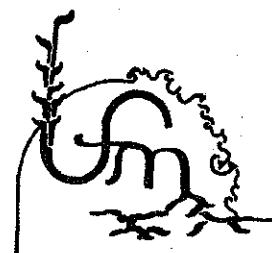
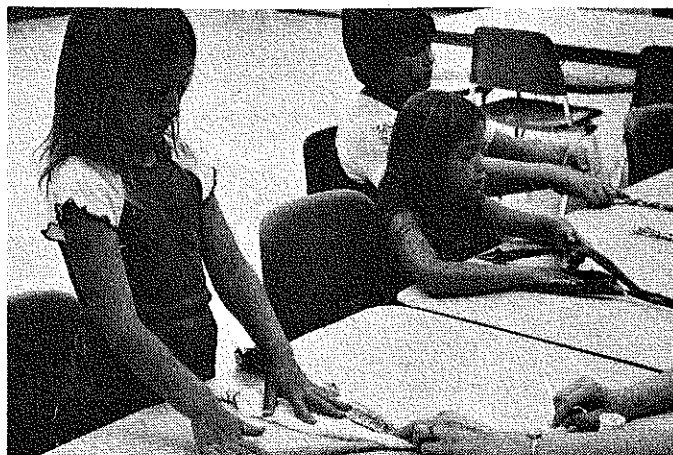


# university for man



fall '76



## Theme & Variations

Looking at the photos in this fall's catalog, you might recognize a class you've taken, a person you know, ... or even yourself! What we wanted to feature in this issue was YOU — as learner, teacher, or participant — for you are the reason for UFM's success. Because of your caring, your sharing, and your desire to learn, we can continue to provide a vast variety of events and classes.

At one time or another, you might find that you disagree with a particular course offering. Because we include a certain class or event in our catalog does not necessarily mean that we agree with it. Rather, we believe in providing a forum for a variety of ideas and interests, some of which might not find acceptance elsewhere. You are free to take or not take any class.

You are also free to teach. And essentially what we want to stress is that we are all teachers and learners. And that the success of every UFM class is the shared responsibility of both teacher and learner. So we hope you'll "recognize" yourself this fall in all the possible roles — as teacher, learner, and active participant in your UFM classes.

### UFM TAKES TO THE AIR!

Every Monday at 6:30pm and every Wednesday at 8:30pm UFM classes and activities are being featured on local cable station 6. The half-hour show, "UFM Takes to the Air," will feature a wide range of UFM classes which we hope will provide a pleasant start to your evening. (Watch the local news media for a description of upcoming show.)

### POTTERY ROOM

A kiln, two potter's wheels, a darkroom and a relaxed work area are all available for your use. A schedule of available times can be obtained at the UFM house, with a flexible schedule to work with. Studio rates for this fall are \$15.00 for the semester, Sept 27 - Dec 10, limited to 5 hours per week. For part-time use, 50¢ per hour. Please sign up for the hours you would like to use the studio and pay your fees at registration.

### SANDMEYER LEAVES FOR DREAM

Dreams do come true, even in Manhattan, Kansas. A year ago, Sue Sandmeyer, with the moral backing of the University for Man staff, began work with David Hursh to create a public alternative elementary and junior high school for the community. I was their biggest pessimist after having watched at least three other previous attempts never get beyond the second meeting stage. Yet, last week, Sue's dream, now called The Living/Learning School, opened its first official school year with 25 students. For UFM it signals a loss of an excellent staffer but, for the Manhattan community, it is a chance for a new look at exciting, challenging education for their young. Hey, Sue— thanks for putting up with us for all those years. The staff at UFM celebrates with you the joy of your dreams.

### AUSTIN LURES RUSSELL

Shella Russell, too, departed from UFM's staff this summer to pursue a new life with her daughter, Shorey, in Austin, Texas. Working quietly, rarely receiving any of the limelight or public praise, Shella coordinated layout, publicity, crafts and developed the beginnings of the National Free University Network here at UFM, the kinds of jobs which do not gain you fame with titles as vice-chairperson of this committee or president of this association, but yet are the underlying elements that make a free university.

I remember my reaction when Shella first proposed she might be leaving and how I clutched wondering how the staff could ever put a brochure together without her. Well, hopefully, we've learned from you, Shella. Thanks for being UFM's teacher and being an important part of the staff the past few years. The staff and I share the wish that Austin provides the answer to your dreams and more.

—from Sue M. for all of us



### STAFF MEMBERS

David Ayers  
Steve Ernst  
Doris Hoerman  
Velina A. Houston  
Sue Maes  
Nina Miley  
Ann Swegle  
Melody Williams

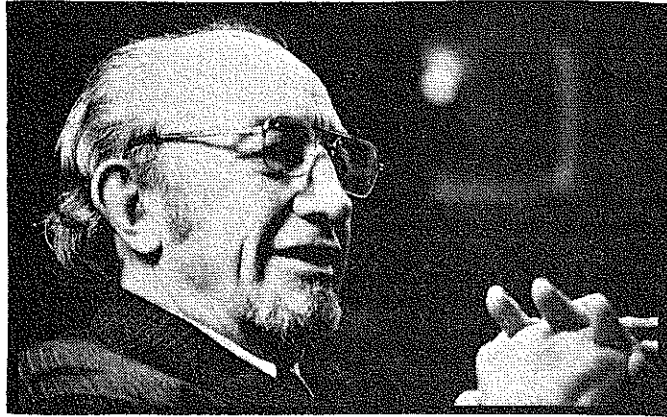
High School Staff:  
Miriam Shaheed

Senior Citizen Work:  
Nadine Burch

Rural Kansas Projects:  
Steve Abrams  
Jim Killacky  
Joe Rippetoe

Welcome to New Staff:  
Larry Wheeler

Cover: Chris Gegen  
Photos: Courtesy of Manhattan Mercury &  
University for Man  
Artwork: Miriam Shaheed



# COMMUNITY

## \* Politics

### ALTERNATIVE RAG

Alan Goldstein 539-5301  
Walt Lane 537-8775

Sundays, 7pm  
Length: Indefinite  
First Meeting: Oct 3  
Location: You will be contacted

This will be an organizational meeting to discuss an alternative newspaper for Manhattan, with emphasis on science, art, culture, community happenings and political events. Anyone with ideas for this paper or with energy to spend on such a project should attend the first meeting.  
(Alan has worked for an alternative newspaper before and Walt is an enthusiastic supporter.)

### VIETNAM, INDOCHINA AND THIRD WORLD COUNTRIES

Students for Political Awareness 532-6541  
University for Man 532-5866

Wednesday, Sept 15, 10:30am  
Location: KSU Union, Forum Hall

Students for Political Awareness, in conjunction with University for Man, will present a program Sept 15 in Forum Hall concerning the events that have occurred since the liberation of the people of Vietnam. A slide show, "Vietnam: The Challenge of Peace," obtained from American Friends Service Committee, examines the sense of community which now has been established in this third world country. John Muskgrave, a one-time national organizer of Vietnam Veterans Against the War, will be the principal speaker. A presentation and discussion by members of the History and Political Science Depts. of Kansas State University will look at perspectives on America's third world relations in the decades to come. All interested people are urged to attend.

### OLD AND NEW POPULISM: AN HISTORICAL REVIEW

Roy Johnson 539-2764

Wednesdays, 7pm  
Length: 3 weeks  
First Meeting: Oct 13  
Location: KSU Union, Rm 204  
Limit: 20

Hopefully class members will realize the historical importance of the Populist movement here in Kansas and in the southern United States. From there, possibly we can determine the importance of populism in the future.

(Roy has been involved in Populist politics in Manhattan and is researching Populist movements in America.)

### PRESIDENTIAL POLITICS '76

Dave Ayers 532-5866

Thursdays, 7:30pm  
Length: Indefinite  
First Meeting: Sept 30  
Location: UFM Living Room, 615 Fairchild Terr

We will reflect upon and speculate about the presidential campaign of 1976. No holds barred!  
(Dave, a UFM staff member, is actively involved in local political campaigns.)

### AMERICAN PRESIDENTS IN THE 20TH CENTURY

Dennis Shockley 539-8872

Wednesdays, 7:30pm  
Length: 2 weeks  
First Meeting: Oct 20  
Location: KSU Union, Stateroom #3

This course will look at the men who have held the office of president and the factors involved in their elections.

(Dennis is a graduate student in history at KSU.)

### PEACE STUDIES

Walt Lane 537-8775

Richard Godbey

Tuesdays, 8pm  
Length: Indefinite  
First Meeting: Sept 28  
Location: UFM Living Room, 615 Fairchild Terr

The object of peace studies is to bring the ideas of non-violence and alternative ways of living to our community. The world we live in is full of violence, and hatred, oppression and hunger. We and many other people around the world believe that living a non-violent life should be the goal of every human being. If we do not change our present course of individual and mass violence, what hope is there? We will discuss what peace studies are and how we can bring them to this community in hope of establishing a long-term program.  
(Both Walt and Richard participated in the Continental Walk for Disarmament and Social Justice and have been involved in other peace-related activities.)

### STUDENT RIGHTS SEMINAR

Jeff Pierce 532-6541

Students are many times deprived of their basic constitutional rights (sometimes unintentionally and sometimes purposely) simply because, as students, we are neither expected to know nor to care what rights we have as citizens of this country. Students living in dorms sometimes forget that real people are allowed privacy. Students attempting to obtain relief through school judicial jungles sometimes forget that real people are allowed representation and due process of law. This seminar will discuss the basic rights of students, how to maintain and assert those rights, and how to proceed in changing the system to accommodate those rights. Meeting time and place will be chosen according to those times convenient to the participants. Sign up and you will be contacted as to date, time and place.  
(Jeff is coordinator of the 3rd Annual Conference on Students' Legal Rights.)

*Hey, hey Woodie Guthrie, I wrote you  
a song,  
'Bout a funny 'ol world that's a-comin'  
along.  
Seems sick an' it's hungry, it's tired  
and it's torn.  
It looks like it's dy'n, and it's  
hardly been born.*

Bob Dylan

### MANHATTAN CANDIDATE FORUM

Dave Ayers 532-5866

Sign up at registration and you will be contacted as to the time, date and place of the forum.

1976 is an election year not only on the national level but also on the local and state levels. We hope to present a forum with candidates for the Kansas Legislature and for local offices. This forum would allow Manhattan residents a chance to meet and talk with candidates. Agenda for the forum will be announced.

### SOCIALIST STUDY GROUP

Lee Flamik 539-3245

Thursdays, 7:30pm  
Length: Continuing  
First Meeting: Sept 30  
Location: KSU Union, Rm 207

Formed this summer, the socialist study group is designed to explore a variety of perspectives on Socialism, including the ideologies of Marx, Lenin, and Mao, and the views of the Democratic Socialist Party. The emergence of socialist governments in the third world will be a topic of discussion at the first meeting. Other subjects for individual and group study and presentation will be decided by the group. The group discussions are meant to complement individual's school or personal areas of interest in socialism, as "formal educational" interpretations are rarely meant to be relevant in their analyses. A permanent meeting time will be set at the first meeting.  
(Lee, a graduate student in sociology, has studied socialism for five years.)

### NORML

Bruce Moore  
Neal Strunk

537-1737

Sign up at registration and you will be contacted about time, date and place of the first meeting.

NORML, or National Organization for the Reform of Marijuana Laws, would like to raise the general level of public (especially student) awareness on the subject of current marijuana legislation. NORML advocates removal of criminal penalties for simple possession of pot.  
(Bruce, a pre-law major, is interested in the effects of victimless crime on attitudes of the current generation. Bruce also founded NORML at KSU in 1975.)

### THE KANSAS LEGISLATURE: PAST, PRESENT, AND FUTURE

Ken Allen 532-3710

Tuesdays, 8pm  
Length: 3 weeks  
First Meeting: Sept 28  
Location: Kedzie Hall, Rm 214, KSU

In an election year, it is very important to be aware of the activities of your own representatives in the Kansas Legislature. This course will provide an historical analysis of previous sessions along with speculative discussion of upcoming action in the legislature. Hopefully, candidates for state offices can provide informative question and answer periods.  
(Ken is a political science major and worked as an intern in the spring session of the Legislature.)

### ECONOMIC DEMOCRACY

Dean Dagg 539-8072

Wednesdays, 8pm  
Length: Indefinite  
First Meeting: Sept 29  
Location: 1947 College Heights Rd, #101-C  
Limit: 10

We will examine and discuss the reality and/or fantasy of the American Dream. Possible topics for discussion include: how politics affect our economic system, who really owns America and the effects of corporate power.  
(Dean has his M. A. in political science from Ft. Hays State College and is interested in Populist politics.)

### PAROLE AND PROBATION VOLUNTEERS

Caroline Peine 532-6432

Ann Elise Kaiser

Wednesdays, 3:30pm  
Length: 7 weeks  
First Meeting: Sept 29  
Location: KSU Union, Stateroom #3  
Limit: 20

Looking for a chance to do a real job on a volunteer basis? Join us as a parole and probation volunteer. Clients will be from the municipal court. Upper-class status at the university preferred.  
(Caroline has been directing this volunteer program with the municipal court for about 6 years. Ann Elise is the municipal court probation officer.)

KSU CIVIL LIBERTIES UNION

Jeff Pierce 532-6541  
Roy Johnson 539-2764

KSU students are now fortunate to have the opportunity to participate in the first student chapter of the ACLU in the state of Kansas. Student concerns on the subject of civil liberties will be the main focus of the organization. More student members will be needed for the group to be active in lobbying practices, educational efforts, and special events. Sign up and you will be contacted as to meetings and events. More information can be obtained through the chapter headquarters in SGA.

(Jeff and Roy have been very active in various political events and organizations in the past.)

INTRODUCTION TO POLITICAL LOBBYING

Deb Harrison 539-1776  
Doug Oblander

Wednesdays, 7:30pm  
Length: 3 weeks  
First Meeting: Sept 29  
Location: KSU Union, Rm 203

This class is designed not only to interest people in political lobbying, but also to instruct them in the most effective lobbying methods. Guest speakers will include lobbyists from Topeka and also local legislators who will give their side of the story. (Deb is campus director for Associated Students of Kansas (ASK), a student lobbying organization. Doug is the state director of ASK.)

AMERICAN CIVIL LIBERTIES UNION (ACLU)

Bob Coon 539-8623

The ACLU of Kansas is an organization devoted to the preservation of the civil rights of every American. We can explain to you what your rights are and will do all we can to guarantee that your constitutional rights are not violated. If you wish to join the ACLU or if you wish to know more about the organization, contact Bob Coon at 539-8623.

(Bob is president of the local chapter.)

*Let us disappoint the men who are  
raising themselves upon the ruin of  
this country . . .*

*Samuel Adams,  
1776*

DRUGS AND THE LAW

Mary Gallon 776-6245  
Ed Oliver  
Rose Cason

Thursday, 7:30pm  
Length: One time, Sept 16  
Location: City Hall, Yellow Room  
11th and Poyntz

A Panel discussion dealing with drugs and the law will be presented by the Drop-In Drug Center. Participants on the panel include Senator Don Everett, Judge Jerry Mershon, a representative from RCDP, Dr. Stan Cross and Bruce Moore, Director of NORMAL. Everyone interested is urged to attend.



\* Family

IMPROVEMENT OF NURSING HOMES

Caroline F. Peine 532-6432

Wednesdays, 8pm  
Length: Indefinite  
First Meeting: Oct 6  
Location: 505 Oakdale Dr

I would like to meet with persons who are concerned about standards of nursing home care and who would be interested in working as a group towards improving the situation at any of the area facilities. If you are interested, bring your ideas and we will discuss this important issue. (Caroline's mother has been in a nursing home for 3 years and she has continuing concerns.)

AGING IN AMERICA

Queen E. Madison 539-5243

Wednesdays, 7pm  
Length: Indefinite  
First Meeting: Oct 6  
Location: 425 Pierre, Carlson Plaza

The other day I witnessed two youths approach an elderly man out walking and shout, "Look at that walking death." Are our senior citizens becoming the new discriminated minority in our society? What do you say to the person you are visiting at the nursing home? Let's get together and discuss how to work and converse with the senior citizens in our community and then take our ideas back to our families and friends. (Queen is site manager for one of the senior citizens' nutrition programs.)

ADULT LEARNING

Bill Draves 776-3100

Mondays, 7:30pm  
Length: 6 weeks  
First Meeting: Sept 27  
Location: 1509 Hillcrest  
Limit: 12

This will be an informal discussion of how adults learn, what structures will best help adults learn issues of education for community, education and social change, and adult education in general. (Bill is the former head of the Milwaukee Free University and has a M. A. in adult education.)

DISCUSSION GROUP FOR ADULTS

William Zelazny 539-8960

Sign up at registration and you will be contacted as to time, date, and place of first meeting.

We are an on going group that meets to share good discussion, good company and occasionally good food. Join us if you like to meet people and like to talk. (Bill is one of those people who likes to meet people and to talk.)

BIG BROTHER/BIG SISTER

Dick Smith 776-8074  
Mike Dikeman 776-7315  
JoAnn Luerhring 539-9225

Raising a child alone? From the divorce or separation which divides a family, or the loss of a parent by death, it is the child who suffers the most. Children in such circumstances require the utmost in love, understanding and sound guidance. If you are 18 years of age, mature, married or single, and able to give at least a one-year commitment to a child in such a situation, we would like to hear from you. Caring is sharing yourself. The need is great. Helping a child along the road of life is a unique experience. (Dick, Mike and JoAnn have been with the program for quite a while.)

FAMILIES FOR FRESHMEN

Dorothy Bollman 539-6613

Sign up at registration and you will be contacted. It is exciting to be away from home in a large community of peers, but sometimes the sameness makes you lonely. Invariably, students, at some time or another in their college careers, need to talk to an older adult who listens as a friend, not as a counselor or teacher. If you would like to become acquainted on a personal level with a Manhattan family please use the special forms at UFM registration. (Dorothy's family has enjoyed meeting students in their home in past years and would enjoy getting to know new freshmen at KSU.)

FRESHMEN HOST FAMILIES

Dorothy Bollman 539-6613

Sign up at registration and you will be contacted. If you would like to be a host family for newly-arrived freshmen, please register or contact Dorothy Bollman. Single-member families are welcome.

COMMUNICATIONS WORKSHOP

Tommy Starnes 537-8617

Wednesdays, 7:30pm  
Length: Indefinite  
First Meeting: Sept 29  
Location: Douglass Center Annex, M. L. King Jr. Rm 901 Yuma

There are many ways to communicate. One must be able to relate to others through verbal communications everyday. People communicate through many other ways other than verbal, such as feelings of fear, love, hate, sadness, happiness, guilt and trust. Everyone lives mostly within themselves. No one really knows more about how a person really is other than the person himself. If you want to learn more about yourself, and learn how to communicate with others, you are urged to attend these sessions. (Tommy is director of the Douglass Community Center.)



#### SINGLE PARENTS

Carol Haunschild 539-4800  
Margaret Nordin 532-6432

Mondays, 7:30pm  
Length: 10 weeks  
First Meeting: Sept 27  
Location: KSU Union, Rm 207

In marriage, many solutions to child rearing and simple survival skills are built in. As a single parent, it is sometimes harder to find those solutions. Adequate child care, time and energy management, feelings of loneliness, and fears about certain behaviors of children are a very real part of single parenthood. Over the summer the group began to find some answers to these and other problems and promises to do more of the same this fall, with the addition of forming specialized subgroups. Free babysitting will be provided. (Both Carol and Margaret have been involved with starting a single parents group here.)

#### EVENING CHILD CARE

Melody Williams 532-5866

The UFM Evening Child Care Center is still a reality. We have hired a staff person for Mon-Thurs and are looking for volunteers to work. If you are interested in child care for your child or wish to volunteer, call UFM or sign up at registration.

#### CHILD CARE SERVICE

Patricia E. Heinsohn 537-1145

Those people wishing jobs as babysitters, please fill out the sign up sheets at UFM registration with the following additional information: child care experience, times available, transportation, where care will take place (child's home or sitter's home), and number and age of children preferred. These sheets will then be available to searching parents.

#### WHAT IS MONTESSORI?

Kathleen Hursh 539-1677

Sunday, 7:30pm  
Length: One time, Oct 3  
Location: 503 N 6th St  
Limit: 15

I would like to share the joys and the magic I feel while working with young children using some ideas and methods devised by Maria Montessori. We will meet in a preschool equipped with Montessori materials and can talk of the early history of the Montessori approach and its growth, the different areas of the classroom environment, and the purpose of the equipment in the development of the whole child.

(Kathleen taught two years in a Montessori school in Omaha, Nebraska. This January she opened a pre-school here which uses some Montessori materials and methods.)

## \* Olio

#### NAACP (MANHATTAN CHAPTER)

James Butler 537-2237

Every 2nd Friday of the month, 7:30pm  
Length: Continuing  
Location: Douglass Center Annex, 901 Yuma

The group's objective is to obtain a better understanding of Black people in the U. S. A.: their historical background, culture, aspirations, hopes, and goals. Topics which will be covered include prejudice, racism and stereotypes. We will attempt to bring persons up to date on the constantly changing aspects and priorities in the area of race relations in the U. S. A. (James is a graduate of the Race Relations Institute sponsored by the Department of Defense and has taught race relations courses for five years.)

#### RAPE CRISIS CENTER

Caroline Peine 532-6432

Wednesdays, 12 noon  
Length: Indefinite  
First Meeting: Sept 29  
Location: Memorial Hospital Conference Rm  
Sunset and Claflin Rds

I would like to explore the interest in or need for a Rape Crisis Center here in Manhattan. If you feel there is a need and/or would be interested in helping establish such a center, plan to bring your ideas and we will discuss the possibilities. (Caroline has been involved in rape prevention and would like to assess the need for additional work in this area.)

#### LOW COST MEXICO Dec 27 - Jan 10

Warren Rempel 539-4281

Sign up and information will be sent to you as soon as itinerary and prices are confirmed.

Two weeks exploring the historical and cultural centers of Mexico, at minimal cost. Mexico City, Guanajuato, Patzcuaro, Taxco, Puebla, Acapulco.

#### MANHATTAN SINGLES CLUB

Bette Kidd 539-0444  
Chuck Jones 537-9288  
Dick Kahl 537-2985

Fridays, 8pm  
Length: Continuing  
First Meeting: Sept 24  
Location: Campus East Apts, Clubroom

Manhattan Singles Club invites fellow singles to a party on Friday, Sept 24 at the Campus East apts clubroom (park on the street). BYOB, mix and snacks will be provided. Our activities have included parties, dinners, trips to plays, picnics, rap sessions, along with activities for various special interest groups such as bridge, tennis, etc. For all singles 22 and over.

#### BEING COOL WITH AN OBSCENE FOOL

Riley County Police Department 537-2112

Tuesday, 7:30pm  
Length: One time, Sept 28  
Location: RCPD Training Rm, 610 Colorado  
Limit: 25

This class will deal with handling oneself when receiving an obscene phone call and what steps can be taken after the call has been terminated.

#### DRUGS: STAYING HEALTHY

Jeff Morris 539-7237

Thursdays, 7pm  
Length: 3 weeks  
First Meeting: Sept 30  
Location: 1124-C Garden Place

Let's face it, if you take drugs then you'll probably continue to take them. You could really care less when someone asks you "why do you think they call it dope?" This class is designed to keep you as healthy as possible. We will discuss the more common body bummers such as vitamin loss and how to avoid them. (Jeff is a local community person who has studied drugs and their effects. He is also associated with the KSU Drug Education Center.)

#### FLINT HILLS TOASTMISTRESS CLUB

Mildred Walker 539-7159

Alice Roper

Mondays, 7:30pm  
Length: Indefinite  
First Meeting: Sept 27  
Location: Kansas State Bank basement, 1010 Westloop  
Limit: 30

To assist individual members in self improvement through study and practice in speech, conversation, group leadership and analytical listening. Flint Hills Toastmistress' Club is the local chapter of the International Toastmistress Club.

#### MANHATTAN TOASTMASTERS

Steve Adkins 537-8646

Tuesdays, 7:30pm  
Length: Indefinite  
First Meeting: Oct 19  
Location: Kansas State Bank basement, 1010 Westloop

The Toastmasters Club meets regularly and provides its members with a professionally designed program to improve their abilities in communication and to develop their leadership and executive potential. Members have the opportunity to deliver prepared speeches and impromptu talks, learn parliamentary procedure and then be evaluated in detail by fellow Toastmasters. For two generations, more than a million men have joined Toastmasters Clubs located all over the world. Visitors are always welcome to meetings, but the meeting Oct 19 will be a special meeting directed toward UFM enrollees. Open to men and women. The class meets 1st and 3rd Tuesdays each month.

#### ESTATE PLANNING FOR YOUNG MARRIEDS

Henry Otto 776-4206

Don Weiner  
Tuesday, 7:30pm  
Length: One time, Oct 26  
Location: KSU Union, Rm 207  
Limit: 20

This course will include discussions of family financial goal-planning using such legal devices as wills, trusts, etc. The importance and role of joint tenancy will also be explained. (The leaders are both attorneys with general practice experience.)

#### ESTATE PLANNING FOR WOMEN

Don Wainer, Henry Otto 776-4206

Tuesday, 7:30pm  
Length: One time, Nov 2  
Location: KSU Union, Rm 213

In this class, we will examine different approaches professional women, working wives and single women might take towards estate planning, wills and trusts (and possible insurance). We'll include the effects of children and other variables. Bring your questions, as a question and answer format will be a large part of the evening. (Both Don and Henry are local attorneys.)

#### CREDIT, ETC. FOR WOMEN

Jack Ayres 537-0200

Tuesday, 7:30pm  
Length: One time, Oct 26  
Location: 1st National Bank, 701 Poyntz

More and more, women are wanting to establish their financial independence. Knowing one's way around credit is an important part of that process. This one-hour section is an introduction and will include tips on both the establishment and maintenance of credit.

(Jack is assistant vice-president and loan officer for the 1st National Bank and kindly offered to lead this session for us.)

#### THE CIRCLE K-CLUB

Rod Peters 776-4015  
Jamie Comparan  
Mondays, 8pm  
Length: Indefinite  
First Meeting: Sept 27  
Location: To be announced

The Circle K-Club's objectives are to provide service to the community and college campus. The Circle K is sponsored by the two Kiwanis Clubs in Manhattan. The club has sponsored the Blood Mobile on campus and has assisted the "Special Olympics" in Salina last year. Our concerns result in a very direct personal service that helps people serve the campus and community. Dues are \$5 a year.

(Rod has been a club member for 2 years and is currently the Governor of the Kansas District of Circle K International. Jamie is the president of the local club at this time.)

#### DROP-IN DRUG CENTER

Mary Gallon 776-6245  
Ed Oliver  
Rose Cason

The Drop-In Drug Center would like to be more effective in providing counseling, a crisis hotline, education presentations, and consulting services to this community. We need volunteers from various backgrounds. Volunteer meetings are Mon 6:30 to 8:30pm at the Center, 328-A Poyntz, which is open from 3-6pm Mon, Weds, Thurs, and Fri and also from 7-10pm Tues through Sat. For more information, call the Center at 776-6245.  
(Mary, Ed and Rose are directors of the Drop-In Drug Center.)

#### PEACE CORPS VOLUNTEERS

Ted and Nancy Granosky 539-6842

Sign up at registration and you will be contacted as to time, date and location of the first meeting. We are interested in organizing a group of former Peace Corps volunteers, international students interested in the work of the Peace Corps, and any other persons interested in learning about the experiences of these two groups, as well as sharing their own ideas.  
(Ted and Nancy served as Peace Corps volunteers in Paraguay.)

#### KSU CONSUMER RELATIONS BOARD (CRB)

Annette Thurlow 532-6541  
Monday - Friday, 8am to 5pm  
SGA Offices, KSU Union

CRB assists students with consumer-business problems. We have information available on landlord-tenant relations, insurance, safety, moving, credit, and other topics. Come see us if you can't resolve a hassle with a business. The Chamber of Commerce, 414 Poyntz, 776-8829, will assist community members with consumer problems.  
(Annette is the director of CRB.)

#### LANDLORD-TENANT RELATIONS

Henry Otto 776-4206  
Don Weiner  
Tuesday, 7:30pm  
Length: One time, Oct 19  
Location: KSU Union, Rm 203

Deposits, leases, 30-day notices, no pets, no unmarried couples and contracts. If these words have any meaning to you and you are being hassled either by ungracious landlords or irresponsible tenants, this class can hopefully clarify the issues, the responsibilities of both parties, and legal implications.  
(Don and Henry have been practicing law in Manhattan for a number of years.)

#### TENANTS HANDBOOK

Because of the continuous problems that students have involving landlord relations, a handbook has been organized to help students with their problems in tenant situations. The handbook was written by Don Low, KSU Students' Attorney, and is available in the KSU Union Bookstore for 70¢.

*The part of passive spectator is unworthy  
of this country and is bound in the end  
to lead to disaster.*

Einstein

#### DIABETICS ASSOCIATION

Gloria Caffey 539-2241  
Sally Peterson  
Wednesdays, 7pm  
Length: Indefinite  
First Meeting: Sept 29  
Location: Memorial Hospital Cafeteria

A group is being formed for people who are interested in visiting with those who are concerned about diabetics. This will be a tri-county organization consisting of Riley, Geary, and Pottawatomie Counties. The first meeting's purpose will be twofold, in that an organizational discussion will take place along with a program entitled "Full Life in Spite of Diabetes." All young people, family, friends, or any interested people are invited to attend.  
(Sally is the dietician at Memorial Hospital and Gloria is an interested worker at the hospital.)

#### COSMOPOLITANS

Friday evenings, 8pm  
Location: UMHE, 1021 Denison Ave

This is an International Club providing an opportunity for foreign students and Americans to meet each other and learn about the many different cultures and customs that are represented in the KSU/Manhattan community -- a club for international friendship. Every Friday evening will be International Night at the UMHE Center. The meeting and programs are open to everyone. A variety of programs including cultural programs, folk dancing, discussions, plus occasional potluck suppers or desserts. For further information, please call UMHE, 539-4281. Better yet, just come!



## CRAFTS

#### CLAY WORKSHOP

Jean Goldman 776-3000  
Mondays, 7:30pm  
Length: 8 weeks  
First Meeting: Sept 27  
Location: UFM Crafts Room, 615 Fairchild Terr  
Limit: 8  
Materials Cost: \$7.00 for clay & supplies -- pay at registration

For people interested in clay, at any level of ability. We will explore techniques of handbuilding, pinch, slab, and coil, and see what it leads to -- sculpture or pottery. Wheels are available too. You'll be welcome to use them, although that is not my area of expertise. I'm basically a clay sculptor who has spent many pleasant hours making handbuilt sculptures.

(A graduate of Massachusetts College of Art, Ceramic Department, Jean has unleashed upon the world thousands of clay sculptures.)

#### POTTERY FOR BEGINNERS

Mike Kohn 539-6844  
Saturdays, 10am  
Length: 10 weeks  
First Meeting: Oct 2  
Location: UFM Crafts Room, 615 Fairchild Terr  
Limit: 10  
Materials Cost: \$7.00 for clay & supplies -- pay at registration

This course is offered to familiarize the individual with the basics of pottery. Emphasis will be placed on the techniques of handbuilding. In addition, an introduction to the wheel will be provided.  
(Having studied ceramics for more than a year, Mike hopes to provide working knowledge for others and also develop his own skills in the process.)

#### CERAMICS: THE FOUR BASICS

Jill Schindler 537-1339  
Miriam Shaheed 537-8576  
Wednesdays, 7pm  
Length: 4 weeks  
First Meeting: Sept 29  
Location: UFM Crafts Room, 615 Fairchild Terr  
Limit: 6  
Materials Cost: \$7.00 for clay & supplies -- pay at registration

We will cover the four methods of handling clay: pinch, coil, slab & wheel. We'll teach one method per meeting & after that you can work on your own. (Jill and Miriam have taken ceramics for several semesters.)

#### MACRAME FOR FUN I

Janet Remmers 537-8958  
Wednesdays, 7:30pm  
Length: 4 weeks  
First Meeting: Sept 29  
Location: KSU Union, Crafts Rm, 3rd Floor  
Limit: 15

Learn beginning macrame and create your own plant hangers and wall hangings. Basic knots will be shown and we'll go from there.  
(Janet has really enjoyed teaching this class for several semesters.)

#### MACRAME II

Linda Gallagher 539-8514  
Mondays, 7:30pm  
Length: 4 weeks  
First Meeting: Sept 27  
Location: UFM Living Rm, 615 Fairchild Terr  
Limit: 10

The basic knots will be taught in a sampler. From these you will be able to expand into making jewelry, pot hangers, belts or wall hangings. Please bring to the first session of class: 1 macrame board or fiber board (14" x 18" approx.); T pins; rubberbands; 1 ball of #21 or #24 seinecord from hardware or craft shop; and a notebook.  
(Linda has previously taught a UFM macrame class and has done many projects for sale and for gifts.)

#### WEAVER'S FANCY

Karen Huff 539-5185  
Denise Low 539-7268

1st Wednesdays, 8pm  
3rd Saturdays, 10am-4pm  
Length: Continuing  
First Meeting: Oct 6  
Location: Sign up and you will be contacted

Material Costs: \$2.50 -- pay at registration

A forum for active weavers to exchange ideas, share experiences, and work on their hand weaving together for mutual encouragement and inspiration. There will be planned programs and informal workdays. A materials fee of \$2.50/semester will be charged to cover rental of slide programs, materials, and similar activities. This is an ongoing UFM class. Look for our show of handweaving at the Manhattan Public Library during September.

### Quilting I

Nancy Griffin -485-2762  
 Wednesday, 7pm  
 Length: One time, Sept 29  
 Location: UFM Patio, 615 Fairchild Terr

Working with fabric is an exciting experience leading to endless invention made possible by many fabrics, threads, and inventive stitches. Emphasis in this class will be on quilting and on one's own ability to create original and personal forms. The means, processes, and resources are given - the rest is imagination.  
 (Nancy is a self-taught quilter who uses her creativity to turn out beautiful and unusual items.)

### QUILTING II

Mildred Nelson 776-5208  
 Rhea Normington 776-4139

Mondays, 7pm  
 Length: 4 weeks  
 First Meeting: Oct 4  
 Location: 300 N. 5th St, Community Room  
 Limit: 7

At the first meeting, we'll show as many different types of quilting as possible done by senior citizens. We'll then discuss what will be needed for our first project, a patchwork pillow, and help you get started on it.  
 (Ms Nelson and Ms Norington have been quilting for 36 years.)

### SHIP MODELING

Bill Paske 539-1346

Mondays, 8pm  
 Length: Indefinite  
 First Meeting: Oct 4  
 Location: 240 Westwood Dr  
 Limit: 15

Anyone interested in modeling is invited to come and talk about modeling and solutions to problems in finding materials, tools, blueprints, and general background references. Modeling from the 10th century to the present will be covered.  
 (Bill has been making ships since 1962 and is a member of the Nautical Research Guild.)

### DECOUPAGE

Elsie Colbert 539-5624

Wednesdays or Thursdays, 7:30pm  
 Length: 5 weeks  
 First Meeting: Oct 14  
 Location: 2418 Buena Vista Dr  
 Limit: 20  
 Materials Costs: \$6 - \$8 - pay at registration

Through decoupage we can preserve pictures, some photos, announcements and prints. Bring a notebook and pictures to the first meeting and we'll discuss using the pictures and explain the materials. Everyone is to attend the first meeting on Thursday Oct 14. Please indicate when registering whether you prefer attending on Wednesdays or Thursdays.  
 (Elsie has done decoupage for close to 10 years and has taught at UFM since it's beginning.)

### QUILTING GET-TOGETHER

Sheila Sapienza 539-6629  
 Rosie McCarty 776-6660

Wednesdays, 7:30pm  
 Length: Continuing  
 First Meeting: Sept 29  
 Location: 1617 Leavenworth

This class is designed for quilting enthusiasts to meet, share knowledge, and work on quilts. It is not a structured class, but rather we will share what knowledge we have. Both beginners and advanced are welcome.

### LEATHER BRAIDING

Peter Kazan 537-8787

Wednesdays, 7pm  
 Length: One time, Oct 6  
 Location: #93 Redbud Estates  
 Limit: 10

This will be a one time demonstration of the art of leather braiding. Peter will handcraft an adjustable leather choker. References and information on supplies will be available for those who wish to pursue the craft further.  
 (Peter is one of Manhattan's most talented and imaginative craftspersons.)



### NEEDLEPOINT

Dorothy Dean Miller 537-0674

Wednesdays, 7:30pm  
 Length: 6 weeks  
 First Meeting: Sept 29  
 Location: 777 College Hts. Cr  
 Limit: 6

Instruction in basic needlepoint will be provided. If you have a project going, bring it. We can look also at patterns for needlepoint designs.  
 (Dorothy has made hundreds of needlepoint projects and she designs her own patterns.)

### T-SHIRT PAINTING

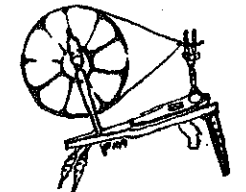
Miriam Shaheed 537-8576  
 Barbara Fox 537-0431

Saturday, 2pm  
 Length: One time, Oct 2  
 Location: UFM Kitchen, 615 Fairchild Terr  
 Limit: 10  
 Material Cost: \$.50 for dye - pay at class

T-Shirt decorating techniques will be discussed briefly, then we'll demonstrate t-shirt painting with dye. Everyone will have a chance to paint after that.



# RILEY COUNTY HISTORICAL MUSEUM



For the ninth term, the Museum will offer pioneer skills classes of contemporary relevance. All instructors are volunteering their time and talent and charge only for the materials necessary in the class. All classes are held at the Museum, which is located in the City Hall, 11th and Poyntz.

**CHAIR CANING** Bring your own chair or stool to be caned. Instructor Barbara Poresky will have materials available for caning. First session is Tuesday, Sept 28, 7:30-9:30pm. Six sessions total.

**BEGINNING TATTING** Learn the delicate art of tating to create beautiful edgings for pillowcases and other houseware items. Bring a tating shuttle (55¢) and thread of different colors. Instructors: Mrs. Earl Ray and Mrs. Ruth Sageser. First session: Saturday, Oct 2, 1pm. Two times the first session for a quantity of top-grade wool, a drop spindle, and a book on spinning with the drop spindle. Class limit: 10. Instructor: Susan Lala. First session on Tuesday, Oct 5, 9:30-11:30am, with 2 additional sessions lasting one hour each.

**SOAP-MAKING** The basic technique will be demonstrated by Instructor Jean Dallas. One session only -- Saturday, Oct 2, 1pm, though additional batches will be made at 2pm and 3pm.

**SPINNING** Practice will be given on spindles with additional instruction in the use of the wheel. Discussion will include types of fibers, dyes, etc. Materials fee is \$10 to be paid at the first session for a quantity of top-grade wool, a drop spindle, and a book on spinning with the drop spindle. Class limit: 10. Instructor: Susan Lala. First session on Tuesday, Oct 5, 9:30-11:30am, with 2 additional sessions lasting one hour each.

**CROCHET FOR BEGINNERS** This delicate old-time art of making lacy objects with a hook will help you to make interesting accessories for your clothing, or attractive decorations for your home. Instructor: Barbara Poresky. Bring a crochet hook and crochet thread. Other materials may be decided upon after you have attended the first session on Friday, Oct 1, 1pm-3pm. Five sessions.

**MUSEUM VOLUNTEERS** Volunteer aids are needed in several Museum projects. Come and learn what a Museum is all about with a session by instructor Jean Dallas. First session: Friday, Oct 1, 2pm-4pm. Eight sessions.

## PRESERVING THE PAST

The Riley County Historical Museum will present a series of lecture-discussion sessions concerning the priority and public policy of historic preservation beginning Nov 7 and continuing thru Dec 14. The major question to be asked in this series is: Should there be legal protection for historic properties in Kansas?

- Sunday, Nov 7 A panel discussion featuring Jean Dallas, Director and Curator of the Museum; Sonie Liebler, Program Co-ordinator; and Roy D. Bird, Museum Historian and author, will present for the public a general introduction to the series and to historic preservation.
- Tuesday, Nov 9 A KSU Philosophy Dept faculty member will speak on priorities and public policy, relating these subjects to historic preservation. He will define the meaning of priorities for the audience and help them make a meaningful decision on their stand toward preservation.
- Tuesday, Nov 16 Dr. Mary Frances White of the KSU English Dept will present a discussion of the realm of American literature and folklore and its correlation to historic preservation. She will explain what Kansans can learn from the cultural heritage of literature and the value implications of saving artifacts of that heritage.
- Tuesday, Nov 23 A lecture by one of the foremost Kansas Historians will relate the importance of the history of Kansas to all Americans and discuss whether or not the homes of historic figures or the sites of historic events should be legally protected from destruction.
- Tuesday, Nov 30 Richard Pankratz of the Kansas State Historical Society Historic Sites Survey will discuss the value of the National Historic Sites Survey, how a site is chosen for the Survey, what the State Historical Society is doing about preservation, and preservation organizations other than local historical societies.
- Tuesday, Dec 7 Dr. Bernd Foerster, Dean of the College of Architecture and Design, KSU, will speak on some aspects of Kansas architecture in the past and present. Dean Foerster is a noted authority on the subject of historic preservation.
- Tuesday, Dec 14 The legal aspects of historic preservation will be discussed at the concluding session of the series. What sort of legal protection has been used effectively? What are the benefits of legal protection? How can individuals influence the institution of legal historic preservation?

The series will be in a non-partisan atmosphere, with a 30-45 minute lecture and a discussion session immediately following. Come to the series and understand the priority and the public policy of historic preservation.



# EARTH

## OUTDOOR EDUCATION IN KANSAS

Sue Maes 539-6609  
 Tuesday, 7pm  
 Length: 8 weeks  
 First Meeting: Sept 28  
 Location: St. Paul's Episcopal Church  
 6th & Poyntz

Perhaps you are not an expert or don't care to specialize in a scientific field, but would like to have a working knowledge about Kansas surroundings: the insects, prairie mammals, wild edible foods, the night sky, birds, flowering plants, land formations, and sounds of the flint hills. Specialists will be called upon to lead hikes, give lectures, etc. at the discretion of the group, but mainly the group as a whole will work together to educate each other about the day to day workings of Kansas.  
 (Sue is a nature amateur like you.)

## EDIBLE PLANTS

Max Miller 539-3488  
 Sue Maes 539-6609  
 Tuesday, 6:30pm  
 Length: One time, Oct 12, cancel in case of rain  
 Location: 3117 Bermuda Lane

A summer in the mountains and bookstores of Vancouver have uncovered a wealth of new edibles - how about fuchsia, gladiola, or primrose supreme for supper tonight? While there may not be "gold in the Kansas hills" there is a vast quantity of food. Come stalk the wilds with us as we learn about the vast variety of meals which can be prepared from a fall harvest of the wilds. Bring wild plants you've collected or any that you have questions about.  
 (Max and Sue have been collecting and sharing their edible finds through UFM for four years.)

## A CLIMB TO THE TOP OF SHIVA TEMPLE - A "SKY ISLAND" IN GRAND CANYON

Wilson Tripp 537-7758  
 Thursday, 7pm  
 Length: One time, Oct 28  
 Location: KSU Union, Rm 206 A & B

The first recorded ascent of Shiva Temple was in 1937 when members of a scientific expedition scaled this isolated butte to determine if animal life had evolved there in a different manner than it had on the nearby Kaibab Plateau. During June, 1976, Wilson Tripp, professor of mechanical engineering at K-State, with two others made this rarely done trek. Professor Tripp will show slides of the climb and will discuss the 1937 scientific expedition.

## WILDERNESS SURVIVAL

George Halazon 532-5784  
 Mondays, 7:30pm  
 Length: Indefinite  
 First Meeting: Nov 1  
 Location: Ackert Hall, Rm 120, KSU  
 Material Cost: \$5 for campfood & a manual pay at registration

It seems to be important at this point in time to learn what it means to live "with" nature and not "against" it. We will get into the recognition of wildlife and edible plant life, camping, hiking, wilderness first aid, selection and care of equipment, possibly touching on arctic and tropical survival. This is basically a course on how to live in a natural environment utilizing the materials common to the area. We will also cover cold weather camping and plan a Colorado mountain campout. We also are preparing a line of high energy camp and trail foods.  
 (Dr. Halazon has an impressive background in just about every aspect of the outdoors---from scuba diving to fire fighting.)

## IS SMALL BEAUTIFUL?

Wes Jackson 1-834-8967  
 Saturday, 9:30am-5:00pm  
 Length: One time, Oct 9  
 Location: 5 miles south of Salina  
 (meet at UFM House at 8:30am, or call UFM for directions)  
 Limit: 24

We will discuss the hopes, dreams, aspirations and philosophical orientation of The Land Institute. Eight students and the institute director are working on the development of a holistic philosophy half-time. The other half is devoted to work and experimentation with alternatives: alternatives in shelter (2 people are reconstructing an Indian house similar to the one dug up 2 miles south), alternatives in energy (1 of the buildings at The Land Institute has solar collectors), alternatives in agriculture and waste disposal. Topics during the day will range widely and may include "technology assessment for the back-to-the-lander," "preventing co-option," or even the need for "holy ground." Bring your lunch.  
 (Wes has a Ph.D in genetics and is the former chairman of Environmental Studies at California State University in Sacramento. He is the author of the book Man & the Environment.)

## THE HOMEMADE NEIGHBORHOOD

Rory Turner 539-5142  
 John Selfridge  
 Bruce Snead

Wednesdays, 7:30pm  
 Length: Indefinite  
 First Meeting: Sept 29  
 Location: Douglass Center Annex  
 901 Yuma

The Community Design Center will conduct workshops ranging from solar heating to greenhouses to dog-houses. Emphasis will be placed on how you can build and help others build cheaply and efficiently. Alternative systems for energy and food also will be explored.  
 (Rory, John and Bruce represent a team of architects.)

## KANSAS - FENCE POST ROCK

Grace Muilenburg 539-8006  
 Monday, 7pm  
 Length: One time, Dec 6  
 Location: Manhattan Public Library Auditorium  
 Juliette & Poyntz

With a slide presentation, Grace will demonstrate how Fencepost limestone (post rock) contributed to the development of northcentral Kansas. Her main message is: If we observe history and natural events together we will appreciate our heritage all the more.  
 (Grace recently co-authored with Ada Swineford the book, Land of the Fence Post Rock. It is based on 20 years of research, including many visits to the area and many interviews with area residents.)

## CHILDREN'S GARDENING

Dick Mattson 532-6170  
 Saturdays, 10am  
 Length: 4 weeks  
 First Meeting: Sept 18  
 Location: Douglass Community Center Annex  
 901 Yuma  
 Limit: 25

The class is intended for children 12 years of age or younger who are interested in indoor plants and flowers, vegetable gardening, or craft activities relating to plant materials. Projects may include dish gardens, bottle gardening, foliage plants and mini-greenhouses.  
 (Dick is a professor in the horticulture department.)

## CREATIVE CACTUS GARDENS

Mark Middleman 539-4803  
 Saturdays, 10am  
 Length: 1-2 times  
 First Meeting: Oct 2  
 Location: KSU Conservatory  
 Greenhouse South of Dickens Hall  
 Limit: 15

Housed at the University's Conservatory garden is a world of cacti and succulents. Using this back-ground as a lab we will discuss the following topics: selection, care, dish gardens and sand painting.  
 (Mark is a recent horticulture graduate.)

## PLANT MATERIALS FOR CONSERVATION USES

Larry Hamilton 539-8761  
 Tuesday, 7:30pm  
 Length: One time, Oct 19  
 Location: 1st Baptist Church  
 2121 Blue Hills Rd

What plants are best for our rangeland pastures, wildlife habitats, windbreaks, recreation areas or for urban protection? Landowners and operators need many kinds of plant materials to solve a wide variety of conservation problems under different soil, climate, topographic, and use conditions. Suitable plant materials generally are not available for satisfactorily solving all these needs. Thus the Plant Materials Center at Manhattan provides a facility to observe and evaluate plant materials effectively and systematically for conservation use. New plant materials with promise for conservation use have been collected from a wide variety of soils and climates.  
 (Larry is a soil conservationist working at the Plant Materials Center, a federal agency of the U.S. Department of Agriculture.)

## ORIENTEERING

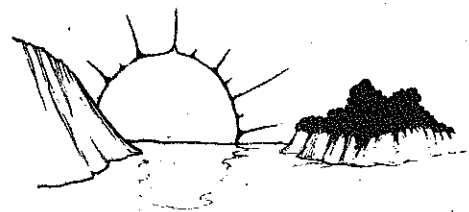
Greg Musil 539-5301  
 Alan Goldstein Rm 521  
 Frank Vork  
 Wednesdays, 6:30pm  
 Length: 6 weeks  
 First Meeting: Sept 29  
 Location: Military Science, Rm 11, KSU  
 Limit: 20

In this course a student will learn land navigating using a three dimensional map and a lensatic compass. Upon successful completion of this course, the student will be able to orienteer over unfamiliar terrain using only map and compass.  
 (The leaders are active members of the KSU Orienteering Club and have participated in college competition.)





# SOLAR SERIES



- Oct 4 "A Report on Solar and Other Alternative Energy Activities in the State of Kansas."  
George Pytlinski is a member of KSU's Center for Energy Studies and the Solar Energy Advisory Group from the Kansas Energy Office.
- Oct 11 "Solar Manhattan Update."  
This evening includes brief presentations on the various solar projects in Manhattan; ie. Singleton, Anderson, Krider, Miley, Nyberg, etc. Details about the solar tour and several fall workshops will be given by John Selfridge.
- Oct 16 "Solar Tour--Manhattan" see meeting on Oct 11.
- Oct 18 "The (Electric) Joy of Windy Kansas or All About the Materials and Economics of Energy from the Wind."  
Steve Blake - Steve is a builder of wind devices and probably the best wind authority in all of Jefferson county.

NOTE: All sessions will be held at the Congregational Church, 700 Poyntz at 7:30pm.  
John Selfridge, a regional and community planner at KSU, is the coordinator for the series, 537-7411.

*"I went to the woods because I wished to live deliberately,  
to front only the essential facts of life, and see if I could  
not learn what it had to teach,  
and not, when I am to die,  
discover that I had not lived.....Thoreau*

# AUDUBON SERIES



## NORTHERN FLINT HILLS AUDUBON SOCIETY

The Audubon Society welcomes new people to participate in the following programs:

- Sept 16 PRAIRIE IMAGES A creative aesthetic approach to the prairie.  
Robert Regier, Bethel College Art Instructor
- Oct 21 Film: "FARALLON LIGHT" and "TERNs" A film and slide show on sea birds.  
Celia White - speaker
- Nov 18 THE CONTROVERSY OF GARRISON DIVERSION The effects of dams on wildlife refuges.  
Richard Madson, North Central Regional Representative of National Audubon Society.
- Dec 9 WAS IT A YEAR AMONG THE PHILISTINES? What it's like for an environmentalist  
to work for big business?  
CHRISTMAS BIRD COUNT  
Dr. John Zimmerman, biologist, KSU

NOTE: All meetings will be held in Ackert Hall, room 120, KSU at 7:30 pm.  
Drew Clarke is the program chairperson, 539-1842.

## KPL - WHO NEEDS THEM?

Paul Johnson 1-843-7592  
Diane Luber  
Thursday, 7pm  
Length: One time, Oct 7  
Location: Manhattan Public Library Auditorium  
Juliette and Poyntz

With a question and answer format among friends, People's Energy Project will try to explain the new Kansas Power & Light rate increase. The emphasis will be on ways people can pull the plug on this rate hike. Preventative consumer education will be covered as well as some comments on alternatives. (The Peoples Energy Project is an action-oriented consumer education project in Lawrence which has organized a direct challenge to KPL's outdated practices of producing and selling electricity.)

## CATFISH IN THE CLOSET

Bob Kirk 539-8484  
Dan Davis

Sign up at registration and you will be contacted as to the time, date and place of the first meeting.

Home-scale aquaculture - in barrel, stock tank, or concrete; construction of low-energy systems both simple and complex; filter theory and basic water chemistry; feeds and feeding; sources of equipment, supplies and fish. Emphasis on channel catfish, introduction to tilapia and edible gouramis. Also an excellent application for small solar heating projects.

(Catfish fingerlings available in late autumn. Between them, Dan and Bob so far have made most of the really bad mistakes.)

## CARE & FEEDING OF BIRDS

Inez Alsop 539-2639  
Friday, 7pm  
Length: One time, Oct 8  
Location: 1646 Laramie

How can you entice birds into your yard? This discussion and tour will include the types and locations of feeders, bird baths and the proper kinds of feed, etc.

(Inez's yard is a welcome refuge for birds in the middle of the city. A year ago she nursed a Starling back to health and the bird still comes daily to feed out of her hand.)

## DAIRY GOATS

Peg Garland 1-485-2742  
Saturday, 10am  
Length: One time, Nov 6  
Location: Stone farm, 9 miles west of Manhattan on County 412 (Anderson Ave)

A management clinic will be conducted for persons interested in keeping dairy goats. The clinic will cover the breeding, feeding and management of dairy goats.  
(Peggy is a vet student and a breeder of goats.)

## BEE KEEPING

Dell Gates 532-6154  
Mondays, 7pm  
Length: 2 times, Oct 11 & 25  
Location: Waters Hall, Rm 127, KSU  
The fundamentals of what is needed to start an apiary will be demonstrated by showing equipment and a slide show on local hives. Outings might be possible.  
(Dell is an Entomology Extension agent.)



#### DOG TRAINING

Alan Goldstein  
Harry Johnson  
Sundays, 10:30am  
Length: 10 weeks  
First Meeting: Oct 3  
Location: City Park Pavillon  
Limit: 30

This course will cover all the basic commands and is designed to help owners get along with their dogs. Some time can be spent on any special areas the class desires. Hopefully, we can have a dog show or enter the class in one (obedience). No dogs at the first meeting, please.

(Alan has trained dogs commercially and taught the last UFM dog training course. Harry, a vet-med student, was a member of that class.)

#### STUDENTS CHAPTER OF THE ANIMAL HUMANE SOCIETY

Marjorie DeMuynck  
Thursdays, 7pm  
Length: Indefinite  
First Meeting: Oct 14  
Location: 1st National Bank  
Blue Valley Room  
Juliette & Poyntz

Students are needed to help in protecting and caring for animals. Along with help from the International Fund for Animal Welfare, this group plans to concentrate on programs to inform people of the plight of seals and foxes. Also the group will emphasize the spaying and neutering program going on in the Manhattan community.

(Marjorie is sensitive to the needs of animals.)

#### ENVIRONMENTAL AWARENESS AND WHITE BOND RECYCLING

Marty Burke  
Wednesdays, 7pm  
Length: semester  
First Meeting: Sept 29  
Location: KSU Union, Rm 213

The Environmental Awareness Center (EAC) is actively involved in paper recycling, environmental education and legislation. If you are interested in environmental issues, able to offer assistance, or would like to browse through our files and books, please stop by the SGA Office in the Union. EAC especially needs assistance to operate the white bond recycling program.

(Marty is the director of EAC.)

#### RECYCLING POINTS AS OF SEPTEMBER 1976

White Bond - Seaton Hall Loading Dock, KSU

Aluminum - Dillons parking lot (Westloop), 2nd and 4th Wednesdays, between 3pm and 5pm.  
15¢/lb. for crushed Coors cans & 1¢ per Coors bottle.

Parking lot - Durland Hall, KSU  
open continuously, no money.

Portuese Salvage - South Manhattan Street  
then 1 mile on past the tracks (yellow  
warehouse) All types of aluminum 10¢/lb.

Newspaper - Alley by Manhattan Mercury  
Dutch Maid, Poyntz Avenue  
Walmart Parking Lot

No glass or cardboard centers to be found.

## WILDLIFE SERIES



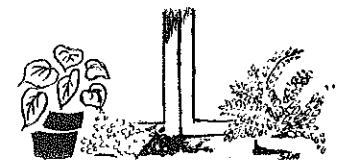
#### THE WILDLIFE SOCIETY

- Sept 22 "Current Research at the Delta Waterfowl Research Station, Delta, Manitoba."  
Mr. Frank Rohwer, past Webster Fellow at Delta.
- Sept 29 "Interactions of the Moose Herd of Isle Royale National Park, Isle Royale, Michigan."  
Mr. Daniel Pletscher, wildlife biologist, KSU.
- Oct 6 Duck Identification Seminar: guide to the identification of ducks, plus current duck hunting regulations. Dr. John Zimmerman, biologist, KSU. Mr. Bob McWhorter, Game Supervisor for Northeast Kansas, Kansas Forestry, Fish and Game Commission, Manhattan.
- Oct 19 "Techniques of Wildlife Photography." Mr. Vic McLeran, Chief of Information and Education, Kansas Forestry, Fish and Game Commission, Pratt.
- Nov 3 "Perspectives of Fisheries and Wildlife Biology (curriculum, jobs, careers, etc.)."  
Dr. R. J. Robel, biologist (wildlife); Dr. Harold E. Klassen, biologist (fisheries);  
Dr. John Kelley, Jr., biologist (fisheries).
- Nov 18 "Garrison Diversion: Practical Asset or Needless Expense." Mr. Richard Madson,  
assistant representative of the North Midwest Region, National Audubon Society,  
Jamestown, North Dakota.
- Nov 22 "Monogenic Trematodes of Freshwater Fishes." Dr. W. A. Rodgers, professor of fisheries,  
Auburn University, Auburn, Alabama.\*\*\*This meeting in AK 221\*\*\*
- Dec 1 Program not yet finalized.

NOTE: All meetings will be held in Ackert Hall, room 120, KSU at 7:30 pm. Free refreshments will be served at each meeting. The public is always invited.  
Dennis Wilson, a member of the Wildlife Society is the program chairperson, 539-5098.

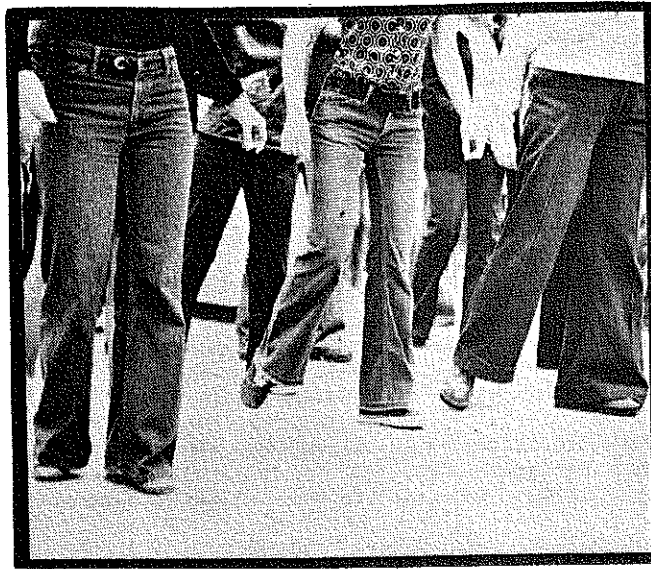


## PLANT PARENTHOOD



- Sept 29 General Plant Care Basic principles and helpful hints on lighting, humidity, watering, fertilization, soils, etc. Bring an unidentified plant if you have one.
- Oct 6 Pests and Plant Problems Identification, treatment and/or correction of common pests and problems. Bring an ailing plant if you have one. Hugh Thompson from the Dept. of Entomology will be present to discuss insects and your plants.
- Oct 13 Propagation Materials and methods of plant propagation.
- Oct 20 Planting in Containers Various techniques for planting in containers without drainage. Basics of hydroponics, including selecting suitable plants.

NOTE: All meetings will be held in Justin Hall, room 109, KSU at 7:00pm.  
Randy McClanahan, an owner of a local plant store, is the instructor. She will be assisted by two horticulture graduates. 539-1681



## FINE ARTS

### REMEDIAL FILM WORKSHOPS

Caverly Stringer 776-6938  
 Wednesdays, 8pm  
 Length: 2 weeks  
 First Meeting: Sept 29  
 Location: Seaton Hall, Rm 161, KSU  
 Limit: 10

For those with their own equipment who want to get better results, two evenings of screening and critique of your films. Take a look with others like yourself at such things as camera angles, lighting, sequencing, sound, etc. Question and answer periods also, for more individual needs.  
 (Caverly is a filmmaker from New York who is participating as a "Filmmaker-in-residence" in the Manhattan Public Schools, a program which is made possible by a grant from the Kansas Arts Commission and the National Endowment for the Arts.)

### DOCUMENTARY FILM

Caverly Stringer 776-6938  
 Wednesday, 7pm  
 Length: One time, Oct 13  
 Location: Manhattan Public Library, Auditorium Juliette & Poyntz

Most documentaries are finely crafted to draw the viewer toward a pre-conceived conclusion. In essence they are "soft propaganda" pieces. We are led to presume that seeing is believing and that we are drawing our own conclusions. Together we will view, discuss and explore the techniques behind the product. Participants are encouraged to see "Hearts and Minds" and "Attica" at the Union series.

### BELLY DANCING

Barbara Smith 539-8162  
 Thursdays, Section I - 6:30pm  
 Section II- 7:45pm  
 Length: 8 weeks  
 First Meeting: Sept 30  
 Location: Sign up at registration & you'll be contacted as to location.  
 Limit: 30 per section  
 Fee: \$2.00 for space rental pay at registration.

Objective is to learn to belly dance using about six new positions or movements each meeting and to combine these routines. Benefits are more self awareness, better health through exercise, and more poise. Costume planning, playing finger cymbals, bibliography of records and books will be included. Wear loose clothing.  
 (Barbara has taken belly dance through a Kansas City studio and taught this UFM class last fall.)

### BEGINNING TAP DANCING

Terry Lawhorn 532-5876  
 Saturdays, 10:30am  
 Length: semester  
 First Meeting: Oct 2  
 Location: A location suitable for tap dancing is needed (unwaxed, tile floor). If you know of a place, contact UFM. Otherwise this class will be cancelled.

Open to ages six and up, both sexes - anyone who has wanted to take tap dancing, but never did. Leotard, tights and tap shoes not necessary, but hard-soled shoes are.  
 (Terry has taught all kinds of dancing for seven years, and took lessons a year prior to and during teaching.)

### COUTRA DANCING

Enid and Lew Cocke 539-6306  
 Wednesdays, 7:30pm  
 Length: 5 weeks  
 First Meeting: Sept 29  
 Location: Roosevelt School, 14th & Houston  
 Limit: 30  
 Fee: \$2.00 for rental space - pay at registration

Coutra Dancing is Scottish, English and American. It is done by couples facing in two long lines as in the Virginia Reel. We will dance coutras dating from 1650 to the present.  
 (Enid and Lew have taught folk dancing for several years. Enid also helps teach a course at KSU in American Folk Dance Rhythms.)

### MANHATTAN CIVIC THEATRE

Manhattan Civic Theatre opens this season in a new home at 423 Houston, serving dinner theatre. Rehearsals are already underway for You Can't Take It With You, to be presented the first two weekends in October. People are needed throughout the year for acting, set construction, tech, and everything else connected with theatre. Tryouts for Dangerous Corner will be held circa Sept. 19 - 20; and for Three Men on a Horse, circa Nov. 14 - 15. Phone 776-8591 for more information.

### FICTION WRITERS WORKSHOP

Ed Moses  
 Tuesdays, 7:30pm  
 Length: 5 weeks  
 First Meeting: Sept 28  
 Location: Eisenhower Hall, Rm 123, KSU

This is for anyone who writes or is interested in writing stories or novels - beginner and experienced writer alike. I ask only that everyone contribute something for the group to read and discuss. The format of the workshop will depend on the needs and desires of the group. Certainly we'll read each other's work and offer constructive criticism. If anyone is interested in doing them, I'll devise exercises designed to help people identify, confront and solve the problems involved in making a fictive map of experience: exposition, setting, development of character, tone, pace, and point of view. We'll talk about such matters as the relationship between writer and reader, and the thorny problem of getting published. I'll be open, of course, to ideas and suggestions. There will be a small fee - the amount depends on how prolific we are - for duplicating costs.

(Ed, a Ph.D. in English, currently teaches composition at KSU and is writing a second novel.)

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*The grey sunflower poised against the  
 sunset, crackly bleak  
 and dusty with the smut and smog and smoke  
 of older locomotives in its eye -  
 Unholy bittered old thing you were my  
 sunflower O my soul.  
 I loved you then.*

Ginsberg

### MANHATTAN FRIENDS OF SCIENCE FICTION

Karen Lee Killough 776-6584  
 Wednesdays, 7pm  
 Length: Continuing  
 First Meeting: Sept 29  
 Location: Eisenhower Hall, Rm 126, KSU

A freewheeling discussion group with, hopefully, something for every science-fiction reader, from the FIAWOL (on going fan) to the new science fiction reader who just wants to talk about his or her passion or wants to know what's worth reading. We also will be planning a science fiction convention to be held in March of 1977.  
 (Karen is a writer who has published a number of science fiction stories one of which received an Honorable Mention in a "Science Fiction of the Year" collection. She is a member of Science Fiction Writers of America.)

### BOOK READING

Neal Climenhaga  
 Mondays, 7pm  
 Length: Indefinite  
 First Meeting: Sept 27  
 Location: 920 Fremont  
 Limit: 5

I'd like to join with a few people to read and discuss a couple of books. This seems to me to be a good way to discover a variety of interesting books. I don't have any particular books in mind - I'm open to any that are mind openers. We can choose once we gather.  
 (Neal's done a lot of reading.)

### HOBBITS, UNINHOBBITED

Ann Teeter 539-8211  
 Wednesdays, 7pm  
 Length: 5 weeks  
 First Meeting: Sept 29  
 Location: Eisenhower Hall, Rm 123, KSU

For "uninhobbited" discussions of J.R.R. Tolkien's "The Hobbit" and "The Lord of the Rings." We may also discuss Tolkien's background and novelists C.S. Lewis and Charles Williams who influenced his work.

(Ann has an entire collection of Tolkien books and records, and is presently trying to master the Tengwar, Tolkien's invented language. She is also a member of the Mythopoeic Society which is devoted to enjoyment of the works of Tolkien, Lewis and Williams.)

### DRAWING

Jane Hall  
 Mondays, 7pm  
 Length: 5 weeks  
 First Meeting: Sept 27  
 Location: Old Chemical Engineering Bldg, Rm 206  
 (East of KSU Library & North of Holton Hall)  
 Limit: 15

The course objective is to establish a clarity with forms in a drawing fashion. Expressing a concentrated perspective with inside outside elements. Graphite pencils of various qualities as well as drawing paper shall be brought to begin the first evening.  
 (Jane has been involved with art and drawing for many years.)

### PUMPKIN CARVING

Patience Oblinger 776-3212  
 Saturday, 2pm  
 Length: One time, Oct 30  
 Location: 1030 Houston

Pumpkin carving is just a fancy name for making a jack-o-lantern. I am not a professor of pumpkin-carving; I just enjoy it and want to share with others that want to indulge. Bring your own pumpkin and suitable knife.  
 (This art has intrigued me since my first Halloween, not only the creativeness involved, but also the spookiness.)

DULCIMER

Maureen McGowan 532-5445  
Mondays, 7:30pm  
Length: 4 weeks  
First Meeting: Nov 1  
Location: UMHE Fireplace Rm, 1021 Denison Ave  
This will be an informal class for those who appreciate this beautiful native instrument. Bring your dulcimer, accessories and whatever music information and enthusiasm you have.  
(Maureen learned how to play the Dulcimer in South Carolina and plays very well.)

FOLK STYLE AUTOHARP

Linda Gallagher 539-8514  
Mondays, 7:30pm  
Length: 3 weeks  
First Meeting: Oct 25  
Location: UFM Living Room, 615 Fairchild Terr  
Limit: 15  
A very informal introduction to folkstyle autoharp and use of the autoharp to play melodies. Bring your favorite song book if you have one, your autoharp, 2 curved steel finger picks and one plastic thumb pick. Suggested book (not required): The Many Ways to Play the Autoharp Vol. 2.  
(Linda has played the autoharp for 5 years.)



HOW TO READ MUSIC

Marcia Higginson 539-7837  
Tuesdays, 7pm  
Length: 6 weeks  
First Meeting: Sept 28  
Location: UFM Library, 615 Fairchild Terr  
Limit: 10  
This class will be an introduction to traditional music reading, taught with various handouts, and using the piano for illustration. The class is intended to be for the beginner who would like to learn basic skills in reading music. Don't expect miracles, but do expect to learn something about how rhythm, timing, and melody is shown in written music.  
(Marcia is a senior in music who has taught this class before.)

BEGINNING GUITAR

Pam Miller 776-7297  
Wednesdays, 7pm  
Length: 6 weeks  
First Meeting: Sept 29  
Location: St. Isidore Church, Newman Center, Basement 711 Denison Ave  
Limit: 6  
A very beginning class for those who want to take it from the bottom. The required text is The New Guitar Course Book I - Alfred Music Co. - \$1.95.  
(Pam has been playing for 5 years.)

CLASSICAL GUITAR

Rudy Clarenberg  
Naomi Ossar 539-2802  
Thursdays, 7:30  
Length: 6 weeks  
First Meeting: Sept 30  
Location: UMHE Fireplace Rm, 1021 Denison Ave  
This is a class for people who can read music but who have played little or no classical guitar. We will start with easy pieces, exercises and scales. Bring classic style nylon strung guitar and foot rest 5" - 6" high (can be improvised). Music stand will not be needed. Wear long sleeves and pants. Skirts will not work.  
(Rudy has taught classical guitar for many years and Naomi is a learned student.)

FIDDLE WORKSHOP

Joel Chamberlain  
Mondays, 7pm  
Length: 8 times  
First Meeting: Sept 27  
Location: First Lutheran Church, 10th & Poyntz  
Limit: 10  
This class is for squeeking around. Its purpose is to get you beginning fiddlers off and a sawin' your way to bluegrass heaven. I hope to introduce you to the music, various styles of fiddling, and teach you a few tunes to impress your friends and rid the neighborhood of houndogs.  
(Joel taught this class last semester, has fiddled 2 years, and spent the summer fiddling in a country-rock band.)

BEGINNING RECORDER

Vicki Shult 539-4661  
Thursdays, 8:30pm  
Length: 8 weeks  
First Meeting: Sept 23  
Location: 1220 Moro  
Limit: 10  
We will begin with the Katz Comprehensive Method for recorders (\$3.50 cost); students may play either soprano or alto since the method uses both together. Class will cover as much as the energies and practice time of participants allow, but will not move at the pace of the least-practiced. Recorders can be obtained at first class meeting for \$3 - \$14. (Vicki has several years experience teaching recorder privately and in groups both to adults and children. Her major with the music dept. at U. of Florida was recorder in addition to historical instruments.)

INTRODUCTION TO ORFF INSTRUMENTS

Vicki Shult 539-4661  
Mondays, 7:45pm  
Length: 3 weeks  
First Meeting: Oct 4  
Location: 1220 Moro  
Limit: 10  
We will explore the music and instruments of the Orff School of Music Education, using the "Orff Percussion" such as glockenspiel, xylophone, drums, tone blocks; intended to introduce parents and others to the possibilities of family music. Instruments will be provided. Participants will be expected to purchase music used \$3 - \$5.  
(Vicki has no particular expertise with the Orff-schulwerk, but has used small percussion instruments with childrens' groups and adults.)

JAZZ APPRECIATION

Phil Hewitt 532-5745  
Monday, 7:30pm  
Length: One time, Oct 25  
Location: McCain Auditorium, Rm 201, KSU  
This will be a class for jazz buffs of all inclinations and for people interested in a mini-jazz history course.  
(Phil is the director of the jazz band at KSU.)

ANTIQUES

Lois Morales 539-8867  
Tuesdays, 6:45pm  
Length: 4 times  
First Meeting: Oct 5  
Location: 1010 Bluemont  
Materials Cost: 25¢ - Pay at registration  
We will learn about the kinds of things being collected in the Manhattan area and the prices being paid for them. We will visit shops of the area, go to auctions, view private collections and have discussions on areas of special interest. Class will meet alternate Tuesdays.  
(Lois has been interested in antiques for 9 years.)

PHOTOGRAPHY A

James R. Miller 776-7297  
Wednesdays, 7pm  
Length: 5 weeks  
First Meeting: Sept 29  
Location: UFM Darkroom, 615 Fairchild Terr  
Limit: 15  
Material Cost: \$5 - Pay at registration.  
This course is designed to increase the understanding and use of your camera. We will cover composition, technique, camera handling, and use of related equipment. Designed for all interested amateurs. No experience necessary.  
(James is a pre-vet student and has worked with photography for the past 5 years.)

PHOTOGRAPHY B

Roy A. Osborn  
Section I: 7pm, Tuesdays, Sept 28  
Section II: 7pm, Thursdays, Sept 30  
Length: 8 weeks each section  
Location: UFM Darkroom, 615 Fairchild Terr  
Limit: 6 each session  
Material Cost: \$5 - Pay at registration  
We will explore the camera and darkroom techniques and take pictures of people, animals and plants along with discussing the variety of problems involved in photography.  
(Roy has taken two university photography courses.)

NATURE PHOTOGRAPHY

John Eads 532-6660  
Mondays, 6:30pm  
Length: Indefinite  
First Meeting: Sept 27  
Location: KSU Union, Rm 204  
We will discuss film, lenses and 35mm cameras, techniques used for biological and scientific photography and we may take a few field trips.  
(John is in the KSU Biology Dept. and enjoys integrating photography with his work.)

BASIC DARKROOM

Cort Anderson  
Wednesdays, 7:30pm  
Length: 5 weeks  
First Meeting: Sept 30  
Location: 1114 Vattier #1  
Limit: 6  
Material Cost: \$5 - Pay at registration  
This class will be working with the basics of developing and printing black and white film.  
(Cort has had six years experience in the darkroom.)



# FOODS

## HISTORIC DINING IN KANSAS

For those interested in partaking in Kansas' culinary past, there will be an organizational meeting on Thursday, October 7, at 7:30pm in the UFM Living Room, 615 Fairchild Terr. Reservations, transportation, and menus will be arranged by the class participants for such restaurants as The Brookville Hotel, Alma Hotel, Hays House, Weaver Hotel, etc. If you've always wanted to eat at these famous places but never got around to it here's your opportunity to do so.

## TEA TASTING

Sue Maes 539-6609  
Paul Psilos 539-7342  
Martha Atkins 532-6875

Tuesday, 7:30pm  
Length: One time, Nov 9  
Location: UFM Living room, 615 Fairchild Terr  
Limit: 15  
Materials fee: \$1 for sampling teas-pay at registration.

There's more to a cup of tea than a Lipton flow-through tea bag. Like the choice of good wine, tea selection is also an art. Learn how to select teas to suit your taste. The group will sample imported teas, unblended black teas, and herbal teas. (Sue, Paul, and Martha have been drinking teas for years.)

## CHEESE TASTING (AND RELATED ACTIVITIES)

Paul Psilos 539-7342

Wednesday, 7:30pm  
Length: One time,  
Section I: Oct 6  
Section II: Oct 13  
Section III: Oct 20  
Section IV: Oct 27  
Location: Unitarian Fellowship basement  
709 Bluemont  
Limit: 20 each section  
Fee: \$2.85 - pay at registration

Find out what you like in cheese, and why. Comparative tasting of a wide variety of cheese belonging to different "families," such as Swiss, Edam-Gouda, soft-ripened (Brie, Camembert), mold-ripened (blue), and cheddar. Also, some interesting crossed varieties: Edam-cheddar, Swiss-Tilsit, blue-cheddar. I'll provide crackers and fruit. Bring your own wine, if desired (a hearty red would be best).

NOTE: Indicate which section you plan to attend. If 20 persons do not sign up for a given session, persons in the smaller session will be notified and will be able to join another session. (Paul is the owner of a local cheese, coffee and tea store.)

## HOW TO COOK THOSE STRANGE NATURAL FOODS AND MAKE THEM TASTE GOOD

Ellen Greenhut 539-9392  
Kathy MacRunnels 537-0844

Wednesday, 7:30pm  
Length: One time, Oct 6  
Location: to be announced at registration  
Limit: 10  
Materials Cost: 50¢ for supplies-pay at class

What to do with brown rice, oatmeal groats, various beans, nutritional yeast, whole wheat flakes and berries, and a host of other unusual natural foods, all of which really can taste good. Join us and learn how to stretch your budget and enjoy good nutrition at the same time. (Ellen is a gourmet cook who was converted to natural food cookery 2 years ago. Kathy is learning as much as she can and would like to share her knowledge of good foods with others.)

## SAVING NUTRIENTS FROM FARM TO TABLE

Mary Clarke 532-5780

Thursday, 7:30pm  
Length: One time, Nov 4  
Location: Public Library, Juliette & Poyntz

Most foods undergo at least some kind of loss of nutrients from the time they are produced until they arrive on your plate to be eaten. We will focus on the degree and kinds of losses of nutrients to be expected throughout food processing and preparation. Also, there'll be a game to be played to illustrate some of the important points including such items as what happens when grain is milled, foods reheated, frozen, dried or canned, and how microwave ovens and slow cookers affect nutrients. (Mary is a State Extension Specialist for Nutrition Education as well as a registered dietician.)

## "TRY IT, YOU'LL LIKE IT!"

Eddi Stillings 776-6201  
Linn Fly

Friday, 10:30am  
Length: One time, each section  
Section I - Oct 8 - How and Why To Use a Wok  
Section II - Oct 15 - How and Why on Cooking Natural Desserts & Raw Foods  
Section III - Oct 22 - How and Why to Cook & Use Whole Grain Breads & Sprouts  
Materials Cost: \$1 each section-pay at registration

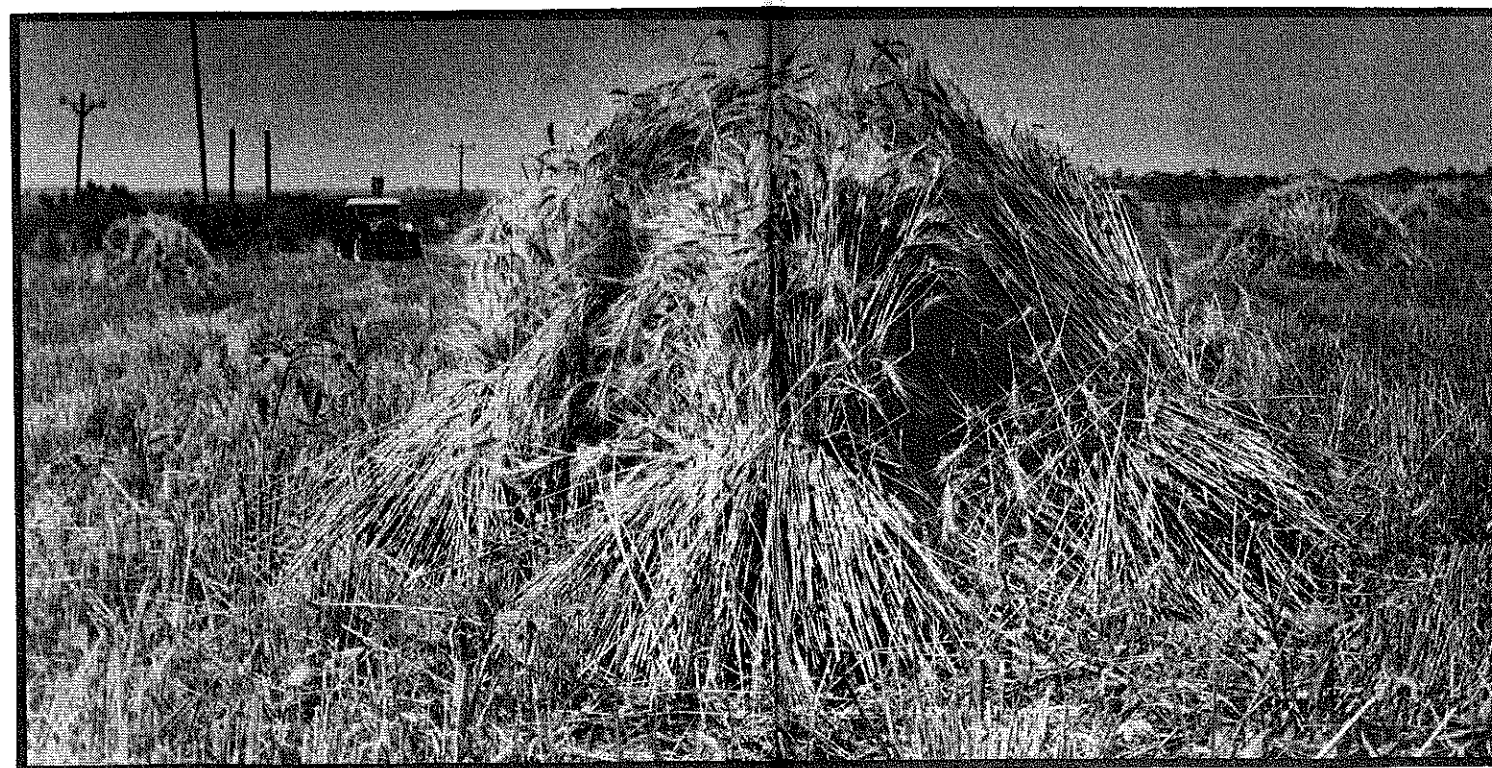
This is a 3 week session of classes on the why and how of cooking (and eating!) good, healthy, natural foods. Each class will cover a different subject matter. We'll talk about "why" the natural food choice, then we'll prepare a noon meal based on the subject - and last, but not least - we'll eat it!! Come hungry, excited to learn, and ready to share ideas. Sorry, no children. Sign up for one or all of the sections. (Eddi has owned a local health food store for four years and Linn works there.)

## SUPERMARKET SHARE

Kathy Seltzer 537-4558  
Doris Hoerman 532-5866

Monday, 7:30pm  
Length: One time, Oct 18  
Location: UMHE Conversation Pit, 1021 Denison Ave.

Kathy spends an average of \$75/month on food for her family of three. Doris averages \$40/month for her food. Both feel they eat very well and would like to exchange with others some smart budget-minded shopping ideas which stop short of buying "cheap" foods. Be prepared to share your favorite money-saving ideas for buying good food, so we can learn from each other.



## MICROWAVE COOKING

Karen Hummel 776-8893

Tuesday, 7:30pm  
Length: One time, Oct 19  
Location: KP&L Auditorium, 5th & Poyntz

Microwave cooking can cut cooking time, simplify cleanup, and cut down electricity consumption. The evening will include a discussion of the microwave cooking process and demonstrations of some cooking methods. (Karen graduated from KSU in Home Economics and has a background in teaching and adult education coordination.)

## MEXICAN COOKING

Sue Kruger 539-6987

Section I: Wed, Sept 29, 6:30pm  
Section II: Thur, Sept 30, 6:30pm  
Length: One time each section  
Location: 1318 Houston  
Limit: 6 each section

Expand your Mexican food repertoire beyond tacos. We'll prepare (and consume) a complete Mexican meal, including tortillas, refried beans, enchilada casserole, and sangria. The cost will be divided by class participants. If you wish, bring recipes to exchange. (Sue enjoys Mexican cooking as a hobby.)

## INTERNATIONAL COOKING

Lois Morales 539-8867

Tuesdays, 7pm  
Length: indefinite  
First Meeting: Sept 28  
Location: 1010 Bluemont  
Limit: 7  
Fee: \$1 to \$1.25 per person per meal-pay at meal

Are you interested in learning to cook foreign foods, the authentic way? With the help of members of the international community of Manhattan, we will learn how to make exotic dishes as they are prepared in the countries of their origin. There will be a short organizational meeting to decide the direction of the class. (Lois has helped to keep this class going for over a year.)

## SOUL FOOD

Ruth Bayard 776-4393

Friday, 5pm  
Length: One time, Oct 1  
Location: 2031 Tecumseh Rd  
Limit: 10

Not too sure what "greens" are, much less what to do with them? Don't think that chitlings could possibly be edible? Ms. Bayard will demonstrate that greens, chitlings and a few other surprises are not only edible, but taste great too. Cost and preparation of the meal will be shared by class members. Come prepared for some good eating. (Ms. Bayard is widely acknowledged to be one of Manhattan's best cooks.)

SERVING TURKEY IS SIMPLE AS 1, 2, 3!

A.W. Adams 532-6141  
Thursday, 7pm  
Length: One time, Nov 4  
Location: Call Hall, Rm 226, KSU  
Limit: 15

How to purchase, store, thaw, cook, and serve turkey will be discussed. A demonstration will be given on how to make a boneless turkey roll. The objective of the course is to develop confidence in utilizing turkey in the family menu. (A.W. Adams is a member of the Dept. of Dairy and Poultry Science. He has served as Secretary of the Kansas Turkey Federation and has taught a number of similar lessons.)

COUNTRY WINEMAKING

Harold Brashears 776-7897  
Sunday, 7pm  
Length: One time, Oct 3  
Location: 321 N. 4th St  
Limit: 10

During the class we will discuss how to make wine from fruits and garden vegetables. We can make sweet, dry, red or white wine from vegetables and fruits of the garden. The first meeting will cover the rudiments and, depending on interest, there could be further meetings to discuss the details. (Harold is a graduate student in Chemistry and has made wine for over 5 years.)

CHEESE MAKING

Doris Hoerman 532-5866  
Thursday, 7pm  
Length: One time, Oct 14  
Location: UFM Kitchen, 615 Fairchild Terr  
Limit: 10

There was a time when making cheese at home was a common practice. Today it's considered too mysterious and too time-consuming to produce your own cheese. After learning a few basics, though, you should be able to create your own cheeses at home with a minimum amount of trouble and equipment. (Doris has been dabbling with cheese for about 2 years and is the inventor of Belle Clay Cheese.)

CANDY MAKING

James Philp 537-7106  
Tuesday, 7:30pm  
Length: 4 times  
First Meeting: Oct 5  
Location: First Presbyterian Church  
801 Leavenworth  
Limit: 15

Sweet tooth, unite! This is the class you've been waiting for. Here is your chance to create all your favorite confectionary delights - chocolate nut marshmallow, caramel penoche, homemade marshmallows, rocky road, and fudge. (Mr. Philp, with 56 years of candy making experience, has done numerous demonstrations.)

BASIC BREADMAKING I

Anna Climenhaga 537-7937  
Sunday, 3pm  
Length: One time, Oct 3  
Location: 210 S. 10th  
Limit: 15

This demonstration is only for those who have never made bread before. I will use a simple recipe and method from which variations are possible. (Anna makes delicious bread with lots of healthy ingredients.)

BREADMAKING II

Mildred Swingle 776-5487  
Tuesday, 10am  
Length: One time, Nov 2  
Location: 120 N. 5th St  
Limit: 10

There are only 3 or 4 basic rules to bread making and, after you learn them, the varieties of bread you can make are endless. There'll be a demonstration of mixing up the bread dough, with a chance for class members to participate in the kneading. (Mrs. Swingle has been baking bread for almost 60 years now.)

YOGURT MAKING

A.C. Weyerts 539-5087  
Saturday, 10am  
Length: One time, Oct 2  
Location: 303 N. 16th St

Al will show how to get on friendly terms with germs by making your own yogurt. He has perfected a very simple method using an ice chest to make a gallon of yogurt each week. For those interested, information will be also included on "yo-bert," a yogurt-sherbert that Al's created.

VEGETARIAN POTLUCK

Neal Climenhaga 537-7937  
We'll meet and feast weekly or bi-weekly, whatever the group is into. Bring one of your favorite dishes to the first meeting and we'll go from there. Sign up and you will be contacted as to time, date, and location of first meeting. (Neal likes food, especially natural and vegetarian.)

CAMPUS BROWN BAGGERS

Steve Ernst 532-5866  
Thursday, 12 noon  
Length: One time, Sept 30  
Location: KSU Union, Stateroom #2

Peanut butter and pickles? Bacon, sprouts, and tomato? What's your favorite? Bring 2 samples of your favorite sandwiches to this lunch-time potluck. We'll trade them so everybody will have a chance to explore the unknown beyond peanut butter and jelly. (Steve is a creative, courageous person with no qualms about trying something new - once.)



**PLAY**

MAGIC: FUNDAMENTALS OF MISDIRECTION & SLEIGHT OF HAND

Paul Venturella 537-9379  
Mondays, 7pm  
Length: Indefinite  
First Meeting: Sept 27  
Location: UMHE, Fireplace Rm, 1021 Denison

If you want to learn how to do magic, and not just how magic is done, this is for you. While the course will focus on misdirection and sleight of hand, other areas covered will include (but not be limited to): History of Magic; Card Magic; Magic with everyday items (ropes, silks, balls); Mental Magic (Mind Reading); Illusions; Coin Magic; etc. The course will stress low-cost (no-cost) magic. Is the hand quicker than the eye? Come and find out. Amaze yourself, your friends, and your family! The dark secrets of magic brought to light thru UFM. Bring to first class: 4 Half Dollars (or quarters), a bandana or large handkerchief or scarf. (Paul is an amateur magician (The Sorcerer's Apprentice) who has performed from the N.Y.C. subways to cub scouts, school shows, and parties.)

LEAGUE VOLLEYBALL

John Ossmann 539-3938  
Tuesdays, 7pm  
Length: Indefinite  
First Meeting: Sept 28  
Location: Douglass Community Center, 900 Yuma

We are interested in forming a couples' or mixed league for people who aren't already involved in leagues. (John Ossmann helped coordinate the very successful summer volleyball league.)

FUNDAMENTALS OF JUGGLING

Dan Brazil 776-7374  
Saturdays, 10am  
Length: 6 weeks  
First Meeting: Oct 2  
Location: 1810 Elaine, basement  
Limit: 12

Our goal is to teach a person to juggle three objects smoothly through the air. Also movement, rhythm, velocity and creative routine studies will be included. (Dan likes self-generated entertainment and would like to turn people on to this experience if they want to learn.)

JUGGLING FOR FUN AND PROFIT

Tracy Blodgett 539-3116  
Mondays, 7pm  
Length: 10 weeks  
First Meeting: Sept 27  
Location: Douglass Community Center, 900 Yuma

This class is for those interested in the art of advanced juggling. We'll deal with juggling to music and explore the possibility of juggling as a career. A presentation will be held at the last session for the general public. (Tracy is a 9th grader at MJHS and has been juggling since he was 6.)

RISK (OR HOW TO TAKE OVER THE WORLD IN ONE EASY LESSON)

Tom Zercher 776-4246  
Sunday, 7:30pm  
Length: One time, Oct 3  
Location: UFM Living Room, 615 Fairchild Terr

This is for those people who have an unwieldy desire for international power. Risk is a game of concentration and loyalty, and it can become the turning point of your entire life. Hopefully, we can continue after the first meeting but we need warm bodies to keep the sessions going. Bring your own beverages. (Tom is a veteran of the RISK board and is interested in playing this fall.)

PEDAL PUSHERS

Dave Schirer 539-2598  
Sundays, 3pm  
Length: Semester  
First Meeting: Sept 26  
Location: City Park Pavilion

K-State currently has a number of individuals riding bicycles on a daily basis. I'm interested in forming a cycle club at K-State and would like to know the feelings of others. The class will also do basic bike repairs and tuneups. Bike trips would also be a possibility depending on participants' desires. (Dave has been biking for several years out of necessity and choice, and has taken several bike trips of short-range variety.)

WHEELS, PEDALS, AND AN OPEN ROAD

Rod and Lenora Bruckdorfer 539-7812  
 Thursday, 7:30pm  
 Length: Semester  
 First Meeting: Sept 23  
 Location: 3211 Claflin

Bicycle efficiency and organizational mechanics will be discussed at the first meeting. The prime objective of the course is for cycling to become efficient and enjoyable. All rides will be at a touring pace. Distances will range from 10 miles for the first ride to a 35-mile tour by the end of the course. If you carry children when cycling, please bring them on the tours. A permanent day and time for this class will be decided at the first meeting.

(Rod and Lenora have toured extensively in this area with their daughter, who rides in their bicycle trailer.)

RHYTHMIC AEROBICS

Enell Foerster 537-0977  
 Mondays, Wednesdays, Fridays, 7:45-8:45am  
 Length: 12 weeks  
 First Meeting: Sept 27  
 Location: UMHE Building, 1021 Denison  
 Limit: 40

Rhythmic Aerobics is a continuing expression of the aerobic concept developed by Dr. Kenneth Cooper and the nationally recognized program "Aerobic Dancing, Inc." originated by Jacki Sorensen. After participating in this program of "Rhythmic Aerobics" you should experience: 1) improvement in cardio vascular fitness level; 2) toned muscles throughout the body; 3) increase in your knowledge of the importance of "regular and vigorous" (aerobic) exercise; 4) enjoyment of this challenge and a desire to continue.

(Enell has taught rhythmic exercises and WSI swimming and is a certified Aerobic Dance Instructor and Rhythmic Aerobics Certified Instructor.)

WEIGHT TRAINING FOR WOMEN

Richard Felton 776-6294  
 Janet Gelwick 539-5156  
 Mondays, Tuesdays, Thursdays, 6pm  
 Length: Semester  
 Location: Ahearn Field House, Weight Rm  
 Limit: 30  
 Fee: \$2 for space rental

The course will introduce information to facilitate critical thinking about intake (pop, beer, candy), weight and "fat". Principles and routines of weight training will be used to tighten flabby arms, waists and thighs with some achievement of weight loss. There will be a minimal fee for use of the weight room facilities.

(Richard is a former KSU wrestler who has wrestled for 8 years and used weight control and weight training to achieve muscle strength and firmness without gaining in size. Jan has been active in many competitive sports and has had much experience relying on weight training for conditioning.)

WHEELING AROUND MANHATTAN

Tom Ernst 539-4224  
 Fridays, 7:30pm  
 Length: 8 times  
 First Meeting: Oct 1  
 Location: 357 N. 14th St

We will take a look around the Manhattan area. Times will be decided by the group. You need not be in shape or have a super good bike, but be prepared to do a lot of riding.  
 (Tom is an experienced bike rider and has written the book "Wheeling Around Manhattan.")

HANDBALL AND RAQUETBALL FOR FUN

Dave Ayers 532-5866  
 Saturdays, 9am  
 Length: Indefinite  
 First Meeting: Oct 3  
 Location: KSU Handball Courts

For those who enjoy playing handball and/or raquetball but have a hard time finding someone who enjoys this sport too. We'll compile a list of those who sign up and distribute it at the first meeting. Make sure you designate the sport you're interested in, your skill level, and when you can play.  
 (Dave is a raquetball enthusiast and a UFM staff member.)

HANDBALL

Dennis Roper 539-6506  
 Sundays, 9am  
 Length: Indefinite  
 First Meeting: Oct 3  
 Location: Intramural Handball Courts, KSU

This class will be concerned with learning the rules and basic playing techniques of outdoor handball. The class will also provide an opportunity for beginning handball players to enjoy the sport with players of equal ability. Bring handball gloves, or any other gloves, and a handball.  
 Gloves: \$6-\$10 Handballs: \$1.50  
 (Dennis has been playing handball off and on for about 7 years.)

TENNIS FOR FUN

Dave Ayers 532-5866  
 Sundays, 2pm  
 Length: Indefinite  
 First Meeting: Oct 3  
 Location: College Tennis Cts

This group is designed for people who would like to be involved in a tennis recreational program but know a limited number of people who also enjoy tennis. Please sign up and give your name, address and phone number, skill level (beginner, intermediate, advanced) and time you can play (evenings, weekends). We'll compile this list and hand it out at the first meeting. Come prepared to bat around a few balls at this meeting  
 (This was a successful class this summer.)

CHILDREN'S PLAY GROUP (AGES 2½ TO 3½)

Jan Galitzer 539-9292  
 Wednesdays, 9:30am  
 Length: continuing  
 First Meeting: Sept 29  
 Location: 210 S. 17th St

Parent participation play group for children which provides companionship for both child and parent. Parents with younger children are welcome to the first meeting, where assistance will be given in starting a new group for their children.  
 (Jan is a mother and has led play groups before.)

BEGINNING SWIMMING

Ruth McCullough 539-8044  
 Mondays, 6:30pm  
 Length: Indefinite  
 First Meeting: Sept 27  
 Location: KSU Natatorium

For those people who haven't obtained their fins yet but are anxious to get wet.  
 (Ruth has taught beginning swimming for all ages for 6 years.)

SENIOR LIFE SAVING

Pam Clary 539-8126  
 Wednesdays, 6:30pm  
 Length: Indefinite  
 First Meeting: Sept 29  
 Location: KSU Natatorium

This class will deal with those who already have grown their fins, but need to learn advanced life-saving skills.  
 (Pam is a qualified instructor with her WSI.)

INTERMEDIATE SWIMMING

Kristi Stanley 776-5293  
 Mondays and Wednesdays, 6:30-7:30pm  
 Length: 4 weeks  
 First Meeting: Oct 4  
 Location: KSU Natatorium

The objective of this class is to provide students with an opportunity to learn the elements of good swimming. There will be a review of the crawl stroke and elementary backstroke, and we'll learn the side and breast strokes. Turns, safety, and survival skills will be taught also. The goal is for as many students as possible to complete the course so they may move on to advanced swimming skills.

(Kristi has been a WSI for 4½ years, and has taught as an aide and instructor for 5 years in the Red Cross Swimming Program.)

*"The winds and the waves are always  
 on the side of the best navigator"*

SCUBA DIVING

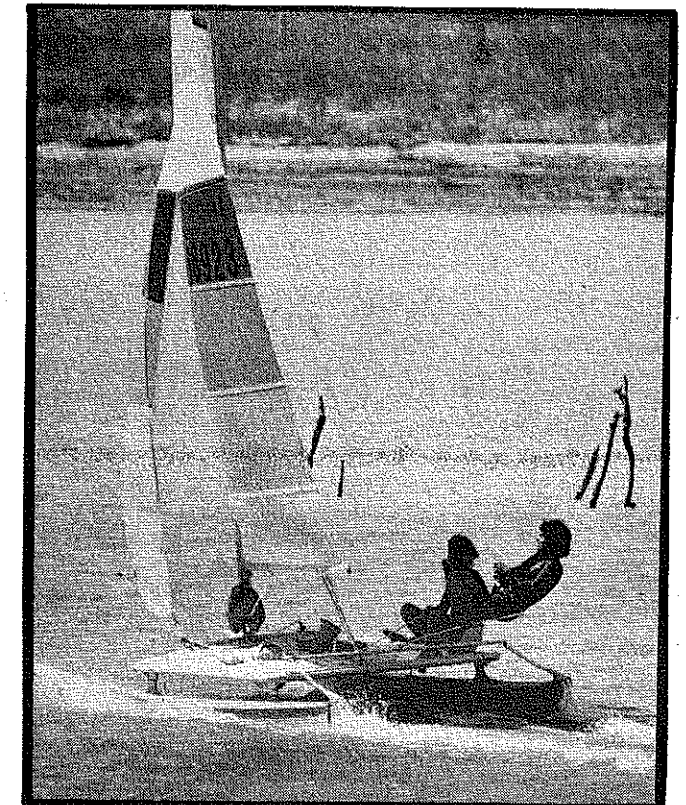
George Halazon 532-5784  
 Fridays, 6:30pm  
 Length: Indefinite  
 First Meeting: Oct 1  
 Location: KSU Natatorium

That's right, a scuba class in the heart of the wheat belt. We'll look into equipment, basic techniques involved with scuba diving, and the safety skills required to surface after an enjoyable look at the bottom of the diving pool at the natatorium.  
 (George has taught scuba for UFM before and is looking forward to the sessions this fall.)

INTRODUCTION TO RAPPELLING

Captain Jim Owens 532-6754  
 Sgt. Olmstead  
 Wednesdays, 4:30pm  
 Length: 8 weeks  
 First Meeting: Sept 29  
 Location: Military Science, Rm 11, KSU  
 Limit: 20

The objectives of this course are to add excitement and variety to campus curriculum; install self-confidence in the individual; and to teach the proper method of Swiss seat rappelling. Proper protection of the upper body and footwear are a must.  
 (Cpt. Owens is a graduate of the Italian School of the Military Alpinest. Sgt. Olmstead is a graduate of the U.S. Army cold weather and mountain school and is a Mountaineering Instructor.)



UNITED FRISBEERS OF MANHATTAN

Gordon Plank 532-6369  
Sundays, 2pm  
Length: Indefinite  
First Meeting: Sept 26  
Location: North of KSU Union

For all those people who like to toss around a frisbee, this class is for you. Gordon hopes that a frisbee club can be organized this fall. (Gordon has taught frisbee two semesters.)

WOMEN'S SOCCER

Peggy St. Clair 539-6059  
Saturdays, 10am  
Length: Semester  
First Meeting: Oct 2  
Location: Field south of old KSU football stadium

The class will provide an opportunity for women to learn and play soccer. The first few times will be for learning rules and practicing skills, but the rest of the time will be spent scrimmaging. Both beginners and experienced players are welcome. (Peggy has been playing soccer for years and is looking forward to this class.)

ARCHERY

Gail Frahm 539-2165  
Sign up and you will be contacted as to time, date, location of the first meeting. We'll examine the right equipment for each individual in the class. Safety procedures will be discussed and we will also shoot a few arrows. (Gail has shot many a bull's eye.)

HUNTING APPRECIATION AT HOME

Dennis Wilson 539-5098  
Sign up at registration and you will be contacted as to time, date, and place of the first meeting.

This class will be for those who don't enjoy the actual hunting event but would like to share in the preparation of and participation in the feast.

SAFE GUNHANDLING AND HELPFUL HINTS

Jerry Dishman 539-0211  
Thursdays, 7pm  
Length: 2 weeks  
First Meeting: Sept 30  
Location: UMHE Pit, 1021 Denison Ave  
This class will include gun safety, hunting responsibilities, conservation practices, wilderness survival, and the responsibilities of hunting in the sunflower state. (Jerry is a master instructor for the Kansas Fish and Game Department.)

BACKPACKING WITH KIDS

Erma and Bill Riley 539-6802  
Monday, 5pm  
Length: One time, Sept 27  
Location: UFM Living Room, 615 Fairchild Terr  
We will cover specialized equipment needed to backpack with children: from infants (diapers and all) to adolescents, in addition to techniques for getting along with children. We will share our knowledge of areas that are particularly good for children. Tips on various types of food will be included. (Bill is in charge of 4-H camping in Kansas. He and Erma have been backpacking with their 2 small children for 3 years.)

BACKPACKING (OR HOW TO HANDLE THE COLORADO SNOW)

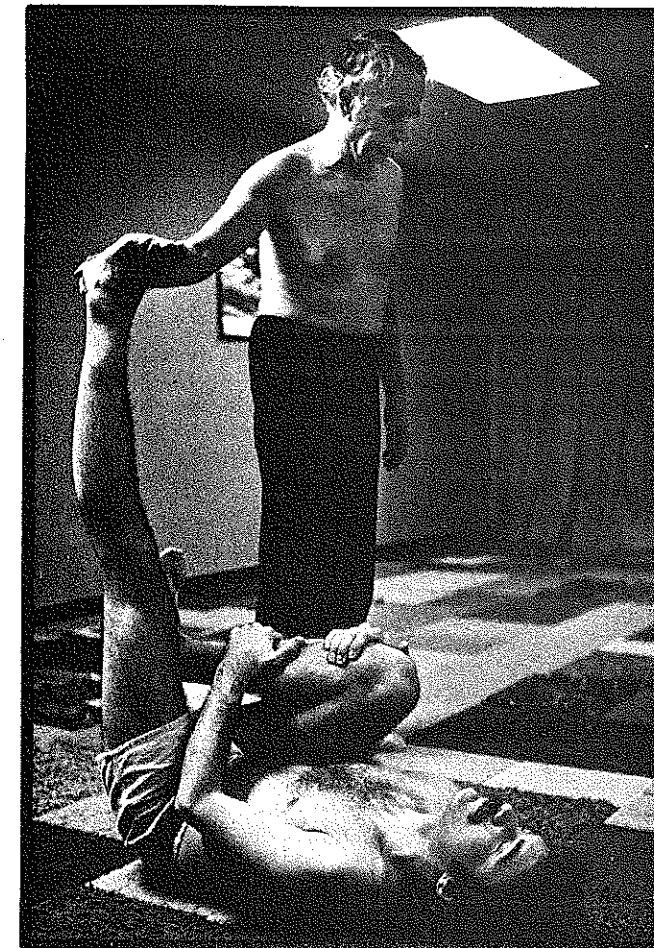
John Eads 532-6660  
Wednesdays, 7pm  
Length: 6 weeks  
First Meeting: Sept 29  
Location: Acker Hall, Rm 321, KSU  
This class not only will learn the basics of backpacking, but also will utilize these skills in the Manhattan area, the Ozarks, Arizona, and the mountains of Colorado. (John has been involved with backpacking for many years and has planned trips like this in previous years with UFM.)

FLINT HILLS EQUESTRIANS

Dolly Anderson 537-7466  
Sign up and you'll be contacted about upcoming events. This group is designed for the promotion of English and Western horsemanship. The Flint Hills Equestrians is an organized interest group of horse riders and encourages all interested people to contact them for more information. Activities for the Fall include a horseshow at Weber Arena.

BASIC CHINESE BOXING (Gung-Fu)

Kent Howard 776-9341  
Wednesday, 7pm  
Length: Indefinite  
First Meeting: Sept 29  
Location: UMHE, 1021 Denison Ave  
This is a beginning course in Bei Pai Ch'uan Shu, one of the major Chinese arts of self-defense. A long range style featuring low stances, foot sweeps and high leaping kicks will be examined. This exercise is well suited to both women and men. Size and meeting times of the group will be determined after preliminary discussions with those who sign up. (Kent has been a student of Chinese martial arts for four years, is presently a member of the Chi Lin She Gung Fu Association of Honolulu and has their written permission to teach Bei Pai.)



**SELF**

**\* Body**

INFORMATION/DEMONSTRATION ON POLARITY THERAPY

Mike Weiss  
Saturday, 5-10:30pm  
Length: One time, Oct 16  
Location: Baptist Campus Center  
1801 Anderson Ave  
Fee: 50¢ for travel, pay at demonstration  
Here is a chance for those of us in Manhattan to find out about a newly popular form of body therapy. Polarity Therapy is a drugless therapeutic method of restoration of a healthy energy flow throughout the body and is the science of balancing the life energy in the human body. A short talk will be given on underlying theories; then demonstrations will be given on polarity exercises and treatments. (Mike is presently in the middle of his training in Boulder, Colorado, to be a licensed polarity therapist.)

HUMAN SEXUALITY

John Eads 532-6660  
Tuesdays, 7pm  
Length: Indefinite  
First Meeting: Sept 28  
Location: Ackert Hall, Rm 321, KSU  
This class will cover topics related to both the physiological and sociological aspects of human sexuality. Attitudinal surveys will be used as a basis for part of the class discussions. (John is a professor of physiology at KSU.)

PREGNANCY COUNSELING

Karen Barquest 532-6432  
Linda Teener  
Service: Confidential counseling and information on birth control, unplanned pregnancies and V.D. Open to both men and women.

BIOFEEDBACK AND RELAXATION TRAINING:  
EXPLORING THE REALMS OF HUMAN POTENTIAL

Applied Biofeedback Lab 532-6432  
Tuesday, Sept 21 or,  
Monday, Oct 18  
Length: One time, two hours  
Location: KSU Union, Rm 206 A&B  
Attend either session. Each session will offer a brief introduction to how biological feedback has been used to teach people how to voluntarily regulate their own bodies and minds. Then all present can participate in an actual relaxation exercise with a biofeedback instrument to measure bodily change. Further information on training available will be provided. So bring your questions and curiosity. (This training is offered as a regular service of the KSU Counseling Center. A staff member of the Applied Biofeedback Lab will offer the evening session.)

KUNDALINI YOGA

Gurubachan Singh 1-234-9660  
Saturdays, 2pm  
Length: all semester  
First Meeting: Oct 2  
Location: Baptist Campus Center, 1801 Anderson Ave  
Materials cost: \$2.50 for travel, pay at registration  
Through Kundalini Yoga, we will attempt to expand our awareness of the physical, mental, and spiritual aspects of the personality. Increased awareness of one's "situation" enables one to better integrate the different areas of one's life into a cohesive whole. We will also investigate the areas of nutrition, natural foods, and will celebrate a vegetarian feast on the 3rd or 4th Thursday of each month. Please bring a mat to lie on. The transportation charge is requested as Gurubachan must travel each week from the Guru Ram Das Ashram in Topeka in order to teach the class. (Gurubachan was a personal student of Yogi Bhaajan for over 3 years.)



### HATHA YOGA I

Bert Franklin 539-0495  
 Tuesdays & Thursdays, 5pm  
 Length: 8 weeks  
 First Meeting: Sept 28  
 Location: Newman Center Basement, 711 Denison Ave  
 Limit: 8

An eight-week introduction to classical Hatha Yoga as taught by Prof. Sri T. Krishnamacharya and his predecessors for over 2000 years. Emphasis on asanas, with correct breathing, and postures for meditation. Each student will be shown the path to complete mastery of the body/mind, leading to physical and mental poise, freedom from minor ailments, long life.  
 (Bert has practiced Yoga for 23 years, six of these years under the guidance of Prof. T. Krishnamacharya, one of India's greatest Yoga teachers.)

### HATHA YOGA II

Joel Brinker 537-9735  
 Wednesdays, 5pm  
 Length: 6 weeks  
 First Meeting: Sept 29  
 Location: Newman Center Basement, 711 Denison Ave  
 Limit: 8

We will practice and discuss some of the basic Hatha Yoga postures and breathing techniques, our goal being to achieve a discipline of body and mind and physical health. Loose clothing or leotards and an empty stomach are appropriate for the class.  
 (Joel is a former student of Dr. Franklin and has been practicing Hatha Yoga for about 3 years now.)

*Solitude is a delicious evening  
 when the whole body is one sense,  
 and imbibes delight through every pore.*  
 Thoreau

### HATHA YOGA III - OVER 40'S

Laurie Stull 537-7791  
 Saturdays 9am  
 Length: Semester  
 First Meeting: Sept 25  
 Location: Newman Center, 711 Denison Ave  
 Limit: 12

This class is designed for beginning students who have reached or gone beyond the age of 40. Through vitalizing exercises, individuals develop bodily awareness and lubrication techniques sensitive to their own inner balance. Exercises for individual needs and advantages are emphasized.  
 (Laurie has just arrived in Manhattan from California where she has taught yoga.)

### DEEP MUSCLE RELAXATION AND ALTERED CONSCIOUSNESS STATES

Ned Augustyniak 239-5521  
 Wednesdays, 7:30pm  
 Length: 8 weeks  
 First Meeting: Sept 29  
 Location: Newman Center, 711 Denison Ave  
 Limit: 12

The objective of the class is to give the individual means to increase self awareness physically and mentally. We will be dealing in three areas I like to call being, intimacy, and transcending. Hopefully we'll have fun, learn a little about ourselves, and feel good. Bring a cushion for your head, comfortable clothes lie down, and relax.  
 (Ned is a Psychology Technician at Ft. Riley where he has used DMR exercises for seven months as a means of therapy.)

### REFLEXOLOGY

Betsy Edwards 539-4295  
 Wednesdays, 7:30pm  
 Length: Indefinite  
 First Meeting: Sept 29  
 Location: UFM Living Room, 615 Fairchild Terr  
 Limit: 12

This class will cover the zones of the feet in relation to the body, the location of reflexes, techniques of massage and demonstrations. You may then practice on each other. Come with clean feet! Bring a cushion to sit on if you desire.  
 (Betsy has grown up with reflexology, as her mother and aunt have been reflexologists for 20 years, and she's rubbed many a foot in her time.)

### BASIC MASSAGE

Steven Dietz 776-6294  
 Sundays, 7:30pm  
 Length: 2 weeks  
 First Meeting: Oct 3  
 Location: 1803 Laramie  
 Limit: 18

While the scope of massage is toward the entire body, most people never get past the back, neck, head, and feet. Therefore, this is what will be taught. Things needed are an open mind, bathing suit or shorts, (two piece for women) and a towel.  
 (Steve has taught 3 classes so far and everyone in his classes said they'd enjoy taking his class again.)

### BACKRUBS AND OTHER FORMS OF MASSAGE

Chuck Jones 537-9288  
 Sundays, 6:30pm  
 Length: 6 weeks  
 First Meeting: Oct 3  
 Location: 2625 Kimball  
 Limit: 15

Backrubs and massages are excellent ways of giving relaxation to another person. We will cover backrubs, body massages, and self massage concentrating on muscular massage. Please wear bathing suits and bring a towel. Bring oils or I will have some available.  
 (Chuck has been giving backrubs for 10 years.)

## \* Awareness

### TALKING ABOUT ALCOHOL AND DRUGS

Dennis Beitz, North Central Kansas  
 Guidance Center 539-5337  
 Tuesdays, 7pm  
 Length: 3 weeks  
 First Meeting: Sept 28  
 Location: Manhattan High School, Rm A-6  
 Limit: 30

We will focus our discussions around the decision to use alcohol and other chemicals. Consideration will also be given as to how you can determine what, if any, chemicals are right for you. How to determine what is responsible use of alcohol will also be discussed. Ways to decline offers of alcohol will be considered. Some possible alternatives to chemical use, such as biofeedback, will be discussed and experienced.  
 (Dennis has a Ph.D. in Health Education. He has taught several workshops and college classes on alcohol and drugs.)

### CONTEMPORARY MORAL ISSUES

Rev. Daniel L. Scheetz 539-7496  
 Thursdays, 7pm  
 Length: 6 weeks  
 First Meeting: Oct 7  
 Location: St. Isadore's Church, Newman Center,  
 711 Denison Ave

The course addresses itself to the ethical implications of the Christian experience; the importance of ethical method; and to such questions as the new morality, the meaning of situation ethics, natural law; freedom of conscience and the nature and function of principles and problem of absolutes. Specific issues to be discussed: divorce, euthanasia, sexuality, abortion, amnesty, racism, women's liberation, social responsibility and sin. (Ordained twelve years ago, Rev. Scheetz has taught "Christian morality" for two years at Marymount College in Salina.)

### INTENSIVE ENCOUNTER AND BIOENERGETICS WEEKEND

Mike Weiss 1-303-733-8386  
 Friday, 6pm  
 Saturday&Sunday, 9am-3pm  
 Length: One weekend, Oct 15-17  
 Location: Baptist Campus Center, 1801 Anderson  
 Limit: 16  
 Materials: \$1.00 to cover traveling and building expenses - pay at class

The goals of this weekend are to become more aware of who you are and who you would like to be. If you choose to change, this weekend can provide assistance. Encounter shows how you make yourself happy or unhappy with others. Bio-energetics deals physically and emotionally with limitations in feeling and expressing anger, love, joy fear, etc. (Mike was trained in encounter and bioenergetics in Chicago and Milwaukee and has led similar classes at Denver Free University for two years.)

### RESPONSIBLE ASSERTIVE BEHAVIOR VIA RATIONAL BEHAVIOR THERAPY METHODS

Douglas de Mahy 539-6713  
 Wednesdays, 7pm  
 Length: 6 weeks  
 Location: St. Paul's Episcopal Church, 6th & Poyntz  
 Limit: 6  
 Materials Cost: \$1 for handouts-pay at registration

Assertive training is designed to help people be more comfortable and open in positive relationships as well as to "stand up for their rights." Each group member will set his own goals depending on his personal desires and needs. Prospective group members must be available in September for an individual meeting with Doug to discuss the goals and procedures of the group.  
 (Doug is an advanced doctoral student in Adult Counseling. He has co-led two AT groups in the past.)

### RECOVERY, INC.

Tuesdays, 7pm  
 Length: Indefinite  
 First Meeting: Sept 28  
 Location: Unitarian Fellowship, 709 Bluemont Ave

Recovery, Inc. is a nonprofit, non-sectarian organization offering a proven method of self-help after-care to prevent chronicity in nervous persons or former mental patients. Recovery helps those who want to help themselves. Regular attendance at meetings, study of the literature, and practice of the techniques are all a necessary part of the Recovery training. In weekly group meetings, members (adults 18 and over) help each other by giving examples of how they have practiced the Recovery method in facing and handling specific difficulties. Recovery does not supplant the physician or mental health professional. It does not offer advice, diagnosis, treatment or counseling.

### LET'S TALK

Esther 'Tiger' Barber 776-6015  
 Tuesdays, 7pm  
 Length: Indefinite  
 First Meeting: Oct 3  
 Location: 300 N. 5th, Recreation Room

An opportunity for people rich in life experience to communicate by talking and writing -- "I remember when . . ." We want everyone to participate in free flowing discussion of life.  
 (Esther loves life and people and wants to talk about it.)

### GROUP DYNAMICS

Steven Assa 539-9208  
 Mondays, 7:30pm  
 Length: Indefinite  
 First Meeting: Sept 27  
 Location: Newman Center, 711 Denison Ave  
 Limit: 25

We'll cover the basic mechanisms of Transactional Analysis and Psychodrama in abstract, including illustrations and theory. Some opportunity for participation ("learning by doing").  
 (Steven acquired much experience running groups during 4 years of volunteer work at a mental health center and day hospital.)

MARRIED COUPLES ENRICHMENT GROUP

Don and Irmie Fallon 539-4451  
 Thursdays, 7:30pm  
 Length: Indefinite  
 First Meeting: Sept 30  
 Location: UMHE, 1021 Denison Ave  
 Limit: 8 couples

The seminar will provide a chance to share with other couples in a small group the experience of coping with university life. The group will define areas of concern which might include role expectations, structuring time, in-law relations, friends and social relationships, intimacy, finances, housing and university resources. Couples may choose to use the group to grow in handling conflict, developing a healthy fight style, coping with difficult feelings of anger, sex, or love. (Don is Lutheran campus pastor and a graduate of the Marriage Counseling and Pastoral Care program at Menninger's. Irmie is his wife and often co-leads with Don.)

CHRISTIAN GUIDELINES FOR SUCCESSFUL MARRIAGE

Steve Miller 539-4174  
 Mondays, 7:30 pm  
 Length: Indefinite  
 First Meeting: Oct 4  
 Location: 1231 Ratone

Since our wedding day, Nov 23, 1973, my wife and I have faced many problems and difficulties that I'm sure are common to every marriage. Through workshop attendance and personal research in human relationships, we've come to understand a few principles that lead to a happy, peaceful and meaningful marriage. Today, when statistics show one out of three marriages will end in divorce, we'd like to share these ideas with you who are married or considering this important decision. (Steve and his wife attended an Institute in Basic Youth Conflicts conducted by Bill Gothard in Minneapolis, Minn.)

MARRIAGE ENCOUNTER WEEKEND INFORMATION SESSION

Lee and Sharon Wilcox 239-5196  
 Steve and Margaret Adkins 537-8646

Information Meetings:

Mon, Oct 11, 7-8pm, St. Isidore's Church, 711 Denison Ave, Manhattan  
 Mon, Nov 8, 7-8pm, 1st Christian Church, 8th & Madison, Junction City  
 Weekend Schedule: Fri 8pm-Sunday 6pm. The weekends are conducted on a continuing basis throughout the year. A schedule of available dates will be provided at the information meetings.

At the information session the Wilcox's and the Adkins will answer questions and share their experiences with Marriage Encounter. (You can then, if you desire, enroll for one of the weekend workshops) Marriage Encounter is a rare opportunity for couples to learn a communication technique, to look at themselves and their lives, and to examine their relationship to God and the world.

CHILDREN OF DIVORCE - A GROUP FOR THEIR PARENTS

Melody Williams 532-5866  
 Thursdays, 12 noon  
 Length: 6 weeks  
 First Meeting: Sept 30  
 Location: UFM Living Room, 615 Fairchild Terr  
 Limit: 20

Divorce or separation is a difficult thing for children, let alone for parents! As parents, perhaps we can support each other to find ways to support our kids. Let's meet (with sack lunches) to talk over ideas, success stories, etc. (Melody is on the UFM staff and is recently separated. She called this class in response to several requests received by UFM for such a support group.)

CREATIVE DIVORCE

Warren Rempel 539-4281  
 Tuesdays, 7:30pm  
 Length: 6 weeks  
 First Meeting: Sept 28  
 Location: UMHE, 1021 Denison Ave  
 Limit: 10

For persons moving onto and through the divorce experience; the promise and the pain; the healing process of mourning; accepting divorce as a solution, not as punishment; how to renew trust in men/women. (Warren has spent a number of years doing marriage and divorce counseling.)

COUPLES COMMUNICATION GROUP

Candy Russell 532-5510  
 Leslie Schindler 776-6566  
 Thursdays, 7pm  
 Length: 4 weeks  
 First Meeting: Sept 23  
 Location: Family Resource Center, 611 Poyntz  
 Limit: 5 couples

A training program (not counseling) for couples who wish to practice a variety of communication skills. Dress informally, bring a pillow if you like (we often sit on the floor). Please call Candy before the first meeting about the course materials. (Candy is an assistant professor in Family and Child Development & Leslie is a graduate student in Family and Child Development.)

"LIVING MARRIED" TELEVISION WORKSHOP

Brenda Cloutier 238-4161  
 The Geary Co. Extension Service and Ft. Riley Mental Hygiene and Social Work Services are co-sponsoring this television workshop to help persons (especially those engaged or newly married) better understand some of the common concerns and processes in marriage. There are 12 one-hour segments, which will be shown on the cable channels in Junction City and Manhattan. (In J.C. - Tuesdays, 7:30pm beginning Sept 7. In Manhattan - Wednesdays, 6:30pm beginning Sept 1). The audio portion only will be aired on KJCK-AM, Tuesdays at 9am beginning Sept 7. A viewers' workbook for the series is available for 55¢ from the Geary Co. Extension Office, P.O. Box 28 Junction City, Ks. 66441.

ASTROLOGY

Bennett Hoffman  
 Wednesdays, 7pm  
 Length: 6 weeks  
 First Meeting: Sept 29  
 Location: St. Paul's Episcopal Church, 6th & Poyntz  
 Limit: 15

A basic discussion of houses, signs, planets and integration of them into a whole realm of relation. We will also be constructing charts. (Bennett has taught astrology classes before and has dealt with astrology for years.)

STALKING THE ESSENCE OF CELERY

Dave Fly 537-0593  
 Melody Williams 532-5866  
 Mondays, 7:30pm  
 Length: All semester  
 First Meeting: Sept 27  
 Location: Baptist Campus Center, 1801 Anderson Ave

This is a great experiment! A chance for us (and you) to act out -- to try some ways to free our minds -- to get into alternative ways of experiencing ourselves and our surroundings. We'll teach you methods for pulling stories out of the world, hearing differently, seeing differently, and making up your own symbols to express it all. We may or may not make it to being outrageous. That's the experiment!

(Dave is a campus minister in the most joyous sense of the term. Melody is on the UFM staff and tries to be zany from time to time. Both are interested in the work of Ken Feit (The Itinerant Fool).

"I'M OK -- YOU'RE OK" WEEKEND

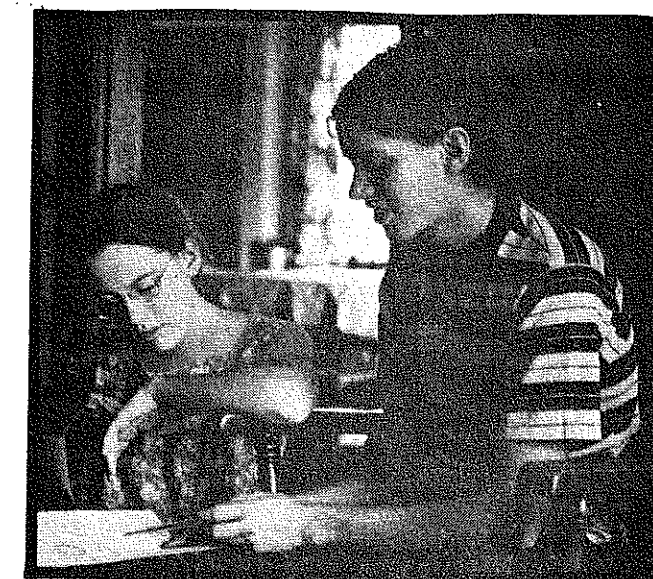
Warren Rempel 539-4281  
 Length: One weekend, Oct 8-10  
 Friday evening, all  
 day Saturday and Sunday  
 Location: UMHE, 1021 Denison Ave  
 Limit: 10

An introduction to Transactional Analysis. Use of TA tools for growth and awareness, self-understanding and ability to relate to other persons in creative ways. Help in undoing the programmed responses and patterns of the past, and liberating the self for creative and open living in the present. (Warren is a campus minister at UMHE with several years of experience in working with TA.)

DEALING WITH DEATH AND DYING -- A DIALOGUE

Chaplain Mary Herrmann and  
 Dr. George Bascom 539-3541  
 Tuesday, 7:30-9pm  
 Length: One time, Nov 2  
 Location: UFM Living Room, 615 Fairchild Terrace

An exploration of the experience and reality of dying, from a physician's and a chaplain's point of view. We will speak from our experiences with dying patients, showing that awareness of death can be a positive force in living. Literature will be recommended for those wishing further study. (Chaplain Herrmann is the chaplain at St. Mary's Hospital. Dr. Bascom is a well-known local physician.)

LIFE IS....

Bill McCutchen  
 Chaplain Mary Herrmann  
 Tuesdays, 7:30 - 9pm  
 Length: 3 weeks  
 First Meeting: Nov 9  
 Location: Koller Hall, First Christian Church,  
 115 N. 5th St.

Through shared experiences, each session will be an exploration of the values that influence our behavior. (Bill is assistant minister at First Christian Church and Mary is chaplain at St. Mary's Hospital.)

LIVING-WITH-CANCER GROUP

Chaplain Mary Herrmann 539-3541  
 Dr. George Bascom 539-5341  
 Mondays (1st and 3rd of each month), 7pm  
 Length: Continuing  
 First Meeting: Oct 4  
 Location: St. Mary Hospital Conference Room

A support-discussion group for any individual (and family) affected by cancer. Individuals are urged to check with their physicians before joining the group. Please feel free to call either of the group leaders if you have questions. (Chaplain Herrmann is chaplain at St. Mary's, and Dr. Bascom is a local physician.)

"THE WISDOM OF INSECURITY"

Jim Lackey 539-4281  
 Tuesdays, 12 noon  
 Length: Semester  
 First Meeting: Sept 28  
 Location: UMHE, 1021 Denison Ave

This Tuesday luncheon group will reflect on Alan Watts' little paper back of the same title. In his preface, Watts writes of our times as "peculiarly insecure and uncertain" - then he adds: "salvation and sanity consist in the most radical recognition that we have no way of saving ourselves." (Some of you will like it - some of you won't!) The book will cost you \$1.65.

### CELEBRATION

Pastor David Nelson 539-8181  
Chaplain Mary Herrmann 539-3541

Tuesdays, 7:30-9pm  
Length: 4 weeks  
First Meeting: Oct 12  
Location: KSU Union, Staterooms 1 and 2

Life is for living and one way to live it more creatively is to celebrate its significant points. This class hopes to discuss and share times and ways of celebrating our lives and the world. Among the topics included will be celebrations of birth, baptism, moments of victory and defeat, beginnings and completions - even your own death. (Dave Nelson is minister of the Peace Lutheran Church and Mary Herrman is Chaplain of St. Mary's Hospital.)

### GUESS WHO'S COMING TO DINNER?

Allison C. Erkelens and Velina A. Houston 537-7914

Sundays, 3pm  
Length: Indefinite  
First Meeting: Oct 3  
Location: 800 Sunset Avenue  
Limit: 10

This class is for those persons who, at some time or another, have been involved in an interpersonal, interracial relationship. Come and unwind in the presence of people who know the problems encountered in dating interracially. This is an opportunity for objective listening and ridding yourselves of guilt complexes. (Allison and Velina come from very atypical backgrounds and are well-acquainted with and supportive of the interracial environment. Velina is also on the UFM Staff.)

### THE PAIN AND JOY OF BEING HUMAN

Julian Johnson

Tuesdays, 7:30 pm  
Length: Indefinite  
First Meeting: Sept 27  
Location: 1st Congregational Church, Poyntz and Juliette.

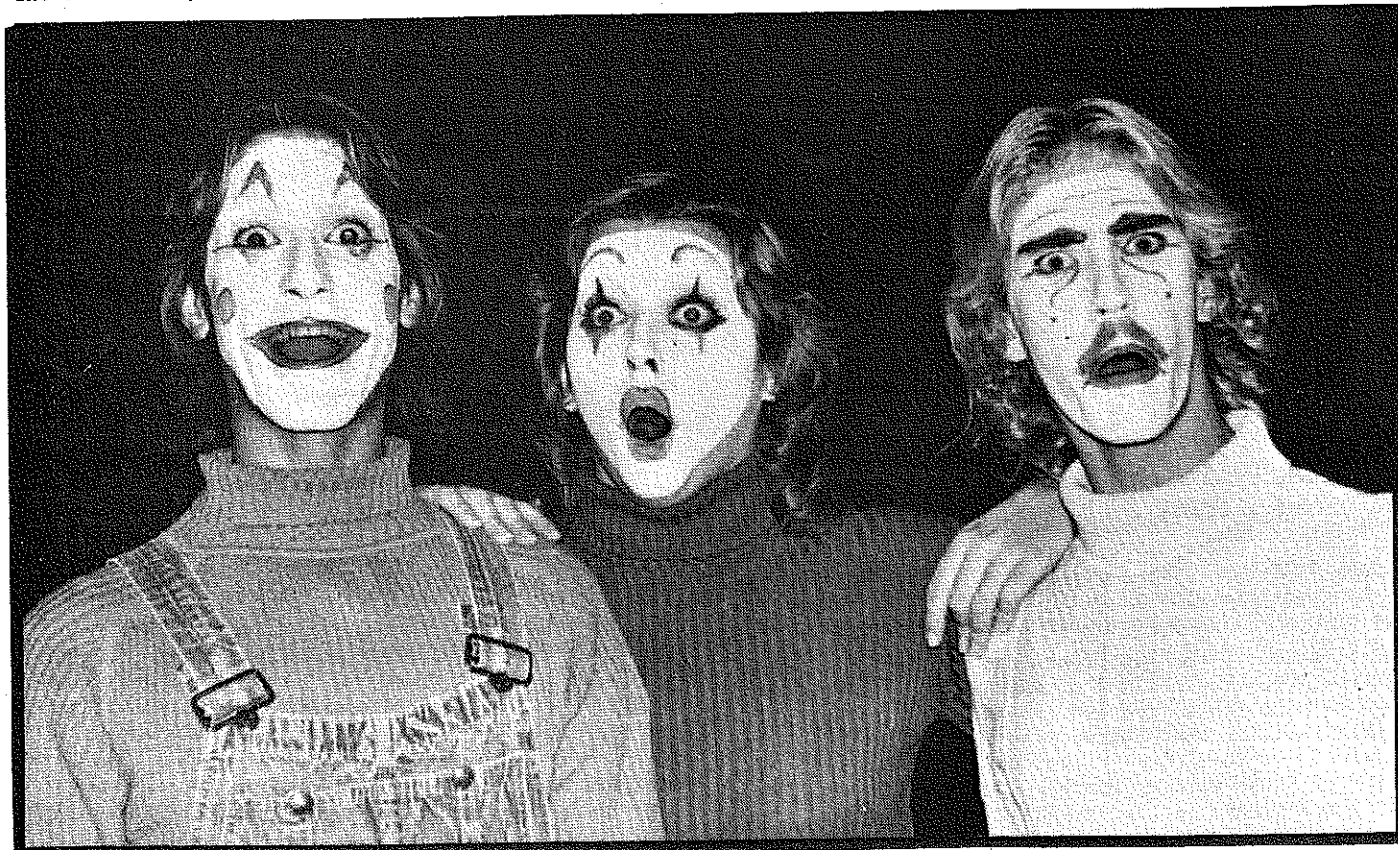
All things, all questions considered as they pertain to our human pilgrimage. We will bring to the sessions (90 minutes) our own experience and the resources of the community (special books, special people.) At the first meeting, we will mutually decide on times for our subsequent meetings. (Julian is pastor of the First Congregational Church and can always be counted on for interesting and relevant classes.)

### "JUST CLOWNING AROUND"

Larry Birdsell 239-3110

Tuesdays, 7:30 pm  
Length: Continuing  
First Meeting: Sept 28  
Location: Baptist Campus Center, 1801 Anderson Ave

The objective of clowning is to use your imagination to enter someone else's imagination. The rewards of clowning are overwhelming -- a laugh, a smile, or a hug from a child. The cost of materials will be determined by each individual in the course, depending on his or her desires. Topics to be covered include make-up, costumes, walk arounds, and individual and group skits. (Larry is a professional clown who has performed at parties, parades, benefits and stage shows.)



### THURSDAY SACK LUNCH - "ISSUES OF THE MOMENT"

Jim Lackey 539-4281

Thursdays, 12 noon  
Length: Semester  
First Meeting: Sept 30  
Location: UMHE, 1021 Denison Ave

Discussions of some critical problems with various leaders: political, ethical, theological. (In case you missed it earlier, Jim is a campus minister at UMHE, involved and knowledgeable in many areas.)

### PLATO-FOR-FUN-OF-COURSE COURSE

Jim Lackey 539-4281

Wednesdays, 7pm (every other week)  
Length: Semester  
First Meeting: Oct 6  
Location: UMHE, 1021 Denison Ave

For those who have never taken the time to read the exciting arguments of that tough old Greek - Socrates. We read the stuff aloud - it's fun this way! The book costs about \$2.

### LIFE PLANNING WORKSHOPS

Donna Kater 532-6432

Saturdays: Oct 2, 16; Nov 6, 20 from 8:30am to 4pm.  
Thursdays: Oct 7, 21 from 3pm to 10pm.  
Location: Holtz Hall, KSU  
Limit: 15

These workshops are designed to help you think about what you want, where you are going, how to establish immediate and long-range goals and how skills in self-assessment and planning can enable you to continue life-planning in the future. The workshops are structured activities and are not encounter groups. Participants, however, can talk about their experiences, feelings, and goals. To indicate which of the six sessions you plan to attend, call Lisa at the Counseling Center; 532-6432. (Donna has six years of experience in counseling families and children and is now a Ph. D. student.)

### WHAT DOES IT MEAN TO BE "IN THE WORLD, BUT NOT OF IT?"

Dave Stewart 539-3051  
Melody Williams 532-5866

Thursday, 7:30pm  
Length: One time, Oct 7  
Location: KSU Union, Rm 205A

Dave and Melody will chair a panel discussion by local ministers and others interested in spirituality, politics, or the history of the relationship between religion and politics. What we're concerned with is the tendency, as we become more interested in our spiritual and personal trips, to move away from an active "being in the world." This goes to its extreme in the belief that all that happens to us is the product of our own karma. Yet we know the difficulty of being both spiritual and worldly. If you share our conflict, join us. (Dave is the local Baptist campus minister, noted for his concerned stance on world issues. Melody is interested in alternative politics and personal growth)

### RATIONAL SELF-COUNSELING FOR HAPPIER LIVING

Suresh Chandra 776-4976

Tuesdays, 7:30pm  
Length: 8 weeks  
First Meeting: Sept 28  
Location: Baptist Campus Center, 1801 Anderson Ave  
Limit: 15

It is not other people or events that "make" a person feel upset. It is the person himself who does that by adopting a certain view of the situation. Sometimes our well-learned emotional habits cause us excessive unhappiness. In this class we will examine one view of how emotions occur, examine certain words which elicit strong emotional response discuss the role of expectations and then consider what "rational" means. Finally, we will consider the Analysis (RSA) and Rational Emotive Imagery (REI) for changing the emotional habits you want to change. We will use as text "Help Yourself to Happiness..." by Maxie C. Maultsby, M.D. (\$6), but will include some other material also. (Suresh is a visiting assistant professor of physics. He is interested in psychology and has attended classes at the Madison, Wisc, chapter of the Association for Rational Thinking (ART).)

## \* Women

### WOMEN'S BOOK REVIEW

Grace Hwang/Women's Resource Center 532-6541

Mondays, 11:30am  
Length: Indefinite  
First Meeting: Oct 4  
Location: SGA office, KSU Union

The group will review current books of interest to women. Each week someone will give a brief review followed by an informal group discussion. Those interested will meet over lunch and are encouraged to bring a brown bag lunch. A permanent date and time will be decided by the group.

### NATIONAL ORGANIZATION FOR WOMEN - CHAPTER

Women's Resource Center 532-6541  
Betty Bloomquist 776-3830

Persons interested in establishing a National Organization for Women chapter in Manhattan should contact Betty Bloomquist of the KSU Women's Resource Center. (Betty was active in the NOW chapter in her South Dakota home and would like to see one started here.)

### WOMEN'S RESOURCE CENTER

Ann Benson 532-6541

Location: SGA office, KSU Union

The WRC is concerned with raising the level of awareness of students regarding the changing roles of men and women and their implications. It is both a center of information and a referral agency regarding opportunities and programs available to women.

(Ann is the new director of the center and would like to get more volunteers to help her out.)

## HOPE!

Margaret Nordin 532-6432  
Fridays, 12 noon  
Length: Indefinite  
First Meeting: Sept 24  
Location: Holtz Hall, Rm 101C, KSU  
Limit: 15

A brown bag lunch discussion group for women who are returning to school after being a homemaker and/or worker. Come share your joys and frustrations for mutual support.  
(Margaret is associate director of the Center for Student Development, and is involved with programming for women students.)

## CONSCIOUSNESS RAISING

UFM & Women's Resource Center 532-5866  
532-6541

We will serve as a clearinghouse for anyone interested in consciousness raising or support groups. Call in. Include information on needs that make you desire a particular type of group. We'll compile lists of people with similar interests and when we have a sufficient number, will convene a group. Though this is in the women's section, we'd love to help a men's group get going, as well. Finally, anyone interested in helping facilitate such groups, let us know. We'll give you pointers and assign you to a group that fits your interest.

## WORLD FRIENDSHIP FOR INTERNATIONAL WOMEN

Karen McCullough 539-6078  
Susan Gormely 539-3701

Tuesdays, 9:30am  
Length: Indefinite  
First Meeting: Sept 28  
Location: 1st Presbyterian Church basement,  
801 Leavenworth

This organization is being formed to bring American and international women together in a sense of community and friendship. Plans for the fall include an informal English class, cooking and craft classes; transportation coordination and social events. All interested women are urged to attend. Day care will be provided for the meetings.

## FOR INTERNATIONAL WOMEN

University Learning Network (ULN) 532-6442  
Helen Gross 539-5142

Thursdays, 9:30am  
Length: Indefinite  
First Meeting: Sept 23  
Location: 1st Presbyterian Church basement  
801 Leavenworth

Looking for help with this strange English language and other women to share experiences with? A program is beginning this fall to exchange ideas and provide help for those people who are having hassles with the American living experience. If you need transportation, call ULN. A nursery will be provided.

## ISSUES AND WOMEN: SOME PERSPECTIVES

Joe Hawes 532-6730  
Tuesdays, 7:30pm  
Length: all semester  
First Meeting: Sept 28  
Location: Denison Hall, Rm 219, KSU  
Limit: 40

The purpose of this course is to talk about the historical background of contemporary issues concerning women with the topics of discussion coming from the group. Hopefully, the class will be able to show that many of today's problems have deep, historical roots. Knowing about how other people dealt with their problems may help people today. (Joe has taught "Women in American History" at KSU and would like to talk informally with those not interested in a formal course.)

## GROUP MEETING FOR RAPE VICTIMS

Susan Scott Angle 776-9046  
Caroline Peine 532-6432  
Jenny Dunbar 539-8907

Thursdays, 7:30pm  
Length: Indefinite  
First Meeting: Oct 14  
Location: 412 Kearney

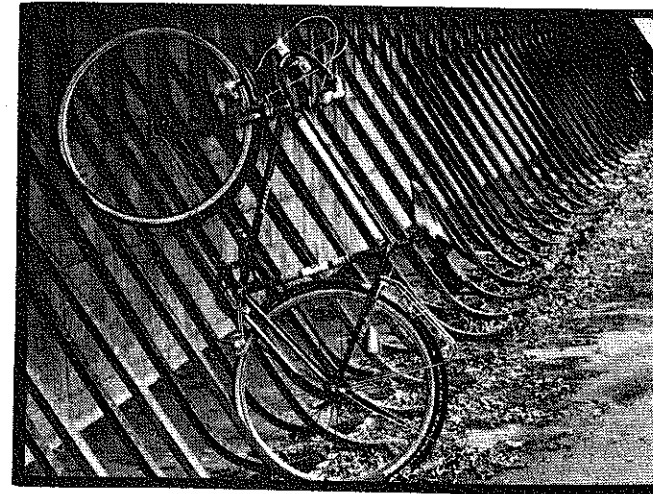
The need for a Rape Crisis Center in Manhattan was discussed by a group of concerned people this past summer. After surveying the existing agencies in the community we find ourselves in need of more information from rape victims before we can progress. If you are a rape victim and would like to share your experience (that is, feelings about the rape, treatment by authorities, changed relationships, etc.) with other rape victims and with those of us concerned about upgrading services for rape victims, please come to the meeting. Or, if the group meeting is not convenient or comfortable but you still have information and/or feelings you would like to share, please feel free to call one of us.

## FALL FEMININE FILM FESTIVAL

Cornelia Flora 532-5984  
Thursdays, 7:30pm  
Length: semester  
First meeting: Sept 16  
Location: Justin Hall, Rm 109, KSU

We will present the following films, free of charge, and will hold a discussion afterwards. Regular attendance is not required, but would be helpful.

9/16 - Women in Management  
9/23 - Emerging Woman  
9/30 - Madame Bovary  
10/7 - Desi  
10/14 - to be announced  
10/21 - 51%  
10/28 - Men's Lives  
11/4 - Under the Trees and the Closer for Me  
by Dorothea Lange  
11/11 - Experimental Films: Song Delay and Veil  
by Joan Jonas,  
Meshes of Afternoon by  
Maya Deren  
11/18 - Salt of the Earth  
12/2 - Out of the Home and Into the House



# SKILLS

## AUTO MECHANICS

Denny Peck 238-4590  
Saturdays, 9am  
Length: Indefinite  
First Meeting: Oct 2  
Location: 1007 Redwood St, Junction City  
Limit: 12

For the real "do-it-yourselfer" - we will learn how to do a major tune-up; make chassis repairs (brakes, body, suspension, steering); work on electrical systems; and learn some general troubleshooting skills. Participants should bring a combination wrench set, screw drivers, pliers, crescent wrenches (6,8,14, and 16 inches), and a socket set.  
(Denny has worked as a line mechanic for Chevrolet, Buick and Ford.)

## YOU AND YOUR AUTO

Rick McGuire 537-8559  
Sundays, 1pm  
Length: 4 weeks  
First Meeting: Oct 3  
Location: UFM Living Room, 615 Fairchild Terr  
Limit: 15

This class is designed for everyone, mechanic and non-mechanic. Basic fundamentals and how to do simple repairs and tests will be covered. There will be class lecturing and demonstrations (show and tell). Subjects to be covered: how to change oil; how to change tires; what to buy for replacement parts; how to repair alternators, starters, batteries, carburetors; and tune-ups.  
(Rick is a qualified working mechanic in Manhattan, and has had enthusiastic responses to this UFM course before.)

## GETTING THE MOST OUT OF YOUR BICYCLE

Jay Wood 537-9391  
Thursdays, 6pm  
Length: 3 weeks  
First Meeting: Sept 30  
Location: 1111 Moro

We'll cover how to choose, maintain, and most importantly, what to do or not to do with your bicycle. We'll talk about simple maintenance procedures and riding for recreation and health. This class is aimed at beginning bicyclists. Commuting, touring, bike camping and racing will be discussed briefly. We'll try for some short rides each evening after the sessions and possibly a couple of Saturday afternoon tours.

(Jay works at a local sporting goods store and has raced and toured for several years. He's also on the city's Bikeways Committee.)

## BICYCLE REPAIR

Bill Jacoby 537-1510  
Tuesdays, 7pm  
Length: Indefinite  
First Meeting: Sept 28  
Location: Bill's Bike Shop, 1207 Moro  
Limit: 25

We will be teaching the fundamentals of bicycle care and repair. The class will decide its own direction and how to make the most effective use of time. (Bill owns his own bike shop and has taught this class for several years.)

## AUTO COMMUNICATIONS FOR WOMEN

Norman Peck 537-9883  
Frank Hamilton  
Tuesdays, 7pm  
Length: 6 weeks  
First Meeting: Sept 28  
Location: Ackert Hall, Rm 106, KSU

Very few women have had much practical mechanical training, especially about cars. Since at one time or another everyone has an automobile, it seems appropriate that everyone should have an opportunity to learn something about them; how to take care of them so they last longer, how to cope with their problems, how to do some work on them yourself. (Norman and Frank have many years experience with cars and presently work for a local auto firm.)

## BASIC AUTO BODY REPAIR

Alan Clark 776-5333  
Wednesday, 7:30pm  
Length: One time, Oct 6  
Location: Manhattan Public Library Auditorium  
Juliette and Poyntz

This will be a session on the basic mechanics of repairing minor auto body problems. A discussion of techniques of repairing dents, rust damage, etc., will be included.  
(Alan owns an auto body repair shop in Manhattan.)

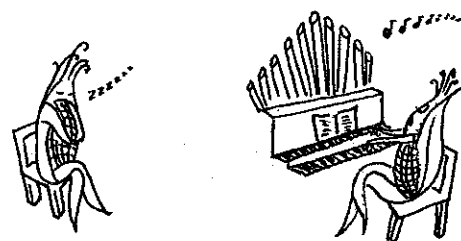
#### MOTORCYCLE MAINTENANCE (HOLD THE ZEN)

Bob Gregor 776-9441  
 Mondays, 7:30pm  
 Length: 4 weeks  
 First Meeting: Sept 27  
 Location: 210 Poyntz (backdoor)

This course will be a basic one on motorcycle repair and maintenance. Anyone who can operate a motorcycle can repair it. Members of the class will help decide its direction.  
 (Bob works at a local motorcycle parts store and says he was born with a wrench in his hand.)

"I trust a good deal to common fame, as we all must. If a man has good corn or wood or boards or pigs to sell or can make better chairs or knives, crucibles, or church organs, than anybody else, you will find a broad and beaten road to his house, though it will be in the woods.

Emerson



#### FOUR SEASONS FOR SAVING ON YOUR ENERGY BILL

Karen Hummel 776-8893  
 Thursday, 7:30pm  
 Length: One time, Oct 14  
 Location: KP&L Auditorium, 501 Poyntz

Suggestions for wise energy management to help stretch your energy dollar while conserving our nation's natural resources. We'll discuss various approaches to home insulation, heating systems, appliance use and lighting.  
 (Karen is the home service advisor for Kansas Power and Light.)

#### BASIC BASIC LAMP REPAIR

Doris Hoerman 532-5866  
 Thursday, 7:30pm  
 Length: One time, Oct 21  
 Location: UFM Living Room, 615 Fairchild Terr

I will show you how to keep lamp repair from being a shocking experience. Bring a lamp you'd like to fix or just come to learn the basic parts of a lamp and how to do simple repairs.  
 (Doris is a self-taught repair person and says electricity turns her on.)

#### MODERN WALL COVERINGS

Brooke Scott 776-9435  
 Monday, 7pm  
 Length: One time, Sept 27  
 Location: 310 Poyntz

Types of wall coverings, including estimating and selecting for the job and application techniques will be covered. A discussion of common application problems and solutions, in addition to a material-application workshop will be presented. All material is furnished.  
 (Brooke was an independent decorating contractor for 2 years and has spent 4 years in sales and management.)

#### DECORATING WITH FLOOR COVERINGS

Brooke Scott 776-9435  
 Tuesday, 7pm  
 Length: One time, Sept 28  
 Location: 310 Poyntz

Covered in this session will be types of floor coverings, estimating and selecting for the job, application techniques. There also will be a discussion of common application and solutions. A material-application workshop. All materials will be furnished.

#### BASIC PLUMBING

Jeffrey Greenhut 539-9392  
 Tuesday, 7pm  
 Length: One time, Oct 25  
 Location: UFM Kitchen, 615 Fairchild Terr  
 Limit: 10

For those who have mastered replacing washers and want to go further. The session will cover basic techniques of using steel, copper, and plastic pipe; installation of bathroom and kitchen sinks, fixtures; and if time permits, hints on tile and formica.  
 (Jeff has put in bathroom sinks and fixtures, tiled showers, and put in formica counter tops.)

#### WOODBURNING FIREPLACE INSTALLATION & ROCK AND BRICK LAYING

Howard Epp 539-6948  
 Tuesday, 7pm  
 Length: One time, Oct 5  
 Location: 610 N. 3rd  
 Decorative Rock & Fireplace Center  
 Limit: 25

A demonstration film of fireplace installation will be shown, as well as demonstrations of decorative rock and brick laying. A general knowledge of the subject, sufficient for self-installation of fireplaces and rock/brick can be gained in one evening through this course.  
 (Howard has had extensive experience in fireplace and rock installation.)

#### INTRODUCTION TO LATIN

Ralph DeZago  
 Mondays, 7pm  
 Length: Semester  
 First Meeting: Sept 27  
 Location: UFM Library, 615 Fairchild Terr  
 Limit: 15

This class will cover Latin grammar, syntax and introductory translation, and is classically oriented towards later translations of Caesar, Sallust. Bring a notebook, pen and a good Latin-English dictionary. Open only to those with no previous experience with Latin.

(Ralph is a graduate student in Medieval History, Latin is his main research language.)

#### BEGINNING FRENCH

Monique Schmidt 537-1887  
 Thursdays, 7pm  
 Length: 12 weeks  
 First Meeting: Sept 30  
 Location: UFM Library, 615 Fairchild Terr  
 Limit: 10

This class is for those with little or no background in French and who are interested in discovering a bit about the cultures of various French-speaking nations along with the basics of conversational French.  
 (Monique is from Switzerland where French was her native language.)

#### LET'S LEARN TO SPEAK ENGLISH

University Learning Network 532-6442  
 Sign up at registration and you will be contacted.

This class will be organized for those foreign students and their spouses who desire basic knowledge of the English language. Hopefully, classes will be organized by October 1. For more information, call University Learning Network at 532-6442.

#### BEGINNING AND INTERMEDIATE SIGN LANGUAGE

Wendy and Ed Schiappa 537-0905  
 Sundays, 3pm  
 Length: Indefinite  
 First Meeting: Sept 26  
 Location: V-5 Jardine Terr  
 Limit: 12

This is a basic introductory class to American Sign Language for the deaf and hearing-impaired. The class is for anyone interested in learning basic sign language. The class leaders are both hearing persons who have had training in sign language and are both interested in further studies in deaf education, both for the hearing and the hearing-impaired.  
 (Wendy and Ed have studied sign for two semesters at Johnson County Community College and have much association with signing deaf.)

#### ASSISTANCE WITH GERMAN

Helga Austin 1-494-2403

If you are presently studying German, but have a little difficulty with it now and then, Mrs. Austin would be happy to give you a little assistance. You can reach her during the evening at the number listed above.

(Mrs. Austin was born in Czechoslovakia, raised in Germany, and has been in the U.S. since 1963.)

*Es fuehren ueber die Erde  
 Strassen und Wege viel  
 Aber alle haben  
 Das selbe Ziel.*

*Du kannst reiten und farhen  
 Zu zweien und zu dreien,  
 Den letzten Schritt  
 Muss du gehen allein.*

*Drum ist kein Wissen  
 Noch Koennen so gut  
 Als das man alles Schwere  
 Alleine tut.*

- Hermann Hesse

#### INTRODUCTORY RUSSIAN

Lee Samore 539-2942

Tuesdays, 7:30pm  
 Length: 12 weeks  
 First Meeting: Sept 28  
 Location: UMHE Pit, 1021 Denison Ave

A basic introduction to the Russian language with an emphasis on writing, reading and grammar. Conversational patterns as well as composition will be covered, although the main format of the course will stress simplified Russian grammar.  
 (Lee has a bachelors degree in German, and his minor was Russian.)

#### HEBREW SELF-STUDY

Jan Galitzer 539-9292

For those interested in learning Hebrew independently, Jan will be happy to recommend text books and give a little guidance. Please contact her for more information.  
 (Jan has been teaching Hebrew for several years now.)

#### INTRODUCTION TO BOOK REPAIR

Judy Cook 776-5390

Sign up and you will be contacted as to date & time, Location: Binding Dep't, Farrell Library, KSU  
 Limit: 12

Emphasis on simple book repair and upkeep of rare books with some historical background. Free sample book repair kits will be supplied. Please do not bring small children because of limited space and library equipment. Also bring something to repair.  
 (Judy works at Farrell Library and has taught this enjoyable class before.)

SECRETARIAL AND FINANCIAL SKILLS

Kay Stewart 532-6180

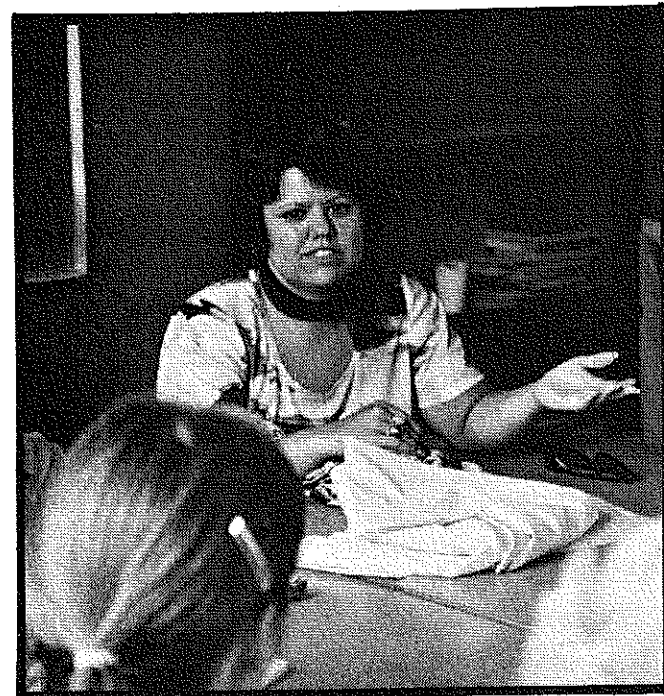
Sign up and you will be contacted as to time, dates, and locations of the classes.

For those people in the community who are interested in and need secretarial and personal financial skills, the College of Business, in conjunction with UFM, is providing a series of classes to develop those skills. The following classes will be taught:

- Typing I - Tuesday evenings
- Typing I & II - Thursday evenings
- Bookkeeping - Monday evenings
- Personal Finance - Wednesday evenings
- Business Machines - Wednesday evenings

These classes will be held throughout the fall semester. Sign up for each class you would like to take.

(Kay is an instructor with the College of Business Administration.)



PERSONNEL MANAGEMENT WORKSHOP FOR THE NON-SPECIALIST

William P. Zelazny 537-8960

Wednesdays, 7pm  
Length: 2 weeks  
First Meeting: Oct 13  
Location: KSU Union, Rm 207

A short workshop on some aspects of personnel management for individuals who are not personnel specialists but who have personnel management or supervisory duties. Topics to be discussed include interviewing, personnel rules, performance evaluation, and equal employment responsibilities. (Bill has been the personnel director of a local organization for the past two years.)

CAREER PLANNING AND PLACEMENT

Bruce Laughlin 532-6506

Wednesday, 8pm  
Length: One time, Oct 6  
Location: Anderson Hall, Rm 10, KSU  
Limit: 20

This class will be a basic introduction to the skills needed to find a job. We will cover job searches, interviews and related topics. (Bruce is the director of Career Planning and Placement at KSU.)

COLLEGE CREDIT WHERE CREDIT IS DUE

John Steffen 532-5566

Wednesdays, 7:30pm  
Length: 2 weeks  
First Meeting: Oct 6  
Location: Umberger Hall, Rm 312, KSU

This is a "how to" course on building portfolios which document non-sponsored (life experience) learning for presentation to college faculty members who might award credit. It includes some background on the Non-Traditional Study Program at KSU. We'll start building portfolios the first week, and look them over the second week. (John is the director of the Non-Traditional Study Program at KSU.)

JOB APPLICATION AND INTERVIEWING TIPS

William Zelazny 537-8960

Wednesday, 7pm  
Length: one time, Oct 27  
Location: KSU Union, Rm 213

Applying for a job? Going to a job interview? You might be interested in attending this session. We'll discuss searching for a job, filling out application forms, writing a resume and participating in an employment interview. (Bill is a personnel director for a local organization who has read through mounds of applications and interviewed more people than he can remember.)

THE ART OF GRANTSMANSHIP

John Murry 532-6194

Tuesday, 7:30pm  
Length: One time, Nov 9  
Location: KSU Union, Rm 213

With the ongoing tightening of the economy, there is a significant need to know about alternative sources of income. Grants are a possible source of funds - and this session is designed as an introduction to the vast field of grants and federal contracts. The meeting is open to anyone who wishes to attend, and the thrust will be to review the many sources available for identifying potential federal, foundation, and state support for various projects.

(John is the accepted campus expert on grant preparation and execution.)

AMATEUR RADIO NOVICE

Lee Buller 539-5588  
Gary Johnson 532-5600

Mondays, 7pm  
Length: Indefinite  
First Meeting: Sept 27  
Location: Seaton Hall, Rm 164K, KSU

The course will teach participants how to send 5 words per minute in Morse Code and will provide enough theory background to allow students to pass the Federal Communications Commission exam for a novice license.

(Gary is a professor of Electrical Engineering at KSU, where Lee is a student in Radio/TV.)

HANDWRITING ANALYSIS

Miriam Field 539-5586

Mondays, 7:30pm  
Length: 9 weeks  
First meeting: Sept 27  
Location: Eisenhower Hall, Rm 121, KSU  
Materials Cost: \$8 - pay at class

Introduction to basic principles of graphoanalysis - the scientific study of the strokes in writing which reveal personality and character traits.

Graphoanalysis is used as a test in determining aptitudes, social traits, learning methods, emotional response, fears and defenses.

(Ms. Field is a certified master graphoanalyst. She has studied 9 years and has lectured and taught classes on the subject many times.)

FIRST AID MULTIMEDIA

Enell Foerster 537-0977  
Phyllis Moore 539-5965

Saturday, 8am - 4:30pm  
Length: One time, Oct 30  
Location: UMHE Auditorium, 1021 Denison Ave  
Limit: 14  
Materials Cost: \$4 - \$6 - pay at class

This is the American Red Cross Instructional System that features filmed demonstrations, guided practice sessions, and programmed work books. The student is certified as a standard first aider upon successful completion of the course. There is a fee of \$6, which covers materials, workbooks and texts. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be \$4.

(Both Enell and Phyllis are certified Red Cross First Aid instructors.)

HAIR

Rick McClanahan 776-5222

Monday, 11am  
Length: One time, Sept 27  
Location: 404 Humboldt  
Limit: 20

How to test products at home and tell whether products that you buy are beneficial or not; why hair is in bad condition; how to understand the use of conditioners; haircare in general. (Rick is a Manhattan hairstylist.)

METRICS

Ray Kurtz 532-5931

Wednesday, 7pm  
Length: 2 weeks  
First Meeting: Sept 29  
Location: Sept 29 - KSU Union, Rm 207  
Oct 6 - KSU Union, Rm 205A  
Limit: 25

This group will look at the use of the metric system in the US today, its growing importance, and will discuss the advantages of this system. Class activities will involve abstract problem-solving and concrete measurements of length, weight, temperature, area and volume.

(Dr. Kurtz is with the College of Education at KSU, and has written a book on teaching metrics.)

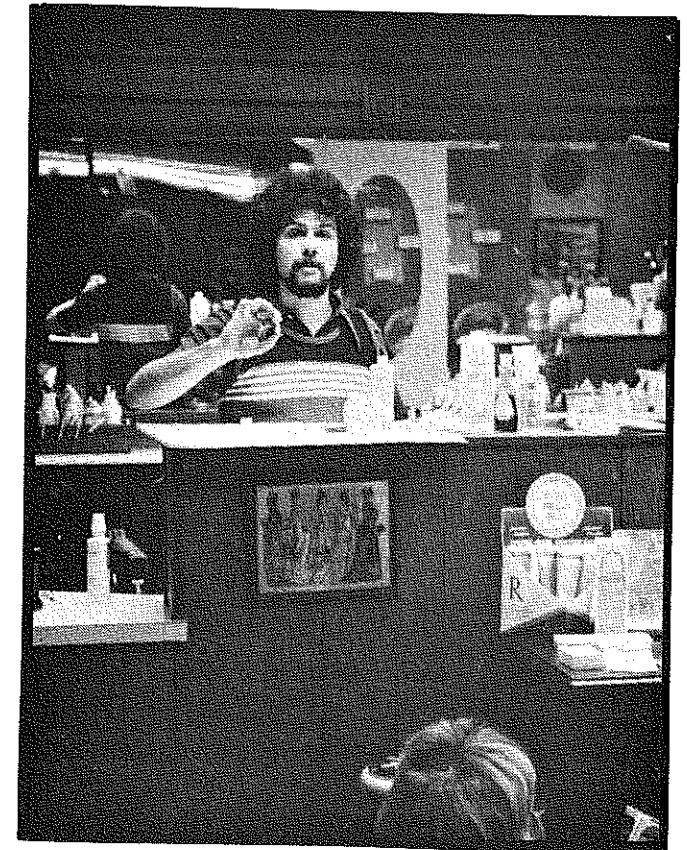
THE DO'S AND DONT'S OF BUYING AND SELLING A HOUSE

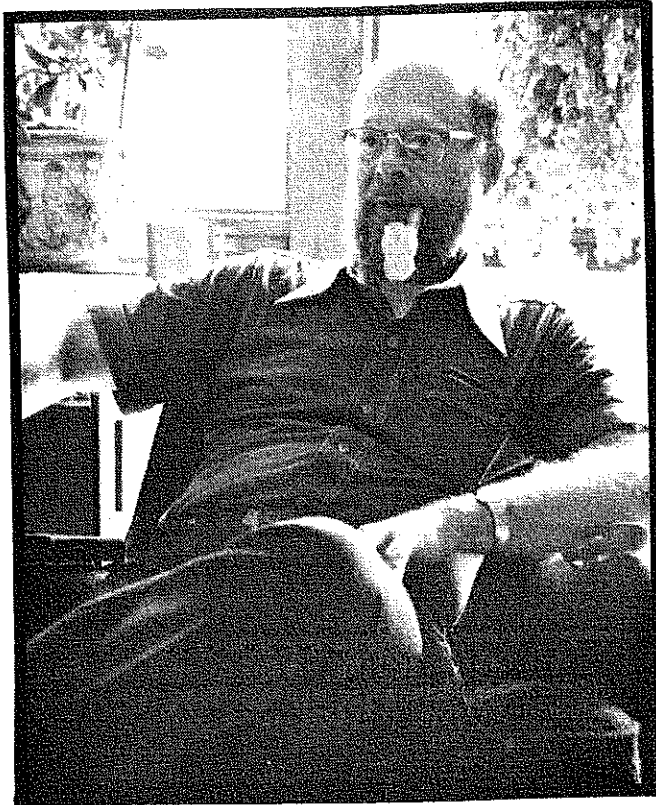
Richard Hill 539-2309

Tuesdays, 7:30pm  
Length: 3 weeks  
First Meeting: Sept 28  
Location: St. Isadore, Newman Center, 711 Denison Ave

The basic ins and outs of buying and selling a house. The first session will cover such practical things as electrical systems, carpentry, heating systems, and plumbing with respect to purchase or sale. The second session will be spent on new homes, and the last session on the joys and agonies of older homes.

(Richard is a local realtor.)





# SPIRIT

## SOCRATES - BUDDHA - CONFUCIUS - JESUS

Jim Lackey 539-4281  
 Mondays, 9am  
 Length: Continuing  
 First Meeting: Sept 27  
 Location: UMHE, 1021 Denison Ave

During the summer, this study proved to offer an interesting way of finding one's way into great lives and great ways that stretch over 2,500 years. We will use a little paperback by Karl Jaspers as a resource.

(Jim is a KSU campus minister, well-read, and full of thoughts on many matters. He is a veteran class leader and all-around contributor to UFM.)

## THE RELIGIOUS DIMENSION OF THE HUMAN SPIRIT

Jim Lackey 539-4281  
 Monday, 12 noon  
 Length: Semester  
 First Meeting: Sept 27  
 Location: UMHE, 1021 Denison Ave

A sack-lunch discussion aimed at considering what we think we are saying when we talk about "being/acting/feeling religious."

## AAUPP!

Jim Lackey 539-4281  
 Wednesdays, 7pm (every other week)  
 Length: Semester  
 First Meeting: Sept 29  
 Location: UMHE, 1021 Denison Ave

AAUPP - a classy assocaiton of pipepuffers, tobacco samplers, spinners of yarns, and smoke-filled rooms of palaverers!  
 (Jim, or Keeper-of-the-firesticks, has convened this classy group many times and is a well-known pipe-puffer himself.)

## LOVE - POWER - JUSTICE

Jim Lackey 539-4281  
 Wednesdays, 3:30pm  
 Length: Semester  
 First Meeting: Sept 29  
 Location: UMHE, 1021 Denison Ave

Three gigantesque words! Our conversation about them will be aided by Paul Tillich's little book of the same name. The book's cost is \$1.25.

## JESUS OF NAZARETH: WHO IS HE?

Fr. Norbert F. Dlabal 539-7496  
 Thursdays, 7pm  
 Length: 6 weeks  
 First Meeting: Oct 7  
 Location: St. Isadore's Newman Center,  
 711 Denison Ave

A look into the expectations of the Hebrew people regarding their future messiah, as embodied in their traditions, and the contrast with these expectations, traditions, and the contrast with these expectations, and their ultimate fulfillment brought about by the person of Jesus.  
 (Fr. Dlabal is an ordained Catholic priest - his theological studies provided background for this course.)

## BASIC JUDAISM

Phillip Becker 539-5115  
 Rudy Clarenburg  
 Sundays, 9:30am to 12 noon  
 Length: Indefinite  
 First Meeting: Sept 19  
 Location: Manhattan Jewish Congregation,  
 1509 Wreath

This class will deal with Jewish history, law, customs and observances. This is not a conversion class but is open to anyone interested in Judaism. Since the class begins before UFM registration, please call the above number to register and make arrangements for class attendance the 19th.  
 (Mr. Becker has been president of the Manhattan Jewish Congregation for many years. Mr. Clarenburg studied to be a rabbi and is quite knowledgeable in this area.)

## BIBLICAL PROPHECY

Dave Tuttle 539-6077  
 Tom Irwin  
 Mondays, 7:30pm  
 Length: 6 weeks  
 First Meeting: Oct 4  
 Location: 928 Thurston

This class will look at fulfillments of predictions concerning the Jewish Messiah and His second coming. We will look at both historical and biblical references and how they relate to each of us.  
 (Dave is a local mechanic, and Tom a student. Both have done a lot of study in the area of prophecy.)

## MEET THE MORMONS

Casey Parker 537-8839  
 Thursdays, 9pm  
 Length: semester  
 First Meeting: Sept 30  
 Location: LDS Institute of Religion,  
 1820 Clafin Rd

Films and informal discussions on topics including:  
 Where did you come from?  
 Why are you here?  
 Did Christ visit ancient America?  
 What caused the Dark Ages?  
 Does God still speak to men?  
 Eternal marriage, eternal families.

## METAPHYSICAL STUDY GROUP

Sundays, 11am  
 Length: Continuing  
 First Meeting: Sept 26  
 Location: 325 N. 14th St

We meet together to discuss, to read, to learn, to pray. We espouse no theology, but our goal is to increase our spiritual awareness and feeling of harmony with the universe. We study the writings of Charles Fillmore, Ernest Holmes and others of the New Thought Movement. No sign-up is required; you are welcome to attend any meeting without giving previous notice.

## BAHAI FAITH - AN INTRODUCTION

Raymond Gitchell 776-6142  
 Richard Vore  
 Lois Gitchell  
 Fridays, 6:30pm  
 Length: Continuing  
 First Meeting: Oct 1  
 Location: 58 Powerline Dr  
 Limit: 10

The object is to introduce the student to the basic social principles and the involvement of the Bahai's in advancing a World Civilization. Discussions are informal. A short talk will usually be used to stimulate a topic. No materials needed.  
 (The class leaders are all Bahai's and members of the local Spiritual Assembly in Manhattan, which is an administrative body.)

## COSMIC CONSCIOUSNESS

Wednesdays, 7:30pm  
 Length: Continuing  
 First Meeting: Sept 29  
 Location: 1813 Elaine Dr

This year we plan to follow the format of Spiritual Frontiers Fellowship groups for psychic development and spiritual growth. Meetings will include discussions, development exercises for E. S. P. and healing, and group meditation. Membership will be closed after October 20th until next year.

## SUNDAY EVENING FELLOWSHIP

Warren Rempel 539-4281  
 Jim Lackey  
 Sundays, 5-7pm  
 Length: Semester  
 First Meeting: Sept 26  
 Location: UMHE, 1021 Denison Ave

Soup 'n Sandwich Supper (50¢), Fellowship, Worship, and Discussions on the major questions of life and faith and the world we live in. Anyone welcome.  
 (Jim and Warren are two of the campus ministers at UMHE and both enjoy a good discussion.)

## ECKANKAR; THE PATH OF TOTAL AWARENESS

Bob Perry 539-1867

Meeting dates and times will be announced

This will be a discussion group, based on the book, ECKANKAR, Key to the Secret Worlds, by Paul Twitchell. This book deals with the basics of ECKANKAR, the path of total awareness.  
 (Bob has studied ECKANKAR for 2½ years and is an authorized ECKANKAR class leader.)

*Well, history isn't ever going to end,  
 happily or unhappily.  
 And history is ending every second -  
 happily for some of us,  
 unhappily for others,  
 happily one second,  
 unhappily the next.  
 History is always ending  
 and always not ending,  
 and both ways there is nothing to wait for.  
 Ha ha ho ho and hee hee.*

- Tom Robbins

## Campus Free College

CFC is a new college that grants AA, BA, & MA degrees. Students may tailor their education to their own lives and learning patterns, interests and goals, to become self-directed learners. Learners are free to draw upon a wide range of learning opportunities -- such as apprenticeships, on the job learning, and individually designed learning projects. Campus-Free College has Program Advisors located throughout the U.S. The two Program Advisors in this area are David Hursh and Sue Maes, 532-5866.

## Voter Registration

In 1976, the people of the U.S. will elect a president, a congress, and state and local officials. UFM urges all unregistered persons to register to vote and we urge all registered voters to cast ballots for the candidates of their choice. So that the people, rather than special interest groups, might control the governmental process, take a minute to register and vote:  
A sense of community starts at the grass roots.

## Free University Network

Join us in Louisville! The fourth annual National Free University Conference will be held October 22-24, 1976, in Louisville, Kentucky. University for Man class leaders are welcome to participate in the conference along with the UFM staff and free universities from across the nation. In addition to developing the conference, the Free University Network (FUN), housed with University for Man, is serving the approximately 200 free universities across the country with a monthly newsletter and up-to-date information on how to coordinate and develop a successful free university program. Serving as coordinator for FUN is Bill Draves, the past director of the Milwaukee Free University, and as communications coordinator, Larry Wheeler, a Manhattanite.

## Community Education In Rural Kansas

Several years ago, when we first ventured forth to other parts of Kansas, we began to receive inquiries about the UFM program: What is it? How does it work? Who participates in it? Once the answers to those questions were provided, the central interest then became, "How can we have a program like that in our town?"

UFM decided to pursue that question and received, in the summer of 1975, a major federal grant to work for two years on precisely that problem. Supported by the Fund for the Improvement of Post-Secondary Education (FIPSE), under the Department of Health, Education and Welfare, the grant called for the creation of 12 programs of community education, based on the UFM model, during a two-year period. Half of this plan is now a reality. During the last year, the UFM staff, in consort with twelve VISTA volunteers, has assisted these communities in creating their own community education programs: Marysville (Marshall County), Abilene, Clay County, Norton, Oberlin and Hoxie. With our first-year support now drawing to a close, five of these six locations so far have now reorganized the projects under local control, local financial support and local leadership.

Meanwhile, UFM is moving into the second year with six new areas in the state: Morris County, Emporia, Stockton, Phillipsburg, Wakeeney and the Herrington area. The classes in these towns, like UFM and the first-year project towns, are free, non-credit, ungraded and virtually unlimited in subject matter.

A final note: six new communities isn't the only new focus this fall. No longer will the sole medium of UFM be print. Work is getting underway on a 16mm, 18-20 minute, sound and color film about not only UFM in Manhattan, but also our activities throughout Kansas. Smile when you register this fall -- our cameras may be watching.

## community

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Peace Studies  
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Socialist Study  
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Kansas Legislature  
Economic Democracy  
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ACLU  
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Estate Planning for Women  
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What is Montessori?

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Low Cost Mexico  
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Toastmasters  
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Preserving the Past

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I'm OK - You're OK  
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Life Is  
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# REGISTRATION

Well, it's that time again -- time to talk about registration. There are over 250 classes offered in this brochure and about 400 dedicated, enthusiastic and knowledgeable class leaders willing to let you in on all their well-guarded secrets. But in order to make these classes a success, we need people like you, people who want to learn and can be depended upon to attend the classes they register for. Great things may be in store for you if you are interested and do register for a class. As a result, you probably will be meeting exciting people, developing new interests, and learning and growing a bit. After you express your interest in a class by registering for it, your commitments to yourself, the leader, and the class still are not complete. Showing up is important!!! Rooms have been scheduled, class outlines and hand-outs have been prepared, and information awaits you. \*\*\*\*\* Don't disappoint yourself. Register. Attend. Enjoy. Get involved with University for Man. And please, commit more than just interest. \*\*\*\*\*

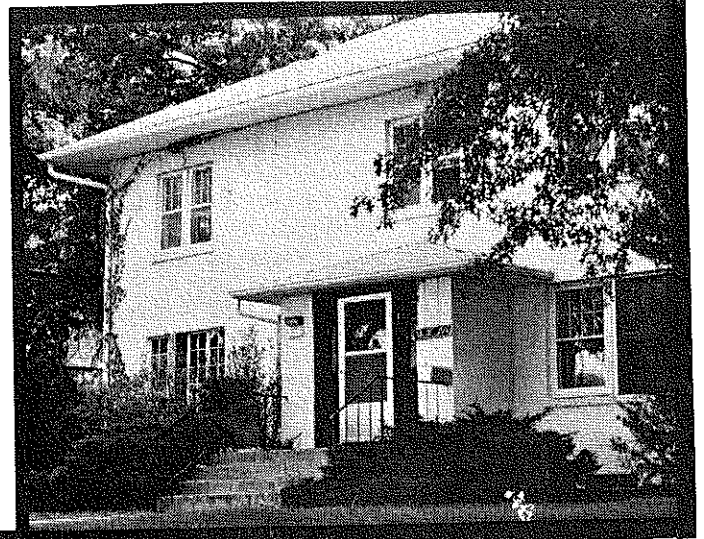
\* \* \*

Sept. 20, 21, 22	KSU Union	9am-4:30pm
Sept. 20, 21, 22	UFM House	9am-4:30pm
Sept. 20,	Public Library	9am-9pm
Sept. 20,	High School	11am-1pm

If you can't make it to one of the locations listed above, please call UFM at 532-5866 from 9am-5pm.

Please limit your call to four classes.

\* \* \*



University For Man  
615 Fairchild Terr.  
Manhattan, Kansas 66502

return postage guaranteed