edwards poem has been read over WIBW radio each Sunday morning.
(Effie has been writing religious poetry since she was 17. She is now 91 and has had four books of poetry published.)

BASIC PHOTOGRAPHY

Rick Boucher 776-4231
Tuesdays, 6pm
Length: 6 times
First meeting: Jun 21
Location: UFM Living Room
615 Fairchild Terr
Limit: 5
Materials Fee: \$12~ pay at class.

This is a class for people interested in learning to operate adjustable cameras and process their own film. It will be black and white only. The first three meetings will cover understanding and using the camera, the last three will be in the darkroom processing and printing film, pending Union scheduling.
(Rick has been involved in photography 15 years, professionally for the last eight years.)

"Pool", a modern dance choreographed by Pam Ross, presented its watery images at many spontaneous productions around Manhattan. No stage or elaborate scenery were used, creating a sense of involvement between the audience and the dancers.



KANSAS STATE FANTASY AND SCIENCE FICTION SOCIETY

Karen Lee Killough 776-6584

Wednesdays, 7pm
Length: Indefinite
First Meeting: June 22
Location: KSU Union, Rm 205C

The group provides an opportunity for science fiction readers to meet each other and exchange views of the genre. The club is taking part in planning a science fiction convention next spring.
(Karen is a professional science fiction writer and has coordinated this group for several semesters.)

WOODWIND ENSEMBLE

Cliff Danziger 539-4546

Wednesdays, 7:30pm
Length: Indefinite
First meeting: June 22
Location: 2213 Browning Ave

We have had various combinations of woodwinds in the past. We would welcome new members in hopes of expanding our group. Any woodwind player who enjoys ensemble playing is encouraged to participate.
(Cliff plays clarinet and has coordinated the ensemble for 2 semesters.)

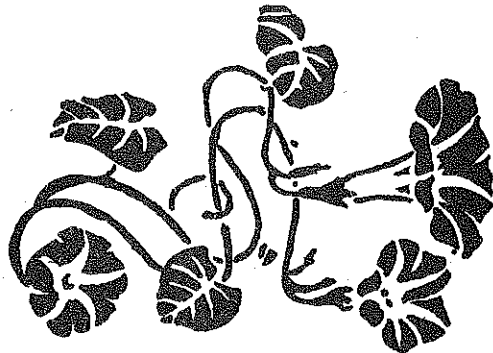
BANJO SESSION

South East Neff 776-8653
Rudy Knackstedt

Monday, 1:30-3:30pm
Length: One time
First meeting: July 11
Location: UMHE Auditorium, 1021 Denison Ave

We will share our music, talk about it and enjoy an "old time" music session with interested persons. We will bring our banjos, fiddles and comodophones. We are interested in country-western, folk, religious and modern music.

(Both South East and Rudy have been playing for over 60 years. They travel all over playing for children, senior citizens and others.)



ANTIQUES

Lois Morales 539-8867

Tuesdays, 7pm
Length: 3 times
First meeting: June 21
Location: 1200 Kearney
Material Fees: 25¢ - pay at class

We will learn about the kinds of things being collected in the Manhattan area and the prices being paid for them. We will visit shops of the area, go to auctions, view private collections and have discussions on areas of special interest.
(Lois has been interested in antiques for 10 years.)



CREATIVE PLASTICS

Pat and Ruby Barclay 776-8653

Tuesday, 1pm
Length: One time
First meeting: June 21
Location: 738 Midland
Limit: 6

We will display samples of our work, which involves coating objects, flowers, pins, etc., in plastic and making jewelry, paperweights and so on. We will talk about the procedures involved and, weather permitting, demonstrate them to the group.
(Pat and Ruby have been working with plastics for the last eleven years and are well known for their products.)

foods

IN SEARCH OF THE ELUSIVE GOOD MEAL

Thursday, 7:30pm
Length: One time, July 7
Location: Manhattan Public Library Auditorium
Juliette & Poyntz

While traveling through the Midwest, Charles Kuralt commented on what a vast gastronomical wasteland Kansas was. Here's a chance to hear the other side of the story - from behind the swinging kitchen doors. A panel of local restaurant owners and managers will be available to answer your questions about the quality of restaurant food, its preparation, food prices, service, ethics and just about every aspect of restaurant management in Manhattan. Tentative panelists include representatives from Cotton's Plantation, Reynard's Restaurant, JD's and Vista. Maybe you've thought about opening your own little place, or wondered why no one serves your favorite food - in any case, bring your comments and questions to this interesting meeting.

OUTDOOR SUMMER COOKING

Amos Kahrs 539-5041
Harold Roberts 532-6137

Wednesday, 7-9pm
Length: One time, June 22
Location: Sunset Zoo Pavilion
Materials Fee: 75¢ per person - pay at registration

Two of Manhattan's masters of the barbeque circuit will share their secrets for making what has been called the best barbequed chicken and the richest homemade ice cream in the state (if not the whole country!). An explanation of the ingredients and preparation will be given along with recipes and samples. A demonstration of root beer and soft drink making may also be included.
(Amos is an instructor in Poultry Science. Harold teaches Dairy Science.)

HOME CANNING

Kayann Heinly 776-4781

Tuesday, 8pm
Length: One time, June 21
Location: Pottorf Hall, C1Co Park

Along with recent renewed interest in home gardening has come a need for home food preservation. Because of new equipment, techniques, and food varieties, canning has changed a lot since Grandma's days. The basics of the water bath and the steam pressure methods will be reviewed, along with the latest information about canning techniques.
(Kayann is a Home Economist at Riley County Extension.)

DRYING WITH THE SUN

Bruce Snead 537-7260
Doris Hoerman 532-5866

Friday, 3-5pm
Length: One time, July 1
Location: Community Gardens, 800 block Riley Lane

Solar food drying has once again found its place in the sun. Through the use of drying you can usually reduce your harvest into bushel basket size, thus saving on space, in addition to saving energy. Examples of solar dryers and how to construct them will be shown. Techniques for food processing will be demonstrated.
(Bruce is co-partner in a local solar design and building firm. Doris has been drying produce from her garden for the past year.)

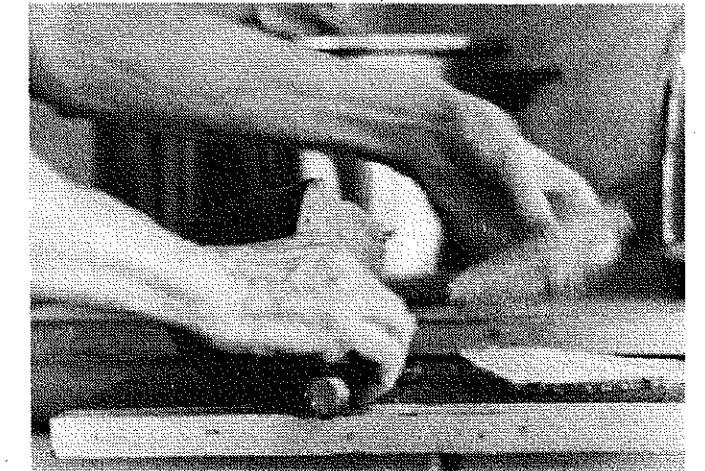
YOGURT MAKING

Sheila Sapienza 539-6629

Monday, 7:30pm
Length: One time, July 11
Location: UMHE Kitchen
1021 Denison Ave

Limit: 20
Materials Fee: 25¢ - pay at registration

This class will offer a demonstration of how to make yogurt easily at home without expensive electrical appliances. Samples will be available to take home and start your own batch.
(Sheila has been making yogurt for years and has never had a failure.)



GOOD NEIGHBOR MILK RUN

Doris Hoerman

532-5866

Thursday, 7:30pm

Length: One time, June 23

Location: UMHE Conversation Pit
1021 Denison Ave

If you've ever had a chance to eat fresh farm eggs or drink straight-from-the-cow milk, you know how great-tasting these foods can be. For those of us "trapped" in town, access to fresh foods is difficult, and can involve driving great distances. Therefore, I would like to meet with others interested in setting up a co-operative milk run to a local dairy (with milk at \$1/gal.) We can also discuss sources of eggs, meat, herbs, and surplus garden vegetables. Both suppliers and those wanting to be "supplied" are welcome to this organizational meeting. (Doris, as those around her will testify, is very much into all phases of food - from the ground up to the table.)



With close to 160 years of living experience between them, Mildred and Charles Swingle possess a wealth of information about plants and food. They are forever putting down roots in - Madagascar, California, Wisconsin, and even on concrete here in Manhattan - always organically and always putting back what they take out.

HISTORIC SUMMER DINING IN KANSAS

Interested in good food seasoned with a little local history? On the second Sunday of each month, we journey to an historic eating establishment in northeast Kansas. Past trips have included the Alma Hotel, Weaver Hotel, and Brookville. For the June 12 meeting, contact John Anschutz at 532-5580 or 539-5968. Otherwise sign up at registration and you'll be notified about the July trip.

BASIC COOKING

Yvonne Loud

539-8174

Mary Lou Crowleigh

776-7250

Tuesdays & Thursdays, 7-9pm

Length: 3 weeks

First meeting: June 21

Location: UFM Kitchen
615 Fairchild Terr

Limit: 15

Materials Fee: \$7 - pay at registration

If you've mastered boiling water and are ready for more exotic cuisine, we will teach you the skills needed for basic cooking. These will include making quickbreads, casseroles, main dishes and desserts, and ideas for easy lunches. This course will meet twice a week from June 21 - July 7. Open to both men and women.

(Both Yvonne and Mary Lou have many years of experience in the kitchen.)

DOMESTIC WINES

Jack Kiser

776-4980

Tim Killeen

537-7991

Thursdays, 8pm

Length: 2 times

First meeting: July 7

Location 1431 Poyntz

Limit: 20

Materials fee: \$7.50 - pay at registration

Good quality, inexpensive and plentiful; that's the word on domestic wines. Know nothing at all about wine and wine selection? We'll inform you. Knowledgeable on the subject? Come and contribute. Please bring your own wineglass and we'll bring the corkscrews.

(Tim has worked as a waiter in several restaurants and Jack is from California and a wino by nature.)

CHEESE TASTING (AND RELATED ACTIVITIES)

Paul Psilos

539-7342

Barbara Moore

Wednesday, 7:30pm

Length: One time, Section I - July 13 or
Section II - July 27

Location: Unitarian Fellowship, 709 Bluemont

Materials Fee: \$3 - pay at registration

The 800 plus varieties of cheeses are variations of 13 basic types. We'll taste 20 varieties from 6 basic types to try to familiarize people with the kinds of table and dessert cheeses available. The basic types include: soft-ripened cheese, goudas, edams, swisses, cheddars and tilsits. Some interesting crossed varieties are cheddar-edam, cheddar-blue, and tilsit-swiss. Bring your own wine - a hearty red, not too sweet, is best. We'll provide cheese, crackers, fruit, glasses, and corkscrews.

(Paul is the owner of a local cheese, coffee, tea and specialty food store. Barbara is his assistant.)

play

U.F.M. OUTING CLUB

Suresh Chandra

776-4976

Tuesdays, 7:30pm

Length: Indefinite

First meeting: June 21

Location: KSU Union, Rm 205a & b

Join a trip or lead a trip! The Outing Club is intended as an informal and loosely bound group of people interested in activities such as hiking, camping, biking, boating, roller skating, cross-country skiing in winter, etc. Meetings on Tuesday will announce upcoming trips and hear reports from the previous outings. Anyone is welcome to lead a trip. At the meetings, the trip leader will describe the outing experiences, sometimes using color slides. Workshops will hopefully be arranged on topics of interest such as bike repairs, camping equipment, ski-waxing, first aid, body massage, etc. The cost of each trip will be divided among the participants. (Suresh enjoys the outdoors and was a member of the outing club at the University of Wisconsin.)

BEGINNING TENNIS

Patty Schultz

776-8174

Sundays, 10am

Length: 8 times

First meeting: June 19

Location: KSU, Washburn Cts

Limit: 10

Bring yourself, a racquet, and a can of balls, and we'll have a general orientation to the sport of tennis the first time. We'll work on all the basics and after four weeks, some actual sets can be played. (Patty taught tennis for UFM last summer.)

TENNIS FOR FUN

Les Prus

Saturday, 2pm

Length: One time, June 18

Location: UFM Living Room
615 Fairchild Terr

This group is designed for people who would like to play tennis this summer but know a limited number of fuzzyballers to play with. Please sign up and give your name, address, phone number, skill level (e.g., beg., interm., advan.) and a time you'd be available to knock around a few balls. We'll compile this list and give it out at the organizational meeting. Sorry, but we won't be able to mail out copies of the names. (Les loves tennis and is willing to spend an hour at a typewriter to help promote this sport.)

SOFTBALL FOR FUN

Stan Field

539-5207

Wednesdays, 2-7pm

Length: Indefinite

First meeting: June 22

Location: KSU, Washburn Complex

This class will not be a real "class." We will just meet at the softball diamond and do a lot of playing. After the first meeting maybe we can have picnics before the games or possibly form teams for some real competition. No special equipment is needed for this class, but if you have a favorite bat or glove, bring it along. (Stan has been playing softball for years and has been on some teams.)

HANDBALL

Bruce Allison

537-8592

Mike Bond

537-2378

Sundays, 10am

Length: Indefinite

First meeting: June 19

Location: KSU, Washburn Complex

This class will deal with learning the rules and basic playing techniques of outdoor handball. It will also provide an opportunity for beginning handball players to enjoy the sport with players of equal ability. Handball gloves and balls are required. (Bruce and Mike are new handball enthusiasts and want to share their enthusiasm.)

CANOEING IN KANSAS

Jim Nighswonger

539-8070

Rick Wenger

Tuesdays, 8pm

Length: Indefinite

First meeting: June 21

Location: UMHE
1021 Denison Ave

The class will meet to discuss where to canoe in Kansas and surrounding states. Canoeing fundamentals, river running techniques, white water canoeing, canoe camping, and safety are a few of the topics that can be studied. The class will meet once or as many times as desired. A weekend canoe trip is a possibility. (Jim and Rick regularly canoe and camp on streams in Kansas, Missouri, Arkansas, Oklahoma and Nebraska. Both are active members of the Kansas Canoe Association.)

HORSESHOE PITCHING

John Davis 539-3080

Sundays, 2pm
Length: Indefinite
First meeting: June 19
Location: City Park Horseshoe Pits

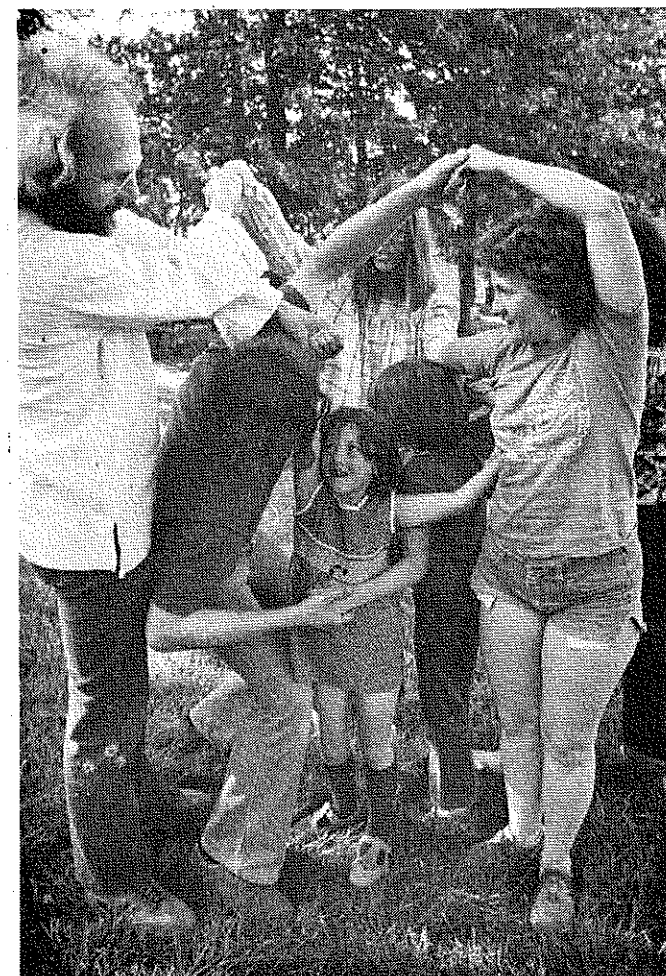
This class is a dead ringer for those who'd like to learn horseshoe pitching. Various techniques will be demonstrated and John will try to get everyone off on the right foot.
(John has pitched shoes for around five years.)

BASIC BACKPACKING

Kirk Pickett 539-8785

Mondays, 7:30pm
Length: Indefinite
First meeting: June 20
Location: 2109 Lawrence Rd
Limit: 15

This class is for anyone interested in hiking or backpacking. We will cover the equipment and areas to hike or pack. We'll have a few meetings to discuss plans and ideas and then have a weekend trip to places of interest for backpacking.
(Kirk has backpacked in Colorado, New Mexico and Canada.)



The knot game

UNITED FRISBIERS OF MANHATTAN

Gordon Plank 539-4903

Sundays, 2pm
Length: Indefinite
First meeting: June 19
Location: KSU, Band Practice Field
on Manhattan Ave

It's summer now, and the United Frisbiers of Manhattan (UFM) are looking forward to another successful season. Games such as Folf and Ultimate Frisbee will be played with tournaments to be scheduled throughout the summer. Individual sessions can be scheduled by appointment.
(Gordon is KSU Frisbee champ of '77 and is founder and coordinator of the United Frisbiers of Manhattan.)

SO YOU WANT TO GROW SOME FINS

All of the swimming classes listed below will be taught by Red Cross certified Water Safety Instructors.

ADULT BEGINNING SWIMMING

Alice Counts 539-6141

Mondays, 6pm
Length: 6 weeks
First meeting: June 20
Location: KSU Natatorium
Limit: 12

ADVANCED BEGINNERS

Lisa Barnes 537-9071

Thursdays, 6pm
Length: 6 times
First meeting: June 23
Location: KSU Natatorium
Limit: 12

INTERMEDIATE SWIMMING

Jamie Jones 776-4906

Tuesdays, 6pm
Length: 6 weeks
First meeting: June 21
Location: KSU Natatorium
Limit: 12

SWIMMERS (BETWEEN INTERMEDIATE AND LIFESAVING)

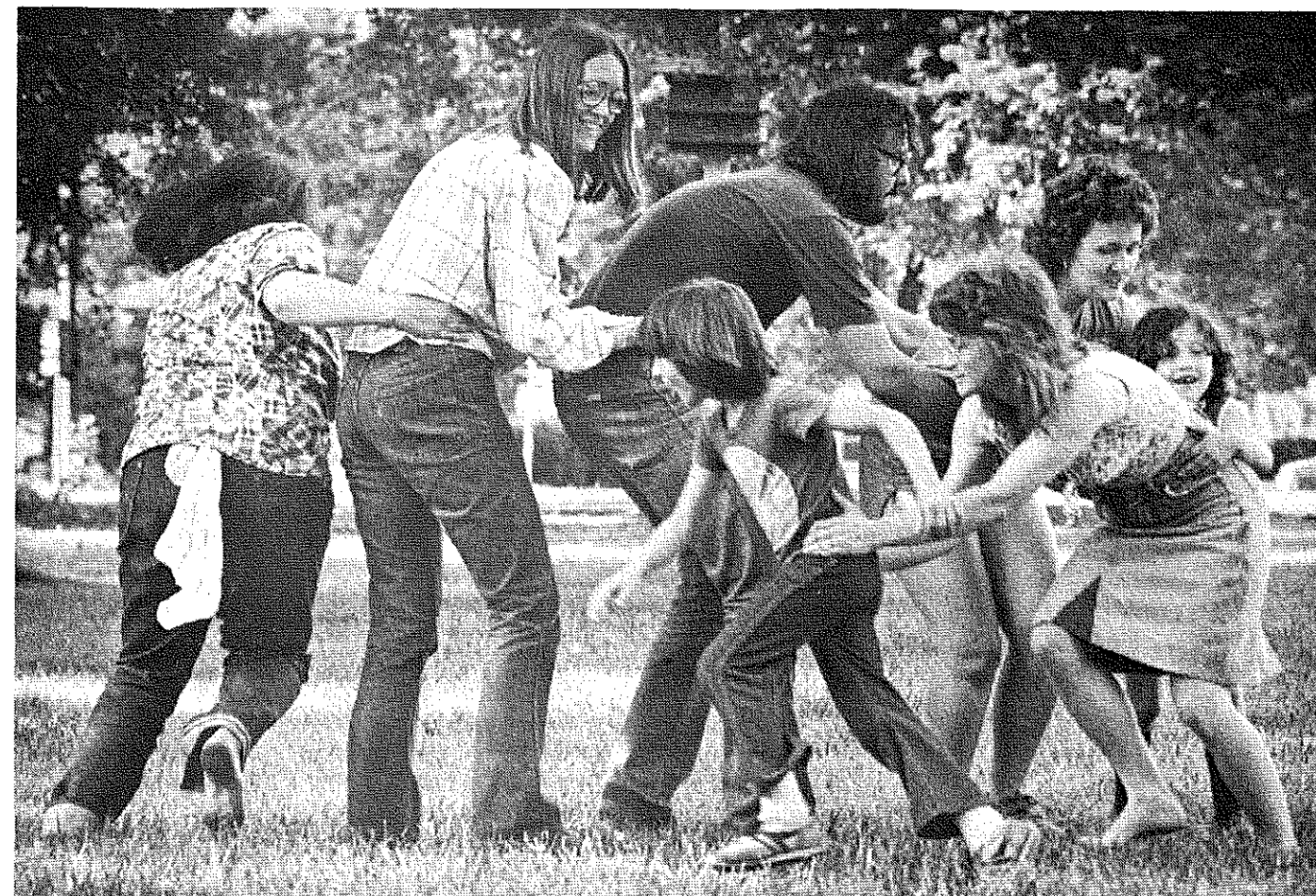
Barb Stork 539-8368

Wednesdays, 6pm
Length: 6 weeks
First meeting: June 22
Location: KSU Natatorium
Limit: 12

SENIOR LIFESAVING

Lisa Duncan 539-8211

Fridays, 6pm
Length: 6 times
First meeting: June 24
Location: KSU Natatorium
Limit: 12



The time has come to move on, to create new games with new rules more in tune with the times, games in which there are no spectators and no second string players, games for a whole family and a whole day, games in which aggression fades into laughter. Join in the fun of the UFM - New Games class this summer.

SCUBA DIVING

George Halazon 532-5784

Thursdays, 7:30pm
Length: 30 hours
First meeting: June 23
Location: KSU, Ackert Hall, Rm 120
Limit: 20
Materials Fee: \$2 - pay at registration.

We aren't close to the coral reefs of Florida, but scuba diving in and around Manhattan can be fun. We'll explore the equipment needed to master scuba diving, cover the safety procedures and practice what we have learned in the water.
(George has previously taught scuba diving as well as other UFM courses.)

VOLLEYBALL IN THE PARK

Thursdays, 6pm
Length: Indefinite
First meeting: June 23
Location: City Park, area east of pavilion

It's always fun to get together with others after a potluck dinner and have a round of non-competitive volleyball. Come join us at UFM's Picnics in the Park (see Community Section) and play a game or two of volleyball. The picnic is optional, so if you're interested in just playing volleyball, come around 6:30pm.

WOMEN'S SOCCER

José Edson de Silva 539-8778

Saturdays, 10am
Length: 8 times
First meeting: June 18
Location: KSU, Old Stadium, south end

We'll cover the rules and basic skills at soccer. Our only goals, as such, will be to learn a new sport and to have some fun. José will be our "technical advisor," and drills will be an introductory activity, followed by scrimmages.
(José played soccer in Brazil for 20 years and taught a soccer clinic last spring.)

THE SCRABBLER CROSSWORD GAME

Steve Tichenor 776-5123

Mondays, 7pm
Length: Indefinite
First meeting: June 20
Location: KSU Union, Catskeller

Scrabble buffs! Out of your closets! Show off that vocabulary. We'll study the Official Scrabble Players' Book and play one game each evening, trying to follow tournament procedures. Bring your three minute timers, gameboards and dictionaries.
(Steve was playing scrabble even before Frisbee was born -- 17 years.)

INTRODUCTION TO BRIDGE

Pam VanPelt 537-0454
Mondays, 7pm
Length: 5 times
First meeting: June 20
Location: KSU Union, Catskeller
Limit: 12

This will be an introduction to some of the basic skills needed to play a rubber of bridge. Things such as point count, opening bids and play of hands will be discussed.
(Pam has taught bridge before and has received a variety of awards for tournaments she has played in.)

SHAOLIN GUNG-FU

Kent Howard 776-9344
Sundays, 7pm
Length: Indefinite
First meeting: June 26
Location: KSU, Ahearn, Rm 304
Limit: 10

Bei Pai is an ancient Chinese exercise which involves coordination of both body and mind. This art is practiced for health and self-defense and is well-suited for both women and men.
(Kent is a member of the Chi Lin Shé Gung-fu Association of Honolulu. He has taught for 2 years and studied for 5 years.)

WEIGHT TRAINING FOR MEN

Phil Palma 539-7527
Mondays, 6pm
Length: 6 times
First meeting: June 20
Location: KSU, Ahearn Weight Rm
Limit: 15

This is an introduction to weight training techniques for men. Topics and exercises will include development of muscular strength and endurance, health-related information, exercise methods and weight control. (Phil is a certified trainer and has developed weight training for a recreational program in Topeka.)

RHYTHMIC AEROBICS

Enell Foerster 537-0977
Mondays, Wednesdays & Fridays, 7:15am
Length: 8 weeks
First meeting: June 17
Location: UMHE Auditorium
1021 Denison Ave
Limit: 40

Rhythmic aerobics is a continuing expression of the aerobic concept developed by Dr. Kenneth Cooper and the nationally recognized program, "Aerobic Dancing, Inc.," originated by Jackie Sorensen. After participating in this program of "Rhythmic Aerobics," you should experience: 1) improvement in cardiovascular fitness; 2) toned muscles throughout the body; 3) increase in your knowledge of the importance of "regular and vigorous" (aerobic) exercise; 4) enjoyment of this challenge and a desire to continue.
(Enell has taught exercises and is a certified Aerobic Dance Instructor and Rhythmic Aerobics Certified Instructor.)

NEW GAMES

Thursdays, 6pm
First meeting: June 23
Location: City Park, area east of pavilion

Are you ready to participate in new games for a new age? Unlike the old games, new games feature cooperation, kindness and elimination of competition. In true New Games tradition, there will be no leader for these sessions. We will take turns teaching the New Games from the book of the same name. Play hard. Play fair. Nobody hurt. Just attend the Picnics in the Park described in the Community Section. How can you lose with a potluck dinner and New Games to play?

WORLD-WIDE TRAVEL

Terry Pearson 537-2451
Wednesday, 7pm
Length: One time, June 29
Location: Kansas State Bank Basement
1010 Westloop

There are several economically and, at the same time, environmentally sound ways to travel in the U.S. and throughout the world. This class will discuss methods of traveling with emphasis placed on excursion fares, ABC and OTC charters. Bring your questions and indulge in a little Wanderlust.
(Terry is the manager of a local travel agency.)

SIDEWALK ROLLER SKATING FOR THE CLOSET QUEEN

Rosemary Deiniger 539-8019
Sunday, 4pm
Length: One time, June 19
Location: 1309 N. 10th

Have you been dying to go sidewalk roller skating but haven't had the guts to get your rusty old skates out of the closet? Well, now is your chance. Oil up those skates and grab your key. We'll get together and scrape those knees.
(Rosemary has a knack for creating new and revitalizing old modes of getting from one place to another.)

**registration
june 14 & 15**

HOUSTON STREET AIR FORCE FLIES AGAIN

Randy Pierce 537-0421
Ann Swegle 539-6774
Sunday, 1pm
Length: One time, June 12
Location: Observation Point
West Side of Tuttle Creek Dam

Like to skateboard on the sides of buildings? . . . play in crowded freeways? Fly Frisbees from treetops and squish mud between your toes? This "happening" might be for you! (It might not be.) We may or may not do any of the above activities . . . we will do something! Wear your grubbies and bring food and drink.
(Ann and Randy have both done things over the years.)

self

RECOVERY TRAINING

Marilyn McCulley 537-1546
Tuesdays, 7pm
Length: Indefinite
First meeting: June 28
Location: Unitarian Fellowship, 709 Bluemont

Recovery, Inc., begins each meeting with a study of its textbook, Mental Health Through Will Training. This is followed by a panel discussion. We are a non-profit, non-sectarian organization offering a proven method of self-help aftercare to prevent chronicity in nervous persons or former mental patients. Regular attendance at meetings, study of the literature, and practice of the techniques are all a necessary part of the Recovery Training. Recovery helps those who want to help themselves - it does not supplant the physician or mental health professional nor offer advice, diagnosis, treatment or counseling. The first class will be an introductory session for new members.
(Marilyn is a trained facilitator, but wishes to stress that group members develop self-leadership.)

HOW TO FIGHT DIRTY AND WIN ARGUMENTS -- A SURVIVAL KIT FOR SKEPTICS

Verle Muhrer 816-531-9226
Dale Holland

Saturday & Sunday, 10am-6pm
Length: 2 days
First meeting: July 9
Location: Baptist Campus Center, 1801 Anderson
Limit: 20
Materials Fee: \$5 - pay at registration

Do you feel that "the authorities" are putting you on? Do you get caught "with your pants down" when you try to argue politely? Can you see through deception or turn defeat into victory? This special workshop will cover how to be mean to ministers, bigots and chauvinists. Recommended books may be purchased. The fee covers travel and handouts.
(Verle and Dale have been teaching this class for four years and are currently turning it into a book. Both are logicians and expert sophists. They live in Kansas City.)

WOMEN'S SUPPORT GROUPS

Women's Center of Manhattan 537-7331

The Women's Center is a new entity in Manhattan. We have members interested in helping new support groups form for single mothers, women in transition (divorce, widowhood, entering school or new jobs), older women or consciousness raising. If five or more sign up for a given area at registration, we'll help a group get going.

MEN'S CONSCIOUSNESS RAISING

David Hursh 539-1677
Dan Raiten 1-494-2638
Lloyd Willard 537-9294

Wednesdays, 8pm
Length: Continuing
First meeting: June 22
Location: 1022 Kearney

We're the nucleus of a group which began this spring and will be continuing. We invite other men to join us. The above meeting will be to share our reasons/feelings for coming and set some directions.
(Dave teaches at the Living/Learning school, Dan is an agricultural student and Lloyd heads the animal research lab.)

ASSERTIVE COMMUNICATION IN SEXUAL INTIMACY

Larry Oliverson 532-6550
Saturday & Sunday, 9am-5pm
Length: 2 days
First meeting: June 25
Location: Unitarian Fellowship, 709 Bluemont
Limit: 10
Fee: 50¢ - pay at class

Learn via group and individual exercises to communicate in assertive ways for personal growth and the fulfillment of your human needs for intimacy. Declare yourself and your needs and be able to empathize and understand your partner's desires and needs. Individuals or couples are welcome.
(Larry is with the Mental Health Center at KSU.)

ASSERTIVE TRAINING

Pat Altweg 532-6432
Margaret Nordin
Thursdays and Tuesdays, 7-9:30pm
Length: 4 times
First meeting: July 7
Location: Newman Center, 711 Denison
Limit: 6 women, 6 men

This class provides an opportunity to learn an alternative approach to dealing with people. We will work on accepting compliments and criticism, being able to say "no," and handling awkward situations. Assertive training is not for everyone. Advance conversations with the leaders will help determine whether the group will be helpful to you. Sign up and you will be contacted.
(Pat teaches assertion to women in business at Cloud County Community College. Margaret has led this class many times through the KSU Center for Student Development.)

issues in career & life changes

PERSPECTIVES ON THE WORLD OF WORK

Nan Oser 532-6506

Thursday, 7:30pm
Length: One time, June 23
Location: Baptist Campus Center, 1801 Anderson

The world of work is changing; there are staggered days and new methods of governing. We as adults are increasingly changing jobs, too, either through force or out of a desire for more satisfaction. Join us in exploring some of the trends and the ways they affect us.

(Nan is with the KSU Placement Center and is interested in adult career and life planning.)

MID-LIFE PASSAGES

David Stewart 539-3051

Thursday, 7:30pm
Length: One time, June 30
Location: Baptist Campus Center, 1801 Anderson

Not only jobs are changing but also many of us have experienced personal self-doubts and explorations in our "middle years." We thought they were uniquely our own (until Gail Sheehy's Passages told us what a predictable stage they were). With no rituals to light our way, sharing our thoughts and feelings can help us make sense of it all.

(David is Baptist Campus Minister and a mid-lifer himself.)

LIFE PLANNING

Donna Kater 532-6432

Thursdays, 7:30-10:30pm
Length: 2 times
First meeting: July 7
Location: Baptist Campus Center, 1801 Anderson
Limit: 20

The workshop is designed to help you plan for success. Skills in assessing what's important to you and how to get it will be practiced. The workshop is a structured activity and not an encounter group. Participants, however, may share their values, experiences and goals. Sign up for either session. (Donna coordinates the Career Choice Assistance Programs at the KSU Counseling Center.)

PRESENTING OURSELVES WELL: RESUMES AND INTERVIEWS

Bill Zelazney 537-8960

Thursday, 7:30pm
Length: One time, July 21
Location: Baptist Campus Center, 1801 Anderson

We will cover the practical side of this life change process, especially as it relates to job hunting. A brief information session on the how-to's and why-for's of resumes and interviewing will be followed by discussion.

(Bill has done personnel work for the City of Manhattan.)

MARRIAGE ENCOUNTER INFORMATION SESSION

David & Roxie Sharp 537-7706

Tuesday & Monday, 7:30pm
Length: One time
First meeting: Section I - July 12
Section II - August 22
Location: Newman Center, 711 Denison Ave

What is Marriage Encounter? It's a weekend for married couples who want to make a good marriage into a great marriage. Learn about these weekends at the one-time information sessions listed above. This is a chance to ask questions before you decide to try a weekend. These are not actual Marriage Encounter sessions.

(David and Roxy are Manhattan area coordinators for Marriage Encounter.)

LA LECHE LEAGUE

Tracy Hudson 776-7613

Tuesdays, 9:15am
Length: 4 times
First meeting: July 12
Location: You will be contacted

This is a series of four monthly meetings designed to give information and support to mothers who wish to nurse their babies. Babies are welcome. Come and meet other nursing mothers.

(Tracy is an authorized La Leche leader and has breast-fed her own youngsters.)

A CARL ROGERS EVENING

Layne Longfellow
Monday, 6:30pm
Length: One time, June 27
Location: 357 N. 14th St
Limit: 20

For this evening, we will immerse ourselves in the philosophy, practice and personality of Carl Rogers. Mr. Longfellow studied under Rogers for several years and will give insights on the above and facilitate demonstration exercises. Also a film of one of Rogers' encounter sessions will be shown. Rogers' On Encounter Groups is recommended.

(Layne is with the Menninger Foundation in Topeka.)

SACK LUNCH - BOOK STUDY - "GOD IS RED"

Jim Lackey 539-4281

Tuesdays, 12 noon
Length: 6 times
First meeting: June 14
Location: UMHE Center, 1021 Denison Ave

"In God Is Red, Vine Deloria, Jr., generally recognized as today's leading Indian spokesman, offers an alternative to Christianity through a return to Indian beliefs and concepts. He explains that Christianity, an imported religion, has failed both in its theology and its application to social issues." This note from the book cover should prompt some good discussion.

(Jim is a campus minister at UMHE and a veteran teacher/philosopher.)

VIOLENCE TOWARD WOMEN

Pam Davis
Tuesday, 7pm
Length: One time, July 5
Location: Women's Center of Manhattan
611 Poyntz (upstairs)

There is a shocking amount of violence toward women; assault, rape and wife beating are only a few examples. Various media are saturated with it. We will explore and discuss this issue and begin to look at possible solutions.

(Pam recently attended a workshop on this topic sponsored by the Women's Center of Topeka.)

An attitude to life which seeks fulfillment in the single minded pursuit of wealth - in short, materialism - does not fit into this world, because it contains within itself no limiting principle, while the environment in which it is placed is strictly limited.

THE PHENOMENON OF RAPE

E. Robert Sinnett 532-6550
Margaret Nordin 532-6432

Wednesdays, 7:30pm
Length: 3 times
First meeting: June 22
Location: First Congregational Church
700 Poyntz

JUNE 22 - "Aspects of Rape and Sexual Assault." Panel members will be Ann Hosler (Riley County Police Department), Caroline Peine and Margaret Nordin (KSU Center for Student Development) and Dennis Sauter (Riley County Attorney).

JUNE 29 - A showing of the film "Nobody's Victim" and a discussion of defense techniques that all women should know and practice. Chuck Corbin (self-defense instructor) and Caroline Peine will facilitate this evening.

JULY 6 - "Care for the Victim -- Physical and Psychological Aspects." The resource panel includes: Phyllis Hammond, R.N.; Caroline Peine; and psychologists Larry Oliverson and E. Robert Sinnett.

Join us for this important series.

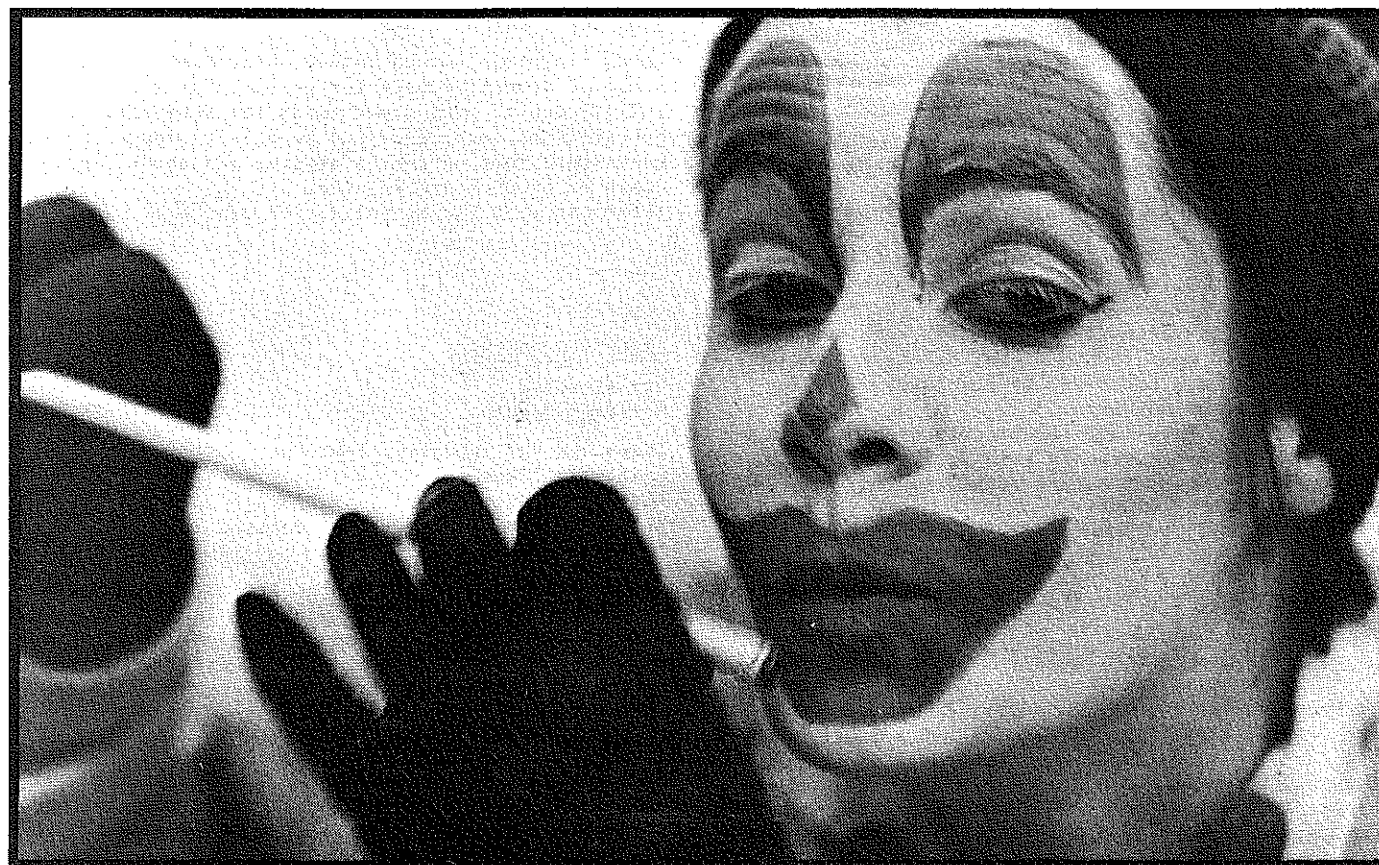
SELF-DEFENSE FOR WOMEN

George Halazon 532-5784

Tuesdays & Thursdays, 6pm
Length: 6 times
First meeting: July 12
Location: KSU, Ahearn Fieldhouse, Gymnastics Rm
Limit: 15

It is important that women know certain defense and escape techniques. What is even more important, though, is to unlearn passivity and to practice the techniques regularly with others -- a crisis is a time for automatic action, not for trying to remember what's best.

(George, Extension Wildlife Specialist, has taught UFM classes in self-defense for both men and women.)



TAI CHI: TAOIST YOGA

Brian Lingle
Saturday, 6:30pm
Length: One time, June 25
Location: UFM House, 615 Fairchild Terr

A slow graceful exercise, Tai Chi promotes relaxation, deep breathing, loosening of rigid tension in joints and muscles, and cultivates intrinsic energy and health. Brian will demonstrate and talk about Tai Chi, then teach a few simple techniques. Meet at UFM for rides and directions to the area of Warner Park where we'll meet.
(Brian studied for five years and was the top student of Wu Ta-Yeh and Wu Shu-Sien.)

BIOFEEDBACK

Tim Lowenstein 532-6432
Wednesday, 7pm
Length: One time, June 22
Location: KSU Union, Rm 212

We will briefly explore the ways biological feedback has been used in teaching people how to regulate voluntarily their own bodies and minds. Everyone will have a chance to use a biofeedback instrument to measure their bodily changes in a relaxation exercise. Further information on available training will be provided.
(Tim has offered biofeedback/relaxation training for four years through the KSU Counseling Center.)

MASSAGE -- RUBBING YOU THE RIGHT WAY

Steven Dietz
Sundays, 2:30pm
Length: 5 times
First meeting: June 19
Location: 1104 Vattier #9
Limit: 7 men and 7 women
Materials fee: 50¢ - pay at registration

In this class both the relaxation of the mind and the body will be considered. Each session will begin with a getting to know one another and questions on the previous session. Please wear bathing suits and bring two towels. You may purchase oils from Steve, or bring your own. The fee covers transportation.
(Steve has taught this class often for UFM.)

REFLEXOLOGY

Russell Gillespie 776-8768
Monday, Wednesday & Friday, 7pm
Length: 3 times
First meeting: June 20
Location: Sunset Zoo Park - south of the animal area
Limit: 25

We will cover information in the book Stories the Feet Can Tell. Proper methods and techniques of zone therapy will be demonstrated. Reflexology relaxes tension, improves circulation and normalizes body functions. Bring clean feet.
(Russell is a Certified Registered Reflexologist with a deep concern for people's health.)

KUNDALINI YOGA

Gurubachan Singh 1-234-9660
Saturdays, 2-4pm
Length: Indefinite
First meeting: July 9
Location: Meet at the Sunset Zoo Animal Shelter (block north of main parking lot)

Through Kundalini Yoga, we will attempt to expand our awareness of the physical, mental and spiritual aspects of the personality. Increased awareness of one's "situation" enables one to better integrate the different areas of life into a cohesive whole. We will also investigate the areas of nutrition and natural foods. Please bring a mat to lie on.
(Gurubachan is with the Guru Ram Dass Ashram in Topeka.)

HATHA YOGA I

Bert Franklin 539-0495
Tuesdays, 5:30pm
Length: 8 times
First meeting: June 21
Location: Newman Center, 711 Denison Ave
Limit: 4

A thorough grounding in the essential classic asana, mudra, bandha and pranayama including the basics of meditation. The student will receive a good foundation for a lifetime of yoga practice.
(Bert has completed over 200 hours of individual study with his guru, Sri Krishnamacharya of Madras, and has recently visited India to renew his contact with his great teacher who is now 85.)

HATHA YOGA II (for over 40's)

Bert Franklin 539-0495
Thursdays, 5pm
Length: 8 times
First meeting: June 23
Location: Newman Center, 711 Denison Ave
Limit: 4

A thorough grounding in the essential classic asana, mudra, bandha, and pranayama including the basics of meditation. The student will receive a good foundation for a lifetime of yoga practice.
(See above description.)

THE CHURCH YEAR AND HUMAN EXPERIENCE

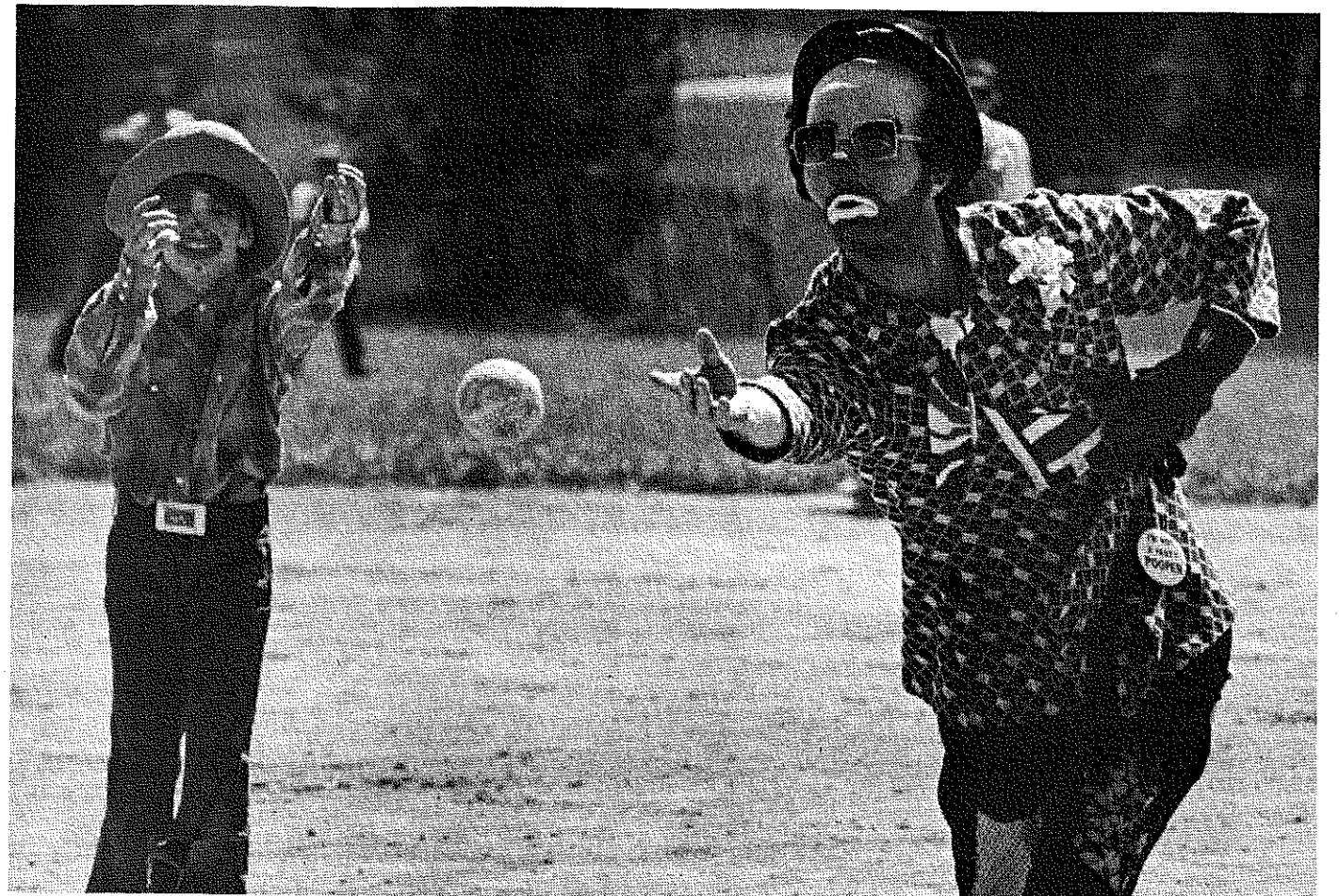
David Nelson 539-8181
Monday, 6:30pm
Length: One time, July 25
Location: Peace Lutheran Church
2500 Kimball Ave

We'll explore the traditional Christian calendar from the standpoint of the human experiences common to all people. For example, advent is a symbol of waiting; lent of struggle. Both church and non-church people are welcome. You may also attend the 5:15 Vesper service just preceding the class.
(David is the Lutheran pastor and a member of the Liturgical Conference. He is interested in making ritual within the Church more meaningful.)

SUNDAY EVENING UMHE FELLOWSHIP

Jim Lackey 539-4281
Sundays, 5:30pm
Length: 6 times
First meeting: June 12
Location: UMHE Center, 1021 Denison Ave

"One must be stubborn about the point; the message of Jesus of Nazareth is absolutely meaningless unless it produces men and women who can go gaily in the dark without the need for enemies to scapegoat." So writes Andrew M. Greeley in a little book about "the Founder of our Firm." His book, The Jesus Myth, will be our topic.
(Jim is campus minister at UMHE and a veteran teacher/philosopher.)



Larry Birdsell demonstrates some of the techniques he uses in the art of being a clown. He's helped others discover their own "inner clown" through the UFM Clown School.

STUDY GROUP -- SACK LUNCH

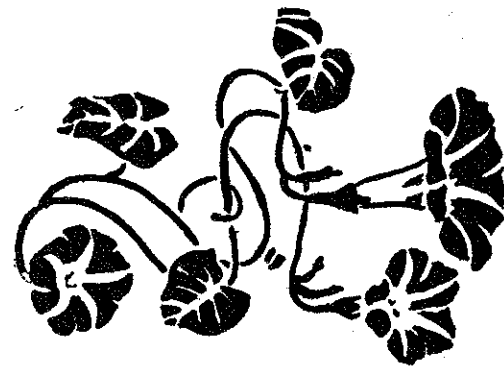
Jim Lackey 539-4281
Wednesdays, 12 noon
Length: 6 times
First meeting: June 15
Location: UMHE Center, 1021 Denison Ave

This group will focus on the Tao Te Ching, the sacred literature of Taoism, and the Jewish book, Ecclesiastes, with a few comparisons to the Sermon on the Mount!
(Jim is a campus minister at UMHE.)

SUNDAY MORNING STUDY

Ted Barkley 539-4281
Sundays, 9-10:45am
Length: 6 times
First meeting: June 12
Location: UMHE Center, 1021 Denison Ave

We will cover the first three centuries of Christianity, interesting people and theological innovations, heresies, eccentrics, the Mysteries! (or - "There, but for the Grace of God sit we all on pillars in the desert!")
(Ted is on the faculty of the KSU Biology Department.)



STUDENT FELLOWSHIP AND BIBLE STUDY GROUP

Don Fallon 539-4451
Sundays, 5pm
Length: 7 times
First meeting: June 12
Location: UMHE Center, 1021 Denison Ave

This student group will study and discuss in an informal setting a New Testament book of the Bible with emphasis on its personal and social implications for life today. We also hope to build a sense of community and fellowship. There will be a small charge for supper.
(Don is the Lutheran Campus Pastor.)

ECKANKAR DISCUSSION GROUP

Maureen D. Perry 539-1867
Wednesdays, 7:30pm
Length: 3 times
First meeting: June 22
Location: Capitol Federal Savings and Loan Ass'n.
14th & Poyntz
Limit: 10

The teaching of ECKANKAR, the ancient science of total awareness, is an individualized path of Self- and God - realization. It always has existed on this planet to help one's Soul find its way back to God and to become a co-worker with It.
(Maureen has studied ECKANKAR for 2½ years and has been certified as a group discussion leader.)

MEET THE MORMONS

William A. Casey Parker 537-0117
Wednesday, 7:30pm
Length: One time, June 22
Location: LDS Institute of Religion
1820 Claflin

This class is designed to give those interested a chance to gain a greater knowledge of the Church of Jesus Christ of Latter Day Saints (the Mormons) and an opportunity to meet with Mormon students. A film titled "Meet the Mormons" will be shown.
(William is the KSU Branch Mission Leader for LDS Church and has been a member missionary for several years.)

SUFI INFORMATION SESSION

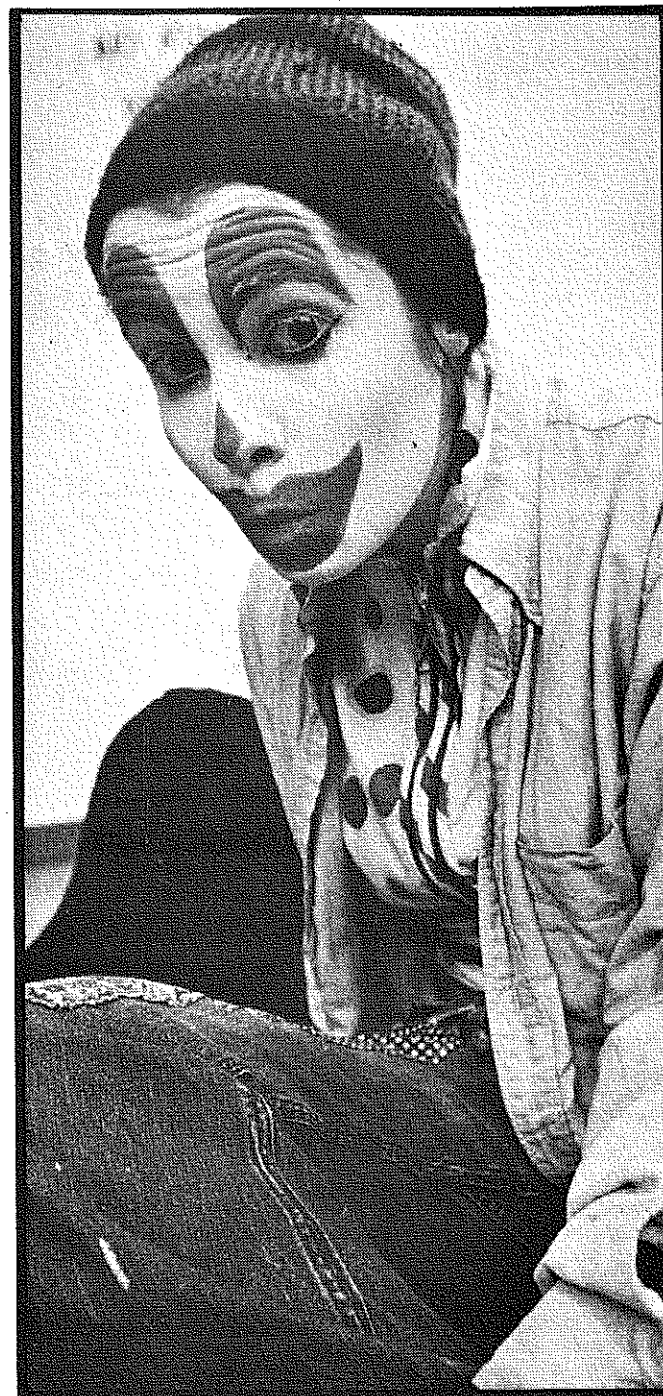
Melody Williams 532-5866
Thursday, 6:30pm
Length: One time, June 30
Location: City Park Pavilion

The Sufi leader, Pir Vilayat Khan, recently appointed Charlie Gruber/Buraq, a traveling Sufi teacher (Charlie was formerly known to friends as Lawrence's Captain Owough, the VW mechanic). He will be in Kansas in August to conduct a weekend workshop. We will meet to plan for the workshop and discuss dates and location.
(Buraq currently lives at the Sufi community in New Lebanon, New York. Melody was his student for several years.)

ADVANCE NOTICE OF A FALL CLASS!!!

THE PRINCIPLES OF NOTHING AS APPLIED TO EVERYTHING
Jim Lackey 539-4281

An advanced course in monistic metaphysics designed to acquaint the student with the practical parameters of the principles and applications of Nothing and Everything, particularly as these pertain to the subtleties of the new and creative fields of agaphonetics and Systemic-Architectural-Pathology. A spacy and volatile textbook recently developed by computer trained experts of the non-disciplinary colleges of the University of Neinberg will be used. Prerequisite: A thorough acquaintance with mundance linguistic opercular perspecacity is required although not helpful.



skills

WOODTURNING FOR BEGINNERS

Rick Kern 776-3801
Tuesdays, 7pm
Length: 4 times
First meeting: June 21
Location: 1422 Poyntz
Limit: 3

This course will introduce you to the basic principles of woodturning, an easily learned craft. You will learn how to make bowls, candlesticks, lamps, etc., out of real wood.
(Rick bought his first wood lathe four years ago. He has made and enjoyed many bowls and candlesticks and would like to show others how.)

HOME REPAIRS

Milton Wray 539-7373
Wednesdays, 7-9pm
Length: 4-6 times
First meeting: June 22
Location: KSU, Art Building, Rm 108
(old Chem. Engg. Bldg)
Limit: 15

We will be interested primarily in carpentry: how to handle power tools, which power tools are practical, which hand tools to use and how to use them properly. The first night we will discuss what to cover in the course and work from there.
(Milton, a self-employed carpenter, has been involved with construction work for over 25 years.)

REFINISHING MADE EASY: REMOVIN' THE CONFUSION

Nick Penland 537-8153
Tuesdays, 7pm
Length: Indefinite
First meeting: June 21
Location: 2525 Anderson Ave
Limit: 25

We'll be covering the basics of furniture refinishing and repair and will also cover veneering. Nick will be glad to help folks find any equipment, tools, replacement parts, etc., they might need.
(Nick is a cabinetmaker and has been into refinishing for 6 years.)

FURNITURE BUILDING (FOR THE NOUVEAU POORE)

Daniel Paretsky 539-5893
Wednesdays, 7pm
Length: Indefinite
First meeting: June 22
Location: KSU, Art Building, Rm 207
(old Chem. Engg. Bldg)
Limit: 10

Daniel is interested in working with people who want to build their own furniture and need tools or space or minor assistance, or who have or want ideas to share. Bring your plans, ideas, designs, questions and suggestions to the first class.
(Daniel has built and rebuilt, finished and refinished a limited amount of furniture for his own use.)

FURNITURE REFINISHING

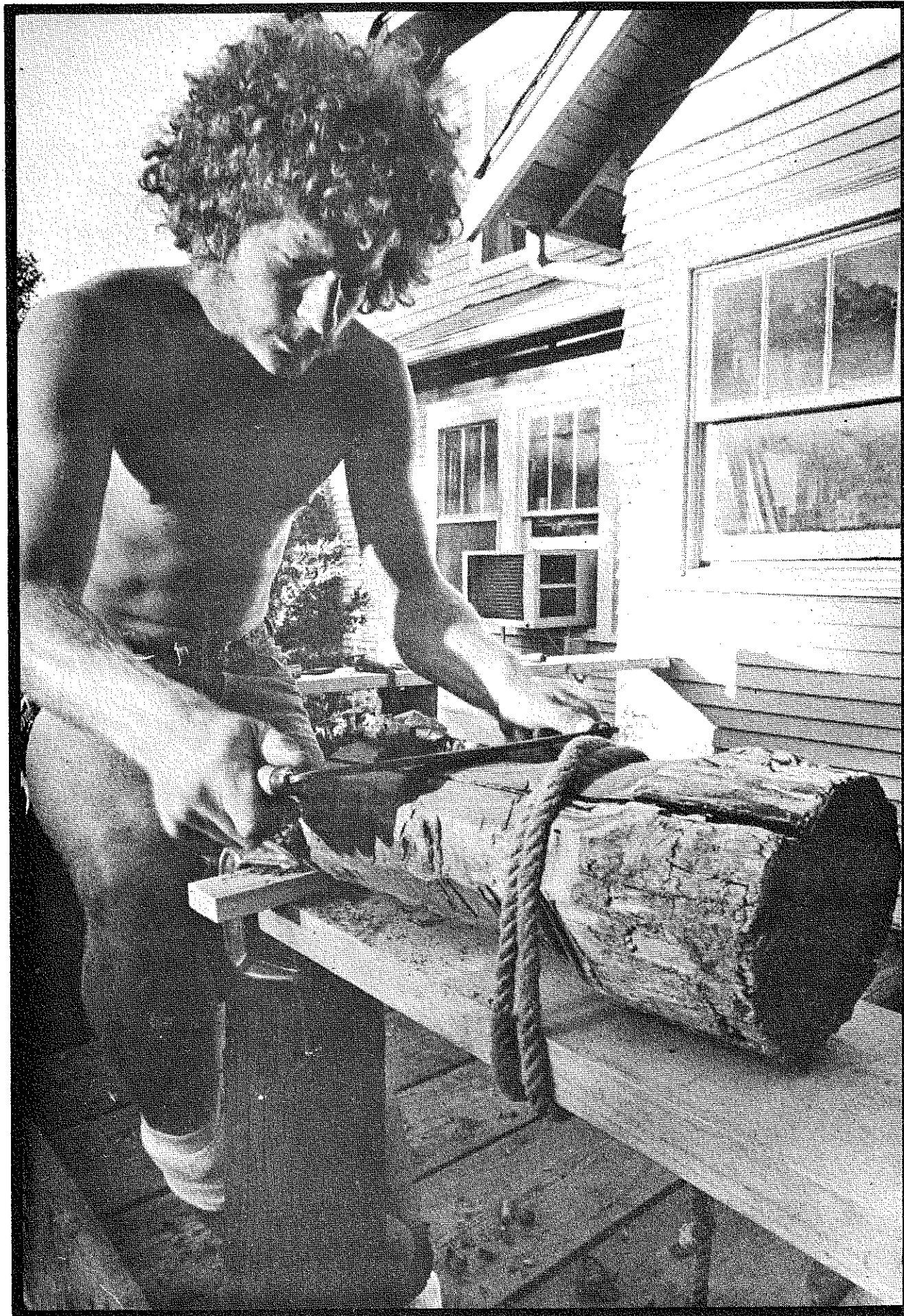
Steve & Kathy Hermes 539-1648
Saturdays, 9:30-noon
Length: 2 times, June 18 & 25
Location: 1415 Claflin Circle
Limit: 15

This course will be for the beginning or occasional refinisher. We will look at examples of refinished furniture, different woods and discuss specific and general problems associated with refinishing and restoration. Materials, resources and encouragement will be provided.
(The Hermes have refinished and restored antiques for their own home during the last few years.)

SMALL APPLIANCE REPAIR

Bob Blume 1-456-9208
Tuesdays, 7:30-9pm
Length: 4 times
First meeting: June 21
Location: KSU Union, Rm 206
Materials Fee: \$1/person - pay at registration

We'll discuss the maintenance, upkeep, and repair of small appliances such as toasters, irons, hair dryers, electric drills and coffee pots. If there is enough time, we also will cover the repair of ranges, washers and dryers, and what to look for when purchasing appliances. If you have a small appliance which isn't functioning properly, bring it to the first meeting and the class will look at and discuss it.
(Bob is an appliance serviceman with a local firm and has 11 years experience in appliance repair.)



ATTIC FAN INSTALLATION

John Exdell
 Length: One time
 First meeting: To Be Announced
 Location: 1014 Laramie
 Limit: 10

One inexpensive, energy-efficient method of cooling your home is the use of an attic fan. This course will be a discussion of the ins and outs of installing attic fans and also an illustration of how to do it.
 (John recently installed an attic fan in his home and would like to share his experience with others.)

BASIC MOTORCYCLE MAINTENANCE

Richard Harris
 Mondays, 6:30-8pm
 Length: Indefinite
 First meeting: June 20
 Location: 1917 Ft. Riley Blvd
 Limit: 30

This course will cover things beginning motorcyclists need to know about bike maintenance, from fouled spark plugs to rusty chains. We will discuss how to inspect a used motorcycle for possible purchase. If the class is interested, there also might be a segment on riding safety. If you have a motorcycle, please bring it along.
 (Richard has worked with motorcycles for 10 years.)

AUTO COMMUNICATIONS FOR WOMEN

Norman Peck
 Wednesdays, 7:30pm
 Length: 6 times
 First meeting: June 22
 Location: KSU, Ackert Hall, Rm 116
 Limit: 20

1-485-2770

Very few women have had much practical mechanical training, especially about cars. Since at one time or another everyone has an automobile, it seems appropriate that everyone should have an opportunity to learn something about them: how to take care of them so they last longer, how to cope with their problems, how to do some work on them yourself.
 (Norman has many years of experience with cars and presently works for a local auto firm.)

VW PERIODIC & PREVENTIVE MAINTENANCE

Steve Tichenor
 Tuesdays, 7pm
 Length: 3 times
 First meeting: June 21
 Location: 628 S. 5th
 Limit: 15

776-5123

This course is geared to the pre-1972 Type I and II (Beetle, Ghia, and Bus). It will include basic tune-up skills, valve adjustment, and some history and theory. Nobody desires to get greasy, but willingness to do so is necessary. There will be hands-on training. Wear your grodies!
 (Steve has been doing all his own maintenance for two years and currently owns seven VW's.)

DEALING WITH AUTO DEALERS

Brenda West
 Wednesday, 7pm
 Length: One time, June 22
 Location: KSU Union, Rm 206A
 Limit: 25

532-6541

This course will be a brief introduction on how to remain friends with your auto dealer. Topics to be covered include: auto buymanship, effective problem communication, and basic owner responsibility.
 (Brenda is the director of K-State's Consumer Relations Board and deals extensively with auto related complaints and inquiries.)

BICYCLE REPAIR

Bill Jacoby
 Tuesdays, 7pm
 Length: 6 times
 First meeting: June 21
 Location: 1207 Moro
 Limit: 25

537-1510

We will be teaching the fundamentals of bicycle care and repair. This class will decide its own direction and how to make the most effective use of time.
 (Bill owns his own bike shop and has taught this class for several years.)

**registration
 june 14 & 15**

HOW TO BUY A BOAT

Ron Burk
 Thursday, 7pm
 Length: One time, June 23
 Location: UMHE Parents Room
 1021 Denison Ave

776-7818

We will discuss what is involved in the selection of a pleasure boat, sport boat, or recreation boat in terms of construction, equipment and use.
 (Ron worked at a boat dealership for several years.)

SALES, MOTIVATION, AND COMMUNICATIONS

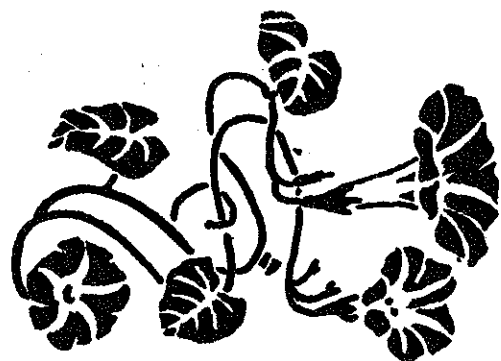
Dale McCollum
 Sundays, 7-9pm
 Length: 3 times
 First meeting: June 19
 Location: UFM Living Room
 615 Fairchild Terr
 Limit: 15

The basic principles of "salesmanship" will be dealt with in this class. Aspects of personal communications (verbal, non-verbal, touch) and general techniques for selling a product will be among the subjects discussed. Other subjects will be determined by the class.
 (Dale has a long history in sales and has led many seminars on the subject.)

COLLEGE CREDIT WHERE CREDIT IS DUE

John Steffen 532-5566
 Tuesdays, 7:30pm
 Length: 2 times
 First meeting: June 21
 Location: KSU, Umberger Hall, Rm 315

This is a "how to" course on building portfolios which document non-sponsored (life experience) learning for presentation to college faculty members who might award credit. It includes some background on the Non-Traditional Study Program at KSU. We'll start building portfolios the first week, and look them over the second week.
 (John is the director of the Non-Traditional Study Program at KSU.)



SIGNING IS FUN! (OR SIGN LANGUAGE IS FUN!)

Wendy Schiappa 537-0905
 Sundays, 2-4pm
 Length: 8 times
 First meeting: June 26
 Location: V-5 Jardine Terr

This is more than just a class - it's an opportunity to learn while doing. The first few sessions will be a review of basics but then the emphasis will be on signing. We'll have picnics, eat out, whatever you want to do, and sign the whole time. Anyone is welcome -- beginners, advanced signers and the "just curious." There will be a small charge for hand-out materials.
 (Wendy has six hours credit in sign language from Johnson County Community College and has taught sign for UFM before.)

BEGINNING HEBREW

Sara Gold 539-1307
 Mondays, 7:30pm
 Length: Indefinite
 First meeting: June 20
 Location: KSU Union, Rm 203
 Limit: 10

The course will begin with participants learning the alphabet and reading in Hebrew. The rest will depend on what the class wants to accomplish.
 (Sara taught Hebrew for two years in Massachusetts and New York.)

HAIR

Rick McClanahan 776-5222
 Monday, 11am
 Length: One time, June 20
 Location: 404 Humboldt
 (in the Professional Bldg)
 Limit: 20

The class will discuss how to test products at home and tell whether or not products that you buy are beneficial; why hair is in bad condition; how to understand the use of conditioners; haircare in general. There also will be a demonstration on makeup.
 (Rick is a Manhattan hairstylist and has led this class many times.)

A SURVEY OF INTERIOR DESIGN

Fran Newby 539-5417
 Tuesday & Thursday, 7-9pm
 Length: 2 times, June 21 & 23
 Location: KSU, Justin Hall, Rm 349
 Limit: 20

This course will involve lectures, slides and discussion to cover the fundamental processes and procedures in developing a personal living environment. Not only ideas but also interior materials will be presented.
 (Fran has taught interior design in the College of Home Economics at KSU.)

MODERN WALL COVERINGS

Brooke Scott 776-9435
 Tuesday, 7pm
 Length: One time, June 21
 Location: UFM Living Room
 615 Fairchild Terr

Types of wall coverings (including estimating and selecting for the job) and application techniques will be covered. The class will get firsthand experience by papering a small room. All materials are furnished.
 (Brooke was an independent decorating contractor for 2 years and has spent 5 years in sales and management.)

GARAGE SALING

Rosemary Deininger 539-8019
 Friday, 7:30pm
 Length: 2 times, July 1 & 2
 Location: 1309 N. 10th St
 Limit: 10

Strictly for the beginning garage sale-seeker. Learn the how-to's of giving your own garage sale, techniques of bickering, personal appearance, and mapping out a garage sale route. We'll meet twice, first on Friday to go over the techniques and then on the following Saturday to hit the garage sales!
 (Rosemary is a professional weekend garage sale-goer.)

who we are

University for Man is one of the largest and oldest free u's in the country -- one that stresses self-motivation, experimentation and the sense of community so lacking in our scattered world. At free universities there are no grades or degrees and the classes' success depends on the participants as much as on the leaders. UFM is now in its tenth consecutive year of providing an important alternative to traditional education in Manhattan. The staff invites all to join us in exploring new interests and sharing the ones you already have. UFM's main focus of existence is built on the sense of community the program and staff is trying to build. That is why we are particularly aware of and grateful to those of you who volunteer your help in the office, at registration or on special projects. And, of course, we are continually amazed at the generosity and spirit of those of you who teach our classes. Thanks to all of you who support us through your good thoughts and wishes. UFM receives funds from the KSU Division of Continuing Education, Student Government, the Manhattan Chapter of the United Way, the Department of Human Resources, ACTION and the Fund for the Improvement of Post-Secondary Education. Because of these groups and the individuals who contribute to UFM as a tax free nonprofit group, we are alive and well. We extend a warm thank you.

We've recently welcomed Tom Ernst and Lisa Barnes, who work with the high school and the KSU campus, respectively. They fill vacancies created by the departure of Miriam Shaheed and Steve Ernst. We will miss Steve and Miriam and wish them well on their new undertakings.

STAFF MEMBERS:

Dave Ayers
 Lisa Barnes
 Nadine Burch
 Tom Ernst
 Jean Goldman
 Doris Hoerman
 Velina Houston
 Sue Maes
 Nina Miley
 Ann Swegle
 Melody Williams

RURAL KANSAS PROJECTS:

Steve Abrams
 Teena Hosey
 Jim Killackey
 Joe Rippetoe

"grassroots education"

With help from the Fund for the Improvement of Post-Secondary Education, UFM has recently released a 16mm film entitled "Grassroots Education." "Grassroots Education" tells the story of UFM and the rural free university community education project. . . why they are important, how they began and what happens to people and communities when grassroots education becomes available to them. The film may be reserved through University for Man for a small fee.

women's center

The new Women's Center of Manhattan has found a home in the Family Resource Center of 611 Poyntz. A meeting room is available for interested women's groups and may be scheduled through UFM. Summer plans are to begin developing information and referral systems, a drop-in library and women's support programs.

evening child care

The child care center is open and going strong. We provide quality care from 6-11pm Monday to Thursday, and from 6pm-1am on Fridays. All community members are urged to use the center; reservations are needed. Call UFM or the center for more information. Laurie Stull, who's been hired as the center's director, has made the center a positive force with her creativity and knowledge of children. We are working to meet guidelines for a \$6000 community development grant which will enable us to stay open until next summer at which time we will try to achieve self-sufficiency. Your encouragement is appreciated and volunteers are always welcomed. the center is located at 503 N. 6th and the telephone number is 776-4116 after 6pm.

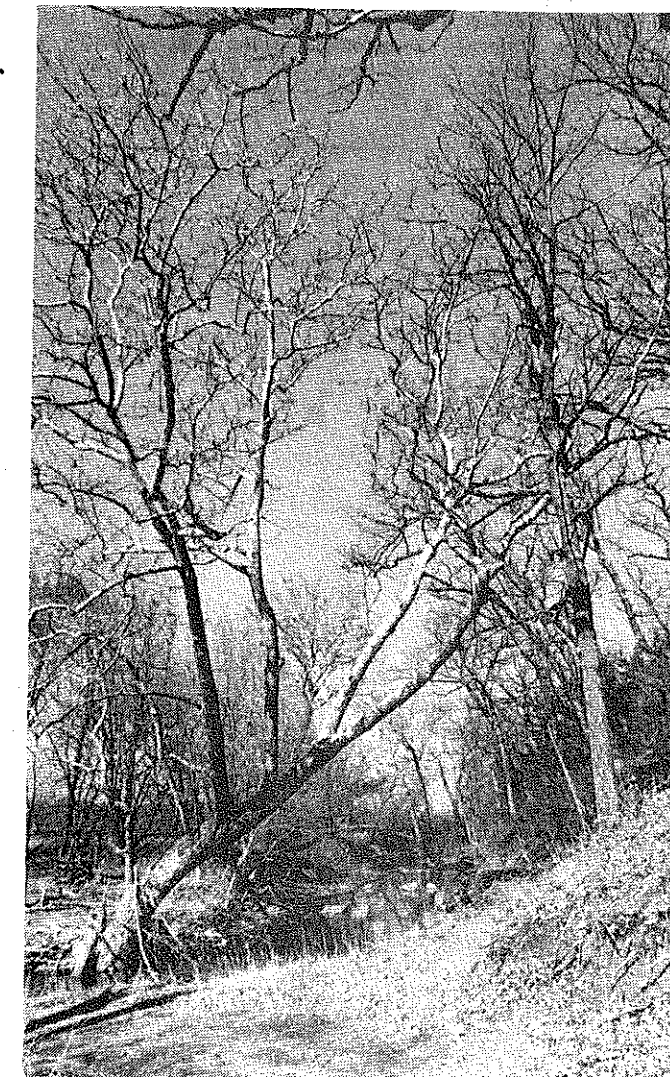
kiln

The larger kiln that we have been using was just returned to its owner, so we are now looking to borrow or buy an electric kiln in good working condition. We would appreciate any information leading to the acquisition of one.

Quotes: E.F. Schumacher

Photography: Tom Leopold

Layout: Doris Hoerman



registration

June 14 & 15 - KSU Union, Main Concourse - 9am-4pm

June 14 - Manhattan Public Library - 9am-8pm

June 14 - UFM House, 615 Fairchild Terrace - 9am-4pm

If it is impossible for you to make it to one of the above locations, you may call 532-5866 on June 14 & 15, 9am to 5pm only. Please limit your call to 4 classes. We realize there are often long waits at registration and we continually make an effort each time to reduce the waiting period and improve the registration process. We apologize for inconveniences and ask that you help us as we attempt to speed the process of taking 4,000 registrations in two days!

why register?

You can help speed registration and reduce frustration if you will limit yourself to classes you're sure you can attend. Check your calendar before registration and record dates of your new classes. If you register, leaders can prepare the proper number of handouts, order supplies and/or contact you if there is a change of time, place or date. If you enroll for a limited class, it's crucial that you notify the leader if you cannot come. Members on the waiting list may then be able to join the group.

university for man
615 fairchild terrace
manhattan, kansas 66502

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