

UFM, 615 FAIRCILD TERRACE,
MANHATTAN KANSAS 66502
RETURN POSTAGE GUARANTEED

FALL '72

UNIVERSITY FOR MAN



Community

ADOPT A GRANDPARENT OR A GRANDCHILD

The Riley County Association for Mental Health has set up a program in which foster grandchildren would adopt grandparents. If you are a young person in the Manhattan community who would like to make the friendship with a retired person and become their adopted grandchild, you are needed. If you are a retired person in the Manhattan community without a grandchild in the near vicinity this program will attempt to find a young person to be your friend. If you would like to be a foster grandchild or grandparent, please sign up at registration. Coordinator: Phyllis Shanline, 539-3407.

IT HELPS TO KNOW SOMEONE CARES

There are many men and women living in nursing homes who need involvement with others in the community to help them feel more alive and worthwhile. It's possible to get involved with these residents in a variety of ways. Visitation, recreational activities, handicraft activities, accompanying them to community activities are just a few of the possibilities. If you are interested in working with these people, please sign up at registration and come to the organizational meeting on Monday, Sept. 25, 3:00 pm, Parkview Manor, 11th and Osage. Coordinators: Brenda McMaster, 776-8895; Pat Mingle and Jane Fisher, 539-7671.

NURSING HOME TEAMS

It can be an exciting activity to go with a team of people and present a program at the local nursing homes. I am putting together groups of willing people to go together and plan enjoyable programs for the residents of the local nursing homes.

Sign up and you will be contacted.
Coordinator: John Graham 776-9231

FOSTER HOMES FOR TEENAGERS

Homes are needed for young teenage children in Manhattan. Foster parents who understand the problems of the young and would be willing to provide a home for a teenage child should call Cindy Barfield at 776-9221. Parents must be 21 years of age.

WITH A LITTLE HELP FROM MY FRIENDS

Would you like to make the most of your spare time? We need your experience and ability to listen. With a Little Help from My Friends hopefully will direct your attention to the special needs of some of the children, teenagers and elderly of the Manhattan community. You can help by being a big brother or big sister to a young child without a parent, you can help teenagers with family problems and social adjustments or be a companion to a blind person. Sign up at registration and you will be contacted. Coordinators: Linda Pelter or Cindi Barfield, 776-9221.

MEALS ON WHEELS

This program needs drivers to take noon meals to shut-ins. Drivers are needed any day of the week from 11:30 a.m.-12:20 p.m. Coordinator: Grace Givin, 776-6829. All interested persons should sign up to help at registration.

DRUG ANALYSIS/POISON CONTROL SERVICE

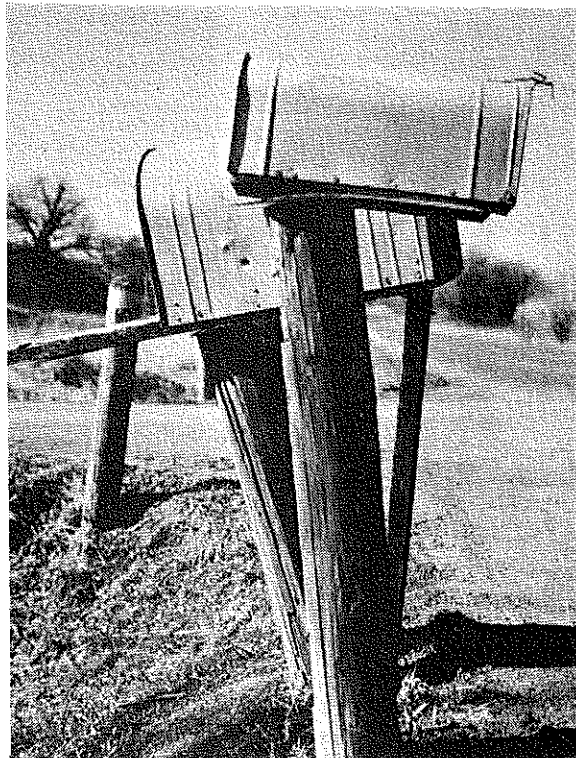
The Drug Center has an anonymous drug analysis program. Drop by the Drug Center any time between 1-4 pm Monday-Thursday with your sample. No information besides the sample is needed. The analysis is done locally and is a Free service. Tests on samples are run MWF and the results are usually available within a day after the testing. This service is also available for analysis of any unknown chemical or poisonous substance. Coordinators: Rodney Bates, Jan Eads, Kathy Rohrbaugh, 539-6821.

VOLUNTEERS FOR DRUG EDUCATION/COUNSELING

Do you enjoy helping others? The Drug Center this semester would like to organize a group of people that can help in drug counseling and education. If you live in a dorm, sorority, fraternity, or some form of communal housing and think that you would like to spend some time helping others deal with drugs or perhaps just letting someone know you care - sign up. First meeting: Wed., Sept. 27, 7:30 pm, 615 Fairchild Terr. Coordinator: Janet Eads, 539-6821.

DRAFT INFORMATION COUNSELOR TRAINING

If you are interested in volunteering some time to work at the Draft Information Center, there will be a series of three training sessions on Selective Service Law on Sept. 20, 27, and Oct. 4. It is important that you be able to attend all three meetings. Limit 20. First meeting: Sept. 20, 7:30 pm, UMHE Center, 1021 Denison. Coordinator: Keith Spare, 539-6821.



WORLD FRIENDSHIP

"World Friendship" seeks to build friendships that span culture and languages, acquaint new arrivals with the community and its facilities and provide a unique social outlet that is not tied to departmental or ethnic considerations. The group begins Tuesday mornings at 9:30 am. with a general meeting and then divides into interest groups which include: English conversation, international cooking exchange, bridge, crafts, sewing and exercise. Child care is provided. First meeting: Tues. 9:30 am., First Presbyterian Church, Fisher Hall, Coordinator: Nancy Hodges, 539-2935.
PEOPLE'S RESOURCE DIRECTORY

The community we're trying to put together is one in which each person has a skill which he is encouraged to use and to teach to others. Each of us has something to contribute. But how do we let people know what we have to teach? Or what we want to learn?

The People's Resource Directory is the link-- it shortens the distance between you and your interests--makes it easy for you to learn.

The learning experience is not a class--it takes place between you and the person you're teaching or learning from: one-to-one.

Listings are free--the book is free. Call ULN, 532-6442, or UFM, 532-5866, if you have something to list. The Directory will be available around Nov. 1.

UNIVERSITY LEARNING NETWORK (U.L.N.)

If you have a question, University Learning Network can probably find the answer. ULN is an accessible and reliable source of information about campus events, student addresses, phone numbers, etc. Through ULN you can also find about credit by examination (CLEP), current legislation, community services, things to do around Manhattan, tutors, and much more.

In addition to functioning as an information center, ULN is establishing a network of students and community leaders who will receive regular publications from ULN on such topics as service available on campus, cultural experiences at KSU, and volunteer opportunities in Manhattan.

Drop in or call: Holtz Hall
532-6442

U.L.N. TUTORS

There are times in a student's life when he or she needs help with his or her studies. The University Learning Network recognizes this need and since the ULN is in business to serve students, we would like to build up a file of tutors. If you are interested in being a tutor and are well-versed in a certain class or subject, we can use you. Your name, telephone number, and address and the subjects you are interested in tutoring would be placed in our file to help another student. Give us this information by calling ULN at 532-6442.

HELP--A TELEPHONE INFORMATION SERVICE

If you have a service to offer--from baby sitting to counseling, please call 776-9666 and list your service. If you need help call 776-9666 for information. This telephone service is an "information service" gathering the volunteer and other services available in the Manhattan community. This is not a counselling service. This telephone service is sponsored by a non-profit organization to gather in one place the resources of the community to meet the needs of the people in the community. For HELP call 776-9666.



MANHATTAN DAY CARE

Manhattan Day Care, Inc. serves approximately 30 children, 3-6 years. Volunteer help is needed throughout the week. If you are interested in young people and would like to help with playtime and crafts, you will find a good experience. Both men and women are needed for 2-3 hour weekly shifts. Sign up at registration and you will be contacted. Coordinator: Ms. Doris Nesmith, 776-5051.

PARENT-CHILD CO-OP

Interested in a cooperative child care group? If you are the parents of young children and would like to get together with some other parent to arrange some sort of time for our children to be together--some time for you alone--some sharing--come with ideas and we can work it out. Sign up at registration and you will be contacted. Coordinator: Mary Finney.

FEDERATION FOR HANDICAPPED CHILDREN AND ADULTS

This group has new facilities to work with mentally or physically handicapped people who are nursery, teen, and adult age. Help is needed for the nursery school 8:30-11:45 a.m., the Sunday school classes, the swimming program and playground. The Boy Scout and Girl Scout troops are in need of assistant leaders. Help with the adult recreation program is needed during evening hours. Counseling, listening, and helping with problems play a large part of this service. First meeting: Sun., Sept. 24, 4:00p.m., Union Rm 206A. Coordinator: Ms. Betty Garzio, 539-2198.

Community

PAROLE AND PROBATION PROGRAM

We are starting our third year of working with the Manhattan Municipal Court as parole volunteers. Our clients are over 18, misdemeanants, and, from time to time, fellow students. Students who wish to participate should be prepared to work with the program for at least a year. Sound interesting? Sign up and learn more about it. First meeting: Tues., Sept. 26, 4 pm, Holtz Hall. Coordinator: Caroline Peine, 532-6432. Limit 15.

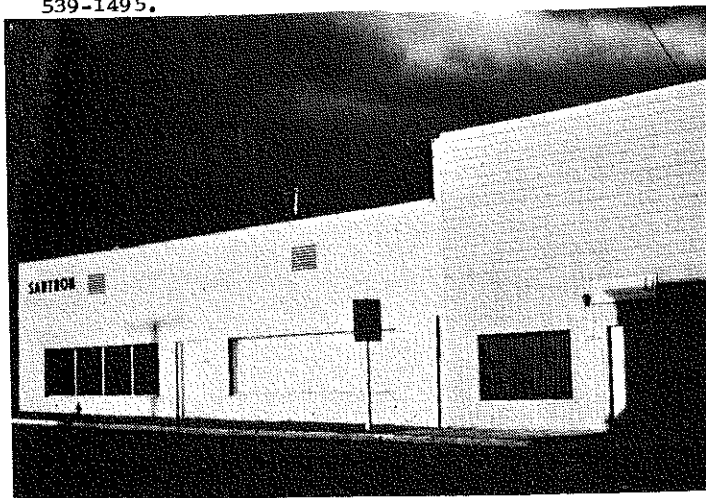
C.T.F. VISITATION

We need volunteers on Sunday evenings to visit trainees of the Correctional Training Facilities at Ft. Riley. Volunteers should be interested in people and willing to take part in the Sunday evening recreational program at C.T.F. and visit with the soldiers.

Sign up at registration and you will be contacted. Coordinator: Rev. John Graham 776-9231

HALFWAY HOUSE FOR PRISON PAROLEES

A "halfway house" for prison parolees is being started in Manhattan. At the present time volunteers are needed for fund-raising and general help. Hopefully, come November, volunteers will be needed to help in setting up and repairing the physical facilities of the house. If you can help at either time, please sign up at registration. Coordinator: Carolyn Kleier, 539-1495.



DEFENSIVE DRIVING

This 8-hour defensive driving course, developed by the National Safety Council, is designed to combat the mounting death traffic toll. This course will in no way affect the status of your driver's license nor are there any exams involved.

Qualified instructors certified by the National Safety Council will teach courses on accident preventability, principles of defensive driving, the six positions of the two-car crash, preventing the run-off-the-road accident, etc.

The first of the four meetings will be Monday, Oct. 2, from 7:30 p.m. until 9:30 p.m. in Room 1 at the Student Health Center on the KSU campus. Sign-up at registration. Limited to 40 people. Also a \$1.00 material fee. Coordinator: Mike Bradshaw, 532-6554

AGING: AN UNMENTIONABLE TOPIC

This summer UFM began the aging series to call attention to an important group in our community. The weekly discussions were filled with the young, the middle-aged, and the elderly - all talking, listening and learning together. This fall you will find new topics and new questions centering on aging.

- Oct. 5: The Environmental Problems of the Elderly, Paul Windley.
- Oct. 12: Why Retire? Retirement to What?, Gene Friedman.
- Oct. 19: A panel of "retired" people will discuss what life offers them once they don't have a formal job and what they see as their contribution to the Manhattan community. Tentative speakers: Tessie Agan, Mary Border, Mariane Alt.
- Oct. 26: How Other Cultures View Their Aging, Hal Orbach.
- Nov. 2: A Study - "How Are the Aged in Manhattan" including their income, health, housing, participation patterns, and feelings about themselves, George Peters.
- Nov. 9: What Can We Do Here and Now in Manhattan for the Aging, Rev. John Graham. First meeting: Thurs., Oct. 5, 7:00 pm, First Presbyterian Church, 801 Leavenworth.

SECRETARIAL TECHNIQUES FOR LOW INCOME AND MINORITY PERSONS

This course is jointly sponsored by the Human Relations Council and UFM with the purpose of providing free secretarial instruction for those in Manhattan community who have not found employment due to their lack of business skills.

- Mon: 7:00-7:50 Typing
8:00-8:50 Shorthand
- Tues 7:00-7:50 Typing
8:00-8:50 Shorthand
- Wed: 7:00-7:50 Shorthand
8:00-8:50 Office Theory (Math, Eng. Spelling, Punctuation)
- Thur 7:00-7:50 Typing
8:00-8:50 Business Machines
- Sat: 10:00am. Rap Session with Business Leaders.

All classes will begin the week of Sept. 25. Classes will be held on the second floor of Calvin Hall, KSU. A certificate upon completion of this course or parts of this course will be awarded. A job placement service is being maintained for graduates of this program. Text books and supplies have been purchased by donations from the Aluminum Recycling Program, the Human Relations Council, churches and local businesses. Additional volunteer teachers are needed. Credit for teaching is being arranged through KSU. Complete class details available upon request from UFM. Coordinators: Larry Nicholson and Sue Maes.

THE FAMILY RESOURCES CENTER

Need Marriage and Family Counseling? Pre-Marital Counseling? Consultation on Child Care? Family Enrichment Discussion Groups? The Family Resources Center is the place to go. Advanced graduate students under experienced supervisors of the Department of Family and Child Development provide these services as part of their counseling training programs. Services are available without charge. Call 532-5510.

DOCTORS' SERIES

The following is a schedule of topics related to health and medical care. The series is conducted by Manhattan doctors and health personnel. Please sign up at registration or call UFM. Classes will be held in the KSU Union at 7:00 pm. Room numbers will be posted the appropriate nights on the Union Bulletin Board, main entrance.

- Wed., Sept. 27 "Gestalt therapy...learning to live in the Now." Dr. Steve Koenigsberg.
- Wed., Oct. 4 "The lack of love and its pathological consequences." Drs. K. Sinnett and S. Lacy.
- Wed., Oct. 11 "Vasectomies, birth control for the male." Dr. Eugene Klingler.
- Wed., Oct. 18 "Acupuncture and anesthesiology." Jerry Bailey, C.R.N.A.
- Wed., Oct. 25 "The Lamaze method...childbirth for the joy of it." Kathy Paretsky.
- Wed., Nov. 1 "Medical self-knowledge...the basis of taking care of your own health." Dr. John Douthit.
- Wed., Nov. 8 "Feminine hygiene, birth control, and venereal disease." Dr. Rex Fischer.
- Wed., Nov. 15 "The doctor and the realm of suffering and death." Dr. George Bascom.

Politics

CAMPAIGN '72" FORUM

Critical issues of the upcoming election will be discussed as follows:

- Oct 1: Ethical Issues of Campaign 72: Watergate, S.E. Asia, welfare, etc. Rev. Norman Simmons.
- Oct 8: The State of the Economy. Robert Lynn.
- Oct 15: The U.S. Role in the World. Joseph Hajda.
- Oct 22: Part I - Domestic Issues: Rural Agricultural Concerns and Credibility in Govt. Sen. Richard Rogers.
- Oct 29: Part II Domestic Issues: Urban Problems and Minorities. James Boyer.
- Nov 5: "I support Richard Nixon Because". Betty Rogers.
"I support George McGovern Because". Martha Keyes.

The Forum will begin at 6:15 pm, Sunday evenings, 1801 Anderson Ave. A 50¢ meal will be served at 5:30 pm. Series coordinator: Dave Stewart, 9-3051.

PLANNING A UNITED NATIONS EXPERIENCE

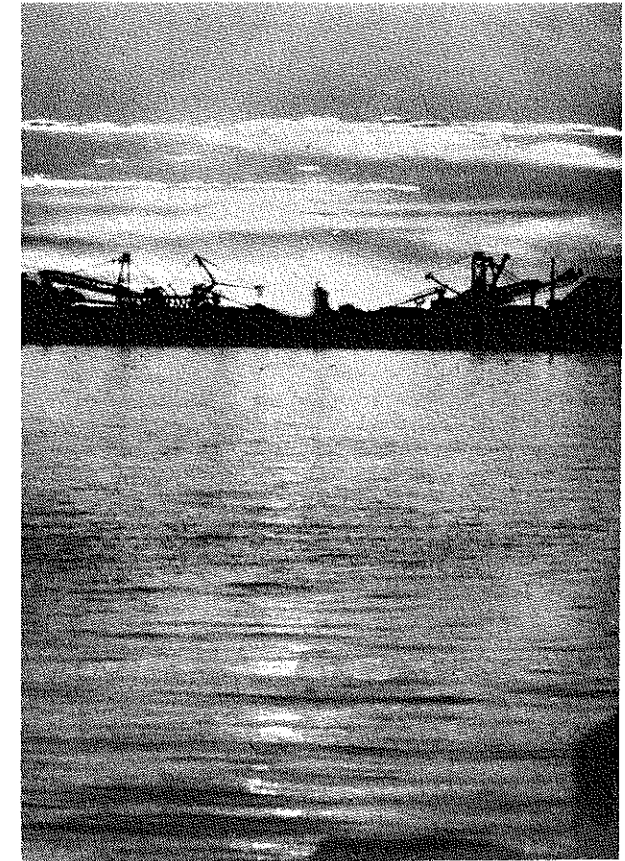
The International Coordinating Council is considering convening a Model United Nations or presenting a U.N. Day or going to a regional model U.N.--something which would provide organizational, leadership, and intellectual-expanding experience for each planner-participant. Through this experience one could converge the political, social, and cultural diversity of the world into a humanistic rather than an economic overview.

The delegates or participants will be students from as many different countries as possible, including the U.S. but not dominated by any nationality, making the program relevant and real while allowing the ideal to show through.

The planners will work with I.C.C. Sign up and we will contact you. Coordinators: J. Jones and John Solbach, 539-1860 or 539-4863.

UP TO DATE WORLD POLITICS

- Oct. 4--"Recent Developments in Vietnam". Forum Hall Speaker: Jan Flora. Film: "The Automated War"
- Oct. 11--"The Ireland-British Conflict. Speaker: Jim Killacky, Forum Hall,
- Oct. 18--"Arab-Israeli War". Speaker: Albert Franklin. Union room 212, All classes start at 7:30 pm



A CRITICAL LOOK AT MILITARY LAW

Names like Calley and Medina have brought the military legal system to the attention of many people. Yet, the workings of that system remain a mystery to most people. The object of this course is to inform the participants of the workings of the Uniform Code of Military Justice while engaging in constructive criticism of that system. We will especially concentrate on the problem of protecting civil liberties in the military environment. First meeting: Thurs., Sept. 28, 7:30 pm, 1402 Legore Lane. Coords: Pat Caffey, 539-0295 and Jan Flora, 539-5800.

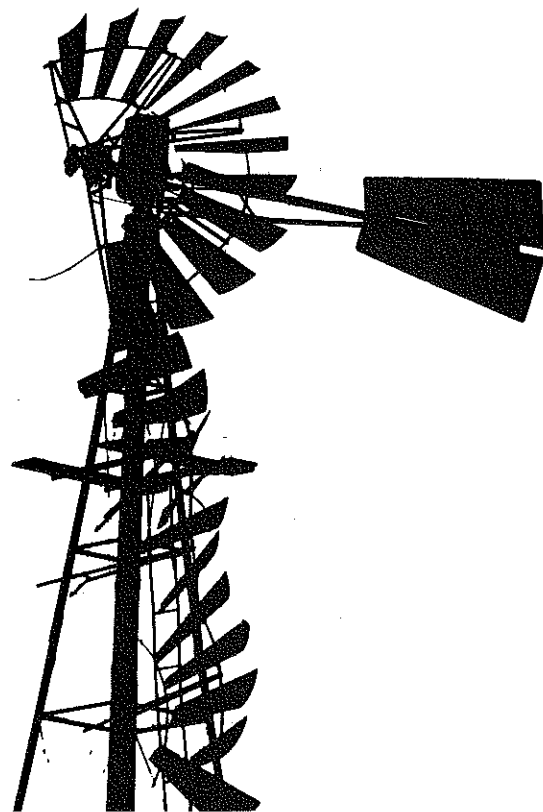
NATIONAL ORGANIZATION FOR WOMEN

The National Organization for Women works for equal right legislation and for changes in society to create a world of freedom and equality for all. Help us form a local chapter of NOW. We welcome those women who are interested in helping to achieve the goals stated above. If you are interested but cannot attend our meetings, contact Lin Brown. First meeting: Mon., Sept. 25, Union Rm. 213, 7:30 p.m.. Coordinator: Lin Brown, 539-8335.

Encounter

INTERRACIAL RESOURCES

Probably the most exclusive group in the UFM brochure. Anyone involved in interracial relationships- dating, marriage- will find a sense of fraternity with the Interracial Resources. Community resource information for couples newly arrived at K-State or Manhattan. Call H. Jackson, 776-6809.



ENCOUNTER: SOUTHSIDE MANHATTAN

Do you really want to learn what it's like to be a disadvantaged kid? Let's get out of the theory books and interact with the people who live there. This fall young people who live South of Poyntz will present a class that will attempt to bring to life the conditions of the disadvantaged youth in Manhattan. Come to where we live. First meeting: Tues. Oct 10, 7:30 p.m. the Douglas Center. Coordinators: Kids at the Douglas Center and Larry Dixon, 776-6321.

HUMAN RELATIONS IN RESIDENCE HALL LIVING

All Freshmen at KSU must live in a residence hall (unless they meet a certain criterion.) This can be an experience approaching the traumatic. The question I ask myself daily is "How can I make this experience better for all residents, not just freshmen?" I am nearly certain that an understanding of human interpersonal relationships must be considered in answering this question. Do you have another consideration concerning this problem? Do you agree with me? Either way, I would like you to enter this course. First meeting: Tues., Sept. 19, 7:00 p.m., Director's apt., 1st floor Haymaker Hall. Coordinator: Barbara and Joe Rei, 532-5760.

LABORATORY IN INTERPERSONAL RELATIONS

Intensive group experience, the goals of which are to help participants become aware of how they affect and are affected by others and to help them modify or direct their growth in interpersonal relationships. The group will meet at the following dates and times for a total of 19 hours: Saturday, October 7, from 9 a.m. to 6 p.m.; Monday, October 9, through (and including) Thursday, October 12, from 7:30 to 10:30. A four hour follow-up session will be optional for the participants. Potential participants are asked to read the "Laboratory Agreement" before they sign up. The agreement will be available at the sign-up table and at the Counseling Section of the Center for Student Development, Holtz Hall. Enrollment limited to 20 members. Leaders will be Christine Hunt and Clarke Carney.

INTERPERSONAL RAP FOR HIGH SCHOOL PEOPLE

Openended interpersonal group for high school people. We'll encounter such topics as drugs, sexual problems, family communication, peer relationships, and any additional teenage hassles. First meeting: Thurs., Sept. 28, 4:30, 615 Fairchild Terrace. Coordinators: John Sanford and Rodney Bates, 539-1898.

ATTITUDES TOWARD DRUG USERS

Not so long ago the drug abuser would go into the doctor's office and be treated as a "slimy, conniving manipulator". This was not only portrayed at the doctor's but rather it was the overall attitude. When you treat a person with this type of preconceived attitude, whether true or not, you are projecting it to that person.

This class is opened to parents in an attempt to search and examine our values and how we project individual feelings to others. It is hopeful that we will have local professionals talk to us from time to time. First meeting: Wed. Sept. 27, 7:30 p.m. 615 Fairchild Terr. Coordinator, Drug Education Resources Center, Rodney Bates 539-6821.

OK-NESS THROUGH UNDERSTANDING AND ACTION

A work shop using the tools of "I'm OK, You're OK" transactional analysis to grow in self-understanding and personal relationships. This workshop is planned for faculty, staff and graduate students wishing to apply T.A. in their own lives. The group will be limited to 15 persons (including spouses) who will not only consider the structural analysis of parent-adult-child responses but will be asked to work at self-awareness and growth in personal relationships. First meeting: Thurs., Sept. 28, 7:30 p.m. 1021 Denison. Coordinator: Don Fallon, 539-5582.

I'M OK--YOU'RE OK INTENSIVE WEEKEND RETREATS

Three retreat-style weekend programs will be designed to enable individuals, married couples, and engaged couples to share the adventures of personal growth along guidelines afforded by the "I'm OK - You're OK" model. Dates and options to be determined after signup. Dr. Warren Rempel, United Ministries in Higher Education, 539-4281. Sign up at registration and you will be contacted.

THE CORNER COP

Have you ever talked with a police officer aside from the time when he gave you a speeding ticket? Should public money be used to purchase drugs for arrests? Want to know what your rights are upon arrest? Or learn bicycle safety rules? Four Manhattan police officers will meet with concerned people to talk over these problems. The sessions are intended to bridge the gap between police and the people. Meetings will be arranged upon the convenience of the group. Sign up and you will be contacted. Coord: Al Meyers, 539-1122.

SMALL WORLD

Would you like to take a world fact-finding tour...free? Small World, sponsored by the International Coordinating Council will draw upon its resources of international students at K-State to make this possible. Each week a student or group of students from a different area of the world will personally present aspects of his country and culture. The presentations will be informal and discussion oriented. Watch the campus bulletin for the first meeting. Sign up at registration and we will try to contact you. Coordinator: I.C.C., 532-6445.



GAY CONSCIOUSNESS

Gay consciousness is a process of accepting the realization that within each person there exists, in varying degrees and interests, the tendency to prefer to be with someone of the same sex. For over a year a group of gay people have been meeting weekly. During this time we may explore the social realities about what life is like for a gay person, to discuss literature about gayness such as Rev. Troy Perry's new book, The Lord Is My Sheperd--- And HE Knows I'm Gay, a work with personal problems that an individual may be experiencing. Talking and sharing experiences, realizing that as gay people we are not alone, meeting new people in the community who are gay, are some of the reasons we are going to continue meeting this Fall. We hope that more gay people in the K-State and Manhattan community will come out and join us.. If you are interested in meeting with us this Fall or if you just want information, write Gay Consciousness, 615 Fairchild Terrace or call Keith, 539-1898.

WOMEN'S LIBERATION: CONSCIOUSNESS-RAISING

Come help form a women's consciousness-raising group, the basic unit of the Women's Movement. It's women getting together to talk to other women about ourselves, our relationships to other women, to men, etc. Sisterhood can be powerful and warm. . . Two prerequisites--interest and the desire to take responsibility for yourself and what you get from the group. The goal is to form several small autonomous groups of about 12 women each. A good suggestion is to bring a friend with you--the best groups seem to form from people who already have one strong bond formed with another member of the group. First meeting: Tues., Sept. 26, 7:00 p.m. Fairchild Hall, Rm. 212. Coordinator: Vicki Chronister-George, 539-1694.

LIFE PLANNING WORKSHOP

The life planning workshop is designed to involve the individual in the process of influencing his own future. The majority of people don't think of themselves as actually creating their own future, but rather, just let it happen to them. In the life planning workshop the individual is encouraged to reach the realization that he is the one responsible for his own life and consequently is capable of creating the future he wants for himself. The workshop involves a number of structured exercises lasting 7 to 8 hours. Sign up at registration. Coordinator: Bill Ogg, 532-6432.

FOR CHRISTIAN MARRIED COUPLES

Christian married couples are meeting to deal with problems and joys of marriage. This interfaith group has rap sessions which end with prayers. First meeting: Wed., Sept. 27, 8:00 pm, 423 Denison. Coordinator: Louie Kaup, 539-9210.

MARRIAGE: THE PROBLEMS AND THE JOYS

This will be a discussion group centered on the real problems and the real joys of marriage. Have you had either? Then come and share with us where you have been and where you would like to be. First meeting: Mon., Sept. 25, 2:00 pm, 3037 Conrow Drive. Coordinator: Marianne Paulus and outside resource people, 539-8928.

THE CULTURALLY DIFFERENT...MINORITY PERSPECTIVES ON THE MAJORITY CULTURE

In general, minority people in American society view the world through different eyes than do the majority. This non-structured seminar will discuss the different cultural viewpoints held by the minority in a majority society. Class participants will determine the format and the areas of interest for discussion: politics, education, economics, arts, etc. Outside resource people will be Black, Chicano, and American Indian. First meeting: Wed., Sept. 27, 7:30 pm., KSU Union, room 204. Coordinators: Dick Hageman, 539-0187; Jerry Jaramillo and Veryl Switzer, 532-6432.

Environment

ALUMINUM RECYCLING

The women of Seven Dolers Church are collecting aluminum for recycling as an environmental improvement measure, and as a means of raising money for our charity programs. Save all of your Coors cans, aluminum foil, pans and cans and contribute them to us. Cans with side seams are not aluminum. Please flatten the cans. Bring cans or aluminum to 716 Colorado or to barrels at supermarkets. Anyone who could pick up aluminum from the taverns in Aggieville is needed. Coordinator: Mary Winden, 537-7093.

ENVIRONMENTAL AWARENESS CENTER

People interested in: studying the feasibility of K-State University departments using recycled paper, environmental education for 4-8 grade students, helping clean the K.S.U. football stadium after the Wildcat games, and or starting your program with concern for the environment. Contact: Pat Whalen 532-6628

ALTERNATIVE STRUCTURES

Domes, inflatables, zomes, tee-pees, cardboard structures, scrap structures, alternative energy systems, hydroponics; learn by doing - building and studying alternative structures and how they can fit within our natural environment and man's built environment. First meeting: Wed., Oct. 4, 7:30 pm, 1222 Bertrand. Coordinator: Tom Marshall, 539-8831.

STONE HOUSES

Stone Houses is for anyone with an interest in the history, restoration, living in, looking at and saving of native limestone houses. Meetings will generally consist of meeting at and exploring various stone houses with discussions on history, restoration and construction techniques. First meeting: Wed., Sept. 27, 7:30 pm, Basement of Kansas State Bank in Westloop. Coordinators: Wm. & Patty Mueller, 485-2777 (Riley, Ks.).

UNDERSTANDING HOUSE PLANTS

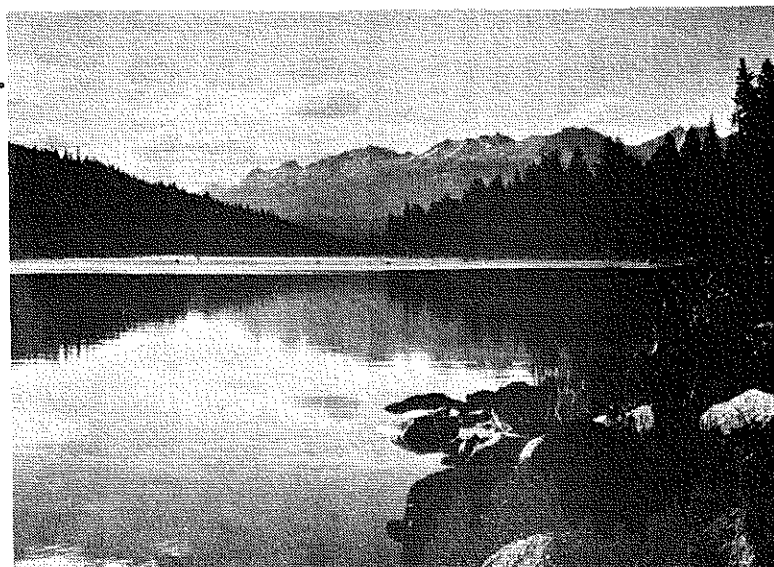
Why they die and how to get more. A practical approach to plant problems and pleasures. First meeting: Mon., Sept. 25, 7:00 p.m., 301 N. Park, Ogden. (This is 2½ blocks up the 3rd street on the right. Misleadingly located at the corner of 16th & N. Park. Call if you're lost or don't understand.) Coordinator: Stuart Brune, 539-5433.

ORGANIC GARDENING

Organic gardening for the green and brown thumbs--to share information for some organic gardening next spring or now. (Indoor, outdoor, cold frame gardening) Come even if you have no land on which to grow--we'll find you some. Mulch, compost, and manure are important to us all. Now is the time to put away chemicals, spread manure and plan for a successful spring garden. Books on organic gardening available to look at and use. First meeting: Tues., Sept. 26, 7:00 p.m. at UFM, 615 Fairchild. Coordinator: Ruth Gilmore, 485-2646.

STOP SMOKING

This group is for those individuals who would like to stop smoking, but who have not decided how or when to stop. A variation of the eight-year-old five-day plan to stop smoking will be used. Charts, films, and group discussions are used to help the smokers overcome their smoking habit. Meetings start Mon., Sept. 25 at 7:30 pm and run nightly through Fri., Sept. 30, Room 1 at Student Health Center. Coordinator: Mike Bradshaw, 532-6554, limit 40.



Scholarly Endeavors

OUR BODIES, OUR SELVES

A course for and by women. We'll discuss a wide variety of topics, centering around the sexuality of women in general and yourself in particular. Also included will be discussions of birth control, VD and natural childbirth. Come and learn about YOU. It's really a challenge! First meeting: Tues., Sept. 26, 7:00 p.m. Fairchild 212. Coordinator: Janet Cook, 537-0293.

FRENCH CONVERSATION

Open to those who want to use their French to polish it up or just dust it off. We'll have projects for each meeting--everyone will suggest topics and participate in them. Centered around cultural and culinary activities. Minimum of at least an intermediate conversational ability, please. Sign up at registration and you will be contacted. Coordinator: Judy Jones, 539-5863.

HIP ENGLISH FOR FOREIGN STUDENTS

For those international students who thought they knew (standard) English, this course goes one step beyond. I'll try to help you assimilate into your working vocabulary the idioms and slang you hear daily. This isn't for beginners, but for those who are ready to "talk American". First meeting: Fri., Spt. 29, noon. Sign up at registration and you will be contacted. Coordinator: Judy Jones, 539-5863 or 532-6760.

GERMAN TABLE

Eat lunch and practice your German. Real live German conversation happening around a table in one of smaller dining rooms of the carpeted area of the Union. Meeting time: Each Wednesday at noon.

CONVERSATIONAL SPANISH

We are trying to organize a conversational Spanish class. Anyone interested should sign up at registration; also, any Spanish speakers interested in leading a group should let us know.

SPEED READING

From a "What Is It?" beginning, this class will shift gears and become a "How To Do It" course for interested participants. We won't begin meeting until OCTOBER 30 (Monday evening) at 7:30 pm. If you're game, after the introductory session we will meet Monday nights for about 45 minutes each time. In order to "Speed Read," you'll have to practice 45-60 minutes per day. Too, there are definite limitations - few people speed read calculus, but it's great for light novels, magazines and newspapers! Bring your questions and comments on the 30th. Coordinator: Craig Martin, 537-1450. Come to the UFM basement, 615 Fairchild Terr.

STAMP COLLECTORS STUDY GROUP

Programs alternate between some slide shows movies or talks about stamps and auctions. Members include topical, precancel, cover postal stationery, and general collectors. A swapping-wheeling-dealing session is held after each meeting. Also bring stamp to classify. First meeting Thurs., Sept. 28, 7:00 pm, 606 Laramie. Coordinator: Tom Hagan, 776-5062.

INSURANCE

The sessions will be conducted by insurance agents of the Manhattan area and will cover the areas of:

1. Life insurance and annuities
2. Health and disability
3. Property

Meetings: Oct. 3, Rm. 205C, Union (Life) 7:00 p.m.
Oct. 10, Rm. 204, Union (Health)
Oct. 17, Rm. 205C, Union (Property)
Coordinator: Manhattan Life Underwriters Assoc., Ken McGosh, Education Chmn., 539-8731; and Consumer Relations Board

Religion

TALKING TOGETHER

The class is set on Sunday as a free day and for interested people to talk together.

Sept. 24, Oct. 1, 8, 15 Discuss Symbols in Society led by Bill Burke.
Oct. 22 & 29 Convention issues regarding the church constitution led by James D'Wolf.
Nov. 5 & 12 White and Black adults in education.
Nov. 19 & 26 Problems of conscience in legislature led by Don Everett.
Dec. 3 Foreign policy and aggression, led by Dr. Charles Perlins.
Meetings will be held at 9:00 am. in the basement of St. Paul's Episcopal Church, Poyntz Ave. at 6th street.

THEOLOGY CLASS

Using Tillich's book, The Shaking of the Foundations, this study will be given to seeing how these theological concepts relate to personal experiences. A sharing-discussion type format will be planned for each class session, based on assigned sections of the book and on what's going on in life. First meeting: Thurs., Sept. 28, 3:30 p.m., Baptist Campus Center. Coordinator: Dave Stewart, 539-3051.

THE WAY OF RESPONSE

A study of some of Martin Buber's reflections. Buber, Jewish philosopher/theologian is well known for his book "I - Thou". Bring your sack lunch. First meeting: Wed., Sept. 27, 12:00, UMHE Center, 1021 Denison. Coordinator: Dr. Warren Rempel, 539-4281.

BAHA'I FAITH

Class teaches the newest, fastest-growing religion in the world today. Doctrines including the major religions have all had their messiahs, but all have come from the same God. These include Buddha, Zoroaster, Krishna, Christ, Muhammed, and the latest, Baha u llah. First meeting: Thurs., Sept. 28, 7:30 pm, 2130 Prairie Lea Lane, Coordinator: Harry Jackson, 776-8805.

WHAT ARE PEOPLE FOR?

Ever wonder, "What are people for?" We believe that Jesus Christ is the answer to the above question and any question (or problem) concerning you.

If you want to find out more about Jesus and the reality of his promises, come to the Young Adult class of the United Methodist Church on Poyntz at 10:00 a.m. Sunday. If you need a ride or if you just want to talk about Jesus, call Stan Leland, 537-7710 or Dick Gimple, 532-3592.

COSMIC CONSCIOUSNESS RESEARCH & DEVELOPMENT

Men and women: are you searching for something? Perhaps we can help open your awareness. Reading references; Edgar Cayce, Lobsana Rampa and Mark Age, servants of awareness. First meeting: Tues. Sept. 26, 7:30 pm, 615 Fairchild Terr. Coordinator: Helen Dickens, 539-7050.

HIS PLACE

Come to talk about the Bible and the effect Christ has had on your lives. It is located east of Woody's on Moro Street. Find the fish pointing to a door leading up a stairway to His Place. It is open Monday through Saturday from 8:00 pm to 12:00 pm. Coordinator: Bob Martin, 539-8757.

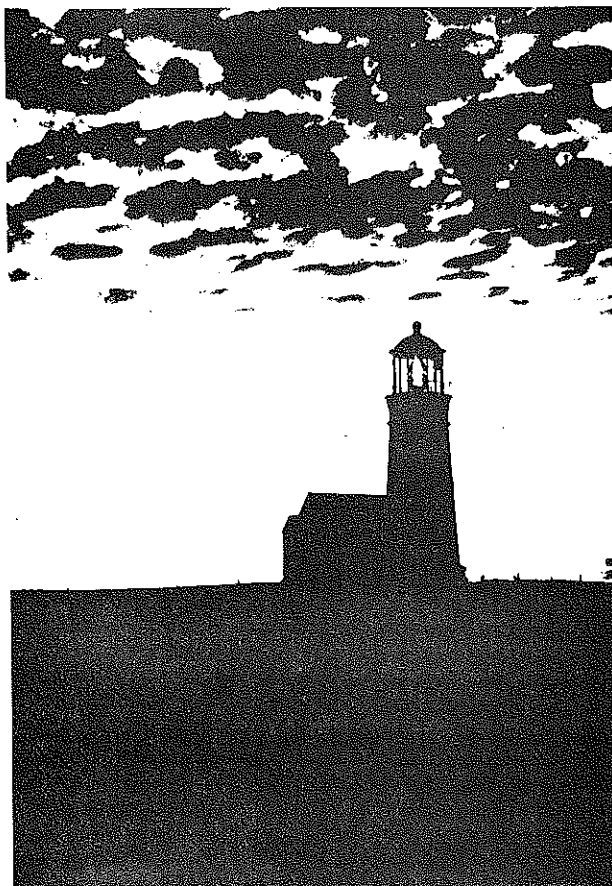
ZEN BUDDHISM - MEDITATION

Zen merely points the way. It does not teach. When hungry eat, when tired sleep. Gaze at a smooth pebble. Listen to the silence of sleeping grass. Tell me how to stop a cow from giving birth to a tiger - HO! HO! Let us travel together as One, realizing that a snake will not crawl any faster with more legs. With any more description, the Universe would never stop laughing at me. First meeting: Mon., Sept. 25, 7:30 pm, 615 Fairchild Terr. Coordinator: Phil Learner.

Religion

HATHA YOGA

Training and practice in the approach to self-realization through the highly developed system of asanas known as hatha yoga as it is taught today by Prof. Y. Krishnamacharya of Madras and his pupils. The course proceeds through training in breath control, asanas and yogic meditation to integral development of the body and personality towards its highest potential. Those participating should wear light, loose clothing. This class is full at the present time. A waiting list will be set up and you will be notified when there is an opening. Coordinator: Dr. Albert Franklin, 532-6894 or 539-0495.



MANHATTAN CHARISMATIC CHRISTIAN COMMUNITY

People are welcomed to an interfaith pentecostal group of a hundred people already meeting. Twelve faiths including Roman Catholic are gathering and discussing. Meet Sept. 29 and on alternate Fridays at 7:30 pm, Tower Room of Union National Bank basement. Coordinator: Louie Kaup, 539-9210.

registration starts

sept. 20

10

Arts & Crafts

CRAFTS WORKSHOPS IN A WEEK (SEPT. 24 - 28)

SILKSCREENING, Sun., 7:30, 615 Fairchild Terr. Floyd Gompf.
LEADED STAINED GLASS, Mon. 7:30 pm, 615 Fairchild Terr. Kathy Rohrbaugh, 257-3568.
BATIK, Tues., 7:30 pm, 615 Fairchild Terr. Karen Hess, 539-5948.
CANDLEMAKING, Wed., 7:30 pm, 615 Fairchild Terr. Art Elliott, 776-4455.
EMBROIDERY & CREWEL, Thurs., 7:30 pm, 237 Ridge. Kathy Bodine, 776-6606; Kitty Sheldon.

KNITTING AND/OR CROCHETING

We will begin with the basics of knitting and or crocheting and will work from there. Learn by doing. Bring your needles for the first meeting-if you have no needles bring yourself and we'll decide what to make and what you'll need. First meeting: Tuesday September 26, 7:30 pm, Tri-delt basement 1834 Laramie. Coordinator: Ms. Hildegard Carter, 539-5647.

BASIC CROCHETING AND KNITTING

I'll teach you the basic techniques of either crocheting or knitting. Bring needles, hooks, yarn, or whatever you have to the first meeting. First meeting: Thurs., Sept. 28, 7:30 pm, Basement study lounge of Goodnow Hall. Coordinator: Irene Gebhard, 539-8211, room 114.

KNITTING

For beginning knitters - you will start with simple useful articles like slippers, hats, and purses. Bring needles (any size, but I suggest size 10) and scrap yarn if you have it to the first meeting. First meeting: Sun., Sept. 24, 2:00 pm, 7th floor Ford Hall. Coordinator: Cindy Helferstay, 532-3266.

QUILTING

Come learn how to make quilts and quilting frames. We'll begin with pillows to learn the process and then go to bigger things. If you can, bring a pattern you'd like to work on to the first meeting. First meeting: Tues., Sept. 26, 7:30 pm, Newman Club - 711 Denison. Coordinator: Laura Penland, 776-8806 (between 7:00 am and 3:30 pm).

BEGINNER'S NEEDLEPOINT

Beginning with the basics of needlepoint, we will work as long as needed until you feel accomplished and ready to experiment on your own. You should anticipate a cost of about \$5.00 for canvas, yarn, needles, etc., but you needn't bring anything to the first meeting: Thurs., Oct. 19, 7:30 p.m., Fourth Floor lobby, Goodnow Hall. Coordinator: Sylvia Stuckey, 539-2281.

WOOD SCULPTURE

The primary purpose of the class is to allow each participant to create in his own way, according to his own skill, anything that is of interest to him. Educational issues will also be discussed. No experience necessary. Limit 6. First meeting: Wed., Sept. 27, 7:30 pm, 3140 Bermuda Lane. Coordinator: Chester E. Peters, 537-2632.

BEGINNING SEWING AND DESIGNING

You will start your sewing venture at a place depending upon your sewing background. Beginners: will start with simple problems like seams, darts. Almost beginners: bring a pattern and we'll help you from there. Pattern design: help can be given in designing your own clothes. If you can bring a portable sewing machine, please do. First meeting: Tues., Sept. 26, 7:00 p.m., Smurthwaite House. Coordinator: Pam Flowers, 532-3130, Mary Channel, 539-7627.

DECOUPAGE

Would you like to learn this craft? A five week course will again start this semester. Cost of materials should be from \$10 to \$15. But if we get together, we can cut costs. Please bring notebook to the first couple of meetings for taking notes. Limit 20. First meeting: Tues., Sept. 26, 7:30 pm, UMHE Center, 1021 Denison. Coordinator: Wendell Watson, 539-4434.

MACRAME

Come learn the techniques of knotting. It's really not as hard as you might think! Everyone is welcome. First meeting: Tues., Sept. 26, 7:00, basement of Goodnow Hall. Coordinator: Margie Williams, Room 449, 539-2281. Limit 15.

MACRAME

By learning just a few simple knots, the ancient craft of macrame is easy to learn. There are lots of ways to combine them to make a large number of things. Unlike other handicrafts, there are few instructions for macrame projects so this is a good craft in which to use your own creativity. Limit 20. First meeting: Wed., Sept. 27, 7:30 pm. Place: Go 1.2 mi. east of Anderson, turn left & go across RR tracks; it's the first house on the left. Coordinator: Martha Slack, 539-7194.

AMERICAN ANTIQUES

This class will deal with antiques, their history, use, characteristics, and decorative value. Speakers will describe their collections (lamps, clocks, glass, furniture, primitives). Limit 40. First meeting: Wed., Sept. 27, 8:00 pm, KSU Union, room 207. Coordinator: Fred Funk, RR#2, Alma.

CHAIR CANING

Come learn the art of chair caning. We'll begin by talking about measuring your chair and discussing types of cane. If you have a chair to work on, please bring it to the first meeting. First meeting: Thurs., Sept. 28, 8:00-10:00 pm, 615 Fairchild Terrace. Coordinator: Barbara Poresky, 539-2967.

CHAIR CANING CLASS

Help save a dying art. This is an excellent craft taught by a very talented woman. She is happy to pass on a craft she has been doing for years. It's fun, easily learned, and great knowledge for antique buffs. Only takes two class periods in October. First meeting: Mon., Oct. 16, 3:30 pm, 1712 Vaughn. Coordinator: Mrs. A. J. Meisner, 539-2185. Limit 6.

TROPICAL FISH

Interested in home aquariums? Learn how to raise and breed tropical fish. Learn the basics of caring for and feeding your tropical fish. This group will use books by Dr. Herbert Axelrod and copies of Tropical Fish Hobbyist as reference material. First meeting: Weds., Sept. 27, 7:30 pm., 1416 Legore Lane. Coordinators: Gerald Graves and R.J. Dickens, 539-7050 and 539-8217.



Fine Arts

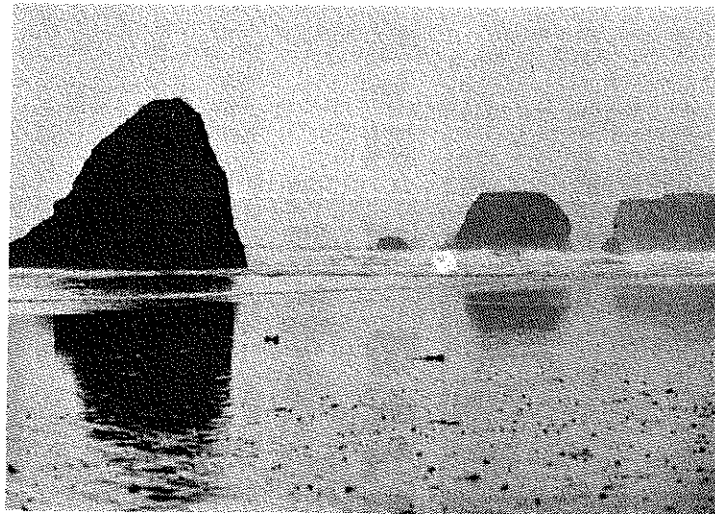
FICTION AND NON-FICTION WRITING

If you are really serious about wanting to improve you skills in writing come and join our group. We will meet in the home of former English professor, Russel Laman. Each week 2-3 will read and all will offer criticism. Limit 15. Bring what you have written. Meet: Thurs., Sept., 28, 6:30 pm, in the Union on benches between the bookstore and Forum Hall - we'll ride out together. Coordinator: Rusel Laman, 1-238-4796; Pat Hook, 532-6615.

THE FIRST-WATER FILM-ART GARBAGE-DISPOSAL UNIT

Using the International Film Festival as a basis, this group will meet after the films to discuss not only film in general, but also these films in particular. The discussions will, hopefully, be opened with people offering what perceptions they have, and through casual conversation punctuated with intense intellectual foraging, arrive at the great metaphysical meaning of film. Enrollment is open. People enrolling will be contacted as to first meeting time and place. Coordinator: John Eger, 539-6334.

Fine Arts



BLACK & WHITE STILL PHOTOGRAPHY

We will discuss the basic principles of light, lenses and cameras, and cover the basic procedures of developing and enlarging. Together we will plan some group activities and share our photographs discussing composition, technique, and any problems we encounter. We just like taking pictures, sharing ideas and exchanging information about photography. Limit 12. First meeting: Oct. 3 7:00 pm, Activities Center Crafts Room in Student Union. Coordinators: Ron Sitts, 776-6775; Vickii Ryan, 537-7889.

BODY MASSAGE - SENSORY RELAXATION

This workshop is designed to teach the techniques of massage. Individuals and couples are welcome. Bring a sleeping bag or something to lay on. For the first session bring a small foot basin, soap, towels and vegetable oil if desired. Limit 12. First meeting: Thurs., Sept. 28, 7:30, 615 Fairchild Terr. Corrdinator: Mary Berke, 456-9815 (Wamego).

INTERNATIONAL FOLK DANCING

A wide variety of dances from Europe, America, and the Near East will be taught. Absolutely no experience is necessary. We will begin with simple dances and gradually develop skills in individual dances as well as in basic steps such as polka, schottische, and waltz. All are welcome. First meeting: Wed., Sept. 27, 7:30 pm, place to be announced at registration. Coordinators: Lew and Enid Cocke, 539-6306.

AAUPP (AMERICAN ASSOCIATION OF UNITED PIPE PUFFERS)

Local 667 will be prefabricated for the purposes of pursuing the pleasures and perquisites of puffing the pipe and of perfecting the technology of tobacco interminglement. Local 667 membership limited to twelve (perhaps thirteen) tough-tongued tyros and veterans of the "gentle art." First meeting: Thurs., Oct. 5, 7:00 pm, UMHE Center, 1021 Denison. Coordinators: Ray Willis and Jim Lackey, 539-4281.

THEATRE WORKSHOP FOR TEENAGERS

Basic acting techniques for beginners emphasizing stage movement, character development and interpretation. Class open to high school students. Will meet in 6 sessions. First meeting: Wed., Sept. 27, 7:00 pm - 8:30 pm, place to be announced at registration. Coordinator: Annie Mrozinski, 539-1066.

MANHATTAN CIVIC THEATER (CONTINUOUS)

MCT is a community supported theater organized for the enjoyment of the community and those interested in getting involved in the theater arts. This season we are producing two comedies, one drama, and one musical. We encourage anyone to join us, who has a desire to have fun in any of numerous duties of the stage. Come, have fun, we have a place for everyone. Contact Carmaline Spurrier, 539-8736 evenings.

SPONTANEOUS STREET THEATER

"All the world's a stage and the men and women merely players: they have their exits and their entrances; and one man in his time plays many parts..."

Through acting, we wish to stimulate a fresh approach to the situations all of us encounter daily in our relations with ourselves and others. But this will not be acting in its traditional sense. Using mime, improvisation, melodrama, and anything else we can think of, we will try to erase, if only momentarily, the personal and cultural taboos separating people by establishing a sense of community.

"One man in his time plays many parts..." The only experience necessary is life. It will be simple and exciting - please come and share. First meeting: Sept. 25, 7:30 pm, announced later. Limit 20. Coordinators: Shelby Grimm, 537-2958; Jon Worden, 539-8406.

WOULD LIKE TO TEACH FINGER-STYLE GUITAR (Travis picking, etc.)

Please have a basic knowledge of chords. After we finish the basics we'll work on styles of your choosing (i.e. Bluegrass, Country, Folk, ... or whatever). If you're already experienced feel free to come. We'll divide the class into two sections, intermediate and advanced. First meeting: Tues. Sept. 26, 7:30pm, 615 Fairchild Terr. Coordinators: Tom Walker, 539-9202, and Tom Ptacek, 537-1222.

BEGINNING GUITAR

This class will be basic. It will be basically learning the basics of basic chording. Limit 6. If we can get some more teachers, we will let more people into the course. If you can teach, get in touch with UFM. First meeting: Thurs., Sept. 28, 7:00 pm, Basement of Goodnow Hall. Coordinator: Margie Williams, Room 449, 539-2281.

BASIC FOLK GUITAR

Have you always wanted to learn how to play the guitar, but never got around to it? This course will give an introduction to the basic fundamentals of guitar playing chords, strums, and simple picking. The only prerequisites are a guitar, fingers, and a will to learn. First meeting: Wed., Sept. 27, 7:00 pm, 5th floor lobby of Goodnow Hall. Coordinator: Linda Inlow, 539-2281.

RECORDER

I would enjoy playing recorder with you, and can teach you the rudiments of recorder playing. I have music to share (emphasis Renaissance to Baroque), but you will need to have your own recorder or be willing to buy one (\$3.50-\$150.00). Why don't you sign up? First meeting. Thurs., Sept. 28, 3:30 p.m., 1108 Bluemont. Coordinator: Hazel Piper, 537-2015.

SWEET ADELINES

Do you like to sing? Have you ever thought how much fun it would be to participate in some good old fashioned song fests? To be part of a harmonious blending of voices singing the "good old songs"? In addition we will be planning a show and open house for the future. First meeting: Tues., Sept. 26, 7:30 pm, First Christian Church, basement. Coordinators: Pat Nighswonger, 532-6701; Betty Clark, 539-2440.

BEGINNING FLUTE

For those interested in learning how to play the flute. It will be necessary to bring your own flute. Limit 5. First meeting: Sept. 28, 7:00 pm, 615 Fairchild Terrace. Coordinator: Florice Bales, 539-3511.

CHAMBER MUSIC GROUP

For those who play an instrument (piano, harpsichord, violin, viola, cello, bass, viola de gamba, oboe, english horn, bassoon, clarinets, flutes, recorders) and would like to get together with others and form one or more combinations to perform chamber music. Hopefully the primary emphasis will be on the enjoyment of doing things together and secondarily on perfection in performance, (though that would be welcome) so don't be inhibited if you are a beginner. With a little luck we should be able to scrounge up some simple but pleasing music to accomodate those (like myself) whose skill is limited. For the more accomplished there is an abundance of material. If you have music in mind which you would like to work on, we can try to locate scores. Bring sheet music, records, instruments, etc. to first meeting. First meeting: Wed., Sept. 27, 7:30 pm, 615 Fairchild Terrace. Coordinator: Merrick Lockwood.



NEW ARTS CONSORT CONCERT SEPT. 16

We invite you to come hear some new experimental music pieces put on by our chamber ensemble. It will be about one hour's worth of the many contemporary avant-garde styles. Samples: "Poems I, II, III" for five brake drums and narrator; "Tangents IV" for piano and magnetic tape. The program is free, and will be in Auditorium 204 at 8:00 pm on Saturday, Sept. 16. You are also invited to submit compositions at any time for our next program, which will be when we get enough stuff together. Coordinators: Roby, Roby, Jackson.

Foods

FOOD SPECIALS

BREAD-MAKING, Mon. Oct. 2, 7:30 pm. Kathy Rohrbaugh, 257-3568.
 YOGURT, Tues., Oct. 3, 7:30 pm. Debby Lloyd, 539-7864.
 CANNING, Wed., Oct. 4, 7:30 pm. Jane Bacon, 776-9793.
 COW AND GOAT MILKING, Sat., Oct. 7, 8:00 AM, Stephanie Brock, 539-8304; Kathy Barrett.
 BEAN SPROUTS, Mon., Oct. 9, 7:30 pm, Doris Grosh, 539-7864.
 BEER, WINE & ROOT BEER MAKING, Tues., Oct. 10, 7:30 pm. John Selfridge, 537-7411.
 All will meet at 615 Fairchild Terr., kitchen.

HEALTH AND NUTRITION

For those interested in better health through selective foods nutrition and food supplements. We will be studying the principles of Adele Davis, Linda Clark, and others. Meetings will be once a month. Time and place may be changed after the first meeting. Call for more information. First meeting Wed., Sept. 27, 7:30, 2416 Rogers Blvd. Coordinator: Mrs. Melvin Dale, 539-5767.

MACROBIOTICS: INTRO. TO TRADITIONAL ORIENTAL COOKING

The philosophy of Yin & Yang included, as taught by Georges Ohsawa. Limit of 15 participants. First meeting: Weds., Sept. 27, 4:00 p.m., 615 Fairchild.

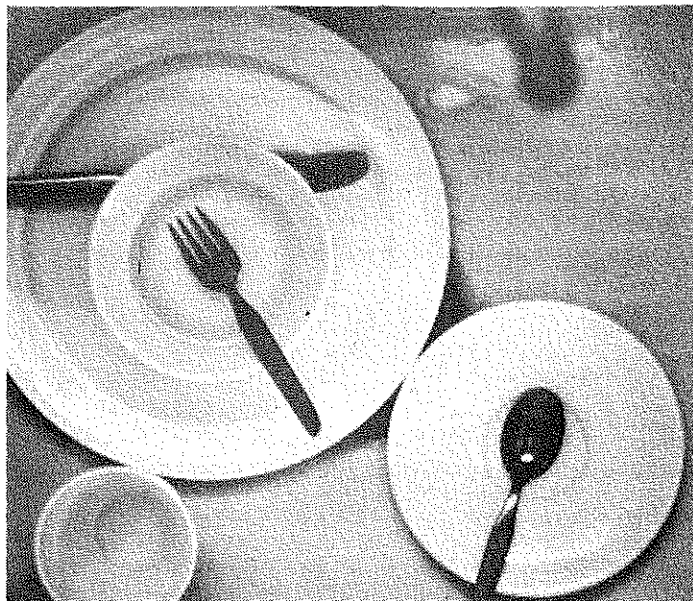
COOK IT, DON'T BURN IT

In today's market, where meat prices are sky-high, consumers need a knowledge of how to buy quality cuts at reasonable prices. This is a consumer oriented course which will:

1. seek to help the consumer in selecting quality meats at reasonable prices;
2. inform the consumer about the various cuts and their location in beef, lamb, and pork;
3. discuss how to best prepare the meats, preserving the natural juices, tenderness and flavor of a quality cut.

Instructors are students from the Dept. of Animal Science. Audio-visual materials shall be used to supplement discussion. Minimum required attendance is six. First meeting: Mon., Sept. 25, 7:00 p.m., Weber Aud. 107. Coordinators: Ron Roth and Doug Johnson, 539-2321.

Foods



COOKING

I'm willing to teach anybody (guys and girls) anything they want to learn about cooking. I will try and teach simple cooking tasks such as grilling hamburgers to more complete jobs as baking bread. I'll try and include anything that people want to learn. First meeting: Tues., Sept. 26, 7:00 pm, 350½ N. 16th, Apt. #12. Coordinator: Debra Cook, 539-4891.

FACTS AND FALLACIES ABOUT TODAY'S FOODS

What's being done to our marketed foods? Much has been written pro and con. In three concentrated sessions we will cover three controversial topics:

1. food labeling
2. food additives
3. unintentional residues in foods

General food laws and regulations will also be discussed. Minimum attendance of six required.

Meetings: Tuesdays: Oct. 3, Union 205A
7:00 p.m. Oct. 10, Union 203
Oct. 17, Union 205A

Coordinator: Dr. Jane Bowers, 539-2667.

THE WONDERFUL WORLD OF WINE

By means of comparative tastings, we will attempt to broaden your appreciation of wines. We will dispell some of the myths of wine snobbery, discuss the proper serving and storing of wine, how to decipher a wine label, how to recognize a good wine purchase, how to discriminate between a poor, good, and great wine, how to order wine in a restaurant. In general, we will attempt to make you a more educated and knowledgeable wine consumer while uncorking and enjoying a few bottles of wine along the way. Must be 21 to join. Charge of \$10.00 per person for wine. Enrollment limited to 20 persons. First meeting: Monday, Sept. 25, 8:00 p.m., 1110 Claflin, Apt. 103. Coordinator: Jim Mitchell.

Sports

INTRODUCTORY BICYCLE REPAIR

Fight rising labor costs by learning to maintain your own bicycle. Elementary instructions in the upkeep and repairs of lightweight bikes with derailleur-shifted gears. Everything from repairing flat tires, to adjusting derailleur mechanisms, to cleaning your bicycle. Learn to recognize when your bicycle is not performing properly. Also how to adjust handlebars and seat for maximum biking comfort. If enough interest can be generated, there is the possibility of discussing bicycle touring. First meeting: Mon., Sept. 25, 7:00 pm, 615 Fairchild Terr. Coordinator: Paul Wieland, 1321 Anderson, 539-5863.

BIKE HIKING

I'm interested in finding a group of people who would like to go bike hiking. First meeting: Sun., Oct. 1, 1:00 pm, 615 Fairchild Terr. Coordinator: Al Felman, 1516 N. Manhattan.

BEGINNING BACK PACKING

The purpose of the class will be to spread information on equipment, weather and places to go. We can also plan trips in the spring or summer when weather is better. Anyone with lots of experience is welcome to come to share what they know. If you need further information, please call. First meeting: Wed., Sept. 27, 7:00 pm, 615 Fairchild Terr. Coordinator: Liz Gowdy, 539-5069.

WOOD WALKERS

If you like to walk in the woods and hills this is the class for you. Unless it's too cool I walk in early morning or evening. I like long country walks. Limit 10. Meet: Thurs., Sept. 26, 615 Fairchild Terr. at 8 pm. Kathy Barrett.

BEGINNING CHESS

This class is a beginning chess introduction. Only people who have not played chess or those with limited experience will be taken. Games will be played at every meeting except the first, with the option of staying and playing after the class time. Limit 10. First meeting: Tues., Sept. 26, 7:00 pm, you will be contacted about the place. Coordinator: Lynn Trifonoff, room 14, 539-8211.

TABLE TENNIS

Anyone who wants to learn the basic strokes, how to hold the paddle, and other basics of table tennis should show up in the Table Tennis Room of the Union. Anyone can come. First meeting: Sept. 28, 7:00 - 8:00 pm, Union. Coordinator: Jon Lindblom, 539-3594.

GENTLE ART OF SELF DEFENSE

Japanese marshal art of Hakko-Ryo Ju-Jitsu stressing only defensive tactics. Skills appropriate to both sexes. This art is only for the non-violent types who desire to learn to defend themselves from attack and are willing to earn rank in the art as a hobby. First meeting: Wed., Sept. 27, 8:00 p.m. in Ahearn Field House, 3rd floor, west end, Judo room. Coordinators: Roger Christian and Brent Larsen.

AUTO INFORMATION

Do you dig automobiles or do you need to use automobiles? A short seminar will be taught to help people know their car in an emergency and to help people learn the basics of how their cars work. No matter how little you know, come if curious. First meeting: Mon., Sept. 25, 7:00, 2505 Stagg Hill Road. Coordinator: John Hughes, 539-5373.

SAILING

Learn elements of sailing. Depending on boat availability and weather conditions, we will be going to Tuttle Lake Sunday afternoon. Also will spend time learning about the different parts of boats and rules of sailing. First meeting: Sun., Oct. 1, 1:30 pm, 615 Fairchild Terr. Coordinator: Tom Marshall, 539-8831.

HANDBALL FOR WOMEN

This class is a beginning handball introduction limited to women. The object of the class will be to learn the rules and fundamentals of the game and encourage women to play. The only costs encountered will be for gloves to play with. Do not buy anything prior to the first meeting. Place and time will be posted at registration. Coordinator: Lynn Trifonoff, 539-8211, room 14.

BIRD WATCHING - AUDOBON SOCIETY

Field trips are taken twice a month to local wildlife areas, Cheyenne Bottoms and areas in Missouri. Wildlife speakers will be present at meetings and nature projects will be undertaken. First meeting: Oct. 5, 7:30 pm KSU Union, room 212.

BASIC BEGINNING AUTOMOBILE

I'll help you gain a basic understanding of the automobile and its workings. We'll also get into a minor tune-up. Limit 20. First meeting: Sept. 28, 7:00 pm, 115 South Manhattan. Coordinator: Frank Harrison, 537-2520.

LEARNING TO BE A RADIO AMATEUR

You will learn the morse code and learn the theory of ham radio operation. Skills will be worked toward obtaining a license. Sign up at registration and you will be contacted. Coordinator: Gary Johnson, 532-5600.

TENNIS

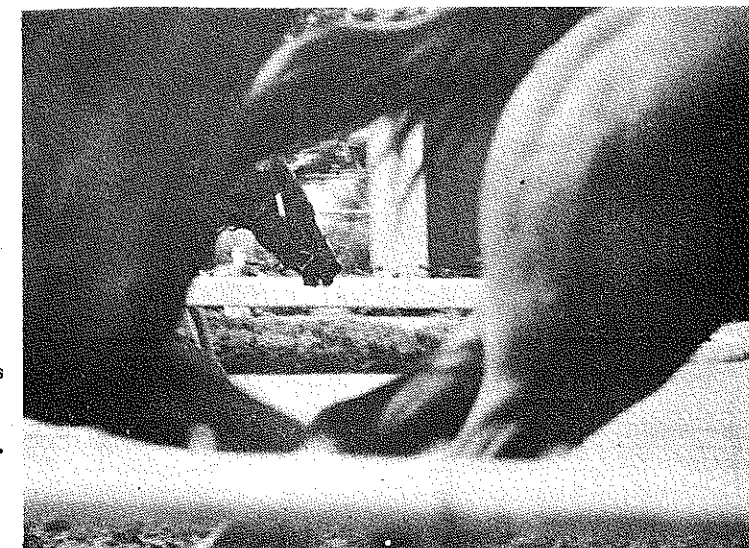
This class is for those with beginning and intermediate tennis agility. Anyone with an interest is welcome to attend the first meeting. Time and place will be announced at registration. Coordinator: Floyd Gompf, 614 Kearney. Richard Leiker, 537-2217.

SPELEOLOGY

Speleology is the science of exploring caves. At our meetings we will learn about cave safety, cave equipment, cave formations, first aid, cave life ecology, cave conservation and general caving procedures. We will be taking cave trips and camping near cave sites as we have done in the past. Our objective will be for everyone in the group to get a taste of adventure from caving. Limit 40. First meeting: Tues., Sept. 26, 7:30 pm, 615 Fairchild Terrace. Coordinator: Guy & Kay Ellis, 539-0272.

MODEL AIRPLANE FLYING

This is a time when anyone interested in model airplanes can get together with others and create and fly them. Learn about radio controlled and control-line planes and fly your own. First meeting: Sunday, Oct. 1., 2pm, 221 N. Delaware. Leader: Bob Dible 9-7439.



FLINT HILLS EQUESTRIANS

For riders and non-riders, anyone who admires horses. Meetings are held once a month with programs on various phases of riding and horse care. One riding activity a month is tentatively planned, with participation for both riders and non-riders. First meeting: Tues., Sept. 26, 7:30 pm, Student Union Room 207. Secretary: Karen Lee Killough, 776-9039.

Education

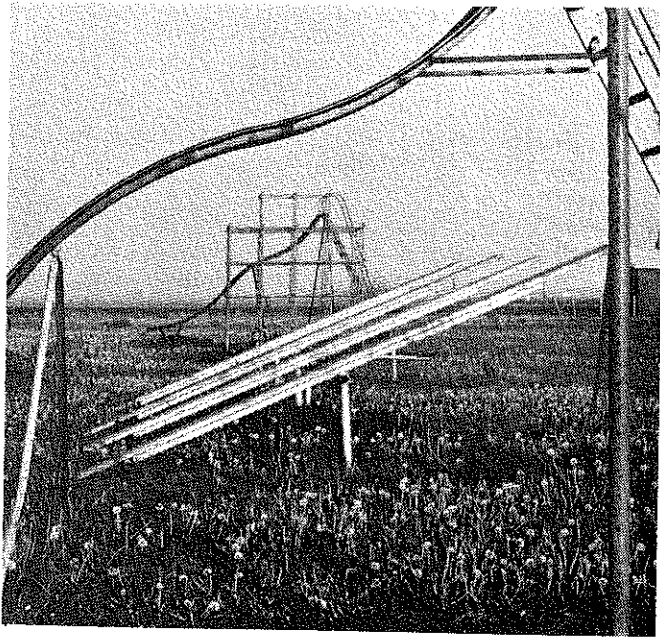
ADULT BASIC EDUCATION

Anyone who would like the challenging experience of volunteering to tutor for a semester in Adult Basic Education. There are three or four areas where help is needed: (a) Basic I 1st to 4th grade, (b) Basic II 4th to 8th grade, (c) Basic III GED or high school equivalency, (d) Conversational english for foreigners, (e) Sometimes new math or a specific subject for a high school diploma credit.

A wealth of teaching materials is available and there will be part-time teachers if needed for advice and direction. Last but not least, students who are there of their own volition are eager and appreciative. Tutor 2 hours, twice a week. Tue. & Thur. nights from 7-9 at the Jr. High. Mon. & Thur. afternoon, 1-3 in the First Christian Church. Or tutor once a week or be on call for emergencies. For information call: Mary E. Border, 539-5539

AN INSTITUTION IS A PLACE TO DO THINGS WHERE THOSE THINGS WILL NOT BE DONE

Anyone interested in changing the priorities of the University so that it is a place which encourages learning should sign up for this class at registration. One project being planned is a conference on educational change for K-State. First meeting: Mon., Sept. 25, 8:00 p.m., 1817 Hunting. Coordinator: Diane Barker, 537-0801.



Education

EDUCATION FILM SERIES

"Ira, You'll Get Into Trouble" Sept. 21, 2&7pm.
Ira documents the efforts of a group of New York high school students to organize and work for a city-wide student union, in the process showing both the possibilities and difficulties faced by student organizers." Little Theater

"They Can Do It" Oct. 5, 2&7pm.
Shows 26 six year olds who have never been in school before. The teacher introduces them to the open classroom approach. The film follows the class throughout the school year. Little Theater.

SWIMMING----POTTERY----SCULPTURE

These classes are pending upon location of space. Check registration for time and place.

registration

Sept. 20-22	Student Union	9:00 am - 4:00 pm
Sept. 20-25	UFM office, 615 Fairchild Terr., 532-5866	
Sept. 21	Woodward's, 323 Poyntz	9:00 am - 9:00 pm
Sept. 22	Manhattan High School	12:00pm - 8:00 pm
Sept. 24	City Park Pavillion	11:30am - 1:30 pm
		2:00 pm - 8:00 pm

CLASSES START SEPTEMBER 24.

University for Man is an educational service for all of the people of Manhattan. It presents the ideas, interests and concerns of a diverse community. The choice to participate in or to avoid any of the classes is the individual's responsibility. Within UFM, there is room for persons of different ages, backgrounds and beliefs. Anyone can be a student or a teacher, regardless of age, experience, ability, or resources. In most classes the relationship between the teacher and the students is informal and both take responsibility for the success of the class. Because there is no tuition, no credits, and no grades, the free university is one of the only systems where the teaching must reflect the interests of the students. Rewards are internal.

UFM is financially supported by Student Governing Association and Continuing Education at Kansas State University.

UFM would like to thank class leaders and other volunteers



staff

Stephanie Brock, Al Brummell
Jan Brummell, Clif Castle
Dave Hursh, Judy Jones
Dennis Lofgren, Sue Maes

photography by D. Lofgren

numbers

University for Man.....	532-5866
Abortion, Clergy Consultation.....	539-4281
Alternatives Vocational Counseling.....	539-4393
Aluminum Recycling, deposit 716 Colorado...	537-7093
Big Brothers, Darell Fenn, coordinator....	537-1483
Big Sisters, Diana Greenough, secretary....	776-5589
Campaign Headquarters: McGovern.....	539-4657
Nixon.....	539-3483
Consumer Relations Board.....	532-6541
Drug Education Center.....	539-6821
Environmental Awareness Center.....	532-6628
Family Planning Clinic.....	776-9721
Family Resources Center.....	532-5510
FONE - Crisis Line (5pm - 7am).....	539-2311
Goodnow Park, Jr. Hi. Center 6-10pm Tu-Sat.	539-1898
K-State Draft Information Center.....	539-6821
Military Counseling.....	776-9793
Military Wives Prog., Wed. 1pm.....	776-9666
Problem Pregnancy Counseling & Birth Control	
Ann McGee & Christine Hunt..	532-6432.....537-0649
Speech & Hearing Center, Mrs. Joyce Allen..	539-3541
Teen Outreach Center, Mike Howell.....	539-8929
University Day Care Center.....	532-5510
Youth for Hire.....	776-6111
Zero Population Growth.....	776-8525