

UNIVERSITY FOR MAN

FALL 1975



free

INDEX

COMMUNITY

Pages 4-7

Wills and Estates
 Divorce and Marriage Laws
 Doing your own Divorce
 Landlord - Tenant Forum #1
 Landlord - Tenant Forum #2
 Too Much Month at the End
 Truth in Saving
 Seminar on Alcoholism
 Children's Play Group
 Preparation for Childbirth
 Emergency Childbirth
 Expectant Parenthood
 Evening Child Care
 Professionals Group
 Manhattan Singles Club
 Community Design Workshops
 Open Classroom
 Campus Free College
 Learning Exchange
 Are You From a Small Town?
 Hosteling
 Toastmistress Club
 Toastmasters International
 Venezuelan Slide Show
 Culture of South India
 "Portraits of the Present"
 Can Capitalism Survive?
 Manhattan 2000
 American Issues Forum
 HUNGER FILM SERIES
 VOLUNTEER & SERVICE

CRAFTS

Pages 8-10

Macrame #1
 Macrame #2
 Macrame for Fun and Profit #3
 Macrame #4
 Beginning Tatting - McDonald
 Beginning Tatting - Beckom
 Embroidery
 Beginning Needlepoint
 Needlepoint & Crewel
 Knitting & Crocheting
 Beginning Crocheting
 Advanced Crocheting
 Basic Garment Construction
 Creative Mending
 Puppets for Teens
 Weaver's Fancy
 Ojo de Dios - God's Eyes
 Homemade Kiln
 Flower Pots
 Pottery (Handbuilt)
 Beginning Basketweaving
 Stained Glass
 Silk Screening
 Harmony Hollow Bell Works
 Decoupage
 Picture Framing
 Furniture Refinishing
 How to Get Started in Woodworking.
 Making Wooden Toys
 Beginning Leather Tooling

RILEY COUNTY HISTORICAL MUSEUM

Museums In Manhattan
 Spinning
 Weaving - Inkle
 Patchwork & Quilting
 Tatting
 Chair Caning
 Soap Making
 Rug Braiding
 Museum Advocates
 Oral History
 Special Services

EARTH

Pages 11-14

House Plant Appreciation
 Houseplants
 Children's Gardening
 Hydroponics
 Rx for Your Plants
 Plant Exchange
 Herbs
 Edible Plants
 Vegetable Harvest
 Kansas: - Fence Post Rock
 PLANT PARENTHOOD SERIES
 Dairy Goat Clinic
 Coyote
 Bee Keeping
 Backyard Birding
 Mist Nets and Bird Bands
 Astronomy
 Sauna Construction
 Country Living
 Community Recycling Center
 Environmental Awareness Center
 Mushrooms - Surviving & Advanced
 Wilderness Survival
 Ian McHarg
 Camping/Backpacking
 Flatland Alpine Club
 Basic Camp Skills
 Prairie Natural History
 Farmer & Consumer

AUDUBON SERIES

Birds & Our Landscape
 Kansas Wildflowers
 Trans-Alaskan Pipeline
 The Amazon
 Film: It Began With Birds

AUDUBON FIELD TRIPS

Wakefield Arboretum
 Ashland Research & Lab Facility
 Fall Migratory Bird Trip
 Christmas Bird Count
 Natural History Museum - KU

SOLAR SERIES

Solar Greenhouses
 Dimensions Of Solar Energy
 Solar Collectors
 Solar Home Tour
 Energy Alternatives
 Without Technology

FINE ARTS

Pages 15-16

Magic Tricks
 TV Drama Classics
 Theatre Improvisation
 Dramatic Improvisation
 Jokes
 Works, Wishes, and Writers
 Darkroom A & B
 Reading & Writing Short Stories
 Photography as Communication
 Conceptual Photography
 Antique Bottle Collecting
 What's What in Antiques
 Oil Painting for Beginners
 Tombstone Rubbing
 Kansas Rural-Urban Art Program
 Player Piano Fun
 Fundamentals of Music Reading
 Chamber Music Group
 AAUPP
 Wonderful World of Wine
 Beginning Guitar A & B
 Beginning to Intermediate Guitar
 Intermediate Guitar A, B, & C

FOODS

Pages 17-18

Downhome Cooking
 American Cooking
 Complete Mexican Meal
 South American Cooking
 Jewish Cookery
 International Cooking
 When the High Cost of Food
 People's Grocery
 New Cuisine
 Simple Breadmaking
 Introduction to Baking
 Bread Making
 Serving Turkey
 Soybean Cooking
 Holiday Cooking

COOKING SERIES

Mexican Cooking
 Breadmaking
 Pizza
 Chinese Cookery
 Christmas Cookery

Jr. High Boys' Supper Club
 Wine Making Made Easy
 People's Beer
 Great Potato Revival - Part II
 Yoghurt
 Creative Cheese Making

MIND-BODY SPIRIT

Pages 19-23

BODY & SPIRIT

Sufi Dancing
 Gift of Awareness
 Kundalini Yoga
 Yoga After Forty
 Hatha Yoga
 Beginning Yoga
 What's the Rub?
 Massage
 Reflexology
 Self Awareness thru Dreams
 Stress Management
 Guided Affective Imagery
 Biofeedback/Relaxation

WOMEN

Survival for Suddenly Single
 Attitudes Toward Mothering
 Women's Consciousness Raising
 Women's Rap Group
 Women Need Friends Too
 Auto Communications for Women
 Woman Plus Woman
 Career Exploration for Women
 International Women's Year
 Women's Resource Center
 Rape Prevention
 Focus
 Women's Issues Materials
 Pregnancy Counseling

PHILOSOPHY & THEOLOGY

Philosophy

Bhagavad-Gita
 Objectivity in Science and Religion
 Cosmic Consciousness
 A- Plato-For Fun-of Course!
 Medicine and Religion
 "Civil Religion"
 New Testament Literature
 Church Related Vocations
 Daily Word Study Meditation
 Prayer- Study Breakfast
 Noon-time Study
 Meet the Mormons
 Introduction to Islamic Studies

Pages 26-27

Page 30

SELF & OTHERS

Assertive Training
 Assertive Training Workshops
 C-Groups
 Methodist Theology
 Drop In Before You Drop Out
 Anger - Fear - Loneliness
 Children of Sappho
 Gay Counseling
 Life Planning Workshops
 Apocalyptic Literature
 College Adjustment
 Breakthrough
 Recovery, Inc.
 I'M OK - You're OK Weekend
 Of Men, Of Self
 Personal Conversation
 Open Marriage
 FAMILY LIFE FILM SERIES
 Couples Co-Operative
 Marriage Seminar
 Couples Communication
 Couples Retreat
 Creative Divorce
 Marriage Encounter Weekend

Be a Clown
 Aikido
 Rapelling
 Weight Training for Women
 Bike Touring
 Bike Hike
 Running Around
 Adult Swimming
 Swimming
 Tennis and Squash Racquets
 Beginning Tennis
 Tennis
 Power Volleyball
 Belly Dancing
 Aerobic Dancing
 Frisbee
 Flint Hills Equestrians
 Family Canoeing
 Intermediate Bridge Workshop
 Beginning Bridge
 Beginning Table Tennis
 Juggling
 Billiards
 Mah Jong
 Backgammon

CALENDAR

Pages 31-32

UFM One Timers

SKILLS

Pages 28-29

Introduction to Book Repair
 Stone House Tour
 Going, Going, Gone
 Bicycle Repair
 You and Your Auto
 Auto Mechanics
 Basic Auto Body Repair
 Beginning Bookkeeping
 Beginning Typing
 Metrication
 Job Interviewing
 Pressure Point Architecture
 Economics
 Art of Grantsmanship
 Statistics
 Arabic Language
 Conversational Spanish
 Beginning Hebrew
 Intermediate Hebrew
 Teen-Age Skin Care
 Hair
 Handwriting Analysis
 Cross-Town Bus
 First Aid
 Amateur Radio - In General
 Amateur Radio for Novices
 Getting into Radio Broadcasting
 How to Collect Stamps Correctly

CREDITS

PHOTOGRAPHS

Steve Good & George Kren

Steve traveled on foot from eastern Kansas to the Colorado border this summer-meeting, talking with, and photographing the people and places of Kansas. His photos appear on pages 4, 5, 12, 13, 15, 17, 19, 20, 21, 23, 25, 27, 29 and the cover.

George has been working with Jani Sherrard, our staff member in charge of the Kansas Committee for the Humanities grant. George has gone all over the state, with Jani, taking both color slides and black and white photographs. His photos are on pages 9, 13, 24 and 25 and there is more about the KCH project on page 24.

The QUOTES are taken from Ms. Sherrard's taped interviews with Kansans. Read more about Kansans on Kansas - page 24.

LAYOUT & DESIGN of the brochure is by Shella Russell.

STATEWIDE ACTIVITY

Pages 24- 25

KCH
FIPSE

WHY REGISTER?

For those of you who wish to take one or more of UFM's courses, please read the following:

UFM has no way to force you to register. . . or once you've registered, to make you come to the class. We depend on you to follow through. We'd just like to mention what happens when you don't register or don't show up for class.

■ leaders prepare handouts, cook food, order supplies, etc. for the number of class cards they receive after registration.

■ classes are scheduled in a room or space which UFM feels will suit the participants.

■ if more people show up than registered, frustration and chaos is likely to happen. If you sign up and then don't come without calling the leader, the leader's time and energy is wasted.

■ most of the organizations who finance UFM ask us for enrollment data. We don't have complete data if you don't register.

■ by registering, you can be contacted as to a change of date, location, or an addition in your class.

How to register:

Come to one of the following locations and fill out a registration card for each class you would like to take:

September 22,23,24	KSU Union	9 am to 4 pm
September 22,23,24	UFM-615 Fairchild Terr.	9 am to 4 pm
September 23	Public Library	9 am to 9 pm
September 23	High School	11am to 2 pm

or telephone UFM, 532-5866 from 9 am to 6 pm September 22-24.

No early registrations please. ■

COMMUNITY

WILL AND ESTATE PLANNING

Don Hill 776-9288

Tuesday, 7:30pm
Length: one time, Oct 21
Location: Public Library Auditorium

Topics to be covered will include: estate planning with regard to tax liabilities, distribution of assets, gifts, and preparing wills.

(Mr. Hill is an associate of Stites, Hill, and Wilson - and was admitted to practice in 1966.)

DIVORCE AND MARRIAGE LAWS

Richard Seaton

Wednesday, 7pm
Length: one time, Oct 22
Location: Public Library Auditorium

A presentation/discussion on the divorce and marriage laws in the state of Kansas, and what they could mean to you.

(Mr. Seaton is a long-time Manhattan resident and local attorney.)

DOING YOUR OWN DIVORCE

Craig Ferguson 776-6475
Steve Abrams 1-927-2219

Thursday, 7:30pm
Length: one time, Oct 30
Location: Public Library Auditorium

How to do your own divorce. Not recommended for families with children or extensive personal or real property. Both husband and wife should attend if possible, since this takes the cooperation of both people. Personal experience along with legal procedures will be covered. Bring pencil and note pad.

(Steve is a law school graduate and has done domestic relations work for a legal aid agency. Craig has done his own divorce.)

LANDLORD - TENANT FORUM #1

Don Low 532-6541

Monday, 7-9pm
Length: one time, Oct 6
Location: Public Library Auditorium

Local attorneys will provide information and answer questions about the new landlord-tenant law. The session is primarily for landlords, but anyone is welcome.

(This session is co-sponsored by the Riley County Bar Association.)

LANDLORD - TENANT FORUM #2

Don Low and Annette Thurlow 532-6541

Monday, 7:30pm
Length: one time, Oct 20
Location: KSU Union, Big Eight Room

This forum will focus primarily on student tenant's right under the new law and will be aimed towards problems with landlords. If you have questions or have unresolved problems with your landlord, come meet with us. Questions of others may help you with future problems.

(Don is the student's attorney and Annette is with the Consumer Relations Board. Both can be reached in the SGA office in the KSU Union.)

TOO MUCH MONTH AT THE END OF THE MONEY

Connie Hoerman 537-7027

Thursdays, 7pm
Length: 6 weeks
First meeting: Oct 2
Location: KSU, Justin Hall, Rm. 341

Where, oh where, does the paycheck go? The basics of budgeting for a family or an individual will be covered. Major topics include food buying, housing, use of credit, and consumer values; however, any topic of interest can be discussed.

(Connie is a graduate student in Family Economics and began financial counseling this summer.)



TRUTH IN SAVINGS

Nancy Granovsky 532-5515

Wednesday, 7:30pm
Length: one time, Oct 29
Location: Public Library auditorium

How much interest are you earning on your savings account? Often you're left in the dark on how to figure interest on your savings - and your money doesn't earn as much as it might. Two institutions offering the same rate may pay differing dollar amounts on interest. Come to this panel discussion and find out how you can beat the system and earn what your savings are worth to the lender.

(Nancy is a graduate student in the Dept. of Family Economics at KSU and an instructor. She has done extensive research on saving institutions and wishes to share her findings.)

SEMINAR ON ALCOHOLISM

The Junior Chamber of Commerce and the local chapter of the National Council on Alcoholism will co-sponsor a community seminar the third week of November. The seminar, open to the public, will focus on how to recognize the danger signals of alcoholism, the extent of the problem, and the resources of our community and state available to those wanting help. The location and exact date of the seminar will be advertised later. For details, contact Doug Stueve, Operation Threshold for the JC's, or Helen Gross, Exec. Director of the local NCA chapter (539-5142).

CHILDREN'S PLAY GROUP

Liz Silberman 537-0372

Tuesdays, 10-11:30am
Length: indefinite
First meeting: Sept 30
Location: 1520 Harry Road
Ages: 2-3 years

Jan Galitzer 539-9292

Wednesdays, 10-11:30am
Length: indefinite
First meeting: Oct 1
Location: 1504 Humboldt
Ages: 1-2 years

Parent participation playgroups for children which provide companionship for both child and parent once or twice a week. (Liz and Jan are both mothers and have a sincere interest in children. Both have led or participated in children's play groups before.)

PREPARATION FOR CHILDBIRTH

Kathy Steiner 537-7640

Wednesday, 7:30pm
Length: one time, Oct 1
Location: KSU Union, Rm. 207

Discussion of childbirth as a creative and caring act - and a way to prepare to make it so. Especially for prospective parents, and anyone who has, or may someday have a child. The film "Lynn and Smitty" will be shown.

(Kathy has been a childbirth educator in Manhattan for 3½ years and is a parent of two "Lamaze babies.")

EMERGENCY CHILDBIRTH

Dr. Rex Fischer 539-5322

Wednesday, 7:30pm
Length: one time, Nov 19
Location: Public Library auditorium

Even the best laid plans are often at the mercy of Mother Nature. This class will include a film on emergency childbirth and a discussion on what to do, and what problems might be encountered.

(Dr. Fischer is a local gynecologist.)

EXPECTANT PARENTHOOD

Lynn Peterson 539-7964

Sign up and you'll be contacted as to time, date, and location.

Looking forward to parenthood can be both an exciting and a frightening venture for men and women. Here's a chance to get together informally with other expectant parents and exchange your feelings and ideas. Whether your male or female, whether this is your first child or your fifth, come share your thoughts on pregnancy, birth, children and parenting.

EVENING CHILD CARE

Shella Russell 532-5866

The need for an evening child care center has been expressed by members of the KSU/Manhattan community. If you, too, are experiencing this need in order to attend and/or teach UFM classes, or just need to get out of the house for a couple of hours in the evening, please sign up at registration. I have a list of people who signed up in the summer, and plans are in the making for a meeting to discuss possibilities. You will be contacted. The object is cheap, but quality evening child care. Your ideas and help would be most appreciated.

DISCUSSION GROUP FOR PROFESSIONALS

Barbara Rockwell 532-6432
 Bill Zelazny 537-8960

Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.
 Limit: 10

We are a small group of professional men and women who would like to invite other professionals to join us to meet socially and share food and discussion. We hope to develop into an on-going activity.
 (Bill and Barb are 2 professionals.)

MANHATTAN SINGLES CLUB

Linda Shapiro 776-6135
 Jim Mitchell 539-7928

Fridays, 8:30pm
 Length: continuous
 First meeting: Sept 26
 Location: Briarcliff Clubhouse

Manhattan Singles Club invites fellow singles to a party Friday, Sept 26 at the Briarcliff Clubhouse. Beer and snacks provided. Our activities have included parties, trips to plays, picnics, rap sessions along with activities for various special interest groups such as bridge, tennis, etc. For all singles 22 and over.

COMMUNITY DESIGN WORKSHOPS

Rory Turner 537-0568

Wednesdays, 7pm
 Length: indefinite
 First meeting: Oct 8
 Location: Douglass Center
 9th & Yuma

Community Design Centers have been set up in other cities by architecture students with the idea of providing free architectural assistance to people wanting to improve or expand their homes or apartments. Anyone wanting to help work on setting up such a Center here in Manhattan is welcome to attend these workshops. Resource people from the community will be invited to help in the planning and establishment of the Center.
 (Rory's friendliness, humor, energy, and innovative ways are an inspiration to all who encounter him.)

THE OPEN CLASSROOM

Sue Sandmeyer 539-9376
 Dave & Kathy Hursh 539-1677

Sundays, 7pm
 Length: indefinite
 First meeting: Oct 19
 Location: UFM living room
 615 Fairchild Terr.
 Limit: 15

We are interested in sharing our experiences and knowledge about: creating curriculum, (discipline), evaluation, working with math, science, reading and writing, social studies, music, art, media, architecture, physical and movement education in elementary and junior high schools. We realize that each of the above could be a course in itself so at the first meeting we plan to discuss which ones we know the most about, and learn which ones you are most interested in. We could designate specific meetings to discuss your and our ideas and concerns about any or all of the above.
 (David has taught 3 years in a private non-profit elementary and junior high school in Omaha. He has a M.S. in Family and Child Development (KSU). Kathleen has taught 2 years in a Montessori pre-school and taught home economics 1 year in a public junior high school. Sue did her student teaching in an open classroom school in Omaha. All three are presently working to start a non-profit pre-school this winter and an elementary school next fall.)

"Life to me isn't looking through a peep hole. It is broad and I love it all."

CAMPUS FREE COLLEGE

Campus Free College is a three year old, continent-wide, non-residential college available to students in 175 communities in North America, including Manhattan, Kansas. Campus Free College as it's name states, does not have a campus, but offers instead, human resources and services. These are available through 300 carefully chosen academic advisors who work person-to-person with students to help them plan a college curriculum, design specific learning projects, and gain access to local teachers, programs or other resources. CFC's services are open to students from other colleges and universities, to people not seeking credits or degrees, as well as to those who find campus free learning their best route to college graduation or professional training. For more information call Dave Hursh (539-1677) or Sue Maes (539-6609).

LEARNING EXCHANGE

ULN 532-6442

The idea behind the Learning Exchange is to facilitate growth by matching people throughout Manhattan and the KSU community that share common interests, desires or skills. Beyond that, the Exchange provides you with the opportunity to share your knowledge on a one-to-one basis with someone that is interested in learning what you know. The service is free and there are no age restrictions or educational requirements. Anyone can register as a teacher, learner, interested person, or all three. To register or for more information, call or walk in - we're located in the ULN in the Center for Student Development, Holtz Hall, KSU. Operating hours are 9am-5pm, Monday thru Friday (532-6442).

ARE YOU FROM A SMALL TOWN?

Jim, Sue & Joe from UFM 532-5866

Sign up at registration and you will be notified as to the day, date, time and location of this meeting.
 Length: one time, possibly more
 UFM is in the process of setting up free universities in six Kansas communities - Abilene, Marysville, Clay Center, Hoxie, Norton, and Oberlin. If you come from any of these places, or anywhere else and would like to give us the benefit of your support and knowledge, we would really like to visit with you.
 (Jim, Sue and Joe are co-ordinating the efforts in the small towns.)

INTRODUCE YOURSELF TO HOSTELING

Warren & Pat Rempel 539-4934

Thursday, 7pm
 Length: one time, Oct 2
 Location: UMHE, 1021 Denison Ave.
 Open to anyone up to 110 years of age!

A one-shot introductory session to help you understand what "hosteling" is. What are youth hostels? Who can stay in them? Where are they located? What are hosteling customs? Hostels in the U.S. and abroad? How about family hosteling? Individual or group hosteling? Organized trips in the U.S. and abroad? Hosteling, backpacking, or camping?
 (Warren and Pat Rempel have organized trips in the U.S., Europe, and Japan; they also own and operate one of the finest hostels in the country, at Grand Lake, Colorado.)

TOASTMISTRESS CLUB

Alice Roper 537-7715

2nd & 4th Mondays, 7:30pm
 Length: continuous
 First meeting: Sept 29
 Location: Kansas State Bank,
 Westloop Shopping Center

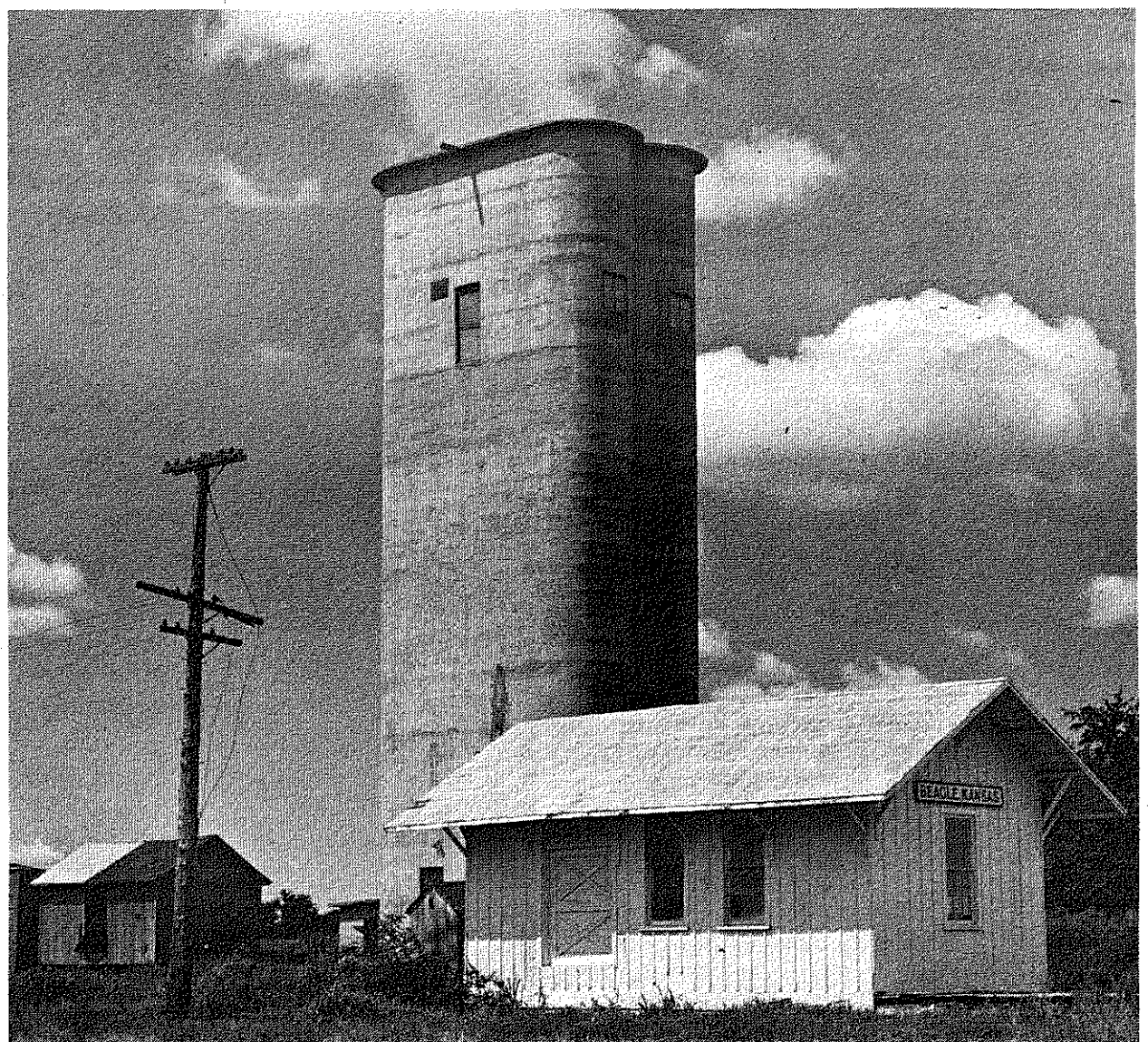
The purpose of this club is personal improvement in speaking, conducting meetings, participating in meetings and skill in parliamentary procedure.

TOASTMASTERS INTERNATIONAL

Ted Hopkins 537-1545
 Steve Adkins 537-8646

2nd & 4th Tuesdays, 7:30pm
 Length: continuous
 First meeting: Oct 14
 Location: Kansas State Bank,
 Westloop Shopping Center

Do you speak articulately to others, individually or in groups? Can you present your viewpoint effectively on the spur of the moment? Do you willingly accept assignments to present oral reports? The Toastmasters program in leadership and communication will provide you with the skills to answer these questions - YES!
 (More than a million men have benefited from membership in more than 3,400 Toastmasters Clubs in the U.S. and 45 other countries of the Free World.)



VENEZUELAN SLIDE SHOW AND DINNER

Leo Romer

776-7595

Sign up at registration and you will be contacted as to the date, time and first meeting of the class.

Length: 1 hour a week for several weeks
Location: 901 Knox Lane

This will be an on-going series of slide shows of rural Venezuela, which will include different trips to the jungle and desert areas of the country. A Venezuelan dinner will be served once.

(Leo was born in Venezuela and has spent the last 15 years studying in the U.S.)

CULTURE AND GEOGRAPHY OF SOUTH INDIA

Bruce W. Kieler

537-7623

Length: 3 meetings

Sign up at registration and you will be contacted as to dates, time, and place of class.

We will explore the southern part of India through the use of slides and objects of interest. Hopefully, some "feel" for India as a country and for the Indian people will be elicited through a class of this type. (Bruce's experience includes 3 years of language study (Tamil) and two trips to India, once in 1971 as a research assistant for the University of Houston Anthropology Dept. and again in 1973-74 as a language fellow of the American Institute of Indian Studies.)

"PORTRAITS OF THE PRESENT"

Jim Lackey

539-4281

Thursdays, 12 noon (sack lunch)

Length: indefinite

First meeting: Oct 2

Location: UMHE, 1021 Denison Ave.

This luncheon series is designed to put together a collage about "the present state of things" as K-State people paint their own verbal pictures. While the speakers come from different areas of our campus, the pictures they propose in words are not necessarily scenes from their academic disciplines. This is an adventure in showing and in seeing - pictures of the mind - about our times.

(Jim is a campus minister with the United Ministries in Higher Education.)

CAN CAPITALISM SURVIVE?

Jan Flora

532-5723

Joe Rippetoe

532-5866

Wednesdays, 7:30pm

Length: 3 weeks

First meeting: Oct 1

Location: KSU Union, Rm. 204

Time magazine may have boldly posed our title question recently, but the answers offered didn't tell us much. True, American capitalism probably will endure, but it's changing at a very rapid pace. No one seems to know what it will look like ten, or even five years from now. The President's Council of Economic Advisors obviously has no answer, and neither does Milton Friedman. (Jan and Joe want to "try" to develop some new perspectives on what's really happening and what's possibly going to happen.)

"I'm a lawyer and I walk to work every day. I see the post office people, the ministers, people working in their yards, garbage collectors - they are all my friends. I talk to them every day. Sometimes it takes me 45 minutes to walk eight blocks. That is something I will not give up."

MANHATTAN IN THE YEAR 2000

Doris Hoerman

532-5866

Mondays, 7:30pm

Length: indefinite

First meeting: Oct 13

Location: UMHE, 1021 Denison Ave.

Limit: 25

"Man's going to start behaving very differently. He'll have entirely new criteria. So the critical point is 1975. If we can get past 1975, we've got it made, quite literally."

R. Buckminster Fuller, 1971

I would like to meet with others to discuss if we've "got it made" now that 1975 is upon us. Several people from different areas of the community (government, educators, biologists, agriculturalists, etc.) will be invited to share their views as to where personkind (Manhattan, in particular) is going, including what they think the foreseen and unforeseen problems of the future will be, and how to deal with them. I'd like to avoid an abstract discussion of the "future of humanity" and deal constructively with the issues.

(Doris is an amateur generalist.)

AMERICAN ISSUES FORUM

Mary Clarke

539-6979

Sundays, 9:50-11am

Length: continuous thru May

Location: First Presbyterian Church, Fisher Hall, 8th & Leavenworth

The Adult Sunday Seminar at the First Presbyterian Church will sponsor nine 4-week series of its year long bicentennial theme of American Issues Forum. This is a Bicentennial calendar of issues for all Americans, young and old alike. Led by community people, the series will be held monthly for the next 8 months. The series, which will focus on some of the most fundamental and critical aspects of our society, will consider the following topics:

October	- Land of Plenty
November	- Certain Unalienable Rights
December	- A More Perfect Union
January	- Working America
February	- The Business of America
March	- American in the World
April	- Growing up in America
May	- Life, Liberty and the Pursuit of Happiness

HUNGER FILM SERIES

Mondays, 12:30 and 7:30 pm

Length: Sept 15 to Oct 20

Location: Forum Hall or Little Theatre, KSU Union

The American Baptist Campus Ministry and the Union Activities Co-curricular Committee are sponsoring a 6-week film series on the problem of world hunger. Films dealing with various factors related to hunger from respondents who have worked in related areas.

Sept 15 -- Beyond the Next Harvest (1975) an overall summary of the world food problem. (Forum Hall) (26 minutes)

Respondants: Dr. O.J. Scoville, 12:30 & 7:30
Prof. of Agricultural Economics
Ms. Celeste Habiger, 7:30 only
Kansas Social Welfare

22 -- Sahel, The Border Of Hell (1974) portrays the problems of severe drought and resulting starvation. (Forum Hall) (30 minutes)

Respondants: Dr. Berl Koch, Prof. Animal Sci. and Industry
Dr. J.A. Hobbs, Prof. Agronomy

29 -- Hunger (La Faim) (1974) portrays affluent over-indulgence in a world where millions starve. (Forum Hall) (12 minutes)

Not Enough shows the growing gap between food production and population growth. (28 minutes)

Respondants: Dr. Cornelia Flora, Asst. Prof. Sociology and Anthropology
Dr. Jan Flora, Asst. Prof. of Sociology & Anthropology
Dr. Jerry Weis, Assoc. Prof. of Biology

Oct 6 -- The Edge of Hope (1970) examines inequities in economic relationships between those who work the farms and those who reap the profits. (Forum Hall) (24 minutes)

Respondants: Dr. Richard Vaden, Assoc. Prof. Business Administration
Dr. Paul Kelly, Prof. Agricultural Economics

13 -- Diet For A Small Planet (1974) based on Francis Moore Lappe's book. (Little Theatre) (20 minutes)

Respondants: Ms. B. Finkelstein, Prof. Foods and Nutrition
Dr. John R. Pederson, Instr. in Grain Sci. and Industry

20 -- One And A Half Dreams (1973) introduces United Nations aid programs and shows the obstacles they face. (Little Theatre) (24 minutes)

Respondants: Dr. Raymond V. Olson, Prof. of Agronomy
Dr. Joseph Hajda, Director-Assoc. Prof. International Activities

VOLUNTEER & SERVICE

OFFICE OF VETERAN'S AFFAIRS

Dirk Minson 532-6420

The office provides a central point where any veteran may refer to when in need of assistance. It is located in Fairchild Hall on the KSU campus. We are prepared to counsel veterans concerning higher education and, additionally, to assist the veteran in housing, employment, health, recreation, vocational and technical training and financial assistance. Open 5 days a week, 8am - 5pm.

HEAD START

Yvonne Lacy 539-4404

Pre-school program for low income children and families, dealing with all aspects of child rearing with each family enrolled. Volunteers are needed, including men, to interact and work with children, at least three hours per week.

MANHATTAN DAY CARE

This organization needs volunteers for half days, one day a week, 7:30am-5:30pm Monday through Friday. Call Ms. Hooper at 776-5071.

BABY SITTING CO-OP

Barb Poresky 539-2967

Members of the co-op offer their services to other members on an even trade basis. Membership open. Secretary coordinates sitters.

BIG LAKES DEVELOPMENTAL CENTER

Ibrahim Hussein 776-9201
230 A Poyntz

Child care centers, adult vocational training and employment, and residential center for developmentally disabled adults and children.

ADULT BASIC EDUCATION CENTER

776-4511
2031 Casement Road
Hours: Mon - Thurs 10am-8:30pm
Fri - Sat 10am-6pm

Open enrollment and instruction is available for any adult 16 years and older not enrolled in high school. Tutoring for GED tests is available in reading, math, grammar, social studies, science, and literature. Specialized help in remedial reading and math is also available. Classes also include English for foreign born people and preparation for US citizenship.

FRIENDSHIP TUTORING

Mary Winden 532-5506
537-0927

Thursdays, 7-8:30pm
Length: continuous

The Friendship Tutoring Program is designed to provide learning skills and experiences through individualized tutoring (in a one-to-one relationship) and through group activities. Manhattan school children, grades 2-12, are eligible for the program. Volunteer tutors with an interest and willingness to work with children are needed.

NORTH CENTRAL FLINT HILLS AREA AGENCY ON AGING

Jim Seeber 776-9294

Planning for community and public groups about aging; general advocacy for older citizen needs; and education about aging. Volunteers are needed to help in data gathering and analysis and promotion of services for senior citizens.

MEALS FOR THE ELDERLY

This project needs two people to help on a regular basis from 11:30 - 1:30pm Monday through Friday at the Douglass Center. Call 537-9146.

BIKEWAYS ADVISORY COMMITTEE

The BAC to the city commission is currently studying licensing of bikes, parking problems and bike safety education in Manhattan. Depending on the outcome of a "Bike Users Survey," bikepaths might be planned for the city. Citizen input on any of these areas is most welcome. For more information call 539-2036.

"The typical stereotype Kansan would be a good neighbor, in most cases be the law abiding type; he would be, in spite of himself, somewhat prejudiced; he would be conservative, probably be a Republican; he would be optimistic in spite of economic predictions and bad weather - it won't stay bad forever. He is accustomed to Kansas being the butt of the jokes not only in the media but in entertainment circles. Beyond that he is probably a damn fool for staying in the place."

LEAGUE OF WOMEN VOTERS

Joan Cox 539-5209

Citizens age 18 and over who study and act on concerns that can be dealt with through government at local, state, or national level. Present program items under study: special education in local schools, bike-ways, recreation, city government - law consolidation. The status of women in Kansas legally and economically, and women and girl criminal offenders are being studied in state programs.

MANHATTAN ARTS COUNCIL

Helen Gross 539-5142

Coordinating, educational and service organization to foster, promote, encourage and increase the knowledge, appreciation and practice of the arts in Manhattan and the surrounding area. The Council welcomes suggestions from individuals or organizations regarding program possibilities, and volunteers for implementing a growing variety of projects.

RILEY COUNTY UNIT, NATIONAL COUNCIL ON ALCOHOLISM AND DRUG EDUCATION

Helen Gross 539-5142

Designed to contribute to the understanding of alcoholism and drug dependence through education. A 30-member board of directors provides input from the community's resources and directions for the NCA's community programs. An occupational unit will be established this year designed for management-employees' education relating to this problem.

PAROLE AND PROBATION VOLUNTEERS

Caroline Peine 532-6432
Tammy Hawk
Christy Nickelson

Tuesdays, 3:30pm
Length: 7 weeks
First meeting: Sept 30
Location: KSU Union, Stateroom #3
Limit: 20

Looking for a chance to do a real job on a volunteer basis? Join us as a parole and probation volunteer. Clients will be from the municipal and/or county courts. Upper-class status preferred. (Caroline has been directing this volunteer program with the municipal court for about 6 years. Tammy is the municipal court probation officer and Christy is the Riley County Misdemeanor Court probation officer.)

ADULT PROBATION OFFICERS

Steve Guy 776-4854

Volunteers are needed to supervise and direct clients convicted of misdemeanor offenses in Riley County. Volunteers should be available for one year periods.

CORNER COP

Al Myers 537-2990

Police officers are willing to arrange group or individual sessions to discuss community concerns. Please give Inspector Myers a call if interested.

MENTAL HEALTH ASSOCIATION (RILEY COUNTY)

Julian Johnson 539-5123

Works toward better conditions for mental patients and for better educational programs about mental health for the lay public. Volunteers are needed to do research in the field of mental health.

RED CROSS

Rena Jones 537-2180
1619 Poyntz

Mother and baby class, disaster assistance, first aid classes, swimming and water safety courses. Volunteers are needed to help with disaster programs, first aid classes, making posters, doing publicity, journal writing, blood mobile. Volunteers should contact the Red Cross office.

WORLD FRIENDSHIP

Anne Murphy 539-8137

Tuesdays, 9:30-11am
Length: continuous
Location: First Presbyterian Church
801 Leavenworth

World Friendship seeks to foster friendships between international and American women, acquaint new arrivals with the community and its facilities. Activities include interest groups such as cooking, sewing, handicrafts, conversational English. Transportation and nursery care are provided. Volunteers are needed to lead interest groups.

"EMERGENCY" INTERPRETERS

UFM is trying to get a list of people who are fluent in various foreign languages, to serve as interpreters for non-English speaking people in an emergency situation. The list would be given to the police, hospitals, etc. If you could serve in this capacity, please sign up at registration.

CROP WALK - A CHANCE TO HELP

Dave Stewart 539-3051
539-6847

Amid our abundance it is often hard to remember that many in the world are starving. Fact is that 20% of the earth's goods are spread over 2/3 of the population. We are among the 1/3 with 80%. The Crop Walk for Hunger, 2-5pm, Sept. 28, is an opportunity to say we care. Please plan to support this effort either by walking or by sponsoring a walker. You'll be helping a lot of hungry people. For more information, call the above numbers.

CRAFTS

MACRAME #1

Janet Skoch 532-3336
 Wednesdays, 7pm
 Length: indefinite
 First meeting: Oct 1
 Location: Ford Hall (Basement-study rooms, KSU)

Limit: 6

We will focus on the art and techniques of tying knots. An exchange of ideas will be a large part of the class. Bring supplies to the first meeting. Telephone Janet if you have questions about supplies. (Janet is familiar with many handicrafts and would like to learn more by sharing ideas.)

MACRAME #2

Melody Williams 539-6390
 Tuesdays, 7pm
 Length: 2 weeks
 First meeting: Nov 4
 Location: Rt 5, Rocky Ford Trailer Court 50
 Limit: 6

We will learn the basic knots and incorporate them into projects such as plant hangers or small wall hangings. Materials will be provided in the class and a small fee will be charged to cover the expense. (Melody has taught classes at UFM for several years and has been delightful to work with.)

MACRAME FOR FUN AND PROFIT #3

Janet Remmers 537-8958
 Margaret Smith 537-8191
 Wednesdays, 7:30pm
 Length: 6 weeks
 First meeting: Oct 1
 Location: KSU Union, 3rd floor crafts room
 Limit: 15

We'll learn the basics of macrame and make plant hangers, wall hangings, etc. Expect to spend no more than \$5 for materials. Get a head start on Christmas gifts for your friends and family. (Margaret and Janet have found this activity to be pleasurable as well as profitable.)

MACRAME #4

Susan Bryant 537-7008
 Saturday, 2:30pm
 Length: 3 weeks
 First meeting: Oct 18
 Location: UFM Living Room
 615 Fairchild Terr.
 Limit: 25

Macrame is the art of tying knots. If you have a wall that seems bare or if you need an extra belt, solve your problem by learning to macrame. We will cover the basic knots that are used in macrame and variations of these basic knots. Cost of the class will depend on how large an item you decide to make. Bring ideas and materials to the first class. (Susan has been doing macrame for the past 4 years and has helped a lot of her friends get into the knot-tying act.)

BEGINNING TATTING--McDonald

Jan McDonald 539-3409
 Saturdays, 1pm
 Length: 3 weeks
 First meeting: Oct 11
 Location: UFM Living Room
 615 Fairchild Terr.
 Limit: 15

The class will start with the very basic knots of single strand tatting and move on to a double strand variation. (Jan learned about tatting from her grandmother last year and is very enthusiastic about getting it out of the lost art category.)

BASIC TATTING--Beckom

Eva Beckom 539-0323
 Thursdays, 6:30-7:30pm
 Length: indefinite
 First meeting: Oct 23
 Location: UFM Living Room
 615 Fairchild Terr.

Limit: 5

This is a skill that needs practice and patience. We will learn stitches, joining and pattern reading. Shuttle and Knit-Cro-Sheen thread should be brought to the first class. (Eva recently taught herself tatting.)

EMBROIDERY

Janet Skoch 532-3336
 Wednesdays, 7pm
 Length: indefinite
 First meeting: Oct 1
 Location: Ford Hall (Basement-study rooms, KSU)

Limit: 6

Bring your ideas and supplies to the first session. We will focus on learning the basic stitches of embroidery and share ideas. (Janet would like to meet people who have an interest in handicrafts.)

BEGINNING NEEDLEPOINT AND BARGELLO

Carlyn and Craig Ferguson 776-6475
 Wednesdays, 7pm
 Length: indefinite
 First meeting: Oct 8
 Location: 401 Thurston
 Limit: 10

Carlyn finds needlepoint one of the most relaxing crafts she's ever tried. Craig is left-handed and tried needlepoint because Carlyn said it was fun. They offer books to look at, experience and ideas. Bring a project—it can be a kit or something you designed. Bring materials, canvas, yarn and scissors. If you have no ideas, look at a crafts' shop or call Carlyn. (Carlyn has been sewing and crafting for years, working on several projects at one time. Craig is getting the craft bug through constant exposure.)

NEEDLEPOINT & CREWEL EMBROIDERY

Amy & Ella Meyer 539-2616
 Thursdays, 7pm
 Length: 3 meetings, Oct 16, Nov 6, & Nov 27
 Location: 1818 Fairchild Ave.
 Limit: 6

Bring your projects and we'll show you how to read and follow the instructions and how to get the most out of your handicraft. (Amy & Ella are knowledgeable of many handicrafts and have their work throughout their home.)

KNITTING & CROCHETING

Eva Beckom 539-0323
 Thursdays, 7:30-8:30pm
 Length: 8 weeks
 First meeting: Oct 23
 Location: UFM Living Room
 615 Fairchild Terr.

Basic knowledge such as reading patterns, sewing seams, and finishing will comprise this class. Materials will be discussed at the first meeting. (Eva has knitted 12 years and is now a 4-H project leader in knitting. She learned to crochet as a child and enjoys doing both.)

BEGINNING CROCHETING

Amy & Ella Meyer 539-2616
 Thursdays, 7-9pm
 Length: 3 meetings, Oct 2, Oct 23, Nov 13
 Location: 1818 Fairchild Ave.
 Limit: 6

We will show you the five basic stitches in crocheting and what can be done with them. Stitches include chain, slip, single, double and triple. Pattern reading will be included. (Amy & Ella have offered courses through UFM for several years in handicrafts.)

ADVANCED CROCHETING

Amy and Ella Meyer 539-2616
 Thursdays, 7-9pm
 Length: 3 meetings, Oct 9, Oct 30, Nov 20
 Location: 1818 Fairchild Ave.
 Limit: 6

This class will include instruction in edging, fillet, afghan, cro-hook, broom stick and hairpin lace. Following patterns and sharing ideas will comprise the class. (Amy & Ella hope to assist individuals to acquire skills to enable them to accomplish projects undertaken to their satisfaction and enjoyment.)

BASIC GARMENT CONSTRUCTION AND SEWING MACHINE MAINTENANCE

Vernetta Geelan 537-0868
 Thursdays, 7pm
 Length: 8 weeks
 First meeting: Oct 2
 Location: Justin Hall, Rm. 345, KSU
 Limit: 8

Sewing clothing isn't always as simple as some believe. It takes patience and time. We will visit a local fabric store and learn about fabric weights, what fabric is best for the patterns we select, matching fabric patterns in garment construction and meet until our garments are complete. We will be able to learn from each other various techniques and ideas. Participants must arrange to provide a portable sewing machine for their use. We will also learn how to care for sewing machines and discuss basic adjustments. (Vernetta has been sewing for 9 years and is a local tailor.)

CREATIVE MENDING

Carlyn Ferguson 776-6475
 Tuesday, 7:30-9pm
 Length: one time, Oct 7
 Location: 401 Thurston

Carlyn believes a patch is better than a hole, and a creative patch is better than a plain one. She will furnish embroidery yarn and cotton scraps. Bring something you want to mend, plus some scissors. Men, here's your chance to learn to look great without paying someone else who just happens to know how to hold a needle. 25¢ for supplies. (Carlyn is a needleworker who is too poor to replace ripped clothes and too vain to look crummy.)

PUPPETS FOR TEENS

Lorraine Nesmith 776-6718
 Wednesdays, 4pm (after school)
 Length: 8 weeks
 First meeting: Oct 1
 Location: public library auditorium
 Limit: 15

I'm inviting the teenagers of Manhattan to learn more about the Public Library and of course puppets. We'll meet to talk about making new puppets, remaking old puppets and putting on our own puppet show. The show will happen sometime in November and be for the public. (Lorraine is the children's librarian at the Manhattan Public Library, and loves working with people of all ages.)

WEAVER'S FANCY

Karen Huff
 Betty Wilcox
 Wednesdays, 7:30pm
 Length: indefinite
 First meeting: Oct 1
 Location: 1504 Campus Road

539-5185
 537-0529

Bring a representative piece of your weaving--whether it be a product of floor or table loom, or finger, inkle, card, or off-loom process--to the organizational, get-acquainted meeting Oct 1. In this class, we will be sharing ideas and providing encouragement; helping with weaving problems; and, extending our weaving knowledge. There will be planned programs, some informal workdays, and possibly a field trip.

(This is an on-going UFM class of weavers who have a wide variety of experience and interests, as displayed in their recent show at the Manhattan Public Library.)

OJO DE DIOS--GOD'S EYES

Dorothy Koepsel
 Tuesday, 7:30pm
 Length: one time, Sept 30
 Location: 2815 Illinois Lane
 Limit: 6

539-5589

We will construct a god's eye and discuss variations of the standard god's eye. Colors, yarns and variations of weaving will be covered in the session. Participants should bring yarn and dowels. Telephone Dorothy if you have questions about supplies. Additional sections of the class will be offered, with six participants per section.

(Dorothy makes beautiful and unusual god's eyes and has taught this class several times.)

HOMEMADE KILN

David Weyerts
 Saturday, 3pm
 Length: indefinite
 First meeting: Oct 4
 Location: UFM Basement
 615 Fairchild Terr.

539-5087

Limit: 12

I am going to try to build a woodfire salt glaze kiln. I am no expert--I have never built a kiln before. However, I am confident that by reading a few books, talking to a few people and trial and error, I can come up with something that works. If there are other people who are into clay and into the idea of creating your own learning experience, then please join me in the adventure.

(David has worked with handbuilt pottery for the past 3 years.)

FLOWER POTS

David Weyerts
 Thursdays, 7:30pm
 Length: 8 weeks
 First meeting: Oct 16
 Location: 303 N. 16 Street
 Limit: 12

539-5087

This class will focus on making very simple pottery shapes for holding plants. Nothing cutsy--no frills allowed. Concentration on beauty of simplicity. Pieces will be fired but we won't get into glazing. Members must chip in on clay cost.

(David likes clay and plants and people.)

"I love the Kansas sky because you don't have to look up to see it."

POTTERY (HANDBUILT)

Sam Lefever
 Saturdays, 10am
 Length: indefinite
 First meeting: Oct 4
 Location: UFM Basement
 615 Fairchild Terr.

539-1898

Limit: 10

This is a class for BEGINNERS interested in working with clay and learning the different techniques of making and firing clay pots and structures.

(Clay pot making has been a hobby of Sam's for years.)

BEGINNING BASKETWEAVING

Carlyn and Craig Ferguson

776-6475

Monday, 7-9pm
 Length: 2-3 weeks
 First meeting: Oct 6
 Location: 401 Thurston
 Limit: 10

For a fee of \$3, we will help everyone make one medium sized basket. We have ordered supplies and some will be available for additional purchases by students. We stress the beginning nature of our class, but we are learning all the time, and after basic instruction you will be able to follow instructions you will find. Since information is scarce, we will furnish xerox instructions and mail order supply addresses.

(Craig and Carlyn were taught basketweaving by a friend and have become interested enough to look everywhere for more information--of which there is little.)

STAINED GLASS

Kathi Tiechner
 Thursdays, 7pm
 Length: 2 weeks
 First meeting: Oct 9
 Location: 2404 Galloway (north of Northview School in new Butterfield addition off Casement Road.)
 Limit: 20

537-4176

This class will demonstrate the copper foil technique of working with stained glass. We'll discuss necessary equipment, designing for glass, and will demonstrate cutting glass and soldering. With the basics the possibilities are amazing and all beautiful; window panels, candle sconces, 3-D's, even Tiffany lamps.

(Kathi has a BA in Fine Arts and her interests lean heavily toward crafts. She took "glass" in college and has taught others.)

SILK SCREENING

Jeff Cross
 Saturday, 10am
 Length: one time, Nov 15
 Location: Harmony Hollow, 9 miles west of Westloop on Anderson Ave. which turns into County 412

1-485-2571

Silk screening can be intricate, precise, and difficult. However, I have devised quick and easy ways to reproduce beautiful Christmas cards. Everyone will make some cards using various techniques. Please bring some nice heavy paper. If you already have a screen, bring it. Otherwise, I will advise how to make and use them. It is simple.

HARMONY HOLLOW BELL WORKS OPEN HOUSE

Jeff Cross
 Sunday, 12 noon
 Length: one time, Nov 9
 Location: Harmony Hollow, 9 miles west of Westloop on Anderson Ave. which turns into County 412

1-485-2571

Jeff, a folk bell founder, will fire up the furnace and cast some special bells. Bell design, pattern making, sand molding and bronze casting will comprise the discussion and demonstration.
 (Jeff has led various UFM classes the past year and enjoys sharing his interests with others.)



DECOUPAGE

Elsie Colbert 539-5624
 Wednesdays and Thursdays, 7:30pm
 Length: indefinite
 First meeting: Oct 16
 Location: 2418 Buena Vista Drive
 Limit: 20

We can preserve pictures, some photos, announcements, prints, etc. Bring a notebook and pictures to the first meeting. We will discuss using the pictures and explain the materials. Cost for the materials will be \$6/\$8.
 (Elsie has done decoupage since 1967 and has taught classes since the first semester of UFM.)

PICTURE FRAMING

Richard McInteer 537-9597
 Wednesday, 7:30pm
 Length: one time, Oct 15
 Location: Public Library Auditorium

This will be a one time discussion/demonstration on appropriate ways to mat and frame pictures, needlework, etc. The kinds of glass available locally and what looks best on different work and what not to put glass over will be discussed.
 (Richard is the picture framer for a local business.)

FURNITURE REFINISHING

Faye Falley 776-8420
 Thursdays, 7pm
 Length: indefinite
 First meeting: Oct 9
 Location: Rt 3 (call for directions after 5:30pm)
 Limit: 8

We will be working strictly with wood—no upholstering. Participants will learn techniques of removing paint and old finishes, staining and applying new finishes. Bring your projects to my home where we will be working on them until they're finished.
 (Faye has refinished furniture for several years and has made a hassle-free hobby of it.)

HOW TO GET STARTED IN WOODWORKING

John Olson 1-293-5380
 Wednesday, 7:30pm
 Length: one time, Nov 12
 Location: KSU, Eisenhower Hall, Rm. 112

The objective of this class is to inform persons interested in getting started in woodworking, where and how to begin. The discussion will include tools and equipment needed, obtaining materials, and how to get the "know how".
 (John has been the woodworking instructor at Riley High School for 8 years.)

MAKING WOODEN TOYS

John Olson 1-293-5380
 Wednesday, 7:30pm
 Length: one time, Oct 22
 Location: KSU, Eisenhower Hall, Rm. 112

This class will attempt to present information needed for making toys from wood. Topics will include tools needed, obtaining materials, designing your own toys, and books available on toy building.
 (John has been the woodworking instructor at Riley County High School for 8 years.)

BEGINNING LEATHER TOOLING

Steve Kraxberger
 Tuesdays, 7pm
 Length: 4 weeks
 First meeting: Sept 30
 Location: KSU, Justin Hall, Rm. 345
 Limit: 15

This class will provide basic instruction for learning how to tool leather, including how to make belts, billfolds, clocks, purses and hats. Bring what tools you have and something to work on.
 (Steve has been tooling leather three years and has made many leather things.)

RILEY COUNTY HISTORICAL MUSEUM

MUSEUMS IN MANHATTAN

Riley County Historical Museum, 11th & Poyntz, open 9-12 and 1-5 Tuesday through Saturday. Admission free; donations gratefully accepted; life membership \$5. Tours arranged by appointment--call 537-2210. Exhibits include period room, furniture, household and farm tools, medical equipment and much more.

Log Cabin, City Park, 1100 Block Poyntz, open 1:30-5 Sundays. Admission free but donations appreciated. Exhibits include tools, materials of cabin life and wagons.

Goodnow Museum, 2301 Claflin; Kansas State Historical Society project. Open 10-12 Wednesdays; 1-4 Thursdays and Fridays; 10-5 Saturdays; and 1-5 Sundays. Phone 539-3731. Exhibits: Goodnow home as used by the Isaac T. Goodnow family, 1860's-1890's.

Hartford House, 2301 Claflin--west of the Goodnow House, restoration of original pre-fabricated house brought as one of ten into Manhattan on the Riverboat Hartford in 1855. A completely furnished pioneer home open 1:30-4:30 Sunday afternoons; at other times, contact the hostess at Goodnow House next door.

CLASSES AT THE MUSEUM

For the seventh consecutive term, the museum will offer pioneer skill classes of contemporary relevance. All instructors are volunteering their time and talent to the museum and charge only for materials necessary in the class. Students are invited to participate with the project of their choice. For further information prior to the beginning of class, please call either the Museum (537-2210) or the instructor. All classes are at the Museum, with the exception of Oral History.

SPINNING

Practice will be given on spindles with additional instruction in the use of the wheel. Discussion will include types of fibers, dyes, etc. Materials fee is \$5. Class limit: 10. Instructor: Martha Slack. First session is Saturday, Oct 4, 10 am. 3 sessions.

WEAVING

Lucile Hartmann, a skilled and talented weaver is conducting 3 demonstrations aimed at helping the beginner with problems. Discussions will include warping, materials, looms, etc. First session is Saturday, Oct 11, 10 am.

PATCHWORK & QUILTING

Individual attention will be given to students wishing to make small patchwork items, such as pillows, placemats, pot holders, in addition to those wishing to make bed quilts from baby to king-size. Instructors: Barbara Poresky & Mrs. Henry C. Miller. First session is Friday, Oct 3, 1:30-3 pm. 4 sessions.

TATTING

The art of making lace with a small hand shuttle can be a nice pastime. Help keep this art alive! At registration, please specify which tating class you wish to take. Instructors: Mrs. Earl Ray & Mrs. A. B. Sageser. First session is Saturday, Oct 4, 3-5 pm. 4 sessions.

CHAIR CANING

We are repeating this popular class under the aegis of our instructor, T. H. "Scotty" Craven. Bring your own chair or stool to be caned. Mr. Craven has the other materials. First session is Saturday, Oct 4, 1-3 pm. 4 sessions.

SOAP MAKING

The basic technique will be demonstrated, with discussion of various additives which will improve the appeal of the basic product. Instructor: Jean Dallas. First session is Saturday, Oct 18, 10 am. One session. Thanks to the KSU Department of Animal Science and Industry for materials.

RUG BRAIDING

Mrs. Ellen Hoover will demonstrate rug braiding, and will discuss the kinds of materials needed, the tools, and will show examples of her skill. This is an excellent way to recycle those old skirts, pants, and jackets you hate to throw away! Sessions will be held in January in the interim term. Sign up if you are interested and you will be personally notified in January when class sessions are to begin. Five sessions.

MUSEUM ADVOCATES

The Riley County Historical Museum plans five projects for 1976 where volunteers are needed. The aides may volunteer for activities they prefer, such as instructing or aiding instructors in pioneer crafts classes for children and adults, planning tours of historic buildings, and interviewing older residents of the county concerning their memories of the past. Photography may also be part of the projects. Phone 537-2210 between 1 and 5 pm to talk to Jean Dallas, Museum Director. First session is Friday, Oct 3, 3 pm.

ORAL HISTORY

Learn the techniques in the art of interviewing and recording oral history. We will also cover why oral history should be preserved, in addition to techniques of interviewing and a chance to practice and do an actual interview and share it with the group. Instructor: Tony Rund. First session is Monday, Oct 6, 7:30 pm at the UFM Conference Room, 615 Fairchild Terr. 2 sessions.

SPECIAL SERVICES

We can help you--you can help us. Invite a curator to your club or organization: slide talks, lectures and demonstrations on Manhattan history, history of Riley County, old Manhattan buildings, the archaeology of Mexico, American Indians, West African ethnology and astronomy. Other assorted topics. Contact Jean Dallas at the Museum, 537-2210.

Have a special interest or time which you might share with the museum? We need your help--artistic ability or craft skill, office skills, research interests and lecture abilities, or just a general interest and the willingness to help with your community museum in its growth.

EARTH

HOUSE PLANT APPRECIATION

Barbara Umbach 537-9288
Nicholas Froelich

Saturdays, 1pm
Length: all semester
First meeting: Oct 4
Location: UFM living room
615 Fairchild Terr.
Limit: 30

This is a broad course for beginners and hobbyists with exchange of ideas (and maybe cuttings) on such topics as: innovative containers, artificial lighting, adapting the house for plants, trimming, propagation, sick plants, terrariums, building a growth chamber, plants tolerant to gas heating, etc. You may expect practical demonstrations and a field trip or two. First meeting will redefine topics and meeting times.

(Barb has taught the class 3 times and Nick is a horticultural major who is well versed in these topics.)

HOUSEPLANTS

Janet Skoch 532-3336

Thursdays, 7pm
Length: indefinite
First meeting: Oct 2
Location: Ford Hall Study Room (bsmt.)KSU
Limit: 10

Classes will discuss the sunlight and water requirements of certain plants and share information about multiplying plants. Main emphasis will be on starting your own plants from others.

(Janet is a horticulture major and has worked at a nursery over the summer.)

CHILDREN'S GARDENING - INDOORS AND OUT

Dick Mattson 532-6170

Saturdays, 10-11:15am
Length: 4 weeks
Meeting dates: Sept 27, Oct 11, Oct 25
& Nov 15

Location: Douglass Center Annex, 901 Yuma
Limit: 20
Age: 12 or younger

This class will help children discover the green world around them and the fun of growing plants and flowers. Children will learn how to start seeds and cuttings, build terrariums, grow indoor plants and flowers, harvest vegetables, and other projects. Horticultural therapy students from KSU will assist with the class. (Dick is a horticulture professor.)

HYDROPONICS (SOIL-LESS GARDENING)

Rob Apsley 539-8211
Harry Baucom 537-4377

Mondays, 7:30pm
Length: 4 weeks
First meeting: Sept 29
Location: UFM basement
615 Fairchild Terr.
Limit: 15

Hydroponics is the practice of growing plants in a sterile media such as gravel (or even marbles!). Application of nutrient solutions, regularly scheduled, replaces the uncertainty of soil gardening. Much better quality fruits and flowers are possible. Be prepared for some light carpentry and have in mind a warm, sunny location.

(Rob, a senior in horticulture therapy, spent last year gardening in Hawaii. Harry, a junior in horticulture therapy, holding an associate in Horticulture, has served as a city horticulturalist for Greensboro, N.C.)

R_x FOR YOUR PLANTS

William Willis 532-5811
539-1419

Mondays, 7:30pm
Length: 2 weeks
First meeting: Nov 10
Location: UFM House, 615 Fairchild Terr.
Limit: 15

The class will become familiar with recognizing and controlling plant diseases in the garden, lawn, and home by management practices and chemicals. We will meet at UFM and travel to the Willis' farm. (William is an avid gardener and has a Ph.D. in plant pathology.)

PLANT EXCHANGE

Doris Hoerman 532-5866
Karen Agnew 776-6082

Length: one time, tentative Oct. 25
10-2pm

After the successful plant exchange this summer, we're planning an even bigger one this fall. We would welcome help in setting up and advertising the exchange. Or, if you simply wish to come and take part, please register at UFM.

HERBS

Betsy Baldwin

Sunday, 1pm
Length, one time, Oct 12
Location: Meet at UFM House

615 Fairchild Terr. for a ride at 12:30pm or go over Kansas River Viaduct, turn east (left) on Hwy. 18. Go 5 miles and turn south (right) at blue mailbox.

Let's meet at my farm where you can see some herbs growing and others drying. We will spend the afternoon discussing the growing, gathering and using of herbs for health and cooking. Bring a teapot if you have one and we'll sample. (Betsy has gathered and grown herbs for 5 seasons.)

EDIBLE PLANTS

Max Miller 539-3488
Sue Maes 539-6609

Wednesday, 6pm
Length: one time
First meeting: Oct 8
Location: 3117 Bermuda Lane

While there may not be "gold in dem dar hills" there is a vast quantity of food. Come stalk the wilds with us as we learn about the vast variety of meals which can be prepared from a fall harvest of the wilds. Abandoned farmsteads, old field, stream banks, swampy areas and even vacant lots are the finest foraging sites. We'll meet at Max's house and take off from there. Bring edibles you've collected or anything you are in question about. (Max and Sue have been collecting and sharing their edible finds through UFM for three years.)

VEGETABLE HARVEST, STORAGE AND DRYING

Charles Marr 532-6170

Tuesday, 7pm
Length: one time, Oct 14
Location: KSU Union, Rm. 204

Methods of storing vegetables or preserving vegetables for later use. Will include discussion of storage methods and procedures, drying, and vegetables that can be stored in the soil. The session will also cover vegetable gardening and indoor herbs. (Chuck is an extension horticulturalist.)

KANSAS: - FENCE POST ROCK

Grace Muilenburg 532-6147

Wednesday, 7pm
Length: one time, Nov 5
Location: 1st National Bank (basement)
Limit: 40

In a slide presentation Grace will demonstrate how Fencepost limestone (post rock) contributed to the development of north-central Kansas. Her main message is: If we observe history and natural events together we will appreciate our heritage all the more. (Grace recently co-authored with Ada Swineford - the book, Land of the Fence Post Rock. It is based on 20 years of research, including many visits to the area and many interviews with area residents.)

PLANT PARENTHOOD SERIES

PLANT PARENTHOOD SERIES

Randy McClanahan 539-1681

Tuesdays, 7pm
Length: 4 weeks
First meeting: Oct 7
Location: First Congregational Church, 700 Poyntz

- 1st Session - General Plant Care
Basic principles and helpful hints on lighting, humidity, watering, fertilization, soils, etc. Bring an unidentified plant if you have one.
- 2nd Session - Pests and Plant Problems Oct. 14
Identification and treatment or correction of common pests or problems. Bring an ailing plant if you have one. Hugh Thompson from the Department of Entomology will be present to cover insects and your plants.
- 3rd Session - Propagation Oct. 21
Materials and methods of plant propagation.
- 4th Session - Planting in Containers Oct. 28
Various techniques for planting in containers without drainage. Basics of hydroponics to include selecting suitable plants.
(Randy is owner of a local plant store. She will have the assistance of two horticulture graduates.)

DAIRY GOAT CLINIC

Jeff Cross 1-485-2571
 Sunday, noon
 Length: one time, Oct 5
 Location: Harmony Hollow Ranch--nine miles west of Westloop on County 412 (Anderson Ave.)

The clinic will cover the breeding, feeding and management of dairy goats. (Jeff is the president of the Kansas Dairy Goat Council.)

COYOTE

Robert Henderson 532-5785
 Tuesday, 7:30pm
 Length: one time, Oct 7
 Location: Manhattan Public Library

Bob will show a film he made about the coyote: his life history, how he affects man and methods of dealing with him. Kansas has adopted a method of control which is recognized as one of the best in the U.S. The Environmental Protection Agency liked Bob's film so much that they've asked him to be technical advisor on a film they are making about coyotes. (Bob has been a Wildlife Extension Specialist at K-State for 8 years.)

BEE KEEPING

Dell Gates 532-6154
 Tuesday, 7-9pm
 Length: two times, Oct 14 & 16
 Location: KSU, Waters Hall, Rm. 132
 Limit: 20

The fundamentals of what is needed to start an apiary will be demonstrated by showing equipment and a slide show on local hives. Outings might be possible. (Dell is an Entomology Extension agent.)

BACKYARD BIRDING

Steve Fretwell 532-6650
 Tuesday, 7:30pm
 Length: one time, Oct 28
 Location: KSU, Ackert Hall, Rm. 221

General techniques on attracting birds to your backyard will be discussed, as well as what to plant and feed and how to house our feathered friends. (Dr. Fretwell is director of the Bird Populations Institute and a biologist at K.S.U.)

MIST NETS AND BIRD BANDS

Bec Finney 537-1987
 Roxy Becker 537-1987
 Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.
 Limit: 10

The class will be netting birds at Becky's farm, going over techniques of banding and also identifying different species in the areas. (Bec has been banding and watching birds for several years and has a banding license. Roxy has done some banding and has been watching birds for several years.)

ASTRONOMY

Mike Boss 539-7002
 Wednesdays, 8pm
 Length: all semester
 First meeting: Sept 24
 Location: KSU Planetarium/Cardwell Hall Room 407
 Limit: 40

First study will include some planetary galactic and extra-galactic study. Telescopes will be used weather permitting. For the most part, becoming familiar with the constellations is necessary. These sessions will take place first in the planetarium and then outside. Please do not expect to observe too much concerning nebulae, clusters, galaxies, etc. Weather and the smaller telescopes used generally will not allow this type of viewing. (Mike is an applied Music major at KSU & Commercial Artist. Astronomy has been a hobby for 10-12 years. He is orator of the planetarium at KSU.)

SAUNA CONSTRUCTION

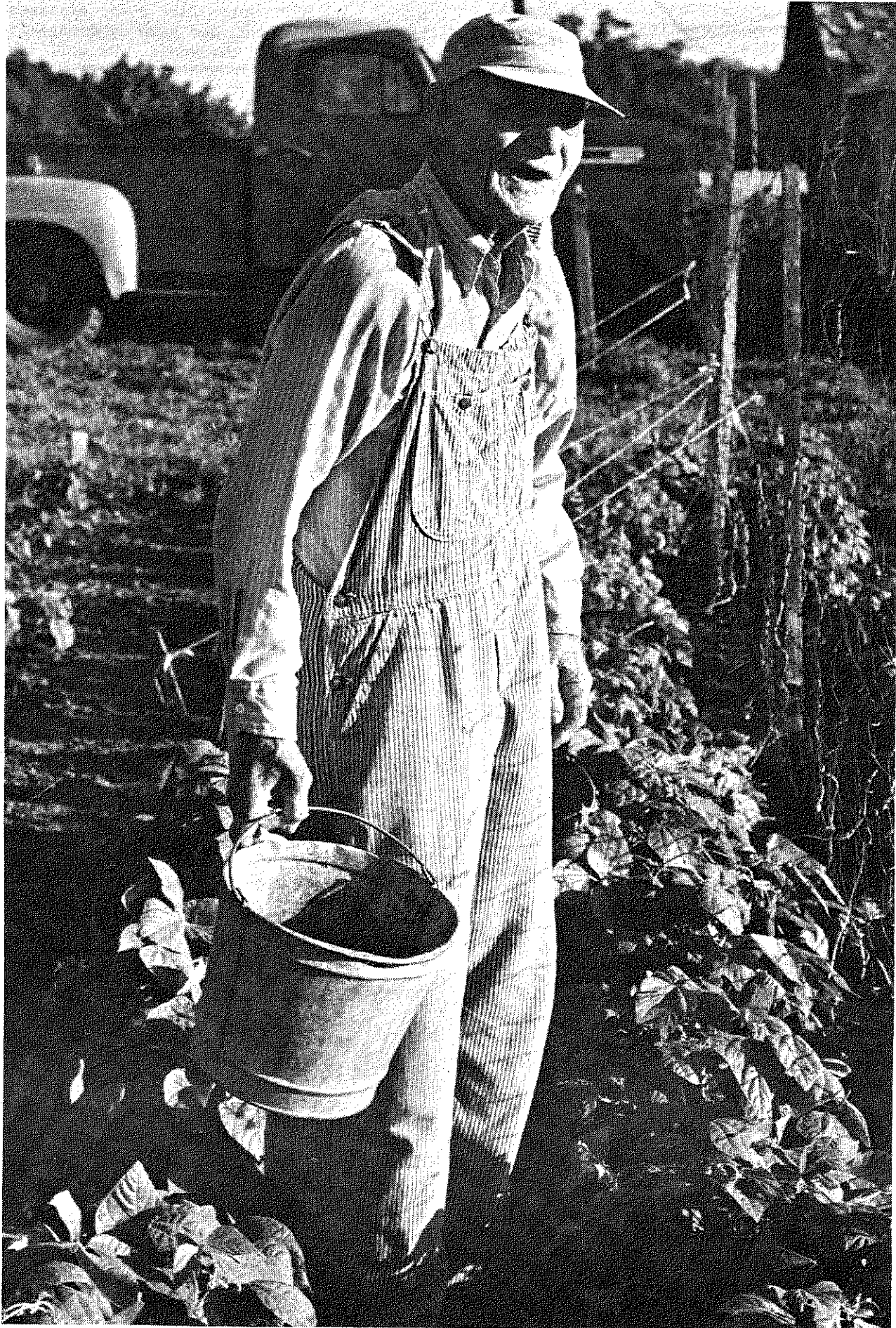
Jeff Cross 1-485-2571
 Sunday, noon
 Length: one time, Sept 21
 Location: Harmony Hollow Ranch--nine miles west of Westloop on County 412 (Anderson Avenue)

During the afternoon, we will discuss the design, theory, and construction of sauna baths. This course will cover materials selection for permanent redwood saunas, basement quickies, and field sweat baths. (Jeff has built & designed his own sauna.)

COMMUNITY RECYCLING CENTER

Environmental Awareness Center 532-6628
 Environmental Awareness Center is in the process of trying to establish a Community Recycling Center. If you are interested in helping out or getting involved, get in touch with us by registering at the UFM table.

"It seems to take a long time to learn how to live. And when you finally learn how to live, you just live. Isn't that right?"



COUNTRY LIVING

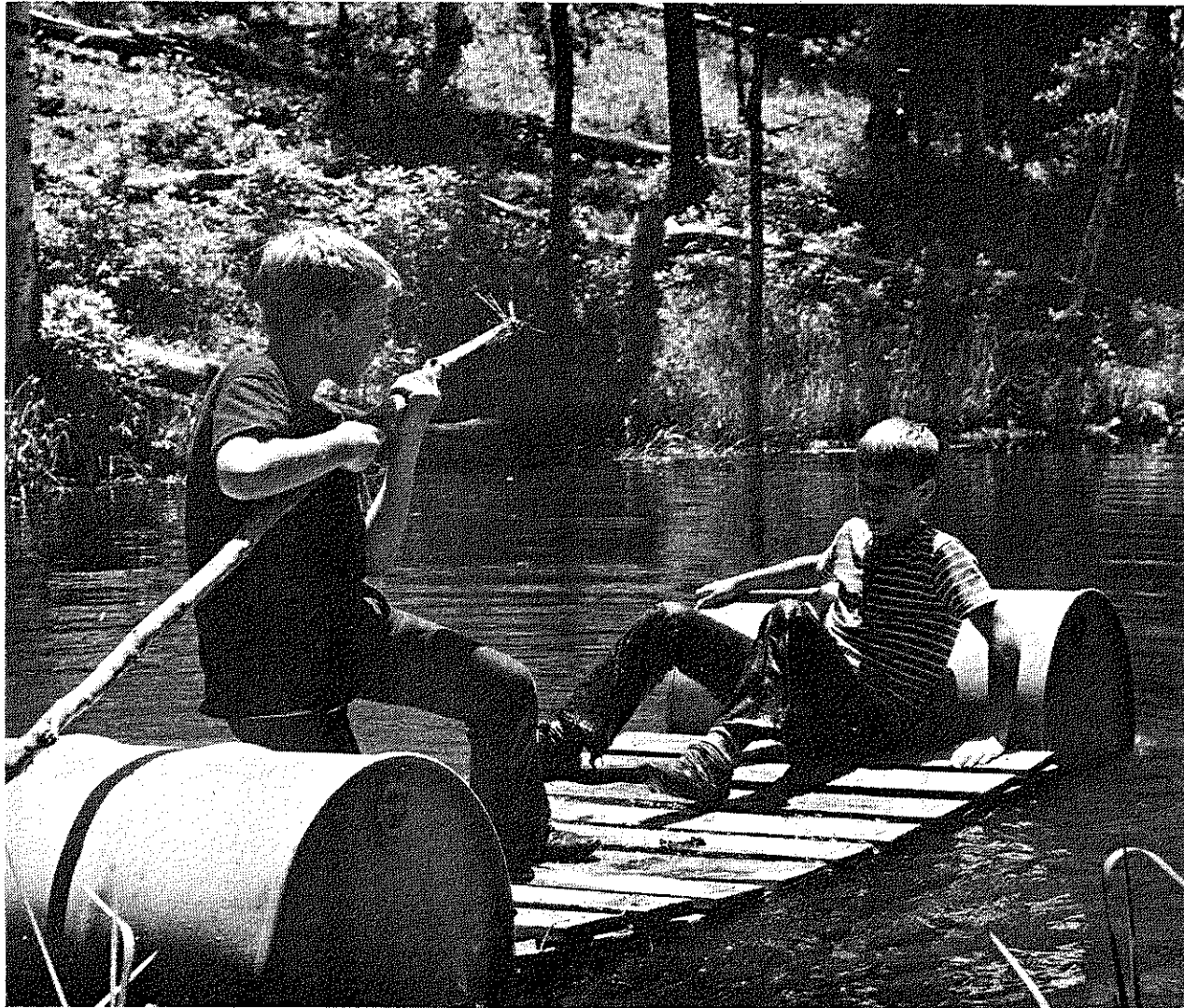
Stan Ehler
 Thursdays, 3:30-5:30pm
 Length: 7 weeks
 First meeting: Oct 2
 Location: KSU Union, State Room #3
 Limit: 15

For many people who live in the city, just having a desire to move to the country may not be enough. There are a lot of things involved in making the move for whatever purpose; farming, etc. The class will make use of Extension Publications on such subjects as: water, soil, home location, power etc. (Dr. Ehler is professor of Agronomy. He is an experienced farmer and is in the process of moving back to the country.)

ENVIRONMENTAL AWARENESS CENTER

532-6628
 Wednesdays, 7pm
 Length: all semester
 First meeting: Oct 1
 Location: KSU, Ackert Hall, Rm. 221

This is a Resource, Recycling and Action organization. Activities include establishing a community recycling center; university wide recycling; Topeka legislature lobbying and research; biweekly state-wide environmental newsletter, alternative energy, discussion about the environmental ethics; Save Nichols Gym Campaign, Tallgrass Prairie National Park and anything else one might be interested in.



CAMPING/BACKPACKING

John Herald

Mondays, 7pm

Length: 2-3 meetings

First meeting: Sept 29

Location: UMHE, 1021 Denison Avenue

Limit: 14

Unfortunately, without know-how, hiking and backpacking may become a "first and last" experience. I can hip you to every kind and length of trip planning to safety, menus, trail maps, equipment and first aid. A campout may follow. (John is from the mountains in N. Carolina, worked three years with Civil Air Patrol and Outward Bound School there. He did lots of packpacking in N. Carolina and Korea.)

FLATLAND ALPINE CLUB

Ralph Kieffer

Mondays, 7:30pm

Length: indefinite

First meeting: Oct 6

Location: 618 Bluemont

FAC will be a vehicle for getting people interested in mountaineering, backpacking, ski touring, canoeing, etc., together to exchange experiences, knowledge, and ideas, and to plan possible future (Christmas and Spring break) wilderness trips, including hopefully a ski trip to Yellowstone National Park.

(Ralph lived in Utah and Colorado for 3½ months each and did some rock climbing and ski touring. He worked in Rocky Mountain National Park and has backpacked for a few years.)

"I've worked and crawled on the ground for years looking at plants, identifying them, taking plant census counts, and the other day I looked down and saw a little plant I'd never seen before. It was no bigger than an inch tall with a flower no bigger than 1/8th inch in diameter. It had a beauty that you just can't imagine. I was just turned on!"

MUSHROOMS--BEGINNING & ADVANCED

Elizabeth Moses

539-3050

Tuesday, 7pm

Beginning: one time, Oct 21

Advanced: one time, Oct 28

Location: UFM living room
615 Fairchild Terr.

Enter the world of the--Shaggy Mane,--the Stinkhorn,--and the Destroying Angel. The first evening will be for those who only gather morels. The second week is for the more advanced collector.

(Elizabeth is a self taught collector who has been identifying mushrooms for Kansas folks for years.)

WILDERNESS SURVIVAL

George Halazon

532-5784

Mondays, 7:30pm

Length: indefinite

First meeting: Nov 3

Location: KSU, Ackert Hall, Rm. 121

Limit: 20

It seems to be important at this point in time to learn what it means to live "with" nature and not "against" it. We will get into the recognition of wildlife and edible plant life, camping, hiking, wilderness first aid, selection and care of equipment, possibly touching on arctic and tropical survival. This is basically a course on how to subsist in a natural environment utilizing the materials common to the area. We will also cover cold weather camping and plan a Colorado Mountain Campout. We are also preparing a line of high energy camp and trail foods. (Dr. Halazon has an impressive background in just about every aspect of the outdoors --from scuba diving to fire fighting.)



IAN McHARG

KSU University Convocation

Tuesday, 10:30am

Sept 23

McCain Auditorium

Ian McHarg is a leading landscape architect and head of the Dept. of Landscape Architecture at the University of Pennsylvania. McHarg is author of the book, Design with Nature. Noting McHarg's significant impact on the world of environmental design, the editors of the UFM earth section felt it was important to call attention to this event.

BASIC CAMP SKILLS

Bob Good

776-5575

Mondays, 7pm

Length: 7-8 weeks

First meeting: Sept 29

Location: First Presbyterian Church (bsmt.)
801 Leavenworth St.

Limit: 12

The aim of this class will be to introduce people to the joys and skills of camping. We will try to touch briefly upon things that might be of concern to the beginning camper: selecting equipment, outdoor cookery, camp ecology, weather, navigation, safety and first aid, setting up a camp, and where to go.

(Bob has done a lot of hiking and camping in several states and loves the outdoors.)

THE PRAIRIE/FLINT HILLS NATURAL HISTORY

David Witt

539-3029

Saturday, 1pm

Length: 1 or 2 sessions, Oct 11

Location: Manhattan Public Library

Naturalists combine the observation of nature and of natural philosophy to come to an understanding of the prairie. In class there will be an overview of plants, animals, geology, and weather presented. The possibility of a prairie hike exists for the following week.

(David offered UFM courses on natural history in the past and has studied and lived in the Flint Hills for several years.)

FARMER & CONSUMER:

CURRENT ECONOMIC PROBLEMS

Dr. Barry Flinchbaugh and

532-5696

Agricultural Economics Department

Mondays, 7:30pm

Length: 4 times

First meeting: Oct 6

Location: Room 212, KSU Union

A series of informative talks and discussions relating to current agricultural economic problems. Tentative topics: Rural Development, Grain Marketing, Public Policy, Cost & Production.

AUDUBON SERIES

Northern Flint Hills Audubon Society Presents ———

- Sept. 18 - "Birds are One Segment of Our Landscape," by Gustaaf van Der Hoeven, Extension specialist in landscape and environmental horticulture, K.S.U.
- Oct. 16 - "The Wildflowers of Kansas," by Prof. L.R. Quinlan, retired head of Landscape Department, K.S.U.
- Nov. 20 - "Trans-Alaskan Pipeline: Social, Economic and Environmental Development to Date," Dr. Frederick Deneke, Ass't. Prof. of Forestry, K.S.U.
- Dec. 11 - "The Amazon: River of Legend, Land of Mystery," Mr. Gary Clarke, Director, Topeka Zoological Park.
- Jan. 8 - Film: "It Began with Birds" - (The Story of the National Audubon Society). There will be a slide-sharing session. Bring 5 of your favorite nature slides.

All programs are given in Ackert Hall, Room 221, K.S.U. at 7:30pm.
The public is cordially invited. Please register at UFM.

Northern Flint Hills Audubon Society Presents ———

Fall Field Trips.

- Sept. 27 - Wakefield Arboretum. Leader - Prof. L.R. Quinlan. (There will be a minimal charge for light breakfast snack to be served on the field trip.) Time to be announced at September 18 meeting and in newspaper.
- Oct. 18 - Ashland Plant Materials Research and Lab Facility. Leader - John Dickerson and entourage. Leave Ackert Hall parking lot at 7:15am.
- Nov. 15 - Fall Migratory Bird Trip. Leader - Gary Ward. Area to be announced. Leave Ackert Hall parking lot at 7:30am.
- Dec. 20 - Audubon Christmas Bird Count. Leader - John Zimmerman. Dawn to dusk. Sites will be picked prior to count and will be announced at Nov. 20 or Dec. 11 program meeting. Dinner to be held following counts - will announce time and place at Dec. 11 meeting.
- Jan. 31 - K.U. Museum of Natural History, Lawrence, Kansas. Guide will be provided. Time to be announced at January 8 meeting and in newspaper.

Northern Flint Hills Audubon Society Horseback Ride:

Horseback ride through 100,000 acres (not all of them!) of Fort Riley Reservation. To see wildlife, we must leave at 6 or 6:30am from A & B Stables north of Ogden. If we can get a group of ten, a 2-hour ride will cost \$6.00 per person. We have gentle horses, but participants should have basic knowledge of riding. Leader - Ben Parker. Contact Dru Clarke (539-1842) for information.

THE AUDUBON SOCIETY

Are you interested in nature, the environment, conservation, wildlife? We need you in the Audubon Society. We would like your support. With one membership fee join your local chapter, The Northern Flint Hills Audubon Society and the National Audubon Society. Through your membership receive the AUDUBON magazine and our monthly newsletter to keep you posted on programs and fieldtrips. There are special student rates. For membership application sign up through UFM, giving your name and address. For Audubon information call Laura Herod, membership chairman (537-0141) or Marilyn Shaver, President (537-9438) after 5pm.

"Yes, I spend a lot of time in the prairie alone and enjoy it very much - the stability of it - a certain solitude. I sort of have Daniel Boone's philosophy - if I can see somebody else they are too close to me."

"I just can't believe that as knowledgeable and as educated as we are in this country and this state that we would not fail to perceive that it takes a contribution from all to really make it America. But I believe that we are just in the morning, in the early morning of the next day."
(A Mexican American)

SOLAR SERIES

SOLAR GREENHOUSES AND THE CASE FOR SELF-SUFFICIENCY

Bill Yanda for information: 537-7411

Thursday, 7:30pm

Length: one time, Oct 2

Location: KSU, Justin Hall, Rm. 109

A history of greenhouses and the results of a project involving eleven solar greenhouses. The advantages, performance, and how-to-do-it for family-operated food producing units. Slide show and questions answered: independence means food too!

(Bill is project director, "Solar Sustenance Project," in Northern New Mexico, and author of forthcoming book on solar greenhouses, Eat This Book - Food-Producing Solar Greenhouses.)

THE DIMENSIONS OF SOLAR ENERGY

John Selfridge

537-7411

Thursday, 7:30pm

Length: one time, Oct 9

Location: KSU, Justin Hall, Rm. 109

Second in the series on solar energy in which an overview of the energy "crisis" and the potentials and pit falls of solar energy will be presented. To include open discussion on ideas and issues of alternatives to our present energy situation. (John Selfridge is on the faculty of the College of Architecture and Design and a member of the International Solar Energy Society.)

BUILDING SOLAR COLLECTORS

Bill Jahnke

539-8536

Charles Brzuchalski

Thursday, 7:30pm

Length: one time, Oct 16

Location: KSU, Justin Hall, Rm. 109

A show-and-tell covering several different solar collectors, including information about costs and performances for this important portion of various solar energy "systems." Real solar collectors on display but not working because it's night at 7:30.

(Bill Jahnke is a professional engineer and a member of the faculty of the College of Architecture and Design. Charles is a fifth year student in architecture.)

TOURING A SOLAR ASSISTED HOUSE

LaDonna & Earl Singleton

Thursday, 7:30pm

Length: one time, Oct 23

Location: to be announced

The Singletons have installed a "solar furnace" from International Solarthermics Corporation. They will show how such a unit has been installed in their own home and present a slide show on this available system.

(The Singletons are owners of L & E Solar Energy Center.)

TOUR!

Saturday, Oct 25, after 1pm, tour of solar heating unit installed at the Singleton's, 601 Gross, Manhattan.

ENERGY ALTERNATIVES WITHOUT TECHNOLOGY

Tom Marshall

539-8831

Thursday, 7:30pm

Length: one time, Oct 30

Location: KSU, Justin Hall, Rm. 109

This last class in the Fall Solar Energy Series will show how to get on with energy alternatives without using high or expensive technology. The focus will be on do-it-yourself projects so you too can share the SUN's blessings. (Tom Marshall is an architect and member of the faculty of the College of Architecture and Design.)

FINE ARTS

MAGIC TRICKS FOR THE YOUNG (AND OLD)

Cliff Oblinger

Wednesdays, 7:30pm

Sign up at registration and you will be contacted as to the time, date, and place of first meeting of the class.

Limit: 12

I will be covering magic card tricks and disappearing silver dollars. Bring whatever magic tricks you know and would like to share.

(Cliff is 11½, in the 6th grade and has been interested in magic for a while.)

TV DRAMA CLASSICS - DISCUSSION

Carolyn Barkley

539-3856

Mondays, 7:30pm

Length: 13 weeks

First meeting: Sept 29

Location: 1630 Leavenworth

Limit: 10

For anyone watching the 13 dramas aired weekly on channel 11, beginning Sept. 25, a chance to share one's reaction to each play. Thursday's play will be discussed the next Monday.

(Carolyn is a part-time English student, with a life-long interest in drama. She offers only her enthusiasm and a place to meet.)

THEATRE IMPROVISATION

Doug Frost

539-5542

Sundays, 7:30pm

Length: 8 weeks

First meeting: Oct 5

Location: KSU, Purple Masque Theatre
East Stadium

Limit: 12

The class will explore theatre games and traditional improvisation, advancing toward work with sound and movement improvisation by employing a staging technique called a "Dream Play". The beginner is preferred.

(Doug is a theatre student who, aside from being exposed to more traditional improvisational techniques, has studied in San Francisco with Michael Brown, a successful experimental theatrist.)

DRAMATIC IMPROVISATION

Nancy Baker

537-7564

Cindy Helferstay

Sundays 1pm

Length: indefinite

First meeting: Oct 5

Location: KSU, Purple Masque Theatre
East Stadium

Here's an informal chance to release frustrations that have been built up during the week. It's also a good way to get rid of inhibitions. We will be doing simple skits, using a lot of imagination, improving spontaneity and having a lot of fun.

(Nancy and Cindy are theatre majors who have both been in improvisation groups for three years.)

JOKES-OR THE ART OF TELLING FUNNY STORIES

Farooq

539-2756

Mondays, 8pm

Length: indefinite

First meeting: Sept 29

Location: 1707 Laramie

The objective of the class is to enjoy ourselves in a relaxed, noncompetitive atmosphere. So please don't be afraid to come just because you think you might feel that you are not good at telling jokes. This class ought to show you how to remember and/or tell jokes so that they are really funny.

(Farooq enjoys telling and hearing funny stories, and it's been ages since he's heard a really good one.)

WORKS, WISHES, AND WRITERS

Russel Laman

539-3930

Thursdays, 7pm

Length: continuous

First meeting: Oct 2

Location: 1st Meeting at Forum Hall in the
KSU Union to form car pools.

If doing your thing means writing, come do it with us. We meet at the home of Russel Laman, Professor Emeritus and author, looking out over Tuttle Lake. We read our fiction and non-fiction efforts for critique by the rest of the group. The bigger the group, the better the critique, so join us even if you aren't writing now but are willing to act as critic. Maybe we can inspire you.

READING AND WRITING SHORT STORIES

Willis Weeks

532-6716

Tuesdays, 8pm

Length: 10 weeks

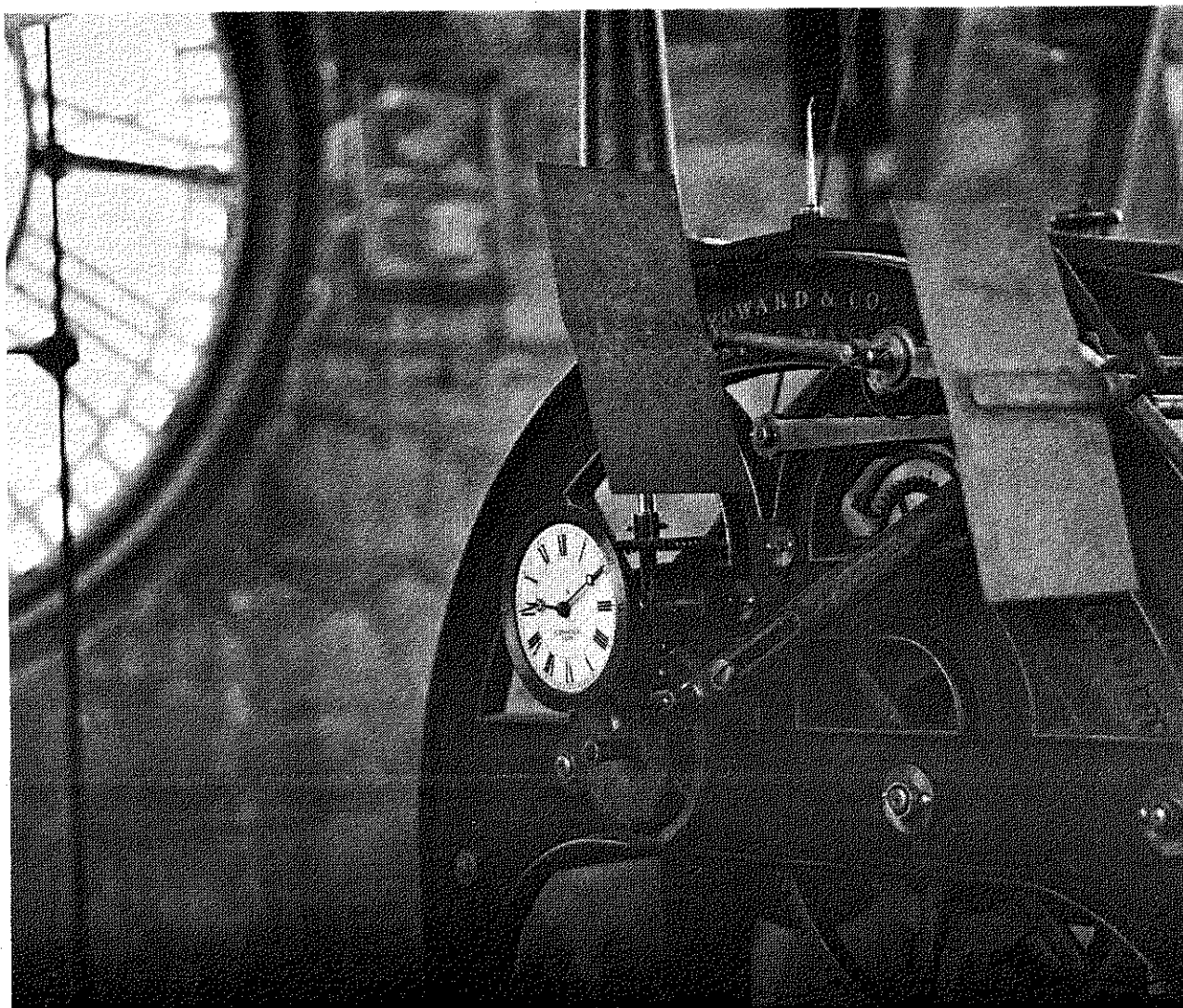
First meeting: Sept 30

Location: Eisenhower 121, KSU

Limit: 20

We will discuss ideas and techniques in stories by great writers - at least in the early meetings. Later we hopefully will be able to share some writings of our own class members.

(Willis teaches English at KSU, but more importantly he is interested in promoting fiction writing both for himself and others.)



DARKROOM BASICS A & B

A. Darkroom (very basic)

Steve Good

539-6007

Wednesdays, 7:30pm

Length: 4 or 5 weeks

First meeting: Oct 1

Location: UFM basement darkroom
615 Fairchild Terr.

Limit: 5

Techniques of processing B&W film and prints. We'll experiment with different papers and films. Bring developed or undeveloped film and be ready to begin. Will arrange cost to cover materials (probably \$5.). (Steve has had several years darkroom experience.)

B. Darkroom (a little more advanced)

Brad Wick

Thursdays, 7:30 pm

Length: 6 weeks

First meeting: Oct 9

Location: UFM basement darkroom
615 Fairchild Terr.

Limit: 6

A bit beyond the above class with possible emphasis on color slides. Also if there is interest we could build a Kirlian camera. Cost will be determined by the materials used. (Brad is a KSU student in Electrical Engineering and photography has been a hobby for several years.)

PHOTOGRAPHY AS COMMUNICATION

Tim Janicke

532-6555

Mondays, 6:30 pm

Length: 7 weeks

First meeting: Sept 29

Location: KSU Union, Rm 206A

Limit: 10

This is a discussion of photojournalism. We will do assignments and discuss the results. (This is not a darkroom class.) (Tim is a Collegian staff photographer.)

CONCEPTUAL PHOTOGRAPHY

R.J. Dickens

539-7050

Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.
Limit: 10

This class is for people who have a hard time finding out where the shutter button is. We will take photography to its essence: mechanics and concepts. After 3 sessions, class members will meet with the leader at regular intervals on a one-to-one basis to evaluate progress. Members are asked to bring their cameras to the first meeting. (R.J. is proprietor of rjdl creative enterprises, an animal photography firm.)

ANTIQUA BOTTLE COLLECTING

Veryle Snyder 532-6765

Wednesday, 7:30pm
Length: one time, Nov 12
Location: Manhattan Public Library
Conference Room

Bottles, like any collected memorabilia, have great value to those who can find them. I have an interesting collection collected over many years. In Colorado this summer I dug up some 20 unusual old bottles of interesting shapes and colors. I am willing to share information and experiences. (For Veryle, this has been a long time hobby.)

WHAT'S WHAT IN COLLECTABLES AND ANTIQUES

Lois Morales 539-8867

Tuesdays, 7:30pm
Length: continuous
First meeting: Sept 30
Location: 1010 Bluemont

We will learn about the kinds of things being collected in the Manhattan area and the prices being paid for them. We will visit shops of the area, go to auctions, view private collections and have discussions on areas of special interest. May visit stone houses.

(Lois has been interested in antiques for 7 years.)

OIL PAINTING FOR BEGINNERS

Mary St. Clair

Tuesdays, 7:30 - 9:30 pm
Length: 7 weeks
First meeting: Sept 30
Location: KSU, Justin Hall, Rm 301
Limit: 12

Bring a small sketch book and drawing pencil for first session. (Mary has worked in oils for several years and was recommended thru a UFM watercolor class this summer.)

TOMBSTONE RUBBINGS

Ann Swegle

Saturday, 2 pm
Length: one time, Oct 25
Location: 1620 Leavenworth

This is a technique which creates interesting wall graphics with just the use of a graphite pencil and paper. The class will be traveling to some of the nearby cemeteries to look for tombstones to rub. This type of graphics can be integrated into many forms of art. Artistic ability is not required for this class, merely a sense of adventure. There will be a small charge for materials, or bring your own. (Ann is on the UFM staff and has a genuine rubbing of Geronimo's tombstone.)

KANSAS RURAL-URBAN ART PROGRAM

Kansas State University announces the twenty-third series of district exhibitions for artists in Kansas who have had little or no formal art training. From work submitted at these district exhibitions will be selected works which will be invited to the State Exhibition at Kansas State University, January 16-31, 1976. For more information at that time contact Michael Williamson at Dept. of Continuing Education KSU. 532-5566

PLAYER PIANO FUN

Frank Keller 539-8844

Wednesdays, 7 pm
Length: 4 weeks
First meeting: Oct 1
Location: 2105 Blue Hills Rd.
Limit: 10

This class is for the appreciation of the classic player piano. We will tune in on some new and old players and perhaps an exchange of experiences and player rollers will result.

(Frank has been doing UFM acts for a long time and is very good.)

FUNDAMENTALS OF MUSIC READING AND THEORY

Sherri Alderman 776-6624

Thursdays, 7pm
Length: indefinite
First meeting: Oct 2
Location: UFM library
615 Fairchild Terr.
Limit: 6

I will probably teach from a keyboard, depending on the musical background of the people. I'll cover key signatures, intervals, how to chord and write music. This class is for those who have had little music experience. (Sherri has had the Fundamentals of Music class at KSU and 10 years of instrumental music.)

CHAMBER MUSIC GROUP

Brock Dale 539-3037/532-6800

Tuesdays, 7:30pm
Length: semester
First meeting: Sept 30
Location: to be announced

The object of this class is to make music. We will organize one large group and/or one or more small ones, depending on what kind of instrumentation turns up. A little music for string quartet and for small chamber orchestra is available, but participants may be asked for a small donation for sheet music.

(Brock is an enthusiastic amateur violinist, played 5 years in the Columbus Symphony Orchestra, and loves chamber music.)

"I painted a mural of the history of our town in our local bank. In the last panel I put in a Hereford bull. That was the hardest thing I ever painted because the cattle men came and would say the (biscuit??) is too wide; you have to get it a little narrower; or, you have it too long; or, the testicles you have too far front. So I'd move them back and then two farmers would come in and say, look, I know my bull and you have them too far back. Finally I said to the bank president, 'Couldn't I put a lot of grass in front of the bull? I'm tired of moving those testicles.' He said no, so he got a couple of men and I think the third time I got it."

AAUPP or AMERICAN ASSOCIATION OF UNITED PIPE PUFFERS

Jim Lackey 539-4281

Wednesdays, 7:30pm
Length: ongoing
First meeting: Oct 1
Location: UMHE, 1021 Denison Ave.

This group is for those who can endure smoke-filled rooms, endless joys of huffing and puffing, sampling varieties and blends of tobaccos, and undirected pursuit of questions of large and small importance. (Jim and friends have been puffing for years and know all there is to know.)

THE WONDERFUL WORLD OF WINE

Ken Shultis 539-2036

Wednesdays, 8pm
Length: indefinite
First meeting: Oct 1
Location: 116 Dartmouth
Limit: 20

By means of comparative tastings we will attempt to broaden your appreciation of wines. We will dispell some of the myths of wine snobbery, discuss the proper serving and storing of wine, how to decipher a wine label, how to recognize a good wine purchase, how to discriminate between a poor, good, and great wine, how to order wine in a restaurant. In general, we will attempt to make you a more educated and knowledgeable wine consumer while uncorking and enjoying a few bottles of wine along the way. Must be 21 to join. Charge of \$10.00 per person for wine.

GUITAR CLASSESBeginning Guitar A & B

A. Lisa Sandmeyer 532-3103

Wednesdays, 9pm
Length: 7 weeks
First meeting: Oct 1
Location: KSU, Ford Hall basement library
meet in lobby
Limit: 10

This is a very beginning class, maybe to see how much you want to play. (Lisa is taking advanced lessons and is very good.)

B. Woody 539-4641

Mondays, 7pm
Length: till everybody quacks out
First meeting: Sept. 29
Location: KSU, Van Zile Hall Music Room
Limit: 10

Will cover basic chords (majors, minors, sevenths) some lead runs maybe--finger-picking and webpicking for the ducks. If everybody practices we will get something learned. The class project would be to dismantle Taj Mahal and rebuild it in Duck Bay, Minnesota. Maybe we can get so everybody can quack along with their favorite quack and quack themselves on quack quack quack quack. (Woody has been playing and still learning after 5½ years...still practicing, too. p.s. He can't read music, either...self-taught.)

Beginning to Intermediate Guitar

Charles Sargent 539-3234

Thursdays, 8pm
Length: 7 weeks
First meeting: Oct 2
Location: UFM basement
615 Fairchild Terr.
Limit: 10

The style is to teach you how to teach yourself. It's a common sense approach to learning basic guitar based on the belief that it is better to understand than to memorize.

(Charles is a fine guitarist and has a genuine interest in teaching people how to play the guitar.)

Intermediate Guitar A, B, & C

A. Donovan Hendricks 539-9522

Wednesdays, 7:30 pm
Length: 6 weeks
First meeting: Oct 1
Location: UFM basement
615 Fairchild Terr.
Limit: 10

The class will probably be based on workshop style. I will provide major input though I would like for all to come with something to share.

(Don has played guitar for several years and would like to share what he knows.)

B. John Leslie

Tuesdays, 7:30 pm
Length: 7 weeks
First meeting: Sept 30
Location: UFM library
615 Fairchild Terr.
Limit: 6

You should have a working knowledge of chords, progressions and changes. (John led a fine beginning class this summer.)

C. Tom Ernst 539-4224

Wednesdays, 7:30 pm
Length: 6 weeks
First meeting: Oct 1
Location: 357 N 14th St.
Limit: 8

This is a class for the younger guitar players. You should have a working knowledge of the guitar and maybe something to share.

(Tom did a beginners class this summer.)

FOODS

DOWNHOME COOKING

Nina Miley 532-5866
 Mondays, 6:30pm
 Length: indefinite
 Location: Baptist Campus Center,
 1801 Anderson Ave.
 First meeting: Oct 6

Did you ever want to be able to cook some simple, but delicious things which make a meal a little extraordinary? Like creamy fail proof gravy, biscuits, corn bread hoe-cakes, different and delightful ways with vegetables, waffle and pancake mixes you can make? We can also make many other things which members of the class may want to learn.

(Nina likes to cook, especially more Southern type things and has been cooking since she was in grade school.)

AMERICAN COOKING FOR INTERNATIONALS

Helen Gross 539-5142
 Mondays, 6pm
 Length: indefinite
 First meeting: Sept 29
 Location: 1707 Laramie

Here's a chance to learn how to prepare typically American, quick and easy meals. Tentative plans include downhome pizza, homemade ice cream, hot dogs and hamburgers. This class is limited to internationals, but anyone who'd like to demonstrate a typical American food will be welcome.

(Helen has many years experience living and working with international students.)

THE COMPLETE MEXICAN MEAL

Dulce Maria Ouellette 539-0157
 Wednesday, 6pm
 Length: one time, Oct 15
 Location: UMHE, 1021 Denison Ave.
 Limit: 12

A complete Mexican dinner from salad to dessert will be made and enjoyed by class members. Costs will be shared by class participants.

(Ms. Ouellette is a native of Mexico and enjoys cooking.)

SOUTH AMERICAN COOKING

Miriam Esterrich 539-7729
 Thursdays, 7pm
 Length: indefinite
 First meeting: Oct 9
 Location: UMHE, 1021 Denison Ave.

We'll be preparing dishes from different South American countries and will be featuring a different country each week.

(Miriam is a native Puerto Rican and will have the help of about a dozen South American women with this class.)

JEWISH COOKERY

Charlotte Edelman 539-2624
 Wednesdays, 7:30pm
 Length: 6 weeks
 First meeting: Oct 1
 Location: Jewish Congregation
 1509 Wreath Ave.

You don't have to be Jewish to enjoy bagels, blintzes, and chopped liver. We will discuss Jewish food customs and laws and learn to prepare several typical Jewish foods.

(Charlotte is Jewish, and a good cook. She has taught this UFM class before.)

INTERNATIONAL COOKING

Barbara Moore 776-7683
 Mondays, 7:30pm
 Length: 5 weeks
 First meeting: announced at registration
 Location: UFM kitchen
 615 Fairchild Terr.
 Limit: 12

This class will discuss and practice the cooking styles of countries such as France, Greece, China, India, Russia, etc. We can also exchange some of our own favorite international dishes. A small fee will be charged for cost of food.

(Barb does private catering and has traveled in Europe.)

WHEN THE HIGH COST OF FOOD GETS YOU DOWN

Pat Tubach 776-4781
 Wednesday, 7:30pm
 Length: one time, Oct 8
 Location: Auditorium, Public Library

Now that weekly grocery shopping has become almost a major investment, getting the most nutrition for your money is important. We will discuss how to shop for food better and still get a balanced diet. Also covered will be how to apply for food stamps. (Pat works with Extension in the Expanded Foods and Nutrition program.)

THE PEOPLE'S GROCERY COOPERATIVE EXCHANGE

A food cooperative located at 811 Colorado wants you as a member! Good food for all people is our major concern. There is a \$10, once in a lifetime returnable membership fee and a 2 hour per month work requirement. For more information call the store at 539-4811 or UFM at 532-5866.

THE NEW CUISINE

Zoe Climenhaga 537-7937
 Nina Miley 532-5866

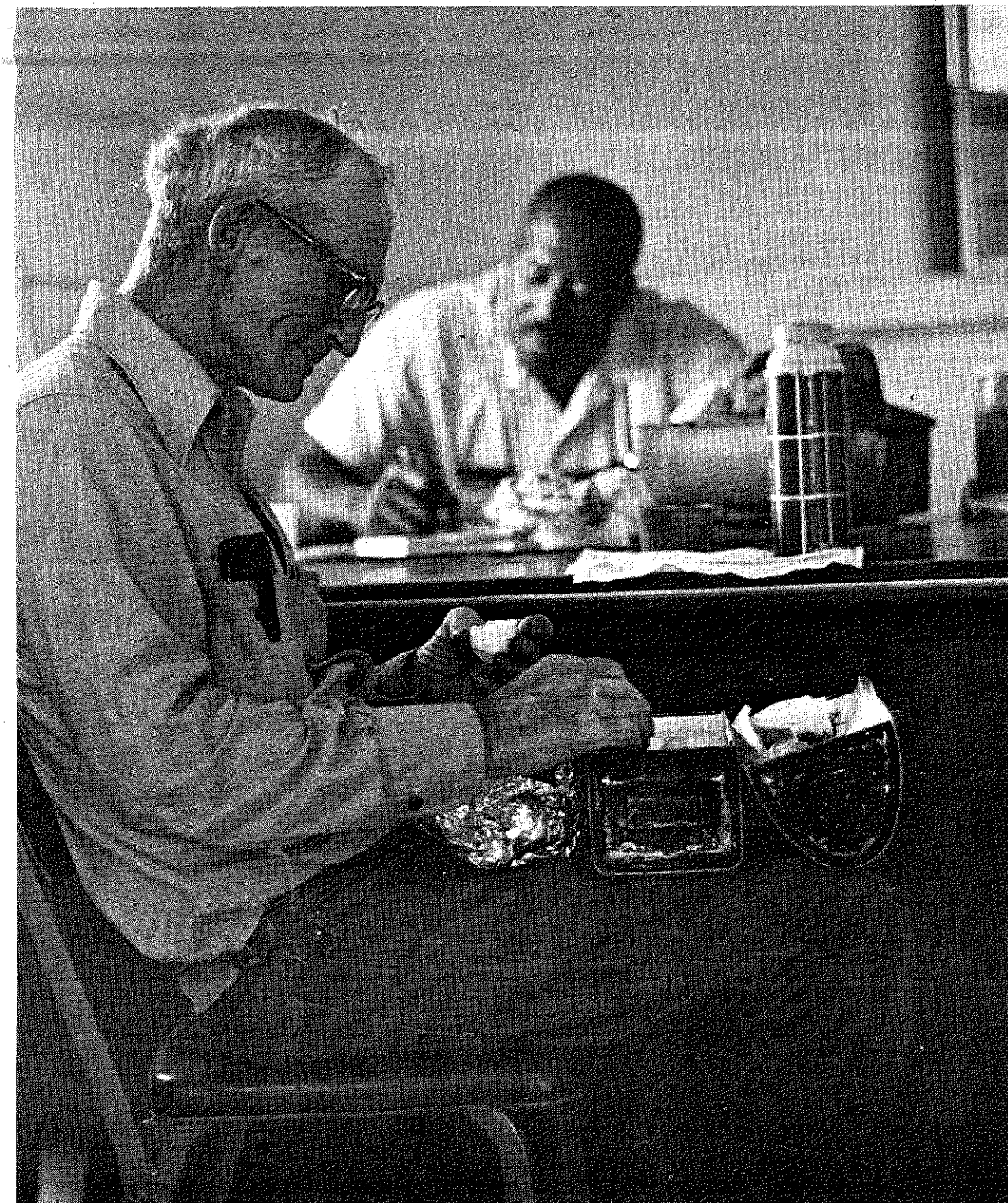
Thursdays, 8pm
 Length: 4 weeks
 First meeting: Oct 9
 Location: The People's Grocery
 811 Colorado

New directions exist in the pleasures of eating, the art of cooking, the science of nutrition, and the politics and agriculture of feeding the peoples of the world. We'll discuss these directions-complementary proteins, high protein meatless cooking, and the gourmet vegetarianism, which has been called the only authentic American cookery and which we call the new cuisine. We'll look at food profiteering and processing, too, with an eye to your food dollar. We will distribute an annotated bibliography, including such books as Diet for a Small Planet. Several sample books will be available. Also, we'll spend one session cooking and enjoying the new cuisine. (Zoe is a longtime cook with a B.S. in Anthropology and in interest in foods, peoples, and futures. Nina is an excellent downhome cook with a real interest in healthy food.)

SIMPLE BREADMAKING

Mildred Swingle 776-5487
 Wednesday, 1:30pm
 Length: one time, Oct 8
 Location: UFM kitchen
 615 Fairchild Terr.
 Limit: 12

This class will hopefully take the fear out of breadmaking. There are just 3 or 4 basic rules, after that it is pretty free form. (Mrs. Swingle has been making bread for almost 60 years and usually makes a different kind each time she bakes.)



INTRODUCTION TO BAKING

Mike Bauman 1-494-2203
Tom Koester

Tuesday or Thursday, 7-9pm
Length: 6 weeks
First meeting: Section I - Sept 30
Section II - Oct 2

Location: KSU, Shellenberger Hall, Rm. 110
Limit: 10 each section

We would like to impart a working understanding of the art of baking. The participants will have a chance to make various types of breads, rolls and cakes. The \$15 fee will include a course outline with recipes, ingredients, and a 9 piece decorating kit. This class will be taught by members of the Bakery Science Club and will run 2 to 3 hours. Please bring an apron. (Mike and Tom are both upperclassmen in Bakery Science and Management and have had a lot of experience in small scale production of bakery goods.)

BREAD MAKING

Naomi Ossar 539-2802

Tuesday, 2pm
Length: one time
First meeting: Section I - Sept 30
Section II - Oct 7

Location: 417 Wickham Road
Limit: 6 each section

We will make 3 or 4 different types of bread, including sourdough French. The class will last up to 3 hours. I can recommend and lend books. There will be a 50¢ charge per person to cover ingredient costs. (Naomi has enjoyed baking bread for eight years.)

SERVING TURKEY IS SIMPLE AS 1, 2, 3!

A.W. Adams 532-6141

Thursday, 7pm
Length: one time, Nov 6
Location: KSU, Call Hall, Rm. 226
Limit: 15

How to purchase, store, thaw, cook, and serve turkey will be discussed. A demonstration will be held on how to make a boneless turkey roll. The objective of the course is to develop confidence in utilizing turkey in the family menu.

(A.W. Adams is a member of the Dept. of Dairy and Poultry Science. He has served as Secretary of the Kansas Turkey Federation and has taught a number of similar lessons.)

SOYBEAN COOKING

Chris Banner 1-457-3715
Mary Clarke 532-5780

Saturday, 10am
Length: one time, Oct 11
Location: UMHE, 1021 Denison Ave.

A discussion of the practical and nutritional aspects of soybean cooking. Samples of a few soybean dishes will be available. There will also be handouts of recipes and related literature, with a small donation (depending on the size of the class) to cover cost of materials.

(Ms. Clarke has a Ph.D. in nutrition and works at Extension. Chris cooks one soybean meal a week.)

HOLIDAY ENTERTAINMENT COOKING

Barbara Moore 776-7683

Wednesdays, 8pm
Length: indefinite
First meeting: Oct 8
Location: Baptist Campus Center
1801 Anderson Ave.
Limit: 15

Get ready for the upcoming holidays by learning new recipes and party foods. An easy and enjoyable class for men and women cooks and non-cooks. (Barb has owned a catering service and has worked as a cook in Manhattan restaurants.)

COOKING SERIES

Location: Apt. 1336, Flint Hills Place
Time: 7pm

MEXICAN COOKING--Tuesday, October 7 Dorothy Koepsel

Dorothy will give Taco Tico a run for their money by demonstrating such tasty items as burritos, tacos, and refried beans.

BREADMAKING--Monday, October 13 Naomi Ossar

Naomi will bring a baked loaf of bread, one in the rising stage, and you can help make another one during class.

PIZZA--Tuesday, October 21 Nina Miley

Nina makes a crispy crusted pizza which takes 45 minutes to make from beginning to end. It's also super nutritious and easy on the budget.

CHINESE COOKERY--Tuesday, October 28 Paul Mathewson

Paul will make delicious concoctions which are quick, easy and show you how to use even leftovers for good Chinese dishes.

CHRISTMAS COOKERY--Tuesday, November 4 Dorothy Bollman

Dorothy has a reputation as a pro of Christmas goodies. We may be a little early but come, learn and stock up before the holiday rush.

You can sign up for one or all of the cooking classes. Each class will last 1-2 hours and each carries a 50¢ charge for the food which the class will sample. There is a class limit of 12 for each class due to the size of the facilities.

JUNIOR HIGH BOYS' SUPPER CLUB

Dorothy Ann Bollman 539-6613

Wednesday, 4-6:30pm
Length: one time, Oct 15
Location: 1613 Baltimore Terr.
Limit: 5

The boys will prepare and eat the supper; then clean up. Demonstration and assistance will be given so the boys understand the principles in these basic foods: fried chicken, mashed potatoes, a fresh vegetable, spoon bread and apple pie. Bring \$1.50 to class for food.

(Dorothy Ann has had experience with boys in the kitchen during her student teaching and in a private class in her home.)

WINE MAKING MADE EASY

Bill Kellstrom 539-7654

Monday, 7:30pm
Length: one time, Oct 6
Location: UFM Patio
615 Fairchild Terr.

Now you can learn to make all types of wine from vintage wines to the less expensive ones made from the things in your own yard. The course covers all aspects of wine-making, including equipment, ingredients, bottling and storage. You too can find out that drinking the wine is only half the fun.

(Bill has had 5 years experience in wine making.)

THE PEOPLE'S BEER

Jim Miley 776-5420

Monday, 6:30pm
Length: one time, Oct 6
Location: UMHE, 1021 Denison Ave.

A cheap, simple method of beer making that takes a minimum of materials and time but results in a brew that is head and shoulders above commercial beer in taste and potency. I'll bring a few bottles to sample the night of the class. Those who don't like it can fold their tents and steal silently away. For those who stay I'll give a demonstration and pass out a mimeographed sheet of instructions.

(Jim has been making and drinking his own beer for years.)

THE GREAT POTATO REVIVAL-PART II

Jim Killacky 532-5866

Length: one time
Sign up and you will be contacted as to the time, date, and place of the class.
Limit: 10

Continuing the saga of Ireland's contribution to Manhattan, Kansas, and in view of the fine crop of potatoes grown locally this year--we shall gather and prepare some culinary delights using the "apple of the ground" as the main ingredient. My own specialty, so to speak, is potato salad-but do feel free to bring or plan to make your favorites.

(Killacky-believe it or not-has done this before without being thrown out of town.)

YOGHURT

Al Weyerts 539-5087

Saturday, 10am
Length: one time, Oct 11
Location: 303 N. 16th

Al will demonstrate a simple and easy way to make yoghurt in an ice chest. He makes about a gallon of yoghurt each week and will be glad to give some starter to anyone who wishes it.

CREATIVE CHEESE MAKING

Doris Hoerman 532-5866

Wednesday, 2pm
Length: one time, Oct 22
Location: UFM Kitchen
615 Fairchild Terrace
Limit: 10

Cheese making is a time-consuming but rewarding art. I've done some experimenting with different types of cheese and would like to share my experiences and resources with others. If you've made cheese before, please bring a sample to share.

"Everything that's part of Kansas is part of me and part of my art - the beauty, the feeling of nature, my garden, the fields, the creeks...."

MIND~BODY~SPIRIT

BODY & SPIRIT

SUFI DANCING

Melody Williams 539-5087
David Weyerts

Sign up at registration
Date, time, and location will be announced at registration

Evening workshop on the uses of group dance, religious chant, and life energy exercises in one's quest for a sense of spiritual unity with others and within oneself. Meeting will probably be held every other week.

(Melody and David have led this group before, have attended different workshops, and danced with others.)

THE GIFT OF AWARENESS: MEDITATION WITH YOUR EYES OPEN - A MEDITATION WORKSHOP

Warren Rempel 539-4281

Saturday, 9am - 5pm
Length: one time, Nov 15
Location: UMHE Center, 1021 Denison Ave.

Use of varying types of meditation, through action, listening, observation, touch, taste, scent, silence, reflection. Various forms of meditation have differing purposes: centering, self-intimacy, relatedness, reconciliation, creative imagery, emptying and filling of the self, etc. Explore different styles and techniques of meditation.

KUNDALINI YOGA

Gurubachan Singh 1-234-3544

Sundays, 3pm
Length: semester
First meeting: Oct 5
Location: First Presbyterian Church basement, 801 Leavenworth

Through Kundalini Yoga. we will attempt to expand our awareness of the physical, mental, and spiritual aspects of the personality. Increased awareness of one's "situation" enables one to better integrate the different areas of one's life into a cohesive whole. We will also investigate the areas of nutrition, natural foods, and we will celebrate a vegetarian feast on the 3rd Sunday of each month. (Gurubachan was a personal student of Yogi Bhajan for over three years. He came to UFM this summer and was happily received. Coming weekly from the Guru Ram Das Ashram in Topeka, a transportation donation of 25¢ will be requested.)

YOGA AFTER FORTY

Bert Franklin 539-0495

Tuesdays, 5pm
Length: 8 weeks
First meeting: Sept 30
Location: St. Isadore's Newman Center 711 Denison

Limit: 8

Breath control, meditation and asanas (Hatha Yoga) for those who initiate yoga practice in the middle or later years. Objectives: physical and mental poise, relief from tension.

(Bert has practiced Yoga for years, studying under Krishnamacharya of Madras, South India.)

HATHA YOGA

Cinde Doby

Wednesdays, 4pm
Length: indefinite
First meeting: Oct 8
Location: St. Isadore's Newman Center 711 Denison

Limit: 8

We will practice breathing and simple poses at first. Then we'll learn harder asanas and master control over the body through asanas, breathing and meditating. (Cinde learned this art from her mother, who was a yoga teacher.)

BEGINNING YOGA

Greg Howard 539-9938

Tuesdays, 8pm
Length: indefinite
First meeting: Oct 7
Location: To be announced
Limit: 6

An introduction to basic postures, asanas, and meditation. (Greg has learned primarily on his own and with others. This is his first class with UFM.)

WHAT'S THE RUB? GROUP WORKSHOP IN MASSAGE FOR THE MILDLY INHIBITED

Melody Williams 539-6390
Owen Wrigley 532-5866

Saturday, 2-5pm
Length: one time, Nov 22
Location: UMHE Center, 1021 Denison
Limit: 15

Come to be comfortable. Working on basic tactile skills, we will focus on back, hand, foot, and head massage. Discussion may include storage and release of energy and tension. Bring an old sheet and a bit of vegetable oil in a squeeze bottle. (Both pairs of nimble hands have worked the tension out of many sore and tense UFM staff members.)

MASSAGE

Casey Johnson 537-2683

Wednesdays, 7:30pm
Length: one time, Nov 5
Location: to be announced
Limit: 20

Hopefully an open discussion will develop enabling people to share personal methods of massage, and by the end of the meeting an understanding can develop showing massage as an actual working and kneading of the muscle in order to release the tension and relax it. Wear light clothing - (t-shirt, shorts, etc.) (Casey became interested in this area beginning over five years ago through an artist/teacher who had tremendously strong hands and also because of the end result of relaxation.)

REFLEXOLOGY OR ZONE THERAPY

Dorothy Leonard 539-1971

Wednesdays, 7:30pm
Length: indefinite
First meeting: Oct 8
Location: 2504 Rodgers
Limit: 12

Dress to be comfortable - please include clean feet. Reflexology releases tension and stimulates circulation through application of pressure to reflex points in the feet. Come and we'll learn together.

SELF AWARENESS THROUGH DREAM ANALYSIS AND EXPLORATION

Larry R. Oliverson 532-6550

Monday & Tuesday, 7pm
Length: 2 times, Oct 6 & 7
Location: UFM Green room (upstairs)
Limit: 12

Facilitation of self awareness by dream analysis and exploration with experiential involvement by class participants. Guided fantasy and relaxation techniques to be used as necessary. Should not be considered as psychotherapy. (Dr. Oliverson is a psychologist with the Mental Health section of KSU Lafene Student Health Center.)

"I'm used to the kind of people that live here. . . I like the attitude of the people. They have stout spirits and they are genuine. I don't like pretenders and social climbers. . . I like Kansans. They're my kind of people."

STRESS MANAGEMENT PROCEDURES

Dale Patterson 537-8611

Sundays, 7pm
Length: approx. 10 weeks
First meeting: Oct 5
Location: 810 Kearney
Limit: 12

A number of techniques for dealing with physical and psychological stress will be reviewed and discussed, including progressive relaxation training, meditation, open focus training, behavior therapy and biofeedback training. In general, the effects and benefits from attaining a low arousal state regularly through practice will be evaluated. (This is not a training course.) (Dale is a graduate student in psychology and has been involved with biofeedback and related research for about 3 years.)

GUIDED AFFECTIVE IMAGERY

Paul Hart 539-7237/537-9042

Monday, 7pm
Length: one time, Nov 10
Location: KSU Union, Rm. 212
Limit: 20

Guided Affective Imagery is a method of altering one's consciousness through the means of a semi-music controlled environment. The class will explain and touch on some of the uses of GAI as well as take the individuals through a GAI experience themselves. (Paul is the director of the Drug Education Center and has experience studying and doing GAI.)

BIOFEEDBACK/RELAXATION: A TECHNIQUE TO EXPLORE THE REALMS OF HUMAN POTENTIAL

Tim Lowenstein 532-6432

Monday, 7pm
Length: one time, Sept 29
Location: KSU Union, Rm. 212

A brief introduction to how biological feedback is used to help people help themselves. A discussion of how you can use biofeedback will follow an experience in biofeedback/relaxation training. This training is offered as a service of the KSU Counseling Center. (Tim is on the staff of the counseling center and a master's degree candidate. He has been involved with developing, implementing, and evaluating biofeedback/relaxation training for the past 3 years.)



WOMEN

SURVIVAL FOR SUDDENLY SINGLE WOMEN

532-5866

Wednesdays, 7pm
Length: indefinite
First meeting: Oct 8
Location: 1218 Bertrand

We have experienced and somehow continue to experience social stigmas typical of those labeled "divorcee." We would like to gather with others and discuss uncomfortable confrontations that inevitably happen and share how we have responded to them. It's often comforting to be able to talk to others in comparable situations and get some empathetic feedback. Some things we will talk about are children, family pressure, friends, married couples, awkwardness, and staying above water in relationships. We don't stress remarriage and don't wish to rehash through the past.

ATTITUDES TOWARD MOTHERING

Connie	537-8293
Denise	537-9294
Gayle	776-6387
Janie	539-7268
Carol	776-7813
Karen	537-0234

Wednesdays, 7pm
Length: indefinite
First meeting: Oct 1
Location: announced at registration

This class is a consciousness raising group for women who are mothers or who may become mothers in the future. This is a place for examining your attitudes and feelings toward children and sharing these experiences. All ages welcome. (This is an ongoing group, supporting and sharing experiences with one another.)

WOMEN'S CONSCIOUSNESS RAISING GROUP

Mary Jo Prochazka	539-3511 (room 417)
Cindy Thomas	539-9394

Mondays, 7pm
Length: indefinite
First meeting: Oct 6
Location: 1119 Laramie, Apt. 5
Limit: 8

Consciousness raising, where you will talk about personal experience without broad analysis, can accomplish the following: clean out your head, uncork and redirect your anger, teach you to understand people, and discover that your personal problem is not only yours. (Mary Jo and Cindy have been involved in CR groups before.)

WOMEN'S RAP GROUP

Callie Russell	539-0293
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Wednesdays, 7:30pm
Length: ongoing
First meeting: Oct 1
Location: 1016 Moro #5, (basement)
Limit: 8

Having participated in a consciousness raising group before, I've come to realize once again the need for more personal contact with women. I'd like to get together with a group of women to share our thoughts on who we are and are becoming. We'll rely on various media forms (literature, films, etc.) to give us a direction. This group was formed this summer and is eager to welcome new members.

(Callie has been in CR groups before and is wanting to share the spirit with others.)

"Quite frequently I've met people from the East that have said that they have gone across Kansas once and that it is deadly country. And I would say, 'It is not deadly where I live.' Like most things, you usually find what you are looking for."



WOMEN NEED FRIENDS TOO

Ginger Dicks	537-8577
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Thursdays, 8:30pm
Length: 10 weeks
First meeting: Oct 2
Location: Jardine Terrace, U-29
KSU campus
Limit: 12

Meet new friends, get away from it all and relax. We'll discuss anything you're interested in. Some suggestions are: fashion, weight control, children, school, and hobbies. Come and join with people from many walks of life and share ideas. (Ginger is a senior in Psychology, is married, has a small son, and has worked while in school.)

AUTO COMMUNICATIONS FOR WOMEN

Norman Peck	537-9883
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Tuesdays, 7:30pm
Length: 6 weeks
First meeting: Sept 30
Location: KSU, Ackert Hall, Rm. 105

Very few women have had much practical mechanical training, especially about cars. Since at one time or another everyone has an automobile, it seems appropriate that everyone should have an opportunity to learn something about them, how to take care of them so they last longer, how to cope with their problems, how to do some work on them yourself. (Norm has three years experience as a mechanic and is currently working for a local auto repair firm.)

WOMAN PLUS WOMAN

Gay Counseling Service	539-2311
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I am a lesbian woman interested in bringing other women together to discuss and explore what is involved in being gay. I'm speaking in terms of a support group, a social gathering, a political caucus, or whatever it is that we are needing, if anything. I hesitate to form a regular meeting class due to the limited response to the summer class, Woman plus Woman, but would like feedback on the needs of gay women in the Manhattan community. What I have done is to leave my phone number with the Gay Counseling Service in hopes that interested and concerned women will contact me and possibly we can form some basis of communication.

CAREER EXPLORATION FOR THE MID-CAREER WOMAN

Fred Bradley	532-5937
Marge Neely	532-5938

Individual and group exploration of problems and solutions in making decisions about beginning, returning and redirecting one's career and life planning. Sessions will be arranged to meet the schedules of the participants. Sign up at registration and you'll be contacted.

(Fred and Marge are instructors in the Counseling and Student Personnel Services program, and have worked extensively in career planning and programming for mid-career women.)

INTERNATIONAL WOMEN'S YEAR

Nancy Scheetz-Freymiller	776-8653
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Equality, Development and Peace are the three main objectives of the International Women's Year (IWY) as declared by the United Nations. IWY also focuses on celebrating women's contributions in the U.S. and throughout the world. Women in the Manhattan area will be honored for their dedication in all areas ranging from politics, to business and the home. The Manhattan area IWY commission is open to any person interested in working to increase mutual understanding between everyone, both men and women from all community groups. More participation is needed to help IWY become a reality. Contact Nancy for further information.

WOMEN'S RESOURCE CENTER

Margaret Nordin	
Caroline Peine	532-6432
Meg Keeley	Holtz Hall

Dedicated to meeting the needs of all women on the KSU campus, our primary concern is to raise the level of awareness concerning the changing roles of men and women, and the implications of these changes. Available at the Center is a growing library of materials on a wide range of topics, and several people available to help you find answers to information. It also serves as a referral agency concerning opportunities and programs about and for women students. Both men and women are welcome, and invited to visit the Center.

RAPE PREVENTION

Caroline Peine	532-6432
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Rape is the fastest growing crime of violence in the U.S. Ignoring it won't make it go away or help you to deal with it. A film, Nobody's Victim, and speakers can be scheduled through the Women's Resource Center. (Caroline is KSU's rape expert.)

FOCUS

Margaret Nordin	532-6432
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Thursdays, 12 noon
Length: ongoing
First meeting: Sept 4
Location: KSU Union, Stateroom #3
Limit: 20

Informal luncheon discussions of topical issues relevant to women. The 1st and 3rd Thursdays will feature informal gatherings; the 2nd and 4th Thursdays will highlight special topics. Students, faculty and staff are very welcome.

WOMEN'S ISSUES MATERIALS

Margaret Dobbyn	
KSU Farrell Library	

Information about all women's issues, problems and history can be found in Farrell Library. The Social Sciences Division on the second floor is the subject area to go to for assistance in specific topics. Some of these are: employment, careers, sex-stereotyping, equal rights, amendment, equal employment opportunity, rape, abortion, day care, women offenders, prostitution and others.

PREGNANCY COUNSELING

Karen Barquest	
Carolyn Wickencamp	532-6432

Service: Confidential counseling and information on birth control, unplanned pregnancies and V.D. Open to men and women.

PHILOSOPHY & THEOLOGY

PHILOSOPHY

Cecil & Lauren Miller 539-8838

Saturdays, 7 pm
Length: twice, maybe more
First meeting: Nov 1
Location: UFM basement
615 Fairchild Terr.
Limit: 14

Adventures in philosophical inquiry. The group will explore and comment on: lateral thinking, the role of religion in society, and the influence of language on thinking. (Cecil and Lauren have both taught philosophy before and are two of the sharpest people we know.)

SELECTED READINGS FROM THE UPANISHADS AND THE BHAGAVAD-GITA

Dr. Albert Franklin 539-0495

Thursday, 7:30pm
Length: one time, Nov 13
Location: First Presbyterian Church basement, 801 Leavenworth

From the Upanishads, which comprise the pantheistic statement that in all things, but primarily in each human soul, there may be seen manifested the supreme, impersonal Brahma or Atman, and from the most beloved of the Indian Classics, the Bhagavad-Gita, known in translation as the "Song of the Blessed One," selections will be chosen by Dr. Franklin for one evening of direct readings. (A former staff member of the KSU South Asia Center, Dr. Franklin has long been a friend and resource to UFM.)

OBJECTIVITY AND SUBJECTIVITY IN SCIENCE AND RELIGION

Ted Barkley and Jim Lackey 539-4281

Sundays, 5:30-7pm
Length: 9 meetings, Sept 21 - Nov 16
Location: UMHE, 1021 Denison Ave.

Presentation and discussion of the methods of "knowing" as utilized in the sciences and religion. The values and limitations of objective and subjective thinking will be emphasized. No outside preparation expected.

(Ted Barkley is a staff member of the Division of Biology, KSU. Jim Lackey is a campus minister with the United Ministries in Higher Education.)

COSMIC CONSCIOUSNESS

This is a continuing group of those interested in mysticism based on the insights obtainable through parapsychology and occultism. The format of meetings is group reading and discussion of a book of common interest, followed by group meditation. The book currently being studied is *Seth Speaks* by Jane Roberts. We are not interested in magic or witchcraft. Meetings are on Tuesdays, from 8-9:30pm at member's homes. You will be contacted for place. If further information is needed, call Doris at 539-7864.

"A-PLATO-FOR FUN-OF COURSE!-COURSE"

Jim Lackey 539-4281

Mondays, 3:30pm
Length: indefinite
First meeting: Oct 6
Location: UMHE, 1021 Denison Ave.

Surely somewhere some soul has said- "I shall not pass another seven days without skimming a few of Plato's dialogues."- For shame! We shall slip into the Academic and surprise ourselves with just reading aloud several short dialogues. Open to any who can read. (Rouse's translation)

MEDICINE AND RELIGION

Dr. George Bascom 539-6574
Sister Mary Herman

Thursday, 7pm
Length: one time, Oct 30
Location: KSU Union, Rm 204

Dr. Bascom and Sister Mary Herman (and possibly others) will lead a discussion on the interface between medical science and religion: where one stops and the other begins, and the contributions each has to make to the lives of the ill. (Dr. Bascom is a local physician and Sister Mary Herman is the chaplain at St. Mary's Hospital.)

"CIVIL RELIGION"

Jim Lackey 539-4281

Tuesdays, 12 noon (sack lunch)
Length: 6 times
First meeting: Oct 7
Location: UMHE, 1021 Denison Ave.

Foci: descriptions of "Civil Religion"; cassette discussions by Dr. Martin Marty- "Toward a Public Theology" and "Religion in America: A Bi-Centennial View"; review of Robert Bellah's book- "The Broken Covenant: American Civil Religion in Time of Trial"; Dr. Merlin Gustafson- a paper on religion and the American presidency.

A SURVEY OF NEW TESTAMENT LITERATURE

Charles B. Bennett 776-8821

Sunday, 7pm
Length: approx. 6 weeks
First meeting Sept 21
Location: First Methodist Church, Pastor's Study, 612 Poyntz
Limit: 12

This class will study the New Testament from a traditional Protestant, non-fundamentalist perspective. The major emphasis will be upon how the Scriptures speak to Christians in a secular milieu. The first section of the series will deal with the authentic Letters of St. Paul. Later, non-Pauline letters will be studied. (Rev. Bennett is the Senior Pastor of the First Methodist Church.)

CONSIDERING CHURCH RELATED VOCATIONS

Sundays, 2pm
First meeting: Oct 19
Location: UMHE, 1021 Denison Ave.

Three sessions for women and men who may be considering some form of church vocation. We plan to consider: 1) Survey of the kinds of Church Vocations that seem to be available; 2) Professional education patterns; 3) Some facts about the Church and the Churches and their attitudes and practices with regard to their professional leadership.

(Sponsored by American Baptist Campus Ministry, Lutheran Campus Ministry, Roman Catholic Campus Ministry, and UMHE - Presbyterian, Methodist, United Church of Christ, Disciples of Christ, Church of the Brethren.)

DAILY WORD STUDY MEDITATION

Dorothy Leonard 539-1971

Sundays, 11am
Length: indefinite
First meeting: Oct 12
Location: 2504 Rodgers

A continuing meditation group working towards satisfactory relationships between man and god and between men and women in the process of overcoming some of the difficulties which beset daily life. (Dorothy has attended the Unity Institute for Continuing Education and has been a longstanding friend of UFM.)

PRAYER-STUDY BREAKFAST

Dr. Don Leach

First Wednesday of each month, 7:15am
Length: continuing
First meeting: Oct 1
Location: 1st Presbyterian Church Fisher Hall, 801 Leavenworth

Beginning at 7:15 and concluding at 8 am, the study will follow key biblical words, and is adapted from a study encouraged by Upper Room for the understanding of our faith as we live as a nation celebrating the second centennial. Oct. 1- "Justice", Nov. 3- "Compassion", Dec. 3- "Judgement". (Dr. Leach is a Professor of New Testament at Manhattan Christian College.)

NOON-TIME STUDY

Pastor John Graham

Wednesdays, 12 noon
Length: Each Wed until Nov 12
First meeting: Oct 1
Location: First Presbyterian Church Fisher Hall, 801 Leavenworth

On the theme of "God's Community", a study will be made of the Book of Exodus and Deuteronomy looking at what it means to "be delivered from bonds" and being led to the Promised Land of community. The study is open to all and if persons desire they may bring a sack lunch. Coffee and tea provided.

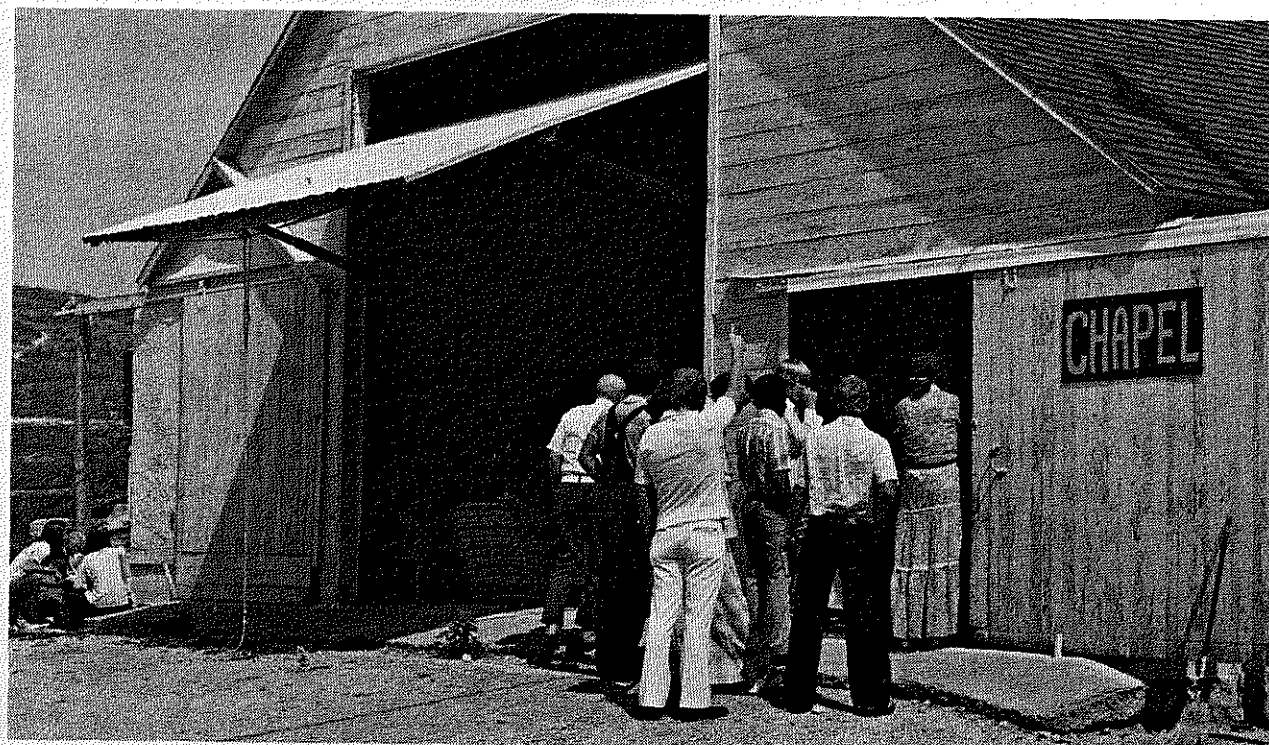
(John is pastor of the First Presbyterian Church and we like him alot!)

MEET THE MORMONS

Russell Hultgren 537-8370

Wednesdays, 7:30pm
Length: continuing
First meeting: Oct 1
Location: LDS Institute, 1820 Claflin

A course to acquaint interested persons with the history, faith, values, and testimony of the Church of Jesus Christ of Latter-day Saints. Topics covered will include God's Eternal Plan, Christ in Ancient America and the Book of Mormon, the Joseph Smith Story, the Meaning of the Temples, the Importance of Families, and Modern-day Revelation. (Russell is the LDS Kansas State University Branch Mission Leader.)



INTRODUCTION TO ISLAMIC STUDIES

Mohammad Ganjidoost 539-5994

Fridays, 7pm
Length: 8 weeks
First meeting: Oct 3
Location: KSU Union, Rm. 203

This group will discuss the essential beliefs of Islam, life of the Prophet Mohamed, the Holy Quran, Islamic World view. (Mohammad is from Tehran and a member of the Islamic Association and has long been interested in philosophy and religious studies.)

SELF & OTHERS

ASSERTIVE TRAINING

Caroline Peine 532-6432/539-2562
Kay Sinnett 539-6561

Thursdays, 7pm
Length: 4 weeks
First meeting: Oct 30
Location: 505 Oakdale Drive
Limit: 15

Are you one of those persons who hesitates to express yourself and then is irritated later that you did not open up and speak out? Assertive training is designed to help you stand up for your own rights and yet not infringe upon the rights of others or become aggressive. It helps you become a much more efficient and effective person. (Caroline and Kay are both interested in and have worked with these kinds of groups.)

ASSERTIVE TRAINING WORKSHOPS FOR PROFESSIONALS

Barbara Rockwell 532-6432
Helen McIlvain

Length: one weekend, Nov 14 & 15
Friday - 7-9:30pm
Saturday - 9am-3pm
Location: to be announced
Limit: 20

The Assertive Training Group at Kansas State will again provide a workshop for professionals interested in the concept of Assertive Training, its use in professional situations and personal use. Friday evening's focus will be on concepts, and an introduction to the use of A.T. Saturday we will concentrate on belief systems, skill building, and application. Participation is limited to those persons in preparation for a professional position (i.e. graduate student, trainee, etc.) or those working in a "professional" capacity. Those signing up will be contacted personally for specific information.

C-GROUPS IN INTERPERSONAL COMMUNICATIONS

Dr. Peter Sherrard 532-6432
Barbara Rockwell 532-6432
Gracia Schall 532-6432

Length: 10 weeks
(starting week of Sept 22)
Location: KSU, Rm. 111 or 115, Holtz Hall
Limit: 9 per group

Individuals and couples are invited to join others in participating in a C-(C for contract) Group and creating a mutually supportive "temporary community" whose members will engage in the kinds of behavior that nourish interpersonal growth. The emphasis will be on the further development of communication skills through the giving and receiving of feedback according to the guidelines of a C-Group contract. Interested persons are asked to read the contract and complete the C-Group enrollment form which will be available at UFM registration or at the KSU Counseling Center, Holtz Hall. The following groups are available:

- A. Tuesdays, 3:30 - 5pm (Men and Women)
- B. Wednesdays 5:30 - 7pm (Couples only)
- C. Thursdays, 3:30 - 5pm (Men only)
- D. Thursdays, 7 - 8:30pm (Women only)

Pete will lead groups A-C together with a co-leader from the KSU Counseling Center staff. Barbara and Gracia, KSU Counseling Center staff members, will co-lead group D.

METHODIST THEOLOGY

Charles B. Bennett 776-8821

Sundays, 5pm
Length: 4 weeks
First meeting: Oct 5
Location: Pastor's Study, First Methodist Church, 612 Poyntz

Limit: 15

The Methodist Quadrilateral (Scripture, Tradition, Reason, and Experience) will be studied as the basis for religious authority. Then there will be a survey of Methodist attitudes about current religious questions in light of the Quadrilateral. (Rev. Bennett is Senior Pastor of First United Methodist Church.)

DROP IN BEFORE YOU DROP OUT

Caroline Peine 532-6432 (days)
539-2562 (evenings)
Location: KSU, Holtz Hall, Rm. 103

Thinking about dropping out of school? I don't want to talk you into staying, but I would like to explore alternatives with you. Stop by or give me a ring and let's discuss the why's and what's that are on your mind.

(In this instance, Caroline is one who worries about the student who leaves high school or college on a purely negative note, particularly the one who leaves without withdrawing, thus making it extremely difficult to re-enter.)

ANGER - FEAR - LONELINESS

Jim Lackey 539-4281

Tuesdays, 3:30-5pm
Length: indefinite
First meeting: Oct 7
Location: UMHE, 1021 Denison Ave.

Conversations about this triad of nearly universal human experiences. Part of our concern is to discover the positive elements in all of them for our growth and development.

CHILDREN OF SAPPHO

We are a group of students and community people gathering together to share our feelings and problems as well as community. We are for the most part concerned with the broad issue of supporting each other to express and understand our gayness as openly and freely as we individually choose. If you feel that you could benefit from these discussions, please call the Fone, 539-2311, leave your name and number, and you'll be contacted.

GAY COUNSELING

A group of men and women are providing a counseling service for gay people. Counselors will be participating in a training program together to develop para-professional abilities. If you are interested in learning about what we are doing, or would like to work with us, or would like counseling, call the Fone: 539-2311. Counselor training will begin in mid-September.

LIFE PLANNING WORKSHOPS

Barbara Rockwell 532-6432

Are you up in the air, feeling locked in, looking for new handles on future possibilities? Then, exploring yourself in Life Planning Workshops may be the answer. The workshop is a carefully planned, concentrated experience which can open new directions and energizes unfulfilled dreams. The workshop involves structured exercises in a seven hour time span. This is not a sensitivity or encounter group, but participants should be open to self-exploration and sharing. The schedule of workshops is listed below. Please indicate your first and second preferences when signing up. You will be contacted prior to the workshop. (Barbara is a counselor with the KSU Counseling Center.)

Sept 27 - 9am to 4pm
Nov 15 - 9am to 4pm
Dec 6 - 9am to 4pm
Location: to be announced

APOCALYPTIC LITERATURE (DANIEL AND REVELATIONS)

Tuesdays, 7:30pm 776-8821

Length: 6 weeks
First meeting: Sept 23
Location: Pastor's Study,
First Methodist Church
615 Poyntz Ave.

Limit: 20

The study will deal with Apocalyptic writings as a literary genre of biblical times. The emphasis will be upon the abiding spiritual concerns of the material as over against the distorted magical interpretations now in vogue. The theological perspective of the teachers is traditional, non-fundamentalist Protestantism. (The course will be led by James D'Wolf of St. Paul's Episcopal Church; Charles Bennett of First Methodist Church; and Julian Johnson of First Congregational Church.)

COLLEGE ADJUSTMENT & SHARING GROUP

Richard J. Harris 537-1383/532-6850

Mondays, 7-8pm
Length: 4 weeks
First meeting: Oct 6
Location: 1947 College Heights Rd., #202A
(2½ blocks west of field house)
Limit: 18

Being at college and away from home for the first time can be a traumatic experience. Come and share in a supportive group your reactions, experiences, solutions, etc. to such issues as homesickness, roommate problems, study problems, and the encountering of new value systems. Note: This is not a therapy group, nor is the teacher a qualified clinician. Anyone with serious adjustment problems is urged to see a professional counselor. (Dick teaches experimental psychology at KSU and has experience as a leader and participant in a variety of small groups.)

BREAKTHROUGH

Margaret Sedlacek 776-9392

Mondays, 7:30pm
Length: ongoing
Location: Episcopal Church, 6 & Poyntz

Breakthrough is a group exploring the possibilities of friendship, social experience, and social growth. It is sponsored by the Riley County Association for Mental Health.

RECOVERY, INC.

Barbara Nordin 539-4371

Tuesdays, 7pm
Length: continuous
Location: Unitarian Fellowship
709 Bluemont

Recovery Inc. is a nationwide organization with the goal of reducing the rate of chronicity and relapse among those who have had or are having emotional problems. This is a very structured technique for learning to cope with day-in and day-out living. Members vary in their situations - some have been hospitalized and some have never seen a therapist. The group is on-going all year and we are always glad to see visitors.

I'M OK -- YOU'RE OK WEEKEND WORKSHOP

Warren Rempel 539-4281

Length: one weekend, Oct 17-19
Friday evening, Saturday 9-6pm,
Sunday afternoon
Location: UMHE, 1021 Denison Ave.
Limit: 8

An introduction to Transactional Analysis. Use of T.A. tools for growth and awareness, self-understanding and ability to relate to other persons in creative ways. Help in undoing the programmed responses and patterns of the past, and liberating the self for creative and open living in the present. (Warren is a campus minister with UMHE.)

"What do I have to say about Kansas? Well... there's more veterinarians than psychiatrists."

OF MEN, OF SELF

Lloyd Willard 537-9244
Robert Melnick 537-9187

Mondays, 7:30 - 9:30pm
Length: 8 weeks
First meeting: Oct 6
Location: Unitarian Fellowship
Limit: 8 709 Bluemont

We will be discussing various roles that men have: father, husband, friend, worker, etc. We will attempt to establish open, honest communication, and to gain a better understanding of our inner feelings. There will be some outside visitors dealing with the relationship between our mind and body. Much of the discussion will come from the group.

PERSONAL CONVERSATION

Dave Stewart 539-3051

Thursdays, 3:30-5pm
Length: semester
First meeting: Oct 2
Location: Baptist Campus Center
1801 Anderson
Limit: 12

Conversation will be for the purpose of relating and pursuing personal meanings, concerns, thoughts, doubts, joys, in order to increase our appreciation and participation in our own life experience as well as the experience of others. (Dave is a campus minister who has led numerous UFM classes.)

OPEN MARRIAGE

Jan Crocker 537-8390

Mondays, 7-9pm
Length: 6 weeks
First meeting: Sept 29
Location: KSU, Justin Hall, Rm. 249
Limit: 15

This course will offer group members an "original and innovative look at the important elements of marriage" as described by Nena and George O'Neill in their recent book: Open Marriage: A New Life Style for Couples. The following topics will be discussed: open vs. closed marriage, marital contracts, realistic expectations, communication, role flexibility, privacy, identity and open companionship.

(Jan has a master's degree in Family and Child Development and four years of university teaching experience in marriage and the family.)

COUPLES CO-OPERATIVE

Dave Fly 537-0593
Teresa Hayden 532-6850

Wednesdays, 7:30 - 10pm
Length: 8 weeks
First meeting: Oct 1
Location: Unitarian Fellowship House
709 Bluemont

The purpose of this group is to enable couples to increase constructive and candid communication. It will hopefully provide a co-operative setting in which relationships can be explored and strengthened. Although this group will consider such issues as conflict and problem solving, it is not meant to be a therapy group. Couples only (couples need not be married). (Both Dave and Teresa have been involved in couples groups in the past.)

MARRIAGE SEMINAR

John Graham

Sunday, 4:30pm
Length: one time, Nov 16
Location: First Presbyterian Church
8th and Leavenworth

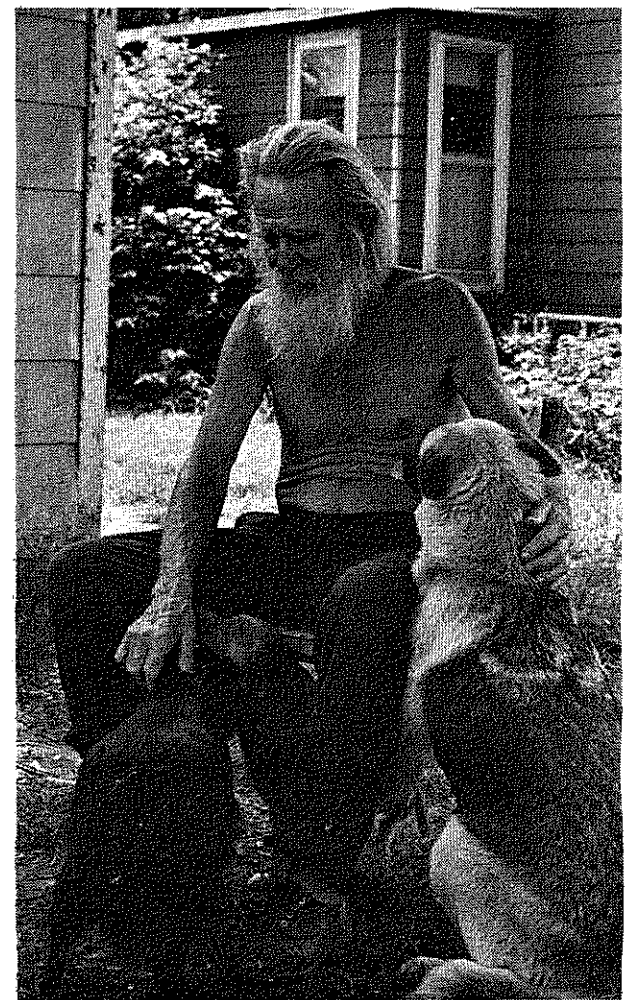
We will gather to spend a Sunday afternoon and evening around a suppertable, sharing with bankers, doctors, clergymen, counselors, in an open dialogue on marriage. Prepared for those contemplating marriage. Supper will cost \$1.

COUPLES COMMUNICATION

Candy Russell 532-5510
776-6566

Thursdays, 7:30pm
Length: 5 weeks
First meeting: Oct 23
Location: Family Resource Center
611 Poyntz (above Encore Shop)
Limit: 5 couples

A training group (not counseling) for couples who wish to increase awareness of their repertoire of communication styles. Dress informally - bring pillows if you like (we sit on the floor a lot). Please call Candy to pick up a manual for the course before the first meeting. (Candy is an assistant professor in Family and Child Development.)



COUPLES RETREAT

Shel and Char Edelman 539-2624

Length: 2 evening sessions & 1 weekend
First meeting: Sept 30 (Tuesday) 8pm
Location: UFM Basement
615 Fairchild Terrace

For couples who want to learn about their interpersonal communication through dramatic and intensive techniques. We learn while we enjoy ourselves, but it does mean risking what you've got for the payoff of something better. Couples should be married or in a significant relationship. Based on Gestalt methods, but not a substitute for therapy or marriage counseling. In the first session, we set goals and get to know one another; then comes the retreat and then another session to process what we've learned. There may be a small expense depending on where we hold the retreat. (Shel and Char have done many groups like this before.)

CREATIVE DIVORCE

Warren Rempel 539-4281

Tuesdays, 7:30pm
Length: 6 weeks
First meeting: Oct 7
Location: UMHE, 1021 Denison Ave.
Limit: 15

For persons moving onto and through the divorce experience; the promise in the pain; the healing process of mourning; accepting divorce as a solution, not as a punishment; how to re-new trust in men/women.

MARRIAGE ENCOUNTER WEEKEND

Mike and Joan Mitrione 537-0273
Steve and Margaret Adkins 537-8646

Information meeting:
Sundays, 7:30 - 9pm
1) Oct 12 - Seven Dolars Church
Juliette and Pierre
2) Nov 9 - St. Isadore Chapel
711 Denison Ave.
3) Dec 7, College Ave. United Methodist
Church, 1609 College Ave.

The Marriage Encounter Weekend is a boot camp, a crash program, in a technique of loving communication that a couple can use for the rest of their lives. It's a chance to discover what a great thing you have going for you and how wonderful God has been in giving you each other. The purpose of the weekend is to make good marriages great. If you already have a good marriage, you don't need the weekend, you deserve it! Since 1968, there have been over 200,000 married couples experience the "weekend". A schedule will be available at the information meetings. (Both couples have gone through and/or have led the "weekend" before.)

FAMILY LIFE FILM SERIES

FAMILY LIFE FILM SERIES

Kay Neill 539-8023

Location: Family Resource Center, 611 Poyntz Ave.
(above the Encore Shop) 776-6566

Monday, Oct 6, 7pm

"Sylvia, Fran, & Joy" - the different lifestyles of three women.

Tuesday, Oct 7, 4pm

"Looking for Me" - dance therapist working with disturbed children as well as other children and adults to tune into their bodies and thus improve communication with others.

Tuesday, Oct 21, 4pm

"This is no time for romance" - middle age marriage with women bored by domestic tranquility and luxury.

Tuesday, Oct 28, 7pm

"Bridging the Gap" - three major principles from Parent Effectiveness Training (PET) approach, presented by Dr. Gordon.

Monday, Nov 10, 7pm

"Peege" - thought-provoking film on topic of aging where a family visits their grandmother who resides in a rest home.

Monday, Nov 17, 7pm

"To be aware of death" - a collage of opinions and thoughts concerning death.

Sign up for entire series or for individual showings. Anyone welcome - not absolutely necessary to be enrolled.



KCH

What is a Kansan really like? What are Kansans' values, cultural attitudes, biases, prejudices and dreams? And how have these individual and collective attitudes influenced public policies in the past? How do they impact present day issues? How will they instruct inevitable change in the future?

Through a \$12,000 grant funded to University for Man by the Kansas Committee for the Humanities under its current theme--"Changing Kansas Communities: Exploring The Role of Human Values in Shaping Public Policy"--project director Jani Sherrard set out across the state to probe into the Kansas spirit. During the past five months, she tape recorded more than 100 interviews with Kansans from every walk of life--farmers, professionals, the young and the elderly, racial and ethnic groups and people of varied educational and economic backgrounds.

Ms. Sherrard explored with native Kansans their feelings about the land and the weather, their attitudes toward outsiders, minorities, big government and change, their memories of hard times and the good old days, their assessment of the present and their expectations for the future. From the youngest--a child of three who said his favorite part of Kansas was "the front", to one of the older Kansans who, as a professional traveled extensively throughout the world, always eagerly returning home to Cowley County, who said that one of the things she wants yet to do in her life is "clean out the attic"--Sherrard found such vitality and excitement in the Kansas people.

Dr. George Kren, associate professor of history, traveled with Ms. Sherrard throughout the state taking slide and black and white photographs in an effort to capture a visual record of the Kansas experience.

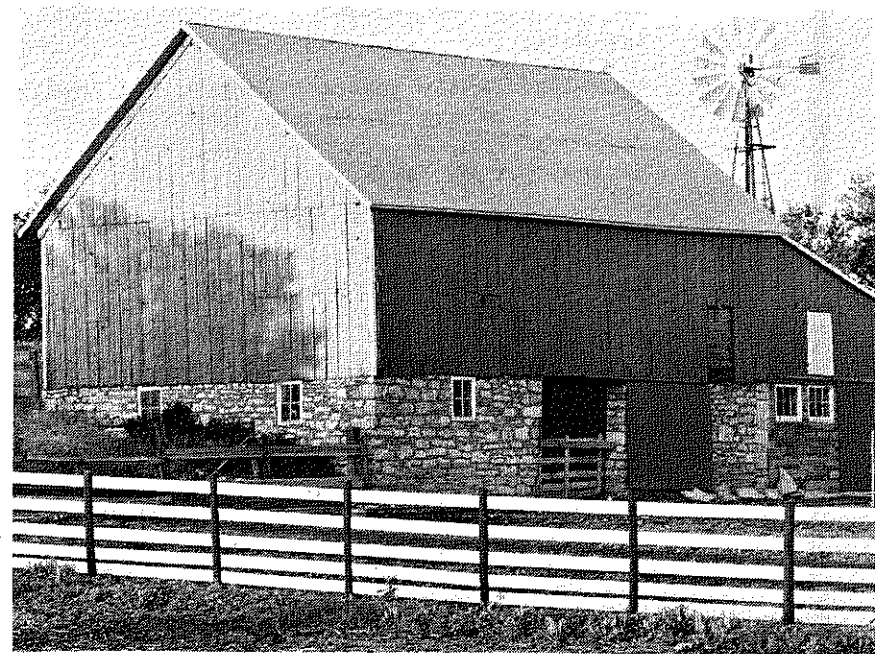
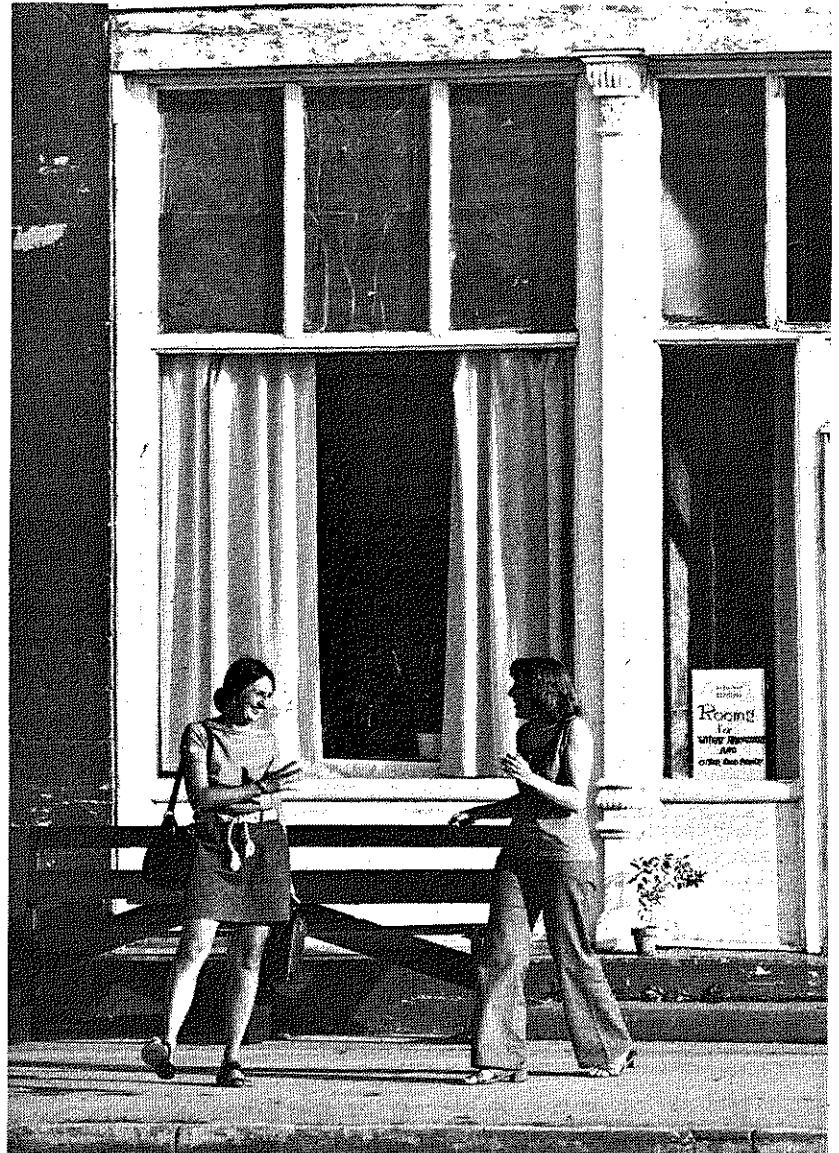
With the bulk of the traveling now over, Ms. Sherrard and Dr. Kren, along with the input of academic humanists from Kansas State University, will be integrating the material into a 20 minute audio/visual presentation which will serve as an interpretative collage of the entire project. In addition, Ms. Sherrard will edit the recorded interviews into a series of ten half hour radio programs, each depicting a particular aspect of Kansas life. The programs will be aired on KSAC beginning in January. A five part serial will also be prepared for newspaper use.

The slide presentation, which will be ready in mid-October, will be available free of charge to civic, church and other groups. It will be accompanied by a discussion brochure, and when possible, Ms. Sherrard and an academic humanist from Kansas State University will accompany the show and facilitate the discussion. Those wishing further information may contact Jani Sherrard, 1761 Cassell Rd., Manhattan, 66502 (telephone 913-539-1223).

The Kansas Committee for the Humanities (KCH) is an independent group of citizens working in cooperation with the National Endowment for the Humanities, a federal agency created by Congress in 1965 and supported by public appropriations and private contributions.

The KCH state-based program provides an opportunity to bring together citizens, public officials, and college and university teachers and other specialists from the fields of history, literature, philosophy, ethics, religion, law and related humanities perspectives to articulate values, priorities, cultural attitudes and traditions so that communities may be able to maintain and strengthen a sense of identity in the midst of inevitable growth and change.

UFM GRAN

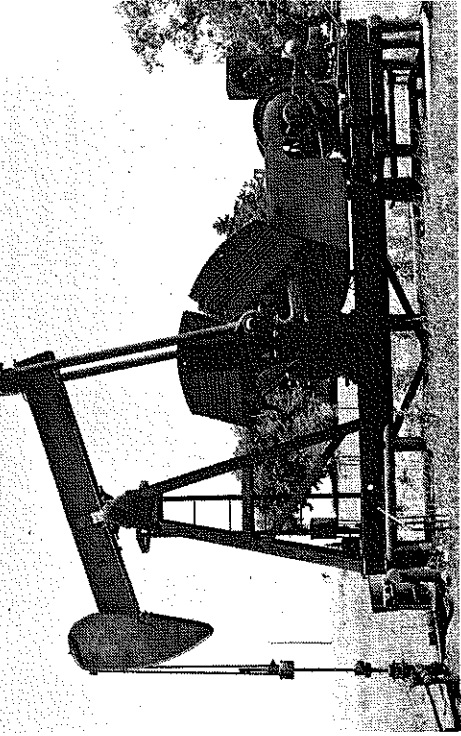


FIPSE

For several years now, a dream has been floating around University for Man: a project to create programs like UFM in rural Kansas communities. In July, we were finally able to begin full pursuit of this goal, thanks to a major grant from the Fund for the Improvement of Postsecondary Education (FIPSE), in the Department of Health, Education and Welfare. Already, we have helped lay the foundations for permanent community education programs in six Kansas communities: Hoxie, Oberlin, Norton, Marysville, Clay Center and Abilene. Each community has a local advisory board for the project, and by November of this year, the first classes should be underway in all six towns.

ACTIVITY

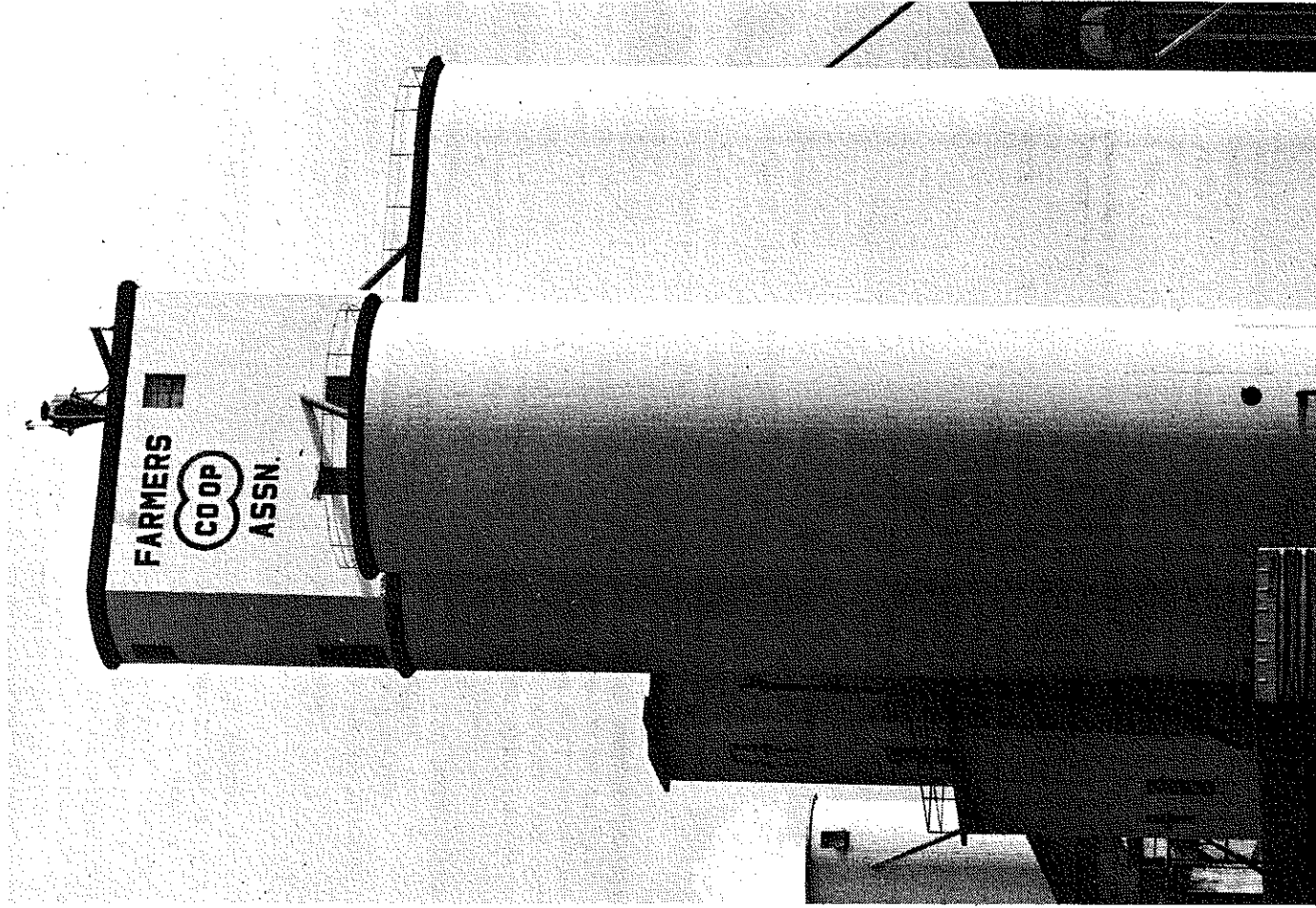
Because of this project, we've been able to welcome to our staff Steve Abrams, who will serve as coordinator of UFM's Northwest Kansas programs and live in Norton. In October, we will be welcoming twelve VISTA volunteers to help us out in the six towns where work is underway. While we are awaiting their arrival, not only Steve in Norton, but Sue Maes, Jim Killacky and Joe Rippetoe are working on the project out of Manhattan.



While we had long wanted to do such a project, in early 1974 our interest began to grow even more. We started a community issues series in nearby communities under the auspices of the Kansas Committee for the Humanities (KCH). Despite the success of those programs, it was important to realize that every town possesses a store of human resources which may or may not manifest themselves in a town meeting context.

Living in every community are individuals who possess information and skills worth sharing. Within the same community are individuals who want and often need access to these talents. The problem is there rarely exists a public mechanism which links people together so that learning and sharing may occur. Too often individual talent is not publicly identified and remains largely unknown to others in the community.

Historically, this is the fundamental challenge UFM has concerned itself with in Manhattan--the development of a permanent community mechanism for connecting people with the resources they need. But it has only been in recent weeks that we've been able to pursue this goal in other Kansas communities. We'll be updating our progress for you in the spring '76 brochure.



PLAY

BE A CLOWN

Beth Ytell & David Fly 537-0593
Tuesday, Oct 7, 7:30pm
Wednesday, Oct 8, 3:30pm
Location: Baptist Student Center
1801 Anderson Ave

Have you ever wanted to find out what it's like to put on the make-up of a clown -- white face!! It's an amazing discovery to find your secret faces. We're offering two times so that everybody gets a chance. Bring along some change for a small contribution towards the cost of the make-up and join 2 experienced clowns. Come, play with us!

AIKIDO

Rod Kelley 539-3571
Monday & Wednesday, 7pm
Length: indefinite
First meeting: Sept 29
Location: to be announced at registration
Limit: 30

Study the martial art that lets your opponent decide how s/he'll throw him/her self. Instead of competing with your opponent, Aikido works in harmony with him/her. The American Aikido Federation invites you to a martial art based on love.
(Rod studied Aikido in Tampa, Florida and has permission to teach from the American Aikido Federation.)

RAPELLING

John Herald and Gary Swoboda
Wednesdays, 7pm
Length: 2-3 meetings
First meeting: Oct 1
Location: KP&L Building (backdoor)
501 Poyntz
Limit: 14

We'll "drop" a hundred feet onto a railroad bed. We'll use snap links and rapelines and teach rappelling as taught by the Green Berets at Ft. Bragg. We will cover the purpose and scope, followed by procedures, knots and first aid.
(Gary and John were together on the DMZ in Korea and ran into each other in Manhattan and have gone rappelling here. Gary was taught by the rangers at Ft. Benning and John by the Green Berets at Ft. Bragg.)

WEIGHT TRAINING FOR WOMEN

Richard Felton 539-3525
Monday & Wednesday, 6:30-7:30pm
Saturday, 10-11am
Length: semester
First meeting: Sept 29
Location: Ahearn Fieldhouse, Weight Room
Limit: 30

The course will introduce information to facilitate critical thinking about intake (Tab, beer, candy), weight and "fat." Principles and routines of weight training will be used to tighten flabby arms, waists and thighs, with some achievement of weight loss.
(Richard is an ex-KSU wrestler who has wrestled for 8 years and used weight control and weight training to achieve muscle strength and firmness without gaining in size.)

BIKE TOURING

Douglas Weyerts 539-5087
Saturdays, 8am
Length: indefinite
First meeting: Oct 4
Location: UFM House
615 Fairchild Terrace

I would like to get a group together to take short trips (15+) miles around Manhattan. Bring your bike to first meeting and we'll go from there.
(Doug has been into serious bike touring for 3 years.)

BIKE HIKE

Bob Sweet
Sundays, 9am
Length: until temp. drops below 50 degrees
First meeting: Oct 5
Location: 12th St. entrance to City Park

We will have two riding groups, a beginners and an intermediate. No racing. We will ride about 30 miles each trip, so please be aware of your personal physical condition and the condition of your bike. You are responsible for the maintenance of your own bicycle.
(Bob has been a cyclist for a number of years.)

RUNNING AROUND

Jim Miley 776-5420
Tuesdays and Thursdays, 11:45am
Length: indefinite
First meeting: Sept 30
Location: west door of Fieldhouse
Denison Ave.

Running is a good way to keep in shape and keep your weight down, but running on the track can become boring. I like to run around town--no definite route. I just go wherever the spirit moves me. Everyday is a little different, so it's always interesting. I'll be going a moderate distance (2-3 miles) in the beginning, but anybody can go shorter or longer as s/he wishes. All you need is a good pair of shoes.
(Jim has been running around for a long time.)

ADULT SWIMMING

Lisa Duncan 539-8211
Saturdays, 10:30-11:30am
Length: 5-7 weeks
First meeting: Oct 4
Location: KSU Natatorium
Limit: 15

We will concentrate on overcoming fear of the water and basic swimming techniques. Crawl stroke, sidestroke, and back floating will be included. Students own ability will determine progress. Diving and deep water swimming will be included.
(Lisa has had 3 years experience teaching Red Cross group lessons, and also private lessons. Last semester she taught beginning swimming for a PE class. She has a current WSI (Water Safety Instructor.)

SWIMMING

Susan Innes 537-4467
Saturdays, 9:30-10:30am
Length: 5-7 weeks
First meeting: Oct 4
Location: KSU Natatorium
Limit: 15

This is an opportunity to get Red Cross swimming lessons and certification. I'll check how well those who sign up swim and place them accordingly.
(Susan has taught lessons for 6 years and has a current WSI.)

TENNIS AND SQUASH RACQUETS THEORY

Dale Patterson 537-8611
Thursdays, 8pm
Length: 8 weeks
First meeting: Oct 2
Location: 810 Kearney
Limit: 12

Basically, I'd just like to have some fun discussing tennis and squash strategy with anyone interested. Intermediate and advanced players will probably benefit most, but all abilities are welcome. Movies and pictures of a squash exhibition and clinic held in Bellingham, Wash. will highlight the squash discussion. (Sorry, but the group will probably meet indoors.)
(Dale is Chairperson of the Mid-Kansas District Tennis League and has played tournament tennis for 11 years. He also played tournament squash in the Pacific Coast Region for 3 years.)

BEGINNING TENNIS

Richard Arnold 539-7416
Saturdays, 9am
Length: 7 weeks
First meeting: Oct 4
Location: Intramural Courts,
Denison Ave.
Limit: 15

Fundamentals, techniques, backhand, forehand, serve, play--that's it. I hope we can cover all these things and get off to a good start. We will have an organizational meeting on Tuesday, Sept 30 at 7:30pm in the Union CatsPause.
(Rich has played tennis for 7 years.)

TENNIS

Randy Humphreys 776-4504
Saturdays, 9am
Length: 8 weeks
First meeting: Oct 4
Location: Junior High Courts
9th and Pierre
Limit: 12

This is a beginning class but geared to the interest of the students. Fundamentals strokes and rules will be stressed. Players will also get in playing time.
(Randy has taught tennis for 2 years in and around Topeka and in Nebraska.)

POWER VOLLEYBALL

Bob Coats & Steve Long 539-4641
Saturdays, 8:30-10am
Length: 8 weeks
First meeting: Oct 4
Location: Douglass Community Center
9th and Yuma
Limit: 12

We will be exploring techniques of basic setting, or overhand passing, and bumping. Basic serving and spiking will be stressed with concentration on defensive play.
(Bob has played volleyball with the Wichita Volleyball Club and Steve with the champion Van Zile intramural team.)

"Kansas has no Pike's Peak or Aspen ski run. But I don't think everything has to be spectacular to be beautiful; in fact, spectacular is often the least beautiful of the treasures we have."

BELLY DANCING

Barbara Smith 539-8162
Tuesdays, 7pm
Length: indefinite
First meeting: Oct 7
Location: to be announced at registration
Limit: 25

I wish to redefine the notion of belly dancing away from eroticism. Belly dancing is an excellent form of exercise which uses muscles we were never taught to use. It increases a woman's awareness of herself and her form. I will give help in making or obtaining costumes.
(Barbara studied belly dancing with a studio in Kansas City.)

AEROBIC DANCING

Enell Foerster 537-0977

Tuesdays & Thursdays, 8:30am
Length: indefinite
First meeting: Sept 30
Location: Ahearn Fieldhouse, Rm. 301
Limit: 30

Aerobic dancing provides exercises to train and strengthen the heart, lungs, and vascular system. Like other aerobic sports, it is a desirable and beneficial form of exercise for it meets three of the most important exercise needs: 1) strengthens heart and lungs, 2) tones skeletal muscles, 3) provides mental and emotional release. Added benefits are agility, co-ordination, balance and flexibility.

(Enell has taught swimming, rhythmic exercises, and attended the Aerobic Dancing Certification Clinic in 1974 & 75.)

FRISBEE

Gordon Plank 539-4903

Saturdays, 2pm
Length: indefinite
First meeting: Oct 4
Location: Washburn Complex Field
Denison & Kimball Ave

We will cover the basics of frisbeeing such as catching, wind direction, and will learn how to catch the frisbee behind the back. Bring your own frisbee, preferably not the 89¢ variety. Gordon will have many different kinds to show you, so don't worry if you don't have one.

(Gordon is a transplanted Californian who learned to play frisbee in the Army and has been hooked on it for over three years.)

FLINT HILLS EQUESTRIANS

Jane Rowland 539-5366

Thursdays, 7:30pm
Length: 3 weeks
First meeting: Oct 9
Location: KSU Union, Rm. 205A

Our purpose is to bring together people with talents or interest in English and Western horsemanship. Horse care, training, showmanship, breeds, illness and personal experiences are part of our monthly programmed meetings.
(Jane is president of FHE.)

FAMILY CANOEING

Bob Poresky 539-2967

Wednesdays, 7:30pm
Length: indefinite
First meeting: Oct 1
Location: 3016 Claflin

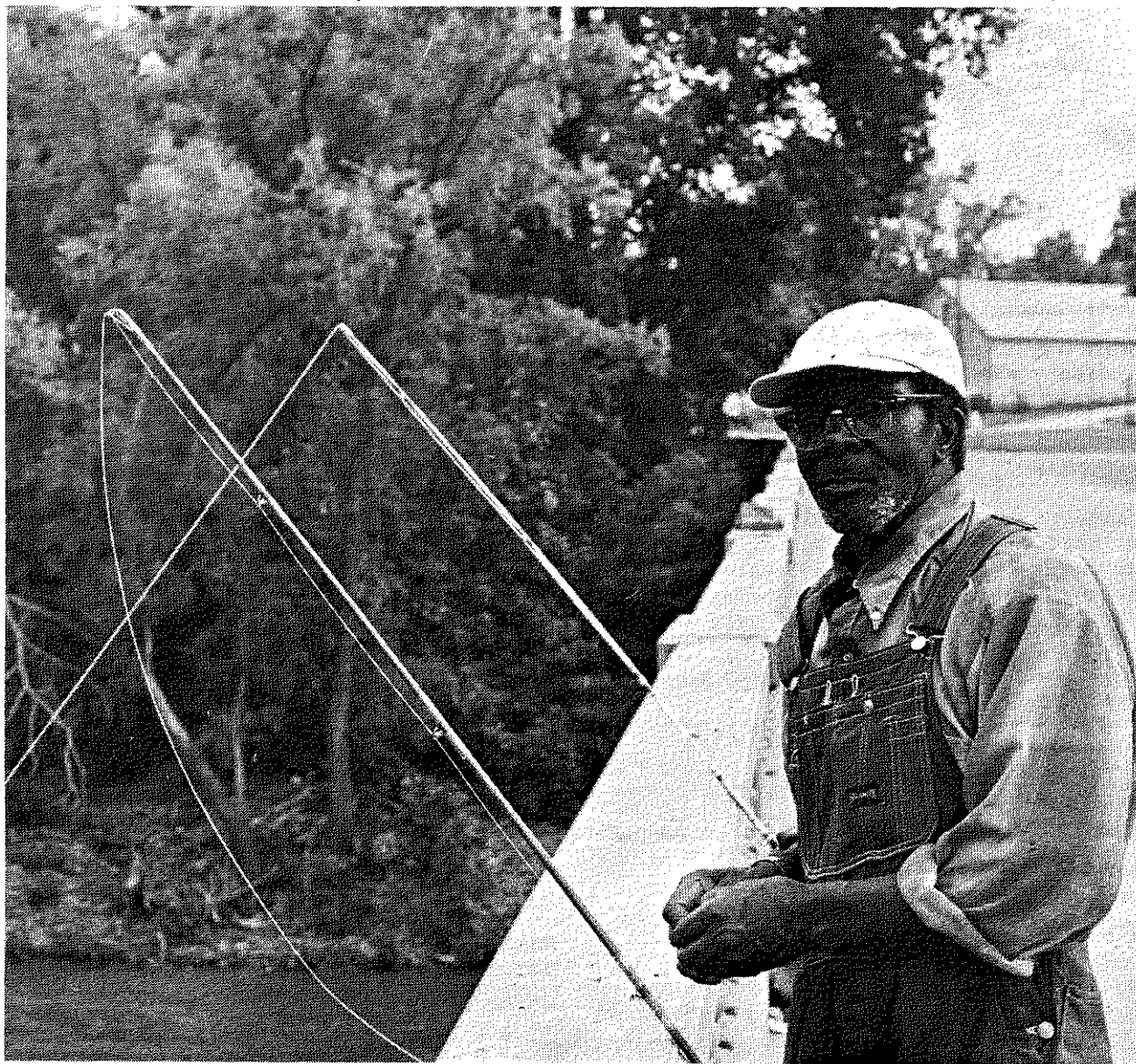
We will try to get out on Sunday afternoons to float some nearby streams. Schedule of trips will be worked out at first meeting. Participants must provide own canoes, paddles, and life jackets. Information on rentals will be available.
(Bob has led this class many times and is also interested in folks who want to learn about kayaks.)

INTERMEDIATE BRIDGE WORKSHOP

Sherry Blair 539-3919

Wednesdays, 8pm
Length: indefinite
First meeting: Oct 1
Location: Van Zile Dining Hall, KSU
Limit: 12

These are primarily sharing sessions for people who have played some bridge. We can get together to learn new systems, trade ideas, and play. We'll be playing rubber, not duplicate bridge.
(Sherry has played both rubber and duplicate bridge and is a Junior Master in ACBL.)



BEGINNING BRIDGE

Mike Sheehy, Pat Gardner, Jerry Sloan 532-6750

Wednesdays, 7:30pm
Length: indefinite
First meeting: Oct 8
Location: KSU Union, Rm. 206C
Limit: 16

Tired of sitting around while your friends play bridge? We'll be holding a beginning class in bridge for people with little or no experience. We will discuss differences between duplicate and rubber bridge and the basic principles of Standard American Bidding systems. We hope to get plenty of practice. More experienced players can join to play.
(Jerry and Mike have been playing bridge for a combined total of 25 years. Pat has just learned but is very sharp and enthusiastic. All three are Junior Masters in ACBL.)

BEGINNING TABLE TENNIS

Arne Richards 532-6516

Mondays, 7pm
Length: 2 weeks
First meeting: Sept 29
Location: KSU, Union Recreation Area

You should be able to get a good grasp of the fundamentals, strokes, and scoring in a couple of sessions. After that, practice with a partner should sharpen your skills.
(Arnie is not only the speediest runner around but has been our table tennis expert for several years.)

JUGGLING

Rosanne and John Uhlarik 1-494-2444

Tuesdays, 7pm
Length: indefinite
First meeting: Sept 30
Location: KSU Union, Rm. 205C
Limit: 15

We will begin juggling with one ball and progress to three balls. We will demonstrate the basic technique and help with practice. Bring three small balls - tennis balls are fine. There is a book, The Juggling Book by Carlo, which is excellent if you can find it.
(Rosanne & John turned on to juggling about a year ago and after finding the Carlo book things really began to fall into place for them.)

BILLIARDS

Joe Rippetoe 532-5866

Monday, 6pm
Length: one time, Oct 6
Location: KSU Union, Recreation Area
Limit: 15

This course is concerned with the basics of shooting pool and will begin with how to select and hold a cue properly. The class will then focus on making the cue ball go where they want at the same time they're making shots; back it up or roll it forward, spin it to either side or stop it on the spot. Most people can make a shot but have trouble planning beyond that. That's what we'll work on.
(Joe's experience with this pastime is now about 18 years long.)

MAH JONG

Marion Alt 539-6898

Sign up at registration and you will be contacted as to the time, date, place and first meeting of the class.

Mah Jong is an old Chinese game and is very similar to canasta. People can get together to learn an unusual game and have fun. Beginners and advanced students are welcome.
(Marion is one of our most energetic friends and is always involved in something new.)

BACKGAMMON

Tom Kruse 1-456-2976

Mondays, 7pm
Length: indefinite
First meeting: Sept 29
Location: KSU Union, Board Room
Limit: 12

The game of Backgammon is about 5,000 years old and is a really good game for two people. It is easy to learn and harder to master. It takes a lot of strategy and a little luck. We'll talk some about probability and strategy and play. There are some good books which I can recommend.
(Tom learned Backgammon last year and has really gotten into it lately—to the extent that he is making Backgammon boards.)

SKILLS

INTRODUCTION TO BOOK REPAIR

Judy Cook 776-5390
Diana Renton 539-6002

Thursday and Monday, 7-9pm
Length: two meetings, Oct 9 & 13
Location: KSU, Farrell Library
Technical Services Area
Limit: 12

Emphasis on simple book repair and upkeep of rare books with some historical background. Free sample book repair kits will be supplied. Please do not bring small children because of limited space and library equipment.
(Class will be taught by the KSU Serials Dept. staff.)

STONE HOUSE TOUR

Steve, Jack & Fred Ernst 532-5866

Saturday, 10am
Length: one time, Oct 11
Location: UFM living room
615 Fairchild Terr.

We are nearing completion of our summer remodeling project — an extensive renovation of a nice 2 story stone house. We would also like to visit other stone houses. (Steve and Jack have had a variety of construction experiences and their grandfather is a carpenter contractor.)

GOING, GOING, GONE

Milton Anderson 776-4834

Mondays, 7:30pm
Length: 2 weeks
First meeting: Oct 6
Location: KSU, Justin Hall, Rm. 251

The art of auction going will be covered, including such basics as understanding the auctioneer, learning the different auctioneering styles, and how to recognize good quality merchandise and antiques. (Milton is a well-known local auctioneer and realtor.)

BICYCLE REPAIR

Bill Jacoby 537-1510

Tuesdays, 7:30pm
Length: indefinite
First meeting: Sept 30
Location: Bill's Bike Shop, 1207 Moro St.
Limit: 25

We will be teaching the fundamentals of bicycle care and repair. The class will decide its own direction and how to make the most effective use of time.
(Bill owns his own bike shop and has taught this class for several years.)

YOU AND YOUR AUTO

Rick McGuire 537-8559

Sundays, 1pm
Length: 4 weeks
First meeting: Section I — Oct 5
Section II — Nov 2
Location: UFM living room
615 Fairchild Terr.
Limit: 15 each section

This class is designed for everyone, mechanic and non-mechanic. Basic fundamentals and how to do simple repairs and tests will be covered. There will be class lecturing, demonstrations (show and tell). Subjects to be covered: how to change oil, how to change tires, what to buy for replacement parts, how to repair alternators, starters, batteries, carburetors, and tune-ups.
(Rick is a qualified working mechanic here in town and has had enthusiastic response to this UFM course in the past.)

AUTO MECHANICS — BASIC AND PREVENTIVE MAINTENANCE

Jeno Encencio 537-8313

Wednesday and Friday, 6:30pm
Length: 3 meetings, Oct 1, 3, & 8
Location: KSU union, Rm. 206C
Limit: 15

The emphasis will be on preventive maintenance which includes trouble shooting in case of engine stoppages, emergency equipment, and planning for trips. Also included will be tips on how to save gas and statistics on car operations. There will be an actual vehicle demonstration and operation of the vehicle's vital functions. This is for beginners with no knowledge of automotive mechanics.

(Jeno has taken automotive mechanics in Vo-Tech at the University of Hawaii and has had several experiences in drag racing.)

BASIC AUTO BODY REPAIR

Alan Clark 776-5333

Thursday, 7pm
Length: one time, Oct 9
Location: UMHE, 1021 Denison Ave.

This will be a session on the basic mechanics of repairing minor auto body problems. A discussion of techniques of repairing dents, rust damage, etc. will be included. (Alan owns an auto body repair shop in Manhattan.)

BEGINNING BOOKKEEPING

Dan Ruda 776-6334

Fridays, 6pm
Length: 10 weeks
First meeting: Oct 3
Location: KSU, Calvin Hall, Rm. 216

We will cover the fundamentals of bookkeeping, including special journals, payrolls, and maybe bank statements.
(Dan is a senior student in accounting.)

BEGINNING TYPING

Kim Slater 532-3794
Diane Kirchoff 539-3316

Wednesdays & Thursdays, 7pm
Length: 10 weeks
First meeting: Oct 1
Location: KSU, Calvin Hall, Rm. 217
Limit: 30

This is a beginning typing class geared to students who have little or no typing ability. The class is held two nights a week, one devoted to learning fundamentals and the other to drills. A student must enroll two nights to get the benefits of the class. Students must furnish their own paper, erasers, etc.

(Diane is a junior in Business Education, and Kim is just beginning Business Ed.)

METRICATION (The Metric System)

Terry Richardson 537-9389

Thursdays, 7pm
Length: 10 weeks
First meeting: Oct 2
Location: KSU, Justin Hall, Rm. 249
Limit: 50

Feel lost in the metrified forest? Apprehensive about going metric? This class is for those ready to discard an obsolete system of measurement and adopt one which is logical and much easier, and which will be used throughout the world. Only very elementary concepts are necessary for understanding the metric system, so everyone is urged to come.

(Terry is the author of A Comprehensive Guide to Metric Education, and has done workshops for 4 years on demystifying metrics.)

JOB INTERVIEWING

Martha Atkins 532-6875

Monday, 7:30pm
Length: one time, Oct 20
Location: KSU Union, Rm. 207
Limit: 25

What happens during the job interview process? The emphasis of this class will be those communication skills necessary for an effective job interview. This class won't deal with how to obtain an interview, but will try to provide some ideas on what to do once you get one.

(Martha has previously taught several KSU intersession classes on job interviewing.)

PRESSURE POINT ARCHITECTURE

David Hursh 539-1677

Monday, 7pm
Length: one time, Oct 20
Location: 1022 Kearney
Limit: 14

Pressure point architecture is a unique method of building lofts, shelves, desks, and bunk beds that eliminates nailing into or marring the surface of walls or ceilings. It is therefore useful for those who rent or live in dorms. I will demonstrate the principles and useful tools and techniques. (David has built lofts, shelves and desks using this style for schools and residences over the last two years.)

ECONOMICS — HOW TO BEAT THE COST OF LIVING

Stanley Morgenstern 272-9160

Wednesdays, 2pm
Length: 12 weeks
First meeting: Oct 1
Location: Cat's Pause, KSU Union
Limit: 20

How to use the system for your benefit (not how to fight it) — or consumer economics. (Stanley has taught economics at Washburn and is at present a PhD Candidate at KSU.)

THE ART OF GRANTSMANSHIP

John Murry 532-6191

Thursday, 7:30pm
Length: one time, Oct 23
Location: KSU Union, Rm. 207

With the ongoing tightening of the economy, there is a significant need to know about alternative sources of income. Grants are a possible source of funds — and this session is designed as an introduction to the vast field of grants and federal contracts. The meeting is open to anyone who wishes to attend, and the thrust will be to review the many resources available for identifying potential federal, state and foundation support for various projects.
(John is the accepted campus expert on all the do's and don'ts of grant preparation and execution.)

STATISTICS

Emily Sandblade

Wednesday, 7:30pm
Length: indefinite
First meeting: Oct 1
Location: KSU, Seaton Hall, Rm. 129

Elementary statistics for general use. Course will cover probabilities, learning to distinguish "chance" events from meaningful events or happenings. High school level algebra will be helpful. Further topics will be discussed at the request of the class.

(Emily is familiar with social science applications — a degree in psychology — and with other applications — pursuing a degree in engineering.)

ARABIC LANGUAGE

Ibrahim Karrayn 539-3922
 Monday, 7:30pm
 Length: 5 weeks
 First meeting: Sept 29
 Location: KSU Union, Rm. 204

Two levels will be offered. One is a continuation of a previous program and is recommended for those who have some knowledge of Arabic. The other is designed for those who know little or no Arabic. Reading, writing, and basic grammar will be stressed. Day of class to be decided by participants.

CONVERSATIONAL SPANISH

Miriam Esterrich 539-7729
 Section I - Mondays, 2pm
 Section II - Wednesdays, 7pm
 Length: indefinite
 First meeting: Sec I - Oct 27
 Sec II - Oct 29
 Location: UMHE, 1021 Denison Ave.

The Berlitz method of teaching languages will be utilized, stressing speed and pronunciation. No grammar will be included. (Miriam is a native Spanish speaker and a former Berlitz teacher.)

BEGINNING HEBREW

Jan Galitzer 539-9292
 Sundays, 7:30pm
 Length: indefinite
 First meeting: Oct 5
 Location: Manhattan Jewish Congregation
 1509 Wreath Ave.

This class will provide basic instruction at the primary level. You will learn to read and write Hebrew starting with "Aleph-bet." There will be a small charge to cover teaching materials - about \$1. (Jan has been teaching Hebrew for several years.)

INTERMEDIATE HEBREW

Nurit Ruthenberg
 Tuesdays, 7:30pm
 Length: indefinite
 First meeting: Oct 7
 Location: Manhattan Jewish Congregation
 1509 Wreath Ave.

The class is for those who are already familiar with the basics of the Hebrew language. We will deal mainly with conversational Hebrew. (Nurit is a student at KSU from Israel and has taught Hebrew before.)

TEEN-AGE SKIN CARE WITH A TOUCH OF GLAMOUR

Dorothy Bollman 539-6613
 Thursday, 4pm
 Length: one time, Nov 13
 Location: 1613 Baltimore Terr.
 Limit: 8

The class emphasis will be on thorough cleansing and general skin care for girls. A wide variety of eye shadows, lipstick, lip gloss and highlighter will be available for experimenting. Limited to girls 13 thru 16. Bring a stand-up make-up mirror. (Dorothy Ann Bollman has been a 4-H agent and a cosmetic consultant.)

HAIR

Rick McClanahan 776-5222
 Monday, 10am
 Section I - Oct 6, one time
 Section II - Oct 20, one time
 Location: 404 Humboldt
 Limit: 20 per section

How to test products at home and tell whether products that you buy are beneficial or not; why hair is in bad condition; how to understand the use of conditioners; hair-care in general. (Rick is a local hairdresser.)

HANDWRITING ANALYSIS

Miriam Field 539-5586
 Mondays, 7:30pm
 Length: 9 weeks
 First meeting: Sept 29
 Location: KSU Union, Rm. 203

Introduction to basic principles of graphoanalysis - the scientific study of the strokes in writing which reveal personality and character traits. Graphoanalysis is used as a test in determining aptitudes, social traits, learning methods, emotional response, fears and defenses. Study materials will cost about \$7. (Ms. Field is a certified Master Graphoanalyst. She has studied 7 years and has lectured and taught classes on the subject many times.)

"I asked a big rancher once, 'Look, fellow, you're setting here on a place making one to two percent return on your investment and you have a million and a half invested. Why don't you sell this and get out and run around the world on the money?' He said, 'I pay a price for the kind of life I want to lead and this is the kind of life I want to lead.'

CROSS-TOWN BUS RUNS ALL NIGHT LONG, DO-DAH, DO-DAH

Owen Wrigley 532-5866
 Thursday, 8:30pm
 Length: one time, Nov 20
 Location: UFM Conference Room
 615 Fairchild Terr.

Hitch-hiking 435
 Continuing methods in transience. The question involved is whether Action really does imply Motion. Moreover, what is the optimal velocity at which the dynamics of a given Karmic cycle can be most creatively interpreted? Is the static-state achievable? impossible? inevitable? Does the flow entail (the results)? Style and form are, of course, what really distinguish the accomplished hitch-hiker. Just how far did you say you were driving? (Still in transience, Owen has found himself hitching to and from campus merely to keep in practice.)

FIRST AID

Several First Aid classes will be offered at different times this fall by the Red Cross. If you are interested in taking one of these courses, please sign up at registration and you'll be contacted as to time and place of first meeting.

AMATEUR RADIO - IN GENERAL

Scott Casey 776-8618
 Dr. Gary Johnson 532-5600

Thursdays, 7pm
 Length: indefinite
 First meeting: Oct 2
 Location: KSU, Seaton Hall, Rm 164-K

For people who have prior knowledge or novice license to prepare them to go to Kansas City to take the FCC general class examination. The K.C. exam costs \$9, but there are no other fees required for the class.

(Scott is an electronics technician for the Division of Biology at KSU. Gary is a professor in the Dept. of Electrical Engineering.)

AMATEUR RADIO FOR NOVICES

Scott Casey 776-8618
 Dr. Gary Johnson 532-5600

Thursdays, 7pm
 Length: indefinite
 First meeting: Oct 2
 Location: KSU, Seaton Hall, Rm. 164-K

This class is for people who have an interest in amateur radio and would like help getting started with novice license assistance. No experience is necessary for license and no fee is required.

(Scott holds an advanced class amateur radio license. Gary holds an extra class license.)

GETTING INTO RADIO BROADCASTING

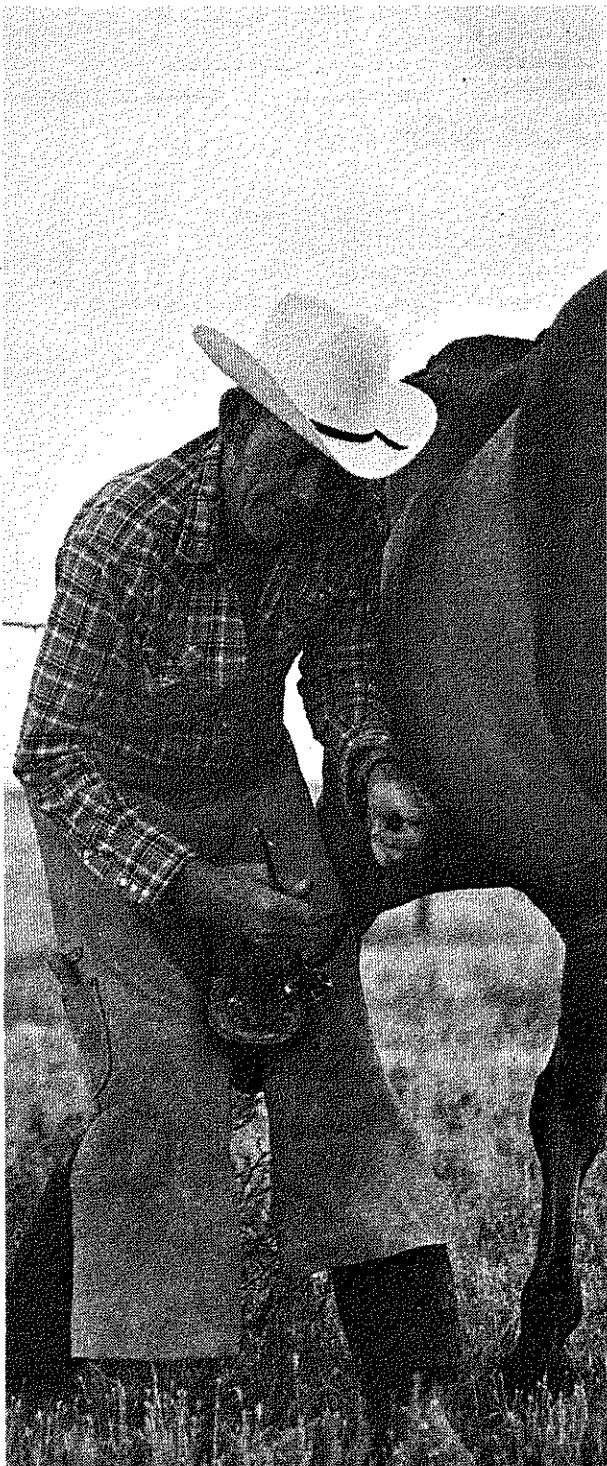
Sometime this fall we're planning a course on how to get your 3rd class radio license. That's the one you need to be a DJ or other sort of radio broadcaster. The course will be offered by an area radio personality. Sign up and you will be contacted.

HOW TO COLLECT STAMPS CORRECTLY

Mrs. Tom Hagan 537-9645

Thursdays, 7pm
 Length: indefinite
 First meeting: Oct 2
 Location: 831 Humboldt

Come learn the basics of stamp collecting; how to start collecting; how to select; and methods of trading stamps without using money. Foreign students are encouraged to come, to find out about American stamps and to share knowledge of their native stamps. (Mrs. Hagan started the Manhattan Stamp Club and has had exhibitions at the library and post office; she also does stamp appraising.)



ABOUT UFM

A lot of people think Kansas is simply a state you must cross to get to the Rocky Mountains. For those of us who have lived here long enough to appreciate the treasures we have, we realize that part of the richness is in the community we experience in our city and county dwelling and day to day living.

In Manhattan, we find among people an incredible variety of skills, interests, knowledge and needs.

University for Man is a medium for people to exchange all kinds of knowledge and information. We hope we will help you discover or build upon something new--a mushroom, Aikido, jelly jar farming, dreams, cheese making. UFM hopes you will meet someone new with similar interests--perhaps in a men's awareness group, during poetry reading, or at a pottery class.

UFM is a way of learning without the fear of failing or coercion. What is contained in UFM's brochure is a framework which offers the possibility for the development of a community of learners, with an emphasis on the singular importance of everyone regardless of age or qualifications--working and playing together in preserving and perpetuating that sense of community.

UFM is financially supported by the KSU Division of Continuing Education, Student Government Association at KSU, the Manhattan Chapter of the United Way, Fund for the Improvement of Post Secondary Education (FIPSE), and grants from various sources for special projects.



who we are

This fall, University for Man is eight years old. Our staff began with two and has grown to thirteen people. Among us is a poet, a lawyer, an agriculturalist, a mystic, three sociologists, a teacher, a nature loving high schooler, a higher education reformer, a journalist, two mothers, a horticulturalist, and a community worker. We feel our checkered backgrounds enable us to discover and meet the wide variety of needs in Manhattan.

Pictured are Steve Abrams, Ann Swegle, Nina Miley, Jim Killacky, Sue Maes, Shella Russell, Doris Hoerman and Sue Sandmeyer. Those on the staff not pictured include Steve Ernst, Owen Wrigley, Doug Hoseney, Jani Sherrard and Joe Rippetoe.

We hope you enjoy your Kansas autumn with us!

the theme: kansans on kansas

"People in this part of the world are closer to the soil, to humanity, to themselves, and maybe because of this they have a clearer meaning of what life is about. I wouldn't want to go out on a limb and say that this is universally true; you know we have our share of idiots and damn fools, but as a whole, people in this part of the world are pretty sound."

We chose the theme "Kansans on Kansas" for this brochure for the seemingly obvious reasons. We feel we live in a unique state and area of the country. As we expand into small town Kansas with our program and touch base with the mainstay of the state, we would like to share the life that we've found, in pictures and words.

The intent of the pictures and quotes are to portray the breadth of a solid Kansas life: the certain solitude of being alone on a prairie. . . a healthiness in leading a physical life. . . of the guts it takes to maintain a perpetual struggle with nature. . . the optimism and stout spirits amidst adverse and tenacious conditions. . . the people who are the stewards of the soil.

UFM on mtv-2

Every Wednesday at 6:30 pm, beginning September 10, UFM classes and activities will be featured on the local cable station MTV-2. The program will feature a wide range of activities including a mini series on bicycle repair and a weaving course. We hope this will provide a good start to your evening or a pleasant half hour before you leave home for your own UFM class. Watch the local media for a description of upcoming shows.

who can take a UFM course

Anyone can. You'll find kids from high school, doctors, farmers, senior citizens, radicals and conservatives side by side both taking and leading UFM courses. Through UFM you can experiment without the pressure of grades, tuition, credit or failure. Come join us!

who can lead a UFM course

You can. We believe that each person has special skills, and just as unique a set of needs and desires. These skills, needs and desires are translated into course offerings which make up the UFM brochure.

plans for a community school

We are working on a non-profit community elementary and junior high school to open in the fall of 1976. Parents will be involved in the school in policy making, administration, part-time teaching and maintenance. The school will be funded by tuition, donations and hopefully other sources.

Because children learn in different ways and at varying rates, we propose an individualized program strong in basic academics and in creative arts: music, art, architecture, others. We would also use the community as a classroom.

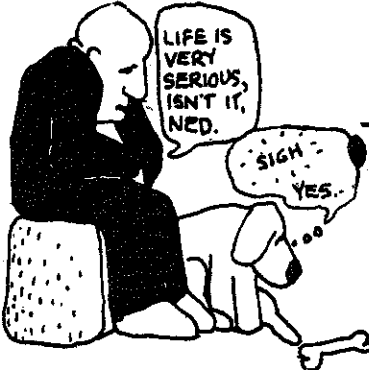
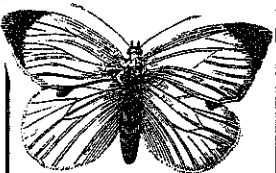
We would work to foster academic and social growth through cooperation and success rather than competition and failure.

We have statements on our ideas on curriculum, evaluation and discipline available. We plan a public meeting this fall, September 23, at the Manhattan Public Library Auditorium, at 7 pm.

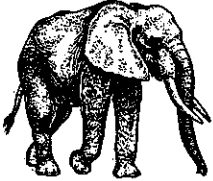

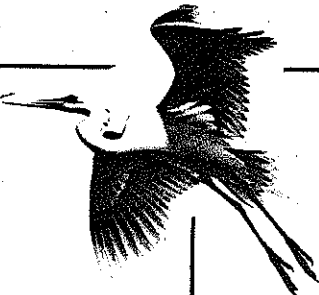
For further information contact Sue Sandmeyer (539-9376) or Kathleen or David Hursh (539-1677).


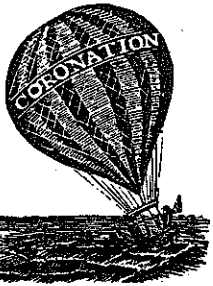
UFM CALENDAR

S M T W T F S

	1	2	3	4	5	6
Sept.						
7	8	9	10	11	12	13
14	15	16	17	18 Birds and Landscape	19	20
21 Saunas	22 UFM Registration Sept 22- 23-24	23 Ian McHarg	24	25	26	27 Wakefield Arboretum
28 UFM Leader Workshop	29 UFM Classes Begin	30 God's Eyes Breadmaking I				
Oct.			1 Preparation for Childbirth	2 Solar Greenhouses Hosteling	3	4
5 Dairy Goats	6 Billiards Wine Making Hair I Landlord/Tenant Forum	7 Breadmaking II Coyote Clowning Plant Care Creative Mending	8 Edible Plants Simple Bread	9 Solar Energy Auto Body Repair	10	11 Flint Hills Natural History Yoghurt
12 Herbs	13	14 Vegetable Storage Bee Keeping Pests and Plants	15 Picture Framing Jr. High Boy's Supper club Mexican Meal	16 Wildflowers Solar Collectors	17 I'm OK You're OK 17-19	18 Ashland Farm Soapmaking Soybean Cooking
19	20 Hair II Job Interviewing	21 Plant Propagation Wills & Estates Mushrooms I	22 Making Wooden Toys	23 Solar Houses Grantsmanship Loft Building	24 National Free University Conference Oct 24- 25-26	25 Tour Solar Houses Plant Exchange Tombstone Rubbing
26	27	28 Planting- Containers Backyard Birds Mushrooms II	29 Truth in Savings	30 Energy Alternatives Doing Your Own Divorce	31 Halloween	

S M T W T F S

Nov.						1
2	3	4	5 Fence Post Rock	6	7	8
9 Bell Works Open House	10	11	12 Antique Bottle Collecting Woodworking	13 Upanishads Reading Skin Care	14	15 Gift of Awareness Migratory Bird Trip
16 Silk Screening	17	18	19 Emergency Childbirth	20 Hitch-hiking Trans-Alaskan Pipeline	21	22
23	24	25	26	27 Thanksgiving	28	29 
30						

Dec.	1	2	3	4	5	6
7	8	9	10	11 The Amazon	12	13
14	15	16	17	18	19	20 Christmas Bird Count
21	22	23	24 	25 Christmas	26	27
28	29	30	31			

REGISTRATION

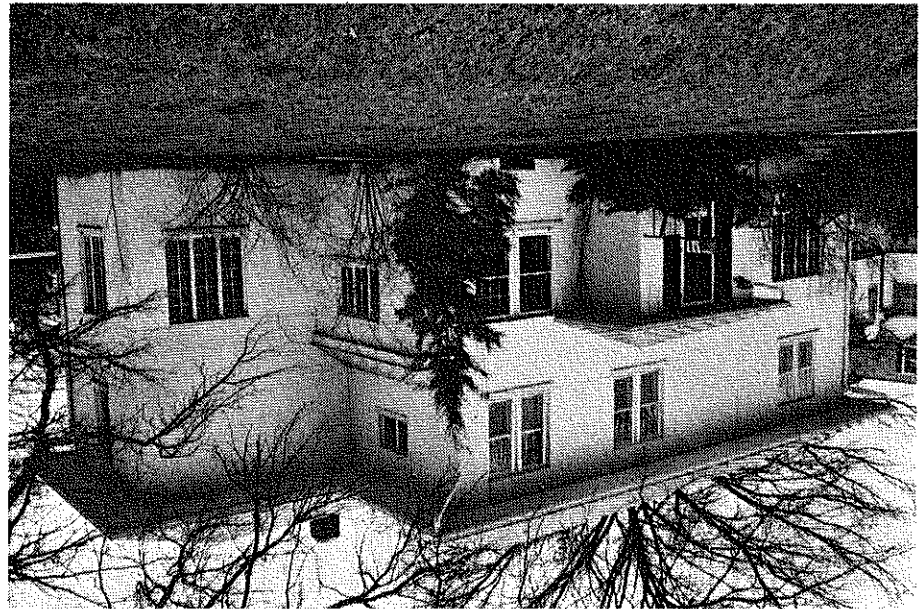
Important: Please read page 3, WHY REGISTER?

September 22,23,24
September 22,23,24
September 23
September 23

KSU Union
UFM, 615 Fairchild Terr.
Manhattan High School
Manhattan Public Library

9 am to 4 pm
9 am to 4 pm
11am to 2 pm
9 am to 9 pm

or telephone UFM, 532-5866, 9 am to 6 pm, September 22-24



Here at the UFM House, 615 Fairchild Terr. we have a bad parking problem. There are many more cars than there are parking places. So, if you want to save yourself a hassle and would rather not drive round and round the block, please WALK OR RIDE A BIKE. Thank you.

**UNIVERSITY FOR MAN
615 FAIRCHILD TERR.
MANHATTAN, KANSAS 66502**

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