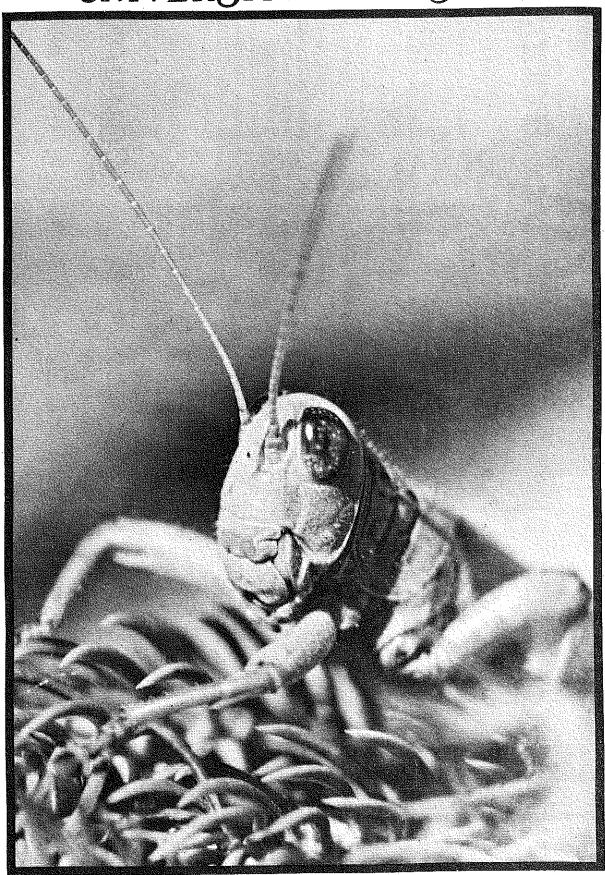
UNIVERSITY FOR MAN



SPRING '75





The incomparable satisfaction of a society in which everything knowledge and thorough good meaning abide, - doubles the value

can be safely said, in which a of life....Ralph Waldo Emerson

wise freedom, an ideal

CRAFTS

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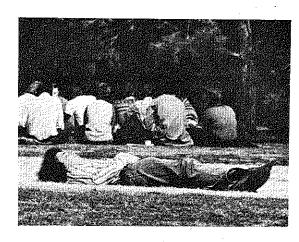
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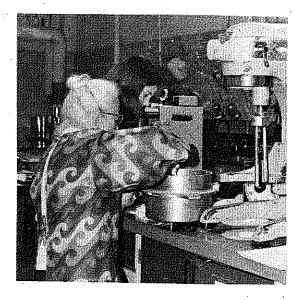
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Patchwork & Quilting
Corn Husk Crafts
Rug Braiding
Soap Making
Tatting
Chair Caning
Weaving
Spinning

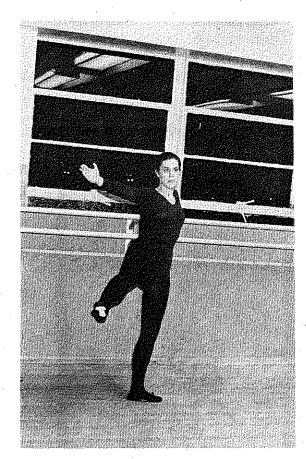
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con't earth

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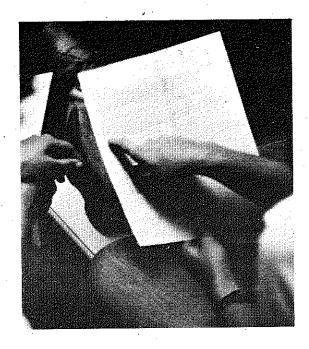
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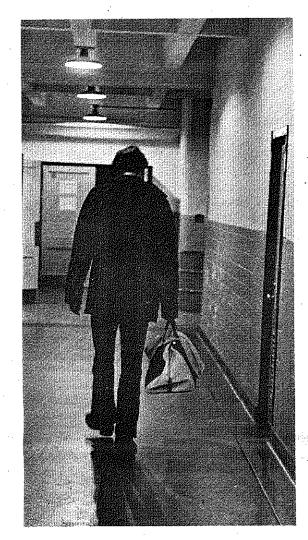
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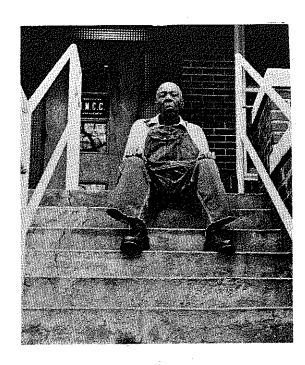
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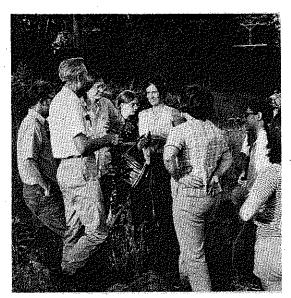
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The vintue in most request is conformity. Self-reliance is its aversion....Ralph Waldo Emerson



CRAFTS

BUILDING A DULCIMER WORKSHOP

Donald Gugler 257-3403

Tuesdays, 7:00pm Length: 5-6 weeks First Meeting: Mar 18 Location: UFM Library 615 Fairchild Terr Limit:10

The dulcimer is experiencing an upsurge in popularity in the U.S. and is becoming an interesting conversation piece in many homes. The dulcimer, long played in the hills of Southern Appalachia, is the easiest to play of any creative musical instrument-even a non-musician can make it come to life in only a few minutes. We will meet to talk about dulcimers' construction and materials needed. We will have several of the dulcimers I've made for you to look at and play. Cost will be determined by the instrument you (Mr. Gugler has wish to build. built 17 dulcimers using various materials and adaptations. He's a non-musician, but plays beautifully.)

FURNITURE UPHOLSTERY

Lois Morales

539-8867

Mondays. 7:00pm Length: indefinite: First Meeting: Feb 17 Location: UFM 615 Fairchild Terr Limit: 4

We will discuss the projects that we wish to upholster at the first meeting. Just bring a paper and pencil the first time. If you have a sewing machine we will be needing one. (Lois has taught UFM classes in antiques and upholstering and is a very talented person.)

STAINED GLASS

Natalie Brunson 539-5215 Thursday, 7:00pm Length: one time, Feb 20 Location: The Woodshed 610 N. Manhattan

Stained glass involves cutting sheets of various textured and colored glass into desired shapes wrapping with lead came and soldering joints. Window hangings can be made of such items as mushrooms, flowers, abstract designs and anything one can imagine. Tiffany lamps and windows can also be created. Mosaic candle holders are easily done by gluing and grouting on a tumbler. A single demonstration on leaded glass techniques. (Natalie began glass staining at Ft. Leavenworth and has continued here thru the Woodshed.)

CRAYON BATIK FOR KIDS

Shella Russell

539-6406 Saturday, 10:30am Length: one time, Mar 15 Location: 1218 Bertrand Limit: 6

Crayons are for things other than coloring! Let your kids create their own designs and wear them. Bring a box of crayons, a t-shirt and some cheap brushes. Ages 4-6. (Shella and her daughter Shorey have done neat things with this notion.)

INTRODUCTORY BATIK

Janice Turner 537-2381

Tuesdays, 7:30pm Length: 2 weeks First Meeting: Feb 18 Location: 1320 Flint Hills Pl

Basic information to start Batiking. Batik is a combination of painting with wax and dyeing fabric to get a printed fabric. (Janice took one course in batiking and likes it as a way to work with design, dyes and fabric.)

THE NAKED T-SHIRT

Beth Spurlock 539-6774

Tuesdays, 7:30pm Length: 4 weeks First Meeting: Feb 18 Location: UFM Living Room 615 Fairchild Terr Limit: 10

Would you hang a totally blank canvas in your living room? Then why are you wearing a stark naked t-shirt. There's something you can do about that you know. You don't? All you need is an unadulterated t-shirt (try without pockets). Come and learn how to open your mind and put it on a shirt. A small charge will be made for paints, c. \$1.50. (Beth has been doing t-shirts for two years.)

STRING ART

Margie Hedgecock

537-2834 Thursdays, 7:00pm Length: 3 weeks First Meeting: Mar 6

Location: UMHE 1021 Denison Ave

String art is a type of abstract art made with readily available materials. The materials you will need will be discussed at the first meeting. Patterns will be provided. (Margie has done many string designs using various materials.)

BELL WORKS OPEN HOUSE

Jeff Cross

Sunday , 12:00 noon Length: one time, April 20 Location: Harmony Hollow Bell Works-9 miles west of Manhattan on County 412 (Anderson Ave)

Jeff Cross, /olk Bell Founder, will have a special sandcasting of bronze bells at his studio. Pattern making, sand molding, metal casting, bell design and horse trading will be discussed. (Jeff and Peg have opened their home for UFM before and are very talented people.)

MOBILE AND WIRE WORKSHOP

Mike Kern 537-2893

Wednesdays, 7:00pm Length: indefinite First Meeting: April 2 Location: UFM Basement 615 Fairchild Terr Limit: 15

This workshop will be an opportunity to explore the various possibilities available and to experiment with materials as they relate to mobile structures--possibly we may go into wire sculpture and functional household objects depending upon wishes of class members. Prerequisites---knowing how to tie a knot, using pliers and wire cutters----costs vary according to materials chosen. (Mike is a junior in the College of Architecture, and digs making

WEAVER'S FANCY

Karen Huff/Betty Wilcox 539-5185 Wednesdays, 7:30pm 537-0529 Length: 6-8 weeks First Meeting: Feb 19 Location: 1504 Campus Rd

A forum for experienced and active weavers to exchange ideas and share experiences for mutual encouragement and inspiration. Programs for the meetings will be prepared by class members on their current interests and pro-Members must be beyond jects. beginners level. (Betty has been weaving colorful pillows, and her partner is into double weave and weaving by computer.)

COWBOY SHIRT MAKING

Sherri Alderman

539-8439

Mondays, 7:00pm Lenght: indefinite First Meeting: Feb 17 Location: 716 N. 8th Limit: 5

Greet this spring with a beautiful new cowboy shirt you designed and sewed yourself. Class to include fundamentals of pattern selection, layout, cutting, machine and hand stitching, button holes, and finishings of a cowboy shirt. Designed for only those with no sewing experience-little knowledge of how to even thread a needle. Bring some scrap material to the first evening. (Sherri is a sewer for practical reasons. She has a technique for durability, and a nice finished look, and yet says "I know nothing about the proper way to sew." She's still good though!)





functional and non-functional odds

and ends from wire & string.)

CRAFTS

TOYS FROM TIRES

John Selfridge 532-5958 Saturday, 9:00am Length: one time, Mar 22 Location: will contact

Wonderful cheap toys for backyards, playyards, and schoolyards can be made from old tires. We'll have the tools, tires and hardware to fabricate several items, with the help of the class. Bring your own tires if you want and just take a break to go get what hardware you need. (John is an architect at KSU.)

BEGINNING CERAMICS

Kathy Steiner Wednesdays, 7:30pm 537-7640 Length: 8-10 weeks First Meeting: Feb 19 Location: UFM 615 Fairchild Terr Limit: 8

SIND CARD OF HIS FOR ALL

Acquaint yourself with clay. We will try pinch pots, slab and coil building, and throwing simple pots on the wheel. Cost for materials and kilm is \$4.00. (An avid tryer, Kathy is taking classes in ceramics at KSU.)

LEATHER AND BASKETWEAVING

Diane Dollar Sundays, 2:00pm 539-6947 Length: Indefinite First Meeting: Feb 23 Location: UMHE 1021 Denison Avenue Limit: 10

We'll make it out of leather-then make a basket to put it in. If you have an interest in either, sign up, come to the first meeting and we'll put a schedule together, after discussing the rising cost of everything, which includes leather, tools and reed. (Diane is an Art Instructor at RSU, has done a lot of UFM events and is a great resource person.)

NATURAL DYEING AND SPINNING

Judy Abraham 776–7636 Monday, 7:00pm Length: one time, Mar 10 Location: UFM Living Room 615 Fairchild Terr

This is a presentation of spinning and dyeing beginning with the raw wool, then on to carding and spinning. We will talk about materials used in natural dyeing and see samples of naturally dyed wool colored by plants from various parts of the world. (Judy's a member of the KSU Art Department and has a wide background and lots of experience.)

ORIGAMI-ORIENTAL PAPER FOLDING

M. Campaan/T. Owens 539-6618 Wednesdays, 7:00pm 539-1290 Length: one time, Feb 19 Location: UMHE 1021 Denison Avenue.

This event is to demonstrate the art of paper folding-origami, and to assist the class in making art objects. Paper will be provided. (Mary and Toshiko have demonstrated origami for World Friendship.)



MACRAME

Dave Livingood 539-2920 Tuesdays, 7:30pm Length: indefinite First Meeting: Feb 18 Location: 1011 Laramie Limit: 15

Instruction on creative design in knotting. Learn the basic knots of macrame while also gaining the satisfaction of making hangers, jewelry, and wall hangings that you will be able to use and share with others. learned to macrame in a UFM class last semester and found it very rewarding and he would like to share it with others.)

MAKING A GOD'S EYE OR OJO DE DIOS

Dorothy Koepsel 539-5589 Wednesdays, 7:00pm Length: 3 weeks First meeting: Mar 5 Location: Newman Center 711 Denison Avenue

Learn how to construct a eye. Learn to select yarn, colors and variations of weaving for a God's eye. (Dorothy has been with UFM for many years.)

BEGINNING KNITTING

Eva Beckom 539-0323

Tuesdays, 7:00pm Length: indefinite First Meeting: Feb 25 Location: 310 N. 14th, Ogden

Beginning knitting will include basic skills and reading patterns. We will include 4-needle knitting for those interested. Choose a simple project and we'll go from there. Materials are not required for the first meeting. (Eva has been knitting for several years.)

FROM PATCHES TO PILLOWS

Ann Carter

539-3312 Wednesdays, 7:30pm Length: indefinite First Meeting: Feb 19 Location: 1638 Osage

Old scraps of material don't have to be thrown away or kept in a box in the attic. We'll change them into patchwork pillows, chair cushions, aprons, mats and possibly even jackets or other articles of clothing. The stuffings for pillows can even be recycled throwaways----old hose! (Ann has taught numerous classes for UFM.)

CROCHETING, NEEDLEPOINT, CREWEL EMBROIDERY, AND RUG HOOKING

Amy and Ella Meyer 539-2612 Thursdays, 7:00pm Length: 10 weeks First meeting: Feb 20 Location: 1818 Fairchild Limit: 12

Bring your project with you to the first meeting and we'll share our experience and knowledge with If you are just beginning, we can help you select your materials. (Amy and Ella have made some beautiful rugs, pictures, pillows, etc. and have them displayed in their home.)

NEEDLEPOINT

Ruth Friedmann 539-6107

Wednesdays, 7:30pm Length: indefinite First meeting: Feb 19 Location: UMHE 1021 Denison Avenue

This class is for serious needlepointers who would like to learn to design rather than use only kits. Students should bring a ballpoint pen for tracing on (Ruth has designed many canvas. needleworks, some of which are displayed at the Jewish Temple in Manhattan.) ROSEMALING

Dorothy Barefoot

539-3990

Wednesdays, 2:00pm Length: 8-10 weeks First meeting: Feb 19 Location: UMHE 1021 Denison Ave Limit: 15

We will meet so I can show you techniques of this pleasant decorative art. We will paint pictures, trays, bowls and plaques. (Dorothy has taught rosemaling for several years, first becoming interested in 1970 while in Norway.) DECOUPAGE

Elsie Colbert

539-5624

Wed/Thurs 7:30pm Length: indefinite First meeting: Feb 20 Location: 2418 Buena Vista Drive Limit: 20

We can preserve pictures, some photos, announcements, prints, etc. Bring a notebook and pictures to the first meeting. will discuss using the pictures and explain the materials. Cost for materials will be \$6.00/\$8.00. (Elsie has done decoupage since 1967 and has taught classes since the first semester of UFM.)





RILEY COUNTY HISTORICAL MUSEUM

This spring the Riley County Historical Museum is offering its sixth season of classes. This series will feature Pioneer Skills and we are proud to announce a new class on weaving. Eight other popular classes are going to be repeated. All classes will meet at the Museum, which is located in the Memorial Auditorium Building at 11th and Poyntz. Instructors are volunteers. There is no charge for

FURNITURE REFINISHING AND UPHOLSTERING

Provide your own piece of furniture, antique or not, preferably one that is portable so that you can work on it at home. The group will go through the complete process of stripping, sanding, and applying the finish. Bring 1, an old paint brush; 2, a small non-dissolveable wide-mouth containerpeanut butter jar; 3, a scraper; 4, rubber gloves and 5, \$2 fee for materials.

Instructor: Dr. Robert Groble First session: Sat, Mar 1, 9:00am. 6 sessions.

PATCHWORK AND QUILTING

Individual attention will be given to students wishing to make small patchwork items, such as pillows, place mats, pot holders, in addition to those wishing to make bed quilts, from baby to

Instructors: Barbara Poresky, Mrs. Henry Miller First session: Fri, Feb 21, 1:00pm. 6 sessions.

CORN HUSK CRAFTS

Dolls and decorations in the "olden days" had to be made from materials which were on hand. and learn how to make your own corn husk dolls, flowers, and Easter decorations. Please bring: 1, scissors; 2, thread; 3, hand towel; 4, corn husk (may be obtained from the grocery store); 5, light weight wire like "twisties".

Instructor: Barbara McFadden

First session: Sat, Feb 22, 9:30am. 3 sessions.

RUG BRAIDING

Mrs. Ellen Hoover will bring her rags, rugs, and skills, and demonstrate rug braiding. She will give instructions on how to start you on your way to turning those old rags into beautiful rugs. First session: Wed, Mar 5, 1:00pm. One session.

the classes, but a contribution to the Museum will be gratefully accepted. The students will need to provide materials or pay the instructor. For further information prior to the beginning of class, please call the Museum--537-2210. Registration may be made anytime at the Museum or at regular UFM registration.

SOAP MAKING

The basic technique will be demonstrated, with discussion of various additions which will improve the appeal of the basic product. Instructors: Jean Dallas and Nina Miley

First session: Sat, Mar 15, 10:00am. One session.

TATTING

The art of making lace with a small hand shuttle can be a nice pastime. Help keep the art alive. Bring your own shuttle.

Instructors: Mrs. Earl Ray and Mrs. A.B. Sageser First session: Sat, Feb 22, 2:00pm. 6 sessions.

CHAIR CANING

We are repeating this popular class under the aegis of our instructor: T. H. "Scotty" Craven. Bring your own chair or stool to be caned. Scotty has materials. They will cost \$3-5. First session: Sat, Feb 22, 1:00pm. 6 sessions.

WEAVING

By popular demand, we are adding weaving to our list of classes. Mrs. Lucille Hartmann, a skilled and talented weaver is conducting 3 demonstrations aimed at helping the beginner with problems. Discussions will include warping, materials, looms, etc. You must have your own loom. First session: Thurs, Feb 27, 1:30pm. 3 sessions.

SPINNING

Practice will be given on spindles with additional instruction in the use of the wheel. Discussions will include types of fibers, dyes, etc. Materials fee is \$5. Class limit 10.

Instructor: Martha Slack

First session: Sat, Mar 22, 9:30am. 3 sessions.

FINE ARTS

RAGTIME (CLASSICAL) FOREVER . . .

Dick Haines 539-2485 Tuesdays, 7:30pm Length: Monthly until June First Meeting: Feb 18 Location: 1731 Fairview

Scott Joplin, James Scott, Joseph Lam. The Bach, Brahms, Beethov en of ragtime, music as American as apple pie. We can listen to tapes (original piano rolls played by the King of Ragtime); read books ("They All Played Ragtime"); play the piano, guitar, sing or thump rhythms on the coffee table. In keeping with pure UFM tradition, there will be NO costs. Period. If you're interested in the ricky-tricky, thumb-tack, straw hat, garter music heard Bubble-Land Television, forget it. Our interest is in music, not the counterfeit stuff that continues to be confused genuine ragtime. (Dick is interested, enthusiastic, and willing to share some ragtime experiences.)

WHAT'S IT LIKE IN THE PROFESSIONAL ORCHESTRA WORLD?

Paul Ellison, Principal bassist with the Houston Symphony Musician's Representative in orchestra management negotiations, will be featured in an informal talk session at 2:30pm, KSU Auditorium, Music Wing, room 204. On Feb 18, he will as soloist with the KSU symphony in the Dragonetti Concerto for

PLAYER PIANO FUN

Frank Keller 539-8844 Wednesdays, 7:00pm Length: 4 weeks First meeting: Feb 19 Location: 2105 Blue Hills Rd Limit: 10

We will focus on do-it-yourself repair and renovation for the amateur, but we will also enjoy playing old and new tunes on some of Manhattan's players. Exchange of experiences and rolls and perhaps a player piano club will result. Everyone welcome. (This piano man has been doing UFM acts for a long time and is very good)





FINE ARTS

DULCIMER

Janice Turner 537-2381

-2381 Wednesdays, 7:30pm
Length: indefinite
First Meeting: Feb 19
Location: 1320 Flint Hills P1

For people with dulcimers who wish to share information and music. (Janice has had a dulcimer for two years. She thinks they have a unique sound and even tho' simple, there are many possibilities with sound skill and growth.)

REED ORGANS

Richard Odom 539-4777

Sign up at registration and you will be contacted

Class will deal with procedures involved in re-building and restoring antique reed organs of various types. (Richard has worked on organs for five years, has restored between 22 and 30, and has a collection of various types.)

MUSIC WORKSHOP

Steve Kaminsky
539-9386

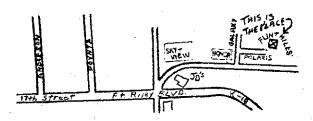
Saturdays, 1-4pm

Length: indefinite

First Meeting: Feb 22

Location: Flint Hills Theatre

Saturday afternoon get together for anyone interested in music. Everyone welcome. Share your music with other musicians interested in the advancement of music, stereo and 4-track equipment a vailable. (Steve is a many-talented local artisan.)



WINE TASTING: AMERICAN PREMIUM WINES

Jim Mitchell
532-6850 Tuesdays, 8:00pm
Length: 5-7 meetings
First Meeting: Feb 18
Location: 1110 Claflin Rd #103
(Campus East Apts)
Limit: 20

By means of comparative tastings, we will attempt to broaden your appreciation of wines. We will dispel some of the myths of wine snobbery, discuss the proper serving and storing of wine, how to decipher a wine label, how to recognize a good wine purchase, how to discriminate between a poor, good, and great wine, how to order wine in a restaurant. In general, we will attempt to make you a more educated and knowledgable wine consumer while uncorking and enjoying a few bottles of wine along the way. Must be 21 to join. Charge of \$11 per person for wine. (Jim has taught this popular class for several semesters.)

EARLY CHILDHOOD MUSICAL EXPERIENCES

Linda Roby 539-6719

Friday, 7:30pm
Length: one time, Mar 7
Location: KSU Auditorium
Room 105

This program is for ages 0-7 and is aimed at musical literary readiness. A presentation and syllabus for home guidance will be given. (Linda has an 8 year old son and has been interested in musical development for 8 years.)

BASIC GUITAR

Bill Macomber 539-6077

39-6077 Thursdays, 7:00pm
Length: indefinite
First meeting: Feb 27
Location: Douglass Center Annex
901 Yuma
Limit: 15

We'll start with basic guitar chords, chord progressions, analysis of the chords contained in popular music, and go from there. (Bill is a self-taught guitarist who has been playing for 7 years.)

AAUPP or AMERICAN ASSOCIATION OF UNITED PIPE PUFFERS

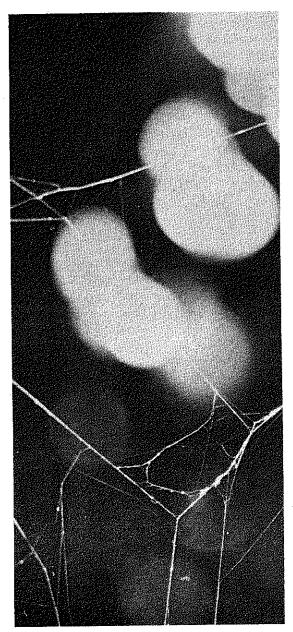
Jim Lackey

539-4281 Wednesdays, 7:00pm Length: ongoing First Meeting: Feb 26

Location: 1021 Denison Ave (UMHE)

This group is for those who can endure smoke-filled rooms, end-

less joys of huffing and puffing, sampling varieties and blends of tobaccos, and undirected pursuit of questions of large and small importance. (Jim and friends have been puffing for years and know all there is to know.)



RECORDER ENSEMBLE

Vicki Shult

537-0293 Time and place available at registration

The recorder is one of the oldest and simplest of instruments, once used to teach birds to sing. If you like early music or would like to play a recorder, rediscover the pleasure of making your own ensemble music in the traditions of Renaissance and baroque life. Classes will be arranged according to level---beginners to advanced welcome. If you don't own an instrument, arrangements can be made with the instructor. For beginners, an instruction book will be recommended. At registration, indicate your level of proficiency. (Ms. Shult has many years experience in recorder instruction and is a former member of the University of Florida Renaissance Ensemble.)

STRINGED INSTRUMENT WORKSHOP

John Hunter 539-3878

Time and place available at registration Length: one time

This will be a workshop for people who play guitars and other stringed instruments. Bring your instruments. questions, and prepare for some good playing. (John has played in and around Manhattan for several years and is an accomplished musician and teacher.)

ANCIENT CHINESE ART EXHIBIT

Rex Slack 539-7194

539-7194 Time and place available at registration

The Chinese Art Exhibit is one of "once in a "lifetime" those events. It's being held at only two locations in the U.S. and one of those is the Nelson Art Gallery in Kansas City. The exhibit the largest ever to leave mainland China, and contains fantastic examples of ancient Chinese sculpture, pottery and many The Slack family other items. will be organizing car pools to Kansas City in April and with the possibility of trips to museums and restaurants.

CHINESE PAINTING & CALLIGRAPHY

Sue Hu 539-6192

Saturdays, 10:00am
Length: 5-8 weeks
First meeting: Feb 22
Location: 925 Mission Ave
Limit: 5

Topics to be covered will include a simple introduction to Chinese painting in general, the advantages of Chinese brushes and how handle them, the relation between calligraphy and Chinese painting, and basic brush stroke practice. Other people who are familiar with this subject will be invited to do demonstrations. Materials needed: brushes with a sharp tip, silk-like material or rice paper, india ink and a small (Ms. Hu has many years experience in calligraphy and has one-year course taken a painting.)





FINE ARTS

FOLKDANCING

Enid & Lew Cocke 539-6306 Wednesdays, 7:30pm Length: 10 weeks First meeting: Feb 19 Location: Van Zile Hall Dining room

We will teach a variety of American and European folk dances, both line dances and couple We will cover several dances. basic steps such as the Waltz, Two-Step, and Polka. No prior experience is necessary. Our object is for you to enjoy yourselves, the dancing, and each other. (Lew and Enid have been folkdancing for over 10 years. Enid has studied modern dance and dance teaching methods as well.)

KATHAK - A CLASSICAL DANCE FROM INDIA

Yogesh Parikh

537-0428 Tuesdays, 8-9:00am Length: indefinite First meeting: Feb 18 Location: UMHE, 1021 Denison Ave Limit: 8

Come and see one of India's finest classical dances. Learn its unique combination of body movements and rhythmic patterns and thrill to its never-ending music. (Mr. Parikh has studied dancing for 10 years and performed at the Indian Festival of Lights. He received his BS degree in Dance.)

MODERN SQUARE DANCING

Jerry T. Huff Time and place 539-3313 available at registration

Modern square dancing puts the old stuff in with the music of our time. New movements been added to new ways of using the old movements to keep everyone moving. If you can listen to someone talk, and walk at the same time, you can square dance. Square dancing is fun for all ages and a good way to meet new friends. A donation for use of the P.A. system will be requested. (Jerry has been calling for six years, has attended callers college, and has done research on square dance history and customs this past semester.)

BACK MASSAGE

Bob Mortimer

539-4537 Mondays, 8:00pm Length: 5 weeks First Meeting: Feb 17 Location: Cardwell Hall Room 318 KSU

Limit: 20

Basic fundamentals of giving a back massage will be demonstrated in this 5 session class. Techniques of relaxation and drowsiness will be taught. It is required that participants wear a bathing suit for these sessions, dressing rooms will not be available. Materials needed are a bed sheet, a hair barrette (for long hair), a pillow, and Johnson's baby powder (small container). Powder may be shared between two class members.

BEGINNING MODERN DANCE

Sandra S. Taylor 776~4544 Tuesdays, 7-8:00pm Length: 12-16 weeks First meeting: Feb 18 Location: Van Zile Hall Dining Room, KSU

The first half of each meeting will deal with exercises. The second half of the meeting will work on abstract movements. (Sandra has taken dance instruction since the age of 8, and would enjoy sharing her interests with others.)

19th CENTURY PHOTOGRAPHY

Edward Sturr 776-5757 Thursday, 7-9:00pm Length: one time, Mar 6 Location: Justin Hall Room 226, KSU Limit: 15

This class will focus primarily on the major photographic processes that were used during the 19th century, including the daguerreotype, ambrotype, tintype, stereograph and carte de viste. Original 19th century photographs will be available for examination and discussion. Anyone having old photographs may bring them to the class for possible classification and dat-(Dr. Edward Sturr is an ing. assistant professor of art, KSU. He is a photographer and collector of photographic memorabilia.)

SUPER 8mm FILMMAKING

Mike Wood 537-8841 Mondays, 7:00pm Length: indefinite First Meeting: Feb 24 Location: 1412 Jarvis Drive

Limit: 10

The activities of the class will depend upon the interests of the assembled group. Short films can be produced on an individual basis, or perhaps one "extravaganza" can be produced with joint efforts. The medium of emphasis will be super 8mm film. A limited amount of filming equipment will be available for loan. Students considering a filmmaking project should anticipate an approximate cost of \$5 per three minutes of processed film. (Mike is employed as a media specialist at Manhattan Senior High School. He recently spent a summer studying filmmaking at USC & Universal Studios)

WHAT'S WHAT IN ANTIQUES AND COLLECTABLES

Lois Morales 539-8867 Tuesdays, 7:30pm Length: indefinite First meeting: Feb 25 Location: 1010 Bluemont

We will learn about the types of things being collected in the Manhattan area, and the prices being paid for them. We may visit shops of the area, go to auctions, view private collections, and have discussions on areas special interest. (Lois has been interested in antiques for six years and helped teach a class in antiques several years ago.)

POETRY & PALAVER

Liz Powers 776-5832

Fridays, 7:30pm Length: indefinite First Meeting: Feb 21 Location: $2\frac{1}{2}$ mi east of town on hiway 24

We will be reading our own and other's poetry, and we will talk and just gab about our thoughts and feelings either about poetry or about anything else you would like to share. Anyone just wanting to listen to the poetry is welcome also. Call for directions to house. (Liz is not an expert, but she has been writing poetry for about eight years and enjoys communicating with people.)

INDRA'S NET

Anna & Joel Climenhaga 537-7937

We have a mimeograph machine we can use & would like to publish issues of a poetry magazine to be called Indra's Net. We have contacts and would like to gather together the work of poets from many states but with the focus on poets in Manhattan. Plan to publish 3 or 4 issues this semester, hoping to continue during subsequent semesters. Those who are interested in helping in any way, please sign up or call. Indra's Net, in mystical terms, refers to the invisible threads which keep the universe together. All citizens of flying saucers welcome to come forth now to help us. (Anna and Joel are both poets, and Joel has had experience with about a dozen such efforts in his life.)

GETTING ACQUAINTED WITH CONTEMPORARY POETRY

Lyman Baker/Chuck Guilford Wednesdays, 7:30pm 537-1309 Length: indefinite

First Meeting: Feb 19 Location: UFM, 615 Fairchild Terr

A course for people who like to read and discuss poetry. We'll talk about some of the main tendancies in recent poetry and then begin to read and discuss poems by James Wright, Robert Bly, William Stafford, Sylvia Plath, Anne Sexton, A.R. Ammons, and others. (Lyman has been a member of the English Department at K-State, where he taught Introduction to Poetry.)

POETRY WRITING

M.A. Scharton 532-6721 Thursdays, 7:30pm First Meeting: Feb 27 Location: Eisenhower 12, KSU Limit: 10

This is a discussion group for amateurs interested in understanding and writing free and formal verse. We will meet as often as we like to read poems, & counsel and argue over them. After I've seen writing of class members, I'll suggest readings in poets who might serve as useful examples. It's not necessary for you to have many highly finished poems; I think we'll be more interested in problems than in past achievements. (Mr. Scharton is doing dissertation research on the modern poet Robinson Jeffers. He writes verse and has taught prose composition for six years.)



Ms. Garibay

776-5155 Tuesday, 2:00pm Length: one time, Feb 25 Location: UMHE, 1021 Denison Ave Limit: 15

I have some ideas on dishes with a Mexican flavor that I would like to share with you. For those of you who want to learn how to make flour tortillas, please bring a rolling pin and I will show you how. Cost will be shared by members of the class. (Ms. Garibay enjoys meeting people and sharing her cooking skills with others.)

BASIC MEXICAN COOKING

Dorothy Koepsel 539-5589 Wednesday, 7:00pm Length: one time, Mar 5 Location: 2815 Illinois Ln Limit: 9

The techniques for making enchiladas, chalupas, sopapillas, and burritos will be demonstrated. (Dorothy has lived in New Mexico and has traveled extensively in Mexico.)

WHAT TO DO WITH PLANTAINS

Miriam Esterrich

539-7729 Section I: - Mar 5 Wednesday, 2:00pm Section II: - Mar 20 Thursday, 7:00pm Location: UFM Kitchen 615 Fairchild Terr

We'll be making tostones and I'll give you a small idea on how to make dumplings, if interested. (Ms. Esterrich is a native Puerto Rican, and has been savoring plantains for years.)

CHORIZO

Jesus Hernandez

Tuesdays, 7:00pm Length: 1-2 weeks First meeting: Mar 4 Location: UFM kitchen 615 Fairchild Terr

Learn to make your own delicious chorizo (Mexican sausage.) there's sufficient interest we can also go into tamale making. (depending on A small donation the size of the class) will asked to cover the cost of ingredients. (Jesus learned to make chorizo from his parents and also worked at a Mexican food factory.)

MANHATTAN FOOD CO-OP

The Food Co-op was established 3 years ago with the help of UFM, students, and various people in the community. The Co-op now deals mainly with grains, powdered milk, honey, spices, and eggs, produce, and cheese when available. There is a \$1 membership fee and a work requirement. Food d is sold at cost plus 10%. Stop by Saturday mornings from 10 am to 2 pm, UFM house, 615 Fairchild Terrace for more information, or call Meg Mathewson, 776-6162.

CROCK POT COOKING

Kay Sinnett 539-6561 Wednesday, 7:30pm

Length: one time, Feb 19 Location: 1625 Leavenworth Limit: 10

I'd be glad to share what I've learned about slow-cooker cooking with any interested persons. Ten minutes of assembling ingredients in the morning can give you beautiful meals at night. (Kay has been cooking for herself and her family for 30 years. She bought a crock pot less than a year ago and has enjoyed experimenting with it.)

JEWISH COOKERY

Charlotte Edelman 539-2624 Wednesdays, 7:30pm Length: 4-6 weeks First meeting: Feb 19 Location: Jewish Congregation 1509 Wreath Ave

You don't have to be Jewish to enjoy bagels, blintzes, and chopped liver. We will discuss Jewish food customs and laws and learn to prepare several typical Jewish foods. (I am Jewish, and a good cook, and have taught cooking to 4-H'ers.)

BREADMAKING

Naomi Ossar 539-2802 Thursdays, 1:30pm Length: 2-3 weeks First meeting: Feb 20 Location: 417 Wickham Rd Limit: 6

Once you get the basic idea, you can make any kind of bread. We will make French sourdough bread, pocket bread, sandwich bread. I will lend recipes. (Naomi has been making bread for 8 years or

FEARLESS BREADMAKING

Alan Luecke

Tuesday, 7:30pm Length: one time, Feb 25 Location: UFM Kitchen 615 Fairchild Terr Limit: 15

A demonstration for beginners in which the mysteries of whole wheat bread baking will be revealed. (AIan has been a baking musician for 3 years.)

THE GREAT POTATO REVIVAL

Jim Killacky 539-8304 Sunday, 3:30pm Length: one time; March 23 Location: UFM kitchen 615 Fairchild Terr

Limit: 10

Sir Walter Raleigh not withstanding, the potatoe is really a very popular Irish staple. People have said that I can do a halfway decent potato salad, and if you would like to come and see how it might be done, you would be most welcome. If the class fills to overflowing, we will arrange subsequent meetings. is from Ireland, and loves pota -

toes--even with the skin on.)

SOURDOUGH COOKERY

Martha Hagen 539-7171

Thursdays, 8:00pm Length: 2 weeks First Meeting: Feb 27 Location: 1319 Laramie Limit: 12

Sourdough, was once a basis of bread making--let's revive it and discover sourdough in everything from cakes: to rye bread. Learn how to make your own sourdough starter or bring recipes and share them. The class will meet twice. (Cooking with sourdough is a hobby of Martha's.)

BEGINNING BAKING PRACTICUM

Roger R. Townley 539-4641 Section I: Tues, 6:45pm Section II: Thur, 6:45pm Length: 6 Sessions First Meeting: Feb 18/Feb 20 Location: Shellenberger Hall Room 109, KSU Limit: 18

A baking practicum, offered exclusively by the members of the Bakery Science and Management Science and Industry Dept's Experimental Bakery. Common Principles of bread, roll and sweet dough making and cake decorating will be explored by participants, who will be able to take home each night's work. A course outline with recipes, ingredients, and a 9-piece decorating kit are included in the \$15 fee. Please bring an apron. Class will run 2-3 hours. (Roger is a Bakery Science Major with 2 years experience with large bakeries.)







Kansas had better stop raising corn and begin raising hell.... Mary Elizabeth Lease

淡淡彩

FOODS

HOME MEAT PROCESSING

Andy Dubish
539-9276 Thursdays, 7:Q0pm
Length: 3 weeks
First meeting: Feb 20
Location: Blue Valley Methodist
835 Church Ave

Limit: 20 How to cut and wrap meat or poultry, & freezing for the number in your family. Demonstration of how to cut a chicken so that you get all of the meat. The proper knife to use & how to sharpen it. Any and all questions pertaining to cutting & wrapping will be answered. (Andy is the meat manager at a local super market, with prior experience in a locker plant.)

SOYBEAN COOKING

Chris Banner
457-3715
Mary Clarke
532-5780 Saturday, 2:00pm
Length: one time, Feb 22
Location: 1605 Leavenworth
Limit: 25

A discussion of the practical and nutritional aspects of soybean cooking. Samples of a few soybean dishes will be available. There will also be handouts of recipes and related literature, with a small donation (depending on the size of the class) to cover cost of materials. (Ms. Clarke has a Ph.D. in nutrition and works at Extension. Chris cooks one soybean meal a week.)

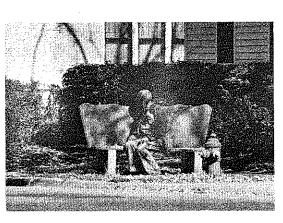
COMMUNITY

OIL AND TROUBLED WATERS - WHAT'S NEXT?

Marianne Psilos

539-7342 Wednesdays, 1:30pm Length: indefinite First Meeting: Feb 19 Location: Union, room 207

The possibility of U.S. military intervention in certain Arab countries as a response to rising oil prices has recently received frequent public comment. This class will be composed of those who want to know and those who know and are willing to discuss and explain the ramifications of a military response, and other alternatives available to the people. (Marianne is a Manhattan resident, mother, and graduate student in counseling).



COOKING WITH KIDS

Shella Russell
539-6406 Saturday, 10:00am
Length: one time, March 1
Location: 1218 Bertrand
Limit: 8

There are many things that your child can do in the kitchen that will not only instill valuable learning skills, but will also be of help to you. We will prepare simple dishes, learn about food and eat it—as well as clean up. Cost for food is \$2. For boys and girls 4-6 years old. (Shella is a student at K-State in Home Economics Journalism and has a 5 year old daughter.)

JELLY MAKING

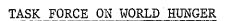
Crystal Leasure
776-5638 Wednesday, 7:30pm
Length: one time, Apr 16
Location: UFN kitchen
615 Fairchild Terr
Limit: 10

I will be demonstrating how to make jelly and how to sterilize and fill jars. We will discuss how to extract juices from fruit, and the differences between jams, jellies, and marmalade. (I have several years experience in making jelly, and would like to share my knowledge with others.)

YOGURT MAKING

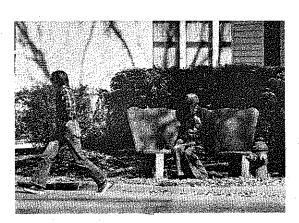
A1 Weyerts/Doris Hoerman 539-5087 Saturday, 10:00am 776-7500 Length: one time, Mar 22 Location: 303 N. 16th

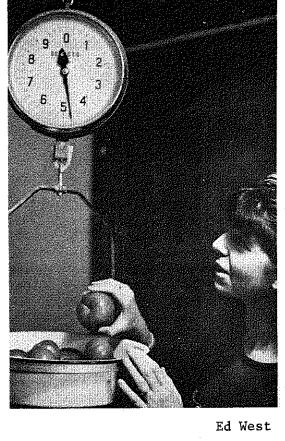
Al will demonstrate a simple and easy way to make yogurt in an ice chest. Doris will show how to prepare an East Indian recipe for Yogurt Rice. (Al makes about a gallon of yogurt each week. He will be glad to give some starter to anyone who wishes it.)



Dave Stewart
539-3051
Sundays, 3:00pm
539-6847
Length: indefinite
First Meeting: Feb 16
Location: Baptist Campus Center
1801 Anderson Ave

It will be our purpose to exchange pertinent information about the world hunger crisis, to determine what we can do locally and to organize activities which will achieve a caring response to this concern. After the first meeting we'll seta regular meet-(Dave is an American ing time. Baptist campus minister. He recently attended a consultation on the United world hunger at Church Center in New Nations York).





BREWING YOUR OWN LAGER BEERS

Paul Psilos 539-7342

Mondays, 8:00pm Length: 4-7 weeks First Meeting: Feb 17 Location: 1819 Poyntz Limit: 6

It is easy to make home -brew. It is only slightly more difficult to brew lager beer superior to any domestic beer. (Lager * beer fermented at cold tempera-We will try to acquire tures.) some in-depth knowledge of how to use the necessary tools, of the ingredients and additives, and of the processes available to the home brewer. We will also spend some time discussing what causes home brewing failures and how to prevent them. Fee: \$2 for materials. (Paul is an English professor who has been brewing lager beer for three years.)

WORLD HUNGER

537-0518 Sundays, 10:00-10:50am Length: 6 weeks First Meeting: Feb 16 Location: 1st Presbyterian Church 801 Leavenworth

These seminars about food, people and nutrition will be moderated by Dr. Carroll Hess and other College of Agriculture faculty including Dr. Mary Clarke, Dr. William Hoover and Dr. David Lineback. Subjects will include the effects of hunger on people and institutions, difficulties of growing and delivering acceptable food to people and alternative solutions to the food crisis.





COMMUNITY

SMALL BUSINESS MANAGEMENT

Dr. Barton-Dobenin Calvin 108 Time and place available at registration

Small business management; basic concepts related to managing or operating a small firm. Topics are: accounting, finance, personnel marketing, advertising, etc. Sign up and you'll be contacted. Or. Barton-Dobenin teaches small business management at KSU).

PAROLE AND PROBATION VOLUNTEERS

Caroline Peine 532-6432

2 Mondays, 3:30pm Length: thru' April First Meeting: Feb 17 Location: Union, room 207

Looking for a chance to do a real job on a volunteer basis? Join us as a parole and probation volunteer. Clients will be from the municipal and/or county courts. Upperclass status preferred. (Caroline has been leading this program for several years.)

THE CORNER COP

For group or individual discussion with the police, contact Al Myers at 537-2990.

воок со-ор

Some folks in our community are interested in finding other people who would like to form a book co-operative. The idea is to exchange books for classes, or pleasure, by way of trade or very minimal costs. If this tickles your fancy, sign up at registration and you will be contacted.

POLITICAL AWARENESS COMMITTEE

Jeff Pierce/Steve Ernst
537-7688 Tuesdays, 6:30pm
539-7069 Length: indefinite
First Meeting: Feb 18
Location: Union Courtyard

Individuals desiring a free hand to discover and explore political issues are encouraged to join and participate in the Political Awareness Committee. This group is committed to the development individual understanding of significant political issues that effect all of our lives. Means the dissemination of this understanding are varied and include the Contemporary Issues Forum (a weekly panel discussion) workshops, speakouts, sit - ins, marches, demonstrations, etc. You are welcome to join us. and Steve are in the Political Science Department and are active in many student organizations).

WORLD FRIENDSHIP

Elfrieda Nafziger
539-2447 Tuesdays, 9:30-11:00am
Length: indefinite
Location: 1st Presbyterian Church
801 Leavenworth

World Friendship seeks to foster friendships between international and American women, acquaint new arrivals with the community and its facilities. Activities include interest groups such as cooking, sewing, handicrafts, conversational English. Transportation and nursery care are provided. Volunteers are needed to lead interest groups.

PLAY GROUP

Liz Silberman
537-0372

Tuesdays, 10:00am

Length: indefinite

First Meeting: Feb 18

Location: 1520 Harry Road

Limit: 10 families

Iwould like to form a parent participation play group for children approximately 18 months to $2\frac{1}{2}$ years old. Gatherings would be once or twice a week to provide companionship for both children and parents. (Liz is the mother of a two year old child, and is anxious to develop this idea.)

BIKEWAYS FOR MANHATTAN

Barbara Rees League of Women Voters 539-6174

Twelve thousand bicycles exist in Manhattan according to last year's study done by KSU engineering students. For safety's sake, we need bicycle lanes and paths to help separate cars from bikes. Would you like to help convince our city commissioners that a bikeway system is important in Manhattan? We need your help for this big project.

ADULT BASIC EDUCATION CENTER

776-4511

2031 Casement Rd

Hours: Mon-Fri 9:00am-12:00noon Mon-Thurs 6:30pm-9:00pm

Open enrollment and instruction is available for an adult 16 years and older not enrolled in high school. Tutoring for GED tests is available in reading, math, grammar, social studies, science, and literature. Specialized help in remedial reading and mathematics is also available. Classes also include English for foreign born people and preparation for US citizenship.

FLINT HILLS TOASTMISTRESS CLUB

Rosemary Crist/Mildred Walker 539-4476 Mondays, 7:30-9:00pm 539-7159 Length: continuous

This group is a part of the international Toastmistress clubs, aimed at self-improvement. Meetings are held every second and fourth Monday night. Dues are \$12.50 per year. For more information, call the numbers listed above.

JAIL VISITATIONS

John Graham 539-7884

Volunteers are needed to assist with visits to prisoners at the Riley County Jail. Along with personal visits, some library work would be involved. This program requires minimal time, but on a regular basis. (John is pastor of the First Presbyterian Church.)

SEE AMERICA-(MOSTLY FOR FOREIGN STUDENTS)

Warren Rempel 539-4281

Mar 8-16 Limit: none

"Rio Grande Odyssey", a nine-day trip during Spring vacation, through the Rio Grande Valley of New Mexico: America's richest cultural area, with it's four cultures intermixed and offering a most unique experience, both culturally and geographically: Taos, Santa Fe, Alburquerque, Indian villages of New Mexico, White Sands, Carlsbad Caverns, Juarez (Mexico). A fun trip! For information, call Warren.

THE LEARNING EXCHANGE

An "over the phone" free university, a human resources library, a way of bringing together people who want to learn with people who can teach them - these are all ways to describe The Learning Exchange. Say, you would like to find a chess partner, or a sewing teacher, or you'd like to teach Swedish. Call the University Learning Network at 532-6442 and let them know what you're looking for. They will either match you up with someone in their files or take your name in the event that someone calls in. The Learning Exchange also has a Speakers Bureau with people who can talk on varied subjects. The Learning Exchange is designed to be used. No need to be shy. Take advantage of it.



ALTERNATIVES WARCH 3-6

monday people to people

HOTLINE MINI-CONFERENCE

Sponsored by the Fone Crisis center in hopes of gathering with other hotline-crisis centers to share knowledge, ideas, and problems with one another in order to improve their general services. 9:30am - 4:30pm, Union, Big 8 room.

LAMAZE METHOD OF CHILDBIRTH

Is childbirth, and preparation for it, for women only? Proponents of this method say no. Discover how both parents can be involved in the birth of their children. 9:30, Union, rm. 213.

INTRODUCTION TO TRANSACTIONAL ANALYSIS

The first half of the two hour session will be an introduction to the basic concepts and tools of the I'm OK - You're OK philosophy. Demonstrations of TA techniques will follow. 10:30, Union, rm. 213.

ALTERNATIVE FAMILY STYLES

Ever wonder what it would be like to be in an open marriage, or to be a househusband? Come find out about these non-traditional family styles and others, from people who are living them now. 10:30, Union, rm. 205 ABC.

FUTURE SHOCK

THE REPORT OF THE PARTY OF THE

Based on Alvin Toffler's book, this film is described as "...the beginning of future consciousness." The range of topics treated is so broad that viewers are challenged to look deeply into their own lives and think about the kind of future that awareness, concern, and control could make possible. Topics include: human relationships and behavior, test tube babies, cloning. 10:30, 12:30, 3:30 Union, Little Theatre.

SUICIDOLOGY

A panel discussion on suicidology, with emphasis on the relationships between suicide and college students. The session will include discussion on the nature of suicide attempts and what they represent, types of depression that can lead to suicide attempts, and the move towards broader definitions of suicide. Audience participation is encouraged. 12:30, Union, Big 8 room.

HUMAN SEXUALITY

One of the myths of sexuality is that it is defined strictly in terms of sexual contact. But the realm of sexuality encompasses all aspects of life - social, emotional, physical, etc. This session will be an open discussion of human sexuality and what it means to you. 1:30, Union, rm. 213.

WOMEN AND THE FINANCIAL CREDIT SYSTEM

Economic discrimination against women comes in many forms, and our present credit system is a major culprit. Learn the laws and your rights. 2:30, Union, rm. 205A.

BODY COMMUNICATIONS

What you mean to imply verbally is not always understood. If you ever wonder why, keep in mind that often actions speak louder than words. Join us and learn how to interpret your body's actions as others do, and explore the implications of non-verbal messages. 2:30, Union, rm. 212.

ASSERTIVE TRAINING

How do you react when someone pushes ahead of you when you are standing in line? Do you speak up or do you ignore the act? The assertive training presentation provides some methods for defending your rights without being overly aggressive. 3:30, Union, rm. 205ABC

DEATH AND DYING

Death is a social and psychological phenomena as well as a human biological fact. As cultural phenomena, it goes in and out of style as public concern does. The shape of that concern differs from one setting to another. The current concern has foundations in technoscientific medical advances. By exploring and expounding our fears and attitudes about death and dying we may come to live more fully. Each of us must do our own dying and living. Many knowledgeable people with a variety of personal, academic and clinical experience will be on hand. 3:30, Union, rm. 213.

tuesday political/social

URBAN DECAY

Are American cities destinged to decay and self destruction? In presenting alternatives to present urban problems, discussion will go into social problems then to present alternatives to reverse or curb the present urban problems. Problems such as revenue sharing, urban renewal, inner-city decay, money problems, model cities (Toronto) and the inputs and outputs of the poor into community decisions. 9:30, Union, Big 8 room.

WHISTLE BLOWING: A NEW PATRIOTISM

Consumers across the country are realizing their power and responsibility to "blow the whistle" on those companies that abuse the consuming public and the public in general. The session will include a film featuring Ralph Nader and cases against Union Carbide and General Motors — when consumers like you and I, blew the whistle. A discussion led by members of the Consumer Relations Board and Social Accountability of Industry will follow. 10:00, 2:00, Union, rm. 212.

UTOPIAN POLITICS

War, peace, poverty, civil rights, economic alternatives to capitalism, Mao, Ayn Rand, world government. With so many divergent ways to go, when and will things ever get together? Utopia or oblivion? It was Utopians who traced the lines of the first city . . . out of generous dreams come beneficial realities. Utopia is the principle of all progress, and the essay into a better future. Will it come through social engineering or some kind of hedonistic orgy? Is earthly paradise possible or are our attempts at such ideals destine dystopia? There are many doors to utopia. Via political science, philosophy, literature, and economics, we would like to open some of the doors, hopeful. for a fresh breath of optimism. 10:00, Union, rm. 212.

DEATH AND DYING

Euthanasia, suicide, and any life taking action is unlawful in this country (except war). Mercy and villany have no distinction in the laws to protect those who partake in a life taking situation with no malice or selfish motive. Are we to be deprived of our final right to die with dignity? Advancing medical technology has raised many questions not only of the right to life but of the right to death. We need to discuss, discover and implement alternatives to presently unsatisfactory situations. We want to discuss euthanasia, brain death, what constitutes a person, ambiguous and unresponsive laws, motive and lifeboat ethics 2:00, Union, rm. 206ABC

KENT STATE: MAY, 1970

Questions about dissent, the use of military force in police actions, and the system of justice in our country are raised in this documentary film. It reconstructs the tragic events at Kent State during the summer of 1970 and includes a rarely shown 8mm sequence of the volley fired into the crowd by the Ohio National Guard. 10:00, 12:00, Union Little Theatre.

wednesday - education

TRENDS IN HIGHER EDUCATION: COMPETENCY BASED ED.

A competency based program is one in which the competencies to be acquired and demonstrated by student and the criteria to be applied in assesing the competencies of the student are made explicit and the student is held accountable. What does CBE hold in store for higher education and learning styles? 10:30, Union, rm. 203.

UNGRADED SCHOOLS

The advantages and disadvantages of schools which do not draw divisions by age or grades. How does it effect learning and the self concept of children? 11:30, Union, rm. 204.

SEXROLE STEREOTYPING IN THE CLASSROOM

What factors contribute to sex role stereotyping and inhibit optimal self development for both sexes? A look at literature, sexist attitudes, classroom sex roles. 1:00, Union, rm. 213.

TRENDS IN ELEMENTARY SCHOOL: COMPETENCY BASED EDUCATION

New styles of learning for elementary age kids - how does CBE compare of differ from other trends? 1:30, Union, rm. 207.

NON-TRADITIONAL STUDY-KSU & ELSEWHERE

Universities Without Walls - Open Learning Systems - Credit for Experience - College at Home. What are they? Panacea? Rip-off? Are these for you? Open discussion on the program at KSU and others. 2:00, Union, rm. 213.

DRUG ABUSE EDUCATION

A discussion of recent history and evolution of drug education. Emphasis will be placed on past mistakes, current progress and possibilities for the future. 2:00, Union, rm. 203.

NEW SCHOOL: OMAHA, NEBRASKA

An alternative school for kids, ages 4 - 13, a model school in Nebraska, the kids will deliver workshops of animated films they've created, poetry, futuristiks, how their day operates, why and how the school was started and developed.

PACER'S: KANSAS CITY, MO.

An alternative school for elementary students. They will share "a day in the life" of their school, curriculum, futuristiks, folk dancing — the kids are coming and will present the workshops.

MONTESSORI: TOPEKA, KS.

Displays of Montessori equipment and how it fits into the Montessori philosophy. Slide show and talks will be given by the staff. How does the Montessori philosophy provide development for young children?

ST. ANDREW'S: ABILENE, KS.

Once a "traditional school," turned into an open classroom by tearing down walls and building in a new philosophy. They would like to share their philosophy, how and why the school was created, and its impact on the community. Displays and slides of school will be available.

thursday - energy

FOOD CRISIS

The world has now entered into a massive food shortage. More and more countries cannot produce or import enough food to take care of its populace. New developments and changes are necessary to terminate this crisis. A look at present and future distribution, production, processing, and nutritional aspects of food. 9:30, Union rm.212.

MATURAL RESOURCES (ENERGY CRISIS)

Natural resources are finite. A real and long lasting energy crisis is beginning and we must prepare for it. Discussion of the situation of natural resources, energy production, governmental action and alternative energy sources being developed. 10:30, Union, rm. 213.

POPULATION

One of the major catalysts for the world's problems is the ever increasing number of people. Conflict and competition for limited space, materials and resources have produced many world tensions. To perceive the population explosion and its implications one should explore Zero Population Growth, sex education, urban planning and most importantly family size. 11:30, Union, rm. 206ABC.

SOCIAL ENVIRONMENTAL IMPLICATIONS (FUTURES)

What is the environmental impact on society? How are social problems such as crime, hunger and the like related to the environmental, energy and food crisis? What will occur in 10 - 60 years is such problems are not offset? These questions and more will be examined. 1:30, Union, rm. 212.

THE 25¢ MEAL

Think the 25¢ meal went out with the 5¢ cigar? Here's a chance to enjoy one of many good, low cost, nutritious meals that can still be had for only a quarter. Lunch will be served from 11am - 12:30pm (or until food runs out). Thursday, March 6, UMHE, 1021 Denison Ave.

ENVIRONMENTAL ETHIC LECTURE AND WORKSHOP: ALAN GUSSOW, ARTIST, AUTHOR AND TEACHER

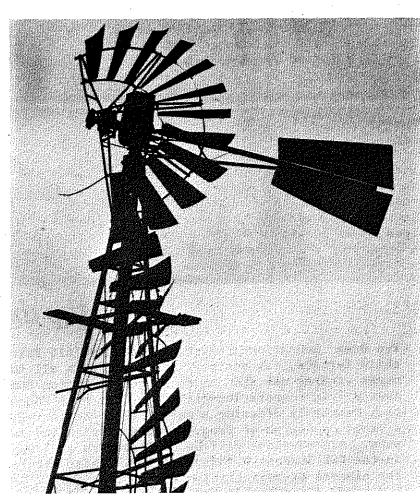
Gussow, an artist in residence for Mother Earth and a representative for the New York task force on parks and recreation, will deliver an address entitled: "At Home in the World." He was the creator of "A Sense of Place - the Artist and the American Land," "You are What You See - an essay on Visual Pollution," and "the City as a Biological and Cultural Habitat." Gussow is one of the most provocative, innovative and creative artist/environmentalists of our time. This presentation will provide a magnificent finale to this week of alternatives and will be very worthy of your presence and participation.

1:30 FORUM HALL

P. C. B. C. V. C. D. C.

DISPLAYS:

Alternative foods in room K throughout day.
Alternative energy display in Union Courtyard.
Alternative structures outside Union.
Tours of alternative energy development at KSU.
Tours of food processing center and similar food displays in afternoon.



arts & crafts fair

ARTS & CRAFTS FAIR

The Arts & Crafts Fair will be March 4 (Tuesday) in the KSU Union. Students in Architecture and Design will construct an inflatable structure in the Union near the mobile. Inside the structure, from 9:30 to 3:30, will be artists and craftspersons demonstrating, exhibiting, and selling their particular speciality.

BELL FOUNDING
SILVERSMITHING
CANDLES
WORKSHIRTS
GOD'S EYES
STRING ART
DRAPED FIGURES
WOODCARVING

LEATHER
LANDSCAPE PAINTING
STAINED GLASS
DULCIMERS
CANVAS PAINTING
SPINNING WOOL
MUSEUM CRAFTS
PAINTED OIL PLAQUES

V. 45. F.



the medical series

In an effort to offer more than one perspective on any particular medical topic, we have adopted a new format for the series. Each program will draw not only on the expertise and knowledge of a doctor, but also a variety of other medical health personn el. The series will be held both on and off campus intan attempt to provide an opportunity for more university-community interaction. All meetings are on Wednesdays at 7:30pm except the first.

Feb 18 WHAT WOMEN SHOULD KNOW ABOUT THEMSELVES-- (Tues) SELF HELP OR NOT?

Carolyn Wickencamp, M.S. Robert Heasty, M.D. Charlene Wheeler, R.N. Diane Rausch, N.O.W.

Location: KSU Union, Rm 205B

Feb 26 THE MEDICAL/EMOTIONAL ASPECTS OF RAPE

Dana Hughes, R.N.

Jolene Baker, Rape Crisis Team

Rex Fischer, M.D.

Ann Hosler, Police Dept.

Location: KSU Union, Rm 207

Mar 5 V.D. AND MALE BIRTH CONTROL

Fred Freeman, M.D.
Tonda Highley, Counselor, KSU

Location: KSU Union, Rm 207

Mar 19 FAMILY PLANNING FOR LOW/MODERATE INCOME FAMILIES

Melinda Cook, Health Dept. Cathy Chalkley, L.P.N. Ronald Freeman, M.D.

Location: Douglass Center Annex, 901 Yuma



Mar 26 GOOD HEALTH CARE FOR CHILDREN — AND HOW TO FIND IT

Herbert Crane, M.D.
Judy Schrock, R.N., Health Dept.

Location: Douglass Center Annex, 901 Yuma

Apr 2 HEALTH AND ADEQUATE MEALS WHICH YOU CAN AFFORD

Members of KSU Food & Nutrition Dept.

Location: Douglass Center Annex, 901 Yuma

Apr 9 WHAT THE HEALTH PROFESSIONS CAN & WILL DO FOR YOU IN MANHATTAN

George Bascom, M.D. Allen Davis, Guidance Center Judy Schrock, R.N., Health Dept.

the lawyer series

Thanks to the gracious cooperation of several local attorneys, University for Man is once again able to offer sessions on important current legal issues. We hope these offerings will be of interest and benefit to the community. Audience participation is strongly encouraged. All sessions will be at 7:00 pm in the Manhattan Public Library Auditorium at Juliette and Poyntz.

- Feb 25 DIVORCE AND MARRIAGE LAWS
 What they're all about in Kansas.
 Richard Seaton
- Mar 19 FAIR CREDIT REPORTING ACT
 How it can effect each of us.
 Robert Littrel1
- Mar 25 WILLS AND ESTATES

 The do's, don'ts, and why's about
 estate planning and preparing wills.

 Don Hill
- Apr 8 THE LAW AND CHANGE

 How citizens can have impact on the
 various decision-making processes
 that affect our lives.

 Donn Everett

This series is co-sponsored by the KSU Pre-Law Program, Department of Political Science. We are grateful for their support.

the drug series

The Drug Education Center, located at 615 Fairchild Terrace, is actively concerned with all aspects of drug use and abuse in the Manhattan Community. In cooperation with UFM, the Drug Education Center is offering a series that deals with a broad spectrum of drug related topics and issues. All sessions will be on Thursdays at 7:00pm in the KSU Student Union, room 203. Please sign up for classes at registration.

- Feb 20 A.A.: ALCOHOL IS A DRUG
 Mr. Albert Glick, a five-year member of
 Alcoholics Anonymous, will discuss symptons and phases of alcoholism. He will
 present a member's point of view of the
 Nation's Number One Drug.
- Feb 21 PRIMER ON ILLICIT DRUGS

 This session is a must for those interested in learning about the illicit drug scene. The session will explain the various types of drugs in the Manhattan area and will impart a broad knowledge of the illicit drug world.
- Mar 6 FAMILY DRUG USE
 Dr. Anthony Jurich, assistant professor of
 Family and Child Development at KSU, will
 discuss the family, and its licit as well
 as illicit drug use in the twentieth century.

Mar 20 STREET DRUGS In July of '73, the KSU drug analysis program reported that 51% of the samples they

gram reported that 51% of the samples they analyzed were misrepresented and sold for something they actually were not. The session will concentrate on the misconceptions and misrepresentations that encircle the "street drug" world.

- Mar 27 HEROIN IN PERSPECTIVE
 What is Heroin? What does it do to you?
 How "good" is it? Rod Taylor, co-director
 of the Drug Ed. Center, will historically
 follow the use of opiates in the United
 States as well as discuss many of the current attitudes and beliefs that encircle
 the world of heroin.
- APR 3 PHARMACOLOGY

 Is an upper the opposite of a downer? Does speed kill? Is PCP dangerous? Dr. Dan Upson, Professor of Pharmacology and Assistant Dean of Veterinary Medicine will discuss the physiological effects of druguse and explain how specific drugs affect you biologically.
- Apr 10 THE SOCIO-CULTURAL EFFECTS OF DRUG USE
 Rod Taylor of the Drug Educ. Center staff,
 will discuss the effect of drug use on our
 society and explain how society stands on
 specific licit and illicit drugs.



EARTH

THE FLINT HILLS REDISCOVERED

Dr. C.P. Walters
532-6724 Wednesdays, 7:30pm
Length: 3 weeks
First Meeting: Apr 2
Location: Union, room 207

If only these hills could talk... they would tell us, firsthand, of their days beneath the seas, the ice age, of the Indians who lived in the valleys and whose artifæts dot the land. Did you ever question what caused sink holes, or why Interstate 70 is sinking? Bring your questions about the land where we live. Discussion slides and at least one field trip are. planned. (About Dr. Walters...a member of the local Audubon Society says: "I learned more about how the Flint Hills area developed from one of his talks than I did in a whole semester.)

BASIC SURVIVAL & LAND NAVIGATION

Tom Bell/Dennis Lacey
Pershing Rifle Club
532-3602 Mondays, 7:00pm
Length: indefinite
First Meeting: Feb 17
Location: Military Sc. Bldg, KSU
Limit: 30

The areas to be covered are designed to give a broad base with an understanding level directed at concepts rather than details. Areas we will deal with include: compass, and map reading, psychological aspects of survival, basic firecraft, shelter in the wildnerness, care and use of basic equipment and clothing, food and water procurement, and medical and personal survival tactics.

SOLAR ENERGY & ECOLOGICAL LIFESTYLES

Wes Jackson 1-823-8967 Tuesday, 8:00pm Length: one time, Feb 18 Location: Union, room 205A

With a little over a score of years left in the century, we face the shocking realization that we have gone too far too fast and too heedlessly. Now we are forced to cope with some of the consequences of our "progress" as a species. Lifestyles must be altered and technology must be tamed. This evening discussion will be centered around building solar energy collectors and will emphasize ecological lifestyles of low consumption. (Wes is a professor on leave from the Environmental Studies Center, California State University at Sacramento.)

GREENHOUSES AND COLD FRAMES

Jim Hanlon/Jim Welborn
539-0469 Thursdays, 7:30pm
Length: 2 weeks
First Meeting: Feb 20
Location: UFM Living Room
615 Fairchild Terr

We will discuss the fundamentals of gathering solar energy for plants; design greenhouses and cold frames utilizing available materials, and later will work on a greenhouse already underway. (Jim and Jim are advanced architecture students concerned with energy and "natural" design.)

HOUSE PLANT APPRECIATION

Barbara Umbach/Nicholos Froelich
537-1403 Saturdays, 2:00pm
Length: indefinite
First Meeting: Feb 15
Location: UFM House
615 Fairchild Terr
Limit: 25

A broad course for beginners and hobbyists with exchange of ideas (and maybe cuttings) on such topics as: Innovative containers, artificial lighting, adapting the house for plants, starting your own February garden, trimming, propagation, sick plants, terrariums, building a growth chamber, plants tolerant to gas heating, etc. We will have practical demonstrations and a field trip or two. First meeting to redefine topics and meeting times. has taught the class twice before and Nick is a hort. major who is well versed in these topics.)

HEALTH FOR YOUR HOUSEPLANTS

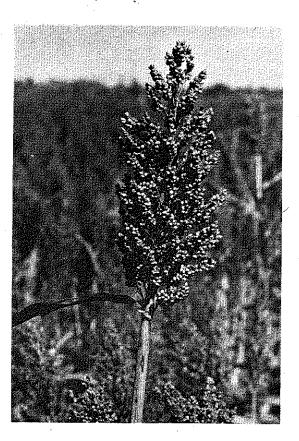
June Blenn
456-7640 Time and place to be
announced
Length: one time
Limit: 15

This will be a general workshop session in which advice is given and questions answered on house-plant care. Particular attention will be given to soils for healthy plants. (June has worked at the Wamego Greenhouse for over 15 years and is an expert in most phases of plant care.)

COMMUNITY GARDENS

Doris Hoerman 532-5866

This year, more and more people are turning to "growing their own" as a way of putting good, cheap food on the table. This spring UFM and the Project Area Committee will be working to establish community gardens in Manhattan. Volunteers will be needed in all phases of gardening from clearing the land to plowing to possibly even digging a well. Experienced gardeners are especially needed to be at the gardens and answer questions about gardening that might come up. If you have the time and desire to help out with this project, call Doris at the above number.



PLANT RAP

Tom Hittle
_776-6764 Wednesdays, 7:30pm
Length: indefinite
First Meeting: Feb 19
Location: Congregational Church
Basement, 700 Poyntz
Limit: 12

Whether you are concerned with plant identification, plant propagation, terrarium planting, cacti, sick growies, or landscape uses, we'll rap about it. From vegetable gardens to general culture of house plants, you can learn and exchange ideas. Just bring your plants and your enthusiasm. (Tom, a horticulture graduate, is in landscape architecture and is concerned with all uses of plants in the home and on the land).

ORGANIC GARDENING

Felix Powers
776-5832

Tuesday, 7:30pm

Length: one time, Mar 4

Location: UFM House
615 Fairchild Terr
Limit: 20

Mr. Powers will share his experiences with organic gardening, including insect control without insecticides, composting and sheet composting, and companion planting. (Mr. Powers has 5 years experience in organic gardening and runs a fairly self-sufficient farm.)

INDOOR GARDENING FOR KIDS

Dick Mattson

532-6170 Saturdays, 9:30-11:30am
Length: 4 weeks
First Meeting: Mar 8
Location: Douglass Center Annex
901 Yuma
Limit: 20
Age: 12 or younger

Growing children have a natural interest in all growing things including green plants. course will demonstrate to the child the basics of how to grow plants and flowers indoors. Demonstrations will be given on how to propagate and care for many species of plants. Horticultural skills will be stressed and developed during class sessions. Projects will include dish gardens, bottle gardening, foliage plants, mini-greenhouses, starting vegetables for the garden, etc. (Dick is a professor of horticulture. He and his students will conduct this course).

EDIBLE PLANTS

Sue Maes/Max Miller
539-8304 Mondays, 6:00pm
539-3488 Length: 2 times
First Meeting: Apr 21
Location: 3117 Bermuda Lane
For Rides Call: 539-8304

While there may not be "gold in dem dar hills" there is a vast quantity of food. Come stalk the wilds with us as we learn about the vast variety of meals which can be prepared from dandelions; nettles, pollen from cattails, and much more. Abandoned farmsteads, old fields, stream banks, swampy areas and even vacant lots are the finest foraging sites. We'll meet at Max's house and take off from there. Bring edibles you've collected. (Max and Sue have been collecting and sharing their edible finds through UFM for three





EARTH

SAUNAS AND SWEAT BATHS

Capt. Fairblossom Sunday, 10:00am, 1:00pm, 4:00pm Length: one time, Feb 23 Location: You will be contacted Limit: 10 per session

Capt. Fairblossom will discuss design and construction of saunas and sweat baths. Everything from field sweat huts, to redwood saunas, to portable inexpensive. saunas for basements will be considered. Limited to persons who are interested in building their own saunas. (The leader is an expert in this subject with a long background of building and use.)

BEE KEEPING

Dell Gates 532-6154

Monday, 7:00pm Length: 2 weeks First Meeting: Mar 10

Location: Waters Hall, room 124, KSU

Limit: 20 The fundamentals of what is needed to start an apiary will be demonstrated by showing equipment and a slide show on local hives. With the change in temperature taking place it will be too dangerous to work around a hive. However, when the temperature stabilizes, an outing is possible. The second meeting will be held Thursday, March 13. (Dell is an Entomology Extension agent.)

BONSAI - THE ART OF MINIATURE TREES AND LANDSCAPES

Gary Penn 238-7909

Wednesday, 7:00pm Length: one time, Feb 26 Location: Union, room 204

Limit: 20 The Bonsai were first owned by wealthy nobles in Japan, found and collected when they were several hundred years old, dwarfed and stunted by nature. Gardeners then realized that it would be possible to create artificial dwarfs from a seed from that apple or orange you ate and train your own masterpiece. This will be a demonstration. (Gary has led many workshops on Bonsai trees both in Junction City and for television.)

DOING FOR YOURSELF

Jim & Nina Miley

776-5420 Thursdays, 7:30pm Length: indefinite First Meeting: Feb 20 Location: UFM, Library 615 Fairchild Terr

We have learned to do a few things pretty well and would like to pass them on. We can't make you self-sufficient, but you can be a little less dependent on the corporate octopus. Learn to make beer and be free of Budweiser forever. Here's a few of the things we do: make good beer, yogurt, breads, butter, healthy crackers, noodles, soap, raise all our vegetables and put them by, raise and slaughter our own animals---rabbits, chickens pigs. We also have a few tips on older house renovation and thrift store buying. We can talk about which things to do at the first meeting. (Jim and Nina have lived on a small farm for $3\frac{1}{2}$ years and have had good and bad times. This course comes from all those times.)

TROPICAL FISH AS A HOBBY

Bill Schardein

293-5584

Thursdays, 7:30pm Length: indefinite

First Meeting: Feb 20 Location: UMHE, 1021 Denison Ave

This is a group with two purposes: one, to answer questions and assist those with a beginning interest in tropical fish - e.g.setting up aquariums. The second purpose is to establish an aquarium club so that all with an interest—beginning or advanced will have a network to share, exchange and learn what there is to know about tropical fish. (Bill is the aquarium manager at a local plant store.)

BIRD WATCHING

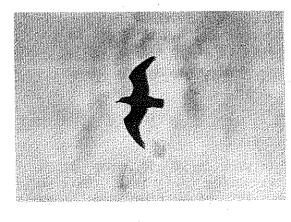
Roxy Becker/Doug Hoseney

537-1987 Wednesdays, 7:30pm

Length: indefinite First Meeting: Feb 19

Location: UFM, Library 615 Fairchild Terr

Limit: 8 If you enjoy birds and want to get together with a few fellow get together with a few fellow bird lovers, take Sunday mornwill watch birds in and near Manhattan. After the first meeting on Wednesday, we'll meet Sundays at 8 am. (Roxy has been watching birds for over three years and is a member of Backyard Birders Exchange. Both Roxy and Doug are Audubon Society members.)



CARE OF BIRDS

Inez Alsop 539-2639

Tuesday, 7:00pm Length: one time, April 8

Location: 1646 Laramie

Limit: 20 Discussion and tour will include: How to attract birds into one's yard; how to feed and water them; feeders and their location; proper kinds of feed, etc. (Inez is an associate professor emeritus in the Dept. of History. She has taken courses in ornithology and is a member of the Audubon Society.)

BACKYARD BIRDERS EXCHANGE

Steve Fretwell/Roxy Becker 532-6650 Wednesdays, 7:30pm

Length: indefinite First Meeting: Mar 5

Location: 201 Ackert Hall, KSU

We try to learn how we can best use birdfeeders, bird baths and bird houses to bring a lot of pretty birds into our town and into our yards. Would you like to get involved? We want to test designs for special feeders, and for different methods of discouraging excessive numbers of Starlings, Blue Jays, and Spar-The group will build up their own yards and provide a service to the community by putting up feeders for others. (Steve is coordinator of the Bird Population Institute and Roxy is

DOG OBEDIENCE

Susan Bryant 537-7008

Saturdays, 2:00pm

Length: 6 weeks First Meeting: Apr 19

Location: Pottorf Hall, Cico Park In this class we would like to teach dogs to come when called, heeling, the automatic sit and many other exercises that would teach your dog to be more obedient and a happier dog. You will need to bring your dog, a 6 ft. leather leash and choke chain. been training dogs for five years and have taught for 4-H.)

DAIRY GOATS

Jeff Cross

485-2571 Saturday, 10:00am Length: one time, Apr 5 Location: Harmony Hollow Ranch 9 miles west of Manhattan on County 412 (Anderson Ave)

A management clinic will be conducted for persons interested in keeping dairy goats. (Jeff is the founder and president of the Kansas Dairy Goat Council.)

ANIMAL HUMANE SOCIETY

Glenda Hildebrand

776-4851

Wednesday evenings Length: indefinite Date, time & location: to be announced

A newly formed group needs highly dedicated people to develop a humane society for Manhattan. The group is simply concerned about proper care and treatment of all animals in this area. There is a critical need for such a group and we would welcome anyone who wishes to join us. (Glenda is the moderator of Open-Line radio pro-

RAISING WILD PETS (WILD OR OTHER)

Charlotte Doyle

485-2759

Tuesday, 7:00pm Length: one time First Meeting: Mar 18

Location: 615 Fairchild Terr

I have raised rabbits, skunks, bobcats, goats, calves, horses, ducks, raccoons, possums, etc., and am willing to share any know-(Charlotte is a ledge I have. Manhattan High School teacher.)

RABBIT RAISING

Crystal Leasure

776-5638

Tuesday, 7:30pm Length: one time, Feb 25 Location: UFM, Living Room 615 Fairchild Terr

Limit: 10

Rabbits for pets....learn how to detect illnesses....which illnesses to watch for...how to care for the mothers....this is a course to get you started in (Crystal has been rabbit care. raising rabbits for 4½ years and has gained much knowledge from personal experience.)

SUCCESS WITH BACKYARD POULTRY

A. W. Adams

539-4590

Thursdays, 7:30pm Length: 2 weeks First Meeting: Feb 28 Location: Call Hall, room 206, KSU Limit: 15

A "backyard" poultry flock can provide experience. How to get started, facility requirements, and management practices will be available. (Mr. Adams is a Poultry Scientist in the Department of Dairy and Poultry Science.)



a long time bird watcher.)

LOGS OUT OF NEWSPAPERS

Kent Foerster 532-6628

Time & place: to be announced

In a time of trying to recycle used materials when no one wants them, we came up with using newspapers to polish, clean windows and log rolling for your next fire. Want to learn how? Sign up and you'll be contacted. (The KSU Environmental Awareness Center is coordinating the project.)



ENVIRONMENTAL AWARENESS AND ACTION

Kent Foerster

532-6628

Wednesdays, 7:00pm Length: indefinite

First Meeting: Feb 19 Location: Ackert Hall, rm. 305, KSU

Environmental Awareness (EAC) is a resource, recycling and action organization. We have massive files plus books & magazines. The recycling program includes only white bond paper & aluminum. The environmental action groups will deal with bikeways, alternative energy, Tallgrass Prairie National Park, solid waste, recycling and local problems. Call or drop by the EAC office, or sign

up at UFM registration if interest-

ed in becoming involved.

the green thumb series

Location: Justin Hall room 251, KSU

Time: 7:30 pm

Members of the Kansas State University Department of Horticulture and Forestry have combined efforts to present the following series:

VEGETABLE GARDENING

Chuck Marr Feb 17

Steps to a successful home vegetable garden including soil preparation, cultural practices and mulching, and control of some common garden problems. (Individual garden consultations will be provided by Dr. Marr and the Manhattan Garden Club.)

COMPOSTING & SOIL

Ray Keen

Create activated soil conditioner, fertilizer, and mulch from waste materials. The first steps to improving garden soil.

WHYS & WHY NOTS OF HOME PRUNING Steve Still

A discussion on the proper tools and techniques to use in pruning ornamental plants. Presentation will also include how proper planning and planting of ornamentals can can reduce the amount of pruning.

FRUIT GARDENING

Frank Morrison

Mar 17

The kinds of fruit grown, the growing sites, growing requirements and fruiting characteristics of the various kinds of fruit influence the success of producing good fruit.

DESIGNING OUTDOOR SPACE

Gus van Der Hoeven

Use of plant materials to define spaces and create, attractive outdoor living places.

HOUSE PLANTS

Dick Mattson

Apr 7

Day to day care of foliage and flowering indoor plants.

TERRARIUMS

Larry Leuthold Apr 14

Learn to select suitable plants, soils, and attractive containers.

the audubon series

NORTHERN FLINT HILLS AUDUBON SOCIETY

The Audubon Society welcomes new people to participate in the following meetings and field trips:

MIDDLE CERAMIC ARCHAEOLOGY IN KANSAS Feb 20 ' Dr. Michael Finnegan, Anthropologist KSU Union, room 212. Time: 7:30 pm.

RAIN FOREST

Feb 22

Field trip to the Topeka Zoo.

HOW TO LIVE WITH THE TORNADO Mar 13 Dr. L. Dean Bark, Climatologist

KSU Union, room 212. Time: 7:30 pm. MICRO ZOO

Mar 15

Field trip to Abilene's Micro Zoo.

LAKES AS MACHINES: An Energy Problem in Tuttle Creek Reservoir Apr 17 Dr. Richard Marzolf, Biologist KSU Union, room 212. Time: 7:30 pm.

CANOE TRIP

Apr ??

Dr. Richard Marzolf and Jim Nighswonger

Times and meeting places for the field trip will be announced. Mike Wood, President. Ph. 537-8841

JOGGING

Dennis Barba 539-4685

Mon/Tues/Wed/Sun, 8:00pm Length: indefinite First Meeting: Feb 24 Location: Union Courtyard

Limit: 15 This event will be designed to help the individual who chooses to better his physical condition by jogging. Divided into two phases, we will first consider the different techniques for jogging and secondly put them into actual practice. Everyone will be able to construct a "jog-chart" plus details on "projected mileage". (Dennis is a longtime jogger with a lot of experience and energy.)

AEROBIC DANCING

Enell Foerster

in 1974.)

537-0977

Tues/Thurs, 8:30am Length: indefinite

First Meeting: Feb 18 Location: Ahearn Rm 301, KSU Limit: 20 This event will provide exercises to train and strengthen the heart lungs and vascular system. Like other aerobic sports, Dancing is a desirable and beneficial form of exercise for it meets three of the most important exercise needs: 1) strengthens heart and lungs, 2) tones skeletal muscles, and 3) it provides mental and emotional release. Addbenefits are agility, co-ordination, balance and flexibility. (Enell has taught swimming, rhythmic exercises, and has attended the Aerobic Dancing Certification Clinic

EXERCISE FOR FITNESS AND RELAXATION

Karen Johnson/Jane Gugliolmino 537-7497. Tues/Thurs, 8:30pm Length: indefinite First Meeting: Feb 18 Location: Ahearn Rm 301, KSU

Limit: 20 If you've recently glanced in a mirror and noticed that extra layer of winter flab which you would like to shed, join us for some exercise and relaxation. We know about "spot" exercises. Where do you sag first? We'll show you where, and how to shape up and prevent the "sags". We would like to introduce you to basic fitness and a variety of lifetime sports and relaxation. (Karen and Jane have many years of exercising experience and with to share a desire to stay emotionally, mentally, and physically fit.)



S



PLAY

FAMILY CANOEING

Bob Poresky 539-2967

Wednesdays, 7:30pm Length: indefinite First Meeting: Feb 19 Location: 3016 Claflin

We will try to get out this spring on alternate weekends to float some of the nearby streams. The trips will be Sunday afternoons. Schedule will be worked out at the first meeting. Participants will have to provide their own canoes, paddles and lifejackets. Information on whereabouts of rentals will be available. (Bob has led this class many times, and would also be interested in folks who would want to learn about kayaks.)

RAPELLING

Pershing Rifle Club

532~3602

Mondays, 7:00pm Length: indefinite First Meeting: Feb 24 Location: Military Sc. Bldg., KSU

This event will help you learn to lower yourself down steep inclines with the use of ropes. Pershing Rifle Club will have an expert instructor to train novices in this mountaineering technique.

BACKPACKING-HIKING-SNO-SHOEING

Chris Finney

537-9735 Wednesdays, 8:00pm Length: indefinite First Meeting: Feb 19 Location: Unitarian Church 709 Bluemont

If you are interested in packing into the back-country, whatever the season, I'll share my ideas on necessary equipment and state of mind with new comers and oldtimers alike. Camping possibilities exist. (Chris has had a lot of warm and cold weather packing experience along with camping and some sno-shoeing.)

TENNIS

Gail Mauthe

Saturdays, 11:00am 537-0188 Length: 7 Weeks

First Meeting: Mar 22 Location: Jr High Courts 9th & Pierre

Limit: 20 I am hoping for qualified beginners only, as we will concentrate on the basics of the tennis serve volley and stroke. Students from last fall's class are welcome. Bring a racket, tennis balls, and your sneakers. (Gail has playing for over four years.)

BEGINNING RIFLERY

Joe Noble

539-8093 Tuesdays, 5:00pm Length: 10 weeks

First Meeting: Feb 18 Location: Military Sc. Bldg., KSU

Limit: 30

This event will include instruction in the safe and effective use of firearms, and in the fundamentals of competitive marksmanship. The session will be as basic or advanced as participants desire. Fee: \$7.50 to cover equipment and ammunition costs which will be provided. (Joe is a certified instructor, and the 1974 National Collegiate Standard Rifle Champion.)

ADULT BEGINNING SWIMMING

Doug Franklin 539-5301

Saturdays, 10:30am Length: indefinite

First Meeting: Mar 1 Location: KSU Pools Natatorium Limit: 15

This group is for the adult who knows very little about safe swimming, and would like to improve the basic strokes. The class will also include basic survival and water safety. Fee \$3 for use of the pool facilities. (Doug is a WSI and has attended Nation al Aquatic School.)

BACKPACKING II.

Richard Hockett

Tuesdays, 7:30pm 532-3525 Length: indefinite First Meeting: Feb 18 Location: Eisenhower 21, KSU

A basic backpacking course. Well talk about fundamentals of backpacking, ethics, maps and compasses, what to look for in equipment, parks, boots, stoves, tents, food, etc. We'll take some weekend trips to nearby areas, (Tuttle Creek, Council Grove, etc.). I would like to get out to Colorado over Spring Break. This class will be aimed at the beginning backpacker, but any experienced backpacker is welcome to add their knowledge to the class. The class will meet on alternate Tuesdays. (Richard has backpacked for several years in the Great Lakes area.)

FLINT HILLS EQUESTRIANS

Cindy Quinlan

537-7434 Mondays, 7:30pm Length: indefinite First Meeting: Feb 10 Location: Union, Room 204

Our purpose is an effort to bring together people with talents or interest in English and Western horsemanship. Horse care, training, showmanship, breeds, illness and personal experiences are part of our monthly programmed meetings (Cindy is president of FHE.)

SPELEOLOGY

Rick Wenger 539-7712

Wednesdays, 7:30pm Length: indefinite First Meeting: Feb 19 Location: 1018 Laramie

We will discuss basic equipment for cave exploration along with information about caves such as passageways, formations and cave fauna. Plans for a trip to the Missouri caves will be made. (Rick has led this group several times and has been caving in Missouri and Arkansas for four years.)

AUTO RALLY SCHOOL

Jim Carter/Scott Kessler 537-7050 Sundays, 1:00pm Length: 3 weeks First Meeting: Feb 16 Location: Van Zile Hall, KSU Dining Room

We hope to provide interested people with an opportunity to learn the basic fundamentals of rallying and application of rally skills. The goal of a time-speed distance (TSD) rally is to follow instructions safely and correctly. High speed driving is not a factor. There will be a nominal fee for handouts. (Jim and Scott are active with the KSU Sports Car Club.)

FENCING CLUB

Dick Havter 776-7030

Tues/Thurs, 7:30pm Length: indefinite First Meeting: Feb 18

"...and will this brother's wages; frankly play? Give us Come on...." So said Shakespeare. Now you know the fencing club has class. It also has instructors this semester. Choose your weapon, foil, epee, or sabre; you're welcome to train with the club. You will eventually want to own your own equipment, but initially the club members will loan theirs. (One of the coaches, has been with the club for three years Steve Koenig has also fenced at Wichita for several years and has many AFLA trophies to his credit.)

Location: Ahearn, Rm 301, KSU

CHESS CLUB

Ron Crosier

532-8850 Sundays, 1:00-5:00pm Wednesdays, 7:00-9:00pm Length: ongoing First Meeting: Feb 19 Location: Union Room 205A

The KSU-Manhattan Chess Club is related open to both university people and to townspeople. Thereare no dues or membership fees Likewise, the club has no equipment, so bring your set and board The club has a "ladder program" in which one can climb up and down within the club. Beginners welcome.

FISHING

Fred Knorr 539-7301

Tuesdays, 7:00pm Length: indefinite First Meeting: Feb 18 Location: 2050 College Hts

For the beginning fisher. group will take a few field trips to area lakes for some fishing. At the first meeting we will decide when and where to go and what skills the class interested in. Possible subjects are what type of equipment to buy, knotting, lures and baits, and boat safety. (Fred has been one of our longtime leaders.)

BATON TWIRLING

Jody Johnston

539-1466

Tuesdays, 7:30pm Length: indefinite First meeting: Feb 18 Location: Ahearn, Rm 304. KSU Limit: 25 I plan to teach the fundamentals of twirling and marching. The class will be primarily for the beginner. We can work together as a group and set our own pace. If there is an interest we can do dance-twirling as well. (Jody who has been twirling for 16 years

has competed both solo and on

BICYCLE TOURING

teams.)

Jennifer Jones

537-7330

Saturdays, 2:00pm Length: 7 weeks First Meeting: Feb 22 Location: 1826 Poyntz

Limit:15
This is a group for anyone who enjoys bike riding. We will be taking short trips around Manhattan and our final goal will be a weekend camping trip. (Jennifer is an avid "biker" and knows many good rides around our community.)



SELF

COUPLES CO-OPERATIVE

Teresa Hayden/David Fly
532-6850 Thursdays, 7:30-10:30pm
537-0593 Length: 12 weeks
First Meeting: Feb 20
Location: UMHE, 1021 Denison Ave
Limit: 6 couples

The purpose of this group experience is to further individual growth and to increase open and honest communication in couple relationships. Although this group will explore such issues as conflict and problem-solving, it is not meant to be a therapy group. (David Fly is the Episcopal campus minister, and Teresa Hayden is a pyschology professor at KSU. They offered this course last semester.)

GESTALT COUPLES WEEKEND

Shel and Char Edelman
539-2624
Tuesdays, 7:30pm
Length: 3 weeks
First Meeting: Feb 18
Location: UFM Basement
615 Fairchild Terr
Limit: 8 couples

For couples (married or in significant relationship 6 months or more) wanting to learn about interpersonal communication in marriage. Based on Gestalt Therapy and methods, but NOT a substitute for therapy. During the first meeting, we will establish specific goals for the experience, also time, place and duration. Next comes the experience; in the third meeting, a week or two later, we process what was learned. This may involve small expense for the weekend room and board (\$25-\$30). (Shel and Char have both led many such groups before.)

OLDER STUDENTS

Uteva Powers
776-5832 Mondays, 12:30-1:30pm
Length: indefinite
First Meeting: Feb 17
Location: Union, State room 3

Do you feel "older" than other students? Well, you are not alone. There are lots of us - in late 20's, 30's, 40's and on up. Let's get together for a weekly luncheon, and share with one another some of the fears, joys, frustrations that are part of being an "older student." Vets and undergraduates are particularly welcome. (Uteva is an older student who strongly feels the need for such a group.)

ASSERTIVE TRAINING

Barbara Rockwell/Margaret Nordin
532-6432 Thursdays, 7:00pm
Length: 6 weeks
First Meeting: Feb 27
Location: Union, room 204
Limit: 12

Are you one of those persons who hesitatates to express yourself and then is irritated later that you did not open up and speak out. Assertive training is designed to help you stand up for your own rights and yet not infringe upon the rights of others or become aggressive. It helps you become a much more efficient and effective person.

MARRIAGE SEMINAR

John Graham
537-0518 Sunday, 5:00pm
Length: one time, Apr 13
Location: 1st Presbyterian Church
801 Leavenworth

A Sunday evening gathering of resource people around a supper table: sharing and discussing in preparing for marriage. (\$1.00 to cover cost of supper). John is pastor of the First Presbyterian Church.)

CREATIVE DIVORCE

Warren Rempel
539-4281 Tuesdays, 7:30pm
Length: indefinite
First Meeting: Feb 25
Location: 1021 Denison Ave
Limit: 15

For persons who have gone through are going through, or may be going through the process of uncoupling. Accepting your divorce as a solution, not a punishment. The problems of separation and divorce, psychological "unhooking," building new relationships, low trust level, dealing with the sense of "failure," relationships with children, etc. Will use materials from the book "Creative Divorce" as a springboard for discussion of various concerns. (Warren is a campus minister with United Ministries in Higher Edu-

SYNECTICS: THE PRACTICE OF CREATIVE PROBLEM SOLVING IN GROUPS

Mark Reaves/Peter Sherrard
532- 6432 Thursdays, 3:30pm
Length: 8 weeks
First Meeting: Feb 20
Location: Holtz Hall
room 115, KSU
Limit: 14

Do you want to explore new solutions for old problems? Or old solutions for new problems? How about an expected certainty, a vital triviality, a disciplined freedom? Join us for Synectics, a proven method of group problemsolving. Participants will learn and practice specified roles, the posing of problems seeking resolution, the use of imagination and metaphor to generate possibilities, and the creation of contracts to nourish follow through. (Mark and Peter are both counselors at KSU)

ALTERED STATES OF CONSCIOUSNESS & MUCH, MUCH MORE

Mike Caldwell/Rod Taylor
539-2678 Thursdays, 7:00pm
776-6232 Length: 16 weeks
First Meeting: Feb 20
Location: Map available at
registration
Limit: 10

Direction of the group will basically be left up to the group members. We would like to deal with drug related issues and group member's drug use if it's causing hassles. We will be experiencing different states of consciousness by experimenting with fantasy trips, Guided Affective Imagery, and other processes to alter the way you feel. (Mike has worked with the Fone Crisis Center and the Drug Education Center. He has led an interpersonal group for UFM and several other groups. Rod is codirector of the Drug Ed. Center and has worked in the drug area for two years.)

"I'M OK -- YOU'RE OK" WEEKENDS

Warren Rempel
539-4281 Weekend I: March 21-23
Weekend II: April 4-6
Location: 1021 Denison Ave
Limit: 10

An introduction to "Transactional Analysis" — a fresh, sensible and pragmatic approach to the problems that confront every human being. Tools and techniques to emancipate the "Adult" in every person, and to nurture growth and awareness, both within oneself and in one's relations with other persons. The weekend involves a Friday evening, all day Saturday and Sunday afternoon. (Warren is a campus minister and has been a leader of this group for years.)

ON FANTASY FUNCTIONING AND

FACILITATING FANTASY

Rev. Bill McCutchen
776-8790 Thursdays, 7:30-9:00pm
Length: one time, Feb 20
Location: First Christian
Church, 115 N 5th

Fantasy is an activity of each of our lives that may often be discounted and repressed. It is also an activity that offers great creativity and learnings for those who develop a healthy fantasy life. This one - session lab will be for leaders of small groups who wish to share in the development of an intentional base for the use of fantasy in small groups. (Bill is an intern member of Consultant / Trainers Southwest.)

BREAKTHROUGH

C. Hagmauer/M. Sedlacket
537-1553 Thursdays, 7:30pm
776-9392 Length: continuing
Location: 709 Bluemont

Riley County Mental Health Association is sponsoring a group open to all interested individuals who have had a brush with mental illness in any form. Future plans include 1) social interaction with others who have had similar experiences, 2) educational and creative programs, 3) professional speakers, 4) referral to helping agencies when needed and requested.

ASTROLOGICAL BIRTH CONTROL

Doris Grosh 539-7864

Thursdays, 7:30pm Length: 2 weeks First Meeting: Mar 20 Location: Denison Hall room 215, KSU

For what it's worth (I make no guarantee) here is a subject of some current interest in astrological circles. One or two sessions (as needed) describing the method and it's claims. (Doris Grosh has a background in math and science and dabbles lightheartedly in astrology from time to time.)

MECHSAPUK,

537-7413/539-6010

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This is an on-going group. If interested call one of the above numbers.







SELF

COUPLES COMMUNICATION

Candy Russell 776-6566 Thursdays, 7:30pm 532-5510 Length: 4 weeks First Meeting: Feb 20 Location: Family Resource Center, 611 Poyntz

This shall be a training (though not counseling) group for couples who wish to increase awareness of their own communication patterns and their repetoire of communication styles. Both partners should plan to attend all four sessions. We shall be quite informal, and even sit on the floor if you're up for it. (Candy is with the Dept. of Family and Child Development, and also associated with the Family Resource Center.)

BIOFEEDBACK: THE REALMS OF CONSCIOUSNESS

Tim Lowenstein

532-6432

Monday, 7:00pm Length: one time, Feb 24 Location: Union, room 212

Biofeedback is a means for discovering the realms of human potential, gaining awareness, and developing voluntary self-control. This session will explain the process, making individuals aware of the opportunities for exploration of the various realms of consciousness. (Tim is a graduate student in the biofeedback program at K-State.)

ACUPUNCTURE

Dr. Dave Chen Monday, 7:30pm 532-5666 Length: one time, Mar 17 Location: UMHE, 1021 Denison Ave

Dr. Chen is a physiologist at the Veterinary Medical Center at KSU. He would like to exchange his knowledge about the many facets of acupuncture through discussion, a film, slides, and literature.

"FOR THE LONELY"

Jim Lackey 539-4281 Fridays, 9:00-Midnight Length: 5 weeks First Meeting: Feb 21 Location: UMHE, 1021 Denison Ave

If you think of yourself as a "lonely" sort of person..... If you would like to take some long looks at "lonliness" with others who think of themselves as lonely.....United Ministries in Higher Education will have Five Friday Nights For the Lonely. Feb 21-28, Mar 28, Apr 11 and 18. (Jim is a campus minister with United Ministries in Higher Education.)

GAY COUNSELING

Keith 537-8395

A group of gay men and women are providing a counseling service for gay people. Counselors will be participating in a training program together to develop paraprofessional abilities. If you are interested in learning about what we are doing, or would like to work with us, call Keith. For counseling, call the Fone 539-2311

PARENTING WORKSHOP

Virginia Hackett/Pam Marr 776-6566 Saturdays, 10:00am 539-5826 Length: 4 weeks First Meeting: Apr 5 Location: Family Resource Center, 611 Poyntz

An education and discussion group for parents of young children covering topics such as: Parenting Skills, Learning by the Young Child, Importance of Play, etc. (Virginia and Pam are in the Department of Family and Child Development, and also associated with the Family Resource Center.)

CARLOS CASTENEDA IN PERSPECTIVE

Chuck Guiliford

537-1309 Monday, 7:00pm Length: one time, Mar 24 Location: UFM Basement 615 Fairchild Terr Limit: 20

This session will examine the basic structure and ideas of the books of Carlos Casteneda. Mr. Guilford will examine and reveal the parallels that Casteneda's books seem to have with various types of therapies and religions. (Chuck is an avid student of the works by Casteneda.)

DROP IN BEFORE YOU DROP OUT

Caroline Peine 532-6432 (day) 539-2562 (evenings)

> Location: Holtz Hall room 103, KSU

Thinking about dropping out of school? I don't want to talk you into staying, but I would like to explore alternatives with you. Stop by or give me a ring and let's discuss the why's and whatit's that are on your mind. (In this instance, Caroline is one who worries about the student who leaves high school or college on a purely negative note, particularly the one who leaves without withdrawing, thus making it extremely difficult to re-enter.)

LIFE IS A MEDITATION

Jan Mestrovich/Tim Lowenstein 539-2449 Sundays, 7:00pm Length: 4 or more weeks First Meeting: Feb 23 Location: UFM Basement 615 Fairchild Terr Limit: 15

A group of fellow adventurers seeking new techniques and new acquaintances to aid them on their journey through life so that it might be an enjoyable experience. Experiences of meditations from various disciplines in addition to creating our own. (Jan and Tim have been individually involved discovering and exchanging various meditation techniques for several years.)

SINGLES SHARE

John Graham

537-0518 Sundays, 4:00pm Length: indefinite First Meeting: Feb 23 Location: 1st Presbyterian Church

801 Leavenworth

Where do you go when you would like to meet some new people or share and learn together? But you are out of college, single, and over 21. This may be the place for you, come to the first meeting and express your needs

and interests, and together we will go from there. (John is the pastor of the First. Presbyterian Church.)

LIFE PLANNING WORKSHOPS

Barbara Rockwell 532-6432

Make a decision....make up your mind...hurry, before it's too late! It seems you are constantly bombarded from all sides to make a decision regarding careers, lifestyle....your future. If you are interested in learning more about yourself and how to influence your future plans, the Life Planning Workshop might be for you. The workshop involves a number of structured exercises, done in small groups, which can be done in one seminar. Workshops are scheduled for the following times and dates (please indicate a preference when enrolling.)

Feb 25-Tues-3:00-9:00pm-Union 207 Mar 25-Tues-3:00-9:00pm-Union 204 April 19-Sat.-9:00am-3:00pm Union 204

CHILDREN OF SAPPHO

Keith 537-8395

Tuesdays, 7:30pm Length: continuous Location: 709 Bluemont

We are a group of students and community people gathering together to share our feelings and problems as well as community. We are for the most part concerned with the broad issue of supporting each other to express and understand our gayness as openly and freely as we individually choose. Some of us have a long way we would like to go yet, while others are not in so much of a hurry. Regardless of our differences we have much to share. If you are a human being who feels you might benefit from this in any way, feel free to join us this spring.

PARENTS DISCUSSION GROUP

Tony Jurich/Gretchen Copeland 532-5510 Wednesdays, 1:30pm 776-7925 Length: 10 weeks First Meeting: Feb 19 Location: Family Resource Center, 611 Poyntz

For parents who feel they could use some help in the difficult task of child - rearing, we will conduct a ten week course. We will focus on behaviour problems in young children and learn some specific communication skills which may help in overcoming them. (Tony and Gretchen are on the faculty of the Department of Family and Child Development, and are associates of the Family Resource Center.)

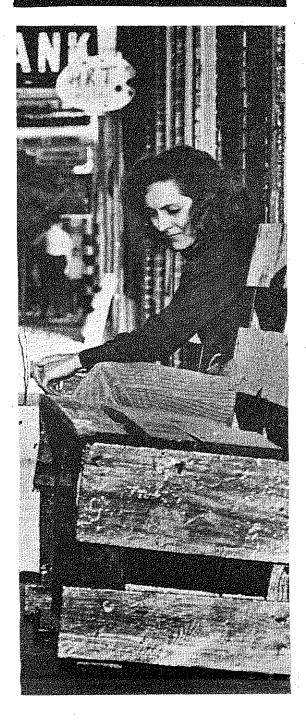
SELF-HYPNOSIS STUDY GROUP

Carolyn K. Wickenkamp 532-6432 Wednesdays, 4:00-5:30pm Length: 6 weeks First Meeting: Feb 19 Location: Union, room 213 Limit: 15

The course is designed 1) to teach each participant the theory, techniques and practical applications of self - hypnosis via hypnotic induction, and 2) to research and demonstrate a self-hypnosis technique of the participant's choice, i.e., increased concentration,
self improvement, stop smoking; weight reduction, etc., with the class. The approximate cost of books and materials is \$5.00. (Carolyn is a counselor at KSU, and has a good background in hypnosis.)



WOMEN



AUTO COMMUNICATIONS FOR WOMEN

Norman Peck/Steve Stewart
537-9883 Wednesdays, 7:30pm
539-5373 Length: 10 weeks
First Meeting: Feb 19
Location: Ackert 105, KSU
Limit: 30

Do you know how to come to terms with your car? You should, since almost everyone either finds or may find it necessary to own one. We are here to try to help you avoid really big repair with preventive maintenance and a little understanding of and talking to your car. How to getting ripped off with big bills, how to talk to mechanics about your car - how to buy a car. We will have some field trips planned. Come and talk with us about what you want to know. (Norm and Steve have led this course many times in the past).

SELF DEFENSE FOR WOMEN

Inspector Nick Edvy
776-9215 Thursdays, 7:30pm
Length: 5-6 weeks
First Meeting: Feb 20
Location: Haymaker Hall
Weight Room
Limit: 20

We will learn defensive tactics against armed or unarmed persons. It will include defenses against attacks from the front and rear. We hope to accomplish an orientation and feeling of confidence in the field of defense tactics. Clothing to be worn: sweatshirts, jeans and tennis shoes. (Nick has taught this course many times.)

DISCUSSION LEADERS FOR RAPE PREVENTION SESSIONS

Caroline Peine
532-6432 Monday, 7:30pm
Length: one time, Feb 17
Location: Union Room 204
Limit: 20

Needed: 10 women who are interested in rape prevention and will be available to meet with groups to discuss it. We will use the film Nobody's Victim, which has a high degree of acceptance. Meetings are usually in the evening, so you must have some degree of availability at this time. Not limited to university personnel. (Caroline is the current campus rape expert.)

WOMEN'S LOBBYING GROUP

Rosemary Deininger/Neal Flora

539-8019
539-5800
Wednesdays, 7:00pm
Length: Indefinite
First Meeting: Feb 26

Location: UMHE 1021 Denison Ave Fireplace Room

For concerned women interested in improving legislative laws on rape and maintaining good legis-lation on abortion and equal rights amendments. We will be working with the Kansas Civil Liberties Union on women's issues. (Rosemary and Neal are seriously involved in many aspects of the women's movement.)

WOMEN'S CONSCIOUSNESS RAISING

Rosemary Martin Deininger
539-8019 Tuesdays, 7:00pm
Length: indefinite
First Meeting: Feb 18
Location: UFM House - Library
Limit: 10

This class is for women interested in interpersonal relationships, sharing your experiences, questions, fears, feelings, and excitement, discussing current issuea, personal problems, and helping each other find the answers. (Rosemary, a newcomer to Manhattan, has been deeply involved with current women's issues.)

SELF AWARENESS & POETRY WORKSHOP

Evie Gauthier/Antonia Pigno
537-8208 Mondays, 7:00pm
539-6892 Length: indefinite
First Meeting: Feb 24
Location: 1428 McCain Lane #338
Campus East Apts

This course will aim at increasing self-awareness and expanding our abilities to express that awareness in literary form. Each session will include Gestalt exercises thru which participants may regain feelings, experiences, and dreams which have been lost or ignored. Poetry, writing our own and listening to others', will then be incorporated as a means of integrating and recording these discoveries. Beautiful living deserves elegant expression. (Evie is a feminist psychotherapist with Gestalt training. Antonia's background includes training inliterary analysis and poetic expression.)

WOMEN ON WOMEN

Gale Baumgardner/June Taylor
776-5390
537-7626
Thursdays, no
Length: 6 wee

Thursdays, noon
Length: 6 weeks
First meeting: Feb 20
Location: Union Catskeller

Six week seminar on issues and about women. Among speakers we shall have people addressing such topics as "women at work," "you can start over 40," "the rebirth of a nation through increasing roles women." Come and eat lunch and in these informal, join informative sessions. (Gale June are professional women who work a great deal with other women and are concerned about increasing understanding .)

GETTING OURSELVES TOGETHER

Barbara Rockwell
532-6432 Tuesdays, 7:00pm
Length: Indefinite
First Meeting: Feb 18
Location: Union - Catspause

Have you ever wondered if you're the only mature woman on campus who is returning to school after being out awhile, or is thinking about going for the first time, or just needs some support in a new career direction? This is a chance for us to be together and share our experience, give support and learn. We'll meet to discover who we are, where we're bound, and how to get there. (Barb does career/vocational counseling in the Counseling and has worked with several mature women in .career decisions and re-direction.)

WOMEN'S RESOURCE CENTER

Margaret Nordin /Mary Winden
532-6432 Mon-Fri, 8-5
Location: Holtz Hall
Library

Vast changes are taking place in society concerning the roles of women and men. If you need information or have a question come in and we'll try to help or find someone who can. If you're interested in assertive training, rape prevention- writing a newsletter or helping with our small but growing library, come in and get involved. The library contains current periodicals, books, pamphlets, articles and studies on a wide variety of subjects including careers, employment, education, health care, sex discrimination, birth control, the ERA, male liberation, rape and self-defense, Title IX, sex role stereotyping, etc. Please call or come in if you want to get involved.

NATIONAL ORGANIZATION FOR WOMEN

(NOW) Manhattan Chapter Pat Trautman, President 776-6712

Location to be announced

NOW is open to both men and women. It is a feminist organization interested in problems concerning men and women caused by women's everchanging choice of role in society, specifically in Manhattan.





WOMEN

WOMEN'S LUNCHEON

Nancy Johnson 539-5948

> Thursdays, 11:45am-1:30pm Length: continuous First Meeting: Feb 20 Location: Union, State Room #3 Limit: 30

An ad hoc group of women interested in meeting one another and interested in discussing topical issues of relevance to women. We ar e meeting Thursdays nooms in State Room #3 of the Union. The first and third Thursdays will feature informal gatherings; on the second and fourth Thursdays, special topics will be highlighted. Students are very welcome.

PREGNANCY COUNSELING

Tonda Highley/Carolyn Wickenkamp 532-6432 days 539-2311 nights

Service: Confidential counseling and information in birth control, unplanned pregnancies amd V.D. Open to men and women.

WOMEN'S COALITION

Lynda Russell 537-2009

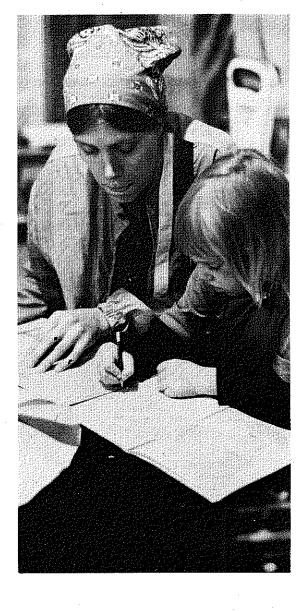
Tuesdays, 7:00pm Length: continuous First meeting: Feb 18 Location: Union, Catspause

The United Nations has designated 1975 as International Women's focusing upon the three Year, themes of equality, development and peace. To bring something of this spirit to KSU, the Women's Coalition needs new energy, new ideas, new people. If interested contact the above person or join us at the Union.

KSU DAMES

Carol Thayer 2140 Prairie Glen 776-5209

Student wives and married women students get together once a month to discuss common interests, and participate in a variety of programs to broaden horizons and provide a night out with congenial company. They meet every first Wednesday of month in the Big 8 room of the KSU Union at 7:30pm. Child care is provided during meetings at the First Lutheran Church nursery.



Spiritual AWARENESS

HATHA YOGA - THURSDAY

Bert Franklin 539-0495 Thursdays, 5:00pm First Meeting: March 20 Location: Catholic Center 711 Denison Limit: 8

Training and practice in self-realization approach to developed through the highly system of asanas known as Hatha Yoga as it is taught today by Professor Y. Krishnamacharya of Madras and his pupils. course proceeds through training in breath control, asanas, yogic meditation to integral development of the body and personality towards its highest potential. Those partaking should wear light loose clothing. (Bert has practiced yoga for 21 years and studied under Krishnamacharya.)

YOGA AFTER FORTY

Bert Franklin Tuesdays, 5:00pm 539-0495 Length: 8 weeks First Meeting: Mar 18 Location: Newman Center 711 Denison Limit: 8

Breath control, meditation and asanas (Hatha Yoga) for those who initiate yoga practice in the middle or later years. Objectives: physical and mental poise, relief from tension. (Bert has practiced Yoga for 21 years and studied under Krishnamacharya of Madras.)

BEGINNING YOGA

Cinde Doby 539-8211 Wednesdays, 4:30pm Length: 6 weeks First Meeting: March 19 Location: Catholic Center

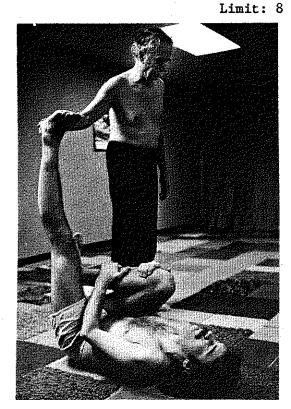
711 Denison Limit: 12

We will practice breathing and simple poses at first. Then we'll learn harder asanas and master control over the body through asanas, breathing and meditating. (Cinde started learning yoga from her mother, who was a yoga teach-

HATHA YOGA — MONDAY

Joel Brinker 539-6219

Mondays, 5-6:00pm Length: 6 weeks First meeting: Feb 17 Location: Catholic Student Center 711 Denison



SUFISM AND THE MYSTICISM OF THE

Melody Williams/David Weyerts

Time and place available at registration

Sufism began long ago as a mystical sect of Islam. Those who introduced it to the West in the early 1900's broadened it to embrace ideals from all the major religions, and have recently focused on astrology and body energy interests. While touching on these, we will mainly use dance and chant to tune in to the "God" within ourselves and each other. (The conveners have attended Sufi dance seminars and would like to share what they've learned.)

COSMIC CONSCIOUSNESS

Doris Grosh 539-7864

Mondays, 8:00pm Length: indefinite First Meeting: Feb 24 Location: 1st Presbyterian Bsmnt. 801 Leavenworth

A study and meditation group for those whose beliefs do not fit traditional religious patterns. Possible topics are an esoteric scientific study of man based on the best data available from the field of parapsychology: life after death: meditation and concentration. Possible authors to study are Shafica Kargulla, Dion Fortune, Raymor Johnson, Eugene Davis. Paramahansa Yogananda. Older people are especially welcome. (Doris has a background in math and science and has been interested in E.S.P. for several years.)



SPIRITUAL AWARENESS

ACKEY'S PAINFUL AND TERRIFYING

im Lackey 39-4281

Tuesdays, Noon
Length: 8 sessions
First Meeting: Feb 25
Location: 1021 Denison Ave

uesdays at noon. Requirements: ne or more copies of the T E X T lus a brown bag filled with your wn goodies. This amazing class ill, with mystifying adroitness, emolish and restore one Old estament one chapter masterpiece bediah; two bikini sized New estament books-of-the-month II ohn and Judas; and that spicy ex novella-Suzanna of Apocrypha. Jim is a campus minister.)

NTERFAITH DIALOGUE: VEWISH-CHRISTIAN ISLAMIC-

MIDII-CHKIDIIAN

Rev. Don Fallon
39-4451 Tuesdays, 7:30pm
Length: 6 sessions
First Meeting: Feb 18

Location: 1021 Denison Ave

This series will have brief preentations followed by informal
iscussion of the theology and
ractice of at least these major
aith groups: Islam, Judaism, and
hristianity. The purpose of this
nformal dialogue will be to
eepen interfaith and cultural
wareness. This discussion is
ponsored by the KSU Committee on
eligion.

ECORDS OF THE LIFE OF JESUS

arren Rempel 39-4281

Wednesdays, Noon
First Meeting: Feb 19
Location: UMHE
1021 Denison Ave
Limit: 12

n exciting process of exploraion and discovery, delving into he Synoptic Gospels for a fresh ook at the Man Jesus. Comparison f the various and varying records f his life and ministry and mision: Who was he? How did he see imself? How did his contemporaies see him? What claims did he ake for himself? What is his mesage for today? How did the early counts differ from each other nd why? (Warren is a staff memer of the United Ministries in igher Education.)

EET THE MORMANS

Bill Jeffries

Wednesdays, 7:30pm Length: indefinite First meeting: Feb 19 Location: 1820 Claflin

An informal course designed to provide information to interested persons about the Church of Jesus Christ Latter Day Saints. A variety of topics will be presented by way of film and discussions such as: Family Home Evenings, Where Did You Come From, Why Are You Here, Where are You Going, Christ in Ancient America, Does Death Really Part Families. (Bill is the LDS Institute Director in Manhattan.)

BASIC JUDAISM
Phil Becker

539-5115 Tuesday, 7:30pm
Length: one time, Feb 18
Location: Manhattan
Jewish Congregation

1509 Wreath Ave

This class will deal with basic principles and practices of Judaism. Anyone who is interested in knowing more about Judaism, its history and customs, will find this course both informative and stimulating. (Phil has been active in Jewish and community affairs for many years.)

INTRODUCTION TO ISLAMIC STUDIES

Mohammad Ganjidoost
539-5994 Fridays, 7:30pm
Length: indefinite
First meeting: Feb 21
Location: Baptist Campus Center
1801 Anderson Ave

This group will discuss the essential beliefs of Islam, life of Prophet Mohamed, the Holy Quran, Islamic Cultural life, and Islamic World view. (Mohammad is from Teheran and is vice - president of the local Islamic Association and has long been interested in philosophy and religious studies. The meeting day and time is flexible.)

DAILY WORK STUDY AND MEDITATION

Dorothy Leonard

539-1971 Sundays, 11:00am John Harris Length: ongoing 539-2544 Location: 2504 Rogers

The purpose of this group is to work towards satisfactory relationships between God and man and between men and in the process overcome some of the difficulties which beset our daily lives. Basic material for the course is from the Unity Institute. (Both Dorothy and John have attended the Unity Institute for Continuing Education.)

INQUIRY CLASS INTO CATHOLICISM

Staff at St. Isidore's Catholic Rectory

Tuesdays, 7:00pm Length: indefinite First meeting: Feb 18 Location: Newman Center 711 Dension Ave

A series of lectures will be presented for anyone interested in Catholicism.

PRE-CANA CONFERENCES

Staff at St. Isidore's Catholic Rectory

Mondays, 7:30pm Length: indefinite First meeting: Feb 17 Location: Newman Center 711 Denison Ave

Catholic instruction for anyone planning marriage this spring or summer.

CRITIQUE AND COUNTERPROPOSAL TO COMMUNISM

Steve Sell, Tim Boyd

537-4181 Tuesdays, 7:00pm Length: 6 weeks First meeting: Feb 18 Location: 822 Dondee

This course shows a detailed study of Marxism-Leninism, its inherent contradictions, and a new view of the ideal world. The purpose of the course is to show people a true path to peace, not one marked by deception.

Ronald E. Migneco 239-4127 Mondays, 7:00pm

SCIENTOLOGY

Length: Ongoing
First meeting: Feb 17
Location: UFM
615 Fairchild Terr

Scientology is an applied religious philosophy. It is a fast growing religion in the world. Scientology is a mixture of Dienetics (a science of the mind) with basic religious philosophy. The first meeting will be a basic introduction to Scientology. From there we go straight into the communication course. Taped lectures, by L. Ron Hubbard, its founder, will be afrequent event. This religion is for everyone. (Ron is a qualified Scientologist and is prepared to supervise a communication class set through the religion.)

SPIRITUAL GROWTH, TRUTH, AND PERSONAL DEVELOPMENT

Steve Sell 537-4181

Thursdays, 7:00pm Length: 6 weeks First meeting: Feb 20 Location: 822 Dondee

Lectures and discussion will center around the ultimate destination of people's search for spiritual development, and the developmental stages in personal growth, leading individuals to a level of ultimate maturity. (Steve is a qualified instructor of the unification principle.)

WORKSHOP ON "THE USES OF DRAMA IN THE CHURCH'S MINISTRY"

Dave Stewart

539-3051 Saturday, 10:00 am Length: once, May 3 Location: Baptist Campus Center 1801 Anderson Ave

This workshop will suggest and demonstrate a variety of ways in which drama can be used as an effective tool in Christian education, worship, and problem solving situations in the church's ministry. This workshop will culminate the convener's current research on the subject. (Dave is a campus minister here and has seven years experience with local church dramatics.)

PEACE PILGRIM

Jean Hulbert
539-2636 Sunday, 7:00pm
Length: one time, April 27
Location: UFM
615 Fairchild Terr

The world situation is grave. Humanity with fearful, faltering steps, walks a knife-edge between complete chaos and a golden age, while strong forces push toward chaos. You may see the peace pilgrim walking through your town or along a highway. Her tunic says "25,000 miles on foot for peace." She has finished walking those miles, but continues to walk, for her vow is: "I shall remain a wanderer until mankind has learned the way of peace, walking until I am given shelter and fasting until I am given food." She will be in Manhattan on Sunday, April 27, and would like to share her gift with you.



PRACTICAL/INTELLECTUAL

SECRETARIAL TECHNIQUES

courses are specifically designed to train persons interested in a secretarial career. We give job counseling and placement assistance to students completing some or all of the classes. Enrollment is open to everyone. We suggest that you enroll early as we must limit the number of students in our classes. classes are held in Calvin Hall on the KSU campus. Classes begin Feb. 17 and will continue until semester break. This semester we may have to ask for a \$1 fee for use of materials. To enroll sign up at UFM registration. The tentative schedule of classes is given below.

CLASS	ROOM		
Typing (beginning and advanced)	217	Mon,	7-9pm
		Wed,	7-9pm

Office Theory 217 Tues, 7-9pm and Machines

Bookkeeping 202 & 208 Thur, 7-9pm (beginning and advanced)

Shorthand 202 & 208 Mon, 7-9pm (beginning and advanced) Thur, 6:30-8:30pm

It is suggested that all typing students enroll for at least two nights of class.

HOW TO FILL OUT FEDERAL INCOME TAX FORMS

Jerry Eyeler Tues/Thurs, 7:30pm 539-2281 Length: 3-4 times Ext. 119 First Meeting: Feb 20 Location: Eisenhower Hall room 121, KSU Limit: 25

A general examination of the individual federal income tax forms, and how to fill them out. (Jerry is a graduate student in accounting at K-State.)

DRIP, DRIP, DRIP

Dale Anderson 776-5012

Thursdays, 7:00pm Length: 2 weeks First Meeting: Feb 19 Location: 226 Poyntz

Limit: 12

We will touch lightly on the basics of toilet tank repair and faucet repair, tub faucets, lavatory faucets, and kitchen sinks. We will have faucets available to work on. (Dale works with a town plumbing firm.)

JOB INTERVIEWING

Martha Atkins
539-6208 Wednesday, 7:30pm
Length: one time, Feb 26
Location: UFM
615 Fairchild Terr
Limit: 25

Focus will be on current aspects of job interviewing. Discussion of resumes, letters of application, etc. The emphasis will be placed on developing the types of questions and answers that should make the experience a two way interview. (Martha has taught KSU intersession classes on job interviewing, and has worked with KSU Placement Center and various personnel departments on current job interviewing techniques.)

BARTENDING

Sam Brungardt 537-1440

Thursdays, 7:30pm Length: 6 weeks First Meeting: Feb 27 Location: 1206 Bertrand Limit: 12

A practical course in mixology; the proper way to make drinkable cocktails. Costs are cost of booze, garnishes, to be determined as the course progresses. Cost should be \$5 - \$10 per person. Limited to persons 21 or older. (Sam is a graduate student who bartends part time. He has worked at several country clubs and private clubs over the last few years).

SPENDING SENSE

Linda Highland/Susan Bartel 532-5519 Wednesdays, 7:3

Length: 2 we
First meeting: Feb
Location: Pittman B
Conference Room,

In a period of inflation fight; it is difficult to manage of money supply. Learn to become successful money manager. It class will help identify when your money is going, and discussive average expenditures and avoid in financial difficulties. Design especially for couples. (Both the conveners, graduate studen in the Department of Family Ecomomics, are involved in financial counseling.)



YOU AND YOUR AUTO

Rick McGuire
537-8559
Saturdays, 2:00pm
776-4253
Length: 10 weeks
First Meeting: To be announced
Location: UFM
615 Fairchild Terr
Limit: 15

This class designed for everyone, mechanic and non-mechanic. Basic fundamentals and how to do simple repairs and tests. There will be class lecturing, demonstrations (show and tell). Subjects to be covered: How to change oil, how to change tires, what to buy for replacement parts; how to repair alternators, starters, batteries, carburators, tune-ups. (Rick is a qualified working mechanic here in town, and has had enthusiastic response to this UFM course in the past.)

BICYCLE REPAIR

Bill Jacoby
537-1510 Sundays, 3:30pm
First Meeting: Feb 23
Location: Bill's Bike Shop
1207 Moro

We will be teaching the fundamentals of bicycle care and repair. Class will decide its own direction and how to make the most effective uses of time. (Bill has led this course for a couple of years, owns his own store, and is enthusiastic about this class.)

BASIC ELECTRICAL REPAIRS

Joe Murphy

Tuesday, 7:30pm Length: one time, March 18 Location: KP&L Bldg

A "how-to" session on some basic electrical repairs, like rewiring cords. I'll try to answer any questions you may have.

EASY COMPARISON SHOPPING

Ellen Torrance
532-6750 Wednesday, 7:30pm
539-8504 Length: one time, Feb 19
Location: Cardwell Hall
room 143, KSU

An incredibly easy way to tell if you really save money by buying the 18 oz. box of cereal for 89¢ instead of the 13 oz. box for 59¢. You can use this in stores that don't have unit pricing on every item, or don't change unit pricing labels when they raise their prices. Bring the cheapest purse-sized slide rule you can lay your hands on, or bring about \$1.25 to buy one. (Ellen has a Ph. D. in Math; taught college math off and on since 1963, including several semesters of Math for the Elementary Teacher.)

MULTIPLY WITHOUT MULTIPLICATION TABLES

Ellen Torrance 532-6750

Wednesdays, 7:00pm Length: 3 weeks First Meeting: Feb 26 Location: Cardwell Hall Room 143, KSU

If you can add one-digit numbers, subtract from nine, and double and take "half" of one-digit (ignoring fractions), then you can learn to multiply any big number by any one-digit number, without using multiplication tables and without having to add large numbers in your head. All you do is write out the answer, going from right to left . Developed by Trachtenberg during World War II, this system is widely used in several parts of the world today. (Ellen has a Ph.D in math; taught college math off and on since 1963, including several semesters of Math for the Elementary Teacher.)



a Murry

-6191 Monday, 7:30pm -2496 Length: one time, Mar 3 Location: Union, room 212

n the ongoing tightening of economy, there is a signifit need to know about alternae sources of income. Grants a possible source of funds -this session is designed as introduction to the vast field grants and federal contracts. meeting is open to anyone who nes to attend, and the thrust l be to review the many rerces available for identifypotential federal, state and ndation support for various jects. John, Ass't Dean of the luate School, is the accepted ous expert on all the do's and ts of grant preparation and cution.)

TO COLLECT STAMPS CORRECTLY

. Tom Hagan

-9645

Sundays, 7:30pm Length: indefinite First Meeting: Feb 16 Location: 831 Humboldt

e learn the basics of stamp lecting; how to start collecthow to select, and methods rading stamps without using ey. Foreign students are enaged to come, to find out a-American stamps and to share vledge of their native stamps. . Hagan started the Manhattan p Club and has had exhibitions the library and post office; also does stamp appraising.)

ASIC COURSE IN MANUAL **MUNICATION**

a Gale Dennis

-2293 Thursdays, 4:00pm Length: indefinite First Meeting: Feb 20 Location: Hearing Room Bluemont School Limit: 20

will be a class of instrucin fingerspelling and signs th together constitute ican Sign Language, as used most schools for the deaf, audet College (which is the accredited college for the in the world), & by the deaf ety at large. (Zona holds a er's Degree in Deaf Education is instructor of Hearingired classes in District 383. has taught in schools for the prior to coming to Manhattan)

ING CESSATION

ael Bradshaw

8393 T-W-Th, 7:30pm Length: 6 times (Feb 18-27) First Meeting: Feb 18 ation: Lafene Student Health, Room 1 Limit: 40

smoking cessation class pres the smoker physically and hologically for his new "no ing habit." Films and group ussions will be used to help smoker over the difficult t week. (Mike has been working people who want to stop smokfor the past 3 years.) Enter ne through the emergency ence.

STUDY SKILLS LABORATORY

Mark Reaves/Linda Anderson 532-6432 Tues & Thurs 9:30 or 10:30am First Meeting: Jan 16 Location: 502B Farrell Library~KSU

Study Skills Laboratory offers methods of developing effective study habits which have proven amazingly sound. Give us an opportunity to share our means of dealing with concerns you may have relative to your study skills and habits. A course for leaders of Study Skills groups, including group dynamics and listening skill will run this semester and fall (3 cr.). This class will meet throughout the semester. enrollees are welcome.

HANDWRITING ANALYSIS

Miriam Field 539-5586

Tuesdays, 7:30pm Length: 9 weeks First Meeting: Mar 4 Location: Blue Valley Methodist Church

Introduction to basic principles of graphoanalysis - the scientific study of the strokes in writing which reveal personality and character traits. Graphoanalysis is used as a test in determining aptitudes, social traits, learning methods, emotional response, fears and defenses. Study materials will cost about \$7. (Ms. Field is a certified Master Graphoanalyst. She has studied 7 years and has lectured and taught classes on the subject many times.)

STANDARD FIRST AID & PERSONAL SAFETY

Marlene Oswald

539-3421 Tuesdays, 7-9:30pm Length: 14 hours First Meeting: Feb 18 Location: Military Science

room 7, KSU Limit: 15

First aid is the immediate care given to a person who is injured or who has suddenly taken ill. It includes self-help and home care if medical help is delayed or not available. (Marlene has taught through Riley County Red Cross.)

FIRST AID MULTIMEDIA

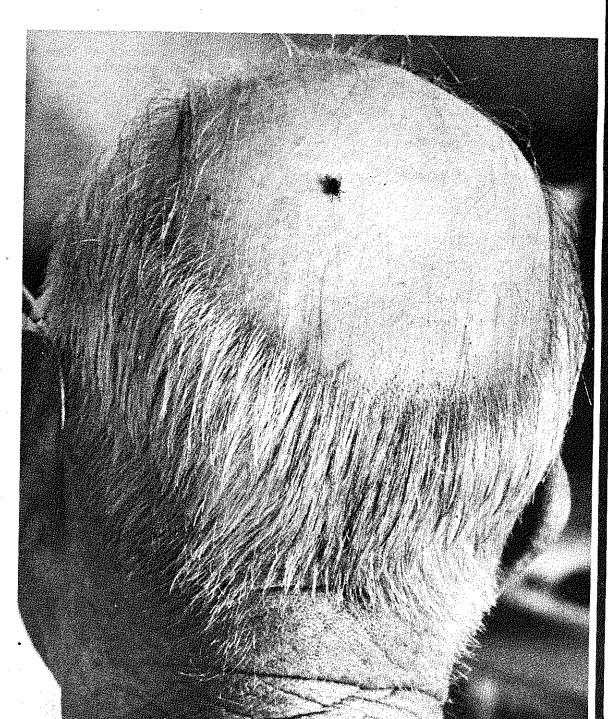
Anne Liedtke 532-6695 Saturday, 8am-5pm 539-7258 Length: one time, Feb 22 Location: Union, room 212 Limit: 10

The American National Red Cross instructional system that features filmed demonstrations, practice sessions, and programmed workbooks. The student is certified as a standard first aider upon successful completion of the course. There is a course fee of \$5, which covers materials, workbooks and texts. Please bring it to the first meeting. (Anne is certified to teach Multimedia First Aid.) HOME REPAIR CO-OP

Mary Compaan/Myrna Daly

539-6618

A group is forming to do home repair or remodeling projects_ painting, wall papering, etc., on a cooperative basis. Please register if interested, and you will be contacted for an organizational meeting. For more information, call the number above.





John McPherson

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Contradictions

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PRACTICAL - INTELL ECTUAL

KANSAS STATE UNIVERSITY AMATEUR RADIO CLUB

Dr. Gary Johnson/Scott Casey 532-5600 Location: Seaton Hall room 401, KSU 532-6615 Sign up and you'll be contacted

KSUARC provides equipment and activities for licensed amateur radio operators using voice, morse code, and teletype operation. It's maximum power output is 1,000 watts. The club provides free message channeling and telephone patching to KSU students and their relatives.

HAM RADIO

Scott/Leroy Buller 776-8618 Thursdays, 7:00pm Length: 8 weeks First Meeting: Feb 20 Location: Seaton Hall room 164K, KSU

This will be a code and theory class to prepare people for a Novice license. If there is sufficient interest, a parallel class will be conducted for those working toward a general class license. (Leroy and Scott are experienced Radio amateurs and have taught this class several times before.)

FRENCH CONVERSATION

Christine Friesen Wednesdays, 8:00pm 537-9369 Length: indefinite First Meeting: Feb 19 Location: W-23 Jardine Terr

Participants should be able to speak basic French. This course is designed primarily for those who want to brush up on their speaking ability or who just enjoy French and want to get together with other people who have a similar interest. (Ms. Friesen is a native of France.)

BEGINNING SWEDISH

Klaes & Linda Passmark 539-9324 Time and place available at registration

The basics of Swedish will be covered with the possibility of discussions on Swedish culture, food, are, or whatever the interests of the class are. (Klaes & Linda have lived and studied in Sweden and are interested in sharing their information.)

BEGINNING HEBREW

Jan Galitzer 539-9292 Thursdays, 7:30pm First Meeting: Feb 20 Location: Manhattan Jewish Congregation 1509 Wreath Ave

This class will provide basic instruction at the primary level. You will learn to read and write Hebrew starting with "Aleph-bet." There will be a small cost to cover teaching materials - about \$1. (Jan has been teaching Hebrew for several years.)

ARABIC LANGUAGE

Basil Al-Rawi 537-7371 Saturdays, 4:00pm Length: 7 weeks First Meeting: Feb 22 Location: Union, room 213

The purpose of this class is to teach Arabic to anybody who is interested. Two levels will be provided: one for beginning and one for advanced students. These sessions will be somewhat more conversational than theoretical. All materials will be provided by the leaders. (The conveners for this course are graduate students from Arabic countries.)

DEFENSIVE DRIVING

Delbert Ekart Sign up and 537-2261 you'll be contacted.

This is an 8-hour course, designed to combat the mounting traffic death toll. It is developed by the National Safety Council, and qualified instructors from the Kansas Farm Bureau will teach techniques of defensive driving. The course is in class rather than in-car-instruction. Materials will cost \$1.

HATR

Rick McClanahan 776-5222 Monday, 1:00pm Section I - Feb 24 Section II - March 10 Length of Course: 1 time Location: 404 Humboldt Limit: 20 per section

How to test products at home and tell whether products that you buy are beneficial or not; why hair is in bad condition; how to understand the use of conditioners; haircare in general. (Rick is a local hairstylist.)

EUROPE THIS SUMMER?

Jim Killacky & friends 539-8304 Thursday, 7:3 Length: one time, Ma Location: Union, room

If you are planning a jaunt acr the Atlantic, or if you're dre ing about it, you might like find out a little more than glossy ads will tell you. We w have a number of people who h lived, studied, or vacationed various parts of Europe - and might be able to make the pl ning or dreaming for your tri little easier. (Jim and frie have lived, studied, & vacation in various places on the of side of the Atlantic.)

HUDSON AUTO INTEREST GROUP

Robert Russell

539-4105 Saturdays, 1:

Length: indefin First Meeting: Ma Location: 2417 Anderson

I'm interested in getting tog er with other Hudson owners sharing information on the le tion of parts and restorat (Robert rebuilt his '53 Hudse couple of summers ago as an a: work and week-end project and very little experience and he

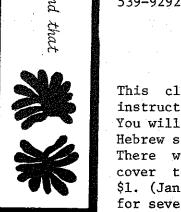
EVERYTHING YOU WANTED TO KNOW ABOUT STEREO (but no one could answer)

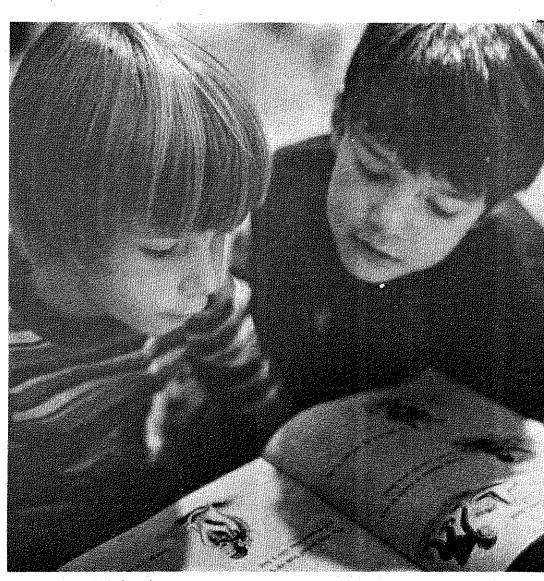
Dave Winter/Kent Kneisley Wednesdays, 7:0 776-4021

Length: 4 ti First Meeting: Feb

Location: Sound Engineer Limit

This will be a consumer orier course in methods of evaluat stereo components. The cou will be presented from a must and low-level technical point view. There will be a lot listening and discussion will encouraged. If there is enc interest, a second section mi be formed. (The people of So Engineering have taught this v successful class before.)







MANHATTAN IN TRANSITION:

EXPLORING HUMAN VALUES AND PUBLIC POLICY

BE A PART OF SCHOOL CURRICULUMS?

Monday - February 17 - Public Library - 7:30 p.m.

alues, ideals, goals - should these be given direct attenion in our students' learning experience? Dr. Jones works extensively with parents, faculty, and students on affective ducation.

> Lois Jones, Human Development & Guidance Resources, Dept. of Education, Maine Peter Sherrard, Director, Counseling Center, KSU Joan Coon, Teacher, Theodore Roosevelt School

FROM COLONIAL COLONIES TO COLONY CLASSROOMS:

AN EXPERIMENT IN EDUCATION

Thursday - March 6 - Public Library - 7:30 p.m.

ow do our expectations of children shape their learning? ow do we meet particular interests and emotional needs f students? How can we learn together while valuing ndividual differences?

Chuck Thompson, Professor of Psychology, KSU Mildred Odom, Kansas Teacher of the Year, and Rex Boatman, Colony Classroom Teachers, Bluemont Deanne Wright, Colony Classroom Parent

SPEAKING OUT! SENIOR CITIZENS ON SENIOR CITIZENS

Thursday - March 27 - Apartment Towers, 300 N. 5th St. 7:30 p.m.

n this forum, senior citizens will speak for themselves n such issues as - What is 'elderly'? How can, and do lder citizens contribute to community? What do they ant and need from the community?

Nadine Burch, Apartment Towers William Lockhart, Continuing Education Richard Morse, Family Economics, KSU Also...Apartment Towers Residents

THE KANSAS COMMITTEE

The Kansas Committee for the Humanities (KCH) is an independent group of citizens working in cooperation with the National Endowment for the Humanities, a federal agency created by Congress in 1965 and supported by public appropriations and private contributions.

FOR THE HUMANITIES

The KCH state-based program provides an opportunity to bring together citizens, public officials, and college and university teachers and other specialists from the fields of history, literature, philosophy, ethics, religion, law and related humanities perspectives to articulate values, priorities, cultural attitudes and traditions so that communities may be able to maintain and strengthen a sense of identity in the midst of inevitable growth and change.

EFFECTIVE CITIZEN REPRESENTATION IN ELEMENTARY AND SECONDARY EDUCATION

Thursday - February 27 - Public Library - 7:30 p.m.

How can citizens, administration, and school board members work together for quality education?

Heinz Bulmahn, KSU All University Teacher of the Year, 1973-74 - Assistant Professor, German B.L. Chalender, Superindendent of Schools Veryl Switzer, Chairman, Board of Education Nancy Twiss, Manhattan Citizen and Parent

ADULT EDUCATION: WHY? WHEN? WHERE?

Thursday - March 20 - Public Library - 7:30 p.m.

How much education is enough? Is education 'just for fun' a legitimate value? How and where can we learn in and outside of formal educational systems?

E. Norman Harold, Director, KSU Continuing Education John Steffen, Director, Non-Traditional Studies Sue Maes, University For Man

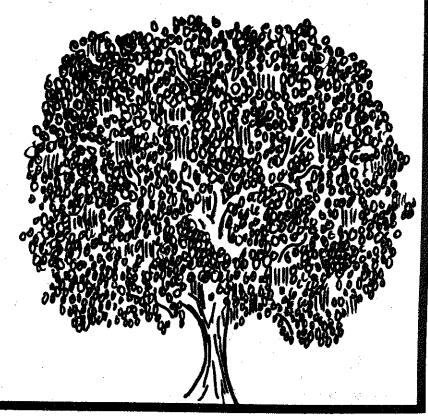
THE WOMEN'S MOVEMENT - PERMANENT OR PASSING?

Thursday - April 3 10:00 a.m. - The Sherrards 7:30 p.m. - The Koepsels 1761 Cassell Road 2815 Illinois Lane

Is the women's movement here to stay? What impact has it had on our laws? our political system? our individual lives? Where did the movement come from, and where is it going? In an informal setting, at either of the above locations, this program will offer a dialogue and discussion with:

Joseph Hawes, Head, History Department, KSU Diane Rausch, Doctoral Candidate

Coffee will be Served!



Composting...acupuncture...creative divorce...

world food crisis...dulcimers...urban
decay...rag time piano...death and dying...
applehead dolls.......these, plus 300 or
so more courses and events represent
what ufm is all about. We hope that
everyone will find something in which
they can be a part. The course offerings are
diverse, practical, innovative, useful
relaxing and stimulating.
They reflect what people in our community
can teach, what people want to learn,
and they are set in an environment designed
for an optimum learning experience.

University for Man is a free university.
Just what good is a free university....after all,
haven't we been taught in our society
to value what we pay for?
Maybe so. But while some of us may be able
to pay for an education we cannot pay for
community. The free university concept grew
out of a lost sense of community. In the
old days," community's were small enough so
that people knew the skills and
expertise of others. When they wanted to
learn those skills, they simply asked the "expert"
to teach them. If they needed to build a barn,
they were assisted by friends.
At one time in our history, schools were
community oriented—the hub of community activity.

The "free" in "free university" refers
to the process of education. Education should be
an adventure—which involves the total
environment, occuring in a community
in which every individual is a participant in the
decisions which influence his or her existence.
The free u attempts to help an individual's

decisions which influence his or her existence. The free u attempts to help an individual's growth and augment a community's services.

The rapid increase in our population and technological orientation of our economy, however, has resulted in the megalopolis which has led us into a new type of society. As communities become larger and more complex, specializations and the number of skills increased, and it became hard to find people who knew how to do everything in a complex society. So, people began to rely on specialists. Systems replaced persons. Intimacy was lost.

University for Man endeavors to create and preserve our own lost sense of community in the KSU/Manhattan area. The main basis for what we do is the simple belief that in each and every community there are people who can teach and people who want to learn. UFM is a medium for people to exchange all kinds of knowledge and information. The course and curriculum development depend on the voluntary involvment of the whole community. Not only do we try to assess and meet the needs of potential learners, but we also try to maintain an

learners, but we also try to maintain an environment of openness and flexibility for experimentation.

UFM cannot exist without this community's input and support - both in participation and in making change. We view education as a lifetime process, and opportunities for learning and growth should be made available to anyone who desires to participate. Therefore, we set up none of the traditional separations such as age, degrees, or prerequisites. Titles such as a "drop-out', 'professor', 'Doctor', 'housewife', are all left behind. We do not charge tuition, offer grades or credit, and registration is open to and in making change. We view education as a lifetime grades or credit, and registration is open to
everyone regardless of age, education, and the 1
Therefore, what is contained in the brochure, is
much more than a list of courses and events.
What is contained is a framework which offers the
possibility for the development of a real
community of learners, with an emphasis
on the singular importance of everyone regard
of age or qualifications - working and playing everyone regardless of age, education, and the like. on the singular importance of everyone regardless together in preserving and perpetuating a sense of community.

thanks!

We started to make a seemingly endless list of people to whom we extend a warm thankyou. They include: folks at the Student Government Association, the Division of Continuing Education, the Manhattan United Way, those who brought us bread and music, and people who came and were with our children. Others provided us with ideas and leads for classes, some typed, proofed, and of course those who donated time to share their knowledge by convening a course. Of most importance are you, who participate in University for Man's classes, because without you this effort

james mecain

for a community could not happen.

To retiring Kansas Sate University President James A. McCain whose sightfulness, strong support, recognition and friendship, since the beginning, have helped make University for Man's growth a reality, we, as a staff, say thanks.

ufm on tv!

Every Wednesday at 6:30pm beginning February 5, UFM classes and activities will be featured on our local Cable Channel 2. The program will feature a wide range of activities and will provide either a good start to your evening watching t.v. or a pleasant half hour before you leave for your own UFM course.

ufm...and beyoηd

Have you ever thought of using your participation in University for Man activities, beyond just being there? There is no reason, in many cases, why you could not receive academic credit for being active in a UFM event. Also have you considered the possibility of developing an experiential portfolio based on your participation in UFM programs If you would like to explore this idea further, please call us and our staff shall attempt to get you started.

a note on ourselves

New efforts this Spring see a grant from Action to develop community gardens for Manhattan, a forth coming Alternatives Conference for Kansas State University and expansion to Clay Center and Marysville under the auspices of the Kansas Committee for the Humanities.

We welcome the new energy of Nina to our staff while at the same time we will miss Carmen Chirveno who has moved on to Salina to initiate a University for Man style of program there.

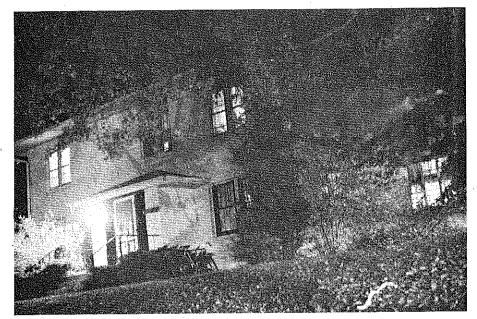
> Special thanks to the Collegian for the use of their pictures. Cover photo: George Kren.

The University for Man house still has a darkroom...food coop...walk-in-crisis center. potters wheel...drug information center...the Fone ...a terrible parking problem (please walk or bike ...and a dog named Spot. You are always welcome to come by and have a chat, or a wee drop of tea.

As a staff we are: Doris Hoerman.....Doug Hoseney.... Jim Killacky.....Robbin Lawrence..... Sue Maes.....Nina Miley....Shella Russell Sue Sandmeyer....Jani Sherrard..... ...Ann Swegle.

registration

We ask you to help us and yourselves by taking time to register for any and all events in which you wish to partake. If you cannot make it to any of the locations below, please call us at 532-5866, between 9:00am and 6:00 pm. during February 10,11, 12. We cannot accept early registrations for classes with limits. Registration locations are:



Ed West

February 10,11,12	K-State Union	9:00 am-4:00 pm.
February 10,11,12	UFM, 615 Fairchild Terr.	9:00 am-4:00 pm.
February 11,12	Douglass Center	9:00 am-4:00 pm.
February 11	Manhattan High School	11:30 am-3:30 pm.
February 11	Public Library	9:00 am-9:00 pm.

university for man kansas State university 615 fairchild terrace manhattan, kansas 66502