



University

For

Man

Spring 1973

what follows

community

Dr. Series, T-Th
World Friendship, Tues.
Secretarial Tech., MTWTh
Drug & Alcohol Abuse Con.

volunteers

Health Work
Red Cross
Meals on Wheels
Guidance Center
With a Little Help from my friends
Nursing Home Teams
It Helps to Know Someone Cares
Adopt a Grandparent
Manhattan Day Care
Parent-Child Co-op, Wed
Baby Sitting Co-op
Museum Class Aides
ULN Tutors
Friendship Tutoring, Thurs.
Fed. for Handicapped, Sun.
Headstart
Foster Home for Teenagers
C.T.F. Visitation
Parole and Probation, Wed.

services

People's Resource Directory
University Learning Network
Drug Analysis/Poison Control
HELP-Phone Info. Service
Family Resources Center
Consumerism
Defensive Driving, Mon.
La Leche League

politics

Political Watchdog, Tues.
League of Women Voters
Great Decisions '73, Sun.
Conference on Chicanos
Pottawatomie Indians, Wed.

women

I Ain't Much, Baby, Tues.
Women in Business, Mon.
Strat. & Tactics for Women, Tues.
Women's Liberation, Tues.
Dev. Women Leaders in Ed., Tues.
Women's Luncheon, Thurs.
Women's Self-Health Care, Tues.
Understanding your Cycle
Which Way But up, Mon.

arts & crafts

Arts & Crafts Wk., Feb.18-22 page 9
Modern Watercolor Painting, Thur.
Decoupage, Tues.
Macrame, Wed.
Macrame, Thur.
"Spin-A-Yarn", Tues.
Beginner's Needlepoint, Thur.
Creativity in Wood, Wed.
Chair Caning, Thur.
Auto Repair, Mon.
Coin Collecting, Wed.
Stamp Collecting, Thur.
Tropical Fish, Wed.
Pipe Puffers, Thur.
Basic Folk Guitar, Wed.
Beginning Guitar, Thur.
5-String Banjo, Tues.
Flute
The Second-Water Film-Art
Basics of Super 8 Film, Sun.
Cable TV, Tues.
The Writing of Poetry, Tues.
Fiction & Non-Fict. Writ., Thur.
Creative Dramatics, Sat.
Manhattan Civic Theatre
International Folk Dancing, Thur.
Sweet Adelines, Tues.

scholarly endeavors

Jokes, Sun.
Dept. of Brilliant Ideas, Mon.
Museum Management, Wed.
German Conversation, Wed.
French Conversation, Wed.
Swedish, Wed.
Non-Class for Speed Readers
Budgeting Sem. for Marrieds, Thur.
Spanish Conversation, Thur.

environment

Wastepaper Drop Points
Recycling Center, Thur.
Aluminum Recycling
Organic Gardening, Tues.
Landscaping the Home, Tues.
Wildlife Appreciation, Thur.
Subsistence Homesteading, Tues.
Ecology Field Trip
Environ. Awareness Center
Woodlot Management, Sat.
Exploring Space in a CBT, Wed.
Cylindrical Structures, Mon.
Stop Smoking, Mon.
Living with Plants Indoors, Tues.
Stalking the Wild Asparagus
Tree Identification, Tues.
Basic Electricity, Tues.
Home Repair, Thur.

education

Field Studies Center
Drugs in the Classroom, Wed.
Children's Stories, etc., Tues.
Parenting, Tues.
Middle Child, Thur.
Adult Basic Ed. T-Th
Education Council Film Series

sports

Sailing
Canoeing, Wed.
Cross-Country Skiing, Wed.
Camping & Hiking, Mon.
Backpacking, Wed.
Beg. & Int. Swimming, Mon.
Beginning Swimming
Body Exercise, Tues.
Dog Obedience
Tennis, Mon.
Tennis, Thur.
Table Tennis, Thur.
Radio Control-Model Airplanes
Learning to be a Radio Amateur
Speleology, Tues.
Chess, Tues.
Mah-Jongg, Thur.
Flint Hills Equestrians
Intro. Bicycle Repair, Mon.
Bowling

foods

Vegetarian Potluck, Mon.
Natural Foods, Tues.
Wine, Mon.
Casserole Cooking, Tues.
Breadmaking, Fri.
Baking Practicum, T-Th
Yogurt, Wed.
Cheese Appreciation, Thur.
Farm Crafts for City People
Canning, Tues.
Around the World-Cook's Tour

spiritual awareness

Hatha Yoga
Hatha Yoga, Wed.
Zen Buddhism, Mon.
Oh, Schleiermacher, Thur.
Seven Theological Polylogues
Baha'i Faith, Thur.
School of Religion
Mormonism
Contemporary Forum, Sun.
Astrology, Mon.
Exploring Universals, Tues.
Supernormal Human Exp., Mon.
Cosmic Consciousness, Tues.

interpersonal groups

Life Planning Workshop
Growth Eve. for Intimates, Mon.
Culturally Different, Wed.
Cross Cultural Commun., Sat.
Small World
"I'm OK" Weekend, Sat.
In & out of the Garbage Pail
Gay Consciousness
Christian in Love Relations., Mon.
Rap for High School People, Mon.
Hair Raising Experience
The Corner Cop
Massage, Tues.
Married Life Today
Human Sexuality Sem., Mon.
Task Force on Human Sexuality, Thur.
For Christian Married Couples, Wed.
Interpersonal Communications

COMMUNITY

DOCTORS' SERIES

The following is a schedule of topics related to health and medical care. The series is conducted by Manhattan doctors and health personnel. Please sign up at registration or call UFM. Classes will be held in the KSU union at 7:00 p.m.

Thurs., Feb. 15, Rm. 204 "The Doctor and the realm of suffering and death," Dr. G. Bascom.
Tues., Feb. 20, Fm. 204 "Spring break...the breaking and mending of bones," Dr. J. Douthit.
Tues., Feb. 27, Board Room, 3rd floor. "Borderlands of medical knowledge... acupuncture, biofeedback, psychosomatic medicine, taboo deaths, faith healing." Drs. G. Bascom and D. Danskin.
Tues., Mar. 6, Rm. 204 "Yoga and your health," Dr. A. Franklin.
Thurs., Mar. 22, Rm. 206a and 206b "Changes of the body during nine months of pregnancy," Dr. R. Fischer.
Tues., Mar. 27, Rm. 204 "Time and health," Dr. K. F. Bascom.

Thurs., Apr. 5, Rm. 205 a and b. Panel: "The Use of drugs and hospitalization in treating psychological problems."
--Dr. Steven Koenigsberg, psychologist, KSU Student Mental Health
--Dr. Bill Levine, psychiatrist, Director, Fort Riley Mental Hygiene Clinic.
--Dr. Michael Rohrbaugh, psychologist, Fort Riley Mental Hygiene Clinic
--Mr. Jack Southwick, M.S.W. Director, North Central Guidance Center
--Dr. Bob Stein, psychiatrist, Manhattan community
Tues., Apr. 10, Rm. 204. "Heart attacks... signs, symptoms, and advice." Dr. W. Durkee.
Tues. Apr. 17, Board Room, 3rd floor. "Overweight? . . . The condition of being overweight and what can be done about it." Dr. L. Reitz

WORLD FRIENDSHIP

World Friendship" seeks to build friendships that span culture and languages, acquaint new arrivals with the community and its facilities and provide a unique social outlet that is not tied to departmental or ethnic considerations. The group begins Tuesday mornings at 9:30 a.m. with a general meeting and then divides into interest groups which include: English conversation, international cooking exchange, bridge, crafts, sewing and exercises. Child care is provided. First meeting: Tues., 9:30 a.m., Feb. 6, at the First Presbyterian Church basement. Coordinator: Nancy Hodges, 539-2935.

classes begin feb.5

SECRETARIAL TECHNIQUES FOR LOW INCOME AND MINORITY PERSONS

3

This course is jointly sponsored by the Human Relations Council and UFM with the purpose of providing free secretarial instruction for those in Manhattan community who have not found employment due to their lack of business skills.

Mon: 7:00-9:50 Typing
8:00-9:00 Advanced Shorthand
Tues 7:00-9:00 Typing
8:00-9:00 Advanced Shorthand
Wed: 7:00-9:00 Shorthand
Thur 7:00-7:50 Shorthand
8:00-9:00 Office Machines

All classes will begin the week of Jan. 22. Days and times of classes are flexible. Classes will be held on the second floor of Calvin Hall, KSU. A certificate upon completion of this course or parts of this course will be awarded. A job placement service is being maintained for graduates of this program. Text books and supplies have been purchased by donations from the Aluminum Recycling Program, the Human Relations Council, churches and local businesses. Additional volunteer teachers are needed. Credit for teaching is being arranged thru KSU. Complete class details available upon request from UFM. Coordinators: Larry Nicholson & Sue Maes.



DRUG & ALCOHOL ABUSE COUNSELING

This group will meet once a week to discuss, in group format, the facts & philosophy of drug and alcohol abuse. Hopefully we can share some experiences and information. Especially intended for anyone interested in working in the field of rehabilitation. This is not intended to be a therapy group, but we will discuss therapy groups. Brief discussion of pharmacology and medical aspects to be included, if desired. Time & place will be decided by the group. Coordinator: Jay Ellis, M.D., 539-1562.

VOLUNTEERS

IT HELPS TO KNOW SOMEONE CARES

4 0

HEALTH WORK

Volunteers are needed to help the doctors at the Family Planning Clinic. Volunteers will be trained to talk to the women using the clinic by explaining the various methods of birth control, helping the person relax, and assisting the doctor with Pap smears. In the Well Baby Clinic volunteers help by caring for the child so the mother is free to talk to the doctor. In the spring a Childrens Clinic will begin. Volunteers are needed to weigh, measure, and do eye testing. Coordinator: Peg Harbough, 776-9121.

RED CROSS

Needs people for a disaster service, especially people with motorcycles who can go where cars can't to aid victims. Also those who can do art work and publicity work would be appreciated. Sign up and you'll be contacted. Coordinator: Rena Jones, 537-2180.

MEALS ON WHEELS

This program needs drivers to take noon meals to shut-ins. Drivers are needed any day of the week from 11:30 am - 12:20 pm.. Coordinator: Grace Givin, 537-7623. All interested persons should sign up.

GUIDANCE CENTER

Volunteers will work with therapists in group setting with children and adults. May be visiting people in homes on a friendship basis. You will be contacted if you leave your name and phone number at registration. Coordinator: Dana Hughes, 539-5337.

WITH A LITTLE HELP FROM MY FRIENDS

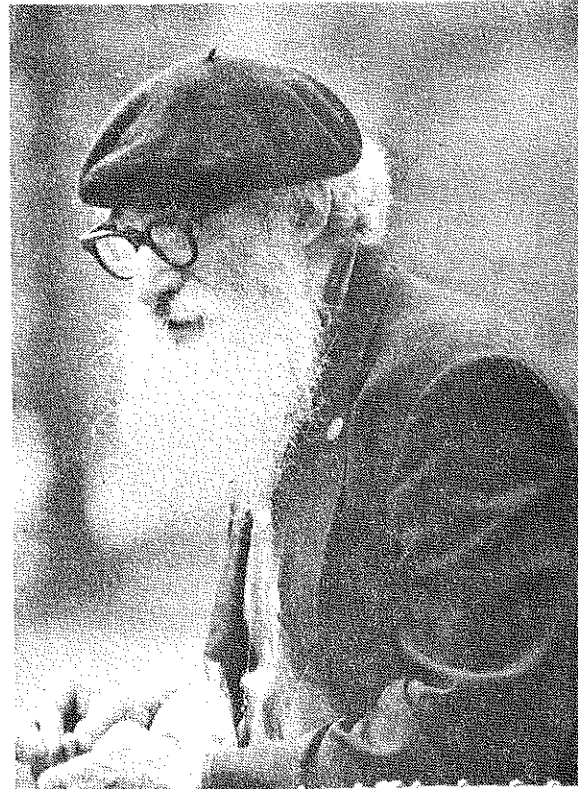
Would you like to make the most of your spare time? We need your experience and ability to listen. With a Little Help from My Friends hopefully will direct your attention to the special needs of some of the children, teenagers and elderly of the Manhattan community. You can help by being a big brother or big sister to a young child without a parent, you can help teenagers with family problems and social adjustments or be a companion to a blind person. There'll be an information sheet for you to fill out at registration. You will be contacted. Coordinators: Linda Pelter or Cindy Barfield, 776-9221.

NURSING HOME TEAMS

It can be an exciting activity to go with a team of people and present a program at the local nursing homes. I am putting together groups of willing people to go together and plan enjoyable programs for the residents of the local nursing homes.

Sign up and you will be contacted. Coordinator: John Graham 537-0518

There are many men and women living in nursing homes who need involvement with others in the community to help them feel more alive and worthwhile. It's possible to get involved with these residents in a variety of ways. Visitation, recreational activities, handicraft activities are just a few of the possibilities. If you are interested in working with these people, please sign up at registration and you will be contacted for an organizational meeting. Coordinator: Jane Fisher, College Hill Nursing Center, 539-7671



by s koenigsberg

ADOPT A GRANDPARENT OR A GRANDCHILD

The Riley County Association for Mental Health has set up a program in which foster grandchildren would adopt grandparents. If you are a young person in the Manhattan community who would like to make the friendship with a retired person and become their adopted grandchild, you are needed. If you are a retired person in the Manhattan community without a grandchild in the near vicinity this program will attempt to find a young person to be your friend. If you would like to be a foster grandchild or grandparent, please sign up at registration. Coordinator: Phyllis Shanline, 539-3407.

MANHATTAN DAY CARE

Manhattan Day Care, Inc. serves approximately 30 children, 3-6 years. Volunteer help is needed throughout the week. If you are interested in young people and would like to help with playtime and crafts, you will find a good experience. Both men and women are needed for 2-3 hour weekly shifts. Sign up at registration and you will be contacted. Coordinator: Doris Nesmith, 776-5051.

5 volunteers

MUSEUM CLASS AIDES

PARENT-CHILD CO-OP

A really nice idea as it works--Mothers of small children getting to know other mothers, fathers, and children. The idea is cooperative child care; taking turns caring for a small number of children in your home and the home of others, a chance for some free time away from your child. This is the idea that has worked for many of us in Manhattan already. We'd like to see if you too are interested. Come and we'll explain as best we can how it might work. First meeting: Wed., Feb. 7, 7:30 p.m. Directions will be given after registration. Coordinator: Mary Finney, 537-7784.

Location will be given after registration.



BABY SITTING CO-OP

Would not it be nice to have an evening out with your husband and not worry about having to pay a sitter? Well, it is possible and it can happen for you. That is the basis for the baby sitting cooperative.

As a member of the co-op you offer only your services as a sitter to other mothers on an even trade basis. This "even trade" basis is determined by a point system. A sitter receives points for her hours of work. Extra points are given for extra services such as feeding children or taking care of additional children of out of town guests.

Each month a mother in the Co-op acts as secretary, recording points, and arranging sitters. She receives points for her duties. Members may ask the secretary to locate a sitter as late as 2 pm the day a sitter is needed. After this hour, a member may still use the service, but must obtain the sitter on her own. Sue Griffin 776-9728

The Riley County Historical Museum plans five projects for 1973 where volunteers are needed. The aides may volunteer for activities they prefer, such as instructing or aiding instructors in pioneer crafts classes for children or adults, planning tours of historic buildings, and interviewing older residents of the county concerning their memories of the past. Photography may also be part of the projects. Call or come to the Riley County Historical Museum on or before Feb. 7, between 1:00 and 5:00 p.m. The museum is on the lower floor of the Memorial Auditorium Building adjacent to the City Hall in the 1100 block on Poyntz Ave, south of the City Park. Phone 537-2210 between 1 and 5 p.m. to talk to Mrs. Jean Dallas, Museum Director.

ULN TUTORS

There are times in a student's life when he or she needs help with studies. University Learning Network recognizes this need and is building up a file of tutors. If you are interested in being a tutor and are well-versed in a certain class or subject, we can use you. Your name, telephone number, address, and the subjects you are interested in tutoring would be placed in our file to help another student. Call us at 532-6442.

The knowledge of life, therefore, which we grown-ups have to pass on to the younger generation will not be expressed thus: 'Reality will soon give way before your ideals,' but 'Grow into your ideals, so that life can never rob you of them.'
--Albert Schweitzer

FRIENDSHIP TUTORING

What is learning without sharing? This program is for Manhattan school district children, 2nd grade through high school. The subject range is open. High school tutoring is mainly academic and covers a specific subject. Under high school age, the emphasis is 25-30% academic and centers around forming relationships with the young people. Thurs. evenings 7-8:30 p.m. Coordinator: Michael Weinberg, 776-6524.

FEDERATION FOR HANDICAPPED CHILDREN AND ADULTS

This group has new facilities to work with mentally or physically handicapped people who are nursery, teen, and adult age. Help is needed for the nursery school 8:30-11:45 a.m., the Sunday school classes, the swimming program and play-ground. The Boy Scout and Girl Scout troops are in need of assistant leaders. Help with the adult recreation program is needed during evening hours. First meeting: Sun., Feb. 4, 4:00 p.m., Union Rm 207. Coordinator: Ms. Betty Garzio, 539-2198.

volunteers

HEADSTART

Volunteers are needed to interact with the young children in the Headstart program. You are asked to commit one day a week, 9am. to noon or noon to 3 pm. Men are encouraged to volunteer their time to interact with the children. Sign up at registration and you will be contacted. Coordinator: Yvonne Lacy, 539-4404.

FOSTER HOMES FOR TEENAGERS

Homes are needed for young teenage children in Manhattan. Foster parents who understand the problems of the young and would be willing to provide a home for a teenage child should call Cindy Barfield at 776-9221. Parents must be 21 years of age.

C.T.F. VISITATION

We need volunteers on Sunday evenings to visit trainees of the Correctional Training Facilities at Ft. Riley. Volunteers should be interested in people and willing to take part in the Sunday evening recreational program at C.T.F. and visit with the soldiers.

Sign up at registration and you will be contacted. Coordinators: Ken and Delores Gowdy 539-5069

PAROLE AND PROBATION PROGRAM

We are continuing to work with the Manhattan Municipal Court as parole volunteers. Our clients are over 18, misdemeanants, and, from time to time, fellow students. Students, faculty, and staff welcome, but please be prepared to work for 12 months should you be assigned someone. Hopefully, some "old" volunteers will be helping us. First meeting: Weds., Feb. 7, 4 p.m., Holtz Hall. Coordinator: Caroline Peine, 532-6432.

SERVICES

PEOPLE'S RESOURCE DIRECTORY

The community we're trying to put together is one in which each person has a skill which he is encouraged to use and to teach to others. Each one of us has something to contribute. But how do we let people know what we have to teach? Or what we want to learn?

The People's Resource Directory is the link. It shortens the distance between you and your interests--makes it easy for you to learn. The learning experience is not a class; it takes place between you and the person you're teaching or learning from: one to one.

Listings are free--the book is free. Available now. Check the Union, or call ULN, 2-6442; or UFM, 2-5866. We now also maintain an open file available by phone.

UNIVERSITY LEARNING NETWORK (ULN)

ULN is an information center. It is our task to serve as a clearinghouse for information that might be useful to you. We'll help you look for almost any kind of information but there are several kinds of information that we always have: lists of community services, campus and community activities, tutors, and volunteer opportunities. Call us at 532-6442, or drop by our office in 110 Holtz Hall. We're open from 9 a.m. to 9 p.m., Monday through Friday.

DRUG ANALYSIS/POISON CONTROL SERVICE

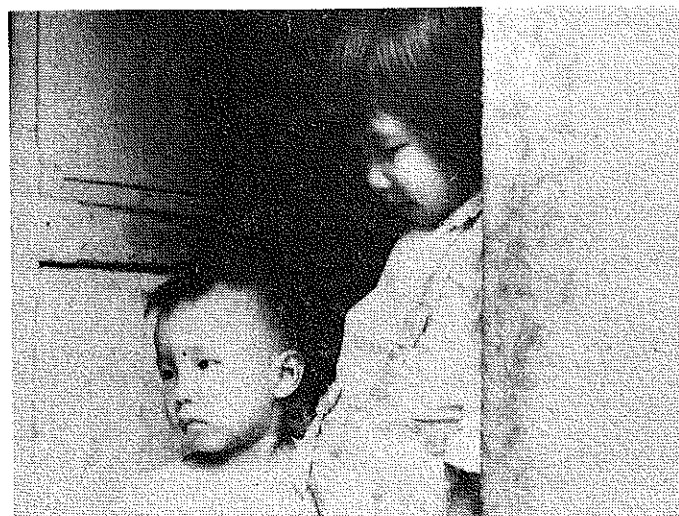
The Drug Center has an anonymous drug analysis program. Drop by the Drug Center any time between 1-4pm Monday-Thursday with your sample. No information besides the sample is needed. The analysis is done locally and is a Free service. Tests on samples are run MWF and the results are usually available within a day after the testing. This service is also available for analysis of any unknown chemical or poisonous substance. Coordinators: Drug Information Center, 539-7237.

HELP-A TELEPHONE INFORMATION SERVICE

If you have a service to offer - from baby sitting to counseling, please call 537-0426 and list your service. If you need help call 537-0426 for information. This telephone service is an "information service" gathering the volunteer and other services available in the Manhattan community. This is not a counseling service. This telephone service is sponsored by a non-profit organization to gather in one place the resources of the community to meet the needs of the people in the community. For HELP call 537-0426.

FAMILY RESOURCES CENTER

Need Marriage and Family Counseling? Pre-Marital Counseling? Consultation on Child Care? Family Enrichment Discussion Groups? The Family Resources Center is the place to go. Advanced graduate students under experienced supervisors of the Department of Family and Child Development provide these services as part of their counseling training programs. Services are available without charge. Call 532-5510.



6

7

services

CONSUMERISM

There are several services that the Consumer Relations Board provides. Among them are: files on the different prices of auto & small appliance repair in Manhattan, a toy safety check before Easter to see if banned toys are still being sold, and a tenant's handbook, which will be ready in March and will contain a list of landlords in Manhattan and information about the houses and apts. they rent. Coordinator: Dick Retrum, 532-6541.

DEFENSIVE DRIVING

This 8-hour defensive driving course, developed by the National Safety Council, is designed to combat the mounting death traffic toll. This course will in no way affect the status of your driver's license, nor are there any exams involved.

Qualified instructors certified by the National Safety Council will teach courses on accident preventability, principles of defensive driving, the six positions of the two-car crash, preventing the run-off-the-road accident, etc.

The first of the four meetings will be Monday, Feb. 12, from 7:30 p.m. until 9:30 p.m. in Rm. 1 at the Student Health Center on the KSU Campus. Sign up at registration. Limit: 40. Also a \$1.00 materials fee. Coordinator: Mike Bradshaw, 532-6554.

LA LECHE LEAGUE

A non-profit organization which promotes good-mothering through breastfeeding. We have available for mothers and mothers-to-be: 24 hour telephone service, library, and speakers to discuss the advantages and management of breastfeeding. We meet first Tuesday of every month and hold discussions of the benefits of breastfeeding. For more information call 539-4901 or 539-8763.

POLITICS

POLITICAL WATCHDOG ON THE PRESIDENT

This will be more than a general discussion of the recent activities of the President. Some of the topics we will discuss are:

- freedom of the press
- war-defense expenditures
- CIA-secret police activities
- destruction of economic programs like welfare, farming, and social security.

First meeting Tuesday February 6, 7:30 pm, UMHE Center, 1021 Denison. Coordinators: Franklin Davis, 539-0254 and Lou Douglas, 532-6830.

LEAGUE OF WOMEN VOTERS

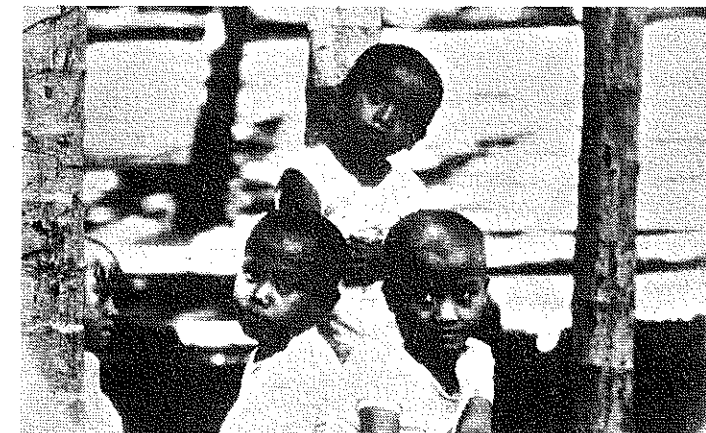
The League of Women Voters is open to men and women of voting age (18). Topics that will be discussed in weekly meetings are: international relations & trade, human resources--low income housing, voter rights, state penal system, school finance, local city government, and environmental quality-land use and energy. Anyone interested in attending meetings contact Jacky McDonald, 539-5125.

GREAT DECISIONS '73

I am inviting you to take an opportunity to learn, discuss, exchange and expand your knowledge about the United States' foreign policy. The Foreign Policy Association, a non-profit, non-political organization, publishes a \$3.00 booklet containing factual information on eight major topics of foreign policy. Each session we will read the material, discuss, crystallize our opinions, and fill out opinion ballots that are sent to our congressmen and representatives (they do read them, by the way). The eight topics are:

1. The Sino-Soviet-American Triangle: A New Balance of Power?
2. The Mass Media and Foreign Policy: What Limits on the Public's Right to Know?
3. Japan: Partner or Rival?
4. White Rule in Black Africa: What Side are We on?
5. The Common Market Expands: Can the U.S. Compete?
6. Man on Earth: Controlling the Environment.
7. Canada, Latin America, and the U.S.: Are We Exploiting our Neighbors?
8. Egypt After the Soviet Withdrawal: Can "No War-No Peace" Continue?

First Meeting: Sunday, Feb. 11, 7:30 p.m., Library at UFM House, 615 Fairchild Terrace. Coordinator: Shelby Grimm, 539-7326.



CONFERENCE ON CHICANOS

MECHA will host its second annual conference, Adelante M. Raza, March 19-24. The conference will be a week-long series of events culminating in a two-day effort to make K-State more aware of the Chicano population and culture and introduce younger Chicanos to the educational opportunities of the University. Senor Reies Lopez Tigerina will speak during the week-end. People interested in assisting at the conference please sign up at registration and MECHA will contact you.

POTTAWATOMIE INDIANS

This will be a one-time event to explain to interested people the current status of the neighboring Pottawatomie Indians. Your help is needed with ongoing projects. Will meet Wed., Feb. 7, 7:30, KSU Union, Rm 203. Coordinators: Sue Maes, 532-5866 & John Selfridge 523-5958.

WOMEN

AIN'T MUCH, BABY, BUT I'M ALL I GOT

Based on this book about positive action and being real in human relationships, our discussions will probably involve everything and anything of vital importance to our members and the human race, in general. How to deal with your feelings honestly and those of people around you to make the world a little better place to be. We'll try to get some field experience in the community to put our ideas to work. First meeting: Tues., Feb. 6, 9:00 pm, 817. Hunting. Coordinators: Lynn Wilson, Diane Barker, & Nancy Edgar, 537-0801.

WOMEN IN BUSINESS

Where have all the women gone? -Gone to business, every one. . . This course offers women support in obtaining jobs at higher responsibility and income levels. A few of the interesting topics that will be discussed include: factors that determine career choices for women, barriers women face as executives, subtle influences of persons advising women in career selection. First meeting: Mon., Feb. 12, 4:30 p.m., Union 203. Coordinator: Millie Buzenberg,

STRATEGIES AND TACTICS FOR THE NEW WOMAN

Discussion and laboratory approach to communication around women's issues--for women only. Focus on behaviors and attitudes that hinder freedom of women. First meeting: Tuesday, Feb. 6, 8:00 p.m., 1615 Osage. Coordinator: Laura Heinrich, 539-6926.

WOMEN'S LIBERATION: CONSCIOUSNESS-RAISING

Come help form a women's consciousness-raising group, the basic unit of the Women's Movement. It's women getting together to talk to other women about ourselves, our relationships to other women, to men, etc. Sisterhood can be powerful and warm. Two prerequisites--interest and the desire to take responsibility for yourself and what you get from the group. The goal is to form several small autonomous groups of about 12 women each. A good suggestion is to bring a friend with you--the best groups seem to form from people who already have one strong bond formed with another member of the group. First meeting: Tues., Feb. 6, 7:00 p.m., Fairchild Hall, Rm. 212. Coordinators: Janet Cook, 537-0293, Candace Bogart, 539-5311, and Vicki Chronister-George, 539-1694.

DEVELOPING WOMEN LEADERS IN EDUCATION

A seminar focusing on the impact of women on the present educational system from an historical viewpoint and what is needed for women to become effective in educational leadership. First meeting: Tues., Feb. 13, 8:00 p.m., 1615 Osage. Coordinator: Laura Heinrich, 539-6926.

WOMEN'S LUNCHEON

What's lunch without good conversation? Let's get together and find out what's happening to women in current community events, and how you can get involved. First meeting: 2nd Thursday of the month, 12:00 noon, State-room 3. Margaret Nordin, coordinator.

WOMEN'S SELF HEALTH CARE

Have you ever heard of "self exam"? If you wish to explore, either by yourself or openly with other women, more of your structure and functions, please bring yourself to one of the meetings. If you have a time conflict but desire to know, call me. The whole area of women's health has been left to male M.D.'s. That's too bad. We need M.D.'s desperately, but we also have the right and need to know more of ourselves. I will be using OUR BODIES, OUR SELVES, and birth control and VD handbooks as resources. We also should be committed to learning factual knowledge from the medical profession. Women only! First meeting: Tues., Feb. 6, 4:00 p.m., UFM House, 615 Fairchild Terrace. Coordinator: Jane Bacon, 537-9735.

UNDERSTANDING YOUR CYCLE

Looking for six women interested in using the techniques of bio-feedback to study her cycle; i.e., relieving tension, pressure, and the possibility of controlling ovulation. If interested, contact Jane Bacon, 537-9735.



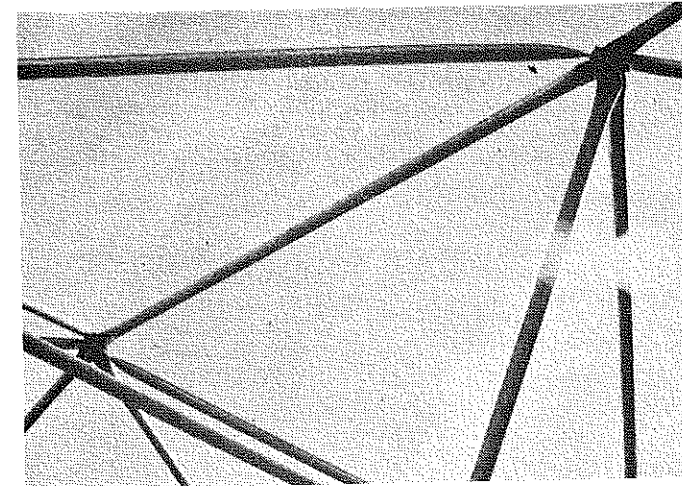
WHICH WAY BUT UP?

We are looking for women who, because of divorce or their husband's death, are seeking to redirect their lives. Come meet with us to discuss the special kinds of problems we face--we know you know what we mean, so why elaborate. Organizational meeting: Monday Feb. 8 pm, at 505 Oakdale Drive. Coordinators: Ann Menzie, 539-3071; Wanda Hudson, 532-5938; Joan Sistrunk, 532-5514.

9 ARTS & CRAFTS

ARTS AND CRAFTS WEEK FEBRUARY 18-22

Silkscreening Sunday 7:30 pm 615 Fairchild Terrace Jack McCaslin
Leaded Stained Glass Monday 7:00 pm 615 Fairchild Terrace. Kathy Rohrbaugh
Crocheting Monday 7:00 pm Ford Hall Main Lobby Brenda Ericson
Knitting Monday 7:00 pm Ford Hall main lobby Kathy Johnson
Batik Monday 7:30 pm 615 Fairchild Terrace Karen Hess
Embroidery and Crewel Tuesday 7:00 pm 1818 Fairchild. Amy and Ella Meyer
Hairpin Lace Tuesday 7:30 pm 615 Fairchild Terrace Al & Jan Brummell
Block Printing Wednesday 7:30 pm 615 Fairchild Terrace Jack McCaslin
Candlemaking Wednesday 7:30 pm 615 Fairchild Terrace Art Elliot
Crackle Plaques Thursday 7:30 pm Goodnow Hall room 106 "Roop"
Papier-Mache Thursday 7:00 pm 615 Fairchild Terrace Virginia Silverio



MODERN WATERCOLOR PAINTING

Open to all. Methods are: salt and wax resist; rubber cement resist; blotting and spattering; linear tool scratching; fruit pigments and mud, tea and other stains; etc. Others will be added later. Basic primary pigments and brushes required plus paper, mounting board, and paper tape. No still-life realists, please! Maximum enrollment 15-20. Meets Thursdays 7:30-9:30. Sign up at registration and you will be contacted. Coordinator: Don Jacobson, 537-9323 (after 5:30).

DECOUPAGE

Would you like to learn this craft? A five week course will again start this semester. Cost of materials should be from \$10 to \$15. But if we get together, we can cut costs. Please bring notebook to the first couple of meetings for taking notes. Limit 20. First meeting: Tues., Feb. 6, 7:30 pm. 2418 Buena Vista Dr.. Coordinator: Ms.Colbert, 539-5624.

MACRAME

Knots got you in a tangle? Come and learn how to untangle those knots and learn to make something useful. First meeting: Wed., Feb. 7, 7:30 pm, 721 Pottawatomie St. Coordinator: Dennis Christiansen, 537-9735.

MACRAME

Come learn the techniques of knotting. There are lots of ways to combine them to make a large number of things. Unlike other handicrafts, there are few instructions for macrame projects so this is a good craft in which to use your own creativity. First meeting: Thurs., Feb. 8, 7:00 pm, West Hall lobby. Coordinator Jeanene Gwin, 539-5311.

"SPIN-A-YARN" AND NATURAL DYE WORKSHOP

Not a class in how to tell a tale but how to go from sheep to finished product. Learn to spin sheep wool into yarn with a hand spindle and make a simple weaving. End of this course to coincide with a natural dyeing workshop in early April. Limit: 12 people. Supply fee: \$5.00. First meeting: Tues., Feb. 6, 7:30-9:00 pm, UFM basement. Coordinators: Katie & Alice Carroll, 539-7933.

BEGINNER'S NEEDLEPOINT

Beginning with the basics of needlepoint, we will work as long as needed until you feel accomplished and ready to experiment on your own. You should anticipate a cost of about \$5.00 for canvas, yarn, needles, etc., but you needn't bring anything to the first meeting: Thursday, Feb. 8, 7:00, 446 Goodnow. Coordinator: Sylvia Stucky, 539-2281.

CREATIVITY IN WOOD

The thrust of the program is to assist anyone who has a desire to try to develop an ability for creativity using the medium of wood. The only cost for the course is for the materials that are used. All necessary equipment will be furnished. The class will meet in the basement of my home at 3140 Bermuda Lane. Sign up at registration and you will be contacted when there is an opening in the class. Class meets 7:30 p.m. to 10:00 p.m. on Weds. nights. Coordinator: Chet Peters, office:532-6237, home:537-2632.

CHAIR CANING

Come learn the art of chair caning. We'll begin by talking about measuring your chair and discussing types of cane. If you have a chair to work on, please bring it to the first meeting. First Meeting: Thurs., Feb. 8, 8:00-10:00 pm, UFM House, 615 Fairchild Terrace. Coordinator: Barbara Poresky, 539-2967.

FINE ARTS 10



BASIC FOLK GUITAR

Have you always wanted to learn how to play the guitar, but never got around to it? This course will give an introduction to the basic fundamentals of guitar playing, chords, strums, and simple picking. The only prerequisites are a guitar, fingers, and a will to learn. First meeting: Wed., Feb. 7, 7:00 pm., UFM basement, 615 Fairchild Terrace. Coordinators: Scott Wilson & Lin Parsons, 537-7161.

AAUPP (AMERICAN ASSOCIATION OF UNITED PIPE PUFFERS)

Local 667 will be prefabricated for the purposes of pursuing the pleasures and perquisites of puffing the pipe and of perfecting the technology of tobacco interminglement. Local 667 membership limited to twelve (perhaps thirteen) tough-tongued tyros and veterans of the "gentle art." First meeting: Thurs., Feb. 8, 7:00 pm. UMFH Center, 1021 Denison. Coordinators: Ray Illis and Jim Lackey, 539-4281.

REAL BEGINNERS (IN GUITAR)

This class will be basic. It will be basically learning the basics of basic chording. Limit: 10. If we can get more teachers, we will let more people into the class. If you can teach, get in touch with UFM. Meeting will be Thurs., 7:30. Sign up at registration & call Jim Peterson for more information, 539-8211

5-STRING BANJO

We will begin with chording and get into the basics of picking. Eat your heart out, Earl Scruggs. First meeting: Tues., Feb. 6, 5:00 p.m. UFM basement, 615 Fairchild Terrace. Coordinator: Jennifer Tacey, 537-1682.



AUTO REPAIR--CAR OWNERS--SELF HELP KIT

This class will start with the basic components of the car--What they, why they do it and how they do it. After we go through the components of the car we will go on to more common problems and discuss preventive maintenance along with trying to spot problems before they become big ones. First Meeting: Mon., Feb. 5, 7:30 pm, UFM 615 Fairchild Terrace. Coordinator Phil Fanning, 539-5373.

INTRODUCTION TO THE NUMISMATIC WORLD or COIN COLLECTING AS WE KNOW IT TODAY

We will deal with historical significance of numismatics. Learn reasons why and how coins came into use. Examine motives of modern day coin collectors. Study collection values and grading determinates of coins. Any coin exhibit or collection may be brought to the class. First meeting: Weds., Feb. 7, 7-9:00 p.m., Unitarian Church, 709 Bluemont. Coordinator: Eldon Leasure, 776-5638.

STAMP COLLECTING

Come learn the basics of stamp collecting; how to start collecting, and methods of trading stamps. All foreign students are welcome to find out about American stamps. First meeting: Thurs., Feb. 8, 7:00 p.m. 831 Humboldt. Coordinator: Mrs. Tom Hagan, 537-9645.

TROPICAL FISH-FOR BEGINNER'S ONLY

Interested in home aquariums? Learn how to raise and breed tropical fish. Learn the basics of caring for and feeding your tropical fish. This group will use books by Dr. Herbert Axelrod and copies of Tropical Fish Hobbyist as reference material. First meeting: Wed, Feb. 7, 7:30 pm, 1416 Legore Lane. Coordinator: R J Dickers, 539-7050.

FLUTE

For those interested in learning how to play the flute. It will be necessary to bring your own flute. Sign up at registration and you will be contacted. Coordinator: Florice Bales, 539-3511.

THE SECOND-WATER FILM-ART GARBAGE-DISPOSAL UNIT

Using the International Film Festival as a basis, this group will meet after the films to discuss not only film in general, but also these films in particular. The discussions will, hopefully, be opened with people offering what perceptions they have, and through casual conversation punctuated with intense intellectual foraging, arrive at the great metaphysical meaning of film. Enrollment is open. People enrolling will be contacted as to first meeting time and place. Coordinator: John Eger, 539-6334.

BASICS OF SUPER 8 FILMMAKING

Introduction to the basic fundamentals of shooting and editing Super 8 film. Each member will make a short film during the course, and there will be a showing of all films at the end of the course. Requirements: Each member must have a Super 8 camera or access to a Super 8 camera for the duration of the course. First meeting: Sun., Feb. 11, Union Rm. 207. Coordinator: Eldon Klein, 539-6766.



PUBLIC ACCESS TO CABLE TV

People who are interested in Television production--developing programs, actual production of programs: There will be explanations concerning the uses of Cable TV and of the available technical facilities. Persons curious about studio make-up, application of Cable TV, actual production, and any other possible area involved with television medium are invited. First meeting: Feb. 6, 7:30 p.m., 5th floor, Farrell Library. Coordinator: Dave McFarland, 532-6882.

THE WRITING OF POETRY

I have heard it claimed no poetry is written or understood here in Manhattan. I do not believe that. I have written a good many poems myself. But that is not the point! The point is, you can (and have), too. Let us get together and hear, read, think, sing, and play each others poetry during seven weekly meetings at my home. And write some new ones. First meeting: Tues., March 27, 8:00 pm, 2001 Dunbar Road. Coordinator: Joel Climenhaga, 537-7937.

FICTION AND NON-FICTION WRITING

Bring whatever you have written (anything except poetry). We take turns reading our writing and offer one another criticism and helpful suggestions. If you haven't written anything yet come anyway and get some encouragement. First meeting: Thurs., Feb. 8, 6:45-10:00 p.m. Meet outside Forum Hall in the Union for a ride out to Laman's farm. We leave at 6:45. Coordinator: Russ Laman, 1-238-4796.

CREATIVE DRAMATICS

Sessions specifically planned for the young elementary school student(ages 6-8). Emphasis will be placed upon stimulating the child's imaginative resources thru vocal, visual, and creative expression. Exercises will encompass interpretation of stories, music, poetry, and creative dialogue inspired by the participants. First meeting: Feb. 10, 10:00-11:00, and every Sat. for 5 weeks. 3128 Ella Lane. Coordinator: Annie Mrozinski, 539-1066.

MANHATTAN CIVIC THEATER (CONTINUOUS)

MCT is a community supported theater organized for the enjoyment of the community and those interested in getting involved in the theater arts. This spring we are producing a musical, Calamity Jane. We encourage anyone to join us who has a desire to have fun in any of numerous duties of the stage. Come, have fun, we have a place for everyone. Tryouts will be in February. Contact Carmaline Spurrier, 539-8736, evenings.

INTERNATIONAL FOLK DANCING

A wide variety of dances from Europe, America, and the Near East will be taught. Absolutely no experience is necessary. We will begin with simple dances and gradually develop skills in individual dances as well as in basic steps such as polka, schottische, and waltz. All are welcome. First meeting: Thurs., Feb. 8, 7:30 p.m., place to be announced. Coordinators: Lew and Enid Cocks, 539-6306.

SWEET ADELINES

Like to sing, but would like a new experience? Try Sweet Adelines, women's barbershop singing. The songs and new style of this international organization of 25,000 women are helping to bring about their goal of "harmonizing the world." Meeting place: First Christian Church basement, 5th and Humboldt. Tues., 7:30 p.m. Contact Pat Nighswonger, 532-6701 or Betty Clark, 539-2440.

SCHOLARLY ENDEAVORS

THE NON-CLASS FOR SPEED READERS

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DEPARTMENT OF BRILLIANT IDEAS

We have this idea, and we need help. It has occurred to us that the telenetwork facilities could be used in the prison educational systems around the state. Continuing Ed thinks the idea has real possibilities but does not have the staff to do the work necessary to get it off the ground. If you think it's a good idea and would like to help make it a reality (hopefully), come on around to Holtz Hall at 4 p.m. Monday, Feb. 5, and we'll discuss it further. Coordinators: Carol Loganbill, 537-1196 and Caroline Peine, 532-6432.

JOKES

Let's get together and swap stories and jokes. Be appreciated for your wit! First meeting: Sun., Feb. 4; 6:30 p.m., International Center Lounge. Coordinator: Shah F. Alam, 537-9195.

MUSEUM MANAGEMENT WORK-STUDY

A new museum is being opened in the U.S. every third day. Museum management is one of the new career fields. If you would like to learn more about the duties involved in managing a historical museum, this is for you. A requirement is that you be willing to devote some hours to the practice of the work you'll find in the local historical museum. Call or come to the Riley County Historical Museum on the lower floor of the Memorial Auditorium Building between 1:00 & 5:00 pm, on or before Feb. 7. Coordinator: Mrs Jean Dallas, 537-2210.

GERMAN CONVERSATION

For persons with at least a minimal conversational ability in German. Class led by two native speakers here from Germany. Everyone will help decide topics and class projects. Meeting place will probably change, but First meeting: Weds., Jan. 31, 7:00 p.m., lounge of the International Center, 1427 Anderson Ave. Coordinator: Klaus Baumann, 539-5142.

FRENCH CONVERSATION

Open to those who want to use their French to polish it up or just dust it off... We'll have projects for each meeting--everyone will suggest topics and participate in them. Centered around cultural and culinary activities. Minimum of at least an intermediate conversational ability, please. First meeting: Sunday, Feb. 4, 6:00 p.m., 1321 Anderson, apt. #3. Coordinator: Judy Jones, 539-5863.

SWEDISH

Anyone interested in learning Swedish should sign up at registration and you will be contacted. Limit 15. Wednesday, 7:00 pm Coordinator: Louise Ehmke 776-7700.

Persons interested in speed reading will not find a class listed in this UFM brochure for learning such skills, but can still double and triple their reading speed with a little work (a little for the doubling, a lot for the tripling) on their own. Several good books can be found in the library, but if you're looking for a place to start, Craig Martin at 537-1450 might be able to help. He has access to techniques taught by different books, and may be able to match you with a graduate from a commercial speed reading class. Speed reading can be a valuable tool in self-improvement, but it is still a tool, not a panacea. The only way to test its value for you is..... to try it. (speed readers read those last 3 words with one eye fixation!)



FINANCIAL BUDGETING SEMINAR FOR MARRIED COUPLES

Seemingly, we all have financial problems, one way or another. During spring semester, we will offer a six-week financial budgeting seminar for married couples only. We will cover budgeting, banking procedures (checking, savings, loans, etc.), consumer buying (credit, time payments, automobiles, boats, motorcycles, etc.), insurance and investments, and living arrangements (buying, renting, trailer living, etc.), to name just a few areas. The class is limited, so sign up now! Coordinators: Barbara Rei - Graduate Assistant, Center for Student Development & Gerald Bergen - Director of Aids and Awards. These 6, one-hour sessions will be held on Feb. 8 & 22, Mar. 8 & 22 and Apr. 12 and 26 from 7:00-9:00 pm. KSU Union, Rm. 206.

SPANISH CONVERSATION

Anyone interested in bettering his or her ability to speak fluent Spanish is invited to come and brush up on it. First meeting: Thurs., Feb. 1, 7:00pm. KSU Union 2nd floor lounge. Coordinator Suzanne Hunter, 532-3062.

13 ENVIRONMENT

WASTEPAPER DROP POINTS

There are four wastepaper drops in Manhattan--one drop at each of the 3 Dutch Maid grocery markets and a southeast point. To locate the southeast drop, take the second turn left after passing the Skate Plaza on K-177. The delivery place is past the first house. Stacks of paper on the side of a hill can be seen from the highway. Corrugated boxes, newspaper, and mixed waste paper are accepted. Newspaper should be tied in bundles and waste paper should be in plastic bags. For additional information, call 776-6631.

RECYCLING CENTER

I am interested in exploring the possibilities of beginning a Recycling Center. I have lived in a town where a Recycling Center was operated by community groups. Any Manhattan resident is invited. First meeting: 1513 Nichols St., 7:30 pm, Feb. 15. Thur. Coordinator: Jean Lee, 539-6185.

ALUMINUM RECYCLING

The women of Seven Dolores Church are collecting aluminum for recycling as an environmental improvement measure, and as a means of raising money for our charity programs. Save all of your Coors and other all aluminum beer cans, aluminum foil, pans and cans and contribute them to us. Cans with side seams are not aluminum. Please flatten the cans. Bring cans or aluminum to 716 Colorado or to barrels at supermarkets. Any one who could pick up aluminum from the taverns in Aggieville is needed. Coordinator: Mary Winden, 537-7093.

ORGANIC GARDENING

Organic gardening for the green and brown thumbs--to share information for some organic gardening next spring or now. (Indoor, outdoor, cold frame gardening) Come even if you have no land on which to grow--we'll find you some. Mulch, compost, and manure are important to us all. Now is the time to put away chemicals, spread manure and plan for a successful spring garden. Books on organic gardening available to look at and use. First meeting: Tues., March 20, 7:00 p.m., at the UFM house 615 Fairchild. Coordinator: Dan Davis, RR#3.

LANDSCAPING THE HOME GROUNDS

Appreciation and development of the land around your home. Discussion of care and selection of shrubs, lawn, plant materials, and trees for your front lawn. Each week will focus on a new area to help you develop a beautiful space around your home. First meeting: Tues., Feb. 6, 7:30 p.m., Baptist Campus Center. Coordinator: Max Miller, 539-3488.



WILDLIFE APPRECIATION--AUDOBON SOCIETY

Field trips will be made to such places as Cheyenne Bottoms--at least one local trip and one to a greater distance, such as certain areas in Missouri. Wildlife speakers will be present at meetings and nature projects will be undertaken. First meeting: Thurs., Feb. 1, K-State Union, rm. 212. Coordinator: Perry Conway, 539-7218.

SUBSISTENCE HOMESTEADING OR LIVING OFF THE LAND

We would like to share ideas with others who are interested in economic or spiritual freedom through subsistence homesteading. Both those thinking about moving to the land, and "them that's doin'" are welcome. We are developing a homestead in the Arkansas hills and have a lot to learn as well as something to share. If there are others around with similar inclinations, we should all get together. First meeting: Tues., Feb. 6, 7:30 pm., 2033 Judson. Coordinators: John and Sue Guerber, 776-8019.

ECOLOGY FIELD TRIP FOR HIGH SCHOOL PEOPLE (BUT OPEN TO ALL)

A group of Manhattan people can join with a high school sophomore biology class on April 27 at the wildlife reservation near Emporia. Friday evening camp will be set and ecology discussed. Saturday will consist of a walking field trip. The group will return that evening. Organizational meeting for Manhattan will be April 24, 7:00 p.m., 615 Fairchild Terrace. Limit 10. Coordinators: Ralph Classen, (319) 885-4656; and Stephanie Brock, 539-8304.

classes begin feb.5

ENVIRONMENTAL AWARENESS CENTER

Our environment is rapidly deteriorating. It is more important now than ever before that serious action be taken on whatever scale possible. The Environmental Awareness Center has several different ways for persons who are really interested in working for the environmental cause to learn more about it. Various action committees have been organized, such as: Campus beautification, Tallgrass Prairie National Park, Bicycle Committee, Legislative Committee, and Manhattan Wildlands Committee. Many other small jobs are available in helping to run the EAC. And new ideas or action proposals are always welcome. If you are interested in getting involved with us, come by the office in 213 Ackert Hall, 532-6628, or call Ron Spangler, 539-4641.

WOODLOT MANAGEMENT

We will be studying the selection of trees for retention and removal at selected sites. Growth responses to cultural treatments and evaluations of sites will be covered also. If possible, bring your own car for transportation to site. First meeting: Sat., Feb. 10, 8:15 a.m., Lot A, north of Waters Hall. Coordinator: Bob Funsch, 532-6170.

EXPLORING SPACE IN A CARDBOARD TETRAHEDRON

The purpose for this excursion is to serve the interests of those of us who enjoy spatial relationships and would like to expand our awareness and appreciation of reality potentials in design and form. The plan is to begin with a simple mass or material medium such as toothpicks and marshmallows, and to progress to the use of milk cartons and corrugated cardboard as semi-rigid membrane available in adequate quantity from home and the moving companies. Passengers at large will be responsible for securing group resources after the first rendezvous. First meeting: Weds., Feb. 7, 7:30 p.m., 303 North 16. Coordinator: Bill Jewell, 776-8168.

CYLINDRICAL STRUCTURES

Purpose: to build experimental panels and struts using some of the 10 million cans produced and discarded everyday. First meeting: Mon., Feb. 5, 7:00 p.m., 303 North 16. Coordinator: Bill Jewell, 776-8168.

STOP SMOKING

This group is for the individual who would like to lengthen his life expectancy 8-10 years. Stop Smoking is designed for people who want help in overcoming one of our most serious psychological dependencies. Meetings start Feb. 5 at 7:30 p.m.

and run nightly through Thursday, Feb. 9. Rm. 1 Student Health Center, KSU. Limit 40. Coordinator: Mike Bradshaw, 532-6554.

LIVING WITH PLANTS INDOORS

February 6, 7:30 pm, 615 Fairchild Terrace. Coordinators: Kelley Wagner and Ken Wilson.

STALKING THE WILD ASPARAGUS

A large quantity of food is going to waste just outside your door. One doesn't need to go to the mountains or virgin forests to find wild food plants. Abandoned farmsteads, old fields, stream banks, roadsides, swampy areas and even vacant lots are the finest foraging sites. Many different meals can be prepared almost entirely from wild plants, for example: a complete meal can be made from dandelions or pollen from cattails substitutes for flour in your favorite pancake recipe. Limit 15. First meeting: early spring. Coordinators: Kathy Barrett, and Sue Maes, 539-8304.

TREE IDENTIFICATION

We will learn to identify trees on the KSU campus. The pamphlet "Woodstalk" will be used. Copies of "Woodstalk" are available at ULN in Holtz Hall (KSU campus). It would be good to bring a copy of this to the 1st meeting. First meeting: Tues., Feb. 6, 3:00 p.m., Entry foyer to Waters Hall, KSU Campus. Coordinator: Don Muck, 539-9427.



BASIC ELECTRICITY

Class is open to those who know nothing about electricity. We will cover the basics and learn how to repair small appliances. First meeting: Tues., Feb. 6, 7:30 pm, Crafts Room, 3rd floor of KSU Union. Coordinator: Jim Wilks, 532-6464, or 485-2485.

HOME REPAIR

The following are things that I can teach in minor home repair: painting, repairing wallpaper, minor plumbing, hinges, doorlocks, plastering, glass replacement and window rope replacing. First meeting: Thur. Feb. 8, 7:30, UFM basement, 615 Fairchild Terrace. Coordinator: Bill Henninger, 537-1302 after 6:00 pm or after 11:00 pm.

15 EDUCATION

FIELD STUDIES CENTER

We want to create a Field Studies Center. Field studies complement the classroom experience, oftentimes surpassing the classroom in relevancy. At present there is a need for more field programs at K-State. People interested in developing this Center sign at registration and you will be contacted. Coordinator: Dennis Lofgren, UFM staff, 532-5866.

Of a hundred average young people I had grown up with, a good forty had dropped out from all reasonable competition by the time they were twenty-five. Some, of course, had become town drunks or obvious wastrels; a few had stolen money and gone to jail; one or two of the girls had become prostitutes of a more or less genteel type, slipping into hotel rooms or staying with business men when their wives were absent on summer vacations. It was not these inevitable dropouts that I referred to in my estimate of forty per cent; it was, rather, that constant group of Americans who avoid difficult tasks and grab onto the first job offered, clinging to it like frightened leeches for the remainder of their unproductive lives. It was the girls who marry the first man who asks them building families without meaning or inspiration, producing the next cycle of dropouts. It was the adults who surrender young and make a virtue of their unproductivity, the miserable teachers who learn one book and recite it for the next forty years, the pathetic minister who builds a lifetime futility on one moment of inspiration entertained at the age of nineteen or so. These were the drop outs that concerned me most.

--James A. Michener

DRUGS IN THE CLASSROOM

A recent study indicated that in Kansas City 50% of the high school students had experimented with illegal drugs. This class is geared to help future teachers deal with the problem of drugs in the classroom. One of the coordinators is a student teacher who will share her experiences dealing with high school students and drug-related problems. First meeting: Weds., Feb. 14, 7:30 p.m., UFM House, 615 Fairchild Terrace. Coordinators: Jan Eads and Cordi Kuengli, 539-1603.

CHILDREN'S STORIES AND GAMES, RECREATION OR PROPAGANDA?

A seminar focusing on the effect of social conditions on children's literature and games. Literature of several historical periods will be examined and cultural and social influences identified. Meeting: Tues., March 27, 8:00 p.m., 1615 Osage. Coordinator: Laura Heinrich, 539-6926.



PARENTING: INFANCY-PRESCHOOL CHILD FOCUS

Informal discussions relating to the raising and coping with children from birth to five years of age on topics selected by the participants. Open to parents, both potential and present, and other interested people. One 1½ hour meeting each week. First meeting: Tues., March 5, evenings, 7 pm Child Development Center, Campus Creek Road (back of Justin Hall). Coordinators: Ivalee McCord, 532-5510 and Robert Poresky, 532-5510; Dept. of Family and Child Development.

MIDDLE CHILD AND SELF ESTEEM

During six class meetings we will discuss how self esteem is fostered in children ages 6-12 years. In addition to an overview of general development during mid-childhood, special topics will be handled by guests. Topics include: motor development, play and athletic achievement; development of creativity and intelligence; the child's success from the school's standpoint; moral development. Guests include:

Chuck Corbin, head, Phys. Ed. Dept., KSU
Pat McCauley & Doris Schultes, 1st and 6th grade teachers, USD 383
Marjorie Stith, head, Family and Child Development, KSU
Dick Owens, College of Education, KSU
A 50¢ fee to cover cost of printed handouts optional. First meeting: Feb. 1, 7:30 p.m., Justin Hall, 254. Coordinator: Dorothy M. Bollman, 539-6613.

education

ADULT BASIC EDUCATION

Anyone who would like the challenging experience of volunteering to tutor for a semester in Adult Basic Education. There are three or four areas where help is needed: (a) Basic I first to fourth grade, (b) Basic II fourth to eighth grade, (c) Basic III GED or high school equivalency, (d) Conversational english as a second language (e) Sometimes new math or a specific subject for a high school diploma credit.

A wealth of teaching materials is available and there will be part-time teachers if needed for advice and direction. Last but not least, students who are there of their own volition are eager and appreciative. Tutor 2 hours, twice a week. Tuesday and Thursday nights from 7:00 to 9:00 at the Junior High. Monday and Thursday afternoon, 1:00 to 3:00 in the First Christian Church. Or tutor once a week or be on call for emergencies. For information call: Vocational Technical School, 539-7431.

EDUCATION COUNCIL FILM SERIES

WHAT'S NEW AT SCHOOL February 13, 2 and 7 pm Union Little Theatre

WITH SUCH AS THESE March 8, 2 and 7 pm Union Little Theatre. This film articulates clearly the negative feelings generated by dehumanizing class room practices.

SUMMERHILL March 27, 2 pm Union Little Theatre 7 PM Union room 213. In this film, founder of Summerhill, Alexander Neil, explains his objectives and from the activities of the children at work and play can be seen how his methods work.

WHAT'S NEW IN SCHOOLS April 5 2 and 7 pm Union Little Theatre. The CBS special takes a close look at the revolution in education in America's primary schools.

SPORTS

CROSS-COUNTRY SKIING

Snow conditions permitting, we will practice cross-country techniques at area parks. For beginners & advanced. First meeting: Wed. Feb 7, 7:30 pm. 3016 Claflin Road. Coordinator: Bob Poresky, 539-2967, or 532-5510.



CAMPING AND HIKING

Hikes. . .back packs. . .campouts. . . float trips. . .cave exploring. . .snow caving. . .fishing. . .mountain climbing. . . survival camping. . .Beginners and experts: here's a chance to follow your own interests. Essential techniques and helpful hints. We believe in learning through experience. No limit. First meeting: Mon., Feb. 5, 7:00 p.m. UFM living room, 615 Fairchild Terrace. Coordinators: Ron Garrison and Dave Cunningham, 537-0342.

BACKPACKING

Any kind of backpacking will be discussed especially elementary to intermediate packing. By using Sporten Co. in Aggleville as a resource center and a background in outdoor education, many questions can be answered and knowledge be gained about this sport. Trips are being planned. First meeting: Wed., Feb. 7, 7:00, KSU Union, Rm. 213. Coordinator: K.O. Decker, home-776-4523, office-537-0917.

BEGINNING & INTERMEDIATE SWIMMING

No previous swimming experience necessary. Any level can be taught (Beginning - Swimmer) First meeting Monday February 5, 9 pm, Nichol's gym- women's pool. There will be a small charge for pool rental. Coordinator: Robin Hax 539-2281

BEGINNING SWIMMING

This is a class for people up to eight years of age who want to learn to swim. Classes will be held in Nichols Gym. Sign up and you will be contacted as to day and time. Coordinators: Marsh Guerrant and Jill Fellows, 537-0841 and 532-3231.

BODY EXERCISE

Learn different techniques in exercising. Exercise to lose weight, gain weight, build strength and endurance, trim figures, and whatever you need to do for yourself. Participate in group and individual exercise. All ages welcome. First meeting: Tues. Feb. 6, 7:30pm, Goodnow basement recreation room. Coordinator: Mimi Gammon, Goodnow 143, 539-2281.

Bring paper & pencil to first meeting and wear clothes to exercise in.

DOG OBEDIENCE CLASS

This will be a course in basic dog obedience where owners will be taught how to teach their pets commands such as come, sit, stay and how to heel. Dogs can be of any breed and must be two months of age and up. Dogs should be in good health and have rabies and distemper shots. Each dog should be brought to class wearing a collar and be on a leash. Time and place will be announced at registration. Coordinators: Ken Guenther, Susie Cook and Dan Little.

TENNIS

This class is for those with beginning and intermediate tennis agility. Anyone with an interest is welcome to attend the first meeting, Monday, April 2, 5:00 pm at the KSU tennis courts. Coordinator: Floyd Gompf, 539-3803.

UFM TABLE TENNIS

The purpose of the group is to get together to play table tennis. Players of all ages and abilities are welcome. They should wear rubber soled shoes. There will almost always be someone available to instruct beginners. The Union charges a 40¢/hour fee for rental of balls and paddles. First meeting: Thurs., Feb. 8, 7:00 p.m., Table tennis room, K-State Union. Coordinator: Arne Richards, 539-6478; Jon Lindblom, 539-3594.

RADIO CONTROL--MODEL AIRPLANES

I will meet with anyone interested in radio control. The object is the promotion of the sport and hobby. Perhaps a buying organization could be formed to lessen the expense of R-C. You will be contacted as to time and place. Bob Dible, 539-7439.

LEARNING TO BE A RADIO AMATEUR

You will learn the Morse code and learn the theory of ham radio operation. Skills will be worked toward obtaining a license. Sign up at registration and you will be contacted. Coordinator: Gary Johnson, 532-5600.

SPELEOLOGY

Speleology is the science of exploring caves. At our meetings we will learn about cave safety, cave equipment, cave formations, first aid, cave life ecology, cave conservation and general caving procedures. We will be taking cave trips and camping near cave sites as we have done in the past. Our objective will be for everyone in the group to get a taste of adventure from caving. First meeting: Tues., Feb. 6, 7:00 pm. at the Newman Center. Coordinators: Guy & Kay Ellis, 539-0272.

CHESS

This class is a beginning chess introduction. Only people who have not played chess or those with limited experience will be taken. Games will be played at every meeting except the first, with the option of staying and playing after the class time. Limit 10. First meeting: Tues. Feb. 6. 7:00pm. You will be contacted about the place. Coordinator: Lynn Trifonoff, 539-8211.

MAH-JONGG

Remember how to play MahJongg, the Chinese game which was the rage of the 20's? The game is for 2-5 persons with 136 domino-like pieces or tiles marked in suits, counters, and dice. Please bring your set, if you have one or just come to learn. First meeting: Thur. Feb. 8, 2:00 pm. UMHE Center, 1021 Denison. Coordinator: Marion Alt, 539-6898.

FLINT HILLS EQUESTRIANS

For riders and non-riders, anyone who admires horses. Meetings are held once a month with programs on various phases of riding and horse care. One riding activity a month is tentatively planned, with participation for both riders and non-riders. Watch the Collegian for time and place of first meeting. Coordinator: Jean Peters, 539-5613.

INTRODUCTORY BICYCLE REPAIR

Fight rising labor costs by learning to maintain your own bicycle. Elementary instructions in the upkeep and repairs of lightweight bikes with derailleur-shifted gears. Everything from repairing flat tires, to adjusting derailleur mechanisms, to cleaning your bicycle. Learn to recognize when your bicycle is not performing properly. First meeting: Mon., Mar. 5th, 7:00 pm. 615 Fairchild Terrace. Coord. Paul Wieland, 539-5863..

BOWLING

Bowling provides a good source of exercise and an opportunity to meet new people who enjoy the sport. Wildcat Bowling Lanes will furnish free instruction. Transportation will be arranged. First meeting: Tues. Feb. 6 1:30 pm, 801 Leavenworth (church basement). Coordinators: Marion Alt and the UFM staff.

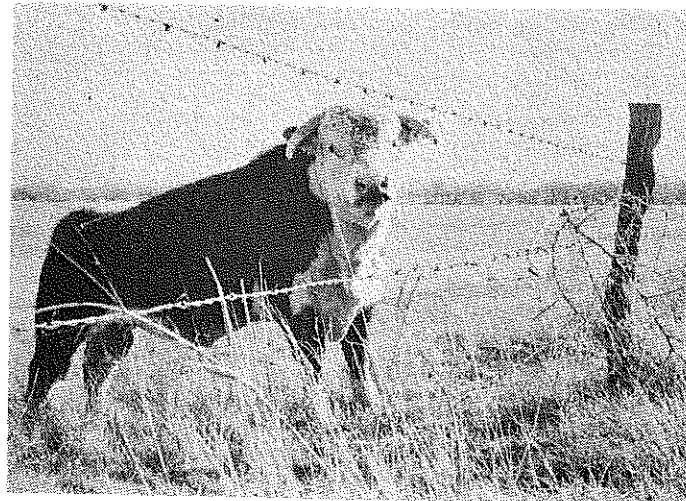
SAILING

Learn elements of sailing. Depending on boat availability and weather conditions, we will be going to Tuttle Lake Sunday afternoons. Also will spend time learning about the different parts of boats and rules of sailing. Watch the Collegian for time & place of meeting. Coordinator: Michael Rose, 537-9726.

CANOEING

After the snow is gone & water conditions permitting, we will learn & use the downriver skills for canoeing the regional streams and rivers. Kayaks invited. For neophytes and experienced people. Discussion and planning meeting: Wed., Feb. 7, 3016 Claflin Rd. 7:30. Coordinator: Bob Poresky, 539-2967, 532-5510.

FOODS



HOW TO AND WHY TO ON NATURAL FOODS

This class will include suggestions, instruction and participation in the preparation of natural foods. Also, lecture and discussion on the benefits of natural foods and vitamins. First meeting: Tues., Feb. 6, 7:00 p.m. UFM House basement, 615 Fairchild Terrace. Coordinators: Don and Eddi Stillings, 776-6201.

VEGETARIAN POTLUCK

Whether you're into vegetarian meals voluntarily (because of your beliefs) or involuntarily (because of high meat prices), you're all welcome to join in a weekly potluck vegetarian dinner. We'll meet first over herb tea and protein-filled cookies to decide when, where, and what to bring for our 1st dinner. First meeting: Mon., Feb. 5, 7:30 p.m., library, UFM House, 615 Fairchild Terrace. Coordinator: Dennis Christiansen, 537-9735.

THE WONDERFUL WORLD OF WINE

By means of comparative tastings, we will attempt to broaden your appreciation of wines. We will dispell some of the myths of wine snobbery, discuss the proper serving and storing of wine, how to decipher a wine label, how to recognize a good wine purchase, how to discriminate between a poor, good, and great wine, how to order wine in a restaurant. In general, we will attempt to make you a more educated and knowledgeable wine consumer while uncorking and enjoying a few bottles of wine along the way. Must be 21 to join. Charge of \$10.00 per person for wine. Enrollment limited to 20 persons. First meeting: Monday, Feb. 5, 8:00 pm, 116 South Dartmouth. Coordinator: Ken Shultis, 539-2036.

CASSEROLE COOKING

For those days when you're rushed, short of money, or just can't face another tuna fish sandwich, this class will give you ideas for casseroles that are cheap and quick, but most important--good tasting. Some Indian dishes will also be included. Limited to 5 people. Time: Feb. 13, 10:00 am. Place: 801 Willard Place. Coordinator: Mrs. Albert Franklin, 539-0495.

WHOLE WHEAT OR BREADMAKING FOR THE NEOPHYTE

Basic techniques shown. Observe or participate completely. Everyone will come away with a loaf of bread (or a huge breadbaking will occur and everyone will leave with full stomachs and contented spirits. Bring something to bake your bread in--loaf pan, cookie sheet, etc. and a bowl. Two sessions, maybe three. Fri., Feb. 16 6 p.m.-10 or later; Sat., Feb. 17, 1:00 p.m., 1817 Hunting. Coordinators: Lynn Wilson, Diane Barker, and Nancy Edgar, 537-0801.

BAKING PRACTICUM

The course is designed to teach the art of baking thru actual baking experience, supervised by members of the Bakery Management Club. Correct methods will be shown for making breads (white, rye, & French), dinner rolls and sweet doughs for pastry and cakes. The last session will be cake decorating taught by a professional baker. Expenses will be shared. Bring aprons and pens or pencils to first meeting. Meets Tues. and Thurs., starting Feb. 6, 7:00 pm., Milling Building, Rm. 110. Coordinator: John Johnson, 532-6161.

YOGURT

This class will demonstrate how to make yogurt from scratch. At the end of the class participants can take home some of the initial sample to start their own yogurt. Yogurt is easy to make and nutritious. At the end of the class we will share our favorite yogurt recipes. Only one class. Weds., Feb. 7, 8:00 p.m., UFM House, 615 Fairchild Terrace. Coordinator: Jan Eads, 539-1603.

CHEESE APPRECIATION

Designed to acquaint the individual with the different types of cheeses available; the origin and the uses of these various cheeses. Each person will have an opportunity to evaluate cheeses and to learn what constitutes good quality cheese. We will prepare cheese foods for special occasions and review equipment and techniques used in making cheese in the home. There will be a charge (probably around \$2 to cover costs of the cheese). Meets every other Thursday starting Feb. 15, 7:30-9:30 p.m., 1551 Jarvis Dr. Coordinator: Harold Roberts, 539-4452.

FARM CRAFTS FOR CITY PEOPLE

Beekeeping, Bob Hauck, Rt.1, Wamego
Cowmilking, Paul Ehm, Jr., 539-6840
Meeting: Sat., Feb. 24, 8:30 am.
Meet in front of 615 Fairchild Terr.

CANNING

Learn how to can. What more can be said. One class only. Tuesday February 6, 7:00 pm in the UFM kitchen, 615 Fairchild Terrace. Coordinator: Jane Bacon 537-9735.



AROUND THE WORLD--A COOK'S TOUR

We're trying to organize an international cooking class. There's lots of talent--people from all over the world cook in Manhattan. What gourmet delight tickles your fancy? When you sign up at registration, specify the dish(es) you want to learn to prepare, and we'll try to find someone to teach us how. Also, if you make a great flaming shishkabob or successful English plum pudding, maybe you'd like to teach others. We already have plans for Arabian couscous; Chinese, French, and some other dishes. Meetings will be on Sunday nights. Cost: Enough to cover the food you eat. Sign up at registration and you will be contacted. Organizers: Judy Jones and Marianne Ryser.

SPIRITUAL AWARENESS

HATHA YOGA

Training and practice in the approach to self-realization through the highly developed system of asanas known as hatha yoga as it is taught today by Prof. Y. Krishnamacharya of Madras and his pupils. The course proceeds through training in breath control, asanas and yogic meditation to integral development of the body and personality towards its highest potential. Those participating should wear light, loose clothing. This class is full at the present time. A waiting list will be set up and you will be notified when there is an opening. Coordinator: Dr. Albert Franklin, 532-6894 or 539-0495.

HATHA YOGA

Please wear clothes which will not restrict your movements--leotards for women, gym or running shorts for men are best. Your own mat should be brought. Drink a cup of tea or a glass of milk before you come. First meeting: Wed., Feb. 7, 6:00, Catholic Student Center, 711 Denison. Limit: 15 people.

ZEN BUDDHISM - MEDITATION

Zen merely points the way. It does not teach. When hungry eat, when tired sleep. Gaze at a smooth pebble. Listen to the silence of sleeping grass. Tell me how to stop a cow from giving birth to a tiger - HO! HO! Let us travel together as One, realizing that a snake will not crawl any faster with more legs. With any more description, the Universe would never stop laughing at me. First meeting: Mon. Feb. 5 7:30 pm, 615 Fairchild Terr. Coordinator: Phil Learner.

OH SCHLEIERMACHER -- OH SCHLEIERMACHER

A series of seven Thursday noon "sack lunch" studies of Friedrich Schleiermacher and his world of 1799--"On Religion, Speeches to Its Cultured Despisers." This German Lutheran reformer of theology has long been considered a turner of points in Protestant theology and the theological spokesman of the Romantic Movement. His "Speeches" provide a helpful perspective for understanding the "feeling" character of religion and for understanding the "churchy and secular" feeling movements of our time. Book: F. Schleiermacher, On Religion--Speeches to Its Cultured Despisers. Harper Torchbooks--\$1.60. First meeting: Thurs., Feb. 8, 12:00 noon, 1021 Denison. Coordinator: Jim Lackey, UMHE Convener.

SEVEN THEOLOGICAL POLYLOGUES

A series of semi-disquisitions on mundane and not-so-mundane themes--presented by the professional full-time campus ministry staff at Kansas State University--as reflections of some of their thoughts about the following persistent matters:

1. Where in Hell is the Devil? Feb. 28
2. Where in Man is God? March 7
3. Common Factors in Religious Experiences Derived from Observations of Human Development March 21
4. Prayer and Its Functional Equivalents March 28
5. Varieties of Human Power and Their Ethical Consequences April 4
6. Life After Life. . .Or. . . April 11
7. Mana and Manna at KSU April 18

Following a short and turgid formal elocution on a topic by one member of the staff, a "polite" conversation will ensue with other members; then will follow a period of riotous general discussion. The "Polylogues" will be held at the Newman Center, at 7:30 p.m. on the evenings indicated.

spiritual awareness

BAHA'I FAITH

Class teaches the newest, fastest-growing religion in the world today. Doctrines including the major religions have all had their messiahs, but all have come from the same God. These include Buddha, Zoroaster, Krishna, Christ, Muhammed, and the latest, Baha u llah. First meeting: Thurs., Feb. 8, 7:30 pm, 2130 Prairie Lea Lane. Coordinatator: Harry Jackson, 776-8805.

RELIGIONS OF THE WORLD

Learn the philosophy and history of Judaism, Hinduism, Islamism, Shintoism, etc. First meeting: Tues., Feb. 6, 12:00 noon. Bring a sack lunch! First Presbyterian Church, 801 Leavenworth. Coordinator: John Graham, 537-0518.

SCHOOL OF RELIGION

This study will start the first week of Lent and run 6 consecutive Wednesdays. It covers 4 main topics: 1) the American Indian with emphasis on the Navajo, his history and conditions today, 2) Hinduism, 3) the Reformation, 4) the relationship of faith and ethics. 1st meeting: Wednesday, March 7, 1st Presbyterian Church, 801 Leavenworth. You will be contacted as to time.

MORMONISM

Learn about a religion that is a way of life, not just a Sunday religion. Six meetings discussing the following topics:

1. Organization of Christ's church as it exists anciently and exists today;
2. Christ's visit among the ancient inhabitants of the American continent;
3. How Christ revealed truth anciently and how He reveals truth to his church today;
4. The mission of the Savior, why He had to die for us;
5. Answers to life's questions: Where did we come from? Why are we here? Where are we going?
6. How we are able to return to God's presence.

First meeting: Sun., Feb. 11. Sign up at registration and you will be contacted. Coordinator: Carl Mattsson, 539-3482.

CONTEMPORARY FORUM

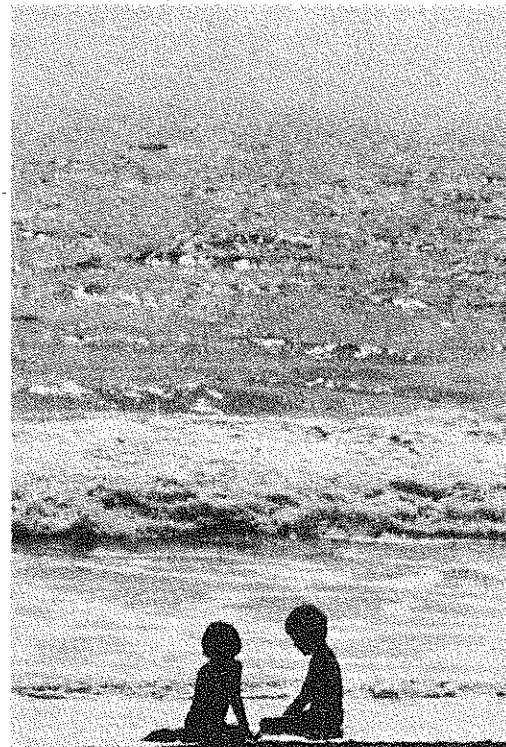
With the help of guest resource leaders, films, and group participation, the Forum will focus on a variety of current issues ranging from human sexuality to social and ecological concerns to church and society to personal interaction. Goals are to stimulate dialogue and to expand awareness. Requirements are your presence and your desire to participate. Meetings: Sun., 5:30, Fellowship meal; 6:15, The Forum, Baptist Campus Center, 1801 Anderson. Coordinators: Gary Roberts and Dave Stewart, 539-3051

ASTROLOGY

Two lectures on the mechanics of astrology and how the birth chart (horoscope) is constructed. The astronomical explanation of astrological terms, such as the signs, the houses, the Age of Aquarius, rising sign, conjunction, square, time, solar time, sidereal time, ephemeris, table of houses, etc. etc. 2 sessions: Feb. 26 and Mar. 5 (Mon.), 8 p.m. Cardwell Hall Rm. 102. Charge of \$1.00 which will be used to purchase books for the library. Coordinator: Doris Grosh, 539-7864.

EXPLORING UNIVERSALS

Truth, beauty and love are things that mankind never tires of. If we can integrate these universals into our lifestyles, we can form better families, societies, and civilizations. First meeting: Tuesday, Feb. 6, UMHE Building, 1021 Denison. Coordinator: Unified Family, 537-2316.



SUPERNORMAL HUMAN EXPERIENCES

There is a difference between psychic and spiritual phenomena. In this series of informal discussions we will explore the purpose and value of man's life experiences with emphasis on parallels between spiritual and physical laws. First meeting: Mon., Feb. 5, 7:30 p.m., Union 203. Coordinators: Unified Family, 537-2316.

COSMIC CONSCIOUSNESS RESEARCH & DEVELOPMENT

Men and women: are you searching for something? Perhaps we can help open your awareness. Reading references; Edgar Cayce, Lobsana Rampa and Mark Age, servants of awareness. First meeting: Tues., Feb. 6, 7:30 pm. UFM library. Coordinator: Helen Dickens, 539-7050.

INTERPERSONAL GROUPS

LIFE PLANNING WORKSHOP

The life planning workshop is designed to involve the individual in the process of influencing his own future. The majority of people don't think of themselves as actually creating their own future, but rather, just let it happen to them. In the life planning workshop the individual is encouraged to reach the realization that he is the one responsible for his own life and consequently is capable of creating the future he wants for himself. The workshop involves a number of structured exercises lasting 7 to 8 hours. Sign up at registration. Coordinator: Bill Ogg, 532-6432.

GROWTH EVENINGS FOR INTIMATES

Designed to enrich relationships between persons. Learning the strengths and weaknesses of another person, dealing with conflict and aggression between partners, growing beyond illusions in the relationship. Exploitation and rejection; how to establish genuine intimacy without fear of emotional fraud. Use of resources: feeling-mosaics, rating scales, situational tasks, verbal and non-verbal exchanges. First meeting: Mon. April 2, 1021 Denison Ave. Coordinator: Dr. Warren Rempel. 539-4281.



by s koenigsberg

THE CULTURALLY DIFFERENT. . .MINORITY PERSPECTIVES ON THE MAJORITY CULTURE

In general, minority people in American society view the world through different eyes than do the majority. There will be four 2-hour workshops in which we will discuss, in depth, the different cultural viewpoints held by the minority in a majority society. Workshops will discuss politics, education, economics, and the arts. Outside resource people will be Blacks, Chicanos, and American Indians. First meeting: Weds., Feb. 7, 7:30 p.m., KSU Union, rm. 204. Coordinators: Dick Hageman, 539-0187; Antonio Mesa, 532-6440; Veryl Switzer, 532-6432.

WORKSHOP: CROSS-CULTURAL COMMUNICATION

Designed to help persons understand their feelings, attitudes, and perceptions of persons from differing cultures. Use of imagination and creative exercises, music, games, etc., to help understand what facilitates and what blocks communication between persons of different cultural backgrounds. Mostly fun things, rather than "cerebral" or intellectual exercises. For persons of all cultural-national backgrounds who want to open up communication with other persons. Friday evening and all day Saturday. March 23-24. Limit to 20 persons. Leader: Dr. Warren Rempel. United Ministries Center, 1021 Denison Ave. 539-4281.

SMALL WORLD

Would you like to take a world fact-finding tour...free? Small World, sponsored by the International Coordinating Council will draw upon its resources of international students at K-State to make this possible. Each week a student or group of students from a different area of the world will personally present aspects of his country and culture. The presentations will be informal and discussion-oriented. Watch the campus bulletin for the first meeting. Sign up at registration and we will try to contact you. Coordinator: I.C.C., 532-6445 or Marianne Ryser, 539-1345.

"I'M OK" INTENSIVE WEEKEND

Based on "I'm OK--You're OK" approach to transactional analysis. Techniques to emancipate the "Adult" in every person. Goal is the Mature "Adult", living in relationship with other persons, freed from immature dependencies, self-rejection, Not-OK feelings, etc. "Weekend" will include: Fri. eve., Sat. (9:00 am-5 pm) & Sun. afternoon. Place: UMHE, 1021 Denison. Limit of 15. WEEKEND I: Feb.16-18, WEEKEND II: Mar.30-31--Apr.1 Coordinator: Dr. Warren Rempel.

IN AND OUT OF THE GARBAGE PAIL HUMAN LIBERATION--DEVELOPING POTENTIAL

Personal energy levels, mixed consciousness-raising, human sexuality, Gestalt psychology, meditation, whatever you do to get in touch with yourself. Materials & subjects will be decided at first meeting. Time and date decided from registration. Coordinator: Debby Lloyd, 539-5142.

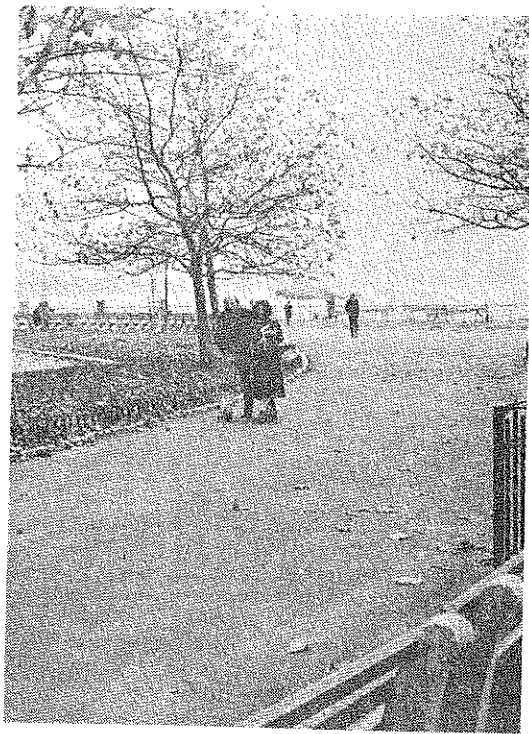
The problem is not how to produce great men, but how to produce great societies. The great society will put up the men for the occasions.

A. N. Whitehead.

interpersonal groups

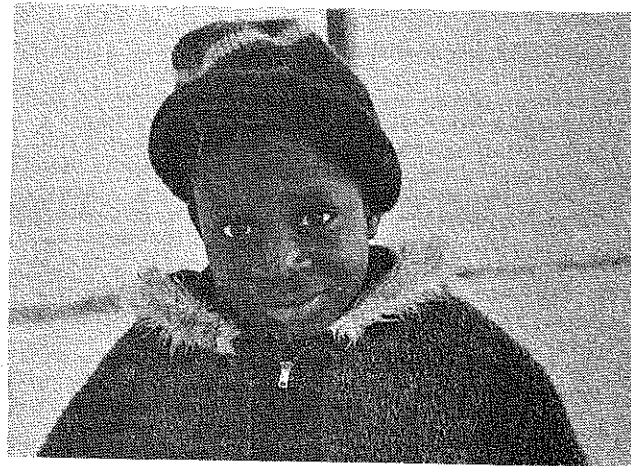
GAY CONSCIOUSNESS

Gay consciousness is a process of accepting the realization that within each person there exists, in varying degrees and interests, the tendency to prefer to be with someone of the same sex. For the past two years a group of gay people have been meeting weekly. During this time we may explore the social realities about what life is like for a gay person, to discuss literature about gayness such as Rev. Tryo Perry's new book, The Lord Is My Sheperd--And He Knows I'm Gay, a work with personal problems that an individual may be experiencing. Talking and sharing experiences, realizing that as gay people we are not alone, meeting new people, are some of the reasons we are going to continue meeting this Spring. We hope that more gay people in the K-State and Manhattan community will come out and join us. If you are interested in meeting with us this Spring or if you just want information, write Gay Consciousness, 615 Fairchild Terrace or call Keith, 539-1898.



THE CHRISTIAN IN LOVE RELATIONSHIPS

An opportunity to discover a quality of "loving one another," which should be normal for the Christian and to develop friendships with a freedom and balance which allow those relationships to last indefinitely. Openness, honesty in communication, and commitment to others can be experienced in ways that contribute positively to love relationships. This is one "part of life" that Christians can and must see from a new perspective. First meeting: Mon., Feb. 5, 12:00 to 1:20 p.m., Union Rm 207. Coordinator: Beverly Kaupp, 539-9210, and Marianne Paulus, 539-8928.



INTERPERSONAL RAP FOR HIGH SCHOOL PEOPLE

Open-ended, interpersonal rap group. Discussion open to such topics as drugs, sex, family communication, poor relationships, and anything else of interest. First meeting: Mon., Feb. 5, 7:00 p.m. at the Center (stone building above the water works at 5th and Bertrand). Coordinators: John Sanford and Rodney Bates, 539-1898.

A HAIR-RAISING EXPERIENCE

Bring your hair, preferably clean, and a brush and we'll explore the pleasures of scalp stimulation. This will help people be kind to their heads and their friends' heads. Seriously, this class is based on the assumption that one of the nicest things you can do for a friend is brush his hair. Meets Thurs., Feb. 1, 8:00 p.m., 1817 Hunting. Coordinators: Lynn Wilson, Diane Barker, and Nancy Edgar, 537-0801.

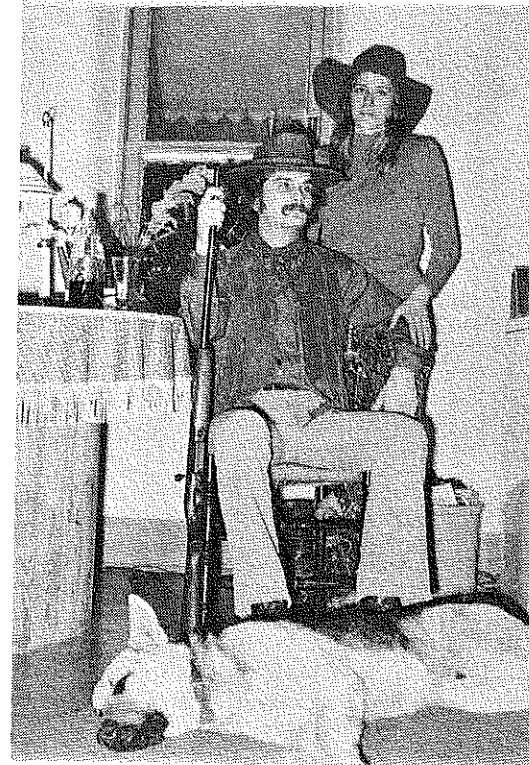
THE CORNER COP

Have you ever talked with a police officer aside from the time when he gave you a speeding ticket? Should public money be used to purchase drugs for arrests? Want to know what your rights are upon arrest? Or learn bicycle safety rules? Four Manhattan police officers will meet with concerned people to talk over these problems. The sessions are intended to bridge the gap between police and the people. Meetings will be arranged upon the convenience of the group. Sign up and you will be contacted. Coordinator: Al Meyers, 539-1122

MASSAGE

Why Massage? Massage is for your mate, your family, your friends, babies and pets. To do massage is to physically help someone; to care for them. Massage is a healing art that makes us more whole, more fully ourselves. Please sign up with a friend to learn the power your hands have to give to others. This course is designed to teach stroke by stroke, body part by body part, a long and thorough massage. The class will be limited to 14. Participants must sign up in pairs. First meeting: Tues., March 20, 7:30 pm. 709 Bluemont. Coordinator: M.H. Berke, 456-9851.

23 interpersonal groups



MARRIED LIFE TODAY

During the month of March, a marriage seminar will be offered. Focus will be centered on issues--What is love, ethics, the practicality of married life. This is for engaged couples and married couples. Sign up and you will be contacted. Coordinator: John Graham, 539-0518.

HUMAN SEXUALITY SEMINARS

Purpose is to deal with questions of human sexuality. Designed to help deal with attitudes, feelings, sexual stereotypes, social pressures, conflicts, relationships, and the ethics of human sexuality in those relationships. Questions of sexuality and intimacy, femininity and masculinity, sexual myths, also explored. Participants must commit themselves to five meetings. First meeting: Mon., Feb. 5, 7:30 pm, 1021 Denison Ave. Coordinator: Dr. Warren Rempel, 539-4281.

KSU TASK FORCE ON HUMAN SEXUALITY

K-State does not have enough educational or personal growth opportunities in the area of human sexuality. The lack of this understanding hinders possibilities for individual growth as well as contributing to an increasing number of unplanned and unwanted pregnancies. If you have ideas, interests, energy about this that could be shared, others would like to meet with you. Our task will be to explore ways in which to get more of these educational opportunities on campus. February 8, 4:00 pm KSU campus, Holtz Hall, room 111. Coordinator: Christine Hunt, 532-6432 or 537-9735.

FOR CHRISTIAN MARRIED COUPLES

Christian married couples are meeting to deal with problems and joys of marriage. This inter-faith group has rap sessions which end with prayers. First meeting: Wed., Feb. 7, 8:00 p.m., 423 Denison. Coordinator: Bob Paulus, 539-8928, or 539-9210.

INTERPERSONAL COMMUNICATIONS

Want to meet some people? Tired of being phoney? Want to have a chance to relate meaningfully? This small group will give you a chance to communicate on a deeper level and learn more about yourself. You will be notified as to time and place. Coordinator: Bill Ogg, 539-8869.



classes begin feb. 5

"When I use a word," Humpty Dumpty said, in a rather scornful tone, "it means just what I choose it to mean--neither more nor less."

"The question is," said Alice, "whether you can make words mean so many different things."

"The question is," said Humpty Dumpty, "which is going to be master--that's all."

(Through the Looking Glass)

"We had to destroy the city in order to save it."

(Statement from the Pentagon after the bombing of Hue, South Vietnam)

University for Man is an educational service for all of the people of Manhattan. It presents the ideas, interests and concerns of a diverse community.

The choice to participate in or to avoid any of the classes is the individual's responsibility. Within UFM, there is room for persons of different ages, backgrounds and beliefs. Anyone can be a student or a teacher, regardless of age, experience, ability, or resources.

In most classes the relationship between the teacher and the students is informal and both take responsibility for the success of the class.

Because there is no tuition, no credits, and no grades, the free university is one of the only systems where the teaching must reflect the interests of the students. Rewards are internal.

UFM is financially supported by Student Governing Association and Continuing Education at Kansas State University.

UFM would like to thank class leaders and other volunteers.

Staff: Stephanie Brock, Cliff Castle, Doris Hoerman, Judy Jones, Dennis Lofgren, Sue Maes, and our volunteers.

Photography: Dennis Lofgren

NUMBERS

University for Man	532-5866
Abortion, Clergy Consultation	539-4281
Aluminum Recycling, deposit 716 Colorado	537-7093
Big Brothers	537-1483
Big Sisters	539-6284
Consumer Relations Board	532-6541
Draft Information Center	539-6821
Drug Education Center	539-7237
Environmental Awareness Center	532-6628
Family Planning Clinic	776-9721
Family Resources Center	532-5510
FONE-Crisis line (5 pm-7 am)	539-2311
Goodnow Park Jr. Hi Center	539-1898
Military Counseling, Glen Rupert	537-9735
Military Wives Program	537-0426
Problem Pregnancy counseling and Birth Control	532-6432 & 537-9735
Speech and Hearing Center	539-3541
Teen Outreach Center	539-1694
University Day Care Center	532-5510
Youth for Hire	537-9494
Zero Population Growth	539-4752

REGISTRATION

**UFM, 615 FAIRCHILD TERRACE,
MANHATTAN KANSAS 66502
RETURN POSTAGE GUARANTEED**

Jan. 31 - Feb. 2	Student Union	9:00 am - 4:00 pm
Jan. 31 - Feb. 6	UFM office, 615 Fairchild Terr. 532-5866.	9:00 am - 9:00 pm
Feb. 1	Manhattan Public Library	10:00 am - 6:00 pm
Feb. 2	Manhattan High School	11:30 am - 1:30 pm
Feb. 2	Douglas Community Center	2:00 pm - 8:00 pm

"I can't believe I ate the whole thing!"

Is it surprising that the most characteristic American slogan of the 1970's, encapsulating gluttony, guilt, and disbelief, and inspiring instant delight and instant communion (utter it and you join the ranks of the laughing majority), should have come not from a politician, poet or philosopher but from the collective unconscious of a creative copywriting team?

--Harvey Swados, from
The American Journal